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PENN STATE

**LEVI
HAINES**
157

PENN STATE

HOFSTRA

**SUNDAY
DECEMBER 10
1 PM**

REC HALL

SEASON PRESENTED BY
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\$2

STATS and ROSTER

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2023-24 PENN STATE WRESTLING INDIVIDUAL RECORDS & STATS - 1-0 OVERALL, 0-0 B1G, 1-0 HOME, 0-0 ROAD, 0-0 NEUTRAL

Table of individual wrestler records including columns for Overall Record, Collegiate Record, Dual Record, Big 10 Dual Record, Dual Pts, SV, TB, MD, TF, Pins, and Fastest Fall.

PENN STATE vs. HOFSTRA | 12/10/23 | 1:00 P.M. -- REC HALL | UNIVERSITY PARK, PA.

Main match score table with columns for WT, Contestants, Choice, Match Score (First, Second, Third Period), S.V., 1st:30, 2nd:30, UTB, Riding Time, Match Score/Fall Time, and Team Score (Home, Vis.).

KEY T3=Taken down; E1=Escape; R2=Reversal; N2,N3,N4=Nearfall; W=Stalling warning; C=Caution; P1=Penalty; RT1=Riding Time

POTENTIAL LINE-UPS

#1 PENN STATE NITTANY LIONS (1-0, 0-0 B1G)

Table listing potential line-ups for Penn State Nittany Lions, including wrestler names, weights, and hometowns.

HOFSTRA PRIDE (0-1)

Table listing potential line-ups for Hofstra Pride, including wrestler names, weights, and hometowns.

FIVE NITTANY LIONS MAKE REC HALL DUAL DEBUTS IN 30-10 WIN OVER #20 LEHIGH TO OPEN DUAL SEASON

News article text: Penn State won seven of ten bouts in the dual meet opener for the Nittany Lions and downed #20 Lehigh 30-10 in Rec Hall on Dec. 3.

LUCAS COCHRAN TAKES THIRD AT MAT TOWN OPEN

News article text: Sophomore Lucas Cochran posted a 2-1 record, plus a win over a non-collegiate wrestler, to take third place at the Mat Town Open at Lock Haven on Nov. 26.

FIVE NITTANY LIONS WIN TITLES AT BLACK KNIGHT INVITE; BARTLETT'S THREE PINS EARN HIM B1G W.O.W.

News article text: Five Nittany Lion wrestlers won titles at the Black Knight Invite at West Point on Nov. 19. True freshman Braeden Davis went 4-0 at 125 to win the title...

NOTES

PENN STATE WRESTLING 2023-24 ROSTER

Roster table with columns for NAME, Wt., YR./EL., and HOMETOWN/HIGH SCHOOL.

Head Coach: Cael Sanderson (Iowa State '02)
Associate Head Coach: Cody Sanderson (Iowa State '00)
Head Assistant Coach: Casey Cunningham (Central Michigan '99)
Assistant Coach: Jimmy Kennedy (Illinois, '11)
Director of Operations: Adam Lynch (Penn State '10)

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THIS WEEK'S ACTION

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UNIVERSITY PARK, Pa.; Dec. 5, 2023 -- The Penn State Nittany Lion wrestlers (1-0, 0-0 B1G) continue dual meet action on Sunday, Dec. 10, when they host Hofstra (0-1) in Rec Hall. The action begins at 1 p.m. All rankings listed are InterMat/InterMat TPI.

Penn State is coming off a 30-10 win over Lehigh in the dual opener for head coach Cael Sanderson's Nittany Lions last Sunday. Five Nittany Lions made their dual debuts in the win as Penn State began the year with the resounding victory and is 1-0 heading into the battle with Hofstra in Rec Hall.

The Nittany Lion line-up features nine ranked wrestlers. Aaron Nagao is ranked No. 4 at 133 and is 4-1, Beau Bartlett is No. 2 at 141 and is 7-0, Shayne Van Ness is No. 2 at 149 and is 3-0, Levi Haines is No. 1 at 157 and is 4-0, Mitchell Mesenbrink is No. 14 at 165 and is 8-0, Carter Starocci is No. 1 at 174 and is 4-0, Bernie Truax is No. 2 at 184 and is 4-0, Aaron Brooks is No. 1 at 197 and is 3-0, and Greg Kerkvliet is No. 1 at 285 and is 4-0.

Hofstra enters the dual meet coming off competing at the Cliff Keen Las Vegas Invitational last weekend. The Pride are 0-1 overall, having lost to Ohio State in a dual on Nov. 19. Hofstra is led by heavyweight Keaton Kluever who is ranked No. 21 by InterMat and is 3-1 overall. Penn State leads the all-time series 5-2. The Nittany Lions lost the last meeting, an 18-15 setback on Nov. 16, 2008 in Rec Hall.

Penn State returns to dual meet action on Friday, Dec. 5, at Oregon State. The dual is an 8 p.m. Eastern start (5 p.m. local). Many Nittany Lions will also prepare for the 2023 Senior Nationals/2024 US Olympic Trials Qualifier in Fort Worth, Tex., on Dec. 15-17. The Nittany Lions are led by head coach Cael Sanderson.

All rankings listed are InterMat individual/InterMat TPI. The 2023-24 Penn State Wrestling season is presented by the Family Clothesline. Penn State Fans are encouraged to follow Penn State wrestling via X at @pennstateWREST, on Penn State Wrestling's Facebook page at www.facebook.com/pennstatewrestling and on Instagram at www.instagram.com/pennstatewrest. This is PENN STATE. WRESTLING lives here.

2023-24 BIG TEN STANDINGS (as of 12/4/23)

Pl.	Team	Big Ten		Overall	
		W-L-T	PCT	W-L-T	PCT
1	PENN STATE	0-0-0	.000	1-0-0	1.000
	Illinois	0-0-0	.000	3-2-0	.600
	Indiana	0-0-0	.000	2-0-0	1.000
	Iowa	0-0-0	.000	4-0-0	1.000
	Maryland	0-0-0	.000	1-1-0	.500
	Michigan	0-0-0	.000	2-0-0	1.000
	Michigan State	0-0-0	.000	3-0-0	1.000
	Minnesota	0-0-0	.000	4-0-0	1.000
	Nebraska	0-0-0	.000	2-0-0	1.000
	Northwestern	0-0-0	.000	0-0-0	.000
	Ohio State	0-0-0	.000	4-0-0	1.000
	Purdue	0-0-0	.000	3-1-0	.750
	Rutgers	0-0-0	.000	3-1-0	.667
	Wisconsin	0-0-0	.000	2-1-0	.667

HONORS WON

- BEAU BARTLETT, 141**
Big Ten Wrestler of the Week (11/21)
- AARON BROOKS, 197**
NWCA All-Star Classic Exhibition
- LEVI HAINES, 157**
NWCA All-Star Classic Exhibition
- GREG KERKVLJET, 285**
NWCA All-Star Classic Exhibition
- CARTER STAROCCI, 174**
NWCA All-Star Classic Exhibition
- BERNIE TRUAX IV, 184**
NWCA All-Star Classic Exhibition
- SHAYNE VAN NESS, 149**
NWCA All-Star Classic Exhibition
Big Ten Wrestler of the Week (11/14)

BIG TEN WRESTLERS OF THE WEEK

- 11/7 Rocco Welsh, Ohio State
- 11/14 SHAYNE VAN NESS, PENN STATE
Dean Hamiti, Wisconsin
- 11/21 BEAU BARTLETT, PENN STATE
Yaraslau Slavikouski, Rutgers
- 11/28 Gabe Arnold, Iowa
- 12/5 TBA

2023-24 ATTENDANCE

Please note that Penn State did not allow fans into dual meets and did not permit or track attendance in the 2020-21 season due not being allowed to have fans and/or sell tickets.

12/3	LEHIGH	6,623
12/10	HOFSTRA	
1/14	INDIANA	
2/2	OHIO STATE	
2/12	RUTGERS (BJC)	
2/18	NEBRASKA	
2/25	EDINBORO	
TOTAL		6,623
AVG.		6,623

(Penn State has wrestled in front of 76 of 78 sell-outs at home, including 67-straight in Rec Hall and 9 of 11 in the Bryce Jordan Center)



PENN STATE ATHLETICS

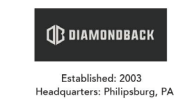
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HEAD COACH CAEL SANDERSON

THE PENN STATE YEARS

Sanderson led Penn State to a 13-6-1 dual meet record in his first season at Penn State (2009-10), much improved over the prior year's 8-12-2 mark. After a year outside the top 10, Sanderson led the Lions back to their place among the nation's elite with a ninth-place finish at the NCAA Championships and a No. 10 final dual meet ranking from the NWCA Coaches. Sanderson picked up three more All-Americans (including a national finalist) and a Big Ten Champion in younger brother, Cyler Sanderson.

In 2010-11, Sanderson reached the pinnacle of the collegiate coaching mountain by guiding Penn State through a stunning season filled with records, championships and memories that thrilled the Penn State faithful. Sanderson led the Nittany Lions to their first-ever Southern Scuffle Co-Championship and first Virginia Duals Championship since 1991. While guiding Penn State to a 6-1-1 conference mark, Sanderson equaled the highest Big Ten dual meet wins in Penn State history (1998). He led Penn State to the school's first ever Big Ten Championship and was named 2011 Big Ten Coach of the Year. He became the first coach in NCAA history to be named both the Big Ten and Big 12 Coach of the Year. Saving the best for last, he led the Nittany Lions to the 2011 NCAA National Championship in Philadelphia, Penn State's first since 1953 and Sanderson's first as a collegiate head coach.

During the 2011-12 season, the nation watched as Sanderson led Penn State to a 13-1 dual mark, including a school record 7-1 Big Ten dual record to earn a share of the 2012 Big Ten dual meet championship. Sanderson then made it two in a row by leading Penn State to the 2012 Big Ten Championship at Purdue. He was named 2012 Big Ten Coach of the Year, earning the honor for the second-straight season. Two weeks later, Sanderson led Penn State to a second-straight NCAA crown, helping Penn State to become the fifth team in NCAA history to win back-to-back titles. He was named NWCA National Coach of the Year for the second time in his career at the conclusion of the championships in Des Moines.

In 2012-13, Penn State posted an identical 13-1 mark, 7-1 Big Ten dual record and won its third-straight Big Ten Championship in Illinois in March. Sanderson earned his third-straight Big Ten Coach of the Year honor (co) in the process. Two weeks after that, Sanderson guided Penn State to a thrilling third-straight NCAA crown, helping Penn State to become just the third team in NCAA history to win three-straight team titles. At the tournament's end, he was named NWCA National Coach of the Year.

In 2013-14, Penn State went 15-1 overall and won a share of the Big Ten dual meet title with a 7-1 record. The Nittany Lions won their fourth-straight Big Ten Championship in Madison, Wisconsin, helping Sanderson win his fourth-straight Big Ten Coach of the Year honor. Two weekends later, the Nittany Lions won their fourth-straight NCAA title, becoming the third team in NCAA history to win four-straight NCAA titles.

In 2014-15, Sanderson led Penn State to an 11-4 dual meet record, a fifth-straight Southern Scuffle title, garnering five All-Americans and another individual National Champion at the NCAA Championships as Matt Brown won the 174-pound title.

In 2015-16, he added a sixth-straight Southern Scuffle championships, a third Big Ten dual meet title (co-) and the 2016 NWCA National Dual Series championship. He led Penn State to its fifth Big Ten Championship in six years in Iowa City and followed that up with his fifth NCAA National Championship in six years in New York City's Madison Square Garden.

In 2016-17, Sanderson led Penn State to its second-straight NCAA title and sixth in seven years. Penn State posted a perfect 14-0 dual meet record, won the 2017 Big Ten regular season (dual meet) title and the NWCA Dual Championship Series crown for the second-straight season. Sanderson's team posted a gaudy 35-6 record at NCAAs and won five-straight individual championships to close out the national finals.

In 2017-18, Sanderson led Penn State to its seventh NCAA title in eight years and third-straight. Penn State posted a perfect 14-0 dual meet record and won the Big Ten regular season (dual meet) title yet again. Sanderson's team posted a superb 39-9 record at NCAAs. Penn State ended the season riding a 45-dual win streak and set an NCAA record for attendance at an indoor dual meet with 15,998 in the BJC for a win over Iowa.

In 2018-19, Sanderson closed out a decade as Penn State's mentor by leading Penn State to its eighth NCAA title in nine years and fourth-straight for the second time in his first ten years as head coach. Penn State posted a perfect 14-0 dual meet record for the fourth-straight year, won the Big Ten regular season (dual meet) and Big Ten Tournament Championship. Sanderson's team posted a 35-11 record at NCAAs and had the team title clinched before the finals began Saturday night. Penn State ended the season riding a 59-dual win streak. Sanderson was named Big Ten Coach of the Year and InterMat National Coach of the Year.

In 2019-20, the Lion mentor led the team to a 12-2 overall record and a near-perfect 8-1 Big Ten dual meet mark. Penn State dropped two duals by a total of three points. Penn State crowned two more Big Ten Champions in true freshman Aaron Brooks and senior Mark Hall. Brooks was named Big Ten Freshman of the Year. The Nittany Lions advanced seven wrestlers to the 2020 NCAA Championships before the NCAA canceled the event. The NWCA named the top eight seeds at each weight first team All-Americans after the tournament was canceled, giving Sanderson five more All-Americans.

In 2020-21, Sanderson guided Penn State through a season that was shortened and altered by the NCAA's reaction to a virus. The Nittany Lions went a perfect 6-0 in dual meets (all in the Big Ten) and earned a share of their seventh Big Ten dual meet title. Roman Bravo-Young and Aaron Brooks won Big Ten titles in the BJC and Carter Starocci was named Big Ten Freshman of the Year. Penn State took nine wrestlers to nationals and the Nittany Lions went a perfect 4-0 in the NCAA finalist in St. Louis, with Bravo-Young, Nick Lee, Starocci and Brooks all claiming their first individual titles. Freshmen Michael Beard and Greg Kerkvliet each placed seventh to give Sanderson six All-Americans for the year.

In 2021-22, the Nittany Lions roared into Detroit and claimed their ninth NCAA team title since Sanderson's arrival. Penn State, winning the 9th NCAA crown in the last 11 tournaments, brought home six All-Americans (a tournament high) and won a Penn State Perfect 5-0 in the NCAA finals (following up 2021's 4-0 run). Roman Bravo-Young, Nick Lee, Carter Starocci, Aaron Brooks and Max Dean all won individual titles while Greg Kerkvliet placed fourth. Sanderson was named 2022 NCAA Coach of the Championship by the NWCA at the conclusion of the event. The 36.5-point margin of victory over the second place team was the largest since the Lions outdistanced the field by 40 points in 2019.

In 2022-23, the Nittany Lions stormed into Tulsa, Okla., to claim their 10th NCAA title under Sanderson (and the 10th in the last 12 tournaments). The Nittany Lions crowned two more NCAA Champions (Carter Starocci and Aaron Brooks), had five NCAA finalists and eight All-Americans. Sanderson's team won the NCAA team title with 137.5 points and posted the fifth largest winning margin (55.0) in NCAA history. Penn State won the 2023 Big Ten Regular Season Championship and the 2023 Big Ten Championship by dominating the field at the Big Ten tournament in Ann Arbor. True freshman Levi Haines was named Big Ten Freshman of the Year, the third time in the last four years that a Nittany Lion has won the honor (Brooks, Starocci).

In 14 years as Penn State's mentor, Sanderson led the Nittany Lions to eight Southern Scuffle titles, nine B1G dual meet titles, seven Big Ten Championships, 10 NCAA Championships, collected 83 All-Americans, 34 National Champions, including an NCAA record-tying five in both 2017 and 2022, four Gorriaran winners, five NCAA Tournament Outstanding Wrestlers, one CoSIDA Academic All-American of the Year, one NCAA Elite 89 winner, one NCAA Top 10 Award winner and five Hodge Trophy winners. Sanderson, who has coached 98 total All-Americans and 36 total National Champions (including his three years at Iowa State), grabbed his 100th win as Penn State's head coach in its 36-6 victory over Stanford in Rec Hall on 11/13/16 and his 100th Big Ten dual win as Penn State's mentor with a 23-14 win over Iowa in the BJC on 1/27/23.

MORE NOTES

12 OF PENN STATE'S 17 ENTRIES PLACE AT BLACK KNIGHT
Including the five champions listed above (Davis, Nagao, Bartlett, Mesenbrink, Barr), 12 of Penn State's 17 competitors placed at the Black Knight Invite on Nov. 19. Robert Howard went 2-2 for 4th at 125; Gary Steen went 4-1 for 5th at 125; Tyler Kasak went 3-1, losing to Bartlett in the finals, for 2nd at 141; David Evans went 4-1 for 5th at 141; Terrell Barraclough went 3-1, including a pin of No. 9 Caleb Fish of Michigan State, for 2nd at 165 (losing to Mesenbrink in the finals); Matt Lee went 3-2 for 6th at 165; and Brian Borden went 3-2 for 6th at 174.

FIVE NITTANY LIONS COMPETE AT NWCA ALL-STAR EXHIBITION, HOSTED IN REC HALL ON NOV. 21

Five Penn State Nittany Lion wrestlers competed in the 2023 National Wrestling Coaches Association All-Star Exhibition. The event took place on Tuesday, Nov. 21, in Penn State's very own Rec Hall. The exhibition was not an official NCAA event and does not count towards any competitor's win/loss record or RPI. Shayne Van Ness rolled to a 5-1 win over Arizona State's Kyle Parco at 149, Carter Starocci majored Mekhi Lewis 11-0 at 174, Aaron Brooks majored Tanner Sloan 11-2 at 197 and Greg Kerkvliet notched an 18-2 tech fall over Wyatt Hendrickson at 285.

SHAYNE VAN NESS RULES THE JOURNEYMEN; 3 WINS, 3 PINS, ALL IN THE FIRST PERIOD, EARNS B1G W.O.W.

Sophomore Shayne Van Ness rolled to a 3-0 record at the Journeymen Collegiate Classic on Nov. 12 in Bethlehem, Pa. All three of his wins were by fall and all three came in the first period. He pinned Army West Point's Eddie Hummel at 2:06, Bloomsburg's Cade Balestrini at 2:58 and Lehigh's Kelvin Griffin at 1:30. In all, Van Ness wrestled 6:34 minutes of a possible 21:00. He was named Big Ten Wrestler of the Week (11/14) for his efforts, sharing the honor with Wisconsin's Dean Hamiti.

2023-24 RIDGE RILEY AWARD WINNERS (home)

12/3 Lehigh Carter Starocci, 174
12/10 Hofstra
1/14 Indiana
2/2 Ohio State
2/12 Rutgers
2/18 Nebraska
2/25 Edinboro

2023-24 ERNIE LUCAS AWARD WINNERS (away)

1/5 Oregon State
1/19 Michigan
1/21 Michigan State
1/28 Maryland
2/9 Iowa

vs. RANKED FOES

Check here throughout the season for Penn State's dual meet results against foes ranked in the InterMat Top 25 Team TPI.

12/3 vs. #20 Lehigh W, 30-10

The mat is your happy place.

Whether you're tearing it up on the floor or rooting from the stands, every match is a chance to show off your Penn State pride. This season, Highmark Blue Shield is proud to roar alongside you and the Nittany Lions as you crush the competition.

