

# NEBRASKA TRACK & FIELD

## 2020 NEBRASKA TUNE-UP

FEB. 21, 2020 / BOB DEVANEY SPORTS CENTER – LINCOLN, NEB.

### SCHEDULE OF EVENTS – Updated 2.18.20

Changes Noted in *Bold/Italized* font

#### Horizontal Jumps:

12:00pm	<i>Long Jump</i>	<i>W</i>
2:00pm	<i>Long Jump</i>	<i>M</i>
3:45pm	<i>Triple Jump</i>	<i>W</i>
5:00pm	<i>Triple Jump</i>	<i>M</i>

#### Throwing Events:

12:00pm	Shot Put	M
- to follow	Shot Put	W
- to follow	Weight Throw	M
- to follow	Weight Throw	W

#### Vertical Jumps:

12:00pm	Pole Vault	M
- to follow	Pole Vault	W
1:30pm	High Jump	M
- to follow	High Jump	W

#### Running Events:

12:40pm	5000m Run	M
1:15pm	60m Hurdles	W
<i>1:30pm</i>	<i>60m Hurdles</i>	<i>M</i>
1:45pm	60m Dash	W
1:55pm	60m Dash	M
<i>2:15pm</i>	<i>Mile Run</i>	<i>W</i>
<i>2:35pm</i>	<i>Mile Run</i>	<i>M</i>
<i>2:55pm</i>	<i>400m Dash</i>	<i>W</i>
<i>3:15pm</i>	<i>400m Dash</i>	<i>M</i>
<i>3:35pm</i>	<i>600m Run</i>	<i>W</i>
3:50pm	600m Run	M
<i>3:55pm</i>	<i>800m Run</i>	<i>W</i>
<i>4:05pm</i>	<i>800m Run</i>	<i>M</i>
<i>4:20pm</i>	<i>200m Dash</i>	<i>W</i>
<i>4:40pm</i>	<i>200m Dash</i>	<i>M</i>
<i>5:05pm</i>	<i>3000m Run</i>	<i>W</i>
<i>5:35pm</i>	<i>3000m Run</i>	<i>M</i>
<i>5:50pm</i>	<i>4x400m Relay</i>	<i>W</i>
<i>6:00pm</i>	<i>4x400m Relay</i>	<i>M</i>