

Liberty Twilight Meet

May 3rd, 2023 *Final* Time Schedule



Running Events

All Running Events will be run Men followed by Women	
1:55 PM	National Anthem and Prayer
2:00 PM	100m Prelims (Men only)
2:25 PM	100m Hurdle Prelims Women
2:40 PM	110m Hurdle Prelims Men
2:55 PM	100m Finals (Men followed Women)
3:00 PM	Kids Race- 100 meter Dash (12 yrs old and under)
3:10 PM	110m Hurdle Finals Men
3:20 PM	100m Hurdle Finals Women
3:30 PM	200m Finals
Dinner Break	
5:00 PM	Senior Recognition
5:30 PM	4X100m Relay
5:45 PM	1500m Run (<i>Slower section- Men- 3:54.01 and slower, Women- 4:45.01 and slower</i>)
6:10 PM	400m Dash
6:25 PM	800m Run
7:00 PM	400m Hurdles
7:20 PM	3000m Steeplechase
7:50 PM	4x400m Relay
8:05 PM	5000m Run Men
8:30 PM	5000m Run Women
8:55 PM	800m Invitational Run- (Top 2 sections Men followed by Top 1 section Women)
9:10 PM	1500m Run (Top 3 sections Men-3:54.00 and faster followed by Top 2 sections of Women-4:45.00 and faster)

Field Events

*Implement Weigh-In will be open between 10am-4pm	
11:30 AM	Discus (Women followed by Men) *Infield of the Track*
12:00 PM	Shot Put (Men followed by Women) *Infield of the Track*
12:00 PM	Pole Vault (Women)
12:00 PM	Long Jump (Men followed by Women)
2:30 PM	Pole Vault (Men following Women)
3:30 PM	Hammer (Women followed by Men) *Throwing Ring by Indoor Track after completion of Women's Shot Put*
4:00 PM	Triple Jump (Men followed by Women)
5:00 PM	High Jump (Men followed by Women)
5:30 PM	Javelin (Women followed by Men)