



2022 WOMEN'S LACROSSE

5-Time National Champions • 11-Time National Semifinalists

2022 SCHEDULE

6-7, 0-4 Big Ten

Date	Opponent	Result/Time
Feb. 16	at #19 Drexel	L, 8-12
Feb. 23	at Duquesne	W, 18-4
Feb. 26	at Cornell	W, 20-11
Mar. 5	at #9 Loyola Maryland	L, 9-18
Mar. 9	vs #21 JAMES MADISON	W, 14-10
Mar. 12	vs SAINT JOSEPH'S	W, 17-8
Mar. 15	at Towson	W, 15-6
Mar. 19	vs #11 PRINCETON	L, 11-12
Mar. 26	at Ohio State*	L, 11-12
Apr. 1	vs #3 NORTHWESTERN*	L, 17-6
Apr. 7	at #9 Maryland*	L, 6-13
Apr. 12	vs PITT	W, 15-7
Apr. 16	vs. MICHIGAN*	L, 7-8 OT
Apr. 23	at Rutgers*	Noon
Apr. 28	vs JOHNS HOPKINS*	6 p.m.
May 6	Big Ten Quarterfinals	TBA
May 7	Big Ten Semifinals	TBA
May 8	Big Ten Championship	TBA
May 27-29	NCAA Tournament	TBA

* Big Ten Opponent
All Times Eastern

HOME GAMES IN BOLD CAPS

IWLCA/Inside Lacrosse Rankings



Penn State
6-7, 0-4 B1G

VS



Michigan
12-3, 2-2 B1G

Game 14: April 23, 2022

Piscataway, N.J.

GAME DAY

VENUE	Panzer Stadium
TV/LIVE STREAM	B1G+
LIVE STATS	scarletknights.com/sidearmstats/wlax

TEAM COMPARISON



Overall record	6-7	12-3
Conference record	0-4 B1G	2-2 B1G
Goals scored	157	212
Goals allowed	138	149
Goals scored/gm.	12	14.1
Goals allowed/gm.	10.6	9.9
SOG-attempts	290-402	349-478
Shots/gm.	30.9	31.8
Shot. Pct.	.391	.444
Assists	66	94
Free-Position Shots	30-88	45-91
Ground Balls/Gm.	16	19.6
Draw Controls/Gm.	12.4	14.4
Turnovers/Gm.	11.4	16.4
Caused Turnovers/Gm.	8	9.8
Clear Pct.	.908	.831
Saves	96	117
Save Percentage	.410	.440

- The Penn State women's lacrosse team travels for their final regular season road game at No. 14 Rutgers
- PSU's first loss to the Scarlet Knights occurred in their last matchup in 2021. PSU won the first game of the series and their season opener, 20-11 but dropped the following contest over two months later, 16-17.
- Penn State is still looking for its first conference win after falling to No. 19 Michigan in a close battle last Saturday where neither side led by more than a goal. U-M would win 8-7 in overtime.
- PSU is fifth in the nation and second in the Big Ten in fewest turnovers per game (11.4), 15th in the nation and third in the Big Ten in clearing percentage (.908) and 25th in the nation and fourth in the Big Ten in scoring defense (10.6).
- **Kristin O'Neill** leads the Lions with 33 goals. She has 11 multi-goal games this year. She also has a team best 42 points and 20 caused turnovers.
- **Kara Nealon** has a team best 20 assists.
- **Kayla Abernathy** has won a team best 54 draw controls.
- **Ashley Bowan** has started between the pipes in the last ten games. She has a .426 save percentage.
- Senior **Mary Muldoon** and junior **Rachel Spilker** were elected captains for the 2022 season.
- Head Coach **Missy Doherty** is in her 12th season leading the Nittany Lions.
- The blue and white were selected fifth in the Big Ten Preseason Coaches poll.
- The Lions return 22 players while adding one graduate transfer and seven freshmen.



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SERIES HISTORY

ALL-TIME SERIES Penn State, 21-1
PENN STATE STREAK L, 1
FIRST MEETING April 29, 1978; Penn State, 19-2
LAST MEETING April 15, 2021; Rutgers, 17-16
LAST PSU WIN Feb. 14, 2021; Penn State, 20-11
LAST RU WIN April 15, 2021; Rutgers, 17-16
LARGEST PSU WIN April 9, 1988; Penn State, 26-1
LARGEST RU WIN April 15, 2021; Rutgers, 17-16



2021 PENN STATE WOMEN'S LACROSSE

2021 NUMERICAL ROSTER

No.	Name	Pos.	Class	Ht.	Hometown	High School (Last College)
1	Brooke Hoss	M	Fr.	5-8	West Sayville, NY.	Sayville
2	Sammy Dupcak	D/M	So.	5-9	Annapolis, Md.	Broadneck
3	Ashley Bowan	GK	Fr.	5-4	Friendship, Md.	Bishop Ireton
4	Kayla Abernathy	M	So.	5-9	Towson, Md.	McDonogh School
5	Sloane Dowgiallo	D	Sr.	5-5	Lothian, Md.	Southern
6	Alaina Hamood	M/A	So.	5-9	Hinsdale, Ill.	Hinsdale Central
8	Molly O'Keefe	M	Fr.	5-10	Chesterfield, Va.	Cosby
9	Cayden Jarvis	GK	So.	5-4	Bucktown, Pa.	Owen J. Roberts
10	Taylor Regan	A	Grad.	5-4	Larchmont, N.Y.	Rye County Day (Virginia)
11	Haley Urgo	D	Jr.	5-5	Davidsonville, Md.	Archbishop Spalding
12	Kate Love	D	Sr.+	5-8	Dallas, Texas	Hockaday School
13	Lauren Saltz	M	Fr.	5-5	Westminster, Md.	Westminster
15	Sydney Wolfington	A	Sr.	5-9	Newtown Square, Pa.	Agnes Irwin
16	Ellie Hollin	D	Fr.	5-4	Monkton, Md.	The John Carroll School
17	Gianna Cutaia	D	So.	5-1	Spencerport, N.Y.	Our Lady of Mercy School
18	Rachel Spilker	D	Jr.	5-8	Severna Park, Md.	Severna Park
19	Kristin O'Neill	M	So.	5-8	Odenton, Md.	Archbishop Spalding
20	Erin Triandafils	M	Sr.	5-7	Wading River, N.Y.	Shoreham Wading River
21	Cam Evitts	M	So.	5-5	Berwyn, Pa.	Conestoga
22	Kara Nealon	M	Jr.	5-8	Garnet Valley, Pa.	Garnet Valley
23	Ally Lipkin	A	Fr.	5-4	Short Hills N.J.	Millburn
24	Gretchen Gilmore	M	So.	5-7	Glen Ridge, N.J.	Glen Ridge
25	Regan Nealon	M/A	Jr.	5-5	Garnet Valley, Pa.	Garnet Valley
26	Kate Dougherty	M	Fr.	5-7	New Hope, Pa.	New Hope-Solebury
27	Kathryn Toohey	M	So.	5-8	Garnet Valley, Pa.	Garnet Valley
29	Brooke Barger	A	Jr.	5-6	Baltimore, Md.	Notre Dame Prep
30	Kelsey Kimmel	A	Jr.	5-8	Lancaster, Pa.	Lampeter-Strasburg
31	Mary Muldoon	M/A	Sr.	5-9	Silver Spring, Md.	Academy of the Holy Cross
32	Alexandra Bruno	A	Jr.	5-5	Rockville, Md.	Academy of the Holy Cross
36	Meghan Murray	M	Jr.	5-8	Little Silver, N.J.	Red Bank Regional

Head Coach: Missy Doherty (Maryland '97) - 12th season
Offensive Coordinator: Nicole Grote (New Hampshire '16) - first season
Defensive Coordinator: Katrina Geiger (Loyola Maryland '18) - first season
Director of Operations: Katie Haus (Maryland '13) - fifth season

PRONUNCIATION GUIDE

Brooke Barger	Bar-ger
Gianna Cutaia	Cut-eye-uh
Sloane Dowgiallo	DOW-gee-allo
Kate Dougherty	DOW-ur-tee
Sammy Dupcak	DOO-pack
Kathryn Toohey	two-he
Erin Triandafils	TREE-and-a-phils
Haley Urgo	Err-go

Coaches:

Missy Doherty	DOOR-it-ee
Katrina Geiger	Guy-ger



2021 PENN STATE WOMEN'S LACROSSE

INDIVIDUAL GAME CAREER HIGHS

#1 Brooke Hoss

Career Highs

Points	4	at Duquesne	2/23/22
Goals	4	at Duquesne	2/23/22
Assists			
Shots	6	3x last vs Michigan	4/16/22
GBs	1	5x last at Maryland	4/7/22
DCs	3	at Duquesne	2/23/22
CTs	1	vs Princeton	3/19/22

#2 Sammy Dupcak

Career Highs

Points	1	2x last vs. Saint Joseph's	3/12/22
Assists	1	3x last at Ohio State	3/26/22
Shots	1	2x last at Ohio State	3/26/22
GBs	6	at Ohio State	3/26/22
DCs	10	vs James Madison	3/9/22
CTs	3	vs. Maryland	2/21/21

#3 Ashley Bowan

Career Highs

Saves	13	at Maryland	4/7/22
GBs	2	5x last vs Michigan	4/16/22

#4 Kayla Abernathy

Career Highs

Points	3	vs James Madison	3/9/22
Goals	2	at Duquesne	2/23/22
Assists	2	2x last vs James Madison	3/9/22
Shots	2	6x, last vs Pitt	4/12/22
GBs	3	vs James Madison	3/9/22
DCs	8	2x last at Towson	3/15/22
CTs	2	3x last vs Michigan	4/16/22

#5 Sloane Dowgiallo

Career Highs

GBs	1	3x, last vs Michigan	4/16/22
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#6 Alaina Hamood

Career Highs

Points	1	at Duquesne	2/23/22
Goals	1	at Duquesne	2/23/22
Shots	2	vs Northwestern	4/1/22
GBs	1	vs Pitt	4/12/22

#8 Molly O'Keefe

Career Highs

Points	1	at Duquesne	2/23/22
Goals	1	at Duquesne	2/23/22
Shots	1	at Duquesne	2/23/22

#9 Cayden Jarvis

Career Highs

Saves	8	vs Northwestern	4/1/22
GBs	1	3x last vs Northwestern	4/1/22

#10 Taylor Regan

Career Highs

Points	6	at Cornell	2/26/22
Goals	4	2x last at Cornell	2/26/22
Assists	3	3x last vs Pitt	4/12/22
Shots	9	vs Pitt	4/12/22
GBs	4	at Cornell	2/26/22
DCs	2	vs Boston College *	4/28/21
CTs	2	at Cornell	2/26/22

*Played with Virginia

#11 Haley Uργο

Career Highs

GBs	2	2x, last at Cornell	2/26/22
CTs	1	4x, last at Loyola (Md.)	3/5/22

#12 Kate Love

Career Highs

GBs	5	at Towson	3/15/22
DCs	1	4x, last vs. Cornell	2/23/20
CTs	3	3x last vs Michigan	4/16/22

#13 Lauren Saltz

Career Highs

Points	2	at Duquesne	2/23/22
Goals	1	2x last vs Saint Joseph's	3/12/22
Assists	1	at Duquesne	2/23/22
Shots	3	vs Saint Joseph's	3/12/22
GBs	2	3x last vs Northwestern	4/1/22
DCs	3	vs Saint Joseph's	3/12/22
CT	1	at Maryland	4/7/22

#15 Sydney Wolfington

Career Highs

Points	2	4x, last vs Michigan	4/16/22
Goals	2	vs Michigan	4/16/22
Assists	1	6x, last at James Madison	3/4/20
Shots	2	2x, last at Cornell	2/23/19
GBs	2	2x, last at Duquesne	2/23/22
DCs	1	at Northwestern	3/28/19
CTs	1	2x last vs Michigan	4/16/22

#16 Ellie Hollin

Career Highs

GBs	3	vs Northwestern	4/1/22
CTs	2	2x last at Ohio State	3/26/22

#17 Gianna Cutaia

Career Highs

Points	1	at Duquesne	2/23/22
Goals	1	at Duquesne	2/23/22
Shots	1	at Duquesne	2/23/22

#18 Rachel Spilker

Career Highs

GBs	4	at Ohio State	3/26/21
DCs	1	2x, last at Rutgers	4/15/21
CTs	3	at Ohio State	3/28/21

#19 Kristin O'Neill

Career Highs

Points	6	3x, last at Cornell	2/26/22
Goals	5	2x last at Cornell	2/26/22
Assists	2	2x, last vs. Maryland	2/21/21
Shots	14	vs Princeton	3/19/22
GBs	4	at Rutgers	4/15/21
DCs	5	vs Princeton	3/19/22
CTs	5	vs Northwestern	4/1/22



2021 PENN STATE WOMEN'S LACROSSE

INDIVIDUAL CAREER HIGHS

#20 Erin Triandafilis

Career Highs

Points	1	3x, last at Duquesne	4/16/19
Goals	1	2x, last vs. Ohio State	4/4/19
Assists	1	at Duquesne	4/16/19
Shots	1	3x, last vs. Ohio State	4/4/19
GBs	2	at Duquesne	2/23/22
DCs	1	2x, last vs. Rutgers	2/14/21
CTs	1	at Towson	2/8/20

#21 Cam Evitts

Career Highs

Shots	1	vs Saint Joseph's	3/12/22
GBs	3	vs Princeton	3/19/22
DCs	2	2x last at Duquesne	2/23/22
CTs	1	6x, last vs Pitt	4/12/22

#22 Kara Nealon

Career Highs

Points	9	at Northwestern	3/13/21
Goals	3	at Northwestern	3/11/21
Assists	7	at Northwestern	3/13/21
Shots	6	at Northwestern	3/11/21
GBs	3	vs. Michigan	3/19/21
CTs	1	3x, last vs James Madison	3/9/22

#23 Ally Lipkin

Career Highs

Points	1	at Duquesne	2/23/22
Goals	1	at Duquesne	2/23/22
Shots	1	at Duquesne	2/23/22
GBs	1	vs Northwestern	4/1/22

#24 Gretchen Gilmore

Career Highs

Points	3	2x last vs Pitt	4/12/22
Goals	3	at Towson	3/15/22
Assists	1	5x last vs Michigan	4/16/22
Shots	5	2x last at Towson	3/15/22
GBs	2	2x, last vs. Johns Hopkins	4/18/21
DCs	7	at Northwestern	3/11/21
CTs	1	5x, last vs Michigan	4/16/22

#25 Regan Nealon

Career Highs

Points	3	vs Saint Joseph's	3/12/22
Goals	2	at Ohio State	3/26/21
Assists	2	2x last vs Michigan	4/16/22
Shots	4	vs. Maryland	4/11/21
GBs	3	at Duquesne	2/23/22
DCs	2	at Vanderbilt	3/8/20
CTs	3	at Duquesne	2/23/22

#26 Kate Dougherty

Career Highs

Shots	1	vs Saint Joseph's	3/12/22
GBs	1	last at Drexel	2/16/22

#27 Kathryn Toohey

Career Highs

#29 Brooke Barger

Career Highs

Points	3	vs. Rutgers	2/14/21
Goals	2	vs. Rutgers	2/14/21
Assists	1	6x, last at Towson	3/15/22
Shots	3	at Ohio State	2/26/22
GBs	2	at Rutgers	4/15/21
DCs			
CTs	1	at Rutgers	4/15/21

#30 Kelsey Kimmel

Career Highs

Points	1	vs. Duquesne	2/19/20
Goals	1	vs. Duquesne	2/19/20
Shots	1	3x last vs Pitt	4/12/22

#31 Mary Muldoon

Career Highs

Points	5	vs. Maryland	4/11/21
Goals	5	vs. Maryland	4/11/21
Assists	1	3x last vs Princeton	3/19/22
Shots	5	2x last vs James Madison	3/09/22
GBs	2	vs. Michigan	3/21/21
DCs	1	2x, last at Duquesne	4/16/19
CTs	1	3x, last vs James Madison	3/09/22

#32 Alexandra Bruno

Career Highs

DCs	1	vs Saint Joseph's	3/12/22
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#36 Meghan Murray

Career Highs

Points	4	2x last vs Pitt	4/12/22
Goals	4	at Cornell	2/26/22
Assists	2	at Ohio State	3/26/22
Shots	6	3x vs Pitt	4/12/22
GBs	3	vs. Lehigh	2/15/20
DCs	9	vs Princeton	3/19/22
CTs	2	at Loyola (Md.)	3/5/22