



**AARON
BROOKS**
197



WRESTLING

PENN STATE
BJC DUAL

RUTGERS

Harry Janaszy's
SINCE 1987

**LIBERTY
BASEMENT
SYSTEMS**

**MONDAY
FEBRUARY 12
7 PM**

SEASON PRESENTED BY
**THE FAMILY
CLOTHESLINE**
PENNSTATECLOTHES.COM



\$2



2023-24 PENN STATE WRESTLING INDIVIDUAL RECORDS & STATS - 8-0 OVERALL, 5-0 B1G, 4-0 HOME, 4-0 ROAD, 0-0 NEUTRAL (pre-Iowa dual on 2/9)

Table of individual wrestler records and statistics including Overall Record, Collegiate Record, Dual Record, Big 10 Dual Record, Dual Pts. For/Against, SV, TB, MD, TF, Pins, Fastest Fall, and Totals.

PENN STATE vs. RUTGERS | 2/12/24 | 7:00 P.M. -- BRYCE JORDAN CENTER | UNIVERSITY PARK, PA.

Main match score table with columns for WT, Contestants, Choice, Match Score (First, Second, Third Period), S.V., 1st :30, 2nd :30, UTB, Riding Time, Match Score/Fall Time, and Team Score (Home, Vis.).

KEY T3=Take-down; E1=Escape; R2=Reversal; N2,N3,N4=Nearfall; W=Stalling warning; C=Caution; P1=Penalty; RT1=Riding Time

POTENTIAL LINE-UPS

PENN STATE NITTANY LIONS (*8-0, *5-0 B1G)

Table listing Penn State Nittany Lions wrestlers, their names, positions (EL, HT/HS), and records.

RUTGERS SCARLET KNIGHTS (10-4, 3-3 B1G)

Table listing Rutgers Scarlet Knights wrestlers, their names, positions (EL, HT/HS), and records.

Individual Rankings listed are InterMat and Team Rankings are InterMat Tournament Power Index (as of 2/6/24) *Penn State is at Iowa on 2/9/24, post-press

BARTLETT DOWNS #3 MENDEZ TO LEAD PENN STATE TO 28-9 WIN OVER OHIO STATE

Beau Bartlett scored early in sudden victory to post a 4-1 (sv) win over #3 Jesse Mendez to spark Penn State to a 28-9 win over visiting Ohio State on Feb. 2. Bartlett's win was one of eight for Penn State in front of another sold out Rec Hall crowd. True freshman Tyler Kasak beat #9 Dylan D'Emilio 7-2 at 149 and Greg Kerkvliet majored #12 Nick Feldman 12-0 at 285 as well.

BARRACLOUGH, BARR, COCHRAN WIN 'BORO TITLES

Three Nittany Lions won individual titles at the Edinboro Open on Feb. 3. Terrell Barracough went 4-0 with two pins, a tech and a major to win at 165; Josh Barr went 4-0 with a pin, two techs and a major to win at 184; and Lucas Cochran went 4-0 with two pins and a tech to win at 197. Connor Pierce went 4-1 for second at 149, Kyison Garcia was 3-2 for sixth at 133 and Brian Borden was 3-2 for sixth at 174.

BROOKS MAJORS #5 JAXON SMITH TO LEAD PENN STATE TO 42-6 VICTORY AT MARYLAND

Senior+ Aaron Brooks dominated #5 Jaxon Smith of Maryland, rolling to a 13-4 major at 197 pounds, to lead Penn State to a 42-6 road win on Jan. 28. Brooks' win highlighted a lopsided victory for the Nittany Lions. Penn State had four pins in the dual victory (Mitchell Mesenbrink at 165, Carter Starocci at 174, Bernie Truax at 184, Greg Kerkvliet at 285); two technical falls (Braeden Davis at 125, Levi Haines at 157) and two majors (Beau Bartlett at 141 and Brooks) to grab the B1G road win.

KASAK, BARR, COCHRAN WIN MAT-TOWN 2 TITLES

True freshman Tyler Kasak, ranked No. 12 at 149, went 4-0 with a pin and a major to win the 149-pound title at Mat-Town 2 in Lock Haven on Jan. 28. Kasak downed teammate David Evans, 4-2, in the title bout. True freshman Josh Barr went 3-0 at 184 with two tech falls to win his weight class and sophomore Lucas Cochran went 3-0 with two pins to win the 197-pound crown. Evans went 3-1 overall with a tech and a major to take second at 149.

NOTES

PENN STATE WRESTLING 2023-24 ROSTER

Roster table with columns for NAME, Wt., YR./EL., and HOMETOWN/HIGH SCHOOL.

Head Coach: Cael Sanderson (Iowa State '02) Associate Head Coach: Cody Sanderson (Iowa State '00) Head Assistant Coach: Casey Cunningham (Central Michigan '99) Assistant Coach: Jimmy Kennedy (Illinois, '11) Director of Operations: Adam Lynch (Penn State '10)

0% APR Financing On All New High Efficiency Heating & Air Conditioning Systems. Find your local Carrier Expert at NOPAYCARRIER.COM. Includes Carrier logo and Peirce Phelps logo.

0% APR Financing On All New Bryant Home Comfort Systems. Available to qualified homeowners, regular monthly payments required. Includes bryant and NOPAYbryant.com logos.



THIS WEEK'S ACTION

UNIVERSITY PARK, Pa.; Feb. 7, 2024 -- Penn State (8-0, 5-0 B1G) visits Iowa (10-1, 5-1 B1G) on Friday, Feb. 9, for its final road dual of the season. The Nittany Lions and Hawkeyes tangle at 9 p.m. Eastern (8 p.m. local) in a B1G Network national telecast. Three days later, Penn State welcomes Rutgers (10-4, 3-3 B1G) to the Bryce Jordan Center on Monday, Feb. 12. The 2024 BJC Dual begins at 7 p.m. and is also a B1G Network national telecast.

Penn State, under the guidance of head coach Cael Sanderson, is coming off a 28-9 win over Ohio State on Friday, Feb. 2. The Nittany Lions won eight of ten bouts in the dual meet victory and gave up only three takedowns. Penn State improved to 8-0 overall, 5-0 in the Big Ten, with the home win.

The Nittany Lions line-up features five grad/seniors and five underclassmen. Senior Beau Bartlett is 14-0 at 141, senior Carter Starocci is 9-0 at 174, graduate Bernie Truax is 8-2 at 184, senior+ Aaron Brooks is 10- at 197 and senior Greg Kerkvliet is 9-0 at 285. Sophomore Aaron Nagao is 8-3 at 133, sophomore Levi Haines is 11-0 at 157, redshirt freshman Mitchell Mesenbrink is 15-0 at 165, true freshman Braeden Davis is 14-0 at 125 and true freshman Tyler Kasak is 11-1 at 149.

Iowa enters Friday's dual 10-1 overall, 5-1 in Big Ten action, after a tough road loss at Michigan on Feb. 2. The Hawkeyes have been led by senior Real Woods, who is 12-1 at 141; graduate Jared Franek, who is 18-2 at 157; sophomore Michael Caliendo, who is 19-1 at 165; sophomore Drake Ayala, who is 17-3 at 125; senior Zach Glazier, who is 19-0 at 197; and a host of veteran wrestlers as well. Iowa leads the all-time series 28-12-2 but Penn State has won the last two meetings and four of the last five. The Nittany Lions won the last meeting, 23-14 on Jan. 27, 2023, in the Bryce Jordan Center. Penn State won the last meeting in Carver Hawkeye Arena 19-13 on Jan. 28, 2022.

Rutgers will enter Monday's dual meet 10-4 overall, 3-3 in conference action. The Knights dropped a home dual to Ohio State on Feb. 4 in their last outing. Rutgers has been led by graduate Yara Slavikouski, who is 14-2 at 285; junior Dylan Shawver, who is 18-5 at 133; and senior Jackson Turley, who is 9-3 at 174.. Penn State leads the all-time series with RU 23-0, including a 33-8 win at Rutgers last year on Feb. 10, 2023.

The Nittany Lions will host Nebraska in its next outing. Penn State welcomes Nebraska to Rec Hall on Sunday, Feb. 18, at 4 p.m. in another B1G Network telecast.

All rankings listed are InterMat individual/InterMat TPI. The 2023-24 Penn State Wrestling season is presented by the Family Clothesline. Penn State Fans are encouraged to follow Penn State wrestling via X at @pennstate-WREST, on Penn State Wrestling's Facebook page at www.facebook.com/pennstatewrestling and on Instagram at www.instagram.com/pennstatewrest. This is PENN STATE. WRESTLING lives here.

2023-24 BIG TEN STANDINGS
(as of 2/5/24)

Pl.	Team	Big Ten		Overall		1/23	1/30	2/6	Michael Blockhus, Minnesota Nick Feldman, Ohio State TBA
		W-L-T	PCT	W-L-T	PCT				
1	PENN STATE	5-0-0	1.000	8-0-0	1.000				
2	Iowa	5-1-0	.833	10-1-0	.909				
	Nebraska	5-1-0	.833	10-1-0	.909				
	Ohio State	5-1-0	.833	13-2-0	.867				
5	Michigan	4-2-0	.667	6-3-0	.667				
6	Indiana	3-2-0	.600	6-2-0	.750				
	Minnesota	3-2-0	.600	8-2-0	.800				
8	Rutgers	3-3-0	.500	10-4-0	.717				
9	Wisconsin	2-3-0	.400	8-4-0	.667				
10	Michigan State	2-4-0	.333	9-4-0	.692				
11	Maryland	1-4-0	.200	3-5-0	.375				
12	Illinois	0-4-0	.000	3-7-0	.300				
13	Northwestern	0-5-0	.000	0-6-0	.000				
	Purdue	0-5-0	.000	5-8-0	.385				

HONORS WON

BEAU BARTLETT, 141
Big Ten Wrestler of the Week (11/21)

AARON BROOKS, 197
NWCA All-Star Classic Exhibition

LEVI HAINES, 157
NWCA All-Star Classic Exhibition

GREG KERKVLIENT, 285
NWCA All-Star Classic Exhibition

CARTER STAROCCI, 174
NWCA All-Star Classic Exhibition

BERNIE TRUAX IV, 184
NWCA All-Star Classic Exhibition

SHAYNE VAN NESS, 149
NWCA All-Star Classic Exhibition
Big Ten Wrestler of the Week (11/14)

BIG TEN WRESTLERS OF THE WEEK

- 11/7 Rocco Welsh, Ohio State
- 11/14 SHAYNE VAN NESS, PENN STATE
Dean Hamiti, Wisconsin
- 11/21 BEAU BARTLETT, PENN STATE
Yaraslau Slavikouski, Rutgers
- 11/28 Gabe Arnold, Iowa
- 12/5 Jesse Mendez, Ohio State
- 12/12 John Poznanski, Rutgers
- 12/19 Peyton Robb, Nebraska
- 1/2 Dean Hamiti, Wisconsin
- 1/9 Nick Feldman, Ohio State
- 1/16 Michael North, Maryland
Jackson Turley, Rutgers



PENN STATE ATHLETICS

would like to recognize our Blue-White Corporate Partners.

Thank you for your support of Penn State! To learn more about the Penn State Athletics' Blue-White Corporate Partner program, please contact:

Penn State[®] Sports Properties
814.865.8408

2023-24 ATTENDANCE

Please note that Penn State did not allow fans into dual meets and did not permit or track attendance in the 2020-21 season due not being allowed to have fans and/or sell tickets.

12/3	LEHIGH	6,623
12/10	HOFSTRA	6,589
1/14	INDIANA	6,466
2/2	OHIO STATE	6,659
2/12	RUTGERS (BJC)	
2/18	NEBRASKA	
2/25	EDINBORO	
TOTAL		26,337
AVG.		6,584

(Penn State has wrestled in front of 79 of 81 sell-outs at home, including 70-straight in Rec Hall and 9 of 11 in the Bryce Jordan Center)



PENN STATE ATHLETICS

would like to recognize our official Keystone Corporate Partners.

Thank you for your support of Penn State! To learn more about the Penn State Athletics' Keystone Corporate Partner program, please contact:

Penn State[®] Sports Properties
814.865.8408



Founded in 1855 as Pennsylvania's Land Grant College, Penn State University has a story to tell about its hometown journey. But so do many Pennsylvania-based companies across the commonwealth. Our "We Are... Pennsylvania" program highlights the history, success, and goodwill of those businesses rooted here in our home state of Pennsylvania.

Thank you for your support of Penn State! To learn more about the Penn State Athletics' We Are PA Corporate Partner program, please contact:

Penn State
Sports Properties
814.865.8408



HEAD COACH CAEL SANDERSON

THE PENN STATE YEARS

Sanderson led Penn State to a 13-6-1 dual meet record in his first season at Penn State (2009-10), much improved over the prior year's 8-12-2 mark. After a year outside the top 10, Sanderson led the Lions back to their place among the nation's elite with a ninth-place finish at the NCAA Championships and a No. 10 final dual meet ranking from the NWCA Coaches. Sanderson picked up three more All-Americans (including a national finalist) and a Big Ten Champion in younger brother, Cylar Sanderson.

In 2010-11, Sanderson reached the pinnacle of the collegiate coaching mountain by guiding Penn State through a stunning season filled with records, championships and memories that thrilled the Penn State faithful. Sanderson led the Nittany Lions to their first-ever Southern Scuffle Co-Championship and first Virginia Duals Championship since 1991. While guiding Penn State to a 6-1-1 conference mark, Sanderson equaled the highest Big Ten dual meet wins in Penn State history (1998). He led Penn State to the school's first ever Big Ten Championship and was named 2011 Big Ten Coach of the Year. He became the first coach in NCAA history to be named both the Big Ten and Big 12 Coach of the Year. Saving the best for last, he led the Nittany Lions to the 2011 NCAA National Championship in Philadelphia, Penn State's first since 1953 and Sanderson's first as a collegiate head coach.

During the 2011-12 season, the nation watched as Sanderson led Penn State to a 13-1 dual mark, including a school record 7-1 Big Ten dual record to earn a share of the 2012 Big Ten dual meet championship. Sanderson then made it two in a row by leading Penn State to the 2012 Big Ten Championship at Purdue. He was named 2012 Big Ten Coach of the Year, earning the honor for the second-straight season. Two weeks later, Sanderson led Penn State to a second-straight NCAA crown, helping Penn State to become the fifth team in NCAA history to win back-to-back titles. He was named NWCA National Coach of the Year for the second time in his career at the conclusion of the championships in Des Moines.

In 2012-13, Penn State posted an identical 13-1 mark, 7-1 Big Ten dual record and won its third-straight Big Ten Championship in Illinois in March. Sanderson earned his third-straight Big Ten Coach of the Year honor (co) in the process. Two weeks after that, Sanderson guided Penn State to a thrilling third-straight NCAA crown, helping Penn State to become just the third team in NCAA history to win three-straight team titles. At the tournament's end, he was named NWCA National Coach of the Year.

In 2013-14, Penn State went 15-1 overall and won a share of the Big Ten dual meet title with a 7-1 record. The Nittany Lions won their fourth-straight Big Ten Championship in Madison, Wisconsin, helping Sanderson win his fourth-straight Big Ten Coach of the Year honor. Two weeks later, the Nittany Lions won their fourth-straight NCAA title, becoming the third team in NCAA history to win four-straight NCAA titles.

In 2014-15, Sanderson led Penn State to an 11-4 dual meet record, a fifth-straight Southern Scuffle title, garnering five All-Americans and another individual National Champion at the NCAA Championships as Matt Brown won the 174-pound title.

In 2015-16, he added a sixth-straight Southern Scuffle championships, a third Big Ten dual meet title (co-) and the 2016 NWCA National Dual Series championship. He led Penn State to its fifth Big Ten Championship in six years in Iowa City and followed that up with his fifth NCAA National Championship in six years in New York City's Madison Square Garden.

In 2016-17, Sanderson led Penn State to its second-straight NCAA title and sixth in seven years. Penn State posted a perfect 14-0 dual meet record, won the 2017 Big Ten regular season (dual meet) title and the NWCA Dual Championship Series crown for the second-straight season. Sanderson's team posted a gaudy 35-6 record at NCAAs and won five-straight individual championships to close out the national finals.

In 2017-18, Sanderson led Penn State to its seventh NCAA title in eight years and third-straight. Penn State posted a perfect 14-0 dual meet record and won the Big Ten regular season (dual meet) title yet again. Sanderson's team posted a superb 39-9 record at NCAAs. Penn State ended the season riding a 45-dual win streak and set an NCAA record for attendance at an indoor dual meet with 15,998 in the BJC for a win over Iowa.

In 2018-19, Sanderson closed out a decade as Penn State's mentor by leading Penn State to its eighth NCAA title in nine years and fourth-straight for the second time in his first ten years as head coach. Penn State posted a perfect 14-0 dual meet record for the fourth-straight year, won the Big Ten regular season (dual meet) and Big Ten Tournament Championship. Sanderson's team posted a 35-11 record at NCAAs and had the team title clinched before the finals began Saturday night. Penn State ended the season riding a 59-dual win streak. Sanderson was named Big Ten Coach of the Year and InterMat National Coach of the Year.

In 2019-20, the Lion mentor led the team to a 12-2 overall record and a near-perfect 8-1 Big Ten dual meet mark. Penn State dropped two duals by a total of three points. Penn State crowned two more Big Ten Champions in true freshman Aaron Brooks and senior Mark Hall. Brooks was named Big Ten Freshman of the Year. The Nittany Lions advanced seven wrestlers to the 2020 NCAA Championships before the NCAA canceled the event. The NWCA named the top eight seeds at each weight first team All-Americans after the tournament was canceled, giving Sanderson five more All-Americans.

In 2020-21, Sanderson guided Penn State through a season that was shortened and altered by the NCAA's reaction to a virus. The Nittany Lions went a perfect 6-0 in dual meets (all in the Big Ten) and earned a share of their seventh Big Ten dual meet title. Roman Bravo-Young and Aaron Brooks won Big Ten titles in the BJC and Carter Starocci was named Big Ten Freshman of the Year. Penn State took nine wrestlers to nationals and the Nittany Lions went a perfect 4-0 in the NCAA finalist in St. Louis, with Bravo-Young, Nick Lee, Starocci and Brooks all claiming their first individual titles. Freshmen Michael Beard and Greg Kerkvliet each placed seventh to give Sanderson six All-Americans for the year.

In 2021-22, the Nittany Lions roared into Detroit and claimed their ninth NCAA team title since Sanderson's arrival. Penn State, winning the 9th NCAA crown in the last 11 tournaments, brought home six All-Americans (a tournament high) and went a Penn State Perfect 5-0 in the NCAA finals (following up 2021's 4-0 run). Roman Bravo-Young, Nick Lee, Carter Starocci, Aaron Brooks and Max Dean all won individual titles while Greg Kerkvliet placed fourth. Sanderson was named 2022 NCAA Coach of the Championship by the NWCA at the conclusion of the event. The 36.5-point margin of victory over the second place team was the largest since the Lions outdistanced the field by 40 points in 2019.

In 2022-23, the Nittany Lions stormed into Tulsa, Okla., to claim their 10th NCAA title under Sanderson (and the 10th in the last 12 tournaments). The Nittany Lions crowned two more NCAA Champions (Carter Starocci and Aaron Brooks), had five NCAA finalists and eight All-Americans. Sanderson's team won the NCAA team title with 137.5 points and posted the fifth largest winning margin (55.0) in NCAA history. Penn State won the 2023 Big Ten Regular Season Championship and the 2023 Big Ten Championship by dominating the field at the Big Ten tournament in Ann Arbor. True freshman Levi Haines was named Big Ten Freshman of the Year, the third time in the last four years that a Nittany Lion has won the honor (Brooks, Starocci)

In 14 years as Penn State's mentor, Sanderson led the Nittany Lions to eight Southern Scuffle titles, nine B1G dual meet titles, seven Big Ten Championships, 10 NCAA Championships, collected 83 All-Americans, 34 National Champions, including an NCAA record-tying five in both 2017 and 2022, four Gormarian winners, five NCAA Tournament Outstanding Wrestlers, one CoSIDA Academic All-American of the Year, one NCAA Elite 89 winner, one NCAA Top 10 Award winner and five Hodge Trophy winners. Sanderson, who has coached 98 total All-Americans and 36 total National Champions (including his three years at Iowa State), grabbed his 100th win as Penn State's head coach in its 36-6 victory over Stanford in Rec Hall on 11/13/16 and his 100th Big Ten dual win as Penn State's mentor with a 23-14 win over Iowa in the BJC on 1/27/23.

MORE NOTES

PENN STATE SHUTS OUT MICHIGAN STATE IN EAST LANSING

The Penn State Nittany Lions won all ten bouts in a 35-0 shutout victory over Michigan State in East Lansing on Sunday, Jan. 21. The Nittany Lions picked up impressive wins from Levi Haines (9-6 tb2 over #21 Chase Saldate at 157) and Mitchell Mesenbrink (an 18-9 major over #10 Caleb Fish at 165) in the dual. Aaron Nagao (133) and Aaron Brooks (197) added tech falls and two wrestlers moved up a weight and picked up wins. Terrell Barraclough moved up to 174 and downed DJ Shannon 8-1 and Lucas Cochran moved up to heavyweight from 197 to beat Josh Terrill 5-0, securing Penn State's second shutout of the year.

FRESHMEN DAVIS AND MESENBRINK POST B1G WINS IN MICHIGAN

True freshman Braeden Davis and redshirt freshman Mitchell Mesenbrink each notched impressive wins in Penn State's 27-9 dual meet victory at Michigan on Jan. 19. Davis scored five unanswered points in the third period to beat #5 Michael DeAugustino at 125. He scored an escape and then took the Wolverine down, riding him out to add a riding time point in the 5-1 win. Mesenbrink was dominant in a 12-1 major over #7 Cameron Amine at 165. He forced the Wolverine into four stall warnings, nearly DQ'ing him, and added an escape, two takedowns and riding time in the 12-1 major decision.

PENN STATE ROLLS OVER #5 MICHIGAN IN ANN ARBOR

Penn State dominated #5 Michigan 27-9 in Ann Arbor on Jan. 19, winning eight of ten matches and forcing the Wolverines into 11 stall warnings. Penn State picked up ranked wins from Braeden Davis (125), Beau Bartlett (141), Levi Haines (157), Mitchell Mesenbrink (165), Bernie Truax (184), Aaron Brooks (197) and Greg Kerkvliet (285) in the win. The Nittany Lions owned a 15-2 takedown edge in the dual and their only losses came in sudden victory and/or by a point.

2023-24 RIDGE RILEY AWARD WINNERS (home)

12/3 Lehigh	Carter Starocci, 174
12/10 Hofstra	Mitchell Mesenbrink, 165
1/14 Indiana	Tyler Kasak, 149
2/2 Ohio State	Tyler Kasak, 149
2/12 Rutgers	
2/18 Nebraska	
2/25 Edinboro	

2023-24 ERNIE LUCAS AWARD WINNERS (away)

1/5 Oregon State	Tyler Kasak, 149
1/19 Michigan	Braeden Davis, 125
1/21 Michigan State	Mitchell Mesenbrink, 165
1/28 Maryland	Aaron Brooks, 197
2/9 Iowa	

vs. RANKED FOES

Check here throughout the season for Penn State's dual meet results against foes ranked in the InterMat Top 25 Team TPI.

12/3 vs. #20 Lehigh	W, 30-10
1/5 at #18 Oregon State	W, 36-3
1/19 at #5 Michigan	W, 27-9
2/2 vs. #17 Ohio State	W, 28-9

The mat is your happy place.

Whether you're tearing it up on the floor or rooting from the stands, every match is a chance to show off your Penn State pride. This season, Highmark Blue Shield is proud to roar alongside you and the Nittany Lions as you crush the competition.

