



2021 WOMEN'S GYMNASTICS

17 NCAA Championship Team Appearances • 29 All-Americans on 96 Occasions

2021 SCHEDULE

0-1, 0-0 Big Ten

| Date | Opponent | Result/Time |
|----------------|---|------------------------|
| JAN. 17 | NO. 28 MARYLAND (BTN) L | 193.875-194.875 |
| JAN. 23 | NO. 29 NEBRASKA* (BTN+) | 2 p.m. |
| Jan. 30 | at No. 4 Minnesota* | 2 p.m. |
| Feb. 5 | at No. 22 Maryland* | 5 p.m. |
| FEB. 13 | NO. 17 ILLINOIS* | 4 p.m. |
| FEB. 21 | NO. 13 OHIO STATE* | 2 p.m. |
| Feb. 26 | Big Five Meet*% | TBA |
| | vs. No. 9 Iowa*, No. 3 Michigan*, Michigan State*, Rutgers* | |
| Mar. 7 | at No. 13 Ohio State | 2 p.m. |
| Mar. 13 | at Rutgers | 1 p.m. |
| Mar. 20 | Big Ten Championships # | TBA |
| Apr. 17-18 | NCAA Championships^ | TBA |

* Big Ten Opponent
 ^ Fort Worth, Texas
 % Ann Arbor, Mich.
 # Columbus, Ohio

All Times Eastern

HOME MEETS IN BOLD CAPS

Rankings based on RoadToNationals Rankings

Subject To Change

NO. 28 PENN STATE WELCOMES NO. 29 NEBRASKA FOR BIG MEET

Meet 2: January 23, 2021 • 2 p.m. • Rec Hall • University Park, Pa. • Big Ten Network+

NITTANY NOTES

- Penn State hosts Nebraska for a Big Ten conference meet.
- The Nittany Lions begin a stretch of six straight meets that count as Big Ten conference meets. The final two regular season meets, at Ohio State and Rutgers, are non-conference contests.
- Penn State fell in its season opener to Maryland, but recorded a 48.950 on vault, its highest score in a season opener since 2013.
- Cassidy Rushlow won her second career all-around title, while Melissa Astarita earned her fourth career floor title.
- Freshman Natalie Cross had PSU's highest scores on vault (9.850) and beam (9.875).
- Penn State is ranked 15th in the nation on vault.
- Cross ranks 17th in the nation on beam and 23rd on vault, while Astarita is 25th on floor. Rushlow is 26th in all-around.
- Nebraska enters the meet ranked 29th by RoadToNationals after tallying a 193.400 in a loss against Illinois last Friday.

Career Best Scores

| Gymnast | AA | V | UB | BB | FX |
|-----------|--------|-------|--------|--------|-------|
| Allen | - | 9.800 | 9.800 | - | 9.850 |
| Astarita | - | 9.800 | - | 9.700^ | 9.925 |
| Ayers | - | - | 9.725 | 8.550 | 8.975 |
| Bastardi | - | 9.600 | 9.825^ | 9.925 | - |
| Bladon | - | 9.750 | - | 9.150 | 9.050 |
| Bonsall | 38.750 | 9.900 | 9.900 | 9.675 | 9.875 |
| Bridgens | 39.525 | 9.925 | 10.000 | 9.900 | 9.950 |
| Chinnery | - | 9.875 | 9.850 | 9.675^ | 9.850 |
| Cox | - | - | - | - | - |
| Cross | - | 9.850 | 9.750 | 9.875 | - |
| Howell | - | 9.525 | 9.450^ | - | - |
| Johnston | - | 9.775 | 8.875 | 9.825 | - |
| Mace | - | - | - | - | - |
| Romagnano | - | - | - | 9.825 | - |
| Rushlow | 39.300 | 9.900 | 9.925 | 9.900 | 9.825 |
| Verdeflor | - | - | 9.850 | 9.850 | - |
| Walker | - | - | - | - | - |

^ Exhibition

Season Best Scores

| Gymnast | AA | V | UB | BB | FX |
|-----------|--------|--------|--------|--------|-------|
| Allen | - | - | - | - | 9.850 |
| Astarita | - | 9.500^ | - | 9.700^ | 9.875 |
| Ayers | - | - | 9.725 | 8.550 | 8.975 |
| Bastardi | - | - | - | - | - |
| Bladon | - | 9.675 | - | 9.150 | 9.050 |
| Bonsall | - | 9.825 | 9.825 | - | 9.825 |
| Bridgens | - | - | - | - | - |
| Chinnery | - | - | - | - | - |
| Cox | - | - | - | - | - |
| Cross | - | 9.850 | 9.750 | 9.875 | - |
| Howell | - | 9.525 | 9.450^ | - | - |
| Johnston | - | 9.775 | 8.875 | 9.825 | - |
| Mace | - | - | - | - | - |
| Romagnano | - | - | - | - | - |
| Rushlow | 39.100 | 9.825 | 9.825 | 9.625 | 9.825 |
| Verdeflor | - | - | 9.125 | 9.775 | - |
| Walker | - | - | - | - | - |

^ Exhibition



@PennStateWGYM

GoPSUSports.com

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#ForTheRoar

Team Season Highs

Overall: 193.875 vs. Maryland (1/17)

Vault: 48.950 vs. Maryland (1/17)

Bars: 48.250 vs. Maryland (1/17)

Beam: 48.250 vs. Maryland (1/17)

Floor: 48.425 vs. Maryland (1/17)



2021 PENN STATE WOMEN'S GYMNASTICS

2021 ROSTER

| Name | Event | Yr. | Ht. | Hometown/High School/Last School |
|-------------------|------------|-----|-----|--|
| Erynne Allen | V, UB, FX | Sr. | 5-3 | Douglasville, Ga./South Paulding/Kentucky |
| Melissa Astarita | V, BB, FX | Jr. | 5-2 | Morganville, N.J./Marlboro |
| Maggie Ayers | AA | Fr. | 5-2 | York, Pa./York Suburban |
| Jessie Bastardi | AA | Jr. | 5-4 | State College, Pa./Saint Joseph's Catholic Academy/West Virginia |
| Amy Bladon | V, BB, FX | So. | 5-2 | Sarnia, Ontario/Great Lakes Secondary School |
| Alissa Bonsall | AA | Sr. | 5-1 | Higganum, Conn./Haddam Killingworth |
| Lauren Bridgens | AA | Sr. | 5-4 | Darnestown, Md./Quince Orchard |
| Kourtney Chinnery | V, UB, FX | Sr. | 5-2 | Suffolk, Va./Summit Christian Academy |
| Dymiana Cox | AA | Jr. | 5-1 | Elmont, N.Y./Parkettes |
| Natalie Cross | AA | Fr. | 5-5 | Ellicott City, Md./River Hill |
| Donna Howell | AA | Jr. | 5-5 | New Milford, Pa./PA Cyber Charter School |
| Maggie Johnston | AA | Fr. | 5-5 | Boyd, Md./Poolesville |
| Maggie Mace | AA | Fr. | 5-7 | Dayton, Ohio/Ohio Connections Academy |
| Bella Romagnano | UB, BB, FX | So. | 5-2 | New Albany, Ohio/New Albany |
| Cassidy Rushlow | AA | So. | 5-2 | Worcester, Mass./Daggett Gold Medal Gymnastics |
| Ava Verdeflor | UB, BB | Sr. | 5-3 | Allen, Texas/Allen |
| Abi Walker | UB, BB, FX | Fr. | 4-8 | Vidalia, Ga./Adirondack Learning Academy |

Head Coach: Sarah Brown (Missouri '10; Fourth Season)

Assistant Coaches: Dallas Becerra (Missouri '13; Fourth Season), Rachel Inniss (Auburn '12; First Season)

Student Manager: Tess McCracken

Captains: Erynne Allen, Alissa Bonsall, Lauren Bridgens

2021 QUICK FACTS

GENERAL INFORMATION

Location..... University Park, Pa.
 Founded 1855
 Enrollment 45,901
 Colors..... Blue and White
 Conference Big Ten
 Nickname Nittany Lions
 President..... Dr. Eric Barron
 Vice President of Intercollegiate Athletics .Sandy Barbour
 Sr. Assoc. Athletics Director/SWA..... Charmelle Green
 Sport Administrator Mary Bolich
 Athletic Website www.GoPSUsports.com

COACHING STAFF

Head Coach..... Sarah Brown
 Penn State Record (Years) 29-27 (3)
 Career Record (Years) 41-34 (4)
 Assistant Coach Dallas Becerra (4th Year)
 Assistant Coach Rachel Inniss (1st Year)
 Office 110A White Building
 Telephone (814) 863-7461
 Fax (814) 865-8149

TEAM INFORMATION

Home Arena (Capacity) Rec Hall (5,812)
 Facebook PennStateWomensGymnastics
 Instagram @PennStateWGYM
 Twitter @PennStateWGYM

2020 RECAP

2020 Regular Season Record 8-9
 Big Ten Regular Season Record 4-5
 Big Ten Championships Finish N/A
 2020 NCAA Regional Finish N/A
 2020 NCAA Championships Finish N/A
 Final National Ranking 30
 All-Americans Returning/Lost 0/0
 Letterwinners Returning/Lost 12/2
 Newcomers 5

PROGRAM HISTORY

First Year of Gymnastics 1965
 All-Time Record (Years) 597-303-4 (56)
 National Championships 2
 (1978, 80)
 NCAA Championship Team Appearances 18
 (1982, '84, '85, '86, '88, '91, '92, '93, '94,
 '95, '96, '97, '98, '99, 2000, '05, '09, '14)
 AIAW Championship Appearances 7
 (1975, '76, '77, '78, '79, '80, '81)

Name

Erynne Allen
 Jessie Bastardi
 Amy Bladon
 Alissa Bonsall
 Lauren Bridgens
 Kourtney Chinnery
 Dymiana Cox
 Bella Romagnano
 Cassidy Rushlow
 Ava Verdeflor

Pronunciation

Erin Allen
 Jessie Bas-TAR-di
 Amy BLADE-in
 Alissa Bon-zall
 Lauren Bridge-ens
 Kourtney Chin-er-y
 DIM-y-ana Cox
 Bella ROMAN-yeno
 Cassidy RUSH-lowe
 Ava Ver-de-floor

National Rankings (Top 50) /Big Ten Rankings (Top 10) (RoadToNationals as of 1/18/21)

| Gymnast | AA | V | UB | BB | FX |
|--------------|------|-------|------|-------|-------|
| Allen | - | - | - | - | 39/15 |
| Astarita | - | - | - | - | 25/9 |
| Ayers | - | - | - | - | - |
| Bastardi | - | - | - | - | - |
| Bladon | - | - | - | - | - |
| Bonsall | - | 46/14 | - | - | - |
| Bridgens | - | - | - | - | - |
| Chinnery | - | - | - | - | - |
| Cox | - | - | - | - | - |
| Cross | - | 23/6 | - | 17/6 | - |
| Howell | - | - | - | - | - |
| Johnston | - | - | - | 41/11 | - |
| Mace | - | - | - | - | - |
| Romagnano | - | - | - | - | - |
| Rushlow | 26/6 | - | - | - | - |
| Verdeflor | - | - | - | - | - |
| Walker | - | - | - | - | - |
| TEAM | 28/7 | 15/5 | 27/7 | 29/7 | 28/7 |
| ^ Exhibition | | | | | |



2021 PENN STATE WOMEN'S GYMNASTICS

TEAM MEET-BY-MEET

| Date - Opponent | Event Order | V | UB | BB | FX | TEAM |
|--|---------------|---------------|---------------|---------------|---------------|----------------|
| Jan. 17 - No. 28 Maryland | V, UB, BB, FX | 48.950 | 48.250 | 48.250 | 48.425 | 193.875 |
| Jan. 23 - No. 29 Nebraska* | - | - | - | - | - | - |
| Jan. 30 - at No. 4 Minnesota* | - | - | - | - | - | - |
| Feb. 5 - at No. 22 Maryland* | - | - | - | - | - | - |
| Feb. 13 - No. 17 Illinois* | - | - | - | - | - | - |
| Feb. 22 - No. 13 Ohio State* | - | - | - | - | - | - |
| Feb. 26 - vs. No. 9 Iowa, No. 3 Michigan, Michigan State, Rutgers* | - | - | - | - | - | - |
| Mar. 5 - at No. 13 Ohio State | - | - | - | - | - | - |
| Mar. 13 - at Rutgers | - | - | - | - | - | - |
| Mar. 20 - Big Ten Championships | - | - | - | - | - | - |
| Apr. x - NCAA Regionals | - | - | - | - | - | - |
| Apr. 17-18 - NCAA Championships | - | - | - | - | - | - |

SEASON HIGH IN BOLD

* Indicates Big Ten Conference Meet

Rankings based on RoadToNationals Rankings

TOP TEN PERFORMANCES

| Vault | (Rowland/Personett, 10.0) | Balance Beam | (Leopoldus/Rowland/Smith, 10.0) | All-Around | (Rowland, 39.775) |
|-----------------|---------------------------|------------------|---------------------------------|-----------------|-------------------|
| Natalie Cross | 9.850 1/17 | Natalie Cross | 9.875 1/17 | Cassidy Rushlow | 39.100 1/17 |
| Alissa Bonsall | 9.825 1/17 | Maddie Johnston | 9.825 1/17 | | |
| Cassidy Rushlow | 9.825 1/17 | Ava Verdeflor | 9.775 1/17 | | |
| Maddie Johnston | 9.775 1/17 | Cassidy Rushlow | 9.625 1/17 | | |
| Amy Bladon | 9.675 1/17 | Amy Bladon | 9.150 1/17 | | |
| Donna Howell | 9.525 1/17 | Maggie Ayers | 8.550 1/17 | | |
| Uneven Bars | (Bridgens, 10.0) | Floor Exercise | (Casey, 10.0) | | |
| Alissa Bonsall | 9.825 1/17 | Melissa Astarita | 9.875 1/17 | | |
| Cassidy Rushlow | 9.825 1/17 | Erynne Allen | 9.850 1/17 | | |
| Natalie Cross | 9.750 1/17 | Alissa Bonsall | 9.825 1/17 | | |
| Maggie Ayers | 9.725 1/17 | Cassidy Rushlow | 9.825 1/17 | | |
| Ava Verdeflor | 9.125 1/17 | Amy Bladon | 9.050 1/17 | | |
| Maddie Johnston | 8.875 1/17 | Maggie Ayers | 8.975 1/17 | | |

Career Event Titles (Season Event Titles)

| Gymnast | AA | V | UB | BB | FX |
|-----------|--------|-------|--------|-------|-------|
| Allen | - | - | - | - | - |
| Astarita | - | - | - | - | 4 (1) |
| Ayers | - | - | - | - | - |
| Bastardi | - | - | - | 2 (-) | - |
| Bladon | - | - | - | - | - |
| Bonsall | - | 2 (-) | 4 (-) | - | - |
| Bridgens | 11 (-) | 5 (-) | 12 (-) | 1 (-) | 5 (-) |
| Chinnery | - | 2 (-) | - | - | - |
| Cox | - | - | - | - | - |
| Cross | - | - | - | - | - |
| Howell | - | - | - | - | - |
| Johnston | - | - | - | - | - |
| Mace | - | - | - | - | - |
| Romagnano | - | - | - | - | - |
| Rushlow | 2 (1) | 2 (-) | 1 (-) | 1 (-) | - |
| Verdeflor | - | - | - | - | - |
| Walker | - | - | - | - | - |

INCLUDES TIES



2021 PENN STATE WOMEN'S GYMNASTICS

GYMNAST MEET-BY-MEET

| | |
|-------------------------|-------------------|
| Erynne Allen | Sr. |
| Vault | (9.800, 2/14/20) |
| Uneven Bars | (9.800, 2/2/19) |
| Floor Exercise | (9.850, 1/17/21) |
| Maryland (1/17) | 9.850 (4) |
| Melissa Astarita | Jr. |
| Vault | (9.800, 3/17/19) |
| Maryland (1/17) | 9.500^ |
| Balance Beam | (9.700^, 1/17/21) |
| Maryland (1/17) | 9.700^ |
| Floor Exercise | (9.925, 2/29/20) |
| Maryland (1/17) | 9.875 (1) |
| Maggie Ayers | Fr. |
| Uneven Bars | (9.725, 1/17/21) |
| Maryland (1/17) | 9.725 (6) |
| Balance Beam | (8.550, 1/17/21) |
| Maryland (1/17) | 8.550 (12) |
| Floor Exercise | (8.975, 1/17/21) |
| Maryland (1/17) | 8.975 (12) |
| Jessie Bastardi | Jr. |
| Vault | (9.600, 1/4/20) |
| Uneven Bars | (9.825^, 2/2/19) |
| Balance Beam | (9.925, 2/9/19) |
| Amy Bladon | So. |
| Vault | (9.750, 2/22/20) |
| Maryland (1/17) | 9.675 (10) |
| Balance Beam | (9.150, 1/17/21) |
| Maryland (1/17) | 9.150 (11) |
| Floor Exercise | (9.050, 1/17/21) |
| Maryland (1/17) | 9.050 (11) |
| Alissa Bonsall | Sr. |
| All-Around | (38.750, 1/6/18) |
| Vault | (9.900, 2/22/20) |
| Maryland (1/17) | 9.825 (5) |
| Uneven Bars | (9.900, 1/25/20) |
| Maryland (1/17) | 9.825 (3) |
| Balance Beam | (9.675, 1/5/19) |
| Floor Exercise | (9.875, 3/23/19) |
| Maryland (1/17) | 9.825 (6) |
| Lauren Bridgens | Sr. |
| All-Around | (39.525, 1/26/19) |
| Vault | (9.925, 3/4/18) |
| Uneven Bars | (10.0, 3/9/18) |
| Balance Beam | (9.900, 3/7/20) |
| Floor Exercise | (9.950, 1/25/20) |

| | |
|--------------------------|-------------------|
| Kourtney Chinnery | Sr. |
| Vault | (9.875, 2/22/20) |
| Uneven Bars | (9.850, 3/8/19) |
| Balance Beam | (9.675^, 1/26/19) |
| Floor Exercise | (9.850, 1/26/19) |
| Dymiana Cox | Jr. |
| Natalie Cross | Fr. |
| Vault | (9.850, 1/17/21) |
| Maryland (1/17) | 9.850 (2) |
| Uneven Bars | (9.750, 1/17/21) |
| Maryland (1/17) | 9.750 (5) |
| Balance Beam | (9.875, 1/17/21) |
| Maryland (1/17) | 9.875 (2) |
| Donna Howell | Jr. |
| Vault | (9.525, 1/17/21) |
| Maryland (1/17) | 9.525 (11) |
| Uneven Bars | (9.450, 1/17/21) |
| Maryland (1/17) | 9.450^ |
| Maddie Johnston | Fr. |
| Vault | (9.775, 1/17/21) |
| Maryland (1/17) | 9.775 (8) |
| Uneven Bars | (8.875, 1/17/21) |
| Maryland (1/17) | 8.875 (12) |
| Balance Beam | (9.825, 1/17/21) |
| Maryland (1/17) | 9.825 (3) |
| Maggie Mace | Fr. |
| Bella Romagnano | So. |
| Balance Beam | (9.825, 3/7/20) |
| Cassidy Rushlow | So. |
| All-Around | (39.300, 2/22/20) |
| Maryland (1/17) | 39.100 (1) |
| Vault | (9.900, 2/22/20) |
| Maryland (1/17) | 9.825 (5) |
| Uneven Bars | (9.925, 1/11/20) |
| Maryland (1/17) | 9.825 (3) |
| Balance Beam | (9.900, 1/31/20) |
| Maryland (1/17) | 9.625 (8) |
| Floor Exercise | (9.825, 1/17/21) |
| Maryland (1/17) | 9.825 (6) |
| Ava Verdeflor | Sr. |
| Uneven Bars | (9.850, 1/31/20) |
| Maryland (1/17) | 9.125 (10) |
| Balance Beam | (9.850, 3/7/20) |
| Maryland (1/17) | 9.775 (4) |
| Abi Walker | Fr. |

KEY
Event (Career Best, Date)
Meet (Date) Score (Place)

* - School Record

- NCAA Record

\$ - Big Ten Record

^ - Exhibition Score

Season Highs in BOLD



2021 PENN STATE WOMEN'S GYMNASTICS

INDIVIDUAL SCHOOL RECORDS

VAULT

| | | | |
|----|-------|------------------|-----------|
| 1. | 10.0 | Brandi Personett | 2/13/2010 |
| | | Brandi Personett | 1/23/2010 |
| | | Katie Rowland | 3/29/2003 |
| | | Katie Rowland | 2/16/2003 |
| 5. | 9.975 | Emma Sibson | 3/8/2014 |
| | | Sharaya Musser | 3/7/2010 |
| | | Brandi Personett | 2/2/2008 |
| | | Katie Rowland | 3/8/2003 |
| 9. | 9.950 | Briannah Tsang | 1/31/2015 |
| | | Krystal Welsh | 1/31/2015 |
| | | Briannah Tsang | 1/17/2015 |
| | | Emma Sibson | 2/8/2014 |
| | | Madison Merriam | 3/16/2013 |
| | | Madison Merriam | 2/16/2013 |
| | | Sharaya Musser | 3/17/2012 |
| | | Sharaya Musser | 3/2/2012 |
| | | Sharaya Musser | 1/15/2012 |
| | | Sharaya Musser | 2/11/2011 |
| | | Sharaya Musser | 3/20/2010 |
| | | Brandi Personett | 4/10/2010 |
| | | Brandi Personett | 2/20/2010 |
| | | Brandi Personett | 2/13/2009 |
| | | Brandi Personett | 1/30/2009 |
| | | Brandi Personett | 3/29/2008 |
| | | Brandi Personett | 3/31/2007 |
| | | Jennifer Orlando | 2/25/2006 |
| | | Lisa Clark | 2/13/2005 |
| | | Lisa Clark | 4/3/2004 |
| | | Katie Rowland | 4/12/003 |
| | | Katie Rowland | 2/7/2003 |
| | | Katie Rowland | 1/11/2003 |
| | | Katie Rowland | 3/23/2002 |
| | | Katie Rowland | 3/9/2002 |
| | | Katie Rowland | 2/15/2002 |
| | | Katie Rowland | 3/10/2001 |
| | | Gemma Cuff | 3/2/2000 |
| | | Gemma Cuff | 2/28/1998 |
| | | Joanna Knox | 3/25/1995 |

UNEVEN BARS

| | | | |
|----|-------|------------------------|-----------|
| 1. | 10.0 | Lauren Bridgens | 3/9/2018 |
| 2. | 9.975 | Natalie Ettl | 2/18/2011 |
| | | Katie Perret | 3/16/2007 |
| 4. | 9.950 | Sabrina Garcia | 1/19/2019 |
| | | Sabrina Garcia | 1/21/2017 |
| | | Sabrina Garcia | 1/7/2017 |
| | | Kiera Brown | 3/19/2016 |
| | | Kiera Brown | 1/9/2016 |
| | | Krystal Welsh | 3/8/2015 |
| | | Madison Merriam | 2/23/2013 |
| | | Natalie Ettl | 2/6/2011 |
| | | Natalie Ettl | 3/7/2010 |
| | | Natalie Ettl | 2/6/2010 |
| | | Katie McAvoy | 3/1/2003 |
| | | Katie McAvoy | 2/2/2002 |
| | | Katie Rowland | 3/16/2002 |
| | | Katie Rowland | 3/17/2001 |
| | | Maria Taylor | 2/23/2001 |
| | | Nikki Smith | 3/13/1999 |

BALANCE BEAM

| | | | |
|-----|-------|------------------------|-----------------|
| 1. | 10.0 | Katie Rowland | 3/14/2003 |
| | | Nikki Smith | 3/18/2000 |
| | | Missy Leopoldus | 2/19/1999 |
| | | Missy Leopoldus | 1/30/1999 |
| 5. | 9.975 | Nicole Medvitz | 3/12/2016 |
| | | Meredith Hoover | 2/25/2006 |
| | | Richelle Simpson | 2/17/2001 |
| | | Maria Taylor | 2/17/2001 |
| | | Nikki Smith | 1/22/2000 |
| 10. | 9.950 | Tess McCracken | 3/7/2020 |
| | | Sydney Sanabria-Robles | 1/31/2015 |
| | | Briannah Tsang | 1/24/2015 |
| | | Kassidy Stauder | 3/8/2014 |
| | | Sharaya Musser | 3/16/2013 |
| | | Sharaya Musser | 2/1/2012 |
| | | Sharaya Musser | 3/4/2011 |
| | | Brandi Personett | 2/6/2010 |
| | | Kristal Uzelac | 3/26/2005 |
| | | Katie Rowland | 3/9/2002 |
| | | Nikki Smith | 3/1/2000 |
| | | Nikki Smith | 1/16/2000 |
| | | Missy Leopoldus | 1999 |
| | | Missy Leopoldus | 1/17/1998 |
| | | Nicole Malinak | 2/28/1997 |

FLOOR EXERCISE

| | | | |
|----|-------|------------------------|------------------|
| 1. | 10.0 | Ellen Casey | 2/19/1999 |
| 2. | 9.975 | Katie Rowland | 3/14/2003 |
| | | Gemma Cuff | 2/23/2001 |
| | | Ellen Casey | 1999 |
| 5. | 9.950 | Lauren Bridgens | 1/25/2020 |
| | | Briannah Tsang | 3/24/2018 |
| | | Briannah Tsang | 2/24/2018 |
| | | Briannah Tsang | 3/5/2017 |
| | | Emma Sibson | 3/8/2015 |
| | | Sharaya Musser | 3/17/2012 |
| | | Sharaya Musser | 3/4/2011 |
| | | Sharaya Musser | 2/18/2011 |
| | | Brandi Personett | 3/27/2010 |
| | | Brandi Personett | 3/20/2010 |
| | | Brandi Personett | 2/20/2010 |
| | | Brandi Personett | 3/21/2009 |
| | | Brandi Personett | 3/8/2009 |
| | | Brandi Personett | 3/1/2009 |
| | | Brandi Personett | 3/1/2008 |
| | | Brandi Personett | 2/24/2007 |
| | | Kate Stopper | 2/6/2004 |
| | | Katie Rowland | 4/12/2003 |
| | | Katie Rowland | 3/1/2003 |
| | | Katie Rowland | 2/16/2003 |
| | | Katie Rowland | 2/1/2003 |
| | | Katie Rowland | 3/16/2002 |
| | | Katie Rowland | 2/23/2001 |
| | | Katie Rowland | 2/3/2001 |
| | | Leslie Bair | 2/23/2001 |
| | | Richelle Simpson | 2/23/2001 |
| | | Heather Duggan | 2/19/2000 |
| | | Missy Leopoldus | 3/14/1998 |
| | | Ellen Casey | 1999 |
| | | Ellen Casey | 2/28/1998 |
| | | Ellen Casey | 3/16/1997 |

ALL-AROUND

| | | | |
|----|--------|------------------|-----------|
| 1. | 39.775 | Katie Rowland | 3/14/2003 |
| 2. | 39.725 | Sharaya Musser | 3/4/2011 |
| | | Katie Rowland | 3/9/2002 |
| 4. | 39.700 | Brandi Personett | 2/20/2010 |
| 5. | 39.675 | Katie Rowland | 2/16/2003 |
| 6. | 39.650 | Sharaya Musser | 3/16/2013 |
| | | Sharaya Musser | 3/17/2012 |
| | | Sharaya Musser | 3/2/2012 |
| | | Katie Rowland | 2/23/2001 |
| | | Katie Rowland | 2/17/2001 |

NOTES: Listed alphabetically based on most recent performance.

TEAM SCHOOL RECORDS

VAULT

| | | | |
|-----|--------|----------------------------------|-----------|
| 1. | 49.550 | at Illinois | 1/31/2015 |
| 2. | 49.500 | Cornell, Iowa, Yale | 1/23/2010 |
| | 49.500 | at NCAA Regionals | 4/3/2004 |
| | 49.500 | at West Virginia w/ Rutgers | 2/16/2003 |
| 5. | 49.475 | Kentucky | 3/16/2013 |
| | 49.475 | at West Virginia w/ Ball State | 2/13/2005 |
| 7. | 49.450 | at N.H. w/Bridgeport, G. Wash. | 3/8/2014 |
| | 49.450 | Iowa State, Penn, SUNY-Brockport | 2/28/2015 |
| 9. | 49.425 | Nebraska, Rutgers, Yale | 2/10/2006 |
| 10. | 49.400 | at Pittsburgh | 2/13/2010 |

UNEVEN BARS

| | | | |
|----|--------|-----------------------------|-----------|
| 1. | 49.500 | Massachusetts | 2/23/2001 |
| 2. | 49.475 | at BYU, TWU & Utah State | 3/9/2018 |
| 3. | 49.425 | Nebraska | 3/1/2003 |
| 4. | 49.375 | at Michigan State | 2/4/2018 |
| | 49.375 | at Maryland Quad | 2/18/2011 |
| | 49.375 | at Arizona w/ Kentucky, TWU | 3/16/2007 |
| | 49.375 | at Rhode Island | 2/17/2001 |
| 8. | 49.350 | Michigan State | 2/23/2013 |
| | 49.350 | Maryland | 3/17/2012 |
| | 49.350 | at Big Ten Championships | 3/27/2010 |
| | 49.350 | Illinois | 2/6/2010 |
| | 49.350 | at Pittsburgh | 3/18/2006 |
| | 49.350 | at New Hampshire | 3/6/2004 |
| | 49.350 | New Hampshire | 1/20/2001 |
| | 49.350 | NCAA Regionals | 4/10/1999 |
| | 49.350 | Alabama | 2/19/1999 |

BALANCE BEAM

| | | | |
|----|--------|--------------------------------|-----------|
| 1. | 49.650 | at Rhode Island | 2/17/2001 |
| 2. | 49.550 | Big Ten Championships | 3/18/2000 |
| 3. | 49.425 | Central Michigan | 1/24/2004 |
| 4. | 49.375 | Iowa, Mich., Minn., Rutgers | 3/12/2016 |
| | 49.375 | at N.H. w/Bridgeport, G. Wash. | 3/8/2014 |
| | 49.375 | at Pittsburgh | 2/28/2004 |
| | 49.375 | Pennsylvania Championships | 2/28/1997 |
| 8. | 49.350 | at Rutgers | 2/9/2019 |
| | 49.350 | Maryland, Michigan, Bridgeport | 3/7/2010 |
| | 49.350 | at Illinois | 1/13/2001 |

FLOOR EXERCISE

| | | | |
|----|--------|-----------------------------|-----------|
| 1. | 49.725 | Massachusetts | 2/23/2001 |
| 2. | 49.550 | Pittsburgh | 2/3/2001 |
| 3. | 49.525 | New Hampshire, Penn, Temple | 3/9/2013 |
| | 49.525 | Florida | 1/30/1999 |
| 5. | 49.500 | Alabama | 2/19/1999 |
| 6. | 49.450 | at Pittsburgh | 3/11/2012 |
| 7. | 49.425 | NCAA Regionals | 4/5/2014 |
| | 49.425 | Big Ten Championships | 3/22/2014 |
| | 49.425 | at Big Ten Championships | 3/21/2009 |
| | 49.425 | Maryland | 1/29/2005 |

TEAM

| | | | |
|-----|---------|--------------------------------|-----------|
| 1. | 197.450 | Massachusetts | 2/23/2001 |
| 2. | 197.325 | Kentucky | 3/16/2013 |
| 3. | 197.200 | at N.H. w/Bridgeport, G. Wash. | 3/8/2014 |
| 4. | 197.125 | Iowa, Mich., Minn., Rutgers | 3/12/2016 |
| 5. | 197.075 | Maryland, North Carolina State | 3/4/2011 |
| 6. | 197.025 | Alabama | 2/19/1999 |
| | 197.025 | Michigan State | 2/7/2015 |
| 8. | 196.975 | New Hampshire, Penn, Temple | 3/9/2013 |
| 9. | 196.875 | Pittsburgh | 2/3/2001 |
| 10. | 196.825 | at Arizona w/Kentucky, TWU | 3/16/2007 |
| 11. | 196.775 | Minnesota | 1/26/2019 |
| 11. | 196.775 | at Rhode Island | 2/17/2001 |



2021 PENN STATE WOMEN'S GYMNASTICS



SARAH BROWN

HEAD COACH

4th Season
Missouri '10

Career Record:

41-34 (Fifth season)

Penn State Record:

29-27 (Fourth season)

ACCOLADES

- Midwest Independent Assistant Coach of the Year (2014)

UNDER BROWN

- 3 NCAA Championships qualifiers
- 2 NACGC/W All-Americans
- 8 All-Big Ten Selections
- 1 Big Ten Individual Event Champion

YEAR-BY-YEAR

| | |
|------------|-------|
| 2017 (EMU) | 11-4 |
| 2018 | 11-8 |
| 2019 | 10-9 |
| 2020 | 8-9 |
| Total | 41-33 |
| Penn State | 29-26 |

Sarah Brown begins her fourth year as the head coach of the Penn State women's gymnastics team in 2021. Brown was named the eighth head coach of the Penn State women's gymnastics program on May 4, 2017. A two-time Big 12 Conference Gymnast of the Year, Brown came to Happy Valley after serving as the head coach at Eastern Michigan University.

Brown led the Nittany Lions to eight dual-meet wins in 2020, including four against Big Ten opponents, and a No. 30 ranking in the RoadToNationals standings. Penn State earned five scores above a 196.000, its most since 2015. The Nittany Lions averaged a 196.230 in five home meets, its highest since 2015. PSU claimed wins over four ranked opponents, including No. 32 Iowa, No. 24 Maryland, No. 31 Michigan State and No. 27 NC State. No postseason events were held after the season was canceled on March 12 due to the COVID-19 pandemic.

The Nittany Lions finished the season with a 195.860 National Qualifying Score (NQS). Penn State ranked 21st in the nation on bars (49.130 NQS) and held a 49.045 NQS on floor. On the season, PSU had five scores above a 49.000 on bars, five scores above a 49.000 on floor, four on beam and two on vault.

Penn State earned team-high scores of 49.300 on vault (Big Five Meet, 2/22), 49.300 on bars (West Virginia, 1/11), 49.325 on beam (Florida, 3/7) and 49.375 on floor (Iowa, 1/25). The Nittany Lions tallied in overall team-high of 196.575 in their Quad Meet sweep over NC State, Cornell and Towson.

Junior Lauren Bridgens was named All-Big Ten first team, becoming the ninth Nittany Lion to earn at least three first-team All-Big Ten honors in their career. Bridgens won 13 event titles, including four all-around. She tallied six scores of 9.900 and eight all-around scores above a 39.000. Bridgens finished the season ranked 28th in the nation in all-around, 47th on bars and 51st on floor.

Freshman Cassidy Rushlow garnered All-Big Ten second team accolades. She won five event titles, including one in all-around. Rushlow was ranked 39th in the country in all-around and 63rd on beam. She earned four scores of 9.900 or better and five all-around scores above a 39.000.

In 2019, the Nittany Lions had a 10-9 meet record, including victories over No. 21 Arizona State, No. 22 Ohio State, No. 27 NC State, No. 32 Temple and No. 34 Illinois. Penn State placed fifth in the Big Ten Championships, hosted at Rec Hall. Penn State was selected for the NCAA Regional in Ann Arbor and finished third in the Session I meet against No. 7 Michigan, No. 10 Alabama and No. 26 Ohio State. The Nittany Lions ended the season ranked No. 24 in the RoadToNationals poll, it's highest finish since 2015.

Senior Sabrina Garcia and freshman Jessie Bastardi qualified for the NCAA Championships. Garcia earned a 9.900 on bars at the NCAA Regional, tying for the top score in the regional and tying her score from 2017 for PSU's top bars score in a regional. Bastardi secured a 9.900 on beam at the NCAA Regional, also matching the top score in the regional and tying Meredith Hoover (2003) for the top beam score in PSU regional history. Sophomore Lauren Bridgens was a first-team All-Big Ten selection, while Garcia earned second-team accolades.

During her lone season as the head coach of the Eastern Michigan women's gymnastics team in 2017, Brown led the Eagles to the Mid-American Conference (MAC) regular-season title, the MAC Championship, an appearance at the NCAA Regionals and a final national ranking of No. 27. At the 2017 MAC Gymnastics Championships, Eastern Michigan tallied its second-best score in program history (196.500), recorded a school record on the uneven bars (49.300) and three gymnasts tied for the uneven bars title.

Brown began her collegiate gymnastics career at the University of Utah for one season before completing her collegiate career at the University of Missouri. A four-time All-American at Mizzou, she was the Tigers' Female Athlete of the Year in 2009 and 2010 and earned the Director of Athletics Leadership Award in 2010. Along with her All-America plaudits, Brown was selected the Big 12 Conference Gymnast of the Year in 2009 and 2010, was named to the All-Big 12 Championship Team nine times and was a nominee for the 2010 Honda Broderick Cup. Prior to her collegiate gymnastics career, she was a four-time member of the USA National Team (2002-05).

A two-time graduate of the University of Missouri, Brown earned a bachelor's degree in interdisciplinary studies with an emphasis in communication and business in 2010 and a master's of education in counseling psychology with an emphasis in sport psychology in 2012.

A native of Columbia, Missouri, the former Sarah Shire is married to Antonio Brown. They have two sons, Isaiah and Elijah.



2021 PENN STATE WOMEN'S GYMNASTICS

2021 TV/RADIO ROSTER



Erynne Allen
Sr. • Douglasville, Ga.



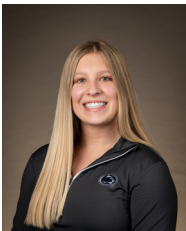
Melissa Astarita
Jr. • Morganville, N.J.



Maggie Ayers
Fr. • York, Pa.



Jessie Bastardi
Jr. • State College, Pa.



Amy Bladon
So. • Sarnia, Ontario



Alissa Bonsall
Sr. • Higganum, Conn.



Lauren Bridgens
Sr. • Darnestown, Md.



Kourtney Chinnery
Sr. • Suffolk, Va.



Dymiana Cox
Jr. • Elmont, N.Y.



Natalie Cross
Fr. • Ellicott City, Md.



Donna Howell
Jr. • New Milford, Pa.



Maddie Johnston
Fr. • Boyds, Md.



Maggie Mace
Fr. • Dayton, Ohio



Bella Romagnano
So. • New Albany, Ohio



Cassidy Rushlow
So. • Worcester, Mass.



Ava Verdeflor
Sr. • Allen, Texas



Abi Walker
Fr. • Vidalia, Ga.



Sarah Brown
Head Coach
Fourth Season



Dallas Becerra
Assistant Coach
Fourth Season



Rachel Inniss
Assistant Coach
First Season