



# 2017 STANFORD TRACK AND FIELD

## Indoor Schedule

Date	Meet	Site	Scores/Time (PT)
Jan. 14	at UW Indoor Preview	Seattle, Wash.	Non-scoring
Jan. 20-21	at Cherry and Silver Invitational	Albuquerque, N.M.	Non-scoring
Jan. 27-28	at Penn State National Open	University Park, Pa.	Non-scoring
Jan. 27-28	at UW Invitational	Seattle, Wash.	Non-scoring
Feb. 3-4	at Frank Sevigne Husker Invitational	Lincoln, Neb.	Non-scoring
Feb. 10	at Iowa State Classic	Ames, Iowa	Non-scoring
Feb. 10-11	at Don Kirby Collegiate Invitational	Albuquerque, N.M.	Non-scoring
Feb. 10-11	at Husky Classic	Seattle, Wash.	Non-scoring
Feb. 11	at Millrose Games	New York, N.Y.	Non-scoring
Feb. 17	at NAU Tune-Up	Flagstaff, Ariz.	Non-scoring
Feb. 18	at Alex Wilson Invitational	Notre Dame, Ind.	Non-scoring
Feb. 24-25	at MPSF Championships	Seattle, Wash.	W - 3rd (57); M - 12th (27.5)
March 10-11	at NCAA Championships	College Station, Texas	W - 10th (14); M - 49th (3)

## School Records

MEN			WOMEN		
Name	Event	Mark	Name	Event	Mark
<b>MPSF Championships</b>			<b>UW Invitational</b>		
Frank Kurtz, Harrison Williams, Isaiah Brandt-Sims, Jackson Shumway			Valarie Allman	Weight throw	63-1 1/2
	4x400 relay	3:09.80	<b>Husky Classic</b>		
			Valarie Allman	Weight throw	63-11 3/4
<b>NCAA Championships</b>			<b>NAU Tune-Up</b>		
Harrison Williams	Heptathlon	5,970	Valarie Allman	Weight throw	64-3 1/4 64-10
			<b>MPSF Championships</b>		
			Valarie Allman	Weight throw	68-5 3/4

## MPSF Champions

MEN			WOMEN		
Name	Event	Mark	Name	Event	Mark
			Olivia Baker	800	2:03.41

## NCAA Results

MEN				WOMEN			
Name	Event	Place	Mark	Name	Event	Place	Mark
Harrison Williams	Heptathlon	6	5,970	Vanessa Fraser, Missy Mongiovi, Malika Waschmann, Elise Cranny			
Jack Keelan	3,000	11	8:10.03		DMR	2	11:00.36
Tai Dinger, Jackson Shumway, Brian Smith, Jack Keelan				Vanessa Fraser	3,000	5	9:10.92
	DMR	12	10:00.77	Olivia Baker	800	7	2:04.45
				Elise Cranny	3,000	11	9:17.85

# STANFORD MEN'S 2017 OUTDOOR PERFORMANCE LIST

## By Event

### 100 meters (10.39)

Name	Mark	Meet	Date
Terrence Alexander	10.95	Stanford Invite	3/31
Isaiah Brandt-Sims	10.98	Stanford Invite	3/31

### 200 meters (20.74)

Name	Mark	Meet	Date
Frank Kurtz	21.93	Stanford Invite	4/1
Isaiah Brandt-Sims	22.06	Big Meet	4/8
Colin Dolese	22.56	Stanford Invite	4/1
Amit Maity	22.62	Stanford Invite	4/1
Isaac Westlund	22.77	Big Meet	4/8
Dion Brandt-Sims	22.86	Stanford Invite	4/1*

### 400 meters (45.36)

Name	Mark	Meet	Date
Frank Kurtz	48.30	Stanford Invite	3/31
Isaac Westlund	49.24	Big Meet	4/8
Lucas Ege	49.30	Big Meet	4/8

### 800 meters (1:46.20)

Name	Mark	Meet	Date
Tai Dinger	1:52.15	Big Meet	4/8
Ryan Silva	1:53.62	Stanford Invite	4/1
Patrick Perrier	1:53.96	Stanford Invite	4/1
Brian Smith	1:53.99	Big Meet	4/8
Nathaniel Kucera	1:54.20	Stanford Invite	4/1
Daniel Book	1:56.80	Big Meet	4/8

### 1,500 meters (3:35.11)

Name	Mark	Meet	Date
Grant Fisher	3:46.18	Big Meet	4/8
Tai Dinger	3:46.49	Stanford Invite	3/31
Patrick Perrier	3:50.10	Stanford Invite	3/31
Jack Keelan	3:51.36	Big Meet	4/8
Ryan Silva	3:51.68	Stanford Invite	3/31
Brian Smith	3:54.01	Stanford Invite	3/31
Garrett Sweatt	3:55.87	Stanford Invite	3/31

### Mile (3:55.16)

Name	Mark	Meet	Date
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### 3,000-meters steeplechase (8:32.09)

Name	Mark	Meet	Date
Ryan Silva	9:25.15	Big Meet	4/8

### 3,000 meters

Name	Mark	Meet	Date
Garrett Sweatt	8:15.40	Big Meet	4/8
Jack Keelan	8:15.53	Big Meet	4/8
Patrick Gibson	8:15.61	Big Meet	4/8
Will Lauer	8:18.38	Big Meet	4/8
Blair Hurlock	8:34.13	Big Meet	4/8

### 5,000 meters (13:15.33)

Name	Mark	Meet	Date
Alek Parsons	14:10.33	Stanford Invite	3/31
Patrick Gibson	14:14.04	Stanford Invite	3/31

### 10,000 meters (27:31.38)

Name	Mark	Meet	Date
Blair Hurlock	29:50.21	Stanford Invite	3/31

### 110-meter hurdles (13.61)

Name	Mark	Meet	Date
Julian Body	14.69	Big Meet	4/8
Daniel Brady	14.89	Big Meet	4/8

### 400-meter hurdles (48.79)

Name	Mark	Meet	Date
Julian Body	52.90	Big Meet	4/8
Colin Dolese	53.47	Big Meet	4/8
Daniel Brady	54.84	Big Meet	4/8

### 4x100 meter relay (39.64)

Name	Mark	Meet	Date
Jaak Uudmae, Julian Body, Terrence Alexander, Isaiah Brandt-Sims	40.98	Big Meet	4/8
Julian Body, Jaak Uudmae, Terrence Alexander, Isaiah Brandt-Sims	41.81	Stanford Invite	4/1

### 4x400 meter relay (3:05.59)

Name	Mark	Meet	Date
Colin Dolese, Julian Body, Isaac Westlund, Frank Kurtz	3:11.94	Big Meet	4/8
Julian Body, Colin Dolese, Isaac Westlund, Frank Kurtz	3:12.58	Stanford Invite	4/1
Daniel Brady, Lucas Ege, Brian Smith, Nathaniel Kucera	3:18.73	Stanford Invite	4/1

### High jump (7-5 3/4, 2.28m)

Name	Mark	Meet	Date
Jaak Uudmae	6-6 3/4	Big Meet	4/8
Trevor Rex	6-5	Stanford Invite/BMt	3/31/4/8

### Pole vault (18-9 1/2, 5.72m)

Name	Mark	Meet	Date
Dylan Duvio	16-0 3/4	Stanford Invite	4/1*

### Long jump (27-0, 8.22m)

Name	Mark	Meet	Date
Jaak Uudmae	23-10 3/4w	Big Meet	4/8

### Triple jump (52-6 3/4, 16.02m)

Name	Mark	Meet	Date
Fisayo Omilana	44-9 3/4	Big Meet	4/8
Trevor Rex	41-10 1/2, 42-7w	Big Meet	4/8

### Shot put (67-9 1/4, 20.65m)

Name	Mark	Meet	Date
Tristen Newman	59-9	Beach Invite	4/15

### Discus (210-1, 64.04m)

Name	Mark	Meet	Date
Landon Ellingson	168-4	Stanford Invite	4/8

### Hammer (240-10, 73.42)

Name	Mark	Meet	Date
Michael Painter	219-3	Big Meet	4/8
Tristen Newman	197-2	Hornet Invite	3/17
Landon Ellingson	147-0	Big Meet	4/8

# STANFORD MEN'S 2017 OUTDOOR PERFORMANCE LIST

## By Event

### Javelin (294-0, 71.32m)

Name	Mark	Meet	Date
Trevor Danielson	218-0	Stanford Invite	3/31
Charles Kerr	212-4	Stanford Invite	3/31

### Decathlon (8,032 pts.)

Name	Mark	Meet	Date
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*Through April 16, 2017*

*(Parentheses indicate school record for that event)*

*\* unattached*

# STANFORD MEN'S 2017 INDOOR PERFORMANCE LIST

## By Event

### 60 meters (6.80)

Name	Mark	Meet	Date
Isaiah Brandt-Sims	6.90	UW Invitational	1/28
Harrison Williams	7.05	Husker Invitational	2/3

### 200 meters (21.17)

Name	Mark	Meet	Date
Isaiah Brandt-Sims	21.62	Don Kirby Invite	2/10
Colin Dolese	21.99	Don Kirby Invite	2/10
Frank Kurtz	22.40	UW Invitational	1/27
Isaac Westlund	22.64	MPSF Champs	2/24

### 400 meters (46.16)

Name	Mark	Meet	Date
Jackson Shumway	47.06	MPSF Champs	2/25
Harrison Williams	48.41	Cherry and Silver	1/21
Frank Kurtz	48.84	Don Kirby Invite	2/11
Julian Body	48.86	Don Kirby Invite	2/11
Colin Dolese	48.97	Don Kirby Invite	2/11
Isaac Westlund	49.28	Don Kirby Invite	2/11
Lucas Ege	49.97	UW Indoor Preview	1/14
Daniel Brady	50.29	UW Indoor Preview	1/14

### 600 meters (1:18.39)

Name	Mark	Meet	Date
Daniel Book	1:21.91	UW Indoor Preview	1/14

### 800 meters (1:47.78)

Name	Mark	Meet	Date
Brian Smith	1:50.72	Husky Classic	2/11
Tai Dinger	1:51.44	UW Invitational	1/28
Isaac Cortes	1:51.86	Penn State National	1/28
Scott Buttinger	1:52.29	Husky Classic	2/11
Christian White	1:54.12	UW Invitational	1/28

### 1,000 meters (2:22.17)

Name	Mark	Meet	Date
Isaac Cortes	2:24.05	UW Indoor Preview	1/14
Tai Dinger	2:25.97	UW Indoor Preview	1/14
Scott Buttinger	2:26.04	UW Indoor Preview	1/14
Harrison Williams	2:46.49	Husker Invitational	2/4

### Mile (3:53.95)

Name	Mark	Meet	Date
Jack Keelan	3:59.62	Penn State National	1/28
Tai Dinger	4:03.63	Iowa State Classic	2/10
Alex Ostberg	4:05.74	UW Invitational	1/28
Isaac Cortes	4:08.37	MPSF Champs	2/25
Scott Buttinger	4:09.26	UW Invitational	1/28
Patrick Perrier	4:10.50	MPSF Champs	2/25

### 3,000 meters (7:46.81)

Name	Mark	Meet	Date
Jack Keelan	7:51.20	Iowa State Classic	2/10
Thomas Ratcliffe*	7:53.23	UW Invitational	1/28
Steven Fahy	8:03.83	UW Invitational	1/28
Patrick Gibson	8:11.07	MPSF Champs	2/25
Blair Hurlock	8:18.49	UW Invitational	1/28
Alek Parsons*	8:18.81	UW Invitational	1/28
Sam Wharton	8:23.28	UW Invitational	1/28

### 5,000 meters (13:19.58)

Name	Mark	Meet	Date
Blair Hurlock	14:18.41	Iowa State Classic	2/10

### 60-meter hurdles (7.71)

Name	Mark	Meet	Date
Harrison Williams	8.21	Cherry and Silver	1/20
Julian Body	8.33	MPSF Champs	2/24
Daniel Brady	8.39	Don Kirby Invite	2/11

### 4x400 meter relay (3:09.80)

Name	Mark	Meet	Date
Kurtz, Williams, Brandt-Sims, Shumway	3:09.80	MPSF Champs	2/25
Body, Kurtz, Westlund, Shumway	3:15.26	UW Indoor Preview	1/14
Kurtz, Brandt-Sims, Body, Shumway	3:15.85	Don Kirby Invite	2/11
Dolese, Body, White, Westlund	3:16.56	UW Invitational	1/28
Dolese, Smith, Book, White	3:20.67	UW Indoor Preview	1/14
Brady, Dinger, Cortes, Ege	3:22.30	UW Indoor Preview	1/14

### 4x800 meter relay (7:35.71)

Name	Mark	Meet	Date
Distance medley relay (9:27.27)			
Dinger, Shumway, Smith, Keelan	9:28.72	Alex Wilson Invite	2/18
Cortes, Shumway, Smith, Keelan	9:34.15	Penn State National	1/27
Ostberg, Brady, Buttinger, Dinger	9:50.04	UW Invitational	1/27

### High jump (7-3 1/2)

Name	Mark	Meet	Date
Trevor Rex	6-5	MPSF Champs	2/25
Harrison Williams	6-4 3/4	Husker Invitational	2/3

### Pole vault (18-4 3/4)

Name	Mark	Meet	Date
Harrison Williams	17-8 1/2	UW Indoor Preview	1/14

### Long jump (25-7 1/4)

Name	Mark	Meet	Date
Jaak Uudmae	24-0 1/4	MPSF Champs	2/24
Harrison Williams	22-3	UW Indoor Preview	1/14

### Triple jump (52-9 1/4)

Name	Mark	Meet	Date
Jaak Uudmae	50-3 1/4	UW Indoor Preview	1/14

### Shot put (70-6 1/2)

Name	Mark	Meet	Date
Tristen Newman	60-7 1/4	MPSF Champs	2/25

### Weight throw (70-6 1/2)

Name	Mark	Meet	Date
Tristen Newman	62-9 1/2	Husky Classic	2/10
Harrison Williams	45-1	Husker Invitational	2/3

**Heptathlon (5,970)**

<b>Name</b>	<b>Mark</b>	<b>Meet</b>	<b>Date</b>
Harrison Williams	5,970	NCAA Champs	3/10-11

**Final 2017**

*(Parentheses indicate school record for that event)*

*\*unattached*

# STANFORD MEN'S 2017 PERFORMANCE LIST

## By Individual

Academic years listed; Years of eligibility may differ.

### Terrence Alexander, Jr.

#### OUTDOORS

##### 100 (10.95)

10.95	11) Stanford Invitational	3/31
10.98w	4) Big Meet	4/8

##### 4x100 relay

41.81 (third leg)	3) Stanford Invitational	4/1
40.98 (third leg)	1) Big Meet	4/8

### Julian Body, Fr.

#### OUTDOORS

##### 110 hurdles (14.69)

14.87	10p) Stanford Invitational	3/31
14.69	3) Big Meet	4/8

##### 400 hurdles (52.50)

54.53	16) Stanford Invitational	3/31
52.50	2) Big Meet	4/8

##### 4x100 relay

41.81 (first leg)	3) Stanford Invitational	4/1
40.98 (second leg)	1) Big Meet	4/8

##### 4x400 relay

3:12.58 (first leg)	2) Stanford Invitational	4/1
3:11.94 (second leg)	2) Big Meet	4/8

#### INDOORS

##### 400 (48.81, indoor PR)

49.99	17) UW Indoor Preview	1/14
49.53	19) UW Invitational	1/28
48.86	17) Don Kirby Invitational	2/11
49.13	29) MPSF Championships	2/25

##### 60 hurdles (8.33)

8.52	16p) UW Invitational	1/28
8.33	13p) MPSF Championships	2/24

##### 4x400 relay

3:15.26 (first leg)	1) UW Indoor Preview	1/14
3:16.56 (second leg)	3) UW Invitational	1/28
3:15.85 (third leg)	5) Don Kirby Invitational	2/11

### Daniel Book, So.

#### INDOORS

##### 600 (1:21.91)

1:21.91	9) UW Indoor Preview	1/14
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##### 800 (1:51.26)

1:56.80	7) Big Meet	4/8
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##### 4x400 relay

3:20.67 (third leg)	4) UW Indoor Preview	1/14
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### Daniel Brady, Jr.

#### OUTDOORS

##### 110 hurdles (14.48)

14.89	4) Big Meet	4/8
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##### 400 hurdles (51.93)

54.84	5) Big Meet	4/8
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##### 4x400 relay

3:18.73 (first leg)	10) Stanford Invitational	4/1
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#### INDOORS

##### 400 (49.81)

50.29	22) UW Indoor Preview	1/14
50.36	37) Don Kirby Invitational	2/11
50.78	41) MPSF Championships	2/25

##### 60 hurdles (8.35)

8.60	q) UW Invitational	1/28
8.44	13p) UW Invitational	1/28
8.39	19p) Don Kirby Invitational	2/11
8.46	19p) MPSF Championships	2/24

##### 4x400 relay

3:22.30 (first leg)	6) UW Indoor Preview	1/14
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##### Distance medley relay

9:50.04 (second leg)	3) UW Invitational	1/27
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### Dion Brandt-Sims, Fr.

#### OUTDOORS

##### 200 (22.86)

22.86	24) Stanford Invitational	4/1*
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### Isaiah Brandt-Sims, Jr.

#### OUTDOORS

##### 100 (10.53)

10.98	13) Stanford Invitational	3/31
10.61w	1) Big Meet	4/8

##### 200 (20.93)

22.06	1) Big Meet	4/8
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##### 4x100 relay

41.81 (anchor)	3) Stanford Invitational	4/1
40.98 (anchor)	1) Big Meet	4/8

#### INDOORS

##### 60 (6.64)

6.90	8p) UW Invitational	1/28
6.95	7) UW Invitational	1/28
6.91	9p) Don Kirby Invitational	2/10

##### 200 (21.62)

21.62	9) Don Kirby Invitational	2/10
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##### 4x400 relay

3:15.85 (second leg)	5) Don Kirby Invitational	2/11
3:09.80 (third leg)	2) MPSF Championships	2/25

### Scott Buttinger, Sr.

#### INDOORS

##### 800 (1:49.38)

1:52.29	25) Husky Classic	2/11
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##### 1,000 (2:22.58)

2:26.04	6) UW Indoor Preview	1/14
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##### Mile (4:09.26)

4:09.26	24) UW Invitational	1/28
4:09.47	14) MPSF Championships	2/25

##### Distance medley relay

9:50.04 (third leg)	3) UW Invitational	1/27
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**Isaac Cortes, Fr.****INDOORS****800 (1:51.86)**

1:51.86 3) Penn State National 1/28

**1,000 (2:24.05)**

2:24.05 2) UW Indoor Preview 1/14

**Mile (4:08.37)**

4:11.66 17) Iowa State Classic 2/10

4:08.37 13) MPSF Championships 2/25

**4x400 relay**

3:22.30 (third leg) 6) UW Indoor Preview 1/14

**Distance medley relay**

9:34.15 (first leg) 2) Penn State National 1/27

**Trevor Danielson, Jr.****OUTDOORS****Javelin (218-0, 66.44m)**

214-6, 65.38m 2) Hornet Invitational 3/18

218-0 (66.44m) 4) Stanford Invitational 3/31

213-3 (64.99m) 1) Big Meet 4/8

208-8 (63.61m) 14) Beach Invitational 4/14

**Tai Dinger, Jr.****OUTDOORS****800 (1:49.73)**

1:52.15 2) Big Meet 4/8

**1,500 (3:46.49)**

3:46.49 10) Stanford Invitational 3/31

**INDOORS****800 (1:51.44)**

1:51.44 11) UW Invitational 1/28

**1,000 (2:25.97)**

2:25.97 5) UW Indoor Preview 1/14

**Mile (4:03.63)**

4:03.63 5) Iowa State Classic 2/10

**4x400 relay**

3:22.30 (second leg) 6) UW Indoor Preview 1/14

**Distance medley relay**

9:50.04 (anchor) 3) UW Invitational 1/27

9:28.72 (first leg) 2) Alex Wilson Invitational 2/18

10:00.77 (first leg) 12) NCAA Championships 3/10

**Colin Dolese, Jr.****OUTDOORS****200 (22.56)**

22.56 21) Stanford Invitational 4/1

**400 hurdles (52.51)**

54.03 11) Stanford Invitational 3/31

53.47 4) Big Meet 4/8

**4x100 relay**

DQ (third leg) Stanford Invitational 4/1

**4x400 relay**

3:12.58 (second leg) 2) Stanford Invitational 4/1

3:11.94 (first leg) 2) Big Meet 4/8

**INDOORS****200 (21.99)**

21.99 26) Don Kirby Invitational 2/10

22.27 20) MPSF Championships 2/24

**400 (48.97)**

49.60 12) UW Indoor Preview 1/14

50.10 26) UW Invitational 1/28

48.97 20) Don Kirby Invitational 2/11

49.17 30) MPSF Championships 2/25

**4x400 relay**

3:20.67 (first leg) 4) UW Indoor Preview 1/14

3:16.56 (first leg) 3) UW Invitational 1/28

**Dylan Duvio, Sr.****OUTDOORS****Pole vault (18-2 1/2, 5.55m)**

16-0 3/4 (4.90m) 3) Stanford Invitational 4/1\*

**Lucas Ege, So.****OUTDOORS****400 (49.30)**

49.38 20) Stanford Invitational 3/31

49.30 4) Big Meet 4/8

**4x400 relay**

3:18.73 (second leg) 10) Stanford Invitational 4/1

**INDOORS****400 (49.97)**

49.97 16) UW Indoor Preview 1/14

**4x400 relay**

3:22.30 (anchor leg) 6) UW Indoor Preview 1/14

**Landon Ellingson, Fr.****OUTDOORS****Discus (168-4, 51.32m)**

165-7, 50.46m 4) Hornet Invitational 3/18

168-4 (51.32m) 4) Big Meet 4/8

**Hammer (147-0, 44.81m)**

147-0 (44.81m) 5) Big Meet 4/8

**Steven Fahy, Jr.****INDOORS****3,000 (8:03.83)**

8:03.83 10) UW Invitational 1/28

**Grant Fisher, So.****OUTDOORS****1,500 (3:42.85)**

3:46.18 1) Big Meet 4/8

**Patrick Gibson, Sr.****OUTDOORS****3,000 (8:15.61)**

8:15.61 4) Big Meet 4/8

**5,000 (13:58.96)**

14:14.04 Sec. 3: 15) Stanford Invitational 3/31

**INDOORS****3,000 (8:11.07)**

8:21.39 16) UW Indoor Preview 1/14

8:23.81 38) UW Invitational 1/28

8:11.07 17) MPSF Championships 2/25

**Blair Hurlock, Jr.****OUTDOORS****3,000 (8:26.83)**

8:34.13 10) Big Meet 4/8

**10,000 (29:50.21)**

29:50.21 Sec. 2: 24) Stanford Invitational 3/31

**INDOORS****3,000 (8:13.14)**

8:21.34 15) UW Indoor Preview 1/14

8:18.49 25) UW Invitational 1/28

8:13.14 22) MPSF Championships 2/25

**5,000 (14:18.41)**

14:18.41 5) Iowa State Classic 2/10

**Jack Keelan, Sr.****OUTDOORS****1,500 (3:45.13)**

3:51.36 4) Big Meet 4/8

**3,000 (8:01.03)**

8:15.53 3) Big Meet 4/8

**INDOORS****Mile (3:59.62)**

3:59.62 1) Penn State National 1/28

**3,000 (7:51.20)**

7:51.20 4, Inv.) Iowa State Classic 2/10

8:10.03 11) NCAA Championships 3/11

**Distance medley relay**

9:34.15 (anchor) 2) Penn State National 1/27

9:28.72 (anchor) 2) Alex Wilson Invitational 2/18

10:00.77 (anchor) 12) NCAA Championships 3/10

**Charles Kerr, 5th****OUTDOORS****Javelin (212-4, 64.72m)**

204-7, 62.36m 4) Hornet Invitational 3/18

212-4 (64.72m) 5) Stanford Invitational 3/31

208-4 (63.49m) 2) Big Meet 4/8

195-6 (59.60m) 21) Beach Invitational 4/14

**Nathaniel Kucera, Jr.****OUTDOORS****800 (1:51.33)**

1:57.03 5) Cal Opener 3/4

1:55.33 12) Hornet Invitational 3/18

1:54.20 24) Stanford Invitational 4/1

1:55.07 5) Big Meet 4/8

**4x400 relay**

3:18.73 (anchor) 10) Stanford Invitational 4/1

**Frank Kurtz, Jr.****OUTDOORS****200 (21.44)**

21.93 9) Stanford Invitational 4/1

22.67 3) Big Meet 4/8

**400 (47.03)**

48.30 12) Stanford Invitational 3/31

48.71 2) Big Meet 4/8

**4x100 relay**

DQ (first leg) Stanford Invitational 4/1

**4x400 relay**

3:12.58 (anchor) 2) Stanford Invitational 4/1

3:11.94 (anchor) 2) Big Meet 4/8

**INDOORS****200 (22.40)**

22.40 14) UW Invitational 1/27

**400 (48.84)**

48.92 5) UW Indoor Preview 1/14

48.84 16) Don Kirby Invitational 2/11

**4x400 relay**

3:15.26 (second leg) 1) UW Indoor Preview 1/14

3:15.85 (first leg) 5) Don Kirby Invitational 2/11

3:09.80 (first leg) 2) MPSF Championships 2/25

**Will Lauer, So.****OUTDOORS****3,000 (8:18.38)**

8:18.38 6) Big Meet 4/8

**Amit Maity, So.****OUTDOORS****200 (22.23)**

22.62 22) Stanford Invitational 4/1

**4x100 relay**

DQ (second leg) Stanford Invitational 4/1

**Tristen Newman, Jr.****OUTDOORS****Shot put (59-9, 18.21m)**

58-4 (17.78m) 2) Hornet Invitational 3/18

59-4 1/4 (18.09m) 3) Stanford Invitational 4/1

59-1 1/4 (18.01m) 3) Big Meet 4/8

59-9 (18.21m) 2) Beach Invitational 4/15

**Hammer (197-2, 60.09m)**

197-2 (60.09m) 2) Hornet Invitational 3/17

194-2 (59.18m) 6) Stanford Invitational 4/1

193-11 (59.11m) 2) Big Meet 4/8

190-9 (58.15m) Open, 7) Mt. SAC Relays 4/13

192-5 (58.66m) 18) Beach Invitational 4/14

**INDOORS****Shot put (60-7 1/4, 18.47m)**

56-11 1/2 (17.36m) 3) UW Indoor Preview 1/14

55-11 1/4 (17.05m) 5) UW Invitational 1/28

57-9 (17.60m) 9) Husky Classic 2/11

60-7 1/4 (18.47) 4) MPSF Championships 2/25

**Weight throw (62-9 1/2, 19.14m)**

60-0 1/2 (18.30m) 2) UW Indoor Preview 1/14

60-10 (18.54m) 2) UW Invitational 1/28

62-9 1/2 (19.14m) 4) Husky Classic 2/10

62-6 1/2 (19.06m) 5) MPSF Championships 2/24

**Fisayo Omilana, Fr.****OUTDOORS****Triple jump (46-0 1/2)**

43-11 3/4 (13.40m) 9) Stanford Invitational 4/1

44-9 3/4 (13.66m) 2) Big Meet 4/8

**Alex Ostberg, So.****INDOORS****Mile (4:05.74)**

4:05.74 12) UW Invitational 1/28

**Distance medley relay**

9:50.04 (first leg) 3) UW Invitational 1/27

**Michael Painter, Jr.****OUTDOORS****Hammer (219-3, 66.84m)**

214-5 (65.35m) 1) Hornet Invitational 3/17

206-10 (63.05m) 3) Stanford Invitational 4/1

219-3 (66.84m) 1) Big Meet 4/8

214-4 (65.34m) Inv.: 9) Mt. SAC Relays 4/13

210-3 (64.08m) 7) Beach Invitational 4/14

**Alek Parsons, Fr.****OUTDOORS****5,000 (14:10.33)**

14:10.33 Sec. 3: 11) Hornet Invitational 3/17\*

**Patrick Perrier, Jr.****OUTDOORS****800 (1:50.77)**

1:53.96 23) Stanford Invitational 4/1

**1,500 (3:44.32)**

3:50.10 Sec. 4: 2) Stanford Invitational 3/31

3:52.90 6) Big Meet 4/8

**INDOORS****Mile (4:04.13)**

4:10.50 15) MPSF Championships 2/25

**Alek Parsons, Fr.****INDOORS****3,000 (8:18.81)**

8:18.81 26) UW Invitational 1/28\*

**Thomas Ratcliffe, Fr.****INDOORS****3,000 (7:53.23)**

7:53.23 5) UW Invitational 1/28\*

**Trevor Rex, So.****OUTDOORS****High jump (6-10, 2.08m)**

6-5 (1.96m) 7) Stanford Invitational 3/31

6-5 (1.96m) 2) Big Meet 4/8

Triple jump (41-10 1/2, 12.76m)

42-7w (12.98m), 41-10 1/2 4) Big Meet 4/8

**INDOORS****High jump (6-4 3/4, 1.95m)**

6-4 3/4 (1.95m) 10) UW Indoor Preview 1/14

6-4 3/4 (1.95m) 18) UW Invitational 1/28

6-2 3/4 (1.90m) 22) Don Kirby Invitational 2/10

**Jackson Shumway, 5th Sr.****INDOORS****400 (47.06)**

47.93 1) UW Indoor Preview 1/14

47.44 5) Don Kirby Invitational 2/11

47.06 7) MPSF Championships 2/25

**4x400 relay**

3:15.26 (anchor) 1) UW Indoor Preview 1/14

3:15.85 (anchor) 5) Don Kirby Invitational 2/11

3:09.80 (anchor) 2) MPSF Championships 2/25

**Distance medley relay**

9:34.15 (second leg) 2) Penn State National 1/27

9:28.72 (second leg) 2) Alex Wilson Invitational 2/18

10:00.77 (second leg) 12) NCAA Championships 3/10

**Ryan Silva, Sr.****OUTDOORS****800 (1:53.62)**

1:53.65 3) Cal Opener 3/4

1:53.62 22) Stanford Invitational 4/1

**1,500 (3:51.45)**

3:53.87 10) Hornet Invitational 3/18

3:51.68 Sec. 5: 2) Stanford Invitational 3/31

**3,000 steeplechase (9:25.15)**

9:25.15 3) Big Meet 4/8

**Brian Smith, So.****OUTDOORS****800 (1:50.53)**

1:53.99 4) Big Meet 4/8

**1,500 (3:54.01)**

3:54.01 Sec. 5: 5) Stanford Invitational 3/31

**4x400 relay**

3:18.73 (third leg) 10) Stanford Invitational 4/1

**INDOORS****600 (1:19.74)**

1:19.74 4) UW Indoor Preview 1/14

**800 (1:50.72)**

1:52.04 4) Penn State National 1/28

1:50.72 13) Husky Classic 2/11

1:51.32 7) MPSF Championships 2/25

**4x400 relay**

3:20.67 (second leg) 4) UW Indoor Preview 1/14

**Distance medley relay**

9:34.15 (third leg) 2) Penn State National 1/27

9:28.72 (third leg) 2) Alex Wilson Invitational 2/18

10:00.77 (third leg) 12) NCAA Championships 3/10

**Garrett Sweatt, 5th****OUTDOORS****1,500 (3:48.09)**

3:55.87 Sec. 5: 7) Stanford Invitational 3/31

**3,000 (8:27.11)**

8:15.40 2) Big Meet 4/8

**Jaak Uudmae, Sr.****OUTDOORS****4x100 relay**

41.81 (second leg) 3) Stanford Invitational 4/1

40.98 (first leg) 1) Big Meet 4/8

**High jump (6-10 3/4, 2.10m)**

6-6 3/4 (2.00m) 1) Big Meet 4/8

**Long jump (23-11 1/2, 7.30m)**

23-10 3/4w (7.28m) 1) Big Meet 4/8

**INDOORS****Long jump (24-0 1/4, 7.32m)**

24-0 1/4 (7.32m) 6) MPSF Championships 2/24

**Triple jump (51-5 3/4, 15.69m)**

50-3 1/4 (15.32m) 1) UW Indoor Preview 1/14

49-5 3/4 (15.08m) 3) UW Invitational 1/28

49-5 1/2 (15.07m) 10) Don Kirby Invitational 2/11

47-1 3/4 (14.37m) 8) MPSF Championships 2/25

**Isaac Westlund, So.****OUTDOORS****200 (22.09)**

22.88	25) Stanford Invitational	4/1
22.77	4) Big Meet	4/8

**400 (47.75)**

49.31	17) Stanford Invitational	3/31
49.24	3) Big Meet	4/8

**4x100 relay**

DQ (anchor)	Stanford Invitational	4/1
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**4x400 relay**

3:12.58 (third leg)	2) Stanford Invitational	4/1
3:11.94 (third leg)	2) Big Meet	4/8

**INDOORS****200 (22.64)**

DQ	Don Kirby Invitational	2/10
22.64	29) MPSF Championships	2/24

**400 (49.28)**

49.69	13) UW Indoor Preview	1/14
49.57	20) UW Invitational	1/28
49.28	27) Don Kirby Invitational	2/11
49.44	32) MPSF Championships	2/25

**4x400 relay**

3:15.26 (third leg)	1) UW Indoor Preview	1/14
3:16.56 (anchor)	3) UW Invitational	1/28

**Sam Wharton, Sr.****INDOORS****3,000 (8:17.38)**

8:23.28	36) UW Invitational	1/28
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**Christian White, Jr.****INDOORS****800 (1:52.18)**

1:55.38	7) UW Indoor Preview	1/14
1:54.12	22) UW Invitational	1/28

**4x400 relay**

3:16.56 (third leg)	3) UW Invitational	1/28
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**Harrison Williams, Jr.****INDOORS****Heptathlon (5,970)**

5,828	2) Husker Invitational	2/3-4
5,970	6) NCAA Championships	3/10-11

**60 (6.96)**

7.05	hep) Husker Invitational	2/3
7.02	hep) NCAA Championships	3/10

**400 (47.97)**

48.41	4) Cherry and Silver	1/21
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**1,000 (2:39.45)**

2:46.49	hep) Husker Invitational	2/4
2:39.45	hep) NCAA Championships	3/11

**60 hurdles (8.12)**

8.30	p) UW Indoor Preview	1/14
8.36	6) UW Indoor Preview	1/14
8.21	p) Cherry and Silver	1/20
8.39	9s) Cherry and Silver	1/21
8.25	hep) Husker Invitational	2/4
8.33	12p) MPSF Championships	2/24
8.23	hep) NCAA Championships	3/11

**4x400 relay**

3:09.80 (second leg)	2) MPSF Championships	2/25
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**High jump (6-6, 1.98m)**

6-2 3/4 (1.90m)	10) Cherry and Silver	1/20
6-4 3/4 (1.95m)	hep) Husker Invitational	2/3
6-4 3/4 (1.95m)	hep) NCAA Championships	3/10

**Pole vault (17-8 1/2, 5.40m)**

17-8 1/2 (5.40m)	2) UW Indoor Preview	1/14
17-5 1/2 (5.32m)	hep) Husker Invitational	2/4
15-11 3/4 (4.87m)	6) MPSF Championships	2/24
17-7 (5.36m)	hep) NCAA Championships	3/11

**Long jump (23-0 3/4, 7.03m)**

22-3 (6.78m)	5) UW Indoor Preview	1/14
22-2 1/2 (6.77m)	hep) Husker Invitational	2/3
23-0 3/4 (7.03m)	hep) NCAA Championships	3/10

**Shot put (45-1, 13.74m)**

45-1 (13.74m)	hep) Husker Invitational	2/3
43-9 1/4 (13.34m)	hep) NCAA Championships	3/10

**Thru April 16, 2017***(Personal records in parentheses; each is unique to indoors or outdoors)**\* unattached*

# STANFORD WOMEN'S 2017 OUTDOOR PERFORMANCE LIST

## By Event

### 100 meters (11.15)

Name	Mark	Meet	Date
Michaela Crunkleton Wilson	12.00	Stanford Invite	3/31
Hannah Labrie-Smith	12.41	Big Meet	4/8

### 200 meters (22.78)

Name	Mark	Meet	Date
Olivia Baker	24.29	Stanford Invite	4/1
Michaela Crunkleton Wilson	24.38	Stanford Invite	4/1
Missy Mongiovi	25.05	Stanford Invite	4/1
Hannah Labrie-Smith	25.34	Stanford Invite	4/1

### 400 meters (52.35)

Name	Mark	Meet	Date
Olivia Baker	53.28	Stanford Invite	3/31
Missy Mongiovi	54.78	Big Meet	4/8

### 800 meters (2:00.63)

Name	Mark	Meet	Date
Elise Cranny	2:05.43	Big Meet	4/8
Malika Waschmann	2:05.77	Big Meet	4/8
Christina Aragon	2:06.21	Big Meet	4/8
Sarah Walker	2:07.88	Big Meet	4/8
Catherine Pagano	2:11.98	Big Meet	4/8

### 1,500 meters (4:09.54)

Name	Mark	Meet	Date
Malika Waschmann	4:17.46	Stanford Invite	3/31
Elise Cranny	4:21.04	Big Meet	4/8
Fiona O'Keeffe	4:22.61	Stanford Invite	3/31
Danielle Katz	4:22.78	Stanford Invite	3/31
Christina Aragon	4:22.96	Big Meet	4/8
Maddy Berkson	4:26.52	Stanford Invite	3/31
Sophie Chase	4:24.91	Stanford Invite	3/31
Claire Smith	4:35.85	Big Meet	4/8

### 3,000-meter steeplechase (10:01.53)

Name	Mark	Meet	Date
Danielle Katz	10:32.05	Big Meet	4/8

### 3,000 meters

Name	Mark	Meet	Date
Fiona O'Keeffe	9:17.59	Big Meet	4/8
Sophie Chase	9:25.12	Big Meet	4/8
Julia Maxwell	9:43.64	Big Meet	4/8

### 5,000 meters (15:11.13)

Name	Mark	Meet	Date
Julia Maxwell	16:39.95	Stanford Invite	3/31

### 10,000 meters (32:19.97)

Name	Mark	Meet	Date
Abbie McNulty	34:33.98	Stanford Invite	3/31

### 100-meter hurdles (12.76)

Name	Mark	Meet	Date
Hannah Labrie-Smith	14.62	Big Meet	4/8
Amber Lewis	15.08	Stanford Invite	3/31

### 400-meter hurdles (53.21)

Name	Mark	Meet	Date
Hannah Labrie-Smith	1:01.19	Big Meet	4/8
Amber Lewis	1:03.04	Stanford Invite	3/31

### 4x100 meter relay (44.07)

Name	Mark	Meet	Date
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### 4x400 meter relay (3:29.39)

Name	Mark	Meet	Date
Missy Mongiovi, M. Crunkleton Wilson, H. Labrie-Smith, Olivia Baker	3:37.14	Stanford Invite	4/1

### High jump (6-2)

Name	Mark	Meet	Date
Rachel Reichenbach	5-8 3/4	Big Meet	4/8

### Pole vault (14-9 1/2)

Name	Mark	Meet	Date
Erika Malaspina	12-11 1/2	Hornet Invite	3/18
Nicole Summersett	12-7 1/2	Hornet Invite	3/18

### Long jump (21-11 3/4)

Name	Mark	Meet	Date
Daryth Gayles	19-11	Stanford Invite	3/31
Marisa Kwiatkowski	18-7 1/4	Stanford Invite	3/31

### Triple jump (46-5 1/4)

Name	Mark	Meet	Date
Marisa Kwiatkowski	41-7 1/4	Stanford Invite	4/1

### Shot put (59-6 3/4)

Name	Mark	Meet	Date
Lena Giger	55-1 1/2	Big Meet	4/8
Jaimi Salone	44-4	Big Meet	4/8

### Discus (207-8)

Name	Mark	Meet	Date
Valarie Allman	205-6	Beach Invite	4/15*
Jaimi Salone	146-10	Stanford Invite	4/1
Lena Giger	140-4	Big Meet	4/8

### Hammer (219-8)

Name	Mark	Meet	Date
Valarie Allman*	199-6	Stanford Invite	3/31
Lena Giger	180-11	Beach Invite	4/14

### Javelin (183-10)

Name	Mark	Meet	Date
Mackenzie Little	182-5	Stanford Invite	3/31
Jenna Gray	160-9	Big Meet	4/8
Victoria Smith	150-2	Big Meet	4/8

### Heptathlon (5,855)

Name	Mark	Meet	Date
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*Through April 16, 2017*

*(Parentheses indicates school record for that event)*

*\* indicates unattached*

# STANFORD WOMEN'S 2017 INDOOR PERFORMANCE LIST

## By Event

### 60 meters (7.21)

Name	Mark	Meet	Date
Michaela Crunkleton Wilson	7.74	UW Indoor Preview	1/14

### 200 meters (22.77)

Name	Mark	Meet	Date
Gaby Gayles	24.51	Don Kirby Invite	2/10
Michaela Crunkleton Wilson	24.66	Don Kirby Invite	2/10
Hannah Labrie-Smith	25.02	Don Kirby Invite	2/10
Missy Mongiovi	25.04	Don Kirby Invite	2/10
Amber Lewis	26.51	UW Indoor Preview	1/14

### 400 meters (53.35)

Name	Mark	Meet	Date
Gaby Gayles	53.97	Don Kirby Invite	2/11
Missy Mongiovi	54.97	MPSF Champs	2/25
Hannah Labrie-Smith	55.76	Don Kirby Invite	2/11

### 600 meters (1:28.22)

Name	Mark	Meet	Date
Olivia Baker	1:28.22	UW Indoor Preview	1/14

### 800 meters (2:03.25)

Name	Mark	Meet	Date
Olivia Baker	2:03.41	MPSF Champs	2/25
Elise Cranny	2:05.51	Penn State National	1/28
Rebecca Mehra	2:05.81	Penn State National	1/28
Malika Waschmann	2:07.98	Husky Classic	2/11
Sarah Walker	2:09.72	Husky Classic	2/11
Anna Laman	2:09.89	Husky Classic	2/11

### 1,000 meters (2:42.26)

Name	Mark	Meet	Date
Rebecca Mehra	2:43.69	UW Indoor Preview	1/14
Malika Waschmann	2:45.79	UW Indoor Preview	1/14
Maddy Berkson	2:49.41	UW Indoor Preview	1/14
Catherine Pagano	2:57.36	UW Indoor Preview	1/14

### Mile (4:37.07)

Name	Mark	Meet	Date
Vanessa Fraser	4:42.27	UW Indoor Preview	1/14
Ella Donaghu*	4:42.81	UW Invitational	1/28
Maddy Berkson	4:45.54	MPSF Champs	2/25
Catherine Pagano	4:46.56	Husky Classic	2/11
Danielle Katz	4:51.40	UW Invitational	1/28
Anna Laman	4:54.38	UW Invitational	1/28
Claire Smith	5:01.34	MPSF Champs	2/25

### 3,000 meters (8:53.1)

Name	Mark	Meet	Date
Vanessa Fraser	9:04.78	Husky Classic	2/11
Elise Cranny	9:06.35	Husky Classic	2/11
Christina Aragon*	9:12.58	UW Invitational	1/28
Fiona O'Keefe*	9:15.51	UW Invitational	1/28
Sophie Chase	9:17.95	Iowa State Classic	2/10
Danielle Katz	9:21.31	MPSF Champs	2/25
Julia Maxwell	9:29.86	UW Invitational	1/28
Abbie McNulty	9:34.60	UW Invitational	1/28

### 5,000 meters (15:37.97)

Name	Mark	Meet	Date
Vanessa Fraser	15:56.89	UW Invitational	1/27
Abbie McNulty	16:50.51	Iowa State Classic	2/10

### 60-meter hurdles (8.17)

Name	Mark	Meet	Date
Amber Lewis	8.70	UW Invitational	1/28
Hannah Labrie-Smith	8.84	Don Kirby Invite	2/10

### 4x400 meter relay (3:33.78)

Name	Mark	Meet	Date
Mongiovi, G. Gayles, Crunkleton Wilson, Baker	3:36.26	MPSF Champs	2/25
G. Gayles, Crunkleton Wilson, Labrie-Smith, Baker	3:40.29	Penn State National	1/28
Crunkleton Wilson, Labrie-Smith, Lewis, Baker	3:46.88	UW Indoor Preview	1/14
Waschmann, Walker, Laman, Berkson	3:53.62	Husky Classic	2/11
Washmann, Mehra, Berkson, Pagano	3:58.24	UW Indoor Preview	1/14

### Distance medley relay (10:53.66)

Name	Mark	Meet	Date
Fraser, G. Gayles, Waschmann, Cranny	10:59.82	MPSF Champs	2/24
Fraser, Mongiovi, Waschmann, Cranny	11:00.36	NCAA Champs	3/10
Cranny, G. Gayles, Baker, Mehra	11:01.39	Penn State National	1/27
Berkson, Walker, Pagano, Katz	11:31.98	UW Invitational	1/27

### High jump (6-5 1/2)

Name	Mark	Meet	Date
Rachel Reichenbach	5-8 3/4	Don Kirby Invite	2/10

### Pole vault (14-5 1/2)

Name	Mark	Meet	Date
Nicole Summersett	12-3 1/2	Don Kirby Invite	2/11
Taylor Jaques	11-9 3/4	Don Kirby Invite	2/11

### Long jump (21-8 3/4)

Name	Mark	Meet	Date
Marisa Kwiatkowski	18-0 1/4	Don Kirby Invite	2/10

### Triple jump (46-7 1/4)

Name	Mark	Meet	Date
Marisa Kwiatkowski	40-0 3/4	UW Pre//Husky	1/14,2/11

### Shot put (57-2 3/4)

Name	Mark	Meet	Date
Lena Giger	54-8 3/4	SPU Last Chance	2/25

### Weight throw (68-5 3/4)

Name	Mark	Meet	Date
Valarie Allman	68-5 3/4	MPSF Champs	2/24

\* competing unattached

### Final 2017

(Parentheses indicates school record for that event)

# STANFORD WOMEN'S 2017 PERFORMANCE LIST

## By Individual

Academic years listed; Years of eligibility may differ.

### Valarie Allman, Sr.

#### OUTDOORS

##### Discus (202-3, 61.65m)

202-3 (61.65m)	1) Hornet Invitational	3/18*
135-4 (41.25m)	9) Stanford Invitational	4/1*
205-6 (62.64m)	1) Beach Invitational	4/15*

##### Hammer throw (200-11, 61.25m)

195-11 (59.73m)	2) Hornet Invitational	3/17*
199-6 (60.82m)	1) Stanford Invitational	3/31*
191-0 (58.22m)	Inv., 11) Mt. SAC Relays	4/13*
192-10 (58.78m)	12) Beach Invitational	4/14*

#### INDOORS

##### Weight throw (68-5 3/4, 20.87m)

59-8 1/2 (18.20m)	1) UW Indoor Preview	1/14
63-1 1/2 (19.24m)	2) UW Invitational	1/27
63-11 3/4 (19.50m)	3) Husky Classic	2/11
64-10 (19.76m)	3) NAU Tune-Up	2/17
68-5 3/4 (20.87m)	3) MPSF Championships	2/24
67-10 3/4 (20.69m)	2) SPU Last Chance	2/25

### Christina Aragon, Fr.

#### OUTDOORS

##### 800 (2:04.00)

2:07.88	13) Stanford Invitational	4/1
2:06.21	4) Big Meet	4/8

##### 1,500 (4:08.71)

4:22.96	2) Big Meet	4/8
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#### INDOORS

##### 3,000 (9:12.58)

9:12.58	2) UW Invitational	1/28*
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### Olivia Baker, Jr.

#### OUTDOORS

##### 200 (23.95)

24.29	5) Stanford Invitational	4/1
24.67	1) Big Meet	4/8

##### 400 (52.46)

53.28	1) Stanford Invitational	3/31
54.50	1) Big Meet	4/8

##### 4x400 relay

3:37.14 (anchor)	1) Stanford Invitational	4/1
3:41.79 (anchor)	1) Big Meet	4/8

#### INDOORS

##### 600 (1:28.22)

1:28.22	2) UW Indoor Preview	1/14
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##### 800 (2:03.41)

2:05.00	7) Millrose Games	2/11
2:03.41	1) MPSF Championships	2/25
2:05.65	8p) NCAA Championships	3/10
2:04.45	7) NCAA Championships	3/11

##### 4x400 relay

3:46.11 (anchor)	3) UW Indoor Preview	1/14
3:40.29 (anchor)	2) Penn State National	1/28
3:36.26 (anchor)	2) MPSF Championships	2/25

##### Distance medley relay

11:01.39 (third leg)	1) Penn State National	1/27
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### Maddy Berkson, Jr.

#### OUTDOORS

##### 1,500 (4:24.39)

4:26.52	Sec. 3: 9) Stanford Invitational	3/31
4:29.52	4) Big Meet	4/8

#### INDOORS

##### 1,000 (2:47.08)

2:49.41	11) UW Indoor Preview	1/14
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##### Mile (4:45.54)

4:48.92	16) UW Invitational	1/28
4:46.96	26) Husky Classic	2/11
4:45.54	17) MPSF Championships	2/25

##### 4x400 relay

3:58.24 (first leg)	7) UW Indoor Preview	1/14
3:53.62 (anchor)	7) Husky Classic	2/11

##### Distance medley relay

11:31.98 (first leg)	1) UW Invitational	1/27
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### Sophie Chase, Sr.

#### OUTDOORS

##### 1,500 (4:24.91)

4:24.91	Sec. 5: 2) Stanford Invitational	3/31
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##### 3,000 (9:45.80)

9:25.12	3) Big Meet	4/8
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#### INDOORS

##### 3,000 (9:17.95)

9:30.04	20) UW Invitational	1/28
9:17.95	8, Inv.) Iowa State Classic	2/10
9:21.68	5) MPSF Championships	2/25

### Elise Cranny, Jr.

#### OUTDOORS

##### 800 (2:04.81)

2:05.43	1) Big Meet	4/8
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##### 1,500 (4:09.54)

4:21.04	1) Big Meet	4/8
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#### INDOORS

##### 800 (2:05.51)

2:05.51	2) Penn State National	1/28
2:06.90	3) MPSF Championships	2/25

##### 3,000 (8:58.88)

9:06.35	9) Husky Classic	2/11
9:17.85	11) NCAA Championships	3/11

##### Distance medley relay

11:01.39 (first leg)	1) Penn State National	1/27
10:59.82 (anchor)	2) MPSF Championships	2/24
11:00.36 (anchor)	2) NCAA Championships	3/10

**Michaela Crunkleton Wilson, Jr.****OUTDOORS****100 (11.66)**

12.00	6p) Stanford Invitational	3/31
11.86w	6) Stanford Invitational	3/31
12.08	3) Big Meet	4/8

**200 (24.08)**

24.38	6) Stanford Invitational	4/1
25.07	3) Big Meet	4/8

**4x400 relay**

3:37.14 (second leg)	1) Stanford Invitational	4/1
3:41.79 (second leg)	1) Big Meet	4/8

**INDOORS****60 (7.62)**

7.74	9) UW Indoor Preview	1/14
7.80	p) Penn State National	1/27
7.78	14s) Penn State National	1/27
7.70	35p) Don Kirby Invitational	2/10

**200 (24.30)**

24.56	31) Don Kirby Invitational	2/10
24.93	15) MPSF Championships	2/24

**4x400 relay**

3:46.11 (first leg)	3) UW Indoor Preview	1/14
3:40.29 (second leg)	2) Penn State National	1/28
3:36.26 (third leg)	2) MPSF Championships	2/25

**Ella Donaghu, Fr.****INDOORS****Mile (4:42.81)**

4:42.81	6) UW Invitational	1/28*
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**Vanessa Fraser, Sr.****Mile (4:42.27)**

4:42.27	4) UW Indoor Preview	1/14
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**3,000 (9:04.78)**

9:04.78	3) Husky Classic	2/11
9:10.92	5) NCAA Championships	3/11

**5,000 (15:56.89)**

15:56.89	1) UW Invitational	1/27
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**Distance medley relay**

10:59.82 (first leg)	2) MPSF Championships	2/24
11:00.36 (first leg)	2) NCAA Championships	3/10

**Daryth Gayles, Jr.****OUTDOORS****Long jump (20-1 3/4, 6.14m)**

17-11 (5.46m)	10) Hornet Invitational	3/18
19-11 (6.07m)	4) Stanford Invitational	3/31
18-9 3/4w (5.73), 17-9	3) Big Meet	4/8

**Gaby Gayles, Jr.****INDOORS****200 (24.46)**

24.51	24) Don Kirby Invitational	2/10
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**400 (53.97)**

55.96	1) UW Indoor Preview	1/14
53.97	6) Don Kirby Invitational	2/11

**4x400 relay**

3:40.29 (first leg)	2) Penn State National	1/28
3:36.26 (second leg)	2) MPSF Championships	2/25

**Distance medley relay**

11:01.39 (second leg)	1) Penn State National	1/27
10:59.82 (second leg)	2) MPSF Championships	2/24

**Lena Giger, Jr.****OUTDOORS****Shot put (55-1 1/2, 16.80m)**

52-0 1/2 (15.86m)	1) Hornet Invitational	3/18
54-2 (16.51m)	1) Stanford Invitational	3/31
55-1 1/2 (16.80m)	1) Big Meet	4/8
53-6 1/2 (16.32m)	2) Beach Invitational	4/15

**Discus (151-10, 46.27m)**

140-4 (42.77m)	4) Big Meet	4/8
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**Hammer (190-3, 57.99m)**

171-11 (52.40m)	9) Hornet Invitational	3/17
170-0 (51.82m)	Coll.: 6) Stanford Invitational	4/1
174-6 (53.19m)	3) Big Meet	4/8
180-7 (55.04m)	Open, 9) Mt. SAC Relays	4/13
180-11 (55.14m)	32) Beach Invitational	4/14

**INDOORS****Shot put (54-8 3/4, 16.68m)**

50-8 1/4 (15.45m)	2) UW Indoor Preview	1/14
49-8 1/2 (15.15m)	2) UW Invitational	1/28
52-3 1/4 (15.93m)	3) Husky Classic	2/11
52-9 1/4 (16.08m)	2) NAU Tune-Up	2/17
51-9 3/4 (15.79m)	5) MPSF Championships	2/25
54-8 3/4 (16.68m)	1) SPU Last Chance	2/25

**Jenna Gray, Fr.****OUTDOORS****Javelin (162-0, 49.37m)**

159-10 (48.73m)	4) Stanford Invitational	3/31
160-9 (49.00m)	2) Big Meet	4/8

**Taylor Jaques, Jr.****INDOORS****Pole vault (12-6, 3.81m)**

11-7 (3.53m)	9) UW Indoor Preview	1/14
11-7 (3.53m)	23) UW Invitational	1/28
11-9 3/4 (3.60m)	30) Don Kirby Invitational	2/11
11-6 1/2 (3.52m)	28) MPSF Championships	2/24

**Danielle Katz, Sr.****OUTDOORS****1,500 (4:22.78)**

4:22.78	Sec. 3: 5) Stanford Invitational	3/31
4:44.92	10) Big Meet	4/8

**3,000 steeplechase (10:11.11)**

10:32.05	2) Big Meet	4/8
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**INDOORS****Mile (4:48.85)**

4:51.40	18) UW Invitational	1/28
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**3,000 (9:21.31)**

9:27.43	11, Inv.) Iowa State Classic	2/10
9:21.31	4) MPSF Championships	2/25

**Distance medley relay**

11:31.98 (anchor)	1) UW Invitational	1/27
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**Marisa Kwiatkowski, Jr.****OUTDOORS****Long jump (19-4, 5.89m)**

18-7 1/4 (5.67m)	3) Stanford Invitational	3/31
19-1 1/4w (5.82m), 14-6	2) Big Meet	4/8

**Triple jump (41-7 1/4, 12.68m)**

41-7 1/4 (12.68m)	3) Stanford Invitational	4/1
39-7 1/4 (12.07m)	2) Big Meet	4/8

**INDOORS****Long jump (18-10, 5.74m)**

17-10 1/4 (5.44m)	14) Cherry and Silver	1/20
18-0 1/4 (5.49m)	32) Don Kirby Invitational	2/10
17-9 3/4 (5.43m)	18) MPSF Championships	2/24

**Triple jump (41-5 1/4, 12.63m)**

40-0 3/4 (12.21m)	4) UW Indoor Preview	1/14
39-10 3/4 (12.16m)	7) Cherry and Silver	1/21
39-9 1/4 (12.12m)	4) UW Invitational	1/28
40-0 3/4 (12.21m)	18) Don Kirby Invitational	2/11
37-10 (11.53m)	14) MPSF Championships	2/25

**Hannah Labrie-Smith, So.****OUTDOORS****100 (11.91)**

12.41	4) Big Meet	4/8
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**200 (24.67)**

25.34	21) Stanford Invitational	4/1
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**100 hurdles (14.15)**

15.06	18p) Stanford Invitational	3/31
14.62	1) Big Meet	4/8

**400 hurdles (59.67)**

1:03.03	12) Stanford Invitational	3/31
1:01.19	2) Big Meet	4/8

**4x400 relay**

3:37.14 (third leg)	1) Stanford Invitational	4/1
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**INDOORS****200 (25.02)**

25.47	16) UW Indoor Preview	1/14
25.02	47) Don Kirby Invitational	2/10

**60 hurdles (8.84)**

9.11	19p) Penn State National	1/27
8.84	19p) Don Kirby Invitational	2/10
9.05	21p) MPSF Championships	2/24

**400 (55.76)**

55.76	16) Don Kirby Invitational	2/11
56.70	23) MPSF Championships	2/25

**4x400 relay**

3:46.11 (second leg)	3) UW Indoor Preview	1/14
3:40.29 (third leg)	2) Penn State National	1/28

**Anna Laman, Jr.****INDOORS****800 (2:07.79)**

2:09.89	21) Husky Classic	2/11
2:15.11	26) MPSF Championships	2/25

**Mile (4:54.38)**

4:54.38	27) UW Invitational	1/28
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**4x400 relay**

3:53.62 (third leg)	7) Husky Classic	2/11
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**Amber Lewis, Jr.****OUTDOORS****100 hurdles (14.09)**

15.08	19p) Stanford Invitational	3/31
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**400 hurdles (1:00.28)**

1:03.04	19) Stanford Invitational	3/31
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**INDOORS****200 (26.51)**

26.51	39) UW Indoor Preview	1/14
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**60 hurdles (8.70)**

8.90	6q) UW Invitational	1/28
8.77	8p) UW Invitational	1/28
8.70	6) UW Invitational	1/28

**4x400 relay**

3:46.11 (third leg)	3) UW Indoor Preview	1/14
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**Mackenzie Little, So.****OUTDOORS****Javelin (188-3, 57.60m)**

179-4 (54.67m)	1) Hornet Invitational	3/18
182-5 (55.60m)	1) Stanford Invitational	3/31
171-10 (52.38m)	1) Big Meet	4/8
169-2 (51.56m)	6) Beach Invitational	4/14

**Erika Malaspina, Fr.****OUTDOORS****Pole vault (13-9, 4.19m)**

12-11 1/2 (3.95m)	4) Hornet Invitational	3/18
12-5 1/2 (3.80m)	5) Stanford Invitational	3/31
12-1 1/4 (3.69m)	2) Big Meet	4/8

**Julia Maxwell, Jr.****OUTDOORS****3,000 (9:32.02)**

9:43.64	4) Big Meet	4/8
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**5,000 (16:18.05)**

16:39.95	Sec. 3: 19) Stanford Invitational	3/31
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**INDOORS****3,000 (9:23.10)**

9:29.86	19) UW Invitational	1/28
9:30.83	17, Inv.) Iowa State Classic	2/10
9:23.10	8) MPSF Championships	2/25

**Abbie McNulty, Jr.****OUTDOORS****10,000 (34:33.98)**

34:33.98	Sec. 2: 18) Stanford Invitational	3/31
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**INDOORS****3,000 (9:34.60)**

9:34.60	28) UW Invitational	1/28
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**5,000 (16:50.51)**

16:50.51	23, Inv.) Iowa State Classic	2/10
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**Rebecca Mehra, Gr.****INDOORS****800 (2:05.81)**

2:05.81	3) Penn State National	1/28
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**1,000 (2:43.69)**

2:43.69	2) UW Indoor Preview	1/14
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**4x400 relay**

3:58.24 (second leg)	7) UW Indoor Preview	1/14
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**Distance medley relay**

11:01.39 (anchor)	1) Penn State National	1/27
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**Missy Mongiovi, So.****OUTDOORS****200 (24.44)**

25.05	13) Stanford Invitational	4/1
25.24	5) Big Meet	4/8

**400 (54.70)**

54.98	3) Stanford Invitational	3/31
54.78	2) Big Meet	4/8

**4x400 relay**

3:37.14 (first leg)	1) Stanford Invitational	4/1
3:41.79 (first leg)	1) Big Meet	4/8

**INDOORS****200 (25.04)**

25.43	26) UW Invitational	1/27
25.04	48) Don Kirby Invitational	2/10

**400 (54.97)**

55.37	13) Don Kirby Invitational	2/11
54.97	10) MPSF Championships	2/25

**4x400 relay**

3:36.26 (first leg)	2) MPSF Championships	2/25
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**Distance medley relay**

11:00.36 (second leg)	2) NCAA Championships	3/10
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**Fiona O'Keeffe, Fr.****OUTDOORS****1,500 (4:22.61)**

4:22.61	Sec. 3: 4) Stanford Invitational	3/31
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**3,000 (9:17.59)**

9:17.59	1) Big Meet	4/8
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**INDOORS****3,000 (9:15.51)**

9:15.51	5) UW Invitational	1/28*
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**Catherine Pagano, So.****OUTDOORS****800 (2:08.75)**

2:11.98	8) Big Meet	4/8
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**INDOORS****1,000 (2:52.19)**

2:57.36	19) UW Indoor Preview	1/14
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**Mile (4:46.56)**

4:53.77	23) UW Invitational	1/28
4:46.56	24) Husky Classic	2/11

**4x400 relay**

3:58.24 (anchor)	7) UW Indoor Preview	1/14
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**Distance medley relay**

11:31.98 (third leg)	1) UW Invitational	1/27
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**Rachel Reichenbach, Jr.****OUTDOORS****High jump (5-8 3/4, 1.74m)**

5-5 (1.65m)	8) Stanford Invitational	3/31
5-8 3/4 (1.75m)	1) Big Meet	4/8

**INDOORS****High jump (5-8 3/4, 1.74m)**

5-7 (1.70m)	1) UW Indoor Preview	1/14
5-8 3/4 (1.74m)	5) Don Kirby Invitational	2/10
5-7 (1.70m)	6) MPSF Championships	2/25

**Jaimi Salone, Fr.****OUTDOORS****Shot put (45-11, 13.99m)**

44-4 (13.51m)	4) Big Meet	4/8
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**Discus (155-5, 47.26m)**

130-9 (39.85m)	14) Hornet Invitational	3/18
146-10 (44.76m)	Coll.: 1) Stanford Invitational	4/1
143-4 (43.68m)	3) Big Meet	4/8

**Claire Smith, So.****OUTDOORS****1,500 (4:23.52)**

4:35.85	8) Big Meet	4/8
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**INDOORS****Mile (5:01.34)**

5:01.34	35) MPSF Championships	2/25
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**Victoria Smith, Sr.****OUTDOORS****Javelin (161-8, 49.27m)**

141-8 (43.19m)	4) Hornet Invitational	3/18
149-0 (45.41m)	6) Stanford Invitational	3/31
150-2 (45.77m)	3) Big Meet	4/8
128-6 (39.17m)	33) Beach Invitational	4/14

**Nicole Summersett, So.****OUTDOORS****Pole vault (13-3 1/2, 4.05m)**

12-7 1/2 (3.85m)	5) Hornet Invitational	3/18
11-11 3/4 (3.65m)	9) Stanford Invitational	3/31
11-7 1/4 (3.54m)	3) Big Meet	4/8

**INDOORS****Pole vault (12-3 1/2, 3.75m)**

11-9 3/4 (3.60m)	10) Cherry and Silver	1/21
11-1 (3.38m)	39) UW Invitational	1/28
12-3 1/2 (3.75m)	25) Don Kirby Invitational	2/11
12-0 1/2 (3.67m)	26) MPSF Championships	2/24

**Sarah Walker, Fr.****OUTDOORS****800 (2:03.70)**

2:10.76	28) Stanford Invitational	4/1
2:07.88	5) Big Meet	4/8

**INDOORS****800 (2:09.56)**

2:10.90	13) UW Invitational	1/28
2:09.72	19) Husky Classic	2/11
2:11.38	13) MPSF Championships	2/25

**4x400 relay**

3:53.62 (second leg)	7) Husky Classic	2/11
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**Distance medley relay**

11:31.98 (second leg)	1) UW Invitational	1/27
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**Malika Waschmann, Sr.****OUTDOORS****800 (2:06.52)**

2:05.77 2) Big Meet 4/8

**1,500 (4:16.53)**

4:17.46 Sec. 2: 3) Stanford Invitational 3/31

**4x400 relay**

3:41.79 (third leg) 1) Big Meet 4/8

**INDOORS****800 (2:05.33)**

2:08.22 4) Penn State National 1/28

2:07.98 12) Husky Classic 2/11

2:08.31 6) MPSF Championships 2/25

**1,000 (2:45.79)**

2:45.79 5) UW Indoor Preview 1/14

**4x400 relay**

3:58.24 (first leg) 7) UW Indoor Preview 1/14

3:53.62 (first leg) 7) Husky Classic 2/11

**Distance medley relay**

10:59.82 (third leg) 2) MPSF Championships 2/24

11:00.36 (third leg) 2) NCAA Championships 3/10

**Through April 16, 2017***(Personal records in parentheses)**\* Competed unattached*