



2020 WOMEN'S GYMNASTICS

17 NCAA Championship Team Appearances • 29 All-Americans on 96 Occasions

2020 SCHEDULE

8-8, 4-5 Big Ten

Date	Opponent	Result/Time
Jan. 4	Collegiate Challenge [^] (Flo)	4th, 193.500
	vs. No. 21 Arizona State, No. 13 Auburn, No. 7 Denver	
Jan. 11	WEST VIRGINIA (BTN Plus)	W, 195.750-195.325
Jan. 16	at No. 10 Nebraska* (ESPN2)	L, 194.000-195.150
Jan. 25	No. 32 IOWA* (BTN)	W, 196.275-193.675
Jan. 31	RUTGERS* (BTN Plus)	W, 196.325-195.700
Feb. 7	at No. 25 Illinois* (BTN Plus)	L, 195.425-195.725
Feb. 14	at No. 26 Ohio State* (BTN Plus)	L, 195.150-195.350
Feb. 22	Big Five Meet*%	3rd, 196.125
	vs. No. 24 Maryland, No. 9 Michigan, No. 31 Michigan State, No. 7 Minnesota	
Feb. 29	PENN STATE QUAD MEET (BTN Plus)	1st, 196.575
	VS. CORNELL, No. 27 NC STATE, TOWSON	
Mar. 7	No. 2 FLORIDA (BTN Plus)	4 p.m.
Mar. 13	at No. 17 Arkansas	8 p.m.
Mar. 21	Big Ten Championships	noon
Apr. 2-4	NCAA REGIONAL#	TBA
Apr. 17-18	NCAA Championships	TBA

* Big Ten Opponent

[^] Anaheim, Calif.

% Toledo, Ohio

University Park, Pa. (Rec Hall)

Big Ten Championships in Columbus, Ohio

All Times Eastern

HOME MEETS IN BOLD CAPS

Rankings based on RoadToNationals Standings

NO. 25 NITTANY LIONS HOST NO. 2 FLORIDA ON SENIOR DAY

No. 25 Penn State is set for its final home meet of the 2020 season. The Nittany Lions will host No. 2 Florida at Rec Hall.

The Nittany Lions will celebrate senior day as it recognizes three seniors: Erynne Allen, Tess McCracken and Kristen Politz.

Penn State is coming off a season-best 196.575 in a sweep of its quad meet against No. 27 NC State, Cornell and Towson.

Lauren Bridgens won the all-around with a season-high 39.475. She also captured the bars title (9.925) and tied Cassidy Rushlow for the vault title (9.850). Melissa Astarita claimed the floor title with a career-best 9.925.

No. 2 Florida tallied a 197.800 in a win over No. 10 Georgia on Friday night.

Career Best Scores

Gymnast	AA	V	UB	BB	FX
Allen	-	9.800	9.800	-	9.800
Astarita	-	9.800	-	-	9.925
Bastardi	-	9.600	9.825 [^]	9.925	-
Bladon	-	9.750	-	9.725 [^]	-
Bonsall	38.750	9.900	9.900	9.675	9.875
Bridgens	39.525	9.925	10.000	9.900	9.950
Chinnery	-	9.875	9.850	9.675 [^]	9.850
Cox	-	-	-	-	-
Howell	-	-	-	-	-
McCracken	-	-	9.900	9.925	9.875
Politz	39.050	9.850	9.925	9.900	9.850
Romagnano	-	-	-	9.800	-
Rushlow	39.300	9.900	9.925	9.900	9.825
Verdeflor	-	-	9.850	9.850	-
[^] Exhibition					

Season Best Scores

Gymnast	AA	V	UB	BB	FX
Allen	-	9.800	8.725 [^]	-	9.775
Astarita	-	-	-	-	9.925
Bastardi	-	9.600	9.725 [^]	9.875	-
Bladon	-	9.750	-	9.725 [^]	-
Bonsall	-	9.900	9.900	9.425 [^]	9.850
Bridgens	39.475	9.850	9.925	9.875	9.950
Chinnery	-	9.875	9.825	-	9.750 [^]
Cox	-	-	-	-	-
Howell	-	-	-	-	-
McCracken	-	-	9.850	9.900	9.875
Politz	-	-	9.700 [^]	9.850 [^]	9.850
Romagnano	-	-	-	9.800	-
Rushlow	39.300	9.900	9.925	9.900	9.825
Verdeflor	-	-	9.850	9.850	-
[^] Exhibition					

Team Season Highs

Overall: 196.575 vs. NC State, Cornell, Towson (2/29)

Vault: 49.300 at Big Five Meet (2/22)

Bars: 49.300 vs. West Virginia (1/11)

Beam: 49.175 vs. NC State, Cornell, Towson (2/29)

Floor: 49.375 vs. Iowa (1/25)



@PennStateWGYM

GoPSUSports.com

Contact: Paul Marboe
prm5118@psu.edu
814-206-6338

#ForTheRoar



2020 PENN STATE WOMEN'S GYMNASTICS

2020 ROSTER

Name	Event	Yr.	Ht.	Hometown/High School/Last School
Erynne Allen	AA	Sr.	5-3	Douglasville, Ga./South Paulding/Kentucky
Melissa Astarita	AA	So.	5-2	Morganville, N.J./Marlboro
Jessie Bastardi	AA	R-So.	5-4	State College, Pa./Saint Joseph's Catholic Academy/West Virginia
Amy Bladon	AA	Fr.	5-2	Sarnia, Ontario/Great Lakes Secondary School
Alissa Bonsall	AA	Jr.	5-1	Higganum, Conn./Haddam Killingworth
Lauren Bridgens	AA	Jr.	5-4	Darnestown, Md./Quince Orchard
Kourtney Chinnery	AA	Jr.	5-2	Suffolk, Va./Summit Christian Academy
Dymiana Cox	AA	So.	5-1	Elmont, N.Y./Parkettes
Donna Howell	AA	So.	5-5	New Milford, Pa./PA Cyber Charter School
Tess McCracken	UB, BB, FX	Sr.	5-4	Plano, Texas/Liberty
Kristen Politz	AA	Sr.	5-5	Morganville, N.J./Saint John Vianney
Bella Romagnano	AA	Fr.	5-2	New Albany, Ohio/New Albany
Cassidy Rushlow	AA	Fr.	5-2	Worcester, Mass./Daggett Gold Medal Gymnastics
Ava Verdeflor	AA	Jr.	5-3	Allen, Texas/Allen

Head Coach: Sarah Brown (Missouri '10; Third Season)
Assistant Coach: Dallas Becerra (Missouri '13; Third Season)
Assistant Coach: Ashleigh Gnat (LSU '17; First Season)
Captains: Erynne Allen, Alissa Bonsall, Tess McCracken

2020 QUICK FACTS

GENERAL INFORMATION

Location University Park, Pa.
 Founded 1855
 Enrollment 46,270
 Colors Blue and White
 Conference Big Ten
 Nickname Nittany Lions
 President Dr. Eric Barron
 Director of Athletics Sandy Barbour
 Assoc. Athletics Director/SWA Charmelle Green
 Athletic Website www.GoPSUsports.com

TEAM INFORMATION

Home Arena (Capacity) Rec Hall (5,812)
 Facebook PennStateWomensGymnastics
 Instagram @PennStateWGYM
 Twitter @PennStateWGYM

2019 RECAP

2019 Regular Season Record 10-9
 Big Ten Regular Season Record 3-6
 Big Ten Championships Finish 5th
 2019 NCAA Regional Finish 6th
 2019 NCAA Championships Finish N/A
 Final National Ranking 23
 All-Americans Returning/Lost 0/0
 Letterwinners Returning/Lost 11/5
 Newcomers 3

PROGRAM HISTORY

First Year of Gymnastics 1965
 All-Time Record (Years) 589-293-4 (55)
 National Championships 2
 (1978, '80)
 NCAA Championship Team Appearances ... 18
 (1982, '84, '85, '86, '88, '91, '92, '93, '94,
 '95, '96, '97, '98, '99, 2000, '05, '09, '14)
 AIAW Championship Appearances 7
 (1975, '76, '77, '78, '79, '80, '81)

Name

Erynne Allen
 Jessie Bastardi
 Amy Bladon
 Alissa Bonsall
 Lauren Bridgens
 Kourtney Chinnery
 Dymiana Cox
 Kristen Politz
 Bella Romagnano
 Cassidy Rushlow
 Ava Verdeflor

Pronunciation

Erin Allen
 Jessie Bas-TAR-di
 Amy BLADE-in
 Alissa Bon-zall
 Lauren Bridge-ens
 Kourtney Chin-er-y
 DIM-y-ana Cox
 Kristen pahl-LITZ
 Bella ROMAN-yeno
 Cassidy RUSH-lowe
 Ava Ver-de-floor



2020 PENN STATE WOMEN'S GYMNASTICS



SCOUTING THE GATORS

- Florida, coached by Jenny Rowland in her fifth season, is ranked No. 2 in the RoadToNationals rankings, with a 197.747 average and a 197.880 National Qualifying Score (NQS).
- Last Friday, the Gators earned a 197.800-196.500 victory over No. 10 Georgia.
- Sophomore Trinity Thomas claimed the all-around (39.825), vault (9.950), bars (9.975) and floor (9.950) titles.
- Junior Alyssa Baumann won the beam title with a 9.975.
- The Gators swept the first three finishers on bars and the top four places on beam.
- Florida leads the nation with a 49.610 NQS on beam. The Gators also rank second on floor with a 49.515 NQS, third on vault with a 49.370 NQS and fifth on bars with a 49.390 NQS.
- Thomas tops the nation with a 39.750 NQS in all-around and a 9.960 NQS on floor. She also ranks second on beam (9.965), fifth on bars (9.935) and 12th on vault (9.895).
- Baumann sits No. 5 in the country on floor (9.930 NQS) and 12th on beam (9.920).
- Rachel Gowey ranks eighth on beam (9.930), while Payton Richards holds 18th on vault (9.885) and Savannah Schoenherr sits 18th on bars (9.890).

QUAD MEET RECAP

- Penn State recorded a season-high 196.575 to sweep its Quad Meet last Saturday. The Nittany Lions topped No. 27 NC State (195.850), Towson (193.750) and Cornell (190.750).
- The Nittany Lions earned their highest score since a 196.775 against Minnesota on January 26, 2019. Penn State secured a 49.000 or above on each event for the first time since that meet.
- Penn State recorded a 49.050 on vault, their second 49 or above this season. The Nittany Lions collected a 49.150 on bars, PSU's fifth 49 or above.
- PSU matched a season-high with a 49.175 on beam, its third 49 or above, and notched a 49.200 on floor, its fourth 49 or above.

- Lauren Bridgens won the all-around title, earning a season-best 39.475. She tied a season-high 9.925 to claim the bars title. Bridgens also tied Rushlow for the vault title with a 9.850. Kourtney Chinnery placed third on vault with a 9.825.
- Melissa Astarita captured the floor title with a career-high 9.925. Bridgens finished third with a 9.850.
- Tess McCracken had PSU's highest score on beam, with a season-best 9.900, while Jessie Bastardi recorded a season-high 9.875.

BRIDGENS LEADING ON FLOOR

- The Nittany Lions have seen significant improvement through the season on floor, led by Lauren Bridgens. PSU has four scores above a 49.000 this season.
- The junior won four straight floor titles, beginning at Nebraska with a 9.925. She set a career high against Iowa (9.950), won against Rutgers (9.875) and claimed the title at Illinois (9.850).
- Bridgens currently ranks 45th in the nation and ninth in the Big Ten with a 9.880 national qualifying score (NQS). She also ranks 22nd nationally in all-around (39.250).
- Penn State increased its floor score through each of the first three meets before a season-high 49.375 against Iowa, the Nittany Lions' best floor performance since the 2018 Big Ten Championships.

SETTING THE BAR

- The Nittany Lions have enjoyed a solid start to the season on bars, with a 49.130 NQS, good for 17th in the country.
- Penn State has five scores above a 49.150 this season, including a 49.300 against West Virginia, a 49.275 against Rutgers, a 49.250 at the Big Five Meet and a 49.150 in its Quad Meet. PSU earned the top six places in the meet against Rutgers.
- Bridgens ranks 39th in the nation and sixth in the Big Ten on bars, with a 9.865 NQS. She has PSU's highest bars score in six meets and has three event titles.
- Alissa Bonsall has PSU's highest score in four meets, including two event titles, ranking 63rd in the country with a 9.845 NQS.

NATIONAL POLL (ROADTONATIONALS)

	Team	NQS	High
1	Oklahoma	198.080	198.450
2	Florida	197.880	198.375
3	UCLA	197.425	198.025
4	Utah	197.335	198.075
5	Michigan	197.285	197.950
6	LSU	197.245	197.875
7	Denver	197.135	197.425
8	Alabama	197.080	197.550
9	California	196.980	197.325
10	Georgia	196.900	197.425
11	Minnesota	196.885	197.400
12	Washington	196.765	197.600
13	Kentucky	196.690	197.275
14	Oregon State	195.560	196.825
15	Auburn	196.490	196.700
16	Missouri	196.465	196.850
17	Arkansas	196.430	196.950
17	BYU	196.430	197.075
19	Nebraska	196.395	197.100
20	Iowa State	196.380	196.800
21	Southern Utah	196.035	197.225
22	NC State	195.960	196.500
23	Illinois	195.895	196.550
24	Arizona	195.880	196.275
25	Penn State	195.860	196.575
26	Utah State	195.730	196.800
27	Maryland	195.720	196.975
28	Michigan State	195.710	196.550
29	Stanford	195.685	196.250
30	Iowa	195.675	196.175
31	West Virginia	195.600	196.425
32	Ohio State	195.525	196.475
33	Central Michigan	195.350	196.075
34	Boise State	195.320	196.800
35	Arizona State	195.270	196.875
35	New Hampshire	195.270	195.850

2020 Opponents in Bold

PENN STATE WEEK-BY-WEEK RANKING

Preseason (WCGA)	25
Week 2	17
Week 3	31
Week 4	35
Week 5	30
Week 6	27
Week 7	28
Week 8	29
Week 9	23
Week 10	25

PSU RANKING BY EVENT (NATIONAL/BIG)

Vault	34/8
Uneven Bars	17/4
Balance Beam	32/7
Floor Exercise	35/9

Meet-by-Meet Team Leaders

Gymnast	AA	V	UB	BB	FX
Allen	-	-	-	-	-
Astarita	-	-	-	-	2
Bastardi	-	-	-	-	-
Bladon	-	-	-	-	-
Bonsall	-	4	4	-	-
Bridgens	7	3	6	1	8
Chinnery	-	2	-	-	-
Cox	-	-	-	-	-
Howell	-	-	-	-	-
McCracken	-	-	1	3	-
Poltz	-	-	-	-	-
Romagnano	-	-	-	-	-
Rushlow	2	3	2	6	-
Verdeflor	-	-	-	-	-

INCLUDES TIES

National Rankings (Top 75) /Big Ten Rankings (Top 10) (RoadToNationals as of 3/2/20)

Gymnast	AA	V	UB	BB	FX
Allen	-	-	-	-	-
Astarita	-	-	-	-	-
Bastardi	-	-	-	-	-
Bladon	-	-	-	-	-
Bonsall	-	-	63/15	-	-
Bridgens	22/7	-	39/6	-	45/9
Chinnery	-	-	-	-	-
Cox	-	-	-	-	-
Howell	-	-	-	-	-
McCracken	-	-	-	-	-
Poltz	-	-	-	-	-
Romagnano	-	-	-	-	-
Rushlow	31/10	-	-	53/13	-
Verdeflor	-	-	-	-	-



2020 PENN STATE WOMEN'S GYMNASTICS

TEAM MEET-BY-MEET

Date - Opponent	Event Order	V	UB	BB	FX	TEAM
Jan. 4 - vs. No. 21 Arizona State, No. 13 Auburn, No. 7 Denver	FX, V, UB, BB	48.250	48.850	48.750	47.650	193.500
Jan. 11 - West Virginia	V, UB, BB, FX	48.750	49.300	49.025	48.675	195.750
Jan. 16 - at No. 10 Nebraska*	UB, V, FX, BB	48.825	48.975	47.425	48.775	194.000
Jan. 25 - No. 32 Iowa*	V, UB, BB, FX	48.750	49.175	48.975	49.375	196.275
Jan. 31 - Rutgers*	V, UB, BB, FX	48.850	49.275	49.175	49.025	196.325
Feb. 7 - at No. 25 Illinois*	UB, V, FX, BB	48.875	48.975	48.675	48.900	195.425
Feb. 14 - at No. 26 Ohio State*	UB, V, FX, BB	48.850	48.775	48.850	48.675	195.150
Feb. 22 - vs. No. 24 Maryland, No. 9 Michigan, No. 31 Michigan State, No. 7 Minnesota*	V, UB, BB, FX	49.300	49.250	48.325	49.250	196.125
Feb. 29 - No. 27 NC State, Cornell, Towson	V, UB, BB, FX	49.050	49.150	49.175	49.200	196.575
Mar. 7 - No. 2 Florida	-	-	-	-	-	-
Mar. 13 - at No. 17 Arkansas	-	-	-	-	-	-
Mar. 21 - Big Ten Championships	-	-	-	-	-	-
Apr. 2-4 - NCAA Regionals - University Park, Pa.	-	-	-	-	-	-

SEASON HIGH IN BOLD

* Indicates Big Ten Regular Season Meet

Rankings based on RoadToNationals standings

TOP TEN PERFORMANCES

Vault (Rowland/Personett, 10.0)		Balance Beam (Leopoldus/Rowland/Smith, 10.0)		All-Around (Rowland, 39.775)	
Alissa Bonsall	9.900 2/22	Tess McCracken	9.900 2/29	Lauren Bridgens	39.475 2/29
Cassidy Rushlow	9.900 2/22	Cassidy Rushlow	9.900 1/31	Lauren Bridgens	39.400 1/31
Kourtney Chinnery	9.875 2/22	Cassidy Rushlow	9.900 1/25	Lauren Bridgens	39.400 1/25
Lauren Bridgens	9.850 2/29	Jessie Bastardi	9.875 2/29	Cassidy Rushlow	39.300 2/22
Cassidy Rushlow	9.850 2/29	Cassidy Rushlow	9.875 2/22	Lauren Bridgens	39.275 2/7
Lauren Bridgens	9.850 2/22	Lauren Bridgens	9.875 2/7	Cassidy Rushlow	39.250 1/31
Lauren Bridgens	9.850 1/31	Tess McCracken	9.875 1/11	Cassidy Rushlow	39.250 1/11
Lauren Bridgens	9.850 1/16	Cassidy Rushlow	9.875 1/11	Cassidy Rushlow	39.225 1/25
Kourtney Chinnery	9.825 2/29	Lauren Bridgens	9.850 2/29	Lauren Bridgens	39.150 2/14
Kourtney Chinnery	9.825 2/14	Tess McCracken	9.850 1/31	Lauren Bridgens	39.150 1/11
Alissa Bonsall	9.825 2/7	Ava Verdeflor	9.850 1/31		
Cassidy Rushlow	9.825 2/7				
Alissa Bonsall	9.825 1/31				
Alissa Bonsall	9.825 1/25				
Alissa Bonsall	9.825 1/11				
		Floor Exercise (Casey, 10.0)			
		Lauren Bridgens	9.950 1/25		
		Melissa Astarita	9.925 2/29		
		Lauren Bridgens	9.925 1/16		
		Melissa Astarita	9.900 2/22		
		Lauren Bridgens	9.900 2/22		
		Melissa Astarita	9.900 1/25		
		Tess McCracken	9.875 2/22		
		Lauren Bridgens	9.875 1/31		
		Lauren Bridgens	9.850 2/29		
		Lauren Bridgens	9.850 2/14		
		Lauren Bridgens	9.850 2/7		
		Alissa Bonsall	9.850 1/31		
		Tess McCracken	9.850 1/25		
		Kristen Politz	9.850 1/25		
		Melissa Astarita	9.850 1/16		
		Alissa Bonsall	9.850 1/16		
Uneven Bars (Bridgens, 10.0)					
Lauren Bridgens	9.925 2/29				
Lauren Bridgens	9.925 2/22				
Cassidy Rushlow	9.925 1/11				
Alissa Bonsall	9.900 1/25				
Alissa Bonsall	9.875 1/31				
Lauren Bridgens	9.875 1/31				
Lauren Bridgens	9.875 1/25				
Lauren Bridgens	9.875 1/11				
Alissa Bonsall	9.875 1/4				
Cassidy Rushlow	9.850 2/29				
Lauren Bridgens	9.850 2/22				
Alissa Bonsall	9.850 2/22				
Cassidy Rushlow	9.850 1/31				

Career Event Titles (Season Event Titles)

Gymnast	AA	V	UB	BB	FX
Allen	-	-	-	-	-
Astarita	-	-	-	-	3 (1)
Bastardi	-	-	-	2 (-)	-
Bladon	-	-	-	-	-
Bonsall	-	3 (2)	4 (2)	-	-
Bridgens	10 (4)	6 (2)	12 (3)	1 (-)	5 (4)
Chinnery	-	2 (1)	-	-	-
Cox	-	-	-	-	-
Howell	-	-	-	-	-
McCracken	-	-	1 (1)	1 (-)	-
Politz	-	-	-	1 (-)	1 (-)
Romagnano	-	-	-	-	-
Rushlow	1 (1)	2 (2)	1 (1)	1 (1)	-
Verdeflor	-	-	-	-	-

INCLUDES TIES



2020 PENN STATE WOMEN'S GYMNASTICS

GYMNAST MEET-BY-MEET

Erynne Allen	Sr.
Vault	(9.800, 2/14/20)
Collegiate Challenge (1/4)	9.550 (21)
West Virginia (1/11)	9.750 (6)
at Nebraska (1/16)	9.750 (8)
Rutgers (1/31)	9.625 (10)
at Illinois (2/7)	9.700 (9)
at Ohio State (2/14)	9.800 (3)
at Big Five Meet (2/22)	9.775 (23)
vs. NC State, Cornell, Towson (2/29)	9.750 (9)

Uneven Bars	(9.800, 2/2/19)
vs. NC State, Cornell, Towson (2/29)	8.725^

Floor Exercise	(9.800, 3/23/19)
Collegiate Challenge (1/4)	8.750 (23)
West Virginia (1/11)	9.525 (10)
at Nebraska (1/16)	9.450 (12)
Rutgers (1/31)	9.825^
at Illinois (2/7)	9.675^
vs. NC State, Cornell, Towson (2/29)	9.775 (8)

Melissa Astarita	So.
Vault	(9.800, 3/17/19)

Floor Exercise	(9.925, 2/29/20)
Collegiate Challenge (1/4)	9.675 (14)
West Virginia (1/11)	9.750 (6)
at Nebraska (1/16)	9.850 (6)
Iowa (1/25)	9.900 (3)
Rutgers (1/31)	9.625 (10)
at Illinois (2/7)	9.825 (4)
at Ohio State (2/14)	9.650 (10)
at Big Five Meet (2/22)	9.900 (3)
vs. NC State, Cornell, Towson (2/29)	9.925 (1)

Jessie Bastardi	R-So.
Vault	(9.600, 1/4/20)
Collegiate Challenge (1/4)	9.600 (19)
West Virginia (1/11)	9.575 (12)

Uneven Bars	(9.825^, 2/2/19)
Collegiate Challenge (1/4)	9.725^
West Virginia (1/11)	9.625^

Balance Beam	(9.925, 2/9/19)
Collegiate Challenge (1/4)	9.650 (18)
West Virginia (1/11)	9.800 (4)
at Nebraska (1/16)	9.625 (6)
Iowa (1/25)	9.825 (3)
Rutgers (1/31)	9.625 (12)
at Illinois (2/7)	9.600 (11)
at Ohio State (2/14)	9.775 (3)
at Big Five Meet (2/22)	9.800 (10)
vs. NC State, Cornell, Towson (2/29)	9.875 (3)

Amy Bladon	Fr.
Vault	(9.750, 2/22/20)
at Nebraska (1/16)	9.525 (12)
Iowa (1/25)	9.725 (7)
Rutgers (1/31)	9.600 (11)
at Illinois (2/7)	9.650 (11)
at Ohio State (2/14)	9.700 (9)
at Big Five Meet (2/22)	9.750 (26)
vs. NC State, Cornell, Towson (2/29)	9.650 (13)

Balance Beam	(9.750^, 2/7/20)
West Virginia (1/11)	9.725^
at Nebraska (1/16)	9.525^
Iowa (1/25)	9.400^
at Illinois (2/7)	9.750^

Alissa Bonsall	Jr.
All-Around	(38.750, 1/6/18)

Vault	(9.900, 2/22/20)
Collegiate Challenge (1/4)	9.675 (14)
West Virginia (1/11)	9.825 (2)
at Nebraska (1/16)	9.700 (10)
Iowa (1/25)	9.825 (1)
Rutgers (1/31)	9.825 (4)
at Illinois (2/7)	9.825 (1)
at Ohio State (2/14)	9.800 (3)
at Big Five Meet (2/22)	9.900 (4)
vs. NC State, Cornell, Towson (2/29)	9.775 (7)

Uneven Bars	(9.900, 1/25/20)
Collegiate Challenge (1/4)	9.875 (4)
West Virginia (1/11)	9.725 (8)
at Nebraska (1/16)	9.825 (2)
Iowa (1/25)	9.900 (1)
Rutgers (1/31)	9.875 (1)
at Illinois (2/7)	9.800 (3)
at Ohio State (2/14)	9.075 (12)
at Big Five Meet (2/22)	9.850 (9)
vs. NC State, Cornell, Towson (2/29)	9.775 (11)

Balance Beam	(9.675, 1/5/19)
Collegiate Challenge (1/4)	9.000^
Rutgers (1/31)	9.425^

Floor Exercise	(9.875, 3/23/19)
Collegiate Challenge (1/4)	9.725 (11)
West Virginia (1/11)	9.800 (3)
at Nebraska (1/16)	9.850 (6)
Iowa (1/25)	9.775 (9)
Rutgers (1/31)	9.850 (2)
at Illinois (2/7)	9.750 (8)
at Ohio State (2/14)	8.750 (12)
at Big Five Meet (2/22)	9.750 (26)
vs. NC State, Cornell, Towson (2/29)	9.825 (5)

Lauren Bridgens	Jr.
All-Around	(39.525, 1/26/19)
Collegiate Challenge (1/4)	39.025 (3)
West Virginia (1/11)	39.150 (2)
at Nebraska (1/16)	38.950 (2)
Iowa (1/25)	39.400 (1)
Rutgers (1/31)	39.400 (1)
at Illinois (2/7)	39.275 (1)
at Ohio State (2/14)	39.150 (1)
at Big Five Meet (2/22)	38.850 (8)
vs. NC State, Cornell, Towson (2/29)	39.475 (1)

Vault	(9.925, 3/4/18)
Collegiate Challenge (1/4)	9.650 (17)
West Virginia (1/11)	9.700 (8)
at Nebraska (1/16)	9.850 (3)
Iowa (1/25)	9.750 (5)
Rutgers (1/31)	9.850 (1)
at Illinois (2/7)	9.725 (7)
at Ohio State (2/14)	9.725 (7)
at Big Five Meet (2/22)	9.850 (14)

Uneven Bars	(10.0, 3/9/18)
Collegiate Challenge (1/4)	9.800 (9)
West Virginia (1/11)	9.875 (2)
at Nebraska (1/16)	9.825 (2)
Iowa (1/25)	9.875 (2)
Rutgers (1/31)	9.875 (1)
at Illinois (2/7)	9.825 (1)
at Ohio State (2/14)	9.825 (2)
at Big Five Meet (2/22)	9.925 (2)
vs. NC State, Cornell, Towson (2/29)	9.925 (1)

Balance Beam	(9.900, 3/8/19)
Collegiate Challenge (1/4)	9.750 (14)
West Virginia (1/11)	9.750 (8)
at Nebraska (1/16)	9.350 (8)
Iowa (1/25)	9.825 (3)
Rutgers (1/31)	9.800 (8)
at Illinois (2/7)	9.875 (2)
at Ohio State (2/14)	9.750 (5)
at Big Five Meet (2/22)	9.175 (27)
vs. NC State, Cornell, Towson (2/29)	9.850 (5)

Floor Exercise	(9.950, 1/25/20)
Collegiate Challenge (1/4)	9.825 (5)
West Virginia (1/11)	9.825 (2)
at Nebraska (1/16)	9.925 (1)
Iowa (1/25)	9.950 (1)
Rutgers (1/31)	9.875 (1)
at Illinois (2/7)	9.850 (1)
at Ohio State (2/14)	9.850 (6)
at Big Five Meet (2/22)	9.900 (3)
vs. NC State, Cornell, Towson (2/29)	9.850 (3)

Kourtney Chinnery	Jr.
Vault	(9.875, 2/22/20)
Collegiate Challenge (1/4)	9.725 (11)
West Virginia (1/11)	9.800 (3)
at Nebraska (1/16)	9.775 (5)
Iowa (1/25)	9.750 (5)
Rutgers (1/31)	9.800 (6)
at Illinois (2/7)	9.800 (3)
at Ohio State (2/14)	9.825 (1)
at Big Five Meet (2/22)	9.875 (10)
vs. NC State, Cornell, Towson (2/29)	9.825 (3)

Uneven Bars	(9.850, 3/8/19)
Collegiate Challenge (1/4)	9.725 (16)
West Virginia (1/11)	9.825 (5)
at Nebraska (1/16)	9.675 (11)
Iowa (1/25)	9.725 (8)
Rutgers (1/31)	9.800 (6)
at Illinois (2/7)	9.725 (8)
at Ohio State (2/14)	9.675 (9)
at Big Five Meet (2/22)	9.775 (20)
vs. NC State, Cornell, Towson (2/29)	9.800 (8)

Balance Beam	(9.675^, 1/26/19)
Floor Exercise	(9.850, 1/26/19)
Collegiate Challenge (1/4)	8.150^
Iowa (1/25)	9.750^
vs. NC State, Cornell, Towson (2/29)	9.550 ^

Dymiana Cox	So.
--------------------	------------

Donna Howell	So.
---------------------	------------

KEY	
Event	(Career Best, Date)
Meet (Date)	Score (Place)

* - School Record

- NCAA Record

\$ - Big Ten Record

^ - Exhibition Score

Season Highs in BOLD



2020 PENN STATE WOMEN'S GYMNASTICS

GYMNAST MEET-BY-MEET

Tess McCracken		Sr.
Uneven Bars		(9.900, 1/19/19)
Collegiate Challenge (1/4)	9.750 (13)	
West Virginia (1/11)	9.850 (3)	
at Nebraska (1/16)	9.725 (8)	
Iowa (1/25)	9.800 (4)	
Rutgers (1/31)	9.825 (5)	
at Illinois (2/7)	9.825 (1)	
at Ohio State (2/14)	9.775 (7)	
at Big Five Meet (2/22)	9.800 (17)	
vs. NC State, Cornell, Towson (2/29)	9.775 (11)	

Balance Beam		(9.925, 2/9/19)
Collegiate Challenge (1/4)	9.750 (14)	
West Virginia (1/11)	9.875 (2)	
at Nebraska (1/16)	9.825 (1)	
Iowa (1/25)	9.450 (10)	
Rutgers (1/31)	9.850 (3)	
at Illinois (2/7)	9.175 (12)	
at Ohio State (2/14)	9.775 (3)	
at Big Five Meet (2/22)	9.775 (15)	
vs. NC State, Cornell, Towson (2/29)	9.900 (2)	

Floor Exercise		(9.875, 2/22/20)
Collegiate Challenge (1/4)	9.675 (14)	
at Nebraska (1/16)	9.650 (10)	
Iowa (1/25)	9.850 (5)	
Rutgers (1/31)	9.825 (4)	
at Illinois (2/7)	9.750 (8)	
at Ohio State (2/14)	9.775 (7)	
at Big Five Meet (2/22)	9.875 (10)	
vs. NC State, Cornell, Towson (2/29)	9.825 (5)	

Kristen Politz		Sr.
All-Around		(39.050, 1/15/17)
Vault		(9.850, 2/4/17)
Uneven Bars		(9.925, 3/9/18)
at Nebraska (1/16)	8.850^	
vs. NC State, Cornell, Towson (2/29)	9.700^	

Balance Beam		(9.900, 3/17/19)
Rutgers (1/31)	9.850^	
at Ohio State (2/14)	9.550^	

Floor Exercise		(9.850, 1/25/20)
West Virginia (1/11)	9.325 (12)	
at Nebraska (1/16)	9.400^	
Iowa (1/25)	9.850 (5)	
Rutgers (1/31)	9.725 (7)	
at Illinois (2/7)	9.725 (10)	
at Ohio State (2/14)	9.775 (7)	
at Big Five Meet (2/22)	9.825 (20)	
vs. NC State, Cornell, Towson (2/29)	9.650 (18)	

Bella Romagnano		Fr.
Balance Beam		(9.800, 2/7/20)
Collegiate Challenge (1/4)	9.150 (24)	
West Virginia (1/11)	9.725 (9)	
at Nebraska (1/16)	8.875 (10)	
Iowa (1/25)	9.675 (9)	
Rutgers (1/31)	9.775 (9)	
at Illinois (2/7)	9.800 (5)	
at Ohio State (2/14)	9.725 (7)	
at Big Five Meet (2/22)	9.700 (20)	
vs. NC State, Cornell, Towson (2/29)	9.750 (12)	

Cassidy Rushlow		Fr.
All-Around		(39.300, 2/22/20)
Collegiate Challenge (1/4)	37.050 (7)	
West Virginia (1/11)	39.250 (1)	
at Nebraska (1/16)	38.800 (3)	
Iowa (1/25)	39.225 (2)	
Rutgers (1/31)	39.250 (3)	
at Illinois (2/7)	39.025 (3)	
at Ohio State (2/14)	38.900 (2)	
at Big Five Meet (2/22)	39.300 (6)	

Vault		(9.900, 2/22/20)
Collegiate Challenge (1/4)	9.600 (19)	
West Virginia (1/11)	9.675 (10)	
at Nebraska (1/16)	9.750 (8)	
Iowa (1/25)	9.700 (9)	
Rutgers (1/31)	9.750 (9)	
at Illinois (2/7)	9.825 (1)	
at Ohio State (2/14)	9.650 (12)	
at Big Five Meet (2/22)	9.900 (4)	
vs. NC State, Cornell, Towson (2/29)	9.850 (1)	

Uneven Bars		(9.925, 1/11/20)
Collegiate Challenge (1/4)	9.075 (24)	
West Virginia (1/11)	9.925 (1)	
at Nebraska (1/16)	9.800 (4)	
Iowa (1/25)	9.800 (4)	
Rutgers (1/31)	9.850 (3)	
at Illinois (2/7)	9.775 (5)	
at Ohio State (2/14)	9.825 (2)	
at Big Five Meet (2/22)	9.850 (9)	
vs. NC State, Cornell, Towson (2/29)	9.850 (2)	

Balance Beam		(9.900, 1/31/20)
Collegiate Challenge (1/4)	9.825 (5)	
West Virginia (1/11)	9.875 (2)	
at Nebraska (1/16)	9.750 (3)	
Iowa (1/25)	9.900 (1)	
Rutgers (1/31)	9.900 (2)	
at Illinois (2/7)	9.700 (7)	
at Ohio State (2/14)	9.800 (2)	
at Big Five Meet (2/22)	9.825 (6)	
vs. NC State, Cornell, Towson (2/29)	9.650 (18)	

Floor Exercise		(9.825, 1/11/20)
Collegiate Challenge (1/4)	8.550 (24)	
West Virginia (1/11)	9.775 (5)	
at Nebraska (1/16)	9.500 (11)	
Iowa (1/25)	9.825 (8)	
Rutgers (1/31)	9.750 (6)	
at Illinois (2/7)	9.725 (10)	
at Ohio State (2/14)	9.625 (11)	
at Big Five Meet (2/22)	9.675 (28)	

Ava Verdeflor		Jr.
Uneven Bars		(9.850, 1/31/20)
Collegiate Challenge (1/4)	9.700 (18)	
West Virginia (1/11)	9.825 (5)	
at Nebraska (1/16)	9.800 (4)	
Iowa (1/25)	9.800 (4)	
Rutgers (1/31)	9.850 (3)	
at Illinois (2/7)	9.750 (7)	
at Ohio State (2/14)	9.675 (9)	
at Big Five Meet (2/22)	9.825 (15)	
vs. NC State, Cornell, Towson (2/29)	9.800 (8)	

Balance Beam		(9.850, 1/31/20)
Collegiate Challenge (1/4)	9.775 (11)	
West Virginia (1/11)	9.700 (10)	
at Nebraska (1/16)	8.450 (12)	
Iowa (1/25)	9.750 (6)	
Rutgers (1/31)	9.850 (3)	
at Illinois (2/7)	9.700 (7)	
at Ohio State (2/14)	9.750 (5)	
at Big Five Meet (2/22)	9.150 (28)	
vs. NC State, Cornell, Towson (2/29)	9.800 (9)	

KEY	
Event	(Career Best, Date)
Meet (Date)	Score (Place)

* - School Record

- NCAA Record

\$ - Big Ten Record

^ - Exhibition Score

Season Highs in BOLD



2020 PENN STATE WOMEN'S GYMNASTICS

INDIVIDUAL SCHOOL RECORDS

VAULT

1.	10.0	Brandi Personett	2/13/2010
		Brandi Personett	1/23/2010
		Katie Rowland	3/29/2003
		Katie Rowland	2/16/2003
5.	9.975	Emma Sibson	3/8/2014
		Sharaya Musser	3/7/2010
		Brandi Personett	2/2/2008
		Katie Rowland	3/8/2003
9.	9.950	Briannah Tsang	1/31/2015
		Krystal Welsh	1/31/2015
		Briannah Tsang	1/17/2015
		Emma Sibson	2/8/2014
		Madison Merriam	3/16/2013
		Madison Merriam	2/16/2013
		Sharaya Musser	3/17/2012
		Sharaya Musser	3/2/2012
		Sharaya Musser	1/15/2012
		Sharaya Musser	2/11/2011
		Sharaya Musser	3/20/2010
		Brandi Personett	4/10/2010
		Brandi Personett	2/20/2010
		Brandi Personett	2/13/2009
		Brandi Personett	1/30/2009
		Brandi Personett	3/29/2008
		Brandi Personett	3/31/2007
		Jennifer Orlando	2/25/2006
		Lisa Clark	2/13/2005
		Lisa Clark	4/3/2004
		Katie Rowland	4/12/2003
		Katie Rowland	2/7/2003
		Katie Rowland	1/11/2003
		Katie Rowland	3/23/2002
		Katie Rowland	3/9/2002
		Katie Rowland	2/15/2002
		Katie Rowland	3/10/2001
		Gemma Cuff	3/2/2000
		Gemma Cuff	2/28/1998
		Joanna Knox	3/25/1995

UNEVEN BARS

1.	10.0	Lauren Bridgens	3/9/2018
2.	9.975	Natalie Ettl	2/18/2011
		Katie Perret	3/16/2007
4.	9.950	Sabrina Garcia	1/19/2019
		Sabrina Garcia	1/21/2017
		Sabrina Garcia	1/7/2017
		Kiera Brown	3/19/2016
		Kiera Brown	1/9/2016
		Krystal Welsh	3/8/2015
		Madison Merriam	2/23/2013
		Natalie Ettl	2/6/2011
		Natalie Ettl	3/7/2010
		Natalie Ettl	2/6/2010
		Katie McAvoy	3/1/2003
		Katie McAvoy	2/2/2002
		Katie Rowland	3/16/2002
		Katie Rowland	2/17/2001
		Maria Taylor	2/23/2001
		Nikki Smith	3/13/1999

BALANCE BEAM

1.	10.0	Katie Rowland	3/14/2003
		Nikki Smith	3/18/2000
		Missy Leopoldus	2/19/1999
		Missy Leopoldus	1/30/1999
5.	9.975	Nicole Medvitz	3/12/2016
		Meredith Hoover	2/25/2006
		Richelle Simpson	2/17/2001
		Maria Taylor	2/17/2001
		Nikki Smith	1/22/2000
10.	9.950	Sydney Sanabria-Robles	1/31/2015
		Briannah Tsang	1/24/2015
		Kassidy Stauder	3/8/2014
		Sharaya Musser	3/16/2013
		Sharaya Musser	2/11/2012
		Sharaya Musser	3/4/2011
		Brandi Personett	2/6/2010
		Kristal Uzelac	3/26/2005
		Katie Rowland	3/9/2002
		Nikki Smith	3/11/2000
		Nikki Smith	1/16/2000
		Missy Leopoldus	1999
		Missy Leopoldus	1/17/1998
		Nicole Malinak	2/28/1997

FLOOR EXERCISE

1.	10.0	Ellen Casey	2/19/1999
2.	9.975	Katie Rowland	3/14/2003
		Gemma Cuff	2/23/2001
		Ellen Casey	1999
5.	9.950	Lauren Bridgens	1/25/2020
		Briannah Tsang	3/24/2018
		Briannah Tsang	2/24/2018
		Briannah Tsang	3/5/2017
		Emma Sibson	3/8/2015
		Sharaya Musser	3/17/2012
		Sharaya Musser	3/4/2011
		Sharaya Musser	2/18/2011
		Brandi Personett	3/27/2010
		Brandi Personett	3/20/2010
		Brandi Personett	2/20/2010
		Brandi Personett	3/21/2009
		Brandi Personett	3/8/2009
		Brandi Personett	3/1/2009
		Brandi Personett	3/1/2008
		Brandi Personett	2/24/2007
		Kate Stopper	2/6/2004
		Katie Rowland	4/12/2003
		Katie Rowland	3/1/2003
		Katie Rowland	2/16/2003
		Katie Rowland	2/1/2003
		Katie Rowland	3/16/2002
		Katie Rowland	2/23/2001
		Katie Rowland	2/3/2001
		Leslie Bair	2/23/2001
		Richelle Simpson	2/23/2001
		Heather Duggan	2/19/2000
		Missy Leopoldus	3/14/1998
		Ellen Casey	1999
		Ellen Casey	2/28/1998
		Ellen Casey	3/16/1997

ALL-AROUND

1.	39.775	Katie Rowland	3/14/2003
2.	39.725	Sharaya Musser	3/4/2011
		Katie Rowland	3/9/2002
4.	39.700	Brandi Personett	2/20/2010
5.	39.675	Katie Rowland	2/16/2003
6.	39.650	Sharaya Musser	3/16/2013
		Sharaya Musser	3/17/2012
		Sharaya Musser	3/2/2012
		Katie Rowland	2/23/2001
		Katie Rowland	2/17/2001

NOTES: Listed alphabetically based on most recent performance.

TEAM SCHOOL RECORDS

VAULT

1.	49.550	at Illinois	1/31/2015
2.	49.500	Cornell, Iowa, Yale	1/23/2010
	49.500	at NCAA Regionals	4/3/2004
	49.500	at West Virginia w/ Rutgers	2/16/2003
5.	49.475	Kentucky	3/16/2013
	49.475	at West Virginia w/ Ball State	2/13/2005
7.	49.450	at N.H. w/Bridgeport, G. Wash.	3/8/2014
	49.450	Iowa State, Penn, SUNY-Brockport	2/28/2015
9.	49.425	Nebraska, Rutgers, Yale	2/10/2006
10.	49.400	at Pittsburgh	2/13/2010

UNEVEN BARS

1.	49.500	Massachusetts	2/23/2001
2.	49.475	at BYU, TWU & Utah State	3/9/2018
3.	49.425	Nebraska	3/1/2003
4.	49.375	at Michigan State	2/4/2018
	49.375	at Maryland Quad	2/18/2011
	49.375	at Arizona w/ Kentucky, TWU	3/16/2007
	49.375	at Rhode Island	2/17/2001
8.	49.350	Michigan State	2/23/2013
	49.350	Maryland	3/17/2012
	49.350	at Big Ten Championships	3/27/2010
	49.350	Illinois	2/6/2010
	49.350	at Pittsburgh	3/18/2006
	49.350	at New Hampshire	3/6/2004
	49.350	New Hampshire	1/20/2001
	49.350	NCAA Regionals	4/10/1999
	49.350	Alabama	2/19/1999

BALANCE BEAM

1.	49.650	at Rhode Island	2/17/2001
2.	49.550	Big Ten Championships	3/18/2000
3.	49.425	Central Michigan	1/24/2004
4.	49.375	Iowa, Mich., Minn., Rutgers	3/12/2016
	49.375	at N.H. w/Bridgeport, G. Wash.	3/8/2014
	49.375	at Pittsburgh	2/28/2004
	49.375	Pennsylvania Championships	2/28/1997
8.	49.350	at Rutgers	2/9/2019
	49.350	Maryland, Michigan, Bridgeport	3/7/2010
	49.350	at Illinois	1/13/2001

FLOOR EXERCISE

1.	49.725	Massachusetts	2/23/2001
2.	49.550	Pittsburgh	2/3/2001
3.	49.525	New Hampshire, Penn, Temple	3/9/2013
	49.525	Florida	1/30/1999
5.	49.500	Alabama	2/19/1999
6.	49.450	at Pittsburgh	3/11/2012
7.	49.425	NCAA Regionals	4/5/2014
	49.425	Big Ten Championships	3/22/2014
	49.425	at Big Ten Championships	3/21/2009
	49.425	Maryland	1/29/2005

TEAM

1.	197.450	Massachusetts	2/23/2001
2.	197.325	Kentucky	3/16/2013
3.	197.200	at N.H. w/Bridgeport, G. Wash.	3/8/2014
4.	197.125	Iowa, Mich., Minn., Rutgers	3/12/2016
5.	197.075	Maryland, North Carolina State	3/4/2011
6.	197.025	Alabama	2/19/1999
	197.025	Michigan State	2/7/2015
8.	196.975	New Hampshire, Penn, Temple	3/9/2013
9.	196.875	Pittsburgh	2/3/2001
10.	196.825	at Arizona w/Kentucky, TWU	3/16/2007
11.	196.775	Minnesota	1/26/2019
11.	196.775	at Rhode Island	2/17/2001



2020 NITTANY LIONS



**ERYNNE
ALLEN**

SENIOR
DALLAS, GA.
SOUTH PAULDING/
KENTUCKY
BIOBEHAVIORAL HEALTH

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	9.550	-	-	8.750
WVU	-	9.750	-	-	9.525
at Nebraska	-	9.750	-	-	9.450
IOWA	-	9.625	-	-	9.825^
RUTGERS	-	9.700	-	-	9.675^
at Illinois	-	9.800	-	-	-
at Ohio State	-	9.775	-	-	-
Big Five Meet	-	9.750	8.725^	-	9.775
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	9.800	8.725^	-	9.775
Career High	-	9.800	9.800	-	9.800

^ Exhibition * Event Title



**MELISSA
ASTARITA**

SOPHOMORE
MORGANVILLE, N.J.
MARLBORO
MATHEMATICS

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	-	-	9.675
WVU	-	-	-	-	9.750
at Nebraska	-	-	-	-	9.850
IOWA	-	-	-	-	9.900
RUTGERS	-	-	-	-	9.625
at Illinois	-	-	-	-	9.825
at Ohio State	-	-	-	-	9.650
Big Five Meet	-	-	-	-	9.900
PSU Quad Meet	-	-	-	-	9.925*
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	-	-	9.925
Career High	-	9.800	-	-	9.925

^ Exhibition * Event Title





2020 PENN STATE WOMEN'S GYMNASTICS

2020 NITTANY LIONS



JESSIE BASTARDI

R-SOPHOMORE • 5'4"
STATE COLLEGE, PA.
SAINT JOSEPH'S CATHOLIC
ACADEMY/WEST VIRGINIA
RECREATION, PARKS AND
TOURISM MANAGEMENT

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	9.600	9.725^	9.650	-
WVU	-	9.575	9.625^	9.800	-
at Nebraska	-	-	-	9.625	-
IOWA	-	-	-	9.825	-
RUTGERS	-	-	-	9.625	-
at Illinois	-	-	-	9.600	-
at Ohio State	-	-	-	9.775	-
Big Five Meet	-	-	-	9.800	-
PSU Quad Meet	-	-	-	9.875	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	9.600	9.725^	9.875	-
Career High	-	9.600	9.825^	9.925	-

^ Exhibition * Event Title



AMY BLADON

FRESHMAN • 5'2"
SARNIA, ONTARIO
GREAT LAKES
SECONDARY SCHOOL
GENERAL SCIENCE

2020 Scores

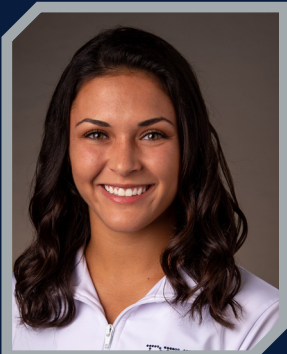
Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	-	-	-
WVU	-	-	-	9.725^	-
at Nebraska	-	9.525	-	9.525^	-
IOWA	-	9.725	-	9.400^	-
RUTGERS	-	9.600	-	-	-
at Illinois	-	9.650	-	9.750^	-
at Ohio State	-	9.700	-	-	-
Big Five Meet	-	9.750	-	-	-
PSU Quad Meet	-	9.650	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	9.750	-	9.750^	-
Career High	-	9.750	-	9.750^	-

^ Exhibition * Event Title





2020 NITTANY LIONS



**ALISSA
BONSALL**

JUNIOR • 5'1"
HIGGANUM, CONN.
HADDAM KILLINGWORTH
KINESIOLOGY

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	9.675	9.875	9.000 [^]	9.725
WVU	-	9.825	9.725	-	9.800
at Nebraska	-	9.700	9.825	-	9.850
IOWA	-	9.825*	9.900*	-	9.775
RUTGERS	-	9.825	9.875*	9.425 [^]	9.850
at Illinois	-	9.825*	9.800	-	9.750
at Ohio State	-	9.800	9.075	-	8.750
Big Five Meet	-	9.900	9.850	-	9.750
PSU Quad Meet	-	9.775	9.775	-	9.825
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	9.900	9.900	9.425 [^]	9.850
Career High	38.750	9.900	9.900	9.675	9.875

[^] Exhibition * Event Title



**LAUREN
BRIDGENS**

JUNIOR • 5'4"
DARNESTOWN, MD.
QUINCE ORCHARD
MARKETING

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	39.025	9.650	9.800	9.750	9.825
WVU	39.150	9.700	9.875	9.750	9.825
at Nebraska	38.950	9.850	9.825	9.350	9.925*
IOWA	39.400*	9.750	9.875	9.825	9.950*
RUTGERS	39.400*	9.850*	9.875*	9.800	9.875*
at Illinois	39.275*	9.725	9.825*	9.875	9.850*
at Ohio State	39.150*	9.725	9.825	9.750	9.850
Big Five Meet	38.850	9.850	9.925	9.175	9.900
PSU Quad Meet	39.475*	9.850*	9.925	9.850	9.850
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	39.475	9.850	9.925	9.875	9.950
Career High	39.525	9.925	10.000	9.900	9.950

[^] Exhibition * Event Title



Big Ten Event Specialist of the Week (1/7)



2020 PENN STATE WOMEN'S GYMNASTICS

2020 NITTANY LIONS



KOURTNEY CHINNERY

JUNIOR • 5'2"
SUFFOLK, VA.
SUMMIT CHRISTIAN
ACADEMY
SCIENCE

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	9.725	9.725	-	8.150 [^]
WVU	-	9.800	9.825	-	-
at Nebraska	-	9.775	9.675	-	-
IOWA	-	9.750	9.725	-	9.750 [^]
RUTGERS	-	9.800	9.800	-	-
at Illinois	-	9.800	9.725	-	-
at Ohio State	-	9.825*	9.675	-	-
Big Five Meet	-	9.875	9.775	-	-
PSU Quad Meet	-	9.825	9.800	-	9.550 [^]
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	9.875	9.825	-	9.750 [^]
Career High	-	9.875	9.850	9.675 [^]	9.850

[^] Exhibition * Event Title



DYMIANA COX

SOPHOMORE • 5'1"
ELMONT, N.Y.
CONNECTIONS ACADEMY
HEALTH AND HUMAN
DEVELOPMENT

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	-	-	-
WVU	-	-	-	-	-
at Nebraska	-	-	-	-	-
IOWA	-	-	-	-	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	-	-	-
Career High	-	-	-	-	-

[^] Exhibition * Event Title



2020 PENN STATE WOMEN'S GYMNASTICS



2020 NITTANY LIONS



**DONNA
HOWELL**

SOPHOMORE • 5'5"
NEW MILFORD, PA.
PA CYBER CHARTER
SCHOOL
COMMUNICATIONS

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	-	-	-
WVU	-	-	-	-	-
at Nebraska	-	-	-	-	-
IOWA	-	-	-	-	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	-	-	-
Career High	-	-	-	-	-
^ Exhibition * Event Title					



**TESS
McCRACKEN**

SENIOR • 5'4"
PLANO, TEXAS
LIBERTY H.S.
SCIENCE

2020 Scores

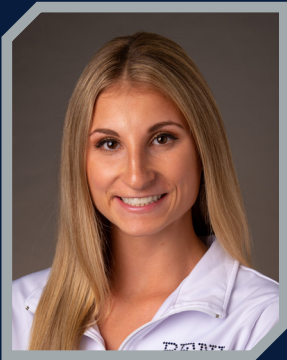
Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	9.750	9.750	9.675
WVU	-	-	9.850	9.875	-
at Nebraska	-	-	9.725	9.825*	9.650
IOWA	-	-	9.800	9.450	9.850
RUTGERS	-	-	9.825	9.850	9.825
at Illinois	-	-	9.825*	9.175	9.750
at Ohio State	-	-	9.775	9.775	9.775
Big Five Meet	-	-	9.800	9.775	9.875
PSU Quad Meet	-	-	9.775	9.900	9.825
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	9.850	9.900	9.875
Career High	-	-	9.900	9.925	9.875
^ Exhibition * Event Title					





2020 PENN STATE WOMEN'S GYMNASTICS

2020 NITTANY LIONS



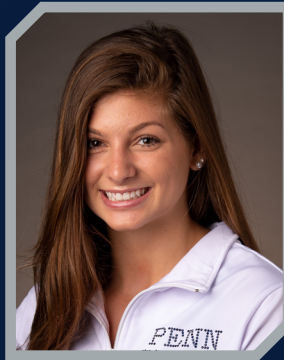
KRISTEN POLITZ

SENIOR • 5'5"
MORGANVILLE, N.J.
SAINT JOHN VIANNEY
MARKETING

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	-	-	-
WVU	-	-	-	-	9.325
at Nebraska	-	-	8.850 [^]	-	9.400 [^]
IOWA	-	-	-	-	9.850
RUTGERS	-	-	-	9.850 [^]	9.725
at Illinois	-	-	-	-	9.725
at Ohio State	-	-	-	9.550 [^]	9.775
Big Five Meet	-	-	-	-	9.825
PSU Quad Meet	-	-	9.700 [^]	-	9.650
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	9.700 [^]	9.850 [^]	9.850
Career High	39.050	9.850	9.925	9.900	9.850

[^] Exhibition * Event Title



BELLA ROMAGNANO

FRESHMAN • 5'2"
NEW ALBANY, OHIO
NEW ALBANY
UNDECIDED

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	-	9.150	-
WVU	-	-	-	9.725	-
at Nebraska	-	-	-	8.875	-
IOWA	-	-	-	9.675	-
RUTGERS	-	-	-	9.775	-
at Illinois	-	-	-	9.800	-
at Ohio State	-	-	-	9.725	-
Big Five Meet	-	-	-	9.700	-
PSU Quad Meet	-	-	-	9.750	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	-	9.800	-
Career High	-	-	-	9.800	-

[^] Exhibition * Event Title



2020 PENN STATE WOMEN'S GYMNASTICS



2020 NITTANY LIONS



CASSIDY RUSHLOW

FRESHMAN • 5'2"
WORCESTER, MASS.
WORCESTER TECHNICAL
UNDECIDED

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	37.050	9.600	9.075	9.825	8.550
WVU	39.250*	9.675	9.925*	9.875	9.775
at Nebraska	38.800	9.750	9.800	9.750	9.500
IOWA	39.225	9.700	9.800	9.900*	9.825
RUTGERS	39.250	9.750	9.850	9.900	9.750
at Illinois	39.025	9.825*	9.775	9.700	9.725
at Ohio State	38.900	9.650	9.825	9.800	9.625
Big Five Meet	39.300	9.900	9.850	9.875	9.675
PSU Quad Meet	-	9.850*	9.850	9.650	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	39.300	9.900	9.925	9.900	9.825
Career High	39.300	9.900	9.925	9.900	9.825

^ Exhibition * Event Title



AVA VERDEFLORE

JUNIOR • 5'3"
ALLEN, TEXAS
ALLEN
REHABILITATION AND
HUMAN SERVICES

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	9.700	9.775	-
WVU	-	-	9.825	9.700	-
at Nebraska	-	-	9.800	8.450	-
IOWA	-	-	9.800	9.750	-
RUTGERS	-	-	9.850	9.850	-
at Illinois	-	-	9.750	9.700	-
at Ohio State	-	-	9.675	9.750	-
Big Five Meet	-	-	9.825	9.150	-
PSU Quad Meet	-	-	9.800	9.800	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	9.850	9.850	-
Career High	-	-	9.850	9.850	-

^ Exhibition * Event Title





2020 PENN STATE WOMEN'S GYMNASTICS



SARAH BROWN

HEAD COACH

3rd Season
Missouri '10

Career Record:

40-29 (Fourth season)

Penn State Record:

29-26 (Third season)

ACCOLADES

- Midwest Independent Assistant Coach of the Year (2014)

UNDER BROWN

- 3 NCAA Championships qualifiers
- 2 NACGC/W All-Americans
- 6 All-Big Ten Selections
- 1 Big Ten Individual Event Champion

YEAR-BY-YEAR

2017 (EMU)	11-4
2018	11-8
2019	10-9
2020	8-8
Total	40-29
Penn State	29-26

Sarah Brown begins her third year as the head coach of the Penn State women's gymnastics team in 2020. Brown was named the eighth head coach of the Penn State women's gymnastics program on May 4, 2017. A two-time Big 12 Conference Gymnast of the Year, Brown came to Happy Valley after serving as the head coach at Eastern Michigan University.

In 2019, the Nittany Lions had a 10-9 meet record, including victories over No. 21 Arizona State, No. 22 Ohio State, No. 27 NC State, No. 32 Temple and No. 34 Illinois. Penn State placed fifth in the Big Ten Championships, hosted at Rec Hall. Penn State was selected for the NCAA Regional in Ann Arbor and finished third in the Session I meet against No. 7 Michigan, No. 10 Alabama and No. 26 Ohio State. The Nittany Lions ended the season ranked No. 24 in the RoadToNationals poll, it's highest finish since 2015.

Senior Sabrina Garcia and freshman Jessie Bastardi qualified for the NCAA Championships. Garcia earned a 9.900 on bars at the NCAA Regional, tying for the top score in the regional and tying her score from 2017 for PSU's top bars score in a regional. Bastardi secured a 9.900 on beam at the NCAA Regional, also matching the top score in the regional and tying Meredith Hoover (2003) for the top beam score in PSU regionals history. Sophomore Lauren Bridgens was a first-team All-Big Ten selection, while Garcia earned second-team accolades.

In her first season at Penn State, Brown led the Nittany Lions to an 11-8 meet record, including three wins over ranked opponents. The Nittany Lions made an appearance in the NCAA Regionals and finished the season with a No. 32 national ranking.

Two Penn State gymnasts earned All-America honors with freshman Lauren Bridgens and senior Briannah Tsang claiming those accolades. Tsang was the Big Ten Gymnast of the Year, the eighth in program history, after winning the individual Floor Exercise title at the Big Ten Championships. Bridgens and Tsang were First Team All-Big Ten selections, while junior Sabrina Garcia was a Second Team honoree. Bridgens competed in the All-Around at the NCAA Championships. On March 4, 2018, Bridgens set a Nittany Lion record with a perfect 10 on the Uneven Bars. Tsang earned two Top Five scores in program history on the Floor Exercise.

During her lone season as the head coach of the Eastern Michigan women's gymnastics team in 2017, Brown led the Eagles to the Mid-American Conference (MAC) regular season title, the MAC Championship, an appearance at the NCAA Regionals and a final national ranking of No. 27.

Brown served for one season as a volunteer assistant coach at the University of Michigan during the 2015-16 school year, helping the Wolverines win the 2016 Big Ten Championship.

Brown began her collegiate gymnastics career at the University of Utah for one season before completing her collegiate career at the University of Missouri. A four-time All-American at Mizzou, she was the Tigers' Female Athlete of the Year in 2009 and 2010 and earned the Director of Athletics Leadership Award in 2010. Along with her All-America plaudits, Brown was selected the Big 12 Conference Gymnast of the Year in 2009 and 2010, was named to the All-Big 12 Championship Team nine times and was a nominee for the 2010 Honda Broderick Cup award. Prior to her collegiate gymnastics career, she was a four-time member of the USA National Team (2002-05).

A two-time graduate of the University of Missouri, Brown earned a bachelor's degree in interdisciplinary studies with an emphasis in communication and business in 2010 and a master's of education in counseling psychology with an emphasis in sport psychology in 2012.

A native of Columbia, Missouri, the former Sarah Shire is married to Antonio Brown. Has a son, Isaiah.



2020 TV/RADIO ROSTER



Erynne Allen
Sr. • Douglasville, Ga.



Melissa Astarita
So. • Morganville, N.J.



Jessie Bastardi
R-So. • State College, Pa.



Amy Bladon
Fr. • Sarnia, Ontario



Alissa Bonsall
Jr. • Higganum, Conn.



Lauren Bridgens
Jr. • Darnestown, Md.



Kourtney Chinnery
Jr. • Suffolk, Va.



Dymiana Cox
So. • Elmont, N.Y.



Donna Howell
So. • New Milford, Pa.



Tess McCracken
Sr. • Plano, Texas



Kristen Politz
Sr. • Morganville, N.J.



Bella Romagnano
Fr. • New Albany, Ohio



Cassidy Rushlow
Fr. • Worcester, Mass.



Ava Verdeflor
Jr. • Allen, Texas



Sarah Brown
Head Coach
Third Season



Dallas Becerra
Assistant Coach
Third Season



Ashleigh Gnat
Assistant Coach
First Season