

2020 WOMEN'S GYMNASTICS

17 NCAA Championship Team Appearances • 29 All-Americans on 96 Occasions

2020 SCHEDULE

3-6, 2-3 Big Ten

l					
Date	Opponent	Result/Time			
Jan. 4	Collegiate Challenge^ (Flo)	4th, 193.500			
vs. No.	21 Arizona State, No. 13 Auburr	n, No. 7 Denver			
Jan. 11	WEST VIRGINIA (BTN Plus) W, 1	95.750-195.325			
Jan. 16	at No. 10 Nebraska* (ESPN2) L	, 194.000-195.150			
Jan. 25	No. 32 IOWA* (BTN) W, 1	96.275-193.675			
Jan. 31	RUTGERS* (BTN Plus) W, 1	96.325-195.700			
Feb. 7	at No. 25 Illinois* (BTN Plus) L,	195.425-195.725			
Feb. 14	at No. 26 Ohio State* (BTN Plus) L,	195.150-195.350			
Feb. 22	Big Five Meet*%	7 p.m.			
vs. No. 24	Maryland, No. 9 Michigan, No. 31 Michigan S	State, No. 7 Minnesota			
Feb. 29	PENN STATE QUAD MEET (BTI	N Plus) 4 p.m.			
l vs	i. CORNELL, No. 30 NC STATE,	TOWSON			
Mar. 7	No. 2 FLORIDA (BTN Plus)	4 p.m.			
Mar. 13	at No. 14 Arkansas	8 p.m.			
Mar. 21	Big Ten Championships	TBA			
Apr. 2-4	NCAA REGIONAL#	TBA			
Apr. 17-18	NCAA Championships	TBA			
* Big Ten Opponent					
^ Anaheim, Calif.					
% Toledo, Ohio					
# University Park, Pa. (Rec Hall)					
Big Ten Championships in Columbus, Ohio					

NO. 29 NITTANY LIONS SET TO COMPETE ON PODIUM AT BIG FIVE

No. 29 Penn State is set to compete at the Big Five Meet in Toledo. The Nittany Lions will get to compete against four Big Ten teams, including No. 24 Maryland, No. 9 Michigan, No. 31 Michigan State and No. 7 Minnesota.

The Nittany Lions tallied a 195.150, but fell in a close meet at No. 26 Ohio State last Friday.

Lauren Bridgens won the all-around title for the fourth straight meet, collecting a 39.150. Kourtney Chinnery won her first vault title of the season with a season-best 9.825.

Bridgens had PSU's top score on floor and tied for the squad's top score on bars with Cassidy Rushlow. The freshman led the Nittany Lions on beam.

Maryland (195.750), Michigan (196.800), Michigan State (196.150) and Minnesota (197.400) all won Big Ten meets last weekend.

Career Best Scores

Rankings based on RoadToNationals Standings

Gymnast	AA	V	UB	ВВ	FX
Allen	-	9.800	9.800	-	9.800
Astarita	-	9.800	-	-	9.900
Bastardi	-	9.600	9.825^	9.925	-
Bladon	-	9.725	-	9.725^	-
Bonsall	38.750	9.825	9.900	9.675	9.875
Bridgens	39.525	9.925	10.000	9.900	9.950
Chinnery	-	9.875	9.850	9.675^	9.850
Cox	-	-	-	-	-
Howell	-	-	-	-	-
McCracken	-	-	9.900	9.925	9.850
Politz	39.050	9.850	9.925	9.900	9.850
Romagnano	-	-	-	9.800	-
Rushlow	39.250	9.825	9.925	9.900	9.825
Verdeflor	-	-	9.850	9.850	-

Season Best Scores						
Gymnast	AA	٧	UB	ВВ	FX	
Allen	-	9.800	-	-	9.525	
Astarita	-	-	-	-	9.900	
Bastardi	-	9.600	9.725^	9.825	-	
Bladon	-	9.725	-	9.725^	-	
Bonsall	-	9.825	9.900	9.425^	9.850	
Bridgens	39.400	9.850	9.875	9.875	9.950	
Chinnery	-	9.825	9.825	-	9.750^	
Cox	-	-	-	-	-	
Howell	-	-	-	-	-	
McCracken	-	-	9.850	9.875	9.850	
Politz	-	-	8.850^	9.850^	9.850	
Romagnano	-	-	-	9.800	-	
Rushlow	39.250	9.825	9.925	9.900	9.825	
Verdeflor ^ Exhibition	-	-	9.850	9.850	-	

Cancon Book Cookes



All Times Eastern

HOME MEETS IN BOLD CAPS

@PennStateWGYM

GoPSUSports.com

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#ForTheRoar

Team Season Highs

Overall: 196.325 vs. Rutgers (1/31)

Vault: 48.875 at Illinois (2/7)

Bars: 49.300 vs. West Virginia (1/11)

Beam: 49.175 vs. Rutgers (1/31)

Floor: 49.375 vs. lowa (1/25)



2020 ROSTER

Name	Event	Yr.	Ht.	Hometown/High School/Last School
Erynne Allen	AA	Sr.	5-3	Douglasville, Ga./South Paulding/Kentucky
Melissa Astarita	AA	So.	5-2	Morganville, N.J./Marlboro
Jessie Bastardi	AA	R-So.	5-4 Sta	ate College, Pa./Saint Joseph's Catholic Academy/West Virginia
Amy Bladon	AA	Fr.	5-2	Sarnia, Ontario/Great Lakes Secondary School
Alissa Bonsall	AA	Jr.	5-1	Higganum, Conn./Haddam Killingworth
Lauren Bridgens	AA	Jr.	5-4	Darnestown, Md./Quince Orchard
Kourtney Chinnery	AA	Jr.	5-2	Suffolk, Va./Summit Christian Academy
Dymiana Cox	AA	So.	5-1	Elmont, N.Y./Parkettes
Donna Howell	AA	So.	5-5	New Milford, Pa./PA Cyber Charter School
Tess McCracken	UB, BB, FX	Sr.	5-4	Plano, Texas/Liberty
Kristen Politz	AA	Sr.	5-5	Morganville, N.J./Saint John Vianney
Bella Romagnano	AA	Fr.	5-2	New Albany, Ohio/New Albany
Cassidy Rushlow	AA	Fr.	5-2	Worcester, Mass./Daggett Gold Medal Gymnastics
Ava Verdeflor	AA	Jr.	5-3	Allen, Texas/Allen

Head Coach: Sarah Brown (Missouri '10; Third Season) **Assistant Coach:** Dallas Becerra (Missouri '13; Third Season) **Assistant Coach:** Ashleigh Gnat (LSU '17; First Season) **Captains:** Erynne Allen, Alissa Bonsall, Tess McCracken

2020 QUICK FACTS

GENERAL INFORMATION

TEAM INFORMATION

Home Arena (Capacity)........Rec Hall (5,812)
Facebook......PennStateWomensGymnastics
Instagram.....@PennStateWGYM
Twitter....@PennStateWGYM

2019 RECAP

 2019 Regular Season Record
 10-9

 Big Ten Regular Season Record
 3-6

 Big Ten Championships Finish
 5th

 2019 NCAA Regional Finish
 6th

 2019 NCAA Championships Finish
 N/A

 Final National Ranking
 23

 All-Americans Returning/Lost
 0/0

 Letterwinners Returning/Lost
 11/5

 Newcomers
 3

PROGRAM HISTORY

(1975, '76, '77, '78, '79, '80, '81)

<u>Name</u>

Erynne Allen
Jessie Bastardi
Amy Bladon
Alissa Bonsall
Lauren Bridgens
Kourtney Chinnery
Dymiana Cox
Kristen Politz
Bella Romagnano
Cassidy Rushlow
Ava Verdeflor

Pronunciation

Erin Allen
Jessie Bas-TAR-di
Amy BLADE-in
Alissa Bon-zall
Lauren Bridge-ens
Kourtney Chin-er-y
DIM-y-ana Cox
Kristen pahl-LITZ
Bella ROMAN-yeno
Cassidy RUSH-lowe
Ava Ver-de-floor





SCOUTING THE BIG FIVE OPPONENTS

- Maryland is ranked 24th in the nation, averaging a 195.388. The Terrapins rank 20th on vault, 22nd on bars, 40th on beam and 28 on floor.
- Audrey Barber ranks 16th in all-around (39.350 average) and 10th on bars (9.900). Alexis Rubio sits 41st on vault (9.846).
- Michigan is ranked No. 9 in the RoadToNationals standings, averaging a 196.813. The Wolverines hold second in the nation on vault, seventh on bars, 12th on beam and eighth on floor.
- Sierra Brooks ranks 18th in all-around (39.325), 18th on vault (9.875) and 44th on beam (9.846). Natalie Wojcik sits 29th in all-around (39.265) and 33rd on floor (9.879). Abby Brenner holds 34th on vault (9.850) and 31st on bars (9.856).
- Michigan State is tied 31st in the RoadToNationals rankings, averaging a 195.171. The Spartans are 31st on vault, 43rd on bars, 15th on beam and 19th on floor.
- Lea Mitchell ranks 30th in the nation in allaround (39.264) and 37th on floor (9.875). Gabriella Douglas sits 37th on beam (9.854).
- Minnesota ranks seventh in the nation, averaging a 196.879. The Gophers sit 11th on vault, 10th on bars, second on beam and 20th on floor.
- Ona Loper ranks 12th in all-around (39.450), 22nd on vault (9.871), 35th on beam (9.858) and 26th on floor (9.887). Tiarre Sales holds 17th in all-around (39.337) and seventh on beam (9.904).
- Lexy Ramler sits 23rd in all-around (39.296), 34th on vault (9.850), sixth on bars (9.904) and 39th on beam (9.850). Ivy Lu ranks 33rd on bars (9.854) and 20th on beam (9.879).

OHIO STATE MEET RECAP

- Penn State totaled a 195.150, but fell in a tight meet at Ohio State (195.350).
- The Nittany Lions tallied a 48.850 on vault, 48.775 on bars, 48.850 on beam and 48.675 on floor.
- Lauren Bridgens captured her fourth straight all-around title with a 39.150. It was her 10th career all-around title.

- Bridgens led the Nittany Lions on floor with a 9.850 and tied for the team-high on bars with Cassidy Rushlow (9.825).
- Rushlow had PSU's top performance on beam, collecting a 9.800.
- Kourtney Chinnery earned her first vault title of the season, and second of her career, recording a season-high 9.825.
- Erynne Allen registered a career-high 9.800 on vault.

BRIDGENS LEADING ON FLOOR

- The Nittany Lions have seen significant improvement through the season on floor, led by Lauren Bridgens.
- The junior won four straight floor titles before the Ohio State meet. She won at Nebraska with a 9.925, set a career high against lowa (9.950), won against Rutgers (9.875) and claimed the title at Illinois (9.850).
- Bridgens currently ranks 44th in the nation and seventh in the Big Ten with a 9.871 average. She also ranks 35th nationally in all-around (39.193).
- Penn State increased its floor score through each of the first three meets before a seasonhigh 49.375 against Iowa, the Nittany Lions' best floor performance since the 2018 Big Ten Championships.

SETTING THE BAR

- The Nittany Lions have enjoyed a solid start to the season on bars, averaging a 49.046, good for 15th in the country.
- Penn State has three scores above a 49.175 this season, including a 49.300 against West Virginia and a 49.275 against Rutgers. PSU's 49.300 vs. WVU was PSU's highest bars score in a home opener since 2001. PSU earned the top six places in the meet against Rutgers.
- Bridgens ranks 42nd in the nation and fifth in the Big Ten on bars, averaging a 9.843. She has PSU's highest bars score in four meets and has two event titles.
- Alissa Bonsall has PSU's highest score in four meets, including two event titles.

NATIONAL POLL (ROADTONALS)

	Team	Avg.	High_
1	Oklahoma	197.859	198.400
2	Florida	197.688	198.375
3	Utah	197.071	
3	UCLA	197.071	197.675
5	Denver	197.054	197.425
6	LSU	196.925	197.875
7	Minnesota	196.879	197.400
8	Alabama	196.825	197.550
9	Michigan	196.813	197.350
10	California	196.607	197.325
11	Georgia	196.589	197.425
12	Kentucky	196.500	197.275
13	Washington	196.429	197.225
14	Arkansas	196.214	196.950
15	BYU	196.196	197.075
16	Nebraska	196.154	197.100
17	Iowa State	196.104	196.800
18	Missouri	195.961	196.850
19	Southern Utah	195.925	197.225
20	Auburn	195.904	196.700
21	Oregon State	195.836	196.825
22	Arizona	195.657	196.150
23	Illinois	195.450	195.900
24	Maryland	195.388	
25	Stanford	195.361	196.250
26	Utah State	195.304	196.525
27	Ohio State	195.275	
28	West Virginia	195.225	196.025
29	Penn State	195.204	
30	NC State	195.183	196.250
31	Arizona State	195.171	196.300
31	Michigan State	195.171	196.550
33	lowa	195.029	196.175
34	Central Michigan	194.929	
35	Boise State		196.150
36	New Hampshire	194.836	195.850

2020 Opponents in Bold

PENN STATE WEEK-BY	/-WEEK RANKING
Preseason (WCGA)	25
Week 2	17
Week 3	31
Week 4	35
Week 5	30
Week 6	27
Week 7	28
Week 8	29
PSU RANKING BY EVE	
Vault	38/9
Uneven Bars	15/4
Balance Beam	33/8
Floor Exercise	42/9

Meet-by-Meet Team Leaders					I	onal Ra Ten Ra					
Gymnast	AA	V	UB	ВВ	FX	(RoadT			•	-	0)
Allen	-	-	-	-	-	Gymnast	AA	V	UB	BB	FX
Astarita	-	-	-	-	-	Allen	-	_	-	-	-
Bastardi	-	-	-	-	-	Astarita	_	_	_	_	_
Bladon	-	-	-	-	-	Bastardi	_	_	_	_	-
Bonsall	-	3	4	-	-	Bladon	_	_	_	_	_
Bridgens	6	2	4	1	7	Bonsall	_	_	_	_	_
Chinnery	-	2	-	-	-	Bridgens	35/10	_	42/5	_	44/7
Cox	-	-	-	-	-	Chinnery	-	_	-	_	-
Howell	-	-	-	-	-	Cox	_	_	_	_	_
McCracken	-	-	1	2	-	Howell	_	_	_	_	_
Politz	-	-	-	-	-	McCracken	_	_	_	_	_
Romagnano	-	-	-	-	-	Politz	_	_	_	_	_
Rushlow	1	1	2	5	-	Romagnano	_	_	_	_	_
Verdeflor	-	-	-	-	-	Rushlow	_	_	_	58/11	_
INCLUDES TIES						Verdeflor	-	-	-	-	-



TEAM MEET-BY-MEET

Date - Opponent	Event Order	V	UB	BB	FX	TEAM
Jan. 4 - vs. No. 21 Arizona State, No. 13 Auburn, No. 7	Denver FX, V, UB, BB	48.250	48.850	48.750	47.650	193.500
Jan. 11 - West Virginia	V, UB, BB, FX	48.750	49.300	49.025	48.675	195.750
Jan. 16 - at No. 10 Nebraska*	UB, V, FX, BB	48.825	48.975	47.425	48.775	194.000
Jan. 25 - No. 32 Iowa*	V, UB, BB, FX	48.750	49.175	48.975	49.375	196.275
Jan. 31 - Rutgers*	V, UB, BB, FX	48.850	49.275	49.175	49.025	196.325
Feb. 7 - at No. 25 Illinois*	UB, V, FX, BB	48.875	48.975	48.675	48.900	195.425
Feb. 14 - at No. 26 Ohio State*	UB, V, FX, BB	48.850	48.775	48.850	48.675	195.150
Feb. 22 - Big Five Meet*	-	-	-	-	=	-
Feb. 29 - Cornell, No. 30 NC State, Towson	-	-	-	-	=	-
Mar. 7 - No. 2 Florida	-	-	-	-	-	-
Mar. 13 - at No. 14 Arkansas	-	-	-	-	=	-
Mar. 21 - Big Ten Championships	-	-	-	-	=	-
Apr. 2-4 - NCAA Regionals - University Park, Pa.	-	-	-	-	-	-

SEASON HIGH IN BOLD

TOP TEN PERFORMANCES

Vault	(Rowland/Person	ett, 10.0)	Balance Beam	(Leopoldus/Rowland/Sn	nith, 10.0)	All-Around	(Rowland,	39.775
Lauren Bridgens	9.850	1/31	Cassidy Rushlow	9.900	1/31	Lauren Bridgens	39.400	1/31
Lauren Bridgens	9.850	1/16	Cassidy Rushlow	9.900	1/25	Lauren Bridgens	39.400	1/25
Kourtney Chinnery	9.825	2/14	Lauren Bridgens	9.875	2/7	Lauren Bridgens	39.275	2/7
Alissa Bonsall	9.825	2/7	Tess McCracken	9.875	1/11	Cassidy Rushlow	39.250	1/31
Cassidy Rushlow	9.825	2/7	Cassidy Rushlow	9.875	1/11	Cassidy Rushlow	39.250	1/11
Alissa Bonsall	9.825	1/31	Tess McCracken	9.850	1/31	Cassidy Rushlow	39.225	1/25
Alissa Bonsall	9.825	1/25	Ava Verdeflor	9.850	1/31	Lauren Bridgens	39.150	2/14
Alissa Bonsall	9.825	1/11	Jessie Bastardi	9.825	1/25	Lauren Bridgens	39.150	1/11
Erynne Allen	9.800	2/14	Lauren Bridgens	9.825	1/25	Cassidy Rushlow	39.025	2/7
Alissa Bonsall	9.800	2/14	Tess McCracken	9.825	1/16	Lauren Bridgens	39.025	1/4
Kourtney Chinnery	9.800	2/7	Cassidy Rushlow	9.825	1/4	1		
Kourtney Chinnery	9.800	1/31				1		
Kourtney Chinnery	9.800	1/11	Floor Exercise		sey, 10.0)			
			Lauren Bridgens	9.950	1/25	1		
Uneven Bars		ens, 10.0)	Lauren Bridgens	9.925	1/16	1		
Cassidy Rushlow	9.925	1/11	Melissa Astarita	9.900	1/25	1		
Alissa Bonsall	9.900	1/25	Lauren Bridgens	9.875	1/31	1		
Alissa Bonsall	9.875	1/31	Lauren Bridgens	9.850	2/14	1		
Lauren Bridgens	9.875	1/31	Lauren Bridgens	9.850	2/7	1		
Lauren Bridgens	9.875	1/25	Alissa Bonsall	9.850	1/31	1		
Lauren Bridgens	9.875	1/11	Tess McCracken	9.850	1/25	l		
Alissa Bonsall	9.875	1/4	Kristen Politz	9.850	1/25	l		
Cassidy Rushlow	9.850	1/31	Melissa Astarita	9.850	1/16	l		
Ava Verdeflor	9.850	1/31	Alissa Bonsall	9.850	1/16			
Tess McCracken	9.850	1/11				l		

Gymnast	AA	V	UB	ВВ	FX
Allen	-	-	-	-	-
Astarita	-	-	-	-	2 (-)
Bastardi	-	-	-	2 (-)	-
Bladon	-	-	-	-	-
Bonsall	-	3 (2)	4 (2)	-	-
Bridgens	9 (3)	5 (1)	11 (2)	1(-)	5 (4)
Chinnery	-	2 (1)	-	-	-
Cox	-	-	-	-	-
Howell	-	-	-	-	-
McCracken	-	-	1 (1)	1(-)	-
Politz	-	-	-	1(-)	1 (-)
Romagnano	-	-	-	-	-
Rushlow	1 (1)	1 (1)	1 (1)	1 (1)	-
/erdeflor	-	-	-	-	-

^{*} Indicates Big Ten Regular Season Meet Rankings based on RoadToNationals standings



GYMNAST MEET-BY-MEET

Erynne Allen Vault Collegiate Challenge (1/4) West Virginia (1/11) at Nebraska (1/16) Rutgers (1/31) at Illinois (2/7) at Ohio State (2/14) Uneven Bars	Sr. (9.800, 2/14/20) 9.550 (21) 9.750 (6) 9.750 (8) 9.625 (10) 9.700 (9) 9.800 (3)
Floor Exercise Collegiate Challenge (1/4) West Virginia (1/11) at Nebraska (1/16) Rutgers (1/31) at Illinois (2/7)	(9.800, 3/23/19) 8.750 (23) 9.525 (10) 9.450 (12) 9.825^ 9.675^
Melissa Astarita Vault	<u>So.</u> (9.800, 3/17/19)
Floor Exercise Collegiate Challenge (1/4) West Virginia (1/11) at Nebraska (1/16) lowa (1/25) Rutgers (1/31) at Illinois (2/7) at Ohio State (2/14)	(9.900, 1/25/20) 9.675 (14) 9.750 (6) 9.850 (6) 9.900 (3) 9.625 (10) 9.825 (4) 9.650 (10)
Jessie Bastardi Vault Collegiate Challenge (1/4) West Virginia (1/11)	R-So. (9.600, 1/4/20) 9.600 (19) 9.575 (12)
Uneven Bars Collegiate Challenge (1/4) West Virginia (1/11)	(9.825 [^] , 2/2/19) 9.725 [^] 9.625 [^]
Balance Beam Collegiate Challenge (1/4) West Virginia (1/11) at Nebraska (1/16) lowa (1/25) Rutgers (1/31) at Illinois (2/7) at Ohio State (2/14)	(9.925, 2/9/19) 9.650 (18) 9.800 (4) 9.625 (6) 9.825 (3) 9.625 (12) 9.600 (11) 9.775 (3)
Amy Bladon Vault	Fr.
at Nebraska (1/16) lowa (1/25) Rutgers (1/31) at Illinois (2/7) at Ohio State (2/14)	(9.725, 1/25/20) 9.525 (12) 9.725 (7) 9.600 (11) 9.650 (11) 9.700 (9)
Balance Beam West Virginia (1/11) at Nebraska (1/16) lowa (1/25) at Illinois (2/7)	(9.750 [^] , 2/7/20) 9.725 [^] 9.525 [^] 9.400 [^] 9.750 [^]
Alissa Bonsall All-Around	<u>Jr.</u> (38.750, 1/6/18)
Vault Collegiate Challenge (1/4) West Virginia (1/11) at Nebraska (1/16) lowa (1/25) Rutgers (1/31) at Illinois (2/7) at Ohio State (2/14)	(9.825, 2/7/20) 9.675 (14) 9.825 (2) 9.700 (10) 9.825 (1) 9.825 (4) 9.825 (1) 9.800 (3)

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Uneven Bars Collegiate Challenge (1/4) West Virginia (1/11) at Nebraska (1/16) lowa (1/25) Rutgers (1/31) at Illinois (2/7) at Ohio State (2/14)	(9.900, 1/25/20) 9.875 (4) 9.725 (8) 9.825 (2) 9.900 (1) 9.875 (1) 9.800 (3) 9.075 (12)
Balance Beam Collegiate Challenge (1/4) Rutgers (1/31)	(9.675, 1/5/19) 9.000^ 9.425^
Floor Exercise Collegiate Challenge (1/4) West Virginia (1/11) at Nebraska (1/16) lowa (1/25) Rutgers (1/31) at Illinois (2/7) at Ohio State (2/14)	(9.875, 3/23/19) 9.725 (11) 9.800 (3) 9.850 (6) 9.775 (9) 9.850 (2) 9.750 (8) 8.750 (12)
Lauren Bridgens All-Around Collegiate Challenge (1/4) West Virginia (1/11) at Nebraska (1/16) lowa (1/25) Rutgers (1/31) at Illinois (2/7) at Ohio State (2/14)	39.525, 1/26/19) 39.025 (3) 39.150 (2) 38.950 (2) 39.400 (1) 39.400 (1) 39.275 (1) 39.150 (1)
Vault Collegiate Challenge (1/4) West Virginia (1/11) at Nebraska (1/16) lowa (1/25) Rutgers (1/31) at Illinois (2/7) at Ohio State (2/14)	(9.925, 3/4/18) 9.650 (17) 9.700 (8) 9.850 (3) 9.750 (5) 9.850 (1) 9.725 (7) 9.725 (7)
Uneven Bars Collegiate Challenge (1/4) West Virginia (1/11) at Nebraska (1/16) lowa (1/25) Rutgers (1/31) at Illinois (2/7) at Ohio State (2/14)	(10.0, 3/9/18) 9.800 (9) 9.875 (2) 9.825 (2) 9.875 (1) 9.825 (1) 9.825 (2)
Balance Beam Collegiate Challenge (1/4) West Virginia (1/11) at Nebraska (1/16) lowa (1/25) Rutgers (1/31) at Illinois (2/7) at Ohio State (2/14)	(9.900, 3/8/19) 9.750 (14) 9.750 (8) 9.350 (8) 9.825 (3) 9.800 (8) 9.875 (2) 9.750 (5)
Floor Exercise Collegiate Challenge (1/4) West Virginia (1/11) at Nebraska (1/16) lowa (1/25) Rutgers (1/31) at Illinois (2/7) at Ohio State (2/14)	(9.950, 1/25/20) 9.825 (5) 9.825 (2) 9.925 (1) 9.950 (1) 9.875 (1) 9.850 (6)

•	
Vault Collegiate Challenge (1/4) West Virginia (1/11) at Nebraska (1/16) lowa (1/25) Rutgers (1/31) at Illinois (2/7) at Ohio State (2/14)	Jr. (9.875, 2/22/19) 9.725 (11) 9.800 (3) 9.775 (5) 9.750 (5) 9.800 (6) 9.800 (3) 9.825 (1)
Uneven Bars Collegiate Challenge (1/4) West Virginia (1/11) at Nebraska (1/16) lowa (1/25) Rutgers (1/31) at Illinois (2/7) at Ohio State (2/14)	(9.850, 3/8/19) 9.725 (16) 9.825 (5) 9.675 (11) 9.725 (8) 9.800 (6) 9.725 (8) 9.675 (9)
Balance Beam Floor Exercise Collegiate Challenge (1/4) lowa (1/25)	(9.675^, 1/26/19) (9.850, 1/26/19) 8.150^ 9.750^
Dymiana Cox	So.
Donna Howell	So.
Tess McCracken Uneven Bars Collegiate Challenge (1/4) West Virginia (1/11) at Nebraska (1/16) lowa (1/25) Rutgers (1/31) at Illinois (2/7) at Ohio State (2/14)	Sr. (9.900, 1/19/19) 9.750 (13) 9.850 (3) 9.725 (8) 9.800 (4) 9.825 (5) 9.825 (1) 9.775 (7)
Balance Beam Collegiate Challenge (1/4) West Virginia (1/11) at Nebraska (1/16) lowa (1/25) Rutgers (1/31) at Illinois (2/7) at Ohio State (2/14)	(9.925, 2/9/19) 9.750 (14) 9.875 (2) 9.825 (1) 9.450 (10) 9.850 (3) 9.175 (12) 9.775 (3)
Floor Exercise Collegiate Challenge (1/4) at Nebraska (1/16) lowa (1/25) Rutgers (1/31) at Illinois (2/7) at Ohio State (2/14)	(9.850, 1/25/20) 9.675 (14) 9.650 (10) 9.850 (5) 9.825 (4) 9.750 (8) 9.775 (7)
Kristen Politz All-Around	<u>Sr.</u> (39.050, 1/15/17)
Vault	(9.850, 2/4/17)
Uneven Bars at Nebraska (1/16)	(9.925, 3/9/18) 8.850^
Balance Beam Rutgers (1/31) at Ohio State (2/14)	(9.900, 3/17/19) 9.850^ 9.550^

KEY	
Event	(Career Best, Date)
Meet (Date)	Score (Place)

* - School Record # - NCAA Record \$ - Big Ten Record ^ - Exhibition Score **Season Highs in BOLD**



GYMNAST MEET-BY-MEET

(9.850, 1/25/20)
9.325 (12)
9.400^
9.850 (5)
9.725 (7)
9.725 (10)
9.775 (7)

	_
Bella Romagnano	Fr.
Balance Beam	(9.800, 2/7/20)
Collegiate Challenge (1/4)	9.150 (24)
West Virginia (1/11)	9.725 (9)
at Nebraska (1/16)	8.875 (10)
lowa (1/25)	9.675 (9)
Rutgers (1/31)	9.775 (9)
at Illinois (2/7)	9.800 (5)
at Ohio State (2/14)	9.725 (7)
Cassidy Rushlow	Fr.
All-Around	(39.250, 1/31/20)
Collegiate Challenge (1/4)	37.050 (7)
West Virginia (1/11)	39.250 (1)
at Nebraska (1/16)	38.800 (3)
lowa (1/25)	39.225 (2)
Rutgers (1/31)	39.250 (3)
at Illinois (2/7)	39.025 (3)
at Ohio State (2/14)	38.900 (2)
at Offic State (2/14)	30.900 (2)

Vault	(9.825, 2/7/20)
Collegiate Challenge (1/4)	9.600 (19)
West Virginia (1/11)	9.675 (10)
at Nebraska (1/16)	9.750 (8)
lowa (1/25)	9.700 (9)
Rutgers (1/31)	9.750 (9)
at Illinois (2/7)	9.825 (1)
at Ohio State (2/14)	9.650 (12)

Uneven Bars	(9.925, 1/11/20)
Collegiate Challenge (1/4)	9.075 (24)
West Virginia (1/11)	9.925 (1)
at Nebraska (1/16)	9.800 (4)
lowa (1/25)	9.800 (4)
Rutgers (1/31)	9.850 (3)
at Illinois (2/7)	9.775 (5)
at Ohio State (2/14)	9.825 (2)

Balance Beam	(9.900, 1/31/20)
Collegiate Challenge (1/4)	9.825 (5)
West Virginia (1/11)	9.875 (2)
at Nebraska (1/16)	9.750 (3)
lowa (1/25)	9.900 (1)
Rutgers (1/31)	9.900 (2)
at Illinois (2/7)	9.700 (7)
at Ohio State (2/14)	9.800 (2)
at Offic State (2/14)	9.000 (2)

Floor Exercise	(9.825, 1/11/20)
Collegiate Challenge (1/4)	8.550 (24)
West Virginia (1/11)	9.775 (5)
at Nebraska (1/16)	9.500 (11)
lowa (1/25)	9.825 (8)
Rutgers (1/31)	9.750 (6)
at Illinois (2/7)	9.725 (10)
at Ohio State (2/14)	9.625 (11)

Ava Verdeflor	Jr.
Uneven Bars	(9.850, 1/31/20)
Collegiate Challenge (1/4)	9.700 (18
West Virginia (1/11)	9.825 (5)
at Nebraska (1/16)	9.800 (4)
lowa (1/25)	9.800 (4)
Rutgers (1/31)	9.850 (3)
at Illinois (2/7)	9.750 (7)
at Ohio State (2/14)	9.675 (9)

Balance Beam	(9.850, 1/31/20)
Collegiate Challenge (1/4)	9.775 (11)
West Virginia (1/11)	9.700 (10)
at Nebraska (1/16)	8.450 (12)
lowa (1/25)	9.750 (6)
Rutgers (1/31)	9.850 (3)
at Illinois (2/7)	9.700 (7)
at Ohio State (2/14)	9.750 (5)

KEY	(0 5 15 1)
Event	(Career Best, Date)
Meet (Date)	Score (Place)

* - School Record # - NCAA Record \$ - Big Ten Record ^ - Exhibition Score **Season Highs in BOLD**



INDIVIDUAL SCHOOL RECORDS

VA	ULT		
1.	10.0	Brandi Personett Brandi Personett Katie Rowland Katie Rowland	2/13/2010 1/23/2010 3/29/2003 2/16/2003
5.	9.975	Sharaya Musser Brandi Personett Katie Rowland	3/8/2014 3/7/2010 2/2/2008 3/8/2003
9.	9.950	Ratie Howard Briannah Tsang Krystal Welsh Briannah Tsang Emma Sibson Madison Merriam Madison Merriam Sharaya Musser Brandi Personett Bran	3/8/2003 1/31/2015 1/31/2015 1/17/2015 2/8/2014 3/16/2013 3/17/2012 3/2/2012 1/15/2012 2/11/2011 3/20/2010 4/10/2010 2/20/2010 2/13/2009 1/30/2009 3/29/2008 3/31/2007 2/25/2006 2/13/2005 4/3/2004 4/12/003 2/7/2003 3/23/2002 3/9/2002 3/10/2001 3/2/2000 2/15/2006
		Katie Rowland Katie Rowland Katie Rowland Katie Rowland Gemma Cuff	3/23/2002 3/9/2002 2/15/2002 3/10/2001 3/2/2000

NCAA Regionals

		OAT 2CHOOT	, KELU
	NEVEN B		0/0/0010
1. 2.	10.0 9.975	Lauren Bridgens Natalie Ettl	3/9/2018 2/18/2011
۷.	9.913	Katie Perret	3/16/2007
4.	9.950	Sabrina Garcia	1/19/2019
	0.000	Sabrina Garcia	1/21/2017
		Sabrina Garcia	1/7/2017
		Kiera Brown	3/19/2016
		Kiera Brown	1/9/2016
		Krystal Welsh	3/8/2015
		Madison Merriam	2/23/2013
		Natalie Ettl	2/6/2011
		Natalie Ettl	3/7/2010
		Natalie Ettl	2/6/2010
		Katie McAvoy	3/1/2003 2/2/2002
		Katie McAvoy Katie Rowland	3/16/2002
		Katie Rowland	2/17/2002
		Maria Taylor	2/23/2001
		Nikki Smith	3/13/1999
BA	LANCE	BEAM	
1.	10.0	Katie Rowland	3/14/2003
		Nikki Smith	3/18/2000
		Missy Leopoldus	2/19/1999
_	0.075	Missy Leopoldus	1/30/1999
5.	9.975	Nicole Medvitz	3/12/2016
		Meredith Hoover	2/25/2006 2/17/2001
		Richelle Simpson Maria Taylor	2/17/2001
		Nikki Smith	1/22/2000
10	. 9.950	Sydney Sanabria-Robles	1/31/2015
10	. 0.000	Briannah Tsang	1/24/2015
		Kassidy Stauder	3/8/2014
		Sharaya Musser	3/16/2013
		Sharaya Musser	2/11/2012
		Sharaya Musser	3/4/2011
		Brandi Personett	2/6/2010
		Kristal Uzelac	3/26/2005
		Katie Rowland	3/9/2002
		Nikki Smith	3/11/2000
		Nikki Smith	1/16/2000
		Missy Leopoldus Missy Leopoldus	1999 1/17/1998

Nicole Malinak

FL	OOR EX	ERCISE	
1.	10.0	Ellen Casey	2/19/1999
2.	9.975	Katie Rowland	3/14/2003
		Gemma Cuff	2/23/2001
		Ellen Casey	1999
5.	9.950	Lauren Bridgens	1/25/2020
		Briannah Tsang	3/24/2018
		Briannah Tsang	2/24/2018
		Briannah Tsang	3/5/2017
		Emma Sibson	3/8/2015
		Sharaya Musser	3/17/2012
		Sharaya Musser	3/4/2011
		Sharaya Musser	2/18/2011
		Brandi Personett	3/27/2010
		Brandi Personett	3/20/2010
		Brandi Personett	2/20/2010
		Brandi Personett	3/21/2009
		Brandi Personett	3/8/2009
		Brandi Personett	3/1/2009
		Brandi Personett	3/1/2008
		Brandi Personett	2/24/2007
		Kate Stopper	2/6/2004
		Katie Rowland	4/12/2003
		Katie Rowland	3/1/2003
		Katie Rowland	2/16/2003
		Katie Rowland	2/1/2003
		Katie Rowland	3/16/2002
		Katie Rowland	2/23/2001
		Katie Rowland	2/3/2001
		Leslie Bair	2/23/2001
		Richelle Simpson	2/23/2001
		Heather Duggan	2/19/2000

ALL-AROUND Katie Rowland 3/14/2003 39.725 Sharaya Musser 3/4/2011 3/9/2002 Katie Rowland 39.700 Brandi Personett 2/20/2010 Katie Rowland 2/16/2003 3/16/2013 3/17/2012 39.650 Sharaya Musser Sharaya Musser 3/2/2012 Sharaya Musser Katie Rowland 2/23/2001

3/14/1998

3/16/1997

2/17/2001

1999 2/28/1998

Missy Leopoldus Ellen Casey

Ellen Casey

Ellen Casey

2/28/1997

NOTES: Listed alphabetically based on most recent performance.

Katie Rowland

				TEA	M SCHOOL RECO	RDS
VAULT			B/	ALANCE E	BEAM	
1. 49.550	at Illinois	1/31/2015	1.	49.650	at Rhode Island	2/17/2001
2. 49.500	Cornell, Iowa, Yale	1/23/2010	2.	49.550	Big Ten Championships	3/18/2000
49.500	at NCAA Regionals	4/3/2004	3.	49.425	Central Michigan	1/24/2004
49.500	at West Virginia w/ Rutgers	2/16/2003	4.	49.375	Iowa, Mich., Minn., Rutgers	3/12/2016
5. 49.475	Kentucky	3/16/2013		49.375	at N.H. w/Bridgeport, G. Wash.	3/8/2014
49.475	at West Virginia w/ Ball State	2/13/2005		49.375	at Pittsburgh	2/28/2004
7. 49.450	at N.H. w/Bridgeport, G. Wash.	3/8/2014		49.375	Pennsylvania Championships	2/28/1997
49.450	lowa State, Penn,	2/28/2015	8.	49.350	at Rutgers	2/9/2019
	SUNY-Brockport			49.350	Maryland, Michigan, Bridgeport	3/7/2010
9. 49.425	Nebraska, Rutgers, Yale	2/10/2006		49.350	at Illinois	1/13/2001
10. 49.400	at Pittsburgh	2/13/2010				
UNEVEN BA	ARS		FL	OOR EXE	RCISE	
1. 49.500	Massachusetts	2/23/2001	1.	49.725	Massachusetts	2/23/2001
2. 49.475	at BYU, TWU & Utah State	3/9/2018	2.	49.550	Pittsburgh	2/3/2001
3. 49.425	Nebraska	3/1/2003	3.	49.525	New Hampshire, Penn, Temple	3/9/2013
4. 49.375	at Michigan State	2/4/2018		49.525	Florida	1/30/1999
49.375	at Maryland Quad	2/18/2011	5.	49.500	Alabama	2/19/1999
49.375	at Arizona w/ Kentucky, TWU	3/16/2007	6.	49.450	at Pittsburgh	3/11/2012
49.375	at Rhode Island	2/17/2001	7.	49.425	NCAA Regionals	4/5/2014
8. 49.350	Michigan State	2/23/2013		49.425	Big Ten Championships	3/22/2014
49.350	Maryland	3/17/2012		49.425	at Big Ten Championships	3/21/2009
49.350	at Big Ten Championships	3/27/2010		49.425	Maryland	1/29/2005
49.350	Illinois	2/6/2010				
49.350	at Pittsburgh	3/18/2006				
49.350	at New Hampshire	3/6/2004				
49.350	New Hampshire	1/20/2001				

TE	<u>AM</u>		
1.	197.450	Massachusetts	2/23/2001
2.	197.325	Kentucky	3/16/2013
3.	197.200	at N.H. w/Bridgeport, G. Wash.	3/8/2014
4.	197.125	lowa, Mich., Minn., Rutgers	3/12/2016
5.	197.075	Maryland, North Carolina State	3/4/2011
6.	197.025	Alabama	2/19/1999
	197.025	Michigan State	2/7/2015
8.	196.975	New Hampshire, Penn, Temple	3/9/2013
9.	196.875	Pittsburgh	2/3/2001
10.	196.825	at Arizona w/Kentucky, TWU	3/16/2007
11.	196.775	Minnesota	1/26/2019
11.	196.775	at Rhode Island	2/17/2001



2020 NITTANY LIONS



ERYNNE ALLEN

SENIOR
DALLAS, GA.
SOUTH PAULDING/
KENTUCKY
BIOBEHAVIORAL HEALTH



MELISSA ASTARITA

SOPHOMOREMORGANVILLE, N.J.
MARLBORO
MATHEMATICS

Meet	AA	V	UB	ВВ	FX
Coll. Challenge	-	9.550	-	-	8.750
WVU	-	9.750	-	-	9.525
at Nebraska	-	9.750	-	-	9.450
IOWA	-	9.625	-	-	9.825^
RUTGERS	-	9.700	-	-	9.675^
at Illinois	-	9.800	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	9.800	-	-	9.525
Career High	-	9.800	9.800	-	9.800
^ Exhibition * Ev	ent Tit	tle			



Meet	AA	V	UB	ВВ	FX	
Coll. Challenge	-	-	-	-	9.675	
WVU	-	-	-	-	9.750	
at Nebraska	-	-	-	-	9.850	
IOWA	-	-	-	-	9.900	
RUTGERS	-	-	-	-	9.625	
at Illinois	-	-	-	-	9.825	
at Ohio State	-	-	-	-	9.650	
Big Five Meet	-	-	-	-	-	
PSU Quad Meet	-	-	-	-	-	
FLORIDA	-	-	-	-	-	
at Arkansas	-	-	-	-	-	
NCAA Regional	-	-	-	-	-	
Season High	-	-	-	-	9.900	
Career High	-	9.800	-	-	9.900	
^ Exhibition * Eve	ent Ti	tle				







2020 NITTANY LIONS



JESSIE BASTARDI

R-SOPHOMORE • 5'4" STATE COLLEGE, PA. SAINT JOSEPH'S CATHOLIC ACADEMY/WEST VIRGINIA RECREATION, PARKS AND TOURISM MANAGEMENT

2020 Scores

Meet	AA	V	UB	ВВ	FX
Coll. Challenge	-	9.600	9.725^	9.650	-
WVU	-	9.575	9.625^	9.800	-
at Nebraska	-	-	-	9.625	-
IOWA	-	-	-	9.825	-
RUTGERS	-	-	-	9.625	-
at Illinois	-	-	-	9.600	-
at Ohio State	-	-	-	9.775	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	9.600	9.725^	9.825	-
Career High	-	9.600	9.825^	9.925	-
^ Exhibition * Ev	ent Ti	tle			



AMY BLADON

FRESHMAN • 5'2"
SARNIA, ONTARIO
GREAT LAKES
SECONDARY SCHOOL
GENERAL SCIENCE

Meet	AA	V	UB	ВВ	FX
Coll. Challenge	-	-	-	-	-
WVU	-	-	-	9.725^	-
at Nebraska	-	9.525	-	9.525^	-
IOWA	-	9.725	-	9.400^	-
RUTGERS	-	9.600	-	-	-
at Illinois	-	9.650	-	9.750^	-
at Ohio State	-	9.700	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	_	-	-	-	_
NCAA Regional	-	-	-	-	-
Season High	-	9.725	-	9.750^	-
Career High	-	9.725	-	9.750^	-
^ Exhibition * Ev	ent Ti	tle			







2020 NITTANY LIONS



ALISSA BONSALL

JUNIOR • 5'1" HIGGANUM, CONN. HADDAM KILLINGWORTH KINESIOLOGY



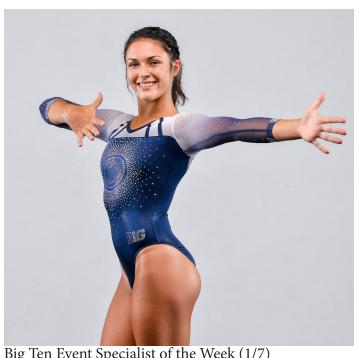
LAUREN BRIDGENS

JUNIOR • 5'4" DARNESTOWN, MD. **QUINCE ORCHARD** MARKETING

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	9.675	9.875	9.000′	9.725
WVU	-	9.825	9.725	-	9.800
at Nebraska	-	9.700	9.825	-	9.850
IOWA	-	9.825*	9.900*	-	9.775
RUTGERS	-	9.825	9.875*	9.425^	9.850
at Illinois	-	9.825*	9.800	-	9.750
at Ohio State	-	9.800	9.075	-	8.750
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	9.825	9.900	9.425^	9.850
Career High	38.750	9.825	9.900	9.675	9.875
^ Exhibition * Ev	ent Titl	e			

Meet	AA	V	UB	BB	FX
Coll. Challenge	39.025	9.650	9.800	9.750	9.825
WVU	39.150	9.700	9.875	9.750	9.825
at Nebraska	38.950	9.850	9.825	9.350	9.925*
IOWA	39.400*	9.750	9.875	9.825	9.950*
RUTGERS	39.400*	9.850*	9.875*	9.800	9.875*
at Illinois	39.275*	9.725	9.825*	9.875	9.850*
at Ohio State	39.150*	9.725	9.825	9.750	9.850
Big Five Meet	-	-	-	-	-
PSU Quad Mee	t -	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regiona	ıl -	-	-	-	-
Season High	39.400	9.850	9.875	9.875	9.950
Career High	39.525	9.925	10.000	9.900	9.950
^ Exhibition * E	vent Title	Э			









2020 NITTANY LIONS



KOURTNEY CHINNERY

JUNIOR • 5'2"
SUFFOLK, VA.
SUMMIT CHRISTIAN
ACADEMY
SCIENCE

2020 Scores

Meet	AA	V	UB	ВВ	FX
Coll. Challenge	-	9.725	9.725	-	8.150^
WVU	-	9.800	9.825	-	-
at Nebraska	-	9.775	9.675	-	-
IOWA	-	9.750	9.725	-	9.750^
RUTGERS	-	9.800	9.800	-	-
at Illinois	-	9.800	9.725	-	-
at Ohio State	-	9.825*	9.675	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	9.825	9.825	-	9.750^
Career High	-	9.875	9.850	9.675^	9.850
^ Exhibition * Ev	ent Tit	tle			



DYMIANA COX

SOPHOMORE • 5'1"
ELMONT, N.Y.
CONNECTIONS ACADEMY
HEALTH AND HUMAN
DEVELOPMENT

Meet	AA	V	UB	ВВ	FX		
Coll. Challenge	-	-	-	-	-		
WVU	-	-	-	-	-		
at Nebraska	-	-	-	-	-		
IOWA	-	-	-	-	-		
RUTGERS	-	-	-	-	-		
at Illinois	-	-	-	-	-		
at Ohio State	-	-	-	-	-		
Big Five Meet	-	-	-	-	-		
PSU Quad Meet	-	-	-	-	-		
FLORIDA	-	-	-	-	-		
at Arkansas	-	-	-	-	-		
NCAA Regional	-	-	-	-	-		
Season High	-	-	-	-	-		
Career High	-	-	-	-	-		
^ Exhibition * Eve	^ Exhibition * Event Title						







2020 NITTANY LIONS



DONNA HOWELL

SOPHOMORE • 5'5"NEW MILFORD, PA.
PA CYBER CHARTER
SCHOOL
COMMUNICATIONS

2020 Scores

Meet	AA	V	UB	ВВ	FX
Coll. Challenge	-	-	-	-	-
WVU	-	-	-	-	-
at Nebraska	-	-	-	-	-
IOWA	-	-	-	-	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	-	-	-
Career High	-	-	-	-	-
^ Exhibition * Event Title					



TESS McCRACKEN

SENIOR • 5'4" PLANO, TEXAS LIBERTY H.S. SCIENCE

1						
Meet	AA	V	UB	BB	FX	
Coll. Challenge	-	-	9.750	9.750	9.675	
WVU	-	-	9.850	9.875	-	
at Nebraska	-	-	9.725	9.825*	9.650	
IOWA	-	-	9.800	9.450	9.850	
RUTGERS	-	-	9.825	9.850	9.825	
at Illinois	-	-	9.825*	9.175	9.750	
at Ohio State	-	-	9.775	9.775	9.775	
Big Five Meet	-	-	-	-	-	
PSU Quad Meet	-	-	-	-	-	
FLORIDA	-	-	-	-	-	
at Arkansas	-	-	-	-	-	
NCAA Regional	-	-	-	-	-	
Season High	-	-	9.850	9.875	9.850	
Career High	-	-	9.900	9.925	9.850	
^ Exhibition * Event Title						







2020 NITTANY LIONS



KRISTEN POLITZ

SENIOR • 5'5"MORGANVILLE, N.J.
SAINT JOHN VIANNEY
MARKETING

2020 Scores

Meet	AA	V	UB	ВВ	FX	
Coll. Challenge	-	-	-	-	-	
WVU	-	-	-	-	9.325	
at Nebraska	-	-	8.850^	-	9.400^	
IOWA	-	-	-	-	9.850	
RUTGERS	-	-	-	9.850^	9.725	
at Illinois	-	-	-	-	9.725	
at Ohio State	-	-	-	9.550^	9.775	
Big Five Meet	-	-	-	-	-	
PSU Quad Meet	-	-	-	-	-	
FLORIDA	-	-	-	-	-	
at Arkansas	-	-	-	-	-	
NCAA Regional	-	-	-	-	-	
Season High	-	-	8.850^	9.850^	9.850	
Career High 3	9.050	9.850	9.925	9.900	9.850	
^ Exhibition * Event Title						



BELLA ROMAGNANO

FRESHMAN • 5'2" NEW ALBANY, OHIO NEW ALBANY UNDECIDED

Meet	AA	V	UB	ВВ	FX
Coll. Challenge	-	-	-	9.150	-
WVU	-	-	-	9.725	-
at Nebraska	-	-	-	8.875	-
IOWA	-	-	-	9.675	-
RUTGERS	-	-	-	9.775	-
at Illinois	-	-	-	9.800	-
at Ohio State	-	-	-	9.725	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	-	9.800	-
Career High	-	-	-	9.800	-
^ Exhibition * Ev	ent Titl	е			







2020 NITTANY LIONS



CASSIDY RUSHLOW

FRESHMAN • 5'2"
WORCESTER, MASS.
WORCESTER TECHNICAL
UNDECIDED

2020 Scores

Meet	AA	V	UB	BB	FX	
Coll. Challenge	37.050	9.600	9.075	9.825	8.550	
WVU	39.250*	9.675	9.925*	9.875	9.775	
at Nebraska	38.800	9.750	9.800	9.750	9.500	
IOWA	39.225	9.700	9.800	9.900*	9.825	
RUTGERS	39.250	9.750	9.850	9.900	9.750	
at Illinois	39.025	9.825*	9.775	9.700	9.725	
at Ohio State	38.900	9.650	9.825	9.800	9.625	
Big Five Meet	-	-	-	-	-	
PSU Quad Mee	et -	-	-	-	-	
FLORIDA	-	-	-	-	-	
at Arkansas	-	-	-	-	-	
NCAA Regiona	al -	-	-	-	-	
Season High	39.250	9.825	9.925	9.900	9.825	
Career High	39.250	9.825	9.925	9.900	9.825	
^ Exhibition * Event Title						



AVA VERDEFLOR

JUNIOR • 5'3"
ALLEN, TEXAS
ALLEN
REHABILITATION AND
HUMAN SERVICES

Meet	AA	٧	UB	ВВ	FX	
Coll. Challenge	-	-	9.700	9.775	-	
WVU	-	-	9.825	9.700	-	
at Nebraska	-	-	9.800	8.450	-	
IOWA	-	-	9.800	9.750	-	
RUTGERS	-	-	9.850	9.850	-	
at Illinois	-	-	9.750	9.700	-	
at Ohio State	-	-	9.675	9.750	-	
Big Five Meet	-	-	-	-	-	
PSU Quad Meet	-	-	-	-	-	
FLORIDA	-	-	-	-	-	
at Arkansas	-	-	-	-	-	
NCAA Regional	-	-	-	-	-	
Season High	-	-	9.850	9.850	-	
Career High	-	-	9.850	9.850	-	
^ Exhibition * Event Title						









SARAH BROWN

HEAD COACH

3rd Season

Missouri '10

Career Record: 35-27 (Fourth season)

Penn State Record: 24-24 (Third season)

ACCOLADES

 Midwest Independent Assistant Coach of the Year (2014)

UNDER BROWN

- 3 NCAA Championships qualifiers
- 2 NACGC/W All-Americans
- 6 All-Big Ten Selections
- 1 Big Ten Individual Event Champion

YEAR-BY-YEAR 2017 (EMU) 11-4 2018 11-8 2019 10-9 2020 3-6 Total 35-27 Penn State 24-24

Sarah Brown begins her third year as the head coach of the Penn State women's gymnastics team in 2020. Brown was named the eighth head coach of the Penn State women's gymnastics program on May 4, 2017. A two-time Big 12 Conference Gymnast of the Year, Brown came to Happy Valley after serving as the head coach at Eastern Michigan University.

In 2019, the Nittany Lions had a 10-9 meet record, including victories over No. 21 Arizona State, No. 22 Ohio State, No. 27 NC State, No. 32 Temple and No. 34 Illinois. Penn State placed fifth in the Big Ten Championships, hosted at Rec Hall. Penn State was selected for the NCAA Regional in Ann Arbor and finished third in the Session I meet against No. 7 Michigan, No. 10 Alabama and No. 26 Ohio State. The Nittany Lions ended the season ranked No. 24 in the RoadToNationals poll, it's highest finish since 2015.

Senior Sabrina Garcia and freshman Jessie Bastardi qualified for the NCAA Championships. Garcia earned a 9.900 on bars at the NCAA Regional, tying for the top score in the regional and tying her score from 2017 for PSU's top bars score in a regional. Bastardi secured a 9.900 on beam at the NCAA Regional, also matching the top score in the regional and tying Meredith Hoover (2003) for the top beam score in PSU regionals history. Sophomore Lauren Bridgens was a first-team All-Big Ten selection, while Garcia earned second-team accolades.

In her first season at Penn State, Brown led the Nittany Lions to an 11-8 meet record, including three wins over ranked opponents. The Nittany Lions made an appearance in the NCAA Regionals and finished the season with a No. 32 national ranking.

Two Penn State gymnasts earned All-America honors with freshman Lauren Bridgens and senior Briannah Tsang claiming those accolades. Tsang was the Big Ten Gymnast of the Year, the eighth in program history, after winning the individual Floor Exercise title at the Big Ten Championships. Bridgens and Tsang were First Team All-Big Ten selections, while junior Sabrina Garcia was a Second Team honoree. Bridgens competed in the All-Around at the NCAA Championships. On March 4, 2018, Bridgens set a Nittany Lion record with a perfect 10 on the Uneven Bars. Tsang earned two Top Five scores in program history on the Floor Exercise.

During her lone season as the head coach of the Eastern Michigan women's gymnastics team in 2017, Brown led the Eagles to the Mid-American Conference (MAC) regular season title, the MAC Championship, an appearance at the NCAA Regionals and a final national ranking of No. 27.

Brown served for one season as a volunteer assistant coach at the University of Michigan during the 2015-16 school year, helping the Wolverines win the 2016 Big Ten Championship.

Brown began her collegiate gymnastics career at the University of Utah for one season before completing her collegiate career at the University of Missouri. A four-time All-American at Mizzou, she was the Tigers' Female Athlete of the Year in 2009 and 2010 and earned the Director of Athletics Leadership Award in 2010. Along with her All-America plaudits, Brown was selected the Big 12 Conference Gymnast of the Year in 2009 and 2010, was named to the All-Big 12 Championship Team nine times and was a nominee for the 2010 Honda Broderick Cup award. Prior to her collegiate gymnastics career, she was a four-time member of the USA National Team (2002-05).

A two-time graduate of the University of Missouri, Brown earned a bachelor's degree in interdisciplinary studies with an emphasis in communication and business in 2010 and a master's of education in counseling psychology with an emphasis in sport psychology in 2012.

A native of Columbia, Missouri, the former Sarah Shire is married to Antonio Brown. Has a son, Isaiah.



2020 TV/RADIO ROSTER



Erynne AllenSr. • Douglasville, Ga.



Melissa Astarita So. • Morganville, N.J.



Jessie Bastardi R-So. • State College, Pa.



Amy Bladon Fr. • Sarnia, Ontario



Alissa Bonsall

Jr. • Higganum, Conn.



Lauren BridgensJr. • Darnestown, Md.



Kourtney ChinneryJr. • Suffolk, Va.



Dymiana Cox So. • Elmont, N.Y.



Donna HowellSo. • New Milford, Pa.



Tess McCracken Sr. • Plano, Texas



Kristen PolitzSr. • Morganville, N.J.



Bella Romagnano Fr. • New Albany, Ohio



Cassidy Rushlow Fr. • Worcester, Mass.



Ava Verdeflor Jr. • Allen, Texas



Sarah Brown Head Coach Third Season



Dallas Becerra Assistant Coach Third Season



Ashleigh Gnat Assistant Coach First Season