



2020 WOMEN'S GYMNASTICS

17 NCAA Championship Team Appearances • 29 All-Americans on 96 Occasions

2020 SCHEDULE

3-4, 2-1 Big Ten

Date	Opponent	Result/Time
Jan. 4	Collegiate Challenge [^] (Flo)	4th, 193.500
	vs. No. 21 Arizona State, No. 13 Auburn, No. 7 Denver	
Jan. 11	WEST VIRGINIA (BTN Plus)	W, 195.750-195.325
Jan. 16	at No. 10 Nebraska* (ESPN2)	L, 194.000-195.150
Jan. 25	No. 32 IOWA* (BTN)	W, 196.275-193.675
Jan. 31	RUTGERS* (BTN Plus)	W, 196.325-195.700
Feb. 7	at No. 25 Illinois* (BTN Plus)	8 p.m.
Feb. 14	at No. 28 Ohio State* (BTN Plus)	6 p.m.
Feb. 22	Big Five Meet*%	7 p.m.
	vs. No. 19 Maryland, No. 8 Michigan, No. 33 Michigan State, No. 6 Minnesota	
Feb. 29	PENN STATE QUAD MEET (BTN Plus)	4 p.m.
	VS. CORNELL, No. 29 NC STATE, TOWSON	
Mar. 7	No. 2 FLORIDA (BTN Plus)	4 p.m.
Mar. 13	at No. 15 Arkansas	8 p.m.
Mar. 21	Big Ten Championships	TBA
Apr. 2-4	NCAA REGIONAL#	TBA
Apr. 17-18	NCAA Championships	TBA

* Big Ten Opponent

[^] Anaheim, Calif.

% Toledo, Ohio

University Park, Pa. (Rec Hall)

Big Ten Championships in Columbus, Ohio

All Times Eastern

HOME MEETS IN BOLD CAPS

Rankings based on RoadToNationals Standings

NITTANY LIONS VISITS NO. 25 ILLINOIS FOR BIG MEET

No. 27 Penn State is back on the road as it continues its Big Ten slate at No. 25 Illinois on Friday.

Penn State is coming off a season-high 196.325 in a win over Rutgers (195.700) last Friday. The Nittany Lions earned season bests on vault (48.850) and beam (49.175), while recording a 49.275 on bars and a 49.025 on floor.

Lauren Bridgens won the all-around title, tying a season-high 39.400. She also claimed titles on vault (9.850), bars (9.875) and floor (9.875), tying season bests on vault and floor. Bridgens shared the bars title with Alissa Bonsall, while Cassidy Rushlow had her second straight 9.900 on beam.

The Nittany Lions set or tied six career highs and set or tied 12 season highs.

No. 25 Illinois tallied a 193.950 at Maryland last Saturday.

Career Best Scores

Gymnast	AA	V	UB	BB	FX
Allen	-	9.750	9.800	-	9.800
Astarita	-	9.800	-	-	9.900
Bastardi	-	9.600	9.825 [^]	9.925	-
Bladon	-	9.725	-	9.725 [^]	-
Bonsall	38.750	9.825	9.900	9.675	9.875
Bridgens	39.525	9.925	10.000	9.900	9.950
Chinnery	-	9.875	9.850	9.675 [^]	9.850
Cox	-	-	-	-	-
Howell	-	-	-	-	-
McCracken	-	-	9.900	9.925	9.850
Politz	39.050	9.850	9.925	9.900	9.850
Romagnano	-	-	-	9.775	-
Rushlow	39.250	9.750	9.925	9.900	9.825
Verdeflor	-	-	9.850	9.850	-
[^] Exhibition					

Season Best Scores

Gymnast	AA	V	UB	BB	FX
Allen	-	9.750	-	-	9.525
Astarita	-	-	-	-	9.900
Bastardi	-	9.600	9.725 [^]	9.825	-
Bladon	-	9.725	-	9.725 [^]	-
Bonsall	-	9.825	9.900	9.425 [^]	9.850
Bridgens	39.400	9.850	9.875	9.825	9.950
Chinnery	-	9.800	9.825	-	9.750 [^]
Cox	-	-	-	-	-
Howell	-	-	-	-	-
McCracken	-	-	9.850	9.875	9.850
Politz	-	-	8.850 [^]	-	9.850
Romagnano	-	-	-	9.775	-
Rushlow	39.250	9.750	9.925	9.900	9.825
Verdeflor	-	-	9.850	9.850	-
[^] Exhibition					

Team Season Highs

Overall: 196.325 vs. Rutgers (1/31)

Vault: 48.850 vs. Rutgers (1/31)

Bars: 49.300 vs. West Virginia (1/11)

Beam: 49.175 vs. Rutgers (1/31)

Floor: 49.375 vs. Iowa (1/25)



@PennStateWGYM

GoPSUSports.com

Contact: Paul Marboe
prm5118@psu.edu
814-206-6338

#ForTheRoar



2020 PENN STATE WOMEN'S GYMNASTICS

2020 ROSTER

Name	Event	Yr.	Ht.	Hometown/High School/Last School
Erynne Allen	AA	Sr.	5-3	Douglasville, Ga./South Paulding/Kentucky
Melissa Astarita	AA	So.	5-2	Morganville, N.J./Marlboro
Jessie Bastardi	AA	R-So.	5-4	State College, Pa./Saint Joseph's Catholic Academy/West Virginia
Amy Bladon	AA	Fr.	5-2	Sarnia, Ontario/Great Lakes Secondary School
Alissa Bonsall	AA	Jr.	5-1	Higganum, Conn./Haddam Killingworth
Lauren Bridgens	AA	Jr.	5-4	Darnestown, Md./Quince Orchard
Kourtney Chinnery	AA	Jr.	5-2	Suffolk, Va./Summit Christian Academy
Dymiana Cox	AA	So.	5-1	Elmont, N.Y./Parkettes
Donna Howell	AA	So.	5-5	New Milford, Pa./PA Cyber Charter School
Tess McCracken	UB, BB, FX	Sr.	5-4	Plano, Texas/Liberty
Kristen Politz	AA	Sr.	5-5	Morganville, N.J./Saint John Vianney
Bella Romagnano	AA	Fr.	5-2	New Albany, Ohio/New Albany
Cassidy Rushlow	AA	Fr.	5-2	Worcester, Mass./Daggett Gold Medal Gymnastics
Ava Verdeflor	AA	Jr.	5-3	Allen, Texas/Allen

Head Coach: Sarah Brown (Missouri '10; Third Season)
Assistant Coach: Dallas Becerra (Missouri '13; Third Season)
Assistant Coach: Ashleigh Gnat (LSU '17; First Season)
Captains: Erynne Allen, Alissa Bonsall, Tess McCracken

2020 QUICK FACTS

GENERAL INFORMATION

Location University Park, Pa.
 Founded 1855
 Enrollment 46,270
 Colors Blue and White
 Conference Big Ten
 Nickname Nittany Lions
 President Dr. Eric Barron
 Director of Athletics Sandy Barbour
 Assoc. Athletics Director/SWA Charmelle Green
 Athletic Website www.GoPSUsports.com

TEAM INFORMATION

Home Arena (Capacity) Rec Hall (5,812)
 Facebook [PennStateWomensGymnastics](https://www.facebook.com/PennStateWomensGymnastics)
 Instagram [@PennStateWGYM](https://www.instagram.com/PennStateWGYM)
 Twitter [@PennStateWGYM](https://twitter.com/PennStateWGYM)

2019 RECAP

2019 Regular Season Record 10-9
 Big Ten Regular Season Record 3-6
 Big Ten Championships Finish 5th
 2019 NCAA Regional Finish 6th
 2019 NCAA Championships Finish N/A
 Final National Ranking 23
 All-Americans Returning/Lost 0/0
 Letterwinners Returning/Lost 11/5
 Newcomers 3

PROGRAM HISTORY

First Year of Gymnastics 1965
 All-Time Record (Years) 590-297-4 (55)
 National Championships 2
 (1978, 80)
 NCAA Championship Team Appearances ... 18
 (1982, '84, '85, '86, '88, '91, '92, '93, '94,
 '95, '96, '97, '98, '99, 2000, '05, '09, '14)
 AIAW Championship Appearances 7
 (1975, '76, '77, '78, '79, '80, '81)

Name

Erynne Allen
 Jessie Bastardi
 Amy Bladon
 Alissa Bonsall
 Lauren Bridgens
 Kourtney Chinnery
 Dymiana Cox
 Kristen Politz
 Bella Romagnano
 Cassidy Rushlow
 Ava Verdeflor

Pronunciation

Erin Allen
 Jessie Bas-TAR-di
 Amy BLADE-in
 Alissa Bon-zall
 Lauren Bridge-ens
 Kourtney Chin-er-y
 DIM-y-ana Cox
 Kristen pahl-LITZ
 Bella ROMAN-yeno
 Cassidy RUSH-lowe
 Ava Ver-de-floor



2020 PENN STATE WOMEN'S GYMNASTICS



SCOUTING THE FIGHTING ILLINI

- Illinois is coached by Nadalie Walsh, in her third season.
- Last Saturday, Illinois competed at Maryland, collecting a 193.950. Freshman Mia Takekawa won the bars title, while Shaylah Scott captured the beam title.
- The Illini rank 25th in the RoadToNationals standings, averaging a 195.240.
- Illinois currently ranks 23rd on bars (48.910 average), 27th on floor (48.920), 33rd on beam (48.685) and 35th on vault (48.725).
- Takekawa leads Illinois in the all-around, ranking 16th in the nation with a 39.325 average. Earlier this season, she earned a 10.000 on beam in a meet against Lindenwood, Penn and Temple.
- Junior Nicole Biondi sits 53rd in the country in all-around, averaging a 39.025.
- On beam, Scott ranks 23rd, averaging a 9.870, while junior Kylie Noonan is 57th with a 9.820 average.
- Freshman Arayah Simons holds 24th on floor with a 9.887 average.

RUTGERS MEET RECAP

- Penn State collected a season high 196.325 in the win over Rutgers (195.700) last Saturday.
- The blue and white recorded back-to-back 196.275 or better scores for the first time since a 196.375 vs. Arizona State, Cornell and Yale (3/2) and a 196.325 at Florida (3/8) in 2019.
- Penn State picked up back-to-back home scores 196.275 or better for the first time since 2015, a 196.550 vs. Maryland (1/24) and a 197.025 vs. Michigan State (2/7).
- The Nittany Lions set season highs on vault (48.850) and beam (49.175), their second score above a 49.000 on beam.
- PSU tallied a 49.275 on bars, its third 49.175 or higher, and a 49.025 on floor, its second 49.000 or better on floor.
- Lauren Bridgens won the all-around (39.400), vault (9.850), bars (9.875) and floor (9.875) events, while tying season highs on vault, bars and all-around.
- Penn State set or tied six career highs and set or tied 12 season highs. Ava Verdeflor tied career highs on bars (9.850) and beam (9.850).

BRIDGENS LEADING ON FLOOR

- The Nittany Lions have seen significant improvement through the season on floor, led by Lauren Bridgens.
- The junior has won three straight floor titles. She won at Nebraska with a 9.925, set a career high against Iowa (9.950) and won against Rutgers (9.875).
- Bridgens currently ranks 30th in the nation and sixth in the Big Ten with a 9.880 average. She also ranks 32nd nationally in all-around (39.185).
- Penn State increased its floor score through each of the first three meets before a season-high 49.375 against Iowa, the Nittany Lions' best floor performance since the 2018 Big Ten Championships.
- Against Rutgers, Bridgens won all-around and three events for the second time in her career. The first came against Cornell & Penn in 2018 when she won all-around, bars, beam and floor.

SETTING THE BAR

- The Nittany Lions have enjoyed a solid start to the season on bars, averaging a 49.115, good for 14th in the country.
- Penn State has three scores above a 49.175 this season, including a 49.300 against West Virginia and a 49.275 against Rutgers. PSU's 49.300 vs. WVU was PSU's highest bars score in a home opener since 2001. PSU earned the top six places in the meet against Rutgers.
- Bridgens ranks 34th in the nation and sixth in the Big Ten on bars, averaging a 9.850. She has PSU's highest bars score in two meets and has one event title.
- Bonsall sits 50th in the country on bars, averaging a 9.840. She has PSU's highest score in four meets, including two event titles.

FANTASTIC FRESHMAN

- Cassidy Rushlow has already made a strong impact as a freshman. She has led PSU on beam four times, once on bars and one in all-around.
- Rushlow had a 9.925 on bars vs. WVU, PSU's highest score this year, and back-to-back 9.900's on beam in the last two meets.
- The Massachusetts native has one event title each on bars, beam and all-around.

NATIONAL POLL (ROADTONATIONALS)

Team	Avg.	High
1 Oklahoma	197.763	198.250
2 Florida	197.594	198.375
3 Utah	196.944	197.300
4 Denver	196.940	197.425
5 UCLA	196.925	197.575
6 Minnesota	196.763	197.400
7 Alabama	196.694	197.400
8 Michigan	196.681	197.300
9 LSU	196.645	197.775
10 Georgia	196.460	197.425
11 Washington	196.388	197.225
12 California	196.360	197.325
13 Kentucky	196.320	196.750
14 Nebraska	196.240	197.100
15 Arkansas	196.090	196.825
16 BYU	196.075	197.075
17 Auburn	196.065	196.700
18 Iowa State	195.860	196.625
19 Maryland	195.750	196.150
20 Arizona	195.705	196.150
21 Missouri	195.685	196.650
22 Oregon State	195.575	196.825
23 Southern Utah	195.560	196.600
24 Stanford	195.310	196.250
25 Illinois	195.240	195.850
26 West Virginia	195.175	196.025
27 Penn State	195.170	196.325
28 Ohio State	195.100	195.550
29 NC State	195.031	196.250
30 Arizona State	195.025	196.300
31 Central Michigan	194.913	195.675
32 Utah State	194.906	195.550
33 Michigan State	194.875	196.550
34 Kent State	194.863	196.050
35 Boise State	194.856	195.525
36 Eastern Michigan	194.756	195.325

2020 Opponents in Bold

PENN STATE WEEK-BY-WEEK RANKING

Preseason (WCGA)	25
Week 2	17
Week 3	31
Week 4	35
Week 5	30
Week 6	27

PSU RANKING BY EVENT (NATIONAL/BIG)

Vault	39/10
Uneven Bars	14/5
Balance Beam	34/8
Floor Exercise	41/9

Meet-by-Meet Team Leaders

Gymnast	AA	V	UB	BB	FX
Allen	-	-	-	-	-
Astarita	-	-	-	-	-
Bastardi	-	-	-	-	-
Bladon	-	-	-	-	-
Bonsall	-	2	4	-	-
Bridgens	4	2	2	-	5
Chinnery	-	1	-	-	-
Cox	-	-	-	-	-
Howell	-	-	-	-	-
McCracken	-	-	-	2	-
Politz	-	-	-	-	-
Romagnano	-	-	-	-	-
Rushlow	1	-	1	4	-
Verdeflor	-	-	-	-	-

INCLUDES TIES

National Rankings (Top 75) /Big Ten Rankings (Top 10) (RoadToNationals as of 2/3/20)

Gymnast	AA	V	UB	BB	FX
Allen	-	-	-	-	-
Astarita	-	-	-	-	-
Bastardi	-	-	-	-	-
Bladon	-	-	-	-	-
Bonsall	-	-	50/11	-	-
Bridgens	32/9	-	34/6	-	30/6
Chinnery	-	-	-	-	-
Cox	-	-	-	-	-
Howell	-	-	-	-	-
McCracken	-	-	-	-	-
Politz	-	-	-	-	-
Romagnano	-	-	-	-	-
Rushlow	-	-	-	35/10	-
Verdeflor	-	-	-	-	-



2020 PENN STATE WOMEN'S GYMNASTICS

TEAM MEET-BY-MEET

Date - Opponent	Event Order	V	UB	BB	FX	TEAM
Jan. 4 - vs. No. 21 Arizona State, No. 13 Auburn, No. 7 Denver	FX, V, UB, BB	48.250	48.850	48.750	47.650	193.500
Jan. 11 - West Virginia	V, UB, BB, FX	48.750	49.300	49.025	48.675	195.750
Jan. 16 - at No. 10 Nebraska*	UB, V, FX, BB	48.825	48.975	47.425	48.775	194.000
Jan. 25 - No. 32 Iowa*	V, UB, BB, FX	48.750	49.175	48.975	49.375	196.275
Jan. 31 - Rutgers*	V, UB, BB, FX	48.850	49.275	49.175	49.025	196.325
Feb. 7 - at No. 25 Illinois*	-	-	-	-	-	-
Feb. 14 - at No. 28 Ohio State*	-	-	-	-	-	-
Feb. 22 - Big Five Meet*	-	-	-	-	-	-
Feb. 29 - Cornell, No. 29 NC State, Towson	-	-	-	-	-	-
Mar. 7 - No. 2 Florida	-	-	-	-	-	-
Mar. 13 - at No. 15 Arkansas	-	-	-	-	-	-
Mar. 21 - Big Ten Championships	-	-	-	-	-	-
Apr. 2-4 - NCAA Regionals - University Park, Pa.	-	-	-	-	-	-

SEASON HIGH IN BOLD

* Indicates Big Ten Regular Season Meet

Rankings based on RoadToNationals standings

TOP TEN PERFORMANCES

Vault (Rowland/Personett, 10.0)			Balance Beam (Leopoldus/Rowland/Smith, 10.0)			All-Around (Rowland, 39.775)		
Lauren Bridgens	9.850	1/31	Cassidy Rushlow	9.900	1/31	Lauren Bridgens	39.400	1/31
Lauren Bridgens	9.850	1/16	Cassidy Rushlow	9.900	1/25	Lauren Bridgens	39.400	1/25
Alissa Bonsall	9.825	1/31	Tess McCracken	9.875	1/11	Cassidy Rushlow	39.250	1/31
Alissa Bonsall	9.825	1/25	Cassidy Rushlow	9.875	1/11	Cassidy Rushlow	39.250	1/11
Alissa Bonsall	9.825	1/11	Tess McCracken	9.850	1/31	Cassidy Rushlow	39.225	1/25
Kourtney Chinnery	9.800	1/31	Ava Verdeflor	9.850	1/31	Lauren Bridgens	39.150	1/11
Kourtney Chinnery	9.800	1/11	Jessie Bastardi	9.825	1/25	Lauren Bridgens	39.025	1/4
Kourtney Chinnery	9.775	1/16	Lauren Bridgens	9.825	1/25	Lauren Bridgens	38.950	1/16
Cassidy Rushlow	9.750	1/31	Tess McCracken	9.825	1/16	Cassidy Rushlow	38.800	1/16
Lauren Bridgens	9.750	1/25	Cassidy Rushlow	9.825	1/4	Cassidy Rushlow	37.050	1/4
Kourtney Chinnery	9.750	1/25						
Erynne Allen	9.750	1/16						
Cassidy Rushlow	9.750	1/16						
Erynne Allen	9.750	1/11						
Uneven Bars (Bridgens, 10.0)			Floor Exercise (Casey, 10.0)					
Cassidy Rushlow	9.925	1/11	Lauren Bridgens	9.950	1/25			
Alissa Bonsall	9.900	1/25	Lauren Bridgens	9.925	1/16			
Alissa Bonsall	9.875	1/31	Melissa Astarita	9.900	1/25			
Lauren Bridgens	9.875	1/31	Lauren Bridgens	9.875	1/31			
Lauren Bridgens	9.875	1/25	Alissa Bonsall	9.850	1/31			
Lauren Bridgens	9.875	1/11	Tess McCracken	9.850	1/25			
Alissa Bonsall	9.875	1/4	Kristen Politz	9.850	1/25			
Cassidy Rushlow	9.850	1/31	Melissa Astarita	9.850	1/16			
Ava Verdeflor	9.850	1/31	Alissa Bonsall	9.850	1/16			
Tess McCracken	9.850	1/11	Tess McCracken	9.825	1/31			
			Cassidy Rushlow	9.825	1/25			
			Lauren Bridgens	9.825	1/11			
			Lauren Bridgens	9.825	1/4			

Career Event Titles (Season Event Titles)

Gymnast	AA	V	UB	BB	FX
Allen	-	-	-	-	-
Astarita	-	-	-	-	2 (-)
Bastardi	-	-	-	2 (-)	-
Bladon	-	-	-	-	-
Bonsall	-	2 (1)	4 (2)	-	-
Bridgens	8 (2)	5 (1)	10 (1)	1 (-)	4 (3)
Chinnery	-	1 (-)	-	-	-
Cox	-	-	-	-	-
Howell	-	-	-	-	-
McCracken	-	-	-	1 (-)	-
Politz	-	-	-	1 (-)	1 (-)
Romagnano	-	-	-	-	-
Rushlow	1 (1)	-	1 (1)	1 (1)	-
Verdeflor	-	-	-	-	-

INCLUDES TIES



2020 PENN STATE WOMEN'S GYMNASTICS

GYMNAST MEET-BY-MEET

Erynne Allen		Sr.
Vault	(9.750, 1/16/20)	
Collegiate Challenge (1/4)	9.550 (21)	
West Virginia (1/11)	9.750 (6)	
at Nebraska (1/16)	9.750 (8)	
Rutgers (1/31)	9.625 (10)	
Uneven Bars	(9.800, 2/2/19)	
Floor Exercise	(9.800, 3/23/19)	
Collegiate Challenge (1/4)	8.750 (23)	
West Virginia (1/11)	9.525 (10)	
at Nebraska (1/16)	9.450 (12)	
Rutgers (1/31)	9.825 [^]	

Melissa Astarita		So.
Vault	(9.800, 3/17/19)	
Floor Exercise	(9.900, 1/25/20)	
Collegiate Challenge (1/4)	9.675 (14)	
West Virginia (1/11)	9.750 (6)	
at Nebraska (1/16)	9.850 (6)	
Iowa (1/25)	9.900 (3)	
Rutgers (1/31)	9.625 (10)	

Jessie Bastardi		R-So.
Vault	(9.600, 1/4/20)	
Collegiate Challenge (1/4)	9.600 (19)	
West Virginia (1/11)	9.575 (12)	
Uneven Bars	(9.825[^], 2/2/19)	
Collegiate Challenge (1/4)	9.725[^]	
West Virginia (1/11)	9.625 [^]	
Balance Beam	(9.925, 2/9/19)	
Collegiate Challenge (1/4)	9.650 (18)	
West Virginia (1/11)	9.800 (4)	
at Nebraska (1/16)	9.625 (6)	
Iowa (1/25)	9.825 (3)	
Rutgers (1/31)	9.625 (12)	

Amy Bladon		Fr.
Vault	(9.725, 1/25/20)	
at Nebraska (1/16)	9.525 (12)	
Iowa (1/25)	9.725 (7)	
Rutgers (1/31)	9.600 (11)	
Balance Beam	(9.725[^], 1/11/20)	
West Virginia (1/11)	9.725[^]	
at Nebraska (1/16)	9.525 [^]	
Iowa (1/25)	9.400 [^]	

Alissa Bonsall		Jr.
All-Around	(38.750, 1/6/18)	
Vault	(9.825, 1/31/20)	
Collegiate Challenge (1/4)	9.675 (14)	
West Virginia (1/11)	9.825 (2)	
at Nebraska (1/16)	9.700 (10)	
Iowa (1/25)	9.825 (1)	
Rutgers (1/31)	9.825 (4)	
Uneven Bars	(9.900, 1/25/20)	
Collegiate Challenge (1/4)	9.875 (4)	
West Virginia (1/11)	9.725 (8)	
at Nebraska (1/16)	9.825 (2)	
Iowa (1/25)	9.900 (1)	
Rutgers (1/31)	9.875 (1)	
Balance Beam	(9.675, 1/5/19)	
Collegiate Challenge (1/4)	9.000 [^]	
Rutgers (1/31)	9.425[^]	
Floor Exercise	(9.875, 3/23/19)	
Collegiate Challenge (1/4)	9.725 (11)	
West Virginia (1/11)	9.800 (3)	
at Nebraska (1/16)	9.850 (6)	
Iowa (1/25)	9.775 (9)	
Rutgers (1/31)	9.850 (2)	

Lauren Bridgens		Jr.
All-Around	(39.525, 1/26/19)	
Collegiate Challenge (1/4)	39.025 (3)	
West Virginia (1/11)	39.150 (2)	
at Nebraska (1/16)	38.950 (2)	
Iowa (1/25)	39.400 (1)	
Rutgers (1/31)	39.400 (1)	
Vault	(9.925, 3/4/18)	
Collegiate Challenge (1/4)	9.650 (17)	
West Virginia (1/11)	9.700 (8)	
at Nebraska (1/16)	9.850 (3)	
Iowa (1/25)	9.750 (5)	
Rutgers (1/31)	9.850 (1)	
Uneven Bars	(10.0, 3/9/18)	
Collegiate Challenge (1/4)	9.800 (9)	
West Virginia (1/11)	9.875 (2)	
at Nebraska (1/16)	9.825 (2)	
Iowa (1/25)	9.875 (2)	
Rutgers (1/31)	9.875 (1)	
Balance Beam	(9.900, 3/8/19)	
Collegiate Challenge (1/4)	9.750 (14)	
West Virginia (1/11)	9.750 (8)	
at Nebraska (1/16)	9.350 (8)	
Iowa (1/25)	9.825 (3)	
Rutgers (1/31)	9.800 (8)	
Floor Exercise	(9.950, 1/25/20)	
Collegiate Challenge (1/4)	9.825 (5)	
West Virginia (1/11)	9.825 (2)	
at Nebraska (1/16)	9.925 (1)	
Iowa (1/25)	9.950 (1)	
Rutgers (1/31)	9.875 (1)	

Kourtney Chinnery		Jr.
Vault	(9.875, 2/22/19)	
Collegiate Challenge (1/4)	9.725 (11)	
West Virginia (1/11)	9.800 (3)	
at Nebraska (1/16)	9.775 (5)	
Iowa (1/25)	9.750 (5)	
Rutgers (1/31)	9.800 (6)	
Uneven Bars	(9.850, 3/8/19)	
Collegiate Challenge (1/4)	9.725 (16)	
West Virginia (1/11)	9.825 (5)	
at Nebraska (1/16)	9.675 (11)	
Iowa (1/25)	9.725 (8)	
Rutgers (1/31)	9.800 (6)	
Balance Beam	(9.675[^], 1/26/19)	
Floor Exercise	(9.850, 1/26/19)	
Collegiate Challenge (1/4)	8.150 [^]	
Iowa (1/25)	9.750[^]	

Dymiana Cox		So.
Donna Howell		So.
Tess McCracken		Sr.
Uneven Bars	(9.900, 1/19/19)	
Collegiate Challenge (1/4)	9.750 (13)	
West Virginia (1/11)	9.850 (3)	
at Nebraska (1/16)	9.725 (8)	
Iowa (1/25)	9.800 (4)	
Rutgers (1/31)	9.825 (5)	
Balance Beam	(9.925, 2/9/19)	
Collegiate Challenge (1/4)	9.750 (14)	
West Virginia (1/11)	9.875 (2)	
at Nebraska (1/16)	9.825 (1)	
Iowa (1/25)	9.450 (10)	
Rutgers (1/31)	9.850 (3)	
Floor Exercise	(9.850, 1/25/20)	
Collegiate Challenge (1/4)	9.675 (14)	
at Nebraska (1/16)	9.650 (10)	
Iowa (1/25)	9.850 (5)	
Rutgers (1/31)	9.825 (4)	

Kristen Politz		Sr.
All-Around	(39.050, 1/15/17)	
Vault	(9.850, 2/4/17)	
Uneven Bars	(9.925, 3/9/18)	
at Nebraska (1/16)	8.850[^]	
Balance Beam	(9.900, 3/17/19)	
Rutgers (1/31)	9.850[^]	
Floor Exercise	(9.850, 1/25/20)	
West Virginia (1/11)	9.325 (12)	
at Nebraska (1/16)	9.400 [^]	
Iowa (1/25)	9.850 (5)	
Rutgers (1/31)	9.725 (7)	

Bella Romagnano		Fr.
Balance Beam	(9.775, 1/31/20)	
Collegiate Challenge (1/4)	9.150 (24)	
West Virginia (1/11)	9.725 (9)	
at Nebraska (1/16)	8.875 (10)	
Iowa (1/25)	9.675 (9)	
Rutgers (1/31)	9.775 (9)	

Cassidy Rushlow		Fr.
All-Around	(39.250, 1/31/20)	
Collegiate Challenge (1/4)	37.050 (7)	
West Virginia (1/11)	39.250 (1)	
at Nebraska (1/16)	38.800 (3)	
Iowa (1/25)	39.225 (2)	
Rutgers (1/31)	39.250 (3)	
Vault	(9.750, 1/31/20)	
Collegiate Challenge (1/4)	9.600 (19)	
West Virginia (1/11)	9.675 (10)	
at Nebraska (1/16)	9.750 (8)	
Iowa (1/25)	9.700 (9)	
Rutgers (1/31)	9.750 (9)	
Uneven Bars	(9.925, 1/11/20)	
Collegiate Challenge (1/4)	9.075 (24)	
West Virginia (1/11)	9.925 (1)	
at Nebraska (1/16)	9.800 (4)	
Iowa (1/25)	9.800 (4)	
Rutgers (1/31)	9.850 (3)	
Balance Beam	(9.900, 1/31/20)	
Collegiate Challenge (1/4)	9.825 (5)	
West Virginia (1/11)	9.875 (2)	
at Nebraska (1/16)	9.750 (3)	
Iowa (1/25)	9.900 (1)	
Rutgers (1/31)	9.900 (2)	
Floor Exercise	(9.825, 1/11/20)	
Collegiate Challenge (1/4)	8.550 (24)	
West Virginia (1/11)	9.775 (5)	
at Nebraska (1/16)	9.500 (11)	
Iowa (1/25)	9.825 (8)	
Rutgers (1/31)	9.750 (6)	

Ava Verdeflor		Jr.
Uneven Bars	(9.850, 1/31/20)	
Collegiate Challenge (1/4)	9.700 (18)	
West Virginia (1/11)	9.825 (5)	
at Nebraska (1/16)	9.800 (4)	
Iowa (1/25)	9.800 (4)	
Rutgers (1/31)	9.850 (3)	
Balance Beam	(9.850, 1/31/20)	
Collegiate Challenge (1/4)	9.775 (11)	
West Virginia (1/11)	9.700 (10)	
at Nebraska (1/16)	8.450 (12)	
Iowa (1/25)	9.750 (6)	
Rutgers (1/31)	9.850 (3)	

KEY	
Event	(Career Best, Date)
Meet (Date)	Score (Place)

* - School Record

- NCAA Record

\$ - Big Ten Record

^ - Exhibition Score

Season Highs in BOLD



2020 PENN STATE WOMEN'S GYMNASTICS

INDIVIDUAL SCHOOL RECORDS

VAULT

1.	10.0	Brandi Personett	2/13/2010
		Brandi Personett	1/23/2010
		Katie Rowland	3/29/2003
		Katie Rowland	2/16/2003
5.	9.975	Emma Sibson	3/8/2014
		Sharaya Musser	3/7/2010
		Brandi Personett	2/2/2008
		Katie Rowland	3/8/2003
9.	9.950	Briannah Tsang	1/31/2015
		Krystal Welsh	1/31/2015
		Briannah Tsang	1/17/2015
		Emma Sibson	2/8/2014
		Madison Merriam	3/16/2013
		Madison Merriam	2/16/2013
		Sharaya Musser	3/17/2012
		Sharaya Musser	3/2/2012
		Sharaya Musser	1/15/2012
		Sharaya Musser	2/11/2011
		Sharaya Musser	3/20/2010
		Brandi Personett	4/10/2010
		Brandi Personett	2/20/2010
		Brandi Personett	2/13/2009
		Brandi Personett	1/30/2009
		Brandi Personett	3/29/2008
		Brandi Personett	3/31/2007
		Jennifer Orlando	2/25/2006
		Lisa Clark	2/13/2005
		Lisa Clark	4/3/2004
		Katie Rowland	4/12/2003
		Katie Rowland	2/7/2003
		Katie Rowland	1/11/2003
		Katie Rowland	3/23/2002
		Katie Rowland	3/9/2002
		Katie Rowland	2/15/2002
		Katie Rowland	3/10/2001
		Gemma Cuff	3/2/2000
		Gemma Cuff	2/28/1998
		Joanna Knox	3/25/1995

UNEVEN BARS

1.	10.0	Lauren Bridgens	3/9/2018
2.	9.975	Natalie Ettl	2/18/2011
		Katie Perret	3/16/2007
4.	9.950	Sabrina Garcia	1/19/2019
		Sabrina Garcia	1/21/2017
		Sabrina Garcia	1/7/2017
		Kiera Brown	3/19/2016
		Kiera Brown	1/9/2016
		Krystal Welsh	3/8/2015
		Madison Merriam	2/23/2013
		Natalie Ettl	2/6/2011
		Natalie Ettl	3/7/2010
		Natalie Ettl	2/6/2010
		Katie McAvoy	3/1/2003
		Katie McAvoy	2/2/2002
		Katie Rowland	3/16/2002
		Katie Rowland	2/17/2001
		Maria Taylor	2/23/2001
		Nikki Smith	3/13/1999

BALANCE BEAM

1.	10.0	Katie Rowland	3/14/2003
		Nikki Smith	3/18/2000
		Missy Leopoldus	2/19/1999
		Missy Leopoldus	1/30/1999
5.	9.975	Nicole Medvitz	3/12/2016
		Meredith Hoover	2/25/2006
		Richelle Simpson	2/17/2001
		Maria Taylor	2/17/2001
		Nikki Smith	1/22/2000
10.	9.950	Sydney Sanabria-Robles	1/31/2015
		Briannah Tsang	1/24/2015
		Kassidy Stauder	3/8/2014
		Sharaya Musser	3/16/2013
		Sharaya Musser	2/11/2012
		Sharaya Musser	3/4/2011
		Brandi Personett	2/6/2010
		Kristal Uzelac	3/26/2005
		Katie Rowland	3/9/2002
		Nikki Smith	3/11/2000
		Nikki Smith	1/16/2000
		Missy Leopoldus	1999
		Missy Leopoldus	1/17/1998
		Nicole Malinak	2/28/1997

FLOOR EXERCISE

1.	10.0	Ellen Casey	2/19/1999
2.	9.975	Katie Rowland	3/14/2003
		Gemma Cuff	2/23/2001
		Ellen Casey	1999
5.	9.950	Lauren Bridgens	1/25/2020
		Briannah Tsang	3/24/2018
		Briannah Tsang	2/24/2018
		Briannah Tsang	3/5/2017
		Emma Sibson	3/8/2015
		Sharaya Musser	3/17/2012
		Sharaya Musser	3/4/2011
		Sharaya Musser	2/18/2011
		Brandi Personett	3/27/2010
		Brandi Personett	3/20/2010
		Brandi Personett	2/20/2010
		Brandi Personett	3/21/2009
		Brandi Personett	3/8/2009
		Brandi Personett	3/1/2009
		Brandi Personett	3/1/2008
		Brandi Personett	2/24/2007
		Kate Stopper	2/6/2004
		Katie Rowland	4/12/2003
		Katie Rowland	3/1/2003
		Katie Rowland	2/16/2003
		Katie Rowland	2/1/2003
		Katie Rowland	3/16/2002
		Katie Rowland	2/23/2001
		Katie Rowland	2/3/2001
		Leslie Bair	2/23/2001
		Richelle Simpson	2/23/2001
		Heather Duggan	2/19/2000
		Missy Leopoldus	3/14/1998
		Ellen Casey	1999
		Ellen Casey	2/28/1998
		Ellen Casey	3/16/1997

ALL-AROUND

1.	39.775	Katie Rowland	3/14/2003
2.	39.725	Sharaya Musser	3/4/2011
		Katie Rowland	3/9/2002
4.	39.700	Brandi Personett	2/20/2010
5.	39.675	Katie Rowland	2/16/2003
6.	39.650	Sharaya Musser	3/16/2013
		Sharaya Musser	3/17/2012
		Sharaya Musser	3/2/2012
		Katie Rowland	2/23/2001
		Katie Rowland	2/17/2001

NOTES: Listed alphabetically based on most recent performance.

TEAM SCHOOL RECORDS

VAULT

1.	49.550	at Illinois	1/31/2015
2.	49.500	Cornell, Iowa, Yale	1/23/2010
	49.500	at NCAA Regionals	4/3/2004
	49.500	at West Virginia w/ Rutgers	2/16/2003
5.	49.475	Kentucky	3/16/2013
	49.475	at West Virginia w/ Ball State	2/13/2005
7.	49.450	at N.H. w/Bridgeport, G. Wash.	3/8/2014
	49.450	Iowa State, Penn, SUNY-Brockport	2/28/2015
9.	49.425	Nebraska, Rutgers, Yale	2/10/2006
10.	49.400	at Pittsburgh	2/13/2010

UNEVEN BARS

1.	49.500	Massachusetts	2/23/2001
2.	49.475	at BYU, TWU & Utah State	3/9/2018
3.	49.425	Nebraska	3/1/2003
4.	49.375	at Michigan State	2/4/2018
	49.375	at Maryland Quad	2/18/2011
	49.375	at Arizona w/ Kentucky, TWU	3/16/2007
	49.375	at Rhode Island	2/17/2001
8.	49.350	Michigan State	2/23/2013
	49.350	Maryland	3/17/2012
	49.350	at Big Ten Championships	3/27/2010
	49.350	Illinois	2/6/2010
	49.350	at Pittsburgh	3/18/2006
	49.350	at New Hampshire	3/6/2004
	49.350	New Hampshire	1/20/2001
	49.350	NCAA Regionals	4/10/1999
	49.350	Alabama	2/19/1999

BALANCE BEAM

1.	49.650	at Rhode Island	2/17/2001
2.	49.550	Big Ten Championships	3/18/2000
3.	49.425	Central Michigan	1/24/2004
4.	49.375	Iowa, Mich., Minn., Rutgers	3/12/2016
	49.375	at N.H. w/Bridgeport, G. Wash.	3/8/2014
	49.375	at Pittsburgh	2/28/2004
	49.375	Pennsylvania Championships	2/28/1997
8.	49.350	at Rutgers	2/9/2019
	49.350	Maryland, Michigan, Bridgeport	3/7/2010
	49.350	at Illinois	1/13/2001

FLOOR EXERCISE

1.	49.725	Massachusetts	2/23/2001
2.	49.550	Pittsburgh	2/3/2001
3.	49.525	New Hampshire, Penn, Temple	3/9/2013
	49.525	Florida	1/30/1999
5.	49.500	Alabama	2/19/1999
6.	49.450	at Pittsburgh	3/11/2012
7.	49.425	NCAA Regionals	4/5/2014
	49.425	Big Ten Championships	3/22/2014
	49.425	at Big Ten Championships	3/21/2009
	49.425	Maryland	1/29/2005

TEAM

1.	197.450	Massachusetts	2/23/2001
2.	197.325	Kentucky	3/16/2013
3.	197.200	at N.H. w/Bridgeport, G. Wash.	3/8/2014
4.	197.125	Iowa, Mich., Minn., Rutgers	3/12/2016
5.	197.075	Maryland, North Carolina State	3/4/2011
6.	197.025	Alabama	2/19/1999
	197.025	Michigan State	2/7/2015
8.	196.975	New Hampshire, Penn, Temple	3/9/2013
9.	196.875	Pittsburgh	2/3/2001
10.	196.825	at Arizona w/Kentucky, TWU	3/16/2007
11.	196.775	Minnesota	1/26/2019
11.	196.775	at Rhode Island	2/17/2001



2020 NITTANY LIONS



**ERYNNE
ALLEN**

SENIOR
DALLAS, GA.
SOUTH PAULDING/
KENTUCKY
BIOBEHAVIORAL HEALTH

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	9.550	-	-	8.750
WVU	-	9.750	-	-	9.525
at Nebraska	-	9.750	-	-	9.450
IOWA	-	9.625	-	-	9.825 [^]
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	9.750	-	-	9.525
Career High	-	9.750	9.800	-	9.800

[^] Exhibition * Event Title



**MELISSA
ASTARITA**

SOPHOMORE
MORGANVILLE, N.J.
MARLBORO
MATHEMATICS

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	-	-	9.675
WVU	-	-	-	-	9.750
at Nebraska	-	-	-	-	9.850
IOWA	-	-	-	-	9.900
RUTGERS	-	-	-	-	9.625
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	-	-	9.900
Career High	-	9.800	-	-	9.900

[^] Exhibition * Event Title





2020 PENN STATE WOMEN'S GYMNASTICS

2020 NITTANY LIONS



JESSIE BASTARDI

R-SOPHOMORE • 5'4"
STATE COLLEGE, PA.
SAINT JOSEPH'S CATHOLIC
ACADEMY/WEST VIRGINIA
RECREATION, PARKS AND
TOURISM MANAGEMENT

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	9.600	9.725^	9.650	-
WVU	-	9.575	9.625^	9.800	-
at Nebraska	-	-	-	9.625	-
IOWA	-	-	-	9.825	-
RUTGERS	-	-	-	9.625	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	9.600	9.725^	9.825	-
Career High	-	9.600	9.825^	9.925	-

^ Exhibition * Event Title



AMY BLADON

FRESHMAN • 5'2"
SARNIA, ONTARIO
GREAT LAKES
SECONDARY SCHOOL
GENERAL SCIENCE

2020 Scores

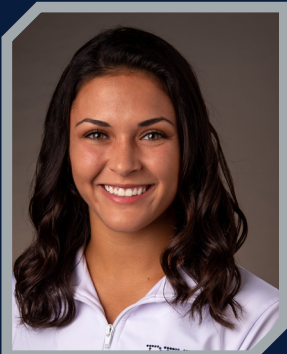
Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	-	-	-
WVU	-	-	-	9.725^	-
at Nebraska	-	9.525	-	9.525^	-
IOWA	-	9.725	-	9.400^	-
RUTGERS	-	9.600	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	9.725	-	9.725^	-
Career High	-	9.725	-	9.725^	-

^ Exhibition * Event Title





2020 NITTANY LIONS



ALISSA BONSALL

JUNIOR • 5'1"
HIGGANUM, CONN.
HADDAM KILLINGWORTH
KINESIOLOGY

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	9.675	9.875	9.000 [^]	9.725
WVU	-	9.825	9.725	-	9.800
at Nebraska	-	9.700	9.825	-	9.850
IOWA	-	9.825*	9.900*	-	9.775
RUTGERS	-	9.825	9.875*	9.425 [^]	9.850
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	9.825	9.900	9.425 [^]	9.850
Career High	38.750	9.825	9.900	9.675	9.875

[^] Exhibition * Event Title



LAUREN BRIDGENS

JUNIOR • 5'4"
DARNESTOWN, MD.
QUINCE ORCHARD
MARKETING

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	39.025	9.650	9.800	9.750	9.825
WVU	39.150	9.700	9.875	9.750	9.825
at Nebraska	38.950	9.850	9.825	9.350	9.925*
IOWA	39.400*	9.750	9.875	9.825	9.950*
RUTGERS	39.400*	9.850*	9.875*	9.800	9.875*
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	39.400	9.850	9.875	9.825	9.950
Career High	39.525	9.925	10.000	9.900	9.950

[^] Exhibition * Event Title



Big Ten Event Specialist of the Week (1/7)



2020 PENN STATE WOMEN'S GYMNASTICS

2020 NITTANY LIONS



KOURTNEY CHINNERY

JUNIOR • 5'2"
SUFFOLK, VA.
SUMMIT CHRISTIAN
ACADEMY
SCIENCE

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	9.725	9.725	-	8.150 [^]
WVU	-	9.800	9.825	-	-
at Nebraska	-	9.775	9.675	-	-
IOWA	-	9.750	9.725	-	9.750 [^]
RUTGERS	-	9.800	9.800	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	9.800	9.825	-	9.750 [^]
Career High	-	9.875	9.850	9.675 [^]	9.850

[^] Exhibition * Event Title



DYMIANA COX

SOPHOMORE • 5'1"
ELMONT, N.Y.
CONNECTIONS ACADEMY
HEALTH AND HUMAN
DEVELOPMENT

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	-	-	-
WVU	-	-	-	-	-
at Nebraska	-	-	-	-	-
IOWA	-	-	-	-	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	-	-	-
Career High	-	-	-	-	-

[^] Exhibition * Event Title





2020 NITTANY LIONS



**DONNA
HOWELL**

SOPHOMORE • 5'5"
NEW MILFORD, PA.
PA CYBER CHARTER
SCHOOL
COMMUNICATIONS

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	-	-	-
WVU	-	-	-	-	-
at Nebraska	-	-	-	-	-
IOWA	-	-	-	-	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	-	-	-
Career High	-	-	-	-	-

^ Exhibition * Event Title



**TESS
McCRACKEN**

SENIOR • 5'4"
PLANO, TEXAS
LIBERTY H.S.
SCIENCE

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	9.750	9.750	9.675
WVU	-	-	9.850	9.875	-
at Nebraska	-	-	9.725	9.825*	9.650
IOWA	-	-	9.800	9.450	9.850
RUTGERS	-	-	9.825	9.850	9.825
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	9.850	9.875	9.850
Career High	-	-	9.900	9.925	9.850

^ Exhibition * Event Title





2020 PENN STATE WOMEN'S GYMNASTICS

2020 NITTANY LIONS



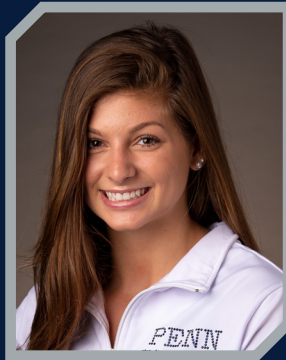
KRISTEN POLITZ

SENIOR • 5'5"
MORGANVILLE, N.J.
SAINT JOHN VIANNEY
MARKETING

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	-	-	-
WVU	-	-	-	-	9.325
at Nebraska	-	-	8.850 [^]	-	9.400 [^]
IOWA	-	-	-	-	9.850
RUTGERS	-	-	-	9.850 [^]	9.725
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	8.850 [^]	9.850 [^]	9.850
Career High	39.050	9.850	9.925	9.900	9.850

[^] Exhibition * Event Title



BELLA ROMAGNANO

FRESHMAN • 5'2"
NEW ALBANY, OHIO
NEW ALBANY
UNDECIDED

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	-	9.150	-
WVU	-	-	-	9.725	-
at Nebraska	-	-	-	8.875	-
IOWA	-	-	-	9.675	-
RUTGERS	-	-	-	9.775	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	-	9.775	-
Career High	-	-	-	9.775	-

[^] Exhibition * Event Title



2020 PENN STATE WOMEN'S GYMNASTICS



2020 NITTANY LIONS



CASSIDY RUSHLOW

FRESHMAN • 5'2"
WORCESTER, MASS.
WORCESTER TECHNICAL
UNDECIDED

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	37.050	9.600	9.075	9.825	8.550
WVU	39.250*	9.675	9.925*	9.875	9.775
at Nebraska	38.800	9.750	9.800	9.750	9.500
IOWA	39.225	9.700	9.800	9.900*	9.825
RUTGERS	39.250	9.750	9.850	9.900	9.750
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	39.250	9.750	9.925	9.900	9.825
Career High	39.250	9.750	9.925	9.900	9.825

^ Exhibition * Event Title



AVA VERDEFLORE

JUNIOR • 5'3"
ALLEN, TEXAS
ALLEN
REHABILITATION AND
HUMAN SERVICES

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	9.700	9.775	-
WVU	-	-	9.825	9.700	-
at Nebraska	-	-	9.800	8.450	-
IOWA	-	-	9.800	9.750	-
RUTGERS	-	-	9.850	9.850	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	9.850	9.850	-
Career High	-	-	9.850	9.850	-

^ Exhibition * Event Title





2020 PENN STATE WOMEN'S GYMNASTICS



SARAH BROWN

HEAD COACH

3rd Season
Missouri '10

Career Record:

35-26 (Fourth season)

Penn State Record:

24-22 (Third season)

ACCOLADES

- Midwest Independent Assistant Coach of the Year (2014)

UNDER BROWN

- 3 NCAA Championships qualifiers
- 2 NACGC/W All-Americans
- 6 All-Big Ten Selections
- 1 Big Ten Individual Event Champion

YEAR-BY-YEAR

2017 (EMU)	11-4
2018	11-8
2019	10-9
2020	3-4
Total	35-25
Penn State	24-22

Sarah Brown begins her third year as the head coach of the Penn State women's gymnastics team in 2020. Brown was named the eighth head coach of the Penn State women's gymnastics program on May 4, 2017. A two-time Big 12 Conference Gymnast of the Year, Brown came to Happy Valley after serving as the head coach at Eastern Michigan University.

In 2019, the Nittany Lions had a 10-9 meet record, including victories over No. 21 Arizona State, No. 22 Ohio State, No. 27 NC State, No. 32 Temple and No. 34 Illinois. Penn State placed fifth in the Big Ten Championships, hosted at Rec Hall. Penn State was selected for the NCAA Regional in Ann Arbor and finished third in the Session I meet against No. 7 Michigan, No. 10 Alabama and No. 26 Ohio State. The Nittany Lions ended the season ranked No. 24 in the RoadToNationals poll, it's highest finish since 2015.

Senior Sabrina Garcia and freshman Jessie Bastardi qualified for the NCAA Championships. Garcia earned a 9.900 on bars at the NCAA Regional, tying for the top score in the regional and tying her score from 2017 for PSU's top bars score in a regional. Bastardi secured a 9.900 on beam at the NCAA Regional, also matching the top score in the regional and tying Meredith Hoover (2003) for the top beam score in PSU regionals history. Sophomore Lauren Bridgens was a first-team All-Big Ten selection, while Garcia earned second-team accolades.

In her first season at Penn State, Brown led the Nittany Lions to an 11-8 meet record, including three wins over ranked opponents. The Nittany Lions made an appearance in the NCAA Regionals and finished the season with a No. 32 national ranking.

Two Penn State gymnasts earned All-America honors with freshman Lauren Bridgens and senior Briannah Tsang claiming those accolades. Tsang was the Big Ten Gymnast of the Year, the eighth in program history, after winning the individual Floor Exercise title at the Big Ten Championships. Bridgens and Tsang were First Team All-Big Ten selections, while junior Sabrina Garcia was a Second Team honoree. Bridgens competed in the All-Around at the NCAA Championships. On March 4, 2018, Bridgens set a Nittany Lion record with a perfect 10 on the Uneven Bars. Tsang earned two Top Five scores in program history on the Floor Exercise.

During her lone season as the head coach of the Eastern Michigan women's gymnastics team in 2017, Brown led the Eagles to the Mid-American Conference (MAC) regular season title, the MAC Championship, an appearance at the NCAA Regionals and a final national ranking of No. 27.

Brown served for one season as a volunteer assistant coach at the University of Michigan during the 2015-16 school year, helping the Wolverines win the 2016 Big Ten Championship.

Brown began her collegiate gymnastics career at the University of Utah for one season before completing her collegiate career at the University of Missouri. A four-time All-American at Mizzou, she was the Tigers' Female Athlete of the Year in 2009 and 2010 and earned the Director of Athletics Leadership Award in 2010. Along with her All-America plaudits, Brown was selected the Big 12 Conference Gymnast of the Year in 2009 and 2010, was named to the All-Big 12 Championship Team nine times and was a nominee for the 2010 Honda Broderick Cup award. Prior to her collegiate gymnastics career, she was a four-time member of the USA National Team (2002-05).

A two-time graduate of the University of Missouri, Brown earned a bachelor's degree in interdisciplinary studies with an emphasis in communication and business in 2010 and a master's of education in counseling psychology with an emphasis in sport psychology in 2012.

A native of Columbia, Missouri, the former Sarah Shire is married to Antonio Brown. Has a son, Isaiah.



2020 TV/RADIO ROSTER



Erynne Allen
Sr. • Douglasville, Ga.



Melissa Astarita
So. • Morganville, N.J.



Jessie Bastardi
R-So. • State College, Pa.



Amy Bladon
Fr. • Sarnia, Ontario



Alissa Bonsall
Jr. • Higganum, Conn.



Lauren Bridgens
Jr. • Darnestown, Md.



Kourtney Chinnery
Jr. • Suffolk, Va.



Dymiana Cox
So. • Elmont, N.Y.



Donna Howell
So. • New Milford, Pa.



Tess McCracken
Sr. • Plano, Texas



Kristen Politz
Sr. • Morganville, N.J.



Bella Romagnano
Fr. • New Albany, Ohio



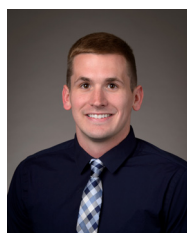
Cassidy Rushlow
Fr. • Worcester, Mass.



Ava Verdeflor
Jr. • Allen, Texas



Sarah Brown
Head Coach
Third Season



Dallas Becerra
Assistant Coach
Third Season



Ashleigh Gnat
Assistant Coach
First Season