



2022 WOMEN'S LACROSSE

5-Time National Champions • 11-Time National Semifinalists

2022 SCHEDULE

6-8, 0-5 Big Ten

Date	Opponent	Result/Time
Feb. 16	at #19 Drexel	L, 8-12
Feb. 23	at Duquesne	W, 18-4
Feb. 26	at Cornell	W, 20-11
Mar. 5	at #9 Loyola Maryland	L, 9-18
Mar. 9	vs #21 JAMES MADISON	W, 14-10
Mar. 12	vs SAINT JOSEPH'S	W, 17-8
Mar. 15	at Towson	W, 15-6
Mar. 19	vs #11 PRINCETON	L, 11-12
Mar. 26	at Ohio State*	L, 11-12
Apr. 1	vs #3 NORTHWESTERN*	L, 17-6
Apr. 7	at #9 Maryland*	L, 6-13
Apr. 12	vs PITT	W, 15-7
Apr. 16	vs. MICHIGAN*	L, 7-8 OT
Apr. 23	at Rutgers*	L, 13-18
Apr. 28	vs JOHNS HOPKINS*	6 p.m.
May 6	Big Ten Quarterfinals	TBA
May 7	Big Ten Semifinals	TBA
May 8	Big Ten Championship	TBA
May 27-29	NCAA Tournament	TBA

* Big Ten Opponent
All Times Eastern

HOME GAMES IN BOLD CAPS

IWLCA/Inside Lacrosse Rankings



Penn State
6-8, 0-5 B1G

VS



#25 Johns Hopkins
9-7, 1-4 B1G

Game 15: April 28, 2022

University Park, Pa.

GAME DAY

VENUE

Panzer Stadium

TV/LIVE STREAM

Big Ten Network

LIVE STATS

gopsusports.com.com/sidearmstats/wlax

TEAM COMPARISON



Overall record	6-8	9-7
Conference record	0-5 B1G	1-4 B1G
Goals scored	170	185
Goals allowed	156	175
Goals scored/gm.	12.1	11.5
Goals allowed/gm.	11.1	10.9
SOG-attempts	321-443	346-488
Shots/gm.	31.6	30.5
Shot. Pct.	.384	.379
Assists	73	71
Free-Position Shots	32-94	50-113
Ground Balls/Gm.	16	17.9
Draw Controls/Gm.	12.8	12.3
Turnovers/Gm.	11.2	13
Caused Turnovers/Gm.	7.9	9.5
Clear Pct.	.910	.904
Saves	100	135
Save Percentage	.391	.435

- Penn State leads 16-8 in the all-time series vs. JHU since their first matchup in 2002.
- The Nittany Lions won their first five meetings with the Blue Jays.
- PSU is on a three-game skid vs. JHU. The Nittany Lions fell in both regular season games in 2021 and in the Big Ten Tournament Quarterfinal. The three 2021 losses snapped a five-game streak vs. JHU.
- Four of the last five meetings have been decided by two points or fewer.
- Penn State is still looking for its first conference win after falling at No. 14 Rutgers 13-18 on Saturday.
- Three Nittany Lions scored a hat-trick in the loss: sophomores **Kristin O'Neill**, **Gretchen Gilmore** and freshman **Brooke Hoss**.
- **Hoss** was tabbed the Big Ten Freshman of the Week after scoring three goals in the first period alone.
- **O'Neill** tied her career and season-high point total with six points on three goals and three assists.
- **O'Neill** leads the Lions with 36 goals. She has 12 multi-goal games this year. She also has a team best 48 points and 21 caused turnovers.
- Freshman **Ashley Bowan** has started between the pipes in the last 11 games. She has a .403 save percentage.
- **Ashley Bowan** has started between the pipes in the last ten games. She has a .426 save percentage.
- PSU is fourth in the nation and second in the Big Ten in fewest turnovers per game (11.2).
- PSU is 14th in the nation and second in the Big Ten in clearing percentage (.910).



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#WEARE

SERIES HISTORY

ALL-TIME SERIES
PENN STATE STREAK
FIRST MEETING
LAST MEETING
LAST PSU WIN
LAST JHU WIN
LARGEST PSU WIN
LARGEST JHU WIN

Penn State, 16-8
L, 3
March 20, 2002; Penn State, 13-9
April 29, 2021; Johns Hopkins, 11-9
April 18, 2019, Penn State, 16-15
April 29, 2021; Johns Hopkins, 11-9
April 7, 2003, Penn State, 11-4
April 27, 2007, Johns Hopkins, 17-10



2021 PENN STATE WOMEN'S LACROSSE

2021 NUMERICAL ROSTER

No.	Name	Pos.	Class	Ht.	Hometown	High School (Last College)
1	Brooke Hoss	M	Fr.	5-8	West Sayville, NY.	Sayville
2	Sammy Dupcak	D/M	So.	5-9	Annapolis, Md.	Broadneck
3	Ashley Bowan	GK	Fr.	5-4	Friendship, Md.	Bishop Ireton
4	Kayla Abernathy	M	So.	5-9	Towson, Md.	McDonogh School
5	Sloane Dowgiallo	D	Sr.	5-5	Lothian, Md.	Southern
6	Alaina Hamood	M/A	So.	5-9	Hinsdale, Ill.	Hinsdale Central
8	Molly O'Keefe	M	Fr.	5-10	Chesterfield, Va.	Cosby
9	Cayden Jarvis	GK	So.	5-4	Bucktown, Pa.	Owen J. Roberts
10	Taylor Regan	A	Grad.	5-4	Larchmont, N.Y.	Rye County Day (Virginia)
11	Haley Urgo	D	Jr.	5-5	Davidsonville, Md.	Archbishop Spalding
12	Kate Love	D	Sr.+	5-8	Dallas, Texas	Hockaday School
13	Lauren Saltz	M	Fr.	5-5	Westminster, Md.	Westminster
15	Sydney Wolfington	A	Sr.	5-9	Newtown Square, Pa.	Agnes Irwin
16	Ellie Hollin	D	Fr.	5-4	Monkton, Md.	The John Carroll School
17	Gianna Cutaia	D	So.	5-1	Spencerport, N.Y.	Our Lady of Mercy School
18	Rachel Spilker	D	Jr.	5-8	Severna Park, Md.	Severna Park
19	Kristin O'Neill	M	So.	5-8	Odenton, Md.	Archbishop Spalding
20	Erin Triandafilis	M	Sr.	5-7	Wading River, N.Y.	Shoreham Wading River
21	Cam Evitts	M	So.	5-5	Berwyn, Pa.	Conestoga
22	Kara Nealon	M	Jr.	5-8	Garnet Valley, Pa.	Garnet Valley
23	Ally Lipkin	A	Fr.	5-4	Short Hills N.J.	Millburn
24	Gretchen Gilmore	M	So.	5-7	Glen Ridge, N.J.	Glen Ridge
25	Regan Nealon	M/A	Jr.	5-5	Garnet Valley, Pa.	Garnet Valley
26	Kate Dougherty	M	Fr.	5-7	New Hope, Pa.	New Hope-Solebury
27	Kathryn Toohey	M	So.	5-8	Garnet Valley, Pa.	Garnet Valley
29	Brooke Barger	A	Jr.	5-6	Baltimore, Md.	Notre Dame Prep
30	Kelsey Kimmel	A	Jr.	5-8	Lancaster, Pa.	Lampeter-Strasburg
31	Mary Muldoon	M/A	Sr.	5-9	Silver Spring, Md.	Academy of the Holy Cross
32	Alexandra Bruno	A	Jr.	5-5	Rockville, Md.	Academy of the Holy Cross
36	Meghan Murray	M	Jr.	5-8	Little Silver, N.J.	Red Bank Regional

Head Coach: Missy Doherty (Maryland '97) - 12th season
Offensive Coordinator: Nicole Grote (New Hampshire '16) - first season
Defensive Coordinator: Katrina Geiger (Loyola Maryland '18) - first season
Director of Operations: Katie Haus (Maryland '13) - fifth season

PRONUNCIATION GUIDE

Brooke Barger	Bar-ger
Gianna Cutaia	Cut-eye-uh
Sloane Dowgiallo	DOW-gee-allo
Kate Dougherty	DOW-ur-tee
Sammy Dupcak	DOO-pack
Kathryn Toohey	two-he
Erin Triandafilis	TREE-and-a-phils
Haley Urgo	Err-go

Coaches:
Missy Doherty DOOR-it-ee
Katrina Geiger Guy-ger



2021 PENN STATE WOMEN'S LACROSSE

INDIVIDUAL GAME CAREER HIGHS

#1 Brooke Hoss

Career Highs

Points	4	at Duquesne	2/23/22
Goals	4	at Duquesne	2/23/22
Assists			
Shots	6	3x last vs Michigan	4/16/22
GBs	1	5x last at Maryland	4/7/22
DCs	4	at Rutgers	4/23/22
CTs	1	vs Princeton	3/19/22

#2 Sammy Dupcak

Career Highs

Points	1	2x last vs. Saint Joseph's	3/12/22
Assists	1	3x last at Ohio State	3/26/22
Shots	1	2x last at Ohio State	3/26/22
GBs	6	at Ohio State	3/26/22
DCs	10	vs James Madison	3/9/22
CTs	3	vs. Maryland	2/21/21

#3 Ashley Bowan

Career Highs

Saves	13	at Maryland	4/7/22
GBs	2	5x last vs Michigan	4/16/22

#4 Kayla Abernathy

Career Highs

Points	3	vs James Madison	3/9/22
Goals	2	at Duquesne	2/23/22
Assists	2	2x last vs James Madison	3/9/22
Shots	2	7x, last at Rutgers	4/23/22
GBs	3	2x last at Rutgers	4/23/22
DCs	8	2x last at Towson	3/15/22
CTs	2	3x last vs Michigan	4/16/22

#5 Sloane Dowgiallo

Career Highs

GBs	1	3x, last vs Michigan	4/16/22
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#6 Alaina Hamood

Career Highs

Points	1	at Duquesne	2/23/22
Goals	1	at Duquesne	2/23/22
Shots	2	vs Northwestern	4/1/22
GBs	1	vs Pitt	4/12/22

#8 Molly O'Keefe

Career Highs

Points	1	at Duquesne	2/23/22
Goals	1	at Duquesne	2/23/22
Shots	1	at Duquesne	2/23/22

#9 Cayden Jarvis

Career Highs

Saves	8	vs Northwestern	4/1/22
GBs	1	3x last vs Northwestern	4/1/22

#10 Taylor Regan

Career Highs

Points	6	at Cornell	2/26/22
Goals	4	2x last at Cornell	2/26/22
Assists	3	3x last vs Pitt	4/12/22
Shots	9	vs Pitt	4/12/22
GBs	4	at Cornell	2/26/22
DCs	2	vs Boston College *	4/28/21
CTs	2	at Cornell	2/26/22

*Played with Virginia

#11 Haley Uργο

Career Highs

GBs	2	2x, last at Cornell	2/26/22
CTs	1	4x, last at Loyola (Md.)	3/5/22

#12 Kate Love

Career Highs

GBs	5	at Towson	3/15/22
DCs	1	4x, last vs. Cornell	2/23/20
CTs	3	3x last vs Michigan	4/16/22

#13 Lauren Saltz

Career Highs

Points	2	at Duquesne	2/23/22
Goals	1	3x last at Rutgers	4/23/22
Assists	1	at Duquesne	2/23/22
Shots	3	vs Saint Joseph's	3/12/22
GBs	2	3x last vs Northwestern	4/1/22
DCs	3	vs Saint Joseph's	3/12/22
CT	1	at Maryland	4/7/22

#15 Sydney Wolfington

Career Highs

Points	2	4x, last vs Michigan	4/16/22
Goals	2	vs Michigan	4/16/22
Assists	1	6x, last at James Madison	3/4/20
Shots	3	at Rutgers	4/23/22
GBs	2	2x, last at Duquesne	2/23/22
DCs	1	at Northwestern	3/28/19
CTs	1	2x last vs Michigan	4/16/22

#16 Ellie Hollin

Career Highs

GBs	3	vs Northwestern	4/1/22
DCs	1	at Rutgers	4/23/22
CTs	2	2x last at Ohio State	3/26/22

#17 Gianna Cutaia

Career Highs

Points	1	at Duquesne	2/23/22
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#18 Rachel Spilker

Career Highs

GBs	4	at Ohio State	3/26/21
DCs	1	2x, last at Rutgers	4/15/21
CTs	3	at Ohio State	3/28/21



2021 PENN STATE WOMEN'S LACROSSE

INDIVIDUAL GAME CAREER HIGHS

#19 Kristin O'Neill

Career Highs

Points	6	4x last at Rutgers	4/23/22
Goals	5	2x last at Cornell	2/26/22
Assists	3	at Rutgers	4/23/22
Shots	14	vs Princeton	3/19/22
GBs	4	at Rutgers	4/15/21
DCs	5	vs Princeton	3/19/22
CTs	5	vs Northwestern	4/1/22

#20 Erin Triandafilis

Career Highs

Points	1	3x, last at Duquesne	4/16/19
Goals	1	2x, last vs. Ohio State	4/4/19
Assists	1	at Duquesne	4/16/19
Shots	1	3x, last vs. Ohio State	4/4/19
GBs	2	at Duquesne	2/23/22
DCs	1	2x, last vs. Rutgers	2/14/21
CTs	1	at Towson	2/8/20

#21 Cam Evitts

Career Highs

Shots	1	vs Saint Joseph's	3/12/22
GBs	3	vs Princeton	3/19/22
DCs	2	2x last at Duquesne	2/23/22
CTs	1	6x, last vs Pitt	4/12/22

#22 Kara Nealon

Career Highs

Points	9	at Northwestern	3/13/21
Goals	3	at Northwestern	3/11/21
Assists	7	at Northwestern	3/13/21
Shots	6	at Northwestern	3/11/21
GBs	3	vs. Michigan	3/19/21
CTs	1	3x, last vs James Madison	3/9/22

#23 Ally Lipkin

Career Highs

Points	1	at Duquesne	2/23/22
Goals	1	at Duquesne	2/23/22
Shots	1	at Duquesne	2/23/22
GBs	1	vs Northwestern	4/1/22

#24 Gretchen Gilmore

Career Highs

Points	5	at Rutgers	4/23/22
Goals	3	2x last at Rutgers	4/23/22
Assists	2	at Rutgers	4/23/22
Shots	10	at Rutgers	4/23/22
GBs	2	2x, last vs. Johns Hopkins	4/18/21
DCs	7	at Northwestern	3/11/21
CTs	1	6x last at Rutgers	4/23/22

#25 Regan Nealon

Career Highs

Points	3	vs Saint Joseph's	3/12/22
Goals	2	at Ohio State	3/26/21
Assists	2	2x last vs Michigan	4/16/22
Shots	4	vs. Maryland	4/11/21
GBs	3	at Duquesne	2/23/22
DCs	2	at Vanderbilt	3/8/20
CTs	3	at Duquesne	2/23/22

#26 Kate Dougherty

Career Highs

Shots	1	vs Saint Joseph's	3/12/22
GBs	1	last at Drexel	2/16/22

#27 Kathryn Toohy

Career Highs

Points	3	vs. Rutgers	2/14/21
Goals	2	vs. Rutgers	2/14/21
Assists	1	6x, last at Towson	3/15/22
Shots	3	at Ohio State	2/26/22
GBs	2	at Rutgers	4/15/21
DCs			
CTs	1	at Rutgers	4/15/21

#29 Brooke Barger

Career Highs

Points	3	vs. Rutgers	2/14/21
Goals	2	vs. Rutgers	2/14/21
Assists	1	6x, last at Towson	3/15/22
Shots	3	at Ohio State	2/26/22
GBs	2	at Rutgers	4/15/21
DCs			
CTs	1	at Rutgers	4/15/21

#30 Kelsey Kimmel

Career Highs

Points	1	vs. Duquesne	2/19/20
Goals	1	vs. Duquesne	2/19/20
Shots	1	3x last vs Pitt	4/12/22

#31 Mary Muldoon

Career Highs

Points	5	vs. Maryland	4/11/21
Goals	5	vs. Maryland	4/11/21
Assists	1	3x last vs Princeton	3/19/22
Shots	5	2x last vs James Madison	3/09/22
GBs	2	vs. Michigan	3/21/21
DCs	1	2x, last at Duquesne	4/16/19
CTs	1	3x, last vs James Madison	3/09/22

#32 Alexandra Bruno

Career Highs

DCs	1	vs Saint Joseph's	3/12/22
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#36 Meghan Murray

Career Highs

Points	4	2x last vs Pitt	4/12/22
Goals	4	at Cornell	2/26/22
Assists	2	at Ohio State	3/26/22
Shots	6	3x vs Pitt	4/12/22
GBs	3	vs. Lehigh	2/15/20
DCs	9	vs Princeton	3/19/22
CTs	2	at Loyola (Md.)	3/5/22