



# 2022 WOMEN'S LACROSSE

5-Time National Champions • 11-Time National Semifinalists

## 2022 SCHEDULE

5-3, 0-0 Big Ten

| Date           | Opponent                    | Result/Time     |
|----------------|-----------------------------|-----------------|
| Feb. 16        | at #19 Drexel               | L, 8-12         |
| Feb. 23        | at Duquesne                 | W, 18-4         |
| Feb. 26        | at Cornell                  | W, 20-11        |
| Mar. 5         | at #9 Loyola Maryland       | L, 9-18         |
| <b>Mar. 9</b>  | <b>vs #21 JAMES MADISON</b> | <b>W, 14-10</b> |
| <b>Mar. 12</b> | <b>vs SAINT JOSEPH'S</b>    | <b>W, 17-8</b>  |
| Mar. 15        | at Towson                   | W, 15-6         |
| <b>Mar. 19</b> | <b>vs PRINCETON</b>         | <b>L, 11-12</b> |
| Mar. 26        | at Ohio State*              | 2:30 p.m.       |
| <b>Apr. 1</b>  | <b>vs NORTHWESTERN*</b>     | <b>7 p.m.</b>   |
| Apr. 7         | at Maryland*                | 6:30 p.m.       |
| <b>Apr. 12</b> | <b>vs PITTSBURGH</b>        | <b>4 p.m.</b>   |
| <b>Apr. 16</b> | <b>vs. MICHIGAN*</b>        | <b>1 p.m.</b>   |
| Apr. 23        | at Rutgers*                 | Noon            |
| <b>Apr. 28</b> | <b>vs JOHNS HOPKINS*</b>    | <b>6 p.m.</b>   |
| May 6          | Big Ten Quarterfinals       | TBA             |
| May 7          | Big Ten Semifinals          | TBA             |
| May 8          | Big Ten Championship        | TBA             |
| May 27-29      | NCAA Tournament             | TBA             |

\* Big Ten Opponent  
All Times Eastern

HOME GAMES IN BOLD CAPS

IWLCA/Inside Lacrosse Rankings



**Penn State**  
5-3, 0-0 BIG

AT



**Ohio State**  
6-4, 0-1 BIG

Game 9: March 26, 2022

Columbus, Ohio

## GAME DAY

|                |  |
|----------------|--|
| VENUE          | Ohio Stadium                                 |
| TV/LIVE STREAM | Big Ten Network                              |
| LIVE STATS     | stats.statbroadcast.com/broadcast/?id=399582 |

## TEAM COMPARISON



|                      |         |         |
|----------------------|---------|---------|
| Overall record       | 5-3     | 6-4     |
| Conference record    | 0-0 BIG | 0-1 BIG |
| Goals scored         | 112     | 136     |
| Goals allowed        | 81      | 109     |
| Goals scored/gm.     | 14      | 13.6    |
| Goals allowed/gm.    | 10.1    | 10.9    |
| SOG-attempts         | 188-253 | 242-336 |
| Shots/gm.            | 31.6    | 33.6    |
| Shot. Pct.           | .443    | .405    |
| Assists              | 48      | 48      |
| Free-Position Shots  | 20-50   | 29-82   |
| Ground Balls/Gm.     | 16.1    | 17.8    |
| Draw Controls/Gm.    | 14.6    | 16.4    |
| Turnovers/Gm.        | 11      | 16.8    |
| Caused Turnovers/Gm. | 7.2     | 8.8     |
| Clear Pct.           | .930    | .845    |
| Saves                | 54      | 85      |
| Save Percentage      | .400    | .438    |

- The Buckeyes and Lions have had two mutual opponent this season; OSU fell 4-15 to No. 21 James Madison, while PSU beat No. 21 JMU 14-10. Both teams defeated Duquesne, with OSU winning 18-8 and PSU winning 18-4.
- Both teams fell in their previous game.
- Seven of the last ten games between PSU and OSU have been decided by three goals or less. Five of the last ten by two goals or less.
- Penn State is No. 15 on the NCAA Women's Lacrosse RPI board.
- PSU is fifth in the nation and first in the Big Ten in clearing percentage (.930) and fifth in the nation and second in the Big Ten in fewest turnovers per game (11).
- **Kara Nealon** is 14th in the nation and third in the league by averaging 2.25 assists per contest.
- Head Coach **Missy Doherty** is in her 12th season leading the Nittany Lions.
- **Doherty** notched her 200th career victory following the Lions' Feb. 23 win at Duquesne.
- The Nittany Lions named junior **Rachel Spilker** and senior **Mary Muldoon** captains for the 2022 season.
- The blue and white were selected fifth in the Big Ten Preseason Coaches poll.
- The lady lions return 22 players while adding one graduate transfer and seven freshmen.
- Penn State had three athletes named Big Ten Players to Watch. Graduate student, **Taylor Regan** and sophomores, **Kristin O'Neill** and **Sammy Dupcak**.
- The 2021 Big Ten Freshman of the Year, **Kristin O'Neill**, looks to have another successful year in the midfield as she was named to the Tewaaron Award watch list.



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#WEARE

## SERIES HISTORY

ALL-TIME SERIES  
PENN STATE STREAK  
FIRST MEETING  
LAST MEETING  
LAST PSU WIN  
LAST OSU WIN  
LARGEST PSU WIN  
LARGEST OSU WIN

Penn State, 21-8  
L, 2  
April 13, 1997; Penn State, 14-3  
March 28, 2021; Ohio State 11-9  
April 4, 2019; Penn State 21-5  
March 28, 2021; Ohio State 11-9  
April 4, 2019; Penn State 21-5  
April 20, 2008; Ohio State 17-12



# 2021 PENN STATE WOMEN'S LACROSSE

## 2021 NUMERICAL ROSTER

| No. | Name              | Pos. | Class | Ht.  | Hometown            | High School (Last College) |
|-----|-------------------|------|-------|------|---------------------|----------------------------|
| 1   | Brooke Hoss       | M    | Fr.   | 5-8  | West Sayville, NY.  | Sayville                   |
| 2   | Sammy Dupcak      | D/M  | So.   | 5-9  | Annapolis, Md.      | Broadneck                  |
| 3   | Ashley Bowan      | GK   | Fr.   | 5-4  | Friendship, Md.     | Bishop Ireton              |
| 4   | Kayla Abernathy   | M    | So.   | 5-9  | Towson, Md.         | McDonogh School            |
| 5   | Sloane Dowgiallo  | D    | Sr.   | 5-5  | Lothian, Md.        | Southern                   |
| 6   | Alaina Hamood     | M/A  | So.   | 5-9  | Hinsdale, Ill.      | Hinsdale Central           |
| 8   | Molly O'Keefe     | M    | Fr.   | 5-10 | Chesterfield, Va.   | Cosby                      |
| 9   | Cayden Jarvis     | GK   | So.   | 5-4  | Bucktown, Pa.       | Owen J. Roberts            |
| 10  | Taylor Regan      | A    | Grad. | 5-4  | Larchmont, N.Y.     | Rye County Day (Virginia)  |
| 11  | Haley Urgo        | D    | Jr.   | 5-5  | Davidsonville, Md.  | Archbishop Spalding        |
| 12  | Kate Love         | D    | Sr.+  | 5-8  | Dallas, Texas       | Hockaday School            |
| 13  | Lauren Saltz      | M    | Fr.   | 5-5  | Westminster, Md.    | Westminster                |
| 15  | Sydney Wolfington | A    | Sr.   | 5-9  | Newtown Square, Pa. | Agnes Irwin                |
| 16  | Ellie Hollin      | D    | Fr.   | 5-4  | Monkton, Md.        | The John Carroll School    |
| 17  | Gianna Cutaia     | D    | So.   | 5-1  | Spencerport, N.Y.   | Our Lady of Mercy School   |
| 18  | Rachel Spilker    | D    | Jr.   | 5-8  | Severna Park, Md.   | Severna Park               |
| 19  | Kristin O'Neill   | M    | So.   | 5-8  | Odenton, Md.        | Archbishop Spalding        |
| 20  | Erin Triandafilis | M    | Sr.   | 5-7  | Wading River, N.Y.  | Shoreham Wading River      |
| 21  | Cam Evitts        | M    | So.   | 5-5  | Berwyn, Pa.         | Conestoga                  |
| 22  | Kara Nealon       | M    | Jr.   | 5-8  | Garnet Valley, Pa.  | Garnet Valley              |
| 23  | Ally Lipkin       | A    | Fr.   | 5-4  | Short Hills N.J.    | Millburn                   |
| 24  | Gretchen Gilmore  | M    | So.   | 5-7  | Glen Ridge, N.J.    | Glen Ridge                 |
| 25  | Regan Nealon      | M/A  | Jr.   | 5-5  | Garnet Valley, Pa.  | Garnet Valley              |
| 26  | Kate Dougherty    | M    | Fr.   | 5-7  | New Hope, Pa.       | New Hope-Solebury          |
| 27  | Kathryn Toohey    | M    | So.   | 5-8  | Garnet Valley, Pa.  | Garnet Valley              |
| 29  | Brooke Barger     | A    | Jr.   | 5-6  | Baltimore, Md.      | Notre Dame Prep            |
| 30  | Kelsey Kimmel     | A    | Jr.   | 5-8  | Lancaster, Pa.      | Lampeter-Strasburg         |
| 31  | Mary Muldoon      | M/A  | Sr.   | 5-9  | Silver Spring, Md.  | Academy of the Holy Cross  |
| 32  | Alexandra Bruno   | A    | Jr.   | 5-5  | Rockville, Md.      | Academy of the Holy Cross  |
| 36  | Meghan Murray     | M    | Jr.   | 5-8  | Little Silver, N.J. | Red Bank Regional          |

**Head Coach:** Missy Doherty (Maryland '97) - 12th season  
**Offensive Coordinator:** Nicole Grote (New Hampshire '16) - first season  
**Defensive Coordinator:** Katrina Geiger (Loyola Maryland '18) - first season  
**Director of Operations:** Katie Haus (Maryland '13) - fifth season

## PRONUNCIATION GUIDE

|                   |                  |
|-------------------|------------------|
| Brooke Barger     | Bar-ger          |
| Gianna Cutaia     | Cut-eye-uh       |
| Sloane Dowgiallo  | DOW-gee-allo     |
| Kate Dougherty    | DOW-ur-tee       |
| Sammy Dupcak      | DOO-pack         |
| Kathryn Toohey    | two-he           |
| Erin Triandafilis | TREE-and-a-phils |
| Haley Urgo        | Err-go           |

**Coaches:**  
Missy Doherty DOOR-it-ee  
Katrina Geiger Guy-ger



# 2021 PENN STATE WOMEN'S LACROSSE

## INDIVIDUAL GAME CAREER HIGHS

### #1 Brooke Hoss

| Career Highs |   |                   |         |
|--------------|---|-------------------|---------|
| Points       | 4 | at Duquesne       | 2/23/22 |
| Goals        | 4 | at Duquesne       | 2/23/22 |
| Assists      |   |                   |         |
| Shots        | 6 | vs Princeton      | 3/19/22 |
| GBs          | 1 | 3x last at Towson | 3/15/22 |
| DCs          | 3 | at Duquesne       | 2/23/22 |
| CTs          | 1 | vs Princeton      | 3/19/22 |

### #2 Sammy Dupcak

| Career Highs |    |                            |         |
|--------------|----|----------------------------|---------|
| Points       | 1  | 2x last vs. Saint Joseph's | 3/12/22 |
| Assists      | 1  | 2x last vs. Saint Joseph's | 3/12/22 |
| Shots        | 1  | at Drexel                  | 2/16/22 |
| GBs          | 5  | vs. Maryland               | 2/21/21 |
| DCs          | 10 | vs James Madison           | 3/09/22 |
| CTs          | 3  | vs. Maryland               | 2/21/21 |

### #3 Ashley Bowan

| Career Highs |    |                      |         |
|--------------|----|----------------------|---------|
| Saves        | 10 | 2x last vs Princeton | 3/19/22 |
| GBs          | 2  | 4x last vs Princeton | 3/19/22 |

### #4 Kayla Abernathy

| Career Highs |   |                          |         |
|--------------|---|--------------------------|---------|
| Points       | 3 | vs James Madison         | 3/09/22 |
| Goals        | 2 | at Duquesne              | 2/23/22 |
| Assists      | 2 | 2x last vs James Madison | 3/09/22 |
| Shots        | 2 | 4x, last vs Princeton    | 3/19/22 |
| GBs          | 3 | vs James Madison         | 3/09/22 |
| DCs          | 8 | 2x last at Towson        | 3/15/22 |
| CTs          | 2 | 2x vs Princeton          | 3/19/22 |

### #5 Sloane Dowgiallo

| Career Highs |   |                       |         |
|--------------|---|-----------------------|---------|
| GBs          | 1 | 2x, last vs. Michigan | 3/21/21 |

### #6 Alaina Hamood

| Career Highs |   |                           |         |
|--------------|---|---------------------------|---------|
| Points       | 1 | at Duquesne               | 2/23/22 |
| Goals        | 1 | at Duquesne               | 2/23/22 |
| Shots        | 1 | 3x last vs Saint Joseph's | 3/12/22 |

### #8 Molly O'Keefe

| Career Highs |   |             |         |
|--------------|---|-------------|---------|
| Points       | 1 | at Duquesne | 2/23/22 |
| Goals        | 1 | at Duquesne | 2/23/22 |
| Shots        | 1 | at Duquesne | 2/23/22 |

### #9 Cayden Jarvis

| Career Highs |   |                           |         |
|--------------|---|---------------------------|---------|
| Saves        | 3 | 3x last vs Saint Joseph's | 3/12/22 |
| GBs          | 1 | 2x at Loyola (Md.)        | 3/5/22  |

### #10 Taylor Regan

| Career Highs |   |                         |         |
|--------------|---|-------------------------|---------|
| Points       | 6 | at Cornell              | 2/26/22 |
| Goals        | 4 | 2x last at Cornell      | 2/26/22 |
| Assists      | 3 | 2x last vs Louisville * | 3/06/21 |
| Shots        | 8 | vs Notre Dame*          | 4/03/21 |
| GBs          | 4 | at Cornell              | 2/26/22 |
| DCs          | 2 | vs Boston College *     | 4/28/21 |
| CTs          | 2 | at Cornell              | 2/26/22 |

\*Played with Virginia

### #11 Haley Uργο

| Career Highs |   |                          |         |
|--------------|---|--------------------------|---------|
| GBs          | 2 | 2x, last at Cornell      | 2/26/22 |
| CTs          | 1 | 4x, last at Loyola (Md.) | 3/5/22  |

### #12 Kate Love

| Career Highs |   |                      |         |
|--------------|---|----------------------|---------|
| GBs          | 5 | at Towson            | 3/15/22 |
| DCs          | 1 | 4x, last vs. Cornell | 2/23/20 |
| CTs          | 3 | 2x last at Towson    | 3/15/22 |

### #13 Lauren Saltz

| Career Highs |   |                           |         |
|--------------|---|---------------------------|---------|
| Points       | 2 | at Duquesne               | 2/23/22 |
| Goals        | 1 | 2x last vs Saint Joseph's | 3/12/22 |
| Assists      | 1 | at Duquesne               | 2/23/22 |
| Shots        | 3 | vs Saint Joseph's         | 3/12/22 |
| GBs          | 2 | 2x last vs Princeton      | 3/19/22 |
| DCs          | 3 | vs Saint Joseph's         | 3/12/22 |

### #15 Sydney Wolfington

| Career Highs |   |                            |         |
|--------------|---|----------------------------|---------|
| Points       | 2 | 3x, last at Duquesne       | 4/16/19 |
| Goals        | 1 | 6x, last vs Saint Joseph's | 3/12/22 |
| Assists      | 1 | 6x, last at James Madison  | 3/4/20  |
| Shots        | 2 | 2x, last at Cornell        | 2/23/19 |
| GBs          | 2 | 2x, last at Duquesne       | 2/23/22 |
| DCs          | 1 | at Northwestern            | 3/28/19 |
| CTs          | 1 | vs. James Madison          | 3/6/19  |

### #16 Ellie Hollin

| Career Highs |   |                           |         |
|--------------|---|---------------------------|---------|
| GBs          | 2 | 3x last vs Saint Joseph's | 3/12/22 |
| CTs          | 2 | vs Princeton              | 3/19/22 |

### #17 Gianna Cutaia

| Career Highs |   |                     |         |
|--------------|---|---------------------|---------|
| GBs          | 4 | at Ohio State       | 3/26/21 |
| DCs          | 1 | 2x, last at Rutgers | 4/15/21 |
| CTs          | 3 | at Ohio State       | 3/28/21 |

### #18 Rachel Spilker

| Career Highs |   |                     |         |
|--------------|---|---------------------|---------|
| GBs          | 4 | at Ohio State       | 3/26/21 |
| DCs          | 1 | 2x, last at Rutgers | 4/15/21 |
| CTs          | 3 | at Ohio State       | 3/28/21 |

### #19 Kristin O'Neill

| Career Highs |    |                       |         |
|--------------|----|-----------------------|---------|
| Points       | 6  | 3x, last at Cornell   | 2/26/22 |
| Goals        | 5  | 2x last at Cornell    | 2/26/22 |
| Assists      | 2  | 2x, last vs. Maryland | 2/21/21 |
| Shots        | 14 | vs Princeton          | 3/19/22 |
| GBs          | 4  | at Rutgers            | 4/15/21 |
| DCs          | 5  | vs Princeton          | 3/19/22 |
| CTs          | 3  | 3x, last at Rutgers   | 4/15/21 |

### #20 Erin Triandafilis

| Career Highs |   |                         |         |
|--------------|---|-------------------------|---------|
| Points       | 1 | 3x, last at Duquesne    | 4/16/19 |
| Goals        | 1 | 2x, last vs. Ohio State | 4/4/19  |
| Assists      | 1 | at Duquesne             | 4/16/19 |
| Shots        | 1 | 3x, last vs. Ohio State | 4/4/19  |
| GBs          | 2 | at Duquesne             | 2/23/22 |
| DCs          | 1 | 2x, last vs. Rutgers    | 2/14/21 |
| CTs          | 1 | at Towson               | 2/8/20  |



# 2021 PENN STATE WOMEN'S LACROSSE

## INDIVIDUAL CAREER HIGHS

### #21 Cam Evitts

**Career Highs**

|       |   |                       |         |
|-------|---|-----------------------|---------|
| Shots | 1 | vs Saint Joseph's     | 3/12/22 |
| GBs   | 3 | vs Princeton          | 3/19/22 |
| DCs   | 2 | 2x last at Duquesne   | 2/23/22 |
| CTs   | 1 | 5x, last vs Princeton | 3/19/22 |

### #22 Kara Nealon

**Career Highs**

|         |   |                           |         |
|---------|---|---------------------------|---------|
| Points  | 9 | at Northwestern           | 3/13/21 |
| Goals   | 3 | at Northwestern           | 3/11/21 |
| Assists | 7 | at Northwestern           | 3/13/21 |
| Shots   | 6 | at Northwestern           | 3/11/21 |
| GBs     | 3 | vs. Michigan              | 3/19/21 |
| CTs     | 1 | 3x, last vs James Madison | 3/09/22 |

### #23 Ally Lipkin

**Career Highs**

|        |   |             |         |
|--------|---|-------------|---------|
| Points | 1 | at Duquesne | 2/23/22 |
| Goals  | 1 | at Duquesne | 2/23/22 |
| Shots  | 1 | at Duquesne | 2/23/22 |

### #24 Gretchen Gilmore

**Career Highs**

|         |   |                            |         |
|---------|---|----------------------------|---------|
| Points  | 3 | at Towson                  | 3/15/22 |
| Goals   | 3 | at Towson                  | 3/15/22 |
| Assists | 1 | 2x last vs Saint Joseph's  | 3/12/22 |
| Shots   | 5 | 2x last at Towson          | 3/15/22 |
| GBs     | 2 | 2x, last vs. Johns Hopkins | 4/18/21 |
| DCs     | 7 | at Northwestern            | 3/11/21 |
| CTs     | 1 | 3x, last vs. Michigan      | 3/21/21 |

### #25 Regan Nealon

**Career Highs**

|         |   |                   |         |
|---------|---|-------------------|---------|
| Points  | 3 | vs Saint Joseph's | 3/12/22 |
| Goals   | 2 | at Ohio State     | 3/26/21 |
| Assists | 2 | vs Saint Joseph's | 3/12/22 |
| Shots   | 4 | vs. Maryland      | 4/11/21 |
| GBs     | 3 | at Duquesne       | 2/23/22 |
| DCs     | 2 | at Vanderbilt     | 3/8/20  |
| CTs     | 3 | at Duquesne       | 2/23/22 |

### #26 Kate Dougherty

**Career Highs**

|       |   |                   |         |
|-------|---|-------------------|---------|
| Shots | 1 | vs Saint Joseph's | 3/12/22 |
| GBs   | 1 | last at Drexel    | 2/16/22 |

### #27 Kathryn Toohey

**Career Highs**

### #29 Brooke Barger

**Career Highs**

|         |   |                    |         |
|---------|---|--------------------|---------|
| Points  | 3 | vs. Rutgers        | 2/14/21 |
| Goals   | 2 | vs. Rutgers        | 2/14/21 |
| Assists | 1 | 6x, last at Towson | 3/15/22 |
| Shots   | 3 | at Ohio State      | 2/26/22 |
| GBs     | 2 | at Rutgers         | 4/15/21 |
| DCs     |   |                    |         |
| CTs     | 1 | at Rutgers         | 4/15/21 |

### #30 Kelsey Kimmel

**Career Highs**

|        |   |                           |         |
|--------|---|---------------------------|---------|
| Points | 1 | vs. Duquesne              | 2/19/20 |
| Goals  | 1 | vs. Duquesne              | 2/19/20 |
| Shots  | 1 | 2x last vs Saint Joseph's | 3/12/22 |

### #31 Mary Muldoon

**Career Highs**

|         |   |                           |         |
|---------|---|---------------------------|---------|
| Points  | 5 | vs. Maryland              | 4/11/21 |
| Goals   | 5 | vs. Maryland              | 4/11/21 |
| Assists | 1 | 3x last vs Princeton      | 3/19/22 |
| Shots   | 5 | 2x last vs James Madison  | 3/09/22 |
| GBs     | 2 | vs. Michigan              | 3/21/21 |
| DCs     | 1 | 2x, last at Duquesne      | 4/16/19 |
| CTs     | 1 | 3x, last vs James Madison | 3/09/22 |

### #32 Alexandra Bruno

**Career Highs**

|     |   |                   |         |
|-----|---|-------------------|---------|
| DCs | 1 | vs Saint Joseph's | 3/12/22 |
|-----|---|-------------------|---------|

### #36 Meghan Murray

**Career Highs**

|         |   |                      |         |
|---------|---|----------------------|---------|
| Points  | 4 | at Cornell           | 2/26/22 |
| Goals   | 4 | at Cornell           | 2/26/22 |
| Assists | 1 | 2x last at Cornell   | 2/26/22 |
| Shots   | 6 | 2x last vs Princeton | 3/19/22 |
| GBs     | 3 | vs. Lehigh           | 2/15/20 |
| DCs     | 9 | vs Princeton         | 3/19/22 |
| CTs     | 2 | at Loyola (Md.)      | 3/5/22  |