



2018 CAROLINA TRACK & FIELD

WEEMS BASKIN INVITATIONAL

MARCH 23-24, 2018 | SHEILA & MORRIS CREGGER TRACK | COLUMBIA, S.C.

- All entries will be done via Direct Athletics.
- Entry Deadline 5:00pm Monday week of the meet.
- You may edit and update your entries online any time before the entry deadline.
- All submitted entries in the system at the entry deadline will be considered FINAL.
- Each event had a projected field size, so it is possible an entry may not be accepted.
- Final Accepted entries will be emailed to all entrants and posted at Gamecocksonline.com by 5:00 PM the Tuesday before the meet.
- All questions concerning entries should be directed to Andrew Allden – allden@mailbox.sc.edu or 803-606-2091. All special requests are required to be submitted via email.

TENTATIVE SCHEDULE

Field Events begin at 9:00 am both days. Track Events begin at 3:15pm on Friday and 10:00 a.m. Saturday. Tentative schedule attached.

LOCATION

Sheila & Morris Cregger Track • 1320 Heyward Street, Columbia, SC 29205

ENTRY FEES

There is an entry fee of \$20.00 per athlete with a maximum of \$500.00 per gender, \$1000 for combined teams. Note 14 athletes or greater per gender constitutes a team and must pay the team entry fee. There is an entry fee of \$20.00 per athlete unattached athlete. \$10.00 for unattached athletes who show a college ID. Unattached athletes will be issued a bib number and must wear that during competition as proof that your entry fee has been paid. Cash or check will be accepted at packet pick up. Checks should be written to the University of South Carolina Athletic Department. Fees may be either mailed to the address listed below or paid at packet pick up. Entry fees must be received before competition. No refunds for checks in excess of actual or accepted entries.

University of South Carolina Track and Field Office, 1304 Heyward Street, Columbia, SC 29208

ENTRY RESTRICTIONS

- Entries must abide by NCAA Rules
 - Projected field sizes will be drawn from the top entered verifiable marks.
 - All athletes will be limited to a max of two individual events excluding relay events. If an athlete is entered in more than two events after the deadline, they will be subject to being cut out of events without discretion of coach.
 - Invitational and Open Sections. Field Events (Horizontal Jumps and Throws) Open Sections will be contested as straight final – four straight attempts. Field Event Invitational Sections will be the top 12 entrants and will be conducted in one flight with trials and finals. There will be an Invitational and Open 1500 and 800. All of these will be selected based on the entered verified marks.
 - Unattached entries must use a mark achieved in the previous 12 months.
- Entries that cannot be verified or justified will be adjusted to a no time and seeded accordingly. If you have an entry mark that may be in anyway questionable you should email allden@mailbox.sc.edu with information to support or verify your entry.

NOTE TO POST-COLLEGIATE OPEN AND UNATTACHED ATHLETES

If you are entering yourself as an unattached/open INDIVIDUAL athlete, you must create an INDIVIDUAL athlete account at directathletes.com. Open/club relays must be entered through a club TEAM account – NOT an INDIVIDUAL athlete account. A list of those athletes that have qualified for the event will be posted on GamecocksOnline.com by 5:00pm Tuesday before the meet.

MINIMUM MARKS

The Games Committee has established minimum marks for all field events. Athletes will receive one measured attempt. All other attempts must meet the minimum to be measured.

M	Event	W
150'	Hammer	140'
140'	Discus	120'
160'	Javelin	110'
45'	Shot Put	35'
22'	Long Jump	17'6"
45'	Triple Jump	34'
12'	Pole Vault	9'
6'	High Jump	5'

PARKING AND DROP OFF

Track Facility is located at 200 Marion Street. Please note that specific drop off directions for each meet will be provided by the Tuesday prior to each meet. Note Parking and Drop Off may vary from meet to meet.

FACILITY RULES

- NCAA rules will apply in regards to all headphone use
- Please abide by coaching boxes on infield for safety reasons

TENTS

Tents will only be allowed on the warm-up field. There may be no tents in the stands or in walking areas. This includes oversize umbrellas.

PACKET PICK-UP

Coaches and unattached athletes should pick up their packets at the table behind the press box two hours before the first event. Unattached athletes are required to wear a bib number. Collegiate athletes are only required to wear the numbers issued by the clerk.

CHECK-IN FOR RUNNING EVENTS

Athletes may check-in 60 minutes prior to their event and are required to check in by 30 minutes prior. Heats are fastest to slowest. In the sprint events lane assignments and heats will be assigned after check-in. In the curved sprints slower athletes may be placed to fill the inside lanes in the earlier heats. Athletes in later heats may need to check back with the clerk as they may be reassigned. Athletes in running events should check in at the clerk's tent on the northwest corner of the track (located near center field of the softball stadium).



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CHECK-IN FOR FIELD EVENTS

Field Event Athletes check-in at the event area. Pole-vaulters may begin check-in 90 minutes before the event (runway will open for warm-ups). All field events athletes must be checked in 30 minutes prior but may check-in with officials up to 60 minutes before the scheduled start.

PREFERRED LANES

- Straight Away Races: 5-6-4-7-3-8-2-9-1
- Oval Races: 6-7-5-4-8-9-3-2-1

WEIGH IN

Opens at 7:00 AM to 2:00 PM. Implements must be turned in no later than 2 hours before the events scheduled start time. The games committee has the discretion to withhold any throwing implements that may endanger anyone associated with the orderly and reasonable continuation of the meet.

HEIGHT PROGRESSIONS

Will be posted for each event by 5:00 p.m. Tuesday based on entries.

RUNWAY MARKINGS

Athletic tape is the only acceptable runway marker per NCAA Rules

RESULTS

Results will be available online at GamecocksOnline.com and posted outside of the press box.

AWARDS

The top collegian in each event is eligible for an award.

PROTESTS

Protests must be filed, in writing, at the clerk's tent no later than 30 minutes following the involved incident or decision.

FACILITY

Mondo Surface: 9-48" lanes; double field event areas in long and triple jump, shot put, discus, and pole vault.

SPIKE CHECK

Spike check will be at entrance to the facility at the rolling gate by softball stadium at the bottom of the parking lot. All athletes will need to have spikes checked and marked with a zip tie before entering facility. Please allow time to do this when planning schedules.

SPIKE LENGTH

- Spikes may not be longer than no longer than 1/4", except high jump and javelin athletes who will be allowed to wear 3/8". Only pyramid spikes will be allowed. Permanent spikes not allowed. Permanent spikes will need to be filed down in order to be compliant. Omni-light spikes are not allowed. Needles are not allowed. Athletes who compete in noncompliant spikes will be disqualified.



FACILITY ACCESS

Only athletes and coaches will be permitted inside the competition areas. Credentials will be required to have access to these areas. Running event contestants will be escorted into the facility after completing check-in with the clerk. Access to the infield and competition areas will be limited to immediate events. Spectators will be required to remain outside the fences at all times.

SPORTS MEDICINE

- Scott Gardner, Head Athletic Trainer for Track & Field
- Email - gardne01@mailbox.sc.edu For any questions regarding medical or training room questions
- A athletic trainer credential will be included in the team packet
- Each participating team should provide its own taping supplies
- If a Certified Athletic Trainer will not be traveling with your team, please bring an authorization for treatment modality form from your Certified Athletic Trainer or team physician
- The team physician will also be on call or present during competition
- Water and ice will be readily available
- An Athletic Training tent will be located in the first curve near the clerking area.

TEAM TENT RENTAL PROTOCOL

If you would like to reserve a tent for your team warm up area (strongly recommended), please contact Nathan Butler
 Account Executive
 Party Reflections- Special Event Rentals
 803-978-9711
 NButler@PartyReflections.com

Pricing

Teams Should Call Party Reflections Directly to Order:

- 10x10 = \$130.00/ea plus 4 water weights @ \$13.00/ea plus 8% sales tax = \$196.56/ea
- 20x20= \$300.00/ea plus 8 water weights @ \$13.00/ea plus 8% sales tax = \$436.32/ea
- 20x40= \$600.00/ea plus 12 water weights @ \$13.00/ea plus 8% sales tax = \$816.48/ea
- Fans = \$40.00/ea plus 8% sales tax =46.66/ea
- Large Breeze Maker Fan =\$325/each
- 50' Extension cord (for fans)= \$6.00/ea plus 8% sales tax =7.00/ea
- \$40 round trip delivery fee will be added for drop off and pick up
- Table and chair rentals also available upon request

Deadline: All orders must be placed at least 2 weeks prior to the meet start date. **No exceptions!**



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FACILITY INFORMATION

LONG JUMP/TRIPLE JUMP RUNWAYS

Width of runway = 1.2m | 4'
Length of long jump runway = 46m | 150' 11"
Long jump board to edge of sand = 3m | 9'8"
Length of triple jump runways = 45m | 147'6"
Women's triple jump board to edge of sand = 11m | 36'
Men's triple jump board to edge of sand = 12.5m | 41'

POLE VAULT RUNWAYS

Width of runway = 1.2m | 4'
Length of runways (parallel to backstretch) = 45.73m | 150'00"
Length of runways (South D-Zone) = 45.73m | 150'00"

JAVELIN RUNWAY LENGTH

Width of runway = 4m | 13'
Length of north runway = 34.67m | 113'9"
Length of south runway = 35.37m | 116'00"
Length of south throw complex runway = 38.31m | 125'8"

SURFACE

Mondo surface

TRACK RADIUS

9 Lanes: 1.2m | 48" each
36.59m | 120'