



2020 WOMEN'S GYMNASTICS

17 NCAA Championship Team Appearances • 29 All-Americans on 96 Occasions

2020 SCHEDULE

2-4, 1-1 Big Ten

Date	Opponent	Result/Time
Jan. 4	Collegiate Challenge [^] (Flo)	4th, 193.500 vs. No. 21 Arizona State, No. 13 Auburn, No. 7 Denver
Jan. 11	WEST VIRGINIA (BTN Plus)	W, 195.750-195.325
Jan. 16	at No. 10 Nebraska* (ESPN2)	L, 194.000-195.150
Jan. 25	No. 32 IOWA* (BTN)	W, 196.275-193.675
Jan. 31	RUTGERS* (BTN Plus)	7 p.m.
Feb. 7	at No. 22 Illinois* (BTN Plus)	8 p.m.
Feb. 14	at No. 29 Ohio State* (BTN Plus)	6 p.m.
Feb. 22	Big Five Meet*%	7 p.m.
vs. No. 19 Maryland, No. 8 Michigan, No. 32 Michigan State, No. 8 Minnesota		
Feb. 29	PENN STATE QUAD MEET (BTN Plus)	4 p.m.
VS. CORNELL, No. 34 NC STATE, TOWSON		
Mar. 7	No. 2 FLORIDA (BTN Plus)	4 p.m.
Mar. 13	at No. 14 Arkansas	8 p.m.
Mar. 21	Big Ten Championships	TBA
Apr. 2-4	NCAA REGIONAL#	TBA
Apr. 17-18 NCAA Championships TBA		

* Big Ten Opponent

[^] Anaheim, Calif.

% Toledo, Ohio

University Park, Pa. (Rec Hall)

Big Ten Championships in Columbus, Ohio

All Times Eastern

HOME MEETS IN BOLD CAPS

Rankings based on RoadToNationals Standings

NITTANY LIONS WELCOMES RUTGERS FOR BIG MEET

No. 30 Penn State continues its Big Ten slate with a matchup against Rutgers on Friday night at Rec Hall.

The Nittany Lions are coming off a season-best 196.275 in a win over No. 32 Iowa last Saturday. Penn State was boosted by a 49.375 on floor, its highest score in the event since 2018.

Lauren Bridgens hit a career-high 9.950 on floor, tying the fifth-highest score in program history. She also won the all-around with a 39.400, including season-highs on bars (9.875) and beam (9.825).

Alissa Bonsall won the vault (9.825) and bars (9.900) events, while Cassidy Rushlow (9.900) captured the beam title.

Rutgers competed in two meets last week, tallying a 192.950 against Michigan and a 193.575 against Penn.

Career Best Scores

Gymnast	AA	V	UB	BB	FX
Allen	-	9.750	9.800	-	9.800
Astarita	-	9.800	-	-	9.900
Bastardi	-	9.600	9.825 [^]	9.925	-
Bladon	-	9.725	-	9.725 [^]	-
Bonsall	38.750	9.825	9.900	9.675	9.875
Bridgens	39.525	9.925	10.000	9.900	9.950
Chinnery	-	9.875	9.850	9.675 [^]	9.850
Cox	-	-	-	-	-
Howell	-	-	-	-	-
McCracken	-	-	9.900	9.925	9.850
Politz	39.050	9.850	9.925	9.900	9.850
Romagnano	-	-	-	9.725	-
Rushlow	39.250	9.750	9.925	9.900	9.825
Verdeflor	-	-	9.850	9.850	-
[^] Exhibition					

Season Best Scores

Gymnast	AA	V	UB	BB	FX
Allen	-	9.750	-	-	9.525
Astarita	-	-	-	-	9.900
Bastardi	-	9.600	9.725 [^]	9.825	-
Bladon	-	9.725	-	9.725 [^]	-
Bonsall	-	9.825	9.900	9.000 [^]	9.850
Bridgens	39.400	9.850	9.875	9.825	9.950
Chinnery	-	9.800	9.825	-	9.750 [^]
Cox	-	-	-	-	-
Howell	-	-	-	-	-
McCracken	-	-	9.850	9.875	9.850
Politz	-	-	8.850 [^]	-	9.850
Romagnano	-	-	-	9.725	-
Rushlow	39.250	9.750	9.925	9.900	9.825
Verdeflor	-	-	9.825	9.775	-
[^] Exhibition					

Team Season Highs

Overall: 196.275 vs. Iowa (1/25)

Vault: 48.825 at Nebraska (1/16)

Bars: 49.300 vs. West Virginia (1/11)

Beam: 49.025 vs. West Virginia (1/11)

Floor: 49.375 vs. Iowa (1/25)



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GoPSUSports.com

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#ForTheRoar



2020 PENN STATE WOMEN'S GYMNASTICS

2020 ROSTER

Name	Event	Yr.	Ht.	Hometown/High School/Last School
Erynne Allen	AA	Sr.	5-3	Douglasville, Ga./South Paulding/Kentucky
Melissa Astarita	AA	So.	5-2	Morganville, N.J./Marlboro
Jessie Bastardi	AA	R-So.	5-4	State College, Pa./Saint Joseph's Catholic Academy/West Virginia
Amy Bladon	AA	Fr.	5-2	Sarnia, Ontario/Great Lakes Secondary School
Alissa Bonsall	AA	Jr.	5-1	Higganum, Conn./Haddam Killingworth
Lauren Bridgens	AA	Jr.	5-4	Darnestown, Md./Quince Orchard
Kourtney Chinnery	AA	Jr.	5-2	Suffolk, Va./Summit Christian Academy
Dymiana Cox	AA	So.	5-1	Elmont, N.Y./Parkettes
Donna Howell	AA	So.	5-5	New Milford, Pa./PA Cyber Charter School
Tess McCracken	UB, BB, FX	Sr.	5-4	Plano, Texas/Liberty
Kristen Politz	AA	Sr.	5-5	Morganville, N.J./Saint John Vianney
Bella Romagnano	AA	Fr.	5-2	New Albany, Ohio/New Albany
Cassidy Rushlow	AA	Fr.	5-2	Worcester, Mass./Daggett Gold Medal Gymnastics
Ava Verdeflor	AA	Jr.	5-3	Allen, Texas/Allen

Head Coach: Sarah Brown (Missouri '10; Third Season)
Assistant Coach: Dallas Becerra (Missouri '13; Third Season)
Assistant Coach: Ashleigh Gnat (LSU '17; First Season)
Captains: Erynne Allen, Alissa Bonsall, Tess McCracken

2020 QUICK FACTS

GENERAL INFORMATION

Location University Park, Pa.
 Founded 1855
 Enrollment 46,270
 Colors Blue and White
 Conference Big Ten
 Nickname Nittany Lions
 President Dr. Eric Barron
 Director of Athletics Sandy Barbour
 Assoc. Athletics Director/SWA Charmelle Green
 Athletic Website www.GoPSUsports.com

TEAM INFORMATION

Home Arena (Capacity) Rec Hall (5,812)
 Facebook [PennStateWomensGymnastics](https://www.facebook.com/PennStateWomensGymnastics)
 Instagram [@PennStateWGYM](https://www.instagram.com/PennStateWGYM)
 Twitter [@PennStateWGYM](https://twitter.com/PennStateWGYM)

2019 RECAP

2019 Regular Season Record 10-9
 Big Ten Regular Season Record 3-6
 Big Ten Championships Finish 5th
 2019 NCAA Regional Finish 6th
 2019 NCAA Championships Finish N/A
 Final National Ranking 23
 All-Americans Returning/Lost 0/0
 Letterwinners Returning/Lost 11/5
 Newcomers 3

PROGRAM HISTORY

First Year of Gymnastics 1965
 All-Time Record (Years) 590-297-4 (55)
 National Championships 2
 (1978, 80)
 NCAA Championship Team Appearances ... 18
 (1982, '84, '85, '86, '88, '91, '92, '93, '94,
 '95, '96, '97, '98, '99, 2000, '05, '09, '14)
 AIAW Championship Appearances 7
 (1975, '76, '77, '78, '79, '80, '81)

Name

Erynne Allen
 Jessie Bastardi
 Amy Bladon
 Alissa Bonsall
 Lauren Bridgens
 Kourtney Chinnery
 Dymiana Cox
 Kristen Politz
 Bella Romagnano
 Cassidy Rushlow
 Ava Verdeflor

Pronunciation

Erin Allen
 Jessie Bas-TAR-di
 Amy BLADE-in
 Alissa Bon-zall
 Lauren Bridge-ens
 Kourtney Chin-er-y
 DIM-y-ana Cox
 Kristen pahl-LITZ
 Bella ROMAN-yeno
 Cassidy RUSH-lowe
 Ava Ver-de-floor



2020 PENN STATE WOMEN'S GYMNASTICS



SCOUTING THE SCARLET KNIGHTS

- Rutgers is coached by Umme Salim-Beasley, in her second season.
- The Scarlet Knights competed in a pair of meets last week. On Friday, they tallied a 192.950 at Michigan. On Sunday, RU recorded a 193.575 in a win at Penn.
- RU is currently 42nd in the RoadToNational rankings, averaging a 193.831 on the season.
- Rutgers ranks 35th in country on bars, averaging a 48.519, and beam, averaging a 48.638.
- The Scarlet Knights sit 41st in the nation on vault, averaging a 48.600, and 57th on floor, averaging a 48.075.
- Freshman Hannah Joyner ranks 22nd in the nation on beam with a 9.875 average. She also leads Rutgers in all-around, averaging a 38.994, good for 49th in the country.
- Junior Belle Huang ranks 71st in all-around, with a 38.700 average, and has RU's top average on floor (9.819).
- Shannon Farrell has Rutgers' top average on bars (9.787) and Toni Williams leads RU on vault (9.738).

IOWA MEET RECAP

- Penn State tallied a 196.275 in a win over Iowa (193.675) on Saturday. It was PSU's highest score this season and its highest since a 196.325 at Florida in 2019.
- Penn State had eight scores that tied or set career highs and 11 scores that tied or set season highs.
- The Nittany Lions recorded a season-best 49.375 on floor, its highest floor score since the 2018 Big Ten Championships (49.400).
- Lauren Bridgens led PSU on floor with a career-high 9.950, tying the fifth-highest score in program history. It was PSU's highest floor tally since Briannah Tsang's 9.950 at the 2018 Big Ten Championships.
- Bridgens earned a season-high 39.400 to capture the all-around title.
- Alissa Bonsall claimed the vault (9.825) and bars (9.900) titles, matching career highs on both events.
- Cassidy Rushlow earned her first career 9.900 on beam to win the event title.

SETTING THE BAR

- The Nittany Lions have enjoyed a solid start to the season on bars, averaging a 49.075, good for 16th in the country and fifth in the Big Ten.
- Penn State had another strong bars performance against Iowa with a 49.175.
- Penn State's 49.300 against West Virginia is the second-highest team bars score in the Big Ten this season.
- It was PSU's highest bars score in a home opener since 2001 and its highest bars score since a 49.350 in its quad meet last season vs. Arizona State, Cornell and Yale.
- Against Iowa, Alissa Bonsall led the blue and white with a 9.900, tying a career high and winning the event title. Lauren Bridgens tied a season high with a 9.875.
- Tess McCracken, Cassidy Rushlow and Ava Verdeflor each tied for fourth in the meet with a 9.800.
- Against Nebraska, Bonsall and Bridgens tied for the team-lead with a 9.825, good for second overall.
- Rushlow won the bars title in the meet against West Virginia with a 9.925, tied for the third-best bars score in the Big Ten this season.
- Bonsall had the Big Ten's top bars score during the first weekend of competition, with a 9.875 at the Collegiate Challenge. She was named Big Ten Event Specialist of the Week for her efforts.

NATIONALLY RANKED NITS

- Along with Penn State's No. 16 ranking on bars, a few Nittany Lions are ranked among the nation's Top 75 in individual events.
- Bridgens is currently 36th in the nation in all-around, averaging a 39.131. She is also 31st on floor, and seventh in the Big Ten, with a 9.881 average. The junior ranks 55th in the country on bars with a 9.844 average.
- Bridgens' 9.950 on floor against Iowa is tied for the sixth-highest score in the nation and the highest in the Big Ten this season.
- Rushlow sits 46th in the nation on beam, averaging a 9.837.
- Bonsall holds 73rd in the country on bars, averaging a 9.831.

NATIONAL POLL (ROADTONATIONALS)

Team	Avg.	High
1 Oklahoma	197.795	198.250
2 Florida	197.525	198.375
3 UCLA	196.933	197.425
4 Utah	196.825	197.050
5 Denver	196.819	197.250
6 LSU	196.700	197.775
7 Alabama	196.667	197.400
8 Michigan	196.550	197.300
8 Minnesota	196.550	196.875
10 California	196.388	197.325
11 Washington	196.283	197.225
12 Kentucky	196.250	196.750
13 Georgia	196.219	197.325
14 Arkansas	196.106	196.825
15 BYU	196.069	197.075
16 Iowa State	196.058	196.625
17 Nebraska	196.056	197.100
18 Auburn	195.994	196.700
19 Maryland	195.842	196.150
20 Missouri	195.838	196.650
21 Arizona	195.638	196.150
22 Illinois	195.563	195.850
23 Southern Utah	195.481	196.600
24 West Virginia	195.283	196.025
25 Oregon State	195.263	196.400
26 Stanford	195.242	195.550
27 Central Michigan	195.033	195.675
28 Boise State	194.992	195.525
29 Ohio State	194.950	195.500
30 Penn State	194.881	196.275
31 Utah State	194.817	195.550
32 Michigan State	194.769	196.550
33 Arizona State	194.706	195.250
34 NC State	194.625	195.650
35 Eastern Michigan	194.567	194.875
36 Kent State	194.467	195.325

2020 Opponents in Bold

PENN STATE WEEK-BY-WEEK RANKING

Preseason (WCGA)	25
Week 2	17
Week 3	31
Week 4	35
Week 5	30

PSU RANKING BY EVENT (NATIONAL/BIG)

Vault	38/9
Uneven Bars	16/5
Balance Beam	38/9
Floor Exercise	42/9

Meet-by-Meet Team Leaders

Gymnast	AA	V	UB	BB	FX
Allen	-	-	-	-	-
Astarita	-	-	-	-	-
Bastardi	-	-	-	-	-
Bladon	-	-	-	-	-
Bonsall	-	2	3	-	-
Bridgens	3	1	1	-	4
Chinnery	-	1	-	-	-
Cox	-	-	-	-	-
Howell	-	-	-	-	-
McCracken	-	-	-	2	-
Poltz	-	-	-	-	-
Romagnano	-	-	-	-	-
Rushlow	1	-	1	3	-
Verdeflor	-	-	-	-	-

INCLUDES TIES

National Rankings (Top 75) /Big Ten Rankings (Top 10) (RoadToNationals as of 1/27/20)

Gymnast	AA	V	UB	BB	FX
Allen	-	-	-	-	-
Astarita	-	-	-	-	-
Bastardi	-	-	-	-	-
Bladon	-	-	-	-	-
Bonsall	-	-	73/14	-	-
Bridgens	36/9	-	55/10	-	31/7
Chinnery	-	-	-	-	-
Cox	-	-	-	-	-
Howell	-	-	-	-	-
McCracken	-	-	-	-	-
Poltz	-	-	-	-	-
Romagnano	-	-	-	-	-
Rushlow	-	-	-	46/11	-
Verdeflor	-	-	-	-	-



2020 PENN STATE WOMEN'S GYMNASTICS

GYMNAST MEET-BY-MEET

Erynne Allen		Sr.
Vault	(9.750, 1/16/20)	
Collegiate Challenge (1/4)	9.550 (21)	
West Virginia (1/11)	9.750 (6)	
at Nebraska (1/16)	9.750 (8)	
Uneven Bars		(9.800, 2/2/19)
Floor Exercise		(9.800, 3/23/19)
Collegiate Challenge (1/4)	8.750 (23)	
West Virginia (1/11)	9.525 (10)	
at Nebraska (1/16)	9.450 (12)	
Melissa Astarita		So.
Vault	(9.800, 3/17/19)	
Floor Exercise		(9.900, 1/25/20)
Collegiate Challenge (1/4)	9.675 (14)	
West Virginia (1/11)	9.750 (6)	
at Nebraska (1/16)	9.850 (6)	
Iowa (1/25)	9.900 (3)	
Jessie Bastardi		R-So.
Vault	(9.600, 1/4/20)	
Collegiate Challenge (1/4)	9.600 (19)	
West Virginia (1/11)	9.575 (12)	
Uneven Bars		(9.825^, 2/2/19)
Collegiate Challenge (1/4)	9.725^	
West Virginia (1/11)	9.625^	
Balance Beam		(9.925, 2/9/19)
Collegiate Challenge (1/4)	9.650 (18)	
West Virginia (1/11)	9.800 (4)	
at Nebraska (1/16)	9.625 (6)	
Iowa (1/25)	9.825 (3)	
Amy Bladon		Fr.
Vault	(9.725, 1/25/20)	
at Nebraska (1/16)	9.525 (12)	
Iowa (1/25)	9.725 (7)	
Balance Beam		(9.725, 1/11/20)
West Virginia (1/11)	9.725^	
at Nebraska (1/16)	9.525^	
Iowa (1/25)	9.400^	
Alissa Bonsall		Jr.
All-Around	(38.750, 1/6/18)	
Vault		(9.825, 1/25/20)
Collegiate Challenge (1/4)	9.675 (14)	
West Virginia (1/11)	9.825 (2)	
at Nebraska (1/16)	9.700 (10)	
Iowa (1/25)	9.825 (1)	
Uneven Bars		(9.900, 1/25/20)
Collegiate Challenge (1/4)	9.875 (4)	
West Virginia (1/11)	9.725 (8)	
at Nebraska (1/16)	9.825 (2)	
Iowa (1/25)	9.900 (1)	
Balance Beam		(9.675, 1/5/19)
Collegiate Challenge (1/4)	9.000^	
Floor Exercise		(9.875, 3/23/19)
Collegiate Challenge (1/4)	9.725 (11)	
West Virginia (1/11)	9.800 (3)	
at Nebraska (1/16)	9.850 (6)	
Iowa (1/25)	9.775 (9)	

Lauren Bridgens		Jr.
All-Around	(39.525, 1/26/19)	
Collegiate Challenge (1/4)	39.025 (3)	
West Virginia (1/11)	39.150 (2)	
at Nebraska (1/16)	38.950 (2)	
Iowa (1/25)	39.400 (1)	
Vault		(9.925, 3/4/18)
Collegiate Challenge (1/4)	9.650 (17)	
West Virginia (1/11)	9.700 (8)	
at Nebraska (1/16)	9.850 (3)	
Iowa (1/25)	9.750 (5)	
Uneven Bars		(10.0, 3/9/18)
Collegiate Challenge (1/4)	9.800 (9)	
West Virginia (1/11)	9.875 (2)	
at Nebraska (1/16)	9.825 (2)	
Iowa (1/25)	9.875 (2)	
Balance Beam		(9.900, 3/8/19)
Collegiate Challenge (1/4)	9.750 (14)	
West Virginia (1/11)	9.750 (8)	
at Nebraska (1/16)	9.350 (8)	
Iowa (1/25)	9.825 (3)	
Floor Exercise		(9.950, 1/25/20)
Collegiate Challenge (1/4)	9.825 (5)	
West Virginia (1/11)	9.825 (2)	
at Nebraska (1/16)	9.925 (1)	
Iowa (1/25)	9.950 (1)	
Kourtney Chinnery		Jr.
Vault	(9.875, 2/22/19)	
Collegiate Challenge (1/4)	9.725 (11)	
West Virginia (1/11)	9.800 (3)	
at Nebraska (1/16)	9.775 (5)	
Iowa (1/25)	9.750 (5)	
Uneven Bars		(9.850, 3/8/19)
Collegiate Challenge (1/4)	9.725 (16)	
West Virginia (1/11)	9.825 (5)	
at Nebraska (1/16)	9.675 (11)	
Iowa (1/25)	9.725 (8)	
Balance Beam		(9.675^, 1/26/19)
Floor Exercise		(9.850, 1/26/19)
Collegiate Challenge (1/4)	8.150^	
Iowa (1/25)	9.750^	
Donna Howell		So.
Tess McCracken		Sr.
Uneven Bars	(9.900, 1/19/19)	
Collegiate Challenge (1/4)	9.750 (13)	
West Virginia (1/11)	9.850 (3)	
at Nebraska (1/16)	9.725 (8)	
Iowa (1/25)	9.800 (4)	
Balance Beam		(9.925, 2/9/19)
Collegiate Challenge (1/4)	9.750 (14)	
West Virginia (1/11)	9.875 (2)	
at Nebraska (1/16)	9.825 (1)	
Iowa (1/25)	9.450 (10)	
Floor Exercise		(9.850, 1/25/20)
Collegiate Challenge (1/4)	9.675 (14)	
at Nebraska (1/16)	9.650 (10)	
Iowa (1/25)	9.850 (5)	

Kristen Politz		Sr.
All-Around	(39.050, 1/15/17)	
Vault		(9.850, 2/4/17)
Uneven Bars		(9.925, 3/9/18)
at Nebraska (1/16)	8.850^	
Balance Beam		(9.900, 3/17/19)
Floor Exercise		(9.850, 1/25/20)
West Virginia (1/11)	9.325 (12)	
at Nebraska (1/16)	9.400^	
Iowa (1/25)	9.850 (5)	
Bella Romagnano		Fr.
Balance Beam	(9.725, 1/11/20)	
Collegiate Challenge (1/4)	9.150 (24)	
West Virginia (1/11)	9.725 (9)	
at Nebraska (1/16)	8.875 (10)	
Iowa (1/25)	9.675 (9)	
Cassidy Rushlow		Fr.
All-Around	(39.250, 1/11/20)	
Collegiate Challenge (1/4)	37.050 (7)	
West Virginia (1/11)	39.250 (1)	
at Nebraska (1/16)	38.800 (3)	
Iowa (1/25)	39.225 (2)	
Vault		(9.750, 1/16/20)
Collegiate Challenge (1/4)	9.600 (19)	
West Virginia (1/11)	9.675 (10)	
at Nebraska (1/16)	9.750 (8)	
Iowa (1/25)	9.700 (9)	
Uneven Bars		(9.925, 1/11/20)
Collegiate Challenge (1/4)	9.075 (24)	
West Virginia (1/11)	9.925 (1)	
at Nebraska (1/16)	9.800 (4)	
Iowa (1/25)	9.800 (4)	
Balance Beam		(9.900, 1/25/20)
Collegiate Challenge (1/4)	9.825 (5)	
West Virginia (1/11)	9.875 (2)	
at Nebraska (1/16)	9.750 (3)	
Iowa (1/25)	9.900 (1)	
Floor Exercise		(9.825, 1/11/20)
Collegiate Challenge (1/4)	8.550 (24)	
West Virginia (1/11)	9.775 (5)	
at Nebraska (1/16)	9.500 (11)	
Iowa (1/25)	9.825 (8)	
Ava Verdeflor		Jr.
Uneven Bars	(9.850, 1/26/19)	
Collegiate Challenge (1/4)	9.700 (18)	
West Virginia (1/11)	9.825 (5)	
at Nebraska (1/16)	9.800 (4)	
Iowa (1/25)	9.800 (4)	
Balance Beam		(9.850, 3/17/19)
Collegiate Challenge (1/4)	9.775 (11)	
West Virginia (1/11)	9.700 (10)	
at Nebraska (1/16)	8.450 (12)	
Iowa (1/25)	9.750 (6)	

KEY	
Event	(Career Best, Date)
Meet (Date)	Score (Place)

* - School Record

- NCAA Record

\$ - Big Ten Record

^ - Exhibition Score



2020 PENN STATE WOMEN'S GYMNASTICS

INDIVIDUAL SCHOOL RECORDS

VAULT

1.	10.0	Brandi Personett	2/13/2010
		Brandi Personett	1/23/2010
		Katie Rowland	3/29/2003
		Katie Rowland	2/16/2003
5.	9.975	Emma Sibson	3/8/2014
		Sharaya Musser	3/7/2010
		Brandi Personett	2/2/2008
		Katie Rowland	3/8/2003
9.	9.950	Briannah Tsang	1/31/2015
		Krystal Welsh	1/31/2015
		Briannah Tsang	1/17/2015
		Emma Sibson	2/8/2014
		Madison Merriam	3/16/2013
		Madison Merriam	2/16/2013
		Sharaya Musser	3/17/2012
		Sharaya Musser	3/2/2012
		Sharaya Musser	1/15/2012
		Sharaya Musser	2/11/2011
		Sharaya Musser	3/20/2010
		Brandi Personett	4/10/2010
		Brandi Personett	2/20/2010
		Brandi Personett	2/13/2009
		Brandi Personett	1/30/2009
		Brandi Personett	3/29/2008
		Brandi Personett	3/31/2007
		Jennifer Orlando	2/25/2006
		Lisa Clark	2/13/2005
		Lisa Clark	4/3/2004
		Katie Rowland	4/12/2003
		Katie Rowland	2/7/2003
		Katie Rowland	1/11/2003
		Katie Rowland	3/23/2002
		Katie Rowland	3/9/2002
		Katie Rowland	2/15/2002
		Katie Rowland	3/10/2001
		Gemma Cuff	3/2/2000
		Gemma Cuff	2/28/1998
		Joanna Knox	3/25/1995

UNEVEN BARS

1.	10.0	Lauren Bridgens	3/9/2018
2.	9.975	Natalie Ettl	2/18/2011
		Katie Perret	3/16/2007
4.	9.950	Sabrina Garcia	1/19/2019
		Sabrina Garcia	1/21/2017
		Sabrina Garcia	1/7/2017
		Kiera Brown	3/19/2016
		Kiera Brown	1/9/2016
		Krystal Welsh	3/8/2015
		Madison Merriam	2/23/2013
		Natalie Ettl	2/6/2011
		Natalie Ettl	3/7/2010
		Natalie Ettl	2/6/2010
		Katie McAvoy	3/1/2003
		Katie McAvoy	2/2/2002
		Katie Rowland	3/16/2002
		Katie Rowland	2/17/2001
		Maria Taylor	2/23/2001
		Nikki Smith	3/13/1999

BALANCE BEAM

1.	10.0	Katie Rowland	3/14/2003
		Nikki Smith	3/18/2000
		Missy Leopoldus	2/19/1999
		Missy Leopoldus	1/30/1999
5.	9.975	Nicole Medvitz	3/12/2016
		Meredith Hoover	2/25/2006
		Richelle Simpson	2/17/2001
		Maria Taylor	2/17/2001
		Nikki Smith	1/22/2000
10.	9.950	Sydney Sanabria-Robles	1/31/2015
		Briannah Tsang	1/24/2015
		Kassidy Stauder	3/8/2014
		Sharaya Musser	3/16/2013
		Sharaya Musser	2/11/2012
		Sharaya Musser	3/4/2011
		Brandi Personett	2/6/2010
		Kristal Uzelac	3/26/2005
		Katie Rowland	3/9/2002
		Nikki Smith	3/11/2000
		Nikki Smith	1/16/2000
		Missy Leopoldus	1999
		Missy Leopoldus	1/17/1998
		Nicole Malinak	2/28/1997

FLOOR EXERCISE

1.	10.0	Ellen Casey	2/19/1999
2.	9.975	Katie Rowland	3/14/2003
		Gemma Cuff	2/23/2001
		Ellen Casey	1999
5.	9.950	Lauren Bridgens	1/25/2020
		Briannah Tsang	3/24/2018
		Briannah Tsang	2/24/2018
		Briannah Tsang	3/5/2017
		Emma Sibson	3/8/2015
		Sharaya Musser	3/17/2012
		Sharaya Musser	3/4/2011
		Sharaya Musser	2/18/2011
		Brandi Personett	3/27/2010
		Brandi Personett	3/20/2010
		Brandi Personett	2/20/2010
		Brandi Personett	3/21/2009
		Brandi Personett	3/8/2009
		Brandi Personett	3/1/2009
		Brandi Personett	3/1/2008
		Brandi Personett	2/24/2007
		Kate Stopper	2/6/2004
		Katie Rowland	4/12/2003
		Katie Rowland	3/1/2003
		Katie Rowland	2/16/2003
		Katie Rowland	2/1/2003
		Katie Rowland	3/16/2002
		Katie Rowland	2/23/2001
		Katie Rowland	2/3/2001
		Leslie Bair	2/23/2001
		Richelle Simpson	2/23/2001
		Heather Duggan	2/19/2000
		Missy Leopoldus	3/14/1998
		Ellen Casey	1999
		Ellen Casey	2/28/1998
		Ellen Casey	3/16/1997

ALL-AROUND

1.	39.775	Katie Rowland	3/14/2003
2.	39.725	Sharaya Musser	3/4/2011
		Katie Rowland	3/9/2002
4.	39.700	Brandi Personett	2/20/2010
5.	39.675	Katie Rowland	2/16/2003
6.	39.650	Sharaya Musser	3/16/2013
		Sharaya Musser	3/17/2012
		Sharaya Musser	3/2/2012
		Katie Rowland	2/23/2001
		Katie Rowland	2/17/2001

NOTES: Listed alphabetically based on most recent performance.

TEAM SCHOOL RECORDS

VAULT

1.	49.550	at Illinois	1/31/2015
2.	49.500	Cornell, Iowa, Yale	1/23/2010
	49.500	at NCAA Regionals	4/3/2004
	49.500	at West Virginia w/ Rutgers	2/16/2003
5.	49.475	Kentucky	3/16/2013
	49.475	at West Virginia w/ Ball State	2/13/2005
7.	49.450	at N.H. w/Bridgeport, G. Wash.	3/8/2014
	49.450	Iowa State, Penn, SUNY-Brockport	2/28/2015
9.	49.425	Nebraska, Rutgers, Yale	2/10/2006
10.	49.400	at Pittsburgh	2/13/2010

UNEVEN BARS

1.	49.500	Massachusetts	2/23/2001
2.	49.475	at BYU, TWU & Utah State	3/9/2018
3.	49.425	Nebraska	3/1/2003
4.	49.375	at Michigan State	2/4/2018
	49.375	at Maryland Quad	2/18/2011
	49.375	at Arizona w/ Kentucky, TWU	3/16/2007
	49.375	at Rhode Island	2/17/2001
8.	49.350	Michigan State	2/23/2013
	49.350	Maryland	3/17/2012
	49.350	at Big Ten Championships	3/27/2010
	49.350	Illinois	2/6/2010
	49.350	at Pittsburgh	3/18/2006
	49.350	at New Hampshire	3/6/2004
	49.350	New Hampshire	1/20/2001
	49.350	NCAA Regionals	4/10/1999
	49.350	Alabama	2/19/1999

BALANCE BEAM

1.	49.650	at Rhode Island	2/17/2001
2.	49.550	Big Ten Championships	3/18/2000
3.	49.425	Central Michigan	1/24/2004
4.	49.375	Iowa, Mich., Minn., Rutgers	3/12/2016
	49.375	at N.H. w/Bridgeport, G. Wash.	3/8/2014
	49.375	at Pittsburgh	2/28/2004
	49.375	Pennsylvania Championships	2/28/1997
8.	49.350	at Rutgers	2/9/2019
	49.350	Maryland, Michigan, Bridgeport	3/7/2010
	49.350	at Illinois	1/13/2001

FLOOR EXERCISE

1.	49.725	Massachusetts	2/23/2001
2.	49.550	Pittsburgh	2/3/2001
3.	49.525	New Hampshire, Penn, Temple	3/9/2013
	49.525	Florida	1/30/1999
5.	49.500	Alabama	2/19/1999
6.	49.450	at Pittsburgh	3/11/2012
7.	49.425	NCAA Regionals	4/5/2014
	49.425	Big Ten Championships	3/22/2014
	49.425	at Big Ten Championships	3/21/2009
	49.425	Maryland	1/29/2005

TEAM

1.	197.450	Massachusetts	2/23/2001
2.	197.325	Kentucky	3/16/2013
3.	197.200	at N.H. w/Bridgeport, G. Wash.	3/8/2014
4.	197.125	Iowa, Mich., Minn., Rutgers	3/12/2016
5.	197.075	Maryland, North Carolina State	3/4/2011
6.	197.025	Alabama	2/19/1999
	197.025	Michigan State	2/7/2015
8.	196.975	New Hampshire, Penn, Temple	3/9/2013
9.	196.875	Pittsburgh	2/3/2001
10.	196.825	at Arizona w/Kentucky, TWU	3/16/2007
11.	196.775	Minnesota	1/26/2019
11.	196.775	at Rhode Island	2/17/2001



2020 NITTANY LIONS



**ERYNNE
ALLEN**

SENIOR
DALLAS, GA.
SOUTH PAULDING/
KENTUCKY
BIOBEHAVIORAL HEALTH

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	9.550	-	-	8.750
WVU	-	9.750	-	-	9.525
at Nebraska	-	9.750	-	-	9.450
IOWA	-	-	-	-	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	9.750	-	-	9.525
Career High	-	9.750	9.800	-	9.800

^ Exhibition * Event Title



**MELISSA
ASTARITA**

SOPHOMORE
MORGANVILLE, N.J.
MARLBORO
MATHEMATICS

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	-	-	9.675
WVU	-	-	-	-	9.750
at Nebraska	-	-	-	-	9.850
IOWA	-	-	-	-	9.900
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	-	-	9.900
Career High	-	9.800	-	-	9.900

^ Exhibition * Event Title





2020 PENN STATE WOMEN'S GYMNASTICS

2020 NITTANY LIONS



JESSIE BASTARDI

R-SOPHOMORE • 5'4"
STATE COLLEGE, PA.
SAINT JOSEPH'S CATHOLIC
ACADEMY/WEST VIRGINIA
RECREATION, PARKS AND
TOURISM MANAGEMENT

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	9.600	9.725 [^]	9.650	-
WVU	-	9.575	9.625 [^]	9.800	-
at Nebraska	-	-	-	9.625	-
IOWA	-	-	-	9.825	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	9.600	9.725 [^]	9.825	-
Career High	-	9.600	9.825 [^]	9.925	-

[^] Exhibition * Event Title



AMY BLADON

FRESHMAN • 5'2"
SARNIA, ONTARIO
GREAT LAKES
SECONDARY SCHOOL
GENERAL SCIENCE

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	-	-	-
WVU	-	-	-	9.725 [^]	-
at Nebraska	-	9.525	-	9.525 [^]	-
IOWA	-	9.725	-	9.400 [^]	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	9.725	-	9.725 [^]	-
Career High	-	9.725	-	9.725 [^]	-

[^] Exhibition * Event Title





2020 NITTANY LIONS



**ALISSA
BONSALL**

JUNIOR • 5'1"
HIGGANUM, CONN.
HADDAM KILLINGWORTH
KINESIOLOGY

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	9.675	9.875	9.000 [^]	9.725
WVU	-	9.825	9.725	-	9.800
at Nebraska	-	9.700	9.825	-	9.850
IOWA	-	9.825*	9.900*	-	9.775
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	9.825	9.900	9.000 [^]	9.850
Career High	38.750	9.825	9.900	9.675	9.875

[^] Exhibition * Event Title



**LAUREN
BRIDGENS**

JUNIOR • 5'4"
DARNESTOWN, MD.
QUINCE ORCHARD
MARKETING

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	39.025	9.650	9.800	9.750	9.825
WVU	39.150	9.700	9.875	9.750	9.825
at Nebraska	38.950	9.850	9.825	9.350	9.925*
IOWA	39.400*	9.750	9.875	9.825	9.950*
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	39.400	9.850	9.875	9.825	9.950
Career High	39.525	9.925	10.000	9.900	9.950

[^] Exhibition * Event Title



Big Ten Event Specialist of the Week (1/7)



2020 PENN STATE WOMEN'S GYMNASTICS

2020 NITTANY LIONS



KOURTNEY CHINNERY

JUNIOR • 5'2"
SUFFOLK, VA.
SUMMIT CHRISTIAN
ACADEMY
SCIENCE

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	9.725	9.725	-	8.150 [^]
WVU	-	9.800	9.825	-	-
at Nebraska	-	9.775	9.675	-	-
IOWA	-	9.750	9.725	-	9.750 [^]
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	9.800	9.825	-	9.750 [^]
Career High	-	9.875	9.850	9.675 [^]	9.850

[^] Exhibition * Event Title



DYMIANA COX

SOPHOMORE • 5'1"
ELMONT, N.Y.
CONNECTIONS ACADEMY
HEALTH AND HUMAN
DEVELOPMENT

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	-	-	-
WVU	-	-	-	-	-
at Nebraska	-	-	-	-	-
IOWA	-	-	-	-	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	-	-	-
Career High	-	-	-	-	-

[^] Exhibition * Event Title





2020 NITTANY LIONS



**DONNA
HOWELL**

SOPHOMORE • 5'5"
NEW MILFORD, PA.
PA CYBER CHARTER
SCHOOL
COMMUNICATIONS

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	-	-	-
WVU	-	-	-	-	-
at Nebraska	-	-	-	-	-
IOWA	-	-	-	-	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	-	-	-
Career High	-	-	-	-	-

^ Exhibition * Event Title



**TESS
McCRACKEN**

SENIOR • 5'4"
PLANO, TEXAS
LIBERTY H.S.
SCIENCE

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	9.750	9.750	9.675
WVU	-	-	9.850	9.875	-
at Nebraska	-	-	9.725	9.825*	9.650
IOWA	-	-	9.800	9.450	9.850
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	9.850	9.875	9.850
Career High	-	-	9.900	9.925	9.850

^ Exhibition * Event Title





2020 PENN STATE WOMEN'S GYMNASTICS

2020 NITTANY LIONS



KRISTEN POLITZ

SENIOR • 5'5"
MORGANVILLE, N.J.
SAINT JOHN VIANNEY
MARKETING

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	-	-	-
WVU	-	-	-	-	9.325
at Nebraska	-	-	8.850 [^]	-	9.400 [^]
IOWA	-	-	-	-	9.850
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	8.850 [^]	-	9.850
Career High	39.050	9.850	9.925	9.900	9.850

[^] Exhibition * Event Title



BELLA ROMAGNANO

FRESHMAN • 5'2"
NEW ALBANY, OHIO
NEW ALBANY
UNDECIDED

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	-	9.150	-
WVU	-	-	-	9.725	-
at Nebraska	-	-	-	8.875	-
IOWA	-	-	-	9.675	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	-	9.725	-
Career High	-	-	-	9.150	-

[^] Exhibition * Event Title



2020 PENN STATE WOMEN'S GYMNASTICS



2020 NITTANY LIONS



CASSIDY RUSHLOW

FRESHMAN • 5'2"
 WORCESTER, MASS.
 WORCESTER TECHNICAL
 UNDECIDED

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	37.050	9.600	9.075	9.825	8.550
WVU	39.250*	9.675	9.925*	9.875	9.775
at Nebraska	38.800	9.750	9.800	9.750	9.500
IOWA	39.225	9.700	9.800	9.900*	9.825
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	39.250	9.750	9.925	9.900	9.825
Career High	39.250	9.750	9.925	9.900	9.825

^ Exhibition * Event Title



AVA VERDEFLORE

JUNIOR • 5'3"
 ALLEN, TEXAS
 ALLEN
 REHABILITATION AND
 HUMAN SERVICES

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	9.700	9.775	-
WVU	-	-	9.825	9.700	-
at Nebraska	-	-	9.800	8.450	-
IOWA	-	-	9.800	9.750	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	9.825	9.775	-
Career High	-	-	9.850	9.850	-

^ Exhibition * Event Title





2020 PENN STATE WOMEN'S GYMNASTICS



SARAH BROWN

HEAD COACH

3rd Season
Missouri '10

Career Record:

34-26 (Fourth season)

Penn State Record:

23-22 (Third season)

ACCOLADES

- Midwest Independent Assistant Coach of the Year (2014)

UNDER BROWN

- 3 NCAA Championships qualifiers
- 2 NACGC/W All-Americans
- 6 All-Big Ten Selections
- 1 Big Ten Individual Event Champion

YEAR-BY-YEAR

2017 (EMU)	11-4
2018	11-8
2019	10-9
2020	2-4
Total	34-25
Penn State	23-22

Sarah Brown begins her third year as the head coach of the Penn State women's gymnastics team in 2020. Brown was named the eighth head coach of the Penn State women's gymnastics program on May 4, 2017. A two-time Big 12 Conference Gymnast of the Year, Brown came to Happy Valley after serving as the head coach at Eastern Michigan University.

In 2019, the Nittany Lions had a 10-9 meet record, including victories over No. 21 Arizona State, No. 22 Ohio State, No. 27 NC State, No. 32 Temple and No. 34 Illinois. Penn State placed fifth in the Big Ten Championships, hosted at Rec Hall. Penn State was selected for the NCAA Regional in Ann Arbor and finished third in the Session I meet against No. 7 Michigan, No. 10 Alabama and No. 26 Ohio State. The Nittany Lions ended the season ranked No. 24 in the RoadToNationals poll, it's highest finish since 2015.

Senior Sabrina Garcia and freshman Jessie Bastardi qualified for the NCAA Championships. Garcia earned a 9.900 on bars at the NCAA Regional, tying for the top score in the regional and tying her score from 2017 for PSU's top bars score in a regional. Bastardi secured a 9.900 on beam at the NCAA Regional, also matching the top score in the regional and tying Meredith Hoover (2003) for the top beam score in PSU regionals history. Sophomore Lauren Bridgens was a first-team All-Big Ten selection, while Garcia earned second-team accolades.

In her first season at Penn State, Brown led the Nittany Lions to an 11-8 meet record, including three wins over ranked opponents. The Nittany Lions made an appearance in the NCAA Regionals and finished the season with a No. 32 national ranking.

Two Penn State gymnasts earned All-America honors with freshman Lauren Bridgens and senior Briannah Tsang claiming those accolades. Tsang was the Big Ten Gymnast of the Year, the eighth in program history, after winning the individual Floor Exercise title at the Big Ten Championships. Bridgens and Tsang were First Team All-Big Ten selections, while junior Sabrina Garcia was a Second Team honoree. Bridgens competed in the All-Around at the NCAA Championships. On March 4, 2018, Bridgens set a Nittany Lion record with a perfect 10 on the Uneven Bars. Tsang earned two Top Five scores in program history on the Floor Exercise.

During her lone season as the head coach of the Eastern Michigan women's gymnastics team in 2017, Brown led the Eagles to the Mid-American Conference (MAC) regular season title, the MAC Championship, an appearance at the NCAA Regionals and a final national ranking of No. 27.

Brown served for one season as a volunteer assistant coach at the University of Michigan during the 2015-16 school year, helping the Wolverines win the 2016 Big Ten Championship.

Brown began her collegiate gymnastics career at the University of Utah for one season before completing her collegiate career at the University of Missouri. A four-time All-American at Mizzou, she was the Tigers' Female Athlete of the Year in 2009 and 2010 and earned the Director of Athletics Leadership Award in 2010. Along with her All-America plaudits, Brown was selected the Big 12 Conference Gymnast of the Year in 2009 and 2010, was named to the All-Big 12 Championship Team nine times and was a nominee for the 2010 Honda Broderick Cup award. Prior to her collegiate gymnastics career, she was a four-time member of the USA National Team (2002-05).

A two-time graduate of the University of Missouri, Brown earned a bachelor's degree in interdisciplinary studies with an emphasis in communication and business in 2010 and a master's of education in counseling psychology with an emphasis in sport psychology in 2012.

A native of Columbia, Missouri, the former Sarah Shire is married to Antonio Brown. Has a son, Isaiah.



2020 TV/RADIO ROSTER



Erynne Allen
Sr. • Douglasville, Ga.



Melissa Astarita
So. • Morganville, N.J.



Jessie Bastardi
R-So. • State College, Pa.



Amy Bladon
Fr. • Sarnia, Ontario



Alissa Bonsall
Jr. • Higganum, Conn.



Lauren Bridgens
Jr. • Darnestown, Md.



Kourtney Chinnery
Jr. • Suffolk, Va.



Dymiana Cox
So. • Elmont, N.Y.



Donna Howell
So. • New Milford, Pa.



Tess McCracken
Sr. • Plano, Texas



Kristen Politz
Sr. • Morganville, N.J.



Bella Romagnano
Fr. • New Albany, Ohio



Cassidy Rushlow
Fr. • Worcester, Mass.



Ava Verdeflor
Jr. • Allen, Texas



Sarah Brown
Head Coach
Third Season



Dallas Becerra
Assistant Coach
Third Season



Ashleigh Gnat
Assistant Coach
First Season