

PENN STATE

THINE DELINITIONS AN STATE WREET

ESTLING | PENN COMMEN

LEVI HANES 157

PENIN STATE

HOFSTRA

SUNDAY DECEMBER 10 1 PM

REC HALL



STATS and ROSTER

This is PENN STATE. WRESTLING lives here.

6

NOTES

2023-24 PENN STATE WRESTLING INDIVIDUAL RECORDS & STATS - 1-0 OVERALL, 0-0 B1G, 1-0 HOME, 0-0 ROAD, 0-0 NEUTRAL

TOTALS	102-44	102-37	7-3	0-0	30/10) - major dec	6-3	1-1	22-7		21-2	0:5
Dual Forfeit losses			0-0	0-0	0/0						
Branden Wentzel, 125	0-0	0-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	
Sean Wang, 133	1-3	1-3	0-0	0-0	0/0	0-0	0-0	1-0	0-1	0-1	
Marco Vespa, 125	0-0	0-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	
Shayne Van Ness, 149	3-0	3-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	3-0	1:30
Bernie Truax IV, 184	4-0	4-0	1-0	0-0	5/0	0-0	0-0	2-0	1-0	0-0	7.2
Gary Steen, 125	6-3	6-3	0-1	0-3	0/0	0-0	0-0	1-1	3-0	1-0	4:2:
Carter Starocci, 174	2-5 4-0	2-5 4-0	1-0	0-0	6/0	0-0	0-0	0-0	1-0	2-0	2:1:
Baylor Shunk, 133	2-5	2-5	0-0	0-0	0/0	0-0	0-0	1-1	1-1	0-0	
Karl Shindledecker, 133	0-0	0-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	2:0
Connor Pierce, 149	3-3	3-3	0-0	0-0	0/0	0-0	0-0	1-0	0-0	1-0	2:0
Mitchell Mesenbrink, 157/168 Aaron Nagao, 133	4-1	6-0 4-1	0-1	0-0	0/0	0-0 0-0	0-0	1-0	2-0	1-0	0:5
Kurt McHenry, 125	1-2 5 8-0	1-2 8-0	0-0 1-0	0-0 0-0	5/0	0-0	0-0 0-0	0-0	0-0 5-0	1-0	2:1:
Timothy Levine, 141					0/0			0-0		0-0	
Matt Lee, 165	5-3 0-2	5-3 0-2	0-0 0-0	0-0 0-0	0/0 0/0	0-1 0-0	0-0	2-0 0-0	0-0	2-0 0-0	2:2
Joe Lee, 174	0-0	0-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	0.0
Greg Kerkvliet, 285	4-0	4-0	1-0	0-0	4/0	0-0	0-0	1-0	1-0	0-0	
Jack Kelly, 184	0-2	0-2	0-0	0-0	0/0	0-0	0-0	0-0	0-1	0-0	
Tyler Kasak, 141/149	4-1	4-1	1-0	0-0	3/0	0-0	1-0	2-0	0-0	0-0	
Robert Howard, 125	3-4	3-4	0-0	0-0	0/0	1-0	0-0	0-2	0-0	1-0	4:4:
Imran Heard, 149	1-2	1-2	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	
Levi Haines, 157	4-0	4-0	1-0	0-0	3/0	0-0	0-0	1-0	1-0	1-0	4:2
Erik Gibson, 165	0-0	0-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	
Kyison Garcia, 133	0-0	0-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	
AJ Fricchione, 197/285	0-0	0-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	
Alex Facundo, 165	0-0	0-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	
David Evans, 141	6-2	6-2	0-0	0-0	0/0	1-0	0-1	1-0	1-0	0-0	
Aurelius Dunbar, 174	2-4	2-4	0-0	0-0	0/0	0-1	0-0	0-1	0-0	0-1	
Braeden Davis, 125	7-0	7-0	0-0	0-0	0/0	0-0	0-0	2-0	3-0	0-0	
Lucas Cochran, 184/197	2-2	2-2	0-1	0-0	0/4	0-0	0-0	1-1	0-0	1-0	2:5
Aaron Brooks, 197	3-0	3-0	0-0	0-0	0/0	0-0	0-0	0-0	1-0	2-0	2:3
Brian Borden, 174	3-2	3-2	0-0	0-0	0/0	0-0	0-0	1-1	0-0	0-0	
Beau Bartlett, 141	8-0	8-0	1-0	0-0	4/0	2-0	0-0	2-0	0-0	4-0	1:2
Terrell Barraclough, 165	6-1	6-1	0-0	0-0	0/0	1-0	0-0	2-0	0-0	1-0	7:2
Josh Barr, 184	7-0	0-0	0-0	0-0	0/0	1-0	0-0	2-0	2-0	0-0	
Donovon Ball, 184	1-2	1-2	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	
Wrestler, Wt.	Record	Record	Record	Record	For/Against	W-L	W-I	W-I	VV-I	W-I	Fa
	Overall	Collegiate			al Dual Pts.	SV	TB	MD	TF	Pins	Faste

PENN STATE WRESTLING 2023-24 ROSTER

NAME	Wt.	YR./EL.	HOMETOWN/HIGH SCHOOL
Donovon Ball	184	Gr./Sr.	New Cumberland, Pa./Cedar Cliff
Josh Barr	184	Fr./Fr.	Davison, Mich./Davison
Terrell Barraclough	165	Sr./Sr.	Kaysville, Utah/Layton
Beau Bartlett	141	Sr./Sr.	Tempe, Ariz./Wyoming Seminary (Pa.)
Brian Borden	174	Jr./So.	Rupert, Idaho/Minico
Aaron Brooks	197	Sr.+/Sr.+	Hagerstown, Md./North Hagerstown
Lucas Cochran	184/197	Jr./So.	Perry, Utah/Box Elder
Braeden Davis	125	Fr./Fr.	Belleville, Mich./Dundee
Aurelius Dunbar	174	Sr./Jr.	Greencastle, Pa./Mercersburg Academy
David Evans	141	Sr./Jr.	Tunkhannock, Pa./Tunkhannock
Alex Facundo	165	Jr./So.	Essexville, Mich./Davison
AJ Fricchione	197/285	Fr./Fr.	Duryea, Pa./Bergen Catholic
Kyison Garcia	133	Fr./Fr.	South Jordan, Utah/Mountain Ridge
Erik Gibson	165	Fr./Fr.	South Fork, Pa./Bishop McCort
Levi Haines	157	So./So.	Arendtsville, Pa./Biglerville
Imran Heard	149	Gr./Gr.	Pittsburgh, Pa./St. Paul's School (Md.)
Robert Howard	125	Jr./So.	Cranford, N.J./Bergen Catholic
Tyler Kasak	141	Fr./Fr.	Doylestown, Pa./Bethlehem Catholic
Jack Kelly	184	Jr./So.	Little Silver, N.J./Rumson-Fair Haven
Greg Kerkvliet	285	Sr./Sr.	Inver Grove Heights, Minn./Simley
Joe Lee	174	Sr./Sr.	Evansville, Ind./Evansville Mater Dei
Matt Lee	165	Sr./Jr.	Evansville, Ind./Evansville Mater Dei
Timothy Levine	141	Sr./Jr.	Costa Mesa, Calif./St. John Bosco
Kurt McHenry	125	Gr./Sr.	Leesburg, Va./St. Paul's School (Md.)
Mitchell Mesenbrink	157/165	So./Fr.	Hartland, Wis./Arrowhead
Aaron Nagao	133	Jr./So.	La Habra, Calif./Esperanza
Connor Pierce	149	So./Fr.	Erie, Pa./Harbor Creek
Karl Shindledecker	133	So./So.	Fayetteville, Pa./Chambersburg
Baylor Shunk	133	Gr./Sr.	Centre Hall, Pa./Penns Valley
Carter Starocci	174	Sr./Sr.	Erie, Pa./Cathedral Prep
Gary Steen	125	Jr./So.	Hermitage, Pa./Reynolds
Bernie Truax IV	184	Gr./Gr.	Oceanside, Calif./Rancho Buena Vista
Shayne Van Ness	149	Jr./So.	Somerville, N.J./Blair Academy
Marco Vespa	125	Sr./Jr.	Monroe, N.Y./Monroe Woodbury
Sean Wang	133	Jr./So.	Great Neck, N.Y./Great Neck South
Branden Wentzel	125	Fr./Fr.	Montoursville, Pa./Montoursville

Head Coach: Cael Sanderson (lowa State '02)
Associate Head Coach: Cody Sanderson (lowa State '00)
Head Assistant Coach: Casey Cunningham (Central Michigan '99)
Assistant Coach: Jimmy Kennedy (Illinois, '11)
Director of Operations: Adam Lynch (Penn State '10)

PENN STATE vs. HOFSTRA | 12/10/23 | 1:00 P.M. -- REC HALL | UNIVERSITY PARK, PA.

WT CONTESTANTS	CONTECTANTO	핑	MATCH SCORE			0.14				BIDING	MATCH	TEAM SCORE			
	CONTESTANTS	CHOICE	FIRST PERIOD	СНОІСЕ	SECOND PERIOD	СНОІСЕ	THIRD PERIOD	S.V.	1st :30	2nd :30	UTB	RIDING TIME	SCORE/ FALL TIME	HOME	VIS.
405				ΦN		▲N			ΦN	ÅN					
125				ΦN		ΦN			ΦN	ÅN					
100				ΦN		MN			ÅΝ	ÅN					
133				∳N		♣N			∳N	ÅN					
1.11				M▼N		N			ÅN	ÅN					
141				∳N		ΦN			∳N	∳N					
149				M≠N		ΦN			₩N	ΦN					
149				∳N		ΦN			▼N	ΦN					
157				MN		▼N			₩N	♣ N					
137				∳N		♣N			₩N	∳N					
165				MN		MN			♣ N	N					
100				♣N		♣N			∳N	∳N					
174				A N		N			₩N	ÅN ▼N					
17 -				♣N		♣ N			₩N	ÅN A					
184				A N		M N N N N N N N N N N N N N N N N N N N			Å _N	A					
101				∳N		♣N ▼N			♣ N	N					
197				Å _N		M N N N N N N N N N N N N N N N N N N N			Å _N	Å _N					
				♣ N ♣ N		AN ▼N			Å N Å N	♣					
285				▼N		▼N ▼N			▼ ^N	ÅN ÅN					
				▼		▼ ^N			▼ ^N	▼ ¹⁴					

KEY T3=Takedown; E1=Escape; R2=Reversal; N2,N3,N4=Nearfall; W=Stalling warning; C=Caution; P1=Penalty; RT1=Riding Time

POTENTIAL LINE-UPS

WT	NAME	EL	HT/HS	REC
125	Robert Howard	So.	Cranford, N.J./Bergen Catholic	3-4
	Gary Steen	So.	Hermitage, Pa./Reynolds	6-3
	Braeden Davis	Fr.	Belleville, Mich./Dundee	7-0
133	#4 Aaron Nagao	So.	La Habra, Calif./Esperanza	4-1
141	#2 Beau Bartlett	Sr.	Tempe, Ariz./Wyoming Seminary (Pa.)	8-0
149	#2 Shayne Van Ness	So.	Somerville, N.J./Blair Academy	3-0
157	#1 Levi Haines	So.	Arendtsville, Pa./Biglerville	4-0
165	#14 Mitchell Mesenbrink	Fr.	Hartland, Wis./Arrowhead	8-0
174	#1 Carter Starocci	Sr.	Erie, Pa./Cathedral Prep	4-0
184	#2 Bernie Truax	Gr.	Oceanside, Calif./Rancho Buena Vista	4-0
197	#1 Aaron Brooks	Sr.+	Hagerstown, Md./North Hagerstown	3-0
285	#1 Greg Kerkvliet	Sr.	Inver Grove Heights, Minn./Simley	4-0

HOFSTRA PRIDE (0-1)

		.,		
WT	NAME	EL	HT/HS	REC
125	Dylan Ryder	Sr.	Dix Hills, N.Y./Half Hollow Hills West	3-4
133	Dylan Acevedo	Jr.	Sayreville, N.J./Sayreville	0-4
	Ryan Arbeit	Fr.	Wantagh, N.Y./Wantagh	0-3
141	Alex Turley	So.	St. Louis, Mo./Webster Groves	2-6
149	Noah Tapia	Fr.	Moline, III./Moline	3-7
157	Frank Volpe	Fr.	Hauppauge, N.Y./Hauppauge	0-3
165	Joe McGinty	Sr.	Monroe, N.Y./Monroe-Woodbury	4-4
	Matt Rogers	Jr.	Wantagh, N.Y./Wantagh	0-1
174	Ross McFarland	Jr.	Pennellville, N.Y./Massapequa	3-4
184	Will Conlon	Fr.	Hoover, Ala./Spain Park	3-6
197	Nikolas Miller	Jr.	Lock Haven, Pa./Central Mountain	2-4
285	#21 Keaton Kluever	Gr.	Kaukauna, Wis./Kaukauna	3-1

Individual Rankings listed are InterMat and Team Rankings are Intermat Tournament Power Index (as of 12/5/23)

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FIVE NITTANY LIONS MAKE REC HALL DUAL DEBUTS IN 30-10 WIN OVER #20 LEHIGH TO OPEN DUAL SEASON

Penn State won seven of ten bouts in the dual meet opener for the Nittany Lions and downed #20 Lehigh 30-10 in Rec Hall on Dec. 3. Five Nittany Lions made their Penn State dual meet debuts in the match (Aaron Nagao, Tyler Kasak, Mitchell Mesenbrink, Bernie Truax, Lucas Cochran). Carter Starocci picked up a pin at 174 to lead Penn State, Greg Kerkvliet majored #12 Nathan Taylor at 285, Levi Haines downed #24 Max Brignola at 157, Mitchell Mesenbrink notched a tech fall over #32 Jake Logan at 165, Bernie Truax picked up a tech fall at 184. Beau Bartlett notched a major at 141 and Tyler Kasak moved up to 149 and downed Drew Muchn 7-5 at 149.

LUCAS COCHRAN TAKES THIRD AT MAT TOWN OPEN

Sophomore Lucas Cochran posted a 2-1 record, plus a win over a non-collegiate wrestler, to take third place at the Mat Town Open at Lock Haven on Nov. 26. Cochran majored Virginia's Krystian Kinsey and then dropped a tough 13-6 decision to #6 Jacob Cardenas of Cornell. He pinned Cayden Bevis of Binghamton (2:57) and beat a non-collegiate wrestler in the third place bout. Kurt McHenry went 1-2 at 125 and both Sean Wang (133) and Timothy Levine (149) competed as well.

FIVE NITTANY LIONS WIN TITLES AT BLACK KNIGHT INVITE; BARTLETT'S THREE PINS EARN HIM B1G W.O.W.

Five Nittany Lion wrestlers won titles at the Black Knight Invite at West Point on Nov. 19. True freshman Braeden Davis went 4-0 at 125 to win the title, including victories over No. 31 Tristan Lujan of Michigan State and No. 30 Ethan Berginc of Army West Point. Aaron Nagao went 4-0 in his Penn State debut at 133, including a pin over No. 33 Braden Basile of Army West Point in the title bout. Beau Bartlett went 4-0 with three pins to reign supreme at 141. Mitchell Mesenbrink went 4-0 at 165, including a 25-6 tech over No. 21 Brevin Cassella of Binghamton and a pin of No. 22 Anthony White of Rutgers, to win his title. True freshman Josh Barr went 4-0 at 184, including a win over No. 13 Jacob Nolan, to win the crown as well. Bartlett's three pins earned the Lion senior a share of the Nov. 21 Big Ten Wrestler of the Week honor.



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2023-24 ATTENDANCE

Please note that Penn State did not allow fans into dual meets and did not permit or track attendance in the 2020-21 season due not being allowed to have fans and/or sell tickets.

12/3 LEHIGH 6,623

12/10 HOFSTRA 1/14 INDIANA

2/2 OHIO STATE 2/12 RUTGERS (BJC)

2/18 NEBRASKA 2/25 EDINBORO

TOTAL 6.623 AVG. 6,623

(Penn State has wrestled in front of 76 of 78 sell-outs at home, including 67-straight in Rec Hall and 9 of 11 in the Bryce Jordan Center)

THIS WEEK'S ACTION

THIS WEEK'S ACTION:

UNIVERSITY PARK, Pa.; Dec. 5, 2023 -- The Penn State Nittany Lion wrestlers (1-0, 0-0 B1G) continue dual meet action on Sunday, Dec. 10, when they host Hofstra (0-1) in Rec Hall. The action begins at 1 p.m. All rankings listed are InterMat/InterMat TPI.

Penn State is coming off a 30-10 win over Lehigh in the dual opener for head coach Cael Sanderson's Nittany Lions last Sunday. Five Nittany Lions made their dual debuts in the win as Penn State began the year with the resounding victory and is 1-0 heading into the battle with Hofstra in Rec Hall.

The Nittany Lion line-up features nine ranked wrestlers. Aaron Nagao is ranked No. 4 at 133 and is 4-1, Beau Bartlett is No. 2 at 141 and is 7-0, Shayne Van Ness is No. 2 at 149 and is 3-0, Levi Haines is No. 1 at 157 and is 4-0, Mitchell Mesenbrink is No. 14 at 165 and is 8-0, Carter Starocci is No. 1 at 174 and is 4-0, Bernie Truax is No. 2 at 184 and is 4-0, Aaron Brooks is No. 1 at 197 and is 3-0, and Greg Kerkvliet is No. 1 at 285 and is 4-0.

Hofstra enters the dual meet coming off competing at the Cliff Keen Las Vegas Invitational last weekend. The Pride are 0-1 overall, having lost to Ohio State in a dual on Nov. 19. Hofstra is led by heavyweight Keaton Kluever who is ranked No. 21 by InterMat and is 3-1 overall. Penn State leads the all-time series 5-2. The Nittany Lions lost the last meeting, an 18-15 setback on Nov. 16, 2008 in Rec Hall.

Penn State returns to dual meet action on Friday, Dec. 5, at Oregon State. The dual is an 8 p.m. Eastern start (5 p.m. local). Many Nittany Lions will also prepare for the 2023 Senior Nationals/2024 US Olympic Trials Qualifier in Fort Worth, Tex., on Dec. 15-17. The Nittany Lions are led by head coach Cael Sanderson.

All rankings listed are InterMat individual/InterMat TPI. The 2023-24 Penn State Wrestling season is presented by the Family Clothesline. Penn State Fans are encouraged to follow Penn State wrestling via X at @pennstateWREST, on Penn State Wrestling's Facebook page at www.facebook.com/pennstatewrestling and on Instagram at www. instagram.com/pennstatewrest. This is PENN STATE. WRESTLING lives here.

2023-24 BIG TEN STANDINGS

Overall W-L-T PCT PCT PENN STATE 0-0-0 .000 1-0-0 1.000 0-0-0 .000 3-2-0 0-0-0 .000 2-0-0 1.000 0-0-0 .000 4-0-0 1.000 0-0-0 .000 1-1-0 .500 Marvland 0-0-0 2-0-0 1.000 Michigan .000 Michigan State 3-0-0 1.000 0-0-0 .000 4-0-0 1.000 Nebraska 0-0-0 .000 2-0-0 1.000 0-0-0 .000 0-0-0 Northwestern .000 Ohio State 4-0-0 1.000 0-0-0 .000 3-1-0 Purdue .000 0-0-0 .000 3-1-0 .667 Rutgers 0-0-0 .000 2-1-0

BIG TEN WRESTLERS OF THE WEEK

 11/7 Rocco Welsh, Ohio State
 11/14 SHAYNE VAN NESS, PENN STATE Dean Hamiti, Wisconsin
 11/21 BEAU BARTLETT, PENN STATE Yaraslau Slavikouski, Rutgers

11/28 Gabe Amold, Iowa 12/5 TBA

HONORS WON

BEAU BARTLETT, 141

AARON BROOKS, 197

NWCA All-Star Classic Exhibiti

LEVI HAINES, 157NWCA All-Star Classic Exhibition

GREG KERKVLIET, 285

NWCA All-Star Classic Exhibition

CARTER STAROCCI, 174

NVVCA Ali-Star Classic Exhibition

BERNIE TRUAX IV, 184

WVCA All-Stat Classic Extlib

SHAYNE VAN NESS, 149 NWCA All-Star Classic Exhibition Big Ten Wrestler of the Week (11/14)







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Carter Starocci, 174

2023-24 RIDGE RILEY AWARD WINNERS (home)

12/3 Lehigh

12/10 Hofstra

1/14 Indiana

2/2 Ohio State

2/12 Rutgers

2/18 Nebraska

2/25 Edinboro

2023-24 ERNIE LUCAS AWARD WINNERS (away)

1/5 Oreogon State

I/19 Michigan

1/21 Michigan State

1/28 Maryland

2/9 lowa

vs. RANKED FOES

Check here throughout the season for Penn State's dual meet results against foes ranked in the InterMat Top 25 Team TPI.

12/3 vs. #20 Lehigh

W, 30-10

HEAD COACH CAEL SANDERSON

nderson led Penn State to a 13-6-1 dual meet record in his first season at Penn State (2009-10), much improved over the prior year's 8-12-2 mark. After a year outside the top 10, Sanderson led the Lions back to their place among the nation's elite with a ninth-place finish at the NCAA Championships and a No. 10 final dual meet ranking from the NWCA Coaches. Sanderson picked up three more All-Americans (including a national finalist) and a Big Ten Champion in younger brother, Cyler Sanderson.

In 2010-11, Sanderson reached the pinnacle of the collegiate coaching mountain by guiding Penn State through a stunning season filled with ecords, championships and memories that thrilled the Penn State faithful. Sanderson led the Nittany Lions to their first-ever Southern Scuffle Co-Championship and first Virginia Duals Championship since 1991. While guiding Penn State to a 6-1-1 conference mark, Sanderson equaled the highest Big Ten dual meet wins in Penn State history (1998). He led Penn State to the school's first ever Big Ten Championship and was named 2011 Big Ten Coach of the Year. He became the first coach in NCAA history to be named both the Big Ten and Big 12 Coach of the Year. Saving the best for last, he led the Nittany Lions to the 2011 NCAA National Championship in Philadelphia, Penn State's first since 1953 and Sanderson's first as a collegiate head coach.

During the 2011-12 season, the nation watched as Sanderson led Penn State to a 13-1 dual mark, including a school record 7-1 Big Ten dual record to earn a share of the 2012 Big Ten dual meet championship. Sanderson then made it two in a row by leading Penn State to the 2012 Big Ten Championship at Purdue. He was named 2012 Big Ten Coach of the Year, earning the honor for the second-straight season Two weeks later, Sanderson led Penn State to a second-straight NCAA crown, helping Penn State to become the fifth team in NCAA history to win back-to-back titles. He was named NWCA National Coach of the Year for the second time in his career at the conclusion of the championships in Des Moines.

In 2012-13, Penn State posted an identical 13-1 mark, 7-1 Big Ten dual record and won its third-straight Big Ten Championship in Illinois in March. Sanderson earned his third-straight Big Ten Coach of the Year honor (co) in the process. Two weeks after that, Sanderson guided Penn State to a thrilling third-straight NCAA crown, helping Penn State to become just the third team in NCAA history to win three-straight team titles. At the tournament's end, he was named NWCA National Coach of the Year.

In 2013-14, Penn State went 15-1 overall and won a share of the Big Ten dual meet title with a 7-1 record. The Nittany Lions won their fourth-straight Big Ten Championship in Madison, Wisconsin, helping Sanderson win his fourth-straight Big Ten Coach of the Year honor. Two weekends later, the Nittany Lions won their fourth-straight NCAA title, becoming the third team in NCAA history to win four-straight

In 2014-15, Sanderson led Penn State to an 11-4 dual meet record, a fifth-straight Southern Scuffle title, garnering five All-Americans and another individual National Champion at the NCAA Championships as Matt Brown won the 174-pound title

In 2015-16, he added a sixth-straight Southern Scuffle championships, a third Big Ten dual meet title (co-) and the 2016 NWCA National Dual eries championship. He led Penn State to its fifth Big Ten Championship in six years in Iowa City and followed that up with his fifth NCAA National Championship in six years in New York City's Madison Square Garden.

In 2016-17, Sanderson led Penn State to its second-straight NCAA title and sixth in seven years. Penn State posted a perfect 14-0 dual meet record, won the 2017 Big Ten regular season (dual meet) title and the NWCA Dual Championship Series crown for the second-straigh season. Sanderson's team posted a gaudy 35-6 record at NCAAs and won five-straight individual championships to close out the national

In 2017-18, Sanderson led Penn State to its seventh NCAA title in eight years and third- straight. Penn State posted a perfect 14-0 dual meet record and won the Big Ten regular season (dual meet) title yet again. Sanderson's team posted a superb 39-9 record at NCAAs. Penn State ended the season riding a 45-dual win streak and set an NCAA record for attendance at an indoor dual meet with 15,998 in the BJC

In 2018-19, Sanderson closed out a decade as Penn State's mentor by leading Penn State to its eighth NCAA title in nine years and fourthstraight for the second time in his first ten years as head coach. Penn State posted a perfect 14-0 dual meet record for the fourth-straight year, won the Big Ten regular season (dual meet) and Big Ten Tournament Championship. Sanderson's team posted a 35-11 record at NCAAs and had the team title clinched before the finals began Saturday night. Penn State ended the season riding a 59-dual win streak. Sanderson was named Big Ten Coach of the Year and InterMat National Coach of the Year.

In 2019-20, the Lion mentor led the team to a 12-2 overall record and a near-perfect 8-1 Big Ten dual meet mark. Penn State dropped two duals by a total of three points. Penn State crowned two more Big Ten Champions in true freshman Aaron Brooks and senior Mark Hall. Brooks was named Big Ten Freshman of the Year. The Nittany Lions advanced seven wrestlers to the 2020 NCAA Championships before the NCAA canceled the event. The NWCA named the top eight seeds at each weight first team All-Americans after the tournament was canceled, giving Sanderson five more All-Americans.

In 2020-21, Sanderson guided Penn State through a season that was shortened and altered by the NCAA's reaction to a virus. The Nittany Lions went a perfect 6-0 in dual meets (all in the Big Ten) and earned a share of their seventh Big Ten dual meet title. Roman Bravo-Young and Aaron Brooks won Big Ten titles in the BJC and Carter Starocci was named Big Ten Freshman of the Year. Penn State took nine wrestlers to nationals and the Nittany Lions went a perfect 4-0 in the NCAA finalist in St. Louis, with Bravo-Young, Nick Lee, Starocci and Brooks all claiming their first individual titles. Freshmen Michael Beard and Greg Kerkvliet each placed seventh to give Sanderson six All-Americans

In 2021-22, the Nittany Lions roared into Detroit and claimed their ninth NCAA team title since Sanderson's arrival. Penn State, winning the 9th NCAA crown in the last 11 tournaments, brought home six All-Americans (a tournament high) and went a Penn State Perfect 5-0 in the NCAA finals (following up 2021's 4-0 run). Roman Bravo-Young, Nick Lee, Carter Starocci, Aaron Brooks and Max Dean all won individual titles while Greg Kerkvliet placed fourth. Sanderson was named 2022 NCAA Coach of the Championship by the NWCA at the conclusion of the event. The 36.5-point margin of victory over the second place team was the largest since the Lions outdistanced the field by 40 points

In 2022-23, the Nittany Lions stormed into Tulsa, Okla., to claim their 10th NCAA title under Sanderson (and the 10th in the last 12 tournaments). The Nittany Lions crowned two more NCAA Champions (Carter Starocci and Aaron Brooks), had five NCAA finalists and eight All-Americans. Sanderson's team won the NCAA team title with 137.5 points and posted the fifth largest winning margin (55.0) in NCAA history. Penn State won the 2023 Big Ten Regular Season Championship and the 2023 Big Ten Championship by dominating the field a the Big Ten tournament in Ann Arbor. True freshman Levi Haines was named Big Ten Freshman of the Year, the third time in the last four years that a Nittany Lion has won the honor (Brooks, Starocci)

In 14 years as Penn State's mentor, Sanderson led the Nittany Lions to eight Southern Scuffle titles, nine B1G dual meet titles, seven Big Ten Championships, 10 NCAA Championships, collected 83 All-Americans, 34 National Champions, including an NCAA record-tying five in both 2017 and 2022, four Gorriaran winners, five NCAA Tournament Outstanding Wrestlers, one CoSIDA Academic All-American of the Year, one NCAA Elite 89 winner, one NCAA Top 10 Award winner and five Hodge Trophy winners. Sanderson, who has coached 98 total All-Americans and 36 total National Champions (including his three years at lowa State), grabbed his 100th win as Penn State's head coach in its 36-6 victory over Stanford in Rec Hall on 11/13/16 and his 100th Big Ten dual win as Penn State's mentor with a 23-14 win over loware

MORE NOTES

12 OF PENN STATE'S 17 ENTRIES PLACE AT BLACK KNIGHT

Including the five champions listed above (Davis, Nagao, Bartlett, Mesenbrink, Barr), 12 of Penn State's 17 competitors placed at the Black Knight Invite on Nov. 19. Robert Howard went 2-2 for 4th at 125; Gary Steen went 4-1 for 5th at 125; Tyler Kasak went 3-1, losing to Bartlett in the finals, for 2nd at 141; David Evans went 4-1 for 5th at 141; Terrell Barraclough went 3-1, including a pin of No. 9 Caleb Fish of Michigan State, for 2nd at 165 (losing to Mesenbrink in the finals); Matt Lee went 3-2 for 6th at 165; and Brian Borden went 3-2 for 6th at 174.

FIVE NITTANY LIONS COMPETE AT NWCA ALL-STAR EXHIBITION, HOSTED IN REC HALL ON NOV. 21

The event took place on Tuesday, Nov. 21, in Penn State's very own Rec Hall. The exhibition was not an official NCAA event and does not count towards any competitor's win/loss record or RPI. Shavne Van Ness rolled to a 5-1 win over Arizona State's Kyle Parco at 149, Carter Starocci majored Mekhi Lewis 11-0 at 174, Aaron Brooks majored Tanner Sloan 11-2 at 197 and Greg Kerkyliet notched an 18-2 tech fall over Wyatt Hendrickson at 285

SHAYNE VAN NESS RULES THE JOURNEYMEN; 3 WINS, 3 PINS, ALL IN THE FIRST PERIOD, EARNS B1G W.O.W.

Sophomore Shayne Van Ness rolled to a 3-0 record at the Journeymen Collegiate Classic on Nov. 12 in Bethlehem, Pa. All three of his wins were by fall and all three came in the first period. He pinned Army West Point's Eddie Hummel at 2:06, Bloomsburg's Cade Balestrini at 2:58 and Lehigh's Kelvin Griffin at 1:30. In all, Van Ness wrestled 6:34 minutes of a possible 21:00. He was named Big Ten Wrestler of the Week (11/14) for his efforts, sharing the honor with Wisconsin's

