



2022 WOMEN'S LACROSSE

5-Time National Champions • 11-Time National Semifinalists

2022 SCHEDULE

0-0, 0-0 Big Ten

Date	Opponent	Result/Time
Feb. 16	at #19 Drexel	3 p.m.
Feb. 23	at Duquesne	4 p.m.
Feb. 26	at Cornell	1 p.m.
Mar. 5	at #10 Loyola Maryland	12 p.m.
Mar. 9	vs #12 JAMES MADISON	1 p.m.
Mar. 12	vs SAINT JOSEPH'S	3 p.m.
Mar. 15	at Towson	3 p.m.
Mar. 19	vs #15 PRINCETON	1 p.m.
Mar. 26	at Ohio State*	1 p.m.
Apr. 1	vs #4 NORTHWESTERN*	7 p.m.
Apr. 7	at #9 Maryland*	6:30 p.m.
Apr. 12	vs PITTSBURGH	4 p.m.
Apr. 16	vs. #24 MICHIGAN*	1 p.m.
Apr. 23	at #17 Rutgers*	12 p.m.
Apr. 28	vs #20 JOHNS HOPKINS*	6 p.m.
May 6	Big Ten Quarterfinals	TBA
May 7	Big Ten Semifinals	TBA
May 8	Big Ten Championship	TBA
May 27-29	NCAA Tournament	TBA

* Big Ten Opponent
All Times Eastern

HOME GAMES IN BOLD CAPS

IWLCA/Inside Lacrosse Rankings



#25 Penn State
0-0

VS.



#19 Drexel
1-0

Game 1: February 16, 2021

Philadelphia, Pa.

GAME DAY

VENUE
TV/LIVE STREAM

Vidas Field
FloSports.TV

TEAM COMPARISON



Overall record	0-0	1-0
Conference record	0-0 BIG	0-0 CAA
Goals scored	0	18
Goals allowed	0	7
Goals scored/gm.	0	18
Goals allowed/gm.	0	7
SOG-attempts	0-0	33-44
Shots/gm.	0	44.0
Shot. Pct.	0	.409
Assists	0	74
Free-Position Shots	0-0	4-9
Ground Balls/Gm.	0	26.0
Draw Controls/Gm.	0	16.0
Turnovers/Gm.	0	13.0
Caused Turnovers/Gm.	0	16.0
Clear Pct.	0	.833
Saves	0	5
Save Percentage	0	.417

- Penn State comes into the season ranked 25th in the IWLCA/IL Poll, while Drexel is ranked 19th.
- The Blue and White were selected fifth in the Big Ten Preseason Coaches poll.
- The Nittany Lions elected senior Mary Muldoon and junior Rachel Spilker as captains for the 2022 season.
- The Nittany Lions return 22 players while adding one graduate transfer and seven freshmen.
- Graduate student, Taylor Regan and sophomores, Kristin O'Neill and Sammy Dupcak are Big Ten Players to Watch.
- The 2021 Big Ten Freshman of the Year, Kristin O'Neill, looks to have another successful year in the midfield as she was named to the Tewaaraton Award watch list.
- The Nittany Lions are starting their season on the road, playing their first four games away.
- The blue and white is 8-0 all-time against Drexel dating back to 1994.
- The last time the Nittany Lions and Dragons met, the PSU outscored their opponent 22-9 on March 14, 2018.
- The Blue and White have outscored the Dragons 120-46 in their eight-game history.



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#WEARE

SERIES HISTORY

ALL-TIME SERIES	Penn State 8-0
PENN STATE STREAK	W, 8
FIRST MEETING	April 2, 1994; Penn State 14-4
LAST MEETING	March 14, 2018; Penn State 22-9
LAST PSU WIN	March 14, 2018; Penn State 22-9
LAST DREXEL WIN	N/A
LARGEST PSU WIN	13 points last March 14, 2018 Penn State 21-8
LARGEST DREXEL WIN	N/A



2021 PENN STATE WOMEN'S LACROSSE

2021 NUMERICAL ROSTER

No.	Name	Pos.	Class	Ht.	Hometown	High School (Last College)
1	Brooke Hoss	M	Fr.	5-8	West Sayville, NY.	Sayville
2	Sammy Dupcak	D/M	So.	5-9	Annapolis, Md.	Broadneck
3	Ashley Bowan	GK	Fr.	5-4	Friendship, Md.	Bishop Ireton
4	Kayla Abernathy	M	So.	5-9	Towson, Md.	McDonogh School
5	Sloane Dowgiallo	D	Sr.	5-5	Lothian, Md.	Southern
6	Alaina Hamood	M/A	So.	5-9	Hinsdale, Ill.	Hinsdale Central
8	Molly O'Keefe	M	Fr.	5-10	Chesterfield, Va.	Cosby
9	Cayden Jarvis	GK	So.	5-4	Bucktown, Pa.	Owen J. Roberts
10	Taylor Regan	A	Grad.	5-4	Larchmont, N.Y.	Rye County Day (Virginia)
11	Haley Urgo	D	Jr.	5-5	Davidsonville, Md.	Archbishop Spalding
12	Kate Love	D	Sr.+	5-8	Dallas, Texas	Hockaday School
13	Lauren Saltz	M	Fr.	5-5	Westminster, Md.	Westminster
15	Sydney Wolfington	A	Sr.	5-9	Newtown Square, Pa.	Agnes Irwin
16	Ellie Hollin	D	Fr.	5-4	Monkton, Md.	The John Carroll School
17	Gianna Cutaia	D	So.	5-1	Spencerport, N.Y.	Our Lady of Mercy School
18	Rachel Spilker	D	Jr.	5-8	Severna Park, Md.	Severna Park
19	Kristin O'Neill	M	So.	5-8	Odenton, Md.	Archbishop Spalding
20	Erin Triandafilis	M	Sr.	5-7	Wading River, N.Y.	Shoreham Wading River
21	Cam Evitts	M	So.	5-5	Berwyn, Pa.	Conestoga
22	Kara Nealon	M	Jr.	5-8	Garnet Valley, Pa.	Garnet Valley
23	Ally Lipkin	A	Fr.	5-4	Short Hills N.J.	Millburn
24	Gretchen Gilmore	M	So.	5-7	Glen Ridge, N.J.	Glen Ridge
25	Regan Nealon	M/A	Jr.	5-5	Garnet Valley, Pa.	Garnet Valley
26	Kate Dougherty	M	Fr.	5-7	New Hope, Pa.	New Hope-Solebury
27	Kathryn Toohey	M	So.	5-8	Garnet Valley, Pa.	Garnet Valley
29	Brooke Barger	A	Jr.	5-6	Baltimore, Md.	Notre Dame Prep
30	Kelsey Kimmel	A	Jr.	5-8	Lancaster, Pa.	Lampeter-Strasburg
31	Mary Muldoon	M/A	Sr.	5-9	Silver Spring, Md.	Academy of the Holy Cross
32	Alexandra Bruno	A	Jr.	5-5	Rockville, Md.	Academy of the Holy Cross
36	Meghan Murray	M	Jr.	5-8	Little Silver, N.J.	Red Bank Regional

Head Coach: Missy Doherty (Maryland '97) - 12th season
Offensive Coordinator: Nicole Grote (New Hampshire '16) - first season
Defensive Coordinator: Katrina Geiger (Loyola Maryland '18) - first season
Director of Operations: Katie Haus (Maryland '13) - fifth season

+ indicates maintained eligibility from 2020 season due to COVID-19 pandemic

PRONCIATION GUIDE

Brooke Barger	Bar-jur
Gianna Cutaia	Cut-eye-uh
Sloane Dowgiallo	DOW-gee-allo
Kate Dougherty	DOW-ur-tee
Sammy Dupcak	DOO-pack
Kathryn Toohey	two-he
Erin Triandafilis	TREE-and-a-phils
Haley Urgo	Err-go

Coaches:
Missy Doherty DOOR-it-ee
Katrina Geiger Guy-ger



2021 PENN STATE WOMEN'S LACROSSE

INDIVIDUAL CAREER HIGHS

#4 KAYLA ABERNATHY

Career Highs

Points	2	vs. Rutgers	2/14/21
Goals	1	at Northwestern	3/11/21
Assists	2	vs. Rutgers	2/14/21
Shots	1	5x, last vs. Johns Hopkins	4/18/21
GBs	1	5x, last at Rutgers	4/15/21
DCs	2	2x, last at Rutgers	4/15/21
CTs	1	2x, last at Rutgers	4/15/21

#1 Brooke Hoss

Career Highs

#29 BROOKE BARGER

Career Highs

Points	3	vs. Rutgers	2/14/21
Goals	2	vs. Rutgers	2/14/21
Assists	1	2x, last vs. Rutgers	2/14/21
Shots	3	at Ohio State	3/26/21
GBs	2	at Rutgers	4/15/21
DCs			
CTs	1	at Rutgers	4/15/21

#32 ALEX BRUNO

Career Highs

#8 Molly O'Keefe

Career Highs

#10 Taylor Regan

Career Highs

Points	5	2x last vs VCU	3/17/21
Goals	4	vs. Duke	3/21/21
Assists	3	vs. Louisville	3/06/21
Shots	8	vs. Notre Dame	4/03/21
GBs	3	3x last vs. Louisville	3/06/21
DCs	2	vs. Boston College	4/28/21
CTs	1	5x last vs. Boston College	4/28/21

2022 Awards: Big Ten Player to Watch

#17 GIANNA CUTAIA

Career Highs

#3 Ashley Bowan

Career Highs

Saves	
GBs	
CTs	

#5 SLOANE DOWGIALLO

Career Highs

GBs	1	2x, last vs. Michigan	3/21/21
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#2 SAMMY DUPCAK

Career Highs

Points	1	vs. Rutgers	2/14/21
Assists	1	vs. Rutgers	2/14/21
GBs	5	vs. Maryland	2/21/21

DCs	7	vs. Michigan	3/21/21
CTs	3	vs. Maryland	2/21/21

2022 Awards: Big Ten Player to Watch

#21 CAM EVITTS

Career Highs

GBs	2	at Northwestern	3/11/21
DCs	2	at Northwestern	3/13/21
CTs	1	2x, last at Northwestern	3/13/21

#24 GRETCHEN GILMORE

Career Highs

Points	2	at Northwestern	3/13/21
Goals	2	at Northwestern	3/13/21
Assists	1	vs. Maryland	4/11/21
Shots	4	at Northwestern	3/13/21
GBs	2	2x, last vs. Johns Hopkins	4/18/21
DCs	7	at Northwestern	3/11/21
CTs	1	3x, last vs. Michigan	3/21/21

#6 ALAINA HAMOOD

Career Highs

Shots	1	at Ohio State	3/26/21
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#13 Lauren Saltz

Career Highs

#9 CAYDEN JARVIS

Career Highs

Saves	
GBs	
CTs	

#30 KELSEY KIMMEL

Career Highs

Points	1	vs. Duquesne	2/19/20
Goals	1	vs. Duquesne	2/19/20
Shots	1	vs. Duquesne	2/19/20

#12 KATE LOVE

Career Highs

GBs	3	at Towson	2/8/20
DCs	1	4x, last vs. Cornell	2/23/20
CTs	3	vs. Lehigh	2/15/20

#23 Ally Lipkin

Career Highs

#31 MARY MULDOON

Career Highs

Points	5	vs. Maryland	4/11/21
Goals	5	vs. Maryland	4/11/21
Assists	1	at Duquesne	4/16/19
Shots	5	vs. Maryland	4/11/21
GBs	2	vs. Michigan	3/21/21
DCs	1	2x, last at Duquesne	4/16/19
CTs	1	vs. Albany	3/9/19



2021 PENN STATE WOMEN'S LACROSSE

INDIVIDUAL CAREER HIGHS

#36 MEGHAN MURRAY

Career Highs

Points	1	5x, last vs. Rutgers	2/14/21
Goals	1	5x, last vs. Rutgers	2/14/21
Assists	1	vs. Cornell	2/23/20
Shots	2	3x, last vs. Rutgers	2/14/21
GBs	3	vs. Lehigh	2/15/20
DCs	5	vs. Lehigh	2/15/20
CTs	1	2x, last vs. Maryland	2/21/21

#22 KARA NEALON

Career Highs

Points	9	at Northwestern	3/13/21
Goals	3	at Northwestern	3/11/21
Assists	7	at Northwestern	3/13/21
Shots	6	at Northwestern	3/11/21
GBs	3	vs. Michigan	3/19/21
DCs			
CTs	1	2x, last at Northwestern	3/13/21

#25 REGAN NEALON

Career Highs

Points	2	2x, last at Rutgers	4/15/21
Goals	2	at Ohio State	3/26/21
Assists	1	3x, last at Rutgers	4/15/21
Shots	4	vs. Maryland	4/11/21
GBs	1	8x, last vs. Maryland	4/11/21
DCs	2	at Vanderbilt	3/8/20
CTs	1	5x, last at Ohio State	3/28/21

#16 Ellie Hollin

Career Highs

#19 KRISTIN O'NEILL

Career Highs

Points	6	2x, last vs. Maryland	4/11/21
Goals	5	vs. Maryland	4/11/21
Assists	2	2x, last vs. Maryland	2/21/21
Shots	11	vs. Michigan	3/21/21
GBs	4	at Rutgers	4/15/21
DCs	3	vs. Rutgers	2/14/21
CTs	3	3x, last at Rutgers	4/15/21

2022 Awards: Tewaarton Award Watch List - Big Ten Player to Watch

#26 Kate Dougherty

Career Highs

#18 RACHEL SPILKER

Career Highs

GBs	4	at Ohio State	3/26/21
DCs	1	2x, last at Rutgers	4/15/21
CTs	3	at Ohio State	3/28/21

#27 KATHRYN TOOHEY

Career Highs

#20 ERIN TRIANDAFILS

Career Highs

Points	1	3x, last at Duquesne	4/16/19
Goals	1	2x, last vs. Ohio State	4/4/19
Assists	1	at Duquesne	4/16/19
Shots	1	3x, last vs. Ohio State	4/4/19
GBs	1	vs. Rutgers	2/14/21
DCs	1	2x, last vs. Rutgers	2/14/21
CTs	1	at Towson	2/8/20

#33 HALEY URGO

Career Highs

GBs	1	at James Madison	3/4/20
CTs	1	3x, last at James Madison	3/4/20

#15 SYDNEY WOLFINGTON

Career Highs

Points	2	3x, last at Duquesne	4/16/19
Goals	1	4x, last at Duquesne	4/16/19
Assists	1	6x, last at James Madison	3/4/20
Shots	2	2x, last at Cornell	2/23/19
GBs	2	vs. James Madison	3/6/19
DCs	1	at Northwestern	3/28/19
CTs	1	vs. James Madison	3/6/19