



FINAL SCHEDULE OF EVENTS

FIELD EVENTS

10:00 AM	W	Weight Throw	Trials & Finals
10:30 AM	W	Long Jump	Trials & Final
10:30 AM	M	Long Jump	Trials & Final
10:30 AM	M	High Jump	Final
11:00 AM	W	Pole Vault	Final
11:15 AM	M	Weight Throw	Trials & Finals
12:30 PM	W	Shot Put	Trials & Finals
12:30 PM	M	Triple Jump	Trials & Final
1:30 PM	W	High Jump	Final
2:00 PM	M	Pole Vault	Final
2:00 PM	M	Shot Put	Trials & Final
2:00PM	W	Triple Jump	Trials & Final

RUNNING EVENTS

11:00 AM	W	60m Hurdles	Prelims
11:10 AM	M	60m Dash	Prelims
11:15 AM	W	60m Dash	Prelims
11:30 AM	W	60m Hurdles	Final
11:35 PM	M	60m Hurdles	Final
11:40 PM	W	60m Dash	Final
11:45 PM	M	60m Dash	Final
12:05 PM	W	Mile Run	Sections vs Time
12:20 PM	M	Mile Run	Sections vs Time
12:35 PM	W	400m Dash	Sections vs Time
12:45 PM	M	400m Dash	Sections vs Time
12:55 PM	W	600m Dash	Sections vs Time
1:05 PM	M	600m Dash	Sections vs Time
1:15 PM	W	Francie Kraker Goodridge 800m	Sections vs Time
1:25 PM	M	800m Run	Sections vs Time
1:35 PM	W	200m Dash	Sections vs Time
1:45 PM	M	200m Dash	Sections vs Time
2:00 PM	W	3000m Run	Final
2:30 PM	M	Kris Eggle Memorial 3000m	Final
2:45 PM	W	4x400m Relay	Sections vs Time
3:00 PM	M	4x400m Relay	Sections vs Time