

**CARTER  
STAROCCI**  
174



**WRESTLING**

**PENN  
STATE**

**NEBRASKA**

**SUNDAY  
FEBRUARY 18  
4 PM**

**REC HALL**

SEASON PRESENTED BY  
**THE FAMILY  
CLOTHESLINE**  
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**\$2**



## 2023-24 PENN STATE WRESTLING INDIVIDUAL RECORDS & STATS - 10-0 OVERALL, 7-0 B1G, 5-0 HOME, 5-0 ROAD, 0-0 NEUTRAL

| Wrestler, Wt.                | Overall Record      | Collegiate Record | Dual Record | Big 10 Dual Record | Dual Pts. For/Against | SV W-L     | TB W-L      | MD W-L      | TF W-L      | Pins W-L    | Fastest Fall |
|------------------------------|---------------------|-------------------|-------------|--------------------|-----------------------|------------|-------------|-------------|-------------|-------------|--------------|
| Donovan Ball, 184            | 1-2                 | 1-2               | 0-0         | 0-0                | 0/0                   | 0-0        | 0-0         | 0-0         | 0-0         | 0-0         | ----         |
| Josh Barr, 184               | 15-0                | 1-0               | 1-0         | 1-0                | 4/0                   | 1-0        | 0-0         | 4-0         | 6-0         | 1-0         | 1:45         |
| Terrell Barraclough, 165/174 | 12-2                | 12-2              | 2-1         | 2-1                | 6/3                   | 1-0        | 0-0         | 3-0         | 1-0         | 3-0         | 2:40         |
| Beau Bartlett, 141           | 16-0                | 16-0              | 9-0         | 7-0                | 29/0                  | 4-0        | 0-0         | 3-0         | 0-0         | 4-0         | 1:29         |
| Brian Borden, 174            | 8-6                 | 8-6               | 0-0         | 0-0                | 0/0                   | 0-0        | 0-0         | 3-1         | 0-0         | 2-0         | 1:04         |
| Aaron Brooks, 197            | 12-0                | 12-0              | 9-0         | 7-0                | 44/0                  | 0-0        | 0-0         | 1-0         | 6-0         | 4-0         | 1:45         |
| Lucas Cochran, 197/285       | 11-2                | 11-2              | 2-1         | 2-0                | 6/4                   | 0-0        | 0-0         | 1-1         | 2-0         | 5-0         | 1:46         |
| Braeden Davis, 125           | 15-1                | 15-1              | 8-1         | 6-1                | 28/3                  | 1-0        | 0-0         | 4-0         | 4-0         | 0-0         | ----         |
| Aurelius Dunbar, 174         | 2-4                 | 2-4               | 0-0         | 0-0                | 0/0                   | 0-1        | 0-0         | 0-1         | 0-0         | 0-1         | ----         |
| David Evans, 141/149         | 12-3                | 12-3              | 3-0         | 2-0                | 11/0                  | 1-0        | 0-1         | 2-0         | 3-0         | 0-0         | ----         |
| Alex Facundo, 165            | 0-0                 | 0-0               | 0-0         | 0-0                | 0/0                   | 0-0        | 0-0         | 0-0         | 0-0         | 0-0         | ----         |
| AJ Fricchione, 197/285       | 2-2                 | 0-1               | 0-1         | 0-0                | 0/6                   | 1-0        | 0-0         | 0-0         | 0-0         | 1-1         | 2:36         |
| Kyison Garcia, 133           | 3-2                 | 0-0               | 0-0         | 0-0                | 0/0                   | 0-0        | 0-0         | 1-0         | 1-0         | 0-0         | ----         |
| Erik Gibson, 165             | 0-0                 | 0-0               | 0-0         | 0-0                | 0/0                   | 0-0        | 0-0         | 0-0         | 0-0         | 0-0         | ----         |
| Levi Haines, 157             | 13-0                | 13-0              | 10-0        | 7-0                | 42/0                  | 0-0        | 1-0         | 3-0         | 3-0         | 3-0         | 1:02         |
| Imran Heard, 149             | 1-2                 | 1-2               | 0-0         | 0-0                | 0/0                   | 0-0        | 0-0         | 0-0         | 0-0         | 0-0         | ----         |
| Robert Howard, 125           | 3-4                 | 3-4               | 0-0         | 0-0                | 0/0                   | 1-0        | 0-0         | 0-2         | 0-0         | 1-0         | 4:45         |
| Tyler Kasak, 141/149         | 12-2                | 12-2              | 5-1         | 3-1                | 17/3                  | 0-3        | 1-0         | 3-0         | 1-0         | 1-0         | 1:00         |
| Jack Kelly, 184              | 3-3                 | 3-3               | 0-0         | 0-0                | 0/0                   | 0-0        | 0-0         | 0-0         | 0-2         | 2-0         | 0:53         |
| Greg Kerkvliet, 285          | 10-0                | 10-0              | 7-0         | 5-0                | 30/0                  | 0-0        | 0-0         | 4-0         | 2-0         | 1-0         | 0:55         |
| Joe Lee, 174                 | 0-0                 | 0-0               | 0-0         | 0-0                | 0/0                   | 0-0        | 0-0         | 0-0         | 0-0         | 0-0         | ----         |
| Matt Lee, 165                | 5-3                 | 5-3               | 0-0         | 0-0                | 0/0                   | 0-1        | 0-0         | 2-0         | 0-0         | 2-0         | 2:25         |
| Timothy Levine, 141          | 0-4                 | 0-4               | 0-0         | 0-0                | 0/0                   | 0-0        | 0-0         | 0-0         | 0-0         | 0-1         | ----         |
| Kurt McHenry, 125            | 1-2                 | 1-2               | 0-0         | 0-0                | 0/0                   | 0-0        | 0-0         | 0-0         | 0-0         | 0-0         | ----         |
| Mitchell Mesenbrink, 157/165 | 17-0                | 17-0              | 10-0        | 7-0                | 47/0                  | 0-0        | 0-0         | 2-0         | 7-0         | 3-0         | 0:50         |
| Aaron Nagao, 133             | 9-4                 | 9-4               | 5-4         | 3-3                | 23/15                 | 0-2        | 0-0         | 3-0         | 5-0         | 1-1         | 0:57         |
| Connor Pierce, 149           | 7-6                 | 7-6               | 0-2         | 0-1                | 0/7                   | 0-0        | 0-0         | 1-2         | 0-0         | 3-0         | 1:44         |
| Karl Shindeldecker, 133      | 0-0                 | 0-0               | 0-0         | 0-0                | 0/0                   | 0-0        | 0-0         | 0-0         | 0-0         | 0-0         | ----         |
| Baylor Shunk, 133            | 2-6                 | 2-6               | 0-1         | 0-1                | 0/3                   | 0-0        | 0-0         | 1-1         | 1-1         | 0-0         | ----         |
| Carter Starocci, 174         | 10-0                | 10-0              | 7-0         | 4-0                | 33/0                  | 0-0        | 0-0         | 1-0         | 4-0         | 3-0         | 2:15         |
| Gary Steen, 125              | 6-3                 | 6-3               | 0-1         | 0-3                | 0/3                   | 0-1        | 0-0         | 1-1         | 3-0         | 1-0         | 4:23         |
| Bernie Truax IV, 184         | 10-2                | 10-2              | 7-2         | 5-1                | 30/9                  | 0-0        | 0-0         | 3-0         | 1-0         | 2-1         | 1:43         |
| Shayne Van Ness, 149         | 3-0                 | 3-0               | 0-0         | 0-0                | 0/0                   | 0-0        | 0-0         | 0-0         | 0-0         | 3-0         | 1:30         |
| Marco Vespa, 125             | 0-2                 | 0-2               | 0-0         | 0-0                | 0/0                   | 0-0        | 0-0         | 0-0         | 0-0         | 0-0         | ----         |
| Sean Wang, 133               | 1-3                 | 1-3               | 0-0         | 0-0                | 0/0                   | 0-0        | 0-0         | 1-0         | 0-1         | 0-1         | ----         |
| Branden Wentzel, 125         | 0-0                 | 0-0               | 0-0         | 0-0                | 0/0                   | 0-0        | 0-0         | 0-0         | 0-0         | 0-0         | ----         |
| Dual Forfeit losses          |                     |                   | 0-0         | 0-0                | 0/0                   |            |             |             |             |             |              |
| <b>TOTALS</b>                | <b>222-70203-67</b> | <b>85-15</b>      | <b>61-9</b> | <b>351/56</b>      | <b>10-6</b>           | <b>2-1</b> | <b>44-9</b> | <b>49-4</b> | <b>46-6</b> | <b>0-53</b> |              |

SV - sudden victory • TB - tiebreak • MD - major decision • TF - technical fall

## PENN STATE WRESTLING 2023-24 ROSTER

| NAME                | Wt.     | YR./EL. | HOMETOWN/HIGH SCHOOL                    |
|---------------------|---------|---------|---|
| Donovan Ball        | 184     | Gr./Sr. | New Cumberland, Pa./Cedar Cliff         |
| Josh Barr           | 184     | Fr./Fr. | Davison, Mich./Davison                  |
| Terrell Barraclough | 165     | Sr./Sr. | Kaysville, Utah/Layton                  |
| Beau Bartlett       | 141     | Sr./Sr. | Tempe, Ariz./Wyoming Seminary (Pa.)     |
| Brian Borden        | 174     | Jr./So. | Rupert, Idaho/Minico                    |
| Aaron Brooks        | 197     | Sr./Sr. | Hagerstown, Md./North Hagerstown        |
| Lucas Cochran       | 184/197 | Jr./So. | Perry, Utah/Box Elder                   |
| Braeden Davis       | 125     | Fr./Fr. | Bellefonte, Pa./Dundee                  |
| Aurelius Dunbar     | 174     | Sr./Sr. | Greencastle, Pa./Mercersburg Academy    |
| David Evans         | 141     | Sr./Sr. | Tunkhannock, Pa./Tunkhannock            |
| Alex Facundo        | 165     | Fr./So. | Essexville, Mich./Davison               |
| AJ Fricchione       | 197/285 | Fr./Fr. | Duryea, Pa./Bergen Catholic             |
| Kyison Garcia       | 133     | Fr./Fr. | South Jordan, Utah/Mountain Ridge       |
| Erik Gibson         | 165     | Fr./Fr. | South Fork, Pa./Bishop McCort           |
| Levi Haines         | 157     | So./So. | Arendtsville, Pa./Biglerville           |
| Imran Heard         | 149     | Fr./So. | Pittsburgh, Pa./St. Paul's School (Md.) |
| Robert Howard       | 125     | Jr./So. | Cranford, N.J./Bergen Catholic          |
| Tyler Kasak         | 141     | Fr./Fr. | Doylestown, Pa./Bethlehem Catholic      |
| Jack Kelly          | 184     | Jr./So. | Little Silver, N.J./Rumson-Fair Haven   |
| Greg Kerkvliet      | 285     | Sr./Sr. | Inver Grove Heights, Minn./Simley       |
| Joe Lee             | 174     | Sr./Sr. | Evansville, Ind./Evansville Mater Dei   |
| Matt Lee            | 165     | Sr./Sr. | Evansville, Ind./Evansville Mater Dei   |
| Timothy Levine      | 141     | Sr./Sr. | Costa Mesa, Calif./St. John Bosco       |
| Kurt McHenry        | 125     | Gr./Sr. | Leesburg, Va./St. Paul's School (Md.)   |
| Mitchell Mesenbrink | 157/165 | So./Fr. | Hartland, Wis./Arrowhead                |
| Aaron Nagao         | 133     | Jr./So. | La Habra, Calif./Esperanza              |
| Connor Pierce       | 149     | So./Fr. | Erie, Pa./Harbor Creek                  |
| Matt Rodriguez      | 149     | Fr./Fr. | Guadalupe, Calif./Righetti              |
| Karl Shindeldecker  | 133     | So./So. | Fayetteville, Pa./Chambersburg          |
| Baylor Shunk        | 133     | Gr./Sr. | Centre Hall, Pa./Penns Valley           |
| Carter Starocci     | 174     | Sr./Sr. | Erie, Pa./Cathedral Prep                |
| Gary Steen          | 125     | Jr./So. | Hermitage, Pa./Reynolds                 |
| Bernie Truax IV     | 184     | Gr./Gr. | Oceanside, Calif./Rancho Buena Vista    |
| Shayne Van Ness     | 149     | Jr./So. | Somerville, N.J./Blair Academy          |
| Marco Vespa         | 125     | Sr./Sr. | Monroe, N.Y./Monroe Woodbury            |
| Sean Wang           | 133     | Jr./So. | Great Neck, N.Y./Great Neck South       |
| Branden Wentzel     | 125     | Fr./Fr. | Montoursville, Pa./Montoursville        |

Head Coach: Cael Sanderson (Iowa State '02)  
 Associate Head Coach: Cody Sanderson (Iowa State '00)  
 Head Assistant Coach: Casey Cunningham (Central Michigan '99)  
 Assistant Coach: Jimmy Kennedy (Illinois, '11)  
 Director of Operations: Adam Lynch (Penn State '10)

## PENN STATE vs. NEBRASKA | 2/18/24 | 4:00 P.M. -- REC HALL | UNIVERSITY PARK, PA.

| WT  | CONTESTANTS | CHOICE | MATCH SCORE  |               |              | S.V. | 1st :30 | 2nd :30 | UTB | RIDING TIME | MATCH SCORE/FALL TIME | TEAM SCORE |      |
|-----|-------------|--------|--------------|---------------|--------------|------|---------|---------|-----|-------------|-----------------------|------------|------|
|     |             |        | FIRST PERIOD | SECOND PERIOD | THIRD PERIOD |      |         |         |     |             |                       | HOME       | VIS. |
| 125 |             |        | ↓N           | ↓N            |              |      | ↓N      | ↓N      |     |             |                       |            |      |
| 133 |             |        | ↓N           | ↓N            |              |      | ↓N      | ↓N      |     |             |                       |            |      |
| 141 |             |        | ↓N           | ↓N            |              |      | ↓N      | ↓N      |     |             |                       |            |      |
| 149 |             |        | ↓N           | ↓N            |              |      | ↓N      | ↓N      |     |             |                       |            |      |
| 157 |             |        | ↓N           | ↓N            |              |      | ↓N      | ↓N      |     |             |                       |            |      |
| 165 |             |        | ↓N           | ↓N            |              |      | ↓N      | ↓N      |     |             |                       |            |      |
| 174 |             |        | ↓N           | ↓N            |              |      | ↓N      | ↓N      |     |             |                       |            |      |
| 184 |             |        | ↓N           | ↓N            |              |      | ↓N      | ↓N      |     |             |                       |            |      |
| 197 |             |        | ↓N           | ↓N            |              |      | ↓N      | ↓N      |     |             |                       |            |      |
| 285 |             |        | ↓N           | ↓N            |              |      | ↓N      | ↓N      |     |             |                       |            |      |

KEY T3=Take-down; E1=Escape; R2=Reversal; N2,N3,N4=Nearfall; W=Stalling warning; C=Caution; P1=Penalty; RT1=Riding Time

## POTENTIAL LINE-UPS

### #1 PENN STATE NITTANY LIONS (10-0, 7-0 B1G)

| WT  | NAME                   | EL  | HT/HS                                | REC  |
|-----|------------------------|-----|--------------------------------------|------|
| 125 | #6 Braeden Davis       | Fr. | Bellefonte, Mich./Dundee             | 15-1 |
| 133 | #11 Aaron Nagao        | So. | La Habra, Calif./Esperanza           | 9-4  |
| 141 | #1 Beau Bartlett       | Sr. | Tempe, Ariz./Wyoming Seminary (Pa.)  | 16-0 |
| 149 | #9 Tyler Kasak         | Fr. | Doylestown, Pa./Bethlehem Catholic   | 12-2 |
| 157 | #1 Levi Haines         | So. | Arendtsville, Pa./Biglerville        | 13-0 |
| 165 | #6 Mitchell Mesenbrink | Fr. | Hartland, Wis./Arrowhead             | 17-0 |
| 174 | #1 Carter Starocci     | Sr. | Erie, Pa./Cathedral Prep             | 10-0 |
| 184 | #6 Bernie Truax        | Gr. | Oceanside, Calif./Rancho Buena Vista | 10-2 |
| 197 | #1 Aaron Brooks        | Sr. | Hagerstown, Md./North Hagerstown     | 12-0 |
| 285 | #1 Greg Kerkvliet      | Sr. | Inver Grove Heights, Minn./Simley    | 10-0 |

### #8 NEBRASKA CORNHUSKERS (11-1, 6-1 B1G)

| WT  | NAME               | EL  | HT                 | REC  |
|-----|--------------------|-----|--------------------|------|
| 125 | #12 Caleb Smith    | Gr. | High Point, N.C.   | 17-5 |
| 133 | #17 Jacob Van Dee  | Fr. | Union City, Pa.    | 16-6 |
| 141 | #7 Brock Hardy     | So. | Brigham City, Utah | 14-5 |
| 149 | #1 Ridge Lovett    | Jr. | Post Falls, Idaho  | 20-0 |
| 157 | #7 Peyton Robb     | Sr. | Owatonna, Minn.    | 16-4 |
| 165 | #15 Antrell Taylor | Fr. | Millard, Neb.      | 16-4 |
| 174 | #33 Bubba Wilson   | Jr. | Manhattan, Kan.    | 11-9 |
| 184 | #3 Lenny Pinto     | So. | Stroudsburg, Pa.   | 17-3 |
| 197 | #13 Silas Alred    | So. | Anderson, Ind.     | 19-4 |
| 285 | Harley Andrews     | Fr. | Tuttle, Okla       | 10-9 |
|     | Nash Hutmacher     | Jr. | Oacoma, S.D.       | 4-2  |

Individual Rankings listed are InterMat and Team Rankings are InterMat Tournament Power Index (as of 2/13/24)

## NOTES

### BARRACLOUGH, COCHRAN BUMP UP FOR RANKED WINS TO LEAD LIONS TO 35-3 WIN OVER RUTGERS IN BJC DUAL

Terrell Barraclough and Lucas Cochran each bumped up a weight and grabbed wins over ranked opponents to lead the Nittany Lions to a 35-3 victory over Rutgers in the 2024 BJC Dual. Barraclough used a third period rideout and 2:49 in riding time to beat #13 Jackson Turley 4-3 at 174. Cochran gave up 50 pounds in moving up to 285 and dominated #8 Yaroslau Slavikouski 7-3. Levi Haines and Aaron Brooks added pins, Mitchell Mesenbrink posted a tech and the Nittany Lions won nine of ten in the victory.

### BARTLETT DOWNS #2 WOODS AS NITTANY LIONS ROLL TO 29-6 WIN AT #6 IOWA

Beau Bartlett notched one of six ranked wins for Penn State in its resounding 29-6 win at #6 Iowa on Feb. 9. The Nittany Lion senior rolled to a 7-2 victory over #2 Real Woods at 141. Aaron Nagao majored #20 Cullan Schreiber 12-0 at 133, Levi Haines majored #5 Jared Franek 12-0 at 157, Mitchell Mesenbrink beat #6 Michael Caliendo 12-6 at 165, Carter Starocci majored #7 Patrick Kennedy 13-5 at 174 and Aaron Brooks beat #11 Zach Glazier 5-1 at 197. Bernie Truax took care of Aidan Riggins with an 8-0 major at 184 and Greg Kerkvliet majored Ben Keuter 9-1 at 285 to round out Penn State's wins. Penn State true freshman Braeden Davis dropped a tough 4-2 decision to #7 Drake Ayala at 125 and true freshman Tyler Kasak lost a tough 11-8 sudden victory decision to #12 Caleb Rathjen at 149.

### BARTLETT DOWNS #3 MENDEZ TO LEAD PENN STATE TO 28-9 WIN OVER OHIO STATE

Beau Bartlett scored early in sudden victory to post a 4-1 (sv) win over #3 Jesse Mendez to spark Penn State to a 28-9 win over visiting Ohio State on Feb. 2. Bartlett's win was one of eight for Penn State in front of another sold out Rec Hall crowd. True freshman Tyler Kasak beat #9 Dylan D'Emilio 7-2 at 149 and Greg Kerkvliet majored #12 Nick Feldman 12-0 at 285 as well.

### BARRACLOUGH, BARR, COCHRAN WIN 'BORO TITLES

Three Nittany Lions won individual titles at the Edinboro Open on Feb. 3. Terrell Barraclough went 4-0 with two pins, a tech and a major to win at 165; Josh Barr went 4-0 with a pin, two techs and a major to win at 184; and Lucas Cochran went 4-0 with two pins and a tech to win at 197. Connor Pierce went 4-1 for second at 149, Kyison Garcia was 3-2 for sixth at 133 and Brian Borden was 3-2 for sixth at 174.

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WHATEVER IT TAKES: PEIRCE PHELPS



**THIS WEEK'S ACTION**

UNIVERSITY PARK, Pa. -- Penn State wrestling (10-0, 7-0 B1G) hosts Nebraska (11-1, 6-1 B1G) in the Big Ten finale for both teams on Sunday, Feb. 18. The dual is set for 4 p.m. in Rec Hall and is a B1G Network national telecast. All rankings listed are InterMat individual/InterMat TPI.

The Nittany Lions are coming off two Big Ten wins last weekend. Penn State won eight of ten bouts in Iowa City on Feb. 9, rolling to a 29-6 win over the Hawkeyes. Five of Penn State's eight wins were major decisions. Three days later, head coach Cael Sanderson and company dominated Rutgers 35-3 in the 2024 BJC Dual.

Penn State's line-up features ten ranked wrestlers. True freshman Braeden Davis is 15-1 and ranked No. 6 at 125. Sophomore Aaron Nagao is 9-4 and No. 11 at 133. Senior Beau Bartlett is 16-0 and No. 1 at 141. True freshman Tyler Kasak is 12-2 and No. 9 at 149. Sophomore Levi Haines is 13-0 and No. 1 at 157. Freshman Mitchell Mesenbrink is 17-0 and No. 6 at 165. Senior Carter Starocci is 10- and No. 1 at 174. Graduate Bernie Truax is 10-2 and No. 6 at 184. Senior+ Aaron Brooks is 12-0 and No. 1 at 197. Senior Greg Kerkvliet is 10-0 and No. 1 at 285.

Nebraska will enter the dual with an 11-1 overall record, 6-1 in Big Ten action, and coming off a strong 25-7 win over Michigan last Friday night. The Cornhuskers have nine ranked grapplers. Caleb Smith is No. 12 at 125, Jacob Van Dee is No. 17 at 133, Brock Hardy is No. 7 at 141, Ridge Lovett is No. 1 at 149, Peyton Robb is No. 7 at 157, Antrell Taylor is No. 15 at 165, Bubba Wilson is No. 33 at 174, Lenny Pinto is No. 3 at 184 and Silas Alred is No. 13 at 197. Penn State leads the all-time series with Nebraska 11-7-1, including a 21-3 win on Feb. 6, 2022, in Rec Hall.

The Nittany Lions will host Edinboro in the regular season dual finale on Sunday, Feb. 25, at 2 p.m. in Rec Hall.

The 2023-24 Penn State Wrestling season is presented by the Family Clothesline. Penn State Fans are encouraged to follow Penn State wrestling via X at @pennstateWREST, on Penn State Wrestling's Facebook page at [www.facebook.com/pennstatewrestling](http://www.facebook.com/pennstatewrestling) and on Instagram at [www.instagram.com/pennstatewrest](http://www.instagram.com/pennstatewrest). This is PENN STATE. WRESTLING lives here.

**2023-24 BIG TEN STANDINGS**  
(as of 2/12/24)

| Pl. | Team              | Big Ten      |              | Overall       |              | PCT                           |
|-----|-------------------|--------------|--------------|---------------|--------------|-------------------------------|
|     |                   | W-L-T        | PCT          | W-L-T         | PCT          |                               |
| 1   | <b>PENN STATE</b> | <b>7-0-0</b> | <b>1.000</b> | <b>10-0-0</b> | <b>1.000</b> |                               |
| 2   | Nebraska          | 6-1-0        | .857         | 11-1-0        | .917         | 1/30 Nick Feldman, Ohio State |
|     | Ohio State        | 6-1-0        | .857         | 14-2-0        | .875         | 2/6 Sergio Lemley, Michigan   |
| 4   | Iowa              | 5-2-0        | .714         | 10-2-0        | .833         | 2/13 TBA                      |
|     | Minnesota         | 5-2-0        | .714         | 10-2-0        | .833         |                               |
| 6   | Michigan          | 4-3-0        | .571         | 6-4-0         | .600         |                               |
| 7   | Indiana           | 3-3-0        | .500         | 6-3-0         | .667         |                               |
|     | Wisconsin         | 3-3-0        | .500         | 9-4-0         | .692         |                               |
| 9   | Rutgers           | 3-4-0        | .429         | 10-5-0        | .667         |                               |
| 10  | Maryland          | 2-5-0        | .286         | 4-6-0         | .400         |                               |
|     | Michigan State    | 2-5-0        | .286         | 9-5-0         | .643         |                               |
| 12  | Purdue            | 1-6-0        | .143         | 6-9-0         | .400         |                               |
| 13  | Illinois          | 0-6-0        | .000         | 3-9-0         | .250         |                               |
|     | Northwestern      | 0-6-0        | .000         | 0-7-0         | .000         |                               |

**BIG TEN WRESTLERS OF THE WEEK**

- 11/7 Rocco Welsh, Ohio State
- 11/14 SHAYNE VAN NESS, PENN STATE  
Dean Hamiti, Wisconsin
- 11/21 BEAU BARTLETT, PENN STATE  
Yaraslau Slavikouski, Rutgers
- 11/28 Gabe Arnold, Iowa
- 12/5 Jesse Mendez, Ohio State
- 12/12 John Poznanski, Rutgers
- 12/19 Peyton Robb, Nebraska
- 1/2 Dean Hamiti, Wisconsin
- 1/9 Nick Feldman, Ohio State
- 1/16 Michael North, Maryland  
Jackson Turley, Rutgers
- 1/23 Michael Blockhus, Minnesota

**HONORS WON**

**BEAU BARTLETT, 141**  
Big Ten Wrestler of the Week (11/21)

**AARON BROOKS, 197**  
NWCA All-Star Classic Exhibition

**LEVI HAINES, 157**  
NWCA All-Star Classic Exhibition

**GREG KERKVLIT, 285**  
NWCA All-Star Classic Exhibition

**CARTER STAROCCI, 174**  
NWCA All-Star Classic Exhibition

**BERNIE TRUAX IV, 184**  
NWCA All-Star Classic Exhibition

**SHAYNE VAN NESS, 149**  
NWCA All-Star Classic Exhibition  
Big Ten Wrestler of the Week (11/14)



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**2023-24 ATTENDANCE**

Please note that Penn State did not allow fans into dual meets and did not permit or track attendance in the 2020-21 season due not being allowed to have fans and/or sell tickets.

|              |               |               |
|--------------|---------------|---------------|
| 12/3         | LEHIGH        | 6,623         |
| 12/10        | HOFSTRA       | 6,589         |
| 1/14         | INDIANA       | 6,466         |
| 2/2          | OHIO STATE    | 6,659         |
| 2/12         | RUTGERS (BJC) | 12,049        |
| 2/18         | NEBRASKA      |               |
| 2/25         | EDINBORO      |               |
| <b>TOTAL</b> |               | <b>38,386</b> |
| <b>AVG.</b>  |               | <b>6,584</b>  |

(Penn State has wrestled in front of 79 of 82 sell-outs at home, including 70-straight in Rec Hall and 9 of 12 in the Bryce Jordan Center)



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## HEAD COACH CAEL SANDERSON

### THE PENN STATE YEARS

Sanderson led Penn State to a 13-6-1 dual meet record in his first season at Penn State (2009-10), much improved over the prior year's 8-12-2 mark. After a year outside the top 10, Sanderson led the Lions back to their place among the nation's elite with a ninth-place finish at the NCAA Championships and a No. 10 final dual meet ranking from the NWCA Coaches. Sanderson picked up three more All-Americans (including a national finalist) and a Big Ten Champion in younger brother, Cylar Sanderson.

In 2010-11, Sanderson reached the pinnacle of the collegiate coaching mountain by guiding Penn State through a stunning season filled with records, championships and memories that thrilled the Penn State faithful. Sanderson led the Nittany Lions to their first-ever Southern Scuffle Co-Championship and first Virginia Duals Championship since 1991. While guiding Penn State to a 6-1-1 conference mark, Sanderson equaled the highest Big Ten dual meet wins in Penn State history (1998). He led Penn State to the school's first ever Big Ten Championship and was named 2011 Big Ten Coach of the Year. He became the first coach in NCAA history to be named both the Big Ten and Big 12 Coach of the Year. Saving the best for last, he led the Nittany Lions to the 2011 NCAA National Championship in Philadelphia, Penn State's first since 1953 and Sanderson's first as a collegiate head coach.

During the 2011-12 season, the nation watched as Sanderson led Penn State to a 13-1 dual mark, including a school record 7-1 Big Ten dual record to earn a share of the 2012 Big Ten dual meet championship. Sanderson then made it two in a row by leading Penn State to the 2012 Big Ten Championship at Purdue. He was named 2012 Big Ten Coach of the Year, earning the honor for the second-straight season. Two weeks later, Sanderson led Penn State to a second-straight NCAA crown, helping Penn State to become the fifth team in NCAA history to win back-to-back titles. He was named NWCA National Coach of the Year for the second time in his career at the conclusion of the championships in Des Moines.

In 2012-13, Penn State posted an identical 13-1 mark, 7-1 Big Ten dual record and won its third-straight Big Ten Championship in Illinois in March. Sanderson earned his third-straight Big Ten Coach of the Year honor (co) in the process. Two weeks after that, Sanderson guided Penn State to a thrilling third-straight NCAA crown, helping Penn State to become just the third team in NCAA history to win three-straight team titles. At the tournament's end, he was named NWCA National Coach of the Year.

In 2013-14, Penn State went 15-1 overall and won a share of the Big Ten dual meet title with a 7-1 record. The Nittany Lions won their fourth-straight Big Ten Championship in Madison, Wisconsin, helping Sanderson win his fourth-straight Big Ten Coach of the Year honor. Two weekends later, the Nittany Lions won their fourth-straight NCAA title, becoming the third team in NCAA history to win four-straight NCAA titles.

In 2014-15, Sanderson led Penn State to an 11-4 dual meet record, a fifth-straight Southern Scuffle title, garnering five All-Americans and another individual National Champion at the NCAA Championships as Matt Brown won the 174-pound title.

In 2015-16, he added a sixth-straight Southern Scuffle championships, a third Big Ten dual meet title (co-) and the 2016 NWCA National Dual Series championship. He led Penn State to its fifth Big Ten Championship in six years in Iowa City and followed that up with his fifth NCAA National Championship in six years in New York City's Madison Square Garden.

In 2016-17, Sanderson led Penn State to its second-straight NCAA title and sixth in seven years. Penn State posted a perfect 14-0 dual meet record, won the 2017 Big Ten regular season (dual meet) title and the NWCA Dual Championship Series crown for the second-straight season. Sanderson's team posted a gaudy 35-6 record at NAAs and won five-straight individual championships to close out the national finals.

In 2017-18, Sanderson led Penn State to its seventh NCAA title in eight years and third-straight. Penn State posted a perfect 14-0 dual meet record and won the Big Ten regular season (dual meet) title yet again. Sanderson's team posted a superb 39-9 record at NAAs. Penn State ended the season riding a 45-dual win streak and set an NCAA record for attendance at an indoor dual meet with 15,998 in the BJC for a win over Iowa.

In 2018-19, Sanderson closed out a decade as Penn State's mentor by leading Penn State to its eighth NCAA title in nine years and fourth-straight for the second time in his first ten years as head coach. Penn State posted a perfect 14-0 dual meet record for the fourth-straight year, won the Big Ten regular season (dual meet) and Big Ten Tournament Championship. Sanderson's team posted a 35-11 record at NAAs and had the team title clinched before the finals began Saturday night. Penn State ended the season riding a 59-dual win streak. Sanderson was named Big Ten Coach of the Year and InterMat National Coach of the Year.

In 2019-20, the Lion mentor led the team to a 12-2 overall record and a near-perfect 8-1 Big Ten dual meet mark. Penn State dropped two duals by a total of three points. Penn State crowned two more Big Ten Champions in true freshman Aaron Brooks and senior Mark Hall. Brooks was named Big Ten Freshman of the Year. The Nittany Lions advanced seven wrestlers to the 2020 NCAA Championships before the NCAA canceled the event. The NWCA named the top eight seeds at each weight first team All-Americans after the tournament was canceled, giving Sanderson five more All-Americans.

In 2020-21, Sanderson guided Penn State through a season that was shortened and altered by the NCAA's reaction to a virus. The Nittany Lions went a perfect 6-0 in dual meets (all in the Big Ten) and earned a share of their seventh Big Ten dual meet title. Roman Bravo-Young and Aaron Brooks won Big Ten titles in the BJC and Carter Starocci was named Big Ten Freshman of the Year. Penn State took nine wrestlers to nationals and the Nittany Lions went a perfect 4-0 in the NCAA finalist in St. Louis, with Bravo-Young, Nick Lee, Starocci and Brooks all claiming their first individual titles. Freshmen Michael Beard and Greg Kerkvliet each placed seventh to give Sanderson six All-Americans for the year.

In 2021-22, the Nittany Lions roared into Detroit and claimed their ninth NCAA team title since Sanderson's arrival. Penn State, winning the 9th NCAA crown in the last 11 tournaments, brought home six All-Americans (a tournament high) and went a Penn State Perfect 5-0 in the NCAA finals (following up 2021's 4-0 run). Roman Bravo-Young, Nick Lee, Carter Starocci, Aaron Brooks and Max Dean all won individual titles while Greg Kerkvliet placed fourth. Sanderson was named 2022 NCAA Coach of the Championship by the NWCA at the conclusion of the event. The 36.5-point margin of victory over the second place team was the largest since the Lions outdistanced the field by 40 points in 2019.

In 2022-23, the Nittany Lions stormed into Tulsa, Okla., to claim their 10th NCAA title under Sanderson (and the 10th in the last 12 tournaments). The Nittany Lions crowned two more NCAA Champions (Carter Starocci and Aaron Brooks), had five NCAA finalists and eight All-Americans. Sanderson's team won the NCAA team title with 137.5 points and posted the fifth largest winning margin (55.0) in NCAA history. Penn State won the 2023 Big Ten Regular Season Championship and the 2023 Big Ten Championship by dominating the field at the Big Ten tournament in Ann Arbor. True freshman Levi Haines was named Big Ten Freshman of the Year, the third time in the last four years that a Nittany Lion has won the honor (Brooks, Starocci)

In 14 years as Penn State's mentor, Sanderson led the Nittany Lions to eight Southern Scuffle titles, nine B1G dual meet titles, seven Big Ten Championships, 10 NCAA Championships, collected 83 All-Americans, 34 National Champions, including an NCAA record-tying five in both 2017 and 2022, four Gorriaran winners, five NCAA Tournament Outstanding Wrestlers, one CoSIDA Academic All-American of the Year, one NCAA Elite 89 winner, one NCAA Top 10 Award winner and five Hodge Trophy winners. Sanderson, who has coached 98 total All-Americans and 36 total National Champions (including his three years at Iowa State), grabbed his 100th win as Penn State's head coach in its 36-6 victory over Stanford in Rec Hall on 11/13/16 and his 100th Big Ten dual win as Penn State's mentor with a 23-14 win over Iowa in the BJC on 1/27/23.

## MORE NOTES

### BROOKS MAJORS #5 JAXON SMITH TO LEAD PENN STATE TO 42-6 VICTORY AT MARYLAND

Senior+ Aaron Brooks dominated #5 Jaxon Smith of Maryland, rolling to a 13-4 major at 197 pounds, to lead Penn State to a 42-6 road win on Jan. 28. Brooks' win highlighted a lopsided victory for the Nittany Lions. Penn State had four pins in the dual victory (Mitchell Mesenbrink at 165, Carter Starocci at 174, Bernie Truax at 184, Greg Kerkvliet at 285); two technical falls (Braeden Davis at 125, Levi Haines at 157) and two majors (Beau Bartlett at 141 and Brooks) to grab the B1G road win.

### KASAK, BARR, COCHRAN WIN MAT-TOWN 2 TITLES

True freshman Tyler Kasak, ranked No. 12 at 149, went 4-0 with a pin and a major to win the 149-pound title at Mat-Town 2 in Lock Haven on Jan. 28. Kasak downed teammate David Evans, 4-2, in the title bout. True freshman Josh Barr went 3-0 at 184 with two tech falls to win his weight class and sophomore Lucas Cochran went 3-0 with two pins to win the 197-pound crown. Evans went 3-1 overall with a tech and a major to take second at 149.

### PENN STATE SHUTS OUT MICHIGAN STATE IN EAST LANSING

The Penn State Nittany Lions won all ten bouts in a 35-0 shutout victory over Michigan State in East Lansing on Sunday, Jan. 21. The Nittany Lions picked up impressive wins from Levi Haines (9-6 tb2 over #21 Chase Saldate at 157) and Mitchell Mesenbrink (an 18-9 major over #10 Caleb Fish at 165) in the dual. Aaron Nagao (133) and Aaron Brooks (197) added tech falls and two wrestlers moved up a weight and picked up wins. Terrell Barraclough moved up to 174 and downed DJ Shannon 8-1 and Lucas Cochran moved up to heavyweight from 197 to beat Josh Terrill 5-0, securing Penn State's second shutout of the year.

### FRESHMEN DAVIS AND MESENBRINK POST B1G WINS IN MICHIGAN

True freshman Braeden Davis and redshirt freshman Mitchell Mesenbrink each notched impressive wins in Penn State's 27-9 dual meet victory at Michigan on Jan. 19. Davis scored five unanswered points in the third period to beat #5 Michael DeAugustino at 125. He scored an escape and then took the Wolverine down, riding him out to add a riding time point in the 5-1 win. Mesenbrink was dominant in a 12-1 major over #7 Cameron Amine at 165. He forced the Wolverine into four stall warnings, nearly DQ'ing him, and added an escape, two takedowns and riding time in the 12-1 major decision.

### 2023-24 RIDGE RILEY AWARD WINNERS (home)

|                |                          |
|----------------|--------------------------|
| 12/3 Lehigh    | Carter Starocci, 174     |
| 12/10 Hofstra  | Mitchell Mesenbrink, 165 |
| 1/14 Indiana   | Tyler Kasak, 149         |
| 2/2 Ohio State | Tyler Kasak, 149         |
| 2/12 Rutgers   | Terrell Barraclough, 174 |
| 2/18 Nebraska  |                          |
| 2/25 Edinboro  |                          |

### 2023-24 ERNIE LUCAS AWARD WINNERS (away)

|                     |                          |
|---------------------|--------------------------|
| 1/5 Oregon State    | Tyler Kasak, 149         |
| 1/19 Michigan       | Braeden Davis, 125       |
| 1/21 Michigan State | Mitchell Mesenbrink, 165 |
| 1/28 Maryland       | Aaron Brooks, 197        |
| 2/9 Iowa            | Beau Bartlett, 141       |

### vs. RANKED FOES

Check here throughout the season for Penn State's dual meet results against foes ranked in the InterMat Top 25 Team TPI.

|                         |          |
|-------------------------|----------|
| 12/3 vs. #20 Lehigh     | W, 30-10 |
| 1/5 at #18 Oregon State | W, 36-3  |
| 1/19 at #5 Michigan     | W, 27-9  |
| 2/2 vs. #17 Ohio State  | W, 28-9  |

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