



2022 WOMEN'S LACROSSE

5-Time National Champions • 11-Time National Semifinalists

2022 SCHEDULE

1-1, 0-0 Big Ten

Date	Opponent	Result/Time
Feb. 16	at #19 Drexel	L, 8-12
Feb. 23	at Duquesne	W, 18-4
Feb. 26	at Cornell	1 p.m.
Mar. 5	at Loyola Maryland	12 p.m.
Mar. 9	vs JAMES MADISON	1 p.m.
Mar. 12	vs SAINT JOSEPH'S	3 p.m.
Mar. 15	at Towson	3 p.m.
Mar. 19	vs PRINCETON	1 p.m.
Mar. 26	at Ohio State*	1 p.m.
Apr. 1	vs NORTHWESTERN*	7 p.m.
Apr. 7	at Maryland*	6:30 p.m.
Apr. 12	vs PITTSBURGH	4 p.m.
Apr. 16	vs. MICHIGAN*	1 p.m.
Apr. 23	at Rutgers*	12 p.m.
Apr. 28	vs JOHNS HOPKINS*	6 p.m.
May 6	Big Ten Quarterfinals	TBA
May 7	Big Ten Semifinals	TBA
May 8	Big Ten Championship	TBA
May 27-29	NCAA Tournament	TBA

* Big Ten Opponent
All Times Eastern

HOME MEETS IN BOLD CAPS

IWLCA/Inside Lacrosse Rankings



Penn State

1-1

AT



CORNELL

2-0

Game 3: February 26, 2021

Ithaca, N.Y.

GAME DAY

VENUE

Schoellkopf Field

TV/LIVE STREAM

ESPN+

LIVE STATS

cornellbigred.com/sidearmstats/wlax

TEAM COMPARISON



	1-1	2-0
Overall record	1-1	2-0
Conference record	0-0 BIG	0-0 Ivy
Goals scored	26	32
Goals allowed	16	13
Goals scored/gm.	13	16
Goals allowed/gm.	8	6.5
SOG-attempts	46-59	57-73
Shots/gm.	29.5	36.5
Shot. Pct.	.441	.438
Assists	13	9
Free-Position Shots	9-19	10-18
Ground Balls/Gm.	16	21.5
Draw Controls/Gm.	14	12.5
Turnovers/Gm.	13	19
Caused Turnovers/Gm.	12.5	12
Clear Pct.	.935	.878
Saves	10	21
Save Percentage	.385	.618

- As a team, PSU is tied 10th in the nation with a .935 clearing percentage.
- Sophomore Kayla Abernathy is 21st in the nation with 6.5 draw controls per game.
- Junior Kara Nealon is tied for 17th in the nation, averaging 2.5 assists per contest.
- Senior Mary Muldoon, Sophomore Kristin O'Neill and freshman Brooke Hoss lead the Lions in scoring with four goals each.
- Kara Nealon has a team best five assists this season. She is tied with Muldoon with five points.
- Freshmen Brooke Hoss, Lauren Saltz and Molly O'Keefe and sophomore Alaina Hamood scored their first collegiate goals at Duquesne.
- Head Coach Missy Doherty is in her 12th season leading the Nittany Lions.
- Doherty notched her 200th career victory following the Lions' Feb. 23 win at Duquesne.
- The Nittany Lions are starting their season on the road, playing their first four games away.
- The Nittany Lions named junior Rachel Spilker and senior Mary Muldoon captains for the 2022 season.
- The blue and white were selected fifth in the Big Ten Preseason Coaches poll.
- The lady lions return 22 players while adding one graduate transfer and seven freshmen.
- Penn State had three athletes named Big Ten Players to Watch. Graduate student, Taylor Regan and sophomores, Kristin O'Neill and Sammy Dupcak.
- The 2021 Big Ten Freshman of the Year, O'Neill, looks to have another successful year in the midfield as she was named to the Tewaaron Award watch list.



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#WEARE

SERIES HISTORY

ALL-TIME SERIES
PENN STATE STREAK
FIRST MEETING
LAST MEETING
LAST PSU WIN
LAST CORNELL WIN
LARGEST PSU WIN
LARGEST CORNELL WIN

Penn State 12-3
W, 4
April 27, 1968; Penn State
Feb. 23, 2020; Penn State 19-9
Feb. 23, 2020; Penn State 19-9
April 13, 2016; Cornell 10-7
April 19, 1974 Penn State 21-1
April 13, 2016; Cornell 10-7



2021 PENN STATE WOMEN'S LACROSSE

2021 NUMERICAL ROSTER

No.	Name	Pos.	Class	Ht.	Hometown	High School (Last College)
1	Brooke Hoss	M	Fr.	5-8	West Sayville, NY.	Sayville
2	Sammy Dupcak	D/M	So.	5-9	Annapolis, Md.	Broadneck
3	Ashley Bowan	GK	Fr.	5-4	Friendship, Md.	Bishop Ireton
4	Kayla Abernathy	M	So.	5-9	Towson, Md.	McDonogh School
5	Sloane Dowgiallo	D	Sr.	5-5	Lothian, Md.	Southern
6	Alaina Hamood	M/A	So.	5-9	Hinsdale, Ill.	Hinsdale Central
8	Molly O'Keefe	M	Fr.	5-10	Chesterfield, Va.	Cosby
9	Cayden Jarvis	GK	So.	5-4	Bucktown, Pa.	Owen J. Roberts
10	Taylor Regan	A	Grad.	5-4	Larchmont, N.Y.	Rye County Day (Virginia)
11	Haley Urgo	D	Jr.	5-5	Davidsonville, Md.	Archbishop Spalding
12	Kate Love	D	Sr.+	5-8	Dallas, Texas	Hockaday School
13	Lauren Saltz	M	Fr.	5-5	Westminster, Md.	Westminster
15	Sydney Wolfington	A	Sr.	5-9	Newtown Square, Pa.	Agnes Irwin
16	Ellie Hollin	D	Fr.	5-4	Monkton, Md.	The John Carroll School
17	Gianna Cutaia	D	So.	5-1	Spencerport, N.Y.	Our Lady of Mercy School
18	Rachel Spilker	D	Jr.	5-8	Severna Park, Md.	Severna Park
19	Kristin O'Neill	M	So.	5-8	Odenton, Md.	Archbishop Spalding
20	Erin Triandafilis	M	Sr.	5-7	Wading River, N.Y.	Shoreham Wading River
21	Cam Evitts	M	So.	5-5	Berwyn, Pa.	Conestoga
22	Kara Nealon	M	Jr.	5-8	Garnet Valley, Pa.	Garnet Valley
23	Ally Lipkin	A	Fr.	5-4	Short Hills N.J.	Millburn
24	Gretchen Gilmore	M	So.	5-7	Glen Ridge, N.J.	Glen Ridge
25	Regan Nealon	M/A	Jr.	5-5	Garnet Valley, Pa.	Garnet Valley
26	Kate Dougherty	M	Fr.	5-7	New Hope, Pa.	New Hope-Solebury
27	Kathryn Toohey	M	So.	5-8	Garnet Valley, Pa.	Garnet Valley
29	Brooke Barger	A	Jr.	5-6	Baltimore, Md.	Notre Dame Prep
30	Kelsey Kimmel	A	Jr.	5-8	Lancaster, Pa.	Lampeter-Strasburg
31	Mary Muldoon	M/A	Sr.	5-9	Silver Spring, Md.	Academy of the Holy Cross
32	Alexandra Bruno	A	Jr.	5-5	Rockville, Md.	Academy of the Holy Cross
36	Meghan Murray	M	Jr.	5-8	Little Silver, N.J.	Red Bank Regional

Head Coach: Missy Doherty (Maryland '97) - 12th season
Offensive Coordinator: Nicole Grote (New Hampshire '16) - first season
Defensive Coordinator: Katrina Geiger (Loyola Maryland '18) - first season
Director of Operations: Katie Haus (Maryland '13) - fifth season

+ indicates maintained eligibility from 2020 season due to COVID-19 pandemic

PRONUNCIATION GUIDE

Brooke Barger	Bar-ger
Gianna Cutaia	Cut-eye-uh
Sloane Dowgiallo	DOW-gee-allo
Kate Dougherty	DOW-ur-tee
Sammy Dupcak	DOO-pack
Kathryn Toohey	two-he
Erin Triandafilis	TREE-and-a-phils
Haley Urgo	Err-go

Coaches:

Missy Doherty	DOOR-it-ee
Katrina Geiger	Guy-ger