



# 2022 WOMEN'S LACROSSE

5-Time National Champions • 11-Time National Semifinalists

## 2022 SCHEDULE

5-2, 0-0 Big Ten

Date	Opponent	Result/Time
Feb. 16	at #19 Drexel	L, 8-12
Feb. 23	at Duquesne	W, 18-4
Feb. 26	at Cornell	W, 20-11
Mar. 5	at #9 Loyola Maryland	L, 9-18
<b>Mar. 9</b>	<b>vs #21 JAMES MADISON</b>	<b>W, 14-10</b>
<b>Mar. 12</b>	<b>vs SAINT JOSEPH'S</b>	<b>W, 17-8</b>
Mar. 15	at Towson	W, 15-6
<b>Mar. 19</b>	<b>vs PRINCETON</b>	<b>1 p.m.</b>
Mar. 26	at Ohio State*	1 p.m.
<b>Apr. 1</b>	<b>vs NORTHWESTERN*</b>	<b>7 p.m.</b>
Apr. 7	at Maryland*	6:30 p.m.
<b>Apr. 12</b>	<b>vs PITTSBURGH</b>	<b>4 p.m.</b>
<b>Apr. 16</b>	<b>vs. MICHIGAN*</b>	<b>1 p.m.</b>
Apr. 23	at Rutgers*	Noon
<b>Apr. 28</b>	<b>vs JOHNS HOPKINS*</b>	<b>6 p.m.</b>
May 6	Big Ten Quarterfinals	TBA
May 7	Big Ten Semifinals	TBA
May 8	Big Ten Championship	TBA
May 27-29	NCAA Tournament	TBA

\* Big Ten Opponent  
All Times Eastern

HOME GAMES IN BOLD CAPS

IWLCA/Inside Lacrosse Rankings



**Penn State**  
5-2, 0-0 BIG

VS



**Princeton**  
5-0, 1-0 IVY

Game 8: March 19, 2022

University Park, Pa.

## GAME DAY

VENUE	Panzer Stadium
TV/LIVE STREAM	BIG+
LIVE STATS	<a href="http://gopsusports.com/sidearmstats/wlax">gopsusports.com/sidearmstats/wlax</a>

## TEAM COMPARISON



Overall record	5-2	5-0
Conference record	0-0 BIG	1-0 IVY
Goals scored	101	89
Goals allowed	69	64
Goals scored/gm.	14.4	17.8
Goals allowed/gm.	9.8	12.8
SOG-attempts	164-217	154-196
Shots/gm.	31	39.2
Shot. Pct.	.465	.454
Assists	46	35
Free-Position Shots	18-44	17-43
Ground Balls/Gm.	16	17.8
Draw Controls/Gm.	14.7	16.2
Turnovers/Gm.	10.4	10.4
Caused Turnovers/Gm.	7	9.2
Clear Pct.	.919	.898
Saves	44	52
Save Percentage	.389	.448

- The Tigers and Lions have had one mutual opponent this season; both teams have beat Cornell, with PSU winning a convincing 20-11 while Princeton narrowly took their Ivy League foe 13-12.
- PSU enters the contest on a three-game streak.
- No. 11 Princeton holds a 5-0 record including wins over No. 10 Virginia, No. 20 Temple and No. 17 USC.
- Princeton is fourth in the nation in fewest turnovers per game (10.40) while PSU is in fewest turnovers per game (10.43).
- PSU is 11th in the nation in clearing percentage (.919).
- Head Coach **Missy Doherty** is in her 12th season leading the Nittany Lions.
- **Doherty** notched her 200th career victory following the Lions' Feb. 23 win at Duquesne.
- **Doherty** spent three years as an assistant coach at Princeton from 2001-03, during the Tigers' run of three Ivy League Championships and back-to-back NCAA Championships in 2002 and 2003.
- The Nittany Lions named junior **Rachel Spilker** and senior **Mary Muldoon** captains for the 2022 season.
- The blue and white were selected fifth in the Big Ten Preseason Coaches poll.
- The lady lions return 22 players while adding one graduate transfer and seven freshmen.
- Penn State had three athletes named Big Ten Players to Watch. Graduate student, **Taylor Regan** and sophmores, **Kristin O'Neill** and **Sammy Dupcak**.
- The 2021 Big Ten Freshman of the Year, **Kristin O'Neill**, looks to have another successful year in the midfield as she was named to the Tewaaron Award watch list.



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#WEARE

## SERIES HISTORY

ALL-TIME SERIES  
PENN STATE STREAK  
FIRST MEETING  
LAST MEETING  
LAST PSU WIN  
LAST PRINCETON WIN  
LARGEST PSU WIN  
LARGEST PRINCETON WIN

Princeton 25-13  
L, 2  
May 5, 1982; Penn State, 24-4  
Feb. 27, 2019; Princeton 21-10  
May 21, 2017; Penn State 14-12  
Feb. 27, 2019; Princeton 21-10  
May 5, 1982; Penn State, 24-4  
Feb. 27, 2019; Princeton 21-10



# 2021 PENN STATE WOMEN'S LACROSSE

## 2021 NUMERICAL ROSTER

No.	Name	Pos.	Class	Ht.	Hometown	High School (Last College)
1	Brooke Hoss	M	Fr.	5-8	West Sayville, NY.	Sayville
2	Sammy Dupcak	D/M	So.	5-9	Annapolis, Md.	Broadneck
3	Ashley Bowan	GK	Fr.	5-4	Friendship, Md.	Bishop Ireton
4	Kayla Abernathy	M	So.	5-9	Towson, Md.	McDonogh School
5	Sloane Dowgiallo	D	Sr.	5-5	Lothian, Md.	Southern
6	Alaina Hamood	M/A	So.	5-9	Hinsdale, Ill.	Hinsdale Central
8	Molly O'Keefe	M	Fr.	5-10	Chesterfield, Va.	Cosby
9	Cayden Jarvis	GK	So.	5-4	Bucktown, Pa.	Owen J. Roberts
10	Taylor Regan	A	Grad.	5-4	Larchmont, N.Y.	Rye County Day (Virginia)
11	Haley Urgo	D	Jr.	5-5	Davidsonville, Md.	Archbishop Spalding
12	Kate Love	D	Sr.+	5-8	Dallas, Texas	Hockaday School
13	Lauren Saltz	M	Fr.	5-5	Westminster, Md.	Westminster
15	Sydney Wolfington	A	Sr.	5-9	Newtown Square, Pa.	Agnes Irwin
16	Ellie Hollin	D	Fr.	5-4	Monkton, Md.	The John Carroll School
17	Gianna Cutaia	D	So.	5-1	Spencerport, N.Y.	Our Lady of Mercy School
18	Rachel Spilker	D	Jr.	5-8	Severna Park, Md.	Severna Park
19	Kristin O'Neill	M	So.	5-8	Odenton, Md.	Archbishop Spalding
20	Erin Triandafilis	M	Sr.	5-7	Wading River, N.Y.	Shoreham Wading River
21	Cam Evitts	M	So.	5-5	Berwyn, Pa.	Conestoga
22	Kara Nealon	M	Jr.	5-8	Garnet Valley, Pa.	Garnet Valley
23	Ally Lipkin	A	Fr.	5-4	Short Hills N.J.	Millburn
24	Gretchen Gilmore	M	So.	5-7	Glen Ridge, N.J.	Glen Ridge
25	Regan Nealon	M/A	Jr.	5-5	Garnet Valley, Pa.	Garnet Valley
26	Kate Dougherty	M	Fr.	5-7	New Hope, Pa.	New Hope-Solebury
27	Kathryn Toohey	M	So.	5-8	Garnet Valley, Pa.	Garnet Valley
29	Brooke Barger	A	Jr.	5-6	Baltimore, Md.	Notre Dame Prep
30	Kelsey Kimmel	A	Jr.	5-8	Lancaster, Pa.	Lampeter-Strasburg
31	Mary Muldoon	M/A	Sr.	5-9	Silver Spring, Md.	Academy of the Holy Cross
32	Alexandra Bruno	A	Jr.	5-5	Rockville, Md.	Academy of the Holy Cross
36	Meghan Murray	M	Jr.	5-8	Little Silver, N.J.	Red Bank Regional

**Head Coach:** Missy Doherty (Maryland '97) - 12th season  
**Offensive Coordinator:** Nicole Grote (New Hampshire '16) - first season  
**Defensive Coordinator:** Katrina Geiger (Loyola Maryland '18) - first season  
**Director of Operations:** Katie Haus (Maryland '13) - fifth season

+ indicates maintained eligibility from 2020 season due to COVID-19 pandemic

## PRONCIATION GUIDE

Brooke Barger	Bar-ger
Gianna Cutaia	Cut-eye-uh
Sloane Dowgiallo	DOW-gee-allo
Kate Dougherty	DOW-ur-tee
Sammy Dupcak	DOO-pack
Kathryn Toohey	two-he
Erin Triandafilis	TREE-and-a-phils
Haley Urgo	Err-go

**Coaches:**  
Missy Doherty DOOR-it-ee  
Katrina Geiger Guy-ger



# 2021 PENN STATE WOMEN'S LACROSSE

## INDIVIDUAL GAME CAREER HIGHS

### #1 Brooke Hoss

**Career Highs**

Points	4	at Duquesne	2/23/22
Goals	4	at Duquesne	2/23/22
Assists			
Shots	5	at Cornell	2/26/22
GBs	1	3x last at Towson	3/15/22
DCs	3	at Duquesne	2/23/22
CTs			

### #2 Sammy Dupcak

**Career Highs**

Points	1	2x last vs. Saint Joseph's	3/12/22
Assists	1	2x last vs. Saint Joseph's	3/12/22
Shots	1	at Drexel	2/16/22
GBs	5	vs. Maryland	2/21/21
DCs	10	vs James Madison	3/09/22
CTs	3	vs. Maryland	2/21/21

### #3 Ashley Bowan

**Career Highs**

Saves	10	at Towson	3/15/22
GBs	2	3x last at Towson	3/15/22

### #4 Kayla Abernathy

**Career Highs**

Points	3	vs James Madison	3/09/22
Goals	2	at Duquesne	2/23/22
Assists	2	2x last vs James Madison	3/09/22
Shots	2	3x, last Saint Joseph's	3/12/22
GBs	3	vs James Madison	3/09/22
DCs	8	2x last at Towson	3/15/22
CTs	2	vs Johns Hopkins	4/18/21

### #5 Sloane Dowgiallo

**Career Highs**

GBs	1	2x, last vs. Michigan	3/21/21
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### #6 Alaina Hamood

**Career Highs**

Points	1	at Duquesne	2/23/22
Goals	1	at Duquesne	2/23/22
Shots	1	3x last vs Saint Joseph's	3/12/22

### #8 Molly O'Keefe

**Career Highs**

Points	1	at Duquesne	2/23/22
Goals	1	at Duquesne	2/23/22
Shots	1	at Duquesne	2/23/22

### #9 Cayden Jarvis

**Career Highs**

Saves	3	3x last vs Saint Joseph's	3/12/22
GBs	1	2x at Loyola (Md.)	3/5/22

### #10 Taylor Regan

**Career Highs**

Points	6	at Cornell	2/26/22
Goals	4	2x last at Cornell	2/26/22
Assists	3	2x last vs Louisville *	3/06/21
Shots	8	vs Notre Dame*	4/03/21
GBs	4	at Cornell	2/26/22
DCs	2	vs Boston College *	4/28/21
CTs	2	at Cornell	2/26/22

\*Played with Virginia

### #11 Haley Urgo

**Career Highs**

GBs	2	2x, last at Cornell	2/26/22
CTs	1	4x, last at Loyola (Md.)	3/5/22

### #12 Kate Love

**Career Highs**

GBs	5	at Towson	3/15/22
DCs	1	4x, last vs. Cornell	2/23/20
CTs	3	2x last at Towson	3/15/22

### #13 Lauren Saltz

**Career Highs**

Points	2	at Duquesne	2/23/22
Goals	1	2x last vs Saint Joseph's	3/12/22
Assists	1	at Duquesne	2/23/22
Shots	3	vs Saint Joseph's	3/12/22
GBs	2	at Drexel	2/16/22
DCs	3	vs Saint Joseph's	3/12/22

### #15 Sydney Wolfington

**Career Highs**

Points	2	3x, last at Duquesne	4/16/19
Goals	1	6x, last vs Saint Joseph's	3/12/22
Assists	1	6x, last at James Madison	3/4/20
Shots	2	2x, last at Cornell	2/23/19
GBs	2	2x, last at Duquesne	2/23/22
DCs	1	at Northwestern	3/28/19
CTs	1	vs. James Madison	3/6/19

### #16 Ellie Hollin

**Career Highs**

GBs	2	3x last vs Saint Joseph's	3/12/22
CTs	1	4x last at Towson	3/15/22

### #17 Gianna Cutaia

**Career Highs**

Points	2	at Duquesne	2/23/22
Goals	1	at Duquesne	2/23/22
Shots	2	at Duquesne	2/23/22
GBs	2	at Duquesne	2/23/22
DCs	1	at Northwestern	3/28/19
CTs	1	vs. James Madison	3/6/19

### #18 Rachel Spilker

**Career Highs**

GBs	4	at Ohio State	3/26/21
DCs	1	2x, last at Rutgers	4/15/21
CTs	3	at Ohio State	3/28/21

### #19 Kristin O'Neill

**Career Highs**

Points	6	3x, last at Cornell	2/26/22
Goals	5	2x last at Cornell	2/26/22
Assists	2	2x, last vs. Maryland	2/21/21
Shots	12	at Cornell	2/26/22
GBs	4	at Rutgers	4/15/21
DCs	4	at Cornell	2/26/22
CTs	3	3x, last at Rutgers	4/15/21

### #20 Erin Triandafilis

**Career Highs**

Points	1	3x, last at Duquesne	4/16/19
Goals	1	2x, last vs. Ohio State	4/4/19
Assists	1	at Duquesne	4/16/19
Shots	1	3x, last vs. Ohio State	4/4/19
GBs	2	at Duquesne	2/23/22
DCs	1	2x, last vs. Rutgers	2/14/21
CTs	1	at Towson	2/8/20



# 2021 PENN STATE WOMEN'S LACROSSE

## INDIVIDUAL CAREER HIGHS

### #21 Cam Evitts

**Career Highs**

Shots	1	vs Saint Joseph's	3/12/22
GBs	2	at Northwestern	3/11/21
DCs	2	2x last at Duquesne	2/23/22
CTs	1	4x, last vs Saint Joseph's	3/12/22

### #22 Kara Nealon

**Career Highs**

Points	9	at Northwestern	3/13/21
Goals	3	at Northwestern	3/11/21
Assists	7	at Northwestern	3/13/21
Shots	6	at Northwestern	3/11/21
GBs	3	vs. Michigan	3/19/21
CTs	1	3x, last vs James Madison	3/09/22

### #23 Ally Lipkin

**Career Highs**

Points	1	at Duquesne	2/23/22
Goals	1	at Duquesne	2/23/22
Shots	1	at Duquesne	2/23/22

### #24 Gretchen Gilmore

**Career Highs**

Points	3	at Towson	3/15/22
Goals	3	at Towson	3/15/22
Assists	1	2x last vs Saint Joseph's	3/12/22
Shots	5	2x last at Towson	3/15/22
GBs	2	2x, last vs. Johns Hopkins	4/18/21
DCs	7	at Northwestern	3/11/21
CTs	1	3x, last vs. Michigan	3/21/21

### #25 Regan Nealon

**Career Highs**

Points	3	vs Saint Joseph's	3/12/22
Goals	2	at Ohio State	3/26/21
Assists	2	vs Saint Joseph's	3/12/22
Shots	4	vs. Maryland	4/11/21
GBs	3	at Duquesne	2/23/22
DCs	2	at Vanderbilt	3/8/20
CTs	3	at Duquesne	2/23/22

### #26 Kate Dougherty

**Career Highs**

Shots	1	vs Saint Joseph's	3/12/22
GBs	1	last at Drexel	2/16/22

### #27 Kathryn Toohey

**Career Highs**

### #29 Brooke Barger

**Career Highs**

Points	3	vs. Rutgers	2/14/21
Goals	2	vs. Rutgers	2/14/21
Assists	1	6x, last at Towson	3/15/22
Shots	3	at Ohio State	2/26/22
GBs	2	at Rutgers	4/15/21
DCs			
CTs	1	at Rutgers	4/15/21

### #30 Kelsey Kimmel

**Career Highs**

Points	1	vs. Duquesne	2/19/20
Goals	1	vs. Duquesne	2/19/20
Shots	1	2x last vs Saint Joseph's	3/12/22

### #31 Mary Muldoon

**Career Highs**

Points	5	vs. Maryland	4/11/21
Goals	5	vs. Maryland	4/11/21
Assists	1	2x last at Duquesne	2/23/22
Shots	5	2x last vs James Madison	3/09/22
GBs	2	vs. Michigan	3/21/21
DCs	1	2x, last at Duquesne	4/16/19
CTs	1	3x, last vs James Madison	3/09/22

### #32 Alexandra Bruno

**Career Highs**

DCs	1	vs Saint Joseph's	3/12/22
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### #36 Meghan Murray

**Career Highs**

Points	4	at Cornell	2/26/22
Goals	4	at Cornell	2/26/22
Assists	1	2x last at Cornell	2/26/22
Shots	6	at Loyola (Md.)	3/5/22
GBs	3	vs. Lehigh	2/15/20
DCs	5	vs. Lehigh	2/15/20
CTs	2	at Loyola (Md.)	3/5/22