



FLORIDA RELAYS PERCY BEARD TRACK - GAINESVILLE, FL March 28th-30th, 2019 FINAL SCHEDULE OF EVENTS:





Thursday, March 28th

Field Events

5:00pm B Shot Put (Inner)
G Discus (Inner)
B Long Jump
G Long Jump
G High Jump
B Pole Vault

M Hammer 7:00pm M Javelin

 Running Events

 2:00pm
 W Open 200m (Post Collegiate)

 2:40pm
 M Open 200m (Post Collegiate)

 3:20pm
 W Open 400m (Post Collegiate)

 3:40pm
 M Open 400m (Post Collegiate)

 4:10pm
 W Open 400m H (Post Collegiate)

 4:20pm
 M Open 400m H (Post Collegiate)

 4:35pm
 G 1600m

 4:55pm
 B 1600m

 5:20pm
 G 100m (P) (Back)

 G 100m H (P) (Front)

 5:50pm
 B 100m (P) (Back)

B 110mH (P) (Front) 6:20pm G 800m 6:55pm B 800m 7:25pm G 3200m 8:10pm B 3200m 9:00pm W 5000m 9:45pm M 5000m

Friday, March 29th

Field Events 10:00am G Shot Put B Discus (outer) G Triple Jump B Triple Jump B High Jump G Pole Vault 11:30am W Discus (inner)

12:00pm W Hammer 2:00pm M&W Long Jump Invite 3:00pm M High Jump Invite

M Discus (inner)
W Pole Vault

4:00pm M&W Long Jump
5:30pm M Invite Hammer
W High Jump Invite
6:00pm W Invite Discus (inner)

7:30pm W Javelin

Running Events

9:30am G DMR (1200-400-800-1600) 10:15am B DMR (1200-400-800-1600) 10:55am G 4x100 (P) (No Blocks) 11:10am B 4x100 (P) (No Blocks) BREAK

12:15pm W100mH (Back) M 110mH (Front) 12:35pm B 110mH (F) (Front) 12:40pm G 100mH (F) (Front) 12:45pm G Invite 800m 12:55pm B Invite 800m 1:05pm M 100m (Back)

W 100m (Front) 1:30pm B 100m (F) (Front) 1:35pm G 100m (F) (Front) 1:45pm W Collegiate 400m

2:10pm M Collegiate Tyrone Kemp 400m

2:35pm W 800m 3:00pm M 800m

3:30pm W Collegiate 400mH 3:55pm M Collegiate 400m H 4:20pm W Invite 200m (1 heat) 4:30pm M Invite 200m (1 heat) 4:40pm G 4x200 (No Blocks) 5:10pm B 4x200 (No Blocks)

5:40pm W 4x400 (P) 6:20pm M 4x400 (P) BREAK

8:00pm G Invite 1600 8:10pm B Invite 1600 8:20pm W 1500m 8:50pm M 1500m 9:20pm W Steeplechase 9:50pm M Steeplechase

Saturday, March 30th

Field Events

11:00am M Discus Invite
W Hammer Invite
12:00pm M High Jump
1:00pm M Pole Vault
M Shot Put
W Shot Put Invite
1:30pm M Triple Jump
3:30pm W Shot Put
M Shot Put Invite

4:15pm W Triple Jump 4:00pm W High Jump

Running Events

12:00pm W SHR

9:00am G 4x400 (P) (No Blocks) 9:45am B 4x400 (P) (No Blocks)

BREAK

12:20pm M SHR
12:35pm W SMR
12:55pm M SMR
1:20pm G 4x800
2:00pm B 4x800
2:40pm W 4x100
3:10pm M 4x100
3:40pm G 4x100 (F)
3:45pm B 4x100 (F)
Senior Awards

Senior Awards 4:15pm W 4x800

4:30pm M 4x800 4:50pm W 4x200 5:20pm M 4x200 5:45pm W DMR 6:00pm M DMR 6:15pm G 4x400 (F) 6:25pm B 4x400 (F) 6:35pm W 4x400 (F) 6:45pm M 4x400 (F)

6:55pm W Olympic Dev. 4x400 7:10pm M Olympic Dev. 4x400

7:25pm Women's Tom Jones 4x400 Invite 7:35pm Men's Jimmy Carnes 4x400 Invite

High School Relays Info

Relays email: floridarelays@gators.ufl.edu

New for 2019

All individual events will have qualification standards. See chart below.

	Boys	Girls	
100m	11.30	13.00	Top 9 to final on Friday
100 / 110 Hurdles	15.50	16.00	Top 9 to final on Friday
800m	2:03	2:28	Top 15-20 in Invite section on Friday
1600m	4:39	5:30	Top 15-20 in Invite section on Friday
3200m	10:15	12:20	
All Relays			All Entries
Field Events			Top 18-20 Entries

We wil not run separate small and large School 4x100 and 4x400 Finals.

Schools are allowed unlimited number of entries per event and will be accepted upon running the qualifying standard. Still one (1) relay entry per school.

Coaches will not be able enter estimated relay times. If you have a elite DMR or 4x200 please email floridarelays@gators.ufl.edu with your school name and estimated time.

We will run an Invite 800m on Friday.

We will not accept mailed checks. Please bring your entry fee checks to packet pickup.

High School Entries

All high school entries will done through directathletics.com

Entry deadlines Entries for all divisions must be submitted by 6:00pm (EST), **Monday, March 18**th. You may edit and update your entries online anytime before the entry deadline. All submitted entries in the system at the entry deadline listed above will be considered FINAL. Please be sure to print a copy of your team's entries and bring it to the meet as confirmation. Please pay special attention to the spelling of your athletes' names, their respective events and mark submitted.

Final list of qualifiers A listing of qualifiers for the 2019 Florida Relays will be posted (alphabetically, by event) online at floridagators.com on **Thursday, March 21**st, by 6 p.m.(EST) for ALL ATHLETES. Each coach is strongly advised to review the list to see which of their athletes and relay teams have qualified to compete in the Relays. If your athlete is NOT listed, they HAVE NOT qualified.

HIGH SCHOOL INFORMATION

- Athletes representing high schools must be eligible according to the rules, which govern the athletic participation of their schools; i.e., FHSAA.
- Athletes will be accepted by achieving qualifying marks by the entry deadline. If your athlete achieves the mark after March 18th they will not be accepted
- Each athlete is allowed to participate in no more than 4 events.
- High School athletes will not be allowed to compete in collegiate/unattached events or sections. Late Entries will be <u>considered</u> through noon March 19th. No late entries will be allowed in high school field <u>events or the invite 1600</u>. Once fields have been set and posted on floridagators.com there will be no additional additions. Late entries will be assessed an additional \$50 late fee per person (example: Relays (four people) will be assessed a \$200 late fee).
- Enter your athlete's lifetime best, indoors or outdoors. We will verify marks based on results in the directlathletics database as well as other sources provided.

Opening Heights and Minimum Measurements

Opening Heights and Minimum Measurements will be determined prior to the meet based upon the field accepted into the event.

High School Sanctioning Info

The Florida Relays has submitted for sanction of an interstate athletic event to the National Federation of State High School Associations. The FHSAA has approved the Florida Relays for state of Florida association member schools.

Check with your state high school activities association if you have any questions before entering the Florida Relays. You can check for information on your state and Florida Relays sanctioning as www.NFHS.org/sanctioning.htm

ENTRY FEES – HIGH SCHOOL

There is an entry fee of \$10 per athlete, with a maximum of \$100 per team (unless there is a late fee added). Male and female teams are considered separate creating a maximum entry fee of \$200 per school. **All entry fees are non-refundable and non-transferable.** Entry fees are for the total number of athletes who qualify for the meet as of March 21st. Make sure to include all relay runners and alternates when you do your team roster online. **Entry fees must be paid at packet pick-up.** Accept cash, check and credit card. Make checks payable to: *University Athletic Association.*

- To calculate entry fee: Based on the Florida Relays qualifiers list (released Thursday, March 21st by 6 p.m., take your TOTAL NUMBER OF ATHLETES WHO QUALIFY AND ALL ALTERNATES x \$10 PER ATHLETE. If this totals more than \$100 per gender you will only owe \$100.

Final list of qualifiers A listing of qualifiers for the 2019 Florida Relays will be posted (alphabetically, by event) online at floridagators.com on **Thursday**, **March 21**st, by 6 p.m.(EST) for ALL ATHLETES. Each coach is strongly advised to review the list to see which of their athletes and relay teams have qualified to compete in the Relays. If your athlete is NOT listed, they HAVE NOT qualified.

FLORIDA RELAYS TIMELINE				
	(A	All times EST)		
Monday	March 18 th – 6:00pm	Entries Due		
Thursday	March 21 st - 6:00pm	Accepted entries posted on Floridagators.com		
Thursday	March 28 th – 11:00am-7:00pm	Packet Pickup – Woman's Club		
Friday	March 29 th - 8:00am-6:30pm	Packet Pickup – Woman's Club		
Saturday	March 30 th - 8:00am-1:00pm	Packet Pickup – Woman's Club		

GENERAL ANNOUNCEMENTS

PACKET PICK-UP

Team/Individual packets will be available from the packet pick-up area at the Women's Club (located across the street behind the track stadium next to the basketball building). The packets will include meet information, athlete's numbers, pins, relay cards and a coach's pass. Packet pick-up times are as follows:

Thursday March 28th -11:00am-7:00pm Packet Pickup - Woman's Club
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WEIGH-IN INFORMATION

Athletes must weigh-in all throwing implements at the track stadium in the northwest corner of the track (see posted sign). The weigh-in schedule is as follows. Implements which are not certified as official will be confiscated, and released following the competition.

IMPLEMENT WEIGH-IN SCHEDULES

Implements can be checked in any day but must be checked in no later than:

- College / Unattached 2 hours before competition starts
- High School 1 hour before competition starts

ENTRY INTO TRACK & FIELD STADIUM

Athletes: Competitor number will admit athletes into the stadium.

Coaches: Coach's passes will admit coaches into the stadium. High school coaches will be given one coaches pass per athlete accepted up to six passes.

WARM-UP

Competition Days: All athletes must complete their general warm-up on the football practice fields. Thursday March 28st the track will be open from 9:00am-12:00pm.

CHECK-IN PROCEDURE

Athletes need to check into the Clerk of Course (NW corner of track) a minimum of one (1) hour prior to their scheduled event time or they will be scratched. Races will be heated after initial check-in for all races. Scratches can be emailed to floridarelays@gators.ufl.edu

PREFERRED LANES

For the 200 and all other oval races conducted in lanes, the order of preferred lanes is 6, 7, 5, 8, 4, 9, 3, 2, 1.

ADVANCEMENT PROCEDURE (HIGH SCHOOL 100, 100/110M HURDLES, 4x100, AND 4x400)

Top 9 times in each event will advance to the finals

ATHLETE'S NUMBERS

Athlete's numbers will be worn on the front for all events except the pole vault.

COACHING

No coaches will be allowed in the fenced track and field areas. Athletes competing in the field events may leave the field to consult with their coach, if it does not interfere with the competition. Coaches will be allowed in the field area, outside the fence near McKethan Baseball Stadium.

PROTEST

Protests must be filed, in writing, at the clerk tent no later than 30 minutes following the involved incident or decision.

FACILITY

Mondo Surface: 9-48" lanes; double field event areas in long and triple jump, shot put, discus, and pole vault; maximum length of spikes - 1/4" pyramids. High Jump and Javelin will be allowed to use 9mm. **Needle/Pin or Christmas Tree Spikes Will NOT Be Allowed**.



AWARDS

The winner in all Running and Field Events will receive an award. Awards can be picked up in the Pressly Press Box following the posting of the events results.

TRAINING AREA

A large tent for athletic trainers will be set up in the southwest corner of the stadium.

RESULTS

Results will be posted on floridagators.com, and deltatiming.com as soon as possible.

TENT POLICY

The UAA requires all on-site tents be anchored by weights. The UAA reserves the right to have unsecure tents removed if they are considered unsafe. Unsafe conditions would include, but are not limited to, weather/wind conditions and the overall condition (wear and tear) of the tent.

WEATHER INFO

Weather updates will be on the PA and on the track and field twitter account. @GATORSTF

PETS

No Pets other than trained service animals are allowed

All inquiries for Florida Relays will be sent

to: floridarelays@gators.ufl.edu

WAIVER OF LIABILITY AND HOLD HARMLESS AGREEMENT

In	consideration	for	participating	in	the	2019	Pepsi	Florida	Relays
on _	March 28-30, 2019	_ (herein	after referred	to as th	ne "Event")	, I hereby	RELEASE, V	VAIVE, DIS	SCHARGE
AND	COVENANT NOT	TO SUE	the Universit	y Athle	tic Associa	tion, Inc.,	the Universit	y of Florida	a Board of
Trus	tees, the Florida Boa	ard of G	overnors, the S	State of	f Florida, a	nd any of	their officers,	servants,	agents, or
emp	loyees (hereinafter	referre	d to as "RE	LEASE	ES") from	n any and	d all liability	y, claims,	demands,
actic	ns and causes of	f action	whatsoever	arising	out of o	or related	to any los	s, damage	, or injury,
inclu	ding death, that may	y be sust	ained by me,	or to ar	ny property	belonging	to me, WHE	THER CA	USED BY
THE	NEGLIGENCE OF	THE R	ELEASEES or	otherw	ise, while	participatin	g in the Ev	ent, or wh	ile in, on
or u	pon the premises v	where th	ne Event or a	ny asso	ociated act	ivities are b	eing conduc	ted.	

To the best of my knowledge, I am in good physical condition and am not aware of any physical infirmity which would place me at risk to participate in the Event or any associated activities. I am fully aware of the risks and hazards connected with the Event and associated activities, including the risk of serious bodily injury. I hereby elect to participate as a voluntary participant in the Event, and to enter the premises of the facility and engage in such activities knowing that the activities may be hazardous to me and my property. I VOLUNTARILY ASSUME FULL RESPONSIBILITY FOR ANY RISKS OF LOSS, PROPERTY DAMAGE OR PERSONAL INJURY, INCLUDING DEATH, that may be sustained by me, or any loss or damage to property owned by me, as a result of being engaged in such activities, WHETHER CAUSED BY THE NEGLIGENCE OF RELEASEES or otherwise. I further hereby AGREE TO INDEMNIFY AND HOLD HARMLESS the RELEASEES from any loss, liability, damage or costs, including court costs and attorney's fees, that they may incur due to my participation in the Event, WHETHER CAUSED BY NEGLIGENCE OF RELEASEES or otherwise.

It is my express intent that this Waiver of Liability and Hold Harmless Agreement shall bind the members of my family and spouse if I am alive, and my heirs, assigns and personal representative if I am deceased, and shall be deemed as a RELEASE, WAIVER, DISCHARGE AND COVENANT NOT TO SUE the RELEASEES. I hereby further agree that this Waiver of Liability and Hold Harmless Agreement shall be construed in accordance with the laws of the State of Florida. In signing this release, I acknowledge and represent that I have read and understand it and sign it voluntarily; I am at least eighteen (18) years of age and fully competent; and I execute this Release for full, adequate and complete consideration fully intending to be bound by same.

I HAVE READ THIS WAIVER OF LIABILITY AND FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Participant's Printed Name (If eighteen (18) years of age or older)	Signature	Date
Parent's Printed Name (If Participant under eighteen (18) years of age)	Signature	Date

College Coaches Info

Relays email: floridarelays@gators.ufl.edu

Collegiate Teams and Unattached Athletes

All entries will be done through directathletics.com

Entry deadlines Entries for all divisions must be submitted by 6:00pm (EST), **Monday, March 18**th. You may edit and update your entries online anytime before the entry deadline. All submitted entries in the system at the entry deadline listed above will be considered FINAL. Please be sure to print a copy of your team's entries and bring it to the meet as confirmation. Please pay special attention to the spelling of your athletes' names, their respective events and mark submitted.

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COLLEGE INFORMATION

- Entry Deadline is Monday, March 18th at 6:00pm.
- Entering your athletes is no guarantee of them being accepted into the meet. Check floridagators.com on Thursday, March 21st.
- Late Entries will be considered through March 19th. Collegiate Teams will be assessed a \$500 late fee per team.
- Directathletics will not allow you to enter marks athletes have not previously achieved. If you feel your athlete should be considered, please enter a comment and we will consider those as well.
- The TFRRS results reporting system will be used to research and accept Florida Relays Qualifiers. Best times/marks MUST be verified through TFRRS (from the 2017-2018 seasons), given your athlete(s)/relay team(s) have competed in the entered event(s) prior to the entry deadline. Please make sure you fill out your relay cards in correct full name/relay order to ensure correct results for TFRRS system.
- Athletes representing colleges/universities must be eligible according to the rules, which govern the athletic participation of their schools; i.e., NCAA, NAIA, or NJCAA.
- NCAA rules will prevail
- High School athletes will not be allowed to compete in collegiate events or sections.
- Each school may enter a maximum of three (3) individuals and two (2) relay teams per event except the 4x200 where a maximum of three (3) relay teams may be entered.

Marks for additional College entries

Men	Women
100m – 10.35	100m – 11.55
1500 – 3:45	1500 – 4:25
Steeple – 8:55	Steeple – 10:40
5,000 - 14:10	5,000 – 16:50
110m Hurdles – 13.90	100m Hurdles – 13.60

ENTRY FEES – COLLEGIATE

There is an entry fee of \$50 per athlete, with a maximum of \$650 per team. Male and female teams are considered separate creating a maximum entry fee of \$1300 per school. **All entry fees are non-refundable and non-transferable.** Entry fees are for the total number of athletes who qualify for the meet as of March 21st. Make sure to include all relay runners and alternates when you do your team roster online. **Entry fees must be paid at packet pick-up.** Accept cash, check and credit card. Make checks payable to: *University Athletic Association*.

FIELD SIZES - College

EVENT	NUMBER ACCEPTED
Open Field Events	24
Invite Field Events	Top 10-15
Sprint/Hurdle Events	63
Invite 200	8
Steeple/5k	45
Relays	All

Minimum Entry Marks:

Entering these marks will not guarantee acceptance.

Women:		Men:	
High Jump	1.73	High Jump	2.05
Pole Vault	3.65	Pole Vault	4.80
Long Jump	5.80	Long Jump	7.20
Triple Jump	12.00	Triple Jump	14.50
Shot Put	13.00	Shot Put	13.70
Discus	40.00	Discus	45.00
Hammer	45.00	Hammer	50.00
Javelin	35.00	Javelin	55.00

Starting heights All starting heights will be determined by Florida Relays meet management. Weather may cause the referee and committee to make an adjustment on the day of the event.

Invite 200

We will only accept 8 people in the Invite 200m. If you would like your athlete to run in the open 200 you are welcome to enter them into the Thursday evening (Post-collegiate) section. When on directathletics there are two sections offered. If they are entered into the Invite 200 and are not accepted they will not be moved into Thursday Open 200. To guarantee acceptance enter the Open 200m.

GENERAL ANNOUNCEMENTS

PACKET PICK-UP

Team/Individual packets will be available from the packet pick-up area at the Women's Club (located across the street behind the track stadium next to the basketball building). The packets will include meet information, athlete's numbers, pins, relay cards and a coach's pass. Packet pick-up times are as follows:

Thursday	March 28 th -11:00am-7:00pm	Packet Pickup – Woman's Club
Friday	March 29 th - 8:00am-6:30pm	Packet Pickup – Woman's Club
Saturday	March 30 th - 8:00am-1:00pm	Packet Pickup – Woman's Club

WEIGH-IN INFORMATION

Athletes must weigh-in all throwing implements at the track stadium in the northwest corner of the track (see posted sign). The weigh-in schedule is as follows. Implements which are not certified as official will be confiscated, and released following the competition.

IMPLEMENT WEIGH-IN SCHEDULES

Implements can be checked in any day but must be checked in no later than:

- College / Unattached 2 hours before competition starts
- High School 1 hour before competition starts

ENTRY INTO TRACK & FIELD STADIUM

Athletes: Competitor number will admit athletes into the stadium. Coaches: Coach's passes will admit coaches into the stadium.

WARM-UP

Competition Days: All athletes must complete their general warm-up on the football practice fields. Thursday March 28st the track will be open from 9:00am-12:00pm.

CHECK-IN PROCEDURE

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PREFERRED LANES

For the 200 and all other oval races conducted in lanes, the order of preferred lanes is 6, 7, 5, 8, 4, 9, 3, 2, 1.

ATHLETE'S NUMBERS

Athlete's numbers will be worn on the front for all events except the pole vault.

COACHING

No coaches will be allowed in the fenced track and field areas. Athletes competing in the field events may leave the field to consult with their coach, if it does not interfere with the competition. Coaches will be allowed in the field area, outside the fence near McKethan Baseball Stadium.

PROTEST

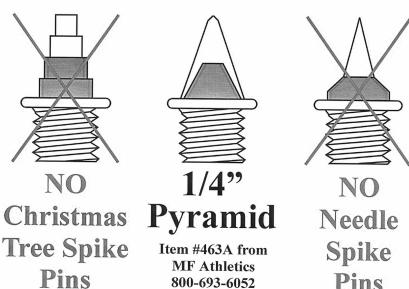
Protests must be filed, in writing, at the clerk tent no later than 30 minutes following the involved incident or decision.

FACILITY

Mondo Surface: 9-48" lanes; double field event areas in long and triple jump, shot put, discus, and pole vault; maximum length of spikes - 1/4" pyramids. High Jump and Javelin will be allowed to use 9mm. **Needle/Pin or Christmas**Tree Spikes Will

Allowed.

NOT Be



AWARDS

The winner in all Running and Field Events will receive an award. Awards can be picked up in the Pressly Press Box following the posting of the events results.

TRAINING AREA

A large tent for athletic trainers will be set up in the southwest corner of the stadium.

RESULTS

Results will be posted on floridagators.com, and deltatiming.com as soon as possible.

TICKET PRICES

Will be available on the Florida Relays website on floridagators.com

TENT POLICY

The UAA requires all on-site tents be anchored by weights. The UAA reserves the right to have unsecure tents removed if they are considered unsafe. Unsafe conditions would include, but are not limited to, weather/wind conditions and the overall condition (wear and tear) of the tent.

WEATHER INFO

Weather updates will be on the PA and on the track and field twitter account. @GATORSTF

PFTS

No Pets other than trained service animals are allowed

All inquiries for Florida Relays will be sent to: floridarelays@gators.ufl.edu

Revised August 2018

Unattached / Club Coaches Info

Relays email: floridarelays@gators.ufl.edu

We accept all competitors in the Thursday Open sections (200, 400 400m Hurdle). We are very selective in accepting unattached athletes in the other events. Entering is no guarantee of being accepted!

Unattached Athletes

All entries will be done through directathletics.com

Note to post-collegiate open and unattached athletes If you are entering yourself as an unattached/open INDIVIDUAL athlete, you must create an INDIVIDUAL athlete account at <u>directathletics.com</u>. If you are entering a club/open relay or are a coach submitting multiple club/open entries from one club affiliation, you should create a team account at <u>directathletics.com</u> and select "Club" as the team type. Open/club relays must be entered through a club TEAM account -- NOT an INDIVIDUAL athlete account. A list of those athletes that have qualified for the 2019 Florida Relays will be posted on floridagators.com by Thursday March 21st, 2019 by 6 p.m.(EST). If you are NOT listed, you HAVE NOT qualified.

Entry deadlines Entries for all divisions must be submitted by 6:00pm (EST), **Monday, March 18**th . You may edit and update your entries online anytime before the entry deadline. All submitted entries in the system at the entry deadline listed above will be considered FINAL. Please be sure to print a copy of your team's entries and bring it to the meet as confirmation. Please pay special attention to the spelling of your athletes' names, their respective events and mark submitted.

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ADDITIONAL CLUB & UNATTACHED INFORMATION

- Entry Deadline is Monday, March 18th at 6:00pm
- Entering your athletes is no guarantee of them being accepted into the meet. Check floridagators.com on Thursday, Mach 21st. Late Entries will not be accepted.
- We accept all competitors in the Thursday Open sections (200, 400 400m Hurdle). We are very selective in accepting unattached athletes in the other events. Entering is no guarantee of being accepted!

- NCAA rules will prevail
- High School athletes will not be allowed to compete in collegiate events or sections.
- Entry Deadline is Monday, March 18th at 6:00pm (EST).
- All athletes accepted into the competition will be posted at floridagators.com by 6:00pm Thurday, March 21st
- Open competitors must be 18 years of age or older on March 28th, 2019. Unattached athletes may <u>not</u> wear a school uniform.

ALL ATHLETES NOT COMPETING WITH A COLLEGE MUST SIGN THE <u>WAIVER OF LIABILITY AND HOLD</u> HARMLESS AGREEMENT AND RETURN IT AT PACKET PICK-UP IN ORDER TO COMPETE

ENTRY FEES – UNATTACHED

There is an entry fee of \$50 per athlete. **All entry fees are non-refundable and non-transferable.** Entry fees are for the total number of athletes who qualify for the meet as of March 21st. Make sure to include all relay runners and alternates when you do your team roster online. **Entry fees must be paid at packet pick-up.** Only accept cash and check. Make checks payable to: *University Athletic Association*.

GENERAL ANNOUNCEMENTS

PACKET PICK-UP

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WEIGH-IN INFORMATION

Athletes must weigh-in all throwing implements at the track stadium in the northwest corner of the track (see posted sign). The weigh-in schedule is as follows. Implements which are not certified as official will be confiscated, and released following the competition.

IMPLEMENT WEIGH-IN SCHEDULES

Implements can be checked in any day but must be checked in no later than:

- College / Unattached 2 hours before competition starts
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ENTRY INTO TRACK & FIELD STADIUM

Athletes: Competitor number will admit athletes into the stadium.

Coaches: Coach's passes will admit coaches into the stadium. High school coaches will be given one coaches pass per athlete accepted up to six passes.

WARM-UP

Competition Days: All athletes must complete their general warm-up on the football practice fields. Thursday March 28st the track will be open from 9:00am-12:00pm.

CHECK-IN PROCEDURE

Athletes need to check into the Clerk of Course (NW corner of track) a minimum of one (1) hour prior to their scheduled event time or they will be scratched. Races will be heated after initial check-in for all races. Scratches can be emailed to floridarelays@gators.ufl.edu

PREFERRED LANES

For the 200 and all other oval races conducted in lanes, the order of preferred lanes is 6, 7, 5, 8, 4, 9, 3, 2, 1.

ATHLETE'S NUMBERS

Athlete's numbers will be worn on the front for all events except the pole vault.

COACHING

No coaches will be allowed in the fenced track and field areas. Athletes competing in the field events may leave the field to consult with their coach, if it does not interfere with the competition. Coaches will be allowed in the field area, outside the fence near McKethan Baseball Stadium.

PROTEST

Protests must be filed, in writing, at the clerk tent no later than 30 minutes following the involved incident or decision.

FACILITY

Mondo Surface: 9-48" lanes; double field event areas in long and triple jump, shot put, discus, and pole vault; maximum length of spikes - 1/4" pyramids. High Jump and Javelin will be allowed to use 9mm. **Needle/Pin or Christmas Tree Spikes Will NOT Be Allowed**.



AWARDS

The winner in all Running and Field Events will receive an award. Awards can be picked up in the Pressly Press Box following the posting of the events results.

TRAINING AREA

A large tent for athletic trainers will be set up in the southwest corner of the stadium.

RESULTS

Results will be posted on floridagators.com, and deltatiming.com as soon as possible.

TENT POLICY

The UAA requires all on-site tents be anchored by weights. The UAA reserves the right to have unsecure tents removed if they are considered unsafe. Unsafe conditions would include, but are not limited to, weather/wind conditions and the overall condition (wear and tear) of the tent.

WEATHER INFO

Weather updates will be on the PA and on the track and field twitter account. @GATORSTF

PETS

No Pets other than trained service animals are allowed

All inquiries for Florida Relays will be sent

to: floridarelays@gators.ufl.edu

Revised January 2019

WAIVER OF LIABILITY AND HOLD HARMLESS AGREEMENT

Pepsi In consideration for participating in the 2019 Florida on March 28-30, 2019 (hereinafter referred to as the "Event"), I hereby RELEASE, WAIVE, DISCHARGE AND COVENANT NOT TO SUE the University Athletic Association, Inc., the University of Florida Board of Trustees, the Florida Board of Governors, the State of Florida, and any of their officers, servants, agents, or employees (hereinafter referred to as "RELEASEES") from any and all liability, claims, demands, actions and causes of action whatsoever arising out of or related to any loss, damage, or injury, including death, that may be sustained by me, or to any property belonging to me, WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES or otherwise, while participating in the Event, or while in, on or upon the premises where the Event or any associated activities are being conducted.

To the best of my knowledge, I am in good physical condition and am not aware of any physical infirmity which would place me at risk to participate in the Event or any associated activities. I am fully aware of the risks and hazards connected with the Event and associated activities, including the risk of serious bodily injury. I hereby elect to participate as a voluntary participant in the Event, and to enter the premises of the facility and engage in such activities knowing that the activities may be hazardous to me and my property. I VOLUNTARILY ASSUME FULL RESPONSIBILITY FOR ANY RISKS OF LOSS, PROPERTY DAMAGE OR PERSONAL INJURY, INCLUDING DEATH, that may be sustained by me, or any loss or damage to property owned by me, as a result of being engaged in such activities, WHETHER CAUSED BY THE NEGLIGENCE OF RELEASEES or otherwise. I further hereby AGREE TO INDEMNIFY AND HOLD HARMLESS the RELEASEES from any loss, liability, damage or costs, including court costs and attorney's fees, that they may incur due to my participation in the Event, WHETHER CAUSED BY NEGLIGENCE OF RELEASEES or otherwise.

It is my express intent that this Waiver of Liability and Hold Harmless Agreement shall bind the members of my family and spouse if I am alive, and my heirs, assigns and personal representative if I am deceased, and shall be deemed as a RELEASE, WAIVER, DISCHARGE AND COVENANT NOT TO SUE the RELEASEES. I hereby further agree that this Waiver of Liability and Hold Harmless Agreement shall be construed in accordance with the laws of the State of Florida. In signing this release, I acknowledge and represent that I have read and understand it and sign it voluntarily; I am at least eighteen (18) years of age and fully competent; and I execute this Release for full, adequate and complete consideration fully intending to be bound by same.

I HAVE READ THIS WAIVER OF LIABILITY AND FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Participant's Printed Name (If eighteen (18) years of age or older)	Signature	Date
Parent's Printed Name (If Participant under eighteen (18) years of age)	Signature	Date