



# 2019 PENN STATE WOMEN'S GYMNASTICS

17 NCAA CHAMPIONSHIP TEAM APPEARANCES

29 ALL-AMERICANS ON 96 OCCASIONS

Since 1974

## PENN STATE NITTANY LIONS

2-1, 0-0 Big Ten

DATE OPPONENT RESULT/TIME

### January

5	at No. 5 Utah	L, 197.175-194.450
12	vs. No. 32 Temple, Towson^	1st, 195.150
<b>19</b>	<b>No. 17 OHIO STATE* (BTN)</b>	<b>3:30 p.m.</b>
<b>26</b>	<b>No. 25 MINNESOTA* (DD)</b>	<b>4 p.m.</b>

### February

2	at No. 36 Illinois*	2 p.m.
9	at No. 37 Rutgers* (BTN2Go)	7 p.m.
<b>16</b>	<b>No. 9 MICHIGAN*</b>	<b>4 p.m.</b>
22	Big Five Meet* !	7 p.m.

### March

<b>2</b>	<b>No. 19 ARIZONA STATE, CORNELL, No. 39 YALE</b>	<b>4 p.m.</b>
8	at No. 3 Florida	6:45 p.m.
17	at No. 26 West Virginia, No. 32 NC State, No. 17 Ohio State	2 p.m.
<b>23</b>	<b>BIG TEN CHAMPIONSHIPS</b>	<b>12 p.m./5 p.m.</b>

### April

<b>6</b>	<b>NCAA REGIONAL CHAMPIONSHIPS</b>	<b>TBA</b>
19-20 NCAA Championships &		TBA

\* - Big Ten Opponent

^ - Little Boston Invitational - Boston, Mass.

! - Toledo, Ohio

& - Fort Worth, Texas

(DD) - Double Dual w/ Penn State men's team

(BTN) - Meet Televised on the Big Ten Network

All Times Eastern

HOME MEETS IN BOLD CAPS

## NO. 27 PENN STATE HOSTS NO. 17 OHIO STATE FOR HOME OPENER

The No. 27 Penn State women's gymnastics team returns to Rec Hall on Saturday to welcome No. 17 Ohio State for its home and Big Ten opener.

Last weekend, the Nittany Lions captured a first-place finish at the Little Boston Invitational, tallying a 195.150. PSU defeated No. 32 Temple (194.700) and Towson (190.225). Penn State won three of four events, capturing bars, beam and floor titles.

Against Temple & Towson, senior Sabrina Garcia won on bars with a 9.900, her first event win of the season. She also placed second on floor with a 9.850 and fourth on beam with a 9.775.

Freshman Melissa Astarita earned her first career event win, claiming the floor title with a 9.900. She finished fifth on vault with a 9.750.

Ohio State is 1-1 this season. The Buckeyes earned a 196.025-194.550 win over No. 25 NC State last weekend.

The Buckeyes swept all four events, led by senior Jamie Stone who won all-around.

### 2019 SEASON HIGHS

<b>Vault</b>	<b>(Rowland/Personett, 10.0)</b>	
Kourtney Chinnery	9.800	1/12
Gianna LaGuardia	9.775	1/12
Melissa Astarita	9.750	1/12
<b>Uneven Bars</b>	<b>(Bridgens, 10.0)</b>	
Sabrina Garcia	9.900	1/12
Lauren Bridgens	9.875	1/12
Allissa Bonsall	9.850	1/12
<b>Balance Beam</b>	<b>(Leopoldus/Rowland/Smith, 10.0)</b>	
Mason Hosek	9.850	1/5
Jessie Bastardi	9.825	1/5
Tess McCracken	9.800	1/12
<b>Floor Exercise</b>	<b>(Casey, 10.0)</b>	
Melissa Astarita	9.900	1/12
Sabrina Garcia	9.850	1/12
Kourtney Chinnery	9.825	1/12
Lauren Bridgens	9.825	1/5
<b>All-Around</b>	<b>(Rowland, 39.775)</b>	
Lauren Bridgens	39.125	1/5
Sabrina Garcia	39.000	1/12

### 2019 TEAM SEASON HIGHS

<b>Vault</b>	<b>(2015, 49.550)</b>	
Utah	48.625	1/5
Temple, Towson	48.175	1/12
<b>Uneven Bars</b>	<b>(2001, 49.500)</b>	
Temple, Towson	49.125	1/12
Utah	48.950	1/5
<b>Balance Beam</b>	<b>(2001, 49.650)</b>	
Utah	49.000	1/5
Temple, Towson	48.825	1/12
<b>Floor Exercise</b>	<b>(2001, 49.725)</b>	
Temple, Towson	49.025	1/12
Utah	47.875	1/5
<b>Team Score</b>	<b>(2001, 197.450)</b>	
Temple, Towson	195.150	1/12
Utah	194.450	1/5

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# HEAD COACH SARAH BROWN



Sarah Brown begins her second year as the head coach of the Penn State women's gymnastics team in 2018. Brown was named the eighth head coach of the Penn State women's gymnastics program on May 4, 2017. A two-time Big 12 Conference Gymnast of the Year, Brown came to Happy Valley after serving as the head coach at Eastern Michigan University.

In her first season at Penn State, Brown led the Nittany Lions to an 11-8 meet record, including three wins over ranked opponents. The Nittany Lions made an appearance in the NCAA Regionals and finished the season with a No. 32 national ranking.

Two Penn State gymnasts earned All-America honors with freshman Lauren Bridgens and senior Briannah Tsang claiming those accolades. Tsang was the Big Ten Gymnast of the Year, the eighth in program history, after winning the individual Floor Exercise title at the Big Ten Championships. Bridgens and Tsang were First Team All-Big Ten selections, while junior Sabrina Garcia was a Second Team honoree. Bridgens competed in the All-Around at the NCAA Championships.

On March 4, 2018, Bridgens set a Nittany Lion record with a perfect 10 on the Uneven Bars. Tsang earned two Top Five scores in program history on the Floor Exercise.

During her lone season as the head coach of the Eastern Michigan women's gymnastics team in 2017, Brown led the Eagles to the Mid-American Conference (MAC) regular season title, the MAC Championship, an appearance at the NCAA Regionals and a final national ranking of No. 27.

At the 2017 MAC Gymnastics Championships, Eastern Michigan tallied its second-best score in program history (196.500), recorded a school record on the uneven bars (49.300), and three gymnasts tied for the uneven bars title.

During the 2016-17 season, a total of 10 Eastern Michigan gymnasts were named Academic All-MAC and five were selected MAC Distinguished Scholars. Four of the Eagles' MAC Distinguished scholars owned a grade-point average of 3.85 or higher. During the 2016 fall semester, Brown's squad earned a combined 3.49 grade-point average and a 3.69 GPA in the spring of 2017.

#### Career Honors

- Midwest Independent Assistant Coach of the Year (2014)

#### Brown's Record

- Penn State: 13-9 (*Second Season*)
- Career: 24-13 (*Three Seasons*)

#### Under Brown

- 2 NACGC/W All-Americans
- 3 All-Big Ten Selections
- 1 B1G Individual Event Champions

Brown served for one season as a volunteer assistant coach at the University of Michigan during the 2015-16 school year, helping the Wolverines win the 2016 Big Ten Championship. She assisted on all four events and helped with development of daily practice plans. Her role with the Wolverines also included assisting with community service, recruiting and team travel.

Before joining the Michigan coaching staff, Brown was an assistant women's gymnastics coach at Southeast Missouri State University for three seasons, where she was selected the Midwest Independent Conference Assistant Coach of the Year in 2014.

Brown was the head beam coach and beam/floor choreographer and helped develop three MIC individual champions in 2014, two MIC Freshman of the Year selections and four NCAA regional all-around competitors.

She also was the director of operations for the University of Missouri women's gymnastics program for one year before starting her collegiate coaching career.

Brown began her collegiate gymnastics career at the University of Utah for one season before completing her collegiate career at the University of Missouri. A four-time All-American at Mizzou, she was the Tigers' Female Athlete of the Year in 2009 and 2010 and earned the Director of Athletics Leadership Award in 2010.

Brown brings numerous achievements from her time as a student-athlete to Penn State. Along with her All-America plaudits, Brown was selected the Big 12 Conference Gymnast of the Year in 2009 and 2010, was named to the All-Big 12 Championship Team nine times and was a nominee for the 2010 Honda Broderick Cup award.

A 2015 Missouri Athletics Hall of Fame inductee, Brown was named the 2008 Big 12 Newcomer of the Year and earned South Central Regional Gymnast of the Year honors twice (2009-10).

While she was at Utah, Brown was a member of the team that finished second at the NCAA Women's Gymnastics Championships in 2007.

Prior to her collegiate gymnastics career, she was a four-time member of the USA National Team (2002-05).

A two-time graduate of the University of Missouri, Brown earned a bachelor's degree in interdisciplinary studies with an emphasis in communication and business in 2010 and a master's of education in counseling psychology with an emphasis in sport psychology in 2012.

A native of Columbia, Missouri, the former Sarah Shire is married to Antonio Brown. Sarah and Antonio welcomed a son, Isaiah, to the family on August 9, 2017.



## NEWS &amp; NOTES

NATIONAL POLL  
(ROADNATIONALS)

## SCOUTING THE BUCKEYES

No. 17 Ohio State enters the meet with a 1-1 record after a win over No. 25 NC State last weekend. The Buckeyes earned a 196.025-194.550 after falling 196.600-194.900 to No. 7 Georgia the previous week.

Against Georgia, the Buckeyes won all four events, posting scores of 48.925 on vault, 49.200 on bars, 48.925 on beam and 48.975 on floor.

Senior Jamie Stone won the all-around with a 39.200. Stone led OSU on floor with a 9.875 and tied for the lead on vault with a 9.825.

Jenna Swartentruber led the Buckeyes with a 9.875 on bars, while Morgan Lowe paced OSU with a 9.850 on beam.

## LITTLE BOSTON INVITATIONAL RECAP

Last weekend, the Nittany Lions captured a first-place finish (195.150), at the Little Boston Invitational, defeating No. 32 Temple (194.700) and Towson (190.225). Penn State won three of four events, capturing bars, beam and floor titles.

Against Temple & Towson, senior Sabrina Garcia won on bars with a 9.900, her first event win of the season. She also placed second on floor with a 9.850 and fourth on beam with a 9.775.

Freshman Melissa Astarita earned her first career event win, claiming the floor title with a 9.900. She finished fifth on vault with a 9.750.

Junior Tess McCracken led the Nittany Lions on beam with a 9.800, while sophomore Kourtney Chinnery paced PSU with a 9.800 on vault.

## BALANCED EFFORT

Penn State has achieved a 49.000 or higher in three events so far this season.

Last weekend, the Nittany Lions had a 49.125 on bars and 49.025 on floor. At Utah, Penn State had a 49.000 on beam.

The Nittany Lions also have a different high-scoring athlete for each event.

Sophomore Kourtney Chinnery has the team's top vault (9.800), while senior Sabrina Garcia owns the team's top bars performance (9.900).

Senior Mason Hosek has the team's top beam effort (9.850) and freshman Melissa Astarita has the team's top floor score (9.900).

Sophomore Lauren Bridgens has the top all-around score with a 39.125.

## NATIONALLY RANKED NITS

As a team, Penn State currently ranks 14th in the nation on bars, with a 49.038 average, and 18th on beam, with a 48.913 average.

Sophomore Lauren Bridgens is tied for 30th in the nation in all-around (39.125) and tied for 31st on bars, averaging 9.863, good for sixth in the Big Ten.

Senior Sabrina Garcia and sophomore Alissa Bonsall are tied for 42nd in the country on bars, averaging 9.850, while Garcia is also 56th in the country and third in the league on floor (9.838).

On beam, Mason Hosek is tied for 62nd in the nation and sixth in the Big Ten (9.813), while Jessie Bastardi and Tess McCracken are tied for 72nd nationally and ninth in the conference (9.800).

	Team	Avg.	Hlgh
1	Oklahoma	197.938	198.050
2	UCLA	197.475	197.700
3	Florida	197.300	197.300
4	Utah	197.213	197.250
5	LSU	196.525	196.775
6	BYU	196.475	196.475
7	Boise State	196.400	196.400
8	Denver	196.275	196.275
9	Michigan	196.038	196.050
10	Missouri	195.950	196.450
10	Georgia	195.950	196.600
12	California	195.863	196.075
13	Auburn	195.763	196.700
14	Arkansas	195.688	195.800
15	Nebraska	195.625	195.700
16	Kentucky	195.538	195.975
17	Ohio State	195.643	196.025
17	Alabama	195.463	196.175
19	Arizona State	195.338	195.675
20	Washington	195.250	195.250
21	Oregon State	195.225	195.225
22	Western Michigan	195.075	195.075
22	Central Michigan	195.075	195.275
24	Stanford	194.913	195.175
25	Minnesota	194.875	195.600
26	West Virginia	194.825	195.500
27	Penn State	194.800	195.150
28	Pittsburgh	194.750	194.750
29	Arizona	194.738	194.750
30	Utah State	194.600	194.600
31	UC Davis	194.538	194.950
32	NC State	194.338	194.925
33	Iowa State	194.275	194.275
34	North Carolina	194.175	194.175
35	Illinois-Chicago	194.063	194.200
36	Illinois	194.013	195.175
37	Maryland	193.850	193.850
38	Iowa	193.808	194.700
39	Yale	193.775	193.775
40	New Hampshire	193.738	193.775

## 2018 Opponents in Bold

## PENN STATE WEEK-BY-WEEK RANKING

Preseason (WCGA)	27
Week 2	20
Week 3	27

## 2019 ROSTER

Name	Event	Yr.	Ht.	Hometown/High School/Last School
Erynne Allen	AA	Jr.	5-3	Douglasville, Ga./South Paulding/Kentucky
Melissa Astarita	AA	Fr.	5-2	Morganville, N.J./Marlboro
Amber Autry	AA	Sr.	5-7	Rochester, Mich./West Bloomfield
Jessie Bastardi	AA	R-Fr.	5-1	State College, Pa./Saint Joseph's Catholic Academy/West Virginia
Alissa Bonsall	AA	So.	5-1	Higganum, Conn./Haddam Killingworth
Lauren Bridgens	AA	So.	5-4	Darnestown, Md./Quince Orchard
Kourtney Chinnery	AA	So.	5-2	Suffolk, Va./Summit Christian Academy
Dymiana Cox	AA	Fr.	5-1	Elmont, N.Y./Parkettes
Sabrina Garcia	AA	Sr.	5-2	Etters, Pa./Red Land
Mason Hosek	V, BB, FX	Sr.	5-3	Pearland, Texas/Pearland
Donna Howell	AA	Fr.	5-5	New Milford, Pa./PA Cyber Charter School
Jessica Jones	AA	Sr.	5-0	Canfield, Ohio/Canfield
Gianna LaGuardia	AA	Sr.	5-3	Thornton, Colo./Mountain Range
Tess McCracken	UB, BB, FX	Jr.	5-4	Plano, Texas/Liberty
Kristen Politz	AA	Jr.	5-5	Morganville, N.J./Saint John Vianney
Ava Verdeflor	AA	So.	5-3	Allen, Texas/Allen

**Head Coach:** Sarah Brown (Missouri, '10; Second Season)

**Assistant Coaches:** Rob Drass (Penn State, '90; Second Season), Dallas Becerra (Missouri, '13; Second Season)

**Volunteer Assistant:** Quest Hayden (Penn State, '18; First Season)



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## QUICK FACTS

### GENERAL INFORMATION

Location..... University Park, Pa.  
 Founded ..... 1855  
 Enrollment ..... 47,261  
 Colors ..... Blue and White  
 Conference ..... Big Ten  
 Nickname ..... Nittany Lions  
 President..... Dr. Eric Barron  
 Director of Athletics ..... Sandy Barbour  
 Assoc. Athletics Director/SWA Charmelle Green  
 Deputy Director of Athletics/  
 Chief Operating Officer..... Phil Esten  
 Athletic Website ..... www.GoPSUsports.com

### COACHING STAFF

Head Coach..... Sarah Brown  
 Penn State Record (Years)..... 13-9 (Second)  
 Career Record (Years) ..... 24-13 (Three)  
 Assistant Coach..... Rob Drass (Second Year)  
 Assistant Coach... Dallas Becerra (Second Year)  
 Volunteer Assistant..... Quest Hayden (First Year)  
 Office ..... 110A White Building  
 Telephone ..... (814) 863-7461  
 Fax..... (814) 865-8149

### TEAM INFORMATION

Home Arena (Capacity) ..... Rec Hall (5,812)  
 Facebook..... PennStateWomensGymnastics  
 Instagram..... @PennStateWGYM  
 Twitter ..... @PennStateWGYM

### 2018 RECAP

2018 Regular Season Record ..... 11-8  
 Big Ten Regular Season Record..... 2-7  
 Big Ten Championships Finish..... 7th  
 2018 NCAA Regional Finish ..... 5th  
 2018 NCAA Championships Finish..... N/A  
 Final National Ranking ..... 32  
 All-Americans Returning/Lost ..... 1/1  
 Letterwinners Returning/Lost ..... 11/3  
 Newcomers ..... 5

### PROGRAM HISTORY

First Year of Gymnastics..... 1965  
 All-Time Record (Years)..... 581-284-4 (54)  
 National Championships ..... 2  
 (1978, 80)  
 NCAA Championship Team Appearances ..... 17  
 (1982, '84, '85, '86, '88, '91, '92, '93,  
 '95, '96, '97, '98, '99, 2000, '05, '09, '14)  
 AIAW Championship Appearances..... 7  
 (1975, '76, '77, '78, '79, '80, '81)

### STRATEGIC COMMUNICATIONS

Gymnastics Contact ..... Paul Marboe  
 Office Phone..... (814) 206-6338  
 Cell Phone ..... (814) 777-7604  
 Email ..... prm5118@psu.edu  
 Athletics Website ..... GoPSUsports.com

All student-athlete and coach interviews, along with credential requests, must be arranged through the Penn State Athletics Strategic Communications office at least 48 hours in advance.

### LIONS SHINE ON BEAM

Penn State had a strong opening-week performance on beam.

In it's final rotation of the meet at No. 5 Utah, the Nittany Lions posted a 49.000. That was PSU's highest score on beam in a season opener since 2004 against Alabama (49.125).

Senior Mason Hosek led the PSU rotation with a 9.850, finishing second in the event. Freshman Jessie Bastardi placed fifth with a 9.825, while sophomore Tess McCracken set a career high with a 9.800. Senior Kristen Politz earned a 9.775 while Lauren Bridgens tallied a 9.750.

The Nittany Lions posted the nation's ninth-best beam score last weekend and the best in the Big Ten.

### BROWN BEGINS SECOND SEASON

Penn State Head Coach Sarah Brown led the Nittany Lions to an 11-8 record in her first season in Happy Valley, finishing seventh at the Big Ten Championships.

The Nittany Lions earned five wins over ranked opponents and finished the season with a No. 32 national ranking.

Brown enters her third year overall as a head coach with a 22-12 career record.

### ALL-AMERICAN RETURNING

Sophomore Lauren Bridgens became the 29th All-American in program history in 2018, collecting the program's 96th All-American honor.

She was a second-team selection on Uneven Bars by the NACGC/W. A first-team All-Big Ten honoree, Bridgens won three all-around titles, three vault titles, six uneven bars titles, one beam title and one floor exercise title. She placed third in the all-around at the NCAA Regional to advance to the NCAA Championships, where she finished 29th.

Bridgens earned a perfect 10.0 on bars during the BYU Quad Meet.

### BIG TEN GYMNASTS TO WATCH

Bridgens was joined by senior Sabrina Garcia being named Big Ten Gymnasts To Watch for the 2019 season.

Garcia was a second-team All-Big Ten selection in 2018 after finishing third or better in the all-around five times. She placed ninth in the all-around at the NCAA Regional. Garcia earned four uneven bars titles, one balance beam title and two floor exercise titles. She has 18 career event titles.

### #RESTORETHEROAR

Bridgens and Garcia are two of 11 returners from the 2018 squad.

The group includes seniors Amber Autry, Mason Hosek, Jessica Jones and Gianna LaGuardia. Hosek owns two career event titles, including one on beam last year, while Jones has three career titles and LaGuardia won three vault titles in 2018.

Juniors Tess McCracken and Kristen Politz return to Happy Valley. Politz has one career title on floor exercise.

Alissa Bonsall, Kourtney Chinnery and Ava Verdeflor join Bridgens in the sophomore class. Bonsall earned an event title on vault last season.

## PRONUNCIATIONS

Name	Pronunciation
Erynne Allen	Erin
Amber Autry	Ah-tree
Jessie Bastardi	BASS-tardi
Alissa Bonsall	Bonz-el
Lauren Bridgens	Bridge-ens
Kourtney Chinnery	Chin-er-y
Dymiana Cox	DIM-y-ana
Mason Hosek	HOE-zik
Gianna LaGuardia	Gee-ah-nah LaGuardia (airport)
Kristen Politz	pahl-LITZ
Ava Verdeflor	Ver-de-floor



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# NATIONAL NITS

## 2019 TEAM RANKINGS (RQS)

<b>Team Score</b>		
27. Penn State		194.800
Season High Score		195.150
<b>Vault</b>		
T-43. Penn State		48.400
Season High Score		48.625
<b>Uneven Bars</b>		
14. Penn State		49.038
Season High Score		49.125
<b>Balance Beam</b>		
18. Penn State		48.913
Season High Score		49.000
<b>Floor Exercise</b>		
T-47. Penn State		48.450
Season High Score		49.025

## 2019 INDIVIDUAL RANKINGS (Top 75) - RQS

<b>Uneven Bars</b>		
T-31. Lauren Bridgens		9.863
Season High Score		9.875
T-42. Sabrina Garcia		9.850
Season High Score		9.900
T-42. Alissa Bonsall		9.850
Season High Score		9.850
<b>Balance Beam</b>		
T-62. Mason Hosek		9.813
Season High Score		9.850
T-72. Jessie Bastardi		9.800
Season High Score		9.825
T-72. Tess McCracken		9.800
Season High Score		9.800
<b>Floor Exercise</b>		
T-56. Sabrina Garcia		9.838
Season High Score		9.850
<b>All-Around</b>		
T-30. Lauren Bridgens		39.125
Season High Score		39.125

### WELCOME TO HAPPY VALLEY

The Nittany Lions welcomed five newcomers to the program, including two transfers.

Freshmen Melissa Astarita, Dymiana Cox and Donna Howell all joined the program. Astarita competed for Action Gymnastics in New Jersey, while Cox participated in the Junior Olympic Nationals in 2017 and 2018 as part of Parkette Gymnastics in New York. Howell competed for United Sports Academy in Pennsylvania.

Junior Erynne Allen and redshirt freshman Jessie Bastardi joined the program as transfers. Allen transferred from Kentucky where she competed in one meet as a sophomore after redshirting as a freshman. Allen earned a score of 9.525 on vault as an exhibition participant in a meet against Ball State, George Washington and Southeast Missouri State. Allen was the first Level 10 gymnast to come out of the Paulding Gymnastics club in Georgia.

Bastardi, a State College native, transferred from West Virginia. She was a Pennsylvania State Champion and National Qualifier while competing for Centre Elite Gymnastics.

### PRESEASON POLL

On December 10, the Nittany Lions learned they would open the season at No. 27 in the Women's Collegiate Gymnastics Association (WCGA) Poll. The preseason poll was voted on by national coaches.

The Nittany Lions ended the 2018 season ranked No. 32 in the RoadToNationals RQS. PSU earned wins over five ranked opponents last year: No. 35 Eastern Michigan (194.275-192.900), No. 31 West Virginia (196.650-196.075), No. 21 BYU (196.675-196.500), No. 29 Maryland (195.500-195.250) and No. 27 West Virginia (NCAA Regional, 194.900-194.400).

### CHALLENGING SCHEDULE

Heading into the weekend, the Nittany Lions are set to face 14 opponents among the Top 40 of the RoadToNationals standings during the 2019 season. The Nittany Lions already competed against No. 5 Utah and No. 32 Temple. PSU are set to compete against No. 3 Florida, No. 9 Michigan, No. 15 Nebraska, No. 17 Ohio State, No. 19 Arizona State, No. 25 Minnesota, No. 26 West Virginia, No. 32 NC State, No. 36 Illinois, No. 37 Maryland, No. 38 Iowa and No. 39 Yale.

### PSU ON BTN

Two Penn State meets have been selected for Big Ten Network broadcasts.

The Nittany Lions host Ohio State on Saturday, January 19 to open the broadcast slate. The meet is scheduled for 3:30 p.m. at Rec Hall.

Penn State travels to Rutgers on Saturday, February 9 for a 7 p.m. meet. It will be broadcast live on BTN2Go with the broadcast being shown on Big Ten Network on February 10 at 10 a.m.

### BIG TEN CHAMPIONSHIPS

For the first time since 2014, the Nittany Lions will host the Big Ten Championships at Rec Hall.

On March 23, Penn State will welcome the rest of the Big Ten for two sessions, with the first at noon and the second at 5 p.m.

### FUTURE NITTANY LIONS

On December 4, Penn State signed three future Nittany Lions to National Letters of Intent.

Amy Bladon, Bella Romagnano and Cassidy Rushlow will all begin competing for PSU in Fall 2019.

Bladon, an Ontario native, finished 12th in the all-around at Elite Canada 2018 for the Bluewater Gymnastics Club.

Romagnano finished fourth on bars and ninth on vault at the 2018 Ohio State Championships. She competes for Buckeye Gymnastics.

Rushlow was a Junior National qualifier in 2018 while competing for Daggett Gold Medal Gymnastics.

## 2019 BIG TEN STANDINGS

	BIG TEN		OVERALL	
	W-L-T	%	W-L-T	%
Maryland	0-0-0	.000	3-0-0	1.000
<b>Penn State</b>	<b>0-0-0</b>	<b>.000</b>	<b>2-1-0</b>	<b>.667</b>
Michigan	0-0-0	.000	4-2-0	.667
Minnesota	0-0-0	.000	4-2-0	.667
Nebraska	0-0-0	.000	1-1-0	.500
Ohio State	0-0-0	.000	1-1-0	.500
Illinois	0-0-0	.000	3-3-0	.500
Iowa	0-0-0	.000	1-2-0	.333
Michigan State	0-0-0	.000	1-3-0	.250
Rutgers	0-0-0	.000	1-5-0	.167

### 2019 BIG TEN WEEKLY AWARDS:

#### Jan. 9

Gymnast: Natalie Wojcik, Fr., Michigan  
Event Specialist: Emma McLean, Sr., Michigan  
Freshman: Natalie Wojcik, Michigan

#### Jan. 16

Gymnast: Lexy Ramler, So., Minnesota  
Event Specialist: Ivy Lu, Jr., Minnesota  
Freshman: Natalie Wojcik, Michigan



# EVENT LEADERS

## 2019 MEET-BY-MEET TEAM LEADERS

*Includes Ties*

	V	UB	BB	FX	AA
Erynne Allen	-	-	-	-	-
Melissa Astarita	-	-	-	1	-
Amber Autry	-	-	-	-	-
Jessie Bastardi	-	-	-	-	-
Alissa Bonsall	-	-	-	-	-
Lauren Bridgens	-	1	-	1	1
Kourtney Chinnery	2	-	-	-	-
Dymiana Cox	-	-	-	-	-
Sabrina Garcia	-	1	-	1	1
Mason Hosek	-	-	1	-	-
Donna Howell	-	-	-	-	-
Jessica Jones	-	-	-	-	-
Gianna LaGuardia	-	-	-	-	-
Tess McCracken	-	-	1	-	-
Kristen Politz	-	-	-	-	-
Ava Verdeflor	-	-	-	-	-

# EVENT WINNERS

### 2018 INDIVIDUAL EVENT TITLES

<b>Melissa Astarita</b>	
Floor Exercise (1)	
1/12 Temple, Towson	9.900
<b>Sabrina Garcia</b>	
Uneven Bars (1)	
1/12 Temple, Towson	9.900

### CAREER INDIVIDUAL EVENT TITLES

Gymnast	2019	Career
<b>Melissa Astarita</b>	<b>1</b>	<b>1</b>
Floor Exercise	1	1
<b>Alissa Bonsall</b>	-	<b>1</b>
Vault	-	1
<b>Lauren Bridgens</b>	-	<b>14</b>
Vault	-	3
Uneven Bars	-	6
Balance Beam	-	1
Floor Exercise	-	1
All Around	-	3
<b>Sabrina Garcia</b>	<b>1</b>	<b>19</b>
Vault	-	1
Uneven Bars	1	9
Balance Beam	-	2
Floor Exercise	-	5
All Around	-	2
<b>Mason Hosek</b>	-	<b>2</b>
Balance Beam	-	2
<b>Jessica Jones</b>	-	<b>3</b>
Balance Beam	-	1
Floor Exercise	-	1
All Around	-	1
<b>Gianna LaGuardia</b>	-	<b>3</b>
Vault	-	3
<b>Kristen Politz</b>	-	<b>1</b>
Floor Exercise	-	1

### TEAM TITLES

<b>Vault (0)</b>	
-	-
<b>Uneven Bars (1)</b>	
1/12 Temple, Towson	49.125
<b>Balance Beam (2)</b>	
1/5 Utah	49.000
1/12 Temple, Towson	48.825
<b>Floor Exercise (1)</b>	
1/12 Temple, Towson	49.025



# INDIVIDUAL SCHOOL RECORDS

## VAULT

1.	10.0	Brandi Personett	2/13/2010
		Brandi Personett	1/23/2010
		Katie Rowland	3/29/2003
		Katie Rowland	2/16/2003
5.	9.975	Emma Sibson	3/8/2014
		Sharaya Musser	3/7/2010
		Brandi Personett	2/2/2008
		Katie Rowland	3/8/2003
9.	9.950	Briannah Tsang	1/31/2015
		Krystal Welsh	1/31/2015
		Briannah Tsang	1/17/2015
		Emma Sibson	2/8/2014
		Madison Merriam	3/16/2013
		Madison Merriam	2/16/2013
		Sharaya Musser	3/17/2012
		Sharaya Musser	3/2/2012
		Sharaya Musser	1/15/2012
		Sharaya Musser	2/11/2011
		Sharaya Musser	3/20/2010
		Brandi Personett	4/10/2010
		Brandi Personett	2/20/2010
		Brandi Personett	2/13/2009
		Brandi Personett	1/30/2009
		Brandi Personett	3/29/2008
		Brandi Personett	3/31/2007
		Jennifer Orlando	2/25/2006
		Lisa Clark	2/13/2005
		Lisa Clark	4/3/2004
		Katie Rowland	4/12/003
		Katie Rowland	2/7/2003
		Katie Rowland	1/11/2003
		Katie Rowland	3/23/2002
		Katie Rowland	3/9/2002
		Katie Rowland	2/15/2002
		Katie Rowland	3/10/2001
		Gemma Cuff	3/2/2000
		Gemma Cuff	2/28/1998
		Joanna Knox	3/25/1995

## UNEVEN BARS

1.	10.0	Lauren Bridgens	3/9/2018
2.	9.975	Natalie Ettl	2/18/2011
		Katie Perret	3/16/2007
4.	9.950	Sabrina Garcia	1/21/2017
		Sabrina Garcia	1/7/2017
		Kiera Brown	3/19/2016
		Kiera Brown	1/9/2016
		Krystal Welsh	3/8/2015
		Madison Merriam	2/23/2013
		Natalie Ettl	2/6/2011
		Natalie Ettl	3/7/2010
		Natalie Ettl	2/6/2010
		Katie McAvoy	3/1/2003
		Katie McAvoy	2/2/2002
		Katie Rowland	3/16/2002
		Katie Rowland	2/17/2001
		Maria Taylor	2/23/2001
		Nikki Smith	3/13/1999

## BALANCE BEAM

1.	10.0	Katie Rowland	3/14/2003
		Nikki Smith	3/18/2000
		Missy Leopoldus	2/19/1999
		Missy Leopoldus	1/30/1999
5.	9.975	Nicole Medvitz	3/12/2016
		Meredith Hoover	2/25/2006
		Richelle Simpson	2/17/2001
		Maria Taylor	2/17/2001
		Nikki Smith	1/22/2000
10.	9.950	Sydney Sanabria-Robles	1/31/2015
		Briannah Tsang	1/24/2015
		Kassidy Stauder	3/8/2014
		Sharaya Musser	3/16/2013
		Sharaya Musser	2/11/2012
		Sharaya Musser	3/4/2011
		Brandi Personett	2/6/2010
		Kristal Uzelac	3/26/2005
		Katie Rowland	3/9/2002
		Nikki Smith	3/11/2000
		Nikki Smith	1/16/2000
		Missy Leopoldus	1999
		Missy Leopoldus	1/17/1998
		Nicole Malinak	2/28/1997

## FLOOR EXERCISE

1.	10.0	Ellen Casey	2/19/1999
2.	9.975	Katie Rowland	3/14/2003
		Gemma Cuff	2/23/2001
		Ellen Casey	1999
5.	9.950	Briannah Tsang	3/24/2018
		Briannah Tsang	2/24/2018
		Briannah Tsang	3/5/2017
		Emma Sibson	3/8/2015
		Sharaya Musser	3/17/2012
		Sharaya Musser	3/4/2011
		Sharaya Musser	2/18/2011
		Brandi Personett	3/27/2010
		Brandi Personett	3/20/2010
		Brandi Personett	2/20/2010
		Brandi Personett	3/21/2009
		Brandi Personett	3/8/2009
		Brandi Personett	3/1/2009
		Brandi Personett	3/1/2008
		Brandi Personett	2/24/2007
		Kate Stopper	2/6/2004
		Katie Rowland	4/12/2003
		Katie Rowland	3/1/2003
		Katie Rowland	2/16/2003
		Katie Rowland	2/1/2003
		Katie Rowland	3/16/2016
		Katie Rowland	2/23/2001
		Katie Rowland	2/3/2001
		Leslie Bair	2/23/2001
		Richelle Simpson	2/23/2001
		Heather Duggan	2/19/2000
		Missy Leopoldus	3/14/1998
		Ellen Casey	1999
		Ellen Casey	2/28/1998
		Ellen Casey	3/16/1997

## ALL-AROUND

1.	39.775	Katie Rowland	3/14/2003
2.	39.725	Sharaya Musser	3/4/2011
		Katie Rowland	3/9/2002
4.	39.700	Brandi Personett	2/20/2010
5.	39.675	Katie Rowland	2/16/2003
6.	39.650	Sharaya Musser	3/16/2013
		Sharaya Musser	3/17/2012
		Sharaya Musser	3/2/2012
		Katie Rowland	2/23/2001
		Katie Rowland	2/17/2001

**NOTES:** Listed alphabetically based on most recent performance.

# TEAM SCHOOL RECORDS

## VAULT

1.	49.550	at Illinois	1/31/2015
2.	49.500	Cornell, Iowa, Yale	1/23/2010
	49.500	at NCAA Regionals	4/3/2004
	49.500	at West Virginia w/ Rutgers	2/16/2003
5.	49.475	Kentucky	3/16/2013
	49.475	at West Virginia w/ Ball State	2/13/2005
7.	49.450	at N.H. w/Bridgeport, G. Wash.	3/8/2014
	49.450	Iowa State, Penn, SUNY-Brockport	2/28/2015
9.	49.425	Nebraska, Rutgers, Yale	2/10/2006
10.	49.400	at Pittsburgh	2/13/2010

## UNEVEN BARS

1.	49.500	Massachusetts	2/23/2001
2.	49.475	at BYU, TWU & Utah State	3/9/2018
3.	49.425	Nebraska	3/1/2003
4.	49.375	at Michigan State	2/4/2018
	49.375	at Maryland Quad	2/18/2011
	49.375	at Arizona w/ Kentucky, TWU	3/16/2007
	49.375	at Rhode Island	2/17/2001
8.	49.350	Michigan State	2/23/2013
	49.350	Maryland	3/17/2012
	49.350	at Big Ten Championships	3/27/2010
	49.350	Illinois	2/6/2010
	49.350	at Pittsburgh	3/18/2006
	49.350	at New Hampshire	3/6/2004
	49.350	New Hampshire	1/20/2001
	49.350	NCAA Regionals	4/10/1999
	49.350	Alabama	2/19/1999

## BALANCE BEAM

1.	49.650	at Rhode Island	2/17/2001
2.	49.550	Big Ten Championships	3/18/2000
3.	49.425	Central Michigan	1/24/2004
4.	49.375	Iowa, Mich., Minn., Rutgers	3/12/2016
	49.375	at N.H. w/Bridgeport, G. Wash.	3/8/2014
	49.375	at Pittsburgh	2/28/2004
	49.375	Pennsylvania Championships	2/28/1997
8.	49.350	Maryland, Michigan, Bridgeport	3/7/2010
	49.350	at Illinois	1/13/2001
10.	49.300	Kentucky	3/16/2013
	49.300	Massachusetts	2/23/2001
	49.300	Penn State Quad Meet	2/19/2017

## FLOOR EXERCISE

1.	49.725	Massachusetts	2/23/2001
2.	49.550	Pittsburgh	2/3/2001
3.	49.525	New Hampshire, Penn, Temple	3/9/2013
	49.525	Florida	1/30/1999
5.	49.500	Alabama	2/19/1999
6.	49.450	at Pittsburgh	3/11/2012
7.	49.425	NCAA Regionals	4/5/2014
	49.425	Big Ten Championships	3/22/2014
	49.425	at Big Ten Championships	3/21/2009
	49.425	Maryland	1/29/2005

## TEAM

1.	197.450	Massachusetts	2/23/2001
2.	197.325	Kentucky	3/16/2013
3.	197.200	at N.H. w/Bridgeport, G. Wash.	3/8/2014
4.	197.125	Iowa, Mich., Minn., Rutgers	3/12/2016
5.	197.075	Maryland, North Carolina State	3/4/2011
6.	197.025	Alabama	2/19/1999
	197.025	Michigan State	2/7/2015
8.	196.975	New Hampshire, Penn, Temple	3/9/2013
9.	196.875	Pittsburgh	2/3/2001
10.	196.825	at Arizona w/Kentucky, TWU	3/16/2007



## TOP INDIVIDUAL PERFORMERS

<b>Vault</b> (Rowland/Personett, 10.0)			<b>Balance Beam</b> (Leopoldus/Rowland/Smith, 10.0)			<b>All-Around</b> (Rowland, 39.775)		
Kourtney Chinnery	9.800	1/12	Mason Hosek	9.850	1/5	Lauren Bridgens	39.125	1/5
Gianna LaGuardia	9.775	1/12	Jessie Bastardi	9.825	1/5	Sabrina Garcia	39.000	1/12
Melissa Astarita	9.750	1/12	Tess McCracken	9.800	1/12			
Alissa Bonsall	9.700	1/5	Sabrina Garcia	9.775	1/12			
Lauren Bridgens	9.700	1/5	Kristen Politz	9.775	1/5			
Sabrina Garcia	9.500	1/5	Lauren Bridgens	9.750	1/5			
Jessie Bastardi	9.375	1/12						
<b>Uneven Bars</b> (Bridgens, 10.0)			<b>Floor Exercise</b> (Casey, 10.0)					
Sabrina Garcia	9.900	1/12	Melissa Astarita	9.900	1/12			
Lauren Bridgens	9.875	1/12	Sabrina Garcia	9.850	1/12			
Alissa Bonsall	9.850	1/12	Kourtney Chinnery	9.825	1/12			
Tess McCracken	9.775	1/12	Lauren Bridgens	9.825	1/5			
Ava Verdeflor	9.775	1/5	Tess McCracken	9.775	1/12			
Kourtney Chinnery	9.750	1/5	Alissa Bonsall	9.675	1/12			
Erynne Allen	9.725	1/12						

## TOP TEAM PERFORMANCES

<b>Vault</b> (2015, 49.550)			<b>Balance Beam</b> (2001, 49.650)			<b>Team Score</b> (2001, 197.450)		
Utah	48.625	1/5	Utah	49.000	1/5	Temple, Towson	195.150	1/12
Temple, Towson	48.175	1/12	Temple, Towson	48.825	1/12	Utah	194.450	1/5
<b>Uneven Bars</b> (2001, 49.500)			<b>Floor Exercise</b> (2001, 49.725)					
Temple, Towson	49.125	1/12	Temple, Towson	49.025	1/12			
Utah	48.950	1/5	Utah	47.875	1/5			

## SCHEDULE & RESULTS

Date	Opponent	Time/Result	Record
JAN. 5	AT NO. 5 UTAH	L, 197.175-194.450	0-1, 0-0 B1G
JAN. 12	AT NO. 32 TOWSON, TEMPLE (LITTLE BOSTON INVITATIONAL)	1ST, 195.150	2-1, 0-0 B1G
<b>JAN. 19</b>	<b>OHIO STATE*</b>	<b>3:30 P.M.</b>	--
<b>JAN. 26</b>	<b>MINNESOTA*</b>	<b>4 P.M.</b>	--
FEB. 2	AT ILLINOIS*	2 P.M.	--
FEB. 9	AT RUTGERS*	7 P.M.	--
<b>FEB. 16</b>	<b>MICHIGAN*</b>	<b>4 P.M.</b>	--
<b>FEB. 22</b>	<b>BIG FIVE MEET*</b>	<b>7 P.M.</b>	--
<b>MAR. 2</b>	<b>ARIZONA STATE, CORNELL, YALE</b>	<b>4 P.M.</b>	--
MAR. 8	AT FLORIDA	6:45 P.M.	--
MAR. 17	AT WEST VIRGINIA, NC STATE, OHIO STATE	2 P.M.	--
<b>MAR. 23</b>	<b>BIG TEN CHAMPIONSHIPS</b>	<b>12 P.M./5 P.M.</b>	--
APR. 6	NCAA REGIONALS	--	--
APR. 19-20	NCAA CHAMPIONSHIPS	--	--

**HOME MEETS IN BOLD CAPS**      All Times Eastern      \* - Big Ten Regular Season Competition





## TEAM MEET BY MEET

Date - Opponent	Event Order	V	UB	BB	FX	TEAM
Jan. 5 - at Utah	UB, V, FX, BB	48.625	48.950	49.000	47.875	194.450
Jan. 12 - at Towson, Temple (Little Boston Invitational)	UB, BB, FX, V	48.175	49.125	48.825	49.025	195.150
Jan. 19 - Ohio State*						
Jan. 26 - Minnesota*						
Feb. 2 - at Illinois*						
Feb. 9 - at Rutgers*						
Feb. 16 - Michigan*						
Feb. 22 - Big Five Meet*						
Mar. 2 - Arizona State, Cornell, Yale						
Mar. 8 - at Florida						
Mar. 17 - at West Virginia, NC State, Ohio State						
Mar. 23 - Big Ten Championships						
Apr. 6 - NCAA Regionals						
Apr. 19-20 - NCAA Championships						

### SEASON HIGH IN BOLD

\* Indicates Big Ten Regular Season Meet

## TOP TEN PERFORMANCES

Vault (Rowland/Personett, 10.0)			Balance Beam (Leopoldus/Rowland/Smith, 10.0)			All-Around (Rowland, 39.775)		
Kourtney Chinnery	9.800	1/12	Mason Hosek	9.850	1/5	Lauren Bridgens	39.125	1/5
Gianna LaGuardia	9.775	1/12	Jessie Bastardi	9.825	1/5	Sabrina Garcia	39.000	1/12
Kourtney Chinnery	9.775	1/5	Tess McCracken	9.800	1/12	Sabrina Garcia	38.225	1/5
Melissa Astarita	9.750	1/12	Tess McCracken	9.800	1/5			
Melissa Astarita	9.725	1/5	Jessie Bastardi	9.775	1/12			
Gianna LaGuardia	9.725	1/5	Sabrina Garcia	9.775	1/12			
Alissa Bonsall	9.700	1/5	Mason Hosek	9.775	1/12			
Lauren Bridgens	9.700	1/5	Kristen Politz	9.775	1/5			
Sabrina Garcia	9.500	1/5	Lauren Bridgens	9.750	1/5			
Sabrina Garcia	9.475	1/12	Kristen Politz	9.650	1/12			
Uneven Bars (Bridgens, 10.0)			Floor Exercise (Casey, 10.0)					
Sabrina Garcia	9.900	1/12	Melissa Astarita	9.900	1/12			
Lauren Bridgens	9.875	1/12	Sabrina Garcia	9.850	1/12			
Alissa Bonsall	9.850	1/12	Kourtney Chinnery	9.825	1/12			
Lauren Bridgens	9.850	1/5	Lauren Bridgens	9.825	1/5			
Sabrina Garcia	9.800	1/5	Sabrina Garcia	9.825	1/5			
Tess McCracken	9.775	1/12	Tess McCracken	9.775	1/12			
Tess McCracken	9.775	1/5	Alissa Bonsall	9.675	1/12			
Ava Verdeflor	9.775	1/5	Melissa Astarita	9.650	1/5			
Kourtney Chinnery	9.750	1/5	Lauren Bridgens	9.350	1/12			
Erynne Allen	9.725	1/12	Alissa Bonsall	9.350	1/5			



## GYMNAST MEET-BY-MEET

<b>Erynne Allen</b> <b>Jr.</b>		<b>Dymiana Cox</b> <b>Fr.</b>		<b>Ava Verdeflor</b> <b>So.</b>	
<b>Uneven Bars</b> (9.725, 1/12/19)		<b>Sabrina Garcia</b> <b>Sr.</b>		<b>Uneven Bars</b> (9.850, 2/17/18)	
Utah (1/5) 9.675 (12)		<b>All-Around</b> (39.400, 2/4/17)		Utah (1/5) 9.775 (9)	
Temple, Towson (1/12) 9.725 (8)		Utah (1/5) 38.225 (5)		Temple, Towson (1/12) 9.675 (10)	
<b>Floor Exercise</b> (9.800 <sup>^</sup> , 1/12/19)		Temple, Towson (1/12) 39.000 (3)		<b>Balance Beam</b> (9.800, 3/9/18)	
Utah (1/5) 9.650 <sup>^</sup>		<b>Vault</b> (9.850, 2/4/17)		Temple, Towson (1/12) 9.650 <sup>^</sup>	
Temple, Towson (1/12) 9.800 <sup>^</sup>		Utah (1/5) 9.500 (12)			
<b>Melissa Astarita</b> <b>Fr.</b>		Temple, Towson (1/12) 9.475 (13)			
<b>Vault</b> (9.750, 1/12/19)		<b>Uneven Bars</b> (9.950, 1/7/17)			
Utah (1/5) 9.725 (8)		Utah (1/5) 9.800 (8)			
Temple, Towson (1/12) 9.750 (5)		Temple, Towson (1/12) 9.900 (1)			
<b>Floor Exercise</b> (9.900, 1/12/19)		<b>Balance Beam</b> (9.925, 2/9/18)			
Utah (1/5) 9.650 (8)		Utah (1/5) 9.100 (12)			
Temple, Towson (1/12) 9.900 (1)		Temple, Towson (1/12) 9.775 (4)			
<b>Amber Autri</b> <b>Sr.</b>		<b>Floor Exercise</b> (9.900, 3/12/16)			
<b>Uneven Bars</b> (9.650 <sup>^</sup> , 2/4/18)		Utah (1/5) 9.825 (5)			
<b>Jessie Bastardi</b> <b>R-Fr.</b>		Temple, Towson (1/12) 9.850 (2)			
<b>Vault</b> (9.475 <sup>^</sup> , 1/5/19)		<b>Mason Hosek</b> <b>Sr.</b>			
Utah (1/5) 9.475 <sup>^</sup>		<b>Vault</b> (9.800, 3/4/16)			
Temple, Towson (1/12) 9.375 (14)		<b>Balance Beam</b> (9.900, 2/13/16)			
<b>Balance Beam</b> (9.825, 1/5/19)		Utah (1/5) 9.850 (2)			
Utah (1/5) 9.825 (5)		Temple, Towson (1/12) 9.775 (4)			
Temple, Towson (1/12) 9.775 (4)		<b>Floor Exercise</b> (9.850, 3/12/16)			
<b>Alissa Bonsall</b> <b>So.</b>		<b>Donna Howell</b> <b>Fr.</b>			
<b>All-Around</b> (38.750, 1/6/18)		<b>Jessica Jones</b> <b>Sr.</b>			
<b>Vault</b> (9.825, 3/4/18)		<b>All-Around</b> (39.175, 3/4/16)			
Utah (1/5) 9.700 (10)		<b>Vault</b> (9.825, 3/4/16)			
Temple, Towson (1/12) 9.075 (16)		<b>Uneven Bars</b> (9.850, 1/29/16)			
<b>Uneven Bars</b> (9.900, 1/13/18)		<b>Balance Beam</b> (9.875, 3/4/16)			
Utah (1/5) 9.800 <sup>^</sup>		<b>Floor Exercise</b> (9.850, 1/9/16)x			
Temple, Towson (1/12) 9.850 (3)		<b>Gianna LaGuardia</b> <b>Sr.</b>			
<b>Balance Beam</b> (9.675, 1/5/19)		<b>Vault</b> (9.875, 2/9/18)			
Utah (1/5) 9.675 <sup>^</sup>		Utah (1/5) 9.725 (8)			
<b>Floor Exercise</b> (9.850, 3/24/18)		Temple, Towson (1/12) 9.775 (3)			
Utah (1/5) 9.350 (10)		<b>Uneven Bars</b> (9.825, 2/11/17)			
Temple, Towson (1/12) 9.675 (10)		<b>Tess McCracken</b> <b>Jr.</b>			
<b>Lauren Bridgens</b> <b>So.</b>		<b>Uneven Bars</b> (9.825, 3/9/18)			
<b>All-Around</b> (39.475, 2/24/18)		Utah (1/5) 9.775 (9)			
Utah (1/5) 39.125 (3)		Temple, Towson (1/12) 9.775 (5)			
<b>Vault</b> (9.925, 3/4/18)		<b>Balance Beam</b> (9.800, 1/5/19)			
Utah (1/5) 9.700 (10)		Utah (1/5) 9.800 (6)			
<b>Uneven Bars</b> (10.0, 3/9/18)		Temple, Towson (1/12) 9.800 (3)			
Utah (1/5) 9.850 (3)		<b>Floor Exercise</b> (9.775, 1/12/19)			
Temple, Towson (1/12) 9.875 (2)		Utah (1/5) 8.450 (12)			
<b>Balance Beam</b> (9.850, 2/24/18)		Temple, Towson (1/12) 9.775 (8)			
Utah (1/5) 9.750 (8)		<b>Kristen Politz</b> <b>Jr.</b>			
Temple, Towson (1/12) 9.700 (9)		<b>All-Around</b> (39.050, 1/15/17)			
<b>Floor Exercise</b> (9.850, 2/17/18)		<b>Vault</b> (9.850, 2/4/17)			
Utah (1/5) 9.825 (5)		<b>Uneven Bars</b> (9.925, 3/9/18)			
Temple, Towson (1/12) 9.350 (14)		<b>Balance Beam</b> (9.850, 3/4/18)			
<b>Kourtney Chinnery</b> <b>So.</b>		Utah (1/5) 9.775 (7)			
<b>Vault</b> (9.850, 1/13/18)		Temple, Towson (1/12) 9.800 (2)			
Utah (1/5) 9.775 (7)		<b>Floor Exercise</b> (9.825, 1/21/17)			
Temple, Towson (1/12) 9.800 (2)		<b>Uneven Bars</b> (9.825, 1/21/17)			
<b>Uneven Bars</b> (9.750, 1/5/19)		<b>Balance Beam</b> (9.850, 3/4/18)			
Utah (1/5) 9.750 (11)		Utah (1/5) 9.775 (7)			
Temple, Towson (1/12) 8.925 <sup>^</sup>		Temple, Towson (1/12) 9.650 (11)			
<b>Floor Exercise</b> (9.825, 1/12/19)		<b>Floor Exercise</b> (9.825, 1/21/17)			
Utah (1/5) 9.225 (11)					
Temple, Towson (1/12) 9.825 (4)					

<b>KEY</b>	
<b>Event</b>	(Career Best, Date)
Meet (Date)	Score (Place)



## GYMNAST TOP PERFORMANCES

<b>Erynne Allen</b> <b>Jr.</b>		<b>Dymiana Cox</b> <b>Fr.</b>		<b>Ava Verdeflor</b> <b>So.</b>	
<b>Uneven Bars</b> (9.725, 1/12/19)		<b>Sabrina Garcia</b> <b>Sr.</b>		<b>Uneven Bars</b> (9.850, 2/17/18)	
Temple, Towson (1/12)	9.725 (8)	<b>All-Around</b> (39.400, 2/4/17)		Utah (1/5)	9.775 (9)
Utah (1/5)	9.675 (12)	Temple, Towson (1/12)	39.000 (3)	Temple, Towson (1/12)	9.675 (10)
		Utah (1/5)	38.225 (5)	<b>Balance Beam</b> (9.800, 3/9/18)	
<b>Floor Exercise</b> (9.800^, 1/12/19)		<b>Vault</b> (9.850, 2/4/17)		Temple, Towson (1/12)	9.650^
Temple, Towson (1/12)	9.800^	Utah (1/5)	9.500 (12)		
Utah (1/5)	9.650^	Temple, Towson (1/12)	9.475 (13)		
<b>Melissa Astarita</b> <b>Fr.</b>		<b>Uneven Bars</b> (9.950, 1/7/17)			
<b>Vault</b> (9.750, 1/12/19)		Temple, Towson (1/12)	9.900 (1)		
Temple, Towson (1/12)	9.750 (5)	Utah (1/5)	9.800 (8)		
Utah (1/5)	9.725 (8)	<b>Balance Beam</b> (9.925, 2/9/18)			
<b>Floor Exercise</b> (9.900, 1/12/19)		Temple, Towson (1/12)	9.775 (4)		
Temple, Towson (1/12)	9.900 (1)	Utah (1/5)	9.100 (12)		
Utah (1/5)	9.650 (8)	<b>Floor Exercise</b> (9.900, 3/12/16)			
<b>Amber Autri</b> <b>Sr.</b>		Temple, Towson (1/12)	9.850 (2)		
<b>Uneven Bars</b> (9.650^, 2/4/18)		Utah (1/5)	9.825 (5)		
<b>Jessie Bastardi</b> <b>R-Fr.</b>		<b>Mason Hosek</b> <b>Sr.</b>			
<b>Vault</b> (9.475^, 1/5/19)		<b>Vault</b> (9.800, 3/4/16)			
Utah (1/5)	9.475^	<b>Balance Beam</b> (9.900, 2/13/16)			
Temple, Towson (1/12)	9.375 (14)	Utah (1/5)	9.850 (2)		
<b>Balance Beam</b> (9.825, 1/5/19)		Temple, Towson (1/12)	9.775 (4)		
Utah (1/5)	9.825 (5)	<b>Floor Exercise</b> (9.850, 3/12/16)			
Temple, Towson (1/12)	9.775 (4)	<b>Donna Howell</b> <b>Fr.</b>			
<b>Alissa Bonsall</b> <b>So.</b>		<b>Jessica Jones</b> <b>Sr.</b>			
<b>All-Around</b> (38.750, 1/6/18)		<b>All-Around</b> (39.175, 3/4/16)			
<b>Vault</b> (9.825, 3/4/18)		<b>Vault</b> (9.825, 3/4/16)			
Utah (1/5)	9.700 (10)	<b>Uneven Bars</b> (9.850, 1/29/16)			
Temple, Towson (1/12)	9.075 (16)	<b>Balance Beam</b> (9.875, 3/4/16)			
<b>Uneven Bars</b> (9.900, 1/13/18)		<b>Floor Exercise</b> (9.850, 1/9/16)x			
Temple, Towson (1/12)	9.850 (3)	<b>Gianna LaGuardia</b> <b>Sr.</b>			
Utah (1/5)	9.800^	<b>Vault</b> (9.875, 2/9/18)			
<b>Balance Beam</b> (9.675, 1/5/19)		Temple, Towson (1/12)	9.775 (3)		
Utah (1/5)	9.675^	Utah (1/5)	9.725 (8)		
<b>Floor Exercise</b> (9.850, 3/24/18)		<b>Uneven Bars</b> (9.825, 2/11/17)			
Temple, Towson (1/12)	9.675 (10)	<b>Tess McCracken</b> <b>Jr.</b>			
Utah (1/5)	9.350 (10)	<b>Uneven Bars</b> (9.825, 3/9/18)			
<b>Lauren Bridgens</b> <b>So.</b>		Utah (1/5)	9.775 (9)		
<b>All-Around</b> (39.475, 2/24/18)		Temple, Towson (1/12)	9.775 (5)		
Utah (1/5)	39.125 (3)	<b>Balance Beam</b> (9.800, 1/5/19)			
<b>Vault</b> (9.925, 3/4/18)		Utah (1/5)	9.800 (6)		
Utah (1/5)	9.700 (10)	Temple, Towson (1/12)	9.800 (3)		
<b>Uneven Bars</b> (10.0, 3/9/18)		<b>Floor Exercise</b> (9.775, 1/12/19)			
Temple, Towson (1/12)	9.875 (2)	Temple, Towson (1/12)	9.775 (8)		
Utah (1/5)	9.850 (3)	Utah (1/5)	8.450 (12)		
<b>Balance Beam</b> (9.850, 2/24/18)		<b>Kristen Politz</b> <b>Jr.</b>			
Utah (1/5)	9.750 (8)	<b>All-Around</b> (39.050, 1/15/17)			
Temple, Towson (1/12)	9.700 (9)	<b>Vault</b> (9.850, 2/4/17)			
<b>Floor Exercise</b> (9.850, 2/17/18)		<b>Uneven Bars</b> (9.925, 3/9/18)			
Utah (1/5)	9.825 (5)	<b>Balance Beam</b> (9.850, 3/4/18)			
Temple, Towson (1/12)	9.350 (14)	Utah (1/5)	9.775 (7)		
<b>Kourtney Chinnery</b> <b>So.</b>		Temple, Towson (1/12)	9.650 (11)		
<b>Vault</b> (9.850, 1/13/18)		<b>Floor Exercise</b> (9.825, 1/21/17)			
Temple, Towson (1/12)	9.800 (2)				
Utah (1/5)	9.775 (7)				
<b>Uneven Bars</b> (9.750, 1/5/19)					
Utah (1/5)	9.750 (11)				
Temple, Towson (1/12)	8.925^				
<b>Floor Exercise</b> (9.825, 1/12/19)					
Temple, Towson (1/12)	9.825 (4)				
Utah (1/5)	9.225 (11)				

**KEY**  
**Event** (Career Best, Date)  
 Meet (Date) Score (Place)



# 2019 MEET RESULTS

Utah	Temple, Towson				
Jan. 5, 2019 Jon M. Huntsman Center Attendance: 13,193	Jan. 12, 2019 John B. Hynes Center Attendance: N/A				
No. 5 Utah <b>No. 27 Penn State 194,450</b>	No. 20 Penn State <b>195,150</b> No. 32 Temple Towson				
<b>VAULT 48,625</b> Bonsel 9,700 Garcia 9,500 Astarita 9,725 Chinney 9,775 LaGuardia 9,725 Bridgens 9,700	<b>VAULT 48,175</b> Bonsel 9,075 Garcia 9,475 Astarita 9,750 Chinney 9,800 LaGuardia 9,775 Bastardi 9,375				
<b>UNEVEN BARS 48,950</b> Verdelior 9,775 McCracken 9,775 Chinney 9,750 Bridgens 9,850 Allen 9,675 Garcia 9,800	<b>UNEVEN BARS 49,125</b> Allen 9,725 Verdelior 9,675 McCracken 9,775 Bridgens 9,875 Bonsel 9,850 Garcia 9,900				
<b>BALANCE BEAM 49,000</b> Garcia 9,100 Politz 9,775 Bastardi 9,825 McCracken 9,800 Bridgens 9,750 Hosek 9,850	<b>BALANCE BEAM 48,825</b> Garcia 9,775 Politz 9,650 Bastardi 9,775 McCracken 9,800 Bridgens 9,700 Hosek 9,775				
<b>FLOOR EXERCISE 47,875</b> McCracken 8,450 Bonsel 9,350 Chinney 9,225 Astarita 9,650 Bridgens 9,825 Garcia 9,825	<b>FLOOR EXERCISE 49,025</b> McCracken 9,775 Bonsel 9,675 Chinney 9,825 Astarita 9,900 Bridgens 9,350 Garcia 9,850				
Rotation order: UB, V, FX, BB	Rotation order: UB, BB, FX, V				
<b>ALL-AROUND 39,125</b> Bridgens 38,225 Garcia	<b>ALL-AROUND 39,000</b> Garcia				



# TV/MEDIA ROSTER



**Erynne Allen**  
Jr. • 5-3 • All-Around  
*Douglasville, Ga.*



**Melissa Astarita**  
Fr. • 5-2 • All-Around  
*Morganville, N.J.*



**Amber Autry**  
Sr. • 5-7 • All-Around  
*Rochester, Mich.*



**Jessie Bastardi**  
R-Fr. • 5-1 • All-Around  
*State College, Pa.*



**Alissa Bonsall**  
So. • 5-1 • All-Around  
*Higganum, Conn.*



**Lauren Bridgens**  
So. • 5-4 • All-Around  
*Darnestown, Md.*



**Kourtney Chinnery**  
So. • 5-2 • All-Around  
*Suffolk, Va.*



**Dymiana Cox**  
Fr. • 5-1 • All-Around  
*Elmont, N.Y.*



**Sabrina Garcia**  
Sr. • 5-2 • All-Around  
*Etters, Pa.*



**Mason Hosek**  
Sr. • 5-3 • V, BB, FX  
*Pearland, Texas*



**Donna Howell**  
Fr. • 5-5 • All-Around  
*New Milford, Pa.*



**Jessica Jones**  
Sr. • 5-0 • All-Around  
*Canfield, Ohio*



**Gianna LaGuardia**  
Sr. • 5-3 • All-Around  
*Thornton, Colo.*



**Tess McCracken**  
Jr. • 5-4 • UB, BB, FX  
*Plano, Texas*



**Kristen Politz**  
Jr. • 5-5 • All-Around  
*Morganville, N.J.*



**Ava Verdeflor**  
So. • 5-3 • All-Around  
*Allen, Texas*



**Sarah Brown**  
Head Coach  
*Second Season*



**Rob Drass**  
Assistant Coach  
*Second Season*



**Dallas Becerra**  
Assistant Coach  
*Second Season*



**Quest Hayden**  
Volunteer Assistant  
*First Season*

