

16 Individual National Champions | 12 Combined Team ACC Championships | 71 All-Americans

#NCAATF

MARCH 9-10, 2018 | ALL DAY | COLLEGE STATION, TEXAS NCAA Indoor Championships | Gilliam Indoor Stadium

VIRGINIA TECH INFORMATION

Virginia Tech

Hokies



Last Meet......ACC Indoor Championships
ACC Point-Scorers Returning/Lost......30/10
Newcomers......28 (15 Men, 13 Women)

ACC INDOOR CHAMPIONSHIPS

- Virginia Tech finished second on both sides at the ACC Indoor Championships on the campus of Clemson as the Tigers played host. Florida State swept the titles on each side.
- The men racked up 107 points, marking their second straight indoor season of cracking the 100-point plateau, a first in program history.
- The women posted 81 points, marking their highest finish since 2008 when they won.
- The performances were the highest finish combined on both sides. The previous best combined finish was in 2010 when each side earned third place.
- The men were four points shy of FSU's total, while the women for 10 points short of FSU.
- Next indoor season, Tech will host the 2019 ACC Indoor Championships inside renovated Rector Field House in Blacksburg, Virginia.

PROGRAM HISTORY

'18 ACC Indoor Finish	Men 2nd, Women 2nd
'17 NCAA Indoor Finish	Men 7th, Women 19th
'17 ACC Outdoor Finish	Men 1st, Women 1st
'17 NCAA Outdoor Finish	Men 32nd, Women 11th
ACC Championships	7 Men, 6 Women
NCAA Individual Champion	ns10 Men, 6 Women

THE STARTING LINE

- Virginia Tech track and field enters the NCAA Indoor Championships with eight total student-athletes in the pole vault and distance events individually, while also having a DMR on both sides.
- The Hokies have four pole vaulters combined on the men's and women's side, the most of any school at the meet, and four distance runners combined on each side.
- Nine school records have been reset this winter for Tech: Both 4x400-meter relays, women's DMR, triple jump, long jump, pole vault, 1,000, mile (all women) and the men's 200.
- Rachel Pocratsky's 1,000-meter time (2:41.98) ranks No. 1 in the country and was the sixth-fastest time in NCAA history, while Lisa Gunnarsson's vault (4.46m) is No. 5 in the land.
- The Hokies will have three redshirt seniors run in the mile, inlcuding Vincent Ciattei, Neil Gourley and Patrick Joseph. Of the three, Gourley and Joseph do not have outdoor eligibility, meaning this will be their last meet wearing the maroon and orange.

LAST TIME OUT

- Eight event titles highlighted Virginia Tech track and field at the ACC Indoor Championships on Feb. 22-24 inside the Clemson Indoor Track and Field Complex.
- The DMR groups took first place, as the men, made up of Neil Gourley, Brandon Thomas, Daniel Jaskowak and Thierry Siewe Yanga posted a time of a 9:38.31, while the women, consisting of Rachel Pocratsky, Arlicia Bush, Shannon Quinn and Sarah Edwards, clocked a time of 10:57.60.
- Pole vault was well represented on the podium, as Deakin Volz, Torben Laidig and Joel Leon Benitez went 1-2-3, while Lisa Gunnarsson and Rachel Baxter went 1-2.
- Gourley and Pocratsky won the 800 meters and Vincent Ciattei took gold in the mile for the second consecutive indoor season at ACCs.

WHO TO WATCH



• Rachel Pocratsky is coming off a gold-medal run in the 800 at ACCs. The Maryland native's PR is No. 4 nationally (2:03.17).

2018 SCHEDULE

JANUARY

13	NITTANY LION CHALLENGE	UNIVERSITY PARK, PA.
19-20	GLADSTEIN INVATATIONAL	BLOOMINGTON, IND.
	CLEMSON INVATATIONAL	CLEMSON, S.C.
20	Keydet Invatational	LEXINGTON, VA.
26-27	BOB POLLACK INVITATIONAL	CLEMSON, S.C.
27	LIBERTY KICKOFF	LYNCHBURG, VA.

FEBRUARY

2-3	CAMEL CITY INVITATIONAL	WINSTON-SALEM, N.C.
	AKRON INVITATIONAL	Akron, Ohio
3	ROD McCravy Invitational	LEXINGTON, KY.
9-10	MUSIC CITY CHALLENGE	Nashville, Tenn.
	TIGER PAW INVITATIONAL	CLEMSON, S.C.
	Tyson Invitational	FAYETTEVILLE, ARK.
16	Roanoke Tune-Up	ROANOKE, VA.
22-24	ACC INDOOR CHAMPIONSHIPS	CLEMSON, S.C.

MARCH

9	-10	NCAA INDOOR CHAMIONSHIPS	COLLEGE STATION, TEXAS
2	3-24	WEEMS BASKINS INVITATIONAL	COLUMBIA, S.C.
2	8-31	Texas Relays	Austin, Texas
3	0-31	FLORIDA RELAYS	GAINESVILLE, FLA.
3	0-31	RALEIGH RELAYS	RALEIGH, N.C.

APRIL

12-14	TENNESSEE RELAYS	Knoxville, Tenn.
19-21	Mt. SAC RELAYS	Walnut, Calif.
20-21	WAR EAGLE CLASSIC	AUBURN, ALA.
	Duke Invitational	Durham, N.C.
27-28	Arkansas Invitational	Fayetteville, Ark.

MAV

2	LIBERTY TWILIGHT	LYNCHBURG, VA.
3	Hokie Twilight	BLAKCSBURG, VA.
10-12	ACC OUTDOOR CHAMPIONSHIPS	Miami, Fla.
24-26	NCAA East Preliminaries	TAMPA, FLA.

JUNE

6-9 NCAA Outdoor Championships

EUGENE, ORE.

VIRGINIA TECH CONTACT Lance Dozier Assistant, Strategic Communications Phone: (507) 993-1898 Email: lance17@vt.edu

SOCIAL











XC /HokieSports

USTFCCCA Men's Top 25 Poll

March 4 | Week 7

	1			
Rank	Team	Conference	Points	Last Week
1	Texas Tech	Big 12	130.74	1
2	Georgia	SEC	102.50	5
3	Florida	SEC	100.79	2
4	Arkansas	SEC	97.28	3
5	USC	MPSF	91.66	4
6	Texas A&M	SEC	85.94	6
7	Florida State	ACC	82.66	7
8	Alabama	SEC	73.31	8
9	Ohio State	B1G	66.98	10
10	Houston	American	65.47	11
11	TCU	Big 12	64.15	13
12	Virginia Tech	ACC	60.39	9
13	Syracuse	ACC	59.11	12
14	Penn State	B1G	53.89	14
15	South Carolina	SEC	51.58	15
16	Oregon	MPSF	50.04	17
17	Kentucky	SEC	46.54	18
18	New Mexico	MWC	45.27	20
19	Texas	Big 12	45.21	19
20	Clemson	ACC	45.14	19
21	Southern Utah	Big Sky	44.95	21
22	UTEP	C-USA	44.74	23
23	Colorado State	MWC	44.24	28
24	Stanford	MPSF	38.73	24
25	Auburn	SEC	35.74	27

USTFCCCA Conference Index Top 10

M	Conf.	Points	25	w	Conf.	Points	25
1	SEC	697.25	8	1	SEC	1034.40	10
2	Big 12	373.28	2	2	MPSF	470.89	5
3	MPSF	351.70	3	3	ACC	266.54	3
4	B1G	332.75	2	4	B1G	246.88	2
5	ACC	284.89	4	5	Big 12	183.69	1
6	American	96.44	1	6	MWC	179.60	2
7	MWC	85.49	1	7	MAC	54.67	
8	C-USA	82.09	1	8	America E.	47.15	1
9	Big Sky	71.49	1	9	American	39.29	1
10	MAC	45.33		10	C-USA	29.80	

USTFCCCA Women's Top 25 Poll

March 4 | Week 7

ı		'			
	Rank	Team	Conference	Points	'17 Final
	1	Georgia	SEC	183.12	1
	2	Arkansas	SEC	156.04	2
	3	Kentucky	SEC	142.23	3
	4	LSU	SEC	130.76	4
	5	USC	MPSF	128.06	5
	6	Florida	SEC	100.13	7
	7	Oregon	MPSF	99.09	6
	8	New Mexico	MWC	84.50	8
	9	Stanford	MPSF	80.05	9
	10	Texas A&M	SEC	59.68	10
	11	Minnesota	B1G	56.24	12
	12	Virginia Tech	ACC	54.56	11
	13	Boise State	MWC	54.36	14
	14	Missouri	SEC	50.51	13
	15	New Hampshire	America East	45.65	34
	16	Colorado	MPSF	44.44	19
	17	Mississippi St.	SEC	42.20	27
	18	Purdue	B1G	41.60	15
	19	Tennessee	SEC	41.43	16
	20	Clemson	ACC	40.62	17
	21	Auburn	SEC	39.75	21
	22	Arizona State	MPSF	39.72	24
	23	Cincinnati	American	39.29	20
	24	Kansas	Big 12	38.80	23
l	25	Florida State	ACC	38.60	22
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DID YOU KNOW?

- Virginia Tech has the highest-ranked team on the women's side and second highest on the men's side from the ACC in the rankings.
 Tech is one of 12 teams to have its units both ranked, meaning almost half of the Ton
- lech is one of 12 teams to have its units both ranked, meaning almost half of the Top 25 is balanced with both its men/women.
- The women have made quite the climb this season in the rankings, as they started 2018 in the USTFCCCA Preseason Poll ranked No. 87 and have moved up 75 spots with now being ranked No. 12.
- The men began the season ranked No. 8 in the preseason poll and have moved up and down in the past few weeks, but sit four spots lower than what they started the season.

RACKING IT UP

- Due to the Hokies' indoor track being renovated, Rector Field House, they had to hit the road for all of their meets during the indoor season
- During opening weekend when they began the season at Penn State, it marked the first time since 2014 the Hokies started the indoor season away from home.
- Splitting up for numerous meets throughout the year, Tech has racked up more than 8.842 miles.

PRESEASON ALL-AMERICANS

- Three pole vaulters were tabbed FloTrack Preseason All-Americans in January: Rachel Baxter, Lisa Gunnarsson and Torben Laidig.
- Baxter and Gunnarsson at the time hadn't even competed at the collegiate level yet, but since their arrival to Blacksburg, the duo has lived up to the hype.
- Both of their marks currently sit in the top 16 nationwide, earning them their first chance of qualifying for the NCAAs.
- Laidig, who has battled through an injury during the season, is back to full health and owns a top 16 mark in the country.
- Distance runners Neil Gourley and Patrick Joseph also earned preseason All-America honors. The pair owns times in the mile that rank in the top 16 nationally.

2017 INDOOR NCAAs

- Tech's best finish last year individually at NCAAs in College Station was Hanna Green and Drew Piazza's second-place finishes in the 800 meters. The two graduated last May.
- The men's DMR took silver as well, clocking a time of 9:33.35. The relay was made up of Daniel Jaskowak, Vincent Ciattei, Greg Chiles and Kevin Cianfarini. Tech returns three of the four to College Station with Cianfarini gone.
- Neil Gourley placed fourth in the mile with a time of 4:06.26, Torben Laidig placed sixth in the pole vault with mark of 5.45 meters (17 ft., 10.5 in.) and Deakin Volz finished 10th, vaulting a height of 5.45 meters (17 ft., 10.5 in.).
- The men turned in a seventh-place finish as a team with 23.5 points, their highest in school history.
- The women placed 27th with all of the eight points coming from Green's 800 silver finish.

FRESHMEN SHINING

- Of the Hokies' 25 freshmen, five on the women's side have started their rookie campaigns with a bang.
- In the sprints, Caitlan Tate (7.38) and Kennedy Dennis (7.40) both sit in the record books for having the fifth- and sixth-fastest times in school history in the 60-meter dash.
- In the jumps, Stefanie Aeschlimann has the second-best mark in program history, owning a triple jump of 12.62 meters (41 ft., 5 in.).
- In the pole vault, Lisa Gunnarsson already owns the school record, while Rachel Baxter has the fourth-best vault (4.30m) in history.
- On the men's side, Joel Leon Benitez has recorded the 11th-best mark in the pole vault, clearing a bar of 5.37 meters (17 ft., 7.25 in.).

ACC PERFORMERS OF THE WEEK

- Three Hokies have earned ACC Performer of the Week this season, starting with Lisa Gunnarsson and Rachel Pocratsky on Jan. 30.
- Gunnarsson broke the school record in the pole vault at Clemson's Bob Pollack Invitational as well as Clemson's facility record, while Pocratsky ran the sixth-fastest 1,000 meters in NCAA history and rewrote the program record, too.
- Pocratsky earned the award again after her performance in the mile at the Music City Challenge in Nashville on Feb. 13.
- The Maryland native posted a new school record with a time of 4:34.01, moving past Shannon Morton's time set in 2016. The time set Vanderbilt Multipurpose Facility's record.

USTFCCCA REGION AWARDS

- The Hokies, being in the Southeast Region, had two award winners in the USTFCCCA regional awards, including Ben Thomas for Men's Assistant Coach of the Year and Neil Gourley for Men's Track Athlete of the Year.
- Thomas has earned the award three of the last four years. The year when he did not in 2016, fellow pole vault coach on Tech's staff Bob Phillips earned the nod.
- The resume of Thomas for the indoor season included two NCAA qualifiers in the 800 and three in the mile, as well as both DMRs, and his athletes scored 62 of the Hokies' 107 points at ACCs on the men's side.
- Thomas, known for being a guru in the distance events, has guided the women in the 800 meters to win the ACC event eight of the last nine years during the indoor and outdoor seasons.
- The Tech alum has also churned out the Southeast Region's Men's Track Athlete of the Year three out of the last four years.
- Gourley earned the award for the first time in his storied career.
- The Scotland native colleted the honor in large part due to him clocking the second-fastest 800 in the country at ACCs, crossing the finish line in a personal-best time of 1:47.04
- Two days before, he ran the anchor of the DMR and led the relay to another indoor title.



Name	Class	Event	Hometown	High School/Other
Matthew Baker	So.	Sprints	Leonardtown, Md.	Leonardtown
Jared Bane	Jr.	Sprints	Herndon, Va.	Herndon
Marek Barta	r-Jr.	Throws	Havirov, Czech Republic	Technical University Prague
Owen Buck	So.	Mid-Distance	Seattle, Wash.	Ballard
James Carver	Jr.	Jumps	McLean, Va.	McLean
Greg Chiles	Sr.	Sprints/Hurdles	Chesapeake, Va.	Western Branch
Vincent Ciattei	r-Sr.	Mid-Distance	Baltimore, Md.	Perry Hall
Alex Davenport	Fr.	Hurdles	Glade Spring, Va.	Patrick Henry
Michael Davenport	So.	Sprints/Jumps	Winston-Salem, N.C.	Woodberry Forest
Jaelyn Demory	r-Fr.	Pole Vault	Fairfax, Va.	Woodbridge Senior
Samuel Denmark	r-So.	Sprints	Huger, S.C.	Hanahan
Ben Fleming	Fr.	Distance	Blacksburg, Va.	Blacksburg
Andrew Goldman	Jr.	Distance	Herndon, Va.	Herndon
Neil Gourley	r-Sr.	Mid-Distance	Glasgow, Scotland	Giffnock North
Will Griffen	Fr.	Distance	Elkins Park, Pa.	Cheltenham
Lawrence Harris	r-Sr	Sprints	Norfolk, Va.	Granby
Nathan Hogye	Jr.	Sprints	Annadale, Va.	Annadale
James Holt	So.	Jumps	Glenmoore, Pa.	Downingtown STEM Academy
Osman Humeida	Fr.	Distance	South Riding, Va.	Freedom
Daniel Jaskowak	r-Sr.	Distance	Grove City, Pa.	Grove City Area
Patrick Joseph	r-Sr.	Mid-Distance	Leesburg, Va.	Loudon County
Jack Joyce	r-So.	Distance	Ashburn, Va.	Briar Woods
Will Kendall	r-Jr.	Jumps	Midlothian, Va.	Midlothian
Austin Kolko	r-Jr.	Sprints/Hurdles	Vienna, Va.	James Madison
Torben Laidig	r-Sr.	Pole Vault	Schwabish Hall, Germany	Sibilla-Egen-Schule
Joel Leon Benitez	Fr.	Pole Vault	Nottingham, United Kingdom	Millfield
Keishaun Limehouse	So.	Sprints/Hurdles	Charleston, S.C.	Berkeley/Coastal Carolina
Matthew Manilli	Fr.	Multi Events	Alexandria, Va.	Patriot
Collin McKenny	r-Jr.	Throws	Huntingtown, Md.	Huntingtown
Bashir Mosavel-lo	Fr.	Distance	Richmond, Va.	Deep Run
Matija Muhar	r-So.	Throws	Jesenice, Slovenia	Ekonomska Gimnazija
Mackenzie Muldoon	r-Jr.	Multi Events	Christiansburg, Va.	Christiansburg
Matthew Reinhart	So.	Throws	Shoemakersville, Pa.	Berks Catholic
Peter Seufer	r-So.	Distance	Lynchburg, Va.	E.C. Glass
Fitsum Seyoum	r-Fr.	Distance	Leesburg, Va.	Tuscarora
William Shaffer	r-Sr.	Distance	Madison, W.Va.	Scott/Marshall
Thierry Siewe Yanga	Fr.	Mid-Distance	Silver Spring, Md.	Montgomery Blair
James Steck	r-Sr.	Pole Vault	Loudonville, N.Y.	Shaker
Jack Strollo	Jr.	Sprints	Needham, Mass.	Needham
Joseph Tay	So.	Sprints	Bristow, Va.	Patriot
Brandon Thomas	So.	Sprints	Richmond, Va.	St. Christopher's
Deakin Volz	Jr.	Pole Vault	Bloomington, Ind.	Bloomington South
Darius Watkins	r-Jr.	Sprints	Grovetown, Ga.	Grovetown
Dave Whitfield	Fr.	Distance	Upper Darby, Pa.	Monsignor Bonner
Zachary Witt	So.	Distance	Glen Allen, Va.	Glen Allen/Christopher Newport
Diego Zarate	r-So.	Distance	Germantown, Md.	Northwest
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Name	Class	Event	Hometown	High School/Other
Stefanie Aeschlimann	Fr.	Triple Jump	Wettstetten, Germany	Reuchlin
Eszter Bajnok	So.	Jumps	Kethely, Hungary	Kaposvari Munkacsy Mihaly
Laurie Barton	So.	Mid-Distance	Clemson, S.C.	Daniel
Rachel Baxter	Fr.	Pole Vault	Orange, Calif.	Canyon
Lauren Berman	r-So.	Distance	Fairfax, Va.	James W. Robinson
Courtney Blanden	Sr.	Sprints	Weddington, N.C.	Weddington
Ella Breidenstine	r-Fr.	Distance	Hummelstown, Pa.	Lower Dauphin
Ellie Brush	Fr.	Distance	Mason, Ohio	Mason
Lizzie Buckley	So.	Distance	Basking Ridge, N.J.	Watchung Hills Regional
Shanel Burr	Sr.	Sprints/Hurdles	Kennesaw, Ga.	North Cobb
Arlicia Bush	So.	Sprints	Princeton, Ky.	Ridge View
Kennedy Dennis	Fr.	Sprints	Greenville, S.C.	Berea
Sarah Edwards	So.	Distance	Bellingham, Mass.	Bellingham
Sara Freix	So.	Distance	Centreville, Va.	Westfield
Adiah Gholston	Fr.	Sprints	Blacksburg, Va.	Blacksburg
Lisa Gunnarsson	Fr.	Pole Vault	Stockholm, Sweden	Lycee Notre Dame
Lindsay Herra	r-Sr.	Throws	Belvidere, III.	Boylan Catholic/Iowa
Katie Kennedy	r-Jr.	Distance	Springfield, Va.	West Springfield
Pavla Kuklova	r-So.	Throws	Opava, Czech Republic	Secondary School of Nursing
Katy Lobeda	Fr.	Distance	Fairfax, Va.	Woodson
Cecilia Marenick	Fr.	Triple Jump	High Point, N.C.	Southwest Guilford
Nora McKiver	r-Sr.	Sprints/Hurdles	High Point, N.C.	T.W. Andrews
Emily Miller	r-So.	Multi Events	West Lawn, Pa.	Wilson
Rachel Pocratsky	Jr.	Mid-Distance	Gaithersburg, Md.	Our Lady of Good Counsel
Olivia Privitera	r-Sr.	Pole Vault	Framingham, Mass.	Marian
Shannon Quinn	Jr.	Mid-Distance	Camp Hill, Pa.	Trinity
Kayla Richardson	So.	Distance	Blacksburg, Va.	Blacksburg
Paige Ritter	Fr.	Pole Vault	Harrisburg, Pa.	East Pennsboro
Emily Schiesl	Fr.	Distance	Burke, Va.	Lake Braddock
Catherine Stone	So.	Mid-Distance	Vienna, Va.	James Madison
Amanda Swaak	Jr.	Distance	Vienna, Va.	James Madison
Caitlan Tate	Fr.	Sprints	Atlanta, Ga.	Brookwood
Ama-Selina Tchume	Sr.	Sprints	Raleigh, N.C.	Wakefield
Amanda Thomas	So.	Sprints/Hurdles	Chesapeake, Va.	Western Branch
Emma Thor	r-Fr.	Throws	Knivsta, Sweden	Celsiusskolan
Kajsa Wennberg	r-Fr.	Throws	Uppsala, Sweden	Katedralskolan Uppsala

PRONUNCIATIONS

Marek Barta	MAR-ick Bar-TAH
Vincent Ciattei	See-AH-tee
Neil Gourley	GORE-lee
Nathan Hogye	HOE-gee
Osman Humeida	Hu-MEE-duh
Daniel Jaskowak	Jazz-oh-WACK
Torben Laidig	LAY-dig
Keishaun Limehouse	KEY-shawn
Matthew Manilli	Muh-NIL-e
Bashir Mosavel-Lo	Mos-uh-VEL-oh
Matija Muhar	Muh-TEE-uh
Peter Seufer	SOY-fer
Fitsum Seyoum	SAY-oh-um
Thierry Siewe Yanga	TIER-ee Sew YANG-uh
Diego Zarate	Dee-AY-go Zer-AH-tey

Stefanie Aeschlimann EYE-cul-men Eszter Bajnok BYE-knock Ella Breidenstine BRI-den-stine Arlicia Bush Ar-LEE-see-uh Sara Freix Frix

Adiah Gholston Uh-DEE-uh

Pavla Kuklova PAHV-luh Kook-LOV-uh

Emily Schiesl Shy-sel

Ama-Selina Tchume A-ma SHOE-me

Kajsa Wennberg Ky-shuh



2018 Honors & Awards

USTFCCCA Southeast Region Assistant Coach of the Year

Ben Thomas (Men, Indoor)

USTFCCCA Southeast Region Track Athlete of the Year

Neil Gourley (Men, Indoor)

FloTrack Preseason Indoor All-American

Rachel Baxter, Neil Gourley, Lisa Gunnarsson, Torben Laidig, Patrick Joseph

ACC Performer of the Week

Lisa Gunnarsson - Jan. 30 Rachel Pocratsky - Jan. 30 Rachel Pocratsky - Feb. 13

First Team All-ACC Indoor (Men)

Joel Leon Benitez (pole vault)
Vincent Ciattei (mile) – champion
Greg Chiles (4x400)
Michael Davenport (4x400)
Neil Gourley (DMR, 800) – champion in both
Daniel Jaskowak (DMR) – champion
Patrick Joseph (4x400)
Torben Laidig (pole vault)
Peter Seufer (3,000; 5,000)
Brandon Thomas (DMR; 4x400) – champ. (DMR)
Diego Zarate (mile)
Deakin Volz (pole vault) – champion
Thierry Siewe Yanga (DMR) – champion

Second Team All-ACC Indoor (Men)

Greg Chiles (200) Vincent Ciattei (3,000) Jaelyn Demory (pole vault) Patrick Joseph (800) Mackenzie Muldoon (heptathlon)

First Team All-ACC Indoor (Women)

Eszter Bajnok (triple jump) – champion Rachel Baxter (pole vault) Arlicia Bush (DMR) – champion Sarah Edwards (DMR, 3,000) – champion (DMR) Lisa Gunnarsson (pole vault) – champion Rachel Pocratsky (800, DMR) – champion in both Shannon Quinn (DMR) – champion

Second Team All-ACC Indoor (Women)

Stefanie Aeschlimann (triple jump)
Eszter Bajnok (long jump)
Laurie Barton (800)
Courtney Blanden (4x400)
Arlicia Bush (4x400)
Kennedy Dennis (4x400)
Caitlan Tate (4x400)
Katie Kennedy (mile)



Tech Men's Indoor Track and Field Records

Event	Time/Mark	Name	Year
60m	6.57	Darrell Wesh	201 3
200m	21.04	Greg Chiles	2018
300m	33.58	Jonathan McCants	2013
400m	46.98	Greg Chiles	2017
500m	1:03.32	Adam Jury	2004
600m	1:17.26	Drew Piazza	2017
800m	1:46.23	Patrick Joseph	2017
1,000m	2:20.54	Neil Gourley	2017
1,500m	3:40.71	Michael Hammond	2011
Mile	3:58.41	Michael Hammond	2011
3,000m	7:52.54	Will Mulherin	2013
5,000m	13:37.10	Thomas Curtin	2016
60m Hurdles	7.77	Jeff Artis-Gray	2013
4x400m	3:09.33	Chiles, Thomas	
		Joseph, Davenport	2018
4x800m	7:22.56	Cobb, Voight,	
		Oustrich, Reed	1987
DMR	9:30.24	Judge, Vaughn,	
		Witt, Berlin	2009
High Jump	7'5" (2.26m)	Ronnie Black	2013
Pole Vault	18'6.75" (5.66m)	Deakin Volz	2017
Long Jump	25'10" (7.87m)	Jeff Artis-Gray	2013
Triple Jump	54'6" (16.61m)	Manuel Ziegler	2015
Shot Put	62'11.25" (19.18m)	Justin Clickett	2007
Weight Throw	77'10.25" (23.73m)	Spyridon Jullien	2006
Heptathlon	5,282 points	Rene Stauss	2011

Tech Women's Indoor Track and Field Records

Event	Time/Mark	Name	Year
60m	7.26	Funmi Alabi	2011
200m	23.60	Courtney Blanden	2017
300m	37.93	Britni Spruill	2008
400m	53.06	Queen Harrison	2010
500m	1:11.49	Asia Washington	2010
600m	1:27.39	Hanna Green	2017
800m	2:02.13	Hanna Green	2017
1,000m	2:41.98	Rachel Pocratsky	2018
1,500m	4:13.70	Rachel Pocratsky	2018
Mile	4:34.01	Rachel Pocratsky	2018
3,000m	9:08.77	Tasmin Fanning	2008
5,000m	16:16.13	Sarah Rapp	2015
60m Hurdles	7.94	Queen Harrison	2010
4x200m	1:36.43*	Potts, Spruill,	
		Castlin, Harrison	2008
4x400m	3:36.83	C. Blanden, Dennis,	
		Tate, A. Bush	2018
4x800m	8:33.50	Smiljanec, Dowd,	
		A. Smith, H. Green	2014
DMR	10:57.60	Pocratsky, Bush,	
		Quinn, Edwards	2018
High Jump	6'0" (1.83m)	Katie Ollendick	1998
Pole Vault	14'7.5" (4.46m)	Lisa Gunnarsson	2018
Long Jump	19'10.75" (6.06m)	Eszter Bajnok	2018
Triple Jump	42'5.25" (12.93m)	Eszter Bajnok	2018
Shot Put	54'9.5" (16.70m)	Brittany Pryor	2008
Weight Throw	73'3.25" (22.33m)	Tamara Burns	2005
Pentathlon	4,224 points	Saskia Triesscheijn	2006

^{*}Collegiate Record



^{*}Current team members in **bold** type*
Times in tenths of seconds are hand-timed.

NCAA Indoor Ch	nampionships		Pole Vau
	JAELYN DEMORY	LAST MEET: 5.0 meters (16 feet, 4.75 inches) @ ACC Indoor Champ.	SEASON BEST Indoor: 5.00m (16 ft., 4.75 in.)
	Pole Vault • r-Fr. • Fairfax, Va.	NOTE: Competed in the heptathlon for the first time this year at the ACC Championships and finished seventh with 5,049 points Vaulted a person-	
	Top Mark Indoor • Top Mark Outdoor	al-best height of 5.00 meters (16 feet, 4.75 inches) in the pole vault final to place sixth.	Outdoor:
	5.00 meters (16ft., 4.75 in.) • 4.46 meters (14 ft., 7.5 in.)		
	TORBEN LAIDIG	LAST MEET: 5.50 meters (18 feet, 0.5 inches) @ ACC Indoor Champ.	<u>SEASON BEST</u> <u>Indoor:</u> 5.50m (18 ft., 0.5 in.)
	Pole Vault • r-Sr. • Schwabish Hall, Germany	NOTE: Placed second in the pole vault at the ACC Championships with a leap of 5.50 meters (18 feet, 0.5 inches) Leaped a personal-best height of	
	Top Mark Indoor • Top Mark Outdoor	5.47 meters (17 feet, 11.25 inches) in the pole vault to place fifth at the Tyson Invitational Jumped a height of 5.13 meters (16 feet, 10 inches) in the	Outdoor:
	5.62 (18 ft., 5.25 in.) • 5.70m (18 ft., 8.25 in.)	Clemson Bob Pollock Invitational to place fourth.	
	JOEL LEON BENITEZ	LAST MEET: 5.10 meters (16 feet, 8.75 inches) @ ACC Indoor Champ.	SEASON BEST Indoor: 5.37m (17 ft., 7.25 in.)
1250	Pole Vault • Fr. • Nottingham, United Kingdom	NOTE: Finished third in the pole vault at the ACC Championships with a height of 5.10 meters (16 feet, 8.75 inches) Leaped a height of 5.15 meters	337111 (17114) 7123 1111)
	Top Mark Indoor • Top Mark Outdoor	(16 feet, 10.75 inches) to place second in the pole vault at the Tyson Invitational Jumped a height of 5.26 meters (17 feet, 3 inches) in the pole vault at the	Outdoor:
	5.37m (17 ft., 7.25 in.) •	Gladstein Invitational to finish fourth.	
	JAMES STECK	LAST MEET: 5.20 meters (17 feet, .75 inches) @ '17 ACC Indoor Champ.	SEASON BEST Indoor:
	Pole Vault • r-Sr. • Loundonville, N.Y.	NOTE: Has yet to compete in 2018 indoorTied for fourth place at the 2017 ACC Indoor Championships with a vault of 5.20 meters (17 ft., .75 in.), collecting second-team All-ACC honors Tied for sixth at the 2016 ACC Outdoor Championships with a mark of 5.07 meters (16 ft., 7.75 in.) Two-time All-ACC Academic Team honoree.	
	Top Mark Indoor • Top Mark Outdoor		Outdoor:
	5.21m (17 ft., 1 in.) • 5.16m (16 ft., 11 in.)		
	DEAKIN VOLZ	LAST MEET: 5.50 meters (18 feet, 0.5 inches) @ ACC Indoor Champ.	SEASON BEST Indoor: 5.50m (18 ft., 0.5 in.)
	Pole Vault • Jr. • Bloomington, Ind.	NOTE: Won the pole vault with a height of 5.50 meters (18 feet, 0.5 inches) at the ACC Championships Recorded a height of 5.41 meters (17 feet, 9 inches) in the pole vault to finish seventh at the Tyson Invitational Jumped a height of 5.35 meters (17 feet, 6.5 inches) in the pole vault to finish third at the Akron Invitational.	
	Top Mark Indoor • Top Mark Outdoor		Outdoor:
The state of the s	5.50m (18 ft., 0.5 in.) • 55.65m (18 ft., 6.5 in.)		
	RACHEL BAXTER	LAST MEET: 4.30 meters (14 feet, 1.25 inches) @ ACC Indoor Champ. NOTE: Set a new career best in the pole vault at the ACC Championships with	SEASON BEST Indoor: 4.30m (14 ft., 1.25 in.)
	Pole Vault • Fr. • Orange, Calif.	a mark of 4.30 meters (14 feet, 1.25 inches), placing second Posted a height of 3.98 meters (13 feet, 0.75 inches) in the pole vault at the University of	
	Top Mark Indoor • Top Mark Outdoor	Akron College Invitational, earning fourth place Placed second for the third consecutive week in the pole vault, vaulting a height of 4.25 meters (13 feet,	Outdoor:
	4.30m (14 ft., 1.25 in.) •	11.25 inches) at the Bob Pollack Invitational.	
	LISA GUNNARSSON	LAST MEET: 4.35 meters (14 feet, 3.25 inches) @ ACC Indoor Champ.	<u>SEASON BEST</u> <u>Indoor:</u> 4.46m (14 ft., 7.5 in.)
	Pole Vault • Fr. • Stockholm, Sweden	NOTE: Turned in a mark of 4.35 meters (14 feet, 3.25 inches) in the pole vault at the ACC Championships to finish first for the fourth time this season	
	Top Mark Indoor • Top Mark Outdoor	Finished third in the pole vault at the Tyson Invitational with a height of 4.41 meters (14 feet, 5.5 inches).	Outdoor:
	4.46m (14 ft., 7.5 in.)•		
	OLIVIA PRIVITERA	LAST MEET: 3.80 meters (12 feet, 5.50 inches) @ ACC Indoor Champ.	<u>SEASON BEST</u> <u>Indoor:</u> 3.80m (12 ft., 5.50 in.)
	Pole Vault • r-Sr. • Framingham, Mass.	NOTE: Participated in the pole vault at the ACC Championships, finishing with a mark of 3.80 meters (12 feet, 5.5 inches) Posted a height of 3.85	
	Top Mark Indoor • Top Mark Outdoor	meters (12 feet, 7.5 inches) to place eighth in pole vaulting at the Clemson Bob Pollock Invitational.	Outdoor:
2119/9/10	3.92m (12 ft., 10.25 in.) • 4.10m (13 ft., 5.25 in.)		
	PAIGE RITTER	LAST MEET: 3.98 meters (13 feet, 0.75 inches) @ Akron Invitational	SEASON BEST Indoor:
	Pole Vault • Fr. • Harrisburg, Pa.	NOTE: Has yet to compete in the 2018 indoor season Was a four-year letterwinner for the Panthers' track and field teams Mid Penn district champ and record holder, clearing a height of 12'8" in the pole vault Placed third at the PIAA State Championships pole vault event A national qualifier.	
M	Top Mark Indoor • Top Mark Outdoor		Outdoor:
3111	•	7	



NCAA Indoor Ch	nampionships		Throws
	MAREK BARTA	LAST MEET: 58.99 meters (193 feet, 6 inches) @'17 NCAA Out. Champ.	SEASON BEST
(Apply	Throws • r-Jr. • Havirov, Czech Republic	NOTE: Has yet to competePlaced seventh in the men's discus event at the 2017 NCAA Outdoor Championships, collecting first-team All-America honors for the second time in his career Earned a top-12 mark in the discus at the NCAA East Prelims, advancing to his third straight NCAA Championship event Collected a silver medal at the 2017 ACC Indoor Championships.	Indoor:
	Top Mark Indoor • Top Mark Outdoor		Outdoor:
	SP - 17.51m (57 ft., 5.25 in.) • D - 61.38m (201 ft, 4.5 in.)		
	COLLIN McKENNY	LAST MEET: 45.92 meters (150 feet, 8 inches) @'17 ACC Outdoor Champ.	SEASON BEST Indoor:
	Throws • r-Jr. • Huntingtown, Md.	NOTE: Has yet to compete in the 2018 indoor season Participated in the men's discus event at the 2017 ACC Outdoor Championships, throwing a	<u></u>
	Top Mark Indoor • Top Mark Outdoor	distance of 45.92 meters (150 ft., 8 in.) for 16th place Also competed in the men's discus at four different meets during the regular season, placing sixth at	Outdoor:
	SP - 15.13m (49 ft., 7.5 in.) • D - 49.23m (161 ft., 6 in.)	the Virginia Challenge with a lifetime-best throw of 49.23 meters (161 ft., 6 in.).	
	MATIJA MUHAR	LAST MEET: 69.53 meters (228 feet, 1 inch) @'17 NCAA Outdoor Champ.	SEASON BEST
	Throws • r-So. • Jesenice, Slovenia	NOTE: Has yet to compete in the 2018 indoor Named to the All-ACC Academic Team Won the gold medal at the 2016 ACC Outdoor Championships	
	Top Mark Indoor • Top Mark Outdoor	with a collegiate best 75.60-meter throw (248 ft.) in the javelin, earneing first-team All-ACC Placed fourth at the NCAA East Regional prelims with a	Outdoor:
	N/A • J - 75.60m (248 ft., 0 in.)	71.78-meter throw (235 ft., 6 in.), qualifying for the NCAA Championships.	
	MATTHEW REINHART	LAST MEET: 61.99 meters (203 feet, 4 inches) @'17 ACC Outdoor Champ.	SEASON BEST
TM	Throws • So. • Shoemakersville, Pa.	NOTE: Has yet to compete in the 2018 indoor Earned a fourth-place finish in the men's javelin event at the ACC Championships, throwing a personal-best distance of 61.99 meters (203 ft., 4 in.) to collect second-team all-conference honors Also competed in the javelin at a pair of meets during the regular season, making his Hokie debut at the Weems Baskin Invitational.	
	Top Mark Indoor • Top Mark Outdoor		Outdoor:
	N/A • D - 61.99m (203 ft., 4.5 in.)		
	LINDSAY HERRA	LAST MEET: 47.03 meters (154 feet, 3 inches) @'17 Black & Gold Premier	SEASON BEST Indoor:
	Throws • r-Sr. • Belvidere, Ill./Iowa	NOTE: Has yet to compete in the 2018 indoor At lowa, took first at the Black and Gold Premier in the discus, tossing a mark of 47.03 meters (154'3") Earned lowa Athletics Female Hawkeye of the Year Competed in discus at Texas Invite (152-3, 46.40m) to place seventh, Florida Relays (151-11, 46.30m) to place 12th and Musco Twilight (151-8, 46.22m) to rank second.	
	Top Mark Indoor • Top Mark Outdoor		Outdoor:
	W - 14.55m (47 ft., 8.75 in.) • D - 46.60m (152 ft., 10.5 in.)		
	PAVLA KUKLOVA	LAST MEET: 18.26 meters (59 feet, 11.0 inches) @ ACC Indoor Champ.	SEASON BEST Indoor: 18.45m (60 ft., 6.5 in.)
25	Throws • r-So. • Opava, Czech Republic	NOTE: Finished tenth in the weight throw at the ACC Championships with a mark of 18.26 meters (59 feet, 11 inches) Set a new personal best in the	
	Top Mark Indoor • Top Mark Outdoor	weight throw at the Clemson Tiger Paw Invitational with a length of 18.45 meters (60 feet, 6.5 inches) Kicked off the season at the 2018 Rod McCravy	Outdoor:
	W - 18.45m (60 ft., 6.5 in.) • H - 63.45m (208 ft., 2 in.)	 Memorial Track and Field Meet, finishing second in the weight throw with a length of 17.99 meters (59 feet, 0.25 inches). 	
	EMMA THOR	LAST MEET: 64.19 meters (210 feet, 7 inches) @'17 NCAA Out. Champ.	SEASON BEST Indoor:
	T	NOTE: Has yet to compete in the 2018 indoor Placed eighth in the	
	Throws • r-Fr. • Knivsta, Sweden	women's hammer throw event at the 2017 NCAA Outdoor Championships,	
	Top Mark Indoor • Top Mark Outdoor	women's hammer throw event at the 2017 NCAA Outdoor Championships, collecting first-team All-America honors for the first time in her career with a throw of 64.19 meters (210 ft., 7 in.) Garnered first-team All-ACC honors fol-	Outdoor:
	·	collecting first-team All-America honors for the first time in her career with a	Outdoor:
	Top Mark Indoor • Top Mark Outdoor	collecting first-team All-America honors for the first time in her career with a throw of 64.19 meters (210 ft., 7 in.) Garnered first-team All-ACC honors following her third-place finish at the ACC Championships, throwing a distance LAST MEET: 56.26 meters (184 feet, 7 inches) @'17 ACC Outdoor Champ.	Outdoor: SEASON BEST Indoor:
	Top Mark Indoor • Top Mark Outdoor N/A • H - 64.69m (212 ft., 2.75 in.)	collecting first-team All-America honors for the first time in her career with a throw of 64.19 meters (210 ft., 7 in.) Garnered first-team All-ACC honors following her third-place finish at the ACC Championships, throwing a distance LAST MEET: 56.26 meters (184 feet, 7 inches) @'17 ACC Outdoor Champ. NOTE: Has yet to compete in 2018 indoor Placed eighth in the women's hammer throw event at the 2017 ACC Outdoor Championships with a throw	SEASON BEST
	Top Mark Indoor • Top Mark Outdoor N/A • H - 64.69m (212 ft., 2.75 in.) KAJSA WENNBERG	collecting first-team All-America honors for the first time in her career with a throw of 64.19 meters (210 ft., 7 in.) Garnered first-team All-ACC honors following her third-place finish at the ACC Championships, throwing a distance LAST MEET: 56.26 meters (184 feet, 7 inches) @'17 ACC Outdoor Champ. NOTE: Has yet to compete in 2018 indoor Placed eighth in the women's	SEASON BEST Indoor:



NCAA Indoor C	hampionships		Jumps/Multi:
	JAMES CARVER	LAST MEET: HJ - 1.97m (6 feet, 5.5 inches) @ Roanoke Tune-Up	SEASON BEST
25	Jumps • Jr. • McLean, Va.	NOTE: Won the high jump and triple jump at the Roanoke Tune Up with a height of 1.97 meters (6 feet, 5.5 inches) and a personal-best distance of 14.23 meters (46 feet, 8.25 inches) Placed third in the high jump, leaping a height of 1.95 meters (6 feet, 4.75 inches) and recorded a distance of 14.13 meters (46	Indoor: HJ- 1.97m (6 ft., 5.5 in.) LJ- 14.23m (46 ft., 8 in.)
	Top Mark Indoor • Top Mark Outdoor		Outdoor:
	HJ - 2.03m (6′7.5″), TJ - 14.23m (46′8″) • HJ - 1.95m (6 ft., 4.75 in.)	feet, 4.25 inches) in the triple jump to finish sixth at the Akron Invitational.	
	JAMES HOLT	LAST MEET: LJ - 6.79m (22 feet, 3.5 inches) @ Roanoke Tune-Up	SEASON BEST
	Jumps • So. • Glenmoore, Pa.	NOTE: Placed second in the long jump with a jump of 6.79 meters (22 feet, 3.5 inches) at the Roanoke Tune Up Leaped a personal-best distance of 6.90	<u>Indoor:</u> LJ- 6.90m (22 ft., 7.5 in.)
	Top Mark Indoor • Top Mark Outdoor	meters (22 feet, 7.75 inches) in the long jump to place eighth at the Clemson Bob Pollock Invitational Competed in the long jump at the Nittany Lion	Outdoor:
	LJ - 6.90m (22 ft., 7.5 in.) •	Challenge, leaping a distance of 6.75 meters (22 feet, 1.75 inches) for eighth.	
	WILL KENDALL	LAST MEET: HJ - 2.01m (6 feet, 7 inches) @ ACC Indoor Champ.	SEASON BEST Indoor: HJ- 2.01m (6 ft., 7 in.)
	Jumps • r-Jr. • Midlothian, Va.	NOTE: Leaped a height of 2.01 meters (6 feet, 9 inches) to finish 11th in the high jump at the ACC Championships Competed in the high jump, leaping	in Lie in (e iti, 7 iii.)
	Top Mark Indoor • Top Mark Outdoor	a height of 1.95 meters (6 feet, 4.75 inches) to finish ninth at the Clemson Bob Pollock Invitational Jumped a height of 2.01 meters (6 feet, 7 inches) in the	Outdoor:
	HJ - 2.06m (6 ft., 9 in.) • 2.02m (6 ft., 7.5 in.)	high jump to place seventh at the Nittany Lion Invitational.	
	MATTHEW MANILLI	LAST MEET: 4,939 points @ ACC Indoor Champ.	SEASON BEST Indoor: 4,939 points
	Multi-Events • Fr. • Alexandria, Va.	NOTE: Competed in the heptathlon at the ACC Championships, placing eighth with 4,939 points Ran a time of 7.21 seconds in the 60 meter dash and 8.72	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
	Top Mark Indoor • Top Mark Outdoor		Outdoor:
	Heptathlon - 4,939 •		
	MACKENZIE MULDOON	LAST MEET: 5,246 points @ ACC Indoor Champ.	SEASON BEST Indoor: 5,246 points
	Multi-Events • r-Jr. • Christiansburg, Va.	NOTE: Finished fifth in the heptathlon at the ACC Championships, scoring a personal-best 5,246 points Ran a time of 7.25 seconds in the 60 meter dash and 8.35 seconds in the 60 meter hurdles Clocked a time of 2:45.76 in the 1,000 meters Jumped a height of 1.86 meters (6 feet, 1.25 inches) in the high jump and 4.40 meters (14 feet, 5.25 inches) in the pole vault.	
	Top Mark Indoor • Top Mark Outdoor		Outdoor:
	Heptathlon - 5,246 pts. • Decathlon - 6,758 pts.		
	STEFANIE AESCHLIMANN	LAST MEET: 12.62 meters (41 feet, 1.75 inches) @ ACC Indoor Champ.	SEASON BEST Indoor: 12.62m (41 ft., 1.75 in.)
	Jumps • Fr. • Wettstetten, Germany	NOTE: Turned in a new personal best in the triple jump at the ACC Championships with a mark of 12.62 meters (41 feet, 5 inches), finishing sixth Also	
	Top Mark Indoor • Top Mark Outdoor	competed in the long jump, finishing with a length of 5.41 meters (17 feet, 9 inches) Finished with a mark of 12.13 meters (39 feet, 9.75 inches) in the	Outdoor:
	TJ - 12.62m (41 ft., 1.75 in.)•	triple jump at the Clemson Tiger Paw Invitational.	
	ESZTER BAJNOK	LAST MEET: 6.06 meters (19 feet, 10.75 inches) @ ACC Indoor Champ.	SEASON BEST Indoor: 6.06m (19 ft., 10.75 in.)
2	Jumps • So. • Kethely, Hungary	NOTE: Clinched two new personal bests in the long jump and triple jump at the ACC Championships In the triple jump, finished first with a mark of	
	Top Mark Indoor • Top Mark Outdoor	12.93 meters (42 feet, 5.25 inches) Finished fifth in the long jump with a mark of 6.06 meters (19 feet, 10.75 inches).	Outdoor:
	LJ - 6.06m (19 ft., 10.75 in.) • TJ - 13.05m (42 ft., 9.75 in.)		
	CECILA MARENICK	LAST MEET:	SEASON BEST Indoor:
	Jumps • Fr. • High Point, N.C.	NOTE: Has yet to compete in the 2018 indoor Four-time all-conference and regional qualifier Three-time state qualifier Placed fourth at the	
	Top Mark Indoor • Top Mark Outdoor •	state championships in 2016 Regional champion in 2017. Won the coaches' award 2014, MVP Field 2015, MVP Field (Indoor 2016), MVP Track (Outdoor 2016), MVP Senior (Indoor 2017) and MVP Field (outdoor 2017).	Outdoor:
	EMILY MILLER	LAST MEET:	SEASON BEST
25	Multi-Events • r-So. • West Lawn, Pa	NOTE: Has yet to compete in the 2018 indoor Redshirted in the 2017 indoor and outdoor seasons Opened the 2017 outdoor season with a	Indoor:
	Top Mark Indoor • Top Mark Outdoor	personal-best time of 15.15 seconds in the 100-meter hurdles at the Hurricane livite Placed second in the heptathlon at the Liberty Invite with 4,117	Outdoor:
	Pentathlon - 3,120 pts. • Heptathlon - 4,117 pts.	points Recorded a personal-best long jump of 5.06 meters (16 ft., 7.25 in.)	
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	MATTHEW BAKER	LAST MEET: 400 meters - 49,81 @ ACC Indoor Champ.	SEASON BEST
	Sprints • So. • Leonardtown, Md.	NOTE: Ran a time of 49.81 seconds in the 400 meter prelims at the ACC Championships Finished fifth in the 400 meter with a time of 50.54 seconds	<u>Indoor:</u> 400m - 48.48
	Top Mark Indoor • Top Mark Outdoor	at the Roanoke Tune Up Ran a time of 50.07 in the 400 meter, and ran the third leg on the 4x400 meter relay team (3:13.41) that finished eighth at the Clemson Tiger Paw Invitational.	Outdoor:
	400m - 48.48 • 400m - 48.56		
	JARED BANE	LAST MEET: 200 meters - 21.37 @ ACC Indoor Champ.	SEASON BEST
	Sprints • Jr. • Herndon, Va.	NOTE: Clocked a personal-best time of 21.37 seconds in the 200 meter prelims at the ACC Championships Collected a second place finish in the	Indoor: 200m - 21.37 300m - 34.89 400m - 49.00
	Top Mark Indoor • Top Mark Outdoor	200 meter with a time of 21.86 seconds at the Roanoke Tune Up Ran a time of 21.72 in the 200 meter to place 17th and a time of 49.00 in the 400 meter at	Outdoor:
	200m - 21.37 • 200m - 21.39	the Clemson Tiger Paw Invitational.	<u>Outubor.</u>
	GREG CHILES	LAST MEET: 400 meters - 47.50 @ ACC Indoor Champ.	SEASON BEST
	Sprints/Hurdles • Sr. • Chesapeake, Va.	NOTE: Clocked a personal-best time of 21.04 in the 200 meter prelims at the ACC Championships and finished sixth in the finals with a time of 21.20	Indoor: 400m - 47.50 200m - 21.20 600m - 1.20.80
	Top Mark Indoor • Top Mark Outdoor	seconds. Also tallied a time of 47.50 in the 400 meter prelims and ran the first leg of the 4x400 meter relay team (3:09.33) that placed third.	Outdoor:
	400m - 46.98 • 400h - 50.39		<u>outdoon</u>
	ALEX DAVENPORT	LAST MEET: 60 hurdles - 8.25 @ ACC Indoor Champ.	SEASON BEST
	Sprints/Hurdles • Fr. • Glade Spring, Va.	NOTE: Dave Ran a personal best time of 8.25 seconds in the 60 meter hurdles prelims at	Indoor: 60h - 8.25 200m - 23.67 300m - 38.65
	Top Mark Indoor • Top Mark Outdoor	the ACC Championships Placed second in the 60 meter hurdles with a personal-best 8.39 seconds and finished 18th in the 200 meter with a time	Outdoor:
	60h - 8.25 •	of 23.79.	<u></u>
	MICHAEL DAVENPORT	LAST MEET: 200 meters - 21.44 @ ACC Indoor Champ.	SEASON BEST
	Sprints • So. • Winston-Salem, N.C.	NOTE: Tallied a time of 21.44 in the 200 meter prelims and ran the anchor leg of the 4x400 meter relay team (3:09.33) that placed third at the ACC	<u>Indoor:</u> 200m - 21.36 60m - 6.93 400m - 48.73
	Top Mark Indoor • Top Mark Outdoor	Championships Won the 200 meter at the Roanoke Tune Up with a time of 21.74 seconds.	
	60m - 6.92, 200m - 21.26 • 100m - 10.28, 200m - 20.97	21./4 seconds.	Outdoor:
	SAMUEL DENMARK	LAST MEET: 60 meters - 6.92 @ ACC Indoor Champ.	SEASON BEST Indoor: 60m - 6.92
	Sprints • Jr. • Huger, S.C.	NOTE: Collected a time of 6.92 seconds in the 60 meter dash prelims at the ACC Championships Finished third in the 60 meter dash with a time of 6.93	200m - 22.17
	Top Mark Indoor • Top Mark Outdoor	seconds and placed fifth in the 200 meter with a time of 22.25 at the Roanoke Tune Up Recorded a time of 7.08 seconds in the 60 meter sprint prelims	Outdoor:
	60m - 6.87, 20m - 22.17 • N/A	and a time of 22.48 in the 200 meter to place 30th at the Clemson Tiger Paw Invitational.	
	LAWRENCE HARRIS	LAST MEET: 60 meters - 6.78 @ Roanoke Tune-Up	SEASON BEST Indoor: 60m - 6.78
	Sprints • r-Sr. • Norfolk, Va.	NOTE: Only has outdoor eligibility, competing as an unattached athlete this indoor season Placed 15th in the 60 meter with a time 6.78 Tabbed 2017	200m - 21.87
	Top Mark Indoor • Top Mark Outdoor	USTFCCCA All-Region Indoor NCAA Division II in the 60-meters Earned 2016 USTFCCCA All-Region Outdoor NCAA Division II in the 4x100-meter relay.	Outdoor:
	60m - 6.78 • 100m - 10.60, 200m - 21.29		
	NATHAN HOGYE	LAST MEET: 400 meters - 50.70 @ Roanoke Tune-Up	<u>SEASON BEST</u> <u>Indoor:</u> 400m - 49.65
	Sprints • Jr. • Annandale, Va.	NOTE: Collected a time of 50.70 seconds in the 400 meter to finish sixth at the Roanoke Tune Up Ran a time of 22.83 seconds in the 200 meter to finish	200m - 22.83
	Top Mark Indoor • Top Mark Outdoor	30th and a personal-best 49.65 in the 400 meter to place 24th at the Clemson Bob Pollock Invitational. Also, ran the first leg of the 4x400-meter relay team	Outdoor:
A Y	200m - 22.83, 400m - 49.65 • N/A	(3:38.76) that finished 13th.	
	AUSTIN KOLKO	LAST MEET: 400 meters - 51.23 @ Roanoke Tune-Up	SEASON BEST Indoor: 400m - 50.20
	Sprints/Hurdles • r-Jr. • Vienna, Va.	NOTE: Collected a time of 51.23 seconds in the 400 meter to place seventh a the Roanoke Rune Up Clocked a time of 22.91 seconds in the 200 meter	200m - 22.91
	Top Mark Indoor • Top Mark Outdoor	to finish 31st and a 50.25 in the 400 meter to place 26th at the Clemson Bob Pollock Invitational. Also, ran the second leg of the 4x400-meter relay team	Outdoor:
ZY VI	400m - 49.74 • 400h - 52.86	(3:38.76) that finished 13th.	
	KEISHAUN LIMEHOUSE	LAST MEET: 60-meter hurdles - 8.27 @ ACC Indoor Champ.	SEASON BEST Indoor: 60m - 6.80
TIRELY .	Sprints/Hurdles • So. • Charleston, S.C.	NOTE: Ran a personal-best time of 7.88 in the 60 meter hurdles prelims before running a time of 8.27 seconds in the finals to place seventh at the ACC	200m - 21.81 60h - 7.91
	Top Mark Indoor • Top Mark Outdoor	Championships Collected a time of 6.83 in the 60 meter dash prelims and a time of 21.81 seconds in the 200 meter at the ACC Championships Won the 60 meter hurdles with a time of 8.05 seconds at the Roanoke Tune Up.	Outdoor:
		numeter nurgies with a time of 8.05 seconds at the Roangke Tune IIn	

NCAA Indoor Championships Sprints/Hurdles

JACK STROLLO	LAST MEET: 400 meters - 49.36 @ ACC Indoor Champ.	SEASON BEST Indoor: 400m - 49.07
Sprints • Jr. • Needham, Mass.	NOTE: Recorded a time of 49.36 seconds in the 400 meter prelims at the ACC Championships Ran a personal-best time of 49.07 seconds in the 400 meter to	200m - 22.43
Top Mark Indoor • Top Mark Outdoor	finish 20th at the Rod McCravy Memorial Clocked a personal-best time of 22.43 seconds to finish 31st in the 200 and ran a time of 49.27 in the 400 to place 20th at the Clemson Invitational.	Outdoor:
200m - 22.43, 400m - 49.07 • 400m - 48.83	the Cernson invitational.	
JOSEPH TAY	LAST MEET: 60 meters - 6.95 @ ACC Indoor Champ.	SEASON BEST Indoor: 60m - 6.88
Sprints • So. • Bristow, Va	NOTE: Recorded a time of 6.95 seconds in the 60 meter dash prelims at the ACC Championships Collected a personal-best time of 6.88 seconds in the	200m - 22.47
Top Mark Indoor • Top Mark Outdoor	60 meter dash to place second and finished seventh in the 200 meter with a time of 22.52 at the Roanoke Tune Up.	Outdoor:
60m - 6.88, 200m - 22.47 • 100m - 11.09, 200m - 22.59		
BRANDON THOMAS	LAST MEET: 400 meters - 48.17 @ ACC Indoor Champ.	SEASON BEST Indoor: 400m - 48.17
BRANDON THOMAS Sprints • So. • Richmond, Va.	NOTE: Recorded a time of 48.17 seconds in the 400 meter prelims at the ACC Championships Ran the second leg of the 4x400 meter relay team	Indoor: 400m - 48.17 200m - 22.06
	NOTE: Recorded a time of 48.17 seconds in the 400 meter prelims at the ACC Championships Ran the second leg of the 4x400 meter relay team (3:09.33) that finished third and ran on the distance medley relay team (9:38.31) that placed first at the ACC Championships Won the 400 meter	Indoor: 400m - 48.17
Sprints • So. • Richmond, Va.	NOTE: Recorded a time of 48.17 seconds in the 400 meter prelims at the ACC Championships Ran the second leg of the 4x400 meter relay team (3:09.33) that finished third and ran on the distance medley relay team	Indoor: 400m - 48.17 200m - 22.06
Sprints • So. • Richmond, Va. Top Mark Indoor • Top Mark Outdoor	NOTE: Recorded a time of 48.17 seconds in the 400 meter prelims at the ACC Championships Ran the second leg of the 4x400 meter relay team (3:09.33) that finished third and ran on the distance medley relay team (9:38.31) that placed first at the ACC Championships Won the 400 meter with a time of 48.52 seconds and ran on the distance medley relay team that placed third with a time of 9:57.38 at the Roanoke Tune Up. LAST MEET: 60m - 6.93, 200m - 22.03 @ ACC Indoor Champ.	Indoor: 400m - 48.17 200m - 22.06 Outdoor: SEASON BEST Indoor: 60m - 6.93
Sprints • So. • Richmond, Va. Top Mark Indoor • Top Mark Outdoor 200m - 22.06, 400m - 47.75 • 200m - 22.05, 400m - 47.24	NOTE: Recorded a time of 48.17 seconds in the 400 meter prelims at the ACC Championships Ran the second leg of the 4x400 meter relay team (3:09.33) that finished third and ran on the distance medley relay team (9:38.31) that placed first at the ACC Championships Won the 400 meter with a time of 48.52 seconds and ran on the distance medley relay team that placed third with a time of 9:57.38 at the Roanoke Tune Up. LAST MEET: 60m - 6.93, 200m - 22.03 @ ACC Indoor Champ. NOTE: Recorded a time of 6.93 seconds in the 60 meter dash prelims and a time of 21.94 seconds in the 200 meter prelims at the ACC Championships	Indoor: 400m - 48.17 200m - 22.06 Outdoor: SEASON BEST Indoor: 60m - 6.93 200m - 22.03
Sprints • So. • Richmond, Va. Top Mark Indoor • Top Mark Outdoor 200m - 22.06, 400m - 47.75 • 200m - 22.05, 400m - 47.24 DARIUS WATKINS	NOTE: Recorded a time of 48.17 seconds in the 400 meter prelims at the ACC Championships Ran the second leg of the 4x400 meter relay team (3:09.33) that finished third and ran on the distance medley relay team (9:38.31) that placed first at the ACC Championships Won the 400 meter with a time of 48.52 seconds and ran on the distance medley relay team that placed third with a time of 9:57.38 at the Roanoke Tune Up. LAST MEET: 60m - 6.93, 200m - 22.03 @ ACC Indoor Champ. NOTE: Recorded a time of 6.93 seconds in the 60 meter dash prelims and	Indoor: 400m - 48.17 200m - 22.06 Outdoor: SEASON BEST Indoor: 60m - 6.93

NCAA Indoor Championships Sprints/Hurdles

NCAA Indoor Ch	nampionsnips		Sprints/Hurdie
	COURTNEY BLANDEN	LAST MEET: 400 meters - 54.31 @ ACC Indoor Champ.	SEASON BEST Indoor: 60m - 7.52
	Sprints • Sr. • Weddington, N.C.	ACC Championships with a time of 23.74 Placed seventh in the finals with	200m - 23.84 400m - 54.31
	Top Mark Indoor • Top Mark Outdoor	a time of 23.84 Also competed in the 400-meter dash, placing tenth and finishing in 54.31 Was on the 4x400-meter relay at the ACC Championships,	Outdoor:
	200m - 23.60, 400m - 53.54 • 200m - 23.01, 400m - 52.24	running a leg on the squad that finished fourth with a time of 3:36.83.	
	SHANEL BURR	LAST MEET: 200 meters - 26.28 @ Roanoke Tune-Up	SEASON BEST Indoor: 200m - 26.28
	Sprints/Hurdles • Sr. • Kennesaw, Ga.	NOTE: Competed in the 60-meter hurdle at the Roanoke Tune Up, posting a time of 8.88 to finish first in preliminaries Advanced to the 60-meter hurdle	60h - 8.75
	Top Mark Indoor • Top Mark Outdoor	finals, finishing first with a time of 8.75 Also turned in a time of 26.28 in the 200-meter dash at the Roanoke Tune Up, placing fourth In the 200-meter	Outdoor:
	60h - 8.36, 200m - 25.09 • 100h - 13.61, 200m - 24.78	dash at the Clemson Bob Pollock Invitational, posted a time of 26.70.	
APW.	ARLICIA BUSH	LAST MEET: 400 meters - 54.68 @ ACC Indoor Champ.	SEASON BEST Indoor: 400m - 54.62
	Sprints • So. • Princeton, Ky.	NOTE: Participated in the preliminaries of the 400-meter dash in the ACC Championships, finishing with a time of 54.68 Also competed on the	200m - 24.98
	Top Mark Indoor • Top Mark Outdoor	4x400-meter relay squad who finished fourth with a time of 3:36.83 Was a member of the DMR team at the ACC Championships who finished first with	Outdoor:
	200m - 24.98, 400m - 54.54 • 200m - 24.56, 400m - 53.29	a time of 10:57.60.	
	KENNEDY DENNIS	LAST MEET: 60m - 7.40 @ ACC Indoor Champ.	SEASON BEST Indoor: 60m - 7.40
	Sprints • Fr. • Greenville, S.C.	NOTE: Competed in the preliminaries of the 60-meter dash at the ACC Championships, finishing with a time of 7.40, a new personal record Set	200m - 23.91
	Top Mark Indoor • Top Mark Outdoor	a new personal best in the 200-meter dash at the same event, finishing 12th behind a time of 23.91 Was a member of the 4x400-meter relay team that finished fourth with a time of 3:36.83 at the ACC Championships.	Outdoor:
	60m - 7.40 • N/A		
	ADIAH GHOLSTON	LAST MEET:	SEASON BEST Indoor:
	Sprints • Fr. • Blacksburg, Va.	NOTE: Has yet to compete in the 2018 indoor season Took second at the River Ridge Quad in the 400 meters Won the 800-meter run at the Tri-Cities Track Classic Finished sixth in the 800 meters at the VHSL 3A State Championship, after finishing first at the VSHL 3A West Regional.	<u>massi.</u>
	Top Mark Indoor • Top Mark Outdoor		Outdoor:
A PORT	•		
	NORA McKIVER	LAST MEET: 200m - 24.43 @ Roanoke Tune-Up	SEASON BEST Indoor: 200m - 24.43
9.9	Sprints/Hurdles • r-Sr. • High Point, N.C.	NOTE: Placed first in the 200-meter dash at the Roanoke Tune Up behind a time of 24.70 Also completed a leg of the distance medley run, finishing	400m - 56.81
	Top Mark Indoor • Top Mark Outdoor	second with a time of 11:25.51 Competed in the 200-meter dash at the Clemson Tiger Paw Invitational, finishing with a time of 24.45 Also set a	Outdoor:
	200m - 23.84 • 400h - 57.87	new personal best in the 400-meter dash with a time of 56.84.	
	CAITLAN TATE	LAST MEET: 60m - 7.40 @ ACC Indoor Champ.	SEASON BEST Indoor: 60m - 7.40
	Sprints • Fr. • Atlanta, Ga.	NOTE: Set a new personal record in the preliminaries of the 60-meter dash at the ACC Championships with a time of 7.38 to finish eighth Advanced	200m - 23.94
	Top Mark Indoor • Top Mark Outdoor	to the finals where she finished eighth with a time of 7.40 Also set a new personal best in the preliminaries of the 200-meter dash of the ACC Champi-	Outdoor:
A XI	60m - 7.40, 200m - 23.96 •	onships, finishing with a time of 23.94.	
	AMA-SELINA TCHUME	LAST MEET: 200 meters - 24.00 @ ACC Indoor Champ.	SEASON BEST Indoor: 200m - 24.00
	Sprints • Sr. • Raleigh, N.C.	NOTE: Competed in the preliminaries of the 200-meter dash at the ACC Championships, finishing with a time of 24.00 to set a new career best	
	Top Mark Indoor • Top Mark Outdoor	Finished second in the 200-meter dash at the Roanoke Tune Up with a time of 24.85 Also competed in the long jump, posting a length of 5.47 meters (17	Outdoor:
A PROPERTY.	200m - 24.00 • 200m - 23.82, 400m - 55.47	feet, 11.5 inches) to finish first	
	AMANDA THOMAS	LAST MEET: 600m - 1.33.69 @ Clemson Invitational	SEASON BEST Indoor: 600m - 1.33.69
	Sprints/Hurdles • So. • Chesapeake, Va.	NOTE: Ran the 400-meter dash in 57.88 seconds at the Clemson Invitational Also posted a new personal record in the 600 meter with a time of	400m - 57.88
	Top Mark Indoor • Top Mark Outdoor	1:33.69 to finish eighth Kicked off the season at the Nittany Lion Challenge in the 600-meter dash, finishing sixth with a time of 1:33.78. Competed in the	Outdoor:
R. W.	600m - 1:33.69 • 400m - 58.23, 400h - 1:03.90	400 at that same meet, placing 25th overall.	



	OWEN BUCK	LAST MEET: 800 meters - 1:54.66 @ Roanoke Tune-Up	SEASON BEST
950	Mid-Distance • So. • Seattle, Wash.	NOTE: Won the 800 meter with a time of 1:54.66 at the Roanoke Tune Up Tallied a time of 1:53.76 in the 800 meter at the Music City Challenge to	Indoor: 800m - 1:51.96
	Top Mark Indoor • Top Mark Outdoor	place 19th Placed sixth at the Camel City Invitational in the 800 meter with a time of 1:55.15 Clocked a time of 2:27.97 in the 1,000 meter to finish 15th	Outdoor:
	800m - 1:51.08 • 800m - 1:51.76	at the Liberty Kickoff.	
	VINCENT CIATTEI	LAST MEET: Mile - 4:03.08 @ ACC Indoor Champ.	SEASON BEST
9.00	Mid-Distance • r-Sr. • Baltimore, Md.	NOTE: Won the mile with a time of 4:03.08 and ran a personal-best time of	<u>Indoor:</u> Mile - 3:59.57 3,000m - 8:10.91
	Top Mark Indoor • Top Mark Outdoor	8:10.91 in the 3,000 meter at the ACC Championships Ran on the distance medley relay team that placed first with a time of 9:36.31 at the Roanoke Tune	Outdoor:
	Mile - 3:59.57 • 1,500m - 3:44.83	Up Finished fourth in the 800 at the Music City Challenge with a time of 1:51.07.	
408		LAST MEET: 800 meters - 1:53.76 @ Music City Challenge	SEASON BEST
	BEN FLEMING	NOTE: Clocked a time of 4:14.70 in the mile at the Liberty Kickoff Ran a	<u>Indoor:</u> Mile - 4:14.70
	Distance • Fr. • Blacksburg, Va.	time of 8:25.23 in the 3,000 meters at the Keydet Invitational.	Outdoor:
	Top Mark Indoor • Top Mark Outdoor		Outdoor:
	Mile - 4:14.70 •		CEACON DECT
	ANDREW GOLDMAN	LAST MEET: Mile - 4:09.85 @ ACC Indoor Champ.	SEASON BEST Indoor: Mile - 4:07.16
25	Distance • Jr. • Herndon, Va.	NOTE: Tallied a time of 4:09.85 in the mile prelims at the ACC Championships Ran on the distance medley relay team that placed third with a	<u>Indoor.</u> Mile - 4.07.10
	Top Mark Indoor • Top Mark Outdoor	time of 9:57.38 at the Roanoke Tune Up Recorded a personal-best time of 4:07.16 in the mile to finish fifth at the Music City Challenge Clocked a time	Outdoor:
	Mile - 4:07.16 • 1,500m - 3:47.33	of 1:57.14 to finish 17th in the 800 meter at the Camel City Invitational.	
	NEIL GOURLEY	LAST MEET: 800 meters - 1:47.04 @ ACC Indoor Champ.	SEASON BEST
	Mid-Distance • r-Sr. • Glasgow, Scotland	NOTE: Won the 800 meter with a personal-best time of 1:47.04 and ran on the distance medley relay team (9:38.31) that placed first at the ACC Cham-	<u>Indoor:</u> 800m - 1:47.04 Mile - 4:00.21
	Top Mark Indoor • Top Mark Outdoor	pionships Ran on the distance medley relay team that placed first with a time of 9:36.31 at the Roanoke Tune Up.	Outdoor:
	Mile - 4:00.21, 3,000m - 8:05.25 • 1,500m - 3:40.52		<u>Sutuosi.</u>
	WILL GRIFFEN	LAST MEET: 3,000 meters - 8:38.71 @ Music City Challange	SEASON BEST Indoor: 3,000m - 8:38.71
	Distance • Fr. • Elkins Park, Pa.	NOTE: Ran in the 3000 meters at the Keydet Invitational, clocking a time of 8:38.71.	<u> </u>
	Top Mark Indoor • Top Mark Outdoor		Outdoor:
	3,000m - 8:38.71 •		
	OSMAN HUMEIDA	LAST MEET: Mile - 4:23.39 @ Liberty Kickoff	SEASON BEST Indoor: 3,000m - 8:44.96
	Distance • Fr. • South Riding, Va.	NOTE: Ran a time of 8:44.96 in the 3,000 meters at the Keydet Invitational Tallied a time of 4:23.39 in the mile at the Liberty Kickoff.	3,000m 0.44.50
	Top Mark Indoor • Top Mark Outdoor		Outdoor:
	Mile - 4:23.39 •		
	DANIEL JASKOWAK	LAST MEET: Mile - 4:09.72 @ ACC Indoor Champ.	SEASON BEST Indoor: 3,000m - 8:19.70
The state of the s	Distance • r-Sr. • Grove City, Pa.	NOTE: Placed seventh in the mile with a time of 4:09.72 and ran on the distance medley relay team (9:38.31) that placed first at the ACC Championships	Mile - 4:09.72
	Top Mark Indoor • Top Mark Outdoor	Recorded a time of 8:19.70 in the 3,000 meter at the Music City Challenge to place 12th Ran a time of 2:26.15 in the 1,000 meter at the Liberty Kickoff	Outdoor:
	3,000m - 8:05.35 • 3,000s - 8:53.76	to place eighth.	
	PATRICK JOSEPH	LAST MEET: 800 meters - 1:47.47 @ ACC Indoor Champ.	SEASON BEST Indoor: 800m - 1:47.47
	Mid-Distance • r-Sr. • Leesburg, Va.	NOTE: Placed fourth in the 800 meter with a time of 1:47.47 and ran the third leg on the 4x400 meter relay team (3:09.33) that finished third at the ACC	Mile - 3:59.59
	Top Mark Indoor • Top Mark Outdoor	Championships Ran on the distance medley relay team that placed first with a time of 9:36.31 at the Roanoke Tune Up.	Outdoor:
	800m - 1:46.23, Mile - 3:59.59 • 800m - 1:46.47		
	JACK JOYCE	LAST MEET: 3,000 meters - 8:13.42 @ ACC Indoor Champ.	<u>SEASON BEST</u> <u>Indoor:</u> 3,000m - 8:12.99
	Distance • r-So. • Ashburn, Va.	NOTE: Tallied a time of 8:13.42 in the 3,000 meter to finish seventh at the ACC Championships Placed third in the 3,000 meter with a personal-best	
	Top Mark Indoor • Top Mark Outdoor	time of 8:12.99 at the Music City Challenge Won the 3,000 meter at the Camel City Invitational with a time of 8:14.88 Finished fifth in the mile at	Outdoor:
4	3,000m - 8:12.99, 5,000m - 14:32.94 • 5,000m - 14:17.40	the Liberty Kickoff with a personal-best time of 4:08.02.	

NCAA Indoor C	hampionships		Distance
_	BASHIR MOSAVEL-LO	LAST MEET: Mile - 4:10.17 @ Liberty Kickoff	<u>SEASON BEST</u> Indoor: 3,000m - 8:32.58
	Distance • Fr. • Richmond, Va.	NOTE: Tallied a time of 4:10.17 in the mile at the Liberty Kickoff Ran a time of 8:32.58 in the 3,000 meter at the Keydet Invitational.	Mile - 4:08.82
	Top Mark Indoor • Top Mark Outdoor		Outdoor:
A	3,000m - 8:32.58 •		
	BRENT MUSSELMAN	LAST MEET: 5,000 meters - 14:44.49 @ Music City Challenge	<u>SEASON BEST</u> <u>Indoor:</u> 5,000 - 14:44.49
	Distance • r-Jr. • Edgewater, Md.	NOTE: Placed 10th in the 5,000 meter with a time of 14:44.49 at the Music City Challenge Ran a time of 8:34.30 in the 3,000 meter to place 15th at the	
	Top Mark Indoor • Top Mark Outdoor	Camel City Invitational Clocked a personal-best time of 4:08.82 in the mile to place seventh at the Liberty Kickoff Tallied a time of 4:14.45 in the mile at	Outdoor:
	3,000m - 8:15.16, 5,000m - 14:18.69 • 5,000m - 14:32.36	the Keydet Invitational to finish seventh.	
	PETER SEUFER	LAST MEET: 5,000 meters - 13:55.40 @ ACC Indoor Champ.	SEASON BEST Indoor: 5,000m - 13:55.40
	Distance • r-So. • Lynchburg, Va.	NOTE: Placed third in the 3,000 meters and 5,000 meters at the ACC Championships, running personal-best times of 8:04.63 and 13:55.40 respectively	3,000m - 8:04.63
	Top Mark Indoor • Top Mark Outdoor	Won the 5,000 meter with a time of 14:15.60 at the Music City Challenge Tallied a time of 8:13.05 in the 3,000 meter to finish 11th at the Camel City	Outdoor:
	3,000m - 8:04.63, 5,000m - 13:55.40 • 5,000m - 13:53.92	Invitational.	
	FITSUM SEYOUM	LAST MEET: 3,000 meter - 8:55.33 @ ACC Indoor Champ.	<u>SEASON BEST</u> <u>Indoor:</u> 3,000m - 8:24.57
	Distance • r-Fr. • Leesburg, Va.	NOTE: Ran a personal-best time of 8:24.57 in the 3,000 meter at the Music City Challenge to finish 19th Tallied a time of 8:28.66 in the 3,000 meter to	Mile - 4:20.59
	Top Mark Indoor • Top Mark Outdoor	place eighth at the Camel City Invitational Clocked a time of 4:20.59 mile to finish ninth at the Keydet Invitational.	Outdoor:
	Mile - 4:16.88 • 3,000s - 9:11.74		
	WILLIAM SHAFFER	LAST MEET: 3,000 - 8:55.33 @ ACC indoor Champ.	SEASON BEST Indoor: Mile - 4:19.97
	Distance • r-Sr. • Madison, W.Va./Marshall	NOTE: Recorded a time of 8:55.33 in the 3,000 meters to finish 39th at the ACC Championships Tallied a time of 4:19.97 in the mile at the Liberty Kickoff to place 20th Ran a time of 8:48.34 in the 3,000 meter to finish 15th at the Keydet Invitational.	3,000m - 8:48.34
	Top Mark Indoor • Top Mark Outdoor		Outdoor:
	Mile - 4:19.97 • 3,000m - 9:32.75		
	THIERRY SIEWE YANGA	LAST MEET: 800 meter - 1:53.08 @ ACC Indoor Champ.	<u>SEASON BEST</u> <u>Indoor:</u> 1,000m - 2:27.07
	Distance • Fr. • Silver Spring, Md.	NOTE: Recorded a personal-best time of 1:53.08 in the 800 meter prelims and ran on the distance medley relay team (9:38.31) that placed first at the	800m - 1:53.08
	Top Mark Indoor • Top Mark Outdoor	ACC Championships Ran on the distance medley relay team that placed third with a time of 9:57.38 at the Roanoke Tune Up Clocked a time of	Outdoor:
Z X	800m - 1:53.08, 1,000m - 2:27.07 •	1:55.91 in the 800 meter at the Camel City Invitational to finish 13th.	
	DAVE WHITFIELD	LAST MEET: 800 meter - 1:55.00 @ Roanoke Tune-Up	SEASON BEST Indoor: 800m - 1:55.00
	Distance • Fr. • Upper Darby, Pa.	NOTE: Placed second in the 800 meter with a personal-best time of 1:55.00 at the Roanoke Tune Up Ran the anchor leg of the 4x400 meter	1,000m - 2:31.00
	Top Mark Indoor • Top Mark Outdoor	relay team (3:17.97) that placed 11th at the Music City Challenge Tallied a personal-best time of 1:57.09 in the 800 meter to finish 16th at the Camel City	Outdoor:
Mark Market	800m - 1:55.00 •	Invitational.	
	ZACHARY WITT	LAST MEET: Mile - 4:21.00 @ Liberty Kickoff	SEASON BEST Indoor: Mile - 4:21.00
	Distance • So. • Glen Allen, Va./Christopher Newport		
	Top Mark Indoor • Top Mark Outdoor	Invitational.	Outdoor:
	Mile - 4:12.00 •		
	DIEGO ZARATE	LAST MEET: Mile - 4:04.18 @ ACC Indoor Champ.	SEASON BEST Indoor: Mile - 4:03.55
	Distance • r-So. • Germantown, Md.	NOTE: Placed second in the mile with a time of 4:04.18 and recorded a time of 8:33.29 in the 3,000 meter at the ACC Championships Ran on the	3,000m - 8:18.05
	Top Mark Indoor • Top Mark Outdoor	distance medley relay team that placed third with a time of 9:57.38 at the Roanoke Tune Up.	Outdoor:
	Mile - 4:02.72 • 1,500m - 3:44.50	1	
		_	-

	LAURIE BARTON	LAST MEET: 800 meters - 2:03.72 @ ACC Indoor Champ.	SEASON BEST
	Mid-Distance • So. • Clemson, S.C.	NOTE: Finished fifth in the preliminaries of the 800-meter run in the ACC Championships with a time of 2:07.41 Set a new personal record in the	<u>Indoor:</u> 800m - 2:03.72 Mile - 4:46.24
	Top Mark Indoor • Top Mark Outdoor		Outdoor:
	800m - 2:03.72 • 800m - 2:05.09	with a time of 11:08.48.	
	LAUREN BERMAN	LAST MEET: 5,000 meters - 17:17.30 @ ACC Indoor Champ.	SEASON BEST
	Distance • r-So. • Fairfax, Va.	NOTE: Set a new personal best in the 3,000-meter run at the ACC Championships with a time of 9;36.30 Also competed in the 5,000-meter run,	Indoor: Mile - 4:50.38 5,000m - 16:37.56
	Top Mark Indoor • Top Mark Outdoor	completing the race in 17:17.30 Competed on a Tech team in the distance medley relay at the Roanoke Tune Up, finishing with an overall time of	3,000m - 9:36.30
	Mile - 4:50.38 • 5,000m - 16:49.42	11:25.51 to place second.	Outdoor:
	ELLA BREIDENSTINE	LAST MEET: 10,00 meters - 36:51.03 @ '17 Hokie Twilight	SEASON BEST
19.6%	Distance • r-Fr. • Hummelstown, Pa.	NOTE: Has yet to compete in the 2018 indoor season Ran as an unat- tached athlete in the 10,000 at the Hokie Twilight meet, placing first with	Indoor:
	Top Mark Indoor • Top Mark Outdoor	a time of 36:51.03 Took a redshirt season and ran as unattached athlete throughout the year Recorded a personal best in the 3,000-meter race at	Outdoor:
	3,000m - 10:25.00 • 10,000m - 36:51.03	the Virginia Tech Challenge, finishing in 10:25.00.	
	ELLIE BRUSH	LAST MEET: Mile - 5:06.41 @ ACC Indoor Champ.	SEASON BEST
	Distance • Fr. • Mason, Ohio	NOTE: Participated in the preliminaries of the mile run at the ACC Championships, finished with a time of 5:06.41 Took third in the mile at the Roa-	Indoor: Mile - 5:04.54 3,000m - 10:06.36
	Top Mark Indoor • Top Mark Outdoor	noke Tune Up with a time of 5:11.95 Set a new personal best for the second time this season in the mile with a time of 5:04.54 at the Music City Challenge.	Outdoor:
	Mile - 5:04.54, 3,000m - 10:06.36 •		
	LIZZIE BUCKLEY	LAST MEET:	SEASON BEST
	Distance • So. • Basking Ridge, N.J.	NOTE: Has yet to compete in the 2018 Indoor season Was a three-time letterwinner in cross country and track and field and a two-time letterwinner	Indoor:
	Top Mark Indoor • Top Mark Outdoor	Was a third-team all-state honoree Also earned first-team all-conference honors and second-team all-region honors Holds the school record in the	Outdoor:
	•	5K and the 2-mile runs.	
	SARAH EDWARDS	LAST MEET: 3,000 meters - 9:18.99 @ ACC Indoor Champ.	SEASON BEST
125	Distance • So. • Bellingham, Mass.	NOTE: Set a new career best in the 3,000-meter run at the ACC Champion- ships, finishing with a time of 9:18.99 and clinching second Also competed	Indoor: Mile - 4:42.31 3,000m - 9:18.99
	Top Mark Indoor • Top Mark Outdoor	ships, finishing with a time of 9:18.59 and clinching second Also competed on the DMR team that took first at the ACC Championships with a time of 10:57.60 Completed a leg of the distance medley run at the Roanoke Tune	Outdoor:
	3,000m - 9:18.99 • 3,000s - 9:52.89	Up to capture second behind a time of 11:25.51.	<u>Sutuson.</u>
	SARA FREIX	LAST MEET: 5,000m - 16:47.21 @ ACC Indoor Champ.	SEASON BEST
	Distance • So. • Centreville, Va.	NOTE: Competed in the 3,000-meter run at the ACC Championships, finishing with a time of 9:47.39 Also competed in the 5,000-meter run,	Indoor: Mile - 4:56.63 3,000m - 9:34.64 5,000m - 16:28.95
	Top Mark Indoor • Top Mark Outdoor	turning in a time of 16:47.21 to finish ninth Turned in a new career best in the 5,000-meter run at the Music City Challenge with a time of 16:28.95 to	Outdoor:
	3,000m - 9:34.64, 5,000m - 16:28.95 • 5,000m - 16:58.55	finish sixth.	
	KATIE KENNEDY	LAST MEET: Mile - 4:44.77 @ ACC Indoor Champ.	SEASON BEST Indoor: 800m - 2:09.35
	Distance • r-Jr. • Springfield, Va.	NOTE: Finished third in the preliminaries of the mile run at the ACC Championships with a time of 4:48.76 Advanced to the finals where she finished	Mile - 4:39.97 3,000m - 9:40.75
	Top Mark Indoor • Top Mark Outdoor	fourth, turning in a time of 4:44.77 Also competed in the 3,000-meter run at the ACC Championships, completing the race with a time of 9:59.98.	Outdoor:
	Mile - 4:39.97, 3,000m - 9:30.45 • 1,500m - 4:18.83		
	KATY LOBEDA	LAST MEET:	SEASON BEST Indoor:
	Distance • Fr. • Fairfax, Va.	NOTE: Has yet to compete in the 2018 indoor season Was the team captain for both cross country and indoor and outdoor track and field her senior	
	Top Mark Indoor • Top Mark Outdoor	season Was her team's MVP in cross country in her senior year Earned All-Group 6A honors in the 3,200 during both the indoor and outdoor track	Outdoor:
		and field seasons her senior year.	
	RACHEL POCRATSKY	LAST MEET: 800m - 2:03.17 @ ACC Indoor Champ.	SEASON BEST Indoor: 800m - 2:03.17
The state of the s	Distance • Jr. • Gaithersburg, Md.	NOTE: Finished third in the preliminaries of the 800-meter run at the ACC Championships with a time of 2:07.07 Advanced to the finals where she	1,000m - 2:41.98 Mile - 4:34.01
	Top Mark Indoor • Top Mark Outdoor	finished first and set a new personal record with a time of 2:03.17 Also competed on the DMR team that finished first with a time of 10:57.60.	Outdoor:
All Services	800m - 2:03.17, Mile - 4:34.01 • 800m - 2:02.67		

	SHANNON QUINN	LAST MEET: 800 meters - 2:10.44 @ ACC Indoor Champ.	SEASON BEST Indoor: 800m - 2:09.24
	Mid-Distance • Jr. • Camp Hill, Pa.	NOTE: Competed in the preliminaries of the 800-meter run at the ACC Championships, finishing with a time of 2:10.44 Was a member of the DMR	
	Top Mark Indoor • Top Mark Outdoor	squad that captured first place at the ACC Championships with a time of 10:57.60 Participated in the distance medley run at the Roanoke Tune Up,	Outdoor:
	800m - 2:09.24 • 800m - 2:09.52	completing a leg to finish in 11:25.51 and capturing second.	
	KAYLA RICHARDSON	LAST MEET: 5,000 meters - 17:39.15 @ ACC Indoor Champ.	SEASON BEST Indoor: 3,000m - 9:50.29
	Distance • So. • Blacksburg, Va.	NOTE: Competed in the 5,000-meter run at the ACC Championships, completing the race with a time of 17:59.15 Finished the 5,000-meter run at the	1,000m - 2:53.24
	Top Mark Indoor • Top Mark Outdoor	Music City Challenge with a time of 16:46.03 Turned in a time of 9:50.29 in the 3,000-meter run at the Camel City Invitational.	Outdoor:
XXXXX	Mile - 4:57.64, 3,000m - 9:38.32 • 3,000s - 10:11.89		
	EMILY SCHIESL	LAST MEET:	SEASON BEST
	Distance • Fr. • Burke, Va.	NOTE: Has yet to compete in the 2018 indoor season Garned all-state honors during her junior and senior years Also earned all-conference and all-region honors in cross country as a junior and senior Came in 10th at	Indoor:
	Top Mark Indoor • Top Mark Outdoor		Outdoor:
	• •	the Group 6A state meet as a senior in 2016 Ran the course in 18:57 to help her Lake Braddock High School team win the state championship.	
	CATHERINE STONE	LAST MEET: 800 meters - 2:22.10 @ '17 Virginia Challenge	SEASON BEST Indoor:
	Mid-Distance • So. • Vienna, Va.	NOTE: Has yet to compete in the 2018 indoor season Competed in the 800-meter run at both the Tennessee Relays and the Virginia Challenge,	
	Top Mark Indoor • Top Mark Outdoor	earning a lifetime-best time of 2:13.78 at the Tennessee Relays Also was a member of the school-record breaking 4x800-meter relay team at that same	Outdoor:
	800m - 2:08.88 • 800m - 2:13.78	meet, placing second overall with a time of 8:47.24.	
	AMANDA SWAAK	LAST MEET: 5,000 meters - 17:34.11 @'17 Hokie Twilight	SEASON BEST Indoor:
	Distance • Jr. • Vienna, Va.	NOTE: Has yet to compete in the 2018 indoor season Ran a career best in the 1,500 at the Virginia Grand Prix, finishing in 4:47.66 for 11th place	
	Top Mark Indoor • Top Mark Outdoor	Competed in the 5,000 at both the Tennessee Relays and the Hokie Twilight meet, placing 13th overall with a personal-best time of 17:06.38 at the	Outdoor:
	3,000m - 10:14.41 • 5,000m - 17:06.38	Tennessee Relays.	





60m (School Record: 6.57, Darrell Wesh, 2013)

Athlete	Year	Time	Meet	Meet Date	Place
Lawrence Harris (unattached)	r-Sr.	6.78 (p)	Tiger Paw Invitational	2/9	15th
		6.82	Roanoke Tune-Up	2/16	1st
		6.90 (q)	Tiger Paw Invitational	2/9	Q
		6.92 (p)	Roanoke Tune-Up	2/16	Q
Keishaun Limehouse	So.	6.80 (p)	Clemson Invitational	1/19	Q
		6.83 (p)	ACC Indoor Championships	2/23	10th
		6.85	Clemson Invitational	1/19	8th
Joseph Tay	So.	6.88	Roanoke Tune-Up	2/16	2nd
		6.94 (p)	Roanoke Tune-Up	2/17	Q
		6.93 (q)	Tiger Paw Invitational	2/9	17th
		6.96 (p)	Rod McCravy Invitational	2/3	Q
		6.98	Rod McCravy Invitational	2/3	7th
		6.99 (p)	Clemson Invitational	1/19	17th
Samuel Denmark	r-So.	6.92 (p)	ACC Indoor Championships	2/23	20th
		6.93	Roanoke Tune-Up	2/16	3rd
		6.95 (p)	Roanoke Tune-Up	2/16	Q
		7.00 (p)	Rod McCravy Invitational	2/3	Q
		7.01	Rod McCravy Invitational	2/3	8th
		7.08 (q)	Tiger Paw Invitational	2/9	26th
Michael Davenport	So.	6.93	Nittany Lion Challenge	1/13	7th
•		6.96 (p)	Nittany Lion Challenge	1/13	Q
		6.98 (p)	Clemson Invitational	1/19	16th
Darius Watkins	r-Jr.	6.93 (p)	ACC Indoor Championships	2/23	21st
		6.96	Roanoke Tune-Up	2/16	4th
		6.99 (p)	Roanoke Tune-Up	2/16	Q
		7.06 (p)	Clemson Invitational	1/19	18th
		7.08 (p)	Nittany Lion Challenge	1/13	13th
		7.13 (p)	Bob Pollack Invitational	1/26	15th
Jaelyn Demory	r-Fr.	7.08 (p)	Roanoke Tune-Up	2/16	Q
Mackenzie Muldoon	r-Jr.	7.32 (p)	Bob Pollack Invitational	1/26	20th
		7.32 (p)	Gladstein Invitational	1/19	16th





300m (School Record: 33.58, Jonathan McCants, 2013)

Athlete	Year	Time	Meet	Meet Date	Place
Michael Davenport	So.	34.23	Nittany Lion Challenge	1/13	2nd
Brandon Thomas	So.	34.51	Nittany Lion Challenge	1/13	5th
Keishaun Limehouse	So.	34.63	Nittany Lion Challenge	1/13	6th
Jared Bane	Jr.	34.89	Nittany Lion Challenge	1/13	8th
Matthew Manilli	Fr.	35.14	Nittany Lion Challenge	1/13	10th
Alex Davenport	Fr.	38.65	Nittany Lion Challenge	1/13	20th

400m (School Record: 46.98, Greg Chiles, 2017)

Athlete	Year	Time	Meet	Meet Date	Place
Greg Chiles	Sr.	47.73	Clemson Invitational	1/19	3rd
		47.76	Tiger Paw Invitational	2/9	18th
		47.87	Rod McCravy Invitational	2/3	7th
Brandon Thomas	So.	48.17	Rod McCravy Invitational	2/3	10th
		48.40	Tiger Paw Invitational	2/9	32nd
		48.52	Roanoke Tune-Up	2/16	1st
		48.63	Clemson Invitational	1/19	7th
Matt Baker	So.	48.48	Rod McCravy Invitational	2/3	14th
		50.07	Tiger Paw Invitational	2/9	48th
		50.54	Roanoke Tune-Up	2/16	5th
Michael Davenport	So.	48.73	Rod McCravy Invitational	2/3	17th
•		48.89	Tiger Paw Invitational	2/9	42nd
		49.17	Nittany Lion Challenge	1/13	5th
		49.30	Clemson Invitational	1/19	15th
lared Bane	Jr.	49.00	Tiger Paw Invitational	2/9	44th
		49.27	Clemson Invitational	1/19	13th
lack Strollo	Jr.	49.07	Rod McCravy Invitational	2/3	20th
		49.27	Clemson Invitational	1/19	13th
		49.56	Nittany Lion Challenge	1/13	9th
		DNF	Roanoke Tune-Up	2/16	
Matthew Manilli	Fr.	49.35	Gladstein Invitational	1/19	6th
Nathan Hogye	Jr.	49.65	Bob Pollack Invitational	1/26	12th
		49.98	Nittany Lion Challenge	1/13	11th
		50.70	Roanoke Tune-Up	2/16	6th
		51.24	Clemson Invitational	1/19	19th
Austin Kolko	r-Jr.	50.20	Nittany Lion Challenge	1/13	14th
		50.25	Bob Pollack Invitational	1/26	14th
		51.23	Roanoke Tune-Up	2/16	7th
		51.25	Clemson Invitational	1/19	20th
Darius Watkins	r-Jr.	50.84	Nittany Lion Challenge	1/13	16th

500m (School Record: 1:03.32, Adam Jury, 2004)

Athlete Year Time Meet Meet Date Place

600m (School Record: 1:17.26, Drew Piazza, 2017)

AthleteYearTimeMeetMeetDatePlaceGreg ChilesSr.1:20.80Nittany Lion Challenge1/135th





800m (School Record: 1:46.23, Patrick Joseph, 2017)

Athlete	Year	Time	Meet	Meet Date	Place
Patrick Joseph	r-Sr.	1:49.40	Music City Challenge	2/10	1st
Neil Gourley	r-Sr.	1:49.57	Music City Challenge	2/10	2nd
Vincent Ciattei	r-Sr.	1:51.07	Music City Challenge	2/10	4th
Diego Zarate	r-So.	1:51.96	Music City Challenge	2/10	8th
Owen Buck	So.	1:53.76	Music City Challenge	2/10	19th
		1:54.66	Roanoke Tune-Up	2/16	1st
		1:55.15	Camel City Invitational	2/2	6th
Thierry Siewe Yanga	Fr.	1:55.32	Keydet Invitational	1/20	4th
		1:55.91	Camel City Invitational	2/2	13th
Dave Whitfield	Fr.	1:55.00	Roanoke Tune-Up	2/16	2nd
		1:57.09	Camel City Invitational	2/2	16th
		1:59.33	Keydet Invitational	1/20	12th
		DNF	Music City Challenge	2/10	
Andrew Goldman	Jr.	1:57.14	Camel City Invitational	2/2	17th

1,000m (School Record: 2:20.54, Neil Gourley, 2017)

Athlete	Year	Time	Meet	Meet Date	Place	•
Neil Gourley	r-Sr.	2:21.89	Liberty Kickoff		1/27	1st
Patrick Joseph	r-Sr.	2:22.30	Liberty Kickoff		1/27	2nd
Vincent Ciattei	r-Sr.	2:22.81	Liberty Kickoff		1/27	3rd
Daniel Jaskowak	r-Sr.	2:26.15	Liberty Kickoff		1/27	8th
Diego Zarate	r-So.	2:26.68	Liberty Kickoff		1/27	9th
Thierry Siewe Yanga	Fr.	2:27.07	Liberty Kickoff		1/27	11th
Owen Buck	So.	2:27.97	Liberty Kickoff		1/27	15th
Dave Whitfield	Fr.	2:31.00	Liberty Kickoff		1/27	21st

1,500m (School Record: 3:40.71, Michael Hammond, 2011)

Athlete Year Time Meet Meet Place

1 Mile (School Record: 3:58.41, Michael Hammond, 2011)

Athlete	Year	Time	Meet	Meet Date	Place
Vincent Ciattei	r-Sr.	3:59.57	Camel City Elite	2/3	5th
Patrick Jospeh	r-Sr.	3:59.59	Camel City Elite	2/3	6th
Neil Gourley	r-Sr.	4:00.21	Camel City Elite	2/3	7th
Diego Zarate	r-So.	4:03.55	Camel City Elite	2/3	9th
Daniel Jaskowak	r-Sr.	4:07.48	Keydet Invitational	1/20	3rd
Jack Joyce	r-So.	4:08.02	Liberty Kickoff	1/27	5th
		4:08.67	Keydet Invitational	1/20	4th
Brent Musselman	r-Jr.	4:08.82	Liberty Kickoff	1/27	7th
		4:14.45	Keydet Invitational	1/20	7th
Andrew Goldman	Jr.	4:07.16	Music City Challenge	2/9	5th
		4:08.83	Liberty Kickoff	1/27	8th
Peter Seufer	r-So.	4:09.92	Liberty Kickoff	1/27	9th
		4:12.31	Keydet Invitational	1/20	6th
Bashir Mosavel-Lo (unattached)	Fr.	4:10.17	Liberty Kickoff	1/27	10th
Ben Fleming (unattached)	Fr.	4:14.70	Liberty Kickoff	1/27	12th
William Shaffer	r-Sr.	4:19.97	Liberty Kickoff	1/27	20th
Owen Buck	So.	4:20.49	Keydet Invitational	1/20	8th
Fitsum Seyoum	r-Fr.	4:20.59	Keydet Invitational	1/20	5th
		DNF	Liberty Kickoff	1/27	
Zachary Witt (unattached)	So.	4:21.00	Liberty Kickoff	1/27	21st
Osman Humeida (unattached)	Fr.	4:23.39	Liberty Kickoff	1/27	27th





3,000m (School Record: 7:52.54, Will Mulherin, 2013)

Athlete	Year	Time	Meet	Meet Date	Place
Jack Joyce	r-So.	8:12.99	Music City Challenge	2/10	3rd
•		8:14.88	Camel City Invitational	2/2	1st
Patrick Joseph	r-Sr.	8:13.04	Keydet Invitational	1/20	1st
Peter Seufer	r-So.	8:13.05	Camel City Elite	2/3	11th
Vincent Ciattei	r-Sr.	8:14.86	Keydet Invitational	1/20	2nd
Neil Gourley	r-Sr.	8:16.63	Keydet Invitational	1/20	3rd
Diego Zarate	r-So.	8:18.05	Keydet Invitational	1/20	4th
Daniel Jaskowak	r-Sr.	8:19.70	Music City Challenge	2/10	12th
Fitsum Seyoum	r-Fr.	8:24.57	Music City Challenge	2/10	19th
•		8:28.66	Camel City Invitational	2/2	8th
Ben Fleming (unattached)	Fr.	8:25.23	Keydet Invitational	1/20	6th
Bashir Mosavel-Lo (unattached)	Fr.	8:32.58	Keydet Invitational	1/20	8th
Brent Musselman	r-Jr.	8:34.30	Camel City Invitational	2/2	15th
Will Griffen (unattached)	Fr.	8:38.71	Keydet Invitational	1/20	10th
Zachary Witt (unattached)	So.	8:39.73	Keydet Invitational	1/20	11th
Andrew Goldman	Jr.	8:42.65	Keydet Invitational	1/20	12th
		DNF	Camel City Invitational	2/2	
Osman Humeida (unattached)	Fr.	8:44.96	Keydet Invitational	1/20	14th
William Shaffer	r-Sr.	8:48.34	Keydet Invitational	1/20	15th

5,000m (School Record: 13:37.10, Thomas Curtin, 2016)

Athlete	Year	Time	Meet	Meet Date	Place
Peter Seufer	r-So.	14:15.60	Music City Challenge	2/9	1st
Brent Musselman	r-Jr.	14:44.49	Music City Challenge	2/9	10th

60m Hurdles (School Record: 7.77, Jeff Artis-Gray, 2013)

Athlete	Year	Time	Meet	Meet Date	Place
Keishaun Limehouse	So.	7.91	Nittany Lion Challenge	1/13	1st
		7.97 (p)	Clemson Invitational	1/19	Q
		8.02 (p)	Tiger Paw Invitational	2/9	8th
		8.04	Rod McCravy Invitational	2/3	5th
		8.05	Clemson Invitational	1/19	5th
		8.05	Roanoke Tune-Up	2/16	1st
		8.06 (q)	Tiger Paw Invitational	2/9	Q
		8.06 (p)	Rod McCravy Invitational	2/3	Q
		8.09 (p)	Nittany Lion Challenge	1/13	Q
		8.18 (p)	Roanoke Tune-Up	2/16	Q
Mackenzie Muldoon	r-Jr.	8.39 (p)	Bob Pollack Invitational	1/26	11th
		8.46 (p)	Gladstein Invitational	1/19	Q
		8.53	Gladstein Invitational	1/19	7th
Alex Davenport	Fr.	8.39	Roanoke Tune-Up	2/16	2nd
		8.48 (p)	Roanoke Tune-Up	2/16	Q
		8.53 (p)	Clemson Invitational	1/19	10th
		8.60 (p)	Rod McCravy Invitational	2/3	13th
		8.61 (p)	Nittany Lion Challenge	1/13`	9th
Jaelyn Demory	r-Fr.	8.59	Roanoke Tune-Up	2/16	3rd
		8.63 (p)	Roanoke Tune-Up	2/16	Q
Matthew Manilli	Fr.	8.78 (p)	Nittany Lion Challenge	1/13	13th
		8.81 (p)	Roanoke Tune-Up	2/16	Q
		8.86	Roanoke Tune-Up	2/16	6th
		8.97 (p)	Bob Pollack Invitational	1/26	15th

4x400m (School Record: 3:11.11, Chiles, Thomas, Piazza, Davenport, 2017)

Time	Athletes	Meet	Meet Date	Place
3:13.41	Chiles, Thomas, Baker, Davenport	Tiger Paw Invitational	2/10	8th
3:15.22	Chiles, Thomas, Baker, Davenport	Nittany Lion Challenge	1/13	5th
3:15.31	Chiles, Thomas, Baker, Davenport	Rod McCravy Invitational	2/3	6th
3:20.64	Hogye, Kolko Strollo, Watkins	Nittany Lion Challenge	1/13	9th







Time Athletes Meet Meet Date Place

Distance Medlev Relay (School Record: 9:30.24, Judge, Vaughn, Witt, Berlin, 2009)

Dictarioe Wiedley Heray	(Odinoon neodora. O	.oo.z 1, saage, vaagiiii, vviit, Beiiiii,	2000)	
Time	Athletes	Meet	Meet Date	Place
9:36.31	Gourley, Chiles, Joseph, Ciattei	Roanoke Tune-Up	2/16	1st
9:57.38	Zarate, Thomas, Siewe Yanga, Goldman	Roanoke Tune-Up	2/16	3rd

High Jump (School Record: 7 ft., 5 in., 2.26m, Ronnie Black, 2013)

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Athlete	Year	English	Metric	Meet	Meet Date	Place
Will Kendall	r-Jr.	6 ft., 7 in.	J2.01m	Nittany Lion Challenge	1/13	7th
		6 ft., 4.75 in. N	IH 1.95m NH	Tiger Paw Invitational	2/10	
James Carver	Jr.	6 ft., 5.5 in.	1.97m	Roanoke Tune-Up	2/16	1st
		6 ft., 4.75 in.	1.95m	Akron Invitational	2/3	3rd
		6 ft., 4.75 in. N	IH 1.95m NH	Tiger Paw Invitational	2/10	
Matthew Manilli	Fr.	6 ft., 1.5 in.	1.87m	Roanoke Tune-Up	2/16	3rd
William Kendall	r-Jr.	5 ft., 7.5 in. NH	1 1.67m NH	Roanoke Tune-Up	2/16	

Pole Vault (School Record: 18 ft., 7 in., 5.66m, Deakin Volz, 2017)

Athlete	Year	English	Metric	Meet	Meet Date	
Deakin Volz	Jr.	18 ft., 0 in.	5.49m	Bob Pollack Invitational	1/26	1st
		17 ft., 11.25 in.	5.47m	Nittany Lion Challenge	1/13	1st
		17 ft., 9 in.	5.41m	Gladstein Invitational	1/19	2nd
		17 ft., 9 in.	5.41m	Tyson Invitational	2/9	7th
		17 ft., 6.5 in.	5.35m	Akron Invitational	2/2	3rd
Torben Laidig	r-Sr.	17 ft., 9 in.	5.47m	Tyson Invitational	2/9	5th
_		16 ft., 10 in.	5.13m	Bob Pollack Invitational	1/26	4th
Joel Leon Benitez	Fr.	17 ft., 7.25 in.	5.37m	Nittany Lion Challenge	1/13	2nd
		17 ft., 3 in.	5.26m	Gladstein Invitational	1/19	4th
		16 ft., 10.75 in.	5.15m	Tyson Invitational	2/9	2nd
Jaelyn Demory	r-Fr.	15 ft., 5.5 in.	4.71m	Gladstein Invitational	1/19	9th
		14 ft., 10.25 in.	4.53m	Bob Pollack Invitational	1/27	11th
		14 ft., 10 in.	4.52m	Nittany Lion Challenge	1/13	5th
		14 ft., 9 in.	4.50m	Akron Invitational	2/2	10th
Mackenzie Muldoon	r-Jr.	14 ft., 1.25 in.	4.30m	Roanoke Tune-Up	2/16	3rd

Long Jump (School Record: 25 ft., 10 in., 7.87m, Jeff Artis-Gray, 2013)

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Athlete	Year	English	Metric	Meet	Meet Date	Place
James Holt	So.	22 ft., 7.5 in.	6.90m	Bob Pollack Invitational	1/26	8th
		22 ft., 3.5 in.	6.79m	Roanoke Tune-Up	2/16	2nd
		22 ft., 1.75 in.	6.75m	Nittany Lion Challenge	1/13	8th
		21 ft., 5.5 in.	6.54m	Akron Invitational	2/3	10th
		20 ft., 10.5 in.	6.36m	Tiger Paw Invitational	2/9	24th
Matthew Manilli	Fr.	22 ft., 6.5 in.	6.87m	Gladstein Invitational	1/20	5th
Mackenzie Muldoon	r-Jr.	22 ft., 1 in.	6.73m	Gladstein Invitational	1/20	8th
Jaelvn Demory	r-Fr.	20 ft., 3 in.	6.17m	Tiger Paw Invitational	2/9	27th

Triple Jump (School Record: 54 ft., 6 in., 16.61m, Manuel Ziegler, 2015)

Athlete	Year	English	Metric	Meet	Meet Date	
James Carver	Jr.	46 ft., 8.25 in.	14.23m	Roanoke Tune-Up	2/16	1st
		46 ft., 4.25 in.	14.13m	Akron Invitational	2/3	6th

Shot Put (School Record: 62 ft., 11.25 in., 19.18m, Justin Clickett, 2007)

Athlete Year English Metric Meet Date

Weight Throw (School Record: 77 ft., 10.25 in., 23.73m, Spyridon Jullien, 2006)

Athlete Year English Metric Meet Meet Date







Heptathlon (School Record: 5,282 points, Rene Stauss, 2011)

Athlete Year Points Meet

Atniete	rear	Points	weet	weet Date
Mackenzie Muldoon	r-Jr.	5,058	Akron Invitational	2/2-3 4th
Matthew Manilli	Fr.	4,814	Akron Invitational	2/2-3 11th





60m (School Record: 7.26, Funmi Alabi, 2011)

Athlete	Year	Time	Meet	Meet Date	Place
Caitlan Tate	Fr.	7.38 (p)	ACC Indoor Championships	2/23	Q
		7.40	ACC Indoor Championships	2/24	8th
		7.40 (p)	Tiger Paw Invitational	2/9	13th
		7.43	Rod McCravy Invitational	2/3	3rd
		7.43 (p)	Rod McCravy Invitational	2/3	Q
		7.46 (q)	Tiger Paw Invitational	2/9	Q
		7.46	Roanoke Tune-Up	2/16	1st
		7.47 (p)	Clemson Invitational	1/19	9th
		7.48	Nittany Lion Challenge	1/13	2nd
		7.51 (p)	Nittany Lion Challenge	1/13	Q
		7.54 (p)	Roanoke Tune-Up	2/16	Q
Kennedy Dennis	Fr.	7.40	ACC Indoor Championships	2/23	9th
		7.44	Clemson Invitational	1/19	7th
		7.45 (p)	Clemson Invitational	1/19	Q
		7.45 (p)	Tiger Paw Invitational	2/9	15th
		7.51 (p)	Rod McCravy Invitational	2/3	Q
		7.53 (q)	Tiger Paw Invitational	2/9	Q
		7.53	Roanoke Tune-Up	2/16	2nd
		7.55 (p)	Roanoke Tune-Up	2/16	Q
		7.56	Rod McCravy Invitational	2/3	6th
		7.57	Nittany Lion Challenge	1/13	4th
		7.57 (p)	Nittany Lion Challenge	1/13	Q
Courtney Blanden	Sr.	7.52	Nittany Lion Challenge	1/13	3rd
		7.60 (p)	Nittany Lion Challenge	1/13	Q
Ama-Selina Tchume	Sr.	7.68	Rod McCravy Invitational	2/3	11th

200m (School Record: 23.60, Courtney Blanden, 2017)

Athlete	Year	Time	Meet	Meet Date	Place
Courtney Blanden	Sr.	23.74 (p)	ACC Indoor Championships	2/23	Q
		23.84	ACC Indoor Championships	2/24	7th
		24.17	Tiger Paw Invitational	2/10	23rd
Kennedy Dennis	Fr.	23.91 (p)	ACC Indoor Championships	2/23	12th
		24.25	Clemson Invitational	1/20	10th
		24.28	Rod McCravy Invitational	2/3	8th
		24.30	Tiger Paw Invitational	2/10	25th
Caitlan Tate	Fr.	23.94 (p)	ACC Indoor Championships	2/23	13th
		23.96	Tiger Paw Invitational	2/10	17th
		24.10	Rod McCravy Invitational	2/3	6th
		24.49	Clemson Invitational	1/20	16th
Ama-Selina Tchume	Sr.	24.00 (p)	ACC Indoor Championships	2/23	15th
		24.45	Tiger Paw Invitational	2/10	27th
		24.64	Rod McCravy Invitational	2/3	12th
		24.85	Roanoke Tune-Up	2/16	2nd
		25.03	Clemson Invitational	1/20	22nd
Nora McKiver	r-Sr.	24.43	Clemson Invitational	1/20	14th
		24.45	Tiger Paw Invitational	2/10	26th
		24.70	Roanoke Tune-Up	2/16	1st
		DNF (p)	ACC Indoor Championships	2/23	
Arlicia Bush	So.	24.98	Clemson Invitational	1/20	21st
Shanel Burr	Sr.	26.28	Roanoke Tune-Up	2/16	4th
		26.70	Bob Pollack Invitational	1/26	42nd
		26.97	Clemson Invitational	1/20	38th

300m (School Record: 37.93, Britni Spruill, 2008)

Athlete	Year	Time	Meet	Meet Date	Place
Courtney Blanden	Sr.	38.58	Nittany Lion Challenge	1/13	1st
Caitlan Tate	Fr.	38.62	Nittany Lion Challenge	1/13	2nd
Nora McKiver	r-Sr.	39.17	Nittany Lion Challenge	1/13	4th
Arlicia Bush	So.	39.39	Nittany Lion Challenge	1/13	6th
Kennedy Dennis	Fr.	39.84	Nittany Lion Challenge	1/13	7th
Ama-Selina Tchume	Sr.	39.31	Nittany Lion Challenge	1/13	8th



Place

Meet Date



Athlete

2018 Women's Indoor Track & Field Performance List



	500m ('School	Record:	1:11.49.	Asia	Washington,	2010))
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Time

Year

600m (School Re	cord: 1:27.3	89, Hanna	Green, 2017)		
Athlete	Year	Time	Meet	Meet Date	Place
Amanda Thomas	So.	1.33.69	Clemson Invitational	1/20	7th
		1:33.78	Nittany Lion Challenge	1/13	6th

Meet

800m (School Record: 2:02.13, Hanna Green, 2017)

Athlete	Year	Time	Meet	Meet Date	Place
Racehl Pocratsky	Jr.	2:05.06	Camel City Elite	2/3	3rd
Laurie Barton	So.	2:08.23	Camel City Elite	2/3	7th
		2:12.71	Keydet Invitational	1/20	1st
Shannon Quinn	Jr.	2:09.24	Music City Challenge	2/10	7th
		2:10.66	Camel City Invitational	2/2	3rd
		2:13.48	Keydet Invitational	1/20	2nd
Katie Kennedy	r-Jr.	2:09.35	Music City Challenge	2/10	8th
Alyssa Shupe	Jr.	2:18.06	Keydet Invitational	1/20	7th
		2:22.82	Camel City Invitational	2/2	23rd
Ellie Brush	Fr.	2:20.79	Keydet Invitational	1/20	12th

1,000m (School Record: 2:41.98, Rachel Pocratsky, 2018)

Athlete	Year	Time	Meet	Meet Date	Place
Rachel Pocratsky	Jr.	2:41.98	Liberty Kickoff	1/27	1st
Sarah Edwards	So.	2:45.45	Liberty Kickoff	1/27	2nd
Katie Kennedy	r-Jr.	2:47.93	Liberty Kickoff	1/27	3rd
Laurie Barton	So.	2:48.00	Liberty Kickoff	1/27	4th
Kayla Richardson	So.	2:53.24	Liberty Kickoff	1/27	6th
Alyssa Shupe	Jr.	2:58.99	Liberty Kickoff	1/27	11th

1,500m (School Record: 4:15.34, Shannon Morton, 2016)

Athlete	Year	Time	Meet	Meet Date	Place

Mile (School Record: 4:35.74, Shannon Morton, 2016)

Athlete	Year	Time	Meet	Meet Date	Place
Rachel Pocratsky	Jr.	4:34.01	Music City Challenge	2/10	1st
-		4:44.83	Keydet Invitational	1/20	1st
Katie Kennedy	r-Jr.	4:39.97	Camel City Elite	2/3	5th
Sarah Edwards	So.	4:42.31	Music City Challenge	2/10	3rd
		4:46.81	Keydet Invitational	1/20	2nd
Laurie Barton	So.	4:46.24	Music City Challenge	2/10	7th
Lauren Berman	r-So.	4:50.38	Keydet Invitational	1/20	5th
		4:51.71	Liberty Kickoff	1/27	1st
Sara Freix	So.	4:56.63	Liberty Kickoff	1/27	3rd
		5:01.21	Keydet Invitational	1/20	8th
Kayla Richardson	So.	5:02.36	Keydet Invitational	1/20	9th
Ellie Brush	Fr.	5:04.54	Music City Challenge	2/10	29th
		5:05.03	Liberty Kickoff	1/27	5th
		5:11.95	Roanoke Tune-Up	2/16	3rd

3,000m (School Record: 9:01.57, Tasmin Fanning, 2008)

Athlete	Year	Time	Meet	Meet Date	Place
Sarah Edwards	So.	9:20.46	Camel City Elite	2/3	9th
Sara Freix	So.	9:34.64	Camel City Invitational	2/2	1st
Katie Kennedy	r-Jr.	9:40.75	Keydet Invitational	1/20	2nd
Kayla Richardson	So.	9:50.29	Camel City Invitational	2/2	13th
Ellie Brush	Fr.	10:06.36	Camel City Invitational	2/2	7th







5.000m (School	Record:	16:13.85,	Courtne	/ Dobbs.	2014)

Athlete	Ye	ear Time	Meet	Meet Date	Place
Sara Freix	So.	16:28.95	Music City Challenge	2/9	6th
Lauren Berman	r-So.	16:37.56	Music City Challenge	2/9	13th
Kayla Richardson	So.	16:46.03	Music City Challenge	2/9	14th

60m Hurdles (School Record: 7.94, Queen Harrison, 2010)

Athlete	Year	Time	Meet	Meet Date	Place
Shanel Burr	Sr.	8.75	Roanoke Tune-Up	2/16	1st
		8.88 (p)	Roanoke Tune-Up	2/16	Q
		8.98 (p)	Bob Pollack Invitational	1/26	9th
		9.20 (p)	Clemson Invitational	1/19	19th

4x200m (School Record: 1:36.43, Potts, Spruill, Castlin, Harrison; 2008)

Time Athletes Meet Meet Date Place

4x400m (School Record: 3:37.42. Blanden, Green, Tchume, Bush, 2017)

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Time	Athletes	Meet	Meet Date	Place
3:41.26	Bush, Tate, McKiver, Dennis	Tiger Paw Invitational	2/10	11th
3:43.85	Blanden, Bush,	Nittany Lion Challenge	1/13	1st

4x800m (School Record: 8:33.50, Smiljanec, Dowd, A. Smith, H. Green, 2014)

Time Athletes Meet Meet Date Place

Distance Medley Relay (School Record: 11:10.84, J. Fanning, Green, Washington, T. Fanning, 2007)

Time	Athletes	Meet	Meet Date	Place
11:08.48	Pocratsky, Bush,	Roanoke Tune-Up	2/16	1st
11:25.51	Barton, Kennedy Edwards, McKiver, Quinn, Berman	Roanoke Tune-Up	2/16	2nd

High Jump (School Record: 6 ft., 1.83m, Katie Ollendick, 1998)

Athlete	Year	English	Metric	Meet	Meet Date	Place
Emily Miller	r-So.	4 ft., 2 in.	1.27m	Roanoke Tune-Up	2/16	

Long Jump (School Record: 19 ft., 9 in., 6.02m, April Byrd, 2000)

Athlete	Year	English	Metric	Meet	Meet Date	Place
Eszter Bajonk	So.	18 ft., 10.5 in.	5.75m	Tiger Paw Invitational	2/9	20th
Ama-Selina Tchume	Sr.	18 ft., 6 in.	5.64m	Clemson Invitational	1/19	12th
		18 ft., 1.75 in.	5.53m	Tiger Paw Invitational	2/9	31st
		17 ft., 11.5 in.	5.47m	Roanoke Tune-Up	2/16	1st
		17 ft., 8 in.	5.38m	Rod McCravy Invitational	2/3	8th
		17 ft. 3.25 in.	5.26m	Nittany Lion Challenge	1/13	8th

Triple Jump (School Record: 41 ft., 4.25 in., 12.60m, April Byrd: 2000 & Eszter Bajnok: 2017)

Athlete	Year	English	Metric	Meet	Meet Date	Place
Stefanie Aeschlimann	Fr.	39 ft., 11.25 in.	12.17m	Nittany Lion Challenge	1/13	1st
		39 ft., 9.75 in.	12.13m	Tiger Paw Invitational	2/10	17th
		39 ft., 8.75 in.	12.11m	Akron Invitational	2/3	3rd





Athlete	Year	English	Metric	Meet	Meet Date	Place
Lisa Gunnarsson	Fr.	14 ft., 7.5 in.	4.46m	Bob Pollack Invitational	1/26	1st
		14 ft., 6 in.	4.42m	Nittany Lion Challenge	1/13	1st
		14 ft., 5.5 in.	4.41m	Tyson Invitational	2/10	3rd
		14 ft., 3.25 in.	4.35m	Gladstein Invitational	1/19	1st
Rachel Baxter	Fr.	14 ft., 0 in.	4.27m	Nittany Lion Challenge	1/13	2nd
		13 ft, 11.25 in.	4.25m	Bob Pollack Invitational	1/26	2nd
		13 ft., 5.25 in.	4.10m	Gladstein Invitational	1/19	2nd
		13 ft., 0.75 in.	3.98m	Akron Invitational	2/3	4th
		13 ft., 1.75 in. NH	4.01m NH	Tyson Invitational	2/10	
Olivia Privitera	r-Sr.	12 ft., 7.50 in.	3.85m	Bob Pollack Invitational	1/26	8th
		12 ft., 7.50 in.	3.85m	Gladstein Invitational	1/19	4th
		12 ft., 6.25 in.	3.82m	Nittany Lion Challenge	1/13	5th
		12 ft., 6.75 in. NH	3.83m NH	Akron Invitational	2/3	

Weight Throw (School Record: 73 ft., 3.25 in., 22.33m, Tamara Burns, 2005)

Athlete	Year	English	Metric	Meet	Meet Date	Place
Pavla Kuklova	r-So.	60 ft., 6.5 in.	18.45m	Tiger Paw Invitational	2/10	7th
		59 ft., 0.25 in.	17.99m	Rod McCravy Invitational	2/3	2nd

Shot Put (School Record: 54 ft., 9.5 in., 16.70m, Brittany Pryor, 2008)

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Athlete	Year	English	Metric	Meet		Meet Date	Place

Pentathlon (School Record: 4,224 points, Saskia Triesscheijn, 2006)

Athlete	V	Points	N/I I	Meet Date	Place
ATRIATA	Year	POINTS	Meet	Ινιρατ Ι Ι Ι Ι Ι	Place
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