

adidas RALEIGH RELAYS

FRIDAY, MARCH 29th, 2019 - FINAL



3.26.19

FINAL

TRACK EVENTS

TIME	EVENT	SECTION	CLASSIFICATION	STANDARD
9:00 AM	5000m	Section 1	U/O - Women	Seeded
9:21 AM	5000m	Section 2	U/O - Women	Seeded
9:42 AM	5000m	Section 3	U/O - Women	Seeded
10:02 AM	5000m	Section 1	U/O - Men	Seeded
10:19 AM	5000m	Section 2	U/O - Men	Seeded
10:36 AM	5000m	Section 3	U/O - Men	Seeded
11:20 AM	110m HH	Timed Sections	U/O - Men	Final
11:50 AM	100m HH	Timed Sections	U/O - Women	Final
12:23 PM	100m	Timed Sections	U/O - Men	Final
12:48 PM	100m	Timed Sections	U/O - Women	Final
1:13 PM	400m	Timed Sections	U/O - Men	Final
1:40 PM	400m	Timed Sections	U/O - Women	Final
2:20 PM	Sprint Medley	Timed Sections	U/O - Men	Final
2:30 PM	Sprint Medley	Timed Sections	U/O - Women	Final
2:42 PM	1500m	Sections 1-8 (approx every 6 minutes)	U/O - Women	Seeded
3:30 PM	1500m	Sections 1-6 (approx every 5 minutes)	U/O - Men	Seeded
4:00 PM	adidas Dream Mile Qualifier	Final	HS - Girls	Final
4:08 PM	adidas Dream Mile Qualifier	Final	HS - Boys	Final
4:25 PM	3000m Steeplechase	Section 1	U/O - Women	Seeded
4:38 PM	3000m Steeplechase	Section 2	U/O - Women	Seeded
4:51 PM	3000m Steeplechase	Section 3	U/O - Women	Seeded
5:10 PM	3000m Steeplechase	Section 1	U/O - Men	Seeded
5:21 PM	3000m Steeplechase	Section 2	U/O - Men	Seeded
5:32 PM	3000m Steeplechase	Section 3	U/O - Men	Seeded
5:43 PM	3000m Steeplechase	Section 4	U/O - Men	Seeded
6:00 PM	1500m	Sections 9-11 (approx every 6 minutes)	U/O - Women	Seeded
6:15 PM	1500m	Sections 7-9 (approx every 6 minutes)	U/O - Men	Seeded
6:33 PM	3200m-High School	Final	HS - Girls	Final
6:47 PM	3200m-High School	Final	HS - Boys	Final
7:00 PM	5000m	Section 4	U/O - Women	Seeded
7:18 PM	5000m	Section 5	U/O - Women	Seeded
7:36 PM	5000m	Section 4	U/O - Men	Seeded
7:52 PM	5000m	Section 5	U/O - Men	Seeded
8:08 PM	5000m	Section 6	U/O - Men	Seeded
8:24 PM	5000m	Section 6	U/O - Women	Seeded
8:41 PM	5000m	Section 7	U/O - Men	Seeded
9:00 PM	10,000m Invitational	Section 1	U/O - Women	Seeded
9:37 PM	10,000m Invitational	Section 1	U/O - Men	Seeded
10:10 PM	10,000m	Section 1	U/O - Men	Seeded
10:43 PM	10,000m	Section 1	U/O - Women	Seeded

FIELD EVENTS

TIME	EVENT	SECTION	CLASSIFICATION	MINIMUM MARK	MEASURED
10:00 AM	Discus	Final	Men	44.20m	145' 0"
10:00 AM	Shot Put	Final	Women	12.19m	40' 0"
10:00 AM	High Jump	College	Women	1.55m	5' 1"
	High Jump	Invitational - to follow	Women	1.59m	5' 2 1/2"
11:00 AM	Long Jump	Final	Men	6.70m	21' 11 3/4"
11:00 AM	Long Jump	Final	Women	5.35m	17' 6 3/4"
12:30 PM	Pole Vault	College	Men	4.27m	14' 0"
	Pole Vault	Invitational - to follow	Men	4.61m	15' 1 1/2"
2:15 PM	Shot Put	Final	Men	14.63m	48' 0"
2:15 PM	Discus	Final	Women	39.63m	130' 0"
1:45 PM	High Jump	Invitational	Men	2.00m	6' 6 3/4"
	High Jump	College - to follow	Men	1.85m	6' 0 3/4"

IMPLEMENT WEIGH-IN

Friday	Discus - Men	7:45 AM	Saturday	Javelin - Men	8:15 AM
	Shot - Women	7:45 AM		Javelin - Women	10:15 AM
	Discus - Women	10:45 AM			
	Shot - Men	10:45 AM			
	Hammer - Women	1:00 PM (then impounded)			
	Hammer - Men	1:00 PM (then impounded)			

adidas RALEIGH RELAYS

SATURDAY, MARCH 30th, 2019 - FINAL



TRACK EVENTS

<i>TIME</i>	<i>EVENT</i>	<i>SECTION</i>	<i>CLASSIFICATION</i>	<i>STANDARD</i>
9:30 AM	10,000m	Section 2	U/O - Men	Seeded
11:20 AM	4 X 1500	1 Section	U/O - Women	Final
11:45 AM	4 X 1500	1 Section	U/O - Men	Final
12:30 PM	400m IH	Timed Sections	U/O - Men	Final
1:00 PM	400m IH	Timed Sections	U/O - Women	Final
1:35 PM	4 x 100m	Timed Sections	U/O - Women	Final
1:50 PM	4 X 100m	Timed Sections	U/O - Men	Final
2:00 PM	800m Invitational	1 Section	U/O - Women	Final
2:05 PM	800m	3 Sections	U/O - Women	Final
2:15 PM	800m Invitational	1 Section	U/O - Men	Final
2:20 PM	800m	3 Sections	U/O - Men	Final
2:40 PM	4 X 200m	Timed Sections	U/O - Women	Final
3:00 PM	4 X 200m	Timed Sections	U/O - Men	Final
3:10 PM	4 X 800m	Timed Sections	U/O - Women	Final
3:35 PM	4 X 800m	Timed Sections	U/O - Men	Final
3:55 PM	200m	3 Sections	U/O - Women	Final
4:10 PM	200m	3 Sections	U/O - Men	Final
4:20 PM	4 X 400m	Timed Sections	U/O - Women	Final
4:40 PM	4 X 400m	Timed Sections	U/O - Men	Final

03.26.19

FINAL

FIELD EVENTS

<i>TIME</i>	<i>EVENT</i>	<i>SECTION</i>	<i>CLASSIFICATION</i>	<i>MINIMUM MARK MEASURED</i>	
9:45 AM	Hammer	Final	Women	44.21m	145' 0"
10:30 AM	Javelin	Final	Men	51.83m	170' 0"
11:00 AM	Pole Vault	College	Women	3.35m	10' 11 ¼"
		Invitational - to follow	Women	3.65m	11' 11 ¼"
12:00 PM	Triple Jump	College	Men	14.00m	45' 11 ¼"
12:00 PM	Triple Jump	College	Women	11.10m	36' 5"
1:15 PM	Javelin	Final	Women	36.59m	120' 0"
1:30 PM	Hammer	Final	Men	45.73	150' 0"