



2021 WOMEN'S GYMNASTICS

17 NCAA Championship Team Appearances • 29 All-Americans on 96 Occasions

2021 SCHEDULE

O-2, O-1 Big Ten

Date	Opponent	Result/Time
JAN. 17	NO. 28 MARYLAND (BTN) L	193.875-194.875
JAN. 23	NO. 29 NEBRASKA* (BTN+) L	195.100-195.250
Jan. 30	at No. 13 Minnesota* (BTN+)	1 p.m.
Feb. 5	at No. 25 Maryland*	5 p.m.
FEB. 13	NO. 18 ILLINOIS*	4 p.m.
FEB. 21	NO. 26 OHIO STATE*	2 p.m.
Feb. 26	Big Five Meet*%	TBA
	vs. No. 9 Iowa*, No. 7 Michigan*, Michigan State*, Rutgers*	
Mar. 7	at No. 26 Ohio State	2 p.m.
Mar. 13	at Rutgers	1 p.m.
Mar. 20	Big Ten Championships #	TBA
Apr. 3-5	NCAA Regionals	TBA
Apr. 17-18	NCAA Championships^	TBA

* Big Ten Opponent

^ Fort Worth, Texas

% Ann Arbor, Mich.

Minneapolis, Minn.

All Times Eastern **HOME MEETS IN BOLD CAPS**

Rankings based on RoadToNationals Rankings

Subject To Change

NO. 31 PENN STATE TRAVELS TO NO. 13 MINNESOTA ON SATURDAY

Meet 3: January 30, 2021 • 1 p.m. • Maturi Pavilion • Minneapolis, Minn. • Big Ten Network+

NITTANY NOTES

- Penn State visits Minnesota on Saturday for its second straight Big Ten conference meet.
- Penn State dropped a 195.250-195.100 decision against Nebraska on Saturday.
- Cassidy Rushlow earned a career-high 39.475 in all-around to win her second straight all-around title. She also won event titles on vault (9.875) and bars (9.925), tying a career high on bars. She also set a career high on floor (9.850).
- Melissa Astarita claimed her second straight floor title, collected a career high-tying 9.925.
- Rushlow ranks 16th in the country in all-around, 17th on bars and 29th on vault.
- Astarita sits 10th in the nation on floor, while Erynne Allen holds 37th.
- As a team, Penn State ranks 19th in the country on vault and 24th on floor.

Career Best Scores

Gymnast	AA	V	UB	BB	FX
Allen	-	9.800	9.800	-	9.875
Astarita	-	9.800	-	9.700^	9.925
Ayers	-	-	9.725	9.125	9.775
Bastardi	-	9.600	9.825^	9.925	-
Bladon	-	9.750	-	9.150	9.500
Bonsall	38.750	9.900	9.900	9.675	9.875
Bridgens	39.525	9.925	10.000	9.900	9.950
Chinnery	-	9.875	9.850	9.675^	9.850
Cox	-	-	-	-	-
Cross	-	9.850	9.800	9.875	-
Howell	-	9.550	9.750^	-	-
Johnston	-	9.775	9.625	9.825	-
Mace	-	-	-	-	-
Romagnano	-	-	-	9.825	-
Rushlow	39.475	9.900	9.925	9.900	9.850
Verdeflor	-	-	9.900	9.850	-
Walker	-	-	-	-	-

Season Best Scores

Gymnast	AA	V	UB	BB	FX
Allen	-	-	-	-	9.875
Astarita	-	9.500^	-	9.700^	9.925
Ayers	-	-	9.725	9.125	9.775
Bastardi	-	-	-	-	-
Bladon	-	9.675	-	9.150	9.500
Bonsall	-	9.850	9.825	-	9.825
Bridgens	-	-	-	-	-
Chinnery	-	-	-	-	-
Cox	-	-	-	-	-
Cross	-	9.850	9.800	9.875	-
Howell	-	9.550	9.750^	-	-
Johnston	-	9.775	9.625	9.825	-
Mace	-	-	-	-	-
Romagnano	-	-	-	9.750	-
Rushlow	39.475	9.875	9.925	9.825	9.850
Verdeflor	-	-	9.900	9.775	-
Walker	-	-	-	-	-

Team Season Highs

Overall: 195.100 vs. Nebraska (1/23)

Vault: 48.950 vs. Maryland (1/17)

Bars: 48.975 vs. Nebraska (1/23)

Beam: 48.250 vs. Maryland (1/17)

Floor: 49.225 vs. Nebraska (1/23)



@PennStateWGYM

GoPSUSports.com

Contact: Paul Marboe
prm5118@psu.edu
814-206-6338

#ForTheRoar



2021 PENN STATE WOMEN'S GYMNASTICS

2021 ROSTER

Name	Event	Yr.	Ht.	Hometown/High School/Last School
Erynne Allen	V, UB, FX	Sr.	5-3	Douglasville, Ga./South Paulding/Kentucky
Melissa Astarita	V, BB, FX	Jr.	5-2	Morganville, N.J./Marlboro
Maggie Ayers	AA	Fr.	5-2	York, Pa./York Suburban
Jessie Bastardi	AA	Jr.	5-4	State College, Pa./Saint Joseph's Catholic Academy/West Virginia
Amy Bladon	V, BB, FX	So.	5-2	Sarnia, Ontario/Great Lakes Secondary School
Alissa Bonsall	AA	Sr.	5-1	Higganum, Conn./Haddam Killingworth
Lauren Bridgens	AA	Sr.	5-4	Darnestown, Md./Quince Orchard
Kourtney Chinnery	V, UB, FX	Sr.	5-2	Suffolk, Va./Summit Christian Academy
Dymiana Cox	AA	Jr.	5-1	Elmont, N.Y./Parkettes
Natalie Cross	AA	Fr.	5-5	Ellicott City, Md./River Hill
Donna Howell	AA	Jr.	5-5	New Milford, Pa./PA Cyber Charter School
Maggie Johnston	AA	Fr.	5-5	Boyd, Md./Poolesville
Maggie Mace	AA	Fr.	5-7	Dayton, Ohio/Ohio Connections Academy
Bella Romagnano	UB, BB, FX	So.	5-2	New Albany, Ohio/New Albany
Cassidy Rushlow	AA	So.	5-2	Worcester, Mass./Daggett Gold Medal Gymnastics
Ava Verdeflor	UB, BB	Sr.	5-3	Allen, Texas/Allen
Abi Walker	UB, BB, FX	Fr.	4-8	Vidalia, Ga./Adirondack Learning Academy

Head Coach: Sarah Brown (Missouri '10; Fourth Season)

Assistant Coaches: Dallas Becerra (Missouri '13; Fourth Season), Rachel Inniss (Auburn '12; First Season)

Student Manager: Tess McCracken

Captains: Erynne Allen, Alissa Bonsall, Lauren Bridgens

2021 QUICK FACTS

GENERAL INFORMATION

Location..... University Park, Pa.
 Founded 1855
 Enrollment 45,901
 Colors..... Blue and White
 Conference Big Ten
 Nickname Nittany Lions
 President..... Dr. Eric Barron
 Vice President of Intercollegiate Athletics .Sandy Barbour
 Sr. Assoc. Athletics Director/SWA..... Charmelle Green
 Sport Administrator Mary Bolich
 Athletic Website www.GoPSUsports.com

COACHING STAFF

Head Coach..... Sarah Brown
 Penn State Record (Years) 29-28 (3)
 Career Record (Years) 41-35 (4)
 Assistant CoachDallas Becerra (4th Year)
 Assistant CoachRachel Inniss (1st Year)
 Office 110A White Building
 Telephone..... (814) 863-7461
 Fax..... (814) 865-8149

TEAM INFORMATION

Home Arena (Capacity) Rec Hall (5,812)
 Facebook PennStateWomensGymnastics
 Instagram @PennStateWGYM
 Twitter..... @PennStateWGYM

2020 RECAP

2020 Regular Season Record 8-9
 Big Ten Regular Season Record 4-5
 Big Ten Championships Finish N/A
 2020 NCAA Regional Finish N/A
 2020 NCAA Championships Finish N/A
 Final National Ranking 30
 All-Americans Returning/Lost 0/0
 Letterwinners Returning/Lost 12/2
 Newcomers 5

PROGRAM HISTORY

First Year of Gymnastics..... 1965
 All-Time Record (Years) 597-304-4 (56)
 National Championships 2
 (1978, 80)
 NCAA Championship Team Appearances 18
 (1982, '84, '85, '86, '88, '91, '92, '93, '94,
 '95, '96, '97, '98, '99, 2000, '05, '09, '14)
 AIAW Championship Appearances..... 7
 (1975, '76, '77, '78, '79, '80, '81)

Name

Erynne Allen
 Jessie Bastardi
 Amy Bladon
 Alissa Bonsall
 Lauren Bridgens
 Kourtney Chinnery
 Dymiana Cox
 Bella Romagnano
 Cassidy Rushlow
 Ava Verdeflor

Pronunciation

Erin Allen
 Jessie Bas-TAR-di
 Amy BLADE-in
 Alissa Bon-zall
 Lauren Bridge-ens
 Kourtney Chin-er-y
 DIM-y-ana Cox
 Bella ROMAN-yeno
 Cassidy RUSH-lowe
 Ava Ver-de-floor

National Rankings (Top 50) /Big Ten Rankings (Top 10) (RoadToNationals as of 1/25/21)

Gymnast	AA	V	UB	BB	FX
Allen	-	-	-	-	37/10
Astarita	-	-	-	-	10/4
Ayers	-	-	-	-	-
Bastardi	-	-	-	-	-
Bladon	-	-	-	-	-
Bonsall	-	44/8	-	-	-
Bridgens	-	-	-	-	-
Chinnery	-	-	-	-	-
Cox	-	-	-	-	-
Cross	-	-	-	-	-
Howell	-	-	-	-	-
Johnston	-	-	-	-	-
Mace	-	-	-	-	-
Romagnano	-	-	-	-	-
Rushlow	16/5	29/5	17/5	-	-
Verdeflor	-	-	-	-	-
Walker	-	-	-	-	-
TEAM	31/7	19/5	32/6	39/9	24/5



2021 PENN STATE WOMEN'S GYMNASTICS

TEAM MEET-BY-MEET

Date - Opponent	Event Order	V	UB	BB	FX	TEAM
Jan. 17 - No. 28 Maryland	V, UB, BB, FX	48.950	48.250	48.250	48.425	193.875
Jan. 23 - No. 29 Nebraska*	V, UB, BB, FX	48.875	48.975	48.025	49.225	195.100
Jan. 30 - at No. 13 Minnesota*	-	-	-	-	-	-
Feb. 5 - at No. 25 Maryland*	-	-	-	-	-	-
Feb. 13 - No. 18 Illinois*	-	-	-	-	-	-
Feb. 22 - No. 26 Ohio State*	-	-	-	-	-	-
Feb. 26 - vs. No. 9 Iowa, No. 7 Michigan, Michigan State, Rutgers*	-	-	-	-	-	-
Mar. 5 - at No. 26 Ohio State	-	-	-	-	-	-
Mar. 13 - at Rutgers	-	-	-	-	-	-
Mar. 20 - Big Ten Championships	-	-	-	-	-	-
Apr. 3-5 - NCAA Regionals	-	-	-	-	-	-
Apr. 17-18 - NCAA Championships	-	-	-	-	-	-

SEASON HIGH IN BOLD

* Indicates Big Ten Conference Meet

Rankings based on RoadToNationals Rankings

TOP TEN PERFORMANCES

Vault	(Rowland/Personett, 10.0)	Balance Beam	(Leopoldus/Rowland/Smith, 10.0)	All-Around	(Rowland, 39.775)
Cassidy Rushlow	9.875 1/23	Natalie Cross	9.875 1/17	Cassidy Rushlow	39.475 1/23
Alissa Bonsall	9.850 1/23	Cassidy Rushlow	9.825 1/23	Cassidy Rushlow	39.100 1/17
Natalie Cross	9.850 1/17	Maddie Johnston	9.825 1/17		
Alissa Bonsall	9.825 1/17	Maddie Johnston	9.775 1/23		
Cassidy Rushlow	9.825 1/17	Ava Verdeflor	9.775 1/17		
Maddie Johnston	9.775 1/23	Bella Romagnano	9.750 1/23		
Maddie Johnston	9.775 1/17	Cassidy Rushlow	9.625 1/17		
Natalie Cross	9.725 1/23	Natalie Cross	9.525 1/23		
Amy Bladon	9.675 1/17	Ava Verdeflor	9.150 1/23		
Amy Bladon	9.650 1/23	Amy Bladon	9.150 1/17		
Uneven Bars	(Bridgens, 10.0)	Floor Exercise	(Casey, 10.0)		
Cassidy Rushlow	9.925 1/23	Melissa Astarita	9.925 1/23		
Ava Verdeflor	9.900 1/23	Erynne Allen	9.875 1/23		
Alissa Bonsall	9.825 1/17	Melissa Astarita	9.875 1/17		
Cassidy Rushlow	9.825 1/17	Cassidy Rushlow	9.850 1/23		
Natalie Cross	9.800 1/23	Erynne Allen	9.850 1/17		
Natalie Cross	9.750 1/17	Alissa Bonsall	9.825 1/17		
Alissa Bonsall	9.725 1/23	Cassidy Rushlow	9.825 1/17		
Maggie Ayers	9.725 1/17	Alissa Bonsall	9.800 1/23		
Maggie Ayers	9.625 1/23	Maggie Ayers	9.775 1/23		
Maddie Johnston	9.625 1/23	Amy Bladon	9.500 1/23		

Career Event Titles (Season Event Titles)

Gymnast	AA	V	UB	BB	FX
Allen	-	-	-	-	-
Astarita	-	-	-	-	5 (2)
Ayers	-	-	-	-	-
Bastardi	-	-	-	2 (-)	-
Bladon	-	-	-	-	-
Bonsall	-	2 (-)	4 (-)	-	-
Bridgens	11 (-)	5 (-)	12 (-)	1 (-)	5 (-)
Chinnery	-	2 (-)	-	-	-
Cox	-	-	-	-	-
Cross	-	-	-	-	-
Howell	-	-	-	-	-
Johnston	-	-	-	-	-
Mace	-	-	-	-	-
Romagnano	-	-	-	-	-
Rushlow	3 (2)	3 (1)	2 (1)	1 (-)	-
Verdeflor	-	-	-	-	-
Walker	-	-	-	-	-

INCLUDES TIES



2021 PENN STATE WOMEN'S GYMNASTICS

GYMNAST MEET-BY-MEET

Erynne Allen Sr.	
Vault	(9.800, 2/14/20)
Uneven Bars (9.800, 2/2/19)	
Floor Exercise (9.875, 1/23/21)	
Maryland (1/17)	9.850 (4)
Nebraska (1/23)	9.875 (2)
Melissa Astarita Jr.	
Vault	(9.800, 3/17/19)
Maryland (1/17)	9.500[^]
Balance Beam (9.700[^], 1/17/21)	
Maryland (1/17)	9.700[^]
Nebraska (1/23)	9.375 [^]
Floor Exercise (9.925, 1/23/21)	
Maryland (1/17)	9.875 (1)
Nebraska (1/23)	9.925 (1)
Maggie Ayers Fr.	
Uneven Bars	(9.725, 1/17/21)
Maryland (1/17)	9.725 (6)
Nebraska (1/23)	9.625 (10)
Balance Beam (9.125, 1/23/21)	
Maryland (1/17)	8.550 (12)
Nebraska (1/23)	9.125 (12)
Floor Exercise (9.775, 1/23/21)	
Maryland (1/17)	8.975 (12)
Nebraska (1/23)	9.775 (8)
Jessie Bastardi Jr.	
Vault	(9.600, 1/4/20)
Uneven Bars (9.825[^], 2/2/19)	
Balance Beam (9.925, 2/9/19)	
Amy Bladon So.	
Vault	(9.750, 2/22/20)
Maryland (1/17)	9.675 (10)
Nebraska (1/23)	9.650 (10)
Balance Beam (9.150, 1/17/21)	
Maryland (1/17)	9.150 (11)
Floor Exercise (9.500, 1/23/21)	
Maryland (1/17)	9.050 (11)
Nebraska (1/23)	9.500 (11)
Alissa Bonsall Sr.	
All-Around	(38.750, 1/6/18)
Vault (9.900, 2/22/20)	
Maryland (1/17)	9.825 (5)
Nebraska (1/23)	9.850 (2)
Uneven Bars (9.900, 1/25/20)	
Maryland (1/17)	9.825 (3)
Nebraska (1/23)	9.725 (5)
Balance Beam (9.675, 1/5/19)	
Floor Exercise (9.875, 3/23/19)	
Maryland (1/17)	9.825 (6)
Nebraska (1/23)	9.800 (6)

Lauren Bridgens Sr.	
All-Around	(39.525, 1/26/19)
Vault (9.925, 3/4/18)	
Uneven Bars (10.0*, 3/9/18)	
Balance Beam (9.900, 3/7/20)	
Floor Exercise (9.950, 1/25/20)	
Kourtney Chinnery Sr.	
Vault	(9.875, 2/22/20)
Uneven Bars (9.850, 3/8/19)	
Balance Beam (9.675[^], 1/26/19)	
Floor Exercise (9.850, 1/26/19)	
Dymiana Cox Jr.	
Natalie Cross Fr.	
Vault	(9.850, 1/17/21)
Maryland (1/17)	9.850 (2)
Nebraska (1/23)	9.725 (7)
Uneven Bars (9.800, 1/23/21)	
Maryland (1/17)	9.750 (5)
Nebraska (1/23)	9.800 (4)
Balance Beam (9.875, 1/17/21)	
Maryland (1/17)	9.875 (2)
Nebraska (1/23)	9.525 (9)
Donna Howell Jr.	
Vault	(9.550, 1/23/21)
Maryland (1/17)	9.525 (11)
Nebraska (1/23)	9.550 (11)
Uneven Bars (9.750[^], 1/23/21)	
Maryland (1/17)	9.450 [^]
Nebraska (1/23)	9.750[^]
Maddie Johnston Fr.	
Vault	(9.775, 1/23/21)
Maryland (1/17)	9.775 (8)
Nebraska (1/23)	9.775 (6)
Uneven Bars (9.625, 1/23/21)	
Maryland (1/17)	8.875 (12)
Nebraska (1/23)	9.625 (10)
Balance Beam (9.825, 1/17/21)	
Maryland (1/17)	9.825 (3)
Nebraska (1/23)	9.775 (5)
Maggie Mace Fr.	
Bella Romagnano So.	
Balance Beam	(9.825, 3/7/20)
Nebraska (1/23)	9.750 (6)

Cassidy Rushlow So.	
All-Around	(39.475, 1/23/21)
Maryland (1/17)	39.100 (1)
Nebraska (1/23)	39.475 (1)
Vault (9.900, 2/22/20)	
Maryland (1/17)	9.825 (5)
Nebraska (1/23)	9.875 (1)
Uneven Bars (9.925, 1/23/21)	
Maryland (1/17)	9.825 (3)
Nebraska (1/23)	9.925 (1)
Balance Beam (9.900, 1/31/20)	
Maryland (1/17)	9.625 (8)
Nebraska (1/23)	9.825 (4)
Floor Exercise (9.850, 1/23/21)	
Maryland (1/17)	9.825 (6)
Nebraska (1/23)	9.850 (3)
Ava Verdeflor Sr.	
Uneven Bars	(9.900, 1/23/21)
Maryland (1/17)	9.125 (10)
Nebraska (1/23)	9.900 (2)
Balance Beam (9.850, 3/7/20)	
Maryland (1/17)	9.775 (4)
Nebraska (1/23)	9.150 (11)
Abi Walker Fr.	

KEY
Event (Career Best, Date)
Meet (Date) Score (Place)

* - School Record # - NCAA Record \$ - Big Ten Record ^ - Exhibition Score Season Highs in BOLD



2021 PENN STATE WOMEN'S GYMNASTICS

INDIVIDUAL SCHOOL RECORDS

VAULT

1.	10.0	Brandi Personett	2/13/2010
		Brandi Personett	1/23/2010
		Katie Rowland	3/29/2003
		Katie Rowland	2/16/2003
5.	9.975	Emma Sibson	3/8/2014
		Sharaya Musser	3/7/2010
		Brandi Personett	2/2/2008
		Katie Rowland	3/8/2003
9.	9.950	Briannah Tsang	1/31/2015
		Krystal Welsh	1/31/2015
		Briannah Tsang	1/17/2015
		Emma Sibson	2/8/2014
		Madison Merriam	3/16/2013
		Madison Merriam	2/16/2013
		Sharaya Musser	3/17/2012
		Sharaya Musser	3/2/2012
		Sharaya Musser	1/15/2012
		Sharaya Musser	2/11/2011
		Sharaya Musser	3/20/2010
		Brandi Personett	4/10/2010
		Brandi Personett	2/20/2010
		Brandi Personett	2/13/2009
		Brandi Personett	1/30/2009
		Brandi Personett	3/29/2008
		Brandi Personett	3/31/2007
		Jennifer Orlando	2/25/2006
		Lisa Clark	2/13/2005
		Lisa Clark	4/3/2004
		Katie Rowland	4/12/2003
		Katie Rowland	2/7/2003
		Katie Rowland	1/11/2003
		Katie Rowland	3/23/2002
		Katie Rowland	3/9/2002
		Katie Rowland	2/15/2002
		Katie Rowland	3/10/2001
		Gemma Cuff	3/2/2000
		Gemma Cuff	2/28/1998
		Joanna Knox	3/25/1995

UNEVEN BARS

1.	10.0	Lauren Bridgens	3/9/2018
2.	9.975	Natalie Ettl	2/18/2011
		Katie Perret	3/16/2007
4.	9.950	Sabrina Garcia	1/19/2019
		Sabrina Garcia	1/21/2017
		Sabrina Garcia	1/7/2017
		Kiera Brown	3/19/2016
		Kiera Brown	1/9/2016
		Krystal Welsh	3/8/2015
		Madison Merriam	2/23/2013
		Natalie Ettl	2/6/2011
		Natalie Ettl	3/7/2010
		Natalie Ettl	2/6/2010
		Katie McAvoy	3/1/2003
		Katie McAvoy	2/2/2002
		Katie Rowland	3/16/2002
		Katie Rowland	3/17/2001
		Maria Taylor	2/23/2001
		Nikki Smith	3/13/1999

BALANCE BEAM

1.	10.0	Katie Rowland	3/14/2003
		Nikki Smith	3/18/2000
		Missy Leopoldus	2/19/1999
		Missy Leopoldus	1/30/1999
5.	9.975	Nicole Medvitz	3/12/2016
		Meredith Hoover	2/25/2006
		Richelle Simpson	2/17/2001
		Maria Taylor	2/17/2001
		Nikki Smith	1/22/2000
10.	9.950	Tess McCracken	3/7/2020
		Sydney Sanabria-Robles	1/31/2015
		Briannah Tsang	1/24/2015
		Kassidy Stauder	3/8/2014
		Sharaya Musser	3/16/2013
		Sharaya Musser	2/11/2012
		Sharaya Musser	3/4/2011
		Brandi Personett	2/6/2010
		Kristal Uzelac	3/26/2005
		Katie Rowland	3/9/2002
		Nikki Smith	3/11/2000
		Nikki Smith	1/16/2000
		Missy Leopoldus	1999
		Missy Leopoldus	1/17/1998
		Nicole Malinak	2/28/1997

FLOOR EXERCISE

1.	10.0	Ellen Casey	2/19/1999
2.	9.975	Katie Rowland	3/14/2003
		Gemma Cuff	2/23/2001
		Ellen Casey	1999
5.	9.950	Lauren Bridgens	1/25/2020
		Briannah Tsang	3/24/2018
		Briannah Tsang	2/24/2018
		Briannah Tsang	3/5/2017
		Emma Sibson	3/8/2015
		Sharaya Musser	3/17/2012
		Sharaya Musser	3/4/2011
		Sharaya Musser	2/18/2011
		Brandi Personett	3/27/2010
		Brandi Personett	3/20/2010
		Brandi Personett	2/20/2010
		Brandi Personett	3/21/2009
		Brandi Personett	3/8/2009
		Brandi Personett	3/1/2009
		Brandi Personett	3/1/2008
		Brandi Personett	2/24/2007
		Kate Stopper	2/6/2004
		Katie Rowland	4/12/2003
		Katie Rowland	3/1/2003
		Katie Rowland	2/16/2003
		Katie Rowland	2/1/2003
		Katie Rowland	3/16/2002
		Katie Rowland	2/23/2001
		Katie Rowland	2/3/2001
		Leslie Bair	2/23/2001
		Richelle Simpson	2/23/2001
		Heather Duggan	2/19/2000
		Missy Leopoldus	3/14/1998
		Ellen Casey	1999
		Ellen Casey	2/28/1998
		Ellen Casey	3/16/1997

ALL-AROUND

1.	39.775	Katie Rowland	3/14/2003
2.	39.725	Sharaya Musser	3/4/2011
		Katie Rowland	3/9/2002
4.	39.700	Brandi Personett	2/20/2010
5.	39.675	Katie Rowland	2/16/2003
6.	39.650	Sharaya Musser	3/16/2013
		Sharaya Musser	3/17/2012
		Sharaya Musser	3/2/2012
		Katie Rowland	2/23/2001
		Katie Rowland	2/17/2001

NOTES: Listed alphabetically based on most recent performance.

TEAM SCHOOL RECORDS

VAULT

1.	49.550	at Illinois	1/31/2015
2.	49.500	Cornell, Iowa, Yale	1/23/2010
	49.500	at NCAA Regionals	4/3/2004
	49.500	at West Virginia w/ Rutgers	2/16/2003
5.	49.475	Kentucky	3/16/2013
	49.475	at West Virginia w/ Ball State	2/13/2005
7.	49.450	at N.H. w/Bridgeport, G. Wash.	3/8/2014
	49.450	Iowa State, Penn, SUNY-Brockport	2/28/2015
9.	49.425	Nebraska, Rutgers, Yale	2/10/2006
10.	49.400	at Pittsburgh	2/13/2010

UNEVEN BARS

1.	49.500	Massachusetts	2/23/2001
2.	49.475	at BYU, TWU & Utah State	3/9/2018
3.	49.425	Nebraska	3/1/2003
4.	49.375	at Michigan State	2/4/2018
	49.375	at Maryland Quad	2/18/2011
	49.375	at Arizona w/ Kentucky, TWU	3/16/2007
	49.375	at Rhode Island	2/17/2001
8.	49.350	Michigan State	2/23/2013
	49.350	Maryland	3/17/2012
	49.350	at Big Ten Championships	3/27/2010
	49.350	Illinois	2/6/2010
	49.350	at Pittsburgh	3/18/2006
	49.350	at New Hampshire	3/6/2004
	49.350	New Hampshire	1/20/2001
	49.350	NCAA Regionals	4/10/1999
	49.350	Alabama	2/19/1999

BALANCE BEAM

1.	49.650	at Rhode Island	2/17/2001
2.	49.550	Big Ten Championships	3/18/2000
3.	49.425	Central Michigan	1/24/2004
4.	49.375	Iowa, Mich., Minn., Rutgers	3/12/2016
	49.375	at N.H. w/Bridgeport, G. Wash.	3/8/2014
	49.375	at Pittsburgh	2/28/2004
	49.375	Pennsylvania Championships	2/28/1997
8.	49.350	at Rutgers	2/9/2019
	49.350	Maryland, Michigan, Bridgeport	3/7/2010
	49.350	at Illinois	1/13/2001

FLOOR EXERCISE

1.	49.725	Massachusetts	2/23/2001
2.	49.550	Pittsburgh	2/3/2001
3.	49.525	New Hampshire, Penn, Temple	3/9/2013
	49.525	Florida	1/30/1999
5.	49.500	Alabama	2/19/1999
6.	49.450	at Pittsburgh	3/11/2012
7.	49.425	NCAA Regionals	4/5/2014
	49.425	Big Ten Championships	3/22/2014
	49.425	at Big Ten Championships	3/21/2009
	49.425	Maryland	1/29/2005

TEAM

1.	197.450	Massachusetts	2/23/2001
2.	197.325	Kentucky	3/16/2013
3.	197.200	at N.H. w/Bridgeport, G. Wash.	3/8/2014
4.	197.125	Iowa, Mich., Minn., Rutgers	3/12/2016
5.	197.075	Maryland, North Carolina State	3/4/2011
6.	197.025	Alabama	2/19/1999
	197.025	Michigan State	2/7/2015
8.	196.975	New Hampshire, Penn, Temple	3/9/2013
9.	196.875	Pittsburgh	2/3/2001
10.	196.825	at Arizona w/Kentucky, TWU	3/16/2007
11.	196.775	Minnesota	1/26/2019
11.	196.775	at Rhode Island	2/17/2001



2021 PENN STATE WOMEN'S GYMNASTICS



SARAH BROWN

HEAD COACH

4th Season
Missouri '10

Career Record:

41-35 (Fifth season)

Penn State Record:

29-28 (Fourth season)

ACCOLADES

- Midwest Independent Assistant Coach of the Year (2014)

UNDER BROWN

- 3 NCAA Championships qualifiers
- 2 NACGC/W All-Americans
- 8 All-Big Ten Selections
- 1 Big Ten Individual Event Champion

YEAR-BY-YEAR

2017 (EMU)	11-4
2018	11-8
2019	10-9
2020	8-9
2021	0-2
Total	41-35
Penn State	29-28

Sarah Brown begins her fourth year as the head coach of the Penn State women's gymnastics team in 2021. Brown was named the eighth head coach of the Penn State women's gymnastics program on May 4, 2017. A two-time Big 12 Conference Gymnast of the Year, Brown came to Happy Valley after serving as the head coach at Eastern Michigan University.

Brown led the Nittany Lions to eight dual-meet wins in 2020, including four against Big Ten opponents, and a No. 30 ranking in the RoadToNationals standings. Penn State earned five scores above a 196.000, its most since 2015. The Nittany Lions averaged a 196.230 in five home meets, its highest since 2015. PSU claimed wins over four ranked opponents, including No. 32 Iowa, No. 24 Maryland, No. 31 Michigan State and No. 27 NC State. No postseason events were held after the season was canceled on March 12 due to the COVID-19 pandemic.

The Nittany Lions finished the season with a 195.860 National Qualifying Score (NQS). Penn State ranked 21st in the nation on bars (49.130 NQS) and held a 49.045 NQS on floor. On the season, PSU had five scores above a 49.000 on bars, five scores above a 49.000 on floor, four on beam and two on vault.

Penn State earned team-high scores of 49.300 on vault (Big Five Meet, 2/22), 49.300 on bars (West Virginia, 1/11), 49.325 on beam (Florida, 3/7) and 49.375 on floor (Iowa, 1/25). The Nittany Lions tallied in overall team-high of 196.575 in their Quad Meet sweep over NC State, Cornell and Towson.

Junior Lauren Bridgens was named All-Big Ten first team, becoming the ninth Nittany Lion to earn at least three first-team All-Big Ten honors in their career. Bridgens won 13 event titles, including four all-around. She tallied six scores of 9.900 and eight all-around scores above a 39.000. Bridgens finished the season ranked 28th in the nation in all-around, 47th on bars and 51st on floor.

Freshman Cassidy Rushlow garnered All-Big Ten second team accolades. She won five event titles, including one in all-around. Rushlow was ranked 39th in the country in all-around and 63rd on beam. She earned four scores of 9.900 or better and five all-around scores above a 39.000.

In 2019, the Nittany Lions had a 10-9 meet record, including victories over No. 21 Arizona State, No. 22 Ohio State, No. 27 NC State, No. 32 Temple and No. 34 Illinois. Penn State placed fifth in the Big Ten Championships, hosted at Rec Hall. Penn State was selected for the NCAA Regional in Ann Arbor and finished third in the Session I meet against No. 7 Michigan, No. 10 Alabama and No. 26 Ohio State. The Nittany Lions ended the season ranked No. 24 in the RoadToNationals poll, it's highest finish since 2015.

Senior Sabrina Garcia and freshman Jessie Bastardi qualified for the NCAA Championships. Garcia earned a 9.900 on bars at the NCAA Regional, tying for the top score in the regional and tying her score from 2017 for PSU's top bars score in a regional. Bastardi secured a 9.900 on beam at the NCAA Regional, also matching the top score in the regional and tying Meredith Hoover (2003) for the top beam score in PSU regional history. Sophomore Lauren Bridgens was a first-team All-Big Ten selection, while Garcia earned second-team accolades.

During her lone season as the head coach of the Eastern Michigan women's gymnastics team in 2017, Brown led the Eagles to the Mid-American Conference (MAC) regular-season title, the MAC Championship, an appearance at the NCAA Regionals and a final national ranking of No. 27. At the 2017 MAC Gymnastics Championships, Eastern Michigan tallied its second-best score in program history (196.500), recorded a school record on the uneven bars (49.300) and three gymnasts tied for the uneven bars title.

Brown began her collegiate gymnastics career at the University of Utah for one season before completing her collegiate career at the University of Missouri. A four-time All-American at Mizzou, she was the Tigers' Female Athlete of the Year in 2009 and 2010 and earned the Director of Athletics Leadership Award in 2010. Along with her All-America plaudits, Brown was selected the Big 12 Conference Gymnast of the Year in 2009 and 2010, was named to the All-Big 12 Championship Team nine times and was a nominee for the 2010 Honda Broderick Cup. Prior to her collegiate gymnastics career, she was a four-time member of the USA National Team (2002-05).

A two-time graduate of the University of Missouri, Brown earned a bachelor's degree in interdisciplinary studies with an emphasis in communication and business in 2010 and a master's of education in counseling psychology with an emphasis in sport psychology in 2012.

A native of Columbia, Missouri, the former Sarah Shire is married to Antonio Brown. They have two sons, Isaiah and Elijah.



2021 PENN STATE WOMEN'S GYMNASTICS

2021 TV/RADIO ROSTER



Erynne Allen
Sr. • Douglasville, Ga.



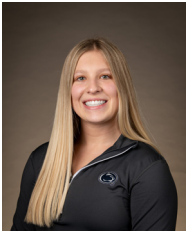
Melissa Astarita
Jr. • Morganville, N.J.



Maggie Ayers
Fr. • York, Pa.



Jessie Bastardi
Jr. • State College, Pa.



Amy Bladon
So. • Sarnia, Ontario



Alissa Bonsall
Sr. • Higganum, Conn.



Lauren Bridgens
Sr. • Darnestown, Md.



Kourtney Chinnery
Sr. • Suffolk, Va.



Dymiana Cox
Jr. • Elmont, N.Y.



Natalie Cross
Fr. • Ellicott City, Md.



Donna Howell
Jr. • New Milford, Pa.



Maddie Johnston
Fr. • Boyds, Md.



Maggie Mace
Fr. • Dayton, Ohio



Bella Romagnano
So. • New Albany, Ohio



Cassidy Rushlow
So. • Worcester, Mass.



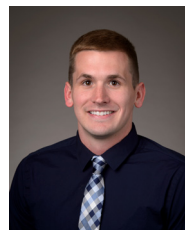
Ava Verdeflor
Sr. • Allen, Texas



Abi Walker
Fr. • Vidalia, Ga.



Sarah Brown
Head Coach
Fourth Season



Dallas Becerra
Assistant Coach
Fourth Season



Rachel Inniss
Assistant Coach
First Season