

Penn State Basketball
Student-Athlete Postgame Press Conference
vs. Iowa - January 31, 2022

Myles Dread | Guard | Sr.

Q: Why are you the guy that takes that shot (at the end of regulation)?

A: I kind of got stuck honestly. I dribbled, shot faked, he didn't move. I made a ball fake and I put it up there. I really couldn't see the rim until he landed. Right when the ball went in, I was like great. I didn't even realize how big of a shot it was until we got back on defense. I looked up I was like, oh, that's cool. John Harrar came into the huddle and asked who is going to take the big shot, I have Myles. It just kind of happened that way.

Q: After a long game how do you keep the intensity going?

A: In the preseason, shoutout to Greg Miskinis, our strength and conditioning coach, Friday mornings are the most "fun" days. We learned how to fight through fatigue, fight through pain, fight through adversity. Truthfully, I think it helps us a lot.

Q: How did you guys stay up (mentally) and keep going (after the swing at the end of regulation)?

A: We preach not too high, not too low. We made a run, and we got a little too high. We let our foot off the gas, and they made that little comeback to take it into overtime. When overtime comes, we both fight, two great teams just battling it out. That's a true Big Ten game if you have ever seen one, that is an exemplary Big Ten basketball game. And then double overtime we sat there, not too high, not too low. Whatever plays we made, we made, and we focused on getting stops.

John Harrar | Forward | Sr.+

Q: How important was it to have the effort that you guys put forward?

A: I have to give a shoutout to the fans. The environment, throughout the game, especially overtime, was fun. I love playing at home in front of Penn Staters, and I just had so much fun trying to win the game for our community and the Penn State brand. On the road in the Big Ten is not fun, but we have a game to prepare for in Wisconsin. We have to get the job done somehow, someway. I was telling the guys after the game in the locker room what we did this week leading up in our preparation, it has to be the same way. You have to practice the same way, treat every game the same way and have that mindset moving forward at the end of the game.

Q: How much trust do you have to have in a coach to look at him and tell you exactly where you need to be in those moments?

A: It was one practice where Coach Shrewsberry drew up a play and we all looked at each other like this guy is smart, he knows basketball. We trust him and we know what he wants. At the end of the game, we talk about what we're going to do and who we want in the action, so we're looking towards him about where to go. At the end of the day, you have to make a play. Big time players make big time plays, so you have to just make a play.

Q: What do you tell a player like Sam Sessoms to do when he has the ball in his hands?

A: Sam Sessoms is a playmaker. I love seeing him get downhill and then if no one comes and traps the box or you know helps, he's going to finish with those like Kareem Abdul-Jabbar hooks. If they trap the box, he's going to make the play.