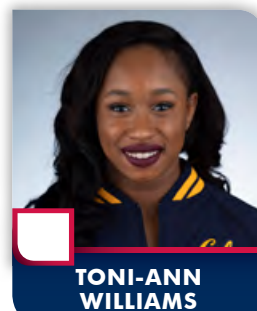
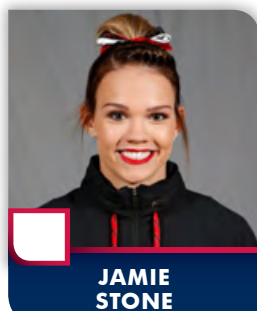
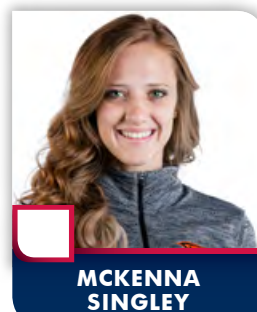
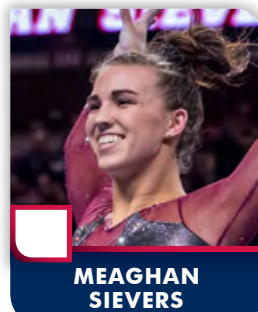
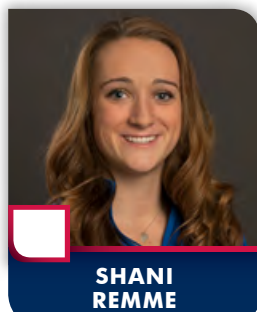
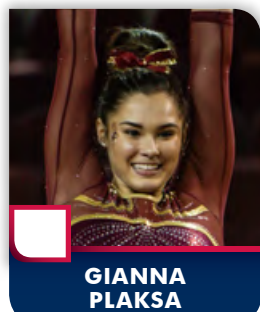
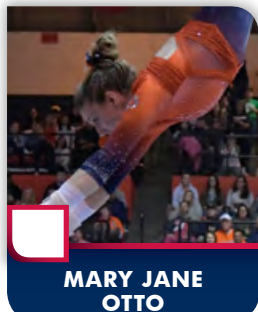
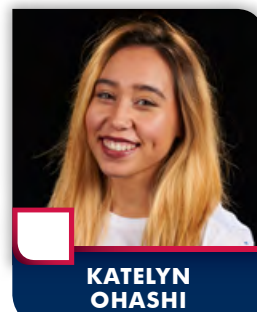
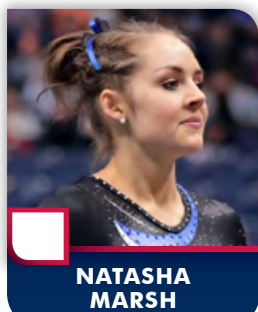
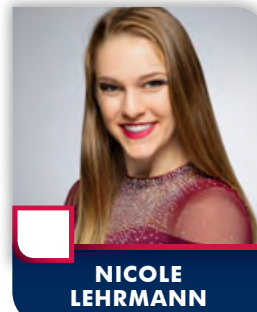
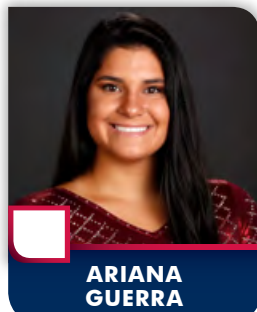
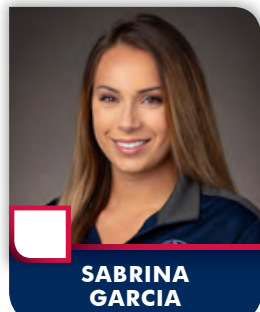
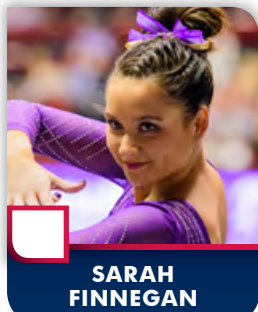
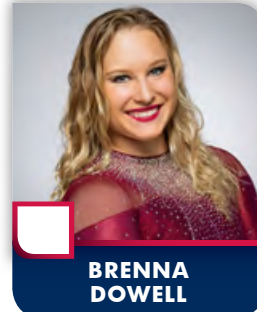
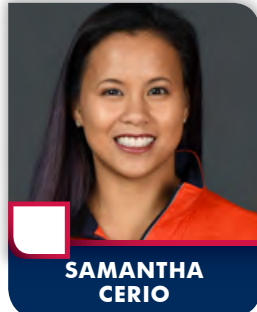
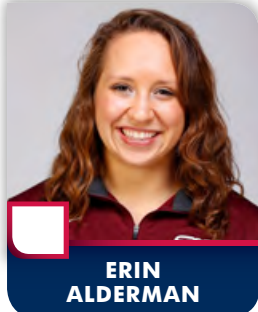




AAAI[®]

2019 PRELIMINARY AWARD BALLOT



Please review the enclosed list of biographies & **vote for your top 6 selections** with the link provided. Vote **NO LATER THAN March 6, 2019** Please only one ballot sheet per school. **VOTE HERE:** <https://www.surveymonkey.com/r/QGWQSD>



AAI® 2019 AAI
AWARD
NOMINEE

ERIN ALDERMAN

Texas Woman's University
Coach: Lisa Bowerman

CAREER HIGHLIGHTS –

- Two-time USA Gymnastics Collegiate National Champion (2017-2018)
- Two-time USA Gymnastics First Team All-America (Floor-2016, Beam-2018)
- Two-time USA Gymnastics Scholar-Athlete (2017-2018)
- Three-time MIC Scholar-Athlete (2016-2018)
- 2018 Texas Woman's Chancellor's Award recipient.
- Two-time CoSIDA Academic All-District Team (2017-2018)
- 2018 CoSIDA Academic All-America First Team
- 2017 CoSIDA Academic All-America Third Team
- 2018 Lone Star Conference Scholar-Athlete
- 2017 USA Gymnastics Second Team All-America (Beam)
- 2017 NCAA Regional Alternate (Floor)
- 2018 Dr. Bettye Myers Service Award recipient
- Two-Time MIC Second Team All-Conference (Floor), (2016-2017)
- 2017 Two-time MIC Specialist of the Week
- 2016 NACGC/W Scholastic All-American
- Three-time Lone Star Conference Honor Roll (2016-2018)

Named co-captain prior to the start of the 2018-2019 season, Alderman has already produced a storied career at Texas Woman's University. Since her arrival in 2015, the Fair Oaks, California native has left an indelible mark on the gymnastics program, claiming multiple USA Gymnastics All-American honors while also helping lead the Pioneers to back-to-back USAG Collegiate National Championships in 2017 and 2018. Exemplifying excellence both in and out of the gym, Alderman is a multiple time USAG, Midwest Independent and Lone Star Conference Scholar Athlete and has claimed a pair of CoSIDA Academic All-America honors. In 2018, she was named the Texas Woman's Chancellor's Award recipient, the highest honor bestowed upon a student-athlete at Texas Woman's. The award recognizes the student-athlete that demonstrates excellence in her sport and academics while representing the athletics department in a manner that embodies the spirit of the university. During the 2017-2018 academic school year, Alderman accumulated 52 hours of community service, earning the Dr. Bettye Myers Service Award. During her

undergraduate career, Alderman was a member of the TWU Honors Scholars program, graduating with "the highest distinction an undergraduate can achieve at Texas Woman's." Graduating Suma Cum Laude with a bachelor's degree in Communication Science, with a perfect 4.0 GPA, in the spring of 2018, Alderman was recognized as a Lone Star Conference Scholar-Athlete. Currently, Alderman is in her first year of graduate school, pursuing her masters in Speech and Language Pathology.

CAREER BESTS:

Vault:	9.775
Uneven Bars:	9.450
Balance Beam:	9.875
Floor Exercise:	9.875
All-Around:	37.100



AAI® 2019 AAI
AWARD
NOMINEE

ALICIA BOREN

University of Florida
Coach: Jenny Rowland

FLORIDA CAREER HIGHLIGHTS –

- 14-time All-American (6 NCAA / 8 NACGC Regular Season)
- 2018 SEC floor exercise champion
- 2016, 2017 & 2018 All-SEC

AS A SENIOR (2019) –

- Moved onto Florida's 40 career wins event chart after 2019 opener. Now owns seven event titles as a senior (2 vault, beam, floor; 1 all-around) and 42 for career.
- Each of five 2019 floor performances scored a 9.9 or better to extend current career streak to 12
- Competed as an all-rounder in every meet but first of freshman season – a streak of 46 consecutive meets. Won 12 career all-around titles.
- SEC Gymnast of the Week (Jan. 12)

AS A JUNIOR (2018) -

- Earned three All-America honors in NCAA Championships' semifinal competition – vault (first team), floor exercise and all-around (second)
- All-America second-team for all-around, balance beam and floor exercise in the National Association of Collegiate Gymnastics Coaches (NACGC) regular-season awards
- Shared Southeastern Conference and NCAA Regional floor exercise (9.90) titles
- Fourth in NCAA Super Six all-around (39.5375)
- First or second in every all-around but two. Six wins, including five consecutive
- Second among the Gators with 15 event wins (six all-around, floor, two beam, one vault)

- All-SEC for third consecutive year
- Gator Gymnastics' Most Valuable Gymnast of Year

AS A SOPHOMORE (2017) –

- Earned All-America second-team honors for all-around (39.50) and vault (9.90) in NCAA Championships' semifinal competition
- All-America first-team for all-around, vault and floor exercise in the NACGC regular-season awards
- All-SEC for second consecutive year
- Shared NCAA Gainesville Regional floor exercise title (9.925)
- Shared NCAA Super Six floor win (9.95)
- Two-time (Jan. 24 & Feb. 10) SEC Gymnast of the Week.
- Second among Gators with 13 event titles (five floor, four all-around, two beam & vault)
- Competed as an all-rounder in every meet

AS A FRESHMAN (2016) –

- Earned All-America first-team honors with a 9.8875 in NCAA Championships' Semifinal I balance beam competition
- All-America second-team for all-around and vault in the NACGC regular-season awards
- All-SEC selection after 9.90 in league championships' vault and beam competition
- Four-time recipient of SEC Freshman of the Week award (after UCLA, Alabama, Arkansas and Missouri meets)

CAREER BESTS:

Vault:	9.95
Uneven Bars:	9.95
Balance Beam:	9.95
Floor Exercise:	9.95
All-Around:	39.725

MAJOR – Women's Studies (GPA: 2.42)

COMMUNITY SERVICE:

Active Goodwill Gator participant

On a yearly basis:

- Winn Dixie Hope Lodge: provide a meal to families living in Gainesville's Winn Dixie Hope Lodge, a residence for family members of patients at Shands Hospital at the University of Florida
- Gainesville American Cancer Society's Annual Making Strides Against Breast Cancer Walk: joined UF team as event volunteers, handing out drinks and pink ribbons as the walkers finished the course.
- Harvest Food Drive clinic: an event that collects canned food for the Bread of the Mighty Food Bank Inc.
- Participated in Gator Tracks, an annual event organized by Gator student-athletes. Gator student-athletes purchase shoes for Gainesville area children who need them. The shoes are wrapped and delivered to the children's school. 2018 Gator Tracks delivered more than 425 pairs of shoes & socks just prior to the holiday break.



AAI® 2019 AAI
AWARD
NOMINEE

SAMANTHA CERIO

Auburn University
Coach: Jeff Graba

CAREER HIGHLIGHTS –

- 2018 All-SEC
- 2018 SEC Academic Honor Roll
- 2017 All-SEC
- 2017 SEC Academic Honor Roll
- 2016 SEC All-Freshman Team
- 2016 First-Year SEC Academic Honor Roll

CAREER BESTS:

Uneven Bars:	9.925
Balance Beam:	9.875
Floor Exercise:	9.900

Samantha has been a leader in the gym and in the classroom for the Tigers since stepping foot on campus. In the gym, she has earned All-SEC accolades every season so far through dedication and hard work. She has been a mainstay on the squad's bars lineup, earning conference honors in the event every year. Samantha has also represented the Tigers at the NCAA Championship the past two seasons on bars, winning two-straight NCAA Regional bars titles.

Academically, Samantha has consistently been recognized by both the university and the conference for her performance in the classroom. The Huntersville, N.C., has earned SEC Academic Honor Roll recognition each year on campus. In addition, she has made the Dean's List and is a member of National College Athlete Honor Society – Chi Alpha Sigma.

On top of her demanding gymnastics and academic workloads, Samantha has been very active outside of those two areas. She has served on the Student-Athlete Advisory Committee all four years on the Plains. Her first two seasons were spent as the team representative before moving to vice president as a junior. This year, Samantha is serving as the SAAC president and has spearheaded a handful of activities for the student-athletes, including their involvement in the NCAA's Inclusion campaign in October.

In addition, Samantha has been very active in the Auburn community. She's been involved in the Jason Dufner Foundation's backpack stuffing, filling backpacks with food for children in Lee County. She has also visited schools in the area, teaching kids about gymnastics. She

was the coordinator for the student-athlete food drive that supported the Campus Food Pantry for students in need. Samantha has also volunteered with Habitat for Humanity and the Birmingham Zoo, while also being a part of the team's Salvation Army Angel Tree and Hearts for Sweethearts sponsorships.

Samantha will graduate this spring with her degree in Aerospace Engineering. Because of a successful internship this past summer, Samantha already has a job lined up with Boeing following graduation.



AAI® 2019 AAI
AWARD
NOMINEE

SIENNA CROUSE

University of Nebraska-Lincoln
Coach: Heather Brink

CAREER HIGHLIGHTS –

- First- Team All-American (2017: VT; 2018 FX)
- Second-Team All-American (2018: VT)
- 2018 NACG/W Regular Season All-American
- 2018 First-Team All-Big Ten
- 2018 First-Team Big Ten All-Championships
- Academic All-Big Ten (2017, 2018)
- Big Ten All-Championships Team (2016: UB; 2017: VT)
- 2016 NACGC/W Scholastic All-American

CAREER BESTS:

Vault:	9.975
Uneven Bars:	9.925
Balance Beam:	9.90
Floor Exercise:	9.925
All-Around:	39.550

Sienna is a real leader in and outside of the gym for the Huskers. She leads by example and always expects really big things from herself as a gymnast. She is confident in her routines and has always been one of the hardest workers since her freshman year. Sienna is one of the most consistent All-Arounders on the team and all of her career highs are 9.90 or higher. She has earned herself multiple All-American and All-conference accolades throughout her career, including a first team All-American honor on vault in 2017, second team honors in 2018, and a first team All-American honor on floor exercise in 2018 as well. Sienna has accumulated 26 event titles so far in her career and will for sure end with more once the 2019 season concludes. Sienna has been named Big Ten Gymnast of the Week and was Event Specialist of the Week twice in her career. She is a NACG/W regular season All-American in 2018 and was First-Team All-Big Ten in 2018. She is a scholastic All-American and has been Academic All-Big Ten in her last two seasons. Outside of the gym, Sienna has been named to Nebraska's Scholar-Athlete Honor Roll each year she has been enrolled. She has volunteered on numerous occasions including, hospital visits, Thanksgiving food drives, volunteering with the Red Cross, giving back to the homeless, food packing, elementary school visits and many more. Sienna will graduate in 2019 with a bachelor's degree in business management.



AAI® 2019 AAI
AWARD
NOMINEE

BRENNA DOWELL

University of Oklahoma
Coach: K.J. Kindler

CAREER HIGHLIGHTS –

- 2017 NCAA Team Champion
- 2018 NCAA Vault Co-Champion
- 2018 Big 12 Co-Floor Champion
- 2017 Big 12 Co-Bars Champion
- 2015 NCAA Floor Exercise Runner-Up
- Four-time NCAA All-American
 - o 2018: First-team vault; second-team floor
 - o 2015: First-team bars, floor
- Finished 10th on bars at the 2015 NCAA Event Finals
- Six-time NACGC/W All-American
 - o 2018: First Team vault; second-team floor
 - o 2017: First team vault; second-team bars
 - o 2015: First-team floor; second-team bars
- Has hit 151 of 153 (98.7%) career routines.

- Owns 29 individual event titles
- 2018 NCAA Runner-Up Team Member
- 2015 NCAA Third-Place Finisher Team Member
- 2015 Big 12 Newcomer of the Year
- Six-time All-Big 12 selection (3x on vault, 2x on floor, 1x on bars)
- Nine-time Big 12 Weekly Award Winner
- Three-time Big 12 Champion team member (2015, 2017, 2018)
- Three-time NCAA Regional Champion team member (2015, 2017, 2018)
- Two-time Academic All-Big 12 selection
- First OU freshman to record a 10.0 on any event (bars, 2015)

CAREER BESTS:

Vault:	10.0
Uneven Bars:	10.0
Balance Beam:	9.925
Floor Exercise:	9.975
All-Around:	39.625

There is no doubt that Brenna Dowell will go down as one of the most prominent gymnasts to ever compete for the OU gymnastics program.

A member of OU's 2017 National Championship team, Dowell has been an integral part of OU's success. During her career, the Sooners have secured an NCAA top-three finish each year, earned three consecutive NCAA Regional titles and three straight Big 12 Conference Championships.

Dowell deferred after her freshman season to pursue a spot on the U.S. Senior National Team for the World Championships but came back better than ever. After winning a gold medal at the 2015 Women's World Championships, competing at the U.S. Olympic Trials and having a skill named after her in the Code of Points, Dowell returned to the Sooners in 2017 to help lead the squad to its third national title.

Dowell has missed just one meet in her OU career and boasts a hit percentage of 98.7%, nailing 151 of her 153 routines performed thus far. As a sophomore and junior, she hit 100 percent of her routines. A three-event stud, Dowell has excelled on every event she has competed, recorded a perfect 10 on both bars and vault in her career, and posted a career high 9.975 on floor. Entering her senior year, Dowell made it her mission to compete in the all-around for the first time. She excelled immediately, earning a career-high 9.925 on beam and a career-high 39.625 in the all-around.

The list of Dowell's individual accolades is extensive. The 2018 NCAA Vault Co-Champion has snagged four NCAA All-

America honors and six NACGC/W awards in her career. She has added a runner-up finish at the NCAA Event Finals on floor exercise in 2015 and finished in the top 10 nationally twice, with a 10th place finish on bars in 2015 and a 10th place finish on floor in 2018.

In addition, Dowell was the 2018 Big 12 Co-Floor Champion, the 2017 Big 12 Co-Bars Champion and the 2015 Big 12 Newcomer of the Year. She has earned six All-Big 12 honors and has been a nine-time Big 12 weekly award winner. The Odessa, Mo. native has 29 event titles to her name.

Dowell is set to graduate from OU in May with a Bachelor of Arts in economics and minors in business and classical culture. She is a two-time Academic All-Big 12 selection.

OU HEAD COACH K.J. KINDLER ON DOWELL:

"Brenna has been a rock for our team and an amazing testament to the gymnastics community that you can achieve success at every level. An Elite athlete who deferred her sophomore season to chase her World Championship and Olympic dreams, Brenna was able to balance both her elite aspirations and her collegiate career. We admire her courage to step away AND return to NCAA gymnastics without skipping a beat. She is a leader in the classroom, in the gym and in life. She has challenged herself at every crossroads and grown immensely from her experiences. We are so proud that she chose to be a Sooner."



AAI® 2019 AAI
AWARD
NOMINEE

SARAH FINNEGAN

LSU
Coach: Sarah Finnegan

CAREER HIGHLIGHTS –

- 2019 SEC Gymnast of the Week (vs. Cal, vs. Florida and vs. NC State)
- 2018 First-Team All-American (BB, AA)
- 2018 Second-Team All-American (UB)
- 2018 Honda Sports Woman of the Year Nominee
- 2018 Central Region Gymnast of the Year
- 2018 NCAA Raleigh Regional All-Around Champion
- 2018 First-Team Regular Season All-American (UB, BB, FX, AA)
- 2018 SEC Gymnast of the Year
- 2018 SEC All-Around Champion
- 2018 All-SEC
- 2018 SEC Gymnast of the Week (vs. Arkansas, vs. Alabama, at GymQuarters/vs. TWU, at Georgia, vs. Arizona)
- 2018 SEC Academic Honor Roll
- 2017 First-Team All-American (UB, FX, AA)
- 2017 Second-Team All-American (BB)
- 2017 NCAA Lincoln All-Around Champion
- 2017 First-Team Regular Season All-American (BB)
- 2017 SEC Specialist of the Week (vs. Georgia)
- 2016 First-Team All-American (UB)
- 2016 First-Team Regular Season All-American (BB)
- 2016 Second-Team Regular Season All-American (UB)
- 2016 All-SEC
- 2016 SEC All-Freshman
- 2016 SEC Freshman of the Week (vs. Oklahoma, at Florida, at Texas Woman's)
- 2016 SEC First-Year Academic Honor Roll

CAREER BESTS:

Vault:	9.925
Uneven Bars:	10
Balance Beam:	10
Floor Exercise:	10
All-Around:	39.775

Senior Sarah Finnegan is one of the top gymnasts in the country and in school history. The only bars national champion in school history, Finnegan is a 15-time All-American, 2018 Central Region Gymnast of the Year, All-SEC performer and the reigning SEC Gymnast of the Year. Finnegan is one of two gymnasts in LSU history to earn a 10.0 in three events for her career. The Lee's Summit, Missouri, native earned perfect scores on bars, beam and floor and also owns career highs of 9.925 on vault and 39.775 in the all-around.

In 2019, Finnegan is one of the nation's top all-around performers with wins in five of six meets. Finnegan owns 63 individual titles for seventh in school history. She also owns 20 beam titles and 19 bars titles for second in school history.

Finnegan has made an incredible impact on the LSU program. She been a part of seven of LSU's 11, 49,700-plus event totals in school history as well as 17 of the

top-25 team scores ever recorded by LSU teams. Just as impactful with her work in the classroom, Finnegan will graduate in May with her degree in kinesiology and pursue a career in occupational therapy.



AAI® 2019 AAI
AWARD
NOMINEE

SABRINA GARCIA

Penn State University
Coach: Sarah Brown

CAREER HIGHLIGHTS –

- 2018 All-Big Ten – 2nd Team
- 2017 All-American – Regular season, 2nd Team Bars
- 2017 All-Big Ten – 1st Team
- 2017 Big Ten All-Championships Team

Sabrina Garcia is a senior leader and brings a lot of energy and passion to the Penn State gymnastics program. An All-American in 2017 and a two-time All-Big Ten honoree, Garcia qualified for the all-around at the 2017 NCAA Championships. In 2019, Garcia has won five individual event titles (two all-around, two bars and one floor). The Etters, Pa. native owns 23 career event titles, winning one vault, 10 bars, two beam, six floor and four all-around titles. As a senior, Garcia has helped Penn State to a No. 24 national ranking, including a No. 12 ranking on bars and a No. 20 ranking on beam. Individually, Garcia is 26th in the nation and seventh in the Big Ten on bars (9.871 average), 64th in the country and seventh in the conference on floor (9.846) and 46th in the nation and ninth in the Big Ten on all-around (39.060). She has 2019 season-bests of 39.325 on all-around, 9.825 on vault, 9.950 on bars, 9.825 on beam and 9.875 on floor. Her 9.950 on bars is tied for the best in the Big Ten this season. Garcia is a member of the Athletic Directors Leadership Institute (ADLI), starting in September 2017. As a member of the Nittany Lions, she has helped with the THON Pep Rally and Athlete Hour and THON Run, Walk & Roll as part of Penn State's dance marathon, which raises money for the Four Diamonds Fund. She has also been a member of the Nittany Lions' community service efforts with Fit for Fritz, Toys For Tots, a holiday auction at an elderly home, Women in Sports Day, the State College Food Bank and the Stormbreak State College Girls Shelter. This year, Garcia has been involved in reading at elementary schools, a book drive, Toys For Tots and Penn State's Pink Zone meet, benefitting breast cancer awareness and research. Garcia is majoring in Human Development and Family Studies.

CAREER BESTS:

Vault:	9.850
Uneven Bars:	9.950
Balance Beam:	9.925
Floor Exercise:	9.900
All-Around:	39.400



AAI® 2019 AAI
AWARD
NOMINEE

ARIANA GUERRA

University of Alabama
Coach: Dana Duckworth

CAREER HIGHLIGHTS –

- 2016, 2017, 2018 Scholastic All-American
- 2018 Floor Exercise Champion
- 2018 All-SEC
- 2016, 2017, 2018 SEC Academic Honor Roll

CAREER BESTS:

Vault:	9.875
Uneven Bars:	9.900
Floor Exercise:	9.925

The odds were against Ariana Guerra being on the Alabama gymnastics team. She had major back surgery while in high school that could have easily ended her career. She had to learn to walk again much less tumble across the floor exercise mat. But this is Ariana Guerra, whose smile lights up the gym, whose laugh is infectious, and whose positive outlook is unmatched. She made it to Tuscaloosa in the fall 2015 and a few months later she was standing beside the floor mat on January 15, 2016 in her Alabama leotard, ready to step out in Coleman Coliseum and compete for the Crimson Tide for the first time. Two minutes later, she raced to the side of the mat, another milestone reached, to find head coach Dana Duckworth shedding tears of joy. “I just hugged her and kept saying over and over again, ‘you did it, you did it, you did it,’” Duckworth said afterwards. And Guerra kept doing it. That first routine went for a 9.9, establishing her as a standout on the floor exercise. She would add her name to the uneven bars lineup that same season and would start vaulting as a sophomore. The career that was in doubt before it even got started has flourished. One of the nation’s top floor workers, she won the Southeastern Conference title on the event as a junior and earlier this season she helped Alabama clinch a win in its road and Southeastern Conference opener at Georgia with a career-best tying 9.925 on the floor.

“The sheer, unmitigated joy that Ari brings to her gymnastics is unassailable. She truly does gymnastics for the sheer love of the sport and after all she has gone through, she truly feels blessed that she gets to do this sport. That joy and love of gymnastics is infectious and undeniable. That passion and drive permeates every aspect of her life, which is why she is not only a

tremendous gymnast, but an accomplished student and an amazing leader. She is, most of all, a truly inspiring person, who lifts everyone around her up, helping them be their best self. We are beyond lucky to have her on this team and as part of this sport.” - Dana Duckworth, University of Alabama head gymnastics coach



AAI® 2019 AAI
AWARD
NOMINEE

OLIVIA KARAS

University of Michigan
Coach: Bev Plocki

CAREER HIGHLIGHTS –

- 2018 All-Conference – 1st Team
- 2018 Big Ten Sportsmanship Award
- 2017 All-American – 2nd Team Vault, All-Around
- 2017 Big Ten Champion – Floor Exercise
- 2017 All-Conference – 1st Team
- 2017 Big Ten All-Championships Team
- 2017 NACGC/W Scholastic All-American
- 2016 Big Ten Freshman of the Year
- 2016 All-Conference – 1st Team
- 2016 Big Ten All-Championships Team
- 2017, 2018 Academic All-Big Ten
- 2016, 2017, 2018 U-M Academic Achievement Award

CAREER BESTS:

Vault:	9.975
Uneven Bars:	9.950
Balance Beam:	9.900
Floor Exercise:	9.950
All-Around:	39.625

Olivia brings high energy to the team every day. She is known for her big gymnastics and personality, which make her a fan favorite on floor exercise. In her collegiate gymnastics career, she has accumulated 31 event and all-around victories, 42 scores of 9.900 or better, is a five-time Big Ten Gymnast of the Week and has led her team to three consecutive Big Ten Championships. As a scholar at the University of Michigan, Olivia is a communication major and is also earning a minor in writing. She writes for the student-athlete produced publication the South Campus Times and hosts a team video series called Behind the Block M. She is always willing to stop and take a picture with a young fan or send a social message to a young gymnast who reaches out to her. One of her favorite community service events she did was the Buddy Walk, an event that celebrates the many abilities and accomplishments of people with Down syndrome. Olivia is a team leader and her voice carries a lot of weight in and outside of the gym.



AAI® 2019 AAI
AWARD
NOMINEE

NICOLE LEHRMANN

University of Oklahoma
Coach: K.J. Kindler

CAREER HIGHLIGHTS –

- 2016 & 2017 NCAA Team Champion
- 2018 NCAA Runner-Up Team Member
- 2017 NCAA Co-Bars Champion
- 2018 Big 12 Bars Champion
- 2016 NCAA Iowa City Regional Co-Beam Champion
- Six-time NCAA All-American
 - o 2018: First-team bars, beam
 - o 2017: First-team bars, beam
 - o 2016: First-team bars; second-team beam
- Six-time NACGC/W All-American
 - o 2018: First-team bars
 - o 2017: First-team bars
- o 2016: Second-team bars
- Has hit 128 of 133 (96.24%) career routines.
- Owns 27 individual event titles
- Four-time All-Big 12 selection (three on bars, one on beam)
- Six-time Big 12 Weekly Award Winner
- Three-time Big 12 Champion team member (2016, 2017, 2018)
- Three-time NCAA Regional Champion team member (2016, 2017, 2018)
- Two-time Academic All-Big 12 selection
- 2018 Gerald Lage Award Winner

An event specialist turned all-around competitor, Nicole Lehrmann has been one of the most consistent gymnasts to compete for Oklahoma.

A member of OU's back-to-back national championship teams in 2016 and 2017, Lehrmann has continued to be a mainstay in OU's lineups, starting her career as a two-event specialist on bars and beam before becoming an all-around competitor as a junior. During her career, the Sooners have secured an NCAA top-two finish each year, earned three consecutive NCAA Regional titles and three straight Big 12 Conference Championships.

The 2017 NCAA Co-Individual Champion on bars, Lehrmann has competed in every meet during her career for 100 percent participation. She boasts a hit percentage of 96.24, nailing 128 of 133 of her routines thus far. In 2018, Lehrmann was incredible on bars, tallying a 9.9 or better in 14 consecutive meets. As a junior, she competed floor for the first time in her career, tallying a career-high of 9.925 and a career-high all-around score of 39.675. Lehrmann upgraded her vault to a Yurchenko 1.5 as a senior to give OU even more depth on the event, earning a career-high 9.925.

Lehrmann has compiled quite the list of individual accolades in her three years as a Sooner. Besides her NCAA individual crown, she was the 2018 Big 12 Bars

Champion and finished third nationally on bars in 2018. She has earned six NCAA All-America honors and six NACGC/W All-America honors, along with being a four-time All-Big 12 selection.

The Austin, Texas native owns 27 individual event titles and is a six-time Big 12 Weekly Award winner.

Lehrmann is set to graduate in May with degrees in biology and economics and a minor in business. She is a two-time Academic All-Big 12 selection and was a 2018 Gerald Lage Award Winner, the Big 12 Conference's highest academic honor.

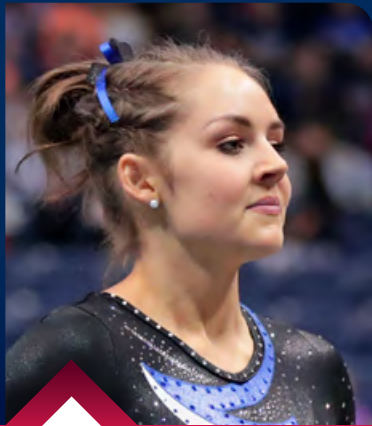
OU HEAD COACH K.J. KINDLER ON LEHRMANN:

"Nico is an athlete that just keeps getting better and better. She has pushed herself athletically and academically throughout her time at OU. Her standards never waiver. An exceptional student, a reliable teammate and a strong competitor, Nicole has been the foundation for our team this season. Though she is rarely seen in the spotlight, her impeccable execution and amplitude are hard to beat, even by the best the sport has to offer. She has been an incredible example to her team and heavily influenced the continuity of our culture here at OU. She will graduate at the height of her athletic career with her sights set on a career in veterinary medicine."

CAREER BESTS:

Vault:	9.925
Uneven Bars:	10.0
Balance Beam:	9.925
Floor Exercise:	9.925
All-Around:	39.675

- o Highest academic honor awarded to student-athletes in the Big 12
- Two-time NACGC/W Scholastic All-American



AAI® 2019 AAI
AWARD
NOMINEE

NATASHA MARSH

Brigham Young University
Coach: Guard Young

CAREER HIGHLIGHTS –

- 2016 National Association of Collegiate Gymnastics Coaches/ Women Scholastic All-American
- 2016 Mountain Rim Gymnastics Conference All-Academic Team
- 2017 Mountain Rim Gymnastics Conference All-Academic Team
- 2018 Mountain Rim Gymnastics Conference All-Academic Team
- 2018 Women's Collegiate Gymnastics Association Scholastic All-American
- 2018 Mountain Rim Gymnastics Conference Bars Specialist of the Week (3)
- 2018 Mountain Rim Gymnastics Conference Beam Specialist of the Week (8)
- 2019 Mountain Rim Gymnastics Conference Beam Specialist of the Week (3)

CAREER BESTS:

Uneven Bars:	9.875
Balance Beam:	9.900
Floor Exercise:	9.850

Natasha is one of two seniors on the 2019 BYU gymnastics roster. Natasha is a two-time Scholastic All-American and three-time Mountain Rim Gymnastics All-Academic gymnast. Throughout her career for the Cougars, she has competed on the uneven bars, balance beam and floor with her highest career score as a 9.900 on beam. Natasha has received MRGC Weekly Honors for her performances on the uneven bars (2018) and balance beam (2018 and 2019). She is captain this year because of her experience and leadership skills. Although she is not a vocal teammate, she finds ways to lead by example.

When not in the gym, Natasha is working hard in her schooling as she is preparing to graduate with a degree in marketing. Her example in the classroom helped the gymnastics team record the highest GPA of all teams at BYU for the winter semester in 2018. She currently boasts a 3.52 GPA and is planning to graduate in April 2019. After graduation, she plans on furthering her education as she will begin a master's program in accounting.



AAI® 2019 AAI
AWARD
NOMINEE

MAKENNA MERRELL-GILES

University of Utah
Coach: Megan Marsden & Tom Farden

CAREER HIGHLIGHTS –

- Six-time All-American (3 NCAA, 3 regular season)
- Regional floor champion
- Pac-12 vault champion
- Five-time All-Pac-12 Conference
- Team co-captain
- Two 10.0 scores
- Career-high 39.675 all-around is tied for the ninth best in school history
- 27 career victories (including 6 this year through Feb. 9)
- Has hit 148-156 career routines
- NACGC Scholar All-American
- Two-time Pac-12 All-Academic

CAREER BESTS:

Vault:	10
Uneven Bars:	9.925
Balance Beam:	9.925
Floor Exercise:	10
All-Around:	39.675

As a team captain and an All-America all-rounder, MaKenna Merrell-Giles not only supports her teammates with her words, but also her actions. She has been a starter since her freshman year, playing a major role in three NCAA Championship appearances by Utah during that time (twice advancing to the Super Six team finals) and a Pac-12 Championship. A six-time All-American who is currently ranked in the top 12 in the all-around (No. 12), vault (No. 6) and floor (No. 12), MaKenna is an NCAA regional floor champion and a Pac-12 vault champion. She has 10.0 bests on both floor and vault. A top recruit when she joined the program as a freshman in 2016, she has continued to improve her entire career, which has been an inspiration to her teammates. Last year, she won the Coaches' Award as the team's most improved gymnast. Her career all-around best of 39.675 is tied for the ninth best in Utah's storied gymnastics history. Academically, she has excelled as well. She is an NACGC (WCGA) Scholar All-American and a two-time Pac-12 All-Academic selection. MaKenna's contributions to her teammates as a leader cannot be overstated. They turn to her for advice, friendship and guidance on and off the competitive floor. She is reliable under pressure and has hit 95% of her career routines (148-156).



AAI® 2019 AAI
AWARD
NOMINEE

DANIELLE MULLIGAN

University of New Hampshire
Coach: Gail Goodspeed

CAREER HIGHLIGHTS –

- EAGL All-Scholastic Team 3x (2016-18)
- NACGC/W Scholastic All-American Team 2x (2017-18)
- All-EAGL First Team 4x- Bars 3x (2016-17-18), Beam (2018)
- EAGL Championship Bar Champion (2018) – 9.950 (PB), tied highest bar score in EAGL Championship history
- EAGL Championship Bar Champion (2017) – 9.875
- 2018 EAGL regular-season uneven bar champion (9.895 RQS)
- 2017 EAGL regular-season uneven bar champion (9.895 RQS)
- EAGL All-Tournament First Team, 3x (2016-bars, 2017-bars, 2018-bars)
- EAGL All-Tournament Second Team (2018-floor)
- Chi Alpha Sigma National College Athlete Honor Society (2018)
- EAGL Gymnast of Week, 2x – 01/29/19, 02/05/19
- EAGL Specialist of Week, 5x – 01/19/16, 02/09/16, 02/08/17, 02/21/17, 03/07/17

CAREER BESTS:

Vault:	9.825
Uneven Bars:	9.950
Balance Beam:	9.925
Floor Exercise:	9.900
All-Around:	39.275

Danielle Mulligan is an outstanding student-athlete and ranks as one of the best we have coached at UNH in 40 years! We all have those individuals who have worked through adversity and Danielle (her nickname is “Mully”) has worked through this adversity and become stronger. She had a serious knee injury her junior year in high school due to a young class gymnast running across the runway as she was preparing to vault. She had surgery and spent her entire senior year rehabilitating from the injury. She began her collegiate career as a bar specialist and has “added” an event each year with a Yurchenko full this season moving her into an all-around spot. Mully is best known for an amazing bar routine that includes an eagle grip front giant to sky-high Jaeger and finishes with a full-in.

The drive, dedication and determination she has brought to her gymnastics is also evident in her academic pursuits. She will graduate in 2019 with a Biomedical Science-Medical and Veterinary Sciences degree. Danielle is driven to enter the medical field and currently has a 3.79 GPA. She developed a professional relationship with our team orthopedic surgeon and shadowed him and members of his team for 10 hours a week. This was entirely self-initiated because Danielle is driven to gain as much experience as possible. She will perform at a high level at anything she undertakes as she is a perfectionist with an excellent work ethic.

As an active participant in our team’s community service activities, Mully assisted in the 700-family community church yard sale, fundraised for cancer prevention, worked for the UNH Sexual Harassment and Rape Prevention (SHARPP) events as well as our “You can Play events” that support diversity and inclusion. She also participated in Making Strides Against Breast Cancer Walk and our Volley for Holly event that raises money for a scholarship in honor of a volleyball player who lost her battle with cancer. Danielle’s involvement and leadership ability are also highlighted as a youth gymnastics coach. At our UNH Gymnastics Camp, our year-long community class program, her former competitive gymnastics club program, as well as numerous clinics, Danielle has the ability to coach a wide range of levels of gymnasts, from the very young to high school graduates. She is a role model for the young gymnasts who attend our meets and our clinics and camps. Her positive outlook and ability to communicate enables her to develop positive relationships with the athletes she coaches.

Danielle Mulligan is an outstanding candidate for the AAI award and an amazing role model for continuing to improve and perform throughout her collegiate career.



AAI® 2019 AAI
AWARD
NOMINEE

MIKI NORTHERN

University of Illinois at Chicago
Coach: Peter & Mary Jansson

CAREER HIGHLIGHTS –

- 2018 NCAA Regional Qualifier - All-Around
- 2018 MIC Conference Champion - Floor
- 2018 MIC First Team All-Conference - Floor
- 2018 MIC First Team All-Conference - Bars
- 2018 MIC First Team All-Conference - AA
- 2018 MIC Scholar Athlete
- 2018 Academic All-American
- 2017 MIC Athlete of the Year
- 2017 NCAA Regional Qualifier - All-Around
- 2017 MIC First Team All-Conference - Floor
- 2017 MIC First Team All-Conference - Bars
- 2017 MIC 2nd Team All-Conference - Vault
- 2017 MIC First Team All-Conference - AA
- 2017 MIC Scholar Athlete
- 2017 Academic All-American
- 2016 NCAA Regional Qualifier - All-Around
- 2016 MIC Newcomer of the Year
- 2016 MIC First Team All-Conference - Floor
- 2016 MIC Second Team All-Conference - Vault

MIKI NORTHERN came to UIC as a very successful gymnast from both All-American Gym in St. Louis, Missouri, as well as the St. Louis Gym Center. Unfortunately, however, she ruptured both of her achilles tendons--one in her Junior Year and the other one in her Senior Year, both on 2/1 pikes on floor! Despite two years in a row of rehab and all, she was ready to compete All-Around at the start of her Freshman Year at UIC--just 7 months after the 2nd achilles injury! All-Around for Miki includes 2 double backs in her entertaining floor routine and a monster Yurchenko 1/1 on vault! Since then she has competed all around in every single meet while at UIC! She has qualified to NCAA Regionals every year, usually in the #1 at-large spot, always averaging over 39 for the seasons. She upgraded her bar set every year, too, as this was always her weakest event, until she got the shaposh immediate uprise-clearhip-shoot over combination and a double layout dismount!

UIC Nursing School Student Who Will Graduate in 4 Years--Miki is an absolutely outstanding student as well! She was admitted to UIC's prestigious Nursing Program her Junior Year, and her usual grades are A's! Despite often starting the day in a hospital somewhere in Chicago at 6:30am and returning to campus at about 5:00pm, Miki does not miss a beat with practices and schoolwork! She always pushes herself to the limit in whatever she

does, as she is incredibly demanding of herself--always and in all ways!! However, she does so while being very considerate of others, and never acting as if she is more important than anyone else. She helps everyone else to be better--as a student, an athlete, a friend, a human being. It is truly remarkable to get to work with her or just be around her a on a daily basis! Current Thyroid Cancer Fighter--(Diagnosed At Start of Senior Year)-- As if that is not enough, all of you are probably aware that this year, UIC is operating under the assumption that this is our final season, as they announced our program would be dropped at the end of this year. Miki was not in that meeting the Friday right before Labor Day weekend, when this was announced--(thank goodness)--as she was meeting with her doctor in St. Louis that day, finding out she had thyroid cancer, and which surgery and treatments she would be undergoing!! Miki's comment about this week in her life says ALOT about her... "Getting cancer was just the cards I was dealt with, but having our program dropped is much harder to deal with as I feel it was something done to us."

After neck surgery and radiation in September, Miki was back in the gym trying to get used to how her body would work without a thyroid and fine tuning the hormone treatments. Not surprisingly for those who know this amazing athlete, Miki still upgraded her first pass on floor

CAREER BESTS:

Vault:	9.875
Uneven Bars:	9.875
Balance Beam:	9.825
Floor Exercise:	9.900
All-Around:	39.325

- 2016 MIC Scholar Athlete
- 2016 Academic All-American
- 2016-2018 MIC Athlete of the Week (8x)



AAI® 2019 AAI
AWARD
NOMINEE

MIKI NORTHERN

CONTINUED

University of Illinois at Chicago
Coach: Peter & Mary Jansson

to a 1-½ step-out thru to a 2/1 back, and at the intersquad in the beginning of December she did All-Around, hitting all 4 events!! This was right before taking the train back to St. Louis for her next body scan to see if the cancer was still spreading. (We are happy to report that at this time, the current treatments seem to be working, as her cancer did not spread!) Miki is already back as one of those competitors you can always rely, especially in those clutch situations, averaging 39 in the All-Around after the first 2 meets of the season, while helping her UIC team to one of the highest rankings in history, 24th in the Nation!

We cannot say enough about a student-athlete, a person such as Miki Northern. Her outstanding work ethic, her attention to detail and the high standards she sets for herself in everything and anything she is involved with, her level of positivity that is truly in its own league, her never-ending smile and joyful spirit, her keen awareness of others, and willingness to lift them up even when she is completely exhausted (though she'll never admit it,) are qualities readily seen by others, while remaining as humble and ever so grateful as can be. She is one of those rare diamonds as a human being, whose gymnastics talents, academic and athletic accolades, just scratch the surface as to what we are lucky to have had modeled for us all--especially when life throws a curve, such as thyroid cancer or a dropped athletic program that she so dearly loves. After 32 years of coaching collegiate gymnastics, we know Miki Northern is so deserving of this award, as she is such a perfect example of what this award is honoring.

CAREER BESTS:

Vault:	9.875
Uneven Bars:	9.875
Balance Beam:	9.825
Floor Exercise:	9.900
All-Around:	39.325



AAI® 2019 AAI
AWARD
NOMINEE

KATELYN OHASHI

UCLA
Coach: Valorie Kondos Field

CAREER HIGHLIGHTS –

- 2018 NCAA FX co-champion
- 2018 NCAA Team champion
- 6-Time All-American
- 2018 Postseason All-American (1st team BB, FX)
- 2018 Regular Season All-American (1st team BB, FX)
- 2017 Postseason All-American (1st team BB)
- 2017 Regular Season All-American (1st team BB)
- 2018 Pac-12 Specialist of the Year
- 2018 NCAA Regional FX champion
- 2018 Pac-12 FX co-champion
- 2018 All-Pac-12 selection (1st team BB, FX)
- 2017 All-Pac-12 selection (1st team BB, 2nd team FX)
- 2016 All-Pac-12 selection (2nd team BB)
- 8-time Pac-12 Specialist of the Week, one away from the conference record (4 times in 2019, 2 times in 2018, 2 times in 2017)
- 4-Time Pac-12 Freshman/Newcomer of the Week in 2016
- Has scored seven career perfect 10s – 5 on floor exercise (3 in 2018, 2 in 2019) and two on balance beam (2017)
- Became the first Bruin ever to score consecutive perfect 10s on balance beam (Mar. 5 and Mar. 12, 2017)
- Finished the 2018 regular season ranked No. 1 on floor exercise
- Finished the 2017 regular season ranked No. 1 on balance beam

CAREER BESTS:

Vault:	9.875
Uneven Bars:	9.950
Balance Beam:	10.0
Floor Exercise:	10.0
All-Around:	39.575

- Has scored 9.9 or higher on 56 of 103 routines in her career (54%), including all 10 in 2019, and 25 of 44 in 2018. She currently has a streak of 18 routines of 9.9 or better.

Katelyn Ohashi has brought an unprecedented amount of positive attention not only to collegiate gymnastics but to the entire sport as a whole with her performances. At a time when it was needed most, her joy for the sport and her team resonated with millions and transcended sport, bringing fresh eyes to collegiate gymnastics and to arenas around the nation. As impressive as her gymnastics is – and it is incredibly impressive, as she has scored 9.9 or greater in every routine this season, including two perfect 10s – what has been most admirable about Katelyn is how she has used her platform to spread messages of self-worth, inclusiveness, empathy and finding your joy. Gymnastics couldn't have a better ambassador than Katelyn.

From Valorie Kondos Field:

Katelyn Ohashi has always been a talented athlete with a big heart. During her NCAA career she expanded her passion to help bring awareness to the effects of bullying, body shaming, and self-destructive behavior that comes with being in abusive relationships. It is her depth as a conscious and deeply caring human that enriches her performances on the competition floor. As Walt Disney

once said, "Whatever you do, do it well. Do it so well that when people see you do it, they will want to come back and see you do it again, and they will want to bring others and show them how well you do what you do." That is Katelyn Ohashi. That is why every arena the UCLA Bruins have competed in this season has been filling up in record numbers. And that is why our sport is thriving again.



AAI® 2019 AAI
AWARD
NOMINEE

MARY JANE OTTO

University of Illinois
Coach: Nadalie Walsh

CAREER HIGHLIGHTS –

- 2018 Scholastic All-American
- 2018 Academic All-Big Ten
- 2017 Big Ten All-Championships Team
- 2017 First-Team All-Big Ten
- 2017 Big Ten Bars Champion
- 2017 Academic All-Big Ten
- 2016-17 Big Ten Distinguished Scholar
- 2016 Scholastic All-American
- 2016 Big Ten Sportsmanship Award
- 2016 Academic All-Big Ten
- 2015-16 Big Ten Distinguished Scholar
- 2015 NACGC/W All-American – First-Team Bars
- 2015 NACGC/W All-American – Second-Team All-Around
- 2015 Big Ten All-Championships Team
- 2015 First-Team All-Big Ten
- 2015 Scholastic All-American
- 2015 Academic All-Big Ten
- 2014 Scholastic All-American

CAREER BESTS:

Vault:	9.900
Uneven Bars:	9.975
Balance Beam:	9.900
Floor Exercise:	9.875
All-Around:	39.575

A sixth-year gymnast, Mary Jane Otto is the senior leader of the Illinois women's gymnastics program. She exemplifies leadership in the gym and in the classroom. Otto is a multiple All-American and All-Big Ten honoree that has been ranked in the top 10 in the nation on uneven bars and top 15 in the all-around. She has collected 23 individual titles on all four events and the all-around, including 12 on bars and seven on beam. She holds the second-highest bars score in Illinois history with a 9.975 and fifth all-around score with a 39.575. A solid all-rounder, she has recorded career highs of 9.900+ on three out of the four events.

Always leading by example, Otto has been through the highs and lows of the sport and is someone that the team can look up to. After missing the first half of her freshman season due to injury, she hit all 16 routines, competing on vault, bars, and floor. She was also a key contributor to the 2014 NCAA Championship team, leading the squad on both bars (9.775) and beam (9.8), while also contributing a 9.825 on vault. This marked the last time the Illini qualified to NCAAAs as a team. Otto's sophomore year proved to be one of her most successful seasons, competing in the all-around for the first time and hitting 54 of 56 routines. Qualifying as an individually, Otto finished 12th in the all-around at the 2015 NCAA Championships. After being battle tested with injuries for the past two-years, the 2017 Big Ten bars champion returned to the all-around at the Michigan State meet on

Friday, Feb. 8, 2019 to capture her first all-around title since 2016.

Otto also excels in the classroom, earning many awards throughout her career. She is a four-time Scholastic All-American, three-time All-Academic Big-Ten honoree, and two-time Big Ten Distinguished Scholar. She also exemplifies the meaning of sportsmanship, winning the Big Ten Sportsmanship Award in 2016. For three years, Otto was a part of the Illinois Student-Athlete Advisory Committee (SAAC) and the Illini Leadership Program. She also gives back to the local Champaign-Urbana community by volunteering with Buddy Walks and Feed My Starving Children. Currently, she is a volunteer at the Hope Center where she provides food and activities to low-income families and kids. Also, a leader through her church's college ministry called "Alive," where she mentors undergraduate students to help them navigate different areas of their life (i.e. school, relationships, careers, life challenges, etc.). Graduated with a B.S. in Kinesiology in 2017 and Master of Public Health (MPH) in 2018. She will graduate in August 2019 with a Masters in Recreation, Sport, and Tourism degree. Formerly Horth, she married Ryan Otto on August 12, 2018



AAI® 2019 AAI
AWARD
NOMINEE

GIANNA PLAKSA

Central Michigan University
Coach: Jerry Reighard

CAREER HIGHLIGHTS –

- 2018 Mid-American Conference Individual All-Around Champion
- 2018 All-MAC Tournament Team Selection
- 2018 All-MAC Regular-Season Second-Team
- 2018 The National Association of Collegiate Gymnastics Coaches/ Women's Academic All American
- 2017 Academic All - Mid American Conference
- 2017 The National Association of Collegiate Gymnastics Coaches/ Women's Academic All American
- 2016 The National Association of Collegiate Gymnastics Coaches/ Women's Academic All American

CAREER BESTS:

Vault:	9.80
Uneven Bars:	9.90
Balance Beam:	9.90
Floor Exercise:	9.90
All-Around:	39.350

Plaksa is a senior at Central Michigan University. The moment she set foot on campus, she held herself to the highest of standards, and leads her teammates by example. She has received selected honors by other coaching staffs, organizations, and has won individual titles, accumulating numerous awards. Achievements include; Academic All - Mid American Conference 2018, The National Association of Collegiate Gymnastics Coaches/Women's Scholar Athlete Team years 2016, 2017 and 18. Plaksa earned a spot on the 2018 Mid-American Conference All-Championship Team, and became a Mid-American Conference individual champion in 2018. She was named specialist of the week on 1-17-18.

Plaksa is a biology/biomedical sciences major who carries a 3.92 grade point average, and she aspires to enter veterinary school upon her graduation from CMU. With a combination of academic and athletic success, Gianna Plaksa is a model student-athlete who is a shining example of what it means to be a member of the Chippewa gymnastics program and a member of the Central Michigan University family.



AAI® 2019 AAI
AWARD
NOMINEE

SHANI REMME

**Boise State University
Coach:**

CAREER HIGHLIGHTS –

- 2018 NCAA All-American
- 3 National Championship appearances (2016, 2017 & 2018)
- Most All-Around Wins in Program History (20)
- Most Beam Wins in Program History (22)
- NCAA Regional All-Around Champion (2018, Columbus Regional)
- NCAA Regional Beam Champion (2016, Tuscaloosa Regional)
- 2-time MRGC Gymnast of the Year (2017 & 2018)
- MRGC Freshman of the Year (2016)
- 2-time All-MRGC All-Around First Team (2017 & 2018)
- All-MRGC Vault First Team (2017)
- 2-time All-MRGC Bars First Team (2017 & 2018)
- 2-time All-MRGC Beam First Team (2017 & 2018)
- Highest Beam Score at Nationals in Program History (9.900)
- 18th in the All-Around at Nationals (39.375)
- NACGC/W Second Team All-America
- MRGC/WCGA Academic Honoree

The most decorated gymnast in Boise State history, Shani Remme is an All-American and two-time regional champion, and recently set a program record for most all-around competition victories, surpassing what had initially been set by Julie Wagner 23 years ago. Remme is also the winningest beam worker in program history, already with 22 victories on the apparatus under her belt. Remme has also maintained a phenomenal academic record as a part of the No. 1 academic gymnastics team in the NCAA. She has garnered academic honors from the Mountain Rim Gymnastics Conference, the Women's College Gymnastics Association (WCGA) and the National Association of Collegiate Gymnastics/Women (NACG/W). Last season, she finished with a 3.74 GPA in health science studies and has never had a GPA below 3.55 in her college career. In addition, her leadership and guidance earned her the title of team captain for her final year with the Broncos.

Through week five of the 2019 season, Remme is one of the top 20 All-Arounders in the nation, slotted at No. 14 with an average score of 39.325. She is also tied for the sixth-best beam worker in the NCAA with an unbelievable average score of 9.900.

A 2018 NCAA All-American on beam, Remme has made an appearance as an individual in the National Championships every year of her career. Last year, she recorded the highest beam score at Nationals in program history. She was also the NCAA Regional All-Around champion in 2018, and won the Regional Beam

championship in 2016. The momentum hasn't stopped - this season Remme has already topped her career high on beam with a score of 9.950, and has matched career bests on vault and bars.

Remme has been an integral part of the Boise State gymnastics team since she was a freshman. When she joined the Broncos in 2016, she showed that she was going to be an incredible addition to the team. On opening night, in her first-career collegiate meet, Remme led Boise State on beam, scoring a 9.800. The next week, she would go on to tie for first in the all-around, her first all-around victory of the 20 she now possesses. Her journey in Boise has only led her upwards.

Remme is a two-time MRGC Gymnast of the Year, and has been named All-MRGC First Team in every gymnastics event.

Remme has contributed to her community in Boise in powerful ways. She has more than 50 hours of community service, and has been job shadowing in the radiology department at the Idaho Sports Medicine Institute this year. She has logged more than 100 hours at the job site, preparing herself for her future beyond gymnastics.

She deserves the AAI award not solely because of her record achievements, but also because she is charismatic and encouraging, with a gymnastics IQ off the charts. Remme is the ultimate team player, and is always there to offer mentorship to younger gymnasts. She represents the ultimate all-arounder in gymnastics and in life.

CAREER BESTS:

Vault:	9.850
Uneven Bars:	9.925
Balance Beam:	9.950
Floor Exercise:	9.950
All-Around:	39.575



AAI® 2019 AAI
AWARD
NOMINEE

MEAGHAN SIEVERS

Iowa State University
Coach: Jay Ronayne

CAREER HIGHLIGHTS –

- 2018 NCAA Championship Qualifier, Vault
- 2018 Academic All-Big 12 First Team
- 2018 Big 12 Commissioner's Honor Roll
- 2017 Academic All-Big 12 First Team
- 2017 Big 12 Commissioner's Honor Roll
- 2016 NCAA Championship Qualifier, Vault
- 2016 Academic All-Big 12 Rookie Team
- 2016 Big 12 Commissioner's Honor Roll
- 2015 Big 12 Commissioner's Honor Roll

Meaghan Sievers is a perfect example of what an Iowa State student athlete should strive to be during their four years at the university. Not only is Sievers a two-time NCAA Championship Qualifier on vault, she is an incredible student and holds the Big 12 Student-Athlete Advisory Committee (SAAC) Vice-Chair position. Sievers has been one of Iowa State's best gymnast all four years of her college career. During her career, she been a major contributor on vault scoring a 9.925 three times, most recently on April 7, 2018 during the Minneapolis Regional. Recently, she has emerged on floor recording a 9.925 while at West Virginia on Feb. 2, 2019. Sievers has compiled over 1600 points and has been an all-arounder in 35 career meets. While at Iowa State, Sievers has got it done in the classroom. She has been on the Big 12 Commissioner's Honor Roll during every semester at Iowa State and has also been an All-Big 12 First Team member two times. Sievers donates a plethora of time to her Big 12 SAAC Vice-Chair position she recently attained. This position is very prestigious position and is the second-highest ranking official among her fellow Big 12 SAAC members. When it's all said and done, Sievers will be one of the more successful Iowa State gymnasts in recent memory. Sievers will graduate this spring and plans to go to med-school following her time at Iowa State.

CAREER BESTS:

Vault:	9.925
Uneven Bars:	9.900
Balance Beam:	9.825
Floor Exercise:	9.925
All-Around:	39.425



AAI® 2019 AAI
AWARD
NOMINEE

MCKENNA SINGLEY

Oregon State University
Coach: Tanya Chaplin

CAREER HIGHLIGHTS –

- 2018 Pac-12 All-Academic Second Team
- 2017 Pac-12 All-Academic Second Team
- 2018 NACGC/W Scholastic All-American
- 2017 NACGC/W Scholastic All-American
- 2016 NACGC/W Scholastic All-American

CAREER BESTS:

Vault:	9.875
Uneven Bars:	9.900
Balance Beam:	9.900
Floor Exercise:	9.925
All-Around:	39.400

McKenna Singley has played an integral role for the Beavers throughout her career at Oregon State. As a freshman, McKenna found her way into three lineups for the majority of the season establishing season-bests of 9.825 on vault, 9.875 (multiple times) on bars and 9.90 on the floor exercise. As a sophomore, McKenna was limited to the bars as she struggled through an ankle injury tying her personal mark of 9.90. It all came together for McKenna as a junior in 2018 as she was finally healthy and performed in the all-around 10 times for the Beavers. She earned a team-leading nine event titles and improved her career-high marks on vault (9.875), beam (9.90) and floor (9.925) as well as in the all-around (39.400). Thus far in 2019, McKenna has battled an injury that will hold her out of the bars lineup, but she continues to provide senior leadership for the squad on the other three events. A two-time Pac-12 All-Academic Second Team selection and a three-time NACGC/W Scholastic All-American, McKenna will graduate in June with a degree in sociology with an option in crime and justice and has recently been accepted to Law School.



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SYDNEY SNEAD

University of Georgia
Coach: Courtney Kupets Carter

CAREER HIGHLIGHTS –

- 2017 NCAA Second Team All-American on vault
- 2017 NACGC/W Regular Season All-America on vault
- 2018 NCAA Second Team All-American- all-around and beam
- 2018 NCAA First Team All-American- vault
- 2016 All-SEC Freshman Team
- 2017 All-SEC
- 2018 All-SEC

CAREER BESTS:

Vault:	9.950
Uneven Bars:	9.950
Balance Beam:	9.925
Floor Exercise:	10.00
All-Around:	39.600

Sydney Snead is the lone senior of the Georgia GymDogs for the 2019 season. Besides leading the GymDogs on the competition floor, competing all four events in every meet since the beginning of her junior year, Snead is driven in the classroom and community. As a member of the Student-Athlete Advisory Committee (SAAC) she has participated in events such as the “It’s on Us” campaign, Hunger Bowl benefitting the Food Bank of Northeast Georgia, UGA Relay for Life, End It Movement, and the Special Olympics Baseball Game. To prepare for her future outside gymnastics, Snead interned with Nike’s Sports Marketing Team for Tennis in Oregon during the summer of 2018.

On February 16, 2018, the Raleigh, North Carolina native scored a Perfect 10 on floor against Florida, marking the first 10 by a GymDog since Brittany Rogers on vault at UCLA in 2016 and the first inside of Stegeman Coliseum since Grace Taylor on beam in 2010 as well as the first on floor since Courtney Kupets in 2009 (also against Florida).

Prior to her senior season she earned 25 event titles, including eight on vault, five on bars, two on beam, three on floor, and seven in the all-around. In her time as a GymDog, she has competed all but two meets on bars and three on vault, being a steady and consistent performer in the lineup.

She will graduate in May with her degree in sport management.



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CHARLI SPIVEY

University of Pittsburgh
Coach: Samantha Snider

CAREER HIGHLIGHTS –

- 2018 – EAGL All-Scholastic Team
- 2017 – All-EAGL Tournament Second Team – Floor Exercise
- 2016 – EAGL Champion (Team)

CAREER BESTS:

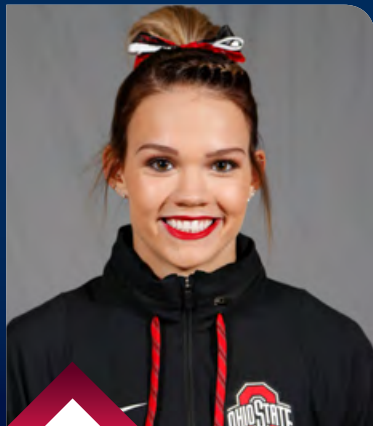
Vault:	9.800
Balance Beam:	9.625
Floor Exercise:	9.875

After spending her first three seasons as a walk-on, Spivey was recognized for her efforts by earning a scholarship, granted by head coach Samantha Snider in August 2018.

Spivey is a leader inside and outside the gym, acting as the primary coordinator for the University of Pittsburgh's Student-Athlete Advisory Committee's (SAAC) Community Service Capstone Project. She has participated in numerous community service opportunities throughout her career, including two mission trips to Haiti (2017, 2018). She has volunteered with programs such as Friends of Jaclyn, Cards for Maddox, Pitt Serves and the Pressley School for Autism in Pittsburgh.

A native of Enterprise, Ala., Spivey is a three-time member of the ACC Honor Roll – a recognition for student-athletes who maintain a 3.0 grade point average for an entire academic year. She holds a 3.579 cumulative GPA as a psychology major with a certificate in American Sign Language. She earned a spot on the East Atlantic Gymnastics League (EAGL) All-Scholastic team in 2018.

Spivey was member of the first Pitt team to win an EAGL championship in 2016. The following year, Spivey earned a spot on the All-EAGL Tournament Second Team in the floor exercise. In 2018, Spivey was part of the Panthers' first NCAA Regional Championship appearance since 2013. This season, Spivey raised her career-high score on floor to 9.875, leading the Panthers in the event at four out of five meets. She competed on beam for the first time in the Panthers' Feb. 9 meet at NC State, earning a 9.625. She has earned a career-high 9.800 on vault twice, in 2017 and 2018.



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JAMIE STONE

Ohio State
Coach: Meredith Paulcivic

CAREER HIGHLIGHTS –

- 2018 Big Ten individual champion on vault (9.900)
- 2018 Big Ten All-Championships Team member
- 2018 Second Team All-Big Ten
- 2018 NCAA Columbus Regional vault champion (9.900)
- 2017, 18 Academic All-Big Ten
- 2016 Second Team All-Big Ten
- 2016, 17, 18 OSU Scholar Athlete

One of just three seniors in the class of 2019, team captain Jamie Stone is a natural leader to a young Buckeye squad, with 10 out of 16 gymnasts being underclassmen. Stone is a model of consistency and hard work, competing in every meet for Ohio State since her arrival on campus. Stone will graduate in May with a degree in psychology before beginning nursing school, fulfilling a lifelong dream of becoming a nurse. Setting an example of the “grab the ball” mentality the Ohio State women’s gymnastics team has embraced this season, Stone has stepped up to the challenge of competing in the all-around for the first time in her collegiate career. In 2018, Stone won the first Big Ten individual championship for Ohio State since 2013, placing first on vault with a career-high of 9.900. Stone went on to become the 2018 NCAA Columbus Regional champion on vault, matching her career-high of 9.900. A two-time All-Big Ten selection and 2018 All-Big Ten Championship team member, Stone is one of the top gymnasts in the highly competitive conference. Stone is committed to excellence in the gym and in the classroom. She is a three-time OSU Scholar-Athlete and two-time Academic All-Big Ten selection (freshmen are not eligible), studying in the No. 13-ranked psychology program in the world. (2018 Shanghai University rankings). Stone also carries out the Buckeye mission of “Paying it Forward,” spending countless hours volunteering. Stone is involved with the 2nd & 7 reading program, which brings student-athletes and economically disadvantaged second graders together to read books. Stone has contributed to the LiFE Sports program, providing quality sport programs to at-risk youth, and the

CAREER BESTS:

Vault:	9.900
Uneven Bars:	9.850
Balance Beam:	9.925
Floor Exercise:	9.950
All-Around:	39.200

Buckeye Buddies program, which allows student-athletes to get involved with Ohio State’s miracle families from BuckeyeThon when there are conflicts with the dates of the main event. Finally, Stone is going on visits at Nationwide Hospital this year, tying in her dedication to community service with her passion for healthcare.



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BRITNEY WARD

University of Missouri
Coach: Shannon Welker

CAREER HIGHLIGHTS –

- 2019 SEC Specialist of the Week (Jan. 7)
- 2018 All-SEC Team (beam)
- 2018 WCGA Scholastic All-American
- 2018 SEC Winter Academic Honor Roll
- 2017 NACGC/W Regular Season All-American – second team (vault, beam)
- 2017 All-SEC Team (vault)
- 2017 NACGC/W Scholastic All-American
- 2017 SEC Winter Academic Honor Roll
- 2016 NACGC/W Regular Season All-American – second team (beam)
- 2016 All-SEC Team (vault)
- 2016 SEC All-Freshman Team
- 2016 SEC Specialist of the Week (Jan. 19)
- 2016 SEC Freshman of the Week (Jan. 26)

CAREER BESTS:

Vault:	9.950
Uneven Bars:	9.850
Balance Beam:	9.975

- 2016 NACGC/W Scholastic All-American
- 2016 First-Year SEC Academic Honor Roll

Since she arrived in Columbia, Britney Ward has played a vital role in the continued improvement of the University of Missouri gymnastics program. She is a valuable team leader in the gym, as well as the classroom and in the community.

One of the nation's top beam workers, Ward is a two-time NACGC/W Regular Season All-American, earning second team honors on beam in 2016 and 2017, as well as second team honors on vault in 2017. She is the first and only Mizzou gymnast to earn regular season All-America honors in they began in 2013. She is also a four-time All-Southeastern Conference Team recipient, with vault honors in 2016 and 2017, beam honors in 2018 and All-Freshman Team accolades in 2016.

She was earned weekly honors from the SEC three times in her career, most recently named the SEC Specialist of the Week on Jan. 4, 2019. Ward also earned Specialist of the Week honors on Jan. 19, 2016 and was named the SEC Freshman of the Week on Jan. 19, 2016.

Over her career, Ward has won 31 event titles, including 17 on beam and 14 on vault. She holds six of the top 16 beam scores in Mizzou history and stands as one of only two Tiger gymnastics to ever earn a 9.975 on the event. She was scored 9.95 or higher on beam six times in her career, which rank second-most in school history. In 44 career beam routines, Ward has reached the 9.9 mark 19 times.

She has competed in all but one meet of her Tiger

career and has made the beam lineup 44 times and the vault lineup 39 times. She also competed on bars in nine meets as a sophomore in 2017.

An excellent student outside the gym, Ward is a three-time WCGA Scholastic All-American, a two-time SEC Winter Academic Honor Roll honoree and made the First-Year SEC Academic Honor Roll as a freshman. She will graduate in May with a bachelor's degree in Health Science and has been accepted to Belmont University's Doctorate of Occupational Therapy program for the fall.

In addition to her time in the gym and the classroom, Ward completed a field placement focused on disease prevention and disability to help improve the health of local communities in Cape Town, South Africa, as part of a summer study abroad program in the summer of 2017. While with the program, Ward also helped renovate a literacy center classroom and paint a school. In the summer of 2018, she traveled to Hue, Vietnam, as part a University of Missouri's Global Service program. In Vietnam, Ward helped worked with the Friends of Hue Foundation in developing an English curriculum for the foundation's children's shelter.

Ward also is heavily involved with the Columbia community, volunteering extensive time with Crossing Kids at The Crossing Church, as well as time with The Food Bank for Central and Northeast Missouri, Ronald McDonald House, Mizzou Moves and as a Special Olympics Buddy.



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TONI-ANN WILLIAMS

California
Coach: Justin Howell & Liz Crandall-Howell

CAREER HIGHLIGHTS –

- 2018 NCAA All-American Second Team All-Around
- 2018 NACGC/W Regular Season All-America First Team Floor
- 2018 NACGC/W Regular-Season All-America Second Team All-Around
- 2018 All-Pac-12 Second Team All-Around
- 2018 All-Pac-12 Second Team Vault
- 2018 All-Pac-12 Second Team Beam
- 2018 All-Pac-12 Second Team Floor
- 2016 Olympian (Jamaica)
- 2016 NACGC/W Regional Gymnast of the Year
- 2016 NACGC/W Regular-Season All-America First Team Floor
- 2016 Pac-12 Championships Floor Champion
- 2016 All-Pac-12 First Team Vault
- 2016 All-Pac-12 First Team Floor
- 2015 NCAA Regional Vault Champion
- 2015 NACGC/W Regional Gymnast of the Year
- 2015 NACGC/W Regular-Season All-America First Team Vault
- 2015 NACGC/W Regular-Season All-America First Team Floor
- 2015 NACGC/W Regular-Season All-America Second Team All-Around
- 2015 Pac-12 Freshman of the Year
- 2015 All-Pac-12 First Team All-Around

No other gymnast has sculpted the Cal Women's Gymnastics program as profoundly as Toni-Ann Williams. The most decorated gymnast in Golden Bear history has been integral in Cal's rise among the nation's elite programs, impacting the sport at not only the collegiate level, but the international and Olympic level as well.

This season alone, Williams has collected 3 event titles with 8 top-three finishes and is 16-for-16 in her routines despite dislocating her elbow in the fall. She owns season-high totals of 9.90s on all three of her events – vault, beam and floor – with an eventual return on bars and the all-around forthcoming.

Williams' fortitude is all the more impressive considering she was granted a fifth year of eligibility by the NCAA after suffering a season-ending Achilles tear in 2017.

In her 2018 comeback season following that 2017 Achilles tear, Williams contributed to 50 lineups and hit all but one routine for a stellar 98 percent hit rate. She led the Bears with 21 event titles among 35 total top-three finishes culminating with her very first NCAA All-America honor after earning two NACGC/W Regular Season All-America nods. She was Cal's first NCAA All-American since 2014.

CAREER BESTS:

Vault:	10.0
Uneven Bars:	9.95
Balance Beam:	9.95
Floor Exercise:	9.975
All-Around:	39.700

- Four-time Pac-12 Gymnast of the Week (1x 2015, 2x 2016, 1x 2018)
- Two-time Pac-12 Specialist of the Week (1x 2016, 1x 2017)
- Six-time Pac-12 Freshman of the Week (2015)

An all-rounder in 12 meets, she rebounded from her Achilles tear by matching a Cal-record 39.700 all-around total as well as a 9.975 floor record twice in 2018. Williams helped lead Cal to the program's highest regional qualifying score in school history, steering the Bears to their second NCAA Championships appearance in three seasons. Cal's 2018 squad turned in 14 team totals that ranked among the highest in school history, including program-record scores overall, on bars and on beam. Following the conclusion of the 2018 regular season, Williams was ranked in the nation's top 20 in three categories – floor (7th), all-around (11th) and vault (19th).

Even before her season-ending injury in 2017, Williams was rewriting history as a Cal underclassman. She helped lead the Bears to their first ever team berth to the NCAA Gymnastics Championships as a sophomore, following a season that saw her become Cal's first individual event champion since 2004 after claiming the Pac-12 floor title with a 9.925. As a freshman, she set a conference-record six Pac-12 Freshman of the Week honors en route to being named the conference's Freshman of the Year. She claimed 30 event titles, and became the first gymnast in Pac-12 history to earn both Gymnast and Freshman of the Week honors in the same week. She qualified as an all-rounder to the 2015 NCAA Championships, where she finished 20th overall.



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CONTINUED

TONI-ANN WILLIAMS

California
Coach: Justin Howell &
Liz Crandall-Howell

She owns the program-record scores on vault (10.0), floor (9.975) and all-around (39.700), and is one of only two gymnasts in Cal history to record a perfect 10.0.

In addition to her role as a star for the Bears, Williams made history in 2016 when she qualified for the 2016 Rio Summer Olympic Games, becoming the first gymnast to represent Jamaica at the international Olympic level. She has represented the country at the international level since 2010, competing in the 2011, 2013 and 2015 World Artistic Gymnastics Championships and showcasing her skills in countries including Brazil, Scotland, Canada, Japan and Belgium.

Outside of the gym, she is also a team captain for the Bears. Her passion for service extends beyond her team, as she is also one of the pioneering figures in further developing Jamaica's involvement in Olympic sports beyond what the Jamaican people are best known for -- track and field. As part of her Olympic campaign, Williams held a leotard drive to raise equipment for the underprivileged communities of Jamaica, and she remains committed to fostering the growth of gymnastics in the country. Williams eventually hopes to help open a state-of-the-art gymnastics facility on the island country and help encourage young gymnasts to pursue collegiate gymnastics careers.

At UC Berkeley, rated the world's No. 1 public university, Williams will graduate with degrees in both Social Welfare and Legal Studies.

CAREER BESTS:

Vault:	10.0
Uneven Bars:	9.95
Balance Beam:	9.95
Floor Exercise:	9.975
All-Around:	39.700