



# 2019 PENN STATE WOMEN'S GYMNASTICS

17 NCAA CHAMPIONSHIP TEAM APPEARANCES

29 ALL-AMERICANS ON 96 OCCASIONS

Since 1974

## PENN STATE NITTANY LIONS

2-3, 0-2 Big Ten

DATE	OPPONENT	RESULT/TIME
<b>January</b>		
5	at No. 5 Utah	L, 197.175-194.450
12	vs. No. 32 Temple, Towson <sup>^</sup>	1st, 195.150
19	<b>No. 17 OHIO STATE* (BTN)</b>	<b>L, 196.075-194.850</b>
26	<b>No. 22 MINNESOTA* (DD)</b>	<b>L, 196.925-196.775</b>
<b>February</b>		
2	at No. 34 Illinois*	5 p.m.
9	at Rutgers* (BTN2Go)	7 p.m.
16	<b>No. 10 MICHIGAN*</b>	<b>4 p.m.</b>
22	Big Five Meet* !	7 p.m.
<b>March</b>		
2	<b>No. 19 ARIZONA STATE, CORNELL, YALE</b>	<b>4 p.m.</b>
8	at No. 2 Florida	6:45 p.m.
17	at No. 27 West Virginia, No. 30 NC State, No. 15 Ohio State	2 p.m.
23	<b>BIG TEN CHAMPIONSHIPS</b>	<b>12 p.m./5 p.m.</b>
<b>April</b>		
6	<b>NCAA REGIONAL CHAMPIONSHIPS</b>	<b>TBA</b>
19-20 NCAA Championships &		TBA

\* - Big Ten Opponent  
<sup>^</sup> - Little Boston Invitational - Boston, Mass.  
 ! - Toledo, Ohio  
 & - Fort Worth, Texas  
 (DD) - Double Dual w/ Penn State men's team  
 (BTN) - Meet Televised on the Big Ten Network

All Times Eastern  
**HOME MEETS IN BOLD CAPS**

## NO. 22 PENN STATE OPENS BIG ROAD SLATE AT NO. 34 ILLINOIS

The No. 22 Penn State women's gymnastics team travels to No. 34 Illinois to continue Big Ten action.

Last Saturday, the Nittany Lions posted season highs in all four events to total a 196.775, its highest since 2016. However, the Nittany Lions narrowly fell against then-No. 22 Minnesota (196.925). Penn State won the floor event with a season-best 49.275.

Penn State earned a 49.025 on vault, 49.250 on bars and 49.225 on beam. The beam performance was PSU's highest since 2017.

Sophomore Lauren Bridgens achieved a career-high in all-around, tallying a 39.525 and won vault (9.900). She also had a career-best on beam (9.875), tied a career-high on floor (9.850) and had season highs on vault and bars (9.900).

No. 34 Illinois is 4-4 in dual meets, including a 1-1 mark in Big Ten competition. The Illini dropped a 197.250-194.675 decision against No. 18 Nebraska last weekend.

### 2019 SEASON HIGHS

<b>Vault</b>	<b>(Rowland/Personett, 10.0)</b>
Lauren Bridgens	9.900 1/26
Kourtney Chinnery	9.800 1/19
Sabrina Garcia	9.800 1/26
Gianna LaGuardia	9.800 1/26
<b>Uneven Bars</b>	<b>(Bridgens, 10.0)</b>
Sabrina Garcia	9.950 1/19
Lauren Bridgens	9.900 1/26
Tess McCracken	9.900 1/19
<b>Balance Beam</b>	<b>(Leopoldus/Rowland/Smith, 10.0)</b>
Jessie Bastardi	9.900 1/26
Lauren Bridgens	9.875 1/26
Mason Hosek	9.875 1/26
<b>Floor Exercise</b>	<b>(Casey, 10.0)</b>
Melissa Astarita	9.900 1/12
Sabrina Garcia	9.875 1/26
Alissa Bonsall	9.850 1/26
Lauren Bridgens	9.850 1/26
Kourtney Chinnery	9.850 1/26
<b>All-Around</b>	<b>(Rowland, 39.775)</b>
Lauren Bridgens	39.525 1/26
Sabrina Garcia	39.275 1/26

### 2019 TEAM SEASON HIGHS

<b>Vault</b>	<b>(2015, 49.550)</b>
Minnesota	49.025 1/26
Utah	48.625 1/5
Ohio State	48.550 1/19
<b>Uneven Bars</b>	<b>(2001, 49.500)</b>
Minnesota	49.250 1/26
Ohio State	49.175 1/19
Temple, Towson	49.125 1/12
<b>Balance Beam</b>	<b>(2001, 49.650)</b>
Minnesota	49.225 1/26
Utah	49.000 1/5
Temple, Towson	48.825 1/12
<b>Floor Exercise</b>	<b>(2001, 49.725)</b>
Minnesota	49.275 1/26
Temple, Towson	49.025 1/12
Ohio State	49.000 1/19
<b>Team Score</b>	<b>(2001, 197.450)</b>
Minnesota	196.775 1/26
Temple, Towson	195.150 1/12
Ohio State	194.850 1/19

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# HEAD COACH SARAH BROWN



Sarah Brown begins her second year as the head coach of the Penn State women's gymnastics team in 2018. Brown was named the eighth head coach of the Penn State women's gymnastics program on May 4, 2017. A two-time Big 12 Conference Gymnast of the Year, Brown came to Happy Valley after serving as the head coach at Eastern Michigan University.

In her first season at Penn State, Brown led the Nittany Lions to an 11-8 meet record, including three wins over ranked opponents. The Nittany Lions made an appearance in the NCAA Regionals and finished the season with a No. 32 national ranking.

Two Penn State gymnasts earned All-America honors with freshman Lauren Bridgens and senior Briannah Tsang claiming those accolades. Tsang was the Big Ten Gymnast of the Year, the eighth in program history, after winning the individual Floor Exercise title at the Big Ten Championships. Bridgens and Tsang were First Team All-Big Ten selections, while junior Sabrina Garcia was a Second Team honoree. Bridgens competed in the All-Around at the NCAA Championships.

On March 4, 2018, Bridgens set a Nittany Lion record with a perfect 10 on the Uneven Bars. Tsang earned two Top Five scores in program history on the Floor Exercise.

During her lone season as the head coach of the Eastern Michigan women's gymnastics team in 2017, Brown led the Eagles to the Mid-American Conference (MAC) regular season title, the MAC Championship, an appearance at the NCAA Regionals and a final national ranking of No. 27.

At the 2017 MAC Gymnastics Championships, Eastern Michigan tallied its second-best score in program history (196.500), recorded a school record on the uneven bars (49.300), and three gymnasts tied for the uneven bars title.

During the 2016-17 season, a total of 10 Eastern Michigan gymnasts were named Academic All-MAC and five were selected MAC Distinguished Scholars. Four of the Eagles' MAC Distinguished scholars owned a grade-point average of 3.85 or higher. During the 2016 fall semester, Brown's squad earned a combined 3.49 grade-point average and a 3.69 GPA in the spring of 2017.

#### Career Honors

- Midwest Independent Assistant Coach of the Year (2014)

#### Brown's Record

- Penn State: 13-11 (*Second Season*)
- Career: 24-15 (*Three Seasons*)

#### Under Brown

- 2 NACGC/W All-Americans
- 3 All-Big Ten Selections
- 1 B1G Individual Event Champions

Brown served for one season as a volunteer assistant coach at the University of Michigan during the 2015-16 school year, helping the Wolverines win the 2016 Big Ten Championship. She assisted on all four events and helped with development of daily practice plans. Her role with the Wolverines also included assisting with community service, recruiting and team travel.

Before joining the Michigan coaching staff, Brown was an assistant women's gymnastics coach at Southeast Missouri State University for three seasons, where she was selected the Midwest Independent Conference Assistant Coach of the Year in 2014.

Brown was the head beam coach and beam/floor choreographer and helped develop three MIC individual champions in 2014, two MIC Freshman of the Year selections and four NCAA regional all-around competitors.

She also was the director of operations for the University of Missouri women's gymnastics program for one year before starting her collegiate coaching career.

Brown began her collegiate gymnastics career at the University of Utah for one season before completing her collegiate career at the University of Missouri. A four-time All-American at Mizzou, she was the Tigers' Female Athlete of the Year in 2009 and 2010 and earned the Director of Athletics Leadership Award in 2010.

Brown brings numerous achievements from her time as a student-athlete to Penn State. Along with her All-America plaudits, Brown was selected the Big 12 Conference Gymnast of the Year in 2009 and 2010, was named to the All-Big 12 Championship Team nine times and was a nominee for the 2010 Honda Broderick Cup award.

A 2015 Missouri Athletics Hall of Fame inductee, Brown was named the 2008 Big 12 Newcomer of the Year and earned South Central Regional Gymnast of the Year honors twice (2009-10).

While she was at Utah, Brown was a member of the team that finished second at the NCAA Women's Gymnastics Championships in 2007.

Prior to her collegiate gymnastics career, she was a four-time member of the USA National Team (2002-05).

A two-time graduate of the University of Missouri, Brown earned a bachelor's degree in interdisciplinary studies with an emphasis in communication and business in 2010 and a master's of education in counseling psychology with an emphasis in sport psychology in 2012.

A native of Columbia, Missouri, the former Sarah Shire is married to Antonio Brown. Sarah and Antonio welcomed a son, Isaiah, to the family on August 9, 2017.



# NEWS & NOTES

# NATIONAL POLL (ROADNATIONALS)

## SCOUTING THE ILLINI

No. 34 Illinois enters the weekend with a 4-4 overall record, including 1-1 in the Big Ten, after a 197.250-194.675 setback against No. 18 Nebraska last Saturday.

The Illini is averaging 194.444 points per meet, with a season-high 195.175 coming in a quad meet with Kentucky, Oregon State and Lindenwood.

Illinois sits 43rd in the nation on vault (48.494), No. 30 on bars (48.619), No. 35 on beam (48.481) and No. 28 on floor (48.850).

Junior Karen Howell ranks 30th in the country in all-around (39.200), while senior Mary Jane Otto is 38th on bars (9.850). Sophomore Kylie Noonan is 40th in the nation on floor (9.862).

## MINNESOTA MEET RECAP

The Nittany Lions set season highs on all four rotations to earn a 196.775, its highest overall score since the Big Five Meet on March 12, 2016, but fell against No. 22 Minnesota.

Penn State tallied a 49.025 on vault, its first 49 of the season on the event, a 49.250 on bars, a 49.225 on beam and a 49.275 on floor. PSU won the floor event for the third straight meet.

The Nittany Lions' beam score was its highest since a 49.475 in 2017 in a quad meet at Texas Women's University and its bars score was its highest since the BYU Quad Meet in 2018 (49.300).

Sophomore Lauren Bridgens won her second event title of the season and her first on vault with a 9.900. She also set a career high in all-around with a 39.525, highlighted by four season-high rotations. She earned a 9.900 on bars, 9.875 on beam (career-high) and a 9.850 on floor (tied career-high).

Bridgens and senior Sabrina Garcia tied for second on bars (9.900), while freshman Jessie Bastardi finished second on beam (9.900). Garcia placed third on floor with a 9.875

Individually and including all-around, Penn State recorded 19 season-high scores and 11 career-high scores.

## AMONG THE NATION'S BEST SCORES

The Nittany Lions' 196.775 is one of the top scores in the nation this season and in the history of the program.

The 196.775 is tied for the 11th-best overall score in program history. It is also the Nittany Lions' highest score within the first four meets of the season, bettering a 196.300 against Maryland in 2005.

PSU is tied for the 10th-best season high in the nation and the third-best in the Big Ten behind only Nebraska (197.250) and Minnesota (196.925). PSU has the 24th-best individual meet overall score in the country this season.

The Nittany Lions' 49.250 on bars in the 13th-best season-high on bars in the nation, its 49.225 on beam is tied for the 16th-best season-high and its 49.275 is tied for the 17th-best season-high in the country.

## NATIONALLY RANKED NITS

As a team, Penn State currently ranks ninth in the nation on bars, with a 49.125 average, and 21st on beam, with a 48.794 average.

On bars, Garcia ranks 16th in the nation and third in the Big Ten (9.881 average), while Bridgens is tied for 17th in the nation and fourth in the league (9.881). Sophomore Tess McCracken sits 63rd in the country (9.819).

Freshman Jessie Bastardi is tied for 74th in the nation and ninth in the Big Ten on beam (9.800), while Garcia is sixth in the conference and 59th in the country on floor (9.844).

In all-around, Bridgens is tied for 16th in the country and sits third in the Big Ten with a 39.317 average, while Garcia is tied for 51st in the nation and sits 10th in the conference (38.908).

	Team	Avg.	High
1	Oklahoma	197.713	198.050
2	<b>Florida</b>	<b>197.492</b>	<b>197.675</b>
3	UCLA	197.488	197.775
4	<b>Utah</b>	<b>197.238</b>	<b>197.375</b>
5	LSU	196.981	197.450
6	Georgia	196.435	197.000
7	Denver	196.267	196.350
8	Alabama	196.169	196.900
9	Boise State	196.142	196.625
10	<b>Michigan</b>	<b>196.113</b>	<b>196.400</b>
11	Auburn	196.031	196.775
12	Washington	195.892	196.525
13	<b>Nebraska</b>	<b>195.838</b>	<b>197.250</b>
14	BYU	195.833	196.475
15	<b>Ohio State</b>	<b>195.800</b>	<b>196.200</b>
16	Missouri	195.769	196.450
17	Kentucky	195.750	196.650
18	California	195.688	196.575
19	<b>Arizona State</b>	<b>195.656</b>	<b>196.125</b>
20	Oregon State	195.592	196.100
21	<b>Minnesota</b>	<b>195.538</b>	<b>196.925</b>
22	<b>Penn State</b>	<b>195.306</b>	<b>196.775</b>
23	Arizona	195.275	195.975
24	Arkansas	195.269	195.825
24	Stanford	195.269	196.125
26	Iowa State	195.075	195.975
27	<b>West Virginia</b>	<b>194.831</b>	<b>195.500</b>
28	North Carolina	194.658	195.150
29	Illinois-Chicago	194.644	195.250
30	<b>NC State</b>	<b>194.619</b>	<b>195.200</b>
31	Pittsburgh	194.550	195.175
32	Southern Utah	194.517	195.525
33	Utah State	194.467	194.850
34	<b>Illinois</b>	<b>194.444</b>	<b>195.175</b>
34	New Hampshire	194.444	195.375
36	UC Davis	194.413	195.225
37	Central Michigan	194.269	195.275
38	Northern Illinois	194.188	194.800
39	<b>Maryland</b>	<b>194.108</b>	<b>194.950</b>
40	George Washington	194.092	194.625

## 2018 Opponents in Bold

## PENN STATE WEEK-BY-WEEK RANKING

Preseason (WCGA)	27
Week 2	20
Week 3	27
Week 4	25
Week 5	22

# 2019 ROSTER

Name	Event	Yr.	Ht.	Hometown/High School/Last School
Erynne Allen	AA	Jr.	5-3	Douglasville, Ga./South Paulding/Kentucky
Melissa Astarita	AA	Fr.	5-2	Morganville, N.J./Marlboro
Amber Autry	AA	Sr.	5-7	Rochester, Mich./West Bloomfield
Jessie Bastardi	AA	R-Fr.	5-1	State College, Pa./Saint Joseph's Catholic Academy/West Virginia
Alissa Bonsall	AA	So.	5-1	Higganum, Conn./Haddam Killingworth
Lauren Bridgens	AA	So.	5-4	Darnestown, Md./Quince Orchard
Kourtney Chinnery	AA	So.	5-2	Suffolk, Va./Summit Christian Academy
Dymiana Cox	AA	Fr.	5-1	Elmont, N.Y./Parkettes
Sabrina Garcia	AA	Sr.	5-2	Etters, Pa./Red Land
Mason Hosek	V, BB, FX	Sr.	5-3	Pearland, Texas/Pearland
Donna Howell	AA	Fr.	5-5	New Milford, Pa./PA Cyber Charter School
Jessica Jones	AA	Sr.	5-0	Canfield, Ohio/Canfield
Gianna LaGuardia	AA	Sr.	5-3	Thornton, Colo./Mountain Range
Tess McCracken	UB, BB, FX	Jr.	5-4	Plano, Texas/Liberty
Kristen Politz	AA	Jr.	5-5	Morganville, N.J./Saint John Vianney
Ava Verdeflor	AA	So.	5-3	Allen, Texas/Allen

**Head Coach:** Sarah Brown (Missouri, '10; Second Season)

**Assistant Coaches:** Rob Drass (Penn State, '90; Second Season), Dallas Becerra (Missouri, '13; Second Season)

**Volunteer Assistant:** Quest Hayden (Penn State, '18; First Season)



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# QUICK FACTS

## GENERAL INFORMATION

Location..... University Park, Pa.  
 Founded ..... 1855  
 Enrollment ..... 47,261  
 Colors ..... Blue and White  
 Conference ..... Big Ten  
 Nickname ..... Nittany Lions  
 President..... Dr. Eric Barron  
 Director of Athletics ..... Sandy Barbour  
 Assoc. Athletics Director/SWA Charmelle Green  
 Deputy Director of Athletics/  
 Chief Operating Officer..... Phil Esten  
 Athletic Website ..... www.GoPSUsports.com

## COACHING STAFF

Head Coach..... Sarah Brown  
 Penn State Record (Years)..... 13-10 (Second)  
 Career Record (Years) ..... 24-14 (Three)  
 Assistant Coach..... Rob Drass (Second Year)  
 Assistant Coach... Dallas Becerra (Second Year)  
 Volunteer Assistant..... Quest Hayden (First Year)  
 Office ..... 110A White Building  
 Telephone ..... (814) 863-7461  
 Fax..... (814) 865-8149

## TEAM INFORMATION

Home Arena (Capacity) ..... Rec Hall (5,812)  
 Facebook..... PennStateWomensGymnastics  
 Instagram..... @PennStateWGYM  
 Twitter ..... @PennStateWGYM

## 2018 RECAP

2018 Regular Season Record ..... 11-8  
 Big Ten Regular Season Record..... 2-7  
 Big Ten Championships Finish..... 7th  
 2018 NCAA Regional Finish ..... 5th  
 2018 NCAA Championships Finish..... N/A  
 Final National Ranking ..... 32  
 All-Americans Returning/Lost ..... 1/1  
 Letterwinners Returning/Lost ..... 11/3  
 Newcomers ..... 5

## PROGRAM HISTORY

First Year of Gymnastics..... 1965  
 All-Time Record (Years)..... 581-286-4 (54)  
 National Championships ..... 2  
 (1978, 80)  
 NCAA Championship Team Appearances ..... 17  
 (1982, '84, '85, '86, '88, '91, '92, '93,  
 '95, '96, '97, '98, '99, 2000, '05, '09, '14)  
 AIAW Championship Appearances..... 7  
 (1975, '76, '77, '78, '79, '80, '81)

## STRATEGIC COMMUNICATIONS

Gymnastics Contact ..... Paul Marboe  
 Office Phone..... (814) 206-6338  
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 Email ..... prm5118@psu.edu  
 Athletics Website ..... GoPSUsports.com

All student-athlete and coach interviews, along with credential requests, must be arranged through the Penn State Athletics Strategic Communications office at least 48 hours in advance.

## SEASON HIGHS

The Nittany Lions established 19 individual season highs and 11 career highs against Minnesota.

On vault, sophomore Alissa Bonsall (9.750), Bridgens (9.900), Garcia (9.800) and senior Gianna LaGuardia (9.800) earned season-bests.

Junior Erynne Allen (9.775), freshman Jessie Bastardi (9.775, exhibition), Bridgens (9.900) and sophomore Ava Verdeflor (9.850) recorded season-bests with Verdeflor setting a career high.

On beam, Bastardi (9.900), Bridgens (9.875), sophomore Kourtney Chinnery (9.675, exhibition), senior Mason Hosek (9.875) and sophomore Tess McCracken (9.850) all tallied season-highs, including career-bests by Bridgens, Chinnery and McCracken establishing career highs.

Bonsall (9.850), Bridgens (9.850), Chinnery (9.850), Garcia (9.875), Hosek (9.825, exhibition) and McCracken (9.775) all had season highs on floor, including career highs for Bonsall, Bridgens, Chinnery and McCracken.

Bridgens (39.525) and Garcia (39.275) each had season-highs in all-around, with Bridgens setting a career-best.

## BALANCED EFFORT

Penn State has achieved a 49.000 or higher in all four events so far this season.

The Nittany Lions have a 49.025 on vault, a three scores over 49.125 on bars, a 49.000 and 49.225 on beam and a three 49.000 or above scores on floor.

The Nittany Lions also have a different high-scoring athlete for each event.

Sophomore Lauren Bridgens has the team's top vault (9.900), while senior Sabrina Garcia owns the team's top bars performance (9.950).

Freshman Jessie Bastardi has the team's top beam effort (9.900) and freshman Melissa Astarita has the team's top floor score (9.900).

Sophomore Lauren Bridgens has the top all-around score with a 39.525.

## EVENT TITLES

As a team, Penn State has won seven event titles this season. PSU has three straight titles on floor. The Nittany Lions also have two titles on bars and two titles on beam.

The Nittany Lions have won five individual event titles. Sophomore Lauren Bridgens won the all-around title against Ohio State (39.300) and vault against Minnesota (9.900). Senior Sabrina Garcia earned individual bars titles against Temple/Towson (9.900) and Ohio State (9.950). While freshman Melissa Astarita won the floor title against Temple/Towson (9.900).

## CHALLENGING SCHEDULE

Heading into the weekend, the Nittany Lions are set to face 13 opponents among the Top 40 of the RoadToNationals standings during the 2019 season. The Nittany Lions already competed against No. 5 Utah, No. 32 Temple, No. 17 Ohio State and No. 22 Minnesota.

PSU is set to compete against No. 2 Florida, No. 10 Michigan, No. 13 Nebraska, No. 15 Ohio State, No. 19 Arizona State, No. 27 West Virginia, No. 30 NC State, No. 34 Illinois and No. 39 Maryland.

# PRONUNCIATIONS

Name	Pronunciation
Erynne Allen	Erin
Amber Autry	Ah-tree
Jessie Bastardi	BASS-tardi
Alissa Bonsall	Bonz-el
Lauren Bridgens	Bridge-ens
Kourtney Chinnery	Chin-er-y
Dymiana Cox	DIM-y-ana
Mason Hosek	HOE-zik
Gianna LaGuardia	Gee-ah-nah LaGuardia (airport)
Kristen Politz	pahl-LITZ
Ava Verdeflor	Ver-de-floor



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# NATIONAL NITS

## 2019 TEAM RANKINGS (RQS)

<b>Team Score</b>		
22.	Penn State	195.306
	<i>Season High Score</i>	<i>196.775</i>
<b>Vault</b>		
35.	Penn State	48.594
	<i>Season High Score</i>	<i>49.025</i>
<b>Uneven Bars</b>		
T-9.	Penn State	49.125
	<i>Season High Score</i>	<i>49.250</i>
<b>Balance Beam</b>		
21.	Penn State	48.794
	<i>Season High Score</i>	<i>49.225</i>
<b>Floor Exercise</b>		
33.	Penn State	48.794
	<i>Season High Score</i>	<i>49.275</i>

## 2019 INDIVIDUAL RANKINGS (Top 75) - RQS

<b>Uneven Bars</b>		
16.	Sabrina Garcia	9.887
	<i>Season High Score</i>	<i>9.950</i>
T-17.	Lauren Bridgens	9.881
	<i>Season High Score</i>	<i>9.900</i>
T-63.	Tess McCracken	9.819
	<i>Season High Score</i>	<i>9.900</i>
<b>Balance Beam</b>		
T-74.	Jessie Bastardi	9.800
	<i>Season High Score</i>	<i>9.900</i>
<b>Floor Exercise</b>		
T-59.	Sabrina Garcia	9.844
	<i>Season High Score</i>	<i>9.875</i>
<b>All-Around</b>		
T-16.	Lauren Bridgens	39.317
	<i>Season High Score</i>	<i>39.525</i>
T-51.	Sabrina Garcia	38.908
	<i>Season High Score</i>	<i>39.275</i>

### BROWN BEGINS SECOND SEASON

Penn State Head Coach Sarah Brown led the Nittany Lions to an 11-8 record in her first season in Happy Valley, finishing seventh at the Big Ten Championships.

The Nittany Lions earned five wins over ranked opponents and finished the season with a No. 32 national ranking.

Brown enters her third year overall as a head coach with a 22-12 career record.

### ALL-AMERICAN RETURNING

Sophomore Lauren Bridgens became the 29th All-American in program history in 2018, collecting the program's 96th All-American honor.

She was a second-team selection on Uneven Bars by the NACGC/W. A first-team All-Big Ten honoree, Bridgens won three all-around titles, three vault titles, six uneven bars titles, one beam title and one floor exercise title. She placed third in the all-around at the NCAA Regional to advance to the NCAA Championships, where she finished 29th.

Bridgens earned a perfect 10.0 on bars during the BYU Quad Meet.

### BIG TEN GYMNASTS TO WATCH

Bridgens was joined by senior Sabrina Garcia being named Big Ten Gymnasts To Watch for the 2019 season.

Garcia was a second-team All-Big Ten selection in 2018 after finishing third or better in the all-around five times. She placed ninth in the all-around at the NCAA Regional. Garcia earned four uneven bars titles, one balance beam title and two floor exercise titles. She has 18 career event titles.

### #RESTORETHEROAR

Bridgens and Garcia are two of 11 returners from the 2018 squad.

The group includes seniors Amber Autry, Mason Hosek, Jessica Jones and Gianna LaGuardia. Hosek owns two career event titles, including one on beam last year, while Jones has three career titles and LaGuardia won three vault titles in 2018.

Juniors Tess McCracken and Kristen Politz return to Happy Valley. Politz has one career title on floor exercise.

Aliisa Bonsall, Kourtney Chinnery and Ava Verdeflor join Bridgens in the sophomore class. Bonsall earned an event title on vault last season.

### WELCOME TO HAPPY VALLEY

The Nittany Lions welcomed five newcomers to the program, including two transfers.

Freshmen Melissa Astarita, Dymiana Cox and Donna Howell all joined the program. Astarita competed for Action Gymnastics in New Jersey, while Cox participated in the Junior Olympic Nationals in 2017 and 2018 as part of Parkette Gymnastics in New York. Howell competed for United Sports Academy in Pennsylvania.

Junior Erynne Allen and redshirt freshman Jessie Bastardi joined the program as transfers. Allen transferred from Kentucky where she competed in one meet as a sophomore after redshirting as a freshman.

### BIG TEN CHAMPIONSHIPS

For the first time since 2014, the Nittany Lions will host the Big Ten Championships at Rec Hall.

On March 23, Penn State will welcome the rest of the Big Ten for two sessions, with the first at noon and the second at 5 p.m.

### FUTURE NITTANY LIONS

On December 4, Penn State signed three future Nittany Lions to National Letters of Intent.

Amy Bladon, Bella Romagnano and Cassidy Rushlow will all begin competing for PSU in Fall 2019.

Bladon, an Ontario native, finished 12th in the all-around at Elite Canada 2018 for the Bluewater Gymnastics Club.

Romagnano finished fourth on bars and ninth on vault at the 2018 Ohio State Championships. She competes for Buckeye Gymnastics.

Rushlow was a Junior National qualifier in 2018 while competing for Daggett Gold Medal Gymnastics.

## 2019 BIG TEN STANDINGS

	BIG TEN		OVERALL	
	W-L-T	%	W-L-T	%
Michigan	2-0-0	1.000	6-2-0	.750
Minnesota	2-0-0	1.000	6-2-0	.750
Nebraska	2-0-0	1.000	3-1-0	.750
Ohio State	2-0-0	1.000	3-1-0	.750
Illinois	1-1-0	.500	4-4-0	.500
Iowa	1-1-0	.500	2-3-0	.400
Maryland	0-2-0	.000	3-2-0	.600
<b>Penn State</b>	<b>0-2-0</b>	<b>.000</b>	<b>2-3-0</b>	<b>.400</b>
Michigan State	0-2-0	.000	1-5-0	.166
Rutgers	0-2-0	.000	1-7-0	.125

### 2019 BIG TEN WEEKLY AWARDS:

#### Jan. 9

Gymnast: Natalie Wojcik, Fr., Michigan  
Event Specialist: Emma McLean, Sr., Michigan  
Freshman: Natalie Wojcik, Michigan

#### Jan. 16

Gymnast: Lexy Ramler, So., Minnesota  
Event Specialist: Ivy Lu, Jr., Minnesota  
Freshman: Natalie Wojcik, Michigan

#### Jan. 23

Co-Gymnast: Lexy Ramler, So., Minnesota  
Co-Gymnast: Taylor Houchin, Jr., Nebraska  
Event Specialist: Megan Schwehofer, Sr., Nebraska  
Freshman: Natalie Wojcik, Michigan

#### Jan. 30

Co-Gymnast: Lexy Ramler, So., Minnesota  
Co-Gymnast: Natalie Wojcik, Michigan  
Event Specialist: Ivy Lu, Jr., Minnesota  
Freshman: Natalie Wojcik, Michigan



## EVENT LEADERS

## 2019 MEET-BY-MEET TEAM LEADERS

Includes Ties

	V	UB	BB	FX	AA
Erynne Allen	-	-	-	-	-
Melissa Astarita	-	-	-	2	-
Amber Autry	-	-	-	-	-
Jessie Bastardi	-	-	1	-	-
Alissa Bonsall	-	-	-	-	-
Lauren Bridgens	1	2	1	2	3
Kourtney Chinnery	3	-	-	-	-
Dymiana Cox	-	-	-	-	-
Sabrina Garcia	-	3	-	2	1
Mason Hosek	-	-	1	-	-
Donna Howell	-	-	-	-	-
Jessica Jones	-	-	-	-	-
Gianna LaGuardia	-	-	-	-	-
Tess McCracken	-	-	1	-	-
Kristen Politz	-	-	-	-	-
Ava Verdeflor	-	-	-	-	-

## EVENT WINNERS

## 2018 INDIVIDUAL EVENT TITLES

<b>Melissa Astarita</b>	
Floor Exercise (1)	
1/12 Temple, Towson	9.900
<b>Lauren Bridgens</b>	
All-Around (1)	
1/19 Ohio State	39.300
Vault (1)	
1/26 Minnesota	9.900
<b>Sabrina Garcia</b>	
Uneven Bars (2)	
1/12 Temple, Towson	9.900
1/19 Ohio State	9.950

## CAREER INDIVIDUAL EVENT TITLES

Gymnast	2019	Career
<b>Melissa Astarita</b>	<b>1</b>	<b>1</b>
Floor Exercise	1	1
<b>Alissa Bonsall</b>	-	<b>1</b>
Vault	-	1
<b>Lauren Bridgens</b>	<b>2</b>	<b>16</b>
Vault	1	4
Uneven Bars	-	6
Balance Beam	-	1
Floor Exercise	-	1
All Around	1	4
<b>Sabrina Garcia</b>	<b>2</b>	<b>20</b>
Vault	-	1
Uneven Bars	2	10
Balance Beam	-	2
Floor Exercise	-	5
All Around	-	2
<b>Mason Hosek</b>	-	<b>2</b>
Balance Beam	-	2
<b>Jessica Jones</b>	-	<b>3</b>
Balance Beam	-	1
Floor Exercise	-	1
All Around	-	1
<b>Gianna LaGuardia</b>	-	<b>3</b>
Vault	-	3
<b>Kristen Politz</b>	-	<b>1</b>
Floor Exercise	-	1

## TEAM TITLES

<b>Vault (0)</b>		
-	-	-
<b>Uneven Bars (2)</b>		
1/12 Temple, Towson		49.125
1/19 Ohio State		49.175
<b>Balance Beam (2)</b>		
1/5 Utah		49.000
1/12 Temple, Towson		48.825
<b>Floor Exercise (3)</b>		
1/12 Temple, Towson		49.025
1/19 Ohio State		49.000
1/26 Minnesota		49.275



# INDIVIDUAL SCHOOL RECORDS

## VAULT

1.	10.0	Brandi Personett	2/13/2010
		Brandi Personett	1/23/2010
		Katie Rowland	3/29/2003
		Katie Rowland	2/16/2003
5.	9.975	Emma Sibson	3/8/2014
		Sharaya Musser	3/7/2010
		Brandi Personett	2/2/2008
		Katie Rowland	3/8/2003
9.	9.950	Briannah Tsang	1/31/2015
		Krystal Welsh	1/31/2015
		Briannah Tsang	1/17/2015
		Emma Sibson	2/8/2014
		Madison Merriam	3/16/2013
		Madison Merriam	2/16/2013
		Sharaya Musser	3/17/2012
		Sharaya Musser	3/2/2012
		Sharaya Musser	1/15/2012
		Sharaya Musser	2/11/2011
		Sharaya Musser	3/20/2010
		Brandi Personett	4/10/2010
		Brandi Personett	2/20/2010
		Brandi Personett	2/13/2009
		Brandi Personett	1/30/2009
		Brandi Personett	3/29/2008
		Brandi Personett	3/31/2007
		Jennifer Orlando	2/25/2006
		Lisa Clark	2/13/2005
		Lisa Clark	4/3/2004
		Katie Rowland	4/12/003
		Katie Rowland	2/7/2003
		Katie Rowland	1/11/2003
		Katie Rowland	3/23/2002
		Katie Rowland	3/9/2002
		Katie Rowland	2/15/2002
		Katie Rowland	3/10/2001
		Gemma Cuff	3/2/2000
		Gemma Cuff	2/28/1998
		Joanna Knox	3/25/1995

## UNEVEN BARS

1.	10.0	Lauren Bridgens	3/9/2018
2.	9.975	Natalie Ettl	2/18/2011
		Katie Perret	3/16/2007
4.	9.950	<b>Sabrina Garcia</b>	<b>1/19/2019</b>
		Sabrina Garcia	1/21/2017
		Sabrina Garcia	1/7/2017
		Kiera Brown	3/19/2016
		Kiera Brown	1/9/2016
		Krystal Welsh	3/8/2015
		Madison Merriam	2/23/2013
		Natalie Ettl	2/6/2011
		Natalie Ettl	3/7/2010
		Natalie Ettl	2/6/2010
		Katie McAvoy	3/1/2003
		Katie McAvoy	2/2/2002
		Katie Rowland	3/16/2002
		Katie Rowland	2/17/2001
		María Taylor	2/23/2001
		Nikki Smith	3/13/1999

## BALANCE BEAM

1.	10.0	Katie Rowland	3/14/2003
		Nikki Smith	3/18/2000
		Missy Leopoldus	2/19/1999
		Missy Leopoldus	1/30/1999
5.	9.975	Nicole Medvitz	3/12/2016
		Meredith Hoover	2/25/2006
		Richelle Simpson	2/17/2001
		Maria Taylor	2/17/2001
		Nikki Smith	1/22/2000
10.	9.950	Sydney Sanabria-Robles	1/31/2015
		Briannah Tsang	1/24/2015
		Kassidy Stauder	3/8/2014
		Sharaya Musser	3/16/2013
		Sharaya Musser	2/11/2012
		Sharaya Musser	3/4/2011
		Brandi Personett	2/6/2010
		Kristal Uzelac	3/26/2005
		Katie Rowland	3/9/2002
		Nikki Smith	3/11/2000
		Nikki Smith	1/16/2000
		Missy Leopoldus	1999
		Missy Leopoldus	1/17/1998
		Nicole Malinak	2/28/1997

## FLOOR EXERCISE

1.	10.0	Ellen Casey	2/19/1999
2.	9.975	Katie Rowland	3/14/2003
		Gemma Cuff	2/23/2001
		Ellen Casey	1999
5.	9.950	Briannah Tsang	3/24/2018
		Briannah Tsang	2/24/2018
		Briannah Tsang	3/5/2017
		Emma Sibson	3/8/2015
		Sharaya Musser	3/17/2012
		Sharaya Musser	3/4/2011
		Sharaya Musser	2/18/2011
		Brandi Personett	3/27/2010
		Brandi Personett	3/20/2010
		Brandi Personett	2/20/2010
		Brandi Personett	3/21/2009
		Brandi Personett	3/8/2009
		Brandi Personett	3/1/2009
		Brandi Personett	3/1/2008
		Brandi Personett	2/24/2007
		Kate Stopper	2/6/2004
		Katie Rowland	4/12/2003
		Katie Rowland	3/1/2003
		Katie Rowland	2/16/2003
		Katie Rowland	2/1/2003
		Katie Rowland	3/16/2002
		Katie Rowland	2/23/2001
		Katie Rowland	2/3/2001
		Leslie Bair	2/23/2001
		Richelle Simpson	2/23/2001
		Heather Duggan	2/19/2000
		Missy Leopoldus	3/14/1998
		Ellen Casey	1999
		Ellen Casey	2/28/1998
		Ellen Casey	3/16/1997

## ALL-AROUND

1.	39.775	Katie Rowland	3/14/2003
2.	39.725	Sharaya Musser	3/4/2011
		Katie Rowland	3/9/2002
4.	39.700	Brandi Personett	2/20/2010
5.	39.675	Katie Rowland	2/16/2003
6.	39.650	Sharaya Musser	3/16/2013
		Sharaya Musser	3/17/2012
		Sharaya Musser	3/2/2012
		Katie Rowland	2/23/2001
		Katie Rowland	2/17/2001

**NOTES:** Listed alphabetically based on most recent performance.

# TEAM SCHOOL RECORDS

## VAULT

1.	49.550	at Illinois	1/31/2015
2.	49.500	Cornell, Iowa, Yale	1/23/2010
		at NCAA Regionals	4/3/2004
		at West Virginia w/ Rutgers	2/16/2003
5.	49.475	Kentucky	3/16/2013
		at West Virginia w/ Ball State	2/13/2005
7.	49.450	at N.H. w/Bridgeport, G. Wash.	3/8/2014
		Iowa State, Penn, SUNY-Brockport	2/28/2015
9.	49.425	Nebraska, Rutgers, Yale	2/10/2006
10.	49.400	at Pittsburgh	2/13/2010

## UNEVEN BARS

1.	49.500	Massachusetts	2/23/2001
2.	49.475	at BYU, TWU & Utah State	3/9/2018
3.	49.425	Nebraska	3/1/2003
4.	49.375	at Michigan State	2/4/2018
		at Maryland Quad	2/18/2011
		at Arizona w/ Kentucky, TWU	3/16/2007
		at Rhode Island	2/17/2001
8.	49.350	Michigan State	2/23/2013
		Maryland	3/17/2012
		at Big Ten Championships	3/27/2010
		Illinois	2/6/2010
		at Pittsburgh	3/18/2006
		at New Hampshire	3/6/2004
		New Hampshire	1/20/2001
		NCAA Regionals	4/10/1999
		Alabama	2/19/1999

## BALANCE BEAM

1.	49.650	at Rhode Island	2/17/2001
2.	49.550	Big Ten Championships	3/18/2000
3.	49.425	Central Michigan	1/24/2004
4.	49.375	Iowa, Mich., Minn., Rutgers	3/12/2016
		at N.H. w/Bridgeport, G. Wash.	3/8/2014
		at Pittsburgh	2/28/2004
		Pennsylvania Championships	2/28/1997
8.	49.350	Maryland, Michigan, Bridgeport	3/7/2010
		at Illinois	1/13/2001
10.	49.300	Kentucky	3/16/2013
		Massachusetts	2/23/2001
		Penn State Quad Meet	2/19/2017

## FLOOR EXERCISE

1.	49.725	Massachusetts	2/23/2001
2.	49.550	Pittsburgh	2/3/2001
3.	49.525	New Hampshire, Penn, Temple	3/9/2013
		Florida	1/30/1999
5.	49.500	Alabama	2/19/1999
6.	49.450	at Pittsburgh	3/11/2012
7.	49.425	NCAA Regionals	4/5/2014
		Big Ten Championships	3/22/2014
		at Big Ten Championships	3/21/2009
		Maryland	1/29/2005

## TEAM

1.	197.450	Massachusetts	2/23/2001
2.	197.325	Kentucky	3/16/2013
3.	197.200	at N.H. w/Bridgeport, G. Wash.	3/8/2014
4.	197.125	Iowa, Mich., Minn., Rutgers	3/12/2016
5.	197.075	Maryland, North Carolina State	3/4/2011
6.	197.025	Alabama	2/19/1999
		Michigan State	2/7/2015
8.	196.975	New Hampshire, Penn, Temple	3/9/2013
9.	196.875	Pittsburgh	2/3/2001
10.	196.825	at Arizona w/Kentucky, TWU	3/16/2007
11.	196.775	<b>Minnesota</b>	<b>1/26/2019</b>
		at Rhode Island	2/17/2001



## TOP INDIVIDUAL PERFORMERS

<b>Vault</b> (Rowland/Personett, 10.0)			<b>Balance Beam</b> (Leopoldus/Rowland/Smith, 10.0)			<b>All-Around</b> (Rowland, 39.775)		
Lauren Bridgens	9.900	1/26	Jessie Bastardi	9.900	1/26	Lauren Bridgens	39.525	1/26
Kourtney Chinnery	9.800	1/19	Lauren Bridgens	9.875	1/26	Sabrina Garcia	39.275	1/26
Sabrina Garcia	9.800	1/26	Mason Hosek	9.875	1/26			
Gianna LaGuardia	9.800	1/26	Tess McCracken	9.850	1/26			
Melissa Astarita	9.750	1/12	Sabrina Garcia	9.800	1/19			
Alissa Bonsall	9.750	1/26	Kristen Politz	9.775	1/5			
Jessie Bastardi	9.375	1/12	Ava Verdeflor	8.925	1/19			
<b>Uneven Bars</b> (Bridgens, 10.0)			<b>Floor Exercise</b> (Casey, 10.0)					
Sabrina Garcia	9.950	1/19	Melissa Astarita	9.900	1/12			
Lauren Bridgens	9.900	1/26	Sabrina Garcia	9.875	1/26			
Tess McCracken	9.900	1/19	Alissa Bonsall	9.850	1/26			
Alissa Bonsall	9.850	1/12	Lauren Bridgens	9.850	1/26			
Ava Verdeflor	9.850	1/26	Kourtney Chinnery	9.850	1/26			
Erynne Allen	9.775	1/26	Tess McCracken	9.775	1/26			
Kourtney Chinnery	9.750	1/5	Erynne Allen	9.675	1/19			

## TOP TEAM PERFORMANCES

<b>Vault</b> (2015, 49.550)			<b>Balance Beam</b> (2001, 49.650)			<b>Team Score</b> (2001, 197.450)		
Minnesota	49.025	1/26	Minnesota	49.225	1/26	Minnesota	196.775	1/26
Utah	48.625	1/5	Utah	49.000	1/5	Temple, Towson	195.150	1/12
Ohio State	48.550	1/19	Temple, Towson	48.825	1/12	Ohio State	194.850	1/19
Temple, Towson	48.175	1/12	Ohio State	48.125	1/19	Utah	194.450	1/5
<b>Uneven Bars</b> (2001, 49.500)			<b>Floor Exercise</b> (2001, 49.725)					
Minnesota	49.250	1/26	Minnesota	49.275	1/26			
Ohio State	49.175	1/19	Temple, Towson	49.025	1/12			
Temple, Towson	49.125	1/12	Ohio State	49.000	1/19			
Utah	48.950	1/5	Utah	47.875	1/5			

## SCHEDULE &amp; RESULTS

Date	Opponent	Time/Result	Record
JAN. 5	AT NO. 5 UTAH	L, 197.175-194.450	0-1, 0-0 B1G
JAN. 12	AT NO. 32 TOWSON, TEMPLE (LITTLE BOSTON INVITATIONAL)	1ST, 195.150	2-1, 0-0 B1G
<b>JAN. 19</b>	<b>NO. 17 OHIO STATE*</b>	<b>L, 196.075-194.850</b>	<b>2-2, 0-1 B1G</b>
<b>JAN. 26</b>	<b>NO. 22 MINNESOTA*</b>	<b>L, 196.925-196.775</b>	<b>2-3, 0-2 B1G</b>
FEB. 2	AT ILLINOIS*	2 P.M.	--
FEB. 9	AT RUTGERS*	7 P.M.	--
<b>FEB. 16</b>	<b>MICHIGAN*</b>	<b>4 P.M.</b>	--
<b>FEB. 22</b>	<b>BIG FIVE MEET*</b>	<b>7 P.M.</b>	--
<b>MAR. 2</b>	<b>ARIZONA STATE, CORNELL, YALE</b>	<b>4 P.M.</b>	--
MAR. 8	AT FLORIDA	6:45 P.M.	--
MAR. 17	AT WEST VIRGINIA, NC STATE, OHIO STATE	2 P.M.	--
<b>MAR. 23</b>	<b>BIG TEN CHAMPIONSHIPS</b>	<b>12 P.M./5 P.M.</b>	--
APR. 6	NCAA REGIONALS	--	--
APR. 19-20	NCAA CHAMPIONSHIPS	--	--

HOME MEETS IN BOLD CAPS      All Times Eastern      \* - Big Ten Regular Season Competition





# TEAM MEET BY MEET

Date - Opponent	Event Order	V	UB	BB	FX	TEAM
Jan. 5 - at No. 5 Utah	UB, V, FX, BB	48.625	48.950	49.000	47.875	194.450
Jan. 12 - vs. Towson, No. 32 Temple (Little Boston Invitational)	UB, BB, FX, V	48.175	49.125	48.825	49.025	195.150
Jan. 19 - No. 17 Ohio State*	V, UB, BB, FX	48.550	49.175	48.125	49.000	194.850
Jan. 26 - No. 22 Minnesota*	V, UB, BB, FX	49.025	49.250	49.225	49.275	196.775
Feb. 2 - at Illinois*						
Feb. 9 - at Rutgers*						
Feb. 16 - Michigan*						
Feb. 22 - Big Five Meet*						
Mar. 2 - Arizona State, Cornell, Yale						
Mar. 8 - at Florida						
Mar. 17 - at West Virginia, NC State, Ohio State						
Mar. 23 - Big Ten Championships						
Apr. 6 - NCAA Regionals						
Apr. 19-20 - NCAA Championships						

## SEASON HIGH IN BOLD

\* Indicates Big Ten Regular Season Meet

# TOP TEN PERFORMANCES

Vault (Rowland/Personett, 10.0)			Balance Beam (Leopoldus/Rowland/Smith, 10.0)			All-Around (Rowland, 39.775)		
Lauren Bridgens	9.900	1/26	Jessie Bastardi	9.900	1/26	Lauren Bridgens	39.525	1/26
Sabrina Garcia	9.800	1/26	Lauren Bridgens	9.875	1/26	Lauren Bridgens	39.300	1/19
Gianna LaGuardia	9.800	1/26	Mason Hosek	9.875	1/26	Sabrina Garcia	39.275	1/26
Kourtney Chinnery	9.800	1/19	Tess McCracken	9.850	1/26	Sabrina Garcia	39.225	1/19
Kourtney Chinnery	9.800	1/12	Mason Hosek	9.850	1/5	Lauren Bridgens	39.125	1/5
Kourtney Chinnery	9.775	1/26	Jessie Bastardi	9.825	1/5	Sabrina Garcia	39.000	1/12
Gianna LaGuardia	9.775	1/12	Tess McCracken	9.800	1/12	Sabrina Garcia	38.225	1/5
Kourtney Chinnery	9.775	1/5	Tess McCracken	9.800	1/5			
Alissa Bonsall	9.750	1/26	Jessie Bastardi	9.775	1/12			
Melissa Astarita	9.750	1/12	Sabrina Garcia	9.775	1/12			
			Mason Hosek	9.775	1/12			
			Kristen Politz	9.775	1/5			
Uneven Bars (Bridgens, 10.0)			Floor Exercise (Casey, 10.0)					
Sabrina Garcia	9.950	1/19	Melissa Astarita	9.900	1/12			
Lauren Bridgens	9.900	1/26	Sabrina Garcia	9.875	1/26			
Sabrina Garcia	9.900	1/26	Melissa Astarita	9.850	1/26			
Lauren Bridgens	9.900	1/19	Alissa Bonsall	9.850	1/26			
Sabrina Garcia	9.900	1/12	Lauren Bridgens	9.850	1/26			
Tess McCracken	9.900	1/19	Lauren Bridgens	9.850	1/26			
Lauren Bridgens	9.875	1/12	Kourtney Chinnery	9.850	1/26			
Ava Verdeflor	9.850	1/26	Sabrina Garcia	9.850	1/12			
Alissa Bonsall	9.850	1/12	Lauren Bridgens	9.825	1/19			
Lauren Bridgens	9.850	1/5	Kourtney Chinnery	9.825	1/12			
			Lauren Bridgens	9.825	1/5			
			Sabrina Garcia	9.825	1/5			



# GYMNAST MEET-BY-MEET

<b>Erynne Allen</b>	<b>Jr.</b>
<b>Uneven Bars</b>	<b>(9.775, 1/26/19)</b>
Utah (1/5)	9.675 (12)
Temple, Towson (1/12)	9.725 (8)
Ohio State (1/19)	9.625 (10)
Minnesota (1/26)	9.775 (10)

<b>Floor Exercise</b>	<b>(9.675, 1/19/19)</b>
Utah (1/5)	9.650^
Temple, Towson (1/12)	9.800^
Ohio State (1/19)	9.675 (10)

<b>Melissa Astarita</b>	<b>Fr.</b>
<b>Vault</b>	<b>(9.750, 1/12/19)</b>
Utah (1/5)	9.725 (8)
Temple, Towson (1/12)	9.750 (5)
Ohio State (1/19)	9.700 (9)
Minnesota (1/26)	9.675 (11)

<b>Floor Exercise</b>	<b>(9.900, 1/12/19)</b>
Utah (1/5)	9.650 (8)
Temple, Towson (1/12)	9.900 (1)
Ohio State (1/19)	9.850 (3)
Minnesota (1/26)	9.850 (4)

<b>Amber Autri</b>	<b>Sr.</b>
<b>Uneven Bars</b>	<b>(9.650^, 2/4/18)</b>

<b>Jessie Bastardi</b>	<b>R-Fr.</b>
<b>Vault</b>	<b>(9.375, 1/12/19)</b>
Utah (1/5)	9.475^
Temple, Towson (1/12)	9.375 (14)
Ohio State (1/19)	8.950^

<b>Uneven Bars</b>	<b>(9.775^, 1/26/19)</b>
Ohio State (1/19)	8.650^
Minnesota (1/26)	9.775^

<b>Balance Beam</b>	<b>(9.900, 1/26/19)</b>
Utah (1/5)	9.825 (5)
Temple, Towson (1/12)	9.775 (4)
Ohio State (1/19)	9.700 (8)
Minnesota (1/26)	9.900 (2)

<b>Alissa Bonsall</b>	<b>So.</b>
<b>All-Around</b>	<b>(38.750, 1/6/18)</b>

<b>Vault</b>	<b>(9.825, 3/4/18)</b>
Utah (1/5)	9.700 (10)
Temple, Towson (1/12)	9.075 (16)
Ohio State (1/19)	9.675 (10)
Minnesota (1/26)	9.750 (10)

<b>Uneven Bars</b>	<b>(9.900, 1/13/18)</b>
Utah (1/5)	9.800^
Temple, Towson (1/12)	9.850 (3)
Ohio State (1/19)	9.800 (7)
Minnesota (1/26)	9.725 (12)

<b>Balance Beam</b>	<b>(9.675, 1/5/19)</b>
Utah (1/5)	9.675^
Ohio State (1/19)	8.250^

<b>Floor Exercise</b>	<b>(9.850, 1/26/19)</b>
Utah (1/5)	9.350 (10)
Temple, Towson (1/12)	9.675 (10)
Ohio State (1/19)	9.725 (9)
Minnesota (1/26)	9.850 (4)

<b>Lauren Bridgens</b>	<b>So.</b>
<b>All-Around</b>	<b>(39.525, 1/26/19)</b>
Utah (1/5)	39.125 (3)
Ohio State (1/19)	39.300 (1)
Minnesota (1/26)	39.525 (2)

<b>Vault</b>	<b>(9.925, 3/4/18)</b>
Utah (1/5)	9.700 (10)
Ohio State (1/19)	9.725 (7)
Minnesota (1/26)	9.900 (1)

<b>Uneven Bars</b>	<b>(10.0, 3/9/18)</b>
Utah (1/5)	9.850 (3)
Temple, Towson (1/12)	9.875 (2)
Ohio State (1/19)	9.900 (2)
Minnesota (1/26)	9.900 (2)

<b>Balance Beam</b>	<b>(9.875, 1/26/19)</b>
Utah (1/5)	9.750 (8)
Temple, Towson (1/12)	9.700 (9)
Ohio State (1/19)	9.825 (4)
Minnesota (1/26)	9.875 (4)

<b>Floor Exercise</b>	<b>(9.850, 1/26/19)</b>
Utah (1/5)	9.825 (5)
Temple, Towson (1/12)	9.350 (14)
Ohio State (1/19)	9.850 (3)
Minnesota (1/26)	9.850 (4)

<b>Kourtney Chinnery</b>	<b>So.</b>
<b>Vault</b>	<b>(9.850, 1/13/18)</b>
Utah (1/5)	9.775 (7)
Temple, Towson (1/12)	9.800 (2)
Ohio State (1/19)	9.800 (2)
Minnesota (1/26)	9.775 (9)

<b>Uneven Bars</b>	<b>(9.750, 1/5/19)</b>
Utah (1/5)	9.750 (11)
Temple, Towson (1/12)	8.925^

<b>Balance Beam</b>	<b>(9.675, 1/26/19)</b>
Minnesota (1/26)	9.675^

<b>Floor Exercise</b>	<b>(9.850, 1/26/19)</b>
Utah (1/5)	9.225 (11)
Temple, Towson (1/12)	9.825 (4)
Ohio State (1/19)	9.750 (8)
Minnesota (1/26)	9.850 (4)

<b>Dymiana Cox</b>	<b>Fr.</b>
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<b>Sabrina Garcia</b>	<b>Sr.</b>
<b>All-Around</b>	<b>(39.400, 2/4/17)</b>
Utah (1/5)	38.225 (5)
Temple, Towson (1/12)	39.000 (3)
Ohio State (1/19)	39.225 (2)
Minnesota (1/26)	39.275 (3)

<b>Vault</b>	<b>(9.850, 2/4/17)</b>
Utah (1/5)	9.500 (12)
Temple, Towson (1/12)	9.475 (13)
Ohio State (1/19)	9.650 (11)
Minnesota (1/26)	9.800 (6)

<b>Uneven Bars</b>	<b>(9.950, 1/19/19)</b>
Utah (1/5)	9.800 (8)
Temple, Towson (1/12)	9.900 (1)
Ohio State (1/19)	9.950 (1)
Minnesota (1/26)	9.900 (2)

<b>Balance Beam</b>	<b>(9.925, 2/9/18)</b>
Utah (1/5)	9.100 (12)
Temple, Towson (1/12)	9.775 (4)
Ohio State (1/19)	9.800 (6)
Minnesota (1/26)	9.700 (11)

<b>Floor Exercise</b>	<b>(9.900, 3/12/16)</b>
Utah (1/5)	9.825 (5)
Temple, Towson (1/12)	9.850 (2)
Ohio State (1/19)	9.825 (6)
Minnesota (1/26)	9.875 (3)

<b>Mason Hosek</b>	<b>Sr.</b>
<b>Vault</b>	<b>(9.800, 3/4/16)</b>

<b>Balance Beam</b>	<b>(9.900, 2/13/16)</b>
Utah (1/5)	9.850 (2)
Temple, Towson (1/12)	9.775 (4)
Ohio State (1/19)	9.350 (10)
Minnesota (1/26)	9.875 (4)

<b>Floor Exercise</b>	<b>(9.850, 3/12/16)</b>
Ohio State (1/19)	9.525^
Minnesota (1/26)	9.825^

<b>Donna Howell</b>	<b>Fr.</b>
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<b>Jessica Jones</b>	<b>Sr.</b>
<b>All-Around</b>	<b>(39.175, 3/4/16)</b>

<b>Vault</b>	<b>(9.825, 3/4/16)</b>
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<b>Uneven Bars</b>	<b>(9.850, 1/29/16)</b>
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<b>Balance Beam</b>	<b>(9.875, 3/4/16)</b>
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<b>Floor Exercise</b>	<b>(9.850, 1/9/16)</b>
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<b>Gianna LaGuardia</b>	<b>Sr.</b>
<b>Vault</b>	<b>(9.875, 2/9/18)</b>
Utah (1/5)	9.725 (8)
Temple, Towson (1/12)	9.775 (3)
Ohio State (1/19)	9.500 (12)
Minnesota (1/26)	9.800 (6)

<b>Uneven Bars</b>	<b>(9.825, 2/11/17)</b>
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<b>Tess McCracken</b>	<b>Jr.</b>
<b>Uneven Bars</b>	<b>(9.900, 1/19/19)</b>
Utah (1/5)	9.775 (9)
Temple, Towson (1/12)	9.775 (5)
Ohio State (1/19)	9.900 (2)
Minnesota (1/26)	9.825 (8)

<b>Balance Beam</b>	<b>(9.850, 1/26/19)</b>
Utah (1/5)	9.800 (6)
Temple, Towson (1/12)	9.800 (3)
Ohio State (1/19)	9.450 (9)
Minnesota (1/26)	9.850 (7)

<b>Floor Exercise</b>	<b>(9.775, 1/26/19)</b>
Utah (1/5)	8.450 (12)
Temple, Towson (1/12)	9.775 (8)
Minnesota (1/26)	9.775 (9)

<b>Kristen Politz</b>	<b>Jr.</b>
<b>All-Around</b>	<b>(39.050, 1/15/17)</b>

<b>Vault</b>	<b>(9.850, 2/4/17)</b>
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<b>Uneven Bars</b>	<b>(9.925, 3/9/18)</b>
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<b>Balance Beam</b>	<b>(9.850, 3/4/18)</b>
Utah (1/5)	9.775 (7)
Temple, Towson (1/12)	9.650 (11)
Minnesota (1/26)	9.725 (10)

<b>Floor Exercise</b>	<b>(9.825, 1/21/17)</b>
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<b>Ava Verdeflor</b>	<b>So.</b>
<b>Uneven Bars</b>	<b>(9.850, 1/26/19)</b>
Utah (1/5)	9.775 (9)
Temple, Towson (1/12)	9.675 (10)
Ohio State (1/19)	8.700 (12)
Minnesota (1/26)	9.850 (5)

<b>Balance Beam</b>	<b>(9.800, 3/9/18)</b>
Temple, Towson (1/12)	9.650^
Ohio State (1/19)	8.925 (12)

<b>KEY</b>	
<b>Event</b>	<b>(Career Best, Date)</b>
Meet (Date)	Score (Place)



## GYMNAST TOP PERFORMANCES

<b>Erynne Allen</b>	<b>Jr.</b>	<b>Uneven Bars</b>	<b>(10.0, 3/9/18)</b>	<b>Floor Exercise</b>	<b>(9.850, 3/12/16)</b>
Minnesota (1/26)	9.775 (10)	Minnesota (1/26)	9.900 (2)	Minnesota (1/26)	9.825 <sup>^</sup>
Temple, Towson (1/12)	9.725 (8)	Ohio State (1/19)	9.900 (2)	Ohio State (1/19)	9.525 <sup>^</sup>
Utah (1/5)	9.675 (12)	Temple, Towson (1/12)	9.875 (2)		
Ohio State (1/19)	9.625 (10)	Utah (1/5)	9.850 (3)	<b>Donna Howell</b>	<b>Fr.</b>
<b>Floor Exercise</b>	<b>(9.675, 1/19/19)</b>	<b>Balance Beam</b>	<b>(9.875, 1/26/19)</b>	<b>Jessica Jones</b>	<b>Sr.</b>
Ohio State (1/19)	9.675 (10)	Minnesota (1/26)	9.875 (4)	<b>All-Around</b>	<b>(39.175, 3/4/16)</b>
Temple, Towson (1/12)	9.800 <sup>^</sup>	Ohio State (1/19)	9.825 (4)	<b>Vault</b>	<b>(9.825, 3/4/16)</b>
Utah (1/5)	9.650 <sup>^</sup>	Utah (1/5)	9.750 (8)	<b>Uneven Bars</b>	<b>(9.850, 1/29/16)</b>
		Temple, Towson (1/12)	9.700 (9)	<b>Balance Beam</b>	<b>(9.875, 3/4/16)</b>
<b>Melissa Astarita</b>	<b>Fr.</b>	<b>Floor Exercise</b>	<b>(9.850, 1/26/19)</b>	<b>Floor Exercise</b>	<b>(9.850, 1/9/16)</b>
<b>Vault</b>	<b>(9.750, 1/12/19)</b>	Minnesota (1/26)	9.850 (4)	<b>Gianna LaGuardia</b>	<b>Sr.</b>
Temple, Towson (1/12)	9.750 (5)	Ohio State (1/19)	9.850 (3)	<b>Vault</b>	<b>(9.875, 2/9/18)</b>
Utah (1/5)	9.725 (8)	Temple, Towson (1/12)	9.825 (5)	Minnesota (1/26)	9.800 (6)
Ohio State (1/19)	9.700 (9)	Temple, Towson (1/12)	9.350 (14)	Temple, Towson (1/12)	9.775 (3)
Minnesota (1/26)	9.675 (11)	<b>Kourtney Chinnery</b>	<b>So.</b>	Utah (1/5)	9.725 (8)
<b>Floor Exercise</b>	<b>(9.900, 1/12/19)</b>	<b>Vault</b>	<b>(9.850, 1/13/18)</b>	Ohio State (1/19)	9.500 (12)
Temple, Towson (1/12)	9.900 (1)	Ohio State (1/19)	9.800 (2)	<b>Uneven Bars</b>	<b>(9.825, 2/11/17)</b>
Minnesota (1/26)	9.850 (4)	Temple, Towson (1/12)	9.800 (2)	<b>Tess McCracken</b>	<b>Jr.</b>
Ohio State (1/19)	9.850 (3)	Minnesota (1/26)	9.775 (9)	<b>Uneven Bars</b>	<b>(9.900, 1/19/19)</b>
Utah (1/5)	9.650 (8)	Utah (1/5)	9.775 (7)	Ohio State (1/19)	9.900 (2)
<b>Amber Autri</b>	<b>Sr.</b>	<b>Uneven Bars</b>	<b>(9.750, 1/5/19)</b>	Minnesota (1/26)	9.825 (8)
<b>Uneven Bars</b>	<b>(9.650<sup>^</sup>, 2/4/18)</b>	Utah (1/5)	9.750 (11)	Temple, Towson (1/12)	9.775 (5)
<b>Jessie Bastardi</b>	<b>R-Fr.</b>	Temple, Towson (1/12)	8.925 <sup>^</sup>	Utah (1/5)	9.775 (9)
<b>Vault</b>	<b>(9.375, 1/12/19)</b>	<b>Balance Beam</b>	<b>(9.675, 1/26/19)</b>	<b>Balance Beam</b>	<b>(9.850, 1/26/19)</b>
Temple, Towson (1/12)	9.375 (14)	Minnesota (1/26)	9.675 <sup>^</sup>	Minnesota (1/26)	9.850 (7)
Utah (1/5)	9.475 <sup>^</sup>	<b>Floor Exercise</b>	<b>(9.850, 1/26/19)</b>	Temple, Towson (1/12)	9.800 (3)
Ohio State (1/19)	8.950 <sup>^</sup>	Minnesota (1/26)	9.850 (4)	Utah (1/5)	9.800 (6)
<b>Uneven Bars</b>	<b>(9.775<sup>^</sup>, 1/26/19)</b>	Temple, Towson (1/12)	9.825 (4)	Ohio State (1/19)	9.450 (9)
Minnesota (1/26)	9.775 <sup>^</sup>	Ohio State (1/19)	9.750 (8)	<b>Floor Exercise</b>	<b>(9.775, 1/26/19)</b>
Ohio State (1/19)	8.650 <sup>^</sup>	Utah (1/5)	9.225 (11)	Minnesota (1/26)	9.775 (9)
<b>Balance Beam</b>	<b>(9.900, 1/26/19)</b>	<b>Dymiana Cox</b>	<b>Fr.</b>	Temple, Towson (1/12)	9.775 (8)
Minnesota (1/26)	9.900 (2)	<b>Sabrina Garcia</b>	<b>Sr.</b>	Utah (1/5)	8.450 (12)
Utah (1/5)	9.825 (5)	<b>All-Around</b>	<b>(39.400, 2/4/17)</b>	<b>Kristen Politz</b>	<b>Jr.</b>
Temple, Towson (1/12)	9.775 (4)	Minnesota (1/26)	39.275 (3)	<b>All-Around</b>	<b>(39.050, 1/15/17)</b>
Ohio State (1/19)	9.700 (8)	Ohio State (1/19)	39.225 (2)	<b>Vault</b>	<b>(9.850, 2/4/17)</b>
<b>Alissa Bonsall</b>	<b>So.</b>	Utah (1/5)	38.225 (5)	<b>Uneven Bars</b>	<b>(9.925, 3/9/18)</b>
<b>All-Around</b>	<b>(38.750, 1/6/18)</b>	Temple, Towson (1/12)	39.000 (3)	<b>Balance Beam</b>	<b>(9.850, 3/4/18)</b>
<b>Vault</b>	<b>(9.825, 3/4/18)</b>	<b>Vault</b>	<b>(9.850, 2/4/17)</b>	Utah (1/5)	9.775 (7)
Minnesota (1/26)	9.750 (10)	Minnesota (1/26)	9.800 (6)	Minnesota (1/26)	9.725 (10)
Utah (1/5)	9.700 (10)	Ohio State (1/19)	9.650 (11)	Temple, Towson (1/12)	9.650 (11)
Ohio State (1/19)	9.675 (10)	Utah (1/5)	9.500 (12)	<b>Floor Exercise</b>	<b>(9.825, 1/21/17)</b>
Temple, Towson (1/12)	9.075 (16)	Temple, Towson (1/12)	9.475 (13)	<b>Ava Verdeflor</b>	<b>So.</b>
<b>Uneven Bars</b>	<b>(9.900, 1/13/18)</b>	<b>Uneven Bars</b>	<b>(9.950, 1/19/19)</b>	<b>Uneven Bars</b>	<b>(9.850, 1/26/19)</b>
Temple, Towson (1/12)	9.850 (3)	Ohio State (1/19)	9.950 (1)	Minnesota (1/26)	9.850 (5)
Ohio State (1/19)	9.800 (7)	Minnesota (1/26)	9.900 (2)	Utah (1/5)	9.775 (9)
Minnesota (1/26)	9.725 (12)	Temple, Towson (1/12)	9.900 (1)	Temple, Towson (1/12)	9.675 (10)
Utah (1/5)	9.800 <sup>^</sup>	Utah (1/5)	9.800 (8)	Ohio State (1/19)	8.700 (12)
<b>Balance Beam</b>	<b>(9.675, 1/5/19)</b>	<b>Balance Beam</b>	<b>(9.925, 2/9/18)</b>	<b>Balance Beam</b>	<b>(9.800, 3/9/18)</b>
Utah (1/5)	9.675 <sup>^</sup>	Ohio State (1/19)	9.800 (6)	Temple, Towson (1/12)	9.650 <sup>^</sup>
Ohio State (1/19)	8.250 <sup>^</sup>	Temple, Towson (1/12)	9.775 (4)	Ohio State (1/19)	8.925 (12)
<b>Floor Exercise</b>	<b>(9.850, 1/26/19)</b>	Minnesota (1/26)	9.700 (11)		
Minnesota (1/26)	9.850 (4)	Utah (1/5)	9.100 (12)		
Ohio State (1/19)	9.725 (9)	<b>Floor Exercise</b>	<b>(9.900, 3/12/16)</b>		
Temple, Towson (1/12)	9.675 (10)	Minnesota (1/26)	9.875 (3)		
Utah (1/5)	9.350 (10)	Temple, Towson (1/12)	9.850 (2)		
<b>Lauren Bridgens</b>	<b>So.</b>	Ohio State (1/19)	9.825 (6)		
<b>All-Around</b>	<b>(39.525, 1/26/19)</b>	Utah (1/5)	9.825 (5)		
Minnesota (1/26)	39.525 (2)	<b>Mason Hosek</b>	<b>Sr.</b>		
Ohio State (1/19)	39.300 (1)	<b>Vault</b>	<b>(9.800, 3/4/16)</b>		
Utah (1/5)	39.125 (3)	<b>Balance Beam</b>	<b>(9.900, 2/13/16)</b>		
<b>Vault</b>	<b>(9.925, 3/4/18)</b>	Minnesota (1/26)	9.875 (4)		
Minnesota (1/26)	9.900 (1)	Utah (1/5)	9.850 (2)		
Ohio State (1/19)	9.725 (7)	Temple, Towson (1/12)	9.775 (4)		
Utah (1/5)	9.700 (10)	Ohio State (1/19)	9.350 (10)		

**KEY**  
**Event** (Career Best, Date)  
 Meet (Date) Score (Place)



# 2019 MEET RESULTS

<p><b>Utah</b> Jan. 5, 2019 Jon M. Huntsman Center Attendance: 13,193</p> <p>No. 5 Utah <b>No. 27 Penn State 194,450</b></p> <p>197,175</p> <p><b>VAULT 48,625</b> Bonsall 9,700 Garcia 9,500 Astarita 9,725 Chinnery 9,775 LaGuardia 9,725 Bridgens 9,700</p> <p><b>UNEVEN BARS 48,950</b> Verdeflor 9,775 McCracken 9,775 Chinnery 9,750 Bridgens 9,850 Allen 9,675 Garcia 9,800</p> <p><b>BALANCE BEAM 49,000</b> Garcia 9,100 Politz 9,775 Bastardi 9,825 McCracken 9,800 Bridgens 9,750 Hosek 9,850</p> <p><b>FLOOR EXERCISE 47,875</b> McCracken 8,450 Bonsall 9,350 Chinnery 9,225 Astarita 9,650 Bridgens 9,825 Garcia 9,825</p> <p>Rotation order: UB, V, FX, BB</p> <p><b>ALL-AROUND 39,125</b> Bridgens 38,225 Garcia</p>	<p><b>Temple, Towson</b> Jan. 12, 2019 John B. Hynes Center Attendance: N/A</p> <p>No. 20 Penn State <b>No. 32 Temple 194,700</b> Towson 190,125</p> <p>195,150</p> <p><b>VAULT 48,175</b> Bonsall 9,075 Garcia 9,475 Astarita 9,475 Chinnery 9,750 LaGuardia 9,800 Bastardi 9,775</p> <p><b>UNEVEN BARS 49,125</b> Allen 9,125 Verdeflor 9,725 McCracken 9,675 Bridgens 9,775 Bonsall 9,875 Garcia 9,850</p> <p><b>BALANCE BEAM 48,825</b> Garcia 9,775 Politz 9,650 Bastardi 9,775 McCracken 9,800 Bridgens 9,700 Hosek 9,775</p> <p><b>FLOOR EXERCISE 49,025</b> McCCracken 9,775 Bonsall 9,675 Chinnery 9,825 Astarita 9,900 Bridgens 9,350 Garcia 9,850</p> <p>Rotation order: UB, BB, FX, V</p> <p><b>ALL-AROUND 39,000</b> Garcia</p>	<p><b>Ohio State</b> Jan. 19, 2019 Rec Hall Attendance: 925</p> <p>No. 17 Ohio State <b>No. 27 Penn State 194,850</b></p> <p>196,075</p> <p><b>VAULT 48,550</b> Bonsall 9,675 Garcia 9,650 Astarita 9,700 Chinnery 9,800 LaGuardia 9,500 Bridgens 9,725</p> <p><b>UNEVEN BARS 49,175</b> Allen 9,625 Verdeflor 8,700 McCracken 9,900 Bridgens 9,900 Bonsall 9,800 Garcia 9,950</p> <p><b>BALANCE BEAM 48,125</b> Garcia 9,800 Politz 8,925 Bastardi 9,700 McCCracken 9,450 Bridgens 9,825 Hosek 9,350</p> <p><b>FLOOR EXERCISE 49,000</b> Allen 9,675 Bonsall 9,725 Chinnery 9,750 Astarita 9,850 Bridgens 9,850 Garcia 9,825</p> <p>Rotation order: V, UB, BB, FX</p> <p><b>ALL-AROUND 39,300</b> Bridgens 39,225 Garcia</p>	<p><b>Minnesota</b> Jan. 26, 2019 Rec Hall Attendance: 1905</p> <p>No. 22 Minnesota <b>No. 25 Penn State 196,775</b></p> <p>196,925</p> <p><b>VAULT 49,025</b> Astarita 9,675 Garcia 9,800 Bonsall 9,750 Chinnery 9,775 LaGuardia 9,800 Bridgens 9,900</p> <p><b>UNEVEN BARS 49,250</b> Allen 9,775 Verdeflor 9,850 McCCracken 9,825 Bridgens 9,900 Bonsall 9,725 Garcia 9,900</p> <p><b>BALANCE BEAM 49,225</b> Garcia 9,700 Politz 9,725 Bastardi 9,900 McCCracken 9,850 Bridgens 9,875 Hosek 9,875</p> <p><b>FLOOR EXERCISE 49,275</b> McCCracken 9,775 Bonsall 9,850 Chinnery 9,850 Astarita 9,850 Bridgens 9,850 Garcia 9,875</p> <p>Rotation order: V, UB, BB, FX</p> <p><b>ALL-AROUND 39,525</b> Bridgens 39,275 Garcia</p>			
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# TV/MEDIA ROSTER



**Erynne Allen**  
Jr. • 5-3 • All-Around  
*Douglasville, Ga.*



**Melissa Astarita**  
Fr. • 5-2 • All-Around  
*Morganville, N.J.*



**Amber Autry**  
Sr. • 5-7 • All-Around  
*Rochester, Mich.*



**Jessie Bastardi**  
R-Fr. • 5-1 • All-Around  
*State College, Pa.*



**Alissa Bonsall**  
So. • 5-1 • All-Around  
*Higganum, Conn.*



**Lauren Bridgens**  
So. • 5-4 • All-Around  
*Darnestown, Md.*



**Kourtney Chinnery**  
So. • 5-2 • All-Around  
*Suffolk, Va.*



**Dymiana Cox**  
Fr. • 5-1 • All-Around  
*Elmont, N.Y.*



**Sabrina Garcia**  
Sr. • 5-2 • All-Around  
*Etters, Pa.*



**Mason Hosek**  
Sr. • 5-3 • V, BB, FX  
*Pearland, Texas*



**Donna Howell**  
Fr. • 5-5 • All-Around  
*New Milford, Pa.*



**Jessica Jones**  
Sr. • 5-0 • All-Around  
*Canfield, Ohio*



**Gianna LaGuardia**  
Sr. • 5-3 • All-Around  
*Thornton, Colo.*



**Tess McCracken**  
Jr. • 5-4 • UB, BB, FX  
*Plano, Texas*



**Kristen Politz**  
Jr. • 5-5 • All-Around  
*Morganville, N.J.*



**Ava Verdeflor**  
So. • 5-3 • All-Around  
*Allen, Texas*



**Sarah Brown**  
Head Coach  
*Second Season*



**Rob Drass**  
Assistant Coach  
*Second Season*



**Dallas Becerra**  
Assistant Coach  
*Second Season*



**Quest Hayden**  
Volunteer Assistant  
*First Season*

