



# HOKIES®

17 National Champions | 12 Team ACC Championships | 84 All-Americans

## #ACCOTF

MAY 10-12, 2018 | ALL DAY | CORAL GABLES, FLORIDA  
ACC Outdoor Championships | Cobb Stadium

### VIRGINIA TECH INFORMATION

#### Virginia Tech



#### Hokies

USTFCCA Poll Men.....NR  
USTFCCA Poll Women.....21  
Last Meet.....Liberty Twilight  
'17 ACC Out. Champ. Returning.....2  
Newcomers.....28 (15 Men, 13 Women)

Head Coach.....Dave Cianelli (17th year)  
Alma Mater.....Bowling Green State  
Distance Coach.....Ben Thomas (17th year)  
Alma Mater.....Virginia Tech  
Distance Coach..Eric Johannigmeier (4th year)  
Alma Mater.....Illinois  
Jumps Coach.....Paul Zalewski (5th year)  
Alma Mater.....Cortland  
Pole Vault Coach.....Bob Phillips (34th year)  
Alma Mater.....Virginia Tech  
Sprints Coach.....Tim Vaught (3rd year)  
Alma Mater.....Western Carolina  
Throws Coach.....Andrew Dubs (1st season)  
Alma Mater.....Connecticut

### A TITLE WOULD

- Be the third straight ACC Outdoor Championship on the men's side, and the second straight on the women's side.
- Be the fourth-ever ACC championship during the outdoor season for both the men and the women.
- Be the second time in ACC history a school swept on both sides in consecutive years since 1994-95 when North Carolina did so.
- Move Dave Cianelli to being tied for seventh all time with UNC's Dennis Craddock's four ACC outdoor titles on the men's side.
- Move Dave Cianelli to second all time with four ACC outdoor titles on the women's side, passing Lawrence Johnson and Bob Braman.
- Next indoor season, Tech will host the 2019 ACC Indoor Championships inside renovated Rector Field House in Blacksburg, Virginia.

### PROGRAM HISTORY

'18 ACC Indoor Finish.....Men 2nd, Women 2nd  
'18 NCAA Indoor Finish.....Men 4th, Women 14th  
'17 ACC Outdoor Finish.....Men 1st, Women 1st  
'17 NCAA Outdoor Finish.....Men 32nd, Women 11th  
ACC Championships.....7 Men, 6 Women  
NCAA Individual Champions.....11 Men, 6 Women

### THE STARTING LINE

- Virginia Tech track and field enters the ACC Outdoor Championships looking to repeat, winning last year's title on both sides for the first time since 2014 when Florida State did so.
- The Hokies edged out Virginia by one point, scoring 120 on the men's side, while winning in comfortable fashion on the women's side with scoring 124.5 points compared to Florida State's 118.5 points.
- Pole vaulter Lisa Gunnarsson owns the No. 1 mark in the country, clearing a school-record height of 4.60 meters (15 feet, 1 inch) at the Texas Relays to become the first Tech vaulter on the women's side to clear 15 feet.
- Other national bests by the Hokies on the women's side are No. 7 Rachel Baxter in the pole vault, No. 11 Rachel Pocratsky in the 800 meters and No. 12 Emma Thor in the hammer.
- The men own five marks and times nationally, too, with No. 6 Marek Barta in the discus, Nos. 8 Torben Laidig and Deakin Volz and No. 14 Joel Leon Benitez in the pole vault and No. 15 Greg Chiles in the 400-meter hurdles.

### LAST TIME OUT AT ACCs

- Eight event titles highlighted Virginia Tech track and field at the ACC Indoor Championships on Feb. 22-24 inside the Clemson Indoor Track and Field Complex – each side took 2nd.
- The DMR groups took first place, as the men, made up of Neil Gourley, Brandon Thomas, Daniel Jaskowak and Thierry Siewe Yanga, posted a time of a 9:38.31, while the women, consisting of Rachel Pocratsky, Arlicia Bush, Shannon Quinn and Sarah Edwards, clocked a time of 10:57.60.
- Pole vault was well represented on the podium, as Deakin Volz, Torben Laidig and Joel Leon Benitez went 1-2-3, while Lisa Gunnarsson and Rachel Baxter went 1-2.
- Gourley and Pocratsky won the 800 meters and Vincent Ciatte took gold in the mile for the second consecutive indoor season at ACCs.

### WHO TO WATCH



- Sarah Edwards won the 3,000-meter steeplechase last year at the 2017 ACC Outdoor Championships, with a time of 10:05.58.

## 2018 SCHEDULE

### JANUARY

13	NITTANY LION CHALLENGE	UNIVERSITY PARK, PA.
19-20	GLADSTEIN INVITATIONAL	BLOOMINGTON, IND.
	CLEMSON INVITATIONAL	CLEMSON, S.C.
20	KEYDET INVITATIONAL	LEXINGTON, VA.
26-27	BOB POLLACK INVITATIONAL	CLEMSON, S.C.
27	LIBERTY KICKOFF	LYNCHBURG, VA.

### FEBRUARY

2-3	CAMEL CITY INVITATIONAL	WINSTON-SALEM, N.C.
	AKRON INVITATIONAL	AKRON, OHIO
3	ROD MCCRAVY INVITATIONAL	LEXINGTON, KY.
9-10	MUSIC CITY CHALLENGE	NASHVILLE, TENN.
	TIGER PAW INVITATIONAL	CLEMSON, S.C.
	TYSON INVITATIONAL	FAYETTEVILLE, ARK.
16	ROANOKE TUNE-UP	ROANOKE, VA.
22-24	ACC INDOOR CHAMPIONSHIPS	CLEMSON, S.C.

### MARCH

9-10	NCAA INDOOR CHAMPIONSHIPS	COLLEGE STATION, TEXAS
23-24	WEEMS BASKINS INVITATIONAL	COLUMBIA, S.C.
28-31	TEXAS RELAYS	AUSTIN, TEXAS
30-31	FLORIDA RELAYS	GAINESVILLE, FLA.
30-31	RALEIGH RELAYS	RALEIGH, N.C.

### APRIL

6	VERTKLASSE MEETING	HIGH POINT, N.C.
13-14	TENNESSEE RELAYS	KNOXVILLE, TENN.
19-21	MT. SAC RELAYS	WALNUT, CALIF.
20-21	WAR EAGLE CLASSIC	AUBURN, ALA.
	DUKE INVITATIONAL	DURHAM, N.C.
	BEACH INVITATIONAL	LONG BEACH, CALIF.
27-28	NATIONAL RELAY CHAMPIONSHIPS	FAYETTEVILLE, ARK.

### MAY

2	LIBERTY TWILIGHT	LYNCHBURG, VA.
10-12	ACC OUTDOOR CHAMPIONSHIPS	CORAL GABLES, FLA.
24-26	NCAA EAST PRELIMINARIES	TAMPA, FLA.

### JUNE

6-9	NCAA OUTDOOR CHAMPIONSHIPS	EUGENE, ORE.
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## SOCIAL



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**USTFCCCA Men's Top 25 Poll**

May 7 | Week 6

Rank	Team	Conference	Points	Last Week
1	Florida	SEC	295.53	1
2	Texas Tech	Big 12	270.45	2
3	Alabama	SEC	218.54	3
4	Houston	American	214.51	5
5	Texas A&M	SEC	214.34	4
6	Georgia	SEC	210.93	6
7	BYU	Independent	207.15	7
8	Arkansas	SEC	167.91	8
9	USC	Pac-12	150.12	9
10	Florida State	ACC	145.85	10
11	Oregon	Pac-12	145.25	11
12	LSU	SEC	134.96	12
13	Kentucky	SEC	125.46	13
14	Northern Arizona	Big Sky	123.45	46
15	Texas	Big 12	122.29	14
16	NC A&T	MEAC	116.28	19
17	Kansas	Big 12	106.31	15
18	TCU	Big 12	101.48	16
19	Illinois	B1G	96.51	17
20	Mississippi State	SEC	92.37	21
21	Nebraska	B1G	91.84	20
22	Arizona	Pac-12	87.09	22
23	Stanford	Pac-12	86.84	18
24	Baylor	Big 12	86.51	23
25	Penn State	B1G	84.66	24

**USTFCCCA Conference Index Top 10**

M	Conf.	Points	25	W	Conf.	Points	25
1	SEC	1746.96	8	1	SEC	2041.86	10
2	Big 12	813.90	5	2	Pac-12	1190.26	5
3	B1G	720.20	3	3	B1G	638.75	2
4	Pac-12	571.58	4	4	Big 12	624.68	3
5	ACC	487.47	1	5	ACC	505.44	2
6	American	350.47	1	6	MWC	377.69	2
7	Southland	247.35	7	7	MAC	113.68	
8	Independ.	207.15	1	8	Ivy	111.84	1
9	MWC	200.68	9	9	American	97.53	
10	MEAC	193.20	1	10	WCC	86.70	

**USTFCCCA Women's Top 25 Poll**

May 7 | Week 6

Rank	Team	Conference	Points	Last Week
1	LSU	SEC	324.07	1
2	Oregon	Pac-12	276.19	2
3	USC	Pac-12	259.30	3
4	Arkansas	SEC	250.39	4
5	Kentucky	SEC	247.23	6
6	Georgia	SEC	245.55	5
7	Stanford	Pac-12	225.22	9
8	Texas A&M	SEC	217.83	7
9	Florida	SEC	205.96	8
10	Minnesota	B1G	157.28	10
11	Purdue	B1G	151.15	11
12	Texas	Big 12	142.47	12
13	Arizona State	Pac-12	131.25	13
14	New Mexico	MWC	122.59	44
15	Tennessee	SEC	117.12	14
16	Kansas State	Big 12	112.79	15
17	Alabama	SEC	96.30	17
18	Missouri	SEC	94.79	16
19	Texas Tech	Big 12	91.10	18
20	UCLA	Pac-12	88.57	25
21	<b>Virginia Tech</b>	<b>ACC</b>	<b>84.71</b>	<b>19</b>
22	Miami	ACC	83.81	20
23	Ole Miss	SEC	80.99	21
24	Harvard	Ivy	78.39	36
25	Boise State	MWC	75.46	26

**DID YOU KNOW?**

- Virginia Tech has the highest-ranked team on the women's side from the ACC in the rankings, with Miami coming in at No. 22.
- The men got to as high as 12, but currently do not sit in the Top 25 after falling out in the Week 4 poll.
- All but one thrower, Pavla Kuklova, did not compete during the indoor season. Look for Tech to get a bolster in its arm with the throws, specifically in the women's hammer throw on Thursday night and the men's discus on Saturday afternoon.
- Three Hokies own the top mark or time in their respective events among ACC student-athletes. Rachel Pocratsky owns the best 1,500 meters (4:16.06), Lisa Gunnarsson with the pole vault (4.60 meters; 15 feet, 1 inch) and Marek Barta in the hammer (61.13 meters; 200 feet, 7 inches). Tech has 21 times or marks that sit inside the top five of the league.

**PRESEASON ALL-AMERICANS**

- Three pole vaulters were tabbed FloTrack Preseason All-Americans in March – Lisa Gunnarsson, Torben Laidig and Deakin Volz. Gunnarsson, a freshman, has yet to compete in Eugene but placed fourth in College Station. Laidig and Volz have each made the trek to Eugene three times combined in their storied careers.
- Distance runners Vincent Ciattei and Sarah Edwards earned the nod as well. Ciattei placed ninth in the 1,500 meters last year at NCAAs and Edwards took 10th in the 3,000-meter steeplechase as a freshman.
- Thrower Marek Barta also was awarded the recognition. Barta placed seventh in Eugene last year in the discus, tossing a mark of 58.99 meters (193 feet, 6 inches). The Czech Republic native currently owns the sixth-best mark in the land and the top mark in the ACC.
- The six Hokies all own times and marks that sit in the top eight of the league in their respective events, hoping to score.

**FRESHMEN SHINING**

- Of the Hokies' 25 freshmen, five on the women's side have started their rookie campaigns with a bang.
- In the sprints, Kennedy Dennis (11.56) and Caitlan Tate (11.66) both sit in the record books for having the third- and seventh-fastest times in school history in the 100-meter dash.
- In the jumps, Stefanie Aeschlimann has the second-best mark in program history, owning a top triple jump of 12.96 meters (42 feet, 6.25 inches).
- In the pole vault, Lisa Gunnarsson already owns the school record (4.60m), while Rachel Baxter has the third-best vault (4.36m) in Tech history.
- On the men's side, Joel Leon Benitez has recorded the seventh-best mark in the pole vault, clearing a bar of 5.45 meters (17 feet, 10.5 inches), and Bashir Mosavel-Lo owns the seventh-fastest 800 in the ACC with a time of 1:49.49.

**2018 INDOOR NCAAs**

- Tech earned its 17th national title and first in a distance event in College Station this past March, thanks to four seniors winning the DMR in a time of 9:30.76.
- The four men were Vincent Ciattei, Greg Chiles, Patrick Joseph and Neil Gourley. Of the four, only two return for the outdoor season in Ciattei and Chiles, as Joseph and Gourley's eligibility expired following the indoor season.
- The most impressive thing about the title run was that Ciattei, Gourley and Joseph all ran a mile preliminary three hours before the DMR. Ciattei went on to earn silver the next day in the mile finals, Joseph finished fourth and Gourley seventh, as all three roommates earned first-team All-America honors.
- The men turned in a fourth-place finish as a team with 31 points, their highest in school history.
- The women placed 14th with their DMR winning bronze after running the eighth-fastest DMR time in collegiate history (10:53.62) and broke the school record, Rachel Pocratsky placing sixth in the 800 meters and Lisa Gunnarsson earning fourth in the pole vault for a grand total of 14 points. It was the women's highest finish since 2010.

**ACC PERFORMERS OF THE WEEK**

- Two Hokies have earned ACC Performer of the Week this outdoor season, with Lisa Gunnarsson earning it on April 3 and Rachel Baxter on April 17.
- Gunnarsson broke the school record in the pole vault at Texas Relays, as well as the Longhorn's facility record, while Baxter posted the third-best mark in school history at Tennessee Relays.
- Gunnarsson outdueled the reigning NCAA Indoor champion, Arkansas' Alexis Jacobus, in the pole vault at Texas Relays. It was her opening meet of the year. Ironically enough, the freshman has yet to compete for a second time this outdoor season due to her season extending into the summer with international meets.
- Baxter has competed four times this outdoor season and is coming off her best meet yet, clearing a height of 4.36 meters (14 feet, 3.5 inches) at the inaugural National Relay Championships in Fayetteville, Arkansas.

**PR CITY**

- Redshirt senior Lindsay Herra set a personal best in the discus for five straight meets, starting at the opening meet on March 22 to the second-to-last meet on April 21.
- The grad transfer from Iowa now owns the second-best mark in school history, with a toss of 50.48 meters (165 feet, 7 inches).
- The Illinois native did cool off, though, throwing a mark of 48.08 meters (157 feet, 9 inches) most recently at the inaugural National Relay Championships in Fayetteville, Arkansas on April 28.
- Herra's top mark sits seventh in the conference entering ACCs.



**MEN**

<b>Name</b>	<b>Class</b>	<b>Event</b>	<b>Hometown</b>	<b>High School/Other</b>	<b>Pronunciation</b>
Matthew Baker	So.	Sprints	Leonardtown, Md.	Leonardtown	
Jared Bane	Jr.	Sprints	Herndon, Va.	Herndon	
Marek Barta	r-Jr.	Throws	Havirov, Czech Republic	Technical University Prague	MAR-ick Bar-TAH
Owen Buck	So.	Mid-Distance	Seattle, Wash.	Ballard	
James Carver	Jr.	Jumps	McLean, Va.	McLean	
Greg Chiles	Sr.	Sprints/Hurdles	Chesapeake, Va.	Western Branch	
Vincent Ciattei	r-Sr.	Mid-Distance	Baltimore, Md.	Perry Hall	See-AH-tee
Alex Davenport	Fr.	Hurdles	Glade Spring, Va.	Patrick Henry	
Michael Davenport	So.	Sprints/Jumps	Winston-Salem, N.C.	Woodberry Forest	
Jaelyn Demory	r-Fr.	Pole Vault	Fairfax, Va.	Woodbridge Senior	
Samuel Denmark	r-So.	Sprints	Huger, S.C.	Hanahan	
Ben Fleming	Fr.	Distance	Blacksburg, Va.	Blacksburg	
Andrew Goldman	Jr.	Distance	Herndon, Va.	Herndon	
Will Griffen	Fr.	Distance	Elkins Park, Pa.	Cheltenham	
Lawrence Harris	r-Sr.	Sprints	Norfolk, Va.	Granby	
Nathan Hogye	Jr.	Sprints	Annadale, Va.	Annadale	HOE-gee
James Holt	So.	Jumps	Glenmoore, Pa.	Downingtown STEM Academy	
Osman Humeida	Fr.	Distance	South Riding, Va.	Freedom	Hu-MEE-duh
Jack Joyce	r-So.	Distance	Ashburn, Va.	Briar Woods	
Will Kendall	r-Jr.	Jumps	Midlothian, Va.	Midlothian	
Austin Kolko	r-Jr.	Sprints/Hurdles	Vienna, Va.	James Madison	
Torben Laidig	r-Sr.	Pole Vault	Schwabish Hall, Germany	Sibilla-Egen-Schule	LAY-dig
Joel Leon Benitez	Fr.	Pole Vault	Nottingham, United Kingdom	Millfield	
Matthew Manilli	Fr.	Multi Events	Alexandria, Va.	Patriot	Muh-NIL-e
Collin McKenny	r-Jr.	Throws	Huntingtown, Md.	Huntingtown	
Bashir Mosavel-Lo	Fr.	Distance	Richmond, Va.	Deep Run	Mos-uh-VEL-oh
Matija Muhar	r-So.	Throws	Jesenice, Slovenia	Ekonomaska Gimnazija	Muh-TEE-uh
Mackenzie Muldoon	r-Jr.	Multi Events	Christiansburg, Va.	Christiansburg	
Matthew Reinhart	So.	Throws	Shoemakersville, Pa.	Berks Catholic	
Peter Seuffer	r-So.	Distance	Lynchburg, Va.	E.C. Glass	SOY-fer
Fitsum Seyoum	r-Fr.	Distance	Leesburg, Va.	Tuscarora	SAY-oh-um
William Shaffer	r-Sr.	Distance	Madison, W.Va.	Scott/Marshall	
Thierry Siewe Yanga	Fr.	Mid-Distance	Silver Spring, Md.	Montgomery Blair	TIER-ee Sew YANG-uh
James Steck	r-Sr.	Pole Vault	Loudonville, N.Y.	Shaker	
Joseph Tay	So.	Sprints	Bristow, Va.	Patriot	
Brandon Thomas	So.	Sprints	Richmond, Va.	St. Christopher's	
Deakin Volz	Jr.	Pole Vault	Bloomington, Ind.	Bloomington South	
Darius Watkins	r-Jr.	Sprints	Grovetown, Ga.	Grovetown	
Dave Whitfield	Fr.	Distance	Upper Darby, Pa.	Monsignor Bonner	
Zachary Witt	So.	Distance	Glen Allen, Va.	Glen Allen/Christopher Newport	
Diego Zarate	r-So.	Distance	Germantown, Md.	Northwest	Dee-AY-go Zer-AH-tey

**WOMEN**

<b>Name</b>	<b>Class</b>	<b>Event</b>	<b>Hometown</b>	<b>High School/Other</b>	<b>Pronunciation</b>
Stefanie Aeschlimann	Fr.	Triple Jump	Wettstetten, Germany	Reuchlin	EYE-cul-men
Eszter Bajnok	So.	Jumps	Kethely, Hungary	Kaposvari Munkacsy Mihaly	BYE-knock
Laurie Barton	So.	Mid-Distance	Clemson, S.C.	Daniel	
Rachel Baxter	Fr.	Pole Vault	Orange, Calif.	Canyon	
Lauren Berman	r-So.	Distance	Fairfax, Va.	James W. Robinson	
Courtney Blanden	Sr.	Sprints	Weddington, N.C.	Weddington	
Ella Breidenstine	r-Fr.	Distance	Hummelstown, Pa.	Lower Dauphin	BRI-den-stine
Ellie Brush	Fr.	Distance	Mason, Ohio	Mason	
Shanel Burr	Sr.	Sprints/Hurdles	Kennesaw, Ga.	North Cobb	
Arlicia Bush	So.	Sprints	Princeton, Ky.	Ridge View	Ar-LEE-see-uh
Kennedy Dennis	Fr.	Sprints	Greenville, S.C.	Berea	
Sarah Edwards	So.	Distance	Bellingham, Mass.	Bellingham	
Sara Freix	So.	Distance	Centreville, Va.	Westfield	Frix
Adiah Gholston	Fr.	Sprints	Blacksburg, Va.	Blacksburg	Uh-DEE-uh
Lisa Gunnarsson	Fr.	Pole Vault	Stockholm, Sweden	Lycee Notre Dame	
Lindsay Herra	r-Sr.	Throws	Belvidere, Ill.	Boylan Catholic/Iowa	
Katie Kennedy	r-Jr.	Distance	Springfield, Va.	West Springfield	
Pavla Kuklova	r-So.	Throws	Opava, Czech Republic	Secondary School of Nursing	PAHV-luh Kook-LOV-uh
Cecilia Marenick	Fr.	Triple Jump	High Point, N.C.	Southwest Guilford	
Nora McKiver	r-Sr.	Sprints/Hurdles	High Point, N.C.	T.W. Andrews	
Emily Miller	r-So.	Multi Events	West Lawn, Pa.	Wilson	
Rachel Pocratsky	Jr.	Mid-Distance	Gaithersburg, Md.	Our Lady of Good Counsel	
Olivia Privitera	r-Sr.	Pole Vault	Framingham, Mass.	Marian	
Shannon Quinn	Jr.	Mid-Distance	Camp Hill, Pa.	Trinity	
Kayla Richardson	So.	Distance	Blacksburg, Va.	Blacksburg	
Paige Ritter	Fr.	Pole Vault	Harrisburg, Pa.	East Pennsboro	
Emily Schiesl	Fr.	Distance	Burke, Va.	Lake Braddock	Shy-sel
Catherine Stone	So.	Mid-Distance	Vienna, Va.	James Madison	
Amanda Swaak	Jr.	Distance	Vienna, Va.	James Madison	
Caitlan Tate	Fr.	Sprints	Atlanta, Ga.	Brookwood	
Ama-Selina Tchume	Sr.	Sprints	Raleigh, N.C.	Wakefield	A-ma SHOE-me
Amanda Thomas	So.	Sprints/Hurdles	Chesapeake, Va.	Western Branch	
Emma Thor	r-Fr.	Throws	Knivsta, Sweden	Celsiusskolan	
Kajsa Wennberg	r-Fr.	Throws	Uppsala, Sweden	Katedralskolan Uppsala	Ky-suh





## 2018 Honors & Awards

**USTFCCA Southeast Region Assistant Coach of the Year**  
Ben Thomas (Men, Indoor)

**USTFCCA Southeast Region Track Athlete of the Year**  
Neil Gourley (Men, Indoor)

**FloTrack Preseason Indoor All-American**  
Rachel Baxter, Neil Gourley, Lisa Gunnarsson, Torben Laidig, Patrick Joseph

### ACC Performer of the Week

Lisa Gunnarsson - Jan. 30  
Rachel Pocratsky - Jan. 30  
Rachel Pocratsky - Feb. 13  
Lisa Gunnarsson - April 3  
Rachel Baxter - April 17

### First Team All-ACC Indoor (Men)

Joel Leon Benitez (pole vault)  
Vincent Ciattei (mile) – champion  
Greg Chiles (4x400)  
Michael Davenport (4x400)  
Neil Gourley (DMR, 800) – champion in both  
Daniel Jaskowak (DMR) – champion  
Patrick Joseph (4x400)  
Torben Laidig (pole vault)  
Peter Seufer (3,000; 5,000)

Brandon Thomas (DMR; 4x400) – champ. (DMR)  
Diego Zarate (mile)  
Deakin Volz (pole vault) – champion  
Thierry Siewe Yanga (DMR) – champion

### Second Team All-ACC Indoor (Men)

Greg Chiles (200)  
Vincent Ciattei (3,000)  
Jaelyn Demory (pole vault)  
Patrick Joseph (800)  
Mackenzie Muldoon (heptathlon)

### First Team All-ACC Indoor (Women)

Eszter Bajnok (triple jump) – champion  
Rachel Baxter (pole vault)  
Arlicia Bush (DMR) – champion  
Sarah Edwards (DMR, 3,000) – champion (DMR)  
Lisa Gunnarsson (pole vault) – champion  
Rachel Pocratsky (800, DMR) – champion in both  
Shannon Quinn (DMR) – champion

### Second Team All-ACC Indoor (Women)

Stefanie Aeschlimann (triple jump)  
Eszter Bajnok (long jump)  
Laurie Barton (800)  
Courtney Blanden (4x400)  
Arlicia Bush (4x400)

Kennedy Dennis (4x400)  
Caitlan Tate (4x400)  
Katie Kennedy (mile)

### NCAA Indoor All-Americans

Laurie Barton - distance medley (first team)  
Rachel Baxter - pole vault (second team)  
Courtney Blanden - distance medley (first team)  
Greg Chiles - distance medley champ. (first team)  
Vincent Ciattei - distance medley champ., mile (first team 2x)  
Sarah Edwards - distance medley (first team)  
Neil Gourley - distance medley champ., mile (first team 2x)  
Lisa Gunnarsson - pole vault (first team)  
Patrick Joseph - distance medley champ., mile (first team 2x)  
Katie Kennedy - distance medley (first team)  
Torben Laidig - pole vault (second team)  
Rachel Pocratsky - 800 meters (first team)  
Deakin Volz - pole vault (first team)

### FloTrack Preseason Outdoor All-American

Marek Barta, Vincent Ciattei, Sarah Edwards, Lisa Gunnarsson, Torben Laidig, Deakin Volz

## 2017 ACC Outdoor Individual Champions



**Peter Seufer**  
10,000 Meters



**Irena Sediva**  
Javelin



**Sarah Edwards**  
3,000 Steeplechase



**Hanna Green**  
800 Meters & 1,500 Meters



**Neil Gourley**  
1,500 Meters



**Drew Piazza**  
800 Meters

## Tech Men's Outdoor Track and Field Records

Event	Time/Mark	Name	Year
100m	10.14	Darrell Wesh	2013
200m	20.45	Keith Ricks	2012
400m	46.73	Hilliard Sumner	1996
800m	1:45.69	Drew Piazza	2017
1,500m	3:39.22	Michael Hammond	2012
Mile	3:58.91	Michael Hammond	2012
5,000m	13:27.64	Thomas Curtin	2016
10,000m	28:45.97	Mark Stickley	1982
110m Hurdles	13.84	Jeff Artis-Gray	2013
<b>400m Hurdles</b>	<b>50.39</b>	<b>Greg Chiles</b>	<b>2017</b>
3,000m SC	8:42.73	Stuart Robertson	2015
4x100m	39.62	Artis-Gray, Wesh, McCants, Ricks	2012
4x200m	1:25.0	Cooper, Edwards Cowles, Nash	1983
<b>4x400m</b>	<b>3:06.40</b>	<b>Chiles, Thomas, Piazza, Davenport</b>	<b>2017</b>
<b>4x800m</b>	<b>7:13.75</b>	<b>Gourley, Ciattei, Piazza, Joseph</b>	<b>2017</b>
4x1,500m	15:41.32	Scheiner, Cornwall, Clauss, Berlin	2007
<b>4xMile</b>	<b>16:28.70</b>	<b>Sufer, Jaskowak Mohammadi, Zarate</b>	<b>2017</b>
DMR	9:40.31	Voight, Oustrich, Reed, Cobb	1987
SMR	3:20.7	Chase, Read, Cooper, Crossin	1983
SHR	58.6	Frier, Dyer Willis, Lewis	1977
High Jump	7'4.50" (2.25m)	Ronnie Black	2013
<b>Pole Vault</b>	<b>18'8.25" (5.70m)</b>	<b>Torben Laidig</b>	<b>2017</b>
Long Jump	26'0.75" (7.94m)	Jeff Artis-Gray	2013
Triple Jump	54'1.25" (16.49m)	Hasheem Halim	2012
Shot Put	62'10.5" (19.16m)	Sven Hahn	2005
<b>Discus Throw</b>	<b>201'4" (61.38m)</b>	<b>Marek Barta</b>	<b>2016</b>
Hammer Throw	248'10" (75.84m)	Marcel Lomnický	2011
Javelin Throw	255'6" (77.88m)	Matthias Treff	2011
Decathlon	6,951 points	Ed Nuttycombe	1976
<b>Discontinued Events</b>			
100yd	9.4	André Releford	1974
220yd	20.8	Mac Banks	1971
440yd	46.7	Mac Banks	1971
3,000m	8:03.41	Steve Taylor	1987
4x110yd	40.7	Fallen, Read, Lewis, Scott	1980
4x440yd	3:10.2	Chase, Watson, Nash, Crossin	1982

## Tech Women's Outdoor Track and Field Records

Event	Time/Mark	Name	Year
100m	11.40	Patrice Potts	2007
<b>200m</b>	<b>23.01</b>	<b>Courtney Blanden</b>	<b>2017</b>
<b>400m</b>	<b>52.24</b>	<b>Courtney Blanden</b>	<b>2017</b>
800m	2:01.17	Hanna Green	2015
1,500m	4:12.31	Hanna Green	2017
Mile	4:32.50	Hanna Green	2017
5,000m	15:37.73	Tasmin Fanning	2008
10,000m	33:05.96	Linda King	1984
100m Hurdles	12.46	Queen Harrison	2010
400m Hurdles	54.55	Queen Harrison	2010
<b>3,000m SC</b>	<b>9:52.89</b>	<b>Sarah Edwards</b>	<b>2017</b>
4x100m	44.33	Green, Potts, Castlin, Spruill	2007
4x200m	1:36.23	Pinnock, Boone, Ariiguzo, Nwaneri	2009
4x400m	3:32.05	Harrison, Washington, Green, Spruill	2008
<b>4x800m</b>	<b>8:25.24</b>	<b>Kennedy, Barton, Edwards, Pocratsky</b>	<b>2018</b>
4x1,500m	18:17.40	Sherbak, J. Fanning, Clark, T. Fanning	2008
<b>DMR</b>	<b>11:22.93</b>	<b>Kennedy, Barton Edwards, Pocratsky</b>	<b>2018</b>
SMR	3:53.69	Potts, Spruill, Pinnock, Washington	2007
SHR	54.27	Harrison, Castlin, Washington, Williams	2010
High Jump	5'11.25" (1.81m)	Katie Ollendick	1998
<b>Pole Vault</b>	<b>15'1" (4.60m)</b>	<b>Lisa Gunnarsson</b>	<b>2018</b>
<b>Long Jump</b>	<b>20'1.5" (6.13m)</b>	<b>April Byrd, Eszter Bajnok</b>	<b>2018</b>
<b>Triple Jump</b>	<b>43'6.5" (13.27m)</b>	<b>Eszter Bajnok</b>	<b>2017</b>
Shot Put	56'1" (17.09m)	Samira Burkhardt	2011
Discus Throw	172'10" (52.69m)	Brittany Pryor	2009
Hammer Throw	224'3" (68.36m)	Dorotea Habazin	2011
Javelin Throw	196'6" (59.89m)	Irena Sediva	2015
Heptathlon	5,833 points	Saskia Triesscheijn	2006
<b>Discontinued Events</b>			
3,000m	9:14.25	Cheryl Tuosto	1985
4x1,600m	21:20.4	Barrett, Ward, McMahon, Shea	1994

\*Current team members in **bold type\***  
Times in tenths of seconds are hand-timed.  
Wind readings of <3.0m/s are accepted Virginia Tech records.











Men winning the 2017 ACC Outdoor Championships with 120 points in Atlanta, capturing their second straight outdoor title.



Women winning the 2017 ACC Outdoor Championships with 124.5 points in Atlanta, capturing their first outdoor title since '08.






	<p style="text-align: center;"><b>JAELYN DEMORY</b></p> <p style="text-align: center;"><b>Pole Vault • r-Fr. • Fairfax, Va.</b></p> <p style="text-align: center;">Top Mark Indoor • Top Mark Outdoor</p> <p style="text-align: center;">5.00 meters (16ft., 4.75 in.) • 4.95 meters (16 ft., 2.75 in.)</p>	<p><b>LAST MEET:</b> 4.95 meters (16 feet, 2.75 inches) @ National Relay Champ.</p> <p><b>NOTE:</b> Leaped a personal best 4.95 meters (16 feet, 2.75 inches) in the National Relay Championships to place fourth ... Jumped a height of 4.65 meters (15 feet, 3 inches) in the pole vault to finish 10th at the Tennessee Relays ... Clocked a time of 15.08w in the 110-meter hurdles to place fourth and leaped a distance of 6.08w meters (19 feet, 11.5 inches) in the VertKlasse Meeting.</p>	<p style="text-align: center;"><b>SEASON BEST</b></p> <p><b>Indoor:</b> 5.00m (16 ft., 4.75 in.)</p> <p><b>Outdoor:</b> 4.95m (16 ft., 2.75 in.)</p>
	<p style="text-align: center;"><b>TORBEN LAIDIG</b></p> <p style="text-align: center;"><b>Pole Vault • r-Sr. • Schwabish Hall, Germany</b></p> <p style="text-align: center;">Top Mark Indoor • Top Mark Outdoor</p> <p style="text-align: center;">5.62 (18 ft., 5.25 in.) • 5.70m (18 ft., 8.25 in.)</p>	<p><b>LAST MEET:</b> 5.32 meters (17 feet, 5.5 inches) @ Liberty Twilight</p> <p><b>NOTE:</b> Finished fourth in the pole vault at the Liberty Twilight Qualifier with a height of 5.32 meters (17 feet, 5.5 inches) ... Placed first in the National Relay Championships with a jump of 5.55 meters (18 feet, 2.5 inches) ... Leaped a height of 5.15 meters (16 feet, 10.75 inches) to finish fifth in the pole vault at the Tennessee Relays.</p>	<p style="text-align: center;"><b>SEASON BEST</b></p> <p><b>Indoor:</b> 5.50m (18 ft., 0.5 in.)</p> <p><b>Outdoor:</b> 5.55m (18 ft., 2.5 in.)</p>
	<p style="text-align: center;"><b>JOEL LEON BENITEZ</b></p> <p style="text-align: center;"><b>Pole Vault • Fr. • Nottingham, United Kingdom</b></p> <p style="text-align: center;">Top Mark Indoor • Top Mark Outdoor</p> <p style="text-align: center;">5.37m (17 ft., 7.25 in.) • 5.45m (17 ft., 10.5 in.)</p>	<p><b>LAST MEET:</b> 5.22 meters (17 feet, 1.5 inches) @ Liberty Twilight</p> <p><b>NOTE:</b> Placed fifth in the Liberty Twilight Qualifier with a jump of 5.22 meters (17 feet, 1.5 inches) ... Finished fourth in the pole vault at the National Relay Championships with a height of 5.45 meters (17 feet, 10.5 inches)</p>	<p style="text-align: center;"><b>SEASON BEST</b></p> <p><b>Indoor:</b> 5.37m (17 ft., 7.25 in.)</p> <p><b>Outdoor:</b> 5.45m (17 ft., 10.5 in.)</p>
	<p style="text-align: center;"><b>JAMES STECK</b></p> <p style="text-align: center;"><b>Pole Vault • r-Sr. • Loudonville, N.Y.</b></p> <p style="text-align: center;">Top Mark Indoor • Top Mark Outdoor</p> <p style="text-align: center;">5.21m (17 ft., 1 in.) • 5.16m (16 ft., 11 in.)</p>	<p><b>LAST MEET:</b> 5.20 meters (17 feet, .75 inches) @ '17 ACC Indoor Champ.</p> <p><b>NOTE:</b> Finished 10th in the pole vault at the Liberty Twilight Qualifier with a height of 4.62 meters (15 feet, 1.75 inches).</p>	<p style="text-align: center;"><b>SEASON BEST</b></p> <p><b>Indoor:</b></p> <p><b>Outdoor:</b> 4.62m (15 ft., 1.75 in.)</p>
	<p style="text-align: center;"><b>DEAKIN VOLZ</b></p> <p style="text-align: center;"><b>Pole Vault • Jr. • Bloomington, Ind.</b></p> <p style="text-align: center;">Top Mark Indoor • Top Mark Outdoor</p> <p style="text-align: center;">5.50m (18 ft., 0.5 in.) • 5.55m (18 ft., 2.5 in.)</p>	<p><b>LAST MEET:</b> 5.32 meters (17 feet, 5.5 inches) @ Liberty Twilight</p> <p><b>NOTE:</b> Placed second in the Liberty Twilight Qualifier with a jump of 5.55 meters (17 feet, 5.5 inches) ... Won the pole vault with a height of 5.50 meters (18 feet, 0.5 inches) at the Duke Invitational ... Won the pole vault with a height of 5.55 meters (18 feet, 2.5 inches) at the Tennessee Relays ... Placed sixth with a leap of 5.50 meters (18 feet, 0.5 inches) at Texas Relays.</p>	<p style="text-align: center;"><b>SEASON BEST</b></p> <p><b>Indoor:</b> 5.50m (18 ft., 0.5 in.)</p> <p><b>Outdoor:</b> 5.55m (18 ft., 2.5 in.)</p>
	<p style="text-align: center;"><b>RACHEL BAXTER</b></p> <p style="text-align: center;"><b>Pole Vault • Fr. • Orange, Calif.</b></p> <p style="text-align: center;">Top Mark Indoor • Top Mark Outdoor</p> <p style="text-align: center;">4.30m (14 ft., 1.25 in.) • 4.36m (14 ft., 3.5 in.)</p>	<p><b>LAST MEET:</b> 4.36 meters (14 feet, 3.5 inches) @ National Relay Champ.</p> <p><b>NOTE:</b> Posted a new personal best in the pole vault at the National Relay Championships with a mark of 4.36 meters (14 feet, 3.5 inches) to finish third ... Placed fifth in the pole vault at the Mt. Sac Relays with a mark of 4.20 meters (13 feet, 9.25 inches) ... Set a new personal best in the pole vault at the Tennessee Relays with a mark of 4.30 meters (14 feet, 1.25 inches) to claim first.</p>	<p style="text-align: center;"><b>SEASON BEST</b></p> <p><b>Indoor:</b> 4.30m (14 ft., 1.25 in.)</p> <p><b>Outdoor:</b> 4.36m (14 ft., 3.5 in.)</p>
	<p style="text-align: center;"><b>LISA GUNNARSSON</b></p> <p style="text-align: center;"><b>Pole Vault • Fr. • Stockholm, Sweden</b></p> <p style="text-align: center;">Top Mark Indoor • Top Mark Outdoor</p> <p style="text-align: center;">4.46m (14 ft., 7.5 in.) • 4.60m (15 ft., 1 in.)</p>	<p><b>LAST MEET:</b> 4.60 meters (15 feet, 1 inches) @ Texas Relays</p> <p><b>NOTE:</b> Finished second in the pole vault at the Home Depot Clyde Littlefield Texas Relays with a mark of 4.60 meters (15 feet, 1 inch)</p>	<p style="text-align: center;"><b>SEASON BEST</b></p> <p><b>Indoor:</b> 4.46m (14 ft., 7.5 in.)</p> <p><b>Outdoor:</b> 4.60m (15 ft., 1 in.)</p>
	<p style="text-align: center;"><b>OLIVIA PRIVITERA</b></p> <p style="text-align: center;"><b>Pole Vault • r-Sr. • Framingham, Mass.</b></p> <p style="text-align: center;">Top Mark Indoor • Top Mark Outdoor</p> <p style="text-align: center;">3.92m (12 ft., 10.25 in.) • 4.10m (13 ft., 5.25 in.)</p>	<p><b>LAST MEET:</b> 3.67 meters (12 feet, 0.5 inches) @ Liberty Twilight Qualifier</p> <p><b>NOTE:</b> Placed fourth in the Liberty Twilight Qualifier with a jump of 3.67 meters (12 feet, 0.5 inches) ... Finished fourth in the pole vault at the National Relay Championships with a mark of 3.87 meters (12 feet, 8.25 inches) ... Turned in a mark of 3.80 meters (12 feet, 5.5 inches) in the pole vault at the Duke Invitational, placing sixth.</p>	<p style="text-align: center;"><b>SEASON BEST</b></p> <p><b>Indoor:</b> 3.80m (12 ft., 5.50 in.)</p> <p><b>Outdoor:</b> 3.87m (12 ft., 8.25 in.)</p>
	<p style="text-align: center;"><b>PAIGE RITTER</b></p> <p style="text-align: center;"><b>Pole Vault • Fr. • Harrisburg, Pa.</b></p> <p style="text-align: center;">Top Mark Indoor • Top Mark Outdoor</p>	<p><b>LAST MEET:</b> 3.98 meters (13 feet, 0.75 inches) @ Akron Invitational</p> <p><b>NOTE:</b> Has yet to compete in the 2018 outdoor season ... Was a four-year letterwinner for the Panthers' track and field teams ... Mid Penn district champ and record holder, clearing a height of 12'8" in the pole vault ... Placed third at the PIAA State Championships pole vault event ... A national qualifier.</p>	<p style="text-align: center;"><b>SEASON BEST</b></p> <p><b>Indoor:</b></p> <p><b>Outdoor:</b></p>

	<p><b>MAREK BARTA</b></p> <p><b>Throws • r-Jr. • Havirov, Czech Republic</b></p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>SP - 17.51m (57 ft., 5.25 in.) • D - 61.38m (201 ft., 4.5 in.)</p>	<p><b>LAST MEET:</b> 58.27 meters (191 feet, 2 inches) @ Beach Invitational</p> <p><b>NOTE:</b> Placed seventh in the discus throw with a toss of 58.27 meters (191 feet, 2 inches) at the Beach Invitational ... Took home the gold in the discus throw with a distance of 61.13 meters (200 feet, 7 inches) at the Florida Relays.</p>	<p><b>SEASON BEST</b></p> <p><b>Indoor:</b></p> <p><b>Outdoor:</b> 61.13m (200 ft., 7 in.)</p>
	<p><b>COLLIN MCKENNY</b></p> <p><b>Throws • r-Jr. • Huntingtown, Md.</b></p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>SP - 15.13m (49 ft., 7.5 in.) • D - 49.23m (161 ft., 6 in.)</p>	<p><b>LAST MEET:</b> 45.40 meters (148 feet, 11 inches) @ Liberty Twilight</p> <p><b>NOTE:</b> Placed seventh in the discus throw with a toss of 45.50 meters (148 feet, 11 inches) at the Liberty Twilight Qualifier ... Finished 19th in the discus throw with a toss of 40.72 meters (133 feet, 7 inches) at the Tennessee Relays ... Placed eighth in the discus throw with a toss of 47.19 meters (154 feet, 10 inches) at the Florida Relays ... Competed in the men's discus, placing sixth</p>	<p><b>SEASON BEST</b></p> <p><b>Indoor:</b></p> <p><b>Outdoor:</b> 47.19m (154 ft., 10 in.)</p>
	<p><b>MATIJA MUHAR</b></p> <p><b>Throws • r-So. • Jesenice, Slovenia</b></p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>N/A • J - 75.60m (248 ft., 0 in.)</p>	<p><b>LAST MEET:</b> 69.53 meters (228 feet, 1 inch) @ '17 NCAA Outdoor Champ.</p> <p><b>NOTE:</b> Has yet to compete in the 2018 outdoor ... Named to the All-ACC Academic Team ... Won the gold medal at the 2016 ACC Outdoor Championships with a collegiate best 75.60-meter throw (248 ft.) in the javelin, earning first-team All-ACC ... Placed fourth at the NCAA East Regional prelims with a 71.78-meter throw (235 ft., 6 in.), qualifying for the NCAA Championships.</p>	<p><b>SEASON BEST</b></p> <p><b>Indoor:</b></p> <p><b>Outdoor:</b></p>
	<p><b>MATTHEW REINHART</b></p> <p><b>Throws • So. • Shoemakersville, Pa.</b></p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>N/A • J - 62.00m (203 ft., 5 in.)</p>	<p><b>LAST MEET:</b> 59.67 meters (195 feet, 9 inches) @ Beach Invitational</p> <p><b>NOTE:</b> Recorded a distance of 59.67 meters (195 feet, 9 inches) to finish 18th in the javelin at the Beach Invitational ... Placed ninth in the javelin with a personal-best toss of 62.00 meters (203 feet, 5 inches) at the Florida Relays ... Competed in the javelin, placing fourth with a distance of 59.51 meters (195 feet, 3 inches) at the Weems Baskin Relays.</p>	<p><b>SEASON BEST</b></p> <p><b>Indoor:</b></p> <p><b>Outdoor:</b> 62.00m (195 ft., 9 in.)</p>
	<p><b>LINDSAY HERRA</b></p> <p><b>Throws • r-Sr. • Belvidere, Ill./Iowa</b></p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>W - 14.55m (47 ft., 8.75 in.) • D - 50.48m (15 ft., 7.25 in.)</p>	<p><b>LAST MEET:</b> 48.08 meters (157 feet, 9 inches) @ National Relay Champ.</p> <p><b>NOTE:</b> Finished eighth in the discus at the National Relay Championships with a mark of 48.08 meters (157 feet, 9 inches) ... Set a new personal best in the discus at the Beach Invitational with a mark of 50.48 meters (165 feet, 7 inches) ... Claimed first prize with a mark of 50.01 meters (164 feet, 1 inch) in the discus throw at the Mt. Sac Relays.</p>	<p><b>SEASON BEST</b></p> <p><b>Indoor:</b></p> <p><b>Outdoor:</b> 50.48m (165 ft., 7.25 in.)</p>
	<p><b>PAVLA KUKLOVA</b></p> <p><b>Throws • r-So. • Opava, Czech Republic</b></p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>W - 18.45m (60 ft., 6.5 in.) • H - 63.45m (208 ft., 2 in.)</p>	<p><b>LAST MEET:</b> 62.87 meters (206 feet, 3 inches) @ Beach Invitational</p> <p><b>NOTE:</b> Posted a mark of 62.87 meters (206 feet, 3 inches) in the hammer throw at the Beach Invitational to finish seventh ... Participated in the hammer throw at the Mt. Sac Relays, placing sixth behind a mark of 61.64 meters (202 feet, 3 inches) ... Captured second in the hammer throw at the Florida Relays with a mark of 62.49 meters (205 feet).</p>	<p><b>SEASON BEST</b></p> <p><b>Indoor:</b> 18.45m (60 ft., 6.5 in.)</p> <p><b>Outdoor:</b> 62.87m (206 ft., 3 in.)</p>
	<p><b>EMMA THOR</b></p> <p><b>Throws • r-Fr. • Knivsta, Sweden</b></p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>N/A • H - 64.85m (212 ft., 9 in.)</p>	<p><b>LAST MEET:</b> 64.85 meters (212 feet, 9 inches) @ Mt. SAC Relays</p> <p><b>NOTE:</b> Set a new personal best in the hammer throw at the Mt. Sac Relays with a mark of 64.85 meters (212 feet, 9 inches) to finish third ... Finished first in the hammer throw at the Florida Relays with a mark of 62.86 meters (206 feet, 3 inches) ... Captured first in the hammer throw at the Weems Baskin Relays with a mark of 62.90 (206 feet, 4 inches).</p>	<p><b>SEASON BEST</b></p> <p><b>Indoor:</b></p> <p><b>Outdoor:</b> 64.85m (212 ft., 9 in.)</p>
	<p><b>KAJSA WENNBERG</b></p> <p><b>Throws • r-Fr. • Uppsala, Sweden</b></p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>N/A • H - 58.73m (192 ft., 8 in.)</p>	<p><b>LAST MEET:</b> 58.73 meters (192 feet, 8 inches) @ National Relay Champ.</p> <p><b>NOTE:</b> Posted a new personal best in the hammer throw at the National Relay Championships with a mark of 58.73 meters (192 feet, 8 inches) to finish fourth ... Competed in the hammer throw at the Beach Invitational, finishing with a mark of 57.47 meters (188 feet, 6 inches).</p>	<p><b>SEASON BEST</b></p> <p><b>Indoor:</b></p> <p><b>Outdoor:</b> 58.73m (192 ft., 8 in.)</p>

	<p><b>JAMES CARVER</b></p> <p><b>Jumps • Jr. • McLean, Va.</b></p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>HJ - 2.03m (6'7.5") • TJ - 14.23m (46'8") • HJ - 2.03m (6 ft., 8 in.)</p>	<p><b>LAST MEET:</b> TJ - 14.71m (46 feet, 6 inches) @ Liberty Twilight Qualifier</p> <p><b>NOTE:</b> Posted a mark of 14.71 meters (46feet, 6 inches) at the Liberty Twilight Qualifier, placing fourth ... Recorded a personal-best leap of 2.03 meters (6 feet, 8 inches) in the high jump to finish ninth and a distance of 14.04w meters (46 feet, 0.75 inches) in the triple jump to place ninth in the War Eagle Invitational.</p>	<p><b>SEASON BEST</b></p> <p><b>Indoor:</b> HJ- 1.97m (6 ft., 5.5 in.) LJ- 14.23m (46 ft., 8 in.)</p> <p><b>Outdoor:</b> HJ- 2.03m (6 ft., 8 in.) LJ- 14.33m (47 ft., 0.25 in.)</p>
	<p><b>JAMES HOLT</b></p> <p><b>Jumps • So. • Glenmoore, Pa.</b></p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>LJ - 6.90m (22 ft., 7.5 in.) • LJ - 6.89m (22 ft., 7.25 in.)</p>	<p><b>LAST MEET:</b> LJ - 6.89m (22 feet, 7.25 inches) @ Liberty Twilight Qualifier</p> <p><b>NOTE:</b> Leaped a personal-best distance of 6.99 meters (22 feet, 11.25 inches) to place sixth in the long jump at the War Eagle Invitational ... Leaped a distance of 6.89 meters (22 feet, 7.25 inches) to place sixth in the long jump at the War Eagle Invitational.</p>	<p><b>SEASON BEST</b></p> <p><b>Indoor:</b> LJ- 6.90m (22 ft., 7.5 in.)</p> <p><b>Outdoor:</b> LJ- 6.89m (22 ft., 7.25 in.)</p>
	<p><b>WILL KENDALL</b></p> <p><b>Jumps • r-Jr. • Midlothian, Va.</b></p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>HJ - 2.06m (6 ft., 9 in.) • HJ - 2.02m (6 ft., 7.5 in.)</p>	<p><b>LAST MEET:</b> HJ - 1.93m (6 feet, 4 inches) @ War Eagle invitational</p> <p><b>NOTE:</b> Recorded a height of 1.93 meters (6 feet, 4 inches) in the high jump to finish 11th at the War Eagle Invitational ... Leaped a height of 1.90 meters (6 feet, 2.75 inches) to finish 11th in the high jump at the Weems Baskin Relays.</p>	<p><b>SEASON BEST</b></p> <p><b>Indoor:</b> HJ- 2.01m (6 ft., 7 in.)</p> <p><b>Outdoor:</b> HJ- 1.93m (6 ft., 4 in.)</p>
	<p><b>MATTHEW MANILLI</b></p> <p><b>Multi-Events • Fr. • Alexandria, Va.</b></p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>Heptathlon - 4,939 • LJ - 6.90m (22 ft., 7.75 in.)</p>	<p><b>LAST MEET:</b> LJ - 6.90m (22 feet, 7.75 inches) @ Weems Baskin Relays</p> <p><b>NOTE:</b> Collected a time of 23.02 seconds in the 200 meters and leaped a distance of 6.90 meters (22 feet, 7.75 inches) in the long jump to place eighth at the Weems Baskin Relays.</p>	<p><b>SEASON BEST</b></p> <p><b>Indoor:</b> 4,939 points</p> <p><b>Outdoor:</b> LJ- 6.90m (22 ft., 7.75 in.)</p>
	<p><b>MACKENZIE MULDOON</b></p> <p><b>Multi-Events • r-Jr. • Christiansburg, Va.</b></p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>Heptathlon - 5,246 pts. • Decathlon - 6,758 pts.</p>	<p><b>LAST MEET:</b> 5,246 points @ ACC Indoor Champ.</p> <p><b>NOTE:</b> Has yet to compete in the 2018 outdoor ... Finished fifth in the heptathlon at the ACC Championships, scoring a personal-best 5,246 points ... Ran a time of 7.25 seconds in the 60 meter dash and 8.35 seconds in the 60 meter hurdles ... Clocked a time of 2:45.76 in the 1,000 meters ... Jumped a height of 1.86 meters (6 feet, 1.25 inches) in the high jump and 4.40 meters</p>	<p><b>SEASON BEST</b></p> <p><b>Indoor:</b> 5,246 points</p> <p><b>Outdoor:</b></p>
	<p><b>STEFANIE AESCHLIMANN</b></p> <p><b>Jumps • Fr. • Wettstetten, Germany</b></p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>TJ - 12.62m (41 ft., 1.75 in.) • TJ - 12.96m (42 ft., 6 in.)</p>	<p><b>LAST MEET:</b> 12.68 meters (41 feet, 7.25 inches) @ National Relay Champ.</p> <p><b>NOTE:</b> Finished ninth in the triple jump at the National Relay Championships after recording a mark of 12.68 meters (41 feet, 7.25 inches) ... Posted a mark of 12.61 meters (41 feet, 4.5 inches) in the triple jump at the War Eagle Invitational 2018 to finish seventh.</p>	<p><b>SEASON BEST</b></p> <p><b>Indoor:</b> TJ-12.62m (41 ft., 1.75 in.)</p> <p><b>Outdoor:</b> TJ -12.96m (42 ft., 6 in.)</p>
	<p><b>ESZTER BAJNOK</b></p> <p><b>Jumps • So. • Kethely, Hungary</b></p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>LJ - 6.06m (19 ft., 10.75 in.) • TJ - 13.05m (42 ft., 9.75 in.)</p>	<p><b>LAST MEET:</b> 6.04 meters (19 feet, 9.75 inches) @ National Relay Champ.</p> <p><b>NOTE:</b> Posted a mark of 6.04 meters (19 feet, 9.75 inches) at the National Relay Championship, placing seventh ... Finished fourth at the War Eagle Invitational 2018 in the triple jump with a mark of 12.94 meters (42 feet, 5.5 inches) ... Placed sixth in the long jump at the Tennessee Relays with a mark of 6.08 meters (19 feet, 11.5 inches).</p>	<p><b>SEASON BEST</b></p> <p><b>Indoor:</b> LJ 6.06m (19 ft., 10.75 in.)</p> <p><b>Outdoor:</b> LJ 6.13m (20 ft., 1.5 in.)</p>
	<p><b>CECILA MARENICK</b></p> <p><b>Jumps • Fr. • High Point, N.C.</b></p> <p>Top Mark Indoor • Top Mark Outdoor</p>	<p><b>LAST MEET:</b></p> <p><b>NOTE:</b> Has yet to compete in the 2018 outdoor ... Four-time all-conference and regional qualifier ... Three-time state qualifier ... Placed fourth at the state championships in 2016 ... Regional champion in 2017. Won the coaches' award 2014, MVP Field 2015, MVP Field (Indoor 2016), MVP Track (Outdoor 2016), MVP Senior (Indoor 2017) and MVP Field (outdoor 2017).</p>	<p><b>SEASON BEST</b></p> <p><b>Indoor:</b></p> <p><b>Outdoor:</b></p>
	<p><b>EMILY MILLER</b></p> <p><b>Multi-Events • r-So. • West Lawn, Pa</b></p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>Pentathlon - 3,120 pts. • Heptathlon - 4,117 pts.</p>	<p><b>LAST MEET:</b> HJ - 1.46 meters (4 feet, 9.5 inches) @ Liberty Twilight</p> <p><b>NOTE:</b> Finished ixth in the high jump at the Liberty Twilight Qualifier after recording a mark of 1.46 meters (4 feet, 9.5 inches).</p>	<p><b>SEASON BEST</b></p> <p><b>Indoor:</b></p> <p><b>Outdoor:</b> HJ -1.46m (4 ft., 9.5 in.)</p>









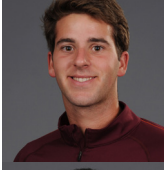



	<p><b>MATTHEW BAKER</b></p> <p><b>Sprints • So. • Leonardtown, Md.</b></p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>400m - 48.48 • 400m - 48.56</p>	<p><b>LAST MEET:</b> 200 meters - 21.72 @ Liberty Twilight Qualifier</p> <p><b>NOTE:</b> Collected a time of 21.72 seconds in the 200 meters to place ninth and 51.53 seconds in the 400 meters to finish 12th at the Liberty Twilight Qualifier ... Turned in a time of 21.79 seconds in the 200 meters to place 22nd and 49.59 seconds in the 400 meters to finish 30th at the National Relay Championships.</p>	<p><b>SEASON BEST</b></p> <p><b>Indoor:</b> 400m - 48.48</p> <p><b>Outdoor:</b> 200m - 21.64 400m - 49.55</p>
	<p><b>JARED BANE</b></p> <p><b>Sprints • Jr. • Herndon, Va.</b></p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>200m - 21.37 • 200m - 21.33w</p>	<p><b>LAST MEET:</b> 200 meters - 21.44 @ National Relay Championships</p> <p><b>NOTE:</b> Tallied a time of 21.44 seconds in the 200 meters to place 15th National Relay Championships ... Collected a time of 21.46 seconds in the 200 meters to finish 19th at the War Eagle Invitational ... Clocked a personal-best time of 21.33w seconds in the 200 meters to finish 16th and was part of the distance medley relay team (9:56.59) that placed first at the Tennessee Relays.</p>	<p><b>SEASON BEST</b></p> <p><b>Indoor:</b> 200m - 21.37 300m - 34.89 400m - 49.00</p> <p><b>Outdoor:</b> 200m - 21.33w</p>
	<p><b>GREG CHILES</b></p> <p><b>Sprints/Hurdles • Sr. • Chesapeake, Va.</b></p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>400m - 46.98 • 400h - 50.39</p>	<p><b>LAST MEET:</b> 400 hurdles - 51.25 @ Tennessee Relays</p> <p><b>NOTE:</b> Won the 400-meter hurdles with a time of 51.25 seconds at the Tennessee Relays ... Placed third in the 400-meter hurdles with a time of 50.77 seconds and ran the first leg of the 4x400-meter relay team (3:13.02) that placed eighth at the Clyde Littlefield Texas Relays.</p>	<p><b>SEASON BEST</b></p> <p><b>Indoor:</b> 400m - 47.50 200m - 21.20 600m - 1:20.80</p> <p><b>Outdoor:</b> 400h - 50.77 400m - 48.24</p>
	<p><b>ALEX DAVENPORT</b></p> <p><b>Sprints/Hurdles • Fr. • Glade Spring, Va.</b></p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>60h - 8.25 • 200m - 23.78</p>	<p><b>LAST MEET:</b> 400 hurdles - 58.88 @ Liberty Twilight Qualifier</p> <p><b>NOTE:</b> Collected a time of 58.88 in the 400-meter hurdles at the Liberty Twilight Qualifier placing eventh ... Tallied a time of 15.43 seconds in the 110-meter hurdles to finish 22nd at the Tennessee Relays ... Clocked a personal-best time of 15.41w in the 110-meter hurdles to finish ninth and 23.83 seconds in the 200 meters to place 44th at the VertKlasse Meeting.</p>	<p><b>SEASON BEST</b></p> <p><b>Indoor:</b> 60h - 8.25 200m - 23.67 300m - 38.65</p> <p><b>Outdoor:</b> 110h - 15.41w 200m - 23.78</p>
	<p><b>MICHAEL DAVENPORT</b></p> <p><b>Sprints • So. • Winston-Salem, N.C.</b></p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>60m - 6.92, 200m - 21.26 • 100m - 10.28, 200m - 20.97</p>	<p><b>LAST MEET:</b> 200 meters - 21.40 @ Liberty Twilight Qualifier</p> <p><b>NOTE:</b> Collected a time of 10.66 seconds in the 100 meters to place ninth and 40.26 seconds as a member of the 400x100 team that finished first at the Liberty Twilight Qualifier ... Tallied a time of 21.40 seconds in the 200 meters to place 14th and 40.13 seconds as a member of the 400x100 team that finished seventh at the National Relay Championships.</p>	<p><b>SEASON BEST</b></p> <p><b>Indoor:</b> 200m - 21.36 60m - 6.93 400m - 48.73</p> <p><b>Outdoor:</b> 100m - 10.56w 200m - 21.19</p>
	<p><b>SAMUEL DENMARK</b></p> <p><b>Sprints • Jr. • Huger, S.C.</b></p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>60m - 6.87, 20m - 22.17 • 100m - 10.60, 200m - 21.75</p>	<p><b>LAST MEET:</b> 100 meters - 10.47w @ Liberty Twilight Qualifier</p> <p><b>NOTE:</b> Collected a time of 10.47 in the 100-meter dash at the Liberty Twilight Qualifier placing fourth ... Tallied a time of 10.73 seconds in the 100 meters to place 20th and 40.13 seconds as a member of the 400x100 team that finished seventh at the National Relay Championships ... Collected a time of 10.81 seconds in the 100-meter dash to finish 15th and 21.94 seconds in the 200 meters to place 29th at the War Eagle Invitational.</p>	<p><b>SEASON BEST</b></p> <p><b>Indoor:</b> 60m - 6.92 200m - 22.17</p> <p><b>Outdoor:</b> 100m - 10.47w 200m - 21.75</p>
	<p><b>LAWRENCE HARRIS</b></p> <p><b>Sprints • r-Sr. • Norfolk, Va.</b></p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>60m - 6.78 • 100m - 10.39, 200m - 21.36</p>	<p><b>LAST MEET:</b> 100 meters - 10.39 @ Liberty Twilight Qualifier</p> <p><b>NOTE:</b> Recorded personal-best of 10.39 seconds in the 100 meters to place first and 40.26 seconds as a member of the 400x100 team that finished first at the Liberty Twilight Qualifier ... Tallied a time of 10.66 seconds in the 100 meters to place 20th and 40.13 seconds as a member of the 400x100 team that finished seventh at the National Relay Championships.</p>	<p><b>SEASON BEST</b></p> <p><b>Indoor:</b> 60m - 6.78 200m - 21.87</p> <p><b>Outdoor:</b> 100m - 10.39 200m - 21.36</p>
	<p><b>NATHAN HOGYE</b></p> <p><b>Sprints • Jr. • Annandale, Va.</b></p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>200m - 22.83, 400m - 49.65 • 200m - 22.84w, 400m - 49.79</p>	<p><b>LAST MEET:</b> 400 meters - 50.33 @ Liberty Twilight Qualifier</p> <p><b>NOTE:</b> Collected a time of 50.33 in the 400-meter dash at the Liberty Twilight Qualifier placing sixth ... Tallied a time of 23.01 seconds in the 200 meters to finish 55th and a personal-best 49.79 seconds in the 400 meters to place 28th at the Tennessee Relays.</p>	<p><b>SEASON BEST</b></p> <p><b>Indoor:</b> 400m - 49.65 200m - 22.83</p> <p><b>Outdoor:</b> 200m - 22.84w 400m - 49.79</p>
	<p><b>AUSTIN KOLKO</b></p> <p><b>Sprints/Hurdles • r-Jr. • Vienna, Va.</b></p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>400m - 49.74 • 400h - 52.86</p>	<p><b>LAST MEET:</b> 400 hurdles - 53.20 @ National Relay Championships</p> <p><b>NOTE:</b> Tallied a time of 53.20 seconds in the 400 hurdles to finish 19th at the National Relay Championships ... Collected a time of 53.62 seconds in the 400-meter hurdles to finish eighth at the Duke Invitational ... Ran a time of 55.45 seconds in the 400-meter hurdles to finish 16th at the Tennessee Relays.</p>	<p><b>SEASON BEST</b></p> <p><b>Indoor:</b> 400m - 50.20 200m - 22.91</p> <p><b>Outdoor:</b> 400h - 53.20</p>











	<b>JOSEPH TAY</b>	<p><b>LAST MEET:</b> 100 meters - 10.81w @ Liberty Twilight Qualifier</p> <p><b>NOTE:</b> Collected a time of 10.75w seconds in the 100 meters to place 12th and 40.26 seconds as a member of the 400x100 team that finished first at the Liberty Twilight Qualifier ... Turned in a time of 10.81w seconds in the 100 meters to place 24th and 40.13 seconds as a member of the 400x100 team that finished seventh at the National Relay Championships.</p>	<p style="text-align: center;"><b>SEASON BEST</b></p> <p><b>Indoor:</b> 60m - 6.88 200m - 22.47</p> <p><b>Outdoor:</b> 100m - 10.75w 200m - 22.09</p>
	<b>Sprints • So. • Bristow, Va</b>		
	Top Mark Indoor • Top Mark Outdoor		
	60m - 6.88, 200m - 22.47 • 100m - 10.99, 200m - 22.09		
	<b>BRANDON THOMAS</b>	<p><b>LAST MEET:</b> 400 meters - 48.82 @ National Relay Championships</p> <p><b>NOTE:</b> Tallied a time of 47.82 seconds in the 400 meters to place 22nd and 9:40.86 seconds as a member of the DMR team that finished fourth at the National Relay Championships ... Collected a time of 48.59 seconds in the 400 meters to place 17th at the War Eagle Invitational ... Tallied a time of 47.97 seconds in the 400 meters to finish 11th at the Tennessee Relays.</p>	<p style="text-align: center;"><b>SEASON BEST</b></p> <p><b>Indoor:</b> 200m - 22.06 400m - 48.17</p> <p><b>Outdoor:</b> 400m - 47.82</p>
	<b>Sprints • So. • Richmond, Va.</b>		
	Top Mark Indoor • Top Mark Outdoor		
	200m - 22.06, 400m - 47.75 • 200m - 22.05, 400m - 47.24		
	<b>DARIUS WATKINS</b>	<p><b>LAST MEET:</b> 100 meters - 10.83 @ Tennessee Relays</p> <p><b>NOTE:</b> Clocked a time of 10.83 seconds in the 100-meter dash to place 29th and 21.78 seconds in the 200 meters to finish 33rd at the Tennessee Relays ... Also ran the anchor leg of the 4x100-meter relay team (42.26) that finished 11th at the Tennessee Relays ... Ran the anchor leg of the 4x100-meter prelims (40.84 seconds) at the Clyde Littlefield Texas Relays.</p>	<p style="text-align: center;"><b>SEASON BEST</b></p> <p><b>Indoor:</b> 60m - 6.93 200m - 22.03</p> <p><b>Outdoor:</b> 100m - 10.80w 200m - 21.78</p>
	<b>Sprints • r-Jr. • Grovetown, Ga.</b>		
	Top Mark Indoor • Top Mark Outdoor		
	60m - 6.82, 200m - 21.72 • 100m - 10.50, 200m - 21.15		

	<p><b>COURTNEY BLANDEN</b></p> <p><b>Sprints • Sr. • Weddington, N.C.</b></p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>200m - 23.60, 400m - 53.54 • 200m - 23.01, 400m - 52.24</p>	<p><b>LAST MEET:</b> 400 meters - 53.58 @ National Relay Championships</p> <p><b>NOTE:</b> Finished eighth in the 400-meter dash at the National Relay Championships with a time of 53.58 ... Was a member of the 4x100-meter relay team that claimed eighth with an overall time of 44.94 ... Also competed on the 4x400-meter relay team that posted an overall time of 3:36.95 to place eighth.</p>	<p><b>SEASON BEST</b></p> <p><b>Indoor:</b> 60m - 7.52 200m - 23.84 400m - 54.31</p> <p><b>Outdoor:</b> 200m - 23.40 400m - 53.58</p>
	<p><b>SHANEL BURR</b></p> <p><b>Sprints/Hurdles • Sr. • Kennesaw, Ga.</b></p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>60h - 8.36, 200m - 25.09 • 100h - 13.61, 200m - 24.78</p>	<p><b>LAST MEET:</b> 100 hurdles - 13.76 @ Liberty Twilight Qualifier</p> <p><b>NOTE:</b> Turned in a time of 13.7 in the 100-meter hurdles at the Liberty Twilight Qualifier ... Posted a time of 13.88 in the 100-meter hurdles at the National Relay Championships ... Competed in the 200-meter dash at the War Eagle Invitational 2018, posting a time of 25.32 ... Also placed third in the preliminaries of the 100-meter hurdles with a time of 13.91.</p>	<p><b>SEASON BEST</b></p> <p><b>Indoor:</b> 60h - 8.75 200m - 26.28</p> <p><b>Outdoor:</b> 200m - 25.32 100h - 13:68w</p>
	<p><b>ARLICIA BUSH</b></p> <p><b>Sprints • So. • Princeton, Ky.</b></p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>200m - 24.98, 400m - 54.54 • 200m - 24.21, 400m - 53.29</p>	<p><b>LAST MEET:</b> 400 meters - 54.00 @ National Relay Championships</p> <p><b>NOTE:</b> Turned in a time of 54.00 in the 400-meter dash at the National Championship Relays ... Was a member of the 4x100-meter relay team that claimed eighth with a time of 44.94 ... Also competed in the 4x400-meter relay, finishing eighth with an overall time of 3:36.95.</p>	<p><b>SEASON BEST</b></p> <p><b>Indoor:</b> 200m - 24.98 400m - 54.62</p> <p><b>Outdoor:</b> 200m - 24.21 400m - 54.00</p>
	<p><b>KENNEDY DENNIS</b></p> <p><b>Sprints • Fr. • Greenville, S.C.</b></p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>60m - 7.40 • 100m - 11.56, 200m - 23.95</p>	<p><b>LAST MEET:</b> 100 meters - 11.56 @ Liberty Twilight Qualifier</p> <p><b>NOTE:</b> Turned in a personal-best time of 11.56 in the 100-meter dash at the Liberty Twilight Qualifier ... Posted a time of 11.77 in the 100-meter dash at the National Relay Championships ... Also competed on the 4x100-meter and 4x400-meter relay teams that both placed eighth with a time of 44.94 and 3:36.95, respectively.</p>	<p><b>SEASON BEST</b></p> <p><b>Indoor:</b> 60m - 7.40 200m - 23.91</p> <p><b>Outdoor:</b> 100m - 11.56 200m - 23.95</p>
	<p><b>ADIAH GHOLSTON</b></p> <p><b>Sprints • Fr. • Blacksburg, Va.</b></p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>.</p>	<p><b>LAST MEET:</b></p> <p><b>NOTE:</b> Has yet to compete in the 2018 outdoor season ... Took second at the River Ridge Quad in the 400 meters ... Won the 800-meter run at the Tri-Cities Track Classic ... Finished sixth in the 800 meters at the VSHL 3A State Championship, after finishing first at the VSHL 3A West Regional.</p>	<p><b>SEASON BEST</b></p> <p><b>Indoor:</b></p> <p><b>Outdoor:</b></p>
	<p><b>NORA MCKIVER</b></p> <p><b>Sprints/Hurdles • r-Sr. • High Point, N.C.</b></p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>200m - 23.84 • 400h - 57.87</p>	<p><b>LAST MEET:</b> 400 hurdles - 1:01.19 @ Liberty Twilight Qualifier</p> <p><b>NOTE:</b> Finished first in the 400-meter hurdles at the Liberty Twilight Qualifier with a time of 1:01.19 ... Turned in a time of 1:00.77 in the 400-meter hurdles at the National Relay Championships ... Was a member of the DMR team that finished third with a time of 11:28.21 ... Finished fifth in the 400-meter hurdles at the War Eagle Invitational 2018 with a time of 1:02.15.</p>	<p><b>SEASON BEST</b></p> <p><b>Indoor:</b> 200m - 24.43 400m - 56.81</p> <p><b>Outdoor:</b> 400h - 1:01.19</p>
	<p><b>CAITLAN TATE</b></p> <p><b>Sprints • Fr. • Atlanta, Ga.</b></p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>60m - 7.40, 200m - 23.96 • 100m - 11.82</p>	<p><b>LAST MEET:</b> 100 meters - 11.82 @ Liberty Twilight Qualifier</p> <p><b>NOTE:</b> Posted a time of 11.82 in the 100-meter dash at the Liberty Twilight Qualifier ... Finished the 200-meter dash with a time of 25.71 at the Tennessee Relays ... Set a new personal record in the 400-meter dash, finishing with a time of 55.86.</p>	<p><b>SEASON BEST</b></p> <p><b>Indoor:</b> 60m - 7.40 200m - 23.94</p> <p><b>Outdoor:</b> 200m - 23.80w 400m - 55.86</p>
	<p><b>AMA-SELINA TCHUME</b></p> <p><b>Sprints • Sr. • Raleigh, N.C.</b></p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>200m - 24.00 • 200m - 23.82, 400m - 55.47</p>	<p><b>LAST MEET:</b> 200m - 23.98 @ National Relay Championships</p> <p><b>NOTE:</b> Turned in a time of 23.98 in the 200-meter dash at the National Relay Championships ... Also competed on the 4x100-meter relay team that finished eighth with a time of 44.94 ... Was a member of the 4x400-meter team that claimed eighth with an overall time of 3:36.95 ... Posted a time of 24.01 in the 200-meter dash at the War Eagle Invitational 2018.</p>	<p><b>SEASON BEST</b></p> <p><b>Indoor:</b> 200m - 24.00</p> <p><b>Outdoor:</b> 200m - 23.98 400m - 55.68</p>
	<p><b>AMANDA THOMAS</b></p> <p><b>Sprints/Hurdles • So. • Chesapeake, Va.</b></p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>600m - 1:33.69 • 400m - 58.23, 400h - 1:03.90</p>	<p><b>LAST MEET:</b> 600m - 1:33.69 @ Clemson Invitational</p> <p><b>NOTE:</b> Has yet to compete in the 2018 outdoor season ... Ran the 400-meter dash in 57.88 seconds at the Clemson Invitational ... Also posted a new personal record in the 600 meter with a time of 1:33.69 to finish eighth ... Kicked off the season at the Nittany Lion Challenge in the 600-meter dash, finishing sixth with a time of 1:33.78.</p>	<p><b>SEASON BEST</b></p> <p><b>Indoor:</b> 600m - 1:33.69 400m - 57.88</p> <p><b>Outdoor:</b></p>






	<b>OWEN BUCK</b>	<b>LAST MEET:</b> 800 meters - 1:51.28 @ National Relay Championships	<b>SEASON BEST</b>
	<b>Mid-Distance • So. • Seattle, Wash.</b>	<b>NOTE:</b> Posted a time of 1:51.28 in the 800 meters at the National Relay Championships ... Collected a personal-best time of 1:50.47 in the 800 meters to place 14th and ran the first leg of the 4x400-meter relay team (3:19.31) that finished 13th at the Duke Invitational a personal-best time of 3:51.90 in the 1,500 meters to finish ninth and was part of the distance medley relay team	<b>Indoor:</b> 800m - 1:51.96
	Top Mark Indoor • Top Mark Outdoor		<b>Outdoor:</b> 800m - 1:50.47 1,500m - 3:51.90
	800m - 1:51.08 • 800m - 1:50.47		
	<b>VINCENT CIATTEI</b>	<b>LAST MEET:</b> 1,500 meters - 3:42.59 @ National Relay Championships	<b>SEASON BEST</b>
	<b>Mid-Distance • r-Sr. • Baltimore, Md.</b>	<b>NOTE:</b> Tallied a time of 3:42.59 seconds in the 1,500 meters to place first and 7:25.97 seconds as a member of the 400x800 team that finished first at the National Relay Championships ... Collected a time of 1:48.29 in the 800 meters to place sixth and ran the third leg of the 4x400-meter relay team (3:19.31) that finished 13th at the Duke Invitational ... Ran a time of 14:43.12	<b>Indoor:</b> Mile - 3:59.57 3,000m - 8:10.91
	Top Mark Indoor • Top Mark Outdoor		<b>Outdoor:</b> 800m - 1:48.29 1,500m - 3:42.59
	Mile - 3:59.57 • 1,500m - 3:42.59		
	<b>BEN FLEMING</b>	<b>LAST MEET:</b> 3,000 steeplechase- 9:21.85 @ National Relay Champ.	<b>SEASON BEST</b>
	<b>Distance • Fr. • Blacksburg, Va.</b>	<b>NOTE:</b> Clocked a time of 9:21.85 in the 3,000 steeplechase at the National Relay Championships placing sixth ... Collected a time of 1:57.31 in the 800 meters at the Duke Invitational ... Clocked a time of 14:52.12 in the 5,000 meters to place seventh in the Tennessee Relays ... Ran a time of 3:51.75 in the 1,500 meters at the Raleigh Relays.	<b>Indoor:</b> Mile - 4:14.70
	Top Mark Indoor • Top Mark Outdoor		<b>Outdoor:</b> 800m - 1:57.31 3,000s - 9:21.85
	Mile - 4:14.70 • 800m - 1:57.31		
	<b>ANDREW GOLDMAN</b>	<b>LAST MEET:</b> 1,500 meters - 3:42.59 @ National Relay Championships	<b>SEASON BEST</b>
	<b>Distance • Jr. • Herndon, Va.</b>	<b>NOTE:</b> Turned in a time of 3:56.03 in the 1,500-meter run at the National Relay Championships ... Collected a time of 3:49.78 in the 1,500 meters to finish seventh at the Duke Invitational ... Clocked a time of 14:50.14 in the 5,000 meters to finish fifth at the Tennessee Relays ... Ran a time of 15:33.37 in the 5,000 meters at the Raleigh Relays.	<b>Indoor:</b> Mile - 4:07.16
	Top Mark Indoor • Top Mark Outdoor		<b>Outdoor:</b> 1,500m - 3:49.78 5,000m - 14:50.14
	Mile - 4:07.16 • 1,500m - 3:47.33		
	<b>WILL GRIFFEN</b>	<b>LAST MEET:</b> 3,000 steeplechase - 9:48.23 @ National Relay Champ.	<b>SEASON BEST</b>
	<b>Distance • Fr. • Elkins Park, Pa.</b>	<b>NOTE:</b> Clocked a time of 9:21.85 in the 3,000 steeplechase at the National Relay Championships placing 13th ... Collected a time of 1:56.28 in the 800 meters at the Duke Invitational ... Tallied a time of 14:49.82 in the 5,000 meters to finish fourth at the Tennessee Relays ... Clocked a time of 4:01.98 in the 1,500 meters at the Raleigh Relays.	<b>Indoor:</b> 3,000m - 8:38.71
	Top Mark Indoor • Top Mark Outdoor		<b>Outdoor:</b> 3,000s - 9:48.23
	3,000m - 8:38.71 • 3,000m - 9:48.82		
	<b>OSMAN HUMEIDA</b>	<b>LAST MEET:</b> 1,500 meters - 4:03.36 @ Liberty Twilight Qualifier	<b>SEASON BEST</b>
	<b>Distance • Fr. • South Riding, Va.</b>	<b>NOTE:</b> Turned in a time of 4:03.36 in the 1,500-meter run at the Liberty Twilight Qualifier ... Collected a personal-best time of 15:01.20 to finish 13th in the 5,000 meters at the Duke Invitational ... Ran a time of 15:25.27 in the 5,000 meters at the Raleigh Relays.	<b>Indoor:</b> 3,000m - 8:44.96
	Top Mark Indoor • Top Mark Outdoor		<b>Outdoor:</b> 5,000m - 15:01.20
	Mile - 4:23.39 • 5,000m - 15:01.20		
	<b>JACK JOYCE</b>	<b>LAST MEET:</b> 1,500 meters - 3:49.98 @ National Relay Championships	<b>SEASON BEST</b>
	<b>Distance • r-So. • Ashburn, Va.</b>	<b>NOTE:</b> Tallied a time of 3:49.98 seconds in the 1,500 meters to place 14th and 9:40.86 seconds as a member of the DMR team that finished fourth at the National Relay Championships ... Collected a personal-best time of 14:06.72 in the 5,000 meters to place fifth at the Duke Invitational.	<b>Indoor:</b> 3,000m - 8:12.99
	Top Mark Indoor • Top Mark Outdoor		<b>Outdoor:</b> 1,500m - 3:49.98 5,000m - 14:06.72
	3,000m - 8:12.99, 5,000m - 14:32.94 • 5,000m - 14:06.72		
	<b>BASHIR MOSAVEL-LO</b>	<b>LAST MEET:</b> 1,500 meters - 3:48.18 @ National Relay Championships	<b>SEASON BEST</b>
	<b>Distance • Fr. • Richmond, Va.</b>	<b>NOTE:</b> Tallied a time of 3:48.18 seconds in the 1,500 meters to place 11th and 7:25.97 seconds as a member of the 400x800 team that finished first at the National Relay Championships ... Collected a time of 1:49.49 in the 800 meters to place 11th and ran the second leg of the 4x400-meter relay team (3:19.31) that finished 13th at the Duke Invitational ... Clocked a time of	<b>Indoor:</b> 3,000m - 8:32.58 Mile - 4:08.82
	Top Mark Indoor • Top Mark Outdoor		<b>Outdoor:</b> 1,500m - 3:48.18
	3,000m - 8:32.58 • 1,500m - 3:48.18		
	<b>PETER SEUFER</b>	<b>LAST MEET:</b> 1,500 meters - 3:47.00 @ National Relay Championships	<b>SEASON BEST</b>
	<b>Distance • r-So. • Lynchburg, Va.</b>	<b>NOTE:</b> Tallied a time of 3:47.00 seconds in the 1,500 meters to place 11th and 9:40.86 seconds as a member of the DMR team that finished fourth at the National Relay Championships ... Finished second in the 5,000 meters with a personal-best time of 13:53.35 at the Duke Invitational.	<b>Indoor:</b> 3,000m - 8:04.63 5,000m - 13:55.40
	Top Mark Indoor • Top Mark Outdoor		<b>Outdoor:</b> 1,500m - 3:47.00 5,000 - 13:53.35
	3,000m - 8:04.63, 5,000m - 13:55.40 • 5,000m - 13:53.35		
	<b>FITSUM SEYOUM</b>	<b>LAST MEET:</b> 3,000 meter - 8:55.33 @ National Relay Championships	<b>SEASON BEST</b>
	<b>Distance • r-Fr. • Leesburg, Va.</b>	<b>NOTE:</b> Placed fourth in the 3,000 steeplechase with a time of 8:59.28 at the National Relay Championships ... Collected a personal-best time of 1:54.67 in the 800 meters to finish 35th at the Duke Invitational ... Clocked a time of 3:57.08 in the 1,500 meters to finish 17th at the Tennessee Relays ... Ran a personal-best time of 14:48.20 in the 5,000 meters at the Raleigh Relays.	<b>Indoor:</b> 3,000m - 8:24.57 Mile - 4:20.59
	Top Mark Indoor • Top Mark Outdoor		<b>Outdoor:</b> 800m - 1:54.67 3,000s - 8:59.28
	Mile - 4:16.88 • 3,000s - 8:59.28		

	<b>WILLIAM SHAFFER</b>	<b>LAST MEET:</b> 1,500 - 4:01.43 @ Duke Invitational	<b>SEASON BEST</b>
	<b>Distance • r-Sr. • Madison, W.Va./Marshall</b>	<b>NOTE:</b> Collected a time of 4:01.43 in the 1,500 meters to finish 30th at the Duke Invitational ... Clocked a time of 9:34.41 in the 3,000-meter steeplechase to place seventh at the Tennessee Relays ... Ran a time of 15:32.69 in the 5,000 meters at the Raleigh Relays.	<b>Indoor:</b> Mile - 4:19.97 3,000m - 8:48.34
	Top Mark Indoor • Top Mark Outdoor		<b>Outdoor:</b> 1,500m - 4:01.43 3,000s - 9:34.41
	Mile - 4:19.97 • 3,000s - 9:34.41		
	<b>THIERRY SIEWE YANGA</b>	<b>LAST MEET:</b> 1,500 meters - 3:55.64 @ National Relay Championships	<b>SEASON BEST</b>
	<b>Distance • Fr. • Silver Spring, Md.</b>	<b>NOTE:</b> Tallied a time of 4:15.38 seconds in the 1,500 meters to place 11th and 7:25.97 seconds as a member of the 400x800 team that finished first at the National Relay Championships ... Ran a time of 1:53.46 in the 800 meters to finish 29th and 3:55.64 in the 1,500 meters to place 16th at the Duke Invitational.	<b>Indoor:</b> 1,000m - 2:27.07 800m - 1:53.08
	Top Mark Indoor • Top Mark Outdoor		<b>Outdoor:</b> 800m - 1:53.46 1,500m - 3:55.64
	800m - 1:53.08, 1,000m - 2:27.07 • 1,500m - 3:55.64		
	<b>DAVE WHITFIELD</b>	<b>LAST MEET:</b> 1,500 meters - 4:21.13 @ National Relay Championships	<b>SEASON BEST</b>
	<b>Distance • Fr. • Upper Darby, Pa.</b>	<b>NOTE:</b> Tallied a time of 3:47.00 seconds in the 1,500 meters to place 11th and 9:40.86 seconds as a member of the DMR team that finished fourth at the National Relay Championships ... Collected a personal-best time of 3:58.20 in the 1,500 meters at the Duke Invitational to place 22nd.	<b>Indoor:</b> 800m - 1:55.00 1,000m - 2:31.00
	Top Mark Indoor • Top Mark Outdoor		<b>Outdoor:</b> 800m - 1:55.07 1,500m - 3:58.20
	800m - 1:55.00 • 800m - 1:55.07, 1,500m - 3:58.20		
	<b>ZACHARY WITT</b>	<b>LAST MEET:</b> Mile - 4:21.00 @ Liberty Kickoff	<b>SEASON BEST</b>
	<b>Distance • So. • Glen Allen, Va./Christopher Newport</b>	<b>NOTE:</b> Has yet to compete in the 2018 outdoor season ... Clocked a time of 4:21.00 in the mile at the Liberty Kickoff to place 21st ... Ran a time of 8:39.73 in the 3000 meters to finish 11th at the Keydet Invitational.	<b>Indoor:</b> Mile - 4:21.00
	Top Mark Indoor • Top Mark Outdoor		<b>Outdoor:</b>
	Mile - 4:12.00 •		
	<b>DIEGO ZARATE</b>	<b>LAST MEET:</b> 1,500 meters - 3:43.95 @ National Relay Championships	<b>SEASON BEST</b>
	<b>Distance • r-So. • Germantown, Md.</b>	<b>NOTE:</b> Tallied a time of 4:15.38 seconds in the 1,500 meters to place 11th and 7:25.97 seconds as a member of the 400x800 team that finished first at the National Relay Championships ... Collected a time of 1:48.81 in the 800 meters to place eighth and ran the anchor leg of the 4x400-meter relay team (3:19.31) that finished 13th at the Duke Invitational.	<b>Indoor:</b> Mile - 4:03.55 3,000m - 8:18.05
	Top Mark Indoor • Top Mark Outdoor		<b>Outdoor:</b> 800m - 1:48.81 1,500m - 3:43.95
	Mile - 4:02.72 • 1,500m - 3:43.95		

	<b>LAURIE BARTON</b>	<b>LAST MEET:</b> 800 meters - 2:03.72 @ National Relay Championships	<b>SEASON BEST</b>
	<b>Mid-Distance • So. • Clemson, S.C.</b>	<b>NOTE:</b> Competed in the 800-meter run at the National Relay Championships, finishing second with a time of 2:05.90 ... Also was a member of the 4x800-meter relay team that finished first, posting a time of 8:25.24 ... Placed eighth in the 800-meter run at the Duke Invitational with a time of 2:07.94.	<b>Indoor:</b> 800m - 2:03.72 Mile - 4:46.24
	Top Mark Indoor • Top Mark Outdoor		<b>Outdoor:</b> 800m - 2:05.09 1,500m - 4:26.47
	800m - 2:03.72 • 800m - 2:05.09		
	<b>LAUREN BERMAN</b>	<b>LAST MEET:</b> 1,500 meters - 4:26.64 @ National Relay Championships	<b>SEASON BEST</b>
	<b>Distance • r-So. • Fairfax, Va.</b>	<b>NOTE:</b> Finished eighth in the 1,500-meter run at the National Relay Championships with a time of 4:26.64, a new personal best ... Also competed on the DMR team that claimed third with an overall time of 11:28.21 ... Set a personal record in the 5,000-meter run at the Duke Invitational with a time of 16:12.55, placing second.	<b>Indoor:</b> Mile - 4:50.38 5,000m - 16:37.56 3,000m - 9:36.30
	Top Mark Indoor • Top Mark Outdoor		<b>Outdoor:</b> 1,500m - 4:26.64 5,000m - 16:12.55
	Mile - 4:50.38 • 5,000m - 16:12.55		
	<b>ELLA BREIDENSTINE</b>	<b>LAST MEET:</b> 1,500 meters - 4:48.38 @ Duke Invitational	<b>SEASON BEST</b>
	<b>Distance • r-Fr. • Hummelstown, Pa.</b>	<b>NOTE:</b> Turned in a time of 4:48.38 in the 1,500-meter run at the Duke Invitational ... Finished tenth in the 5,000-meter run at the Tennessee Relays with a time of 17:32.05 ... Kicked off her outdoor season at the Raleigh Relays in the 10,000-meter run, finishing with a time of 36:44.88.	<b>Indoor:</b>
	Top Mark Indoor • Top Mark Outdoor		<b>Outdoor:</b> 1,500m - 4:48.38 5,000m - 17:32.05
	3,000m - 10:25.00 • 10,000m - 36:51.03		
	<b>ELLIE BRUSH</b>	<b>LAST MEET:</b> 800 meters - 2:18.88 @ Duke Invitational	<b>SEASON BEST</b>
	<b>Distance • Fr. • Mason, Ohio</b>	<b>NOTE:</b> Turned in a time of 2:18.88 in the 800-meter run at the Duke Invitational ... Posted a new personal best in the 1,500-meter run with a time of 4:46.26 ... Recorded a time of 4:51.09 in the 1,500-meter run at the Tennessee Relays ... Competed in the 5,000-meter run at the Raleigh Relays, finishing with a time of 18:12.40.	<b>Indoor:</b> Mile - 5:04.54 3,000m - 10:06.36
	Top Mark Indoor • Top Mark Outdoor		<b>Outdoor:</b> 800m - 2:18.88 1,500m - 4:46.26
	Mile - 5:04.54, 3,000m - 10:06.36 •		
	<b>SARAH EDWARDS</b>	<b>LAST MEET:</b> 1,500 meters - 4:22.80 @ National Relay Championships	<b>SEASON BEST</b>
	<b>Distance • So. • Bellingham, Mass.</b>	<b>NOTE:</b> Set a new personal best in the 1,500-meter run at the National Relay Championships with a time of 4:22.80, placing second ... Was also a member of the 4x800-meter relay team that claimed first with an overall time of 8:25.24 ... Finished first in the 3,000-meter steeplechase with a time of 10:12.89 at the Duke Invitational.	<b>Indoor:</b> Mile - 4:42.31 3,000m - 9:18.99
	Top Mark Indoor • Top Mark Outdoor		<b>Outdoor:</b> 1,500m - 4:46.26 3,000s - 10:12.89
	3,000m - 9:18.99 • 3,000s - 9:52.89		
	<b>SARA FREIX</b>	<b>LAST MEET:</b> 1,500 meters - 4:28.64 @ National Relay Championships	<b>SEASON BEST</b>
	<b>Distance • So. • Centreville, Va.</b>	<b>NOTE:</b> Turned in a new personal best in the 1,500-meter run at the National Relay Championships with a time of 4:28.64, finishing ninth ... Also competed on the DMR team that finished third overall with a time of 11:28.21 ... Captured first in the 5,000-meter run at the Duke Invitational with a time of 16:11.93.	<b>Indoor:</b> Mile - 4:56.63 3,000m - 9:34.64 5,000m - 16:28.95
	Top Mark Indoor • Top Mark Outdoor		<b>Outdoor:</b> 1,500m - 4:28.64 5,000m - 16:11.93
	3,000m - 9:34.64, 5,000m - 16:28.95 • 5,000m - 16:11.93		
	<b>KATIE KENNEDY</b>	<b>LAST MEET:</b> 1,500 meters - 4:23.18 @ National Relay Championships	<b>SEASON BEST</b>
	<b>Distance • r-Jr. • Springfield, Va.</b>	<b>NOTE:</b> Finished fourth in the 1,500-meter run at the National Relay Championships with a time of 4:23.18 ... Also competed on the 4x800-meter relay team that claimed first with an overall time of 8:25.24 ... Set a new personal best in the 800-meter run at the Duke Invitational with a time of 2:08.35 to finish ninth.	<b>Indoor:</b> 800m - 2:09.35 Mile - 4:39.97 3,000m - 9:40.75
	Top Mark Indoor • Top Mark Outdoor		<b>Outdoor:</b> 800m - 2:08.35 1,500m - 4:18.83
	Mile - 4:39.97, 3,000m - 9:30.45 • 1,500m - 4:18.83		
	<b>RACHEL POCRATSKY</b>	<b>LAST MEET:</b> 1,500 meters - 4:17.79 @ National Relay Championships	<b>SEASON BEST</b>
	<b>Distance • Jr. • Gaithersburg, Md.</b>	<b>NOTE:</b> Claimed first prize in the 1,500-meter run at the National Relay Championships with a time of 4:17.79 ... Also competed on the 4x800-meter relay team that finished first with an overall time of 8:25.24 ... Finished first in the 800-meter run at the Duke Invitational with a time of 2:04.00	<b>Indoor:</b> 800m - 2:03.17 1,000m - 2:41.98 Mile - 4:34.01
	Top Mark Indoor • Top Mark Outdoor		<b>Outdoor:</b> 800m - 2:04.00 1,500m - 4:16.06
	800m - 2:03.17, Mile - 4:34.01 • 800m - 2:02.67		
	<b>SHANNON QUINN</b>	<b>LAST MEET:</b> 800 meters - 2:12.13 @ National Relay Championships	<b>SEASON BEST</b>
	<b>Mid-Distance • Jr. • Camp Hill, Pa.</b>	<b>NOTE:</b> Turned in a time of 2:12.13 in the 800-meter run at the National Relay Championships ... Also competed on the DMR team that finished third with a time of 11:28.21 ... Was a member of the 4x400-meter relay team that finished with a time of 3:49.84 to finish sixth at the Duke Invitational ... Posted a time of 59.49 in the 400-meter dash at the Tennessee Relays.	<b>Indoor:</b> 800m - 2:09.24
	Top Mark Indoor • Top Mark Outdoor		<b>Outdoor:</b> 400m - 59.49 800m - 2:12.13
	800m - 2:09.24 • 800m - 2:09.52		
	<b>KAYLA RICHARDSON</b>	<b>LAST MEET:</b> 1,500 meters - 4:53.70 @ National Relay Championships	<b>SEASON BEST</b>
	<b>Distance • So. • Blacksburg, Va.</b>	<b>NOTE:</b> Posted a time of 4:53.70 in the 1,500-meter run at the National Relay Championships ... Finished fourth in the 3,000-meter steeplechase at the Duke Invitational with a time of 10:48.61 ... Turned in a time of 4:36.26 in the 1,500-meter run at the Tennessee Relays ... Also competed on the 4x800-meter relay team that finished third with a time of 9:04.25.	<b>Indoor:</b> 3,000m - 9:50.29 1,000m - 2:53.24
	Top Mark Indoor • Top Mark Outdoor		<b>Outdoor:</b> 1,500m - 4:36.26 3,000s - 10:48.61
	Mile - 4:57.64, 3,000m - 9:38.32 • 3,000s - 10:11.89		



	<p><b>EMILY SCHIESL</b></p> <p><b>Distance • Fr. • Burke, Va.</b></p> <p>Top Mark Indoor • Top Mark Outdoor</p>	<p><b>LAST MEET:</b></p> <p><b>NOTE:</b> Has yet to compete in the 2018 outdoor season ... Gained all-state honors during her junior and senior years ... Also earned all-conference and all-region honors in cross country as a junior and senior ... Came in 10th at the Group 6A state meet as a senior in 2016 ... Ran the course in 18:57 to help her Lake Braddock High School team win the state championship.</p>	<p><b>SEASON BEST</b></p> <p><b>Indoor:</b></p> <p><b>Outdoor:</b></p>
	<p><b>CATHERINE STONE</b></p> <p><b>Mid-Distance • So. • Vienna, Va.</b></p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>800m - 2:08.88 • 800m - 2:13.78</p>	<p><b>LAST MEET:</b> 800 meters - 2:22.10 @ '17 Virginia Challenge</p> <p><b>NOTE:</b> Has yet to compete in the 2018 outdoor season ... Competed in the 800-meter run at both the Tennessee Relays and the Virginia Challenge, earning a lifetime-best time of 2:13.78 at the Tennessee Relays ... Also was a member of the school-record breaking 4x800-meter relay team at that same meet, placing second overall with a time of 8:47.24.</p>	<p><b>SEASON BEST</b></p> <p><b>Indoor:</b></p> <p><b>Outdoor:</b></p>
	<p><b>AMANDA SWAAK</b></p> <p><b>Distance • Jr. • Vienna, Va.</b></p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>3,000m - 10:14.41 • 5,000m - 17:06.38</p>	<p><b>LAST MEET:</b> 5,000 meters - 17:34.11 @ '17 Hokie Twilight</p> <p><b>NOTE:</b> Has yet to compete in the 2018 outdoor season ... Ran a career best in the 1,500 at the Virginia Grand Prix, finishing in 4:47.66 for 11th place ... Competed in the 5,000 at both the Tennessee Relays and the Hokie Twilight meet, placing 13th overall with a personal-best time of 17:06.38 at the Tennessee Relays.</p>	<p><b>SEASON BEST</b></p> <p><b>Indoor:</b></p> <p><b>Outdoor:</b></p>



## 2018 Men's Outdoor Track & Field Performance List



### 100m (School Record: 10.14, Darrell Wesh, 2013)

Athlete	Year	Time	Meet	Meet Date	Wind (m/s)	Place
Lawrence Harris	r-Sr.	10.39 (p)	Liberty Twilight	5/2	1.9	Q
		10.42	Tennessee Relays	4/13	2.1	8th
		10.65	War Eagle Classic	4/21	-0.5	4th
		10.66	National Relay Championships	4/27	1.1	18th
Samuel Denmark	r-So.	10.67	Weems Baskin Invite	3/24	1.9	18th
		10.47	Liberty Twilight	5/2	3.6	2nd
		10.56 (p)	Liberty Twilight	5/2	3.2	Q
		10.60	Tennessee Relays	4/13	0.9	18th
		10.73	National Relay Championships	4/27	1.1	20th
Michael Davenport	So.	10.81	War Eagle Classic	4/21	-0.1	12th
		10.84	Weems Baskin Invite	3/24	2.7	38th
		10.56	Tennessee Relays	4/13	2.1	17th
		10.65	Weems Baskin Invite	3/24	2.5	14th
Joseph Tay	So.	10.66 (p)	Liberty Twilight	5/2	1.4	6th
		10.81	War Eagle Classic	4/21	-0.1	11th
		10.75 (p)	Liberty Twilight	5/2	2.5	9th
Darius Watkins	r-Jr.	10.77	Tennessee Relays	4/13	4.1	27th
		10.81	National Relay Championships	4/27	3.4	24th
		10.85	VertKlasse Meeting	4/6	2.9	11th
		10.99	War Eagle Classic	4/21	-1.1	20th
		11.00	Weems Baskin Invite	3/24	2.5	52nd
		10.80	Weems Baskin Invite	3/24	2.7	34th
		10.83	Tennessee Relays	4/13	1.4	29th

### 200m (School Record: 20.45, Keith Ricks, 2012)

Athlete	Year	Time	Meet	Meet Date	Wind (m/s)	Place
Michael Davenport	So.	21.19	War Eagle Classic	4/21	0.0	8th
		21.40	National Relay Championships	4/27	1.4	13th
		21.40	Tennessee Relays	4/13	1.5	18th
		21.69	Weems Baskin Invite	3/24	0.7	21st
Jared Bane	Jr.	21.33	Tennessee Relays	4/13	2.1	16th
		21.44	National Relay Championships	4/27	1.6	14th
		21.46	War Eagle Classic	4/21	-0.4	16th
		21.77	Weems Baskin Invite	3/24	1.8	27th
Lawrence Harris	r-Sr.	21.36	War Eagle Classic	4/21	0.3	12th
		21.64	Tennessee Relays	4/13	1.9	27th
		22.06	Weems Baskin Invite	3/24	2.2	39th
Matthew Baker	So.	21.64	VertKlasse Meeting	4/6	1.5	2nd
		21.72	Liberty Twilight	5/2	1.8	7th
		21.79	National Relay Championships	4/27	0.5	21st
		21.88	Tennessee Relays	4/13	2.1	35th
Samuel Denmark	r-So.	22.06	Weems Baskin Invite	3/24	0.4	38th
		21.75	Tennessee Relays	4/13	1.7	32nd
		21.94	War Eagle Classic	4/21	-0.4	24th
Darius Watkins	r-Jr.	21.78	Tennessee Relays	4/13	1.7	33rd
		22.13	Weems Baskin Invite	3/24	1.7	45th
Joseph Tay	So.	22.09	VertKlasse Meeting	4/6	1.0	12th
		22.27	Tennessee Relays	4/13	1.7	44th
		22.84	Weems Baskin Invite	3/24	1.1	88th
Nathan Hogue	Jr.	22.84	VertKlasse Meeting	4/6	2.1	28th
		23.01	Tennessee Relays	4/13	1.6	55th
		23.02	Weems Baskin Invite	3/24	1.7	101st
Matthew Manilli	Fr.	23.78	Weems Baskin Invite	3/24	1.9	125th
Alex Davenport	Fr.	23.83	VertKlasse Meeting	4/6	1.8	42nd





# 2018 Men's Outdoor Track & Field Performance List



## 400m (School Record: 46.73, Hilliard Sumner, 1996)

<b>Athlete</b>	<b>Year</b>	<b>Time</b>	<b>Meet</b>	<b>Meet Date</b>	<b>Place</b>
Brandon Thomas	So.	47.82	National Relay Championships	4/27	20th
		47.97	Tennessee Relays	4/13	11th
		48.43	Weems Baskin Invite	3/24	7th
		48.59	War Eagle Classic	4/21	17th
Greg Chiles	Sr.	48.24	Weems Baskin Invite	3/24	5th
Matthew Baker	So.	49.55	VertKlasse Meeting	4/6	9th
		49.59	National Relay Championships	4/27	28th
		49.68	Tennessee Relays	4/13	27th
		51.46	Weems Baskin Invite	3/24	73rd
Nathan Hogye	Jr.	51.53	Liberty Twilight	5/2	12th
		49.79	Tennessee Relays	4/13	28th
		49.81	VertKlasse Meeting	4/6	10th
		50.33	Liberty Twilight	5/2	6th
		51.15	Weems Baskin Invite	3/24	69th

## 800m (School Record: 1:46.02, Drew Piazza, 2017)

<b>Athlete</b>	<b>Year</b>	<b>Time</b>	<b>Meet</b>	<b>Meet Date</b>	<b>Place</b>
Vincent Ciattei	r-Sr.	1:48.29	Duke Invitational	4/21	6th
		1:52.02	Tennessee Relays	4/13	8th
Diego Zarate	r-So.	1:48.81	Duke Invitational	4/21	8th
Bashir Mosavel-Lo	Fr.	1:49.49	Duke Invitational	4/21	11th
Owen Buck	So.	1:50.47	Duke Invitational	4/21	14th
		1:51.28	National Relay Championships	4/27	7th
Thierry Siewe Yanga	Fr.	1:53.46	Duke Invitational	4/21	29th
Fitsum Seyoum	r-Fr.	1:54.67	Duke Invitational	4/21	35th
Dave Whitfield	Fr.	1:55.07	Tennessee Relays	4/13	21st
		DNF	Duke Invitational	4/21	---
William Griffen	Fr.	1:56.28	Duke Invitational	4/21	46th
Ben Fleming	Fr.	1:57.31	Duke Invitational	4/21	57th

## 1,500m (School Record: 3:39.22, Michael Hammond, 2012)

<b>Athlete</b>	<b>Year</b>	<b>Time</b>	<b>Meet</b>	<b>Meet Date</b>	<b>Place</b>
Vincent Ciattei	r-Sr.	3:42.59	National Relay Championships	4/27	1st
Diego Zarate	r-So.	3:43.95	National Relay Championships	4/27	2nd
		3:45.85	Tennessee Relays	4/13	3rd
Peter Seufer	r-So.	3:47.00	National Relay Championships	4/27	8th
		3:52.94	Tennessee Relays	4/13	15th
Bashir Mosavel-Lo	Fr.	3:48.18	National Relay Championships	4/27	11th
		3:52.68	Tennessee Relays	4/13	12th
Andrew Goldman	Jr.	3:49.78	Duke Invitational	4/20	7th
		3:56.03	National Relay Championships	4/27	21st
Jack Joyce	r-So.	3:49.98	National Relay Championships	4/27	14th
		3:51.85	Tennessee Relays	4/13	8th
Ben Fleming	Fr.	3:51.75	Raleigh Relays	3/30	39th
Owen Buck	So.	3:51.90	Tennessee Relays	4/13	9th
Thierry Siewe Yanga	Fr.	3:55.64	Duke Invitational	4/20	16th
		4:15.38	National Relay Championships	4/27	34th
Fitsum Seyoum	r-Fr.	3:57.08	Tennessee Relays	4/13	17th
Dave Whitfield	Fr.	3:58.20	Duke Invitational	4/20	22nd
		3:58.74	Raleigh Relays	3/30	90th
William Shaffer	r-Sr.	4:21.13	National Relay Championships	4/27	35th
		4:01.43	Duke Invitational	4/20	30th
William Griffen	Fr.	4:01.98	Raleigh Relays	3/30	109th
Osman Humeida	r-Fr.	4:03.36	Liberty Twilight	5/2	13th







## 2018 Men's Outdoor Track & Field Performance List



### 5,000m (School Record: 13:27.64, Thomas Curtin, 2016)

<b>Athlete</b>	<b>Year</b>	<b>Time</b>	<b>Meet</b>	<b>Meet Date</b>	<b>Place</b>
Peter Seufer	r-So.	13:53.35	Duke Invitational	4/21	2nd
Jack Joyce	r-So.	14:06.72	Duke Invitational	4/21	5th
Diego Zarate	r-So.	14:32.69	Raleigh Relays	3/30	37th
Bashir Mosavel-Lo	Fr.	14.41.55	Raleigh Relays	3/30	58th
Vincent Ciattei	r-Sr.	14:43.12	Raleigh Relays	3/30	63rd
Fitsum Seyoum	Fr.	14:48.20	Raleigh Relays	3/30	79th
William Griffen	Fr.	14:49.82	Tennessee Relays	4/13	4th
Andrew Goldman	Jr.	14:50.14	Tennessee Relays	4/13	5th
		15:33.37	Raleigh Relays	3/30	142nd
		DNF	Duke Invitational	4/21	---
Ben Fleming	Fr.	14:52.12	Tennessee Relays	4/13	7th
Osman Humeida	Fr.	15:01.20	Duke Invitational	4/20	13th
		15:25.27	Raleigh Relays	3/30	138th
Owen Buck	So.	15:10.60	Raleigh Relays	3/30	129th
William Shaffer	r-Sr.	15:32.69	Raleigh Relays	3/30	141st
		DNF	Duke Invitational	4/21	--

### 10,000m (School Record: 28:45.97, Mark Stickley, 1982)

<b>Athlete</b>	<b>Year</b>	<b>Time</b>	<b>Meet</b>	<b>Meet Date</b>	<b>Place</b>
Peter Seufer	r-So.	29:40.44	Raleigh Relays	3/30	24th
Jack Joyce	r-So.	30:33.18	Raleigh Relays	3/30	58th

### 110m Hurdles (School Record: 13.84, Jeff Artis-Gray, 2013)

<b>Athlete</b>	<b>Year</b>	<b>Time</b>	<b>Meet</b>	<b>Meet Date</b>	<b>Wind (m/s)</b>	<b>Place</b>
Keishaun Limehouse	So.	14.33 (p)	Weems Baskin Invite	3/24	2.9	Q
		14.41 (p)	Texas Relays	3/30	2.6	27th
		22.99	Weems Baskin Invite	3/24	3.5	5th
Jaelyn Demory	r-Fr.	15.08	VertKlasse Meeting	4/6	3.8	4th
Alex Davenport	Fr.	15.41	VertKlasse Meeting	4/6	3.8	9th
		15.43	Tennessee Relays	4/13	1.6	22nd
		15.90 (p)	Weems Baskin Invite	3/24	2.0	38th

### 400m Hurdles (School Record: 50.39, Greg Chiles, 2017)

<b>Athlete</b>	<b>Year</b>	<b>Time</b>	<b>Meet</b>	<b>Meet Date</b>	<b>Place</b>
Greg Chiles	Sr.	50.77	Texas Relays	3/30	3rd
		50.97 (p)	Texas Relays	3/29	Q
		51.25	Tennessee Relays	4/13	1st
Austin Kolko	r-Jr.	53.20	National Relay Championships	4/27	18th
		53.62	Duke Invitational	4/21	7th
		54.64	VertKlasse Meeting	4/6	4th
		55.45	Tennessee Relays	4/13	16th
		55.75	Weems Baskin Invite	3/24	21st
Alex Davenport	Fr.	58.88	Liberty Twilight	5/2	6th

### 3,000m Steeplechase (School Record: 8:42.73, Stuart Robertson, 2015)

<b>Athlete</b>	<b>Year</b>	<b>Time</b>	<b>Meet</b>	<b>Meet Date</b>	<b>Place</b>
Fitsum Seyoum	r-Fr.	8:59.28	National Relay Championships	4/27	4th
		DNF	Duke Invitational	4/20	-
Ben Fleming	Fr.	9:21.85	National Relay Championships	4/27	6th
		DNF	Duke Invitational	4/20	-
William Shaffer	r-Sr.	9:34.41	Tennessee Relays	4/13	7th
William Griffen	Fr.	9:48.23	National Relay Championships	4/27	13th
		DNF	Duke Invitational	4/20	-





## 2018 Men's Outdoor Track & Field Performance List



### 4x100m (School Record: 39.62, Artis-Gray, Wesh, McCants, Ricks, 2012)

<b>Time</b>	<b>Athletes</b>	<b>Meet</b>	<b>Meet Date</b>	<b>Place</b>
40.13	Harris, Denmark Tay, Davenport	National Relay Championships	4/28	7th
40.26	Harris, Denmark Tay, Davenport	Liberty Twilight	5/2	1st
40.73	Harris, Denmark Tay, Davenport	War Eagle Classic	4/21	7th
40.84	Harris, Davenport Denmark, Watkins	Texas Relays	3/30	19th
41.61	Limehouse, Davenport Chiles, Harris	Weems Baskin Invite	3/24	6th
42.09	Tay, Watkins Denmark, Bane	Weems Baskin Invite	3/24	10th
42.26	Harris, Davenport Denmark, Watkins	Tennessee Relays	4/14	10th

### 4x400m (School Record: 3:06.40, Chiles, Thomas, Piazza, Davenport, 2017)

<b>Time</b>	<b>Athletes</b>	<b>Meet</b>	<b>Meet Date</b>	<b>Place</b>
3:10.11 (p)	Chiles, Thomas Bane, Davenport	Texas Relays	3/30	Q
3:13.02	Chiles, Thomas Bane, Davenport	Texas Relays	3/31	8th
DNF	Baker, Hogue Demory, Kolko	VertKlasse Meeting	4/6	---
3:19.31	Buck, Mosavel-Lo Ciattei, Zarate	Duke Invitational	4/21	13th

### 4x800m (School Record: 7:13.75, Piazza, Gourley, Joseph, Ciattei, 2017)

<b>Time</b>	<b>Athletes</b>	<b>Meet</b>	<b>Meet Date</b>	<b>Place</b>
7:25.97	Siewe Yanga, Zarate Mosavel-Lo, Ciattei	National Relay Championships	4/28	1st

### 1,600 Sprint Medley Relay (School Record: 3:20.7, Chase, Read, Cooper, Crossin, 1983)

<b>Time</b>	<b>Athletes</b>	<b>Meet</b>	<b>Meet Date</b>
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### Distance Medley Relay (School Record: 9:40.31, Voight, Oustrich, Reed, Cobb, 1987)

<b>Time</b>	<b>Athletes</b>	<b>Meet</b>	<b>Meet Date</b>	<b>Place</b>
9:40.86	Joyce, Thomas Whitfield, Seufer	National Relay Championships	4/28	4th
9:56.59	Seufer, Bane Zarate, Ciattei	Tennessee Relays	4/14	1st
10:03.74	Buck, Whitfield Mosavel-Lo, Joyce	Tennessee Relays	4/14	6th

### High Jump (School Record: 7 ft., 4.50 in., 2.25m, Ronnie Black, 2013)

<b>Athlete</b>	<b>Year</b>	<b>English</b>	<b>Metric</b>	<b>Meet</b>	<b>Meet Date</b>	<b>Place</b>
James Carver	Jr.	6 ft., 8 in.	2.03mJ	War Eagle Classic	4/21	9th
		6 ft., 6 in. NH	1.98m NH	National Relay Championships	4/27	---
		6 ft., 2.75 in. (NH)	1.90m (NH)	Weems Baskin Invite	3/24	---
William Kendall	r-Jr.	6 ft., 4 in.	1.93m	War Eagle Classic	4/21	11th
		6 ft., 2.75 in.	1.90m	Weems Baskin Invite	3/24	11th





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### Pole Vault (School Record: 18 ft., 8.25 in., 5.70m, Torben Laidig, 2017)

<b>Athlete</b>	<b>Year</b>	<b>English</b>	<b>Metric</b>	<b>Meet</b>	<b>Meet Date</b>	<b>Place</b>
Deakin Volz	Jr.	18 ft., 2.5 in.	5.55m	Tennessee Relays	4/14	1st
		18 ft., 0.5 in.	5.50m	Texas Relays	3/31	6th
		17 ft., 7 in.	5.36m	VertKlasse Meeting	4/6	2nd
Torben Laidig	r-Sr.	17 ft., 5.5 in.	5.32m	Liberty Twilight	5/2	2nd
		18 ft., 8.25 in.	5.55m	National Relay Championships	4/28	1st
		17 ft., 6.5 in.	5.35m	Texas Relays	3/31	11th
		17 ft., 5.5 in.	5.32m	Liberty Twilight	5/2	4th
Joel Leon Benitez	Fr.	16 ft., 10.75 in.	5.15m	Tennessee Relays	4/14	5th
		17 ft., 10.5 in.	5.45m	National Relay Championships	4/28	4th
		17 ft., 1.5 in.	5.22m	Liberty Twilight	5/2	5th
Jaelyn Demory	r-Fr.	16 ft., 2.75 in.	4.95m	National Relay Championships	4/28	4th
James Steck	r-Sr.	15 ft., 3 in.	4.65m	Tennessee Relays	4/13	10th
		15 ft., 1.75 in.	4.62m	Liberty Twilight	5/2	10th

### Long Jump (School Record: 26 ft., 0.75 in., 7.94m, Jeff Artis-Gray, 2013)

<b>Athlete</b>	<b>Year</b>	<b>English</b>	<b>Metric</b>	<b>Meet</b>	<b>Meet Date</b>	<b>Place</b>
James Holt	So.	22 ft., 11.25 in.	6.99m	Liberty Twilight	5/2	4th
		22 ft., 7.25 in.	6.89m	War Eagle Classic	4/20	6th
Matthew Manilli	Fr.	22 ft., 7.75 in.	6.90m	Weems Baskin Invite	3/24	8th
Jaelyn Demory	r-Fr.	19 ft., 11.5 in.	6.08m	VertKlasse Meeting	4/6	11th

### Triple Jump (School Record: 54 ft., 1.25 in., 16.49m, Hasheem Halim, 2012)

<b>Athlete</b>	<b>Year</b>	<b>English</b>	<b>Metric</b>	<b>Meet</b>	<b>Meet Date</b>	<b>Place</b>
James Carver	Jr.	47 ft., 0.25 in.	14.33m	National Relay Championships	4/28	4th
		46 ft., 6 in.	14.17m	Liberty Twilight	5/2	4th
		46 ft., 0.75 in.	14.04m	War Eagle Classic	4/20	9th

### Discus Throw (School Record: 201 ft., 4 in., 61.38m, Marek Barta, 2016)

<b>Athlete</b>	<b>Year</b>	<b>English</b>	<b>Metric</b>	<b>Meet</b>	<b>Meet Date</b>	<b>Place</b>
Marek Barta	Sr.	200 ft., 6 in.	61.13m	Florida Relays	3/30	1st
		191 ft., 2 in.	58.27m	Beach Invitational	4/21	7th
Collin McKenny	r-Jr.	154 ft., 10 in.	47.19m	Florida Relays	3/30	8th
		152 ft., 8 in.	46.54m	Weems Baskin Invite	3/24	6th
		148 ft., 11 in.	45.40m	Liberty Twilight	5/2	1st
		147 ft., 0 in.	44.82m	National Relay Championships	4/27	19th
		133 ft., 7 in.	40.72m	Tennessee Relays	4/13	19th

### Hammer Throw (School Record: 248 ft., 10 in., 75.84m, Marcel Lomnický, 2011)

<b>Athlete</b>	<b>Year</b>	<b>English</b>	<b>Metric</b>	<b>Meet</b>	<b>Meet Date</b>
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### Javelin Throw (School Record: 255 ft., 6 in., 77.88m, Matthias Treff, 2011)

<b>Athlete</b>	<b>Year</b>	<b>English</b>	<b>Metric</b>	<b>Meet</b>	<b>Meet Date</b>	<b>Place</b>
Matthew Reinhart	So.	203 ft., 5 in.	62.00m	Florida Relays	3/29	9th
		195 ft., 9 in.	59.67m	Beach Invitational	4/20	18th
		195 ft., 3 in.	59.51m	Weems Baskin Invite	3/24	4th

### Shot Put (School Record: 62 ft., 10.5 ft., 19.16m, Sven Han, 2005)

<b>Athlete</b>	<b>Year</b>	<b>English</b>	<b>Metric</b>	<b>Meet</b>	<b>Meet Date</b>
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### Decathlon (School Record: 6,951 points, Ed Nuttycombe, 1976)

<b>Athlete</b>	<b>Year</b>	<b>Pts.</b>	<b>Meet</b>	<b>Meet Date</b>
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## 2018 Women's Outdoor Track &amp; Field Performance List

*100m (School Record: 11.40, Patrice Potts, 2007)*

Athlete	Year	Time	Meet	Meet Date	Wind (m/s)	Place
Kennedy Dennis	Fr.	11.57	Weems Baskin Invite	3/23	2.9	2nd
		11.67 (p)	Liberty Twilight	5/2	2.8	Q
		11.68	Tennessee Relays	4/13	3.2	16th
		11.77	National Relay Championships	4/27	1.1	17th
Caitlan Tate	Fr.	11.86	War Eagle Classic	4/21	-1.9	4th
		11.66	Weems Baskin Invite	3/23	2.9	3rd
		11.82	Liberty Twilight	5/2	1.8	2nd
		11.93 (p)	Liberty Twilight	5/2	2.7	Q

*200m (School Record: 23.01, Courtney Blanden, 2017)*

Athlete	Year	Time	Meet	Meet Date	Wind (m/s)	Place
Courtney Blanden	Sr.	23.40	War Eagle Classic	4/21	0.9	2nd
		23.67	Tennessee Relays	4/13	3.8	14th
		23.67	Weems Baskin Invite	3/24	3.0	2nd
Caitlan Tate	Fr.	23.80	Weems Baskin Invite	3/24	3.8	3rd
		25.71	Tennessee Relays	4/13	2.0	71st
Ama-Selina Tchume	Sr.	23.98	National Relay Championships	4/27	1.7	18th
		24.01	War Eagle Classic	4/21	0.4	12th
		24.11	Weems Baskin Invite	3/24	2.4	7th
Kennedy Dennis	Fr.	24.15	VertKlasse Meeting	4/6	2.7	1st
		23.95	War Eagle Classic	4/21	1.8	9th
		24.19	Weems Baskin Invite	3/24	1.7	8th
Arlicia Bush	So.	24.53	Tennessee Relays	4/13	1.9	40th
		24.21	War Eagle Classic	4/21	1.7	16th
		24.53	Tennessee Relays	4/13	1.9	41st
Shanel Burr	Sr.	25.32	War Eagle Classic	4/21	1.2	33rd
		25.33	Tennessee Relays	4/13	2.3	63rd
		25.42	Weems Baskin Invite	3/24	1.5	57th
		25.48	VertKlasse Meeting	4/6	2.7	9th

*400m (School Record: 52.24, Courtney Blanden, 2017)*

Athlete	Year	Time	Meet	Meet Date	Place
Courtney Blanden	Sr.	53.58	National Relay Championships	4/27	7th
		53.98	War Eagle Classic	4/21	3rd
		54.70	Tennessee Relays	4/13	14th
		54.72	Weems Baskin Invite	3/24	4th
Arlicia Bush	So.	54.00	National Relay Championships	4/27	12th
		54.25	War Eagle Classic	4/21	5th
		54.67	Tennessee Relays	4/13	13th
		55.68	Weems Baskin Invite	3/24	7th
Ama-Selina Tchume	Sr.	55.68	VertKlasse Meeting	4/6	1st
		57.52	War Eagle Classic	4/21	23rd
		58.13	Weems Baskin Invite	3/24	32nd
Caitlan Tate	Fr.	55.86	Tennessee Relays	4/13	21st
Shannon Quinn	Jr.	59.49	Tennessee Relays	4/13	45th

*800m (School Record: 2:01.17, Hanna Green, 2015)*

Athlete	Year	Time	Meet	Meet Date	Place
Rachel Pocratsky	Jr.	2:04.00	Duke Invitational	4/21	1st
Laurie Barton	So.	2:05.90	National Relay Championships	4/27	2nd
		2:07.94	Duke Invitational	4/21	8th
Katie Kennedy	r-Jr.	2:08.35	Duke Invitational	4/21	9th
Shannon Quinn	Jr.	2:12.13	National Relay Championships	4/27	15th
		DNF	Duke Invitational	4/21	---
Ellie Brush	Fr.	2:18.88	Duke Invitational	4/21	54
Nora McKiver	r-Sr.	2:31.80	VertKlasse Meeting	4/6	19th







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*1,500m (School Record: 4:12.31, Hanna Green, 2017)*

Athlete	Year	Time	Meet	Meet Date	Place
Rachel Pocratsky	Jr.	4:16.06	Tennessee Relays	4/13	1st
		4:17.79	National Relay Championships	4/27	1st
Sarah Edwards	So.	4:22.80	National Relay Championships	4/27	2nd
		4:23.54	Tennessee Relays	4/13	5th
Katie Kennedy	r-Jr.	4:23.18	National Relay Championships	4/27	4th
		4:24.47	Tennessee Relays	4/13	6th
Laurie Barton	So.	4:26.47	Raleigh Relays	3/30	22nd
		4:27.74	Tennessee Relays	4/13	7th
Lauren Berman	r-So.	4:26.64	National Relay Championships	4/27	8th
		4:28.60	Tennessee Relays	4/13	9th
Sara Freix	So.	4:28.64	National Relay Championships	4/27	9th
		4:32.89	Tennessee Relays	4/13	15th
Kayla Richardson	So.	4:36.26	Tennessee Relays	4/13	20th
		4:53.70	National Relay Championships	4/27	35th
Ella Breidenstine	So.	4:48.38	Duke Invitational	4/20	51st
Ellie Brush	Fr.	4:46.26	Duke Invitational	4/20	45th
		4:51.09	Tennessee Relays	4/13	41st
Shannon Quinn	Jr.	4:56.35	Raleigh Relays	3/30	131st

*5,000m (School Record: 15:37.73, Tasmin Fanning, 2008)*

Athlete	Year	Time	Meet	Meet Date	Place
Sara Freix	So.	16:11.93	Duke Invitational	4/21	1st
Lauren Berman	r-So.	16:12.55	Duke Invitational	4/21	2nd
Katie Kennedy	Sr.	16:32.84	Raleigh Relays	3/30	28th
Sarah Edwards	So.	16:34.33	Raleigh Relays	3/30	30th
Rachel Pocratsky	Jr.	16:36.64	Raleigh Relays	3/30	31st
Ella Breidenstine	r-Fr.	17:32.05	Tennessee Relays	4/13	10th
		DNF	Duke Invitational	4/21	---
Ellie Brush	Fr.	18:12.40	Raleigh Relays	3/30	125th

*10,000m (School Record: 33:05.96, Linda King, 1984)*

Athlete	Year	Time	Meet	Meet Date	Place
Sara Freix	So.	34:36.65	Raleigh Relays	3/30	14th
Kayla Richardson	So.	34:59.15	Raleigh Relays	3/30	23rd
Ella Breidenstine	So.	36:44.88	Raleigh Relays	3/30	47th

*100m Hurdles (School Record: 12.46, Queen Harrison, 2010)*

Athlete	Year	Time	Meet	Meet Date	Wind (m/s)	Place
Shanel Burr	Sr.	13.68	Tennessee Relays	4/13	2.3	9th
		13.69	VertKlasse Meeting	4/6	3.0	1st
		13.76	Liberty Twilight	5/2	1.6	1st
		13.80 (q)	Liberty Twilight	5/2	1.3	Q
		13.88	National Relay Championships	4/27	2.1	16th
		13.91 (p)	War Eagle Classic	4/21	0.6	Q
		13.92 (p)	Weems Baskin Invite	3/24	1.8	Q
		13.96	Weems Baskin Invite	3/24	1.1	3rd
		14.14	War Eagle Classic	4/21	-2.2	2nd

*400m Hurdles (School Record: 54.55, Queen Harrison, 2010)*

Athlete	Year	Time	Meet	Meet Date	Place
Nora McKiver	r-Sr.	1:00.77	National Relay Championships	4/27	12th
		1:01.19	Liberty Twilight	5/2	1st
		1:02.15	War Eagle Classic	4/21	4th

*3,000m Steeplechase (School Record: 9:52.89, Sarah Edwards, 2017)*

Athlete	Year	Time	Meet	Meet Date	Place
Sarah Edwards	So.	10:12.89	Duke Invitational	4/20	1st
Kayla Richardson	So.	10:48.61	Duke Invitational	4/20	4th





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*4x100m (School Record: 44.33, Green, Potts, Castlin, Spruill, 2007)*

Time	Athletes	Meet	Meet Date	Place
44.94	Tchume, Blanden Bush, Dennis	National Relay Championships	4/28	8th
45.13	Tchume, Blanden Bush, Dennis	War Eagle Classic	4/21	3rd
45.54	Dennis, Blanden Tchume, Tate	Weems Baskin Invite	3/24	3rd
45.75	Dennis, Blanden Bush, Tate	Texas Relays	3/30	11th

*4x400m (School Record: 3:32.05, Harrison, Washington, Green, Spruill, 2008)*

Time	Athletes	Meet	Meet Date	Place
3:36.95	Blanden, Tchume Dennis, Bush	National Relay Championships	4/28	8th
3:37.94	Blanden, Dennis Tate, Bush	Texas Relays	3/31	3rd
3:38.88 (p)	Blanden, Dennis Tate, Bush	Texas Relays	3/30	Q
3:49.84	Barton, Pocratsky Kennedy, Quinn	Duke Invitational	4/21	6th

*4x800m (School Record: 8:25.24, Kennedy, Barton, Edwards, Pocratsky, 2018)*

Time	Athletes	Meet	Meet Date	Place
8:25.24	Kennedy, Barton Edwards, Pocratsky	National Relay Championships	4/28	1st
9:04.25	Quinn, Richardson Freix, Berman	Tennessee Relays	4/14	3rd

*Distance Medley Relay (School Record: 11:23.09, Morton, Green, Smiljanec, Kwartunas, 2015)*

Time	Athletes	Meet	Meet Date	Place
11:22.93	Kennedy, Barton Edwards, Pocratsky	Tennessee Relays	4/14	2nd
11:28.21	Berman, McKiver Quinn, Freix	National Relay Championships	4/28	3rd

*Pole Vault (School Record: 15 ft., 1 in., 4.60m, Lisa Gunnarsson, 2018)*

Athlete	Year	English	Metric	Meet	Meet Date	Place
Lisa Gunnarsson	Fr.	15 ft., 1 in.	4.60m	Texas Relays	3/31	2nd
Rachel Baxter	Fr.	14 ft., 3.5 in.	4.36m	National Relay Championships	4/28	3rd
		14 ft., 1.25 in.	4.30m	Tennessee Relays	4/14	1st
		13 ft., 9.25 in.	4.20m	Mt. SAC Relays	4/21	5th
		13 ft., 7.25 in.	4.15m	Texas Relays	3/30	4th
Olivia Privitera	r-Sr.	12 ft., 8.25 in.	3.87m	National Relay Championships	4/28	4th
		12 ft., 6 in.	3.81m	VertKlasse Meeting	4/6	4th
		12 ft., 5.5 in.	3.80m	Tennessee Relays	4/13	4th
		12 ft., 0.5 in.	3.67m	Liberty Twilight	5/2	4th
		11 ft., 11.75 in. NH	3.65m NH	Duke Invitational	4/21	---

*High Jump (School Record: 5 ft., 11.25 in., 1.81m, Katie Ollendick, 1998)*

Athlete	Year	English	Metric	Meet	Meet Date	Place
Emily Miller	r-So.	4 ft, 9.5 in.	1.46m	Liberty Twilight	5/2	6th
		5 ft., .05 in. (NH)	1.54m (NH)	Weems Baskin Invite	3/24	---

*Long Jump (School Record: 20 ft., 1.5 in., 6.13m, April Byrd, 2000 & Eszter Bajnok, 2018)*

Athlete	Year	English	Metric	Meet	Meet Date	Place
Eszter Bajnok	So.	20 ft., 1.5 in.	6.13m	Texas Relays	3/30	4th
		19 ft., 11.5 in.	6.08m	Tennessee Relays	4/14	6th
		19 ft., 9.75 in.	6.04m	National Relay Championships	4/27	7th
Stefanie Aeschlimann	Fr.	17 ft., 8 in.	5.38m	Tennessee Relays	4/14	25th
		17 ft., 3.25 in.	5.26m	Weems Baskin Invite	3/23	11th
Cecilia Marenick	Fr.	Foul	Foul	Weems Baskin Invite	3/23	---





## 2018 Women's Outdoor Track &amp; Field Performance List

*Triple Jump (School Record: 42 ft., 9.75 in., 13.05m, Eszter Bajnok, 2017)*

Athlete	Year	English	Metric	Meet	Meet Date	Place
Stefanie Aeschlimann	Fr.	42 ft., 6.25 in.	12.96m	Texas Relays	3/30	3rd
		41 ft., 8.75 in.	12.72m	Tennessee Relays	4/13	8th
		41 ft., 7.25 in.	12.68m	National Relay Championships	4/28	9th
		41 ft., 4.5 in.	12.61m	War Eagle Classic	4/20	7th
Eszter Bajnok	So.	42 ft., 5.5 in.	12.94m	War Eagle Classic	4/20	4th

*Hammer Throw (School Record: 224 ft., 3 in., 68.36m, Dorotea Habazin, 2011)*

Athlete	Year	English	Metric	Meet	Meet Date	Place
Emma Thor	So.	212 ft., 9 in.	64.85m	Mt. SAC Relays	4/19	3rd
		206 ft., 4 in.	62.90m	Weems Baskin Invite	3/23	1st
		206 ft., 2 in.	62.86m	Florida Relays	3/30	1st
		Foul	Foul	Beach Invitational	4/20	---
Pavla Kuklova	r-Jr.	206 ft., 3 in.	62.87m	Beach Invitational	4/20	7th
		205 ft., 0 in.	62.49m	Florida Relays	3/30	2nd
		202 ft., 3 in.	61.64m	Mt. SAC Relays	4/19	6th
		198 ft., 9 in.	60.57m	Weems Baskin Invite	3/23	2nd
Kajsa Wennberg	So.	192 ft., 8 in.	58.73m	National Relay Championships	4/28	4th
		190 ft., 9 in.	58.14m	Weems Baskin Invite	3/23	5th
		188 ft., 6 in.	57.47m	Beach Invitational	4/20	18th
		187 ft., 9 in.	57.23m	Florida Relays	3/30	8th
		182 ft., 0 in.	55.47m	Mt. SAC Relays	4/19	5th

*Javelin Throw (School Record: 196 ft., 6 in., 59.89m, Irena Sediva, 2015)*

Athlete	Year	English	Metric	Meet	Meet Date	Place
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*Discus Throw (School Record: 172 ft., 10 in., 52.69m, Brittany Pryor, 2009)*

Athlete	Year	English	Metric	Meet	Meet Date	Place
Lindsay Herra	r-Sr.	165 ft., 7 in.	50.48m	Beach Invitational	4/21	16th
		164 ft., 1 in.	50.01m	Mt. SAC Relays	4/20	1st
		163 ft., 7 in.	49.88m	Tennessee Relays	4/14	5th
		157 ft., 9 in.	48.08m	National Relay Championships	4/27	8th
		157 ft., 1 in.	47.87m	Florida Relays	3/30	3rd
		153 ft., 8 in.	46.83m	Weems Baskin Invite	3/24	3rd

*Heptathlon (School Record: 5,833 points, Saskia Triesscheijn, 2006)*

Athlete	Year	Points	Meet	Meet Date	Place
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