



# 2020 WOMEN'S GYMNASTICS

17 NCAA Championship Team Appearances • 29 All-Americans on 96 Occasions

## 2020 SCHEDULE

3-5, 2-2 Big Ten

Date	Opponent	Result/Time
Jan. 4	Collegiate Challenge <sup>^</sup> (Flo)	4th, 193.500 vs. No. 21 Arizona State, No. 13 Auburn, No. 7 Denver
<b>Jan. 11</b>	<b>WEST VIRGINIA (BTN Plus)</b>	<b>W, 195.750-195.325</b>
Jan. 16	at No. 10 Nebraska* (ESPN2)	L, 194.000-195.150
<b>Jan. 25</b>	<b>No. 32 IOWA* (BTN)</b>	<b>W, 196.275-193.675</b>
<b>Jan. 31</b>	<b>RUTGERS* (BTN Plus)</b>	<b>W, 196.325-195.700</b>
Feb. 7	at No. 25 Illinois* (BTN Plus)	L, 195.425-195.725
Feb. 14	at No. 26 Ohio State* (BTN Plus)	6 p.m.
Feb. 22	Big Five Meet*%	7 p.m.
vs. No. 24 Maryland, No. 7 Michigan, No. 32 Michigan State, No. 8 Minnesota		
<b>Feb. 29</b>	<b>PENN STATE QUAD MEET (BTN Plus)</b>	<b>4 p.m.</b>
<b>VS. CORNELL, No. 27 NC STATE, TOWSON</b>		
Mar. 7	No. 2 FLORIDA (BTN Plus)	4 p.m.
Mar. 13	at No. 14 Arkansas	8 p.m.
Mar. 21	Big Ten Championships	TBA
<b>Apr. 2-4</b>	<b>NCAA REGIONAL#</b>	<b>TBA</b>
Apr. 17-18 NCAA Championships TBA		

\* Big Ten Opponent

<sup>^</sup> Anaheim, Calif.

% Toledo, Ohio

# University Park, Pa. (Rec Hall)

Big Ten Championships in Columbus, Ohio

All Times Eastern

**HOME MEETS IN BOLD CAPS**

Rankings based on RoadToNationals Standings

## NO. 28 PENN STATE CONTINUES BIG ACTION AT NO. 26 OHIO STATE

No. 28 Penn State is set to continue its Big Ten schedule at No. 26 Ohio State on Friday.

The Nittany Lions recorded a 195.425, but fell in a tight meet at No. 25 Illinois last Friday. Penn State earned a season high on vault with a 48.875.

Lauren Bridgens won the all-around title. She also tied for the bars and floor title, while earning a season-high on beam (9.875). Alissa Bonsall and Cassidy Rushlow shared the vault title, while Tess McCracken tied Bridgens for the bars title.

Penn State set or tied three career highs and set or tied five season highs.

Ohio State tallied a 195.900 on Sunday in a loss at No. 8 Michigan (197.350).

### Career Best Scores

Gymnast	AA	V	UB	BB	FX
Allen	-	9.750	9.800	-	9.800
Astarita	-	9.800	-	-	9.900
Bastardi	-	9.600	9.825 <sup>^</sup>	9.925	-
Bladon	-	9.725	-	9.725 <sup>^</sup>	-
Bonsall	38.750	9.825	9.900	9.675	9.875
Bridgens	39.525	9.925	10.000	9.900	9.950
Chinnery	-	9.875	9.850	9.675 <sup>^</sup>	9.850
Cox	-	-	-	-	-
Howell	-	-	-	-	-
McCracken	-	-	9.900	9.925	9.850
Politz	39.050	9.850	9.925	9.900	9.850
Romagnano	-	-	-	9.800	-
Rushlow	39.250	9.825	9.925	9.900	9.825
Verdeflor	-	-	9.850	9.850	-
<sup>^</sup> Exhibition					

### Season Best Scores

Gymnast	AA	V	UB	BB	FX
Allen	-	9.750	-	-	9.525
Astarita	-	-	-	-	9.900
Bastardi	-	9.600	9.725 <sup>^</sup>	9.825	-
Bladon	-	9.725	-	9.725 <sup>^</sup>	-
Bonsall	-	9.825	9.900	9.425 <sup>^</sup>	9.850
Bridgens	39.400	9.850	9.875	9.875	9.950
Chinnery	-	9.800	9.825	-	9.750 <sup>^</sup>
Cox	-	-	-	-	-
Howell	-	-	-	-	-
McCracken	-	-	9.850	9.875	9.850
Politz	-	-	8.850 <sup>^</sup>	-	9.850
Romagnano	-	-	-	9.800	-
Rushlow	39.250	9.825	9.925	9.900	9.825
Verdeflor	-	-	9.850	9.850	-
<sup>^</sup> Exhibition					

### Team Season Highs

**Overall: 196.325 vs. Rutgers (1/31)**

**Vault: 48.875 at Illinois (2/7)**

**Bars: 49.300 vs. West Virginia (1/11)**

**Beam: 49.175 vs. Rutgers (1/31)**

**Floor: 49.375 vs. Iowa (1/25)**



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GoPSUSports.com

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**#ForTheRoar**



# 2020 PENN STATE WOMEN'S GYMNASTICS

## 2020 ROSTER

Name	Event	Yr.	Ht.	Hometown/High School/Last School
Erynne Allen	AA	Sr.	5-3	Douglasville, Ga./South Paulding/Kentucky
Melissa Astarita	AA	So.	5-2	Morganville, N.J./Marlboro
Jessie Bastardi	AA	R-So.	5-4	State College, Pa./Saint Joseph's Catholic Academy/West Virginia
Amy Bladon	AA	Fr.	5-2	Sarnia, Ontario/Great Lakes Secondary School
Alissa Bonsall	AA	Jr.	5-1	Higganum, Conn./Haddam Killingworth
Lauren Bridgens	AA	Jr.	5-4	Darnestown, Md./Quince Orchard
Kourtney Chinnery	AA	Jr.	5-2	Suffolk, Va./Summit Christian Academy
Dymiana Cox	AA	So.	5-1	Elmont, N.Y./Parkettes
Donna Howell	AA	So.	5-5	New Milford, Pa./PA Cyber Charter School
Tess McCracken	UB, BB, FX	Sr.	5-4	Plano, Texas/Liberty
Kristen Politz	AA	Sr.	5-5	Morganville, N.J./Saint John Vianney
Bella Romagnano	AA	Fr.	5-2	New Albany, Ohio/New Albany
Cassidy Rushlow	AA	Fr.	5-2	Worcester, Mass./Daggett Gold Medal Gymnastics
Ava Verdeflor	AA	Jr.	5-3	Allen, Texas/Allen

**Head Coach:** Sarah Brown (Missouri '10; Third Season)  
**Assistant Coach:** Dallas Becerra (Missouri '13; Third Season)  
**Assistant Coach:** Ashleigh Gnat (LSU '17; First Season)  
**Captains:** Erynne Allen, Alissa Bonsall, Tess McCracken

### 2020 QUICK FACTS

#### GENERAL INFORMATION

Location ..... University Park, Pa.  
 Founded ..... 1855  
 Enrollment ..... 46,270  
 Colors ..... Blue and White  
 Conference ..... Big Ten  
 Nickname ..... Nittany Lions  
 President ..... Dr. Eric Barron  
 Director of Athletics ..... Sandy Barbour  
 Assoc. Athletics Director/SWA ..... Charmelle Green  
 Athletic Website ..... www.GoPSUsports.com

#### TEAM INFORMATION

Home Arena (Capacity) ..... Rec Hall (5,812)  
 Facebook ..... PennStateWomensGymnastics  
 Instagram ..... @PennStateWGYM  
 Twitter ..... @PennStateWGYM

#### 2019 RECAP

2019 Regular Season Record ..... 10-9  
 Big Ten Regular Season Record ..... 3-6  
 Big Ten Championships Finish ..... 5th  
 2019 NCAA Regional Finish ..... 6th  
 2019 NCAA Championships Finish ..... N/A  
 Final National Ranking ..... 23  
 All-Americans Returning/Lost ..... 0/0  
 Letterwinners Returning/Lost ..... 11/5  
 Newcomers ..... 3

#### PROGRAM HISTORY

First Year of Gymnastics ..... 1965  
 All-Time Record (Years) ..... 590-297-4 (55)  
 National Championships ..... 2  
 (1978, 80)  
 NCAA Championship Team Appearances ... 18  
 (1982, '84, '85, '86, '88, '91, '92, '93, '94,  
 '95, '96, '97, '98, '99, 2000, '05, '09, '14)  
 AIAW Championship Appearances ..... 7  
 (1975, '76, '77, '78, '79, '80, '81)

#### Name

Erynne Allen  
 Jessie Bastardi  
 Amy Bladon  
 Alissa Bonsall  
 Lauren Bridgens  
 Kourtney Chinnery  
 Dymiana Cox  
 Kristen Politz  
 Bella Romagnano  
 Cassidy Rushlow  
 Ava Verdeflor

#### Pronunciation

Erin Allen  
 Jessie Bas-TAR-di  
 Amy BLADE-in  
 Alissa Bon-zall  
 Lauren Bridge-ens  
 Kourtney Chin-er-y  
 DIM-y-ana Cox  
 Kristen pahl-LITZ  
 Bella ROMAN-yeno  
 Cassidy RUSH-lowe  
 Ava Ver-de-floor



# 2020 PENN STATE WOMEN'S GYMNASTICS



## SCOUTING THE BUCKEYES

- Ohio State is coached by Meredith Paulicivic, in her third season.
- Last Sunday, the Buckeyes recorded a 195.900 at No. 8 Michigan, but fell to the Wolverines' 197.350.
- Claire Gagliardi recorded a 9.925 on floor, while Ella Hodges had a 9.925 on beam.
- Olivia Aepli collected a 9.900 on floor and led the squad with a 9.825 on vault.
- Colby Miller and Jenna Swartzentruber tied for the team high on bars with a 9.850.
- Ohio State ranks 26th in the RoadToNationals standings, averaging a 195.260.
- The Buckeyes sit 12th in the nation on bars (49.130) average, 24th on vault (48.895), 27th on floor (48.945) and 45th on beam (48.290).
- Gagliardi ranks 14th in the nation on floor, averaging a 9.900. Nevin Adamski is 72nd in the country on floor (9.850).
- On vault, Aepli holds 46th in the country (9.840), while Sydney Jennings is 70th (9.815).
- Swartzentruber is 71st on bars with a 9.825 average. Danica Abanto has OSU's top average on beam, a 9.750.

## ILLINOIS MEET RECAP

- Penn State tallied a 195.425 in a tight loss at Illinois (195.725) that came down to the final routines.
- The Nittany Lions set a season high with a 48.875 on vault. Alissa Bonsall and Cassidy Rushlow tied for the event title with a 9.825, tying a career high for Bonsall and setting a career high for Rushlow. Kourtney Chinnery tied a season high (9.800).
- Lauren Bridgens won the all-around title with a 39.275. She also captured the floor title, with a 9.850, and tied with Tess McCracken for the bars title with a 9.825.
- Bridgens set a season high on beam (9.875), while Bella Romagnano earned a career-high 9.800.

## BRIDGENS LEADING ON FLOOR

- The Nittany Lions have seen significant improvement through the season on floor, led by Lauren Bridgens.
- The junior has won four straight floor titles. She won at Nebraska with a 9.925, set a career high against Iowa (9.950), won against Rutgers (9.875) and claimed the title at Illinois (9.850).
- Bridgens currently ranks 36th in the nation and eighth in the Big Ten with a 9.875 average. She also ranks 36th nationally in all-around (39.200).
- Penn State increased its floor score through each of the first three meets before a season-high 49.375 against Iowa, the Nittany Lions' best floor performance since the 2018 Big Ten Championships.
- Against Rutgers, Bridgens won all-around and three events for the second time in her career. The first came against Cornell & Penn in 2018 when she won all-around, bars, beam and floor.

## SETTING THE BAR

- The Nittany Lions have enjoyed a solid start to the season on bars, averaging a 49.092, good for 15th in the country.
- Penn State has three scores above a 49.175 this season, including a 49.300 against West Virginia and a 49.275 against Rutgers. PSU's 49.300 vs. WVU was PSU's highest bars score in a home opener since 2001. PSU earned the top six places in the meet against Rutgers.
- Bridgens ranks 44th in the nation and sixth in the Big Ten on bars, averaging a 9.846. She has PSU's highest bars score in three meets and has two event titles.
- Bonsall sits 59th in the country on bars, averaging a 9.833. She has PSU's highest score in four meets, including two event titles.

## FANTASTIC FRESHMAN

- Cassidy Rushlow has already made a strong impact as a freshman. She has led PSU on vault one time, beam four times, once on bars and one in all-around.
- Rushlow had a 9.925 on bars vs. WVU, PSU's highest score this year, and back-to-back 9.900's on beam in the last two meets.
- The Massachusetts native has one event title each on vault, bars, beam and all-around.

## NATIONAL POLL (ROADTONATIONALS)

Team	Avg.	High
1 Oklahoma	197.782	198.250
2 Florida	197.650	198.375
3 Utah	197.065	197.550
4 UCLA	197.050	197.675
5 Denver	196.992	197.425
6 Alabama	196.865	197.550
7 Michigan	196.815	197.350
8 Minnesota	196.775	197.400
9 LSU	196.671	197.775
10 California	196.521	197.325
11 Georgia	196.496	197.425
12 Kentucky	196.479	197.275
13 Washington	196.388	197.225
14 Arkansas	196.233	196.950
15 Nebraska	196.229	197.100
16 BYU	196.167	197.075
17 Auburn	196.096	196.700
18 Iowa State	196.017	196.800
19 Missouri	195.879	196.850
20 Southern Utah	195.838	197.225
21 Oregon State	195.763	196.825
22 Arizona	195.650	196.150
23 Illinois	195.321	195.850
24 Maryland	195.315	196.150
25 Stanford	195.310	196.250
26 Ohio State	195.260	195.900
27 NC State	195.230	196.250
28 Penn State	195.213	196.325
29 West Virginia	195.155	196.025
30 Arizona State	195.121	196.300
31 Utah State	195.060	195.675
32 Michigan State	195.008	196.550
33 Central Michigan	194.900	195.675
34 Iowa	194.871	196.175
35 New Hampshire	194.783	195.850
36 Eastern Michigan	194.680	195.325

### 2020 Opponents in Bold

### PENN STATE WEEK-BY-WEEK RANKING

Preseason (WCGA)	25
Week 2	17
Week 3	31
Week 4	35
Week 5	30
Week 6	27
Week 7	28

### PSU RANKING BY EVENT (NATIONAL/BIG)

Vault	38/9
Uneven Bars	15/4
Balance Beam	34/8
Floor Exercise	41/9

## Meet-by-Meet Team Leaders

Gymnast	AA	V	UB	BB	FX
Allen	-	-	-	-	-
Astarita	-	-	-	-	-
Bastardi	-	-	-	-	-
Bladon	-	-	-	-	-
Bonsall	-	3	4	-	-
Bridgens	5	2	3	1	6
Chinnery	-	1	-	-	-
Cox	-	-	-	-	-
Howell	-	-	-	-	-
McCracken	-	-	1	2	-
Politz	-	-	-	-	-
Romagnano	-	-	-	-	-
Rushlow	1	1	1	4	-
Verdeflor	-	-	-	-	-

INCLUDES TIES

## National Rankings (Top 75) /Big Ten Rankings (Top 10) (RoadToNationals as of 2/10/20)

Gymnast	AA	V	UB	BB	FX
Allen	-	-	-	-	-
Astarita	-	-	-	-	-
Bastardi	-	-	-	-	-
Bladon	-	-	-	-	-
Bonsall	-	-	59/10	-	-
Bridgens	36/10	-	44/6	-	36/8
Chinnery	-	-	-	-	-
Cox	-	-	-	-	-
Howell	-	-	-	-	-
McCracken	-	-	-	-	-
Politz	-	-	-	-	-
Romagnano	-	-	-	-	-
Rushlow	-	-	-	51/11	-
Verdeflor	-	-	-	-	-



# 2020 PENN STATE WOMEN'S GYMNASTICS

## TEAM MEET-BY-MEET

Date - Opponent	Event Order	V	UB	BB	FX	TEAM
Jan. 4 - vs. No. 21 Arizona State, No. 13 Auburn, No. 7 Denver	FX, V, UB, BB	48.250	48.850	48.750	47.650	193.500
Jan. 11 - West Virginia	V, UB, BB, FX	48.750	<b>49.300</b>	49.025	48.675	195.750
Jan. 16 - at No. 10 Nebraska*	UB, V, FX, BB	48.825	48.975	47.425	48.775	194.000
Jan. 25 - No. 32 Iowa*	V, UB, BB, FX	48.750	49.175	48.975	<b>49.375</b>	196.275
Jan. 31 - Rutgers*	V, UB, BB, FX	48.850	49.275	<b>49.175</b>	49.025	<b>196.325</b>
Feb. 7 - at No. 25 Illinois*	UB, V, FX, BB	<b>48.875</b>	48.975	48.675	48.900	195.425
Feb. 14 - at No. 26 Ohio State*	-	-	-	-	-	-
Feb. 22 - Big Five Meet*	-	-	-	-	-	-
Feb. 29 - Cornell, No. 27 NC State, Towson	-	-	-	-	-	-
Mar. 7 - No. 2 Florida	-	-	-	-	-	-
Mar. 13 - at No. 14 Arkansas	-	-	-	-	-	-
Mar. 21 - Big Ten Championships	-	-	-	-	-	-
Apr. 2-4 - NCAA Regionals - University Park, Pa.	-	-	-	-	-	-

### SEASON HIGH IN BOLD

\* Indicates Big Ten Regular Season Meet

Rankings based on RoadToNationals standings

## TOP TEN PERFORMANCES

Vault	(Rowland/Personett, 10.0)	Balance Beam	(Leopoldus/Rowland/Smith, 10.0)	All-Around	(Rowland, 39.775)
Lauren Bridgens	9.850 1/31	Cassidy Rushlow	9.900 1/31	Lauren Bridgens	39.400 1/31
Lauren Bridgens	9.850 1/16	Cassidy Rushlow	9.900 1/25	Lauren Bridgens	39.400 1/25
Alissa Bonsall	9.825 2/7	Lauren Bridgens	9.875 2/7	Lauren Bridgens	39.275 2/7
Cassidy Rushlow	9.825 2/7	Tess McCracken	9.875 1/11	Cassidy Rushlow	39.250 1/31
Alissa Bonsall	9.825 1/31	Cassidy Rushlow	9.875 1/11	Cassidy Rushlow	39.250 1/11
Alissa Bonsall	9.825 1/25	Tess McCracken	9.850 1/31	Cassidy Rushlow	39.225 1/25
Alissa Bonsall	9.825 1/11	Ava Verdeflor	9.850 1/31	Lauren Bridgens	39.150 1/11
Kourtney Chinnery	9.800 2/7	Jessie Bastardi	9.825 1/25	Cassidy Rushlow	39.025 2/7
Kourtney Chinnery	9.800 1/31	Lauren Bridgens	9.825 1/25	Lauren Bridgens	39.025 1/4
Kourtney Chinnery	9.800 1/11	Tess McCracken	9.825 1/16	Lauren Bridgens	38.950 1/16
		Cassidy Rushlow	9.825 1/4		
Uneven Bars	(Bridgens, 10.0)	Floor Exercise	(Casey, 10.0)		
Cassidy Rushlow	9.925 1/11	Lauren Bridgens	9.950 1/25		
Alissa Bonsall	9.900 1/25	Lauren Bridgens	9.925 1/16		
Alissa Bonsall	9.875 1/31	Melissa Astarita	9.900 1/25		
Lauren Bridgens	9.875 1/31	Lauren Bridgens	9.875 1/31		
Lauren Bridgens	9.875 1/25	Lauren Bridgens	9.850 2/7		
Lauren Bridgens	9.875 1/11	Alissa Bonsall	9.850 1/31		
Alissa Bonsall	9.875 1/4	Tess McCracken	9.850 1/25		
Cassidy Rushlow	9.850 1/31	Kristen Politz	9.850 1/25		
Ava Verdeflor	9.850 1/31	Melissa Astarita	9.850 1/16		
Tess McCracken	9.850 1/11	Alissa Bonsall	9.850 1/16		

### Career Event Titles (Season Event Titles)

Gymnast	AA	V	UB	BB	FX
Allen	-	-	-	-	-
Astarita	-	-	-	-	2 (-)
Bastardi	-	-	-	2 (-)	-
Bladon	-	-	-	-	-
Bonsall	-	3 (2)	4 (2)	-	-
Bridgens	9 (3)	5 (1)	11 (2)	1 (-)	5 (4)
Chinnery	-	1 (-)	-	-	-
Cox	-	-	-	-	-
Howell	-	-	-	-	-
McCracken	-	-	1 (1)	1 (-)	-
Politz	-	-	-	1 (-)	1 (-)
Romagnano	-	-	-	-	-
Rushlow	1 (1)	1 (1)	1 (1)	1 (1)	-
Verdeflor	-	-	-	-	-

INCLUDES TIES



# 2020 PENN STATE WOMEN'S GYMNASTICS

## GYMNAST MEET-BY-MEET

<b>Erynne Allen</b>		<b>Sr.</b>
<b>Vault</b>	<b>(9.750, 1/16/20)</b>	
Collegiate Challenge (1/4)	9.550 (21)	
West Virginia (1/11)	9.750 (6)	
at Nebraska (1/16)	<b>9.750 (8)</b>	
Rutgers (1/31)	9.625 (10)	
at Illinois (2/7)	9.700 (9)	
<b>Uneven Bars</b>		<b>(9.800, 2/2/19)</b>
<b>Floor Exercise</b>		<b>(9.800, 3/23/19)</b>
Collegiate Challenge (1/4)	8.750 (23)	
West Virginia (1/11)	<b>9.525 (10)</b>	
at Nebraska (1/16)	9.450 (12)	
Rutgers (1/31)	9.825^	
at Illinois (2/7)	9.675^	
<b>Melissa Astarita</b>		<b>So.</b>
<b>Vault</b>	<b>(9.800, 3/17/19)</b>	
<b>Floor Exercise</b>		<b>(9.900, 1/25/20)</b>
Collegiate Challenge (1/4)	9.675 (14)	
West Virginia (1/11)	9.750 (6)	
at Nebraska (1/16)	9.850 (6)	
Iowa (1/25)	<b>9.900 (3)</b>	
Rutgers (1/31)	9.625 (10)	
at Illinois (2/7)	9.825 (4)	
<b>Jessie Bastardi</b>		<b>R-So.</b>
<b>Vault</b>	<b>(9.600, 1/4/20)</b>	
Collegiate Challenge (1/4)	<b>9.600 (19)</b>	
West Virginia (1/11)	9.575 (12)	
<b>Uneven Bars</b>		<b>(9.825^, 2/2/19)</b>
Collegiate Challenge (1/4)	<b>9.725^</b>	
West Virginia (1/11)	9.625^	
<b>Balance Beam</b>		<b>(9.925, 2/9/19)</b>
Collegiate Challenge (1/4)	9.650 (18)	
West Virginia (1/11)	9.800 (4)	
at Nebraska (1/16)	9.625 (6)	
Iowa (1/25)	<b>9.825 (3)</b>	
Rutgers (1/31)	9.625 (12)	
at Illinois (2/7)	9.600 (11)	
<b>Amy Bladon</b>		<b>Fr.</b>
<b>Vault</b>	<b>(9.725, 1/25/20)</b>	
at Nebraska (1/16)	9.525 (12)	
Iowa (1/25)	<b>9.725 (7)</b>	
Rutgers (1/31)	9.600 (11)	
at Illinois (2/7)	9.650 (11)	
<b>Balance Beam</b>		<b>(9.750^, 2/7/20)</b>
West Virginia (1/11)	9.725^	
at Nebraska (1/16)	9.525^	
Iowa (1/25)	9.400^	
at Illinois (2/7)	<b>9.750^</b>	
<b>Alissa Bonsall</b>		<b>Jr.</b>
<b>All-Around</b>	<b>(38.750, 1/6/18)</b>	
<b>Vault</b>		<b>(9.825, 2/7/20)</b>
Collegiate Challenge (1/4)	9.675 (14)	
West Virginia (1/11)	9.825 (2)	
at Nebraska (1/16)	9.700 (10)	
Iowa (1/25)	9.825 (1)	
Rutgers (1/31)	9.825 (4)	
at Illinois (2/7)	<b>9.825 (1)</b>	
<b>Uneven Bars</b>		<b>(9.900, 1/25/20)</b>
Collegiate Challenge (1/4)	9.875 (4)	
West Virginia (1/11)	9.725 (8)	
at Nebraska (1/16)	9.825 (2)	
Iowa (1/25)	<b>9.900 (1)</b>	
Rutgers (1/31)	9.875 (1)	
at Illinois (2/7)	9.800 (3)	

<b>Balance Beam</b>		<b>(9.675, 1/5/19)</b>
Collegiate Challenge (1/4)	9.000^	
Rutgers (1/31)	<b>9.425^</b>	
<b>Floor Exercise</b>		<b>(9.875, 3/23/19)</b>
Collegiate Challenge (1/4)	9.725 (11)	
West Virginia (1/11)	9.800 (3)	
at Nebraska (1/16)	9.850 (6)	
Iowa (1/25)	9.775 (9)	
Rutgers (1/31)	<b>9.850 (2)</b>	
at Illinois (2/7)	9.750 (8)	
<b>Lauren Bridgens</b>		<b>Jr.</b>
<b>All-Around</b>	<b>(39.525, 1/26/19)</b>	
Collegiate Challenge (1/4)	39.025 (3)	
West Virginia (1/11)	39.150 (2)	
at Nebraska (1/16)	38.950 (2)	
Iowa (1/25)	39.400 (1)	
Rutgers (1/31)	<b>39.400 (1)</b>	
at Illinois (2/7)	39.275 (1)	
<b>Vault</b>		<b>(9.925, 3/4/18)</b>
Collegiate Challenge (1/4)	9.650 (17)	
West Virginia (1/11)	9.700 (8)	
at Nebraska (1/16)	9.850 (3)	
Iowa (1/25)	9.750 (5)	
Rutgers (1/31)	<b>9.850 (1)</b>	
at Illinois (2/7)	9.725 (7)	
<b>Uneven Bars</b>		<b>(10.0, 3/9/18)</b>
Collegiate Challenge (1/4)	9.800 (9)	
West Virginia (1/11)	9.875 (2)	
at Nebraska (1/16)	9.825 (2)	
Iowa (1/25)	9.875 (2)	
Rutgers (1/31)	<b>9.875 (1)</b>	
at Illinois (2/7)	9.825 (1)	
<b>Balance Beam</b>		<b>(9.900, 3/8/19)</b>
Collegiate Challenge (1/4)	9.750 (14)	
West Virginia (1/11)	9.750 (8)	
at Nebraska (1/16)	9.350 (8)	
Iowa (1/25)	9.825 (3)	
Rutgers (1/31)	9.800 (8)	
at Illinois (2/7)	<b>9.875 (2)</b>	
<b>Floor Exercise</b>		<b>(9.950, 1/25/20)</b>
Collegiate Challenge (1/4)	9.825 (5)	
West Virginia (1/11)	9.825 (2)	
at Nebraska (1/16)	9.925 (1)	
Iowa (1/25)	<b>9.950 (1)</b>	
Rutgers (1/31)	9.875 (1)	
at Illinois (2/7)	9.850 (1)	
<b>Kourtney Chinnery</b>		<b>Jr.</b>
<b>Vault</b>	<b>(9.875, 2/22/19)</b>	
Collegiate Challenge (1/4)	9.725 (11)	
West Virginia (1/11)	9.800 (3)	
at Nebraska (1/16)	9.775 (5)	
Iowa (1/25)	9.750 (5)	
Rutgers (1/31)	9.800 (6)	
at Illinois (2/7)	<b>9.800 (3)</b>	
<b>Uneven Bars</b>		<b>(9.850, 3/8/19)</b>
Collegiate Challenge (1/4)	9.725 (16)	
West Virginia (1/11)	<b>9.825 (5)</b>	
at Nebraska (1/16)	9.675 (11)	
Iowa (1/25)	9.725 (8)	
Rutgers (1/31)	9.800 (6)	
at Illinois (2/7)	9.725 (8)	
<b>Balance Beam</b>		<b>(9.675^, 1/26/19)</b>
<b>Floor Exercise</b>		<b>(9.850, 1/26/19)</b>
Collegiate Challenge (1/4)	8.150^	
Iowa (1/25)	<b>9.750^</b>	

<b>Dymiana Cox</b>		<b>So.</b>
<b>Donna Howell</b>		<b>So.</b>
<b>Tess McCracken</b>		<b>Sr.</b>
<b>Uneven Bars</b>	<b>(9.900, 1/19/19)</b>	
Collegiate Challenge (1/4)	9.750 (13)	
West Virginia (1/11)	<b>9.850 (3)</b>	
at Nebraska (1/16)	9.725 (8)	
Iowa (1/25)	9.800 (4)	
Rutgers (1/31)	9.825 (5)	
at Illinois (2/7)	9.825 (1)	
<b>Balance Beam</b>		<b>(9.925, 2/9/19)</b>
Collegiate Challenge (1/4)	9.750 (14)	
West Virginia (1/11)	<b>9.875 (2)</b>	
at Nebraska (1/16)	9.825 (1)	
Iowa (1/25)	9.450 (10)	
Rutgers (1/31)	9.850 (3)	
at Illinois (2/7)	9.175 (12)	
<b>Floor Exercise</b>		<b>(9.850, 1/25/20)</b>
Collegiate Challenge (1/4)	9.675 (14)	
at Nebraska (1/16)	9.650 (10)	
Iowa (1/25)	<b>9.850 (5)</b>	
Rutgers (1/31)	9.825 (4)	
at Illinois (2/7)	9.750 (8)	
<b>Kristen Politz</b>		<b>Sr.</b>
<b>All-Around</b>	<b>(39.050, 1/15/17)</b>	
<b>Vault</b>		<b>(9.850, 2/4/17)</b>
<b>Uneven Bars</b>		<b>(9.925, 3/9/18)</b>
at Nebraska (1/16)	<b>8.850^</b>	
<b>Balance Beam</b>		<b>(9.900, 3/17/19)</b>
Rutgers (1/31)	<b>9.850^</b>	
<b>Floor Exercise</b>		<b>(9.850, 1/25/20)</b>
West Virginia (1/11)	9.325 (12)	
at Nebraska (1/16)	9.400^	
Iowa (1/25)	<b>9.850 (5)</b>	
Rutgers (1/31)	9.725 (7)	
at Illinois (2/7)	9.725 (10)	
<b>Bella Romagnano</b>		<b>Fr.</b>
<b>Balance Beam</b>	<b>(9.800, 2/7/20)</b>	
Collegiate Challenge (1/4)	9.150 (24)	
West Virginia (1/11)	9.725 (9)	
at Nebraska (1/16)	8.875 (10)	
Iowa (1/25)	9.675 (9)	
Rutgers (1/31)	9.775 (9)	
at Illinois (2/7)	<b>9.800 (5)</b>	

<b>KEY</b>	
<b>Event</b>	<b>(Career Best, Date)</b>
<b>Meet (Date)</b>	<b>Score (Place)</b>



# 2020 PENN STATE WOMEN'S GYMNASTICS

## GYMNAST MEET-BY-MEET

<b>Cassidy Rushlow</b>		<b>Fr.</b>
<b>All-Around</b>		<b>(39.250, 1/31/20)</b>
Collegiate Challenge (1/4)		37.050 (7)
West Virginia (1/11)		39.250 (1)
at Nebraska (1/16)		38.800 (3)
Iowa (1/25)		39.225 (2)
Rutgers (1/31)		<b>39.250 (3)</b>
at Illinois (2/7)		39.025 (3)
<b>Vault</b>		<b>(9.825, 2/7/20)</b>
Collegiate Challenge (1/4)		9.600 (19)
West Virginia (1/11)		9.675 (10)
at Nebraska (1/16)		9.750 (8)
Iowa (1/25)		9.700 (9)
Rutgers (1/31)		9.750 (9)
at Illinois (2/7)		<b>9.825 (1)</b>
<b>Uneven Bars</b>		<b>(9.925, 1/11/20)</b>
Collegiate Challenge (1/4)		9.075 (24)
West Virginia (1/11)		<b>9.925 (1)</b>
at Nebraska (1/16)		9.800 (4)
Iowa (1/25)		9.800 (4)
Rutgers (1/31)		9.850 (3)
at Illinois (2/7)		9.775 (5)
<b>Balance Beam</b>		<b>(9.900, 1/31/20)</b>
Collegiate Challenge (1/4)		9.825 (5)
West Virginia (1/11)		9.875 (2)
at Nebraska (1/16)		9.750 (3)
Iowa (1/25)		9.900 (1)
Rutgers (1/31)		<b>9.900 (2)</b>
at Illinois (2/7)		9.700 (7)
<b>Floor Exercise</b>		<b>(9.825, 1/11/20)</b>
Collegiate Challenge (1/4)		8.550 (24)
West Virginia (1/11)		9.775 (5)
at Nebraska (1/16)		9.500 (11)
Iowa (1/25)		<b>9.825 (8)</b>
Rutgers (1/31)		9.750 (6)
at Illinois (2/7)		9.725 (10)
<b>Ava Verdeflor</b>		<b>Jr.</b>
<b>Uneven Bars</b>		<b>(9.850, 1/31/20)</b>
Collegiate Challenge (1/4)		9.700 (18)
West Virginia (1/11)		9.825 (5)
at Nebraska (1/16)		9.800 (4)
Iowa (1/25)		9.800 (4)
Rutgers (1/31)		<b>9.850 (3)</b>
at Illinois (2/7)		<b>9.750 (7)</b>
<b>Balance Beam</b>		<b>(9.850, 1/31/20)</b>
Collegiate Challenge (1/4)		9.775 (11)
West Virginia (1/11)		9.700 (10)
at Nebraska (1/16)		8.450 (12)
Iowa (1/25)		9.750 (6)
Rutgers (1/31)		<b>9.850 (3)</b>
at Illinois (2/7)		9.700 (7)

<b>KEY</b>	
Event	(Career Best, Date)
Meet (Date)	Score (Place)

\* - School Record

# - NCAA Record

\$ - Big Ten Record

^ - Exhibition Score

Season Highs in BOLD



# 2020 PENN STATE WOMEN'S GYMNASTICS

## INDIVIDUAL SCHOOL RECORDS

### VAULT

1.	10.0	Brandi Personett	2/13/2010
		Brandi Personett	1/23/2010
		Katie Rowland	3/29/2003
		Katie Rowland	2/16/2003
5.	9.975	Emma Sibson	3/8/2014
		Sharaya Musser	3/7/2010
		Brandi Personett	2/2/2008
		Katie Rowland	3/8/2003
9.	9.950	Briannah Tsang	1/31/2015
		Krystal Welsh	1/31/2015
		Briannah Tsang	1/17/2015
		Emma Sibson	2/8/2014
		Madison Merriam	3/16/2013
		Madison Merriam	2/16/2013
		Sharaya Musser	3/17/2012
		Sharaya Musser	3/2/2012
		Sharaya Musser	1/15/2012
		Sharaya Musser	2/11/2011
		Sharaya Musser	3/20/2010
		Brandi Personett	4/10/2010
		Brandi Personett	2/20/2010
		Brandi Personett	2/13/2009
		Brandi Personett	1/30/2009
		Brandi Personett	3/29/2008
		Brandi Personett	3/31/2007
		Jennifer Orlando	2/25/2006
		Lisa Clark	2/13/2005
		Lisa Clark	4/3/2004
		Katie Rowland	4/12/003
		Katie Rowland	2/7/2003
		Katie Rowland	1/11/2003
		Katie Rowland	3/23/2002
		Katie Rowland	3/9/2002
		Katie Rowland	2/15/2002
		Katie Rowland	3/10/2001
		Gemma Cuff	3/2/2000
		Gemma Cuff	2/28/1998
		Joanna Knox	3/25/1995

### UNEVEN BARS

1.	10.0	<b>Lauren Bridgens</b>	3/9/2018
2.	9.975	Natalie Ettl	2/18/2011
		Katie Perret	3/16/2007
4.	9.950	Sabrina Garcia	1/19/2019
		Sabrina Garcia	1/21/2017
		Sabrina Garcia	1/7/2017
		Kiera Brown	3/19/2016
		Kiera Brown	1/9/2016
		Krystal Welsh	3/8/2015
		Madison Merriam	2/23/2013
		Natalie Ettl	2/6/2011
		Natalie Ettl	3/7/2010
		Natalie Ettl	2/6/2010
		Katie McAvoy	3/1/2003
		Katie McAvoy	2/2/2002
		Katie Rowland	3/16/2002
		Katie Rowland	2/17/2001
		Maria Taylor	2/23/2001
		Nikki Smith	3/13/1999

### BALANCE BEAM

1.	10.0	Katie Rowland	3/14/2003
		Nikki Smith	3/18/2000
		Missy Leopoldus	2/19/1999
		Missy Leopoldus	1/30/1999
5.	9.975	Nicole Medvitz	3/12/2016
		Meredith Hoover	2/25/2006
		Richelle Simpson	2/17/2001
		Maria Taylor	2/17/2001
		Nikki Smith	1/22/2000
10.	9.950	Sydney Sanabria-Robles	1/31/2015
		Briannah Tsang	1/24/2015
		Kassidy Stauder	3/8/2014
		Sharaya Musser	3/16/2013
		Sharaya Musser	2/11/2012
		Sharaya Musser	3/4/2011
		Brandi Personett	2/6/2010
		Kristal Uzelac	3/26/2005
		Katie Rowland	3/9/2002
		Nikki Smith	3/11/2000
		Nikki Smith	1/16/2000
		Missy Leopoldus	1999
		Missy Leopoldus	1/17/1998
		Nicole Malinak	2/28/1997

### FLOOR EXERCISE

1.	10.0	Ellen Casey	2/19/1999
2.	9.975	Katie Rowland	3/14/2003
		Gemma Cuff	2/23/2001
		Ellen Casey	1999
5.	9.950	<b>Lauren Bridgens</b>	<b>1/25/2020</b>
		Briannah Tsang	3/24/2018
		Briannah Tsang	2/24/2018
		Briannah Tsang	3/5/2017
		Emma Sibson	3/8/2015
		Sharaya Musser	3/17/2012
		Sharaya Musser	3/4/2011
		Sharaya Musser	2/18/2011
		Brandi Personett	3/27/2010
		Brandi Personett	3/20/2010
		Brandi Personett	2/20/2010
		Brandi Personett	3/21/2009
		Brandi Personett	3/8/2009
		Brandi Personett	3/1/2009
		Brandi Personett	3/1/2008
		Brandi Personett	2/24/2007
		Kate Stopper	2/6/2004
		Katie Rowland	4/12/2003
		Katie Rowland	3/1/2003
		Katie Rowland	2/16/2003
		Katie Rowland	2/1/2003
		Katie Rowland	3/16/2002
		Katie Rowland	2/23/2001
		Katie Rowland	2/3/2001
		Leslie Bair	2/23/2001
		Richelle Simpson	2/23/2001
		Heather Duggan	2/19/2000
		Missy Leopoldus	3/14/1998
		Ellen Casey	1999
		Ellen Casey	2/28/1998
		Ellen Casey	3/16/1997

### ALL-AROUND

1.	39.775	Katie Rowland	3/14/2003
2.	39.725	Sharaya Musser	3/4/2011
		Katie Rowland	3/9/2002
4.	39.700	Brandi Personett	2/20/2010
5.	39.675	Katie Rowland	2/16/2003
6.	39.650	Sharaya Musser	3/16/2013
		Sharaya Musser	3/17/2012
		Sharaya Musser	3/2/2012
		Katie Rowland	2/23/2001
		Katie Rowland	2/17/2001

**NOTES:** Listed alphabetically based on most recent performance.

## TEAM SCHOOL RECORDS

### VAULT

1.	49.550	at Illinois	1/31/2015
2.	49.500	Cornell, Iowa, Yale	1/23/2010
	49.500	at NCAA Regionals	4/3/2004
	49.500	at West Virginia w/ Rutgers	2/16/2003
5.	49.475	Kentucky	3/16/2013
	49.475	at West Virginia w/ Ball State	2/13/2005
7.	49.450	at N.H. w/Bridgeport, G. Wash.	3/8/2014
	49.450	Iowa State, Penn, SUNY-Brockport	2/28/2015
9.	49.425	Nebraska, Rutgers, Yale	2/10/2006
10.	49.400	at Pittsburgh	2/13/2010

### UNEVEN BARS

1.	49.500	Massachusetts	2/23/2001
2.	49.475	at BYU, TWU & Utah State	3/9/2018
3.	49.425	Nebraska	3/1/2003
4.	49.375	at Michigan State	2/4/2018
	49.375	at Maryland Quad	2/18/2011
	49.375	at Arizona w/ Kentucky, TWU	3/16/2007
	49.375	at Rhode Island	2/17/2001
8.	49.350	Michigan State	2/23/2013
	49.350	Maryland	3/17/2012
	49.350	at Big Ten Championships	3/27/2010
	49.350	Illinois	2/6/2010
	49.350	at Pittsburgh	3/18/2006
	49.350	at New Hampshire	3/6/2004
	49.350	New Hampshire	1/20/2001
	49.350	NCAA Regionals	4/10/1999
	49.350	Alabama	2/19/1999

### BALANCE BEAM

1.	49.650	at Rhode Island	2/17/2001
2.	49.550	Big Ten Championships	3/18/2000
3.	49.425	Central Michigan	1/24/2004
4.	49.375	Iowa, Mich., Minn., Rutgers	3/12/2016
	49.375	at N.H. w/Bridgeport, G. Wash.	3/8/2014
	49.375	at Pittsburgh	2/28/2004
	49.375	Pennsylvania Championships	2/28/1997
8.	49.350	at Rutgers	2/9/2019
	49.350	Maryland, Michigan, Bridgeport	3/7/2010
	49.350	at Illinois	1/13/2001

### FLOOR EXERCISE

1.	49.725	Massachusetts	2/23/2001
2.	49.550	Pittsburgh	2/3/2001
3.	49.525	New Hampshire, Penn, Temple	3/9/2013
	49.525	Florida	1/30/1999
5.	49.500	Alabama	2/19/1999
6.	49.450	at Pittsburgh	3/11/2012
7.	49.425	NCAA Regionals	4/5/2014
	49.425	Big Ten Championships	3/22/2014
	49.425	at Big Ten Championships	3/21/2009
	49.425	Maryland	1/29/2005

### TEAM

1.	197.450	Massachusetts	2/23/2001
2.	197.325	Kentucky	3/16/2013
3.	197.200	at N.H. w/Bridgeport, G. Wash.	3/8/2014
4.	197.125	Iowa, Mich., Minn., Rutgers	3/12/2016
5.	197.075	Maryland, North Carolina State	3/4/2011
6.	197.025	Alabama	2/19/1999
	197.025	Michigan State	2/7/2015
8.	196.975	New Hampshire, Penn, Temple	3/9/2013
9.	196.875	Pittsburgh	2/3/2001
10.	196.825	at Arizona w/Kentucky, TWU	3/16/2007
11.	196.775	Minnesota	1/26/2019
11.	196.775	at Rhode Island	2/17/2001



## 2020 NITTANY LIONS



**ERYNNE  
ALLEN**

**SENIOR**  
DALLAS, GA.  
SOUTH PAULDING/  
KENTUCKY  
BIOBEHAVIORAL HEALTH

### 2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	9.550	-	-	8.750
WVU	-	9.750	-	-	9.525
at Nebraska	-	9.750	-	-	9.450
IOWA	-	9.625	-	-	9.825^
RUTGERS	-	9.700	-	-	9.675^
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	9.750	-	-	9.525
Career High	-	9.750	9.800	-	9.800

^ Exhibition \* Event Title



**MELISSA  
ASTARITA**

**SOPHOMORE**  
MORGANVILLE, N.J.  
MARLBORO  
MATHEMATICS

### 2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	-	-	9.675
WVU	-	-	-	-	9.750
at Nebraska	-	-	-	-	9.850
IOWA	-	-	-	-	9.900
RUTGERS	-	-	-	-	9.625
at Illinois	-	-	-	-	9.825
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	-	-	9.900
Career High	-	9.800	-	-	9.900

^ Exhibition \* Event Title







# 2020 PENN STATE WOMEN'S GYMNASTICS

## 2020 NITTANY LIONS



### JESSIE BASTARDI

**R-SOPHOMORE • 5'4"**  
STATE COLLEGE, PA.  
SAINT JOSEPH'S CATHOLIC  
ACADEMY/WEST VIRGINIA  
RECREATION, PARKS AND  
TOURISM MANAGEMENT

#### 2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	9.600	9.725^	9.650	-
WVU	-	9.575	9.625^	9.800	-
at Nebraska	-	-	-	9.625	-
IOWA	-	-	-	9.825	-
RUTGERS	-	-	-	9.625	-
at Illinois	-	-	-	9.600	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	9.600	9.725^	9.825	-
Career High	-	9.600	9.825^	9.925	-

^ Exhibition \* Event Title



### AMY BLADON

**FRESHMAN • 5'2"**  
SARNIA, ONTARIO  
GREAT LAKES  
SECONDARY SCHOOL  
GENERAL SCIENCE

#### 2020 Scores

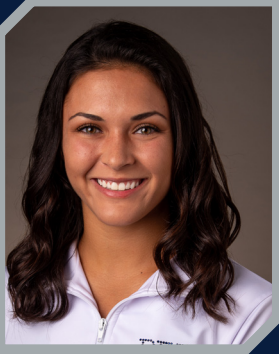
Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	-	-	-
WVU	-	-	-	9.725^	-
at Nebraska	-	9.525	-	9.525^	-
IOWA	-	9.725	-	9.400^	-
RUTGERS	-	9.600	-	-	-
at Illinois	-	9.650	-	9.750^	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	9.725	-	9.750^	-
Career High	-	9.725	-	9.750^	-

^ Exhibition \* Event Title





## 2020 NITTANY LIONS



**ALISSA  
BONSALL**

**JUNIOR • 5'1"**  
HIGGANUM, CONN.  
HADDAM KILLINGWORTH  
KINESIOLOGY

### 2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	9.675	9.875	9.000 <sup>^</sup>	9.725
WVU	-	9.825	9.725	-	9.800
at Nebraska	-	9.700	9.825	-	9.850
IOWA	-	9.825*	9.900*	-	9.775
RUTGERS	-	9.825	9.875*	9.425 <sup>^</sup>	9.850
at Illinois	-	9.825*	9.800	-	9.750
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	9.825	9.900	9.425 <sup>^</sup>	9.850
Career High	38.750	9.825	9.900	9.675	9.875

<sup>^</sup> Exhibition \* Event Title



**LAUREN  
BRIDGENS**

**JUNIOR • 5'4"**  
DARNESTOWN, MD.  
QUINCE ORCHARD  
MARKETING

### 2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	39.025	9.650	9.800	9.750	9.825
WVU	39.150	9.700	9.875	9.750	9.825
at Nebraska	38.950	9.850	9.825	9.350	9.925*
IOWA	39.400*	9.750	9.875	9.825	9.950*
RUTGERS	39.400*	9.850*	9.875*	9.800	9.875*
at Illinois	39.275*	9.725	9.825*	9.875	9.850*
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	39.400	9.850	9.875	9.875	9.950
Career High	39.525	9.925	10.000	9.900	9.950

<sup>^</sup> Exhibition \* Event Title



Big Ten Event Specialist of the Week (1/7)



# 2020 PENN STATE WOMEN'S GYMNASTICS

## 2020 NITTANY LIONS



### KOURTNEY CHINNERY

**JUNIOR • 5'2"**  
SUFFOLK, VA.  
SUMMIT CHRISTIAN  
ACADEMY  
SCIENCE

#### 2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	9.725	9.725	-	8.150 <sup>^</sup>
WVU	-	9.800	9.825	-	-
at Nebraska	-	9.775	9.675	-	-
IOWA	-	9.750	9.725	-	9.750 <sup>^</sup>
RUTGERS	-	9.800	9.800	-	-
at Illinois	-	9.800	9.725	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	9.800	9.825	-	9.750 <sup>^</sup>
Career High	-	9.875	9.850	9.675 <sup>^</sup>	9.850

<sup>^</sup> Exhibition \* Event Title



### DYMIANA COX

**SOPHOMORE • 5'1"**  
ELMONT, N.Y.  
CONNECTIONS ACADEMY  
HEALTH AND HUMAN  
DEVELOPMENT

#### 2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	-	-	-
WVU	-	-	-	-	-
at Nebraska	-	-	-	-	-
IOWA	-	-	-	-	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	-	-	-
Career High	-	-	-	-	-

<sup>^</sup> Exhibition \* Event Title



# 2020 PENN STATE WOMEN'S GYMNASTICS



## 2020 NITTANY LIONS



**DONNA  
HOWELL**

**SOPHOMORE • 5'5"**  
NEW MILFORD, PA.  
PA CYBER CHARTER  
SCHOOL  
COMMUNICATIONS

### 2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	-	-	-
WVU	-	-	-	-	-
at Nebraska	-	-	-	-	-
IOWA	-	-	-	-	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	-	-	-
Career High	-	-	-	-	-

^ Exhibition \* Event Title



**TESS  
McCRACKEN**

**SENIOR • 5'4"**  
PLANO, TEXAS  
LIBERTY H.S.  
SCIENCE

### 2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	9.750	9.750	9.675
WVU	-	-	9.850	9.875	-
at Nebraska	-	-	9.725	9.825*	9.650
IOWA	-	-	9.800	9.450	9.850
RUTGERS	-	-	9.825	9.850	9.825
at Illinois	-	-	9.825*	9.175	9.750
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	9.850	9.875	9.850
Career High	-	-	9.900	9.925	9.850

^ Exhibition \* Event Title





# 2020 PENN STATE WOMEN'S GYMNASTICS

## 2020 NITTANY LIONS



### KRISTEN POLITZ

**SENIOR • 5'5"**  
MORGANVILLE, N.J.  
SAINT JOHN VIANNEY  
MARKETING

#### 2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	-	-	-
WVU	-	-	-	-	9.325
at Nebraska	-	-	8.850 <sup>^</sup>	-	9.400 <sup>^</sup>
IOWA	-	-	-	-	9.850
RUTGERS	-	-	-	9.850 <sup>^</sup>	9.725
at Illinois	-	-	-	-	9.725
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	8.850 <sup>^</sup>	9.850 <sup>^</sup>	9.850
Career High	39.050	9.850	9.925	9.900	9.850

<sup>^</sup> Exhibition \* Event Title



### BELLA ROMAGNANO

**FRESHMAN • 5'2"**  
NEW ALBANY, OHIO  
NEW ALBANY  
UNDECIDED

#### 2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	-	9.150	-
WVU	-	-	-	9.725	-
at Nebraska	-	-	-	8.875	-
IOWA	-	-	-	9.675	-
RUTGERS	-	-	-	9.775	-
at Illinois	-	-	-	9.800	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	-	9.800	-
Career High	-	-	-	9.800	-

<sup>^</sup> Exhibition \* Event Title



# 2020 PENN STATE WOMEN'S GYMNASTICS



## 2020 NITTANY LIONS



### CASSIDY RUSHLOW

**FRESHMAN • 5'2"**  
 WORCESTER, MASS.  
 WORCESTER TECHNICAL  
 UNDECIDED

#### 2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	37.050	9.600	9.075	9.825	8.550
WVU	39.250*	9.675	9.925*	9.875	9.775
at Nebraska	38.800	9.750	9.800	9.750	9.500
IOWA	39.225	9.700	9.800	9.900*	9.825
RUTGERS	39.250	9.750	9.850	9.900	9.750
at Illinois	39.025	9.825*	9.775	9.700	9.725
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	39.250	9.825	9.925	9.900	9.825
Career High	39.250	9.825	9.925	9.900	9.825

^ Exhibition \* Event Title



### AVA VERDEFLOR

**JUNIOR • 5'3"**  
 ALLEN, TEXAS  
 ALLEN  
 REHABILITATION AND  
 HUMAN SERVICES

#### 2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	9.700	9.775	-
WVU	-	-	9.825	9.700	-
at Nebraska	-	-	9.800	8.450	-
IOWA	-	-	9.800	9.750	-
RUTGERS	-	-	9.850	9.850	-
at Illinois	-	-	9.750	9.700	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	9.850	9.850	-
Career High	-	-	9.850	9.850	-

^ Exhibition \* Event Title





# 2020 PENN STATE WOMEN'S GYMNASTICS



## SARAH BROWN

### HEAD COACH

3rd Season  
Missouri '10

### Career Record:

35-27 (Fourth season)

### Penn State Record:

24-23 (Third season)

### ACCOLADES

- Midwest Independent Assistant Coach of the Year (2014)

### UNDER BROWN

- 3 NCAA Championships qualifiers
- 2 NACGC/W All-Americans
- 6 All-Big Ten Selections
- 1 Big Ten Individual Event Champion

### YEAR-BY-YEAR

2017 (EMU)	11-4
2018	11-8
2019	10-9
2020	3-5
<b>Total</b>	<b>35-26</b>
<b>Penn State</b>	<b>24-23</b>

Sarah Brown begins her third year as the head coach of the Penn State women's gymnastics team in 2020. Brown was named the eighth head coach of the Penn State women's gymnastics program on May 4, 2017. A two-time Big 12 Conference Gymnast of the Year, Brown came to Happy Valley after serving as the head coach at Eastern Michigan University.

In 2019, the Nittany Lions had a 10-9 meet record, including victories over No. 21 Arizona State, No. 22 Ohio State, No. 27 NC State, No. 32 Temple and No. 34 Illinois. Penn State placed fifth in the Big Ten Championships, hosted at Rec Hall. Penn State was selected for the NCAA Regional in Ann Arbor and finished third in the Session I meet against No. 7 Michigan, No. 10 Alabama and No. 26 Ohio State. The Nittany Lions ended the season ranked No. 24 in the RoadToNationals poll, it's highest finish since 2015.

Senior Sabrina Garcia and freshman Jessie Bastardi qualified for the NCAA Championships. Garcia earned a 9.900 on bars at the NCAA Regional, tying for the top score in the regional and tying her score from 2017 for PSU's top bars score in a regional. Bastardi secured a 9.900 on beam at the NCAA Regional, also matching the top score in the regional and tying Meredith Hoover (2003) for the top beam score in PSU regionals history. Sophomore Lauren Bridgens was a first-team All-Big Ten selection, while Garcia earned second-team accolades.

In her first season at Penn State, Brown led the Nittany Lions to an 11-8 meet record, including three wins over ranked opponents. The Nittany Lions made an appearance in the NCAA Regionals and finished the season with a No. 32 national ranking.

Two Penn State gymnasts earned All-America honors with freshman Lauren Bridgens and senior Briannah Tsang claiming those accolades. Tsang was the Big Ten Gymnast of the Year, the eighth in program history, after winning the individual Floor Exercise title at the Big Ten Championships. Bridgens and Tsang were First Team All-Big Ten selections, while junior Sabrina Garcia was a Second Team honoree. Bridgens competed in the All-Around at the NCAA Championships. On March 4, 2018, Bridgens set a Nittany Lion record with a perfect 10 on the Uneven Bars. Tsang earned two Top Five scores in program history on the Floor Exercise.

During her lone season as the head coach of the Eastern Michigan women's gymnastics team in 2017, Brown led the Eagles to the Mid-American Conference (MAC) regular season title, the MAC Championship, an appearance at the NCAA Regionals and a final national ranking of No. 27.

Brown served for one season as a volunteer assistant coach at the University of Michigan during the 2015-16 school year, helping the Wolverines win the 2016 Big Ten Championship.

Brown began her collegiate gymnastics career at the University of Utah for one season before completing her collegiate career at the University of Missouri. A four-time All-American at Mizzou, she was the Tigers' Female Athlete of the Year in 2009 and 2010 and earned the Director of Athletics Leadership Award in 2010. Along with her All-America plaudits, Brown was selected the Big 12 Conference Gymnast of the Year in 2009 and 2010, was named to the All-Big 12 Championship Team nine times and was a nominee for the 2010 Honda Broderick Cup award. Prior to her collegiate gymnastics career, she was a four-time member of the USA National Team (2002-05).

A two-time graduate of the University of Missouri, Brown earned a bachelor's degree in interdisciplinary studies with an emphasis in communication and business in 2010 and a master's of education in counseling psychology with an emphasis in sport psychology in 2012.

A native of Columbia, Missouri, the former Sarah Shire is married to Antonio Brown. Has a son, Isaiah.



## 2020 TV/RADIO ROSTER



**Erynne Allen**  
Sr. • Douglasville, Ga.



**Melissa Astarita**  
So. • Morganville, N.J.



**Jessie Bastardi**  
R-So. • State College, Pa.



**Amy Bladon**  
Fr. • Sarnia, Ontario



**Alissa Bonsall**  
Jr. • Higganum, Conn.



**Lauren Bridgens**  
Jr. • Darnestown, Md.



**Kourtney Chinnery**  
Jr. • Suffolk, Va.



**Dymiana Cox**  
So. • Elmont, N.Y.



**Donna Howell**  
So. • New Milford, Pa.



**Tess McCracken**  
Sr. • Plano, Texas



**Kristen Politz**  
Sr. • Morganville, N.J.



**Bella Romagnano**  
Fr. • New Albany, Ohio



**Cassidy Rushlow**  
Fr. • Worcester, Mass.



**Ava Verdeflor**  
Jr. • Allen, Texas



**Sarah Brown**  
Head Coach  
Third Season



**Dallas Becerra**  
Assistant Coach  
Third Season



**Ashleigh Gnat**  
Assistant Coach  
First Season