



2020 WOMEN'S GYMNASTICS

17 NCAA Championship Team Appearances • 29 All-Americans on 96 Occasions

2020 SCHEDULE

0-3, 0-0 Big Ten

Date	Opponent	Result/Time
Jan. 4	Collegiate Challenge [^] (Flo)	4th, 193.500
	vs. No. 21 Arizona State, No. 13 Auburn, No. 7 Denver	
Jan. 11	WEST VIRGINIA (BTN Plus)	4 p.m.
Jan. 16	at Nebraska* (ESPN2)	7 p.m.
Jan. 25	No. 19 IOWA* (BTN)	4 p.m.
Jan. 31	RUTGERS* (BTN Plus)	7 p.m.
Feb. 7	at No. 6 Illinois* (BTN Plus)	8 p.m.
Feb. 14	Ohio State* (BTN Plus)	6 p.m.
Feb. 22	Big Five Meet*%	7 p.m.
	vs. Maryland, Michigan, No. 20 Michigan State, Minnesota	
Feb. 29	PENN STATE QUAD MEET (BTN Plus) VS. CORNELL, NC STATE, TOWSON	4 p.m.
Mar. 7	FLORIDA (BTN Plus)	4 p.m.
Mar. 13	at Arkansas	8 p.m.
Mar. 21	Big Ten Championships	TBA
Apr. 2-4	NCAA REGIONAL#	TBA
Apr. 17-18	NCAA Championships	TBA

* Big Ten Opponent

[^] Anaheim, Calif.

% Toledo, Ohio

University Park, Pa. (Rec Hall)

Big Ten Championships in Columbus, Ohio

All Times Eastern

HOME MEETS IN BOLD CAPS

Rankings based on RoadToNationals Standings

NO. 17 PENN STATE WELCOMES WEST VIRGINIA FOR HOME OPENER

The No. 17 Nittany Lions are set to host West Virginia in their home opener on Saturday.

Penn State began its 56th season at the Collegiate Challenge in Anaheim, Calif. PSU tallied a 193.500 to finish fourth in the Session I meet.

Junior Lauren Bridgens placed third in the all-around with a 39.025, her 17th career all-around score above a 39.000. Bridgens also earned fifth on floor and ninth on bars.

Allissa Bonsall secured fourth on bars with a 9.875, while freshman Cassidy Rushlow finished fifth on beam with a 9.825 and competed in her first collegiate all-around.

West Virginia will be making its season debut. In 2019, the Mountaineers competed at the Ann Arbor Regional, along with Penn State, and finished 27th in the RoadToNationals rankings.

Career Best Scores

Gymnast	AA	V	UB	BB	FX
Allen	-	9.550	9.800	-	9.800
Astarita	-	9.800	-	-	9.900
Bastardi	-	9.600	9.825 [^]	9.925	-
Bladon	-	-	-	-	-
Bonsall	38.750	9.825	9.900	9.675	9.875
Bridgens	39.525	9.925	10.000	9.900	9.875
Chinnery	-	9.875	9.850	9.675 [^]	9.850
Cox	-	-	-	-	-
Howell	-	-	-	-	-
McCracken	-	-	9.900	9.925	9.850
Politz	39.050	9.850	9.925	9.900	9.825
Romagnano	-	-	-	9.150	-
Rushlow	37.050	9.600	9.075	9.825	8.550
Verdeflor	-	-	9.850	9.850	-

[^] Exhibition

Season Best Scores

Gymnast	AA	V	UB	BB	FX
Allen	-	9.550	-	-	8.750
Astarita	-	-	-	-	9.675
Bastardi	-	9.600	9.725 [^]	9.650	-
Bladon	-	-	-	-	-
Bonsall	-	9.675	9.875	9.000 [^]	9.725
Bridgens	39.025	9.650	9.800	9.750	9.825
Chinnery	-	9.725	9.725	-	8.150 [^]
Cox	-	-	-	-	-
Howell	-	-	-	-	-
McCracken	-	-	9.750	9.750	9.675
Politz	-	-	-	-	-
Romagnano	-	-	-	9.150	-
Rushlow	37.050	9.600	9.075	9.825	8.550
Verdeflor	-	-	9.700	9.775	-

[^] Exhibition



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GoPSUSports.com

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#ForTheRoar

Team Season Highs

Overall: 193.500 at Collegiate Challenge (1/4)

Vault: 48.250 at Collegiate Challenge (1/4)

Bars: 48.850 at Collegiate Challenge (1/4)

Beam: 48.750 at Collegiate Challenge (1/4)

Floor: 47.650 at Collegiate Challenge (1/4)



2020 PENN STATE WOMEN'S GYMNASTICS

2020 ROSTER

Name	Event	Yr.	Ht.	Hometown/High School/Last School
Erynne Allen	AA	Sr.	5-3	Douglasville, Ga./South Paulding/Kentucky
Melissa Astarita	AA	So.	5-2	Morganville, N.J./Marlboro
Jessie Bastardi	AA	R-So.	5-4	State College, Pa./Saint Joseph's Catholic Academy/West Virginia
Amy Bladon	AA	Fr.	5-2	Sarnia, Ontario/Great Lakes Secondary School
Alissa Bonsall	AA	Jr.	5-1	Higganum, Conn./Haddam Killingworth
Lauren Bridgens	AA	Jr.	5-4	Darnestown, Md./Quince Orchard
Kourtney Chinnery	AA	Jr.	5-2	Suffolk, Va./Summit Christian Academy
Dymiana Cox	AA	So.	5-1	Elmont, N.Y./Parkettes
Donna Howell	AA	So.	5-5	New Milford, Pa./PA Cyber Charter School
Tess McCracken	UB, BB, FX	Sr.	5-4	Plano, Texas/Liberty
Kristen Politz	AA	Sr.	5-5	Morganville, N.J./Saint John Vianney
Bella Romagnano	AA	Fr.	5-2	New Albany, Ohio/New Albany
Cassidy Rushlow	AA	Fr.	5-2	Worcester, Mass./Daggett Gold Medal Gymnastics
Ava Verdeflor	AA	Jr.	5-3	Allen, Texas/Allen

Head Coach: Sarah Brown (Missouri '10; Third Season)
Assistant Coach: Dallas Becerra (Missouri '13; Third Season)
Assistant Coach: Ashleigh Gnat (LSU '17; First Season)
Captains: Erynne Allen, Alissa Bonsall, Tess McCracken

2020 QUICK FACTS

GENERAL INFORMATION

Location University Park, Pa.
 Founded 1855
 Enrollment 46,270
 Colors Blue and White
 Conference Big Ten
 Nickname Nittany Lions
 President Dr. Eric Barron
 Director of Athletics Sandy Barbour
 Assoc. Athletics Director/SWA Charmelle Green
 Athletic Website www.GoPSUsports.com

TEAM INFORMATION

Home Arena (Capacity) Rec Hall (5,812)
 Facebook PennStateWomensGymnastics
 Instagram @PennStateWGYM
 Twitter @PennStateWGYM

2019 RECAP

2019 Regular Season Record 10-9
 Big Ten Regular Season Record 3-6
 Big Ten Championships Finish 5th
 2019 NCAA Regional Finish 6th
 2019 NCAA Championships Finish N/A
 Final National Ranking 23
 All-Americans Returning/Lost 0/0
 Letterwinners Returning/Lost 11/5
 Newcomers 3

PROGRAM HISTORY

First Year of Gymnastics 1965
 All-Time Record (Years) 589-293-4 (55)
 National Championships 2
 (1978, '80)
 NCAA Championship Team Appearances ... 18
 (1982, '84, '85, '86, '88, '91, '92, '93, '94,
 '95, '96, '97, '98, '99, 2000, '05, '09, '14)
 AIAW Championship Appearances 7
 (1975, '76, '77, '78, '79, '80, '81)

Name

Erynne Allen
 Jessie Bastardi
 Amy Bladon
 Alissa Bonsall
 Lauren Bridgens
 Kourtney Chinnery
 Dymiana Cox
 Kristen Politz
 Bella Romagnano
 Cassidy Rushlow
 Ava Verdeflor

Pronunciation

Erin Allen
 Jessie Bas-TAR-di
 Amy BLADE-in
 Alissa Bon-zall
 Lauren Bridge-ens
 Kourtney Chin-er-y
 DIM-y-ana Cox
 Kristen pahl-LITZ
 Bella ROMAN-yeno
 Cassidy RUSH-lowe
 Ava Ver-de-floor



2020 PENN STATE WOMEN'S GYMNASTICS



SCOUTING THE MOUNTAINEERS

- West Virginia is led by Head Coach Jason Butts in his ninth season.
- The Mountaineers went 19-9 in dual meets in 2019.
- The Nittany Lions fell 196.425-195.525 to the Mountaineers at the 2019 WVU Quad Meet.
- West Virginia advanced to the Ann Arbor NCAA Regional, placing fourth in their session with a 195.425.
- The Mountaineers finished the 2019 season ranked 27th in the RoadToNationals standings.
- Senior Abby Kaufman returns after ranking 41st in the nation in all-around last year with a 38.375 average.

COLLEGIATE CHALLENGE RECAP

- The Nittany Lions recorded a 193.500 to finish fourth in their Session I meet. No. 7 Denver won the meet with a 196.700 followed by No. 21 Arizona State (194.675) and No. 13 Auburn (194.375).
- Junior Lauren Bridgens secured a third-place finish in all-around with a 39.025.
- Penn State earned a solid 48.850 on bars, led by junior Alissa Bonsall's 9.875, good for fourth, and Bridgens' 9.800, good for ninth.
- The Nittany Lions notched a 48.750 on beam, paced by freshman Cassidy Rushlow's 9.825.
- Penn State tallied a 48.250 on vault, led by junior Kourtney Chinnery's 9.725, and a 47.650 on floor, led by Bridgens' 9.825.

BONSALL EARNS BIG TEN HONOR

- Junior Alissa Bonsall's solid performance on three events led to her being named Big Ten Event Specialist of the Week.
- Bonsall earned her first career Big Ten weekly award. She is PSU's first Big Ten Event Specialist of the Week since Kassidy Stauder on January 6, 2014.
- After the first weekend, Bonsall leads the Big Ten on bars (9.875) and ranks 12th in the country.
- She also recorded a 9.725 on floor and a 9.675 on vault.

NATIONALLY RANKED NITS

- As a team, Penn State ranks ninth in the country, and second in the Big Ten, on bars.
- The Nittany Lions sit 11th in the country on beam, good for third in the Big Ten.
- Bridgens' 39.025 in all-around ranks 18th in the country and third in the Big Ten. She also holds fourth in the conference on bars (9.800), fifth on floor (9.825) and 10th on beam (9.750).
- Rushlow ranks fifth in the Big Ten on beam (9.825).

BIG GYMNASTS TO WATCH

- Junior Lauren Bridgens and freshman Cassidy Rushlow were named Big Ten Gymnasts To Watch.
- Bridgens is one of 15 Nittany Lions to earn multiple first-team All-Big Ten nods in their career.
- She set career highs in 2019 in all-around (39.525), beam (9.900) and floor (9.875).
- Rushlow signed with the Nittany Lions after competing for Daggett Gold Medal Gymnastics in Massachusetts.
- At the 2019 Massachusetts State Championships, she claimed the all-around, vault and beam titles.

BROWN BEGINS THIRD SEASON

- Head Coach Sarah Brown enters her third year leading the Nittany Lions.
- In 2019, Brown led PSU to a 10-9 record and a No. 24 ranking, its highest finish since 2015.
- Penn State placed fifth at the Big Ten Championships and third in Session I of the NCAA Regional.
- The Nittany Lions went 11-8 in Brown's first season in 2018.
- Ashleigh Gnat joined the PSU coaching staff in July 19 after spending two seasons as a Graduate Assistant at LSU. As an athlete, Gnat was a 17-time All-American and won the 2017 National Title on floor.

PENN STATE HOSTING NCAA REGIONAL

- The Nittany Lions are set to host an NCAA Regional on April 2-4 in Rec Hall.

NATIONAL POLL (ROADTONATIONALS)

	Team	Avg.	High
1	Oklahoma	197.350	197.350
2	Denver	196.700	196.700
3	UCLA	196.575	196.575
4	Utah	196.425	196.425
5	California	196.200	196.200
6	Illinois	195.850	195.850
7	LSU	195.725	195.725
8	Missouri	195.600	195.600
9	Stanford	195.475	195.475
10	Kentucky	195.350	195.350
11	Western Michigan	195.275	195.275
12	Georgia	195.100	195.100
13	Arizona	195.025	195.025
14	Arizona State	194.675	194.675
15	Oregon State	194.450	194.450
16	Auburn	194.375	194.375
17	Penn State	193.500	193.500
18	New Hampshire	193.400	193.400
19	Iowa	192.700	192.700
20	Michigan State	191.950	191.950
21	UC Davis	191.825	191.825
22	S.E. Missouri	191.275	191.275
22	Sacramento State	191.275	191.275
24	Bridgeport	189.300	189.300
25	Illinois State	189.050	189.050

2020 Opponents in Bold

PENN STATE WEEK-BY-WEEK RANKING	
Preseason (WCGA)	25
Week 2	17

PSU RANKING BY EVENT (NATIONAL/BIG)

Vault	20/4
Uneven Bars	9/2
Balance Beam	11/3
Floor Exercise	22/4

Meet-by-Meet Team Leaders (Event Titles)

Gymnast	AA	V	UB	BB	FX
Allen	-	-	-	-	-
Astarita	-	-	-	-	-
Bastardi	-	-	-	-	-
Bladon	-	-	-	-	-
Bonsall	-	-	1 (-)	-	-
Bridgens	1 (-)	-	-	-	1 (-)
Chinnery	-	1 (-)	-	-	-
Cox	-	-	-	-	-
Howell	-	-	-	-	-
McCracken	-	-	-	-	-
Politz	-	-	-	-	-
Romagnano	-	-	-	-	-
Rushlow	-	-	-	1 (-)	-
Verdeflor	-	-	-	-	-

National Rankings (Top 50) /Big Ten Rankings (Top 10) (RoadToNationals as of 1/9/20)

Gymnast	AA	V	UB	BB	FX
Allen	-	-	-	-	-
Astarita	-	-	-	-	-
Bastardi	-	-	-	-	-
Bladon	-	-	-	-	-
Bonsall	-	-	12/1	-	-
Bridgens	18/3	-	35/4	-/10	36/5
Chinnery	-	-	-	-	-
Cox	-	-	-	-	-
Howell	-	-	-	-	-
McCracken	-	-	-/10	-/10	-
Politz	-	-	-	-	-
Romagnano	-	-	-	-	-
Rushlow	38/6	-	-	31/5	-
Verdeflor	-	-	-	-/8	-



2020 PENN STATE WOMEN'S GYMNASTICS

TEAM MEET-BY-MEET

Date - Opponent	Event Order	V	UB	BB	FX	TEAM
Jan. 4 - vs. No. 21 Arizona State, No. 13 Auburn, No. 7 Denver	FX, V, UB, BB	48.250	48.850	48.750	47.650	193.500
Jan. 11 - West Virginia	-	-	-	-	-	-
Jan. 16 - at Nebraska*	-	-	-	-	-	-
Jan. 25 - No. 19 Iowa*	-	-	-	-	-	-
Jan. 31 - Rutgers*	-	-	-	-	-	-
Feb. 7 - at No. 6 Illinois*	-	-	-	-	-	-
Feb. 14 - at Ohio State*	-	-	-	-	-	-
Feb. 22 - Big Five Meet*	-	-	-	-	-	-
Feb. 29 - Cornell, NC State, Towson	-	-	-	-	-	-
Mar. 7 - Florida	-	-	-	-	-	-
Mar. 13 - at Arkansas	-	-	-	-	-	-
Mar. 21 - Big Ten Championships	-	-	-	-	-	-
Apr. 2-4 - NCAA Regionals - University Park, Pa.	-	-	-	-	-	-

SEASON HIGH IN BOLD

* Indicates Big Ten Regular Season Meet

Rankings based on RoadToNationals standings

TOP TEN PERFORMANCES

Vault	(Rowland/Personett, 10.0)		Balance Beam	(Leopoldus/Rowland/Smith, 10.0)		All-Around	(Rowland, 39.775)	
Kourtney Chinnery	9.725	1/4	Cassidy Rushlow	9.825	1/4	Lauren Bridgens	39.025	1/4
Alissa Bonsall	9.675	1/4	Ava Verdeflor	9.775	1/4	Cassidy Rushlow	37.050	1/4
Lauren Bridgens	9.650	1/4	Lauren Bridgens	9.750	1/4			
Jessie Bastardi	9.600	1/4	Tess McCracken	9.750	1/4			
Cassidy Rushlow	9.600	1/4	Jessie Bastardi	9.650	1/4			
Erynne Allen	9.550	1/4	Bella Romagnano	9.150	1/4			
Uneven Bars	(Bridgens, 10.0)		Floor Exercise	(Casey, 10.0)				
Alissa Bonsall	9.875	1/4	Lauren Bridgens	9.825	1/4			
Lauren Bridgens	9.800	1/4	Alissa Bonsall	9.725	1/4			
Tess McCracken	9.750	1/4	Melissa Astarita	9.675	1/4			
Kourtney Chinnery	9.725	1/4	Tess McCracken	9.675	1/4			
Ava Verdeflor	9.700	1/4	Erynne Allen	8.750	1/4			
Cassidy Rushlow	9.075	1/4	Cassidy Rushlow	8.550	1/4			



2020 PENN STATE WOMEN'S GYMNASTICS

GYMNAST MEET-BY-MEET

Erynne Allen	Sr.
Vault	(9.550, 1/4/20)
Collegiate Challenge (1/4)	9.550 (21)
Uneven Bars	(9.800, 2/2/19)
Floor Exercise	(9.800, 3/23/19)
Collegiate Challenge (1/4)	8.750 (23)
Melissa Astarita	So.
Vault	(9.800, 3/17/19)
Floor Exercise	(9.900, 3/2/19)
Collegiate Challenge (1/4)	9.675 (14)
Jessie Bastardi	R-So.
Vault	(9.600, 1/4/20)
Collegiate Challenge (1/4)	9.600 (19)
Uneven Bars	(9.825^, 2/2/19)
Collegiate Challenge (1/4)	9.725^
Balance Beam	(9.925, 2/9/19)
Collegiate Challenge (1/4)	9.650 (18)
Amy Bladon	Fr.
Alissa Bonsall	Jr.
All-Around	(38.750, 1/6/18)
Vault	(9.825, 2/22/19)
Collegiate Challenge (1/4)	9.675 (14)
Uneven Bars	(9.900, 2/22/19)
Collegiate Challenge (1/4)	9.875 (4)
Balance Beam	(9.675, 1/5/19)
Collegiate Challenge (1/4)	9.000^
Floor Exercise	(9.875, 3/23/19)
Collegiate Challenge (1/4)	9.725 (11)
Lauren Bridgens	Jr.
All-Around	(39.525, 1/26/19)
Collegiate Challenge (1/4)	39.025 (3)
Vault	(9.925, 3/4/18)
Collegiate Challenge (1/4)	9.650 (17)
Uneven Bars	(10.0, 3/9/18)
Collegiate Challenge (1/4)	9.800 (9)
Balance Beam	(9.900, 3/8/19)
Collegiate Challenge (1/4)	9.750 (14)
Floor Exercise	(9.875, 3/23/19)
Collegiate Challenge (1/4)	9.825 (5)
Kourtney Chinnery	Jr.
Vault	(9.875, 2/22/19)
Collegiate Challenge (1/4)	9.725 (11)
Uneven Bars	(9.850, 3/8/19)
Collegiate Challenge (1/4)	9.725 (16)
Balance Beam	(9.675^, 1/26/19)
Floor Exercise	(9.850, 1/26/19)
Collegiate Challenge (1/4)	8.150^
Donna Howell	So.

Tess McCracken	Sr.
Uneven Bars	(9.900, 1/19/19)
Collegiate Challenge (1/4)	9.750 (13)
Balance Beam	(9.925, 2/9/19)
Collegiate Challenge (1/4)	9.750 (14)
Floor Exercise	(9.850, 3/2/19)
Collegiate Challenge (1/4)	9.675 (14)
Kristen Politz	Sr.
All-Around	(39.050, 1/15/17)
Vault	(9.850, 2/4/17)
Uneven Bars	(9.925, 3/9/18)
Balance Beam	(9.900, 3/17/19)
Floor Exercise	(9.825, 1/21/17)
Bella Romagnano	Fr.
Balance Beam	(9.150, 1/4/20)
Collegiate Challenge (1/4)	9.150 (24)
Cassidy Rushlow	Fr.
All-Around	(37.050, 1/4/20)
Collegiate Challenge (1/4)	37.050 (7)
Vault	(9.600, 1/4/20)
Collegiate Challenge (1/4)	9.600 (19)
Uneven Bars	(9.075, 1/4/20)
Collegiate Challenge (1/4)	9.075 (24)
Balance Beam	(9.825, 1/4/20)
Collegiate Challenge (1/4)	9.825 (5)
Floor Exercise	(8.550, 1/4/20)
Collegiate Challenge (1/4)	8.550 (24)
Ava Verdeflor	Jr.
Uneven Bars	(9.850, 1/26/19)
Collegiate Challenge (1/4)	9.700 (18)
Balance Beam	(9.850, 3/17/19)
Collegiate Challenge (1/4)	9.775 (11)

KEY	
Event	(Career Best, Date)
Meet (Date)	Score (Place)

* - School Record

- NCAA Record

\$ - Big Ten Record

^ - Exhibition Score



2020 PENN STATE WOMEN'S GYMNASTICS

INDIVIDUAL SCHOOL RECORDS

VAULT

1.	10.0	Brandi Personett	2/13/2010
		Brandi Personett	1/23/2010
		Katie Rowland	3/29/2003
		Katie Rowland	2/16/2003
5.	9.975	Emma Sibson	3/8/2014
		Sharaya Musser	3/7/2010
		Brandi Personett	2/2/2008
		Katie Rowland	3/8/2003
9.	9.950	Briannah Tsang	1/31/2015
		Krystal Welsh	1/31/2015
		Briannah Tsang	1/17/2015
		Emma Sibson	2/8/2014
		Madison Merriam	3/16/2013
		Madison Merriam	2/16/2013
		Sharaya Musser	3/17/2012
		Sharaya Musser	3/2/2012
		Sharaya Musser	1/15/2012
		Sharaya Musser	2/11/2011
		Sharaya Musser	3/20/2010
		Brandi Personett	4/10/2010
		Brandi Personett	2/20/2010
		Brandi Personett	2/13/2009
		Brandi Personett	1/30/2009
		Brandi Personett	3/29/2008
		Brandi Personett	3/31/2007
		Jennifer Orlando	2/25/2006
		Lisa Clark	2/13/2005
		Lisa Clark	4/3/2004
		Katie Rowland	4/12/2003
		Katie Rowland	2/7/2003
		Katie Rowland	1/11/2003
		Katie Rowland	3/23/2002
		Katie Rowland	3/9/2002
		Katie Rowland	2/15/2002
		Katie Rowland	3/10/2001
		Gemma Cuff	3/2/2000
		Gemma Cuff	2/28/1998
		Joanna Knox	3/25/1995

UNEVEN BARS

1.	10.0	Lauren Bridgens	3/9/2018
2.	9.975	Natalie Ettl	2/18/2011
		Katie Perret	3/16/2007
4.	9.950	Sabrina Garcia	1/19/2019
		Sabrina Garcia	1/21/2017
		Sabrina Garcia	1/7/2017
		Kiera Brown	3/19/2016
		Kiera Brown	1/9/2016
		Krystal Welsh	3/8/2015
		Madison Merriam	2/23/2013
		Natalie Ettl	2/6/2011
		Natalie Ettl	3/7/2010
		Natalie Ettl	2/6/2010
		Katie McAvoy	3/1/2003
		Katie McAvoy	2/2/2002
		Katie Rowland	3/16/2002
		Katie Rowland	2/17/2001
		Maria Taylor	2/23/2001
		Nikki Smith	3/13/1999

BALANCE BEAM

1.	10.0	Katie Rowland	3/14/2003
		Nikki Smith	3/18/2000
		Missy Leopoldus	2/19/1999
		Missy Leopoldus	1/30/1999
5.	9.975	Nicole Medvitz	3/12/2016
		Meredith Hoover	2/25/2006
		Richelle Simpson	2/17/2001
		Maria Taylor	2/17/2001
		Nikki Smith	1/22/2000
10.	9.950	Sydney Sanabria-Robles	1/31/2015
		Briannah Tsang	1/24/2015
		Kassidy Stauder	3/8/2014
		Sharaya Musser	3/16/2013
		Sharaya Musser	2/11/2012
		Sharaya Musser	3/4/2011
		Brandi Personett	2/6/2010
		Kristal Uzelac	3/26/2005
		Katie Rowland	3/9/2002
		Nikki Smith	3/11/2000
		Nikki Smith	1/16/2000
		Missy Leopoldus	1999
		Missy Leopoldus	1/17/1998
		Nicole Malinak	2/28/1997

FLOOR EXERCISE

1.	10.0	Ellen Casey	2/19/1999
2.	9.975	Katie Rowland	3/14/2003
		Gemma Cuff	2/23/2001
		Ellen Casey	1999
5.	9.950	Briannah Tsang	3/24/2018
		Briannah Tsang	2/24/2018
		Briannah Tsang	3/5/2017
		Emma Sibson	3/8/2015
		Sharaya Musser	3/17/2012
		Sharaya Musser	3/4/2011
		Sharaya Musser	2/18/2011
		Brandi Personett	3/27/2010
		Brandi Personett	3/20/2010
		Brandi Personett	2/20/2010
		Brandi Personett	3/21/2009
		Brandi Personett	3/8/2009
		Brandi Personett	3/1/2009
		Brandi Personett	3/1/2008
		Brandi Personett	2/24/2007
		Kate Stopper	2/6/2004
		Katie Rowland	4/12/2003
		Katie Rowland	3/1/2003
		Katie Rowland	2/16/2003
		Katie Rowland	2/1/2003
		Katie Rowland	3/16/2002
		Katie Rowland	2/23/2001
		Katie Rowland	2/3/2001
		Leslie Bair	2/23/2001
		Richelle Simpson	2/23/2001
		Heather Duggan	2/19/2000
		Missy Leopoldus	3/14/1998
		Ellen Casey	1999
		Ellen Casey	2/28/1998
		Ellen Casey	3/16/1997

ALL-AROUND

1.	39.775	Katie Rowland	3/14/2003
2.	39.725	Sharaya Musser	3/4/2011
		Katie Rowland	3/9/2002
4.	39.700	Brandi Personett	2/20/2010
5.	39.675	Katie Rowland	2/16/2003
6.	39.650	Sharaya Musser	3/16/2013
		Sharaya Musser	3/17/2012
		Sharaya Musser	3/2/2012
		Katie Rowland	2/23/2001
		Katie Rowland	2/17/2001

NOTES: Listed alphabetically based on most recent performance.

TEAM SCHOOL RECORDS

VAULT

1.	49.550	at Illinois	1/31/2015
2.	49.500	Cornell, Iowa, Yale	1/23/2010
	49.500	at NCAA Regionals	4/3/2004
	49.500	at West Virginia w/ Rutgers	2/16/2003
5.	49.475	Kentucky	3/16/2013
	49.475	at West Virginia w/ Ball State	2/13/2005
7.	49.450	at N.H. w/Bridgeport, G. Wash.	3/8/2014
	49.450	Iowa State, Penn, SUNY-Brockport	2/28/2015
9.	49.425	Nebraska, Rutgers, Yale	2/10/2006
10.	49.400	at Pittsburgh	2/13/2010

UNEVEN BARS

1.	49.500	Massachusetts	2/23/2001
2.	49.475	at BYU, TWU & Utah State	3/9/2018
3.	49.425	Nebraska	3/1/2003
4.	49.375	at Michigan State	2/4/2018
	49.375	at Maryland Quad	2/18/2011
	49.375	at Arizona w/ Kentucky, TWU	3/16/2007
	49.375	at Rhode Island	2/17/2001
8.	49.350	Michigan State	2/23/2013
	49.350	Maryland	3/17/2012
	49.350	at Big Ten Championships	3/27/2010
	49.350	Illinois	2/6/2010
	49.350	at Pittsburgh	3/18/2006
	49.350	at New Hampshire	3/6/2004
	49.350	New Hampshire	1/20/2001
	49.350	NCAA Regionals	4/10/1999
	49.350	Alabama	2/19/1999

BALANCE BEAM

1.	49.650	at Rhode Island	2/17/2001
2.	49.550	Big Ten Championships	3/18/2000
3.	49.425	Central Michigan	1/24/2004
4.	49.375	Iowa, Mich., Minn., Rutgers	3/12/2016
	49.375	at N.H. w/Bridgeport, G. Wash.	3/8/2014
	49.375	at Pittsburgh	2/28/2004
	49.375	Pennsylvania Championships	2/28/1997
8.	49.350	at Rutgers	2/9/2019
	49.350	Maryland, Michigan, Bridgeport	3/7/2010
	49.350	at Illinois	1/13/2001

FLOOR EXERCISE

1.	49.725	Massachusetts	2/23/2001
2.	49.550	Pittsburgh	2/3/2001
3.	49.525	New Hampshire, Penn, Temple	3/9/2013
	49.525	Florida	1/30/1999
5.	49.500	Alabama	2/19/1999
6.	49.450	at Pittsburgh	3/11/2012
7.	49.425	NCAA Regionals	4/5/2014
	49.425	Big Ten Championships	3/22/2014
	49.425	at Big Ten Championships	3/21/2009
	49.425	Maryland	1/29/2005

TEAM

1.	197.450	Massachusetts	2/23/2001
2.	197.325	Kentucky	3/16/2013
3.	197.200	at N.H. w/Bridgeport, G. Wash.	3/8/2014
4.	197.125	Iowa, Mich., Minn., Rutgers	3/12/2016
5.	197.075	Maryland, North Carolina State	3/4/2011
6.	197.025	Alabama	2/19/1999
	197.025	Michigan State	2/7/2015
8.	196.975	New Hampshire, Penn, Temple	3/9/2013
9.	196.875	Pittsburgh	2/3/2001
10.	196.825	at Arizona w/Kentucky, TWU	3/16/2007
11.	196.775	Minnesota	1/26/2019
11.	196.775	at Rhode Island	2/17/2001



2020 NITTANY LIONS



**ERYNNE
ALLEN**

SENIOR
DALLAS, GA.
SOUTH PAULDING/
KENTUCKY
BIOBEHAVIORAL HEALTH

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	9.550	-	-	8.750
WVU	-	-	-	-	-
at Nebraska	-	-	-	-	-
IOWA	-	-	-	-	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	9.550	-	-	8.750
Career High	-	9.550	9.800	-	9.800

^ Exhibition * Event Title



**MELISSA
ASTARITA**

SOPHOMORE
MORGANVILLE, N.J.
MARLBORO
MATHEMATICS

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	-	-	9.675
WVU	-	-	-	-	-
at Nebraska	-	-	-	-	-
IOWA	-	-	-	-	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	-	-	9.675
Career High	-	9.800	-	-	9.900

^ Exhibition * Event Title





2020 PENN STATE WOMEN'S GYMNASTICS

2020 NITTANY LIONS



JESSIE BASTARDI

R-SOPHOMORE • 5'4"
STATE COLLEGE, PA.
SAINT JOSEPH'S CATHOLIC
ACADEMY/WEST VIRGINIA
RECREATION, PARKS AND
TOURISM MANAGEMENT

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	9.600	9.725^	9.650	-
WVU	-	-	-	-	-
at Nebraska	-	-	-	-	-
IOWA	-	-	-	-	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	9.600	9.725^	9.650	-
Career High	-	9.600	9.825^	9.925	-

^ Exhibition * Event Title



AMY BLADON

FRESHMAN • 5'2"
SARNIA, ONTARIO
GREAT LAKES
SECONDARY SCHOOL
GENERAL SCIENCE

2020 Scores

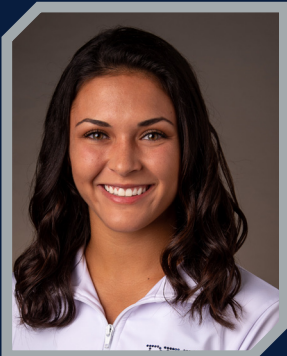
Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	-	-	-
WVU	-	-	-	-	-
at Nebraska	-	-	-	-	-
IOWA	-	-	-	-	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	-	-	-
Career High	-	-	-	-	-

^ Exhibition * Event Title





2020 NITTANY LIONS



**ALISSA
BONSALL**

JUNIOR • 5'1"
HIGGANUM, CONN.
HADDAM KILLINGWORTH
KINESIOLOGY

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	9.675	9.875	9.000 [^]	9.725
WVU	-	-	-	-	-
at Nebraska	-	-	-	-	-
IOWA	-	-	-	-	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	9.675	9.875	9.000 [^]	9.725
Career High	38.750	9.825	9.900	9.675	9.875

[^] Exhibition * Event Title



**LAUREN
BRIDGENS**

JUNIOR • 5'4"
DARNESTOWN, MD.
QUINCE ORCHARD
MARKETING

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	39.025	9.650	9.800	9.750	9.825
WVU	-	-	-	-	-
at Nebraska	-	-	-	-	-
IOWA	-	-	-	-	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	39.025	9.650	9.800	9.750	9.825
Career High	39.525	9.925	10.000	9.900	9.875

[^] Exhibition * Event Title





2020 PENN STATE WOMEN'S GYMNASTICS

2020 NITTANY LIONS



KOURTNEY CHINNERY

JUNIOR • 5'2"
SUFFOLK, VA.
SUMMIT CHRISTIAN
ACADEMY
SCIENCE

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	9.725	9.725	-	8.150 [^]
WVU	-	-	-	-	-
at Nebraska	-	-	-	-	-
IOWA	-	-	-	-	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	9.725	9.725	-	8.150 [^]
Career High	-	9.875	9.850	9.675 [^]	9.850

[^] Exhibition * Event Title



DYMIANA COX

SOPHOMORE • 5'1"
ELMONT, N.Y.
CONNECTIONS ACADEMY
HEALTH AND HUMAN
DEVELOPMENT

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	-	-	-
WVU	-	-	-	-	-
at Nebraska	-	-	-	-	-
IOWA	-	-	-	-	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	-	-	-
Career High	-	-	-	-	-

[^] Exhibition * Event Title





2020 NITTANY LIONS



**DONNA
HOWELL**

SOPHOMORE • 5'5"
NEW MILFORD, PA.
PA CYBER CHARTER
SCHOOL
COMMUNICATIONS

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	-	-	-
WVU	-	-	-	-	-
at Nebraska	-	-	-	-	-
IOWA	-	-	-	-	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	-	-	-
Career High	-	-	-	-	-

^ Exhibition * Event Title



**TESS
McCRACKEN**

SENIOR • 5'4"
PLANO, TEXAS
LIBERTY H.S.
SCIENCE

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	9.750	9.750	9.675
WVU	-	-	-	-	-
at Nebraska	-	-	-	-	-
IOWA	-	-	-	-	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	9.750	9.750	9.675
Career High	-	-	9.900	9.925	9.850

^ Exhibition * Event Title





2020 PENN STATE WOMEN'S GYMNASTICS

2020 NITTANY LIONS



KRISTEN POLITZ

SENIOR • 5'5"
MORGANVILLE, N.J.
SAINT JOHN VIANNEY
MARKETING

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	-	-	-
WVU	-	-	-	-	-
at Nebraska	-	-	-	-	-
IOWA	-	-	-	-	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	-	-	-
Career High	39.050	9.850	9.925	9.900	9.825

^ Exhibition * Event Title



BELLA ROMAGNANO

FRESHMAN • 5'2"
NEW ALBANY, OHIO
NEW ALBANY
UNDECIDED

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	-	9.150	-
WVU	-	-	-	-	-
at Nebraska	-	-	-	-	-
IOWA	-	-	-	-	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	-	9.150	-
Career High	-	-	-	9.150	-

^ Exhibition * Event Title





2020 NITTANY LIONS



CASSIDY RUSHLOW

FRESHMAN • 5'2"
 WORCESTER, MASS.
 WORCESTER TECHNICAL
 UNDECIDED

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	37.050	9.600	9.075	9.825	8.550
WVU	-	-	-	-	-
at Nebraska	-	-	-	-	-
IOWA	-	-	-	-	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	37.050	9.600	9.075	9.825	8.550
Career High	37.050	9.600	9.075	9.825	8.550

^ Exhibition * Event Title



AVA VERDEFLORE

JUNIOR • 5'3"
 ALLEN, TEXAS
 ALLEN
 REHABILITATION AND
 HUMAN SERVICES

2020 Scores

Meet	AA	V	UB	BB	FX
Coll. Challenge	-	-	9.700	9.775	-
WVU	-	-	-	-	-
at Nebraska	-	-	-	-	-
IOWA	-	-	-	-	-
RUTGERS	-	-	-	-	-
at Illinois	-	-	-	-	-
at Ohio State	-	-	-	-	-
Big Five Meet	-	-	-	-	-
PSU Quad Meet	-	-	-	-	-
FLORIDA	-	-	-	-	-
at Arkansas	-	-	-	-	-
NCAA Regional	-	-	-	-	-
Season High	-	-	9.700	9.775	-
Career High	-	-	9.850	9.850	-

^ Exhibition * Event Title





2020 PENN STATE WOMEN'S GYMNASTICS



SARAH BROWN

HEAD COACH

3rd Season
Missouri '10

Career Record:

32-24 (Fourth season)

Career Record:

21-20 (Third season)

ACCOLADES

- Midwest Independent Assistant Coach of the Year (2014)

UNDER BROWN

- 3 NCAA Championships qualifiers
- 2 NACGC/W All-Americans
- 6 All-Big Ten Selections
- 1 Big Ten Individual Event Champion

YEAR-BY-YEAR

2017 (EMU)	11-4
2018	11-8
2019	10-9
2020	0-3
Total	32-24

Sarah Brown begins her third year as the head coach of the Penn State women's gymnastics team in 2020. Brown was named the eighth head coach of the Penn State women's gymnastics program on May 4, 2017. A two-time Big 12 Conference Gymnast of the Year, Brown came to Happy Valley after serving as the head coach at Eastern Michigan University.

In 2019, the Nittany Lions had a 10-9 meet record, including victories over No. 21 Arizona State, No. 22 Ohio State, No. 27 NC State, No. 32 Temple and No. 34 Illinois. Penn State placed fifth in the Big Ten Championships, hosted at Rec Hall. Penn State was selected for the NCAA Regional in Ann Arbor and finished third in the Session I meet against No. 7 Michigan, No. 10 Alabama and No. 26 Ohio State. The Nittany Lions ended the season ranked No. 24 in the RoadToNationals poll, it's highest finish since 2015.

Senior Sabrina Garcia and freshman Jessie Bastardi qualified for the NCAA Championships. Garcia earned a 9.900 on bars at the NCAA Regional, tying for the top score in the regional and tying her score from 2017 for PSU's top bars score in a regional. Bastardi secured a 9.900 on beam at the NCAA Regional, also matching the top score in the regional and tying Meredith Hoover (2003) for the top beam score in PSU regionals history. Sophomore Lauren Bridgens was a first-team All-Big Ten selection, while Garcia earned second-team accolades.

In her first season at Penn State, Brown led the Nittany Lions to an 11-8 meet record, including three wins over ranked opponents. The Nittany Lions made an appearance in the NCAA Regionals and finished the season with a No. 32 national ranking.

Two Penn State gymnasts earned All-America honors with freshman Lauren Bridgens and senior Briannah Tsang claiming those accolades. Tsang was the Big Ten Gymnast of the Year, the eighth in program history, after winning the individual Floor Exercise title at the Big Ten Championships. Bridgens and Tsang were First Team All-Big Ten selections, while junior Sabrina Garcia was a Second Team honoree. Bridgens competed in the All-Around at the NCAA Championships. On March 4, 2018, Bridgens set a Nittany Lion record with a perfect 10 on the Uneven Bars. Tsang earned two Top Five scores in program history on the Floor Exercise.

During her lone season as the head coach of the Eastern Michigan women's gymnastics team in 2017, Brown led the Eagles to the Mid-American Conference (MAC) regular season title, the MAC Championship, an appearance at the NCAA Regionals and a final national ranking of No. 27.

Brown served for one season as a volunteer assistant coach at the University of Michigan during the 2015-16 school year, helping the Wolverines win the 2016 Big Ten Championship.

Brown began her collegiate gymnastics career at the University of Utah for one season before completing her collegiate career at the University of Missouri. A four-time All-American at Mizzou, she was the Tigers' Female Athlete of the Year in 2009 and 2010 and earned the Director of Athletics Leadership Award in 2010. Along with her All-America plaudits, Brown was selected the Big 12 Conference Gymnast of the Year in 2009 and 2010, was named to the All-Big 12 Championship Team nine times and was a nominee for the 2010 Honda Broderick Cup award. Prior to her collegiate gymnastics career, she was a four-time member of the USA National Team (2002-05).

A two-time graduate of the University of Missouri, Brown earned a bachelor's degree in interdisciplinary studies with an emphasis in communication and business in 2010 and a master's of education in counseling psychology with an emphasis in sport psychology in 2012.

A native of Columbia, Missouri, the former Sarah Shire is married to Antonio Brown. Has a son, Isaiah.



2020 TV/RADIO ROSTER



Erynne Allen
Sr. • Douglasville, Ga.



Melissa Astarita
So. • Morganville, N.J.



Jessie Bastardi
R-So. • State College, Pa.



Amy Bladon
Fr. • Sarnia, Ontario



Alissa Bonsall
Jr. • Higganum, Conn.



Lauren Bridgens
Jr. • Darnestown, Md.



Kourtney Chinnery
Jr. • Suffolk, Va.



Dymiana Cox
So. • Elmont, N.Y.



Donna Howell
So. • New Milford, Pa.



Tess McCracken
Sr. • Plano, Texas



Kristen Politz
Sr. • Morganville, N.J.



Bella Romagnano
Fr. • New Albany, Ohio



Cassidy Rushlow
Fr. • Worcester, Mass.



Ava Verdeflor
Jr. • Allen, Texas



Sarah Brown
Head Coach
Third Season



Dallas Becerra
Assistant Coach
Third Season



Ashleigh Gnat
Assistant Coach
First Season