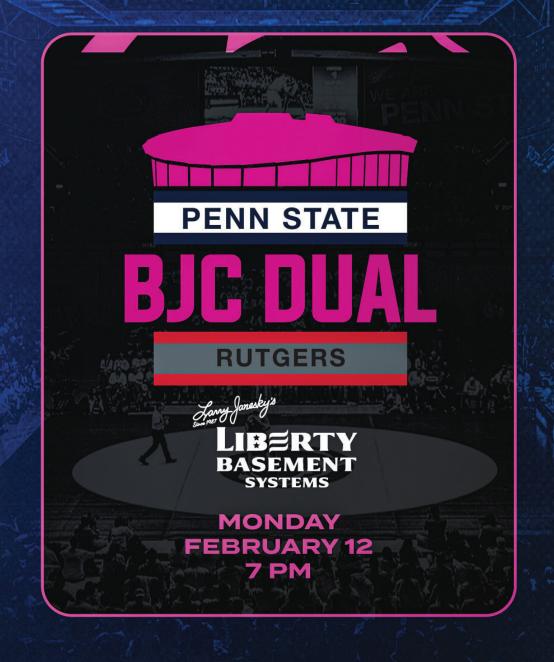


THINE PRINTING AN STATE WORK









STATS and ROSTER

This is PENN STATE. WRESTLING lives here.



(5)

NOTES

2023-24 PENN STATE WRESTLING INDIVIDUAL RECORDS & STATS - 8-0 OVERALL, 5-0 B1G, 4-0 HOME, 4-0 ROAD, 0-0 NEUTRAL (pre-lowa dual on 2/9)

Branden Wentzel, 125 Dual Forfeit losses	0-0	0-0	0-0 0-0	0-0 0-0	0/0 0/0	0-0	0-0	0-0	0-0	0-0	
Soon Wong 122	1-3	1-3	0-0	0-0	0/0	0-0	0-0	1-0	0-1	0-1	
Marco Vespa, 125	0-2	0-2	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	
Shayne Van Ness, 149	3-0	3-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	3-0	1:3
Bernie Truax IV, 184	8-2	8-2	5-2	3-1	23/9	0-0	0-0	2-0	1-0	2-1	1:4
Gary Steen, 125	6-3	6-3	0-1	0-3	0/3	0-1	0-0	1-1	3-0	1-0	4:2
Carter Starocci, 174	9-0	9-0	6-0	3-0	30/0	0-0	0-0	0-0	4-0	3-0	2:1
Baylor Shunk, 133	2-6	2-6	0-1	O-1	0/3	0-0	0-0	1-1	1-1	0-0	
Karl Shindledecker, 133	0-0	0-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	
Connor Pierce, 149	7-6	7-6	0-2	O-1	0/7	0-0	0-0	1-2	0-0	3-0	1:4
Aaron Nagao, 133	8-3	8-3	4-3	2-2	19/12	0-1	0-0	2-0	5-0	1-1	0:5
									6-0		0:5
31									0-0		
	0-4	0-4									
											2:2
Joe Lee, 174	0-0										
	9-0										0:5
J.											0:5
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	Matt Lee, 165 Timothy Levine, 141 Kurt McHerny, 125 Mitchell Mesenbrink, 157/165 Aaron Nagao, 133 Connor Pierce, 149 Karl Shindledecker, 133 Baylor Shunk, 133 Carter Starocci, 174 Gary Steen, 125 Bernie Truax IV, 184 Shayne Van Ness, 149 Marco Vespa, 125	Wrestler, Wt. Record Donovon Ball, 184 1-2 Josh Barr, 184 15-0 Terrell Barraclough, 165/174 11-2 Beau Bartlett, 141 14-0 Brian Borden, 174 8-6 Aaron Brooks, 197 10-0 Lucas Cochran, 197/285 10-2 Braeden Davis, 125 14-0 Aurelius Dunbar, 174 2-4 David Evans, 141/149 12-3 Alex Facundo, 165 0-0 AJ Fricchione, 197/285 2-2 Kyison Garcia, 133 3-2 Erik Gibson, 165 0-0 Levi Haines, 157 11-0 Imran Heard, 149 1-2 Robert Howard, 125 3-4 Tyler Kasak, 141/149 11-1 Jack Kelly, 184 3-3 Greg Kerkvliet, 285 9-0 Joe Lee, 174 0-0 Matt Lee, 165 5-3 Timothy Levine, 141 0-4 Kurt McHenny, 125 1-2 Mitchell Mesenbrink, 157/165 16-3 Aaron Nagao, 133 <t< td=""><td>Donovon Ball, 184 1-2 1-2 Josh Barr, 184 15-0 1-0 Terrell Barraclough, 165/174 11-2 11-2 Beau Bartlett, 141 14-0 14-0 Brian Borden, 174 8-6 8-6 Aaron Brooks, 197 10-0 10-0 Lucas Cochran, 197/285 10-2 10-2 Braeden Davis, 125 14-0 14-0 Aurelius Dunbar, 174 2-4 2-4 David Evans, 141/149 12-3 12-3 Aurelius Dunbar, 174 2-4 2-4 David Evans, 141/149 12-3 12-3 Alex Facundo, 165 0-0 0-0 Aur Fircchione, 197/285 2-2 0-1 Kyison Garcia, 133 3-2 0-0 Erik Gibson, 165 0-0 0-0 Levi Haines, 157 11-0 11-0 Inran Heard, 149 1-2 1-2 Robert Howard, 125 3-4 3-4 Tyler Kasak, 141/149 11-1 11-1 Jack Kelly, 184 3-3</td><td>Wrestler, Wt. 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PENN STATE WRESTLING 2023-24 ROSTER

NAME	Wt.	YR./EL.	HOMETOWN/HIGH SCHOOL
Donovon Ball	184	Gr./Sr.	New Cumberland, Pa./Cedar Cliff
Josh Barr	184	Fr./Fr.	Davison, Mich./Davison
Terrell Barraclough	165	Sr./Sr.	Kaysville, Utah/Layton
Beau Bartlett	141	Sr./Sr.	Tempe, Ariz./Wyoming Seminary (Pa.)
Brian Borden	174	Jr./So.	Rupert, Idaho/Minico
Aaron Brooks	197	Sr.+/Sr.+	Hagerstown, Md./North Hagerstown
Lucas Cochran	184/197	Jr./So.	Perry, Utah/Box Elder
Braeden Davis	125	Fr./Fr.	Belleville, Mich./Dundee
Aurelius Dunbar	174	Sr./Jr.	Greencastle, Pa./Mercersburg Academy
David Evans	141	Sr./Jr.	Tunkhannock, Pa./Tunkhannock
Alex Facundo	165	Jr./So.	Essexville, Mich./Davison
AJ Fricchione	197/285	Fr./Fr.	Duryea, Pa./Bergen Catholic
Kyison Garcia	133	Fr./Fr.	South Jordan, Utah/Mountain Ridge
Erik Gibson	165	Fr./Fr.	South Fork, Pa./Bishop McCort
Levi Haines	157	So./So.	Arendtsville, Pa./Biglerville
Imran Heard	149	Gr./Gr.	Pittsburgh, Pa./St. Paul's School (Md.)
Robert Howard	125	Jr./So.	Cranford, N.J./Bergen Catholic
Tyler Kasak	141	Fr./Fr.	Doylestown, Pa./Bethlehem Catholic
Jack Kelly	184	Jr./So.	Little Silver, N.J./Rumson-Fair Haven
Greg Kerkvliet	285	Sr./Sr.	Inver Grove Heights, Minn./Simley
Joe Lee	174	Sr./Sr.	Evansville, Ind./Evansville Mater Dei
Matt Lee	165	Sr./Jr.	Evansville, Ind./Evansville Mater Dei
Timothy Levine	141	Sr./Jr.	Costa Mesa, Calif./St. John Bosco
Kurt McHenry	125	Gr./Sr.	Leesburg, Va./St. Paul's School (Md.)
Mitchell Mesenbrink	157/165	So./Fr.	Hartland, Wis./Arrowhead
Aaron Nagao	133	Jr./So.	La Habra, Calif./Esperanza
Connor Pierce	149	So./Fr.	Erie, Pa./Harbor Creek
Karl Shindledecker	133	So./So.	Fayetteville, Pa./Chambersburg
Baylor Shunk	133	Gr./Sr.	Centre Hall, Pa./Penns Valley
Carter Starocci	174	Sr./Sr.	Erie, Pa./Cathedral Prep
Gary Steen	125	Jr./So.	Hermitage, Pa./Reynolds
Bernie Truax IV	184	Gr./Gr.	Oceanside, Calif./Rancho Buena Vista
Shayne Van Ness	149	Jr./So.	Somerville, N.J./Blair Academy
Marco Vespa	125	Sr./Jr.	Monroe, N.Y./Monroe Woodbury
Sean Wang	133	Jr./So.	Great Neck, N.Y./Great Neck South
Branden Wentzel	125	Fr./Fr.	Montoursville, Pa./Montoursville

Head Coach: Cael Sanderson (Iowa State '02)
Associate Head Coach: Cody Sanderson (Iowa State '00)
Head Assistant Coach: Casey Cunningham (Central Michigan '99)
Assistant Coach: Jimmy Kennedy (Illinois, '11)
Director of Operations: Adam Lynch (Penn State '10)

PENN STATE vs. RUTGERS | 2/12/24 | 7:00 P.M. -- BRYCE JORDAN CENTER | UNIVERSITY PARK, PA.

VA/T	CONTECTANTO	ñ			MATCH SCORE			0.1/	0.1/ 1-1-00	01.00	UTB	RIDING TIME	MATCH	TEAM S	SCORE
WT	CONTESTANTS	CHOICE	FIRST PERIOD	CHOICE	SECOND PERIOD	CHOICE	THIRD PERIOD	S.V.	1st :30	2nd :30			SCORE/ FALL TIME	HOME	VIS.
105				N		MN				ΨN					
125				N		ΦN			♣ N	∳N					
133				N		MN			Å N	Å _N					
100				N N N N N N N N N N N N N N N N N N N		M N N N N N N N N N N N N N N N N N N N			∳n ∳n	ÅN ÅN					
141				▼ ^N		▼ ^N			▼ ^N	_N N					
				A N		▼ N			↓ N	♣ N					
149			:	N		ÅN			≜ N	∳N					
457				N		≜ N			≜ N	Å N					
157				N▼N		ΦN			♣ N	♣N					
165				N		₩N			♣ N	₩N					
100				N		MN			♣ N	♣ N					
174				M N M N N N N N N N N N N N N N N N N N		A N A N			∳N ∳N	ÅN ÅN					
				▼ N		▼ N			↓ N	▼ ′′					
184				N N		↓N			♣ N	↓ N					
407			;	N		ÅN			ÅN	ÅN					
197			:	N		ΦN			≜ N	ΦN					
285				N		MN			ΦN	ΦN					
200				N		▼N			≜ N	ÅN					

KEY T3=Takedown; E1=Escape; R2=Reversal; N2,N3,N4=Nearfall; W=Stalling warning; C=Caution; P1=Penalty; RT1=Riding Time

POTENTIAL LINE-UPS

PENN STATE NITTANY	LIONS (*8-0, *5-0 B1G)

WT	NAME	EL	HT/HS	REC
125	#2 Braeden Davis	Fr.	Belleville, Mich./Dundee	14-0
133	#6 Aaron Nagao	So.	La Habra, Calif./Esperanza	8-3
141	#1 Beau Bartlett	Sr.	Tempe, Ariz./Wyoming Seminary (Pa.)	14-0
149	#10 Tyler Kasak	Fr.	Doylestown, Pa./Bethlehem Catholic	11-1
157	#1 Levi Haines	So.	Arendtsville, Pa./Biglerville	11-0
165	#7 Mitchell Mesenbrink	Fr.	Hartland, Wis./Arrowhead	15-0
174	#1 Carter Starocci	Sr.	Erie, Pa./Cathedral Prep	9-0
184	#6 Bernie Truax	Gr.	Oceanside, Calif./Rancho Buena Vista	8-2
197	#1 Aaron Brooks	Sr.+	Hagerstown, Md./North Hagerstown	10-0
285	#1 Greg Kerkvliet	Sr.	Inver Grove Heights, Minn./Simley	9-0

RUT	GERS SCARLET	KNIGHT	'S (10-4, 3-3 B1G)	
WT	NAME	EL	HT/HS	REC
125	#19 Dean Peterson	Jr.	Barnegat, N.J./Saint John Vianney	9-4
133	#10 Dylan Shawver	Jr.	Lorain, Ohio/Elyria	18-5
141	#19 Mitch Moore	Gr.	St. Paris, Ohio/Graham	11-3
149	#26 Michael Cetta	Jr.	Wyckoff, N.J./St. Joseph (Montvale)	12-5
157	Andrew Clark	Jr.	Collingswood, N.J./Collingswood	6-4
	AJ DeSantis	Jr.	Oceanport, N.J./Shore Regional	5-10
165	Anthony White	Jr.	South Plainfield, N.J./South Plainfield	9-10
	Luke Gayer	So.	Anaheim, Calif./Calvary Baptist	9-9
174	#13 Jackson Turley	Sr.	Chester, Va./St. Christopher's	9-3
184	#19 Brian Soldano	So.	Wantage, N.J./High Point	11-7
197	#22 John Poznanski	Jr.	Colonia, N.J./Colonia	12-2
285	#8 Yara Slavikouski	Gr.	Rechitsa, Belarus/Northfield Mount Hermon	14-2

Individual Rankings listed are InterMat and Team Rankings are Intermat Tournament Power Index (as of 2/6/24) *Penn State is at Iowa on 2/9/24, post-press

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BARTLETT DOWNS #3 MENDEZ TO LEAD PENN STATE TO 28-9 WIN OVER OHIO STATE

Beau Bartlett scored early in sudden victory to post a 4-1 (sv) win over #3 Jesse Mendez to spark Penn State to a 28-9 win over visiting Ohio State on Feb. 2. Bartlett's win was one of eight for Penn State in front of another sold out Rec Hall crowd. True freshman Tyler Kasak beat #9 Dylan D'Emilio 7-2 at 149 and Greg Kerkvliet majored #12 Nick Feldman 12-0 at 285 as well.

BARRACLOUGH, BARR, COCHRAN WIN 'BORO TITLES

Three Nittany Lions won individual titles at the Edinboro Open on Feb. 3. Terrell Barraclough went 4-0 with two pins, a tech and a major to win at 165; Josh Barr went 4-0 with a pin, two techs and a major to win at 184; and Lucas Cochran went 4-0 with two pins and a tech to win at 197. Connor Pierce went 4-1 for second at 149, Kyison Garcia was 3-2 for sixth at 133 and Brian Borden was 3-2 for sixth at 174.

BROOKS MAJORS #5 JAXON SMITH TO LEAD PENN STATE TO 42-6 VICTORY AT MARYLAND

Senior+ Aaron Brooks dominated #5 Jaxon Smith of Maryland, rolling to a 13-4 major at 197 pounds, to lead Penn State to a 42-6 road win on Jan. 28. Brooks' win highlighted a lopsided victory for the Nittany Lions. Penn State had four pins in the dual victory (Mitchell Mesenbrink at 165, Carter Starocci at 174, Bernie Truax at 184, Greg Kerkvliet at 285); two technical falls (Braeden Davis at 125, Levi Haines at 157) and two majors (Beau Bartlett at 141 and Brooks) to grab the B1G road win.

KASAK, BARR, COCHRAN WIN MAT-TOWN 2 TITLES

True freshman Tyler Kasak, ranked No. 12 at 149, went 4-0 with a pin and a major to win the 149-pound title at Mat-Town 2 in Lock Haven on Jan. 28. Kasak downed teammate David Evans, 4-2, in the title bout. True freshman Josh Barr went 3-0 at 184 with two tech falls to win his weight class and sophomore Lucas Cochran went 3-0 with two pins to win the 197-pound crown. Evans went 3-1 overall with a tech and a major to take second at 149.



This is PENN STATE. WRESTLING lives here.























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Penn State* Sports Properties 814.865.8408



2023-24 ATTENDANCE

Please note that Penn State did not allow fans into dual meets and did not permit or track attendance in the 2020-21 season due not being allowed to have fans and/or sell tickets.

12/3	LEHIGH	6,623
12/10	HOFSTRA	6,589
1/14	INDIANA	6,466
2/2	OHIO STATE	6,659
2/12	RUTGERS (BJC)	

2/18 NEBRASKA 2/25 EDINBORO

TOTAL 26,337 AVG. 6,584

(Penn State has wrestled in front of 79 of 81 sell-outs at home, including 70-straight in Rec Hall and 9 of 11 in the Bryce Jordan Center)

THIS WEEK'S ACTION

UNIVERSITY PARK, Pa.; Feb. 7, 2024 -- Penn State (8-0, 5-0 B1G) visits lowa (10-1, 5-1 B1G) on Friday, Feb. 9, for its final road dual of the season. The Nittany Lions and Hawkeyes tangle at 9 p.m. Eastern (8 p.m. local) in a B1G Network national telecast. Three days later, Penn State welcomes Rutgers (10-4, 3-3 B1G) to the Bryce Jordan Center on Monday, Feb. 12. The 2024 BJC Dual begins at 7 p.m. and is also a B1G Network national telecast.

Penn State, under the guidance of head coach Cael Sanderson, is coming off a 28-9 win over Ohio State on Friday, Feb. 2. The Nittany Lions won eight of ten bouts in the dual meet victory and gave up only three takedowns. Penn State improved to 8-0 overall, 5-0 in the Big Ten, with the home win.

The Nittany Lions line-up features five grad/seniors and five underclassmen. Senior Beau Bartlett is 14-0 at 141, senior Carter Starocci is 9-0 at 174, graduate Bernie Truax is 8-2 at 184, senior+ Aaron Brooks is 10- at 197 and senior Greg Kerkvliet is 9-0 at 285. Sophomore Aaron Nagao is 8-3 at 133, sophomore Levi Haines is 11-0 at 157, redshirt freshman Mitchell Mesenbrink is 15-0 at 165, true freshman Braeden Davis is 14-0 at 125 and true freshman Tyler Kasak is 11-1 at 149.

lowa enters Friday's dual 10-1 overall, 5-1 in Big Ten action, after a tough road loss at Michigan on Feb. 2. The Hawkeyes have been led by senior Real Woods, who is 12-1 at 141; graduate Jared Franek, who is 18-2 at 157; sophomore Michael Caliendo, who is 19-1 at 165; sophomore Drake Ayala, who is 17-3 at 125; senior Zach Glazier, who is 19-0 at 197; and a host of veteran wrestlers as well. lowa leads the all-time series 28-12-2 but Penn State has won the last two meetings and four of the last five. The Nittany Lions won the last meeting, 23-14 on Jan. 27, 2023, in the Bryce Jordan Center. Penn State won the last meeting in Carver Hawkeye Arena 19-13 on Jan. 28, 2022.

Rutgers will enter Monday's dual meet 10-4 overall, 3-3 in conference action. The Knights dropped a home dual to Ohio State on Feb. 4 in their last outing. Rutgers has been led by graduate Yara Slavikouski, who is 14-2 at 285; junior Dylan Shawver, who is 18-5 at 133; and senior Jackson Turley, who is 9-3 at 174.. Penn State leads the all-time series with RU 23-0, including a 33-8 win at Rutgers last year on Feb. 10, 2023.

The Nittany Lions will host Nebraska in its next outing. Penn State welcomes Nebraska to Rec Hall on Sunday, Feb. 18, at 4 p.m. in another B1G Network telecast.

All rankings listed are InterMat individual/InterMat TPI. The 2023-24 Penn State Wrestling season is presented by the Family Clothesline. Penn State Fans are encouraged to follow Penn State wrestling via X at @pennstate-WREST, on Penn State Wrestling's Facebook page at www.facebook.com/pennstatewrestling and on Instagram at www.instagram.com/pennstatewrest. This is PENN STATE. WRESTLING lives here.

2023-24 BIG TEN STANDINGS

(as of 2/5/2

PI. Team 1 PENN STATE 2 lowa Nebraska Ohio State 5 Michigan 6 Indiana Minnesota 8 Rutgers 9 Wisconsin 10 Michigan State 11 Maryland	5-1-0 5-1-0 5-1-0 4-2-0 3-2-0 3-2-0 3-3-0 2-3-0 2-4-0 1-4-0	PCT 1.000 .833 .833 .667 .600 .500 .400 .333 .200	Overall W-L-T 8-0-0 10-1-0 10-1-0 13-2-0 6-3-0 6-2-0 8-2-0 10-4-0 8-4-0 9-4-0 3-5-0	POT 1.000 .909 .909 .867 .750 .800 .717 .667 .692
10 Michigan State	2-4-0	.333	9-4-0	.692

BIG TEN WRESTLERS OF THE WEEK

11// Rocco Welsh, Ohio State
11/14 SHAYNE VAN NESS, PENN STATE
Dean Hamiti, Wisconsin

11/21 BEAU BARTLETT, PENN STATE Yaraslau Slavikouski, Rutgers

11/28 Gabe Amold, Iowa 12/5 Jesse Mendez, Ohio State 12/12 John Poznanski, Rutgers

12/19 Peyton Robb, Nebraska 1/2 Dean Hamiti, Wisconsin

1/9 Nick Feldman, Ohio State
1/16 Michael North, Maryland
Jackson Turley, Rutgers

1/23 Michael Blockhus, Minnesota 1/30 Nick Feldman, Ohio State

HONORS WON

BEAU BARTLETT, 141

Big Ten Wrestler of the Week (11/21)

AARON BROOKS, 197

NWCA All-Star Classic Exhibition

LEVI HAINES, 157

NWCA All-Star Classic Exhibition

GREG KERKVLIET, 285

NMCA All Star Classic Evhibition

CARTER STAROCCI, 174

NWCA All-Star Classic Exhibition

BERNIE TRUAX IV. 184

NWCA All-Star Classic Exhibition

SHAYNE VAN NESS, 149

NWCA All-Star Classic Exhibition Big Ten Wrestler of the Week (11/14)







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2023-24 PENN STATE NITTANY LION WRESTLING

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2023-24 RIDGE RILEY AWARD WINNERS (home)

2020-24 HIDGE HILLET AWARD WHITELE	2020-24 HIDGE HILL I AWAID WHATEHO (HOHIC)					
12/3 Lehigh	Carter Starocci, 174					
12/10 Hofstra	Mitchell Mesenbrink, 165					
1/14 Indiana	Tyler Kasak, 149					
2/2 Ohio State	Tyler Kasak, 149					
2/12 Rutgers						
2/18 Nebraska						

2023-24 ERNIE LUCAS AWARD WINNERS (away)

Oreogon State	Tyler Kasak, 149
Michigan	Braeden Davis, 125
Michigan State	Mitchell Mesenbrink, 165
Maryland	Aaron Brooks, 197
	Michigan Michigan State

vs. RANKED FOES

2/9 lowa

Check here throughout the season for Penn State's dual meet results against foes ranked in the InterMat Top 25 Team TPI.

12/3 vs. #20 Lehigh	W, 30-10
1/5 at #18 Oregon State	W, 36-3
1/19 at #5 Michigan	W, 27-9
2/2 vs. #17 Ohio State	W. 28-9

HEAD COACH CAEL SANDERSON

THE PENN STATE YEARS

Sanderson led Penn State to a 13-6-1 dual meet record in his first season at Penn State (2009-10), much improved over the prior year's 8-12-2 mark. After a year outside the top 10, Sanderson led the Lions back to their place among the nation's elite with a ninth-place finish at the NCAA Championships and a No. 10 final dual meet ranking from the NWCA Coaches. Sanderson picked up three more All-Americans (including a national finalist) and a Big Ten Champion in younger brother, Cyler Sanderson.

In 2010-11, Sanderson reached the pinnacle of the collegiate coaching mountain by guiding Penn State through a stunning season filled with records, championships and memories that thrilled the Penn State faithful. Sanderson led the Nittany Lions to their first-ever Southern Scuffle Co-Championship and first Virginia Duals Championship since 1991. While guiding Penn State to a 6-1-1 conference mark, Sanderson equaled the highest Big Ten dual meet wins in Penn State history (1998). He led Penn State to the school's first ever Big Ten Championship and was named 2011 Big Ten Coach of the Year. He became the first coach in NCAA history to be named both the Big Ten and Big 12 Coach of the Year. Saving the best for last, he led the Nittany Lions to the 2011 NCAA National Championship in Philadelphia, Penn State's first since 1953 and Sanderson's first as a collegiate head coach.

During the 2011-12 season, the nation watched as Sanderson led Penn State to a 13-1 dual mark, including a school record 7-1 Big Ten dual record to earn a share of the 2012 Big Ten dual meet championship. Sanderson then made it two in a row by leading Penn State to the 2012 Big Ten Championship at Purdue. He was named 2012 Big Ten Coach of the Year, earning the honor for the second-straight season. Two weeks later, Sanderson led Penn State to a second-straight NCAA crown, helping Penn State to become the fifth team in NCAA history to win back-to-back titles. He was named NWCA National Coach of the Year for the second time in his career at the conclusion of the championships in Des Moines.

In 2012-13, Penn State posted an identical 13-1 mark, 7-1 Big Ten dual record and won its third-straight Big Ten Championship in Illinois in March. Sanderson earned his third-straight Big Ten Coach of the Year honor (co) in the process. Two weeks after that, Sanderson guided Penn State to a thrilling third-straight NCAA crown, helping Penn State to become just the third team in NCAA history to win three-straight team titles. At the tournament's end, he was named NWCA National Coach of the Year.

In 2013-14, Penn State went 15-1 overall and won a share of the Big Ten dual meet title with a 7-1 record. The Nittany Lions won their fourth-straight Big Ten Championship in Madison, Wisconsin, helping Sanderson win his fourth-straight Big Ten Coach of the Year honor. Two weekends later, the Nittany Lions won their fourth-straight NCAA title, becoming the third team in NCAA history to win four-straight NCAA titles.

In 2014-15, Sanderson led Penn State to an 11-4 dual meet record, a fifth-straight Southern Scuffle title, garnering five All-Americans and another individual National Champion at the NCAA Championships as Matt Brown won the 174-pound title.

In 2015-16, he added a sixth-straight Southern Scuffle championships, a third Big Ten dual meet title (co-) and the 2016 NWCA National Dual Series championship. He led Penn State to its fifth Big Ten Championship in six years in lowa City and followed that up with his fifth NCAA National Championship in six years in New York City's Madison Square Garden.

In 2016-17, Sanderson led Penn State to its second-straight NCAA title and sixth in seven years. Penn State posted a perfect 14-0 dual meet record, won the 2017 Big Ten regular season (dual meet) title and the NWCA Dual Championship Series crown for the second-straight season. Sanderson's team posted a gaudy 35-6 record at NCAAs and won five-straight individual championships to close out the national

In 2017-18, Sanderson led Penn State to its seventh NCAA title in eight years and third- straight. Penn State posted a perfect 14-0 dual meet record and won the Big Ten regular season (dual meet) title yet again. Sanderson's team posted a superb 39-9 record at NCAAs. Penn State ended the season riding a 45-dual win streak and set an NCAA record for attendance at an indoor dual meet with 15,998 in the BJC for a win over lowe.

In 2018-19, Sanderson closed out a decade as Penn State's mentor by leading Penn State to its eighth NCAA title in nine years and fourth-straight for the second time in his first ten years as head coach. Penn State posted a perfect 14-0 dual meet record for the fourth-straight year, won the Big Ten regular season (dual meet) and Big Ten Tournament Championship. Sanderson's team posted a 35-11 record at NCAAs and had the team title clinched before the finals began Saturday night. Penn State ended the season riding a 59-dual win streak. Sanderson was named Big Ten Coach of the Year and InterMat National Coach of the Year.

In 2019-20, the Lion mentor led the team to a 12-2 overall record and a near-perfect 8-1 Big Ten dual meet mark. Penn State dropped two duals by a total of three points. Penn State crowned two more Big Ten Champions in true freshman Aaron Brooks and senior Mark Hall. Brooks was named Big Ten Freshman of the Year. The Nittany Lions advanced seven wrestlers to the 2020 NCAA Championships before the NCAA canceled the event. The NWCA named the top eight seeds at each weight first team All-Americans after the tournament was canceled, giving Sanderson five more All-Americans.

In 2020-21, Sanderson guided Penn State through a season that was shortened and altered by the NCAA's reaction to a virus. The Nittany Lions went a perfect 6-0 in dual meets (all in the Big Ten) and earned a share of their seventh Big Ten dual meet title. Roman Bravo-Young and Aaron Brooks won Big Ten titles in the BJC and Carter Starocci was named Big Ten Freshman of the Year. Penn State took nine wrestlers to nationals and the Nittany Lions went a perfect 4-0 in the NCAA finalist in St. Louis, with Bravo-Young, Nick Lee, Starocci and Brooks all claiming their first individual titles. Freshmen Michael Beard and Greg Kerkvliet each placed seventh to give Sanderson six All-Americans for the year

In 2021-22, the Nittany Lions roared into Detroit and claimed their ninth NCAA team title since Sanderson's arrival. Penn State, winning the 9th NCAA crown in the last 11 tournaments, brought home six All-Americans (a tournament high) and went a Penn State Perfect 5-0 in the NCAA finals (following up 2021's 4-0 run). Roman Bravo-Young, Nick Lee, Carter Starocci, Aaron Brooks and Max Dean all won individual titles while Greg Kerkvliet placed fourth. Sanderson was named 2022 NCAA Coach of the Championship by the NWCA at the conclusion of the event. The 36.5-point margin of victory over the second place team was the largest since the Lions outdistanced the field by 40 points in 2019.

In 2022-23, the Nittany Lions stormed into Tulsa, Okla., to claim their 10th NCAA title under Sanderson (and the 10th in the last 12 tournaments). The Nittany Lions crowned two more NCAA Champions (Carter Starocci and Aaron Brooks), had five NCAA finalists and eight All-Americans. Sanderson's team won the NCAA team title with 137.5 points and posted the fifth largest winning margin (55.0) in NCAA history. Penn State won the 2023 Big Ten Regular Season Championship and the 2023 Big Ten Championship by dominating the field a the Big Ten tournament in Ann Arbor. True freshman Levi Haines was named Big Ten Freshman of the Year, the third time in the last four years that a Nittany Lion has won the honor (Brooks, Starocci)

In 14 years as Penn State's mentor, Sanderson led the Nittany Lions to eight Southern Scuffle titles, nine B1G dual meet titles, seven Big Ten Championships, 10 NCAA Championships, collected 83 All-Americans, 34 National Champions, including an NCAA record-tying five in both 2017 and 2022, four Gorriaran winners, five NCAA Tournament Outstanding Wrestlers, one CoSIDA Academic All-American of the Year, one NCAA Elite 89 winner, one NCAA Top 10 Award winner and five Hodge Trophy winners. Sanderson, who has coached 98 total All-Americans and 36 total National Champions (including his three years at lowa State), grabbed his 100th win as Penn State's head coach in its 36-6 victory over Stanford in Rec Hall on 11/13/16 and his 100th Big Ten dual win as Penn State's mentor with a 23-14 win over lowa in the BJC on 1/27/23.

MORE NOTES

PENN STATE SHUTS OUT MICHIGAN STATE IN EAST LANSING

The Penn State Nittany Lions won all ten bouts in a 35-0 shutout victory over Michigan State in East Lansing on Sunday, Jan. 21. The Nittany Lions picked up impressive wins from Levi Haines (9-6 tb2 over #21 Chase Saldate at 157) and Mitchell Mesenbrink (an 18-9 major over #10 Caleb Fish at 165) in the dual. Aaron Nagao (133) and Aaron Brooks (197) added tech falls and two wrestlers moved up a weight and picked up wins. Terrell Barraclough moved up to 174 and downed DJ Shannon 8-1 and Lucas Cochran moved up to heavyweight from 197 to beat Josh Terrill 5-0, securing Penn State's second shutout of the year.

FRESHMEN DAVIS AND MESENBRINK POST B1G WINS IN MICHIGAN

True freshman Braeden Davis and redshirt freshman Mitchell Mesenbrink each notched impressive wins in Penn State's 27-9 dual meet victory at Michigan on Jan. 19. Davis scored five unanswered points in the third period to beat #5 Michael DeAugustino at 125. He scored an escape and then took the Wolverine down, riding him out to add a riding time point in the 5-1 win. Mesenbrink was dominant in a 12-1 major over #7 Cameron Amine at 165. He forced the Wolverine into four stall warnings, nearly DQ'ing him, and added an escape, two takedowns and riding time in the 12-1 major decision.

PENN STATE ROLLS OVER #5 MICHIGAN IN ANN ARBOR

Penn State dominated #5 Michigan 27-9 in Ann Arbor on Jan. 19, winning eight of ten matches and forcing the Wolverines into 11 stall warnings. Penn State picked up ranked wins from Braeden Davis (125), Beau Bartlett (141), Levi Haines (157), Mitchell Mesenbrink (165), Bernie Truax (184), Aaron Brooks (197) and Greg Kerkvliet (285) in the win. The Nittany Lions owned a 15-2 takedown edge in the dual and their only losses came in sudden victory and/or by a point.

