

2020 STANFORD TRACK AND FIELD

Indoor Schedule

Date	Meet	Site	Scores/Time (PT)
Jan. 18	at UW Indoor Preview	Seattle, Wash.	Non-scoring
Jan. 31-Feb. 1	at Razorback Invitational	Fayetteville, Ark.	Non-scoring
Feb. 13-14	at Don Kirby Elite Invitational	Albuquerque, N.M.	Non-scoring
Feb. 14-15	at Husky Classic	Seattle, Wash.	Non-scoring
Feb. 22	at Alex Wilson Classic	Notre Dame, Ind.	Non-scoring
Feb. 28-29	at MPSF Championships	Seattle, Wash.	W: 5th (54); M: 9th (45)
March 13-14	at NCAA Championships	Albuquerque, N.M.	Fri.: 10 a.m.; Sat.: 9 a.m.

School Records

MEN			WOMEN		
Name	Event	Mark	Name	Event	Mark
			Don Kirby Invitational		
			Ashlan Best	400	53.02

MPSF Champions

MEN			WOMEN		
Name	Event	Mark	Name	Event	Mark
			Ella Donaghu	Mile	4:34.85

NCAA Results

MEN				WOMEN			
Name	Event	Place	Mark	Name	Event	Place	Mark

STANFORD MEN'S 2020 INDOOR PERFORMANCE LIST

By Event

60 meters (School indoor record: 6.71)

Name	Mark	Meet	Date
Dorien Simon	6.80	MPSF Champs	2/28
Marcus Floyd	7.00	MPSF Champs	2/28
Paulson Adebo	7.10	Don Kirby Invite	2/14

200 meters (21.17)

Name	Mark	Meet	Date
Karson Lippert	21.79	Don Kirby Invite	2/13
Julian Body	21.81	UW Preview	1/18
Dorien Simon	22.06	Don Kirby Invite	2/13
Marcus Floyd	22.16	Don Kirby Invite	2/13
Miles Zoltak	22.21	MPSF Champs	2/28

400 meters (46.16)

Name	Mark	Meet	Date
Julian Body	47.18	MPSF Champs	2/29
Karson Lippert	48.06	Don Kirby Invite	2/14
Miles Zoltak	48.55	Razorback Invite	2/1
Nick Comly	49.17	Don Kirby Invite	2/13
Andrew Franco	49.20	Razorback Invite	2/1
Marcus Floyd	50.79	UW Preview	1/18
Paulson Adebo	51.44	Don Kirby Invite	2/13

600 meters (1:17.59)

Name	Mark	Meet	Date
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800 meters (1:47.78)

Name	Mark	Meet	Date
Brandon McGorty	1:50.14	MPSF Champs	2/29
Matt Rizzo	1:51.73	Razorback Invite	2/1

1,000 meters (2:22.17)

Name	Mark	Meet	Date
Brandon McGorty	2:26.24	UW Preview	1/18
Matt Rizzo	2:27.56	UW Preview	1/18

Mile (3:53.95)

Name	Mark	Meet	Date
Thomas Ratcliffe	4:00.04	UW Preview	1/18
Alex Ostberg	4:00.59	UW Preview	1/18
Matt Rizzo	4:02.09	MPSF Champs	2/29
Callum Bolger	4:06.17	UW Preview	1/18
DJ Principe	4:06.27	Husky Classic	2/15
Liam Conway	4:09.32	MPSF Champs	2/29
Charles Hicks	4:10.53	Razorback Invite	2/1
Clayton Mendez	4:12.81	Razorback Invite	2/1
Michael Vernau	4:14.22	UW Preview	1/18
Andy Monroe	4:19.59	UW Preview	1/18

3,000 meters (7:42.62)

Name	Mark	Meet	Date
Alex Ostberg	7:49.01	Husky Classic	2/14
Devin Hart	8:02.47	UW Preview	1/18
Callum Bolger	8:06.32	Husky Classic	2/14
Clayton Mendez	8:06.48	Husky Classic	2/14
Michael Vernau	8:08.71	Razorback Invite	2/1
Charles Hicks	8:08.81	Don Kirby Invite	2/14
Connor Lane	8:11.75	Razorback Invite	2/1
Liam Anderson	8:13.06	Don Kirby Invite	2/14
Alek Parsons	8:13.22	MPSF Champs	2/29
Evan Burke	8:15.72	MPSF Champs	2/29
DJ Principe	8:18.46	MPSF Champs	2/29
Meika Beaudoin-Rousseau	8:22.73	MPSF Champs	2/29
Liam Conway	8:29.60	UW Preview	1/18
Andy Monroe	8:40.75	Don Kirby Invite	2/14

5,000 meters (13:19.58)

Name	Mark	Meet	Date
Alek Parsons	13:54.42	MPSF Champs	2/28
Michael Vernau	13:59.89	Husky Classic	2/14
Devin Hart	14:00.39	Husky Classic	2/14
Connor Lane	14:12.96	Husky Classic	2/14
Evan Burke	14:20.02	Husky Classic	2/14
Meika Beaudoin-Rousseau	14:29.81	MPSF Champs	2/28

60-meter hurdles (7.71)

Name	Mark	Meet	Date
Julian Body	7.92	MPSF Champs	2/28

4x400 meter relay (3:07.66)

Name	Mark	Meet	Date
Julian Body, Karson Lippert, Miles Zoltak, Brandon McGorty	3:12.71	Razorback Invite	2/1
Julian Body, Karson Lippert, Miles Zoltak, Nick Comly	3:13.59	Don Kirby Invite	2/14

4x800 meter relay (7:35.71)

Name	Mark	Meet	Date
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Distance medley relay (9:26.91)

Name	Mark	Meet	Date
Brandon McGorty, Miles Zoltak, Matt Rizzo, DJ Principe	9:47.05	Razorback Invite	1/31
Matt Rizzo, Julian Body, Brandon McGorty, Alex Ostberg	9:32.42	Alex Wilson Invite	2/22

High jump (7-3 1/2)

Name	Mark	Meet	Date
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Pole vault (18-4 3/4)

Name	Mark	Meet	Date
Max Manson	17-1	UW Preview	1/18
J.T. Herrscher	16-9 1/2	MPSF Champs	2/28

Long jump (25-7 1/4)

Name	Mark	Meet	Date
Keyshawn King	20-3 1/2	UW Preview	1/18
Fisayo Omilana	18-7	UW Preview	1/18

Triple jump (52-9 1/4)

Name	Mark	Meet	Date
Keyshawn King	49-1 3/4	MPSF Champs	2/29
Jerry Zheng	45-10 1/2	UW Preview	1/18
Fisayo Omilana	45-7 3/4	UW Preview	1/18

Shot put (70-6 1/2)

Name	Mark	Meet	Date
Sam Liokumovich	55-1 1/2	MPSF Champs	2/29

Weight throw (70-6 1/2)

Name	Mark	Meet	Date
Max McKhann	65-10 1/4	MPSF Champs	2/28

Heptathlon (6,042)

Name	Mark	Meet	Date
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Thru March 9, 2020

(Parentheses indicate school record for that event)

** unattached*

STANFORD MEN'S 2020 PERFORMANCE LIST

By Individual

Academic years listed; Years of eligibility may differ.

Paulson Adebo, Sr.

INDOORS

60 (7.10)

7.10 34q) Don Kirby Invitational 2/14

400 (51.44)

51.44 Unseeded, 33) Don Kirby Invite 2/13

Liam Anderson, Fr.

INDOORS

3,000 (8:13.06)

8:30.47 48) UW Preview 1/18

8:13.06 49) Husky Classic 2/14

8:31.96 44) MPSF Championships 2/29

Meika Beaudoin-Rousseau, So.

INDOORS

3,000 (8:22.73)

8:22.83 21) Razorback Invitational 2/1

8:22.73 27) MPSF Championships 2/29

5,000 (14:29.81)

14:36.40 56) Husky Classic 2/14

14:29.81 16) MPSF Championships 2/28

Julian Body, Sr.

INDOORS

200 (21.81)

21.81 5) UW Preview 1/18

60 hurdles (7.92)

8.15 5p) UW Preview 1/18

8.42 5) UW Preview 1/18

7.98 5p) Don Kirby Invitational 2/14

7.92 3p) MPSF Championships 2/28

8.04 5) MPSF Championships 2/29

400 (47.45)

47.68 9) Razorback Invitational 2/1

47.45 4) Don Kirby Invitational 2/14

47.18 3) MPSF Championships 2/29

4x400 relay

3:12.71 (first leg) 6) Razorback Invitational 2/1

3:13.59 (first leg) 3) Don Kirby Invitational 2/14

3:13.26 (second leg) 5) MPSF Championships 2/29

Distance medley relay

9:32.42 (second leg) 6) Alex Wilson Invitational 2/22

Callum Bolger, Jr.

INDOORS

Mile (4:06.17)

4:06.17 16) UW Preview 1/18

3,000 (8:06.32)

8:08.65 9) Razorback Invitational 2/1

8:06.32 24) Husky Classic 2/14

Evan Burke, Fr.

INDOORS

3,000 (8:15.72)

8:21.26 17) Razorback Invitational 2/1

8:15.72 20) MPSF Championships 2/29

5,000 (14:20.02)

14:20.02 42) Husky Classic 2/14

Nick Comly, 5th Sr.

INDOORS

400 (49.17)

49.78 7) UW Preview 1/18

49.72 32) Razorback Invitational 2/1

49.17 Unseeded, 17) Don Kirby Invite 2/13

50.25 30) MPSF Championships 2/29

4x400

3:13.59 (anchor) 3) Don Kirby Invitational 2/14

Liam Conway, So.

INDOORS

Mile (4:09.32)

4:09.53 51) Husky Classic 2/15

4:09.32 16) MPSF Championships 2/29

3,000 (8:28.61)

8:29.60 44) UW Preview 1/18

Marcus Floyd, So.

INDOORS

60 (7.00)

7.13 31) Razorback Invitational 2/1

7.06 29q) Don Kirby Invitational 2/14

7.00 27p) MPSF Championships 2/28

200 (22.16)

22.39 25) UW Preview 1/18

22.53 40) Razorback Invitational 1/31

22.16 36) Don Kirby Invitational 2/13

22.31 18) MPSF Championships 2/28

400 (50.79)

50.79 18) UW Preview 1/18

Long jump

Foul Don Kirby Invitational 2/13

Andrew Franco, So.

INDOORS

400 (49.20)

49.97 10) UW Preview 1/18

49.20 28) Razorback Invitational 2/1

Devin Hart, Fr.

INDOORS

3,000 (8:02.47)

8:02.47 5) UW Preview 1/18

8:10.16 13) MPSF Championships 2/29

5,000 (14:00.39)

14:00.39 25) Husky Classic 2/14

J.T. Herrscher, Fr.

INDOORS

Pole vault (17-0, 5.18m)

16-1 1/4 (4.91m) 5) UW Preview 1/18

16-6 3/4 (5.05m) 3) Razorback Invitational 1/31

16-1 3/4 (4.92m) 8) Don Kirby Invitational 2/14

16-9 1/2 (5.12m) 6) MPSF Championships 2/28

Charles Hicks, Fr.**INDOORS****Mile (4:10.53)**

4:10.53	8) Razorback Invitational	2/1
8:20.14	32) UW Preview	1/18
8:08.81	35) Husky Classic	2/14
8:08.94	11) MPSF Championships	2/29

Keyshawn King, So.**INDOORS****Long jump (20-3 1/2, 6.18m)**

20-3 1/2, 6.18m)	21) UW Preview	1/18
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Triple jump (49-1 3/4, 14.98m)

48-8 (14.83m)	4) UW Preview	1/18
47-1 (14.35m)	11) Razorback Invitational	2/1
Foul	Don Kirby Invitational	2/14
49-1 3/4 (14.98m)	5) MPSF Championships	2/29

Connor Lane, Jr.**INDOORS****3,000 (8:08.20)**

8:08.20	11) Razorback Invitational	2/1
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5,000 (14:05.34)

14:12.96	36) Husky Classic	2/14
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Sam Liokumovich, Fr.**INDOORS****Shot put (55-1 1/2, 16.80m)**

54-9 1/4 (16.69m)	5) UW Preview	1/18
53-5 3/4 (16.30m)	18) Don Kirby Invitational	2/14
55-1 1/2 (16.80m)	7) MPSF Championships	2/29

Karson Lippert, Fr.**INDOORS****200 (21.79)**

21.79	18) Don Kirby Invitational	2/13
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400 (48.06)

48.99	4) UW Preview	1/18
48.49	20) Razorback Invitational	2/1
48.06	12) Don Kirby Invitational	2/14
48.07	10) MPSF Championships	2/29

4x400 relay

3:12.71 (second leg)	6) Razorback Invitational	2/1
3:13.59 (second leg)	3) Don Kirby Invitational	2/14
3:13.26 (third leg)	5) MPSF Championships	2/29

Max Manson, Fr.**INDOORS****Pole vault (17-1, 5.21m)**

17-1 (5.21m)	3) UW Preview	1/18
15-7 (4.75m)	7) Razorback Invitational	1/31
16-9 1/2 (5.12m)	7) MPSF Championships	2/28

Brandon McGorty, Jr.**INDOORS****800 (1:50.14)**

1:52.15	10) Razorback Invitational	2/1
1:51.48	6) Husky Classic	2/15
1:50.14	5) MPSF Championships	2/29

1,000 (2:23.56)

2:26.24	18) UW Preview	1/18
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4x400 relay

3:12.71 (anchor)	6) Razorback Invitational	2/1
3:13.26 (anchor)	5) MPSF Championships	2/29

Distance medley relay

9:47.05 (first leg)	5) Razorback Invitational	1/31
9:32.42 (third leg)	6) Alex Wilson Invitational	2/22

Max McKhann, So.**INDOORS****Weight throw (65-10 1/4, 20.07m)**

62-1 3/4 (18.94m)	1) UW Preview	1/18
64-3 1/4 (19.59m)	2) Razorback Invitational	1/31
61-1 1/4 (18.62m)	9) Don Kirby Invitational	2/13
65-10 1/4 (20.07m)	3) MPSF Championships	2/28

Clayton Mendez, So.**INDOORS****Mile (4:12.81)**

4:12.81	19) Razorback Invitational	2/1
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3,000 (8:04.36)

8:06.90	9) UW Preview	1/18
8:06.48	25) Husky Classic	2/14
8:23.60	29) MPSF Championships	2/29

Andy Monroe, So.**INDOORS****Mile (4:08.41)**

4:19.59	41) UW Preview	1/18
4:20.82	20) MPSF Championships	2/29

3,000 (8:40.75)

8:40.75	78) Husky Classic	2/14
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Fisayo Omilana, Sr.**INDOORS****Long jump (18-7, 5.66m)**

18-7 ((5.66m)	26) UW Preview	1/18
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Triple jump (45-10 1/2, 13.98m)

45-7 3/4 (13.91m)	10) UW Preview	1/18
45-3 (13.79m)	14) Razorback Invitational	2/1
44-10 1/4 (13.67m)	21) Don Kirby Invitational	2/14
F	MPSF Championships	2/29

Alex Ostberg, 5th Sr.**INDOORS****Mile (3:59.31)**

4:00.59	7) UW Preview	1/18
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3,000 (7:49.01)

7:49.01	8) Husky Classic	2/14
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Distance medley relay

9:32.42	6) Alex Wilson Invitational	2/22
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Alek Parsons, Sr.**INDOORS****3,000 (8:13.22)**

8:13.22	16) MPSF Championships	2/29
5,000 (13:54.42)		
13:59.16	20) Husky Classic	2/14
13:54.42	3) MPSF Championships	2/28

DJ Principe, Jr.**INDOORS****Mile (4:00.73)**

4:08.99	7) Razorback Invitational	2/1
4:06.27	42) Husky Classic	2/15
4:07.60	11) MPSF Championships	2/29

3,000 (8:10.64)

8:20.43	33) UW Preview	1/18
8:18.46	24) MPSF Championships	2/29

Distance medley relay

9:47.05 (anchor)	5) Razorback Invitational	1/31
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Thomas Ratcliffe, Sr.**INDOORS****Mile (4:00.04)**

4:00.04	4) UW Preview	1/18
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Matt Rizzo, Fr.**INDOORS****800 (1:51.73)**

1:51.73	9) Razorback Invitational	2/1
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1,000 (2:24.06)

2:27.56	21) UW Preview	1/18
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Mile (4:02.09)

4:03.16	24) Husky Classic	2/15
4:02.09	5) MPSF Championships	2/29

Distance medley relay

9:47.05 (third leg)	5) Razorback Invitational	1/31
9:32.42 (first leg)	6) Alex Wilson Invitational	2/22

Dorien Simon Fr.**INDOORS****60 (6.80)**

6.88	8q) UW Preview	1/18
6.85	11p) UW Preview	1/18
7.00	22) Razorback Invitational	2/1
6.81	11p) Don Kirby Invitational	2/14
6.80	12p) MPSF Championships	2/28

200 (22.06)

22.31	15) UW Preview	1/18
22.21	34) Razorback Invitational	1/31
22.06	31) Don Kirby Invitational	2/13
22.11	14) MPSF Championships	2/28

Michael Vernau, Jr.**INDOORS****Mile (4:08.41)**

4:14.22	30) UW Preview	1/18
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3,000 (8:07.46)

8:08.71	10) Razorback Invitational	2/1
8:18.28	23) MPSF Championships	2/29

5,000 (13:59.89)

13:59.89	24) Husky Classic	2/14
14:18.46	9) MPSF Championships	2/28

Jerry Zheng, Sr.**INDOORS****Triple jump (45-10 1/2, 13.98m)**

45-10 1/2 (13.98m)	8) UW Preview	1/18
44-8 (13.61m)	15) Razorback Invitational	2/1

Miles Zoltak, So.**INDOORS****200 (22.23)**

22.23	9) UW Preview	1/18
22.21	15) MPSF Championships	2/28

400 (48.55)

48.71	2) UW Preview	1/18
48.55	21) Razorback Invitational	2/1
48.87	17) Don Kirby Invitational	2/14
48.57	20) MPSF Championships	2/29

4x400 relay

3:12.71 (third leg)	6) Razorback Invitational	2/1
3:13.59 (third leg)	3) Don Kirby Invitational	2/14
3:13.26 (first leg)	5) MPSF Championships	2/29

Distance medley relay

9:47.05 (second leg)	5) Razorback Invitational	1/31
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Thru March 9, 2020*(Personal records in parentheses; each is unique to indoors or outdoors)***unattached*

STANFORD WOMEN'S 2020 INDOOR PERFORMANCE LIST

By Event

60 meters (7.21)

Name	Mark	Meet	Date
Alexa Rossum	7.61	UW Preview	1/18

200 meters (22.77)

Name	Mark	Meet	Date
Ashlan Best	23.62	Don Kirby Invite	2/13
Alexa Rossum	24.80	Razorback Invite	1/31
Carolyn Wilson	25.48	UW Preview	1/18
Mary Gillett	25.61	Don Kirby Invite	2/13

400 meters (53.02)

Name	Mark	Meet	Date
Ashlan Best	52.64	MPSF Champs	2/29
Carolyn Wilson	55.15	UW Preview	1/18
Mary Gillett	57.84	Don Kirby Invite	2/13

600 meters (1:28.22)

Name	Mark	Meet	Date
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800 meters (2:03.25)

Name	Mark	Meet	Date
Julia Heymach	2:04.94	Razorback Invite	2/1
Carolyn Wilson	2:06.11	Husky Classic	2/15
Kaitlin Ryan	2:09.81	MPSF Champs	2/29
Jordan Oakes	2:10.69	Razorback Invite	2/1

1,000 meters (2:42.26)

Name	Mark	Meet	Date
Julia Heymach	2:45.36	UW Preview	1/18
Kaitlin Ryan	2:54.67	UW Preview	1/18

Mile (4:31.29)

Name	Mark	Meet	Date
Julia Heymach	4:33.37	Husky Classic	2/15
Ella Donaghu	4:33.71	Razorback Invite	2/1
Jessica Lawson	4:35.56	Razorback Invite	2/1
Christina Aragon	4:37.30	Husky Classic	2/15
Jordan Oakes	4:37.69	MPSF Champs	2/29
Rebecca Story	4:52.80	UW Preview	1/18
Grace Connolly	4:53.55	UW Preview	1/18
Abi Archer	4:55.36	Razorback Invite	2/1
Kristin Fahy	4:55.64	Razorback Invite	2/1
Kaitlin Ryan	4:57.46	Husky Classic	2/15
Lily Flynn	5:03.80	Razorback Invite	2/1

3,000 meters (8:53.1)

Name	Mark	Meet	Date
Ella Donaghu	8:54.72	Husky Classic	2/14
Jessica Lawson	8:59.38	Husky Classic	2/14
Abi Archer	9:22.49	Husky Classic	2/14
Christina Aragon	9:23.83	UW Preview	1/18
Jordan Oakes	9:25.59	UW Preview	1/18
Grace Connolly	9:29.73	MPSF Champs	2/29
Kristin Fahy	9:31.99	Husky Classic	2/14
Rebecca Story	9:38.52	Husky Classic	2/14
Lindsey Payne	9:45.49	MPSF Champs	2/29

5,000 meters (15:35.77)

Name	Mark	Meet	Date
Abi Archer	16:21.48	MPSF Champs	2/28
Kristin Fahy	16:40.35	MPSF Champs	2/28

60-meter hurdles (8.17)

Name	Mark	Meet	Date
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4x400 meter relay (3:33.78)

Name	Mark	Meet	Date
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Distance medley relay (10:52.02)

Name	Mark	Meet	Date
Ella Donaghu, Ashlan Best, Julia Heymach, Jessica Lawson	10:55.89	Razorback Invite	1/31
Kaitlin Ryan, Mary Gillett, Carolyn Wilson, Kristin Fahy	11:41.68	Razorback Invite	1/31

High jump (6-5 1/2)

Name	Mark	Meet	Date
Valerie Przekop	5-5 1/4	Don Kirby Invite	2/13

Pole vault (14-5 1/2)

Name	Mark	Meet	Date
Kaitlyn Merritt	13-3 3/4	UW Preview	1/18
Erika Malaspina	12-11 3/4	UW Preview	1/18
Laurel Wong	12-8	Don Kirby Invite	2/13

Long jump (21-8 3/4)

Name	Mark	Meet	Date
Aria Small	18-9 3/4	Razorback Invite	1/31
Yinka Braimah	17-10 3/4	UW Preview	1/18
Allyson Weiss	16-0 1/2	UW Preview	1/18
Brittany McGee	14-11 1/2	UW Preview	1/18

Triple jump (46-7 1/4)

Name	Mark	Meet	Date
Aria Small	41-11 1/2	Don Kirby Invite	2/14
Ellie Talius	38-10 1/4	Don Kirby Invite	2/14
Allyson Weiss	38-0 1/4	Don Kirby Invite	2/14

Shot put (58-8 1/2, 17.89m)

Name	Mark	Meet	Date
Jaimi Salone	44-7	Don Kirby Invite	2/14

Weight throw (70-3 1/2, 21.42m)

Name	Mark	Meet	Date
Jaimi Salone	55-9 1/2	Don Kirby Invite	2/13
Jordan Fong	54-5 1/2	MPSF Champs	2/28

Pentathlon (4,063)

Name	Mark	Meet	Date
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Thru March 9, 2020

(Parentheses indicates school record for that event)

** competing unattached*

STANFORD WOMEN'S 2020 PERFORMANCE LIST

By Individual

Academic years listed; Years of eligibility may differ.

Christina Aragon, Sr.

INDOORS

Mile (4:34.76)

4:46.30	10) Razorback Invitational	2/1
4:37.30	9) Husky Classic	2/15
4:41.43	6) MPSF Championships	2/29
3,000 (9:01.86)		
9:23.83	14) UW Preview	1/18

Abi Archer, Fr.

INDOORS

Mile (4:55.36)

4:55.36	18) Razorback Invitational	2/1
3,000 (9:22.49)		
9:30.81	19) UW Preview	1/18
9:22.49	28) Husky Classic	2/14
5,000 (16:21.48)		
16:21.48	4) MPSF Championships	2/28

Ashlan Best, Jr.

INDOORS

200 (23.62)

24.13	4) UW Preview	1/18
23.62	2) Don Kirby Invitational	2/13

400 (52.64)

53.69	2) UW Preview	1/18
53.02	2) Don Kirby Invitational	2/14
52.64	3) MPSF Championships	2/29

4x400 relay

3:45.87 (second leg)	8) MPSF Championships	2/29
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Distance medley relay

10:55.89 (second leg)	1) Razorback Invitational	1/31
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Yinka Braimah, So.

INDOORS

Long jump (17-10 3/4, 5.45m)

17-10 3/4 (5.45m)	6) UW Preview	1/18
17-7 (5.36m)	23) Razorback Invitational	1/31

Grace Connolly, Fr.

INDOORS

Mile (4:53.55)

4:53.55	12) UW Preview	1/18
3,000 (9:29.73)		
9:34.89	45) Husky Classic	2/14
9:29.73	7) MPSF Championships	2/29

Ella Donaghu, Sr.

INDOORS

Mile (4:33.71)

4:33.71	1) Razorback Invitational	2/1
4:34.85	1) MPSF Championships	2/29

3,000 (8:54.72)

8:58.31	2) UW Preview	1/18
8:54.72	3) Husky Classic	2/14

Distance medley relay

10:55.89 (first leg)	1) Razorback Invitational	1/31
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Kristin Fahy, Fr.

INDOORS

Mile (4:55.64)

4:55.64	19) Razorback Invitational	2/1
3,000 (9:31.99)		
9:40.64	24) UW Preview	1/18
9:31.99	39) Husky Classic	2/14
5,000 (16:40.35)		
16:40.35	12) MPSF Championships	2/28
Distance medley relay		
11:41.68 (anchor)	7) Razorback Invitational	1/31

Lily Flynn, Fr.

INDOORS

Mile (4:48.26)

5:03.80	32) Razorback Invitational	2/1
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Jordan Fong, So.

INDOORS

Weight throw (56-7 1/4, 17.25m)

52-1 (15.87m)	13) UW Preview	1/18
53-2 3/4 (16.22m)	13) Razorback Invitational	1/31
Foul	Don Kirby Invitational	2/13
54-5 1/2 (16.60m)	13) MPSF Championships	2/28

Mary Gillett, So.

INDOORS

200 (25.61)

26.32	27) UW Preview	1/18
25.61	72) Don Kirby Invite	2/13

400 (57.84)

58.54	18) UW Preview	1/18
58.87	32) Razorback Invitational	2/1
57.84	Unseeded, 17) Don Kirby Invite	2/13
58.26	38) MPSF Championships	2/29

4x400 relay

3:45.87 (third leg)	8) MPSF Championships	2/29
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Distance medley relay

11:41.68 (second leg)	7) Razorback Invitational	1/31
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Julia Heymach, Jr.

INDOORS

800 (2:04.94)

2:04.94	2) Razorback Invitational	2/1
2:05.01	3) MPSF Championships	2/29

1,000 (2:45.36)

2:45.36	2) UW Preview	1/18
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Mile (4:33.37)

4:33.37	2) Husky Classic	2/15
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4x400 relay

3:45.87 (anchor)	8) MPSF Championships	2/29
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Distance medley relay

10:55.89 (third leg)	1) Razorback Invitational	1/31
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Jessica Lawson, Jr.**INDOORS****Mile (4:35.56)**

4:37.64	4) UW Preview	1/18
4:35.56	2) Razorback Invitational	2/1
4:36.06	2) MPSF Championships	2/29

3,000 (8:59.38)

8:59.38	7) Husky Classic	2/14
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Distance medley relay

10:55.89 (anchor)	1) Razorback Invitational	1/31
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Erika Malaspina, Sr.**INDOORS****Pole vault (13-11, 4.24m)**

12-1 11 3/4 (3.96m)	3) UW Preview	1/18
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Brittany McGee, 5th Sr.**INDOORS****Long jump (18-11, 5.77m)**

14-11 1/2 (4.56m)	33) UW Preview	1/18
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Kaitlyn Merritt, 5th Sr.**INDOORS****Pole vault (13-11, 4.24m)**

13-3 3/4 (4.06m)	2) UW Preview	1/18
13-0 1/4 (3.97m)	11) Razorback Invitational	1/31
13-1 3/4 (4.01m)	9) Don Kirby Invitational	2/14
12-7 1/2 (3.85m)	6) MPSF Championships	2/28

Jordan Oakes, Jr.**INDOORS****800 (2:10.69)**

2:10.69	15) Razorback Invitational	2/1
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Mile (4:37.69)

4:47.98	12) Razorback Invitational	2/1
4:38.99	12) Husky Classic	2/15
4:37.69	3) MPSF Championships	2/29

3,000 (9:22.91)

9:25.59	16) UW Preview	1/18
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Lindsey Payne, So.**INDOORS****3,000 (9:45.49)**

10:03.49	47) UW Preview	1/18
9:50.16	64) Husky Classic	2/14
9:45.49	27) MPSF Championships	2/29

Valerie Przekop, Jr.**INDOORS****High jump (5-5 1/4, 1.66m)**

5-3 (1.60m)	13) UW Preview	1/18
NH	Razorback Invitational	1/31
5-5 1/4 (1.66m)	15) Don Kirby Invitational	2/13

Alexa Rossum, Fr.**INDOORS****60 (7.40)**

7.61	12p) UW Preview	1/18
7.63	7p) Razorback Invitational	2/1
7.66	18) Razorback Invitational	2/1

200 (24.92)

24.92	11) UW Preview	1/18
24.80	36) Razorback Invitational	1/31

Kaitlin Ryan, Jr.**INDOORS****800 (2:08.63)**

2:09.81	17) MPSF Championships	2/29
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1,000 (2:48.42)

2:54.67	8) UW Preview	1/18
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Mile (4:57.23)

5:06.72	33) Razorback Invitational	2/1
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4:57.46

61) Husky Classic	2/15
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Distance medley relay

11:41.68 (first leg)	7) Razorback Invitational	1/31
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Jaimi Salone, Sr.**INDOORS****Shot put (44-9 3/4, 13.65m)**

43-8 (13.31m)	9) UW Preview	1/18
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Foul	Razorback Invitational	2/1
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44-7 (13.59m)	17) Don Kirby Invitational	2/14
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42-11 3/4 (13.10m)	20) MPSF Championships	2/29
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Weight throw (55-9 1/2, 17.00m)

51-5 1/2 (15.68m)	18) UW Preview	1/18
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53-1 1/2 (16.19m)	15) Razorback Invitational	1/31
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55-9 1/2 (17.00m)	16) Don Kirby Invitational	2/13
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54-11 1/2 (16.75m)	10) MPSF Championships	2/28
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Aria Small, Jr.**INDOORS****Long jump (18-0 1/2, 5.50m)**

18-0 1/2, 5.50m)	5) UW Preview	1/18
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18-9 3/4 (5.73m)	14) Razorback Invitational	1/31
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18-1 1/2 (5.53m)	11) MPSF Championships	2/28
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Triple jump (42-4, 12.90m)

40-0 (12.19m)	1) UW Preview	1/18
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41-8 (12.70m)	9) Razorback Invitational	2/1
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41-11 1/2 (12.79m)	6) Don Kirby Invitational	2/14
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41-0 1/2 (12.51m)	4) MPSF Championships	2/29
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Rebecca Story, So.**INDOORS****Mile (4:52.80)**

4:52.80	10) UW Preview	1/18
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4:59.45	23) Razorback Invitational	2/1
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3,000 (9:38.52)

9:38.52	48) Husky Classic	2/14
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Ellie Talus, Fr.**INDOORS****Triple jump (38-10 1/4, 11.84m)**

37-9 1/4 (11.51m)	8) UW Preview	1/18
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Foul	Razorback Invitational	2/1
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38-10 1/4 (11.84m)	21) Don Kirby Invitational	2/14
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Allyson Weiss, So.**INDOORS****Long jump (16-0 1/2, 4.89m)**

16-10 1/2 (4.89m)	29) UW Preview	1/18
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Triple jump (38-0 1/4, 11.59m)

36-2 (11.02m)	16) UW Preview	1/18
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38-0 1/4 (11.59m)	27) Don Kirby Invitational	2/14
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37-10 3/4 (11.55m)	11) MPSF Championships	2/29
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Carolyn Wilson, Jr.**INDOORS****200 (25.30)**

25.48	17) UW Preview	1/18
25.63	48) Razorback Invitational	1/31
25.67	7) Husky Classic	2/14

400 (53.96)

55.15	3) UW Preview	1/18
55.18	15) Razorback Invitational	2/1

800 (2:06.11)

2:06.11	5) Husky Classic	2/15
2:09.79	16) MPSF Championships	2/29

4x400 relay

3:45.87 (first leg)	8) MPSF Championships	2/29
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Distance medley relay

11:41.68 (third leg)	7) Razorback Invitational	1/31
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Laurel Wong, Fr.**INDOORS****Pole vault (12-8, 3.86m)**

11-6 1/4 (3.51m)	15) UW Preview	1/18
12-6 1/4 (3.82m)	13) Razorback Invitational	1/31
12-8 (3.86m)	Unseeded, 12) Don Kirby Invite	2/13
12-7 1/2 (3.85m)	11) MPSF Championships	2/28

Thru March 9, 2020

(Personal records in parentheses)

** unattached*