



2022 WOMEN'S LACROSSE

5-Time National Champions • 11-Time National Semifinalists

2022 SCHEDULE

5-5, 0-2 Big Ten

| Date | Opponent | Result/Time |
|----------------|-----------------------------|-----------------|
| Feb. 16 | at #19 Drexel | L, 8-12 |
| Feb. 23 | at Duquesne | W, 18-4 |
| Feb. 26 | at Cornell | W, 20-11 |
| Mar. 5 | at #9 Loyola Maryland | L, 9-18 |
| Mar. 9 | vs #21 JAMES MADISON | W, 14-10 |
| Mar. 12 | vs SAINT JOSEPH'S | W, 17-8 |
| Mar. 15 | at Towson | W, 15-6 |
| Mar. 19 | vs #11 PRINCETON | L, 11-12 |
| Mar. 26 | at Ohio State* | L, 11-12 |
| Apr. 1 | vs #3 NORTHWESTERN* | L, 17-6 |
| Apr. 7 | at #9 Maryland* | L, 6-13 |
| Apr. 12 | vs PITTSBURGH | 4 p.m. |
| Apr. 16 | vs. MICHIGAN* | 1 p.m. |
| Apr. 23 | at Rutgers* | Noon |
| Apr. 28 | vs JOHNS HOPKINS* | 6 p.m. |
| May 6 | Big Ten Quarterfinals | TBA |
| May 7 | Big Ten Semifinals | TBA |
| May 8 | Big Ten Championship | TBA |
| May 27-29 | NCAA Tournament | TBA |

* Big Ten Opponent
All Times Eastern

HOME GAMES IN BOLD CAPS

IWLCA/Inside Lacrosse Rankings



Penn State
5-6, 0-3 BIG

AT



Pitt
7-7, 1-6 ACC

Game 12: April 12, 2022

University Park, Pa.

GAME DAY

| | |
|----------------|-------------------------------|
| VENUE | Panzer Stadium |
| TV/LIVE STREAM | BIG+ |
| LIVE STATS | umterps.com/sidearmstats/wlax |

TEAM COMPARISON



| | | |
|----------------------|---------|---------|
| Overall record | 5-6 | 7-7 |
| Conference record | 0-3 BIG | 0-1 ACC |
| Goals scored | 135 | 175 |
| Goals allowed | 123 | 163 |
| Goals scored/gm. | 12.2 | 12.5 |
| Goals allowed/gm. | 11.1 | 11.6 |
| SOG-attempts | 243-332 | 274-374 |
| Shots/gm. | 30.1 | 26.7 |
| Shot. Pct. | .407 | .468 |
| Assists | 56 | 68 |
| Free-Position Shots | 24-70 | 47-88 |
| Ground Balls/Gm. | 16.3 | 16.5 |
| Draw Controls/Gm. | 12.8 | 13.5 |
| Turnovers/Gm. | 11.5 | 16.3 |
| Caused Turnovers/Gm. | 7.8 | 9 |
| Clear Pct. | .918 | .866 |
| Saves | 81 | 132 |
| Save Percentage | .397 | .447 |

- This will be the first game between the Nittany Lions and Panthers. 2022 is the inaugural season for Pitt women's lacrosse.
- The game is also the Nittany Lions' HEADstrong game celebrating Hair Havoc to raise awareness and provide support for families fighting cancer.
- The Nittany Lions look to snap a four-game skid on Tuesday.
- Pitt enters the game having most recently defeated Louisville, 17-10, for their first conference win.
- Penn State fell 6-13 at No. 9 Maryland. Freshman goalie **Ashley Bowan** nabbed a career-high 13 saves. She and the PSU defense held UMD to their second-lowest goal total of the season.
- PSU is seventh in the nation and second in the Big Ten in fewest turnovers per game (11.1).
- PSU is 12th in the nation and third in the Big Ten in clearing percentage (.918).
- Pitt is seventh in the nation in free position percentage (.536).
- Sophomore **Kristin O'Neill** leads the Lions with 27 goals. She has nine multi-goal games this year and a team best 34 points and 17 caused turnovers.
- Sophomore **Kayla Abernathy** has won a team best 45 draw controls.
- Junior **Kara Nealon** has a team best 20 assists.
- Freshman **Ashley Bowan** has started between the pipes in the last eight games. She has a .411 save percentage.
- The blue and white were selected fifth in the Big Ten Preseason Coaches poll.
- The Lions return 22 players while adding one graduate transfer and seven freshmen.



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GoPSUSports.com

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#WEARE

SERIES HISTORY

ALL-TIME SERIES
PENN STATE STREAK
FIRST MEETING
LAST MEETING
LAST PSU WIN
LAST PITT WIN
LARGEST PSU WIN
LARGEST PITT WIN

First Meeting



2021 PENN STATE WOMEN'S LACROSSE

2021 NUMERICAL ROSTER

| No. | Name | Pos. | Class | Ht. | Hometown | High School (Last College) |
|-----|-------------------|------|-------|------|---------------------|----------------------------|
| 1 | Brooke Hoss | M | Fr. | 5-8 | West Sayville, NY. | Sayville |
| 2 | Sammy Dupcak | D/M | So. | 5-9 | Annapolis, Md. | Broadneck |
| 3 | Ashley Bowan | GK | Fr. | 5-4 | Friendship, Md. | Bishop Ireton |
| 4 | Kayla Abernathy | M | So. | 5-9 | Towson, Md. | McDonogh School |
| 5 | Sloane Dowgiallo | D | Sr. | 5-5 | Lothian, Md. | Southern |
| 6 | Alaina Hamood | M/A | So. | 5-9 | Hinsdale, Ill. | Hinsdale Central |
| 8 | Molly O'Keefe | M | Fr. | 5-10 | Chesterfield, Va. | Cosby |
| 9 | Cayden Jarvis | GK | So. | 5-4 | Bucktown, Pa. | Owen J. Roberts |
| 10 | Taylor Regan | A | Grad. | 5-4 | Larchmont, N.Y. | Rye County Day (Virginia) |
| 11 | Haley Urgo | D | Jr. | 5-5 | Davidsonville, Md. | Archbishop Spalding |
| 12 | Kate Love | D | Sr.+ | 5-8 | Dallas, Texas | Hockaday School |
| 13 | Lauren Saltz | M | Fr. | 5-5 | Westminster, Md. | Westminster |
| 15 | Sydney Wolfington | A | Sr. | 5-9 | Newtown Square, Pa. | Agnes Irwin |
| 16 | Ellie Hollin | D | Fr. | 5-4 | Monkton, Md. | The John Carroll School |
| 17 | Gianna Cutaia | D | So. | 5-1 | Spencerport, N.Y. | Our Lady of Mercy School |
| 18 | Rachel Spilker | D | Jr. | 5-8 | Severna Park, Md. | Severna Park |
| 19 | Kristin O'Neill | M | So. | 5-8 | Odenton, Md. | Archbishop Spalding |
| 20 | Erin Triandafilis | M | Sr. | 5-7 | Wading River, N.Y. | Shoreham Wading River |
| 21 | Cam Evitts | M | So. | 5-5 | Berwyn, Pa. | Conestoga |
| 22 | Kara Nealon | M | Jr. | 5-8 | Garnet Valley, Pa. | Garnet Valley |
| 23 | Ally Lipkin | A | Fr. | 5-4 | Short Hills N.J. | Millburn |
| 24 | Gretchen Gilmore | M | So. | 5-7 | Glen Ridge, N.J. | Glen Ridge |
| 25 | Regan Nealon | M/A | Jr. | 5-5 | Garnet Valley, Pa. | Garnet Valley |
| 26 | Kate Dougherty | M | Fr. | 5-7 | New Hope, Pa. | New Hope-Solebury |
| 27 | Kathryn Toohey | M | So. | 5-8 | Garnet Valley, Pa. | Garnet Valley |
| 29 | Brooke Barger | A | Jr. | 5-6 | Baltimore, Md. | Notre Dame Prep |
| 30 | Kelsey Kimmel | A | Jr. | 5-8 | Lancaster, Pa. | Lampeter-Strasburg |
| 31 | Mary Muldoon | M/A | Sr. | 5-9 | Silver Spring, Md. | Academy of the Holy Cross |
| 32 | Alexandra Bruno | A | Jr. | 5-5 | Rockville, Md. | Academy of the Holy Cross |
| 36 | Meghan Murray | M | Jr. | 5-8 | Little Silver, N.J. | Red Bank Regional |

Head Coach: Missy Doherty (Maryland '97) - 12th season
Offensive Coordinator: Nicole Grote (New Hampshire '16) - first season
Defensive Coordinator: Katrina Geiger (Loyola Maryland '18) - first season
Director of Operations: Katie Haus (Maryland '13) - fifth season

PRONUNCIATION GUIDE

| | |
|-------------------|------------------|
| Brooke Barger | Bar-ger |
| Gianna Cutaia | Cut-eye-uh |
| Sloane Dowgiallo | DOW-gee-allo |
| Kate Dougherty | DOW-ur-tee |
| Sammy Dupcak | DOO-pack |
| Kathryn Toohey | two-he |
| Erin Triandafilis | TREE-and-a-phils |
| Haley Urgo | Err-go |

Coaches:

| | |
|----------------|------------|
| Missy Doherty | DOOR-it-ee |
| Katrina Geiger | Guy-ger |



2021 PENN STATE WOMEN'S LACROSSE

INDIVIDUAL GAME CAREER HIGHS

#1 Brooke Hoss

| Career Highs | | | |
|--------------|---|---------------------|---------|
| Points | 4 | at Duquesne | 2/23/22 |
| Goals | 4 | at Duquesne | 2/23/22 |
| Assists | | | |
| Shots | 6 | vs Princeton | 3/19/22 |
| GBs | 1 | 5x last at Maryland | 4/7/22 |
| DCs | 3 | at Duquesne | 2/23/22 |
| CTs | 1 | vs Princeton | 3/19/22 |

#2 Sammy Dupcak

| Career Highs | | | |
|--------------|----|----------------------------|---------|
| Points | 1 | 2x last vs. Saint Joseph's | 3/12/22 |
| Assists | 1 | 3x last at Ohio State | 3/26/22 |
| Shots | 1 | 2x last at Ohio State | 3/26/22 |
| GBs | 6 | at Ohio State | 3/26/22 |
| DCs | 10 | vs James Madison | 3/9/22 |
| CTs | 3 | vs. Maryland | 2/21/22 |

#3 Ashley Bowan

| Career Highs | | | |
|--------------|----|----------------------|---------|
| Saves | 13 | at Maryland | 4/7/22 |
| GBs | 2 | 4x last vs Princeton | 3/19/22 |

#4 Kayla Abernathy

| Career Highs | | | |
|--------------|---|--------------------------|---------|
| Points | 3 | vs James Madison | 3/9/22 |
| Goals | 2 | at Duquesne | 2/23/22 |
| Assists | 2 | 2x last vs James Madison | 3/9/22 |
| Shots | 2 | 5x, last vs Northwestern | 4/1/22 |
| GBs | 3 | vs James Madison | 3/9/22 |
| DCs | 8 | 2x last at Towson | 3/15/22 |
| CTs | 2 | 2x vs Princeton | 3/19/22 |

#5 Sloane Dowgiallo

| Career Highs | | | |
|--------------|---|-----------------------|---------|
| GBs | 1 | 2x, last vs. Michigan | 3/21/21 |

#6 Alaina Hamood

| Career Highs | | | |
|--------------|---|-----------------|---------|
| Points | 1 | at Duquesne | 2/23/22 |
| Goals | 1 | at Duquesne | 2/23/22 |
| Shots | 2 | vs Northwestern | 4/1/22 |

#8 Molly O'Keefe

| Career Highs | | | |
|--------------|---|-------------|---------|
| Points | 1 | at Duquesne | 2/23/22 |
| Goals | 1 | at Duquesne | 2/23/22 |
| Shots | 1 | at Duquesne | 2/23/22 |

#9 Cayden Jarvis

| Career Highs | | | |
|--------------|---|-------------------------|--------|
| Saves | 8 | vs Northwestern | 4/1/22 |
| GBs | 1 | 3x last vs Northwestern | 4/1/22 |

#10 Taylor Regan

| Career Highs | | | |
|--------------|---|-------------------------|---------|
| Points | 6 | at Cornell | 2/26/22 |
| Goals | 4 | 2x last at Cornell | 2/26/22 |
| Assists | 3 | 2x last vs Louisville * | 3/6/21 |
| Shots | 8 | vs Notre Dame* | 4/3/21 |
| GBs | 4 | at Cornell | 2/26/22 |
| DCs | 2 | vs Boston College * | 4/28/21 |
| CTs | 2 | at Cornell | 2/26/22 |

*Played with Virginia

#11 Haley Urgo

| Career Highs | | | |
|--------------|---|--------------------------|---------|
| GBs | 2 | 2x, last at Cornell | 2/26/22 |
| CTs | 1 | 4x, last at Loyola (Md.) | 3/5/22 |

#12 Kate Love

| Career Highs | | | |
|--------------|---|----------------------|---------|
| GBs | 5 | at Towson | 3/15/22 |
| DCs | 1 | 4x, last vs. Cornell | 2/23/20 |
| CTs | 3 | 2x last at Towson | 3/15/22 |

#13 Lauren Saltz

| Career Highs | | | |
|--------------|---|---------------------------|---------|
| Points | 2 | at Duquesne | 2/23/22 |
| Goals | 1 | 2x last vs Saint Joseph's | 3/12/22 |
| Assists | 1 | at Duquesne | 2/23/22 |
| Shots | 3 | vs Saint Joseph's | 3/12/22 |
| GBs | 2 | 3x last vs Northwestern | 4/1/22 |
| DCs | 3 | vs Saint Joseph's | 3/12/22 |
| CT | 1 | at Maryland | 4/7/22 |

#15 Sydney Wolfington

| Career Highs | | | |
|--------------|---|----------------------------|---------|
| Points | 2 | 3x, last at Duquesne | 4/16/19 |
| Goals | 1 | 6x, last vs Saint Joseph's | 3/12/22 |
| Assists | 1 | 6x, last at James Madison | 3/4/20 |
| Shots | 2 | 2x, last at Cornell | 2/23/19 |
| GBs | 2 | 2x, last at Duquesne | 2/23/22 |
| DCs | 1 | at Northwestern | 3/28/19 |
| CTs | 1 | vs. James Madison | 3/6/19 |

#16 Ellie Hollin

| Career Highs | | | |
|--------------|---|-----------------------|---------|
| GBs | 3 | vs Northwestern | 4/1/22 |
| CTs | 2 | 2x last at Ohio State | 3/26/22 |

#17 Gianna Cutaia

| Career Highs | | | |
|--------------|--|--|--|
|--------------|--|--|--|

#18 Rachel Spilker

| Career Highs | | | |
|--------------|---|---------------------|---------|
| GBs | 4 | at Ohio State | 3/26/21 |
| DCs | 1 | 2x, last at Rutgers | 4/15/21 |
| CTs | 3 | at Ohio State | 3/28/21 |

#19 Kristin O'Neill

| Career Highs | | | |
|--------------|----|-----------------------|---------|
| Points | 6 | 3x, last at Cornell | 2/26/22 |
| Goals | 5 | 2x last at Cornell | 2/26/22 |
| Assists | 2 | 2x, last vs. Maryland | 2/21/21 |
| Shots | 14 | vs Princeton | 3/19/22 |
| GBs | 4 | at Rutgers | 4/15/21 |
| DCs | 5 | vs Princeton | 3/19/22 |
| CTs | 5 | vs Northwestern | 4/1/22 |

#20 Erin Triandafilis

| Career Highs | | | |
|--------------|---|-------------------------|---------|
| Points | 1 | 3x, last at Duquesne | 4/16/19 |
| Goals | 1 | 2x, last vs. Ohio State | 4/4/19 |
| Assists | 1 | at Duquesne | 4/16/19 |
| Shots | 1 | 3x, last vs. Ohio State | 4/4/19 |
| GBs | 2 | at Duquesne | 2/23/22 |
| DCs | 1 | 2x, last vs. Rutgers | 2/14/21 |
| CTs | 1 | at Towson | 2/8/20 |



2021 PENN STATE WOMEN'S LACROSSE

INDIVIDUAL CAREER HIGHS

#21 Cam Evitts

Career Highs

| | | | |
|-------|---|-----------------------|---------|
| Shots | 1 | vs Saint Joseph's | 3/12/22 |
| GBs | 3 | vs Princeton | 3/19/22 |
| DCs | 2 | 2x last at Duquesne | 2/23/22 |
| CTs | 1 | 5x, last vs Princeton | 3/19/22 |

#22 Kara Nealon

Career Highs

| | | | |
|---------|---|---------------------------|---------|
| Points | 9 | at Northwestern | 3/13/21 |
| Goals | 3 | at Northwestern | 3/11/21 |
| Assists | 7 | at Northwestern | 3/13/21 |
| Shots | 6 | at Northwestern | 3/11/21 |
| GBs | 3 | vs. Michigan | 3/19/21 |
| CTs | 1 | 3x, last vs James Madison | 3/9/22 |

#23 Ally Lipkin

Career Highs

| | | | |
|--------|---|-----------------|---------|
| Points | 1 | at Duquesne | 2/23/22 |
| Goals | 1 | at Duquesne | 2/23/22 |
| Shots | 1 | at Duquesne | 2/23/22 |
| GBs | 1 | vs Northwestern | 4/1/22 |

#24 Gretchen Gilmore

Career Highs

| | | | |
|---------|---|----------------------------|---------|
| Points | 3 | at Towson | 3/15/22 |
| Goals | 3 | at Towson | 3/15/22 |
| Assists | 1 | 3x last vs Northwestern | 4/1/22 |
| Shots | 5 | 2x last at Towson | 3/15/22 |
| GBs | 2 | 2x, last vs. Johns Hopkins | 4/18/21 |
| DCs | 7 | at Northwestern | 3/11/21 |
| CTs | 1 | 4x, last at Ohio State | 3/26/22 |

#25 Regan Nealon

Career Highs

| | | | |
|---------|---|-------------------|---------|
| Points | 3 | vs Saint Joseph's | 3/12/22 |
| Goals | 2 | at Ohio State | 3/26/21 |
| Assists | 2 | vs Saint Joseph's | 3/12/22 |
| Shots | 4 | vs. Maryland | 4/11/21 |
| GBs | 3 | at Duquesne | 2/23/22 |
| DCs | 2 | at Vanderbilt | 3/8/20 |
| CTs | 3 | at Duquesne | 2/23/22 |

#26 Kate Dougherty

Career Highs

| | | | |
|-------|---|-------------------|---------|
| Shots | 1 | vs Saint Joseph's | 3/12/22 |
| GBs | 1 | last at Drexel | 2/16/22 |

#27 Kathryn Toohey

Career Highs

#29 Brooke Barger

Career Highs

| | | | |
|---------|---|--------------------|---------|
| Points | 3 | vs. Rutgers | 2/14/21 |
| Goals | 2 | vs. Rutgers | 2/14/21 |
| Assists | 1 | 6x, last at Towson | 3/15/22 |
| Shots | 3 | at Ohio State | 2/26/22 |
| GBs | 2 | at Rutgers | 4/15/21 |
| DCs | | | |
| CTs | 1 | at Rutgers | 4/15/21 |

#30 Kelsey Kimmel

Career Highs

| | | | |
|--------|---|---------------------------|---------|
| Points | 1 | vs. Duquesne | 2/19/20 |
| Goals | 1 | vs. Duquesne | 2/19/20 |
| Shots | 1 | 2x last vs Saint Joseph's | 3/12/22 |

#31 Mary Muldoon

Career Highs

| | | | |
|---------|---|---------------------------|---------|
| Points | 5 | vs. Maryland | 4/11/21 |
| Goals | 5 | vs. Maryland | 4/11/21 |
| Assists | 1 | 3x last vs Princeton | 3/19/22 |
| Shots | 5 | 2x last vs James Madison | 3/09/22 |
| GBs | 2 | vs. Michigan | 3/21/21 |
| DCs | 1 | 2x, last at Duquesne | 4/16/19 |
| CTs | 1 | 3x, last vs James Madison | 3/09/22 |

#32 Alexandra Bruno

Career Highs

| | | | |
|-----|---|-------------------|---------|
| DCs | 1 | vs Saint Joseph's | 3/12/22 |
|-----|---|-------------------|---------|

#36 Meghan Murray

Career Highs

| | | | |
|---------|---|----------------------|---------|
| Points | 4 | at Cornell | 2/26/22 |
| Goals | 4 | at Cornell | 2/26/22 |
| Assists | 2 | at Ohio State | 3/26/22 |
| Shots | 6 | 2x last vs Princeton | 3/19/22 |
| GBs | 3 | vs. Lehigh | 2/15/20 |
| DCs | 9 | vs Princeton | 3/19/22 |
| CTs | 2 | at Loyola (Md.) | 3/5/22 |