



NOTES!

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#1 PENN STATE NITTANY LIONS (1-0, 0-0 B1G)

WT	NAME	EL	HT/HS	REC
125	Robert Howard	So.	Cranford, N.J./Bergen Catholic	3-4
	Gary Steen	So.	Hermitage, Pa./Reynolds	6-3
	Braeden Davis	Fr.	Belleville, Mich./Dundee	7-0
133	#4 Aaron Nagao	So.	La Habra, Calif./Esperanza	4-1
141	#2 Beau Bartlett	Sr.	Tempe, Ariz./Wyoming Seminary (Pa.)	8-0
149	Tyler Kasak	Fr.	Doylestown, Pa./Bethlehem Catholic	4-1
157	#1 Levi Haines	So.	Arendtsville, Pa./Biglerville	4-0
165	#14 Mitchell Mesenbrink	Fr.	Hartland, Wis./Arrowhead	8-0
174	#1 Carter Starocci	Sr.	Erie, Pa./Cathedral Prep	4-0
184	#2 Bernie Truax	Gr.	Oceanside, Calif./Rancho Buena Vista	4-0
197	#1 Aaron Brooks	Sr.+	Hagerstown, Md./North Hagerstown	3-0
285	#1 Greg Kerkvliet	Sr.	Inver Grove Heights, Minn./Simley	4-0

HOFSTRA PRIDE (0-1)

WT	NAME	EL	HT/HS	REC
125	Dylan Ryder	Sr.	Dix Hills, N.Y./Half Hollow Hills West	3-4
133	Dylan Acevedo	Jr.	Sayreville, N.J./Sayreville	0-4
	Ryan Arbeit	Fr.	Wantagh, N.Y./Wantagh	0-3
141	Alex Turley	So.	St. Louis, Mo./Webster Groves	2-6
149	Noah Tapia	Fr.	Moline, Ill./Moline	3-7
157	Frank Volpe	Fr.	Hauppauge, N.Y./Hauppauge	0-3
165	Joe McGinty	Sr.	Monroe, N.Y./Monroe-Woodbury	4-4
	Matt Rogers	Jr.	Wantagh, N.Y./Wantagh	0-1
174	Ross McFarland	Jr.	Pennellville, N.Y./Massapequa	3-4
184	Will Conlon	Fr.	Hoover, Ala./Spain Park	3-6
197	Nikolas Miller	Jr.	Lock Haven, Pa./Central Mountain	2-4
285	#21 Keaton Kluever	Gr.	Kaukauna, Wis./Kaukauna	3-1

Individual Rankings listed are InterMat and Team Rankings are InterMat Tournament Power Index (as of 12/5/23)

THIS WEEK

#1 Penn State (1-0, 0-0 B1G) hosts Hofstra (0-1) on Sunday, Dec. 10. The dual meet is a 1 p.m. start in Rec Hall.

UP NEXT

Penn State returns to dual meet action on Friday, Jan. 5, at Oregon State. The dual is an 8 p.m. Eastern start (5 p.m. local). Many Nittany Lions will also prepare for the 2023 Senior Nationals/2024 US Olympic Trials Qualifier in Fort Worth, Texas, on Dec. 15-17.

ON THE AIR

TV - None
Radio online - Free all year via Lionvision at GoPSUsports.com
Live Web Video - B1G+

2023-24 SCHEDULE

NOVEMBER

Sun. 12 Journeymen Collegiate Classic, Bethlehem, Pa.
(Unbeaten at event: Josh Barr, 184; Terrell Barraclough, 165; Beau Bartlett, 141; Aaron Brooks, 184; Braeden Davis, 125; Levi Haines, 157; Greg Kerkvliet, 285; Mitchell Mesenbrink, 165; Carter Starocci, 174; Bernie Truax, 184; Shayne Van Ness, 149)

Sun. 19 Army Black Knight Invite, West Point, N.Y.
(Braeden Davis, 1st at 125; Aaron Nagao, 1st at 133; Beau Bartlett, 1st at 141; Mitchell Mesenbrink, 1st at 165; Josh Barr, 1st at 184; Tyler Kasak, 2nd at 141; Terrell Barraclough, 2nd at 165)

Tue. 21 NWCA All-Star Classic Exhibition, Rec Hall
(Van Ness 5-2 over Parco; Starocci 11-0 over Lewis; Keckeisen 7-4 over Truax; Brooks 11-2 over Sloan; Kerkvliet 18-2 over Hendrickson)

DECEMBER

Sun. 3 #20 LEHIGH, Rec Hall (B1GN) W, 30-10
Sun. 10 HOFSTRA, Rec Hall (B1G+) 1 p.m.

JANUARY

Fri. 5 at Oregon State 8 p.m.
Sun. 14 INDIANA*, Rec Hall (B1G+) 1 p.m.
Fri. 19 at Michigan* (B1GN) 6 p.m.
Sun. 21 at Michigan State* (B1G+) TBA
Sun. 28 at Maryland* (B1GN) 12 p.m.

FEBRUARY

Fri. 2 OHIO STATE*, Rec Hall (B1GN) 6:30 p.m.
Fri. 9 at Iowa* (B1GN) 9 p.m.
Mon. 12 RUTGERS, BJC (B1GN) 7 p.m.
Sun. 18 NEBRASKA*, Rec Hall (B1GN) 4 p.m.
Sun. 25 EDINBORO, Rec Hall (B1G+) 2 p.m.

MARCH

Sa.-Sn. 9-10 2024 B1G Championships // XFINITY Center
College Park, Md. (Times subject to change)
9 Session 1 (B1G+/B1GN) 10 a.m.
9 Session 2 (B1G+/B1GN) 5:30 p.m.
10 Session 3-4 (B1G+/B1GN) 1 p.m./4:30 p.m.
Th.-Sa. 21-23 2024 NCAA Championships // T-Mobile Center
Kansas City, Mo. (Times subject to change)
21 Session 1 (ESPN/2/U) 12 p.m.
21 Session 2 (ESPN/2/U) 7 p.m.
22 Session 3 (ESPN/2/U) 12 p.m.
22 Session 4 (ESPN/2/U) 8 p.m.
23 Session 5 (ESPN/2/U) 11 a.m.
23 Session 6 (ESPN/2/U) 7 p.m.

* Big Ten Dual -- Home events in CAPS -- All Times EASTERN
Team rankings are InterMat TPI at time of dual

THIS IS PENN STATE. WRESTLING LIVES HERE.

THIS WEEK'S ACTION:

UNIVERSITY PARK, Pa.; Dec. 5, 2023 -- The Penn State Nittany Lion wrestlers (1-0, 0-0 B1G) continue dual meet action on Sunday, Dec. 10, when they host Hofstra (0-1) in Rec Hall. The action begins at 1 p.m. All rankings listed are InterMat/InterMat TPI.

Penn State is coming off a 30-10 win over Lehigh in the dual opener for head coach Cael Sanderson's Nittany Lions last Sunday. Five Nittany Lions made their dual debuts in the win as Penn State began the year with the resounding victory and is 1-0 heading into the battle with Hofstra in Rec Hall.

The Nittany Lion line-up features nine ranked wrestlers this week. Aaron Nagao is ranked No. 4 at 133 and is 4-1, Beau Bartlett is No. 2 at 141 and is 7-0, Shayne Van Ness, who is now out for the season, is No. 2 at 149 and is 3-0, Levi Haines is No. 1 at 157 and is 4-0, Mitchell Mesenbrink is No. 14 at 165 and is 8-0, Carter Starocci is No. 1 at 174 and is 4-0, Bernie Truax is No. 2 at 184 and is 4-0, Aaron Brooks is No. 1 at 197 and is 3-0, and Greg Kerkvliet is No. 1 at 285 and is 4-0.

Hofstra enters the dual meet coming off competing at the Cliff Keen Las Vegas Invitational last weekend. The Pride are 0-1 overall, having lost to Ohio State in a dual on Nov. 19. Hofstra is led by heavyweight Keaton Kluever who is ranked No. 21 by InterMat and is 3-1 overall. Penn State leads the all-time series 5-2. The Nittany Lions lost the last meeting, an 18-15 setback on Nov. 16, 2008 in Rec Hall.

Penn State returns to dual meet action on Friday, Dec. 5, at Oregon State. The dual is an 8 p.m. Eastern start (5 p.m. local). Many Nittany Lions will also prepare for the 2023 Senior Nationals/2024 US Olympic Trials Qualifier in Fort Worth, Tex., on Dec. 15-17. The Nittany Lions are led by head coach Cael Sanderson.

All rankings listed are InterMat individual/InterMat TPI. The 2023-24 Penn State Wrestling season is presented by the Family Clothesline. Penn State Fans are encouraged to follow Penn State wrestling via X at @pennstateWREST, on Penn State Wrestling's Facebook page at www.facebook.com/pennstatewrestling and on Instagram at www.instagram.com/pennstatewrest. This is PENN STATE. WRESTLING lives here.

2023-24 INDIVIDUAL RECORDS (AS OF 12/4/23)

Name, Wt.	Record
Donovon Ball, 184	1-2
Josh Barr, 184	7-0
Terrell Barraclough, 165	6-1
Beau Bartlett, 141	8-0
Brian Borden, 174	3-2
Aaron Brooks, 197	3-0
Lucas Cochran, 184/197	2-2
Braeden Davis, 125	7-0
Aurelius Dunbar, 174	2-4
David Evans, 141	6-2
Alex Facundo, 165	0-0
AJ Fricchione, 197/285	0-0
Kyison Garcia, 133	0-0
Erik Gibson, 165	0-0
Levi Haines, 157	4-0
Imran Heard, 149	1-2
Robert Howard, 125	3-4
Tyler Kasak, 141/149	4-1
Jack Kelly, 184	0-2
Greg Kerkvliet, 285	4-0
Joe Lee, 174	0-0
Matt Lee, 165	5-3
Timothy Levine, 141	0-2
Kurt McHenry, 125	1-2
Mitchell Mesenbrink, 157/165	8-0
Aaron Nagao, 133	4-1
Connor Pierce, 149	3-3
Karl Shindledecker, 133	0-0
Baylor Shunk, 133	2-5
Carter Starocci, 174	4-0
Gary Steen, 125	6-3
Bernie Truax IV, 184	4-0
Shayne Van Ness, 149	3-0
Marco Vespa, 125	0-0
Sean Wang, 133	1-3
Branden Wentzel, 125	0-0

This includes records w/unattached results listed in current mark

PENN STATE WRESTLING STRATEGIC COMMUNICATIONS!

For more information or credentials, contact me, Pat Donghia, Penn State Wrestling SID!
Phone: 814 865 1757 -- email: pad11@psu.edu

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HEAD COACH CAEL SANDERSON

THE PENN STATE YEARS

Sanderson led Penn State to a 13-6-1 dual meet record in his first season at Penn State (2009-10), much improved over the prior year's 8-12-2 mark. After a year outside the top 10, Sanderson led the Lions back to their place among the nation's elite with a ninth-place finish at the NCAA Championships and a No. 10 final dual meet ranking from the NWCA Coaches. Sanderson picked up three more All-Americans (including a national finalist) and a Big Ten Champion in younger brother, Cyler Sanderson.

In 2010-11, Sanderson reached the pinnacle of the collegiate coaching mountain by guiding Penn State through a stunning season filled with records, championships and memories that thrilled the Penn State faithful. Sanderson led the Nittany Lions to their first-ever Southern Scuffle Co-Championship and first Virginia Duals Championship since 1991. While guiding Penn State to a 6-1-1 conference mark, Sanderson equaled the highest Big Ten dual meet wins in Penn State history (1998). He led Penn State to the school's first ever Big Ten Championship and was named 2011 Big Ten Coach of the Year. He became the first coach in NCAA history to be named both the Big Ten and Big 12 Coach of the Year. Saving the best for last, he led the Nittany Lions to the 2011 NCAA National Championship in Philadelphia, Penn State's first since 1953 and Sanderson's first as a collegiate head coach.

During the 2011-12 season, the nation watched as Sanderson led Penn State to a 13-1 dual mark, including a school record 7-1 Big Ten dual record to earn a share of the 2012 Big Ten dual meet championship. Sanderson then made it two in a row by leading Penn State to the 2012 Big Ten Championship at Purdue. He was named 2012 Big Ten Coach of the Year, earning the honor for the second-straight season. Two weeks later, Sanderson led Penn State to a second-straight NCAA crown, helping Penn State to become the fifth team in NCAA history to win back-to-back titles. He was named NWCA National Coach of the Year for the second time in his career at the conclusion of the championships in Des Moines.

In 2012-13, Penn State posted an identical 13-1 mark, 7-1 Big Ten dual record and won its third-straight Big Ten Championship in Illinois in March. Sanderson earned his third-straight Big Ten Coach of the Year honor (co) in the process. Two weeks after that, Sanderson guided Penn State to a thrilling third-straight NCAA crown, helping Penn State to become just the third team in NCAA history to win three-straight team titles. At the tournament's end, he was named NWCA National Coach of the Year.

In 2013-14, Penn State went 15-1 overall and won a share of the Big Ten dual meet title with a 7-1 record. The Nittany Lions won their fourth-straight Big Ten Championship in Madison, Wisconsin, helping Sanderson win his fourth-straight Big Ten Coach of the Year honor. Two weekends later, the Nittany Lions won their fourth-straight NCAA title, becoming the third team in NCAA history to win four-straight NCAA titles.

In 2014-15, Sanderson led Penn State to an 11-4 dual meet record, a fifth-straight Southern Scuffle title, garnering five All-Americans and another individual National Champion at the NCAA Championships as Matt Brown won the 174-pound title.

In 2015-16, he added a sixth-straight Southern Scuffle championships, a third Big Ten dual meet title (co-) and the 2016 NWCA National Dual Series championship. He led Penn State to its fifth Big Ten Championship in six years in Iowa City and followed that up with his fifth NCAA National Championship in six years in New York City's Madison Square Garden.

In 2016-17, Sanderson led Penn State to its second-straight NCAA title and sixth in seven years. Penn State posted a perfect 14-0 dual meet record, won the 2017 Big Ten regular season (dual meet) title and the NWCA Dual Championship Series crown for the second-straight season. Sanderson's team posted a gaudy 35-6 record at NAAs and won five-straight individual championships to close out the national finals.

In 2017-18, Sanderson led Penn State to its seventh NCAA title in eight years and third- straight. Penn State posted a perfect 14-0 dual meet record and won the Big Ten regular season (dual meet) title yet again. Sanderson's team posted a superb 39-9 record at NAAs. Penn State ended the season riding a 45-dual win streak and set an NCAA record for attendance at an indoor dual meet with 15,998 in the BJC for a win over Iowa.

In 2018-19, Sanderson closed out a decade as Penn State's mentor by leading Penn State to its eighth NCAA title in nine years and fourth-straight for the second time in his first ten years as head coach. Penn State posted a perfect 14-0 dual meet record for the fourth-straight year, won the Big Ten regular season (dual meet) and Big Ten Tournament Championship. Sanderson's team posted a 35-11 record at NAAs and had the team title clinched before the finals began Saturday night. Penn State ended the season riding a 59-dual win streak. Sanderson was named Big Ten Coach of the Year and InterMat National Coach of the Year.

In 2019-20, the Lion mentor led the team to a 12-2 overall record and a near-perfect 8-1 Big Ten dual meet mark. Penn State dropped two duals by a total of three points. Penn State crowned two more Big Ten Champions in true freshman Aaron Brooks and senior Mark Hall. Brooks was named Big Ten Freshman of the Year. The Nittany Lions advanced seven wrestlers to the 2020 NCAA Championships before the NCAA canceled the event. The NWCA named the top eight seeds at each weight first team All-Americans after the tournament was canceled, giving Sanderson five more All-Americans.

In 2020-21, Sanderson guided Penn State through a season that was shortened and altered by the NCAA's reaction to a virus. The Nittany Lions went a perfect 6-0 in dual meets (all in the Big Ten) and earned a share of their seventh Big Ten dual meet title. Roman Bravo-Young and Aaron Brooks won Big Ten titles in the BJC and Carter Starocci was named Big Ten Freshman of the Year. Penn State took nine wrestlers to nationals and the Nittany Lions went a perfect 4-0 in the NCAA finalist in St. Louis, with Bravo-Young, Nick Lee, Starocci and Brooks all claiming their first individual titles. Freshmen Michael Beard and Greg Kerkviet each placed seventh to give Sanderson six All-Americans for the year.

In 2021-22, the Nittany Lions roared into Detroit and claimed their ninth NCAA team title since Sanderson's arrival. Penn State, winning the 9th NCAA crown in the last 11 tournaments, brought home six All-Americans (a tournament high) and went a Penn State Perfect 5-0 in the NCAA finals (following up 2021's 4-0 run). Roman Bravo-Young, Nick Lee, Carter Starocci, Aaron Brooks and Max Dean all won individual titles while Greg Kerkviet placed fourth. Sanderson was named 2022 NCAA Coach of the Championship by the NWCA at the conclusion of the event. The 36.5-point margin of victory over the second place team was the largest since the Lions outdistanced the field by 40 points in 2019.

In 2022-23, the Nittany Lions stormed into Tulsa, Okla., to claim their 10th NCAA title under Sanderson (and the 10th in the last 12 tournaments). The Nittany Lions crowned two more NCAA Champions (Carter Starocci and Aaron Brooks), had five NCAA finalists and eight All-Americans. Sanderson's team won the NCAA team title with 137.5 points and posted the fifth largest winning margin (55.0) in NCAA history. Penn State won the 2023 Big Ten Regular Season Championship and the 2023 Big Ten Championship by dominating the field at the Big Ten tournament in Ann Arbor. True freshman Levi Haines was named Big Ten Freshman of the Year, the third time in the last four years that a Nittany Lion has won the honor (Brooks, Starocci)

In 14-plus years as Penn State's mentor, Sanderson led the Nittany Lions to eight Southern Scuffle titles, nine B1G dual meet titles, seven Big Ten Championships, 10 NCAA Championships, collected 83 All-Americans, 34 National Champions, including an NCAA record-tying five in both 2017 and 2022, four Gorriaran winners, five NCAA Tournament Outstanding Wrestlers, one CoSIDA Academic All-American of the Year, one NCAA Elite 89 winner, one NCAA Top 10 Award winner and five Hodge Trophy winners. Sanderson, who has coached 98 total All-Americans and 36 total National Champions (including his three years at Iowa State), grabbed his 100th win as Penn State's head coach in its 36-6 victory over Stanford in Rec Hall on 11/13/16 and his 100th Big Ten dual win as Penn State's mentor with a 23-14 win over Iowa in the BJC on 1/27/23.

Sanderson's Career Coaching Record

Season	Record	%	B1G Dual	B1G Trn.	NCAA	Qual.	AA	NC
2006-07	13-3-0	.813	---	1st (B12)	2nd	10	4	1
2007-08	16-4-0	.800	---	1st (B12)	5th	10	7	0
2008-09	15-3-0	.833	---	1st (B12)	3rd	10	4	1
2009-10	13-6-1	.675	5-3-0	5th	9th	6	3	0
2010-11	17-1-1	.921	6-1-1	1st	1st	8	5	1
2011-12	13-1-0	.929	7-1-0	1st	1st	9	6	3
2012-13	13-1-0	.929	7-1-0	1st	1st	10	5	2
2013-14	15-1-0	.938	7-1-0	1st	1st	10	7	2
2014-15	11-4-0	.733	6-3-0	5th	6th	7	5	1
2015-16	16-0-0	1.000	9-0-0	1st	1st	9	6	2
2016-17	14-0-0	1.000	9-0-0	2nd	1st	9	6	5
2017-18	14-0-0	1.000	9-0-0	2nd	1st	9	8	4
2018-19	14-0-0	1.000	9-0-0	1st	1st	9	7	3
2019-20	12-2	.857	8-1-0	4th	#	7	5	#
2020-21	6-0-0	1.000	6-0-0	2nd	2nd	9	6	4
2021-22	17-0-0	1.000	8-0-0	2nd	1st	9	6	5
2022-23	16-0-0	1.000	8-0-0	1st	1st	9	8	2
2023-24	1-0-0	1.000	0-0-0	---	---	-	-	-
Career	236-26-2	.898	104-11-1	---	---	150	98	36

Italics are at Iowa State /// # - the 2020 NCAA championship was canceled.

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NOTES

ALL-AMERICAN SHAYNE VAN NESS OUT FOR SEASON

Penn State head coach Cael Sanderson announced on Tuesday, Dec. 5, that returning All-American Shayne Van Ness, who was ranked No. 2 at 149 at the time, will miss the remainder of the season with an injury.

FIVE NITTANY LIONS MAKE REC HALL DUAL DEBUTS IN 30-10 WIN OVER #20 LEHIGH TO OPEN DUAL SEASON

Penn State won seven of ten bouts in the dual meet opener for the Nittany Lions and downed #20 Lehigh 30-10 in Rec Hall on Dec. 3. Five Nittany Lions made their Penn State dual meet debuts in the match (Aaron Nagao, Tyler Kasak, Mitchell Mesenbrink, Bernie Truax, Lucas Cochran). Carter Starocci picked up a pin at 174 to lead Penn State, Greg Kerkvliet majored #12 Nathan Taylor at 285, Levi Haines downed #24 Max Brignola at 157, Mitchell Mesenbrink notched a tech fall over #32 Jake Logan at 165, Bernie Truax picked up a tech fall at 184, Beau Bartlett notched a major at 141 and Tyler Kasak moved up to 149 and downed Drew Muchn 7-5 at 149.

LUCAS COCHRAN TAKES THIRD AT MAT TOWN OPEN

Sophomore Lucas Cochran posted a 2-1 record, plus a win over a non-collegiate wrestler, to take third place at the Mat Town Open at Lock Haven on Nov. 26. Cochran majored Virginia's Krystian Kinsey and then dropped a tough 13-6 decision to #6 Jacob Cardenas of Cornell. He pinned Cayden Bevis of Binghamton (2:57) and beat a non-collegiate wrestler in the third place bout. Kurt McHenry went 1-2 at 125 and both Sean Wang (133) and Timothy Levine (149) competed as well.

FIVE NITTANY LIONS WIN TITLES AT BLACK KNIGHT INVITE; BARTLETT'S THREE PINS EARN HIM BIG W.O.W.

Five Nittany Lion wrestlers won titles at the Black Knight Invite at West Point on Nov. 19. True freshman Braeden Davis went 4-0 at 125 to win the title, including victories over No. 31 Tristan Lujan of Michigan State and No. 30 Ethan Berginc of Army West Point. Aaron Nagao went 4-0 in his Penn State debut at 133, including a pin over No. 33 Braden Basile of Army West Point in the title bout. Beau Bartlett went 4-0 with three pins to reign supreme at 141. Mitchell Mesenbrink went 4-0 at 165, including a 25-6 tech over No. 21 Brevin Cassella of Binghamton and a pin of No. 22 Anthony White of Rutgers, to win his title. True freshman Josh Barr went 4-0 at 184, including a win over No. 13 Jacob Nolan, to win the crown as well. Bartlett's three pins earned the Lion senior a share of the Nov. 21 Big Ten Wrestler of the Week honor.

12 OF PENN STATE'S 17 ENTRIES PLACE AT BLACK KNIGHT

Including the five champions listed above (Davis, Nagao, Bartlett, Mesenbrink, Barr), 12 of Penn State's 17 competitors placed at the Black Knight Invite on Nov. 19. Robert Howard went 2-2 for 4th at 125; Gary Steen went 4-1 for 5th at 125; Tyler Kasak went 3-1, losing to Bartlett in the finals, for 2nd at 141; David Evans went 4-1 for 5th at 141; Terrell Barraclough went 3-1, including a pin of No. 9 Caleb Fish of Michigan State, for 2nd at 165 (losing to Mesenbrink in the finals); Matt Lee went 3-2 for 6th at 165; and Brian Borden went 3-2 for 6th at 174.

FIVE NITTANY LIONS COMPETE AT NWCA ALL-STAR EXHIBITION, HOSTED IN REC HALL ON NOV. 21

Five Penn State Nittany Lion wrestlers competed in the 2023 National Wrestling Coaches Association All-Star Exhibition. The event took place on Tuesday, Nov. 21, in Penn State's very own Rec Hall. The exhibition was not an official NCAA event and does not count towards any competitor's win/loss record or RPI. Shayne Van Ness rolled to a 5-1 win over Arizona State's Kyle Parco at 149, Carter Starocci majored Mekhi Lewis 11-0 at 174, Aaron Brooks majored Tanner Sloan 11-2 at 197 and Greg Kerkvliet notched an 18-2 tech fall over Wyatt Hendrickson at 285.

SHAYNE VAN NESS RULES THE JOURNEYMEN; 3 WINS, 3 PINS, ALL IN THE FIRST PERIOD, EARNS BIG W.O.W.

Sophomore Shayne Van Ness rolled to a 3-0 record at the Journeymen Collegiate Classic on Nov. 12 in Bethlehem, Pa. All three of his wins were by fall and all three came in the first period. He pinned Army West Point's Eddie Hummel at 2:06, Bloomsburg's Cade Balestrini at 2:58 and Lehigh's Kelvin Griffin at 1:30. In all, Van Ness wrestled 6:34 minutes of a possible 21:00. He was named Big Ten Wrestler of the Week (11/14) for his efforts, sharing the honor with Wisconsin's Dean Hamiti.

NITTANY LIONS ROLL AT JOURNEYMEN COLLEGIATE

Penn State rolled to a 45-15 overall record at the Journeymen Collegiate Classic on Nov. 12 in Bethlehem, Pa. Eleven of Penn State's 20 wrestlers went unbeaten at the event (3-0). The Nittany Lions rolled up 10 pins, 11 tech falls and nine majors as well.

DAVID EVANS DOWNS #6 CJ COMPOSTO OF PENN TO TOP LIST OF NITTANY LION RANKED WINS AT JOURNEYMEN

Junior David Evans took down #6 CJ Composto of Penn in sudden victory to a 4-1 (sv) win at 141 to top the list of Penn State ranked wins at the Journeymen Collegiate Classic on Nov. 12 in Bethlehem, Pa. Evans lost a close 6-4 match to #12 Malyke Hines of Lehigh and got a medical forfeit win over #13 Vince Cornella of Cornell to go 2-1. Beau Bartlett rolled to a 15-3 major over #12 Hines as well, Carter Starocci teched #14 Nick Incontrera of Penn at 174, 21-5 (6:52), and Greg Kerkvliet rolled to a 7-2 win over #8 Owen Trephan of North Carolina State in Penn State's other top ranked wins.

2023-24 BIG TEN STANDINGS (as of 12/2/23)

Pl. Team	Big Ten		Overall	
	W-L-T	PCT	W-L-T	PCT
1 PENN STATE	0-0-0	.000	1-0-0	1.000
Illinois	0-0-0	.000	3-2-0	.600
Indiana	0-0-0	.000	2-0-0	1.000
Iowa	0-0-0	.000	4-0-0	1.000
Maryland	0-0-0	.000	1-1-0	.500
Michigan	0-0-0	.000	2-0-0	1.000
Michigan State	0-0-0	.000	3-0-0	1.000
Minnesota	0-0-0	.000	4-0-0	1.000
Nebraska	0-0-0	.000	2-0-0	1.000
Northwestern	0-0-0	.000	0-0-0	.000
Ohio State	0-0-0	.000	4-0-0	1.000
Purdue	0-0-0	.000	3-1-0	.750
Rutgers	0-0-0	.000	3-1-0	.667
Wisconsin	0-0-0	.000	2-1-0	.667

BIG TEN WRESTLERS OF THE WEEK

11/7	Rocco Welsh, Ohio State
11/14	SHAYNE VAN NESS, PENN STATE Dean Hamiti, Wisconsin
11/21	BEAU BARTLETT, PENN STATE Yaraslau Slavikouski, Rutgers
11/28	Gabe Arnold, Iowa
12/5	TBA

HONORS WON

BEAU BARTLETT, 141
Big Ten Wrestler of the Week (11/21)

AARON BROOKS, 197
NWCA All-Star Classic Exhibition

LEVI HAINES, 157
NWCA All-Star Classic Exhibition

GREG KERKVLJET, 285
NWCA All-Star Classic Exhibition

CARTER STAROCCI, 174
NWCA All-Star Classic Exhibition

BERNIE TRUAX IV, 184
NWCA All-Star Classic Exhibition

SHAYNE VAN NESS, 149
NWCA All-Star Classic Exhibition
Big Ten Wrestler of the Week (11/14)



PARKING INFO FOR '23-24

Transportation Services has announced parking information for Penn State Wrestling duals at Rec Hall for the 2023-24 season.

GAMEDAY PARKING LOCATIONS

- Nittany Deck, West Deck
- Parking available beginning two hours before each game

PARKING PAYMENT INFORMATION

- No charge with a valid Penn State parking permit
 - Prepaid parking available through <https://psu.parkmobile.io/rec-hall>
 - o \$5.50 through day before event, \$10 day of event
 - o \$30 season parking packages available through Dec. 2
- Note: The season package does not include parking for the BJC Dual on Feb. 12 at the Bryce Jordan Center. Visit <https://psu.parkmobile.io/bryce-jordan-center> to purchase parking for that event.

PARKMOBILE PREPAYMENT INSTRUCTIONS

- Visit <https://psu.parkmobile.io/rec-hall>
- Select game or season package at bottom of the page
- Select parking area
- Enter the license plate information for the vehicle being driven to the event
 - o Note: If a different vehicle must be driven than the one registered at purchase, users must contact ParkMobile Member Support through the ParkMobile website or app (Settings – Chat Support) to request a vehicle change for that reservation.
- Purchase parking for the event
 - o Note: Guests must present their ParkMobile QR code to event parking staff on their mobile device, if requested. Printed permits from the ParkMobile website will also be accepted.
 - o Note: If correct license plate information is entered at purchase, the gates for the purchased parking facility will open automatically for entry and exit. If license plate information is not correct or cannot be read by deck equipment, guests must scan their ParkMobile QR code at the entry and exit machines.

IMPORTANT PARKING REMINDERS

All vehicles must be parked with the license plate facing the drive aisle located closest to the parking space so that payment can be verified by parking enforcement staff.

A valid permit or payment is required in event parking areas 24 hours a day, seven days a week. Vehicles parked without a valid permit or payment may be ticketed and/or towed at the owner's expense.

Non-football event parking is managed by Penn State Transportation Services. For more information on parking for this event, please email parking@psu.edu or call 814-865-1436.

COMPLEMENTARY WEST DECK SHUTTLE SERVICE

Complementary shuttle service to and from the West Parking Deck will be provided for all 2023-24 Penn State Wrestling matches at Rec Hall.

Shuttle service will begin 90 minutes prior to each match and run until post-match traffic has cleared. Each shuttle is wheelchair accessible.

Located on White Course Drive and accessible from Atherton Street near Rec Hall, the West Deck provides fans with the following benefits:

- Reduced entry and exit times
- Parking for vehicles up to 7'9" (Nittany Deck clearance 6'9")
- Ground-level electric vehicle charging

For more information on Penn State Wrestling parking and shuttle service, email Penn State Transportation Services at parking@psu.edu or call 814-865-1436.

PENN STATE WRESTLING ON THE RADIO AND ONLINE!

You can catch PSU Wrestling on Bigfoot Country Legends at 103.7 FM, 104.3 FM, 1450 AM, and 1290 AM as well as online at GoPSUsports.com through LionVision, featuring Jeff Byers!

NATIONAL RANKINGS

TEAM RANKINGS

INTERMAT TPI

(12/5/23)

1. PENN STATE
2. North Carolina St.
3. Missouri
4. Nebraska
5. Cornell
- 6t. Iowa State
- 6t. Michigan
8. Oklahoma St.
9. Iowa
10. Arizona State
11. Virginia Tech
12. Northern Iowa
13. Ohio State
14. South Dakota St.
15. Lehigh
16. Stanford
17. Oklahoma
18. Rutgers
19. Air Force
20. Oregon State
- 21t. Illinois
- 21t. Lock Haven
23. Maryland
24. Pittsburgh
25. North Carolina

NWCA COACHES

POLL (DUAL)

(12/5/23)

1. Penn State
2. North Carolina State
3. Missouri
4. Iowa
5. Ohio State
6. Cornell
7. Iowa State
8. Michigan
9. Nebraska
10. Virginia Tech
11. Oklahoma State
12. Minnesota
13. Rutgers
14. South Dakota State
15. Oregon State
16. Northern Iowa
17. Navy
18. Oklahoma
19. Pittsburgh
20. Lehigh
21. West Virginia
22. Arizona State
23. North Carolina
24. Stanford
25. Indiana

INTERMAT

(12/5/23)

Aaron Nagao	4th/133
Beau Bartlett	2nd/141
Shayne Van Ness	2nd/149
Levi Haines	1st/157
Mitchell Mesenbrink	14th/165
Carter Starocci	1st/174
Bernie Truax	2nd/184
Aaron Brooks	1st/197
Greg Kerkvliet	1st/285

2023-24 RIDGE RILEY AWARD WINNERS (home)

12/3	Lehigh	Carter Starocci, 174
12/10	Hofstra	
1/14	Indiana	
2/2	Ohio State	
2/12	Rutgers	
2/18	Nebraska	
2/25	Edinboro	

2023-24 ERNIE LUCAS AWARD WINNERS (away)

1/5	Oregon State
1/19	Michigan
1/21	Michigan State
1/28	Maryland
2/9	Iowa

vs. RANKED FOES

Check here throughout the season for Penn State's dual meet results against foes ranked in the InterMat Top 25 Team TPI.

12/3	vs. #20 Lehigh	W, 30-10
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2023-24 ATTENDANCE

Please note that Penn State did not allow fans into dual meets and did not permit or track attendance in the 2020-21 season due not being allowed to have fans and/or sell tickets.

12/3	LEHIGH	6,623
12/10	HOFSTRA	
1/14	INDIANA	
2/2	OHIO STATE	
2/12	RUTGERS (BJC)	
2/18	NEBRASKA	
2/25	EDINBORO	
TOTAL		6,623
AVG.		6,623

(Penn State has wrestled in front of 76 of 78 sell-outs at home, including 67-straight in Rec Hall and 9 of 11 in the Bryce Jordan Center)

FALL LEADERS SINCE 2009-10

YEAR	TOTAL	WRESTLER
2009-10	9	Quentin Wright
2010-11	18	Andrew Alton
	13	Ed Ruth
2011-12	15	David Taylor
	14	Quentin Wright
	11	Cameron Wade
	10	Ed Ruth
2012-13	14	David Taylor
	12	Andrew Alton
	12	Ed Ruth
	11	Quentin Wright
2013-14	16	David Taylor
	11	Ed Ruth
2014-15	8	Matt Brown
2015-16	15	Jason Nolf
	15	Zain Retherford
	10	Morgan McIntosh
2016-17	17	Bo Nickal
	17	Zain Retherford
	14	Jason Nolf
	12	Mark Hall
2017-18	17	Zain Retherford
	16	Bo Nickal
	16	Jason Nolf
	13	Mark Hall
	12	Shakur Rasheed
2018-19	18	Bo Nickal
	15	Jason Nolf
	14	Vincenzo Joseph
2019-20	10	Mark Hall
	5	Greg Kerkvliet
	5	Nick Lee
	5	Vincenzo Joseph
2020-21	2	Beau Bartlett
	2	Greg Kerkvliet
	2	Joe Lee
2021-22	6	Greg Kerkvliet
	5	Jack Kelly
2022-23	6	Max Dean
	4	David Evans
	4	Shayne Van Ness
2023-24	4	Beau Bartlett
	3	Shayne Van Ness
	2	Aaron Brooks
	2	Matt Lee
	2	Carter Starocci

FUN WITH FAN FIGURES**PENN STATE OWNS THE TOP SEVEN NCAA INDOOR DUAL MEET MARKS, ALL IN THE BJC!**

The top two NCAA dual meet attendance figures of all-time come in outdoor venues in football stadiums at Iowa City and Piscataway:

11/14/15	Iowa v. Oklahoma St.	42,287
11/18/16	Princeton v. Rutgers	16,178

TOP 10 INDOOR ATTENDANCE FIGURES,**NCAA ALL-TIME RECORDS:**

1: Iowa at PENN STATE (1/27/23)	15,998
Iowa at PENN STATE (2/10/18)	15,998
3: Pittsburgh at PENN STATE (12/8/13)	15,996
4: Ohio St. at PENN STATE (2/15/20)	15,995
5: Ohio St. at PENN STATE (2/4/22)	15,991
6: Ohio St. at PENN STATE (2/5/16)	15,983
7: Michigan at PENN STATE (1/20/23)	15,975
8: Iowa at PENN STATE (2/8/15)	15,967
9: Iowa State at Iowa (12/6/08)	15,955
10: Michigan at PENN STATE (2/1/19)	15,703

Of the top ten indoor dual meets in NCAA history, Penn State has hosted nine! All have come since head coach Cael Sanderson's arrival at Penn State.

THE TOP 10 REC HALL ATTENDANCE FIGURES IN THE SANDERSON ERA!

While Rec Hall held many more fans in decades past, recent renovations and updated fire safety regulations/SRO guidelines at the end of the 2013-14 season have the venerable venue's attendance capped at 6,202 (not including SROs, media, staff, etc.).

Since Cael Sanderson took the helm of the Nittany Lions, Rec Hall has essentially been sold out. Penn State is riding a multi-year streak of Rec Hall sellouts and has also sold out six of eight duals in the near-16K seat BJC.

The following are the top 10 Rec Hall attendance marks since Sanderson's arrival in 2009-10:

Rk.	Date	Opponent (Res.)	Att.
1.	1/22/12	Iowa (W, 22-12)	6,796
2.	2/19/12	Pitt (W, 33-6)	6,755
3.	1/29/12	Ohio State (W, 34-9)	6,728
4.	2/3/18	Ohio State (W, 19-18)	6,699
5.	1/30/11	Iowa (L, 13-22)	6,686
6.	12/14/18	Arizona St. (W, 41-3)	6,676
7.	2/5/12	Michigan (W, 34-7)	6,671
8.	2/12/17	Maryland (W, 45-6)	6,661
9.	2/10/17	Illinois (W, 34-7)	6,645
10.	2/15/19	Michigan State (W, 37-10)	6,643

AVERAGE ATTENDANCE**SINCE 2009-10 UNDER CAEL**

YEAR	AVG	Best
2009-10	4,343	4,833 vs. Illinois, 1/22/10
2010-11	5,455	6,686 vs. Iowa, 1/30/11
2011-12	6,481	6,796 vs. Iowa, 1/22/12
2012-13	6,411	6,618 vs. Nebraska, 1/27/13
2013-14	7,646	15,996 vs. Pitt, 12/8/13
2014-15	7,747	15,967 vs. Iowa, 2/8/15
2015-16	8,756	15,983 vs. Ohio St., 2/15/16
2016-17	7,833	15,424 vs. Lehigh, 12/4/16
2017-18	7,693	*+15,998 vs. Iowa, 2/10/18
2018-19	7,715	15,703 vs. Michigan, 2/1/19
2019-20	7,604	15,995 vs. Ohio State, 2/15/20
2020-21	N/A	No public attendance allowed
2021-22	7,776	15,991 vs. Ohio State, 2/4/22
2022-23	9,224	*+15,998 vs. Iowa, 1/27/23
2023-24	6,623	6,623 vs. Lehigh, 12/3/23

* all-time Penn State record

+ all-time Penn State record, all-time NCAA indoor dual meet record



THIS YEAR'S SQUAD

PENN STATE WRESTLING 2023-24 ROSTER

NAME	Wt.	YR./EL.	HOMETOWN/HIGH SCHOOL
Donovon Ball	184	Gr./Sr.	New Cumberland, Pa./Cedar Cliff
Josh Barr	184	Fr./Fr.	Davison, Mich./Davison
Terrell Barraclough	165	Sr./Sr.	Kaysville, Utah/Layton
Beau Bartlett	141	Sr./Sr.	Tempe, Ariz./Wyoming Seminary (Pa.)
Brian Borden	174	Jr./So.	Rupert, Idaho/Minico
Aaron Brooks	197	Sr.+/Sr.+	Hagerstown, Md./North Hagerstown
Lucas Cochran	184/197	Jr./So.	Perry, Utah/Box Elder
Braeden Davis	125	Fr./Fr.	Belleville, Mich./Dundee
Aurelius Dunbar	174	Sr./Jr.	Greencastle, Pa./Mercersburg Academy
David Evans	141	Sr./Jr.	Tunkhannock, Pa./Tunkhannock
Alex Facundo	165	Jr./So.	Essexville, Mich./Davison
AJ Fricchione	197/285	Fr./Fr.	Duryea, Pa./Bergen Catholic
Kyison Garcia	133	Fr./Fr.	South Jordan, Utah/Mountain Ridge
Erik Gibson	165	Fr./Fr.	South Fork, Pa./Bishop McCort
Levi Haines	157	So./So.	Arendtsville, Pa./Biglerville
Imran Heard	149	Gr./Gr.	Pittsburgh, Pa./St. Paul's School (Md.)
Robert Howard	125	Jr./So.	Cranford, N.J./Bergen Catholic
Tyler Kasak	141	Fr./Fr.	Doylestown, Pa./Bethlehem Catholic
Jack Kelly	184	Jr./So.	Little Silver, N.J./Rumson-Fair Haven
Greg Kerkvliet	285	Sr./Sr.	Inver Grove Heights, Minn./Simley
Joe Lee	174	Sr./Sr.	Evansville, Ind./Evansville Mater Dei
Matt Lee	165	Sr./Jr.	Evansville, Ind./Evansville Mater Dei
Timothy Levine	141	Sr./Jr.	Costa Mesa, Calif./St. John Bosco
Kurt McHenry	125	Gr./Sr.	Leesburg, Va./St. Paul's School (Md.)
Mitchell Mesenbrink	157/165	So./Fr.	Hartland, Wis./Arrowhead
Aaron Nagao	133	Jr./So.	La Habra, Calif./Esperanza
Connor Pierce	149	So./Fr.	Erie, Pa./Harbor Creek
Karl Shindledecker	133	So./So.	Fayetteville, Pa./Chambersburg
Baylor Shunk	133	Gr./Sr.	Centre Hall, Pa./Penns Valley
Carter Starocci	174	Sr./Sr.	Erie, Pa./Cathedral Prep
Gary Steen	125	Jr./So.	Hermitage, Pa./Reynolds
Bernie Truax IV	184	Gr./Gr.	Oceanside, Calif./Rancho Buena Vista
Shayne Van Ness	149	Jr./So.	Somerville, N.J./Blair Academy
Marco Vespa	125	Sr./Jr.	Monroe, N.Y./Monroe Woodbury
Sean Wang	133	Jr./So.	Great Neck, N.Y./Great Neck South
Branden Wentzel	125	Fr./Fr.	Montoursville, Pa./Montoursville

Head Coach: Cael Sanderson (Iowa State '02)
 Associate Head Coach: Cody Sanderson (Iowa State '00)
 Head Assistant Coach: Casey Cunningham (Central Michigan '99)
 Assistant Coach: Jimmy Kennedy (Illinois, '11)
 Director of Operations: Adam Lynch (Penn State '10)

Penn State Athletics chose to advance classes as though 2020-21 was a normal year of eligibility. Student-athletes listed as redshirt freshmen in 2021-22 did not officially redshirt in 2020-21, but would have in any other normal year. Extra years of eligibility will be marked on the back end of student-athletes' career (a "+" symbol will be added on the end of "Sr." to indicate the extra year of eligibility being used).

THIS IS PENN STATE. WRESTLING LIVES HERE.

2023-24 PENN STATE WRESTLING INDIVIDUAL RECORDS & STATS

1-0 OVERALL, 0-0 B1G, 1-0 HOME, 0-0 ROAD, 0-0 NEUTRAL

Wrestler, Wt.	Overall Record	Collegiate Record	Dual Record	Big 10 Dual Record	Dual Pts. For/Against	SV W-L	TB W-L	MD W-L	TF W-L	Pins W-L	Fastest Fall
Donovon Ball, 184	1-2	1-2	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	----
Josh Barr, 184	7-0	0-0	0-0	0-0	0/0	1-0	0-0	2-0	2-0	0-0	----
Terrell Barraclough, 165	6-1	6-1	0-0	0-0	0/0	1-0	0-0	2-0	0-0	1-0	7:20
Beau Bartlett, 141	8-0	8-0	1-0	0-0	4/0	2-0	0-0	2-0	0-0	4-0	1:29
Brian Borden, 174	3-2	3-2	0-0	0-0	0/0	0-0	0-0	1-1	0-0	0-0	----
Aaron Brooks, 197	3-0	3-0	0-0	0-0	0/0	0-0	0-0	0-0	1-0	2-0	2:33
Lucas Cochran, 184/197	2-2	2-2	0-1	0-0	0/4	0-0	0-0	1-1	0-0	1-0	2:57
Braeden Davis, 125	7-0	7-0	0-0	0-0	0/0	0-0	0-0	2-0	3-0	0-0	----
Aurelius Dunbar, 174	2-4	2-4	0-0	0-0	0/0	0-1	0-0	0-1	0-0	0-1	----
David Evans, 141	6-2	6-2	0-0	0-0	0/0	1-0	0-1	1-0	1-0	0-0	----
Alex Facundo, 165	0-0	0-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	----
AJ Fricchione, 197/285	0-0	0-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	----
Kyison Garcia, 133	0-0	0-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	----
Erik Gibson, 165	0-0	0-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	----
Levi Haines, 157	4-0	4-0	1-0	0-0	3/0	0-0	0-0	1-0	1-0	1-0	4:22
Imran Heard, 149	1-2	1-2	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	----
Robert Howard, 125	3-4	3-4	0-0	0-0	0/0	1-0	0-0	0-2	0-0	1-0	4:45
Tyler Kasak, 141/149	4-1	4-1	1-0	0-0	3/0	0-0	1-0	2-0	0-0	0-0	----
Jack Kelly, 184	0-2	0-2	0-0	0-0	0/0	0-0	0-0	0-0	0-1	0-0	----
Greg Kerkvliet, 285	4-0	4-0	1-0	0-0	4/0	0-0	0-0	1-0	1-0	0-0	----
Joe Lee, 174	0-0	0-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	----
Matt Lee, 165	5-3	5-3	0-0	0-0	0/0	0-1	0-0	2-0	0-0	2-0	2:25
Timothy Levine, 141	0-2	0-2	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	----
Kurt McHenry, 125	1-2	1-2	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	----
Mitchell Mesenbrink, 157/165	8-0	8-0	1-0	0-0	5/0	0-0	0-0	0-0	5-0	1-0	2:15
Aaron Nagao, 133	4-1	4-1	0-1	0-3	0/0	0-0	0-0	1-0	2-0	1-0	0:57
Connor Pierce, 149	3-3	3-3	0-0	0-0	0/0	0-0	0-0	1-0	0-0	1-0	2:07
Karl Shindledecker, 133	0-0	0-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	----
Baylor Shunk, 133	2-5	2-5	0-0	0-0	0/0	0-0	0-0	1-1	1-1	0-0	----
Carter Starocci, 174	4-0	4-0	1-0	0-0	6/0	0-0	0-0	0-0	1-0	2-0	2:15
Gary Steen, 125	6-3	6-3	0-1	0-3	0/0	0-1	0-0	1-1	3-0	1-0	4:23
Bernie Truax IV, 184	4-0	4-0	1-0	0-0	5/0	0-0	0-0	2-0	1-0	0-0	----
Shayne Van Ness, 149	3-0	3-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	3-0	1:30
Marco Vespa, 125	0-0	0-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	----
Sean Wang, 133	1-3	1-3	0-0	0-0	0/0	0-0	0-0	1-0	0-1	0-1	----
Branden Wentzel, 125	0-0	0-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	----
Dual Forfeit losses			0-0	0-0	0/0						
TOTALS	102-44	102-37	7-3	0-0	30/10	6-3	1-1	22-7	22-3	21-2	0:57

SV - sudden victory • TB - tiebreak • MD - major decision • TF - technical fall

SEASON LEADERS -- OVERALL*

WINS	FALLS	MAJOR DECISIONS
1. Beau Bartlett, 141	8	4
Mitchell Mesenbrink, 165	8	3
3. Josh Barr, 184	7	2
Braeden Davis, 125	7	2
5. Terrell Barraclough, 165	6	2
David Evans, 141	6	1
Gary Steen, 125	6	1
8. Matt Lee, 165	5	1
9. Levi Haines, 157	4	1
Tyler Kasak, 141/149	4	1
Greg Kerkvliet, 285	4	1
Aaron Nagao, 133	4	1
Carter Starocci, 174	4	1
Bernie Truax, 184	4	1
15. Brian Borden, 174	3	1
Aaron Brooks, 197	3	1
Robert Howard, 125	3	1
Connor Pierce, 149	3	1
Shayne Van Ness, 149	3	1
20. Lucas Cochran, 197	2	1
Aurelius Dunbar, 174	2	1
Baylor Shunk, 133	2	1
23. Donovon Ball, 184	1	1
Imran Heard, 149	1	1
Kurt McHenry, 125	1	1
Sean Wang, 133	1	1

TECHNICAL FALLS

1. Mitchell Mesenbrink, 165	5
2. Braeden Davis, 125	3
Gary Steen, 125	3
4. Josh Barr, 184	2
Aaron Nagao, 133	2
6. Aaron Brooks, 197	1
David Evans, 141	1
Levi Haines, 157	1
Greg Kerkvliet, 285	1
Baylor Shunk, 133	1
Carter Starocci, 174	1
Bernie Truax, 184	1

* Includes wrestlers w/unattached wins and red-shirts.

DUAL TAKEDOWNS

(numbers listed FOR - AGAINST)

Wt.	Wrestler	1st	2nd	3rd	OT	Total
125	Gary Steen	0-0	0-0	0-1	0-0	0-1
133	Aaron Nagao	0-0	0-2	0-0	0-0	0-2
141	Beau Bartlett	1-1	2-0	1-0	0-0	4-1
149	Tyler Kasak	2-0	0-0	0-0	0-0	2-0
157	Levi Haines	1-1	0-0	2-0	0-0	3-1
165	Mitchell Mesenbrink	1-0	2-0	2-0	0-0	5-0
174	Carter Starocci	3-0	0-0	0-0	0-0	3-0
184	Bernie Truax	1-0	1-0	3-0	0-0	5-0
197	Lucas Cochran	0-1	0-2	0-3	0-0	0-6
285	Greg Kerkvliet	1-0	1-0	1-0	0-0	3-0
TOTAL		10-3	6-4	9-4	0-0	25-11



2023-24 DUAL MEET TEAM POINTS SCORED BY WEIGHT/FINAL SCORES

Opponent	125	133	141	149	157	165	174	184	197	285	FINAL
12/3: LEHIGH	0-3	0-3	4-0	3-0	3-0	5-0	6-0	5-0	0-4	4-0	30-10
12/10: HOFSTRA	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0
1/5: at Oregon State	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0
1/14: INDIANA	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0
1/19: at Michigan	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0
1/21: at Michigan State	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0
1/28: at Maryland	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0
2/2: OHIO STATE	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0
2/9: at Iowa	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0
2/12: RUTGERS (BJC)	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0
2/18: NEBRASKA	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0
2/25: EDINBORO	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0
TEAM TOTALS	0-3	0-3	4-0	3-0	3-0	5-0	6-0	5-0	0-4	4-0	30-10

* Big Ten Dual // % Indicates team point lost during dual (bench OR athlete)

INDIVIDUAL DUAL RECORD BY WEIGHT

125	133	141	149	157	165	174	184	197	285	TOTAL
0-1	0-1	1-0	1-0	1-0	1-0	1-0	1-0	0-1	1-0	7-3

DUAL PINS BY WEIGHT

125	133	141	149	157	165	174	184	197	285	TOTAL
0-0	0-0	0-0	0-0	0-0	0-0	1-0	0-0	0-0	0-0	1-0

DUAL TECHNICAL FALLS BY WEIGHT

125	133	141	149	157	165	174	184	197	285	TOTAL
0-0	0-0	0-0	0-0	0-0	1-0	0-0	1-0	0-0	0-0	2-0

DUAL MAJOR DECISIONS BY WEIGHT

125	133	141	149	157	165	174	184	197	285	TOTAL
0-0	0-0	1-0	0-0	0-0	0-0	0-0	0-0	0-1	1-0	2-1

DUAL FORFEITS/DQs/INJURY DEFAULTS BY WEIGHT

125	133	141	149	157	165	174	184	197	285	TOTAL
0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0

DUAL DECISIONS BY WEIGHT

125	133	141	149	157	165	174	184	197	285	TOTAL
0-1	0-1	0-0	1-0	1-0	0-0	0-0	0-0	0-0	0-0	2-2

TEAM RECORD AT DUAL'S STARTING WEIGHT

125	133	141	149	157	165	174	184	197	285	TOTAL
0-1	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-1

SEASON LEADERS -- DUAL MEETS

DUAL POINTS

1.	Carter Starocci, 174	6
2.	Mitchell Mesenbrink, 165	5
	Bernie Truax, 184	5
4.	Beau Bartlett, 141	4
	Greg Kerkvliet, 285	4
6.	Levi Haines, 157	3
	Tyler Kasak, 149	3

DUAL BONUS POINTS

1.	Carter Starocci, 174	3
2.	Mitchell Mesenbrink, 165	2
	Bernie Truax, 184	2
4.	Beau Bartlett, 141	1
	Greg Kerkvliet, 285	1

DUAL TECH FALLS

1.	Mitchell Mesenbrink, 165	1
	Bernie Truax, 184	1

DUAL FORFEIT/INJ. DEF./DQ WINS

1.	TBA	
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DUAL MAJOR DECISIONS

1.	Beau Bartlett, 141	1
	Greg Kerkvliet, 285	1

DUAL PINS

1.	Carter Starocci, 174	1
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DUAL TAKEDOWNS

1.	Mitchell Mesenbrink, 165	5
	Bernie Truax, 184	5
3.	Beau Bartlett, 141	4
4.	Levi Haines, 157	3
	Greg Kerkvliet, 285	3
	Carter Starocci, 174	3
7.	Tyler Kasak, 149	2

DUAL REVERSALS

1.	TBA	
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DUAL NEAR FALL 2

1.	TBA	
----	-----	--

DUAL NEAR FALL 3

1.	TBA	
----	-----	--

DUAL NEAR FALL 4

1.	TBA	
----	-----	--

DUAL STALLS FORCED/TAKEN

125: Gary Steen	0	1
133: Aaron Nagao	2	0
141: Beau Bartlett	0	0
149: Tyler Kasak	0	2
157: Levi Haines	0	1
165: Mitchell Mesenbrink	2	0
174: Carter Starocci	0	0
184: Bernie Truax	2	0
197: Lucas Cochran	0	1
285: Greg Kerkvliet	1	0
TOTALS	7	5

DUAL RIDING TIME POINTS FOR/AGAINST

125: Gary Steen	0	0
133: Aaron Nagao	1	0
141: Beau Bartlett	0	0
149: Tyler Kasak	0	0
157: Levi Haines	1	0
165: Mitchell Mesenbrink	0	0
174: Carter Starocci	0	0
184: Bernie Truax	1	0
197: Lucas Cochran	0	1
285: Greg Kerkvliet	1	0
TOTALS	4	1

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RECORD WATCH

SINGLE SEASON

VICTORIES

1.	54	Scott Moore, 2003
2.	47	Kerry McCoy, 1994
3.	44	Josh Moore, 2004
4.	43	Mark Becks, 2003
		Jim Martin, 1989
		Kerry McCoy, 1995
7.	41	Jim Martin, 1988
		Kerry McCoy, 1997
9.	40	Josh Moore, 2003
10.	39	Carl DeStefanis, 1984
		Bob Truby, 1991
		Ed Ruth, 2011
12.	38	David Taylor, 2011
		Pat Cummins, 2004
		Pat Cummins, 2003
		Greg Elinsky, 1987
		Cary Kolat, 1994
16.	37	Phil Davis, 2005
		Jim Martin, 1986
		Greg Elinsky, 1986
19.	36	John Hughes, 1994
20.	35	Sanshiro Abe, 1994
		Bill Marino, 1983
		Greg Elinsky, 1984
		Ken Chertow, 1987, 88
		Jamarr Billman, 1998

FALLS

1.	24	Josh Moore, '03-04
2.	22	Scott Moore, '02-03
3.	20	Cary Kolat, '93-94
4.	18	Bo Nickal, '18-19
	18	Andrew Alton, '10-11
6.	17	Zain Retherford, '17-18
	17	Bo Nickal, '16-17
	17	Zain Retherford, '16-17
9.	16	Bo Nickal, '17-18
	16	Jason Nolf, '17-18
	16	David Taylor, '13-14
	16	Josh Moore, '02-03
13.	15	Jason Nolf, '18-19
	15	Jason Nolf, '15-16
	15	Zain Retherford, '15-16
	15	David Taylor, '11-12
	15	Bill Marino, '82-83

SHUTOUS (32 SINCE 81-82)

45-0	vs. Cornell, 12/3/81, Rec Hall
54-0	vs. Millersville, 1/25/83, Rec Hall
39-0	vs. Virginia, 12/1/87, Rec Hall
45-0	vs. Maryland, 1/18/92, Rec Hall
38-0	vs. Minnesota, 2/8/92, Ann Arbor
39-0	vs. Bloomsburg, 2/10/93, Rec Hall
39-0	vs. Lehigh, 2/13/93, Rec Hall
40(-1)	vs. Wartburg, 1/22/00, BJC
38-0	vs. Appalachian State, 1/11/02, Hampton, Va.
47-0	vs. Clarion, 11/19/06, Lock Haven, Pa.
41-0	vs. Rider, 1/13/07, Hampton, Va.
33-0	vs. Lehigh, 12/7/07, Easton, Pa.
45-0	vs. Harvard, 11/21/10, Binghamton
48-0	vs. Lock Haven, 12/12/10, Rec Hall
50-0	vs. Lock Haven, 12/18/11, Lock Haven,
43-0	vs. Wisconsin, 1/15/12, Madison
52-0	vs. Indiana, 12/9/12, Rec Hall
41-0	vs. Michigan State, 1/13/13, Rec Hall
37-0	vs. Illinois, 2/3/13, Champaign, Ill.
48-0	vs. Rider, 2/17/13, Rec Hall
34-0	vs. Rutgers, 2/24/13, New Brunswick
44-0	vs. Clarion, 11/22/14, Clarion, Pa.
35-0	vs. Michigan State, 2/1/15, East Lansing
50-0	vs. Lock Haven, 11/13/15, Rec Hall
45-0	vs. Army, 11/11/16, West Point, N.Y.
46-0	vs. Binghamton, 12/11/16, Rec Hall
55-0	vs. Buffalo, 2/18/18, Rec Hall
42-0	vs. Lehigh, 12/2/18, Rec Hall
45-0	vs. Navy, 11/10/19, Rec Hall
44-0	vs. Maryland, 2/22/21, Rec Hall
46-0	vs. Maryland, 1/7/22, College Park, Md.
46-0	vs. Rider, 2/20/22, Rec Hall

CAREER

MATCHES WRESTLED

1.	184	Josh Moore, '01-04
2.	168	Jim Martin, '86-89
	168	Kerry McCoy, '92-97
4.	162	Greg Elinsky, '83-87
5.	158	Doc Vecchio, '00-03
		Clint Musser, '94, 96-99
7.	154	Ken Chertow, '85, 87-89
		Jason Suter, '88-91
		Adam Smith, '02-05
9.	151	Scott Moore, '00, '02-03
	151	Frank Molinaro, '09-12
11.	150	Mark Becks, '00-03
12.	149	Eric Brugel, '82-84, 86
		John Hughes, '92, 94-96
15.	144	Andy Voit, '85, 87-89
16.	143	Dan Vallimont, '07-10
17.	142	John Hanrahan, '79-82
19.	140	Jeremy Hunter, '96-00
		Sanshiro Abe, '93-96
20.	139	Tim Flynn, '83, 85-87
	139	Quentin Wright, '09, 11-13
	139	Ed Ruth, '11-13

VICTORIES (AT PENN STATE)

1.	155	Jim Martin, '86-89
2.	150	Kerry McCoy, '92-97
3.	146	Josh Moore, '01-04
4.	138	Greg Elinsky, '83-87
5.	136	Ed Ruth, 2011-14
6.	134	David Taylor, 2011-14
7.	126	Zain Retherford, '14-18
8.	125	Sanshiro Abe, '93-96
9.	123	Jeremy Hunter, '96-00
	123	Clint Musser, '94, 96-99
11.	121	Frank Molinaro, '09-12
	121	John Hughes, '92, 94-96
13.	119	Nico Megaludis, '12-16
14.	118	Nick Lee, '18-22
	118	Matt Brown, '12-15
16.	116	Mark Hall, 2017-20
	116	Quentin Wright, '09-13
	116	Phil Davis, '05-08
19.	115	Ken Chertow, '85, 87-89
20.	114	Morgan McIntosh, '12-16
	114	Carl DeStefanis, '81-84

OVERALL WINNING % (MINIMUM 30 MATCHES)

1.	97.84	Ed Ruth (136-3), 2011-14
2.	97.81	David Taylor (134-3), 2011-14
3.	97.6	Zain Retherford (126-3), 2014-18
4.	97.5	Bo Nickal (120-3), 2016-19
5.	97.5	Jason Nolf (117-3), 2016-19
6.	97.0	Carter Starocci (65-2), '21-Prsnt.
7.	96.7	Andy Matter (59-2), 1970-72
8.	95.9	Aaron Brooks (70-3), '20-Prsnt.
9.	95.1	Mark Hall (116-6), 2017-20
10.	93.4	Jim Martin (155-9-4), 1986-89

FALLS

1.	60	Jason Nolf, '16-19
2.	59	Bo Nickal, '16-19
3.	53	Zain Retherford, '14-18
	53	David Taylor, '11-14
	53	Josh Moore, '01-04
6.	46	Ed Ruth, '11-14
7.	41	Mark Hall, '17-20
	38	Quentin Wright, '09-13
9.	34	Scott Moore, '00, '02-03
	34	Kerry McCoy, '92-97
11.	32	Cameron Wade, 2009-12
	32	Josh Walker, '02-05
13.	31	Andrew Alton, '11-15
	31	Biff Walizer, '95-99
15.	30	Shakur Rasheed, '16-20
	30	Matt Brown, '12-15
	30	Phil Davis, '05-08
	30	Pat Cummins, '01-04
19	29	Jeremy Hunter, '96-00
20.	28	Cary Kolat, '93-94

DUAL MEET VICTORIES

1.	73	Jim Martin, '86-89
2.	71	Kerry McCoy, '92-97
3.	63	David Taylor, '11-14
4.	62	Jeremy Hunter, '96-00
5.	59	Zain Retherford, '14-18
6.	58	Phil Davis, 05-08
7.	57	Bo Nickal, 2016-19
	57	Sanshiro Abe, '93-96
	57	Dan Vallimont, '07-10
10.	55	Nick Lee, '18-22
	55	Ed Ruth, '11-14
	55	Frank Molinaro, '09-12
	55	Greg Elinsky, '83-87
14.	54	Roman Bravo-Young, '19-'23
	54	Jason Nolf, 2016-19
	54	Glenn Pritzlaff, '94, 96-99
17.	53	Morgan McIntosh, '12-16
	53	Clint Musser, '94, 96-99
19.	52	Nico Megaludis, '12-16
	52	Troy Sunderland, '89, 91-93

DUAL MEET WINNING % (MINIMUM 20 MATCHES)

1.	100.0	David Taylor (63-0), 2011-14
		Zain Retherford (59-0), 2014-18
		Ed Ruth (55-0), 2011-14
		Andy Matter (33-0), 1970-72
5.	98.3	Bo Nickal (57-1), 2016-19
6.	98.2	Jason Nolf (54-1), 2016-19
7.	97.4	Carter Starocci (37-1), '21-Prsnt.

	95.0	Aaron Brooks (38-2), '20-Prsnt.



ROBERT HOWARD
CRANFORD, N.J.
BERGEN CATHOLIC
NCAA Qualifier (2021)

Jr./So. = 125

CAREER STATISTICS

Year	Overall	Duals (BIG)TRN (BIG/NCAA)	F	TF	M	PTS
2020-21	7-6	2-1 (2-1)	5-5 (3-3/2-2)	1-1	0-0	2-0 9
2021-22	Redshirt season					
2022-23	Injury Redshirt Season					
2023-24	3-4	0-0 (0-0)	3-4 (0-0/0-0)	1-0	0-0	0-2 0
Career	10-10	2-1 (2-1)	8-9 (3-3/2-2)	2-1	0-0	2-2 9

PARENTS: KELLY AND TRACY HOWARD
MAJOR: TELECOMMUNICATIONS

MATCH-BY-MATCH

Date	Wt.	Result	Opponent	Place	Record
11/12	125	WBF	Ashton Jackson, Purdue (4:45)	Jrny	1-0
11/12	125	L, 3-13	Dylan Ryder, Hofstra	Jrny	1-1
11/12	125	L, 5-8	Max Gallagher, Penn	Jrny	1-2
11/19	125	W, 6-4	Aedyn Concepcion, Gardner Webb	BK	2-2
11/19	125	W, 5-2 (sv)	Gary Steen, Penn State	BK	3-2
11/19	125	L, 3-12	#30 Ethan Berginc, Army	BK	3-3
11/19	125	L, med.fr.	#31 Tristan Lujan, Michigan State	BK (4th)	3-4

NOTES: Missed last two years with injury. **Journeyman (11/12):** Went 1-2 with a pin over Purdue's Ashton Jackson (4:45). **Black Knight (11/19):** Went 2-2 for fourth place.



BRAEDEN DAVIS
BELLEVILLE, MICH.
DUNDEE

Fr./Fr. = 125

CAREER STATISTICS

Year	Overall	Duals (BIG)TRN (BIG/NCAA)	F	TF	M	PTS
2023-24	7-0	0-0 (0-0)	7-0 (0-0/0-0)	0-0	3-0	2-0 0
Career	7-0	0-0 (0-0)	7-0 (0-0/0-0)	0-0	3-0	2-0 0

PARENTS: RENAE AND STEVEN DAVIS
MAJOR: DIVISION OF UNDERGRADUATE STUDIES

MATCH-BY-MATCH

Date	Wt.	Result	Opponent	Place	Record
11/12	125	W, 15-0	Ariel Waldman, LIU (TF; 2:15)	Jrny	1-0
11/12	125	W, 20-5	Eric Howe, F&M (TF; 4:00)	Jrny	2-0
11/12	125	W, 11-3	Gary Steen, Penn State (major)	Jrny	3-0
11/19	125	W, 17-1	Ariel Waldman, LIU (TF; 3:47)	BK	4-0
11/19	125	W, 11-1	Charlie Farmer, Army (major)	BK	5-0
11/19	125	W, 4-2	#31 Tristan Lujan, Michigan State	BK	6-0
11/19	125	W, 5-1	#30 Ethan Berginc, Army	BK (1st)	7-0

NOTES: True freshman this year. **Journeyman (11/12):** Went 3-0 in first collegiate action, including two technical falls and a major. **Black Knight (11/19):** Went 4-0 to win 125 title, including wins over #31 Tristan Lujan of Michigan State and #30 Ethan Berginc of Army West Point.

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GARY STEEN
HERMITAGE, PA.
REYNOLDS

Jr./So. = 125

CAREER STATISTICS

Year	Overall	Duals (BIG)	TRN (BIG/NCAA)	F	TF	M	PTS
2021-22	Redshirt season						
2022-23	6-15	3-11 (1-5)	3-4 (0-3/0-0)	0-1	0-3	0-1	9
2023-24	6-3	0-1 (0-0)	6-2 (0-0/0-0)	1-0	3-0	1-1	0
Career	12-18	3-12 (1-5)	9-6 (0-3/0-0)	1-1	3-3	1-2	9

PARENTS: KIM McNATT, MARK STEEN
MAJOR: RECREATION, PARK AND TOURISM MANAGEMENT

MATCH-BY-MATCH

Date	Wt.	Result	Opponent	Place	Record
11/12	125	W, 16-1	Noah Tonsor, Army (TF; 3:18)	Jrny	1-0
11/12	125	W, 17-2	Bronson Garber, Bloomsburg (TF; 6:15)	Jrny	2-0
11/12	125	L, 3-1	Braeden Davis, Penn State	Jrny	2-1
11/19	125	W, 12-5	Carson Wagner, Binghamton	BK	3-1
11/19	125	L, 2-5 (sv)	Robert Howard, Penn State	BK	3-2
11/19	125	WBF	Max Elton, Buffalo (4:23)	BK	4-2
11/19	125	W, 19-4	Nick Cordray, Michigan State (TF; 5:57)	BK	5-2
11/19	125	W, 14-4	Charlie Farmer, Army (major)	BK (5th)	6-2
12/3	125	L, 1-4	Shelton Seymour, Lehigh	dual	6-3

NOTES: Wrestled in 14 duals for Penn State last season. **Journeyman (11/12):** Posted 2-1 record in season opener, including two straight tech falls to open event. **Black Knight (11/19):** Went 4-1 to take fifth, including first collegiate pin.



AARON NAGAO
LA HABRA, CALIF.
ESPERANZA

All-American (5th, 2023)

Jr./So. = 133

CAREER STATISTICS

Year	Overall	Duals (BIG)	TRN (BIG/NCAA)	F	TF	M	PTS
2021-22	Redshirt season						
2022-23	22-6	8-2 (3-1)	14-4 (3-1/5-2)	1-1	1-0	4-0	30
2023-24	4-1	0-1 (0-0)	4-0 (0-0/0-0)	1-0	2-0	1-0	0
Career	26-7	8-3 (3-1)	18-4 (3-1/5-2)	2-1	3-0	5-0	30

PARENTS: DESIREE AND ERIC NAGAO
MAJOR: LABOR AND HUMAN RESOURCES

MATCH-BY-MATCH

Date	Wt.	Result	Opponent	Place	Record
11/19	133	W, 15-0	Takeo Davis, Gardner Webb (TF; 3:40)	BK	1-0
11/19	133	W, 13-1	Andrew Hampton, Michigan State (major)	BK	2-0
11/19	133	W, 17-2	Devon Britton, Rutgers (TF; 6:53)	BK	3-0
11/19	133	WBF	#33 Braden Basile, Army (0:57)	BK (st)	4-0
12/3	133	L, 4-6	#Ryan Crookham, Lehigh	dual	4-1

NOTES: Ranked #4 by InterMat. **Black Knight (11/19):** Won 133 title in Penn State debut, going 4-0 and pinning #33 Braden Basile of Army (0:57) in the finals. **Lehigh (12/3):** Dropped close 6-4 dec. to #5 Ryan Crookham in Rec Hall debut.



BEAU BARTLETT
 TEMPE, ARIZ.
 WYOMING SEMINARY (PA.)

All-American (3rd, 2023)

Sr./Sr. = 141

CAREER STATISTICS

Year	Overall	Duals (BIG)	TRN (BIG/NCAA)	F	TF	M	PTS
2020-21	8-3	1-1 (1-1)	7-2 (1-2/0-0)	2-0	0-0	1-0	3
2021-22	15-10	11-6 (4-4)	4-4 (3-2/1-2)	2-0	0-0	2-2	41
2022-23	27-3	15-1 (7-1)	12-2 (3-1/5-1)	3-0	1-0	6-0	58
2023-24	8-0	1-0 (0-0)	7-0 (0-0/0-0)	4-0	0-0	2-0	4
Career	58-16	28-8 (12-6)	30-8 (7-5/6-3)	11-0	1-0	11-2	106

PARENTS: RENEE AND ANDRE BARTLETT
MAJOR: PSYCHOLOGY

MATCH-BY-MATCH

Date	Wt.	Result	Opponent	Place	Record
11/12	141	WBF	Dante Frinzi, Harvard (1:29)	Jrny	1-0
11/12	141	W, 4-1 (sv)	#13 Vince Cornella, Cornell	Jrny	2-0
11/12	141	W, 15-3	#12 Malyke Hines, Lehigh (major)	Jrny	3-0
11/19	141	WBF	Riley Halal, Brown (2:36)	BK	4-0
11/19	141	WBF	Joe Fongara, Rutgers (4:48)	BK	5-0
11/19	141	WBF	Rich Treanor, Army (3:57)	BK	6-0
11/19	141	W, 4-1	Tyler Kasak, Penn State	BK (1st)	7-0
12/3	141	W, 14-6	Carter Bailey, Lehigh (major)	dual	8-0

NOTES: Ranked #2 by InterMat. **Journeymen (11/12):** Rolled to 3-0 mark in season opener, including pin, 4-1 win over #13 Vince Cornella of Cornell and 15-3 major over #12 Malyke Hines of Lehigh. **Black Knight (11/19):** Went 4-0, including three pins, to win title. Named Big Ten Wrestler of the Week (11/21). **Lehigh (12/3):** Majored Carter Bailey 14-6.



TYLER KASAK
 DOYLESTOWN, PA.
 BETHLEHEM CATHOLIC

Fr./Fr. = 141/149

CAREER STATISTICS

Year	Overall	Duals (BIG)	TRN (BIG/NCAA)	F	TF	M	PTS
2023-24	4-1	1-0 (0-0)	3-1 (0-0/0-0)	0-0	0-0	2-0	3
Career	4-1	1-0 (0-0)	3-1 (0-0/0-0)	0-0	0-0	2-0	3

PARENTS: JANEICE AND JOEL KASAK
MAJOR: AGRICULTURE

MATCH-BY-MATCH

Date	Wt.	Result	Opponent	Place	Record
11/19	141	W, 11-1	Logan Brown, Army (major)	BK	1-0
11/19	141	W, 2-1 (tb)	David Evans, Penn State	BK	2-0
11/19	141	W, 8-0	Todd Carter, Gardner Webb (major)	BK	3-0
11/19	141	L, 1-4	#2 Beau Bartlett, Penn State	BK (2nd)	3-1
12/3	149	W, 7-5	Drew Munch, Lehigh	dual	4-1

NOTES: True freshman **Black Knight (11/19):** Went 3-1, including two majors, to reach finals at 141, only loss close 4-1 dec. to teammate #2 Beau Bartlett in finals. **Lehigh (12/3):** Made Penn State dual debut up at 149 and posted 7-4 win over Drew Munch in Rec Hall.



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**SHANE
VAN NESS**
SOMERVILLE, N.J.
BLAIR ACADEMY

All-American (3rd, 2023)

Jr./So. = 149

CAREER STATISTICS

Year	Overall	Duals (BIG)	TRN (BIG/NCAA)	F	TF	M	PTS
2021-22		Redshirt season					
2022-23	24-7	12-4 (5-3)	12-3 (4-2/5-1)	5-0	2-0	7-0	55
2023-24	3-0	0-0 (0-0)	3-0 (0-0/0-0)	3-0	0-0	0-0	0
Career	27-7	12-4 (5-3)	15-3 (4-2/5-1)	8-0	2-0	7-0	55



**LEVI
HAINES**
ARENDTSVILLE, PA.
BIGLERVILLE

All-American (2nd, 2023)

So./So. = 157

CAREER STATISTICS

Year	Overall	Duals (BIG)	TRN (BIG/NCAA)	F	TF	M	PTS
2022-23	25-2	11-0 (7-0)	14-2 (3-0/4-1)	3-0	1-0	5-0	43
2023-24	4-0	1-0 (0-0)	3-0 (0-0/0-0)	1-0	1-0	1-0	3
Career	29-2	12-0 (7-0)	17-2 (3-0/4-1)	4-0	2-0	6-0	46

PARENTS: DAWN AND RODNEY VAN NESS
MAJOR: PSYCHOLOGY

MATCH-BY-MATCH

Date	Wt.	Result	Opponent	Place	Record
11/12	149	WBF	Eddie Hummel, Army (2:06)	Jrny	1-0
11/12	149	WBF	Cade Balestrini, Bloomsburg (2:58)	Jrny	2-0
11/12	149	WBF	Kelvin Griffin, Lehigh (1:30)	Jrny	3-0

NOTES: Ranked #2 by InterMat. **Journymen (11/12):** Rolled to three wins, all by fall and all in the first period, at season opening event. Wrestled 6:34 of a possible 21:00 minutes. Named Big Ten Wrestler of the Week (11/14). **NWCA All-Star Classic (11/21):** Rolled to a 5-1 win over #3 Kyle Parco of Arizona State in Rec Hall (exhibition/not an official result).

PARENTS: AIMEE AND KEN HAINES
MAJOR: AGRICULTURE

MATCH-BY-MATCH

Date	Wt.	Result	Opponent	Place	Record
11/12	157	W, 18-0	Luca Frinzi, Lehigh (TF; 4:35)	Jrny	1-0
11/12	157	WBF	Cael Berg, Harvard (4:22)	Jrny	2-0
11/12	157	W, 10-2	#27 Max Brignola, Lehigh (major)	Jrny	3-0
12/3	157	W, 12-6	#24 Max Brignola, Lehigh (major)	Jrny	4-0

NOTES: Ranked #1 by InterMat. **Journymen (11/12):** Went 3-0 at season opener, including tech and pin, also majored #27 Max Brignola of Lehigh. **Lehigh (12/3):** Beat #24 Brignola once again, this time a 12-6 win in Rec Hall.



**MITCHELL
MESENBRIK**
HARTLAND, WIS.
ARROWHEAD

So./Fr. = 157/165

CAREER STATISTICS

Year	Overall	Duals (B1G)	TRN (B1G/NCAA)	F	TF	M	PTS
*2022-23	2-0	2-0 (0-0)	0-0 (0-0/0-0)	2-0	0-0	0-0	12
2023-24	8-0	1-0 (0-0)	7-0 (0-0/0-0)	1-0	5-0	0-0	5
Career	10-0	3-0 (0-0)	7-0 (0-0/0-0)	3-0	5-0	0-0	17

* at Cal-Baptist // Redshirt season



**TERRELL
BARRACROUGH**
KAYSVILLE, UTAH
LAYTON

Sr./Sr. = 165

CAREER STATISTICS

Year	Overall	Duals (B1G)	TRN (B1G/NCAA)	F	TF	M	PTS
2019-20	Redshirt season						
2020-21	2-2	0-2 (0-2)	2-0 (0-0/0-0)	0-0	0-0	1-0	0
2021-22	7-8	1-6 (1-4)	6-2 (0-0/0-0)	1-0	0-0	1-1	3
2022-23	6-3	3-2 (0-1)	3-1 (0-0/0-0)	0-0	1-0	0-0	12
2023-24	6-1	0-0 (0-0)	6-1 (0-0/0-0)	1-0	0-0	2-0	0
Career	21-14	4-10 (1-7)	17-4 (0-0/0-0)	2-0	1-0	4-1	15

PARENTS: BERNADETTE AND JOHN MESENBRIK
MAJOR: LIBERAL ARTS

MATCH-BY-MATCH

Date	Wt.	Result	Opponent	Place	Record
11/12	165	W, 14-10	Nicco Ruiz, Arizona State	Jrny	1-0
11/12	165	W, 19-3	Eric Shindel, Hofstra (TF; 4:34)	Jrny	2-0
11/12	165	W, 20-5	Cooper Noehre, Purdue (TF; 5:37)	Jrny	3-0
11/19	165	W, 17-2	Dakota Morris, Army (TF; 6:16)	BK	4-0
11/19	165	W, 25-6	#21 Brevin Cassella, Binghamton (TF; 6:55)	BK	5-0
11/19	165	WBF	#22 Anthony White, Rutgers (2:15)	BK	6-0
11/19	165	W, 8-5	Terrell Barracrough, Penn State	BK (1st)	7-0
12/3	165	W, 17-2	#32 Jake Logan, Lehigh (TF; 6:13)	dual	8-0

NOTES: Ranked #14 by InterMat. **Journeyman (11/12):** Went 3-0 in first event as a Nittany Lion, including two technical falls. **Black Knight (11/19):** Went 4-0 to win title, including 25-6 tech of #1 Brevin Cassella of Binghamton and first period pin (2:15) of #22 Anthony White of Rutgers. **Lehigh (12/3):** Notched 17-2 tech fall over #32 Jake Logan in Penn State dual debut in Rec Hall.

PARENTS: ABBY AND ROYCE BARRACROUGH
MAJOR: BIOMEDICAL ENGINEERING

MATCH-BY-MATCH

Date	Wt.	Result	Opponent	Place	Record
11/12	165	W, 9-0	Kaya Sement, Penn (major)	Jrny	1-0
11/12	165	W, 5-0	Cole Spencer, Penn	Jrny	2-0
11/12	165	W, 4-0	Matt Lee, Penn State	Jrny	3-0
11/19	165	W, 12-2	Luke Gayer, Rutgers (major)	BK	4-0
11/19	165	W, 11-8 (sv)	Matt Lee, Penn State	BK	5-0
11/19	165	WBF (sv)	#9 Caleb Fish, Michigan State (7:20)	BK	6-0
11/19	165	L, 5-8	#17 Mitchell Meesenbrink, Penn State	BK (2nd)	6-1

NOTES: Has started at times for three seasons at Penn State. **Journeyman (11/12):** Posted 3-0 record in season opener (including a major) did not give up a point and outscored opponents 18-0. **Black Knight (11/19):** Went 3-1, including pinning #9 Caleb Fish of Michigan State, only loss an 8-5 setback to teammate #17 Mitchell Meesenbrink in the finals and placed second.



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CARTER STAROCCI
 ERIE, PA./CATHEDRAL PREP
 3X National Champion (2021, 2022, 2023)
 3X All-American (1st, 2021; 1st, 2022; 1st, 2023)

Sr./Sr. = 174

CAREER STATISTICS

Year	Overall	Duals (BIG)	TRN (BIG/NCAA)	F	TF	M	PTS
2019-20		Redshirt season					
2020-21	14-2	5-1 (5-1)	9-1 (3-1/5-0)	1-0	1-0	2-0	16
2021-22	23-0	15-0 (6-0)	8-0 (3-0/5-0)	4-0	5-0	4-0	65
2022-23	24-0	16-0 (8-0)	8-0 (3-0/5-0)	4-0	3-0	9-0	68
2023-24	4-0	1-0 (0-0)	3-0 (0-0/0-0)	2-0	1-0	0-0	6
Career	65-2	37-1 (19-1)	28-1 (9-1/15-0)	11-0	10-0	15-0	155

PARENTS: STARLA AND CHRIS STAROCCI
MAJOR: RECREATION, PARK AND TOURISM MANAGEMENT

MATCH-BY-MATCH

Date	Wt.	Result	Opponent	Place	Record
11/12	174	W, med. frf.	Max Wilner, Arizona State	Jrny	1-0
11/12	174	WBF	Luke Rada, Harvard (2:15)	Jrny	2-0
11/12	174	W, 21-5	#14 Nick Incontrera, Penn (major)	Jrny	3-0
12/3	174	WBF	Thayne Lawrence, Lehigh	dual	4-0

NOTES: Ranked #1 by InterMat. **Journeyman (11/12):** Rolled to a 3-0 record at Journeyman Collegiate (including a pin) and a 21-5 tech fall over #14 Nick Incontrera of Penn. **NWCA All-Star Classic (11/21):** Dominated #2 Mekhi Lewis of Virginia Tech, posting an 11-0 major in Rec Hall (exhibition/not an official result). **Lehigh (12/3):** Pinned Lehigh's Thayne Lawrence in the first period (2:07).



BERNIE TRUAX IV
 OCEANSIDE, CALIF.
 RANCHO BUENA VISTA

3X All-American (4th, 2021/174; 4th, 2022/184; 4th, 2023/197)

Gr./Gr. = 184

CAREER STATISTICS

Year	Overall	Duals (BIG)	TRN (BIG/NCAA)	F	TF	M	PTS
2018-19		Redshirt season					
2019-20	18-11	8-4 (0-0)	10-7 (0-0/0-0)	2-5	5-0	3-2	30
2020-21	13-3	5-0 (0-0)	8-3 (0-0/4-2)	4-0	4-0	1-0	25
2021-22	18-3	7-0 (0-0)	11-3 (0-0/4-2)	3-1	4-0	1-0	34
2022-23	18-3	8-1 (0-0)	10-0 (0-0/5-2)	2-1	4-0	3-0	35
2023-24	4-0	1-0 (0-0)	3-0 (0-0/0-0)	0-0	1-0	2-0	5
Career	71-21	29-5 (0-0)	42-15 (0-0/13-6)	11-7	18-0	10-2	129

PARENTS: KELLY AND BERNIE TRUAX
MAJOR: BUSINESS MANAGEMENT FOUNDATIONS GRADUATE CERTIFICATE

MATCH-BY-MATCH

Date	Wt.	Result	Opponent	Place	Record
11/12	184	W, 7-4	#33 James Rowley, Purdue	Jrny	1-0
11/12	184	W, 17-4	Cael Valencia, Arizona State (major)	Jrny	2-0
11/12	184	W, 13-4	James Conway, F&M (major)	Jrny	3-0
12/3	184	W, 19-4	Jack Wilt, Lehigh (TF; 7:00)	dual	4-0

NOTES: Ranked #2 by InterMat. **Journeyman (11/12):** Went 3-0 in first event as a Nittany Lion, including win over #33 James Rowley of Purdue and two majors. **NWCA All-Star Classic (11/21):** Picked up first takedown against #1 Parker Keckeisen of Northern Iowa but lost a tough 7-4 decision in Rec Hall (exhibition/not an official result). **Lehigh (12/3):** Posted 19-4 tech fall over Jack Wilt in Rec Hall dual debut.



DONOVON BALL
 NEW CUMBERLAND, PA.
 CEDAR CLIFF

Gr./Sr. = 184

CAREER STATISTICS

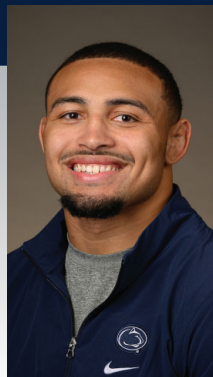
Year	Overall	Duals (BIG)	TRN (BIG/NCAA)	F	TF	M	PTS
2019-20			Redshirt season				
2020-21	2-1	0-1 (0-1)	2-0 (0-0/0-0)	0-0	0-0	1-1	0
2021-22	9-3	3-0 (0-0)	6-3 (0-0/0-0)	0-0	0-0	3-0	10
2022-23	11-4	4-1 (2-1)	7-2 (0-0/0-0)	0-1	0-0	2-0	12
2023-24	1-2	0-0 (0-0)	1-2 (0-0/0-0)	0-0	0-0	0-0	0
Career	23-10	7-2 (2-2)	16-7 (0-0/0-0)	0-1	0-0	6-1	22

PARENTS: DONNA AND GREGORY BALL
MAJOR: BUSINESS MANAGEMENT FOUNDATIONS GRADUATE CERTIFICATE

MATCH-BY-MATCH

Date	Wt.	Result	Opponent	Place	Record
11/12	184	L, 0-2	Caden Rogers, Lehigh	Jrny	0-1
11/12	184	W, inj.def.	Brock Delsignor, North Carolina St. (4:34)	Jrny	1-1
11/12	184	L, 1-5	Tony Negron, Arizona State	Jrny	1-2

NOTES: Has seen dual action in each of the past three seasons. **Journey-men (11/12):** Went 1-2 at season opening event.



AARON BROOKS
 HAGERSTOWN, MD.
 NORTH HAGERSTOWN
 3X National Champion (2021, 2022, 2023)
 4X All-American (1st Tm, 2020; 1st, 2021; 1st, 2022; 1st, 2023)

Sr./Sr.+ = 197

CAREER STATISTICS

Year	Overall	Duals (BIG)	TRN (BIG/NCAA)	F	TF	M	PTS
2019-20	15-1	9-1 (6-1)	6-0 (3-0/0-0)	3-0	1-0	3-0	34
2020-21	14-0	6-0 (6-0)	8-0 (3-0/5-0)	0-0	2-0	5-0	24
2021-22	21-1	14-0 (8-0)	7-1 (2-1/5-0)	4-0	1-0	8-0	58
2022-23	17-1	9-1 (5-0)	8-0 (3-0/5-0)	3-0	5-0	4-0	42
2023-24	3-0	0-0 (0-0)	3-0 (0-0/0-0)	2-0	1-0	0-0	0
Career	70-3	38-2 (25-1)	32-1 (11-1/15-0)	12-0	10-0	20-0	158

PARENTS: JOHN BROOKS, RANELLE BOYD, ADRIENNE BROOKS
MAJOR: RECREATION, PARK AND TOURISM MGMT.

MATCH-BY-MATCH

Date	Wt.	Result	Opponent	Place	Record
11/12	197	WBF	Jacob Meissner, Arizona State (4:43)	Jrny	1-0
11/12	197	W, 19-3	John Crawford, F&M (TF; 6:11)	Jrny	2-0
11/12	197	WBF	Martin Cosgrove, Penn (2:33)	Jrny	3-0

NOTES: Ranked #1 by InterMat, first season up at 197. **Journeymen (11/12):** Posted 3-0 record in first action up at 197, including two pins and a tech fall. **NWCA All-Star Classic (11/21):** Cruised to an 11-2 major over #3 Tanner Sloan of South Dakota State in Rec Hall (exhibition/not an official result).

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**LUCAS
COCHRAN**
PERRY, UTAH
BOX ELDER

Jr./So. = 184/197

CAREER STATISTICS

Year	Overall	Duals (BIG)	TRN (BIG/NCAA)	F	TF	M	PTS
2021-22	Redshirt season						
2022-23	7-2	0-0 (0-0)	7-2 (0-0/0-0)	1-0	0-0	2-1	0
2023-24	2-2	0-1 (0-0)	2-1 (0-0/0-0)	1-0	0-0	1-1	0
Career	9-4	0-1 (0-0)	9-3 (0-0/0-0)	2-0	0-0	3-2	0



**GREG
KERKVLIT**
INVER GROVE HEIGHTS,
MINN. // SIMLEY
3X All-American
(7th, 2021; 4th, 2022;
2nd, 2023)

Sr./Sr. = 285

CAREER STATISTICS

Year	Overall	Duals (BIG)	TRN (BIG/NCAA)	F	TF	M	PTS
2019-20	Redshirt season						
2020-21	10-4	1-0 (1-0)	9-4 (4-2/4-2)	2-0	1-0	6-0	6
2021-22	22-3	14-1 (7-1)	8-1 (4-1/4-1)	6-0	3-0	5-0	64
2022-23	19-3	13-1 (6-1)	6-2 (2-1/4-1)	3-0	6-0	4-0	66
2023-24	4-0	1-0 (0-0)	3-0 (0-0/0-0)	0-0	1-0	1-0	4
Career	55-10	29-2 (14-2)	26-8 (10-4/12-4)	11-0	11-0	16-0	140

PARENTS: MELISSA AND TRAVIS COCHRAN
MAJOR: FINANCE

MATCH-BY-MATCH

Date	Wt.	Result	Opponent	Place	Record
11/26	197	W, 17-3	Krystian Kinsey, Virginia	LHU	1-0
11/26	197	L, 6-13	#6 Jacob Cardenas, Cornell	LHU	1-1
11/26	197	WBF	Cayden Bevis, Binghamton (2:57)	LHU (3rd)	2-1
12/3	197	L, 6-20	#10 Michael Beard, Lehigh	dual	2-2

NOTES: Wrestled in open tournaments as a redshirt freshman last year. **Mat Town (11/26):** Went 2-1 plus a win over a non-collegiate to take third at Mat Town Open, including a major and a pin; only loss a touch decision to #6 Jacob Cardenas of Cornell in semifinals. **Lehigh (12/3):** Dropped tough 20-6 major to #10 Michael Beard in Penn State dual meet debut.

PARENTS: KRYSTAL AND GREG KERKVLIT
MAJOR: RECREATION, PARK AND TOURISM MANAGEMENT

MATCH-BY-MATCH

Date	Wt.	Result	Opponent	Place	Record
11/12	285	W, 17-1	Tristan Ruhlman, Purdue (TF; 6:44)	Jrny	1-0
11/12	285	W, 6-1	#19 Nathan Taylor, Lehigh	Jrny	2-0
11/12	285	W, -2	#8 Owen Trephan, North Carolina St.	Jrny	3-0
12/3	285	W, 11-1	#12 Nathan Taylor, Lehigh (major)	dual	4-0

NOTES: Ranked #1 by InterMat. **Journeymen (11/12):** Posted 3-0 record with a tech fall, including wins over #19 Nathan Taylor of Lehigh and #8 Owen Trephan of North Carolina State. **NWCA All-Star Classic (11/21):** Impressive performance in an 18-2 technical fall (4:48) over #2 Wyatt Hendrickson of Air Force in Rec Hall (exhibition/not an official result). **Lehigh (12/3):** Majored #12 Nathan Taylor, rolling to 11-1 win.

SUMMARIES

#1 PENN STATE at JOURNEYMEN COLLEGIATE Sun., Nov. 12, 2023 -- Bethlehem, Pa. Freedom High School

The Penn State Nittany Lion wrestling team (0-0, 0-0 B1G), under the direction of veteran head coach Cael Sanderson, opened up the 2023-24 season at the round-robin portion of the Journeymen Collegiate Classic in Bethlehem, Pa. Twenty Nittany Lions at the event, which took place at Freedom High School.

With 20 wrestlers competing, Penn State had 11 competitors go unbeaten. The Nittany Lions won 75 percent of their matches. Penn State went 45-15 on the day with 10 pins, 11 technical falls and nine majors.

Sophomore Robert Howard, ranked No. 20 at 125, went 1-2 in his first action in over a year. He pinned Purdue's Ashton Jackson in his first bout. True freshman Braeden Davis went 3-0 at 125. He opened up his tournament with two tech falls and then posted an 11-3 major over teammate Gary Steen in the final bout for both Lions. Sophomore Steen went 2-1, picking up two tech falls of his own before the loss to Davis.

With No. 3 Aaron Nagao not competing at 133, senior Baylor Shunk and sophomore Sean Wang took to the mats for Penn State. Wang posted a 1-2 mark with a 16-7 major over Army's Colt Schrader in his final bout. Shunk went 0-3 on the day.

Senior Beau Bartlett, ranked No. 2 at 141, rolled to a 3-0 mark on the day. Bartlett pinned Harvard's Dante Frinzi in his first bout, then posted a tough 4-1 (sv) win over No. 13 Vince Cornella of Cornell. He wrapped up the day with a dominant 15-3 major over No. 12 Malyke Hines of Lehigh. Junior David Evans went 2-1 at 141 and started the day off with a thrilling 4-1 (sv) win over No. 6 CJ Composto of Penn. He lost a hard-fought 6-4 decision to No. 12 Hines of Lehigh and then picked up a medical forfeit win over No. 13 Cornella of Cornell.

Sophomore Shayne Van Ness, ranked No. 2 at 149, was dominant at 149. Van Ness rolled to a 3-0 record, all by fall, all in the first period. He pinned Army's Eddie Hummel at 2:06 and then Cade Balestrini of Bloomsburg at 2:58. Van Ness capped off his day by pinning Lehigh's Kelvin Griffin at the 1:30 mark. Redshirt freshman Connor Pierce went 2-1 at 149. He majored Lehigh's Owen Reinsel and then capped off his day with an 8-1 win over Cornell's Cole Handlovic.

Sophomore Levi Haines, ranked No. 1 at 157, rolled to a 3-0 record with a pin, a tech and a major. After an 18-0 tech fall in his first match, he pinned Harvard's Cael Berg at the 4:22 mark. Haines ended his day by rolling to a 10-2 major over No. 27 Max Brignola of Lehigh.

Redshirt freshman Mitchell Mesenbrink was outstanding in his first appearance at 165 for Penn State. He rolled to a 3-0 record with two technical falls, including a 20-5 victory over Purdue's Cooper Noehre in his final bout. Senior Terrell Barraclough also went 3-0 at 165. Barraclough opened his day with a 9-0 major over Penn's Kaya Sement and capped it off with a hard-fought 4-0 victory over teammate Matt Lee. Lee, a junior, went 2-1 on the day. He had a major to start action and then pinned Sacred Heart's Nicholas Franzen (4:19) before the match with Barraclough.

Senior Carter Starocci, ranked No. 1 at 174, rolled to a 3-0 record with a tech and a pin. After receiving a medical forfeit victory in his first match. Starocci pinned Harvard's Luke Rada and then rolled to a 21-5 tech fall (6:52) over No. 14 Nick Contrera of Penn in his final match of the day. Junior Aurelius Dunbar posted a 1-2 mark at 174. He picked up a 7-3 win over Penn's Lance Urbas.

Graduate Bernie Truax, ranked No. 2 at 184, had an outstanding first day as a Nittany Lion. He downed No. 33 James Rowley of Purdue 7-4 in his first match. Truax majored Arizona State's Cael Valencia 17-4 and F&M's James Conway 13-4 to go 3-0 with two techs.

True freshman Josh Barr rolled to a 3-0 mark at 184. He posted two majors and a technical fall, outscoring his opponents 51-18. Senior Donovan Ball went 1-2 at 184, winning by injury default and dropping two close matches.

Senior+ Aaron Brooks, ranked No. 1 at 197, had an outstanding first day up at 197 for the Nittany Lions. Brooks rolled to a 3-0 mark. He pinned Arizona State's Jacob Meissner and then posted a 19-3 tech fall (6:11) over No. 33 John Crawford of F&M. He wrapped up his day by pinning Penn's Martin Cosgrove.

Senior Greg Kerkvliet, ranked No. 1 at 285, rolled to a 3-0 mark at 285. Kerkvliet started his day with a tech fall and then posted strong decisions over No. 19 Nathan Taylor of Lehigh (6-1) and No. 8 Owen Trephan of North Carolina State (7-2).

Penn State is 0-0 in dual meets overall, 0-0 B1G. The Nittany Lions will return to action at the Black Knight Invite, hosted by Army West Point, on Sunday, Nov. 19. In addition to the team travelling to West Point, N.Y., six Nittany Lions will take part in the NWCA All-Star Classic Exhibition on Tuesday, Nov. 21, in Rec Hall. The event is not a collegiate event, does not count on wrestlers' records or RPI and is not part of Penn State's season ticket package. The all-star meet begins at 7 p.m. and Penn Staters Shayne Van Ness (149), Levi Haines (157), Carter Starocci (174), Bernie Truax (184), Aaron Brooks (197) and Greg Kerkvliet (285) are set to compete.

The 2023-24 Penn State Wrestling season is presented by the Family Clothesline. Penn State Fans are encouraged to follow Penn State wrestling via X/twitter at @pennstatewrest, on Penn State Wrestling's Facebook page at www.facebook.com/pennstatewrestling and on Instagram at www.instagram.com/pennstatewrest. This is PENN STATE. WRESTLING lives here.

125: #20 Robert Howard, So.

Rd. 1: Ashton Jackson, Purdue – WBF (4:45)
Rd. 2: Dylan Ryder, Hofstra – L, 3-13 maj. dec.
Rd. 3: Max Gallagher, Penn – L, 5-8 dec.

125: Gary Steen, So.

Rd. 1: Noah Tonsor, Army West Point – W, 16-1 (TF; 3:18)
Rd. 2: Bronson Garber, Bloomsburg – W, 17-2 (TF; 6:15)
Rd. 3: Braeden Davis, Penn State – L, 3-11 maj. dec.

125: Braeden Davis, Fr.

Rd. 1: Ariel Waldman, LIU – W, 15-0 (TF; 2:15)
Rd. 2: Eric Howe, F&M – W, 20-5 (TF; 4:00)
Rd. 3: Gary Steen, Penn State – W, 11-3 maj. dec.

133: Baylor Shunk, Sr.

Rd. 1: Jake Staud, Army West Point – L, 1-3 dec.
Rd. 2: Jameson Garcia, Harvard – L, 8-16 maj. dec.
Rd. 3: Daniel Uhorchuck, Army West Point – L, 7-9 dec.

133: Sean Wang, So.

Rd. 1: Daniel Miranda, Arizona State – LBF (0:55)
Rd. 2: Conor Collins, Army West Point – L, 1-8 dec.
Rd. 3: Colt Schrader, Army West Point – W, 16-7 maj. dec.

141: #2 Beau Bartlett, Sr.

Rd. 1: Dante Frinzi, Harvard – WBF (1:29)
Rd. 2: #13 Vince Cornella, Cornell – W, 4-1 (sv)
Rd. 3: #12 Malyke Hines, Lehigh – W, 15-3 maj. dec.

141: David Evans, Jr.

Rd. 1: #6 CJ Composto, Penn – W, 4-1 (sv)
Rd. 2: #12 Malyke Hines, Lehigh – L, 4-6 dec.
Rd. 3: #13 Vince Cornella, Cornell – W, med. forf.

149: #2 Shayne Van Ness, So.

Rd. 1: Eddie Hummel, Army West Point – WBF (2:06)
Rd. 2: Cade Balestrini, Bloomsburg – WBF (2:58)
Rd. 3: Kelvin Griffin, Lehigh – WBF (1:30)

149: Connor Pierce, Fr.

Rd. 1: Owen Reinsel, Lehigh – W, 13-3 maj. dec.
Rd. 2: Ethan Fernandez, Cornell – L, 2-8 dec.
Rd. 3: Cole Handlovic, Cornell – W, 8-1 dec.

157: #1 Levi Haines, So.

Rd. 1: Luca Frinzi, Lehigh – W, 18-0 (TF; 4:35)
Rd. 2: Cael Berg, Harvard – WBF (4:22)
Rd. 3: #27 Max Brignola, Lehigh – W, 10-2 maj. dec.

165: Mitchell Mesenbrink, Fr.

Rd. 1: Nicco Ruiz, Arizona State – W, 14-10 dec.
Rd. 2: Eric Shindel, Hofstra – W, 19-3 (TF; 4:34)
Rd. 3: Cooper Noehre, Purdue – W, 20-5 (TF; 5:37)

165: Matt Lee, Jr.

Rd. 1: James Johnston, LIU – W, 16-5 maj. dec.
Rd. 2: Nicholas Franzen, Sacred Heart – WBF (4:19)
Rd. 3: Terrell Barraclough, Penn State – L, 0-4 dec.

165: Terrell Barraclough, Sr.

Rd. 1: Kaya Sement, Penn – W, 9-0 maj. dec.
Rd. 2: Cole Spencer, Penn – W, 5-0 dec.
Rd. 3: Matt Lee, Penn State – W, 4-0 dec.

174: #1 Carter Starocci, Sr.

Rd. 1: Max Wilner, Arizona State – W, med. forf.
Rd. 2: Luke Rada, Harvard – WBF (2:15)
Rd. 3: #14 Nick Incontrera, Penn – W, 21-5 (TF; 6:52)

174: Aurelius Dunbar, Jr.

Rd. 1: Benny Baker, Cornell – L, 0-8 maj. dec.
Rd. 2: Lance Urbas, Penn – W, 7-3 dec.
Rd. 3: Blake Bahna, LIU – L, 1-4 (sv) dec.

184: #2 Bernie Truax, Gr.

Rd. 1: #33 James Rowley, Purdue – W, 7-4 dec.
Rd. 2: Cael Valencia, Arizona State – W, 17-4 maj. dec.
Rd. 3: James Conway, F&M – W, 13-4 maj. dec.

184: Donovan Ball, Sr.

Rd. 1: Caden Rogers, Lehigh – L, 0-2 dec.
Rd. 2: Brock Delsignore, North Carolina St. – W, inj. def. (4:34)
Rd. 3: Tony Negron, Arizona State – L, 1-5 dec.

184: Josh Barr, Fr.

Rd. 1: Jake Stefanowicz, Penn – W, 24-9 (TF; 7:00)
Rd. 2: Anthony D'Alesio, LIU – W, 13-5 maj. dec.
Rd. 3: Jack Wilt, Lehigh – W, 14-4 maj. dec.

197: #1 Aaron Brooks, Sr.

Rd. 1: Jacob Meissner, Arizona State – WBF (4:43)
Rd. 2: #33 John Crawford, F&M – W, 19-3 (TF; 6:11)
Rd. 3: Martin Cosgrove, Penn – WBF (2:33)

285: #1 Greg Kerkvliet, Sr.

Rd. 1: Tristan Ruhlman, Purdue – W, 17-5 (TF; 6:44)
Rd. 2: #19 Nathan Taylor, Lehigh – W, 6-1 dec.
Rd. 3: #8 Owen Trephan, North Carolina St. – W, 7-2 dec.



#1 PENN STATE at BLACK KNIGHT INVITATIONAL Sun., Nov. 19, 2023 -- West Point, N.Y.

The Penn State Nittany Lion wrestling team (0-0, 0-0 B1G), under the direction of veteran head coach Cael Sanderson, sent 17 wrestlers to the Army Black Knight Invitational in West Point, N.Y., on Sunday. With many of Penn State's All-Americans back in Happy Valley prepping for Tuesday's NWCA All-Star Classic Exhibition, Penn State still crowned five champions at Army West Point. All rankings listed are InterMat.

Twelve of Penn State's 17 wrestlers placed, including the five champions. The Nittany Lions went 47-20 overall at the event with nine pins, nine technical falls and 10 majors.

True freshman Braeden Davis stormed his way to the title at 125, picking up two wins over ranked wrestlers in the process. He opened up the tournament with a tech fall and a major and then downed No. 31 Tristan Lujan of Michigan State 4-2 in the semifinals before taking down No. 30 Ethan Berginc of Army West Point 5-1 in the finals. Davis went 4-0 with a tech and a major to claim the crown. Sophomore Robert Howard placed fourth at 125. Howard went 2-2, picking up two quick wins. He downed teammate Gary Steen 5-2 in sudden victory in the second round before dropping a bout to No. 30 Ethan Berginc of Army West Point in the semifinals before taking a medical forfeit loss in the third-place bout. Sophomore Gary Steen placed at 125 with a 4-1 mark. He picked up a pin, a tech and a major with his only loss a 5-2 sudden victory setback to teammate Howard.

Sophomore Aaron Nagao, ranked No. 3 by InterMat, made his Nittany Lion debut at 133 and dominated the field to claim the Black Knight title. Nagao notched two technical falls and a major to advance to the finals where he notched a fast fall (0:52) over No. 33 Braden Basile of Army West Point for the championship. Nagao went 4-0 with a pin, two techs and a major. Senior Baylor Shunk went 2-2 at 133. After a first-round loss, Shunk reeled off a 15-0 technical fall and an 11-1 major over Michigan State's Andrew Hampton before bowing out of the tourney in conso action.

Senior Beau Bartlett, ranked No. 2 nationally, pinned his way to the finals at 141 and battled true freshman Tyler Kasak in the title bout, working his way to a 4-1 win and the crown. Bartlett notched three straight pins at 2:36, 4:48 and 3:57 before notching a late takedown to win against Kasak. Bartlett went 4-0 on the day. Kasak's Penn State debut was outstanding as the true freshman went 3-1 with two majors to get to the finals before dropping the bout to his second-ranked teammate. Junior David Evans went 4-1 at 141 to place fifth. He had a tech fall and a major and his lone loss was a tough 3-2 (tb) setback to teammate Kasak in the second round.

Redshirt freshman Mitchell Mesenbrink, ranked No. 17 nationally, won the title at 165 with a 4-0 record. He notched two quick tech falls and then pinned No. 22 Anthony White of Rutgers in the semifinals, advancing to the title bout against teammate Terrell Barraclough. He posted a tough 8-5 win over Barraclough for the championship. Barraclough, a senior, took second place with a 3-1 mark. He opened up his day with a major and then a tough 11-8 (sv) win over teammate Matt Lee. Barraclough then took No. 9 Caleb Fish of Michigan State to sudden victory before pinning him at 7:20 to get to the finals. Matt Lee, a junior, placed sixth at 165. Lee notched a pin and a major, going 3-2 on the day. He dropped a tough 11-8 (sv) bout to teammate Barraclough before taking a medical forfeit loss in the fifth-place bout.

True freshman Josh Barr rolled to the championship at 184. He went 4-0 overall, opening the day with a tech fall. After a decision in the second round, Barr posted a strong 2-1 win over No. 13 Jacob Nolan of Binghamton in the semifinals to advance to the title bout. He used a five-point move

(takedown, two nearfall) to post a 6-1 (sv) win over Buffalo's Chase Kranitz. Sophomore Jack Kelly went 0-2 at 184.

Sophomore Brian Borden took sixth place at 174. Borden went 3-2 on the day, including a major decision in the first round. Junior Aurelius Dunbar went 1-2 at 174, picking up a 7-4 consolation win over Binghamton's William Ebert.

Redshirt freshman Connor Pierce went 1-2 at 149. He opened up his tourney with a fall and then dropped a hard fought 5-3 decision to No. 23 Jacob Butler of Rutgers before bowing out of the tournament in conso action. Graduate Imran Heard went 1-2 at 149 as well, picking up a 4-2 first round win over William McMullen of LIU before dropping two conso bouts.

With six All-Americans back in Happy Valley, the Nittany Lions did not have wrestlers compete at 157, 197 or 285.

Penn State is 0-0 in dual meets overall, 0-0 B1G. Five Nittany Lions will take part in the NWCA All-Star Classic Exhibition on Tuesday, Nov. 21, in Rec Hall. The event is not a collegiate event, does not count on wrestlers' records or RPI and is not part of Penn State's season ticket package. The all-star meet begins at 7 p.m. and Penn Staters Shayne Van Ness (149), Carter Starocci (174), Bernie Truax (184), Aaron Brooks (197) and Greg Kerkvliet (285) are set to compete. The Nittany Lion regular season continues on Sunday, Dec. 3, when Penn State hosts Lehigh for its dual meet opener. The Nittany Lions and Mountain Hawks tangle in Rec Hall at 2 p.m. in a Big Ten Network national telecast.

The 2023-24 Penn State Wrestling season is presented by the Family Clothesline. Penn State Fans are encouraged to follow Penn State wrestling via X/twitter at @pennstate-WREST, on Penn State Wrestling's Facebook page at www.facebook.com/pennstatewrestling and on Instagram at www.instagram.com/pennstatewrest. This is PENN STATE. WRESTLING lives here.

WEIGHT-BY-WEIGHT AGATE

125: Robert Howard, So.
Rd. 1: Aedyn Concepcion, Gardner Webb – W, 6-4 dec.
Rd. 2: Gary Steen, Penn State – W, 5-2 (sv)
Semi: #30 Ethan Berginc, Army West Point – L, 3-12 maj. dec.
3rd: #31 Tristan Lujan, Michigan State – L, med. forf.

125: Gary Steen, So.
Rd. 1: Carson Wagner, Binghamton – W, 12-5 dec.
Rd. 2: Robert Howard, Penn State – L, 2-5 (sv)
Cn. 2: Max Elton, Buffalo – WBF (4:23)
Cn. 3: Nick Corday, Michigan State – W, 19-4 (TF; 5:57)
5th: Charlie Farmer, Army West Point – W, 14-4 maj. dec.

125: Braeden Davis, Fr.
Rd. 1: Ariel Waldman, LIU – W, 17-1 (TF; 3:47)
Rd. 2: Charlie Farmer, Army West Point – W, 11-1 maj. dec.
Semi: #31 Tristan Lujan, Michigan State – W, 4-2 dec.
1st: #30 Ethan Berginc, Army West Point – W, 5-1 dec.

133: #3 Aaron Nagao, So.
Rd. 1: Takeo Davis, Gardner Webb – W, 15-0 (TF; 3:40)
Rd. 2: Andrew Hampton, Michigan State – W, 13-1 maj. dec.
Semi: Devon Britton, Rutgers – W, 17-2 (TF; 6:53)
1st: Braden Basile, Army West Point – WBF (0:52)

133: Baylor Shunk, Sr.
Rd. 1: Dyson Kunz, Northern Colorado – L, 11-16 dec.
Cn. 1: Charlie Sly, Gardner Webb – W, 15-0 (TF; 5:00)
Cn. 2: Andrew Hampton, Michigan State – W, 11-1 maj. dec.
Cn. 3: Dominick Serrano, Northern Colorado – L, 4-19 (TF; 5:19)

141: #2 Beau Bartlett, Sr.
Rd. 1: Riley Halal, Brown – WBF (2:36)
Rd. 2: Joe Fongaro, Rutgers – WBF (4:48)
Semi: Rich Treanor, Army West Point – WBF (3:57)
1st: Tyler Kasak, Penn State – W, 4-1 dec.

141: David Evans, Jr.
Rd. 1: Nathan Lucier, Binghamton – W, 11-4 dec.
Rd. 2: Tyler Kasak, Penn State – L, 1-2 (tb)
Cn. 2: Armando Garcia, Northern Colorado – W, 11-1 maj. dec.
Cn. 3: Jordan Hamdan, Michigan State – W, 12-6 dec.
5th: Joe Fongaro, Rutgers – W, 21-5 (TF; 6:09)

141: Tyler Kasak, Fr.
Rd. 1: Logan Brown, Army West Point – W, 11-1 maj. dec.
Rd. 2: David Evans, Penn State – W, 2-1 (tb)
Semi: Todd Carter, Gardner Webb – W, 8-0 maj. dec.
1st: #2 Beau Bartlett, Penn State – L, 1-4 dec.

149: Connor Pierce, Fr.
Rd. 1: Sam Harris, Gardner Webb – WBF (2:07)
Rd. 2: #23 Jacob Butler, Rutgers – L, 3-5 dec.
Cn. 2: Michael Cetta, Rutgers – L, 7-9 dec.

149: Imran Heard, Gr.
Rd. 1: William McMullen, LIU – W, 4-2 dec.
Rd. 2: Matthew Williams, Army West Point – L, 5-7 dec.
Cn. 2: Joey Giordano, Gardner Webb – L, 3-7 dec.

165: #17 Mitchell Mesenbrink, Fr.
Rd. 1: Dakota Morris, Army West Point – W, 17-2 (TF; 6:16)
Rd. 2: #21 Brevin Cassella, Binghamton – W, 25-6 (TF; 6:55)
Semi: #22 Anthony White, Rutgers – WBF (2:15)
1st: Terrell Barraclough, Penn State – W, 8-5 dec.

165: Terrell Barraclough, Sr.
Rd. 1: Luke Gayer, Rutgers – W, 12-2 maj. dec.
Rd. 2: Matt Lee, Penn State – W, 11-8 (sv)
Semi: #9 Caleb Fish, Michigan State – WBF (SV; 7:20)
1st: #17 Mitchell Mesenbrink, Penn State – L, 5-8 dec.

165: Matt Lee, Jr.
Rd. 1: Keegan Rothrock, Brown – WBF (2:25)
Rd. 2: Terrell Barraclough, Penn State – L, 8-11 (sv)
Cn. 2: Dakota Morris, Army West Point – W, 9-1 maj. dec.
Cn. 3: Baylor Fernandes, Northern Colorado – W, 8-5 dec.
5th: #21 Brevin Cassella, Binghamton – L, med. forf.

174: Brian Borden, So.
Rd. 1: Aydin Rix-McElhinney, Northern Colorado – W, 15-7 maj. dec.
Rd. 2: Marcus Petite, Buffalo – L, 3-10 dec.
Cn. 2: Aurelius Dunbar, Penn State – W, 4-2 dec.
Cn. 3: Dylan Schell, Buffalo – W, 4-1 dec.
5th: Jonathan Conrad, Brown – L, 3-14 maj. dec.

174: Aurelius Dunbar, Jr.
Rd. 1: Corey Connolly, LIU – LBF (SV; 7:22)
Cn. 1: William Ebert, Binghamton – W, 7-4 dec.
Cn. 2: Brian Borden, Penn State – L, 2-4 dec.

184: Josh Barr, Fr.
Rd. 1: Kyle Swartz, Army West Point – W, 18-3 (TF; 6:20)
Rd. 2: Luke Vanadia, Michigan State – W, 9-5 dec.
Semi: #13 Jacob Nolan, Binghamton – W, 2-1 dec.
1st: Chase Kranitz, Buffalo – W, 6-1 (sv)

184: Jack Kelly, So.
Rd. 1: Andrew Donahue, Northern Colorado – L, 4-9 dec.
Cn. 1: bye
Cn. 2: Luke Vanadia, Michigan State – L, 5-21 (TF; 4:53)



#1 PENN STATE 30, #20 LEHIGH 10 Sunday, Dec. 3, 2023 -- Rec Hall -- University Park, Pa.

125: Sheldon Seymour LU dec. Gary Steen PSU, 4-1	0-3
133: #5 Ryan Crookham LU dec. #3 Aaron Nagao PSU, 6-4	0-6
141: #2 Beau Bartlett PSU maj. dec. Carter Bailey LU, 14-6	4-6
149: Tyler Kasak PSU dec. Drew Munch LU, 7-6	7-6
157: #1 Levi Haines PSU dec. #24 Max Brignola LU, 12-6	10-6
165: #16 Mitchell Mesenbrink PSU tech. fall #32 Jake Logan LU, 17-2 (TF; 6:13)	15-6
174: #1 Carter Starocci PSU pinned Thayne Lawrence LU, WBF (2:07)	21-6
184: #2 Bernie Truax PSU tech fall Jack Wilt LU, 19-4 (TF; 7:00)	26-6
197: #10 Michael Beard LU maj. dec. Lucas Cochran PSU, 20-6	26-10
285: #1 Greg Kerkviet PSU maj. dec. #12 Nathan Taylor LU, 11-1	30-10

Records: Penn State (1-0), Lehigh (0-2)
Attendance: 6,623 (67th-straight sellout in Rec Hall; 76th of 78 events, incl. 9 of 11 in BJC)

The Penn State Nittany Lion wrestling team (1-0, 0-0 B1G) rolled to a 30-10 victory over visiting Lehigh (0-2) in the dual meet opener for head coach Cael Sanderson's squad. Five Nittany Lions made their Rec Hall dual debuts in the convincing home victory.

The match was wrestled in front of yet another Rec Hall sellout crowd of 6,623. This marks the 67th-straight sellout in Rec Hall and the 76th of 78 home sellouts for Penn State (including nine of 11 in the 16,000 seat Bryce Jordan Center).

The dual began at 125 where Nittany Lion Gary Steen dropped a hard-fought 4-1 decision to Sheldon Seymour. Sophomore Aaron Nagao, ranked No. 3 at 133, made his Penn State Rec Hall debut and took on No. 5 Ryan Crookham. Crookham notched two second period takedowns, Nagao used a full third period takedown to try and turn Crookham but dropped a tough 6-4 decision, giving Lehigh a 6-0 lead.

Senior Beau Bartlett, ranked No. 2 at 141, put the Nittany Lions on the board, with a dominant 14-6 major decision. True freshman Tyler Kasak made his Penn State dual debut, moving up to 149 for No. 2 Shayne Van Ness. The Lion freshman worked his way to a hard-fought 7-5 decision over LU's Drew Munch, giving Penn State a 7-6 lead. Sophomore Levi Haines, ranked No. 1 at 157, worked his way to a convincing 12-6 win over No. 24 Max Brignola, using two takedowns in the final period. Haines's win gave Penn State a 10-6 lead at intermission.

Redshirt freshman Mitchell Mesenbrink, ranked No. 16 at 165, made his Nittany Lion Rec Hall debut and rolled his way to a 17-2 technical fall over No. 32 Jake Logan at the 6:13 mark. Mesenbrink's win put Penn State up 15-6. Senior Carter Starocci, ranked No. 1 at 174, added to the Lion lead. Starocci notched three first period takedowns before turning Thayne Lawrence to his back for a first period fall at the 2:07 mark, giving the Nittany Lions a 21-6 lead.

Graduate Bernie Truax, ranked No. 2 at 184, made his Penn State home dual debut and thrilled the Rec Hall crowd with an offensive show, rolling up five takedowns and over 3:00 in riding time to post a 19-4 technical fall (7:00) to put the Lions up 26-6. Sophomore Lucas Cochran stepped in for No. 1 Aaron Brooks at 197 and made his Rec Hall dual debut, dropping a 20-6 major decision to No. 10 Michael Beard. Senior Greg Kerkviet, ranked No. 1 at 285, capped off the dominant team win with a strong 11-1 major decision with 2:22 in riding time over No. 12 Nathan Taylor. The Nittany Lions walked away with a convincing 30-10 victory.

Penn State won seven of ten bouts with five new faces in the line-up. The Nittany Lions rolled up a 25-11 edge in takedowns. Penn State picked up nine bonus points off a pin (Starocci), two tech falls (Mesenbrink, Truax) and two majors (Bartlett, Kerkviet).

DUAL MEET BOUT-BY-BOUT:

125: Sophomore Gary Steen took on Sheldon Seymour at 125. Steen fought off an early Seymour shot in the opening seconds to stay on his feet and keep things neutral. The Nittany Lion sophomore worked the center of the mat, fighting off another Seymour single leg as the clock hit 1:44. The duo worked the clock down below the 1:00 mark. The bout moved to the second period tied 0-0. Steen chose down to start the second period and quickly escaped to a 1-0 lead. He then worked his way into a low single, but Seymour forced a stalemate at 1:28. Steen continued to work on offense, getting in deep Seymour's left leg. But the Mountain Hawk was able to fight the move off and force a reset at :58. Trailing 1-0, Seymour chose down to start the final period. Steen controlled him and nearly locked a cradle, but Seymour scrambled out of trouble and escaped to tie the bout 1-1. As the clock moved to :30, Steen gave up a stall warning. He lunged low on a reset with :10 left, and Seymour scrambled through, countered, and connected on a takedown as time expired to steal a 4-1 win.

133: No. 3 Aaron Nagao met No. 5 Ryan Crookham of Lehigh. The duo worked through the first 1:30 neutral and Nagao connected on a low shot. The Lion worked for a takedown, but a potentially dangerous call stopped action and the bout continued 0-0 to the 1:00 mark. Crookham got called for a first fall and then Nagao worked a low shot into a scramble. Crookham forced a reset and then moved in on a low shot at :20. Nagao scrambled his way to 0:00 and the bout moved to the second period scoreless. Nagao chose down to start the second period and quickly escaped to a 1-0 lead. Crookham turned a double into a takedown and a 3-2 lead after a quick Nagao escape with :55 left in the middle period. Nagao turned another low shot into a scramble and Crookham countered for another takedown and a 6-2 lead after two periods. Crookham chose down to start the third period and Nagao broke him down flat at 1:20, looking for a turn. As the clock hit :55, the official called a stalemate and a reset. Nagao picked up a stall point and a riding time point but was unable to turn the Mountain Hawk and dropped a 6-4 decision.

141: Beau Bartlett, ranked No. 2 at 141, met Carter Bailey. Bartlett scored quickly, taking down Bailey and cutting him loose. Bailey turned in for a quick takedown and the bout was tied 4-4 after a Bartlett escape, all in the first 1:00. The duo worked neutral for the next minute-plus. Bartlett turned a low shot into scramble the effectively killed the clock and the match moved to the second stanza tied 4-4. Bartlett chose down to start the second period and quickly escaped to a 5-4 lead. He notched another takedown and led 8-5 after a quick Bailey escape. Bartlett countered a slight Bailey shot and finished off the second stanza with a takedown to lead 11-5 after two. Bailey chose down to start the third period and Bartlett cut him loose to an 11-6 score. With :40 on the clock, Bartlett worked his way through a double for a takedown and a 14-6 lead. He finished the period on top and walked away with a strong 14-6 major decision.

149: Tyler Kasak took on Drew Munch at 149. Kasak notched his first dual takedown at the 2:25 mark and led 3-1 after a Munch escape. The Nittany Lion countered a Munch shot and scrambled his way through :30 before moving behind the Mountain Hawk for another takedown and a 6-2 lead. Munch chose down to start the second period and Kasak worked his riding time up to over 1:00 before the Hawk escaped to a 6-3 score. Kasak fought off a Munch single at :10 but gave up a stall warning in the process. The duo finished the period on their feet and the bout moved to the second with Kasak leading 6-3. Kasak chose down to start the third period and quickly escaped to a 7-3 lead. Kasak gave up a penalty point on an illegal hold at 1:03 and led 7-4. Kasak was hit for stalling at the :15 mark, cutting his lead to 7-5. Kasak forced a late scramble with a low shot and then fought off Munch's counter as the bout ended, holding on for a hard-fought 7-5 win.

157: No. 1 Levi Haines met No. 24 Max Brignola at 157. Brignola took an early 3-1 lead after a quick takedown and Haines escape. Haines fought off another Brignola shot at the 1:15 mark, forcing a stalemate at :46. Haines turned a high single into a takedown and a 4-3 lead with :20 on the clock. Brignola escaped to a 4-4 score and the bout moved to the second period tied. Brignola chose down to start the second period and escaped after a :30 Haines ride to lead 5-4. Haines fought off another Brignola shot, forcing a stalemate at :23. Haines nearly scored as the period ended but Brignola defended until the period ended. Trailing 5-4, Haines chose down to start the third period and quickly escaped to a 5-5 tie. Haines took an 8-5 lead with a low shot, tripping Brignola to the mat with 1:30 on the clock. Haines maintained control of Brignola long enough to work his riding time up past 1:00 but gave up a stall warning in the process. Brignola escaped to an 8-6 score at :30 but Haines finished the period on top, scrambling his way to a takedown and, with 1:26 riding time, posted the 12-6 decision.

165: Mitchell Mesenbrink, ranked No. 16 at 165, took on No. 32 Jake Logan. Mesenbrink turned a quick low single into a scramble and then spent the next minute looking for a takedown. The official called a stalemate at 1:12 and the bout resumed on the reset. Mesenbrink took another low shot, forcing Logan to back away from the action at :35. The Lion freshman then countered a slight Logan shot, scrambled through for a counter takedown as the period wound down to lead 3-0 after one. Mesenbrink chose down to start the second period and quickly escaped to a 4-0 lead. He picked up a quick takedown with a low shot, leading 7-0 at 1:30. Mesenbrink cut Logan loose after a :30 ride and led 7-1 with 1:00 left in the period. He hit a high single to takedown to up his lead to 10-1 with :35 on the clock and finished the period on top, leading 10-1 with 1:06 riding time. Logan chose neutral to start the third period. Mesenbrink picked up a stall point and then took Logan down one final time, rolling to the 17-2 technical fall at the 6:13 mark.

174: No. 1 Carter Starocci faced Thayne Lawrence at 174. Starocci scored quickly, taking the Hawk down to open up a 3-1 lead. He notched his second takedown at the 1:45 mark to up the lead to 6-1. The Nittany Lion senior picked up his third takedown midway through the first period and led 9-2. He worked the outside circle, turning Lawrence to his back. He adjusted, settled in and got the first period pin at the 2:07 mark.

184: Bernie Truax, ranked No. 2 at 184, met Jack Wilt. Truax notched a quick takedown taking Wilt down in the opening seconds to lead 3-0. He then worked a strong ride, building up over 1:00 in riding time while trying to turn the Mountain Hawk for two points. Wilt managed a reversal while Truax tried to turn him, and the Nittany Lion led 4-2 after a quick escape. Truax nearly scored as the first period ended but Wilt skipped out of trouble and the Lion led 4-2 after one. Truax chose down to start the second period and quickly escaped to a 5-2 lead. Truax continued to shoot and took an 8-2 lead on a low single with 1:15 on the clock. Truax finished the period on top and carried an 8-2 lead with 2:27 in riding time into the third period. Wilt chose neutral to start the third period. Truax took Wilt down once, cut him loose, took him down again and cut him loose to lead 14-4 with :25 left. He picked up a stall point, took him down with :10 left and finished on top. His 3:25 riding time gave the new Nittany Lion a 19-4 technical fall (7:00).

197: Sophomore Lucas Cochran took on No. 10 Michael Beard at 197. Cochran battled through the first :45 in neutral and worked for a takedown on the edge of the mat as the first minute played out. Beard was able to work his way out of trouble and bring action back to the middle. Cochran battled through a Beard shot at the midway point of the period, but the Mountain Hawk was able to take Cochran down and led 3-1 after a Lion escape. The 3-1 score held into the second period. Beard chose down to start the second period and escaped to a 4-1 lead. The Mountain Hawk added two quick takedowns and opened up a 10-3 lead after two periods. Cochran chose down to start the third period and escaped to a 10-4 score, but Beard had 1:37 in riding time. Cochran worked in on a shot late, but Beard countered for a takedown. The Mountain Hawk added two more takedowns and, with 1:53 in riding time, posted the 20-6 major decision.

285: No. 1 Greg Kerkviet met No. 12 Nathan Taylor at 285. The duo battled through an even first minute-plus, but Kerkviet took a 3-1 lead with a takedown at the 1:23 mark. Kerkviet skipped away from a Taylor shot at the 1:20 mark and the opening period finished with the Nittany Lion up 3-1. Kerkviet chose down to start the second period and quickly escaped to a 4-1 lead. He bulled through a high shot, lifted Taylor off the mat and tripped him for a takedown and a 7-1 lead at 1:10. The Nittany Lion maintained control for the rest of the period, working his riding time up to 1:18 with the ride out, and led 7-1 after two. Taylor chose neutral to start the third period. Kerkviet countered a Taylor shot and upped his lead to 10-1. He controlled action on top, building up over 2:00 in riding time. Kerkviet finished the match on top, rolling to an 11-1 major with 2:22 in riding time.