

Final Schedule
Penn State Invite | Jan 23rd

Session 1 | Men Competition | Building Opens @ 8:30 AM

FIELD

10:00 AM	Men Weight Throw
10:00 AM	Men Long Jump (Back Runway)
10:00 AM	Men Pole Vault (Front Runway)
To Follow M WT	Men Shot Put
To Follow M LJ	Men Triple Jump (Back Runway)
To Follow M PV	Men High Jump (Front Set-Up Running Opposite of PV)

TRACK

10:45 AM	Men 60m Hurdle Prelim
10:55 AM	Men 60m Prelim
11:05 AM	Men Mile
11:15 AM	Men 400m
11:25 AM	Men 60m Hurdle Final
11:30 AM	Men 60m Final
11:40 AM	Men 600m
11:50 AM	Men 800m
11:55 AM	Men 200m
12:10 PM	Men 3000m – Cancelled
12:45 PM	Men 4x400

Session 2 | Women Competition | Building Opens @ 1:45 PM

FIELD

3:00 PM	Women Weight Throw
3:00 PM	Women Long Jump (Back Runway)
3:00 PM	Women Pole Vault (Front Runway)
To Follow W WT	Women Shot Put
To Follow W LJ	Women Triple Jump (Back Runway)
To Follow W PV	Women High Jump (Front Set-Up Running Opposite of PV)

TRACK

3:00 PM	Women 60m Hurdle Prelim
3:10 PM	Women 60m Prelim
3:20 PM	Women Mile
3:30 PM	Women 400m
3:45 PM	Women 60m Hurdle Final
3:50 PM	Women 60m Final
4:00 PM	Women 600m
4:10 PM	Women 800m
4:20 PM	Women 200m
4:35 PM	Women 3000m
5:10 PM	Women 4x400