



2020 WOMEN'S GYMNASTICS

17 NCAA Championship Team Appearances • 29 All-Americans on 96 Occasions

2020 SCHEDULE

5-8, 4-5 Big Ten

Date	Opponent	Result/Time
Jan. 4	Collegiate Challenge^ (Flo)	4th, 193.500
	vs. No. 21 Arizona State, No. 13 Auburn, No. 7 Denver	
Jan. 11	WEST VIRGINIA (BTN Plus)	W, 195.750-195.325
Jan. 16	at No. 10 Nebraska* (ESPN2)	L, 194.000-195.150
Jan. 25	No. 32 IOWA* (BTN)	W, 196.275-193.675
Jan. 31	RUTGERS* (BTN Plus)	W, 196.325-195.700
Feb. 7	at No. 25 Illinois* (BTN Plus)	L, 195.425-195.725
Feb. 14	at No. 26 Ohio State* (BTN Plus)	L, 195.150-195.350
Feb. 22	Big Five Meet**	3rd, 196.125
	vs. No. 24 Maryland, No. 9 Michigan, No. 31 Michigan State, No. 7 Minnesota	
Feb. 29	PENN STATE QUAD MEET (BTN Plus)	4 p.m.
	VS. CORNELL, No. 27 NC STATE, TOWSON	
Mar. 7	No. 2 FLORIDA (BTN Plus)	4 p.m.
Mar. 13	at No. 14 Arkansas	8 p.m.
Mar. 21	Big Ten Championships	TBA
Apr. 2-4	NCAA REGIONAL#	TBA
Apr. 17-18	NCAA Championships	TBA

* Big Ten Opponent

^ Anaheim, Calif.

% Toledo, Ohio

University Park, Pa. (Rec Hall)

Big Ten Championships in Columbus, Ohio

All Times Eastern

HOME MEETS IN BOLD CAPS

Rankings based on RoadToNationals Standings

NO. 23 NITTANY LIONS HOST QUAD MEET

No. 23 Penn State is set to host its annual Quad Meet, welcoming No. 27 NC State, Cornell and Towson.

The Nittany Lions are coming off a strong performance at the Big Five Meet in Toledo. Penn State tallied a 196.125 to place third in the Saturday session, finishing in front of No. 24 Maryland and No. 31 Michigan State.

Penn State set a season-high with a 49.300 on vault. Alissa Bonsall and Cassidy Rushlow led the squad with 9.900's, two of four career-highs on vault. Rushlow also had PSU's top score on beam (9.825). Lauren Bridgens collected PSU's top bars score (9.925) and tied with Melissa Astarita for the top score on floor (9.900).

NC State registered a 196.025 last weekend in a quad meet at George Washington. Cornell had a 192.975 at the Ivy League Classic and Towson had a 193.425 in a quad meet.

Career Best Scores

Gymnast	AA	V	UB	BB	FX
Allen	-	9.800	9.800	-	9.800
Astarita	-	9.800	-	-	9.900
Bastardi	-	9.600	9.825^	9.925	-
Bladon	-	9.750	-	9.725^	-
Bonsall	38.750	9.900	9.900	9.675	9.875
Bridgens	39.525	9.925	10.000	9.900	9.950
Chinnery	-	9.875	9.850	9.675^	9.850
Cox	-	-	-	-	-
Howell	-	-	-	-	-
McCracken	-	-	9.900	9.925	9.875
Politz	39.050	9.850	9.925	9.900	9.850
Romagnano	-	-	-	9.800	-
Rushlow	39.300	9.900	9.925	9.900	9.825
Verdeflor	-	-	9.850	9.850	-
^ Exhibition					

Season Best Scores

Gymnast	AA	V	UB	BB	FX
Allen	-	9.800	-	-	9.525
Astarita	-	-	-	-	9.900
Bastardi	-	9.600	9.725^	9.825	-
Bladon	-	9.750	-	9.725^	-
Bonsall	-	9.900	9.900	9.425^	9.850
Bridgens	39.400	9.850	9.925	9.875	9.950
Chinnery	-	9.875	9.825	-	9.750^
Cox	-	-	-	-	-
Howell	-	-	-	-	-
McCracken	-	-	9.850	9.875	9.875
Politz	-	-	8.850^	9.850^	9.850
Romagnano	-	-	-	9.800	-
Rushlow	39.300	9.900	9.925	9.900	9.825
Verdeflor	-	-	9.850	9.850	-
^ Exhibition					



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#ForTheRoar

Team Season Highs

Overall: 196.325 vs. Rutgers (1/31)

Vault: 49.300 at Big Five Meet (2/22)

Bars: 49.300 vs. West Virginia (1/11)

Beam: 49.175 vs. Rutgers (1/31)

Floor: 49.375 vs. Iowa (1/25)



2020 PENN STATE WOMEN'S GYMNASTICS

2020 ROSTER

Name	Event	Yr.	Ht.	Hometown/High School/Last School
Erynne Allen	AA	Sr.	5-3	Douglasville, Ga./South Paulding/Kentucky
Melissa Astarita	AA	So.	5-2	Morganville, N.J./Marlboro
Jessie Bastardi	AA	R-So.	5-4	State College, Pa./Saint Joseph's Catholic Academy/West Virginia
Amy Bladon	AA	Fr.	5-2	Sarnia, Ontario/Great Lakes Secondary School
Alissa Bonsall	AA	Jr.	5-1	Higganum, Conn./Haddam Killingworth
Lauren Bridgens	AA	Jr.	5-4	Darnestown, Md./Quince Orchard
Kourtney Chinnery	AA	Jr.	5-2	Suffolk, Va./Summit Christian Academy
Dymiana Cox	AA	So.	5-1	Elmont, N.Y./Parkettes
Donna Howell	AA	So.	5-5	New Milford, Pa./PA Cyber Charter School
Tess McCracken	UB, BB, FX	Sr.	5-4	Plano, Texas/Liberty
Kristen Politz	AA	Sr.	5-5	Morganville, N.J./Saint John Vianney
Bella Romagnano	AA	Fr.	5-2	New Albany, Ohio/New Albany
Cassidy Rushlow	AA	Fr.	5-2	Worcester, Mass./Daggett Gold Medal Gymnastics
Ava Verdeflor	AA	Jr.	5-3	Allen, Texas/Allen

Head Coach: Sarah Brown (Missouri '10; Third Season)
Assistant Coach: Dallas Becerra (Missouri '13; Third Season)
Assistant Coach: Ashleigh Gnat (LSU '17; First Season)
Captains: Erynne Allen, Alissa Bonsall, Tess McCracken

2020 QUICK FACTS

GENERAL INFORMATION

Location University Park, Pa.
 Founded 1855
 Enrollment 46,270
 Colors Blue and White
 Conference Big Ten
 Nickname Nittany Lions
 President Dr. Eric Barron
 Director of Athletics Sandy Barbour
 Assoc. Athletics Director/SWA Charmelle Green
 Athletic Website www.GoPSUsports.com

TEAM INFORMATION

Home Arena (Capacity) Rec Hall (5,812)
 Facebook PennStateWomensGymnastics
 Instagram @PennStateWGYM
 Twitter @PennStateWGYM

2019 RECAP

2019 Regular Season Record 10-9
 Big Ten Regular Season Record 3-6
 Big Ten Championships Finish 5th
 2019 NCAA Regional Finish 6th
 2019 NCAA Championships Finish N/A
 Final National Ranking 23
 All-Americans Returning/Lost 0/0
 Letterwinners Returning/Lost 11/5
 Newcomers 3

PROGRAM HISTORY

First Year of Gymnastics 1965
 All-Time Record (Years) 590-297-4 (55)
 National Championships 2
 (1978, 80)
 NCAA Championship Team Appearances ... 18
 (1982, '84, '85, '86, '88, '91, '92, '93, '94,
 '95, '96, '97, '98, '99, 2000, '05, '09, '14)
 AIAW Championship Appearances 7
 (1975, '76, '77, '78, '79, '80, '81)

Name

Erynne Allen
 Jessie Bastardi
 Amy Bladon
 Alissa Bonsall
 Lauren Bridgens
 Kourtney Chinnery
 Dymiana Cox
 Kristen Politz
 Bella Romagnano
 Cassidy Rushlow
 Ava Verdeflor

Pronunciation

Erin Allen
 Jessie Bas-TAR-di
 Amy BLADE-in
 Alissa Bon-zall
 Lauren Bridge-ens
 Kourtney Chin-er-y
 DIM-y-ana Cox
 Kristen pahl-LITZ
 Bella ROMAN-yeno
 Cassidy RUSH-lowe
 Ava Ver-de-floor



2020 PENN STATE WOMEN'S GYMNASTICS



SCOUTING THE QUAD MEET OPPONENTS

- NC State, coached by Kim Landrus, is ranked 27th in the RoadToNationals rankings, averaging a 195.453.
- The Wolfpack ranks 21st in the nation on floor (49.109 average), 23rd on bars (48.778) and 27th on beam (48.834). NC State averages a 48.731 on vault.
- Lauren Kent ranks 40th in the country in all-around, averaging a 38.897, and 71st on bars, averaging a 9.747. Drew Grantham sits 47th in all-around (38.804), 23rd on floor (9.891) and 63rd on beam (9.772). Emily Shepard leads NC State on vault (9.844).
- Cornell, led by Head Coach Paul Beckwith, ranks 64th in the RoadToNationals standings with a 189.789 average.
- The Big Red averages a 47.500 on vault, 46.093 on bars, 47.932 on beam and 48.264 on floor.
- Cornell is led by Amy Krueger on vault (9.561 average), Amy Shen on bars (9.400), Miranda Lund on beam (9.721) and Maddison Smith on floor (9.771).
- Towson, coached by Jay Ramirez, sits 50th in the nation with a 193.496 average.
- The Tigers average a 48.607 on vault, 48.254 on bars, 48.214 on beam and 48.421 on floor.
- Ally Wesoly has Towson's top averages on vault (9.721) and bars (9.750). Emerson Hurst leads on beam (9.750) and Paige Casper leads on floor (9.736).

BIG FIVE MEET RECAP

- Penn State earned a 196.125 at the Big Five Meet in Toledo, its highest at the Big Five competition since 2016 (197.125).
- The Nittany Lions finished third in the meet, above No. 24 Maryland (195.975) and No. 31 Michigan State (195.325) and behind No. 9 Michigan (197.950) and No. 7 Minnesota (196.650).
- Penn State started the night with a season-high 49.300 on vault, its highest vault score since the 2018 PSU Quad Meet vs. Pitt, Temple and West Virginia.

- Alissa Bonsall (9.900), Cassidy Rushlow (9.900), Kourtney Chinnery (9.875) and Amy Bladon (9.750) all established career highs on vault, while Lauren Bridgens tied her season high (9.850).
- PSU tallied a 49.250 on bars, led by Bridgens' season-best 9.925. The Nittany Lions also recorded a 49.250 on floor, paced by Bridgens and Melissa Astarita's 9.900 scores.
- Rushlow had PSU's top beam score, with a 9.825, and set a career-high in all-around with a 39.300.

BRIDGENS LEADING ON FLOOR

- The Nittany Lions have seen significant improvement through the season on floor, led by Lauren Bridgens. PSU has three scores above a 49.000 this season.
- The junior won four straight floor titles, beginning at Nebraska with a 9.925. She set a career high against Iowa (9.950), won against Rutgers (9.875) and claimed the title at Illinois (9.850).
- Bridgens currently ranks 39th in the nation and seventh in the Big Ten with a 9.880 national qualifying score (NQS). She also ranks 22nd nationally in all-around (39.200).
- Penn State increased its floor score through each of the first three meets before a season-high 49.375 against Iowa, the Nittany Lions' best floor performance since the 2018 Big Ten Championships.

SETTING THE BAR

- The Nittany Lions have enjoyed a solid start to the season on bars, with a 49.130 NQS, good for 15th in the country.
- Penn State has four scores above a 49.175 this season, including a 49.300 against West Virginia, a 49.275 against Rutgers and a 49.250 at the Big Five Meet. PSU earned the top six places in the meet against Rutgers.
- Bridgens ranks 40th in the nation and seventh in the Big Ten on bars, with a 9.855 NQS. She has PSU's highest bars score in five meets and has two event titles.
- Alissa Bonsall has PSU's highest score in four meets, including two event titles, ranking 51st in the country with a 9.845 NQS.

NATIONAL POLL (ROADTONATIONALS)

	Team	NQS	High
1	Oklahoma	197.930	198.400
2	Florida	197.690	198.375
3	UCLA	197.335	198.025
4	Utah	197.200	198.075
5	LSU	197.165	197.875
6	Denver	197.075	197.425
7	Michigan	197.045	197.950
8	California	196.980	197.325
9	Alabama	196.965	197.550
10	Georgia	196.900	197.425
11	Minnesota	196.845	197.400
12	Kentucky	196.665	197.275
13	Washington	196.575	197.225
14	Arkansas	196.430	196.950
15	Auburn	196.400	196.700
16	Nebraska	196.395	197.100
17	Iowa State	196.295	196.800
18	Oregon State	196.260	196.825
19	BYU	196.235	197.075
20	Missouri	196.230	196.850
21	Southern Utah	195.795	197.225
22	Illinois	195.780	196.550
23	Penn State	195.745	196.325
24	Arizona	195.725	196.150
25	Michigan State	195.710	196.550
26	Stanford	195.685	196.250
27	Iowa	195.675	196.175
27	NC State	195.675	196.500
29	Maryland	195.585	196.150
30	Utah State	195.535	196.800
31	Ohio State	195.525	196.475
32	West Virginia	195.380	196.025
33	Arizona State	195.270	196.875
33	New Hampshire	195.270	195.850
35	Boise State	195.115	196.800
36	Western Michigan	195.060	195.750

2020 Opponents in Bold

PENN STATE WEEK-BY-WEEK RANKING

Preseason (WCGA)	25
Week 2	17
Week 3	31
Week 4	35
Week 5	30
Week 6	27
Week 7	28
Week 8	29
Week 9	23

PSU RANKING BY EVENT (NATIONAL/BIG)

Vault	35/8
Uneven Bars	15/4
Balance Beam	29/6
Floor Exercise	36/9

Meet-by-Meet Team Leaders

Gymnast	AA	V	UB	BB	FX
Allen	-	-	-	-	-
Astarita	-	-	-	-	1
Bastardi	-	-	-	-	-
Bladon	-	-	-	-	-
Bonsall	-	4	4	-	-
Bridgens	6	2	5	1	8
Chinnery	-	2	-	-	-
Cox	-	-	-	-	-
Howell	-	-	-	-	-
McCracken	-	-	1	2	-
Politz	-	-	-	-	-
Romagnano	-	-	-	-	-
Rushlow	2	2	2	6	-
Verdeflor	-	-	-	-	-

INCLUDES TIES

National Rankings (Top 75) /Big Ten Rankings (Top 10) (RoadToNationals as of 2/24/20)

Gymnast	AA	V	UB	BB	FX
Allen	-	-	-	-	-
Astarita	-	-	-	-	-
Bastardi	-	-	-	-	-
Bladon	-	-	-	-	-
Bonsall	-	65/13	51/10	-	-
Bridgens	22/7	-	40/7	-	39/7
Chinnery	-	-	-	-	-
Cox	-	-	-	-	-
Howell	-	-	-	-	-
McCracken	-	-	-	-	-
Politz	-	-	-	-	-
Romagnano	-	-	-	-	-
Rushlow	29/10	-	-	41/9	-
Verdeflor	-	-	-	-	-



2020 PENN STATE WOMEN'S GYMNASTICS

TEAM MEET-BY-MEET

Date - Opponent	Event Order	V	UB	BB	FX	TEAM
Jan. 4 - vs. No. 21 Arizona State, No. 13 Auburn, No. 7 Denver	FX, V, UB, BB	48.250	48.850	48.750	47.650	193.500
Jan. 11 - West Virginia	V, UB, BB, FX	48.750	49.300	49.025	48.675	195.750
Jan. 16 - at No. 10 Nebraska*	UB, V, FX, BB	48.825	48.975	47.425	48.775	194.000
Jan. 25 - No. 32 Iowa*	V, UB, BB, FX	48.750	49.175	48.975	49.375	196.275
Jan. 31 - Rutgers*	V, UB, BB, FX	48.850	49.275	49.175	49.025	196.325
Feb. 7 - at No. 25 Illinois*	UB, V, FX, BB	48.875	48.975	48.675	48.900	195.425
Feb. 14 - at No. 26 Ohio State*	UB, V, FX, BB	48.850	48.775	48.850	48.675	195.150
Feb. 22 - vs. No. 24 Maryland, No. 9 Michigan, No. 31 Michigan State, No. 7 Minnesota*	V, UB, BB, FX	49.300	49.250	48.325	49.250	196.125
Feb. 29 - Cornell, No. 27 NC State, Towson	-	-	-	-	-	-
Mar. 7 - No. 2 Florida	-	-	-	-	-	-
Mar. 13 - at No. 14 Arkansas	-	-	-	-	-	-
Mar. 21 - Big Ten Championships	-	-	-	-	-	-
Apr. 2-4 - NCAA Regionals - University Park, Pa.	-	-	-	-	-	-

SEASON HIGH IN BOLD

* Indicates Big Ten Regular Season Meet

Rankings based on RoadToNationals standings

TOP TEN PERFORMANCES

Vault (Rowland/Personett, 10.0)			Balance Beam (Leopoldus/Rowland/Smith, 10.0)			All-Around (Rowland, 39.775)		
Alissa Bonsall	9.900	2/22	Cassidy Rushlow	9.900	1/31	Lauren Bridgens	39.400	1/31
Cassidy Rushlow	9.900	2/22	Cassidy Rushlow	9.900	1/25	Lauren Bridgens	39.400	1/25
Kourtney Chinnery	9.875	2/22	Cassidy Rushlow	9.875	2/22	Cassidy Rushlow	39.300	2/22
Lauren Bridgens	9.850	2/22	Lauren Bridgens	9.875	2/7	Lauren Bridgens	39.275	2/7
Lauren Bridgens	9.850	1/31	Tess McCracken	9.875	1/11	Cassidy Rushlow	39.250	1/31
Lauren Bridgens	9.850	1/16	Cassidy Rushlow	9.875	1/11	Cassidy Rushlow	39.250	1/11
Kourtney Chinnery	9.825	2/14	Tess McCracken	9.850	1/31	Cassidy Rushlow	39.225	1/25
Alissa Bonsall	9.825	2/7	Ava Verdeflor	9.850	1/31	Lauren Bridgens	39.150	2/14
Cassidy Rushlow	9.825	2/7	Jessie Bastardi	9.825	1/25	Lauren Bridgens	39.150	1/11
Alissa Bonsall	9.825	1/31	Lauren Bridgens	9.825	1/25	Cassidy Rushlow	39.025	2/7
Alissa Bonsall	9.825	1/25	Tess McCracken	9.825	1/16	Lauren Bridgens	39.025	1/4
Alissa Bonsall	9.825	1/11	Cassidy Rushlow	9.825	1/4			
Uneven Bars (Bridgens, 10.0)			Floor Exercise (Casey, 10.0)					
Lauren Bridgens	9.925	2/22	Lauren Bridgens	9.950	1/25			
Cassidy Rushlow	9.925	1/11	Lauren Bridgens	9.925	1/16			
Alissa Bonsall	9.900	1/25	Melissa Astarita	9.900	2/22			
Alissa Bonsall	9.875	1/31	Lauren Bridgens	9.900	2/22			
Lauren Bridgens	9.875	1/31	Melissa Astarita	9.900	1/25			
Lauren Bridgens	9.875	1/25	Tess McCracken	9.875	2/22			
Lauren Bridgens	9.875	1/11	Lauren Bridgens	9.875	1/31			
Alissa Bonsall	9.875	1/4	Lauren Bridgens	9.850	2/14			
Lauren Bridgens	9.850	2/22	Lauren Bridgens	9.850	2/7			
Alissa Bonsall	9.850	2/22	Alissa Bonsall	9.850	1/31			
Cassidy Rushlow	9.850	1/31	Tess McCracken	9.850	1/25			
Ava Verdeflor	9.850	1/31	Kristen Politz	9.850	1/25			
Tess McCracken	9.850	1/11	Melissa Astarita	9.850	1/16			
			Alissa Bonsall	9.850	1/16			

Career Event Titles (Season Event Titles)

Gymnast	AA	V	UB	BB	FX
Allen	-	-	-	-	-
Astarita	-	-	-	-	2 (-)
Bastardi	-	-	-	2 (-)	-
Bladon	-	-	-	-	-
Bonsall	-	3 (2)	4 (2)	-	-
Bridgens	9 (3)	5 (1)	11 (2)	1 (-)	5 (4)
Chinnery	-	2 (1)	-	-	-
Cox	-	-	-	-	-
Howell	-	-	-	-	-
McCracken	-	-	1 (1)	1 (-)	-
Politz	-	-	-	1 (-)	1 (-)
Romagnano	-	-	-	-	-
Rushlow	1 (1)	1 (1)	1 (1)	1 (1)	-
Verdeflor	-	-	-	-	-

INCLUDES TIES



2020 PENN STATE WOMEN'S GYMNASTICS

GYMNAST MEET-BY-MEET

Erynne Allen	Sr.
Vault	(9.800, 2/14/20)
Collegiate Challenge (1/4)	9.550 (21)
West Virginia (1/11)	9.750 (6)
at Nebraska (1/16)	9.750 (8)
Rutgers (1/31)	9.625 (10)
at Illinois (2/7)	9.700 (9)
at Ohio State (2/14)	9.800 (3)
at Big Five Meet (2/22)	9.775 (23)

Uneven Bars	(9.800, 2/2/19)
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Floor Exercise	(9.800, 3/23/19)
Collegiate Challenge (1/4)	8.750 (23)
West Virginia (1/11)	9.525 (10)
at Nebraska (1/16)	9.450 (12)
Rutgers (1/31)	9.825^
at Illinois (2/7)	9.675^

Melissa Astarita	So.
Vault	(9.800, 3/17/19)

Floor Exercise	(9.900, 2/22/20)
Collegiate Challenge (1/4)	9.675 (14)
West Virginia (1/11)	9.750 (6)
at Nebraska (1/16)	9.850 (6)
Iowa (1/25)	9.900 (3)
Rutgers (1/31)	9.625 (10)
at Illinois (2/7)	9.825 (4)
at Ohio State (2/14)	9.650 (10)
at Big Five Meet (2/22)	9.900 (3)

Jessie Bastardi	R-So.
Vault	(9.600, 1/4/20)
Collegiate Challenge (1/4)	9.600 (19)
West Virginia (1/11)	9.575 (12)

Uneven Bars	(9.825^, 2/2/19)
Collegiate Challenge (1/4)	9.725^
West Virginia (1/11)	9.625^

Balance Beam	(9.925, 2/9/19)
Collegiate Challenge (1/4)	9.650 (18)
West Virginia (1/11)	9.800 (4)
at Nebraska (1/16)	9.625 (6)
Iowa (1/25)	9.825 (3)
Rutgers (1/31)	9.625 (12)
at Illinois (2/7)	9.600 (11)
at Ohio State (2/14)	9.775 (3)
at Big Five Meet (2/22)	9.800 (10)

Amy Bladon	Fr.
Vault	(9.750, 2/22/20)
at Nebraska (1/16)	9.525 (12)
Iowa (1/25)	9.725 (7)
Rutgers (1/31)	9.600 (11)
at Illinois (2/7)	9.650 (11)
at Ohio State (2/14)	9.700 (9)
at Big Five Meet (2/22)	9.750 (26)

Balance Beam	(9.750^, 2/7/20)
West Virginia (1/11)	9.725^
at Nebraska (1/16)	9.525^
Iowa (1/25)	9.400^
at Illinois (2/7)	9.750^

Alissa Bonsall	Jr.
All-Around	(38.750, 1/6/18)

Vault	(9.900, 2/22/20)
Collegiate Challenge (1/4)	9.675 (14)
West Virginia (1/11)	9.825 (2)
at Nebraska (1/16)	9.700 (10)
Iowa (1/25)	9.825 (1)
Rutgers (1/31)	9.825 (4)
at Illinois (2/7)	9.825 (1)
at Ohio State (2/14)	9.800 (3)
at Big Five Meet (2/22)	9.900 (4)

Uneven Bars	(9.900, 1/25/20)
Collegiate Challenge (1/4)	9.875 (4)
West Virginia (1/11)	9.725 (8)
at Nebraska (1/16)	9.825 (2)
Iowa (1/25)	9.900 (1)
Rutgers (1/31)	9.875 (1)
at Illinois (2/7)	9.800 (3)
at Ohio State (2/14)	9.075 (12)
at Big Five Meet (2/22)	9.850 (9)

Balance Beam	(9.675, 1/5/19)
Collegiate Challenge (1/4)	9.000^
Rutgers (1/31)	9.425^

Floor Exercise	(9.875, 3/23/19)
Collegiate Challenge (1/4)	9.725 (11)
West Virginia (1/11)	9.800 (3)
at Nebraska (1/16)	9.850 (6)
Iowa (1/25)	9.775 (9)
Rutgers (1/31)	9.850 (2)
at Illinois (2/7)	9.750 (8)
at Ohio State (2/14)	8.750 (12)
at Big Five Meet (2/22)	9.750 (26)

Lauren Bridgens	Jr.
All-Around	(39.525, 1/26/19)
Collegiate Challenge (1/4)	39.025 (3)
West Virginia (1/11)	39.150 (2)
at Nebraska (1/16)	38.950 (2)
Iowa (1/25)	39.400 (1)
Rutgers (1/31)	39.400 (1)
at Illinois (2/7)	39.275 (1)
at Ohio State (2/14)	39.150 (1)
at Big Five Meet (2/22)	38.850 (8)

Vault	(9.925, 3/4/18)
Collegiate Challenge (1/4)	9.650 (17)
West Virginia (1/11)	9.700 (8)
at Nebraska (1/16)	9.850 (3)
Iowa (1/25)	9.750 (5)
Rutgers (1/31)	9.850 (1)
at Illinois (2/7)	9.725 (7)
at Ohio State (2/14)	9.725 (7)
at Big Five Meet (2/22)	9.850 (14)

Uneven Bars	(10.0, 3/9/18)
Collegiate Challenge (1/4)	9.800 (9)
West Virginia (1/11)	9.875 (2)
at Nebraska (1/16)	9.825 (2)
Iowa (1/25)	9.875 (2)
Rutgers (1/31)	9.875 (1)
at Illinois (2/7)	9.825 (1)
at Ohio State (2/14)	9.825 (2)
at Big Five Meet (2/22)	9.925 (2)

Balance Beam	(9.900, 3/8/19)
Collegiate Challenge (1/4)	9.750 (14)
West Virginia (1/11)	9.750 (8)
at Nebraska (1/16)	9.350 (8)
Iowa (1/25)	9.825 (3)
Rutgers (1/31)	9.800 (8)
at Illinois (2/7)	9.875 (2)
at Ohio State (2/14)	9.750 (5)
at Big Five Meet (2/22)	9.175 (27)

Floor Exercise	(9.950, 1/25/20)
Collegiate Challenge (1/4)	9.825 (5)
West Virginia (1/11)	9.825 (2)
at Nebraska (1/16)	9.925 (1)
Iowa (1/25)	9.950 (1)
Rutgers (1/31)	9.875 (1)
at Illinois (2/7)	9.850 (1)
at Ohio State (2/14)	9.850 (6)
at Big Five Meet (2/22)	9.900 (3)

Kourtney Chinnery	Jr.
Vault	(9.875, 2/22/20)
Collegiate Challenge (1/4)	9.725 (11)
West Virginia (1/11)	9.800 (3)
at Nebraska (1/16)	9.775 (5)
Iowa (1/25)	9.750 (5)
Rutgers (1/31)	9.800 (6)
at Illinois (2/7)	9.800 (3)
at Ohio State (2/14)	9.825 (1)
at Big Five Meet (2/22)	9.875 (10)

Uneven Bars	(9.850, 3/8/19)
Collegiate Challenge (1/4)	9.725 (16)
West Virginia (1/11)	9.825 (5)
at Nebraska (1/16)	9.675 (11)
Iowa (1/25)	9.725 (8)
Rutgers (1/31)	9.800 (6)
at Illinois (2/7)	9.725 (8)
at Ohio State (2/14)	9.675 (9)
at Big Five Meet (2/22)	9.775 (20)

Balance Beam	(9.675^, 1/26/19)
Floor Exercise	(9.850, 1/26/19)
Collegiate Challenge (1/4)	8.150^
Iowa (1/25)	9.750^

Dymiana Cox	So.
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Donna Howell	So.
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Tess McCracken	Sr.
Uneven Bars	(9.900, 1/19/19)
Collegiate Challenge (1/4)	9.750 (13)
West Virginia (1/11)	9.850 (3)
at Nebraska (1/16)	9.725 (8)
Iowa (1/25)	9.800 (4)
Rutgers (1/31)	9.825 (5)
at Illinois (2/7)	9.825 (1)
at Ohio State (2/14)	9.775 (7)
at Big Five Meet (2/22)	9.800 (17)

Balance Beam	(9.925, 2/9/19)
Collegiate Challenge (1/4)	9.750 (14)
West Virginia (1/11)	9.875 (2)
at Nebraska (1/16)	9.825 (1)
Iowa (1/25)	9.450 (10)
Rutgers (1/31)	9.850 (3)
at Illinois (2/7)	9.175 (12)
at Ohio State (2/14)	9.775 (3)
at Big Five Meet (2/22)	9.775 (15)

KEY	
Event	(Career Best, Date)
Meet (Date)	Score (Place)

* - School Record

- NCAA Record

\$ - Big Ten Record

^ - Exhibition Score

Season Highs in BOLD



2020 PENN STATE WOMEN'S GYMNASTICS

GYMNAST MEET-BY-MEET

Floor Exercise	(9.875, 2/22/20)
Collegiate Challenge (1/4)	9.675 (14)
at Nebraska (1/16)	9.650 (10)
Iowa (1/25)	9.850 (5)
Rutgers (1/31)	9.825 (4)
at Illinois (2/7)	9.750 (8)
at Ohio State (2/14)	9.775 (7)
at Big Five Meet (2/22)	9.875 (10)

Kristen Politz	Sr.
All-Around	(39.050, 1/15/17)

Vault	(9.850, 2/4/17)
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Uneven Bars	(9.925, 3/9/18)
at Nebraska (1/16)	8.850^

Balance Beam	(9.900, 3/17/19)
Rutgers (1/31)	9.850^
at Ohio State (2/14)	9.550^

Floor Exercise	(9.850, 1/25/20)
West Virginia (1/11)	9.325 (12)
at Nebraska (1/16)	9.400^
Iowa (1/25)	9.850 (5)
Rutgers (1/31)	9.725 (7)
at Illinois (2/7)	9.725 (10)
at Ohio State (2/14)	9.775 (7)
at Big Five Meet (2/22)	9.825 (20)

Bella Romagnano	Fr.
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Balance Beam	(9.800, 2/7/20)
Collegiate Challenge (1/4)	9.150 (24)
West Virginia (1/11)	9.725 (9)
at Nebraska (1/16)	8.875 (10)
Iowa (1/25)	9.675 (9)
Rutgers (1/31)	9.775 (9)
at Illinois (2/7)	9.800 (5)
at Ohio State (2/14)	9.725 (7)
at Big Five Meet (2/22)	9.700 (20)

Cassidy Rushlow	Fr.
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All-Around	(39.300, 2/22/20)
Collegiate Challenge (1/4)	37.050 (7)
West Virginia (1/11)	39.250 (1)
at Nebraska (1/16)	38.800 (3)
Iowa (1/25)	39.225 (2)
Rutgers (1/31)	39.250 (3)
at Illinois (2/7)	39.025 (3)
at Ohio State (2/14)	38.900 (2)
at Big Five Meet (2/22)	39.300 (6)

Vault	(9.900, 2/22/20)
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Collegiate Challenge (1/4)	9.600 (19)
West Virginia (1/11)	9.675 (10)
at Nebraska (1/16)	9.750 (8)
Iowa (1/25)	9.700 (9)
Rutgers (1/31)	9.750 (9)
at Illinois (2/7)	9.825 (1)
at Ohio State (2/14)	9.650 (12)
at Big Five Meet (2/22)	9.900 (4)

Uneven Bars	(9.925, 1/11/20)
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Collegiate Challenge (1/4)	9.075 (24)
West Virginia (1/11)	9.925 (1)
at Nebraska (1/16)	9.800 (4)
Iowa (1/25)	9.800 (4)
Rutgers (1/31)	9.850 (3)
at Illinois (2/7)	9.775 (5)
at Ohio State (2/14)	9.825 (2)
at Big Five Meet (2/22)	9.850 (9)

Balance Beam	(9.900, 1/31/20)
Collegiate Challenge (1/4)	9.825 (5)
West Virginia (1/11)	9.875 (2)
at Nebraska (1/16)	9.750 (3)
Iowa (1/25)	9.900 (1)
Rutgers (1/31)	9.900 (2)
at Illinois (2/7)	9.700 (7)
at Ohio State (2/14)	9.800 (2)
at Big Five Meet (2/22)	9.825 (6)

Floor Exercise	(9.825, 1/11/20)
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Collegiate Challenge (1/4)	8.550 (24)
West Virginia (1/11)	9.775 (5)
at Nebraska (1/16)	9.500 (11)
Iowa (1/25)	9.825 (8)
Rutgers (1/31)	9.750 (6)
at Illinois (2/7)	9.725 (10)
at Ohio State (2/14)	9.625 (11)
at Big Five Meet (2/22)	9.675 (28)

Ava Verdeflor	Jr.
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Uneven Bars	(9.850, 1/31/20)
Collegiate Challenge (1/4)	9.700 (18)
West Virginia (1/11)	9.825 (5)
at Nebraska (1/16)	9.800 (4)
Iowa (1/25)	9.800 (4)
Rutgers (1/31)	9.850 (3)
at Illinois (2/7)	9.750 (7)
at Ohio State (2/14)	9.675 (9)
at Big Five Meet (2/22)	9.825 (15)

Balance Beam	(9.850, 1/31/20)
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Collegiate Challenge (1/4)	9.775 (11)
West Virginia (1/11)	9.700 (10)
at Nebraska (1/16)	8.450 (12)
Iowa (1/25)	9.750 (6)
Rutgers (1/31)	9.850 (3)
at Illinois (2/7)	9.700 (7)
at Ohio State (2/14)	9.750 (5)
at Big Five Meet (2/22)	9.150 (28)

KEY	
Event	(Career Best, Date)
Meet (Date)	Score (Place)

* - School Record

- NCAA Record

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Season Highs in BOLD



2020 PENN STATE WOMEN'S GYMNASTICS

INDIVIDUAL SCHOOL RECORDS

VAULT

1.	10.0	Brandi Personett	2/13/2010
		Brandi Personett	1/23/2010
		Katie Rowland	3/29/2003
		Katie Rowland	2/16/2003
5.	9.975	Emma Sibson	3/8/2014
		Sharaya Musser	3/7/2010
		Brandi Personett	2/2/2008
		Katie Rowland	3/8/2003
9.	9.950	Briannah Tsang	1/31/2015
		Krystal Welsh	1/31/2015
		Briannah Tsang	1/17/2015
		Emma Sibson	2/8/2014
		Madison Merriam	3/16/2013
		Madison Merriam	2/16/2013
		Sharaya Musser	3/17/2012
		Sharaya Musser	3/2/2012
		Sharaya Musser	1/15/2012
		Sharaya Musser	2/11/2011
		Sharaya Musser	3/20/2010
		Brandi Personett	4/10/2010
		Brandi Personett	2/20/2010
		Brandi Personett	2/13/2009
		Brandi Personett	1/30/2009
		Brandi Personett	3/29/2008
		Brandi Personett	3/31/2007
		Jennifer Orlando	2/25/2006
		Lisa Clark	2/13/2005
		Lisa Clark	4/3/2004
		Katie Rowland	4/12/2003
		Katie Rowland	2/7/2003
		Katie Rowland	1/11/2003
		Katie Rowland	3/23/2002
		Katie Rowland	3/9/2002
		Katie Rowland	2/15/2002
		Katie Rowland	3/10/2001
		Gemma Cuff	3/2/2000
		Gemma Cuff	2/28/1998
		Joanna Knox	3/25/1995

UNEVEN BARS

1.	10.0	Lauren Bridgens	3/9/2018
2.	9.975	Natalie Ettl	2/18/2011
		Katie Perret	3/16/2007
4.	9.950	Sabrina Garcia	1/19/2019
		Sabrina Garcia	1/21/2017
		Sabrina Garcia	1/7/2017
		Kiera Brown	3/19/2016
		Kiera Brown	1/9/2016
		Krystal Welsh	3/8/2015
		Madison Merriam	2/23/2013
		Natalie Ettl	2/6/2011
		Natalie Ettl	3/7/2010
		Natalie Ettl	2/6/2010
		Katie McAvoy	3/1/2003
		Katie McAvoy	2/2/2002
		Katie Rowland	3/16/2002
		Katie Rowland	2/17/2001
		Maria Taylor	2/23/2001
		Nikki Smith	3/13/1999

BALANCE BEAM

1.	10.0	Katie Rowland	3/14/2003
		Nikki Smith	3/18/2000
		Missy Leopoldus	2/19/1999
		Missy Leopoldus	1/30/1999
5.	9.975	Nicole Medvitz	3/12/2016
		Meredith Hoover	2/25/2006
		Richelle Simpson	2/17/2001
		Maria Taylor	2/17/2001
		Nikki Smith	1/22/2000
10.	9.950	Sydney Sanabria-Robles	1/31/2015
		Briannah Tsang	1/24/2015
		Kassidy Stauder	3/8/2014
		Sharaya Musser	3/16/2013
		Sharaya Musser	2/11/2012
		Sharaya Musser	3/4/2011
		Brandi Personett	2/6/2010
		Kristal Uzelac	3/26/2005
		Katie Rowland	3/9/2002
		Nikki Smith	3/11/2000
		Nikki Smith	1/16/2000
		Missy Leopoldus	1999
		Missy Leopoldus	1/17/1998
		Nicole Malinak	2/28/1997

FLOOR EXERCISE

1.	10.0	Ellen Casey	2/19/1999
2.	9.975	Katie Rowland	3/14/2003
		Gemma Cuff	2/23/2001
		Ellen Casey	1999
5.	9.950	Lauren Bridgens	1/25/2020
		Briannah Tsang	3/24/2018
		Briannah Tsang	2/24/2018
		Briannah Tsang	3/5/2017
		Emma Sibson	3/8/2015
		Sharaya Musser	3/17/2012
		Sharaya Musser	3/4/2011
		Sharaya Musser	2/18/2011
		Brandi Personett	3/27/2010
		Brandi Personett	3/20/2010
		Brandi Personett	2/20/2010
		Brandi Personett	3/21/2009
		Brandi Personett	3/8/2009
		Brandi Personett	3/1/2009
		Brandi Personett	3/1/2008
		Brandi Personett	2/24/2007
		Kate Stopper	2/6/2004
		Katie Rowland	4/12/2003
		Katie Rowland	3/1/2003
		Katie Rowland	2/16/2003
		Katie Rowland	2/1/2003
		Katie Rowland	3/16/2002
		Katie Rowland	2/23/2001
		Katie Rowland	2/3/2001
		Leslie Bair	2/23/2001
		Richelle Simpson	2/23/2001
		Heather Duggan	2/19/2000
		Missy Leopoldus	3/14/1998
		Ellen Casey	1999
		Ellen Casey	2/28/1998
		Ellen Casey	3/16/1997

ALL-AROUND

1.	39.775	Katie Rowland	3/14/2003
2.	39.725	Sharaya Musser	3/4/2011
		Katie Rowland	3/9/2002
4.	39.700	Brandi Personett	2/20/2010
5.	39.675	Katie Rowland	2/16/2003
6.	39.650	Sharaya Musser	3/16/2013
		Sharaya Musser	3/17/2012
		Sharaya Musser	3/2/2012
		Katie Rowland	2/23/2001
		Katie Rowland	2/17/2001

NOTES: Listed alphabetically based on most recent performance.

TEAM SCHOOL RECORDS

VAULT

1.	49.550	at Illinois	1/31/2015
2.	49.500	Cornell, Iowa, Yale	1/23/2010
	49.500	at NCAA Regionals	4/3/2004
	49.500	at West Virginia w/ Rutgers	2/16/2003
5.	49.475	Kentucky	3/16/2013
	49.475	at West Virginia w/ Ball State	2/13/2005
7.	49.450	at N.H. w/Bridgeport, G. Wash.	3/8/2014
	49.450	Iowa State, Penn, SUNY-Brockport	2/28/2015
9.	49.425	Nebraska, Rutgers, Yale	2/10/2006
10.	49.400	at Pittsburgh	2/13/2010

UNEVEN BARS

1.	49.500	Massachusetts	2/23/2001
2.	49.475	at BYU, TWU & Utah State	3/9/2018
3.	49.425	Nebraska	3/1/2003
4.	49.375	at Michigan State	2/4/2018
	49.375	at Maryland Quad	2/18/2011
	49.375	at Arizona w/ Kentucky, TWU	3/16/2007
	49.375	at Rhode Island	2/17/2001
8.	49.350	Michigan State	2/23/2013
	49.350	Maryland	3/17/2012
	49.350	at Big Ten Championships	3/27/2010
	49.350	Illinois	2/6/2010
	49.350	at Pittsburgh	3/18/2006
	49.350	at New Hampshire	3/6/2004
	49.350	New Hampshire	1/20/2001
	49.350	NCAA Regionals	4/10/1999
	49.350	Alabama	2/19/1999

BALANCE BEAM

1.	49.650	at Rhode Island	2/17/2001
2.	49.550	Big Ten Championships	3/18/2000
3.	49.425	Central Michigan	1/24/2004
4.	49.375	Iowa, Mich., Minn., Rutgers	3/12/2016
	49.375	at N.H. w/Bridgeport, G. Wash.	3/8/2014
	49.375	at Pittsburgh	2/28/2004
	49.375	Pennsylvania Championships	2/28/1997
8.	49.350	at Rutgers	2/9/2019
	49.350	Maryland, Michigan, Bridgeport	3/7/2010
	49.350	at Illinois	1/13/2001

FLOOR EXERCISE

1.	49.725	Massachusetts	2/23/2001
2.	49.550	Pittsburgh	2/3/2001
3.	49.525	New Hampshire, Penn, Temple	3/9/2013
	49.525	Florida	1/30/1999
5.	49.500	Alabama	2/19/1999
6.	49.450	at Pittsburgh	3/11/2012
7.	49.425	NCAA Regionals	4/5/2014
	49.425	Big Ten Championships	3/22/2014
	49.425	at Big Ten Championships	3/21/2009
	49.425	Maryland	1/29/2005

TEAM

1.	197.450	Massachusetts	2/23/2001
2.	197.325	Kentucky	3/16/2013
3.	197.200	at N.H. w/Bridgeport, G. Wash.	3/8/2014
4.	197.125	Iowa, Mich., Minn., Rutgers	3/12/2016
5.	197.075	Maryland, North Carolina State	3/4/2011
6.	197.025	Alabama	2/19/1999
	197.025	Michigan State	2/7/2015
8.	196.975	New Hampshire, Penn, Temple	3/9/2013
9.	196.875	Pittsburgh	2/3/2001
10.	196.825	at Arizona w/Kentucky, TWU	3/16/2007
11.	196.775	Minnesota	1/26/2019
11.	196.775	at Rhode Island	2/17/2001



2020 NITTANY LIONS



**ERYNNE
ALLEN**

SENIOR
DALLAS, GA.
SOUTH PAULDING/
KENTUCKY
BIOBEHAVIORAL HEALTH

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	9.550	-	-	8.750
WVU	-	9.750	-	-	9.525
at Nebraska	-	9.750	-	-	9.450
IOWA	-	9.625	-	-	9.825^
RUTGERS	-	9.700	-	-	9.675^
at Illinois	-	9.800	-	-	-
at Ohio State	-	9.775	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	9.800	-	-	9.525
Career High	-	9.800	9.800	-	9.800

^ Exhibition * Event Title



**MELISSA
ASTARITA**

SOPHOMORE
MORGANVILLE, N.J.
MARLBORO
MATHEMATICS

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	-	-	9.675
WVU	-	-	-	-	9.750
at Nebraska	-	-	-	-	9.850
IOWA	-	-	-	-	9.900
RUTGERS	-	-	-	-	9.625
at Illinois	-	-	-	-	9.825
at Ohio State	-	-	-	-	9.650
Big Five Meet	-	-	-	-	9.900
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	-	-	9.900
Career High	-	9.800	-	-	9.900

^ Exhibition * Event Title





2020 PENN STATE WOMEN'S GYMNASTICS

2020 NITTANY LIONS



JESSIE BASTARDI

R-SOPHOMORE • 5'4"
STATE COLLEGE, PA.
SAINT JOSEPH'S CATHOLIC
ACADEMY/WEST VIRGINIA
RECREATION, PARKS AND
TOURISM MANAGEMENT

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	9.600	9.725^	9.650	-
WVU	-	9.575	9.625^	9.800	-
at Nebraska	-	-	-	9.625	-
IOWA	-	-	-	9.825	-
RUTGERS	-	-	-	9.625	-
at Illinois	-	-	-	9.600	-
at Ohio State	-	-	-	9.775	-
Big Five Meet	-	-	-	9.800	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	9.600	9.725^	9.825	-
Career High	-	9.600	9.825^	9.925	-

^ Exhibition * Event Title



AMY BLADON

FRESHMAN • 5'2"
SARNIA, ONTARIO
GREAT LAKES
SECONDARY SCHOOL
GENERAL SCIENCE

2020 Scores

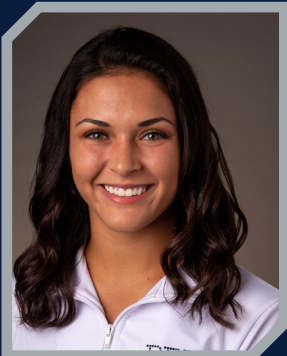
Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	-	-	-
WVU	-	-	-	9.725^	-
at Nebraska	-	9.525	-	9.525^	-
IOWA	-	9.725	-	9.400^	-
RUTGERS	-	9.600	-	-	-
at Illinois	-	9.650	-	9.750^	-
at Ohio State	-	9.700	-	-	-
Big Five Meet	-	9.750	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	9.750	-	9.750^	-
Career High	-	9.750	-	9.750^	-

^ Exhibition * Event Title





2020 NITTANY LIONS



**ALISSA
BONSALL**

JUNIOR • 5'1"
HIGGANUM, CONN.
HADDAM KILLINGWORTH
KINESIOLOGY

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	9.675	9.875	9.000 [^]	9.725
WVU	-	9.825	9.725	-	9.800
at Nebraska	-	9.700	9.825	-	9.850
IOWA	-	9.825*	9.900*	-	9.775
RUTGERS	-	9.825	9.875*	9.425 [^]	9.850
at Illinois	-	9.825*	9.800	-	9.750
at Ohio State	-	9.800	9.075	-	8.750
Big Five Meet	-	9.900	9.850	-	9.750
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	9.900	9.900	9.425 [^]	9.850
Career High	38.750	9.900	9.900	9.675	9.875

[^] Exhibition * Event Title



**LAUREN
BRIDGENS**

JUNIOR • 5'4"
DARNESTOWN, MD.
QUINCE ORCHARD
MARKETING

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	39.025	9.650	9.800	9.750	9.825
WVU	39.150	9.700	9.875	9.750	9.825
at Nebraska	38.950	9.850	9.825	9.350	9.925*
IOWA	39.400*	9.750	9.875	9.825	9.950*
RUTGERS	39.400*	9.850*	9.875*	9.800	9.875*
at Illinois	39.275*	9.725	9.825*	9.875	9.850*
at Ohio State	39.150*	9.725	9.825	9.750	9.850
Big Five Meet	38.850	9.850	9.925	9.175	9.900
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	39.400	9.850	9.925	9.875	9.950
Career High	39.525	9.925	10.000	9.900	9.950

[^] Exhibition * Event Title



Big Ten Event Specialist of the Week (1/7)



2020 PENN STATE WOMEN'S GYMNASTICS

2020 NITTANY LIONS



KOURTNEY CHINNERY

JUNIOR • 5'2"
SUFFOLK, VA.
SUMMIT CHRISTIAN
ACADEMY
SCIENCE

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	9.725	9.725	-	8.150 [^]
WVU	-	9.800	9.825	-	-
at Nebraska	-	9.775	9.675	-	-
IOWA	-	9.750	9.725	-	9.750 [^]
RUTGERS	-	9.800	9.800	-	-
at Illinois	-	9.800	9.725	-	-
at Ohio State	-	9.825*	9.675	-	-
Big Five Meet	-	9.875	9.775	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	9.875	9.825	-	9.750 [^]
Career High	-	9.875	9.850	9.675 [^]	9.850

[^] Exhibition * Event Title



DYMIANA COX

SOPHOMORE • 5'1"
ELMONT, N.Y.
CONNECTIONS ACADEMY
HEALTH AND HUMAN
DEVELOPMENT

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	-	-	-
WVU	-	-	-	-	-
at Nebraska	-	-	-	-	-
IOWA	-	-	-	-	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	-	-	-
Career High	-	-	-	-	-

[^] Exhibition * Event Title





2020 NITTANY LIONS



**DONNA
HOWELL**

SOPHOMORE • 5'5"
NEW MILFORD, PA.
PA CYBER CHARTER
SCHOOL
COMMUNICATIONS

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	-	-	-
WVU	-	-	-	-	-
at Nebraska	-	-	-	-	-
IOWA	-	-	-	-	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	-	-	-
Career High	-	-	-	-	-

^ Exhibition * Event Title



**TESS
McCRACKEN**

SENIOR • 5'4"
PLANO, TEXAS
LIBERTY H.S.
SCIENCE

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	9.750	9.750	9.675
WVU	-	-	9.850	9.875	-
at Nebraska	-	-	9.725	9.825*	9.650
IOWA	-	-	9.800	9.450	9.850
RUTGERS	-	-	9.825	9.850	9.825
at Illinois	-	-	9.825*	9.175	9.750
at Ohio State	-	-	9.775	9.775	9.775
Big Five Meet	-	-	9.800	9.775	9.875
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	9.850	9.875	9.875
Career High	-	-	9.900	9.925	9.875

^ Exhibition * Event Title





2020 PENN STATE WOMEN'S GYMNASTICS

2020 NITTANY LIONS



KRISTEN POLITZ

SENIOR • 5'5"
MORGANVILLE, N.J.
SAINT JOHN VIANNEY
MARKETING

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	-	-	-
WVU	-	-	-	-	9.325
at Nebraska	-	-	8.850 [^]	-	9.400 [^]
IOWA	-	-	-	-	9.850
RUTGERS	-	-	-	9.850 [^]	9.725
at Illinois	-	-	-	-	9.725
at Ohio State	-	-	-	9.550 [^]	9.775
Big Five Meet	-	-	-	-	9.825
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	8.850 [^]	9.850 [^]	9.850
Career High	39.050	9.850	9.925	9.900	9.850

[^] Exhibition * Event Title



BELLA ROMAGNANO

FRESHMAN • 5'2"
NEW ALBANY, OHIO
NEW ALBANY
UNDECIDED

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	-	9.150	-
WVU	-	-	-	9.725	-
at Nebraska	-	-	-	8.875	-
IOWA	-	-	-	9.675	-
RUTGERS	-	-	-	9.775	-
at Illinois	-	-	-	9.800	-
at Ohio State	-	-	-	9.725	-
Big Five Meet	-	-	-	9.700	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	-	9.800	-
Career High	-	-	-	9.800	-

[^] Exhibition * Event Title





2020 NITTANY LIONS



CASSIDY RUSHLOW

FRESHMAN • 5'2"
 WORCESTER, MASS.
 WORCESTER TECHNICAL
 UNDECIDED

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	37.050	9.600	9.075	9.825	8.550
WVU	39.250*	9.675	9.925*	9.875	9.775
at Nebraska	38.800	9.750	9.800	9.750	9.500
IOWA	39.225	9.700	9.800	9.900*	9.825
RUTGERS	39.250	9.750	9.850	9.900	9.750
at Illinois	39.025	9.825*	9.775	9.700	9.725
at Ohio State	38.900	9.650	9.825	9.800	9.625
Big Five Meet	39.300	9.900	9.850	9.875	9.675
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	39.300	9.900	9.925	9.900	9.825
Career High	39.300	9.900	9.925	9.900	9.825

^ Exhibition * Event Title



AVA VERDEFLORE

JUNIOR • 5'3"
 ALLEN, TEXAS
 ALLEN
 REHABILITATION AND
 HUMAN SERVICES

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	9.700	9.775	-
WVU	-	-	9.825	9.700	-
at Nebraska	-	-	9.800	8.450	-
IOWA	-	-	9.800	9.750	-
RUTGERS	-	-	9.850	9.850	-
at Illinois	-	-	9.750	9.700	-
at Ohio State	-	-	9.675	9.750	-
Big Five Meet	-	-	9.825	9.150	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	9.850	9.850	-
Career High	-	-	9.850	9.850	-

^ Exhibition * Event Title





2020 PENN STATE WOMEN'S GYMNASTICS



SARAH BROWN

HEAD COACH

3rd Season
Missouri '10

Career Record:

37-29 (Fourth season)

Penn State Record:

26-26 (Third season)

ACCOLADES

- Midwest Independent Assistant Coach of the Year (2014)

UNDER BROWN

- 3 NCAA Championships qualifiers
- 2 NACGC/W All-Americans
- 6 All-Big Ten Selections
- 1 Big Ten Individual Event Champion

YEAR-BY-YEAR

2017 (EMU)	11-4
2018	11-8
2019	10-9
2020	5-8
Total	37-29
Penn State	26-26

Sarah Brown begins her third year as the head coach of the Penn State women's gymnastics team in 2020. Brown was named the eighth head coach of the Penn State women's gymnastics program on May 4, 2017. A two-time Big 12 Conference Gymnast of the Year, Brown came to Happy Valley after serving as the head coach at Eastern Michigan University.

In 2019, the Nittany Lions had a 10-9 meet record, including victories over No. 21 Arizona State, No. 22 Ohio State, No. 27 NC State, No. 32 Temple and No. 34 Illinois. Penn State placed fifth in the Big Ten Championships, hosted at Rec Hall. Penn State was selected for the NCAA Regional in Ann Arbor and finished third in the Session I meet against No. 7 Michigan, No. 10 Alabama and No. 26 Ohio State. The Nittany Lions ended the season ranked No. 24 in the RoadToNationals poll, it's highest finish since 2015.

Senior Sabrina Garcia and freshman Jessie Bastardi qualified for the NCAA Championships. Garcia earned a 9.900 on bars at the NCAA Regional, tying for the top score in the regional and tying her score from 2017 for PSU's top bars score in a regional. Bastardi secured a 9.900 on beam at the NCAA Regional, also matching the top score in the regional and tying Meredith Hoover (2003) for the top beam score in PSU regionals history. Sophomore Lauren Bridgens was a first-team All-Big Ten selection, while Garcia earned second-team accolades.

In her first season at Penn State, Brown led the Nittany Lions to an 11-8 meet record, including three wins over ranked opponents. The Nittany Lions made an appearance in the NCAA Regionals and finished the season with a No. 32 national ranking.

Two Penn State gymnasts earned All-America honors with freshman Lauren Bridgens and senior Briannah Tsang claiming those accolades. Tsang was the Big Ten Gymnast of the Year, the eighth in program history, after winning the individual Floor Exercise title at the Big Ten Championships. Bridgens and Tsang were First Team All-Big Ten selections, while junior Sabrina Garcia was a Second Team honoree. Bridgens competed in the All-Around at the NCAA Championships. On March 4, 2018, Bridgens set a Nittany Lion record with a perfect 10 on the Uneven Bars. Tsang earned two Top Five scores in program history on the Floor Exercise.

During her lone season as the head coach of the Eastern Michigan women's gymnastics team in 2017, Brown led the Eagles to the Mid-American Conference (MAC) regular season title, the MAC Championship, an appearance at the NCAA Regionals and a final national ranking of No. 27.

Brown served for one season as a volunteer assistant coach at the University of Michigan during the 2015-16 school year, helping the Wolverines win the 2016 Big Ten Championship.

Brown began her collegiate gymnastics career at the University of Utah for one season before completing her collegiate career at the University of Missouri. A four-time All-American at Mizzou, she was the Tigers' Female Athlete of the Year in 2009 and 2010 and earned the Director of Athletics Leadership Award in 2010. Along with her All-America plaudits, Brown was selected the Big 12 Conference Gymnast of the Year in 2009 and 2010, was named to the All-Big 12 Championship Team nine times and was a nominee for the 2010 Honda Broderick Cup award. Prior to her collegiate gymnastics career, she was a four-time member of the USA National Team (2002-05).

A two-time graduate of the University of Missouri, Brown earned a bachelor's degree in interdisciplinary studies with an emphasis in communication and business in 2010 and a master's of education in counseling psychology with an emphasis in sport psychology in 2012.

A native of Columbia, Missouri, the former Sarah Shire is married to Antonio Brown. Has a son, Isaiah.



2020 TV/RADIO ROSTER



Erynne Allen
Sr. • Douglasville, Ga.



Melissa Astarita
So. • Morganville, N.J.



Jessie Bastardi
R-So. • State College, Pa.



Amy Bladon
Fr. • Sarnia, Ontario



Alissa Bonsall
Jr. • Higganum, Conn.



Lauren Bridgens
Jr. • Darnestown, Md.



Kourtney Chinnery
Jr. • Suffolk, Va.



Dymiana Cox
So. • Elmont, N.Y.



Donna Howell
So. • New Milford, Pa.



Tess McCracken
Sr. • Plano, Texas



Kristen Politz
Sr. • Morganville, N.J.



Bella Romagnano
Fr. • New Albany, Ohio



Cassidy Rushlow
Fr. • Worcester, Mass.



Ava Verdeflor
Jr. • Allen, Texas



Sarah Brown
Head Coach
Third Season



Dallas Becerra
Assistant Coach
Third Season



Ashleigh Gnat
Assistant Coach
First Season