



# PENN STATE TRACK & FIELD

## 2019 Schedule

-  **NITTANY LION CHALLENGE**  
Jan. 12 | Horace Ashenfelter III Indoor Track | University Park, Pa.
-  **SIMMONS HARVEY INVITATIONAL**  
Jan. 19 | U-M Indoor Track | Ann Arbor, Mich.
-  **PENN STATE NATIONAL OPEN**  
Jan. 25-26 | Horace Ashenfelter III Indoor Track | University Park, Pa.
-  **SYKES-SABOCK CHALLENGE CUP**  
Feb. 2 | Horace Ashenfelter III Indoor Track | University Park, Pa.
-  **HUSKY CLASSIC**  
Feb. 8 | Dempsey Indoor | Seattle, Wash.
-  **TIGER PAW INVITATIONAL**  
Feb. 8-9 | Clemson University Indoor Track | Clemson, S.C.
-  **PENN STATE TUNE-UP**  
Feb. 16 | Horace Ashenfelter III Indoor Track | University Park, Pa.
-  **BIG TEN INDOOR CHAMPIONSHIPS**  
Feb. 22-23 | U-M Indoor Track | Ann Arbor, Mich.
-  **NCAA INDOOR CHAMPIONSHIPS**  
March 8-9 | CrossPlex | Birmingham, Ala.
-  **SUN DEVIL INVITATIONAL**  
March 22-23 | Sun Angel Stadium | Tempe, Ariz.
-  **FLORIDA RELAYS**  
March 28-30 | Percy Beard Track | Gainesville, Fla.
-  **RALEIGH RELAYS**  
March 29 | Paul Derr Track & Field Facility | Raleigh, N.C.
-  **SAM HOWELL INVITATIONAL**  
April 5-6 | Weaver Stadium | Princeton, N.J.
-  **LSU BATTLE ON THE BAYOU**  
April 6 | LSU-Bernie Moore Track | Baton Rouge, LA
-  **BUCKNELL CLASSIC**  
April 13-14 | Christy Mathewson-Memorial Stadium | Lewisburg, Pa.
-  **VIRGINIA CHALLENGE**  
April 19-20 | Lannigan Field | Charlottesville, Va.
-  **BUCKNELL TEAM CHALLENGE**  
April 20 | Christy Mathewson-Memorial Stadium | Lewisburg, Pa.
-  **PENN RELAYS**  
April 25-27 | Franklin Field | Philadelphia, Pa.
-  **JIM THORPE OPEN**  
May 3 | Nittany Lion Outdoor Track | University Park, Pa.
-  **BIG TEN CHAMPIONSHIPS**  
May 10-12 | Francis X. Cretzmeier Track | Iowa City, Iowa
-  **NCAA EAST FIRST ROUNDS**  
May 23-25 | Hodges Stadium | Jacksonville, Fla.
-  **NCAA CHAMPIONSHIPS**  
June 5-8 | Mike A. Myers Stadium | Austin, Texas

## 2019 NCAA DIVISION I INDOOR TRACK & FIELD CHAMPIONSHIPS

Date: March 8-9, 2019  
 Location: Birmingham, Ala.  
 Host: University of Alabama at Birmingham and the City of Birmingham  
 Venue: Birmingham CrossPlex  
 Live Results: flashresults.com  
 Broadcast: ESPN3

## THE STARTING BLOCKS

Six members of the Penn State track & field program head to Birmingham, Alabama, for the 2019 NCAA Division I Indoor Track & Field Championships. The meet is hosted by the University of Alabama at Birmingham and the City of Birmingham at the Birmingham CrossPlex, March 8-9.

Maddie Holmberg (pentathlon), Danae Rivers (800-meters) and Alexis Holmes (400-meters) will represent the Penn State women, while David Lucas (weight throw), Morgan Shigo (weight throw) and Dom Perretta (800-meters) will represent the Penn State men.

ESPN3 will stream the championships live starting at 6:30 p.m. ET on Friday, March 8 and starting at 5 p.m. ET on Saturday, March 9. A re-air of the championship will take place starting at 10 p.m. ET on Sunday, March 10 on ESPN2 and again on Monday, March 11 starting at 10 p.m. ET on ESPNU.

### LOOKING BACK AT THE 2018 NCAA CHAMPIONSHIPS

Last year at the 2018 NCAA Indoor Track & Field Championships, 10 members of the Penn State track & field program qualified to the championship meet in Texas.

2019 returners Maddie Holmberg (pentathlon) and Danae Rivers (800-meters) finished seventh in their respective events, earning All-American status. David Lucas was also an All-American, winning the gold medal in the weight throw.

### DEFENDING HIS TITLE

Junior David Lucas is the reigning champion in the men's weight throw. At last year's NCAA Indoor Championship, Lucas recorded a distance of 24.02m (78-9.75) for the gold medal and the Penn State school record. He became the first men's track & field athlete at Penn State to stand atop the podium at a NCAA Indoor Championship since 1990.

### BIG TEN CHAMPIONS

Penn State track & field saw three individual champions at the 2019 Big Ten Indoor Track & Field Championships in Ann Arbor, Mich., on Feb. 23.

Freshman Alexis Holmes picked up her first career conference title in the women's 400-meters, cruising past the competition in a Penn State school record time of 52.14.

Penn State swept the men's and women's 800-meter run titles, as Danae Rivers won her third-straight title in meet-record time of 2:03.45 and Dom Perretta won his first conference championship in 1:48.24.

### AMONG THE NATION'S BEST

Heading into the meet, five of the six qualifying Nittany Lions have marks in the top-10 of their respective events.

- No. 3 | Danae Rivers | 800-meter run | 2:02.94
- No. 4 | Alexis Holmes | 400-meter dash | 52.14
- No. 6 | Maddie Holmberg | Pentathlon | 4219



# 2019 NCAA TRACK & FIELD INDOOR CHAMPIONSHIP SCHEDULE

**Friday, March 8**

## Heptathlon

12:00 PM - M 60m (Heptathlon)  
12:40 PM - M Long Jump (Heptathlon)  
1:50 PM - M Shot Put (Heptathlon)  
3:00 PM - M High Jump (Heptathlon)

## Pentathlon

12:15 PM - W 60H (Pentathlon)  
1:00 PM - W High Jump (Pentathlon)  
3:00 PM - W Shot Put (Pentathlon)  
4:15 PM - W Long Jump (Pentathlon)  
5:30 PM - W 800m (Pentathlon)

## Field Events

5:15 PM - W Shot Put (Prelims & Final)  
5:30 PM - M Long Jump (Prelims & Final)  
5:30 PM - M Pole Vault (Final)  
7:10 PM - W Long Jump (Prelims & Final)  
7:20 PM - M Shot Put (Prelims & Final)

## Track Events

5:30 PM - W 800m (Pentathlon)  
5:35 PM - W Mile (Semifinal)  
5:50 PM - M Mile (Semifinal)  
6:07 PM - W 60H (Semifinal)  
6:17 PM - M 60H (Semifinal)  
6:27 PM - W 400m (Semifinal)  
6:42 PM - M 400m (Semifinal)  
6:57 PM - W 60m (Semifinal)  
7:07 PM - M 60m (Semifinal)  
7:17 PM - W 800m (Semifinal)  
7:27 PM - M 800m (Semifinal)  
7:37 PM - W 200m (Semifinal)  
7:52 PM - M 200m (Semifinal)  
8:07 PM - W 5000m (Final)  
8:27 PM - M 5000m (Final)  
8:47 PM - W Distance Medley (Final)  
9:02 PM - M Distance Medley (Final)

**Saturday, March 9**

## Heptathlon

11:45 AM - M 60H (Heptathlon)  
12:35 PM - M Pole Vault (Heptathlon)  
4:00 PM - M 1000m (Heptathlon)

## Field Events

1:00 PM - M High Jump (Final)  
1:00 PM - W High Jump (Final)  
2:00 PM - M Weight Throw (Prelims & Final)  
3:30 PM - W Triple Jump (Prelims & Final)  
4:00 PM - W Pole Vault (Final)  
4:30 PM - W Weight Throw (Prelims & Final)  
5:00 PM - M Triple Jump (Prelims & Final)

## Track Events

4:00 PM - M 1000m (Heptathlon)  
4:10 PM - W Mile (Final)  
4:20 PM - M Mile (Final)  
4:30 PM - W 60H (Final)  
4:40 PM - M 60H (Final)  
4:50 PM - W 400m (Final)  
5:00 PM - M 400m (Final)  
5:10 PM - W 60m (Final)  
5:20 PM - M 60m (Final)  
5:30 PM - W 800m (Final)  
5:40 PM - M 800m (Final)  
5:50 PM - W 200m (Final)  
6:00 PM - M 200m (Final)  
6:10 PM - W 3000m (Final)  
6:25 PM - M 3000m (Final)  
6:40 PM - W 4x400 (Final)  
6:55 PM - M 4x400 (Final)

^ - estimated time.

# ALL-TIME MEN'S ALL-AMERICANS (BY YEAR)

Year	Name	Event	Finish	Year	Name	Event	Finish
1965	Bedick, Tom	2-Mile Relay	6th	1994	Robbins, James	DMR	6th
1965	Lampman, Dick	2-Mile Relay	6th	1994	Davis, Antonio	Triple Jump	9th
1965	Morris, Art	2-Mile Relay	6th	1998	Gorham, John	Long Jump	7th
1965	Reilly, Bill	2-Mile Relay	6th	1998	McNutt, Neal	Weight Throw	7th
1965	Kauffman, Roger	Weight Throw	4th	1999	Gorham, John	Long Jump	12th
1974	Sands, Mike	440-Yards	3rd	1999	Audu, George	Long Jump	5th
1974	Maguire, Charlie	3-Mile	3rd	2002	Olkowski, Ryan	200-Meters	8th
<b>1975</b>	<b>Sands, Mike</b>	<b>440-Yards</b>	<b>1st</b>	2002	Olkowski, Ryan	High Jump	5th
1975	Shine, Mike	60-Meter Hurdles	6th	2003	Nichols, Chavous	Triple Jump	9th
1975	Hackman, Steve	Mile Relay	4th	2007	Fritz, Ryan	High Jump	5th
1975	Moser, Randy	Mile Relay	4th	2009	Fritz, Ryan	High Jump	T-3rd
1975	Sands, Mike	Mile Relay	4th	2010	Williams, Lionel	800-Meters	11th
1975	Shine, Mike	Mile Relay	4th	2010	Foster, Ryan	800-Meters	3rd
1975	Hjeltnes, Knut	Shot Put	5th	2010	Dawson, Owen	800-Meters	8th
1976	Sands, Mike	440-Yards	3rd	2010	Kovacs, Joe	Shot Put	3rd
1976	Jackson, Al	Weight Throw	4th	2010	Eaton, Blake	Shot Put	8th
1977	Stemmer, Paul	3-Mile	6th	2011	Gehret, Brady	400-Meters	3rd
1977	Wyatt, Mike	DMR	3rd	2011	Foster, Ryan	Mile	3rd
1977	Falco, Keith	DMR	3rd	2011	Nadolskly, Aaron	4x400-Meter Relay	5th
1977	Rexroat, Pat	DMR	3rd	2011	Williams, Lionel	4x400-Meter Relay	5th
1977	Malley, George	DMR	3rd	2011	Loxsom, Casimir	4x400-Meter Relay	5th
1978	Snyder, Bob	2-Mile	8th	2011	Gehret, Brady	4x400-Meter Relay	5th
1978	Falco, Keith	DMR	3rd	2012	Gehret, Brady	4x400-Meter Relay	2nd
1978	McHugh, Chris	DMR	3rd	2012	Loxsom, Casimir	4x400-Meter Relay	2nd
1978	Rapp, Tom	DMR	3rd	2012	Nadolskly, Aaron	4x400-Meter Relay	2nd
1978	Wyatt, Mike	DMR	3rd	2012	Bennett-Green, Brandon	4x400-Meter Relay	2nd
1979	Snyder, Bob	2-Mile	8th	2013	Loxsom, Casimir	800-Meters	2nd
1979	Scharsu, Alan	3-Mile	6th	2013	Kidder, Brannon	DMR	2nd
1980	Scharsu, Alan	3-Mile	4th	2013	Bennett-Green, Brandon	DMR	2nd
1981	Zishka, John	2-Mile	3rd	2013	Watkins, Za'Von	DMR	2nd
1982	Souza, Paul	High Jump	7th	2013	Creese, Robby	DMR	2nd
1983	Cook, Mike	2-Mile Relay	3rd	2013	Barr, Will	Weight Throw	6th
1983	McLaughlin, Paul	2-Mile Relay	3rd	2014	Watkins, Za'Von	800-Meters	7th
1983	Moore, Randy	2-Mile Relay	3rd	2014	Waithe, Steve	Triple Jump	6th
1983	Wynn, Ken	2-Mile Relay	3rd	2014	Barr, Will	Weight Throw	8th
1983	Shenk, Todd	Weight Throw	10th	2015	Hill, Darrell	Shot Put	4th
1984	Shenk, Todd	Weight Throw	T-9th	2015	Kidder, Brandon	Mile	7th
1985	Moore, Randy	800-Meters	3rd	2015	Kidder, Brandon	DMR	2nd
1985	Hudson, Bob	DMR	4th	2015	Shisler, Alex	DMR	2nd
1985	Overheim, Mark	DMR	4th	2015	Watkins, Za'Von	DMR	2nd
1985	Robinson, Barry	DMR	4th	2015	Creese, Robby	DMR	2nd
1985	Watson, Vance	DMR	4th	2016	Kidder, Brannon	800-Meters	7th
1987	Balkey, Steve	4x800-Meter Relay	6th	2017	Harris, Isaiah	800-Meters	4th
1987	Levitre, Ray	4x800-Meter Relay	6th	2018	Harris, Isaiah	800-Meters	2nd
1987	McMillan, David	4x800-Meter Relay	6th	<b>2018</b>	<b>Lucas, David</b>	<b>Weight Throw</b>	<b>1st</b>
1987	Mills, Chris	4x800-Meter Relay	6th				
1988	Balkey, Steve	Mile	10th				
1989	Timpson, Michael	200-Meters	8th				
1989	Hunter, C.J.	Shot Put	2nd				
<b>1990</b>	<b>Hunter, C.J.</b>	<b>Shot Put</b>	<b>1st</b>				
1991	Caraher, Phil	Shot Put	2nd				
1994	Caldwell, R.B.	DMR	6th				
1994	Hamer, Bob	DMR	6th				
1994	Mellott, Phil	DMR	6th				

**BOLD - Denotes NCAA Champion.**

# ALL-TIME WOMEN'S ALL-AMERICANS (BY YEAR)

Year	Name	Event	Finish	Year	Name	Event	Finish
1980**	Rawe, Mary	2000-Meters	2nd	2007	Cox, Shana	4x400-Meter Relay	4th
1980**	Carmichael, Heather	5000-Meters	6th	2007	Simmons, Briene	4x400-Meter Relay	4th
1980**	Cleary, Peggy	5000-Meters	5th	2008	Cox, Shana	400-Meters	4th
1981**	Mills, Kathy	5000-Meters	4th	2008	Franek, Bridget	3000-Meters	10th
1981**	Fales, Penny	DMR	4th	2008	Franek, Bridget	5000-Meters	7th
1981**	Hart, Tammie	DMR	4th	2008	Barber, Aleesha	60-Meter Hurdles	8th
1981**	Rawe, Mary	DMR	4th	2008	Barber, Aleesha	4x400-Meter Relay	5th
1981**	Startare, Doreen	DMR	4th	2008	Blake, Dominique	4x400-Meter Relay	5th
1982**	Hart, Tammie	880 Yards	4th	2008	Cox, Shana	4x400-Meter Relay	5th
1982**	Pioli, Terri	880 Yards	6th	2008	Dorr, Fawn	4x400-Meter Relay	5th
1982**	Murnane, Patty	Mile	4th	2008	Hunter, Gayle	Pentathlon	5th
1982**	Ihrig, Carolyn	2-Mile	8th	2009	Greaves, Shavon	200-Meters	10th
1982**	Hart, Tammie	DMR	5th	2009	Franek, Bridget	5000-Meters	4th
1982**	Ihrig, Carolyn	DMR	5th	2009	Barber, Aleesha	60-Meter Hurdles	4th
1982**	Murnane, Patty	DMR	5th	2009	Barber, Aleesha	4x400-Meter Relay	3rd
1982**	Startare, Doreen	DMR	5th	2009	Dorr, Fawn	4x400-Meter Relay	3rd
1982**	Riddick, Vivian	Long Jump	5th	2009	Greaves, Shavon	4x400-Meter Relay	3rd
1982**	Sobansky, Elaine	Shot Put	3rd	2009	Hunter, Gayle	4x400-Meter Relay	3rd
1983	Startare, Doreen	Mile	7th	2009	Hunter, Gayle	Pentathlon	2nd
1983	Sobansky, Elaine	Shot Put	3rd	2010	Greaves, Shavon	60-Meters	11th
1984	Cassel, Judi	4x800-Meter Relay	6th	2010	Greaves, Shavon	200-Meters	3rd
1984	Gerken, Heidi	4x800-Meter Relay	6th	2010	Dorr, Fawn	400-Meters	5th
1984	Hart, Tammie	4x800-Meter Relay	6th	2010	Franek, Bridget	3000-Meters	7th
1984	Steuer, Beth	4x800-Meter Relay	6th	2010	Franek, Bridget	5000-Meters	4th
1984	Sobansky, Elaine	Shot Put	2nd	2011	Anyanwu, Doris	4x400-Meter Relay	6th
1985	Renzi, Paula	3000-Meters	3rd	2011	Greaves, Shavon	4x400-Meter Relay	6th
1990	Prey, Stacy	5000-Meters	4th	2011	Iheoma, Ijeoma	4x400-Meter Relay	6th
1993	Kelly, Kim	5000-Meters	6th	2011	Duncan, Megan	4x400-Meter Relay	6th
1996	Bosler, Erica	DMR	4th	2014	Jones, Mahagony	200-Meters	3rd
1996	Huelster, Sue	DMR	4th	2014	Seymour, Kiah	400-Meters	6th
1996	McGreevy, Kim	DMR	4th	2014	McGee, Dynasty	4x400-Meter Relay	5th
1996	St. John, Erin	DMR	4th	2014	Jones, Mahagony	4x400-Meter Relay	5th
1997	McGreevy, Kim	Mile	7th	2014	Rhodes, Tichina	4x400-Meter Relay	5th
1999	Walker, Shakeema	Long Jump	3rd	2014	Seymour, Kiah	4x400-Meter Relay	5th
1999	Walker, Shakeema	Triple Jump	7th	2014	Howell, Brittney	Pentathlon	7th
2001	Moore, Connie	200-Meters	7th	2015	Osborne, Megan	4x400-Meter Relay	8th
2002	Moore, Connie	200-Meters	9th	2015	McGee, Dynasty	4x400-Meter Relay	8th
2003	Moore, Connie	200-Meters	9th	2015	Rhodes, Tichina	4x400-Meter Relay	8th
2003	Aduba, Chi-Chi	Long Jump	5th	2015	Seymour, Kiah	4x400-Meter Relay	8th
2003	Aduba, Chi-Chi	Long Jump	5th	2016	Fatherly, Rachel	Shot Put	7th
2003	Aduba, Chi-Chi	Triple Jump	4th	2017	Banks, Rachel	DMR	6th
2004	Moore, Connie	60-Meters	6th	2017	Rhodes, Tichina	DMR	6th
2004	Moore, Connie	200-Meters	3rd	2017	Kocjancic, Julie	DMR	6th
2004	Aduba, Chi-Chi	Triple Jump	7th	2017	Rivers, Danae	DMR	6th
2004	O'Connor, Ja'Nai	Shot Put	5th	2017	Barrett, Tessa	5,000-Meters	5th
2005	Cox, Shana	400-Meters	11th	2017	Rivers, Danae	Mile	3rd
2005	Leatherman, Jennifer	Shot Put	9th	2017	Gibson, Dannielle	Triple Jump	8th
2005	Leatherman, Jennifer	Weight Throw	4th	2018	Rivers, Danae	800-Meters	7th
2006	Cox, Shana	400-Meters	7th	2018	Holmberg, Maddie	Pentathlon	7th
2006	Leatherman, Jennifer	Weight Throw	3rd				
2007	Cox, Shana	400-Meters	7th				
2007	Simmons, Briene	800-Meters	7th				
2007	Barber, Aleesha	4x400-Meter Relay	4th				
2007	Blake, Dominique	4x400-Meter Relay	4th				

\*\* Denotes finish in AIAW. The first women's NCAA-sponsored Indoor Championship was contested in 1983.

# NITTANY LION MEN'S ROSTER

<b>Name</b>	<b>Event</b>	<b>IN/OUT</b>	<b>Hometown/Last School</b>
Colin Abert	Distance	Sr.	Easton, Pa./Easton
James Abrahams	Distance	So.	Havertown, Pa./Haverford Township
William Ashenfelter	Distance	Jr./So.	Needham, Mass./Needham
Ryan Barton	Distance	Fr.	Dowington, Pa./Dowington West
Michael Biddle	Throws	Jr.	Williamsburg, Pa./Living Water Christian Academy
Brady Bobbitt	Distance	Jr.	Batavia, Ill./Marmion Academy
Thomas Bojalad	Throws	Fr./So.	St. Mary's, Pa./St. Mary's
David Bolles	Multi-Events	Fr.	Malvern, Pa./Malvern Prep
Devin Bradham	Jumps	Sr.	Williamstown, N.J./Williamstown
Benjamin Bulkeley	Distance	Fr.	Fairport, N.Y./Fairport
Benjamin Bumgarner	Distance	So.	Waynesburg, Pa./Waynesburg Central
Austin Campbell	Jumps	Jr.	Centennial, Colo./Regis Jesuit
Elijah Claiborne	Distance	Fr.	Northport, N.Y./Northport
Isaiah Claiborne	Distance	Fr.	Northport, N.Y./Northport
Tristan Daman	Sprints	Jr./So.	State College, Pa./State College Area
Isaac Davis	Distance	Fr.	Cogan Station, Pa./Jersey Shore
Hudson Delisle	Distance	Fr.	Quakertown, Pa./Quakertown Community
Chase Ebersole	Sprints	Fr.	Mechanicsburg, Pa./Cumberland Valley
Luke Grodeska	Throws	So.	Neptune, N.J./St. Rose
Spencer Hay	Jumps	Jr./So.	Lehigh, Pa./Palmerton
William Henderson	Jumps/Hurdles	So.	Baltimore, Md./Baltimore Polytechnic Institute
Brandon Hontz	Distance	Fr./So.	West Chester, Pa./West Chester Rustin
Christopher Hughes	Distance	Fr.	Queensbury, N.Y./Glen Falls
David Lucas	Throws	Jr./Sr.	Lititz, Pa./Warwick
Drew Maher	Distance	Fr.	West Long Beach, N.J./Shore Regional
Wesley Matsuka-Williams	Jumps	Fr.	Norwich, England/Notre Dame
William McDevitt	Distance	Jr./Sr.	Newtown Square, Pa./Malvern Prep
Jack McGowan	Distance	5th year (in only)	Northport, N.Y./Roger Williams
Tim McGowan	Distance	5th year (in only)	Northport, N.Y./Roger Williams
Tyler Merkley	Throws	So.	Rancho Cucamonga, Calif./Kansas State
Kier Miner	Sprints	Jr.	Mechanicsburg, Pa./Shippensburg
Malual Mu	Distance	Fr.	Trenton, N.J./Trenton Central
Matthew Nawrocki	Throws	Sr.	Moscow, Pa./North Pocono
Justin Ofotan	Sprints	Fr.	Washington, D.C./Field
Domenic Perretta	Distance	Jr./So.	Beaver Falls, Pa./Beaver Falls
Ben Peterson	Throws	So.	Solon, Ohio/Solon
Anton Porter	Sprints	Sr.	Bronx, N.Y./Mount St. Michael
Mark Porter	Throws	So.	Reading, Pa./Reading
Samuel Reiser	Distance	Sr.	Melbourne, Australia/Geelong Grammer School
Gary Ross	Distance	So.	Fort Washington, Md./Oxon Hill
Andrew Sell	Distance	Jr.	Minneapolis, Minn./Minneapolis Washburn
Morgan Shigo	Throws	Sr.	Blandon, Pa./Fleetwood Area
Noah Swaby	Multi-Events	Fr.	Pittsburgh, Pa./Taylor Allderdice
Alex Tomasko	Distance	Fr.	Mechanicsburg, Pa./Mechanicsburg
Nicholas Wagner	Distance	So.	Export, Pa./Penn-Trafford
Bryce Williams	Jumps	Sr.	State College, Pa./State College Area
Darien Williams	Sprints	So.	Blue Bell, Pa./Wissahickon
Owen Wing	Distance	So.	State College, Pa./State College Area
Jack Zimmerman	Throws	Fr.	Briarcliff Manor, N.Y./Briarcliff
Rick Zink	Sprints	Fr.	Chester, Pa./Bishop Shanahan

# NITTANY LION WOMEN'S ROSTER

<b>Name</b>	<b>Event</b>	<b>IN/OUT</b>	<b>Hometown/Last School</b>
Keianna Albury	Sprints	Sr.	Nassau, Bahamas/St. Augustine's College
Cecelila Bacon	Jumps	Fr.	Chantilly, Va./Chantilly
Alexis Baublitz	Pole Vault	So.	York, Pa./West Virginia
Antoinette Bradley	Sprints/Hurdles	Fr.	Fort Washington, Md./Friendly
Ryann Brundage	Throws	Fr.	Corry, Pa./Corry
Frances Bull	Mid-Distance/Sprints	Jr./Sr.	Mentor, Ohio/Lake Catholic
Rosemary Campbell	Throws	Jr.	Erie, Pa./Iroquois
Elizabeth Chikotas	Distance	Sr.	Hellertown, Pa./Saucon Valley
Madison Coppelino	Distance	Fr.	Somerdale, N.J./Sterling
Lauren Costa	Sprints	Sr.	Oakdale, Pa./West Allegheny
Marisa Deichert	Distance	Jr.	Uniontown, Pa./Laurel Highlands
Andrea Demko	Distance	Fr.	Hershey, Pa./Hershey
Natasha Fedkina	Distance	So.	State College, Pa./State College Area
Madeline Frew	Multi-Events	Fr.	Pine Grove, Pa./Pine Grove
Megan Fry	Pole Vault	Jr.	State College, Pa./State College Area
Kathleen Gallagher	Jumps	Fr.	Frederick, Md./Linganore
Breana Gambrell	Jumps	Fr.	Athens, Pa./Athens
Rachel Gearing	Jumps	Fr.	Cleveland, Ga./White County
Olivia Giambra	Jumps	Jr.	Pittston Township, Pa./Pittston Area
Julia Guerra	Distance	So.	Oakland, N.J./Indian Hills
Greer Gumbrecht	Pole Vault	Jr.	Middletown, Del./West Virginia
Madeline Holmberg	Multi-Events/Jumps	Jr./Sr.	Greensburg, Pa./Hempfield Area
Alexis Holmes	Sprints	Fr.	Cheshire, Conn./Cheshire Academy
Ekaterina Hupalo	Sprints/Hurdles	Fr.	Mission Hills, Calif./Bishop Alemany
Katie Jones	Pole Vault	So.	Williamsport, Pa./South Williamsport
Tess Kearns	Distance	Jr.	Scranton, Pa./Holy Cross
Piper Klinger	Throws	Fr.	Selinsgrove, Pa./Selinsgrove
Audra Koopman	Jumps/Sprints	So.	Fort Collins, Colo./Fort Collins
Kiara Lester	Sprints	Jr.	Wenonah, N.J./Deptford Township
Payden Montana	Throws	Fr.	Berwick, Pa./Berwick
Kathryn Munks	Distance	Jr.	Chester, N.Y./Monroe-Woodbury
Carena Nottoli	Pole Vault	Fr.	Landisville, Pa./Hempfield
Noemie Noullet	Distance	Sr.	Pittsburgh, Pa./McDonogh
Nicole O'Donnell	Distance	Jr.	Harleysville, Pa./Souderton
Moira O'Shea	Distance	So.	Greensburg, Pa./Greensburg Central Catholic
Alexa Parks	Jumps	Fr./So.	Pipersville, Pa./Palisades
Julia Paternain	Distance	Fr.	Cambridge, England/Hills Road Sixth Form College
Gianna Rao	Throws	Fr.	Ponaganset, R.I./Ponaganset
Danae Rivers	Distance	Jr.	Derby, Conn./Wilbur Cross
Marissa Sheva	Distance	Jr.	Sellersville, Pa./Pennridge
Stephanie Sievers	Throws	Sr.	Doughlassville, Pa./Daniel Boone
Elyse Skerpon	Sprints/Hurdles	Sr.	Sayre, Pa./Sayre Area
Madison Smith	Throws	So.	New Oxford, Pa./New Oxford
Victoria Tachinski	Distance	So.	Winnipeg, Manitoba, Canada/Vincent Massey
Amariah Thomas	Sprints	Fr.	Gahanna, Ohio/Gahanna Lincoln
Grace Trucilla	Distance	Jr./Sr.	Erie, Pa./Maria Academy
Kelsey Vieira	Jumps	So./Jr.	Hillsborough, N.J./Hillaborough
Maggie Welty	Distance	Fr.	Butler, Pa./Butler
Brooke-Lynn Williams	Sprints	So.	Norton, Mass./Norton
Jordan Williams	Distance	So.	Sharon, Pa./Sharon
Alison Willingmyre	Distance	So.	Wernersville, Pa./Wilson



# PENN STATE TRACK & FIELD

## 2019 Penn State Women's Indoor Performance List

### WOMEN'S 60-METER DASH

PSU: Shavon Greaves, 7.24 (2010)

7.46	Brooke-Lynn Williams	Feb. 8
7.51	Amariah Thomas	Feb. 2
7.52	Keianna Albury	Jan. 25
7.56	Kiara Lester	Jan. 25
7.71	Breana Gambrell	Dec. 1
7.72	Alexis Holmes	Jan. 12
7.79	Lauren Costa	Jan. 12
7.92	Audra Koopman	Jan. 12
8.00	Taylor Givens - UNA	Dec. 1

### WOMEN'S 200-METER DASH

PSU: Connie Moore, 22.60 (2010)

23.71	Kiara Lester	Feb. 23
23.74	Alexis Holmes	Feb. 23
24.12	Keianna Albury	Jan. 19
24.60	Amariah Thomas	Feb. 2
24.85	Brooke-Lynn Williams	Jan. 19
24.96	Lauren Costa	Feb. 2
25.20	Breana Gambrell	Feb. 2
25.90	Ekaterina Hupalo	Jan. 26
25.96	Rachel Gearing	Feb. 2
26.36	Audra Koopman	Feb. 2
26.41	Taylor Givens - UNA	Feb. 2

### WOMEN'S 400-METER DASH

PSU: Alexis Holmes, 52.14 (2019)

52.14	Alexis Holmes	Feb. 23
53.78	Kiara Lester	Feb. 23
55.91	Victoria Tachinski	Jan. 26
55.97	Antoinette Bradley	Feb. 8
56.30	Lauren Costa	Feb. 2
58.16	Elyse Skerpon	Jan. 12

### WOMEN'S 500-METER DASH

PSU: Shana Cox, 1:09.19 (2007)

1:30.79	Victoria Tachinski	Jan. 12
1:31.76	Antoinette Bradley	Jan. 26
1:33.19	Frances Bull	Feb. 16
1:35.80	Elyse Skerpon	Feb. 16

### WOMEN'S 600-METER RUN

PSU: Danae Rivers, 1:29.06 (2017)

2:02.94	Danae Rivers	Jan. 26
2:10.46	Victoria Tachinski	Feb. 9
2:12.00	Grace Trucilla	Feb. 16
2:15.65	Frances Bull	Jan. 26
2:18.78	Maddie Holmberg	Jan. 25
2:23.62	Nicole O'Donnell	Feb. 2

### WOMEN'S 1000-METER RUN

PSU: Danae Rivers, 2:38.58 (2019)

2:38.58	Danae Rivers	Jan. 12
2:52.88	Grace Trucilla	Jan. 26

### WOMEN'S MILE RUN

PSU: Danae Rivers, 4:29.47 (2019)

4:29.47	Danae Rivers	Feb. 9
4:48.45	Maira O'Shea	Feb. 16
4:51.70	Marissa Sheva	Jan. 26
4:53.35	Grace Trucilla	Feb. 8
4:53.92	Jordan Williams	Feb. 16
5:05.01	Andrea Demko - UNA	Jan. 12
5:08.24	Noemie Noullet	Jan. 12
5:13.07	Julia Guerra - UNA	Feb. 16
5:18.41	Madison Coppolino - UNA	Feb. 2
5:24.43	Marisa Deichert	Jan. 12

### WOMEN'S 3000-METER RUN

PSU: Tessa Barrett, 9:07.22 (2017)

9:29.19	Maira O'Shea	Feb. 8
9:36.01	Julia Paternain - UNA	Feb. 16
9:37.57	Jordan Williams	Feb. 8
9:39.93	Kathryn Munks	Jan. 26
10:00.61	Elizabeth Chikotas - UNA	Feb. 16
10:02.33	Madison Coppolino - UNA	Jan. 26
10:04.00	Andrea Demko - UNA	Feb. 16
10:22.14	Noemie Noullet	Jan. 12
10:33.60	Marisa Deichert	Jan. 26

### WOMEN'S 5000-METER RUN

PSU: Tessa Barrett, 15:28.99 (2017)

16:41.39	Kathryn Munks	Feb. 8
----------	---------------	--------

### WOMEN'S 60-METER HURDLES

PSU: Evonne Britton, 8.10 (2014)

8.52	Maddie Holmberg	Feb. 8
8.68	Ekaterina Hupalo	Jan. 25
8.82	Alyssa Yeboah-Kodie	Jan. 19
9.37	Madeline Frew	Dec. 1

### WOMEN'S 4x200-METER RELAY

PSU: Osborne, Seymour, McGee, Jones, 1:35.65 ('14)

### WOMEN'S 4x400-METER RELAY

PSU: McGee, Jones, Rhodes, Seymour, 3:33.13 ('14)

3:36.62	Albury, Lester, Tachinski, Holmes	Feb. 9
3:40.85	Holmes, Lester, Tachinski, Rivers	Jan. 12
3:41.39	Albury, Lester, Rivers, Holmes	Feb. 23
3:42.06	Albury, Lester, Tachinski, Bradley	Jan. 26
3:45.03	Holmes, Lester, Tachinski, Bradley	Jan. 19
3:49.37	Costa, Thomas, Bull, Bradley	Feb. 2
3:49.51	Costa, Thomas, Bull, Skerpon	Jan. 26
3:50.71	Costa, Holmberg, Bull, Bradley	Jan. 12
3:58.50	Skerpon, Williams, Albury, Hupalo	Jan. 12

### WOMEN'S 4x800-METER RELAY

PSU: Cassel, Gerken, Hart, Stever, 8:45.60 ('84)

### WOMEN'S DISTANCE MEDLEY RELAY

PSU: Kocjancic, Rhodes, Banks, Rivers, 11:01.16 ('17)

11:09.85	Sheva, Holmes, Tachinski, Rivers	Jan. 25
11:26.38	Sheva, Bradley, Tachinski, Rivers	Feb. 22

### WOMEN'S HIGH JUMP

PSU: Antoinette O'Carroll, 5-11.25/1.81 (1987)  
Brittany Maun, 5-11.25/1.81 (10)

5-8.5 (1.74)	Alexa Parks	Jan. 12
5-5.25 (1.66)	Cecelia Bacon	Feb. 16
5-5 (1.65)	Alyssa Yeboah-Kodie	Jan. 12
5-3.25 (1.61)	Maddie Holmberg	Jan. 25
5-3 (1.60)	Kathleen Gallagher - UNA	Dec. 1

### WOMEN'S POLE VAULT

PSU: Lexi Masterson, 13-9.25/4.21 (2016)

13-1 (3.99)	Carena Nottoli	Jan. 26
13-0.75 (3.98)	Megan Fry	Jan. 19
12-7.25 (3.84)	Greer Gumbrecht	Jan. 26
11-3.75 (3.45)	Alexis Baublitz - UNA	Feb. 2

### WOMEN'S LONG JUMP

PSU: Gayle Hunter, 20-11.25/6.38 (2009)

20-5 (6.22)	Maddie Holmberg	Jan. 12
19-11.5 (6.08)	Breana Gambrell	Jan. 26
19-1.5 (5.83)	Audra Koopman	Jan. 26
18-5.75 (5.63)	Rachel Gearing	Jan. 26
18-5.25 (5.62)	Taylor Givens - UNA	Feb. 2
18-0.25 (5.49)	Alyssa Yeboah-Kodie	Jan. 12
17-10.75 (5.45)	Kelsey Vieira	Feb. 8
16-1 (4.90)	Madeline Frew	Jan. 12

### WOMEN'S TRIPLE JUMP

PSU: Chi-Chi Aduba, 44-1.50/13.45 (2003)

40-11 (12.47)	Kelsey Vieira	Feb. 2
40-2.25 (12.25)	Rachel Gearing	Feb. 16
39-9.75 (12.13)	Breana Gambrell	Jan. 25
37-9.5 (11.52)	Cecelia Bacon	Feb. 2
37-9.25 (11.51)	Olivia Giambra	Feb. 2
36-6.75 (11.14)	Madelina Frew	Feb. 16

### WOMEN'S SHOT PUT

PSU: Rachel Fatherly, 56-8/17.27 (2016)

51-1.75 (15.59)	Payden Montana	Feb. 2
46-4.25 (14.13)	Maddie Holmberg	Feb. 2
43-10.5 (13.37)	Piper Klinger - UNA	Feb. 16
35-9.25 (10.90)	Madeline Frew	Jan. 12

### WOMEN'S 20-LB WEIGHT THROW

PSU: Jennifer Leatherman, 74-10/22.82 (2006)

64-2.5 (19.57)	Gianna Rao	Feb. 16
47-8.5 (14.54)	Piper Klinger - UNA	Feb. 2
45-9.75 (13.96)	Payden Montana	Feb. 2

### WOMEN'S PENTATHLON

PSU: Gayle Hunter, 4,342 (2009)

4219	Maddie Holmberg	Jan. 25
2889	Taylor Givens - UNA	Jan. 25

Feb. 25, 2019





# PENN STATE TRACK & FIELD

## 2019 Penn State Men's Indoor Performance List

### MEN'S 60-METER DASH

PSU: William Henderson, 6.65 (2019)

6.65	William Henderson	Jan. 19
6.77	Justin Ofotan	Feb. 22
6.85	Anton Porter	Jan. 12
6.94	Darien Williams	Feb. 8
6.98	Tristan Daman	Jan. 12
7.22	Bryce Williams	Jan. 12
7.30	David Bolles	Jan. 25
7.31	Isaiah Dillard	Feb. 16

### MEN'S 200-METER DASH

PSU: Terrance Laird, 20.56 (2018)

21.32	Justin Ofotan	Feb. 22
21.56	Anton Porter	Feb. 2
21.60	Tristan Daman	Feb. 2
21.66	Darien Williams	Feb. 2
22.06	Kier Miner	Jan. 12
22.31	Rick Zink	Jan. 12
22.59	Gary Ross	Feb. 16
22.80	Chase Ebersole	Feb. 8

### MEN'S 400-METER DASH

PSU: Brady Gehret, 46.22 (2011)

47.53	Kier Miner	Jan. 26
48.47	Gary Ross	Feb. 8
48.85	Rick Zink	Feb. 22
49.21	Samuel Reiser	Jan. 12
49.40	Chase Ebersole	Feb. 8
49.61	Tristan Daman	Feb. 2
52.26	David Bolles	Jan. 26

### MEN'S 500-METER DASH

PSU: Casimir Loxsom, 1:01.28 (2011)

### MEN'S 600-METER RUN

PSU: Isaiah Harris, 1:14.96 (2017)

1:17.82	Gary Ross	Feb. 23
1:19.04	Domenic Perretta	Feb. 16
1:19.61	Ben Bulkeley	Feb. 16
1:19.75	Samuel Reiser	Jan. 26
1:20.58	Drew Maher	Feb. 16
1:20.94	William Ashenfelter	Feb. 16
1:22.15	Elijah Claiborne - UNA	Jan. 26
1:23.29	Hudson Delisle	Jan. 26

### MEN'S 800-METER RUN

PSU: Isaiah Harris, 1:46.08 (2018)

1:48.09	Domenic Perretta	Jan. 26
1:50.62	Gary Ross	Feb. 2
1:51.37	Drew Maher	Feb. 22
1:51.92	William Ashenfelter	Feb. 22
1:52.23	Billy McDevitt	Feb. 2
1:52.78	Colin Abert	Feb. 2
1:53.21	Malual Mu	Feb. 16
1:53.47	Owen Wing	Feb. 2
1:53.88	Ryan Barton	Feb. 16
1:54.01	Ben Bulkeley	Feb. 2
1:54.60	Elijah Claiborne - UNA	Feb. 16
1:54.65	Hudson Delisle	Feb. 16

### MEN'S 1000-METER RUN

PSU: Brannon Kidder, 2:18.26 (2016)

2:22.20	Domenic Perretta	Jan. 12
2:24.93	Malual Mu	Jan. 26
2:26.93	William Ashenfelter	Jan. 12
2:28.17	Isaiah Claiborne - UNA	Jan. 26
2:33.11	Hudson Delisle	Jan. 12
2:37.86	Ben Bulkeley	Jan. 12

### MEN'S MILE RUN

PSU: Robby Creese, 3:57.11 (2013)

4:02.65	Colin Abert	Feb. 16
4:05.16	Brandon Hontz	Feb. 23
4:07.24	Owen Wing	Feb. 8
4:08.20	Timothy McGowan	Jan. 19
4:10.11	Ryan Barton	Feb. 2
4:10.91	Drew Maher	Jan. 12
4:11.81	Billy McDevitt	Feb. 8
4:12.18	Isaiah Claiborne - UNA	Feb. 16
4:12.35	James Abrahams - UNA	Feb. 16
4:15.69	John McGowan	Jan. 12
4:17.73	Brady Bobbitt	Feb. 16
4:18.60	Chris Hughes - UNA	Feb. 2
4:19.06	Malual Mu	Feb. 8

### MEN'S 3000-METER RUN

PSU: Robby Creese, 7:50.36 (2015)

8:01.49	Tim McGowan	Jan. 26
8:13.17	Brandon Hontz	Feb. 8
8:15.22	Ben Bumgarner	Feb. 16
8:17.83	John McGowan	Feb. 16
8:19.29	Owen Wing	Jan. 26
8:31.43	Chris Hughes - UNA	Feb. 16
8:35.65	Brady Bobbitt	Feb. 2
8:36.36	Alex Tomasko	Feb. 2
8:37.57	James Abrahams - UNA	Feb. 2
8:38.25	Isaac Davis - UNA	Feb. 2
8:54.69	Ryan Barton	Jan. 19

### MEN'S 5000-METER RUN

PSU: Tim McGowan, 13:46.49 (2019)

13:46.49	Tim McGowan	Feb. 8
14:25.65	Ben Bumgarner	Feb. 8
14:26.25	John McGowan	Jan. 25
15:05.21	Alex Tomasko	Jan. 25
15:18.72	Brady Bobbitt	Jan. 25
15:31.24	Isaac Davis - UNA	Jan. 25

### MEN'S 60-METER HURDLES

PSU: Guy Rose, 7.69 (2001)

7.90	William Henderson	Jan. 25
8.47	Isaiah Dillard	Jan. 25
9.26	David Bolles	Jan. 12

### MEN'S 4x200-METER RELAY

PSU: Mpanduki, Gilmore, Br. Bennett-Green, Nadolsky, 1:24.70 ('13)

### MEN'S 4x400-METER RELAY

PSU: Chisena, Smith, Reiser, Harris, 3:04.80 ('17)

3:11.47	Ebersole, Ross, Zink, Reiser	Feb. 9
3:13.86	Miner, Reiser, Ross, Zink	Jan. 12
3:14.11	Miner, Ebersole, Ross, Zink	Jan. 19
3:15.57	Daman, Reiser, Porter, Ross	Feb. 2
3:20.72	Daman, Ebersole, D. Williams, Dillard	Jan. 26
3:22.76	Ashenfelter, Delisle, Bulkeley, Maher	Feb. 2
3:24.52	Ebersole, Porter, Henderson, Ofotan	Jan. 12

### MEN'S 4X800-METER RELAY

PSU: Balkey, McMillan, Mills, Levitre, 7:21.37 ('87)  
Watkins, Kidder, West, Loxsom, 7:21.37 ('13)

7:48.23	Maher, Delisle, Bulkeley, Ashenfelter	Jan. 12
---------	---------------------------------------	---------

### MEN'S DISTANCE MEDLEY RELAY

PSU: Kidder, Bennett-Green, Watkins, Creese, 9:26.59 ('14)

9:49.03	Wing, Miner, McDevitt, Abert	Feb. 22
---------	------------------------------	---------

### MEN'S HIGH JUMP

PSU: Paul Souza, 7-4.25/2.24 (1982)

7-0.25 (2.14)	Devin Bradham	Feb. 2
6-9 (2.06)	Austin Campbell	Feb. 16
6-7 (2.01)	Spencer Hay	Jan. 12
6-5 (1.96)	Isaiah Dillard	Jan. 26
6-3.25 (1.91)	David Bolles	Jan. 12

### MEN'S POLE VAULT

PSU: John Vellenoweth, 17-0.75/5.20 (2009)

12-7.5 (3.85)	David Bolles	Feb. 16
12-1.5 (3.70)	Isaiah Dillard	Feb. 16

### MEN'S LONG JUMP

PSU: David Coney, 25-11/7.90 (1986)

25-5.5 (7.76)	William Henderson	Jan. 26
23-7.25 (7.19)	Bryce Williams	Feb. 22
21-5.25 (6.53)	Isaiah Dillard	Feb. 2
20-10.75 (6.37)	David Bolles	Jan. 12

### MEN'S TRIPLE JUMP

PSU: Bryce Williams, 53-3.50/16.24 (2018)

50-10.75 (15.51)	Bryce Williams	Jan. 12
45-11.75 (14.01)	Wesley Matsuka-Williams	Jan. 25

### MEN'S SHOT PUT

PSU: Darrell Hill, 67-3.50/20.51 (2015)

57-0.75 (17.39)	Ben Peterson	Feb. 8
56-1.25 (17.10)	Luke Grodeska	Feb. 2
55-7.5 (16.95)	Thomas Bojalad	Feb. 16
55-6.5 (16.93)	Jack Zimmerman	Feb. 23
54-4.75 (16.58)	Morgan Shigo	Feb. 2
49-1 (14.96)	Noah Swaby	Feb. 16

### MEN'S 35-LB WEIGHT THROW

PSU: David Lucas, 78-9.75/24.02 (2018)

73-8.75 (22.47)	David Lucas	Feb. 16
73-8.75 (22.47)	Morgan Shigo	Feb. 2
64-10.75 (19.78)	Luke Grodeska	Feb. 22
62-9.5 (19.14)	Tyler Merkley - UNA	Jan. 25
57-0.75 (17.39)	Jack Zimmerman	Feb. 22
54-0 (16.46)	Ben Peterson	Jan. 12
52-0 (15.85)	Thomas Bojalad	Feb. 9

### MEN'S HEPTATHLON

PSU: Rob Cardina, 5,511 (2014)

KEY -  
**BOLD** - School Record  
 m - Mark from Multi-Events  
 \* - Flat to bank conversion  
 CR- Collegiate Record  
 UNA - Unattached

## All-Time Women's Top Five Indoor Performances

### WOMEN'S 60-METER DASH

PSU: 7.24, Shavon Greaves (2010)

1.	7.24	Shavon Greaves, 2010
2.	7.26	Mahagony Jones, 2014
3.	7.27	Consuella Moore, 2004
4.	7.32	Keianna Albury, 2017
5.	7.41	Toyin Augustus, 2001

### WOMEN'S 200-METER DASH

PSU: 22.60, Connie Moore (2004)

1.	22.60	Consuella Moore, 2004
2.	22.93	Mahagony Jones, 2014
3.	22.98	Shavon Greaves, 2010
4.	23.48	Shana Cox, 2005
	23.48	Kiah Seymour, 2014

### WOMEN'S 400-METER DASH

PSU: 52.14, Alexis Holmes (2019)

1.	<b>52.14</b>	<b>Alexis Holmes, 2019</b>
2.	52.31	Shana Cox, 2007
3.	52.53	Fawn Dorr, 2010
	52.53	Kiah Seymour, 2014
5.	53.14	Shavon Greaves, 2010

### WOMEN'S 500-METER DASH

PSU: 1:09.19, Shana Cox (2007)

1.	1:09.19	Shana Cox, 2007
2.	1:12.03	Janice Carter, 1989
3.	1:12.05	Ijeoma Iheoma, 2012
4.	1:12.23	Fawn Dorr, 2010
5.	1:13.32	Briene Simmons, 2006

### WOMEN'S 600-METER RUN

PSU: 1:29.06, Danae Rivers (2017)

1.	1:29.06	Danae Rivers, 2017
2.	1:29.81	Briene Simmons, 2008
3.	1:30.22	Erica Bosler, 1998
4.	1:30.42	Ijeoma Iheoma, 2011
5.	1:30.53	Frances Bull, 2017

### WOMEN'S 800-METER RUN

PSU: 2:02.94, Danae Rivers (2019)

1.	<b>2:02.94</b>	<b>Danae Rivers, 2019</b>
2.	2:05.67	Briene Simmons, 2007
3.	2:06.88	Bekka Simko, 2012
4.	2:06.99	Rachel Banks, 2017
5.	2:07.43	Sarah Jane Underwood, 2016

### WOMEN'S 1000-METER RUN

PSU: 2:38.58, Danae Rivers (2019)

1.	<b>2:38.58</b>	<b>Danae Rivers, 2019</b>
2.	2:43.15	Tori Gerlach, 2016
3.	2:44.24	Caitlin Lane, 2012
4.	2:47.28	Marta Klebe, 2014
5.	2:48.17	Sarah Jane Underwood, 2014

#### Notable Performances

*	2:38.58	Danae Rivers, 2019
		<i>*Collegiate Record</i>

### WOMEN'S MILE RUN

PSU: 4:29.47, Danae Rivers (2019)

1.	<b>4:29.47</b>	<b>Danae Rivers, 2019</b>
2.	4:37.83	Tori Gerlach, 2016
3.	4:37.95	Bridget Franek, 2010
4.	4:38.37	Caitlin Lane, 2011
5.	4:40.43	Julie Kocjancic, 2017

### WOMEN'S 3000-METER RUN

PSU: 9:07.22, Tessa Barrett (2017)

1.	9:07.22	Tessa Barrett, 2017
2.	9:10.04	Bridget Franek, 2009
3.	9:10.76	Tori Gerlach, 2014
4.	9:13.06	Paula Renzi, 1985
5.	9:15.16	Caitlin Lane, 2012

### WOMEN'S 5000-METER RUN

PSU: 15:28.99, Tessa Barrett (2017)

1.	15:28.99	Tessa Barrett, 2017
2.	15:50.49	Tori Gerlach, 2016
3.	15:53.50	Paula Renzi, 1985
4.	15:56.76	Bridget Franek, 2010
5.	16:01.90	Jillian Hunsberger, 2017

### WOMEN'S 60-METER HURDLES

PSU: 8.10, Evonne Britton (2014)

1.	8.10	Evonne Britton, 2014
2.	8.16	Aleesha Barber, 2009
3.	8.21	Queenee Dale, 2017
4.	8.22	Toyin Augustus, 2001
5.	8.31	Brittney Howell, 2014

### WOMEN'S 4X400-METER RELAY

PSU: 3:33.13, McGee, Jones, Rhodes, Seymour ('14)

1.	3:33.13	McGee, Jones, Rhodes, Seymour, '14
2.	3:33.49	Blake, Simmons, Cox, Barber, '07
3.	3:34.00	Blake, Cox, Barber, Dorr, '08
4.	3:34.00	Anyanwu, Iheoma, Greaves, Duncan, '11
5.	3:34.04	Cox, Simmons, Barber, Blake, '06

### WOMEN'S DISTANCE MEDLEY

PSU: 11:01.16, Kocjancic, Rhodes, Banks, Rivers, ('17)

1.	11:01.16	Kocjancic, Rhodes, Banks, Rivers, '17 (3:22, 54.8, 2:08.6, 4:35.1)
2.	11:05.16	Lane, Iheoma, Simko, Millhouse, '12 (3:22, 53.5, 2:07.5, 4:41.1)
3.	<b>11:09.85</b>	<b>Sheva, Holmes, Tachinski, Rivers, '19</b>
4.	11:11.91	Lindsley, Lester, Tachinski, Rivers '18
5.	11:14.78	Hutchinson, Cox, Simmons, Franek, '07

### WOMEN'S HIGH JUMP

PSU: 5-11.25 (1.81), Antoinette O'Carroll (1987)

**5-11.25 (1.81), Brittany Maun (2010)**

1.	5-11.25 (1.81)	Brittany Maun, 2010
	5-11.25 (1.81)	Antoinette O'Carroll, 1987
3.	5-10.50 (1.79)	Megan McCloskey, 2018
	5-10.50 (1.79)	Erika Morgan, 2013
5.	5-9.75 (1.77)	Jen Aylward, 2001
	5-9.75 (1.77)	Ahmenah Richardson, 2016

### WOMEN'S POLE VAULT

PSU: 13-9.25 (4.21), Lexi Masterson (2016)

1.	13-9.25 (4.21)	Lexi Masterson, 2016
2.	13-8.50 (4.18)	Hannah Mulhern, 2018
3.	13-5.50 (4.11)	Sara Dougherty, 2004
4.	13-5 (4.09)	Katie Jones, 2018
5.	13-2.50 (4.03)	Greer Gumbrecht, 2018

### WOMEN'S LONG JUMP

PSU: 20-11.25 (6.38), Gayle Hunter (2009)

1.	20-11.25 (6.38)	Gayle Hunter, 2009
2.	20-8 (6.30)	Chi-Chi Aduba, 2003
	20-8 (6.30)	Shakeema Walker, 1999
4.	20-7.50 (6.28)	Carmen Mann, 1990
5.	<b>20-5 (6.22)</b>	<b>Maddie Holmberg, 2019</b>

### WOMEN'S TRIPLE JUMP

PSU: 44-1.50 (13.45), Chi-Chi Aduba (2009)

1.	44-1.50 (13.45)	Chi-Chi Aduba, 2004
2.	43-9 (13.33)	Dannielle Gibson, 2017
3.	42-4.75 (12.92)	Marlene Ricketts, 2013
4.	41-11.50 (12.79)	Gabriela Baiter, 2008
5.	41-9.25 (12.73)	Lena Bettis, 2007
	41-9.25 (12.73)	Shakeema Walker, 1998

### WOMEN'S SHOT PUT

PSU: 56-8 (17.27), Rachel Fatherly (2016)

1.	56-8 (17.27)	Rachel Fatherly, 2016
2.	56-5.25 (17.20)	Ja'Nai O'Connor, 2004
3.	53-6 (16.31)	Elaine Sobansky, 1983
4.	53-5.75 (16.30)	Alyssa Robinson, 2017
5.	53-5 (16.28)	Jen Leatherman, 2006

### WOMEN'S 20-LB WEIGHT

PSU: 74-10.50 (22.82), Jen Leatherman (2006)

1.	74-10.50 (22.82)	Jen Leatherman, 2006
2.	69-2 (21.08)	Rachel Fatherly, 2015
3.	68-6 (20.88)	Melissa Kurzdorfer, 2014
4.	66-3 (20.19)	Kate Johnston, 2005
5.	64-6 (19.66)	Deshaya Williams, 2003

### WOMEN'S PENTATHLON

PSU: 4,342, Gayle Hunter (2009)

1.	4,342	Gayle Hunter, 2009
2.	<b>4,219</b>	<b>Maddie Holmberg, 2019</b>
3.	4,202	Brittney Howell, 2014
4.	3,988	Carla Criste, 1985
5.	3,861	Tal Ben-Artzi, 2014

**BOLD - Denotes Current Season Performance**

Feb. 25, 2019

## All-Time Men's Top Five Indoor Performances

### MEN'S 60-METER DASH

PSU: 6.65, William Henderson (2019)

1.	6.65	William Henderson, 2019
2.	6.66	Xavier Smith, 2016
3.	6.75	Malik Moffett, 2018
4.	6.76	Ernie Terrell, 2003
5.	6.77*	Michael Timpson, 1986

\* Converted time from 60 yards to 60 meters

### MEN'S 200-METER DASH

PSU: 20.56, Terrance Laird (2018)

1.	20.56	Terrance Laird, 2018
2.	20.76	Malik Moffett, 2017
3.	20.85	Xavier Smith, 2017
4.	20.98	Ryan Olkowski, 2002
5.	21.11	Michael Timpson, 1989

### MEN'S 400-METER DASH

PSU: 46.22, Brady Gehret (2011)

1.	46.22	Brady Gehret, 2011
2.	46.27	Dan Chisena, 2018
3.	46.55	Bernard Bennett-Green, 2014
4.	46.73	Byron Robinson, 2014
5.	46.74	Brandon Bennett-Green, 2014

### MEN'S 500-METER DASH

PSU: 1:01.28, Casimir Loxsom (2011)

1.	1:01.28	Casimir Loxsom, 2011
2.	1:02.58	Ben Karcz, 2000
3.	1:02.75	Ernie Terrell, 2003
4.	1:02.81	Mike Cadau, 2009
5.	1:03.01	Bernard Bennett-Green, 2014

### MEN'S 600-METER RUN

PSU: 1:14.96, Isaiah Harris (2017)

1.	1:14.96	Isaiah Harris, 2017
2.	1:15.42	Casimir Loxsom, 2013
3.	1:16.89	Ben Karcz, 2001
4.	1:16.98	Brannon Kidder, 2015
5.	1:17.58	Robert Rhodes, 2016

### Notable Performances

*	1:14.96	Isaiah Harris, 2017 * Collegiate Record
*	1:16.92	Casimir Loxsom, 2010 * American Junior Record
*	1:15.79	Casimir Loxsom, 2013 * American Collegiate Record
*	1:15.42	Casimir Loxsom, 2013 * All-Time Collegiate and American Best

### MEN'S 800-METER RUN

PSU: 1:46.08, Isaiah Harris (2018)

1.	1:46.08	Isaiah Harris, 2018
2.	1:46.98	Casimir Loxsom, 2013
3.	1:47.01	Brannon Kidder, 2016
4.	1:47.32	Ryan Foster, 2010
5.	1:47.77	Owen Dawson, 2010

### Notable Performances

1:47.48	Ryan Foster, 2010 * Australian National Record
---------	---

### MEN'S 1000-METER RUN

PSU: 2:18.26, Brannon Kidder (2016)

1.	2:18.26	Brannon Kidder, 2016
2.	2:19.53	Robby Creese, 2012
3.	2:19.60	Ryan Foster, 2010
4.	2:21.95	Ricky West, 2013
5.	2:21.98	Owen Dawson, 2010

### Notable Performances

*	2:18.26	Brannon Kidder, 2016 * Collegiate Record
*	2:19.53	Robby Creese, 2012 * American Collegiate, American Junior Record
*	2:19.60	Ryan Foster, 2010 * Australian National Record

### MEN'S MILE RUN

PSU: 3:57.11, Robby Creese (2013)

1.	3:57.11	Robby Creese, 2013
2.	3:57.13	Brannon Kidder, 2015
3.	3:58.49	Ryan Foster, 2011
4.	3:59.51	Colin Abert, 2018
5.	4:01.98	Samuel Borchers, 2008

### MEN'S 3000-METER RUN

PSU: 7:50.36, Robby Creese (2015)

1.	7:50.36	Robby Creese, 2015
2.	7:54.52	Sam Masters, 2013
3.	8:00.78	Ken Frazier, 1989
4.	8:01.49	Tim McGowan, 2019
5.	8:02.05	John Zishka, 1981

### Converted Marks

1.	7:53.58	Greg Fredericks, 1972
2.	7:54.50	Robert Snyder, 1979
3.	8:02.24	George Malley, 1977

### MEN'S 5000-METER RUN

PSU: 13:46.49, Tim McGowan (2019)

1.	13:46.49	Tim McGowan, 2019
2.	13:52.36	Steve Brown, 1990
3.	13:58.55	Eric Carter, 1986

### Converted Marks

1.	13:46.42	Paul Stemmer, 1976
2.	13:46.94	Alan Scharsu, 1980
3.	13:59.71	Charlie Maguire, 1974

### MEN'S 60-METER HURDLES

PSU: 7.69, Guy Rose (2001)

1.	7.69	Guy Rose, 2001
2.	7.82	Michael Timpson, 1986
3.	7.83	John Whelan, 1998
4.	7.85	Mike Shine, 1975
5.	7.86	Ron Jules, 2007

### MEN'S 4X400-METER RELAY

PSU: 3:04.80, Chisena, Smith, Reiser, Harris 2017

1.	3:04.80	Chisena (46.4), Smith (45.2), Reiser (46.8), Harris (45.7), '17
2.	3:05.12	Chisena (45.7), Smith (46.4) Miner (46.8), Harris (45.9), '18
3.	3:05.22	Nadolsky (46.8), Bennett-Green (46.6), Loxsom (46.1), Gehret (45.8), '12
4.	3:07.27	Nadolsky, Williams, Loxsom, Gehret, '11
5.	3:07.72	Nadolsky, Gehret, Loxsom, Gilmore, '12

### MEN'S 4X800-METER RELAY

PSU: 7:21.37 (2 Teams)

Balkey, McMillan, Mills, Levitre, 7:21.37 ('87)  
Watkins, Kidder, West, Loxsom, 7:21.37 ('13)

1.	7:21.37	Balkey, McMillan, Mills, Levitre, 1987 Watkins, Kidder, West, Loxsom, 2013
3.	7:22.10	Makins, Brennan, Kidder, Creese, 2015

### Converted from 2-Mile Relay

1.	7:21.42	McLaughlin, Moore, Wynn, Cook, 1983
2.	7:23.38	Watson, Shisler, Mills, Moore, 1985

### MEN'S DISTANCE MEDLEY RELAY

PSU: 9:26.59 Kidder, Bennett Green, Watkins, Creese '14

1.	9:26.59	Kidder, Bennett-Green, Watkins, Creese, '14
2.	9:27.20	Makins, Shisler, Harris, Kidder, '16
3.	9:28.36	Kidder, Rhodes, Watkins, Creese, '15
4.	9:32.21	Kidder, Shisler, Watkins, Creese, '15
5.	9:32.94	Borchers, Cadau, Foster, Johnson, '09

### MEN'S HIGH JUMP

PSU: 7-4.25 (2.24), Paul Souza (1982)

1.	7-4.25 (2.24)	Paul Souza, 1982
2.	7-3.25 (2.22)	Ryan Fritz, 2007
3.	7-2.75 (2.20)	Jon Hendershot, 2014
4.	7-2.75 (2.20)	Ryan Olkowski, 1999
5.	7-1.75 (2.18)	Sean Reilly, 2012

### MEN'S POLE VAULT

PSU: 17-0.75 (5.20), John Vellenoweth (2009)

1.	17-0.75 (5.20)	John Vellenoweth, 2009
2.	17-0 (5.18)	Mason Ternay, 1992
3.	16-9.50 (5.12)	Ron Campbell, 1985
4.	16-9.50 (5.12)	Rick Kleban, 1985
5.	16-8.75 (5.10)	Dave Bollinger, 2004
	16-8.75 (5.10)	Brad Lawrence, 2010

### MEN'S LONG JUMP

PSU: 25-11 (7.90), David Coney (1986)

1.	25-11.25 (7.91)	Dave Coney, 1986
2.	25-10.75 (7.89)	Antonio Davis, 1993
3.	25-8.00 (7.82)	George Audu, 1999
4.	25-5.50 (7.76)	William Henderson, 2019
	25-5.50 (7.76)	Rob Boulware, 1986

### MEN'S TRIPLE JUMP

PSU: 53-3.50 (16.24), Bryce Williams (2018)

1.	53-3.50 (16.24)	Bryce Williams, 2018
2.	53-0.75 (16.17)	Chavous Nichols, 2003
3.	52-6.75 (16.02)	Brian Leap, 2015
4.	52-6 (16.00)	Clarence Smith, 2009
	52-6 (16.00)	Steve Waithe, 2014

### MEN'S SHOT PUT

PSU: 67-3.50 (20.51), Darrell Hill (2015)

1.	67-3.50 (20.51)	Darrell Hill, 2015
2.	65-7 (19.99)	C.J. Hunter, 1990
3.	65-1.25 (19.84)	Joe Kovacs, 2011
4.	62-6.50 (19.05)	Phil Caraher, 1991
5.	62-1.25 (18.93)	Blake Eaton, 2011

### MEN'S 35-LB WEIGHT

PSU: 78-9.75 (24.02), David Lucas (2018)

1.	78-9.75 (24.02)	David Lucas, 2018
2.	73-8.75 (22.47)	Morgan Shigo, 2019
3.	70-6.50 (21.50)	Will Barr, 2014
4.	66-5.75 (20.26)	Dorian Lowe, 2002
5.	66-2.25 (20.17)	Scott Vernon, 2005

### MEN'S HEPTATHLON

PSU: 5,511, Rob Cardina (2014)

1.	5,511	Rob Cardina, 2014
2.	5,500	James Cook, 1998
3.	5,419	Chris Morrissey, 2008
4.	5,367	Anyah Uzoh, 2012
5.	5,239	Shawn Colligan, 2008