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Oklahoma tops preseason poll

Marlboro, NJ (December 9, 2022) – The University of Oklahoma is the top women's gymnastics team heading into the 2023 season, as voted on by the members of the Women's Collegiate Gymnastics Association. K.J. Kindler is the head coach for the Sooners, and she is assisted by Lou Ball, Tom Haley, and Ashley Kerr. Oklahoma will open the 2023 season at LSU on January 16th.

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| 1. Oklahoma (1727 pts; 22 first place) | 19. Ohio State (844 points) |
| 2. Florida (1724 points) (21 first place votes) | 20. Georgia (794 points) |
| 3. Utah (1648 points) (2 first place votes) | 21. Washington (768 points) |
| 4. Michigan (1600 points) (4 first place votes) | 22. BYU (674 points) |
| 5. Auburn (1509 points) | 23. Illinois (674 points) |
| 6. LSU (1434 points) | 24. Arizona State (583 points) |
| 7. Alabama (1395 points) | 25. Arizona (548 points) |
| 8. California (1325 points) | 26. Boise State (501 points) |
| 9. Missouri (1262 points) | 27. North Carolina (497 points) |
| 10. UCLA (1242 points) | 28. Southern Utah (455 points) |
| 11. Kentucky (1154 points) | 29. Maryland (424 points) |
| 12. Michigan State (1129 points) | 30. Iowa State (407 points) |
| 13. Denver (1119 points) | 31. North Carolina State (373 points) |
| 14. Oregon State (1066 points) | 32. Nebraska (295 points) |
| 15. Arkansas (1043 points) | 33. West Virginia (214 points) |
| 16. Minnesota (1042 points) | 34. Utah State (212 points) |
| 17. Stanford (1007 points) | 35. Penn State (146 points) |
| 18. Iowa (952 points) | 36. San Jose State (144 points) |

Also receiving votes: Towson (142), George Washington (94), Central Michigan (93), Temple (69), Western Michigan (60), Kent State (55), New Hampshire (51), Rutgers (50), Pittsburgh (16), Bowling Green (15), Sacramento State (14), UC Davis (8), Illinois State (5), Texas Woman's (4), LIU (4), Northern Illinois (3), Ball State (2), Lindenwood (2), and Fisk (1)

The WCGA is the advocate for women's collegiate gymnastics.

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