



WRESTLING

PENN STATE

EDINBORO

SUNDAY
FEBRUARY 25
2 PM

SENIOR DAY
REC HALL

BERNIE TRUAX

184

SEASON PRESENTED BY
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\$2



2023-24 PENN STATE WRESTLING INDIVIDUAL RECORDS & STATS - 11-0 OVERALL, 8-0 B1G, 6-0 HOME, 5-0 ROAD, 0-0 NEUTRAL

Wrestler, Wt.	Overall Record	Collegiate Record	Dual Record	Big 10 Dual Record	Dual Pts. For/Against	SV W-L	TB W-L	MD W-L	TF W-L	Pins W-L	Fastest Fall
Donovan Ball, 184	1-2	1-2	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	----
Josh Barr, 184	15-0	1-0	1-0	1-0	4/0	1-0	0-0	4-0	6-0	1-0	1:45
Terrell Barraclough, 165/174	12-2	12-2	2-1	2-1	6/3	1-0	0-0	3-0	1-0	3-0	2:40
Beau Bartlett, 141	16-0	16-0	9-0	7-0	29/0	4-0	0-0	3-0	0-0	4-0	1:29
Brian Borden, 174	8-6	8-6	0-0	0-0	0/0	0-0	0-0	3-1	0-0	2-0	1:04
Aaron Brooks, 197	13-0	13-0	10-0	8-0	48/0	0-0	0-0	2-0	6-0	4-0	1:45
Lucas Cochran, 197/285	11-2	11-2	2-1	2-0	6/4	0-0	0-0	1-1	2-0	5-0	1:46
Braeden Davis, 125	15-2	15-2	8-2	6-2	28/7	1-0	0-0	4-1	4-0	0-0	----
Aurelius Dunbar, 174	2-4	2-4	0-0	0-0	0/0	0-1	0-0	0-1	0-0	0-1	----
David Evans, 141/149	12-3	12-3	3-0	2-0	11/0	1-0	0-1	2-0	3-0	0-0	----
Alex Facundo, 165	0-0	0-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	----
AJ Fricchione, 197/285	2-2	0-1	0-1	0-0	0/6	1-0	0-0	0-0	0-0	1-1	2:36
Kyison Garcia, 133	3-2	0-0	0-0	0-0	0/0	0-0	0-0	1-0	1-0	0-0	----
Erik Gibson, 165	0-0	0-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	----
Levi Haines, 157	14-0	14-0	11-0	8-0	45/0	0-0	1-0	3-0	3-0	3-0	1:02
Imran Heard, 149	1-2	1-2	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	----
Robert Howard, 125	3-4	3-4	0-0	0-0	0/0	1-0	0-0	0-2	0-0	1-0	4:45
Tyler Kasak, 141/149	12-3	12-3	5-2	3-2	17/6	0-3	1-0	3-0	1-0	1-0	1:00
Jack Kelly, 184	3-3	3-3	0-0	0-0	0/0	0-0	0-0	0-0	0-2	2-0	0:53
Greg Kerkviet, 285	11-0	11-0	8-0	6-0	34/0	0-0	0-0	5-0	2-0	1-0	0:55
Joe Lee, 174	0-0	0-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	----
Matt Lee, 165	5-3	5-3	0-0	0-0	0/0	0-1	0-0	2-0	0-0	2-0	2:25
Timothy Levine, 141	0-4	0-4	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-1	----
Kurt McHenry, 125	1-2	1-2	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	----
Mitchell Mesenbrink, 157/165	18-0	18-0	11-0	8-0	50/0	0-0	0-0	2-0	7-0	3-0	0:50
Aaron Nagao, 133	9-4	9-4	5-4	3-3	23/15	0-2	0-0	3-0	5-0	1-1	0:57
Connor Pierce, 149	7-6	7-6	0-2	0-1	0/7	0-0	0-0	1-2	0-0	3-0	1:44
Karl Shindledecker, 133	0-0	0-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	----
Baylor Shunk, 133	2-7	2-7	0-2	0-2	0/6	0-0	0-0	1-1	1-1	0-0	----
Carter Starocci, 174	11-0	11-0	8-0	5-0	38/0	0-0	0-0	1-0	5-0	3-0	2:15
Gary Steen, 125	6-3	6-3	0-1	0-3	0/3	0-1	0-0	1-1	3-0	1-0	4:23
Bernie Truax IV, 184	10-3	10-3	7-3	5-2	30/12	0-0	0-0	3-0	1-0	2-1	1:43
Shayne Van Ness, 149	3-0	3-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	3-0	1:30
Marco Vespa, 125	0-2	0-2	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	----
Sean Wang, 133	1-3	1-3	0-0	0-0	0/0	0-0	0-0	1-0	0-1	0-1	----
Branden Wentzel, 125	0-0	0-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	----
Dual Forfeit losses			0-0	0-0	0/0						
TOTALS	228-74	209-71	91-19	67-13	373/69	10-6	2-1	46-10	50-4	46-6	0:53

SV - sudden victory • TB - tiebreak • MD - major decision • TF - technical fall

PENN STATE WRESTLING 2023-24 ROSTER

NAME	Wt.	YR./EL.	HOMETOWN/HIGH SCHOOL
Donovan Ball	184	Gr./Sr.	New Cumberland, Pa./Cedar Cliff
Josh Barr	184	Fr./Fr.	Davison, Mich./Davison
Terrell Barraclough	165	Sr./Sr.	Kaysville, Utah/Layton
Beau Bartlett	141	Sr./Sr.	Tempe, Ariz./Wyoming Seminary (Pa.)
Brian Borden	174	Jr./So.	Rupert, Idaho/Minico
Aaron Brooks	197	Sr./Sr.	Hagerstown, Md./North Hagerstown
Lucas Cochran	184/197	Jr./So.	Perry, Utah/Box Elder
Braeden Davis	125	Fr./Fr.	Belleville, Mich./Dundee
Aurelius Dunbar	174	Sr./Jr.	Greencastle, Pa./Mercersburg Academy
David Evans	141	Sr./Jr.	Tunkhannock, Pa./Tunkhannock
Alex Facundo	165	Jr./So.	Essexville, Mich./Davison
AJ Fricchione	197/285	Fr./Fr.	Duryea, Pa./Bergen Catholic
Kyison Garcia	133	Fr./Fr.	South Jordan, Utah/Mountain Ridge
Erik Gibson	165	Fr./Fr.	South Fork, Pa./Bishop McCort
Levi Haines	157	So./So.	Arendtsville, Pa./Biglerville
Imran Heard	149	Gr./Gr.	Pittsburgh, Pa./St. Paul's School (Md.)
Robert Howard	125	Jr./So.	Cranford, N.J./Bergen Catholic
Tyler Kasak	141	Fr./Fr.	Doylestown, Pa./Bethlehem Catholic
Jack Kelly	184	Jr./So.	Little Silver, N.J./Rumson-Fair Haven
Greg Kerkviet	285	Sr./Sr.	Inver Grove Heights, Minn./Simley
Joe Lee	174	Sr./Sr.	Evansville, Ind./Evansville Mater Dei
Matt Lee	165	Sr./Jr.	Evansville, Ind./Evansville Mater Dei
Timothy Levine	141	Sr./Jr.	Costa Mesa, Calif./St. John Bosco
Kurt McHenry	125	Gr./Sr.	Leesburg, Va./St. Paul's School (Md.)
Mitchell Mesenbrink	157/165	So./Fr.	Hartland, Wis./Arrowhead
Aaron Nagao	133	Jr./So.	La Habra, Calif./Esperanza
Connor Pierce	149	So./Fr.	Erie, Pa./Harbor Creek
Matt Rodriguez	149	Fr./Fr.	Guadalupe, Calif./Righetti
Karl Shindledecker	133	So./So.	Fayetteville, Pa./Chambersburg
Baylor Shunk	133	Gr./Sr.	Centre Hall, Pa./Penns Valley
Carter Starocci	174	Sr./Sr.	Erie, Pa./Cathedral Prep
Gary Steen	125	Jr./So.	Hermitage, Pa./Reynolds
Bernie Truax IV	184	Gr./Gr.	Oceanside, Calif./Rancho Buena Vista
Shayne Van Ness	149	Jr./So.	Somerville, N.J./Blair Academy
Marco Vespa	125	Sr./Jr.	Monroe, N.Y./Monroe Woodbury
Sean Wang	133	Jr./So.	Great Neck, N.Y./Great Neck South
Branden Wentzel	125	Fr./Fr.	Montoursville, Pa./Montoursville

Head Coach: Cael Sanderson (Iowa State '02)
Associate Head Coach: Cody Sanderson (Iowa State '00)
Head Assistant Coach: Casey Cunningham (Central Michigan '99)
Assistant Coach: Jimmy Kennedy (Illinois, '11)
Director of Operations: Adam Lynch (Penn State '10)

PENN STATE vs. EDINBORO | 2/25/24 | 2:00 P.M. -- REC HALL | UNIVERSITY PARK, PA.

WT	CONTESTANTS	CHOICE	MATCH SCORE			S.V.	1st :30	2nd :30	UTB	RIDING TIME	MATCH SCORE/FALL TIME	TEAM SCORE	
			FIRST PERIOD	SECOND PERIOD	THIRD PERIOD							HOME	VIS.
125			↓N	↓N			↓N	↓N					
133			↓N	↓N			↓N	↓N					
141			↓N	↓N			↓N	↓N					
149			↓N	↓N			↓N	↓N					
157			↓N	↓N			↓N	↓N					
165			↓N	↓N			↓N	↓N					
174			↓N	↓N			↓N	↓N					
184			↓N	↓N			↓N	↓N					
197			↓N	↓N			↓N	↓N					
285			↓N	↓N			↓N	↓N					

KEY T3=Take-down; E1=Escape; R2=Reversal; N2,N3,N4=Nearfall; W=Stalling warning; C=Caution; P1=Penalty; RT1=Riding Time

POTENTIAL LINE-UPS

#1 PENN STATE NITTANY LIONS (11-0, 8-0 B1G)

WT	NAME	EL	HT/HS	REC
125	#8 Braeden Davis	Fr.	Belleville, Mich./Dundee	15-2
133	#11 Aaron Nagao	So.	La Habra, Calif./Esperanza	9-4
141	#1 Beau Bartlett	Sr.	Tempe, Ariz./Wyoming Seminary (Pa.)	17-0
149	#9 Tyler Kasak	Fr.	Doylestown, Pa./Bethlehem Catholic	12-3
157	#1 Levi Haines	So.	Arendtsville, Pa./Biglerville	14-0
165	#6 Mitchell Mesenbrink	Fr.	Hartland, Wis./Arrowhead	18-0
174	#1 Carter Starocci	Sr.	Erie, Pa./Cathedral Prep	11-0
184	#6 Bernie Truax	Gr.	Oceanside, Calif./Rancho Buena Vista	10-3
197	#1 Aaron Brooks	Sr.	Hagerstown, Md./North Hagerstown	13-0
285	#1 Greg Kerkviet	Sr.	Inver Grove Heights, Minn./Simley	11-0

EDINBORO FIGHTING SCOTS (2-11)

WT	NAME	EL	HT
125	Caleb Edwards	Jr.	Ravenna, Ohio/Rootstown
133	Eamonn Jimenez	Fr.	Killeen, Texas/Elison
141	Jacob Brenneman	Fr.	Accident, Md./Northern Garrett
149	Colin Roberts	Jr.	Youngstown, Ohio/Austintown Finch
157	Gannon Jaquay	Fr.	Bear Lake, Pa./Eisenhower
165	Max Kirby	Fr.	Fairless, Ohio/Fairless
174	Joey Arnold	Jr.	Pittsfield, Pa./Warren
184	Brody Evans	Fr.	Mapletown, Pa./Mapletown
197	Jack Kilner	Sr.	Livermore, Calif./Granada
285	Aden Roe	Fr.	Newtown, Pa./Council Rock North
	Nick Lodato	So.	Piscataway, N.J./Pope John XXIII

Individual Rankings listed are InterMat and Team Rankings are InterMat Tournament Power Index (as of 2/20/24)

PENN STATE WINS 2024 BIG TEN REGULAR SEASON TITLE

The Penn State Nittany Lions rolled through the Big Ten portion of their dual meet schedule with an 8-0 record and won the team's 10th conference dual crown under head coach Cael Sanderson. Some #funstats on Penn State's 2023-24 B1G dual season:
* Went 8-0 * Outscored conference opponents 264-46
* Went 67-13 overall * Won by average score of 29.3-5.1
* Picked up two shutouts * Only lost more than two bouts one time

NITTANY LIONS DOWN NEBRASKA 22-13 IN B1G DUAL FINALE

Penn State rallied from an early dual deficit to out-distance visiting Nebraska in a 22-13 victory in Rec Hall on Feb. 18, 2024. The Lions won five of the last six bouts to claim the dual victory. Penn State picked up top-ten wins from Beau Bartlett (a 9-6 winner over #7 Brock Hardy at 141) and Levi Haines (a 10-3 winner over #7 Peyton Robb at 157) as well as a 17-4 major from Aaron Brooks over #13 Silas Allred at 197. The win capped off Penn State's B1G dual season at 8-0, clinching the 2024 Big Ten Regular Season Championship

BEAU BARTLETT NAMED B1G W.O.W (2/14)

Penn State Nittany Lion wrestler Beau Bartlett WAS been named Big Ten Wrestler of the Week for the week ending February 12, 2024. Bartlett dominated No. 2 Real Woods 7-2 on Friday night in Iowa City, sparking Penn State to a 29-6 win over the Hawkeyes in their building. Three nights later, Bartlett used a late takedown to defeat Max Hermes of Rutgers 4-1 in the 2024 BJC Dual against Rutgers.

BARRACLOUGH, COCHRAN BUMP UP FOR RANKED WINS TO LEAD LIONS TO 35-3 WIN OVER RUTGERS IN BJC DUAL

Terrell Barraclough and Lucas Cochran each bumped up a weight and grabbed wins over ranked opponents to lead the Nittany Lions to a 35-3 victory over Rutgers in the 2024 BJC Dual. Barraclough used a third period rideout and 2:49 in riding time to beat #13 Jackson Turley 4-3 at 174. Cochran gave up 50 pounds in moving up to 285 and dominated #8 Yaroslau Slavikouski 7-3. Levi Haines and Aaron Brooks added pins, Mitchell Mesenbrink posted a tech and the Nittany Lions won nine of ten in the victory.

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WHATEVER IT TAKES: PEIRCE PHELPS



THIS WEEK'S ACTION

UNIVERSITY PARK, Pa.; Feb. 21, 2024 -- The Penn State Nittany Lion wrestling team (11-0, 8-0 B1G) will host the Edinboro Fighting Scots (2-11) on Sunday, Feb. 25. The teams tangle at 2 p.m. in Rec Hall in the dual finale for Penn State. All rankings listed are InterMat individual/InterMat TPI.

The Nittany Lions are coming off a 22-13 win over Nebraska last Sunday in Rec Hall. The win improved Penn State to 11-0 overall and capped off the Big Ten dual season for the Lions at 8-0. The Nittany Lions claimed their 10th Big Ten Regular Season Championship under head coach Cael Sanderson.

Penn State's line-up features freshman Braeden Davis, who is 15-2 and ranked No. 8 nationally. Sophomore Aaron Nagao is 9-4 and ranked No. 11 at 133. Senior Beau Bartlett is 17-0 and No. 1 at 141. Freshman Tyler Kasak is 12-3 and No. 9 at 149. Sophomore Levi Haines is 14-0 and No. 1 at 157. Freshman Mitchell Mesenbrink is 18-0 and No. 6 at 165. Senior Carter Starocci is 11-0 and No. 1 at 174. Graduate Bernie Truax is 10-3 and No. 6 at 184. Senior+ Aaron Brooks is 13-0 and No. 1 at 197. Senior Greg Kerkvliet is 11-0 and No. 1 at 285.

Edinboro enters the dual meet coming off a tough 41-7 loss to Lock Haven last Saturday. The team owns wins this year over Bloomsburg (31-7) and Sacred Heart (27-14). Penn State leads the all-time series with Edinboro 13-3. The two teams last met on Jan. 7, 2011, when Penn State posted a 37-12 victory in the Virginia Duals.

The Nittany Lions will next prepare for the 2024 Big Ten Championship at the University of Maryland. The two-day event serves as the NCAA qualifier for the Big Ten's 14 teams and runs Saturday-Sunday, March 9-10. Saturday's first session begins at 10 a.m. with the second session set for 5:30 p.m. Sunday's third/fourth session starts at 1 p.m. with the Big Ten Championship Finals slated for 4:30 p.m.

The 2023-24 Penn State Wrestling season is presented by the Family Clothesline. Penn State Fans are encouraged to follow Penn State wrestling via X at @pennstateWREST, on Penn State Wrestling's Facebook page at www.facebook.com/pennstatewrestling and on Instagram at www.instagram.com/pennstatewrest. This is PENN STATE. WRESTLING lives here.

2023-24 BIG TEN STANDINGS
(as of 2/12/24)

Pl.	Team	Big Ten		Overall	
		W-L-T	PCT	W-L-T	PCT
1	#PENN STATE	8-0-0	1.000	11-0-0	1.000
2	Ohio State	7-1-0	.875	15-2-0	.881
3	Iowa	6-2-0	.750	11-2-0	.846
	Minnesota	6-2-0	.750	11-2-0	.846
	Nebraska	6-2-0	.750	11-2-0	.846
6	Michigan	5-3-0	.625	7-4-0	.636
7	Rutgers	4-4-0	.500	11-5-0	.688
8	Indiana	3-5-0	.375	6-5-0	.545
	Wisconsin	3-5-0	.375	9-6-0	.600
10	Illinois	2-6-0	.250	5-9-0	.357
	Maryland	2-6-0	.250	4-7-0	.364
	Michigan State	2-6-0	.250	9-6-0	.600
13	Northwestern	1-7-0	.125	1-9-0	.100
	Purdue	1-7-0	.125	6-10-0	.375

2024 Big Ten Regular Season Champions

- 1/23 Michael Blockhus, Minnesota
- 1/30 Nick Feldman, Ohio State
- 2/6 Sergio Lemley, Michigan
- 2/13 BEAU BARTLETT, PENN STATE
- 2/20 TBA

HONORS WON

BEAU BARTLETT, 141
Big Ten Wrestler of the Week (11/21)
Big Ten Wrestler of the Week (2/14)

AARON BROOKS, 197
NWCA All-Star Classic Exhibition

LEVI HAINES, 157
NWCA All-Star Classic Exhibition

GREG KERKVLJET, 285
NWCA All-Star Classic Exhibition

CARTER STAROCCI, 174
NWCA All-Star Classic Exhibition

BERNIE TRUAX IV, 184
NWCA All-Star Classic Exhibition

SHAYNE VAN NESS, 149
NWCA All-Star Classic Exhibition
Big Ten Wrestler of the Week (11/14)

BIG TEN WRESTLERS OF THE WEEK

- 11/7 Rocco Welsh, Ohio State
- 11/14 SHAYNE VAN NESS, PENN STATE
Dean Hamiti, Wisconsin
- 11/21 BEAU BARTLETT, PENN STATE
Yaraslau Slavikouski, Rutgers
- 11/28 Gabe Arnold, Iowa
- 12/5 Jesse Mendez, Ohio State
- 12/12 John Poznanski, Rutgers
- 12/19 Peyton Robb, Nebraska
- 1/2 Dean Hamiti, Wisconsin
- 1/9 Nick Feldman, Ohio State
- 1/16 Michael North, Maryland
Jackson Turley, Rutgers



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2023-24 ATTENDANCE

Please note that Penn State did not allow fans into dual meets and did not permit or track attendance in the 2020-21 season due not being allowed to have fans and/or sell tickets.

12/3	LEHIGH	6,623
12/10	HOFSTRA	6,589
1/14	INDIANA	6,466
2/2	OHIO STATE	6,659
2/12	RUTGERS (BJC)	12,049
2/18	NEBRASKA	6,585
2/25	EDINBORO	
TOTAL		44,971
AVG.		7,495

(Penn State has wrestled in front of 80 of 83 sell-outs at home, including 71-straight in Rec Hall and 9 of 12 in the Bryce Jordan Center)



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HEAD COACH CAEL SANDERSON

THE PENN STATE YEARS

Sanderson led Penn State to a 13-6-1 dual meet record in his first season at Penn State (2009-10), much improved over the prior year's 8-12-2 mark. After a year outside the top 10, Sanderson led the Lions back to their place among the nation's elite with a ninth-place finish at the NCAA Championships and a No. 10 final dual meet ranking from the NWCA Coaches. Sanderson picked up three more All-Americans (including a national finalist) and a Big Ten Champion in younger brother, Cylar Sanderson.

In 2010-11, Sanderson reached the pinnacle of the collegiate coaching mountain by guiding Penn State through a stunning season filled with records, championships and memories that thrilled the Penn State faithful. Sanderson led the Nittany Lions to their first-ever Southern Scuffle Co-Championship and first Virginia Duals Championship since 1991. While guiding Penn State to a 6-1-1 conference mark, Sanderson equaled the highest Big Ten dual meet wins in Penn State history (1998). He led Penn State to the school's first ever Big Ten Championship and was named 2011 Big Ten Coach of the Year. He became the first coach in NCAA history to be named both the Big Ten and Big 12 Coach of the Year. Saving the best for last, he led the Nittany Lions to the 2011 NCAA National Championship in Philadelphia, Penn State's first since 1953 and Sanderson's first as a collegiate head coach.

During the 2011-12 season, the nation watched as Sanderson led Penn State to a 13-1 dual mark, including a school record 7-1 Big Ten dual record to earn a share of the 2012 Big Ten dual meet championship. Sanderson then made it two in a row by leading Penn State to the 2012 Big Ten Championship at Purdue. He was named 2012 Big Ten Coach of the Year, earning the honor for the second-straight season. Two weeks later, Sanderson led Penn State to a second-straight NCAA crown, helping Penn State to become the fifth team in NCAA history to win back-to-back titles. He was named NWCA National Coach of the Year for the second time in his career at the conclusion of the championships in Des Moines.

In 2012-13, Penn State posted an identical 13-1 mark, 7-1 Big Ten dual record and won its third-straight Big Ten Championship in Illinois in March. Sanderson earned his third-straight Big Ten Coach of the Year honor (co) in the process. Two weeks after that, Sanderson guided Penn State to a thrilling third-straight NCAA crown, helping Penn State to become just the third team in NCAA history to win three-straight team titles. At the tournament's end, he was named NWCA National Coach of the Year.

In 2013-14, Penn State went 15-1 overall and won a share of the Big Ten dual meet title with a 7-1 record. The Nittany Lions won their fourth-straight Big Ten Championship in Madison, Wisconsin, helping Sanderson win his fourth-straight Big Ten Coach of the Year honor. Two weekends later, the Nittany Lions won their fourth-straight NCAA title, becoming the third team in NCAA history to win four-straight NCAA titles.

In 2014-15, Sanderson led Penn State to an 11-4 dual meet record, a fifth-straight Southern Scuffle title, garnering five All-Americans and another individual National Champion at the NCAA Championships as Matt Brown won the 174-pound title.

In 2015-16, he added a sixth-straight Southern Scuffle championships, a third Big Ten dual meet title (co-) and the 2016 NWCA National Dual Series championship. He led Penn State to its fifth Big Ten Championship in six years in Iowa City and followed that up with his fifth NCAA National Championship in six years in New York City's Madison Square Garden.

In 2016-17, Sanderson led Penn State to its second-straight NCAA title and sixth in seven years. Penn State posted a perfect 14-0 dual meet record, won the 2017 Big Ten regular season (dual meet) title and the NWCA Dual Championship Series crown for the second-straight season. Sanderson's team posted a gaudy 35-6 record at NCAAs and won five-straight individual championships to close out the national finals.

In 2017-18, Sanderson led Penn State to its seventh NCAA title in eight years and third-straight. Penn State posted a perfect 14-0 dual meet record and won the Big Ten regular season (dual meet) title yet again. Sanderson's team posted a superb 39-9 record at NCAAs. Penn State ended the season riding a 45-dual win streak and set an NCAA record for attendance at an indoor dual meet with 15,998 in the BJC for a win over Iowa.

In 2018-19, Sanderson closed out a decade as Penn State's mentor by leading Penn State to its eighth NCAA title in nine years and fourth-straight for the second time in his first ten years as head coach. Penn State posted a perfect 14-0 dual meet record for the fourth-straight year, won the Big Ten regular season (dual meet) and Big Ten Tournament Championship. Sanderson's team posted a 35-11 record at NCAAs and had the team title clinched before the finals began Saturday night. Penn State ended the season riding a 59-dual win streak. Sanderson was named Big Ten Coach of the Year and InterMat National Coach of the Year.

In 2019-20, the Lion mentor led the team to a 12-2 overall record and a near-perfect 8-1 Big Ten dual meet mark. Penn State dropped two duals by a total of three points. Penn State crowned two more Big Ten Champions in true freshman Aaron Brooks and senior Mark Hall. Brooks was named Big Ten Freshman of the Year. The Nittany Lions advanced seven wrestlers to the 2020 NCAA Championships before the NCAA canceled the event. The NWCA named the top eight seeds at each weight first team All-Americans after the tournament was canceled, giving Sanderson five more All-Americans.

In 2020-21, Sanderson guided Penn State through a season that was shortened and altered by the NCAA's reaction to a virus. The Nittany Lions went a perfect 6-0 in dual meets (all in the Big Ten) and earned a share of their seventh Big Ten dual meet title. Roman Bravo-Young and Aaron Brooks won Big Ten titles in the BJC and Carter Starocci was named Big Ten Freshman of the Year. Penn State took nine wrestlers to nationals and the Nittany Lions went a perfect 4-0 in the NCAA finalist in St. Louis, with Bravo-Young, Nick Lee, Starocci and Brooks all claiming their first individual titles. Freshmen Michael Beard and Greg Kerkvliet each placed seventh to give Sanderson six All-Americans for the year.

In 2021-22, the Nittany Lions roared into Detroit and claimed their ninth NCAA team title since Sanderson's arrival. Penn State, winning the 9th NCAA crown in the last 11 tournaments, brought home six All-Americans (a tournament high) and went a Penn State Perfect 5-0 in the NCAA finals (following up 2021's 4-0 run). Roman Bravo-Young, Nick Lee, Carter Starocci, Aaron Brooks and Max Dean all won individual titles while Greg Kerkvliet placed fourth. Sanderson was named 2022 NCAA Coach of the Championship by the NWCA at the conclusion of the event. The 36.5-point margin of victory over the second place team was the largest since the Lions outdistanced the field by 40 points in 2019.

In 2022-23, the Nittany Lions stormed into Tulsa, Okla., to claim their 10th NCAA title under Sanderson (and the 10th in the last 12 tournaments). The Nittany Lions crowned two more NCAA Champions (Carter Starocci and Aaron Brooks), had five NCAA finalists and eight All-Americans. Sanderson's team won the NCAA team title with 137.5 points and posted the fifth largest winning margin (55.0) in NCAA history. Penn State won the 2023 Big Ten Regular Season Championship and the 2023 Big Ten Championship by dominating the field at the Big Ten tournament in Ann Arbor. True freshman Levi Haines was named Big Ten Freshman of the Year, the third time in the last four years that a Nittany Lion has won the honor (Brooks, Starocci)

In 14 years as Penn State's mentor, Sanderson led the Nittany Lions to eight Southern Scuffle titles, nine B1G dual meet titles, seven Big Ten Championships, 10 NCAA Championships, collected 83 All-Americans, 34 National Champions, including an NCAA record-tying five in both 2017 and 2022, four Gorriaran winners, five NCAA Tournament Outstanding Wrestlers, one CoSIDA Academic All-American of the Year, one NCAA Elite 89 winner, one NCAA Top 10 Award winner and five Hodge Trophy winners. Sanderson, who has coached 98 total All-Americans and 36 total National Champions (including his three years at Iowa State), grabbed his 100th win as Penn State's head coach in its 36-6 victory over Stanford in Rec Hall on 11/13/16 and his 100th Big Ten dual win as Penn State's mentor with a 23-14 win over Iowa in the BJC on 1/27/23.

MORE NOTES

BARTLETT DOWNS #2 WOODS AS NITTANY LIONS ROLL TO 29-6 WIN AT #6 IOWA

Beau Bartlett notched one of six ranked wins for Penn State in its resounding 29-6 win at #6 Iowa on Feb. 9. The Nittany Lion senior rolled to a 7-2 victory over #2 Real Woods at 141. Aaron Nagao majored #20 Cullan Schreiver 12-0 at 133, Levi Haines majored #5 Jared Franek 12-0 at 157, Mitchell Mesenbrink beat #6 Michael Callendo 12-6 at 165, Carter Starocci majored #7 Patrick Kennedy 13-5 at 174 and Aaron Brooks beat #11 Zach Glazier 5-1 at 197. Bernie Truax took care of Aidan Riggins with an 8-0 major at 184 and Greg Kerkvliet majored Ben Keuter 9-1 at 285 to round out Penn State's wins. Penn State true freshman Braeden Davis dropped a tough 4-2 decision to #7 Drake Ayala at 125 and true freshman Tyler Kasak lost a tough 11-8 sudden victory decision to #12 Caleb Rathjen at 149.

BARTLETT DOWNS #3 MENDEZ TO LEAD PENN STATE TO 28-9 WIN OVER OHIO STATE

Beau Bartlett scored early in sudden victory to post a 4-1 (sv) win over #3 Jesse Mendez to spark Penn State to a 28-9 win over visiting Ohio State on Feb. 2. Bartlett's win was one of eight for Penn State in front of another sold out Rec Hall crowd. True freshman Tyler Kasak beat #9 Dylan D'Emilio 7-2 at 149 and Greg Kerkvliet majored #12 Nick Feldman 12-0 at 285 as well.

BARRACLOUGH, BARR, COCHRAN WIN 'BORO TITLES

Three Nittany Lions won individual titles at the Edinboro Open on Feb. 3. Terrell Barraclough went 4-0 with two pins, a tech and a major to win at 165; Josh Barr went 4-0 with a pin, two techs and a major to win at 184; and Lucas Cochran went 4-0 with two pins and a tech to win at 197. Connor Pierce went 4-1 for second at 149, Kyson Garcia was 3-2 for sixth at 133 and Brian Borden was 3-2 for sixth at 174.

BROOKS MAJORS #5 JAXON SMITH TO LEAD PENN STATE TO 42-6 VICTORY AT MARYLAND

Senior+ Aaron Brooks dominated #5 Jaxon Smith of Maryland, rolling to a 13-4 major at 197 pounds, to lead Penn State to a 42-6 road win on Jan. 28. Brooks' win highlighted a lopsided victory for the Nittany Lions. Penn State had four pins in the dual victory (Mitchell Mesenbrink at 165, Carter Starocci at 174, Bernie Truax at 184, Greg Kerkvliet at 285); two technical falls (Braeden Davis at 125, Levi Haines at 157) and two majors (Beau Bartlett at 141 and Brooks) to grab the B1G road win.

2023-24 RIDGE RILEY AWARD WINNERS (home)

12/3 Lehigh	Carter Starocci, 174
12/10 Hofstra	Mitchell Mesenbrink, 165
1/14 Indiana	Tyler Kasak, 149
2/2 Ohio State	Tyler Kasak, 149
2/12 Rutgers	Terrell Barraclough, 174
2/18 Nebraska	Levi Haines, 157
2/25 Edinboro	

2023-24 ERNIE LUCAS AWARD WINNERS (away)

1/5 Oregon State	Tyler Kasak, 149
1/19 Michigan	Braeden Davis, 125
1/21 Michigan State	Mitchell Mesenbrink, 165
1/28 Maryland	Aaron Brooks, 197
2/9 Iowa	Beau Bartlett, 141

vs. RANKED FOES

Check here throughout the season for Penn State's dual meet results against foes ranked in the InterMat Top 25 Team TPI.

12/3 vs. #20 Lehigh	W, 30-10
1/5 at #18 Oregon State	W, 36-3
1/19 at #5 Michigan	W, 27-9
2/2 vs. #17 Ohio State	W, 28-9
2/15 #8 Nebraska	W, 22-13

The mat is your happy place.

Whether you're tearing it up on the floor or rooting from the stands, every match is a chance to show off your Penn State pride. This season, Highmark Blue Shield is proud to roar alongside you and the Nittany Lions as you crush the competition.