



# 2020 WOMEN'S GYMNASTICS

17 NCAA Championship Team Appearances • 29 All-Americans on 96 Occasions

## 2020 SCHEDULE

1-4, 0-1 Big Ten

Date	Opponent	Result/Time
Jan. 4	Collegiate Challenge <sup>^</sup> (Flo)	4th, 193.500
	vs. No. 21 Arizona State, No. 13 Auburn, No. 7 Denver	
<b>Jan. 11</b>	<b>WEST VIRGINIA (BTN Plus) W, 195.750-195.325</b>	
Jan. 16	at No. 10 Nebraska* (ESPN2) L, 194.000-195.150	
<b>Jan. 25</b>	<b>No. 32 IOWA* (BTN) 4 p.m.</b>	
<b>Jan. 31</b>	<b>No. 36 RUTGERS* (BTN Plus) 7 p.m.</b>	
Feb. 7	at No. 17 Illinois* (BTN Plus)	8 p.m.
Feb. 14	at No. 31 Ohio State* (BTN Plus)	6 p.m.
Feb. 22	Big Five Meet*% 7 p.m.	
	vs. No. 11 Maryland, No. 9 Michigan, Michigan State, No. 7 Minnesota	
<b>Feb. 29</b>	<b>PENN STATE QUAD MEET (BTN Plus) 4 p.m.</b>	
	<b>VS. CORNELL, NC STATE, TOWSON</b>	
Mar. 7	No. 2 FLORIDA (BTN Plus)	4 p.m.
Mar. 13	at No. 19 Arkansas	8 p.m.
Mar. 21	Big Ten Championships	TBA
<b>Apr. 2-4</b>	<b>NCAA REGIONAL#</b>	<b>TBA</b>
Apr. 17-18	NCAA Championships	TBA

\* Big Ten Opponent

<sup>^</sup> Anaheim, Calif.

% Toledo, Ohio

# University Park, Pa. (Rec Hall)

Big Ten Championships in Columbus, Ohio

All Times Eastern

**HOME MEETS IN BOLD CAPS**

Rankings based on RoadToNationals Standings

## NITTANY LIONS HOST IOWA FOR BIG TEN NETWORK MEET

Penn State, ranked 35th in the RoadToNationals poll, returns to Rec Hall for a key conference meet against No. 32 Iowa on Saturday. The teams are set to battle on Big Ten Network featuring Dean Linke and Alina Weinstein on the call.

The Nittany Lions tallied a 194.000 last Thursday at Nebraska, but fell to the Huskers' 195.150. Penn State earned season highs on vault and floor.

Lauren Bridgens claimed the floor title with a career-best 9.925. She also recorded a season-high 9.850 on vault and tied for the team high on bars (9.825). Tess McCracken tied for the beam title with a 9.825.

Iowa competed on Sunday against No. 8 Maryland, collecting a 195.675. The Hawkeyes tallied a 192.700 in their season opener and a 195.550 in their second meet.

### Career Best Scores

Gymnast	AA	V	UB	BB	FX
Allen	-	9.750	9.800	-	9.800
Astarita	-	9.800	-	-	9.900
Bastardi	-	9.600	9.825 <sup>^</sup>	9.925	-
Bladon	-	-	-	9.725 <sup>^</sup>	-
Bonsall	38.750	9.825	9.900	9.675	9.875
Bridgens	39.525	9.925	10.000	9.900	9.925
Chinnery	-	9.875	9.850	9.675 <sup>^</sup>	9.850
Cox	-	-	-	-	-
Howell	-	-	-	-	-
McCracken	-	-	9.900	9.925	9.850
Politz	39.050	9.850	9.925	9.900	9.825
Romagnano	-	-	-	9.725	-
Rushlow	39.250	9.750	9.925	9.875	9.775
Verdeflor	-	-	9.850	9.850	-

<sup>^</sup> Exhibition

### Season Best Scores

Gymnast	AA	V	UB	BB	FX
Allen	-	9.750	-	-	9.525
Astarita	-	-	-	-	9.850
Bastardi	-	9.600	9.725 <sup>^</sup>	9.800	-
Bladon	-	9.525 <sup>^</sup>	-	9.725 <sup>^</sup>	-
Bonsall	-	9.825	9.875	9.000 <sup>^</sup>	9.850
Bridgens	39.150	9.850	9.875	9.750	9.925
Chinnery	-	9.800	9.825	-	8.150 <sup>^</sup>
Cox	-	-	-	-	-
Howell	-	-	-	-	-
McCracken	-	-	9.850	9.875	9.675
Politz	-	-	-	-	9.325
Romagnano	-	-	-	9.725	-
Rushlow	39.250	9.750	9.925	9.875	9.775
Verdeflor	-	-	9.825	9.775	-

<sup>^</sup> Exhibition

### Team Season Highs

**Overall: 195.750 vs. West Virginia (1/11)**

**Vault: 48.825 at Nebraska (1/16)**

**Bars: 49.300 vs. West Virginia (1/11)**

**Beam: 49.025 vs. West Virginia (1/11)**

**Floor: 48.775 at Nebraska (1/16)**



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**#ForTheRoar**



# 2020 PENN STATE WOMEN'S GYMNASTICS

## 2020 ROSTER

Name	Event	Yr.	Ht.	Hometown/High School/Last School
Erynne Allen	AA	Sr.	5-3	Douglasville, Ga./South Paulding/Kentucky
Melissa Astarita	AA	So.	5-2	Morganville, N.J./Marlboro
Jessie Bastardi	AA	R-So.	5-4	State College, Pa./Saint Joseph's Catholic Academy/West Virginia
Amy Bladon	AA	Fr.	5-2	Sarnia, Ontario/Great Lakes Secondary School
Alissa Bonsall	AA	Jr.	5-1	Higganum, Conn./Haddam Killingworth
Lauren Bridgens	AA	Jr.	5-4	Darnestown, Md./Quince Orchard
Kourtney Chinnery	AA	Jr.	5-2	Suffolk, Va./Summit Christian Academy
Dymiana Cox	AA	So.	5-1	Elmont, N.Y./Parkettes
Donna Howell	AA	So.	5-5	New Milford, Pa./PA Cyber Charter School
Tess McCracken	UB, BB, FX	Sr.	5-4	Plano, Texas/Liberty
Kristen Politz	AA	Sr.	5-5	Morganville, N.J./Saint John Vianney
Bella Romagnano	AA	Fr.	5-2	New Albany, Ohio/New Albany
Cassidy Rushlow	AA	Fr.	5-2	Worcester, Mass./Daggett Gold Medal Gymnastics
Ava Verdeflor	AA	Jr.	5-3	Allen, Texas/Allen

**Head Coach:** Sarah Brown (Missouri '10; Third Season)  
**Assistant Coach:** Dallas Becerra (Missouri '13; Third Season)  
**Assistant Coach:** Ashleigh Gnat (LSU '17; First Season)  
**Captains:** Erynne Allen, Alissa Bonsall, Tess McCracken

### 2020 QUICK FACTS

#### GENERAL INFORMATION

Location ..... University Park, Pa.  
 Founded ..... 1855  
 Enrollment ..... 46,270  
 Colors ..... Blue and White  
 Conference ..... Big Ten  
 Nickname ..... Nittany Lions  
 President ..... Dr. Eric Barron  
 Director of Athletics ..... Sandy Barbour  
 Assoc. Athletics Director/SWA ..... Charmelle Green  
 Athletic Website ..... www.GoPSUsports.com

#### TEAM INFORMATION

Home Arena (Capacity) ..... Rec Hall (5,812)  
 Facebook ..... PennStateWomensGymnastics  
 Instagram ..... @PennStateWGYM  
 Twitter ..... @PennStateWGYM

#### 2019 RECAP

2019 Regular Season Record ..... 10-9  
 Big Ten Regular Season Record ..... 3-6  
 Big Ten Championships Finish ..... 5th  
 2019 NCAA Regional Finish ..... 6th  
 2019 NCAA Championships Finish ..... N/A  
 Final National Ranking ..... 23  
 All-Americans Returning/Lost ..... 0/0  
 Letterwinners Returning/Lost ..... 11/5  
 Newcomers ..... 3

#### PROGRAM HISTORY

First Year of Gymnastics ..... 1965  
 All-Time Record (Years) ..... 590-297-4 (55)  
 National Championships ..... 2  
 (1978, '80)  
 NCAA Championship Team Appearances ... 18  
 (1982, '84, '85, '86, '88, '91, '92, '93, '94,  
 '95, '96, '97, '98, '99, 2000, '05, '09, '14)  
 AIAW Championship Appearances ..... 7  
 (1975, '76, '77, '78, '79, '80, '81)

#### Name

Erynne Allen  
 Jessie Bastardi  
 Amy Bladon  
 Alissa Bonsall  
 Lauren Bridgens  
 Kourtney Chinnery  
 Dymiana Cox  
 Kristen Politz  
 Bella Romagnano  
 Cassidy Rushlow  
 Ava Verdeflor

#### Pronunciation

Erin Allen  
 Jessie Bas-TAR-di  
 Amy BLADE-in  
 Alissa Bon-zall  
 Lauren Bridge-ens  
 Kourtney Chin-er-y  
 DIM-y-ana Cox  
 Kristen pahl-LITZ  
 Bella ROMAN-yeno  
 Cassidy RUSH-lowe  
 Ava Ver-de-floor



# 2020 PENN STATE WOMEN'S GYMNASTICS



## SCOUTING THE HAWKEYES

- Iowa is led by Head Coach Larissa Libby, in her 16th year as head coach.
- The Hawkeyes recorded a 195.675 on Sunday against Maryland, but fell to the Terrapins' 196.125.
- Bridget Killian (9.825) won the vault event title, while teammate Lauren Guerin (9.800) placed second.
- On bars, Allyson Steffensmeier led Iowa with a 9.925, securing second place.
- Mackenzie Vance won the beam title with a 9.875, while Guerin captured the floor title with a 9.950.
- On the season, Iowa ranks 29th in the nation on vault (48.775 average), 47th on bars (48.083), 29th on beam (48.708) and 16th on floor (49.075).
- Guerin ranks 15th in the nation and second in the Big Ten on floor with a 9.900 average. She is also 42nd in the country on vault with a 9.833 average.
- Steffensmeier sits 33rd in the nation and seventh in the conference with a 9.850 average on bars.

## NEBRASKA MEET RECAP

- Penn State tallied a 194.000 in its Big Ten opener at Nebraska last Thursday.
- The Nittany Lions recorded a season-high 48.825 on vault and a season-best 48.775 on floor.
- Penn State held the lead going into the final rotation, but the Huskers secured the win with a 49.400 on floor.
- Lauren Bridgens won the floor event with a career-high 9.925. Melissa Astarita and Alissa Bonsall contributed season-high 9.850's to help PSU reach its team season high on floor.
- Bridgens collected a season-high 9.850 on vault, finishing third overall, and a 9.825 on bars, placing second. Alissa Bonsall tied for second on bars.
- On beam, Tess McCracken registered a 9.825 to claim her second career event title.

## SETTING THE BAR

- The Nittany Lions have enjoyed a solid start to the season on bars, averaging a 49.042, good for 14th in the country and fourth in the Big Ten.
- Penn State's 49.300 against West Virginia is the highest team bars score in the Big Ten this season.
- It was PSU's highest bars score in a home opener since 2001 and its highest bars score since a 49.350 in its quad meet last season vs. Arizona State, Cornell and Yale.
- Against Nebraska, Lauren Bridgens and Alissa Bonsall tied for the team-lead with a 9.825, good for second overall. Cassidy Rushlow and Ava Verdeflor tied for fourth with a 9.800.
- Bridgens currently ranks 60th in the country on bars with a 9.833 average.
- Rushlow won the bars title in the meet against West Virginia with a 9.925, tied for the second-best bars score in the Big Ten this season.
- Bonsall had the Big Ten's top bars score during the first weekend of competition, with a 9.875 at the Collegiate Challenge. She was named Big Ten Event Specialist of the Week for her efforts.

## NITTANY LIONS ON NATIONAL STAGE

- Penn State is being featured on a national TV broadcast for the second straight week as it competes against Iowa on Big Ten Network.
- The Nittany Lions' meet at Nebraska was broadcast on ESPN2 last Thursday.

## BIG GYMNASTS TO WATCH

- Junior Lauren Bridgens and freshman Cassidy Rushlow were named Big Ten Gymnasts To Watch.
- Bridgens is one of 15 Nittany Lions to earn multiple first-team All-Big Ten nods in their career.
- She set career highs in 2019 in all-around (39.525), beam (9.900) and floor (9.875).
- Rushlow signed with the Nittany Lions after competing for Daggett Gold Medal Gymnastics in Massachusetts. At the 2019 Massachusetts State Championships, she claimed the all-around, vault and beam titles.

## NATIONAL POLL (ROADTONATIONALS)

	Team	Avg.	High
1	Oklahoma	197.758	198.250
2	<b>Florida</b>	<b>197.100</b>	<b>197.350</b>
3	UCLA	196.933	197.425
4	<b>Denver</b>	<b>196.900</b>	<b>197.250</b>
5	Utah	196.713	197.000
5	Alabama	196.713	197.400
7	<b>Minnesota</b>	<b>196.675</b>	<b>196.875</b>
8	LSU	196.342	196.725
9	<b>Michigan</b>	<b>196.175</b>	<b>196.700</b>
10	California	196.158	197.325
11	<b>Maryland</b>	<b>196.138</b>	<b>196.150</b>
12	Kentucky	196.083	196.525
13	Iowa State	195.775	195.800
14	<b>Auburn</b>	<b>195.758</b>	<b>196.625</b>
15	BYU	195.733	195.875
16	<b>Nebraska</b>	<b>195.708</b>	<b>196.375</b>
17	<b>Illinois</b>	<b>195.675</b>	<b>195.850</b>
18	Georgia	195.625	196.150
19	<b>Arkansas</b>	<b>195.613</b>	<b>196.825</b>
20	Missouri	195.567	195.600
21	Boise State	195.475	195.475
22	Arizona	195.467	195.950
23	Central Michigan	195.388	195.675
24	Washington	195.350	195.350
25	Stanford	195.242	195.550
26	Southern Utah	195.108	195.400
27	<b>West Virginia</b>	<b>194.913</b>	<b>195.325</b>
28	Oregon State	194.883	195.325
29	<b>Arizona State</b>	<b>194.842</b>	<b>195.250</b>
30	North Carolina	194.700	194.775
31	<b>Ohio State</b>	<b>194.675</b>	<b>195.325</b>
32	<b>Iowa</b>	<b>194.642</b>	<b>195.675</b>
33	Eastern Michigan	194.525	194.875
34	Utah State	194.450	194.750
35	<b>Penn State</b>	<b>194.417</b>	<b>195.750</b>
36	<b>Rutgers</b>	<b>194.400</b>	<b>194.550</b>

### 2020 Opponents in Bold

### PENN STATE WEEK-BY-WEEK RANKING

Preseason (WCGA)	25
Week 2	17
Week 3	31
Week 4	35

### PSU RANKING BY EVENT (NATIONAL/BIG)

Vault	36/9
Uneven Bars	14/4
Balance Beam	42/9
Floor Exercise	46/10

## Meet-by-Meet Team Leaders (Event Titles)

Gymnast	AA	V	UB	BB	FX
Allen	-	-	-	-	-
Astarita	-	-	-	-	-
Bastardi	-	-	-	-	-
Bladon	-	-	-	-	-
Bonsall	-	1 (-)	2 (-)	-	-
Bridgens	2 (-)	1 (-)	1 (-)	-	3 (1)
Chinnery	-	1 (-)	-	-	-
Cox	-	-	-	-	-
Howell	-	-	-	-	-
McCracken	-	-	-	2 (1)	-
Poltz	-	-	-	-	-
Romagnano	-	-	-	-	-
Rushlow	1 (1)	-	1 (1)	2 (-)	-
Verdeflor	-	-	-	-	-

INCLUDES TIES

## National Rankings (Top 75) /Big Ten Rankings (Top 10) (RoadToNationals as of 1/24/20)

Gymnast	AA	V	UB	BB	FX
Allen	-	-	-	-	-
Astarita	-	-	-	-	-
Bastardi	-	-	-	-	-
Bladon	-	-	-	-	-
Bonsall	-	-	-	-	-
Bridgens	38/8	-	60/11	-	47/10
Chinnery	-	-	-	-	-
Cox	-	-	-	-	-
Howell	-	-	-	-	-
McCracken	-	-	-	66/15	-
Poltz	-	-	-	-	-
Romagnano	-	-	-	-	-
Rushlow	-	-	-	66/15	-
Verdeflor	-	-	-	-	-



# 2020 PENN STATE WOMEN'S GYMNASTICS

## TEAM MEET-BY-MEET

Date - Opponent	Event Order	V	UB	BB	FX	TEAM
Jan. 4 - vs. No. 21 Arizona State, No. 13 Auburn, No. 7 Denver	FX, V, UB, BB	48.250	48.850	48.750	47.650	193.500
Jan. 11 - West Virginia	V, UB, BB, FX	48.750	<b>49.300</b>	<b>49.025</b>	48.675	<b>195.750</b>
Jan. 16 - at No. 10 Nebraska*	UB, V, FX, BB	<b>48.825</b>	48.975	47.425	<b>48.775</b>	194.000
Jan. 25 - No. 35 Iowa*	-	-	-	-	-	-
Jan. 31 - No. 33 Rutgers*	-	-	-	-	-	-
Feb. 7 - at No. 13 Illinois*	-	-	-	-	-	-
Feb. 14 - at No. 36 Ohio State*	-	-	-	-	-	-
Feb. 22 - Big Five Meet*	-	-	-	-	-	-
Feb. 29 - Cornell, NC State, Towson	-	-	-	-	-	-
Mar. 7 - No. 2 Florida	-	-	-	-	-	-
Mar. 13 - at No. 32 Arkansas	-	-	-	-	-	-
Mar. 21 - Big Ten Championships	-	-	-	-	-	-
Apr. 2-4 - NCAA Regionals - University Park, Pa.	-	-	-	-	-	-

### SEASON HIGH IN BOLD

\* Indicates Big Ten Regular Season Meet

Rankings based on RoadToNationals standings

## TOP TEN PERFORMANCES

Vault	(Rowland/Personett, 10.0)	Balance Beam	(Leopoldus/Rowland/Smith, 10.0)	All-Around	(Rowland, 39.775)
Lauren Bridgens	9.850 1/16	Tess McCracken	9.875 1/11	Cassidy Rushlow	39.250 1/11
Alissa Bonsall	9.825 1/11	Cassidy Rushlow	9.875 1/11	Lauren Bridgens	39.150 1/11
Kourtney Chinnery	9.800 1/11	Tess McCracken	9.825 1/16	Lauren Bridgens	39.025 1/4
Kourtney Chinnery	9.775 1/16	Cassidy Rushlow	9.825 1/4	Lauren Bridgens	38.950 1/16
Erynne Allen	9.750 1/16	Jessie Bastardi	9.800 1/11	Cassidy Rushlow	38.800 1/16
Cassidy Rushlow	9.750 1/16	Ava Verdeflor	9.775 1/4	Cassidy Rushlow	37.050 1/4
Erynne Allen	9.750 1/11	Cassidy Rushlow	9.750 1/16		
Kourtney Chinnery	9.725 1/4	Lauren Bridgens	9.750 1/11		
Alissa Bonsall	9.700 1/16	Lauren Bridgens	9.750 1/4		
Lauren Bridgens	9.700 1/11	Tess McCracken	9.750 1/4		
Uneven Bars	(Bridgens, 10.0)	Floor Exercise	(Casey, 10.0)		
Cassidy Rushlow	9.925 1/11	Lauren Bridgens	9.925 1/16		
Lauren Bridgens	9.875 1/11	Melissa Astarita	9.850 1/16		
Alissa Bonsall	9.875 1/4	Alissa Bonsall	9.850 1/16		
Tess McCracken	9.850 1/11	Lauren Bridgens	9.825 1/11		
Alissa Bonsall	9.825 1/16	Lauren Bridgens	9.825 1/4		
Lauren Bridgens	9.825 1/16	Alissa Bonsall	9.800 1/11		
Kourtney Chinnery	9.825 1/11	Cassidy Rushlow	9.775 1/11		
Ava Verdeflor	9.825 1/11	Melissa Astarita	9.750 1/11		
Cassidy Rushlow	9.800 1/16	Alissa Bonsall	9.725 1/4		
Ava Verdeflor	9.800 1/16	Melissa Astarita	9.675 1/4		
Lauren Bridgens	9.800 1/4	Tess McCracken	9.675 1/4		



# 2020 PENN STATE WOMEN'S GYMNASTICS

## GYMNAST MEET-BY-MEET

### Erynne Allen **Sr.**

<b>Vault</b>	<b>(9.750, 1/16/20)</b>
Collegiate Challenge (1/4)	9.550 (21)
West Virginia (1/11)	9.750 (6)
at Nebraska (1/16)	9.750 (8)

### **Uneven Bars** **(9.800, 2/2/19)**

### **Floor Exercise** **(9.800, 3/23/19)**

Collegiate Challenge (1/4)	8.750 (23)
West Virginia (1/11)	9.525 (10)
at Nebraska (1/16)	9.450 (12)

### Melissa Astarita **So.**

### **Vault** **(9.800, 3/17/19)**

### **Floor Exercise** **(9.900, 3/2/19)**

Collegiate Challenge (1/4)	9.675 (14)
West Virginia (1/11)	9.750 (6)
at Nebraska (1/16)	9.850 (6)

### Jessie Bastardi **R-So.**

### **Vault** **(9.600, 1/4/20)**

Collegiate Challenge (1/4)	9.600 (19)
West Virginia (1/11)	9.575 (12)

### **Uneven Bars** **(9.825^, 2/2/19)**

Collegiate Challenge (1/4)	9.725^
West Virginia (1/11)	9.625^

### **Balance Beam** **(9.925, 2/9/19)**

Collegiate Challenge (1/4)	9.650 (18)
West Virginia (1/11)	9.800 (4)
at Nebraska (1/16)	9.625 (6)

### Amy Bladon **Fr.**

### **Vault** **(9.525, 1/16/20)**

at Nebraska (1/16)	9.525 (12)
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### **Balance Beam** **(9.725, 1/11/20)**

West Virginia (1/11)	9.725^
at Nebraska (1/16)	9.525^

### Alissa Bonsall **Jr.**

### **All-Around** **(38.750, 1/6/18)**

### **Vault** **(9.825, 1/11/20)**

Collegiate Challenge (1/4)	9.675 (14)
West Virginia (1/11)	9.825 (2)
at Nebraska (1/16)	9.700 (10)

### **Uneven Bars** **(9.900, 2/22/19)**

Collegiate Challenge (1/4)	9.875 (4)
West Virginia (1/11)	9.725 (8)
at Nebraska (1/16)	9.825 (2)

### **Balance Beam** **(9.675, 1/5/19)**

Collegiate Challenge (1/4)	9.000^
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### **Floor Exercise** **(9.875, 3/23/19)**

Collegiate Challenge (1/4)	9.725 (11)
West Virginia (1/11)	9.800 (3)
at Nebraska (1/16)	9.850 (6)

### Lauren Bridgens **Jr.**

### **All-Around** **(39.525, 1/26/19)**

Collegiate Challenge (1/4)	39.025 (3)
West Virginia (1/11)	39.150 (2)
at Nebraska (1/16)	38.950 (2)

### **Vault** **(9.925, 3/4/18)**

Collegiate Challenge (1/4)	9.650 (17)
West Virginia (1/11)	9.700 (8)
at Nebraska (1/16)	9.850 (3)

### **Uneven Bars** **(10.0, 3/9/18)**

Collegiate Challenge (1/4)	9.800 (9)
West Virginia (1/11)	9.875 (2)
at Nebraska (1/16)	9.825 (2)

### **Balance Beam** **(9.900, 3/8/19)**

Collegiate Challenge (1/4)	9.750 (14)
West Virginia (1/11)	9.750 (8)
at Nebraska (1/16)	9.350 (8)

### **Floor Exercise** **(9.925, 1/16/20)**

Collegiate Challenge (1/4)	9.825 (5)
West Virginia (1/11)	9.825 (2)
at Nebraska (1/16)	9.925 (1)

### Kourtney Chinnery **Jr.**

### **Vault** **(9.875, 2/22/19)**

Collegiate Challenge (1/4)	9.725 (11)
West Virginia (1/11)	9.800 (3)
at Nebraska (1/16)	9.775 (5)

### **Uneven Bars** **(9.850, 3/8/19)**

Collegiate Challenge (1/4)	9.725 (16)
West Virginia (1/11)	9.825 (5)
at Nebraska (1/16)	9.675 (11)

### **Balance Beam** **(9.675^, 1/26/19)**

### **Floor Exercise** **(9.850, 1/26/19)**

Collegiate Challenge (1/4)	8.150^
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### Donna Howell **So.**

### Tess McCracken **Sr.**

### **Uneven Bars** **(9.900, 1/19/19)**

Collegiate Challenge (1/4)	9.750 (13)
West Virginia (1/11)	9.850 (3)
at Nebraska (1/16)	9.725 (8)

### **Balance Beam** **(9.925, 2/9/19)**

Collegiate Challenge (1/4)	9.750 (14)
West Virginia (1/11)	9.875 (2)
at Nebraska (1/16)	9.825 (1)

### **Floor Exercise** **(9.850, 3/2/19)**

Collegiate Challenge (1/4)	9.675 (14)
at Nebraska (1/16)	9.650 (10)

### Kristen Politz **Sr.**

### **All-Around** **(39.050, 1/15/17)**

### **Vault** **(9.850, 2/4/17)**

### **Uneven Bars** **(9.925, 3/9/18)**

at Nebraska (1/16)	8.850^
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### **Balance Beam** **(9.900, 3/17/19)**

### **Floor Exercise** **(9.825, 1/21/17)**

West Virginia (1/11)	9.325 (12)
at Nebraska (1/16)	9.400^

### Bella Romagnano **Fr.**

### **Balance Beam** **(9.725, 1/11/20)**

Collegiate Challenge (1/4)	9.150 (24)
West Virginia (1/11)	9.725 (9)
at Nebraska (1/16)	8.875 (10)

### Cassidy Rushlow **Fr.**

### **All-Around** **(39.250, 1/11/20)**

Collegiate Challenge (1/4)	37.050 (7)
West Virginia (1/11)	39.250 (1)
at Nebraska (1/16)	38.800 (3)

### **Vault** **(9.750, 1/16/20)**

Collegiate Challenge (1/4)	9.600 (19)
West Virginia (1/11)	9.675 (10)
at Nebraska (1/16)	9.750 (8)

### **Uneven Bars** **(9.925, 1/11/20)**

Collegiate Challenge (1/4)	9.075 (24)
West Virginia (1/11)	9.925 (1)
at Nebraska (1/16)	9.800 (4)

### **Balance Beam** **(9.875, 1/11/20)**

Collegiate Challenge (1/4)	9.825 (5)
West Virginia (1/11)	9.875 (2)
at Nebraska (1/16)	9.750 (3)

### **Floor Exercise** **(9.775, 1/11/20)**

Collegiate Challenge (1/4)	8.550 (24)
West Virginia (1/11)	9.775 (5)
at Nebraska (1/16)	9.500 (11)

### Ava Verdeflor **Jr.**

### **Uneven Bars** **(9.850, 1/26/19)**

Collegiate Challenge (1/4)	9.700 (18)
West Virginia (1/11)	9.825 (5)
at Nebraska (1/16)	9.800 (4)

### **Balance Beam** **(9.850, 3/17/19)**

Collegiate Challenge (1/4)	9.775 (11)
West Virginia (1/11)	9.700 (10)
at Nebraska (1/16)	8.450 (12)

<b>KEY</b>	
<b>Event</b>	<b>(Career Best, Date)</b>
<b>Meet (Date)</b>	<b>Score (Place)</b>

\* - School Record

# - NCAA Record

\$ - Big Ten Record

^ - Exhibition Score



# 2020 PENN STATE WOMEN'S GYMNASTICS

## INDIVIDUAL SCHOOL RECORDS

### VAULT

1.	10.0	Brandi Personett	2/13/2010
		Brandi Personett	1/23/2010
		Katie Rowland	3/29/2003
		Katie Rowland	2/16/2003
5.	9.975	Emma Sibson	3/8/2014
		Sharaya Musser	3/7/2010
		Brandi Personett	2/2/2008
		Katie Rowland	3/8/2003
9.	9.950	Briannah Tsang	1/31/2015
		Krystal Welsh	1/31/2015
		Briannah Tsang	1/17/2015
		Emma Sibson	2/8/2014
		Madison Merriam	3/16/2013
		Madison Merriam	2/16/2013
		Sharaya Musser	3/17/2012
		Sharaya Musser	3/2/2012
		Sharaya Musser	1/15/2012
		Sharaya Musser	2/11/2011
		Sharaya Musser	3/20/2010
		Brandi Personett	4/10/2010
		Brandi Personett	2/20/2010
		Brandi Personett	2/13/2009
		Brandi Personett	1/30/2009
		Brandi Personett	3/29/2008
		Brandi Personett	3/31/2007
		Jennifer Orlando	2/25/2006
		Lisa Clark	2/13/2005
		Lisa Clark	4/3/2004
		Katie Rowland	4/12/003
		Katie Rowland	2/7/2003
		Katie Rowland	1/11/2003
		Katie Rowland	3/23/2002
		Katie Rowland	3/9/2002
		Katie Rowland	2/15/2002
		Katie Rowland	3/10/2001
		Gemma Cuff	3/2/2000
		Gemma Cuff	2/28/1998
		Joanna Knox	3/25/1995

### UNEVEN BARS

1.	10.0	<b>Lauren Bridgens</b>	3/9/2018
2.	9.975	Natalie Ettl	2/18/2011
		Katie Perret	3/16/2007
4.	9.950	Sabrina Garcia	1/19/2019
		Sabrina Garcia	1/21/2017
		Sabrina Garcia	1/7/2017
		Kiera Brown	3/19/2016
		Kiera Brown	1/9/2016
		Krystal Welsh	3/8/2015
		Madison Merriam	2/23/2013
		Natalie Ettl	2/6/2011
		Natalie Ettl	3/7/2010
		Natalie Ettl	2/6/2010
		Katie McAvoy	3/1/2003
		Katie McAvoy	2/2/2002
		Katie Rowland	3/16/2002
		Katie Rowland	2/17/2001
		Maria Taylor	2/23/2001
		Nikki Smith	3/13/1999

### BALANCE BEAM

1.	10.0	Katie Rowland	3/14/2003
		Nikki Smith	3/18/2000
		Missy Leopoldus	2/19/1999
		Missy Leopoldus	1/30/1999
5.	9.975	Nicole Medvitz	3/12/2016
		Meredith Hoover	2/25/2006
		Richelle Simpson	2/17/2001
		Maria Taylor	2/17/2001
		Nikki Smith	1/22/2000
10.	9.950	Sydney Sanabria-Robles	1/31/2015
		Briannah Tsang	1/24/2015
		Kassidy Stauder	3/8/2014
		Sharaya Musser	3/16/2013
		Sharaya Musser	2/11/2012
		Sharaya Musser	3/4/2011
		Brandi Personett	2/6/2010
		Kristal Uzelac	3/26/2005
		Katie Rowland	3/9/2002
		Nikki Smith	3/11/2000
		Nikki Smith	1/16/2000
		Missy Leopoldus	1999
		Missy Leopoldus	1/17/1998
		Nicole Malinak	2/28/1997

### FLOOR EXERCISE

1.	10.0	Ellen Casey	2/19/1999
2.	9.975	Katie Rowland	3/14/2003
		Gemma Cuff	2/23/2001
		Ellen Casey	1999
5.	9.950	Briannah Tsang	3/24/2018
		Briannah Tsang	2/24/2018
		Briannah Tsang	3/5/2017
		Emma Sibson	3/8/2015
		Sharaya Musser	3/17/2012
		Sharaya Musser	3/4/2011
		Sharaya Musser	2/18/2011
		Brandi Personett	3/27/2010
		Brandi Personett	3/20/2010
		Brandi Personett	2/20/2010
		Brandi Personett	3/21/2009
		Brandi Personett	3/8/2009
		Brandi Personett	3/1/2009
		Brandi Personett	3/1/2008
		Brandi Personett	2/24/2007
		Kate Stopper	2/6/2004
		Katie Rowland	4/12/2003
		Katie Rowland	3/1/2003
		Katie Rowland	2/16/2003
		Katie Rowland	2/1/2003
		Katie Rowland	3/16/2002
		Katie Rowland	2/23/2001
		Katie Rowland	2/3/2001
		Leslie Bair	2/23/2001
		Richelle Simpson	2/23/2001
		Heather Duggan	2/19/2000
		Missy Leopoldus	3/14/1998
		Ellen Casey	1999
		Ellen Casey	2/28/1998
		Ellen Casey	3/16/1997

### ALL-AROUND

1.	39.775	Katie Rowland	3/14/2003
2.	39.725	Sharaya Musser	3/4/2011
		Katie Rowland	3/9/2002
4.	39.700	Brandi Personett	2/20/2010
5.	39.675	Katie Rowland	2/16/2003
6.	39.650	Sharaya Musser	3/16/2013
		Sharaya Musser	3/17/2012
		Sharaya Musser	3/2/2012
		Katie Rowland	2/23/2001
		Katie Rowland	2/17/2001

**NOTES:** Listed alphabetically based on most recent performance.

## TEAM SCHOOL RECORDS

### VAULT

1.	49.550	at Illinois	1/31/2015
2.	49.500	Cornell, Iowa, Yale	1/23/2010
	49.500	at NCAA Regionals	4/3/2004
	49.500	at West Virginia w/ Rutgers	2/16/2003
5.	49.475	Kentucky	3/16/2013
	49.475	at West Virginia w/ Ball State	2/13/2005
7.	49.450	at N.H. w/Bridgeport, G. Wash.	3/8/2014
	49.450	Iowa State, Penn, SUNY-Brockport	2/28/2015
9.	49.425	Nebraska, Rutgers, Yale	2/10/2006
10.	49.400	at Pittsburgh	2/13/2010

### UNEVEN BARS

1.	49.500	Massachusetts	2/23/2001
2.	49.475	at BYU, TWU & Utah State	3/9/2018
3.	49.425	Nebraska	3/1/2003
4.	49.375	at Michigan State	2/4/2018
	49.375	at Maryland Quad	2/18/2011
	49.375	at Arizona w/ Kentucky, TWU	3/16/2007
	49.375	at Rhode Island	2/17/2001
8.	49.350	Michigan State	2/23/2013
	49.350	Maryland	3/17/2012
	49.350	at Big Ten Championships	3/27/2010
	49.350	Illinois	2/6/2010
	49.350	at Pittsburgh	3/18/2006
	49.350	at New Hampshire	3/6/2004
	49.350	New Hampshire	1/20/2001
	49.350	NCAA Regionals	4/10/1999
	49.350	Alabama	2/19/1999

### BALANCE BEAM

1.	49.650	at Rhode Island	2/17/2001
2.	49.550	Big Ten Championships	3/18/2000
3.	49.425	Central Michigan	1/24/2004
4.	49.375	Iowa, Mich., Minn., Rutgers	3/12/2016
	49.375	at N.H. w/Bridgeport, G. Wash.	3/8/2014
	49.375	at Pittsburgh	2/28/2004
	49.375	Pennsylvania Championships	2/28/1997
8.	49.350	at Rutgers	2/9/2019
	49.350	Maryland, Michigan, Bridgeport	3/7/2010
	49.350	at Illinois	1/13/2001

### FLOOR EXERCISE

1.	49.725	Massachusetts	2/23/2001
2.	49.550	Pittsburgh	2/3/2001
3.	49.525	New Hampshire, Penn, Temple	3/9/2013
	49.525	Florida	1/30/1999
5.	49.500	Alabama	2/19/1999
6.	49.450	at Pittsburgh	3/11/2012
7.	49.425	NCAA Regionals	4/5/2014
	49.425	Big Ten Championships	3/22/2014
	49.425	at Big Ten Championships	3/21/2009
	49.425	Maryland	1/29/2005

### TEAM

1.	197.450	Massachusetts	2/23/2001
2.	197.325	Kentucky	3/16/2013
3.	197.200	at N.H. w/Bridgeport, G. Wash.	3/8/2014
4.	197.125	Iowa, Mich., Minn., Rutgers	3/12/2016
5.	197.075	Maryland, North Carolina State	3/4/2011
6.	197.025	Alabama	2/19/1999
	197.025	Michigan State	2/7/2015
8.	196.975	New Hampshire, Penn, Temple	3/9/2013
9.	196.875	Pittsburgh	2/3/2001
10.	196.825	at Arizona w/Kentucky, TWU	3/16/2007
11.	196.775	Minnesota	1/26/2019
	196.775	at Rhode Island	2/17/2001



## 2020 NITTANY LIONS



**ERYNNE  
ALLEN**

**SENIOR**  
DALLAS, GA.  
SOUTH PAULDING/  
KENTUCKY  
BIOBEHAVIORAL HEALTH

### 2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	9.550	-	-	8.750
WVU	-	9.750	-	-	9.525
at Nebraska	-	9.750	-	-	9.450
IOWA	-	-	-	-	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	9.750	-	-	9.525
Career High	-	9.750	9.800	-	9.800

^ Exhibition \* Event Title



**MELISSA  
ASTARITA**

**SOPHOMORE**  
MORGANVILLE, N.J.  
MARLBORO  
MATHEMATICS

### 2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	-	-	9.675
WVU	-	-	-	-	9.750
at Nebraska	-	-	-	-	9.850
IOWA	-	-	-	-	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	-	-	9.850
Career High	-	9.800	-	-	9.900

^ Exhibition \* Event Title





# 2020 PENN STATE WOMEN'S GYMNASTICS

## 2020 NITTANY LIONS



### JESSIE BASTARDI

**R-SOPHOMORE • 5'4"**  
STATE COLLEGE, PA.  
SAINT JOSEPH'S CATHOLIC  
ACADEMY/WEST VIRGINIA  
RECREATION, PARKS AND  
TOURISM MANAGEMENT

#### 2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	9.600	9.725^	9.650	-
WVU	-	9.575	9.625^	9.800	-
at Nebraska	-	-	-	9.625	-
IOWA	-	-	-	-	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	9.600	9.725^	9.800	-
Career High	-	9.600	9.825^	9.925	-

^ Exhibition \* Event Title



### AMY BLADON

**FRESHMAN • 5'2"**  
SARNIA, ONTARIO  
GREAT LAKES  
SECONDARY SCHOOL  
GENERAL SCIENCE

#### 2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	-	-	-
WVU	-	-	-	9.725^	-
at Nebraska	-	9.525	-	9.525^	-
IOWA	-	-	-	-	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	9.525	-	9.725^	-
Career High	-	9.525	-	9.725^	-

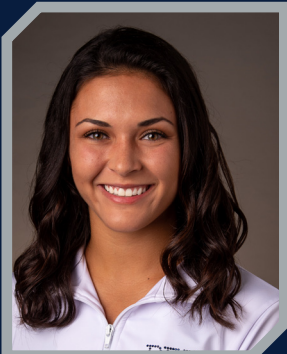
^ Exhibition \* Event Title







## 2020 NITTANY LIONS



**ALISSA  
BONSALL**

**JUNIOR • 5'1"**  
HIGGANUM, CONN.  
HADDAM KILLINGWORTH  
KINESIOLOGY

### 2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	9.675	9.875	9.000 <sup>^</sup>	9.725
WVU	-	9.825	9.725	-	9.800
at Nebraska	-	9.700	9.825	-	9.850
IOWA	-	-	-	-	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	9.825	9.875	9.000 <sup>^</sup>	9.850
Career High	38.750	9.825	9.900	9.675	9.875

<sup>^</sup> Exhibition \* Event Title



**LAUREN  
BRIDGENS**

**JUNIOR • 5'4"**  
DARNESTOWN, MD.  
QUINCE ORCHARD  
MARKETING

### 2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	39.025	9.650	9.800	9.750	9.825
WVU	39.150	9.700	9.875	9.750	9.825
at Nebraska	38.950	9.850	9.825	9.350	9.925*
IOWA	-	-	-	-	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	39.150	9.850	9.875	9.750	9.925
Career High	39.525	9.925	10.000	9.900	9.925

<sup>^</sup> Exhibition \* Event Title

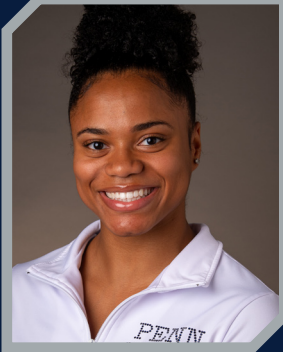


Big Ten Event Specialist of the Week (1/7)



# 2020 PENN STATE WOMEN'S GYMNASTICS

## 2020 NITTANY LIONS



### KOURTNEY CHINNERY

**JUNIOR • 5'2"**  
SUFFOLK, VA.  
SUMMIT CHRISTIAN  
ACADEMY  
SCIENCE

#### 2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	9.725	9.725	-	8.150 <sup>^</sup>
WVU	-	9.800	9.825	-	-
at Nebraska	-	9.775	9.675	-	-
IOWA	-	-	-	-	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	9.800	9.825	-	8.150 <sup>^</sup>
Career High	-	9.875	9.850	9.675 <sup>^</sup>	9.850

<sup>^</sup> Exhibition \* Event Title



### DYMIANA COX

**SOPHOMORE • 5'1"**  
ELMONT, N.Y.  
CONNECTIONS ACADEMY  
HEALTH AND HUMAN  
DEVELOPMENT

#### 2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	-	-	-
WVU	-	-	-	-	-
at Nebraska	-	-	-	-	-
IOWA	-	-	-	-	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	-	-	-
Career High	-	-	-	-	-

<sup>^</sup> Exhibition \* Event Title





## 2020 NITTANY LIONS



**DONNA  
HOWELL**

**SOPHOMORE • 5'5"**  
NEW MILFORD, PA.  
PA CYBER CHARTER  
SCHOOL  
COMMUNICATIONS

### 2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	-	-	-
WVU	-	-	-	-	-
at Nebraska	-	-	-	-	-
IOWA	-	-	-	-	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	-	-	-
Career High	-	-	-	-	-
^ Exhibition * Event Title					



**TESS  
McCRACKEN**

**SENIOR • 5'4"**  
PLANO, TEXAS  
LIBERTY H.S.  
SCIENCE

### 2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	9.750	9.750	9.675
WVU	-	-	9.850	9.875	-
at Nebraska	-	-	9.725	9.825*	9.650
IOWA	-	-	-	-	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	9.850	9.875	9.675
Career High	-	-	9.900	9.925	9.850
^ Exhibition * Event Title					





# 2020 PENN STATE WOMEN'S GYMNASTICS

## 2020 NITTANY LIONS



### KRISTEN POLITZ

**SENIOR • 5'5"**  
MORGANVILLE, N.J.  
SAINT JOHN VIANNEY  
MARKETING

#### 2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	-	-	-
WVU	-	-	-	-	9.325
at Nebraska	-	-	8.850 <sup>^</sup>	-	9.400 <sup>^</sup>
IOWA	-	-	-	-	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	8.850 <sup>^</sup>	-	9.325
Career High	39.050	9.850	9.925	9.900	9.825

<sup>^</sup> Exhibition \* Event Title



### BELLA ROMAGNANO

**FRESHMAN • 5'2"**  
NEW ALBANY, OHIO  
NEW ALBANY  
UNDECIDED

#### 2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	-	9.150	-
WVU	-	-	-	9.725	-
at Nebraska	-	-	-	8.875	-
IOWA	-	-	-	-	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	-	9.725	-
Career High	-	-	-	9.150	-

<sup>^</sup> Exhibition \* Event Title





## 2020 NITTANY LIONS



### CASSIDY RUSHLOW

**FRESHMAN • 5'2"**  
 WORCESTER, MASS.  
 WORCESTER TECHNICAL  
 UNDECIDED

#### 2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	37.050	9.600	9.075	9.825	8.550
WVU	39.250*	9.675	9.925*	9.875	9.775
at Nebraska	38.800	9.750	9.800	9.750	9.500
IOWA	-	-	-	-	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	39.250	9.750	9.925*	9.875	9.775
Career High	39.250	9.750	9.925*	9.875	9.775

^ Exhibition \* Event Title



### AVA VERDEFLORE

**JUNIOR • 5'3"**  
 ALLEN, TEXAS  
 ALLEN  
 REHABILITATION AND  
 HUMAN SERVICES

#### 2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	9.700	9.775	-
WVU	-	-	9.825	9.700	-
at Nebraska	-	-	9.800	8.450	-
IOWA	-	-	-	-	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	9.825	9.775	-
Career High	-	-	9.850	9.850	-

^ Exhibition \* Event Title





# 2020 PENN STATE WOMEN'S GYMNASTICS



## SARAH BROWN

### HEAD COACH

3rd Season  
Missouri '10

### Career Record:

33-26 (Fourth season)

### Career Record:

22-22 (Third season)

### ACCOLADES

- Midwest Independent Assistant Coach of the Year (2014)

### UNDER BROWN

- 3 NCAA Championships qualifiers
- 2 NACGC/W All-Americans
- 6 All-Big Ten Selections
- 1 Big Ten Individual Event Champion

### YEAR-BY-YEAR

2017 (EMU)	11-4
2018	11-8
2019	10-9
2020	1-4
<b>Total</b>	<b>33-25</b>

Sarah Brown begins her third year as the head coach of the Penn State women's gymnastics team in 2020. Brown was named the eighth head coach of the Penn State women's gymnastics program on May 4, 2017. A two-time Big 12 Conference Gymnast of the Year, Brown came to Happy Valley after serving as the head coach at Eastern Michigan University.

In 2019, the Nittany Lions had a 10-9 meet record, including victories over No. 21 Arizona State, No. 22 Ohio State, No. 27 NC State, No. 32 Temple and No. 34 Illinois. Penn State placed fifth in the Big Ten Championships, hosted at Rec Hall. Penn State was selected for the NCAA Regional in Ann Arbor and finished third in the Session I meet against No. 7 Michigan, No. 10 Alabama and No. 26 Ohio State. The Nittany Lions ended the season ranked No. 24 in the RoadToNationals poll, it's highest finish since 2015.

Senior Sabrina Garcia and freshman Jessie Bastardi qualified for the NCAA Championships. Garcia earned a 9.900 on bars at the NCAA Regional, tying for the top score in the regional and tying her score from 2017 for PSU's top bars score in a regional. Bastardi secured a 9.900 on beam at the NCAA Regional, also matching the top score in the regional and tying Meredith Hoover (2003) for the top beam score in PSU regionals history. Sophomore Lauren Bridgens was a first-team All-Big Ten selection, while Garcia earned second-team accolades.

In her first season at Penn State, Brown led the Nittany Lions to an 11-8 meet record, including three wins over ranked opponents. The Nittany Lions made an appearance in the NCAA Regionals and finished the season with a No. 32 national ranking.

Two Penn State gymnasts earned All-America honors with freshman Lauren Bridgens and senior Briannah Tsang claiming those accolades. Tsang was the Big Ten Gymnast of the Year, the eighth in program history, after winning the individual Floor Exercise title at the Big Ten Championships. Bridgens and Tsang were First Team All-Big Ten selections, while junior Sabrina Garcia was a Second Team honoree. Bridgens competed in the All-Around at the NCAA Championships. On March 4, 2018, Bridgens set a Nittany Lion record with a perfect 10 on the Uneven Bars. Tsang earned two Top Five scores in program history on the Floor Exercise.

During her lone season as the head coach of the Eastern Michigan women's gymnastics team in 2017, Brown led the Eagles to the Mid-American Conference (MAC) regular season title, the MAC Championship, an appearance at the NCAA Regionals and a final national ranking of No. 27.

Brown served for one season as a volunteer assistant coach at the University of Michigan during the 2015-16 school year, helping the Wolverines win the 2016 Big Ten Championship.

Brown began her collegiate gymnastics career at the University of Utah for one season before completing her collegiate career at the University of Missouri. A four-time All-American at Mizzou, she was the Tigers' Female Athlete of the Year in 2009 and 2010 and earned the Director of Athletics Leadership Award in 2010. Along with her All-America plaudits, Brown was selected the Big 12 Conference Gymnast of the Year in 2009 and 2010, was named to the All-Big 12 Championship Team nine times and was a nominee for the 2010 Honda Broderick Cup award. Prior to her collegiate gymnastics career, she was a four-time member of the USA National Team (2002-05).

A two-time graduate of the University of Missouri, Brown earned a bachelor's degree in interdisciplinary studies with an emphasis in communication and business in 2010 and a master's of education in counseling psychology with an emphasis in sport psychology in 2012.

A native of Columbia, Missouri, the former Sarah Shire is married to Antonio Brown. Has a son, Isaiah.



## 2020 TV/RADIO ROSTER



**Erynne Allen**  
Sr. • Douglasville, Ga.



**Melissa Astarita**  
So. • Morganville, N.J.



**Jessie Bastardi**  
R-So. • State College, Pa.



**Amy Bladon**  
Fr. • Sarnia, Ontario



**Alissa Bonsall**  
Jr. • Higganum, Conn.



**Lauren Bridgens**  
Jr. • Darnestown, Md.



**Kourtney Chinnery**  
Jr. • Suffolk, Va.



**Dymiana Cox**  
So. • Elmont, N.Y.



**Donna Howell**  
So. • New Milford, Pa.



**Tess McCracken**  
Sr. • Plano, Texas



**Kristen Politz**  
Sr. • Morganville, N.J.



**Bella Romagnano**  
Fr. • New Albany, Ohio



**Cassidy Rushlow**  
Fr. • Worcester, Mass.



**Ava Verdeflor**  
Jr. • Allen, Texas



**Sarah Brown**  
Head Coach  
Third Season



**Dallas Becerra**  
Assistant Coach  
Third Season



**Ashleigh Gnat**  
Assistant Coach  
First Season