



# 2019 PENN STATE WOMEN'S GYMNASTICS

17 NCAA CHAMPIONSHIP TEAM APPEARANCES

29 ALL-AMERICANS ON 96 OCCASIONS

Since 1974

## PENN STATE NITTANY LIONS

0-1, 0-0 Big Ten

DATE	OPPONENT	RESULT/TIME
<b>January</b>		
5	at No. 5 Utah	L, 197.175-194.450
12	vs. No. 32 Temple, Towson <sup>^</sup>	7:30 p.m.
19	<b>No. 15 OHIO STATE* (BTN)</b>	<b>3:30 p.m.</b>
26	<b>No. 22 MINNESOTA* (DD)</b>	<b>4 p.m.</b>
<b>February</b>		
2	at No. 29 Illinois*	2 p.m.
9	at No. 37 Rutgers* (BTN2Go)	7 p.m.
16	<b>No. 6 MICHIGAN*</b>	<b>4 p.m.</b>
22	Big Five Meet* !	7 p.m.
<b>March</b>		
2	<b>No. 13 ARIZONA STATE, CORNELL, YALE</b>	<b>4 p.m.</b>
8	at Florida	6:45 p.m.
17	at No. 22 West Virginia, No. 25 NC State, No. 15 Ohio State	2 p.m.
23	<b>BIG TEN CHAMPIONSHIPS</b>	<b>12 p.m./5 p.m.</b>
<b>April</b>		
6	<b>NCAA REGIONAL CHAMPIONSHIPS</b>	<b>TBA</b>
19-20 NCAA Championships &		TBA

\* - Big Ten Opponent  
<sup>^</sup> - Little Boston Invitational - Boston, Mass.  
 ! - Toledo, Ohio  
 & - Fort Worth, Texas  
 (DD) - Double Dual w/ Penn State men's team  
 (BTN) - Meet Televised on the Big Ten Network

All Times Eastern  
**HOME MEETS IN BOLD CAPS**

## NO. 20 PENN STATE BATTLES NO. 32 TEMPLE, TOWSON IN BOSTON

The No. 20 Penn State women's gymnastics team travels to the Little Boston Invitational on Saturday to take on No. 32 Temple and Towson.

The Nittany Lions are coming off a 197.175-194.450 setback at No. 5 Utah. However, Penn State posted a 49.000 on beam, its highest in a season opener since 2004 vs. Alabama. That was the nation's ninth-highest score on beam last week.

Sophomore Lauren Bridgens posted a 39.125, including a 9.850 on bars and a 9.825 on floor. Senior Mason Hosek led PSU with a 9.850 on beam. Sophomore Kourtney Chinnery had PSU's top performance on vault with a 9.775.

Temple went 1-2 at the Alabama Quad Meet to start the year, posting a 191.925, defeating Southeast Missouri State but falling to Alabama and Northern Illinois.

Towson is set to make its season debut after going 15-19 last year.

### 2019 SEASON HIGHS

<b>Vault</b>	<b>(Rowland/Personett, 10.0)</b>	
Kourtney Chinnery	9.775	1/5
Melissa Astarita	9.725	1/5
Gianna LaGuardia	9.725	1/5
<b>Uneven Bars</b>	<b>(Bridgens, 10.0)</b>	
Lauren Bridgens	9.850	1/5
Sabrina Garcia	9.800	1/5
Tess McCracken	9.775	1/5
Ava Verdefflor	9.775	1/5
<b>Balance Beam</b>	<b>(Leopoldus/Rowland/Smith, 10.0)</b>	
Mason Hosek	9.850	1/5
Jessie Bastardi	9.825	1/5
Tess McCracken	9.800	1/5
<b>Floor Exercise</b>	<b>(Casey, 10.0)</b>	
Lauren Bridgens	9.825	1/5
Sabrina Garcia	9.825	1/5
Melissa Astarita	9.650	1/5
<b>All-Around</b>	<b>(Rowland, 39.775)</b>	
Lauren Bridgens	39.125	1/5
Sabrina Garcia	38.225	1/5

### 2019 TEAM SEASON HIGHS

<b>Vault</b>	<b>(2015, 49.550)</b>	
Utah	48.625	1/5
<b>Uneven Bars</b>	<b>(2001, 49.500)</b>	
Utah	48.950	1/5
<b>Balance Beam</b>	<b>(2001, 49.650)</b>	
Utah	49.000	1/5
<b>Floor Exercise</b>	<b>(2001, 49.725)</b>	
Utah	47.875	1/5
<b>Team Score</b>	<b>(2001, 197.450)</b>	
Utah	194.450	1/5

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# HEAD COACH SARAH BROWN



Sarah Brown begins her second year as the head coach of the Penn State women's gymnastics team in 2018. Brown was named the eighth head coach of the Penn State women's gymnastics program on May 4, 2017. A two-time Big 12 Conference Gymnast of the Year, Brown came to Happy Valley after serving as the head coach at Eastern Michigan University.

In her first season at Penn State, Brown led the Nittany Lions to an 11-8 meet record, including three wins over ranked opponents. The Nittany Lions made an appearance in the NCAA Regionals and finished the season with a No. 32 national ranking.

Two Penn State gymnasts earned All-America honors with freshman Lauren Bridgens and senior Briannah Tsang claiming those accolades. Tsang was the Big Ten Gymnast of the Year, the eighth in program history, after winning the individual Floor Exercise title at the Big Ten Championships. Bridgens and Tsang were First Team All-Big Ten selections, while junior Sabrina Garcia was a Second Team honoree. Bridgens competed in the All-Around at the NCAA Championships.

On March 4, 2018, Bridgens set a Nittany Lion record with a perfect 10 on the Uneven Bars. Tsang earned two Top Five scores in program history on the Floor Exercise.

During her lone season as the head coach of the Eastern Michigan women's gymnastics team in 2017, Brown led the Eagles to the Mid-American Conference (MAC) regular season title, the MAC Championship, an appearance at the NCAA Regionals and a final national ranking of No. 27.

At the 2017 MAC Gymnastics Championships, Eastern Michigan tallied its second-best score in program history (196.500), recorded a school record on the uneven bars (49.300), and three gymnasts tied for the uneven bars title.

During the 2016-17 season, a total of 10 Eastern Michigan gymnasts were named Academic All-MAC and five were selected MAC Distinguished Scholars. Four of the Eagles' MAC Distinguished scholars owned a grade-point average of 3.85 or higher. During the 2016 fall semester, Brown's squad earned a combined 3.49 grade-point average and a 3.69 GPA in the spring of 2017.

#### Career Honors

- Midwest Independent Assistant Coach of the Year (2014)

#### Brown's Record

- Penn State: 11-9 (*Second Season*)
- Career: 22-13 (*Three Seasons*)

#### Under Brown

- 2 NACGC/W All-Americans
- 3 All-Big Ten Selections
- 1 B1G Individual Event Champions

Brown served for one season as a volunteer assistant coach at the University of Michigan during the 2015-16 school year, helping the Wolverines win the 2016 Big Ten Championship. She assisted on all four events and helped with development of daily practice plans. Her role with the Wolverines also included assisting with community service, recruiting and team travel.

Before joining the Michigan coaching staff, Brown was an assistant women's gymnastics coach at Southeast Missouri State University for three seasons, where she was selected the Midwest Independent Conference Assistant Coach of the Year in 2014.

Brown was the head beam coach and beam/floor choreographer and helped develop three MIC individual champions in 2014, two MIC Freshman of the Year selections and four NCAA regional all-around competitors.

She also was the director of operations for the University of Missouri women's gymnastics program for one year before starting her collegiate coaching career.

Brown began her collegiate gymnastics career at the University of Utah for one season before completing her collegiate career at the University of Missouri. A four-time All-American at Mizzou, she was the Tigers' Female Athlete of the Year in 2009 and 2010 and earned the Director of Athletics Leadership Award in 2010.

Brown brings numerous achievements from her time as a student-athlete to Penn State. Along with her All-America plaudits, Brown was selected the Big 12 Conference Gymnast of the Year in 2009 and 2010, was named to the All-Big 12 Championship Team nine times and was a nominee for the 2010 Honda Broderick Cup award.

A 2015 Missouri Athletics Hall of Fame inductee, Brown was named the 2008 Big 12 Newcomer of the Year and earned South Central Regional Gymnast of the Year honors twice (2009-10).

While she was at Utah, Brown was a member of the team that finished second at the NCAA Women's Gymnastics Championships in 2007.

Prior to her collegiate gymnastics career, she was a four-time member of the USA National Team (2002-05).

A two-time graduate of the University of Missouri, Brown earned a bachelor's degree in interdisciplinary studies with an emphasis in communication and business in 2010 and a master's of education in counseling psychology with an emphasis in sport psychology in 2012.

A native of Columbia, Missouri, the former Sarah Shire is married to Antonio Brown. Sarah and Antonio welcomed a son, Isaiah, to the family on August 9, 2017.



# NEWS & NOTES

# NATIONAL POLL (ROADTONATIONALS)

### SCOUTING THE OWLS, TIGERS

No. 32 Temple started the year with a 191.925-point performance at the Alabama Quad Meet, where the Owls went 1-2.

The Owls earned a 48.075 on vault, 48.525 on bars, 47.050 on beam and 48.275 on floor.

Jazmyn Estrella led the Owls with a 9.825 on bars and tied with Jaylene Everett for the team's top score on vault (9.700). Delaney Garin led Temple on beam with a 9.600, while India Anderson paced the squad with a 9.775 on floor.

Towson finished the 2018 season ranked 44th in RQS by RoadToNationals, averaging a 195.165. The Tigers had a 15-19 record in dual meets.

The Tigers return two All-EAGL selections. Senior Cortni Baker was first-team on vault, while junior Mary Elle Arduino was second-team on beam and all-around.

### LIONS SHINE ON BEAM

Penn State had a strong opening-week performance on beam.

In it's final rotation of the meet at No. 5 Utah, the Nittany Lions posted a 49.000. That was PSU's highest score on beam in a season opener since 2004 against Alabama (49.125).

Senior Mason Hosek led the PSU rotation with a 9.850, finishing second in the event. Freshman Jessie Bastardi placed fifth with a 9.825, while sophomore Tess McCracken set a career high with a 9.800. Senior Kristen Politz earned a 9.775 while Lauren Bridgens tallied a 9.750.

The Nittany Lions posted the nation's ninth-best beam score last weekend and the best in the Big Ten.

### STRONG DEBUTS

Three Penn State newcomers competed in their first collegiate meet last weekend.

Junior Erynne Allen tallied a 9.675 on bars after transferring to Happy Valley. She also had a 9.650 in an exhibition on floor.

Freshman Melissa Astarita collected a 9.725 for eighth place on vault and a 9.650 on floor.

Redshirt freshman Jessie Bastardi made her college debut with a strong 9.825 on beam, placing fifth in the event. She also recorded a 9.475 in an exhibition on vault.

### NATIONALLY RANKED NITS

In addition to having the ninth-best beam score in the nation, Penn State is also 13th on bars and 24th on vault.

Sophomore Lauren Bridgens is tied for 23rd in the nation on bars after posting a 9.850 last Saturday. That is the sixth-highest mark in the Big Ten.

On beam, Mason Hosek sits No. 26 (9.850) in the country and No. 4 in the Big Ten and Jessie Bastardi is tied for No. 42 (9.825) nationally and is ninth in the conference.

On floor, Sabrina Garcia and Bridgens are tied 40th in the nation (9.825) and sixth in the Big Ten.

In all-around, Bridgens is tied for 22nd in the nation (39.125), while Garcia is tied for 43rd (38.225). Bridgens ranks fifth in the Big Ten and Garcia ranks 10th.

	Team	Avg.	Hgh
1	Oklahoma	198.050	198.050
2	UCLA	197.250	197.250
3	Utah	197.175	197.175
4	LSU	196.775	196.775
5	Georgia	196.600	196.600
6	Michigan	196.050	196.050
7	Kentucky	195.975	195.975
8	Nebraska	195.700	195.700
9	California	195.650	195.650
10	Arkansas	195.575	195.575
11	Missouri	195.450	195.450
12	Stanford	195.175	195.175
13	Arizona State	195.000	195.000
14	UC Davis	194.950	194.950
15	Ohio State	194.900	194.900
16	Central Michigan	194.875	194.875
17	Auburn	194.825	194.825
18	Arizona	194.750	194.750
18	Alabama	194.750	194.750
20	Penn State	194.450	194.450
21	Iowa State	194.275	194.275
22	Minnesota	194.150	194.150
22	West Virginia	194.150	194.150
24	Illinois-Chicago	193.925	193.925
25	NC State	193.750	193.750
26	Northern Illinois	193.325	193.325
27	San Jose State	193.300	193.300
28	Iowa	193.225	193.225
29	Illinois	192.850	192.850
30	Texas Women's	192.600	192.600
31	Bridgeport	192.575	192.575
32	Temple	191.925	191.925
33	Michigan State	191.700	191.700
34	Illinois State	191.125	192.975
35	Alaska	190.638	192.350
36	Sacramento State	190.000	190.000
37	Rutgers	189.800	189.800
38	S.E. Missouri State	187.800	187.800
39	Hamline	183.525	183.525
40	UW-Oshkosh	181.925	181.925

### 2018 Opponents in Bold

### PENN STATE WEEK-BY-WEEK RANKING

Preseason (WCGA)	27
Week 2	20

# 2019 ROSTER

Name	Event	Yr.	Ht.	Hometown/High School/Last School
Erynne Allen	AA	Jr.	5-3	Douglasville, Ga./South Paulding/Kentucky
Melissa Astarita	AA	Fr.	5-2	Morganville, N.J./Marlboro
Amber Autry	AA	Sr.	5-7	Rochester, Mich./West Bloomfield
Jessie Bastardi	AA	R-Fr.	5-1	State College, Pa./Saint Joseph's Catholic Academy/West Virginia
Alissa Bonsall	AA	So.	5-1	Higganum, Conn./Haddam Killingworth
Lauren Bridgens	AA	So.	5-4	Darnestown, Md./Quince Orchard
Kourtney Chinnery	AA	So.	5-2	Suffolk, Va./Summit Christian Academy
Dymiana Cox	AA	Fr.	5-1	Elmont, N.Y./Parkettes
Sabrina Garcia	AA	Sr.	5-2	Etters, Pa./Red Land
Mason Hosek	V, BB, FX	Sr.	5-3	Pearland, Texas/Pearland
Donna Howell	AA	Fr.	5-5	New Milford, Pa./PA Cyber Charter School
Jessica Jones	AA	Sr.	5-0	Canfield, Ohio/Canfield
Gianna LaGuardia	AA	Sr.	5-3	Thornton, Colo./Mountain Range
Tess McCracken	UB, BB, FX	Jr.	5-4	Plano, Texas/Liberty
Kristen Politz	AA	Jr.	5-5	Morganville, N.J./Saint John Vianney
Ava Verdeflor	AA	So.	5-3	Allen, Texas/Allen

**Head Coach:** Sarah Brown (Missouri, '10; Second Season)

**Assistant Coaches:** Rob Drass (Penn State, '90; Second Season), Dallas Becerra (Missouri, '13; Second Season)

**Volunteer Assistant:** Quest Hayden (Penn State, '18; First Season)



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# QUICK FACTS

## GENERAL INFORMATION

Location..... University Park, Pa.  
 Founded ..... 1855  
 Enrollment ..... 47,261  
 Colors ..... Blue and White  
 Conference ..... Big Ten  
 Nickname ..... Nittany Lions  
 President..... Dr. Eric Barron  
 Director of Athletics ..... Sandy Barbour  
 Assoc. Athletics Director/SWA Charmelle Green  
 Deputy Director of Athletics/  
 Chief Operating Officer..... Phil Esten  
 Athletic Website ..... www.GoPSUsports.com

## COACHING STAFF

Head Coach..... Sarah Brown  
 Penn State Record (Years)..... 11-9 (Second)  
 Career Record (Years) ..... 22-13 (Three)  
 Assistant Coach..... Rob Drass (Second Year)  
 Assistant Coach... Dallas Becerra (Second Year)  
 Volunteer Assistant..... Quest Hayden (First Year)  
 Office ..... 110A White Building  
 Telephone ..... (814) 863-7461  
 Fax..... (814) 865-8149

## TEAM INFORMATION

Home Arena (Capacity) ..... Rec Hall (5,812)  
 Facebook..... PennStateWomensGymnastics  
 Instagram..... @PennStateWGYM  
 Twitter ..... @PennStateWGYM

## 2018 RECAP

2018 Regular Season Record ..... 11-8  
 Big Ten Regular Season Record..... 2-7  
 Big Ten Championships Finish..... 7th  
 2018 NCAA Regional Finish ..... 5th  
 2018 NCAA Championships Finish..... N/A  
 Final National Ranking ..... 32  
 All-Americans Returning/Lost ..... 1/1  
 Letterwinners Returning/Lost ..... 11/3  
 Newcomers ..... 5

## PROGRAM HISTORY

First Year of Gymnastics..... 1965  
 All-Time Record (Years)..... 579-284-4 (54)  
 National Championships ..... 2  
 (1978, 80)  
 NCAA Championship Team Appearances .... 17  
 (1982, '84, '85, '86, '88, '91, '92, '93,  
 '95, '96, '97, '98, '99, 2000, '05, '09, '14)  
 AIAW Championship Appearances..... 7  
 (1975, '76, '77, '78, '79, '80, '81)

## STRATEGIC COMMUNICATIONS

Gymnastics Contact ..... Paul Marboe  
 Office Phone..... (814) 206-6338  
 Cell Phone ..... (814) 777-7604  
 Email ..... prm5118@psu.edu  
 Athletics Website ..... GoPSUsports.com

All student-athlete and coach interviews, along with credential requests, must be arranged through the Penn State Athletics Strategic Communications office at least 48 hours in advance.

## BROWN BEGINS SECOND SEASON

Penn State Head Coach Sarah Brown led the Nittany Lions to an 11-8 record in her first season in Happy Valley, finishing seventh at the Big Ten Championships.

The Nittany Lions earned five wins over ranked opponents and finished the season with a No. 32 national ranking.

Brown enters her third year overall as a head coach with a 22-12 career record.

## ALL-AMERICAN RETURNING

Sophomore Lauren Bridgens became the 29th All-American in program history in 2018, collecting the program's 96th All-American honor.

She was a second-team selection on Uneven Bars by the NACGC/W. A first-team All-Big Ten honoree, Bridgens won three all-around titles, three vault titles, six uneven bars titles, one beam title and one floor exercise title. She placed third in the all-around at the NCAA Regional to advance to the NCAA Championships, where she finished 29th.

Bridgens earned a perfect 10.0 on bars during the BYU Quad Meet.

## BIG TEN GYMNASTS TO WATCH

Bridgens was joined by senior Sabrina Garcia being named Big Ten Gymnasts To Watch for the 2019 season.

Garcia was a second-team All-Big Ten selection in 2018 after finishing third or better in the all-around five times. She placed ninth in the all-around at the NCAA Regional. Garcia earned four uneven bars titles, one balance beam title and two floor exercise titles. She has 18 career event titles.

## #RESTORETHEROAR

Bridgens and Garcia are two of 11 returners from the 2018 squad.

The group includes seniors Amber Autry, Mason Hosek, Jessica Jones and Gianna LaGuardia. Hosek owns two career event titles, including one on beam last year, while Jones has three career titles and LaGuardia won three vault titles in 2018.

Juniors Tess McCracken and Kristen Politz return to Happy Valley. Politz has one career title on floor exercise.

Alissa Bonsall, Kourtney Chinnery and Ava Verdeflor join Bridgens in the sophomore class. Bonsall earned an event title on vault last season.

## WELCOME TO HAPPY VALLEY

The Nittany Lions welcomed five newcomers to the program, including two transfers.

Freshmen Melissa Astarita, Dymiana Cox and Donna Howell all joined the program. Astarita competed for Action Gymnastics in New Jersey, while Cox participated in the Junior Olympic Nationals in 2017 and 2018 as part of Parkette Gymnastics in New York. Howell competed for United Sports Academy in Pennsylvania.

Junior Erynne Allen and redshirt freshman Jessie Bastardi joined the program as transfers. Allen transferred from Kentucky where she competed in one meet as a sophomore after redshirting as a freshman. Allen earned a score of 9.525 on vault as an exhibition participant in a meet against Ball State, George Washington and Southeast Missouri State. Allen was the first Level 10 gymnast to come out of the Paulding Gymnastics club in Georgia.

Bastardi, a State College native, transferred from West Virginia. She was a Pennsylvania State Champion and National Qualifier while competing for Centre Elite Gymnastics.

# PRONUNCIATIONS

Name	Pronunciation
Erynne Allen	Erin
Amber Autry	Ah-tree
Jessie Bastardi	BASS-tardi
Alissa Bonsall	Bonz-el
Lauren Bridgens	Bridge-ens
Kourtney Chinnery	Chin-er-y
Dymiana Cox	DIM-y-ana
Mason Hosek	HOE-zik
Gianna LaGuardia	Gee-ah-nah LaGuardia (airport)
Kristen Politz	pahl-LITZ
Ava Verdeflor	Ver-de-floor



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# NATIONAL NITS

## 2019 TEAM RANKINGS (RQS)

<b>Team Score</b>		
20.	Penn State	194.450
	<i>Season High Score</i>	<i>194.450</i>
<b>Vault</b>		
24.	Penn State	48.625
	<i>Season High Score</i>	<i>48.625</i>
<b>Uneven Bars</b>		
13.	Penn State	48.950
	<i>Season High Score</i>	<i>48.950</i>
<b>Balance Beam</b>		
9.	Penn State	49.000
	<i>Season High Score</i>	<i>49.000</i>
<b>Floor Exercise</b>		
34.	Penn State	47.875
	<i>Season High Score</i>	<i>47.875</i>

## 2019 INDIVIDUAL RANKINGS (Top 75) - RQS

<b>Vault</b>		
T-67.	Kourtney Chinnery	9.775
	<i>Season High Score</i>	<i>9.775</i>
<b>Uneven Bars</b>		
T-23.	Lauren Bridgens	9.850
	<i>Season High Score</i>	<i>9.850</i>
T-59.	Sabrina Garcia	9.800
	<i>Season High Score</i>	<i>9.800</i>
T-73.	Tess McCracken	9.775
	<i>Season High Score</i>	<i>9.775</i>
T-73.	Ava Verdeflor	9.775
	<i>Season High Score</i>	<i>9.775</i>
<b>Balance Beam</b>		
T-26.	Mason Hosek	9.850
	<i>Season High Score</i>	<i>9.850</i>
T-42.	Jessie Bastardi	9.825
	<i>Season High Score</i>	<i>9.825</i>
T-58.	Tess McCracken	9.800
	<i>Season High Score</i>	<i>9.800</i>
T-72.	Kristen Politz	9.775
	<i>Season High Score</i>	<i>9.775</i>
<b>Floor Exercise</b>		
T-40.	Sabrina Garcia	9.825
	<i>Season High Score</i>	<i>9.825</i>
T-40.	Lauren Bridgens	9.825
	<i>Season High Score</i>	<i>9.825</i>
<b>All-Around</b>		
T-22.	Lauren Bridgens	39.125
	<i>Season High Score</i>	<i>39.125</i>
T-43.	Sabrina Garcia	38.225
	<i>Season High Score</i>	<i>38.225</i>

### PRESEASON POLL

On December 10, the Nittany Lions learned they will open the season at No. 27 in the Women's Collegiate Gymnastics Association (WCGA) Poll. The preseason poll was voted on by national coaches.

The Nittany Lions ended the 2018 season ranked No. 32 in the RoadToNationals RQS. PSU earned wins over three ranked opponents last year: No. 35 Eastern Michigan (194.275-192.900), No. 31 West Virginia (196.650-196.075), No. 21 BYU (196.675-196.500), No. 29 Maryland (195.500-195.250) and No. 27 West Virginia (NCAA Regional, 194.900-194.400).

### CHALLENGING SCHEDULE

Heading into the 2019 season, the Nittany Lions are set to face 13 opponents ranked among the WCGA Preseason Poll. The Nittany Lions will compete against No. 3 Florida, No. 5 Utah, No. 9 Michigan, No. 11 Nebraska, No. 18 Ohio State, No. 20 Arizona State, No. 22 Illinois, No. 23 Minnesota, No. 25 NC State, No. 29 Iowa, No. 31 Maryland and No. 35 West Virginia.

Penn State will take on five teams receiving votes: Cornell, Michigan State, Rutgers, Temple and Towson.

### PSU ON BTN

Two Penn State meets have been selected for Big Ten Network broadcasts.

The Nittany Lions host Ohio State on Saturday, January 19 to open the broadcast slate. The meet is scheduled for 3:30 p.m. at Rec Hall.

Penn State travels to Rutgers on Saturday, February 9 for a 7 p.m. meet. It will be broadcast live on BTN2Go with the broadcast being shown on Big Ten Network on February 10 at 10 a.m.

### NITTANY LIONS HOST FOUR HOME MEETS

Penn State is set to host four home meets at Rec Hall this season.

The home slate begins on Saturday, January 19 against Ohio State as the Nittany Lions host their annual Pink Meet. The following weekend, Penn State hosts Minnesota at 4 p.m. as part of a Double Dual.

The Nittany Lions welcome Michigan to Rec Hall on Saturday, February 16 for a 4 p.m. meet before finishing the home schedule with a quad meet on Saturday, March 2 against Arizona State, Cornell and Yale.

### A VOLUNTEER CALLED QUEST

Former Penn State Men's Gymnastics athlete Quest Hayden is staying in Happy Valley as a Volunteer Assist for the women's program.

Hayden was a member of the Penn State Men's Gymnastics team from 2015-18. He was a member of the 2013 U.S. Men's National Team, finishing third in the all-around and first on horizontal bar at the 2013 P&G Championships. The Georgia native was part of the 2015 Big Ten Champion team and competed at the 2015 NCAA Team Finals as well as the 2016 NCAA Individual and Team Championships.

### BIG TEN CHAMPIONSHIPS

For the first time since 2014, the Nittany Lions will host the Big Ten Championships at Rec Hall.

On March 23, Penn State will welcome the rest of the Big Ten for two sessions, with the first at noon and the second at 5 p.m.

### FUTURE NITTANY LIONS

On December 4, Penn State signed three future Nittany Lions to National Letters of Intent.

Amy Bladon, Bella Romagnano and Cassidy Rushlow will all begin competing for PSU in Fall 2019.

Bladon, an Ontario native, finished 12th in the all-around at Elite Canada 2018 for the Bluewater Gymnastics Club.

Romagnano finished fourth on bars and ninth on vault at the 2018 Ohio State Championships. She competes for Buckeye Gymnastics.

Rushlow was a Junior National qualifier in 2018 while competing for Daggett Gold Medal Gymnastics.

## 2019 BIG TEN STANDINGS

	BIG TEN		OVERALL	
	W-L-T	%	W-L-T	%
Michigan	0-0-0	.000	1-0-0	1.000
Maryland	0-0-0	.000	0-0-0	.000
<b>Penn State</b>	<b>0-0-0</b>	<b>.000</b>	<b>0-1-0</b>	<b>.000</b>
Illinois	0-0-0	.000	0-1-0	.000
Iowa	0-0-0	.000	0-1-0	.000
Michigan State	0-0-0	.000	0-1-0	.000
Minnesota	0-0-0	.000	0-1-0	.000
Nebraska	0-0-0	.000	0-1-0	.000
Ohio State	0-0-0	.000	0-1-0	.000
Rutgers	0-0-0	.000	0-1-0	.000

### 2019 BIG TEN WEEKLY AWARDS:

#### Jan. 9

Gymnast: Natalie Wojcik, Fr., Michigan  
Event Specialist: Emma McLean, Sr., Michigan  
Freshman: Natalie Wojcik, Michigan



# EVENT LEADERS

## 2019 MEET-BY-MEET TEAM LEADERS

*Includes Ties*

	V	UB	BB	FX	AA
Erynne Allen	-	-	-	-	-
Melissa Astarita	-	-	-	-	-
Amber Autry	-	-	-	-	-
Jessie Bastardi	-	-	-	-	-
Alissa Bonsall	-	-	-	-	-
Lauren Bridgens	-	1	-	1	1
Kourtney Chinnery	1	-	-	-	-
Dymiana Cox	-	-	-	-	-
Sabrina Garcia	-	-	-	1	-
Mason Hosek	-	-	1	-	-
Donna Howell	-	-	-	-	-
Jessica Jones	-	-	-	-	-
Gianna LaGuardia	-	-	-	-	-
Tess McCracken	-	-	-	-	-
Kristen Politz	-	-	-	-	-
Ava Verdeflor	-	-	-	-	-

# EVENT WINNERS

### CAREER INDIVIDUAL EVENT TITLES

Gymnast	2019	Career
<b>Alissa Bonsall</b>	-	<b>1</b>
Vault	-	1
<b>Lauren Bridgens</b>	-	<b>14</b>
Vault	-	3
Uneven Bars	-	6
Balance Beam	-	1
Floor Exercise	-	1
All Around	-	3
<b>Sabrina Garcia</b>	-	<b>18</b>
Vault	-	1
Uneven Bars	-	8
Balance Beam	-	2
Floor Exercise	-	5
All Around	-	2
<b>Mason Hosek</b>	-	<b>2</b>
Balance Beam	-	2
<b>Jessica Jones</b>	-	<b>3</b>
Balance Beam	-	1
Floor Exercise	-	1
All Around	-	1
<b>Gianna LaGuardia</b>	-	<b>3</b>
Vault	-	3
<b>Kristen Politz</b>	-	<b>1</b>
Floor Exercise	-	1

### TEAM TITLES

<b>Vault (0)</b>	-	-	-
<b>Uneven Bars (0)</b>	-	-	-
<b>Balance Beam (1)</b>	1/5	Utah	49,000
<b>Floor Exercise (0)</b>	-	-	-



# INDIVIDUAL SCHOOL RECORDS

## VAULT

1.	10.0	Brandi Personett	2/13/2010
		Brandi Personett	1/23/2010
		Katie Rowland	3/29/2003
		Katie Rowland	2/16/2003
5.	9.975	Emma Sibson	3/8/2014
		Sharaya Musser	3/7/2010
		Brandi Personett	2/2/2008
		Katie Rowland	3/8/2003
9.	9.950	Briannah Tsang	1/31/2015
		Krystal Welsh	1/31/2015
		Briannah Tsang	1/17/2015
		Emma Sibson	2/8/2014
		Madison Merriam	3/16/2013
		Madison Merriam	2/16/2013
		Sharaya Musser	3/17/2012
		Sharaya Musser	3/2/2012
		Sharaya Musser	1/15/2012
		Sharaya Musser	2/11/2011
		Sharaya Musser	3/20/2010
		Brandi Personett	4/10/2010
		Brandi Personett	2/20/2010
		Brandi Personett	2/13/2009
		Brandi Personett	1/30/2009
		Brandi Personett	3/29/2008
		Brandi Personett	3/31/2007
		Jennifer Orlando	2/25/2006
		Lisa Clark	2/13/2005
		Lisa Clark	4/3/2004
		Katie Rowland	4/12/003
		Katie Rowland	2/7/2003
		Katie Rowland	1/11/2003
		Katie Rowland	3/23/2002
		Katie Rowland	3/9/2002
		Katie Rowland	2/15/2002
		Katie Rowland	3/10/2001
		Gemma Cuff	3/2/2000
		Gemma Cuff	2/28/1998
		Joanna Knox	3/25/1995

## UNEVEN BARS

1.	10.0	Lauren Bridgens	3/9/2018
2.	9.975	Natalie Ettl	2/18/2011
		Katie Perret	3/16/2007
4.	9.950	Sabrina Garcia	1/21/2017
		Sabrina Garcia	1/7/2017
		Kiera Brown	3/19/2016
		Kiera Brown	1/9/2016
		Krystal Welsh	3/8/2015
		Madison Merriam	2/23/2013
		Natalie Ettl	2/6/2011
		Natalie Ettl	3/7/2010
		Natalie Ettl	2/6/2010
		Katie McAvoy	3/1/2003
		Katie McAvoy	2/2/2002
		Katie Rowland	3/16/2002
		Katie Rowland	2/17/2001
		Maria Taylor	2/23/2001
		Nikki Smith	3/13/1999

## BALANCE BEAM

1.	10.0	Katie Rowland	3/14/2003
		Nikki Smith	3/18/2000
		Missy Leopoldus	2/19/1999
		Missy Leopoldus	1/30/1999
5.	9.975	Nicole Medvitz	3/12/2016
		Meredith Hoover	2/25/2006
		Richelle Simpson	2/17/2001
		Maria Taylor	2/17/2001
		Nikki Smith	1/22/2000
10.	9.950	Sydney Sanabria-Robles	1/31/2015
		Briannah Tsang	1/24/2015
		Kassidy Stauder	3/8/2014
		Sharaya Musser	3/16/2013
		Sharaya Musser	2/11/2012
		Sharaya Musser	3/4/2011
		Brandi Personett	2/6/2010
		Kristal Uzelac	3/26/2005
		Katie Rowland	3/9/2002
		Nikki Smith	3/11/2000
		Nikki Smith	1/16/2000
		Missy Leopoldus	1999
		Missy Leopoldus	1/17/1998
		Nicole Malinak	2/28/1997

## FLOOR EXERCISE

1.	10.0	Ellen Casey	2/19/1999
2.	9.975	Katie Rowland	3/14/2003
		Gemma Cuff	2/23/2001
		Ellen Casey	1999
5.	9.950	Briannah Tsang	3/24/2018
		Briannah Tsang	2/24/2018
		Briannah Tsang	3/5/2017
		Emma Sibson	3/8/2015
		Sharaya Musser	3/17/2012
		Sharaya Musser	3/4/2011
		Sharaya Musser	2/18/2011
		Brandi Personett	3/27/2010
		Brandi Personett	3/20/2010
		Brandi Personett	2/20/2010
		Brandi Personett	3/21/2009
		Brandi Personett	3/8/2009
		Brandi Personett	3/1/2009
		Brandi Personett	3/1/2008
		Brandi Personett	2/24/2007
		Kate Stopper	2/6/2004
		Katie Rowland	4/12/2003
		Katie Rowland	3/1/2003
		Katie Rowland	2/16/2003
		Katie Rowland	2/1/2003
		Katie Rowland	3/16/2002
		Katie Rowland	2/23/2001
		Katie Rowland	2/3/2001
		Leslie Bair	2/23/2001
		Richelle Simpson	2/23/2001
		Heather Duggan	2/19/2000
		Missy Leopoldus	3/14/1998
		Ellen Casey	1999
		Ellen Casey	2/28/1998
		Ellen Casey	3/16/1997

## ALL-AROUND

1.	39.775	Katie Rowland	3/14/2003
2.	39.725	Sharaya Musser	3/4/2011
		Katie Rowland	3/9/2002
4.	39.700	Brandi Personett	2/20/2010
5.	39.675	Katie Rowland	2/16/2003
6.	39.650	Sharaya Musser	3/16/2013
		Sharaya Musser	3/17/2012
		Sharaya Musser	3/2/2012
		Katie Rowland	2/23/2001
		Katie Rowland	2/17/2001

**NOTES:** Listed alphabetically based on most recent performance.

# TEAM SCHOOL RECORDS

## VAULT

1.	49.550	at Illinois	1/31/2015
2.	49.500	Cornell, Iowa, Yale	1/23/2010
	49.500	at NCAA Regionals	4/3/2004
	49.500	at West Virginia w/ Rutgers	2/16/2003
5.	49.475	Kentucky	3/16/2013
	49.475	at West Virginia w/ Ball State	2/13/2005
7.	49.450	at N.H. w/Bridgeport, G. Wash.	3/8/2014
	49.450	Iowa State, Penn, SUNY-Brockport	2/28/2015
9.	49.425	Nebraska, Rutgers, Yale	2/10/2006
10.	49.400	at Pittsburgh	2/13/2010

## UNEVEN BARS

1.	49.500	Massachusetts	2/23/2001
2.	49.475	at BYU, TWU & Utah State	3/9/2018
3.	49.425	Nebraska	3/1/2003
4.	49.375	at Michigan State	2/4/2018
	49.375	at Maryland Quad	2/18/2011
	49.375	at Arizona w/ Kentucky, TWU	3/16/2007
	49.375	at Rhode Island	2/17/2001
8.	49.350	Michigan State	2/23/2013
	49.350	Maryland	3/17/2012
	49.350	at Big Ten Championships	3/27/2010
	49.350	Illinois	2/6/2010
	49.350	at Pittsburgh	3/18/2006
	49.350	at New Hampshire	3/6/2004
	49.350	New Hampshire	1/20/2001
	49.350	NCAA Regionals	4/10/1999
	49.350	Alabama	2/19/1999

## BALANCE BEAM

1.	49.650	at Rhode Island	2/17/2001
2.	49.550	Big Ten Championships	3/18/2000
3.	49.425	Central Michigan	1/24/2004
4.	49.375	Iowa, Mich., Minn., Rutgers	3/12/2016
	49.375	at N.H. w/Bridgeport, G. Wash.	3/8/2014
	49.375	at Pittsburgh	2/28/2004
	49.375	Pennsylvania Championships	2/28/1997
8.	49.350	Maryland, Michigan, Bridgeport	3/7/2010
	49.350	at Illinois	1/13/2001
10.	49.300	Kentucky	3/16/2013
	49.300	Massachusetts	2/23/2001
	49.300	Penn State Quad Meet	2/19/2017

## FLOOR EXERCISE

1.	49.725	Massachusetts	2/23/2001
2.	49.550	Pittsburgh	2/3/2001
3.	49.525	New Hampshire, Penn, Temple	3/9/2013
	49.525	Florida	1/30/1999
5.	49.500	Alabama	2/19/1999
6.	49.450	at Pittsburgh	3/11/2012
7.	49.425	NCAA Regionals	4/5/2014
	49.425	Big Ten Championships	3/22/2014
	49.425	at Big Ten Championships	3/21/2009
	49.425	Maryland	1/29/2005

## TEAM

1.	197.450	Massachusetts	2/23/2001
2.	197.325	Kentucky	3/16/2013
3.	197.200	at N.H. w/Bridgeport, G. Wash.	3/8/2014
4.	197.125	Iowa, Mich., Minn., Rutgers	3/12/2016
5.	197.075	Maryland, North Carolina State	3/4/2011
6.	197.025	Alabama	2/19/1999
	197.025	Michigan State	2/7/2015
8.	196.975	New Hampshire, Penn, Temple	3/9/2013
9.	196.875	Pittsburgh	2/3/2001
10.	196.825	at Arizona w/Kentucky, TWU	3/16/2007



## TOP INDIVIDUAL PERFORMERS

<b>Vault</b> (Rowland/Personett, 10.0)			<b>Balance Beam</b> (Leopoldus/Rowland/Smith, 10.0)			<b>All-Around</b> (Rowland, 39.775)		
Kourtney Chinnery	9.775	1/5	Mason Hosek	9.850	1/5	Lauren Bridgens	39.125	1/5
Melissa Astarita	9.725	1/5	Jessie Bastardi	9.825	1/5	Sabrina Garcia	38.225	1/5
Gianna LaGuardia	9.725	1/5	Tess McCracken	9.800	1/5			
Alissa Bonsall	9.700	1/5	Kristen Politz	9.775	1/5			
Lauren Bridgens	9.700	1/5	Lauren Bridgens	9.750	1/5			
Sabrina Garcia	9.500	1/5	Sabrina Garcia	9.100	1/5			
<b>Uneven Bars</b> (Bridgens, 10.0)			<b>Floor Exercise</b> (Casey, 10.0)					
Lauren Bridgens	9.850	1/5	Lauren Bridgens	9.825	1/5			
Sabrina Garcia	9.800	1/5	Sabrina Garcia	9.825	1/5			
Tess McCracken	9.775	1/5	Melissa Astarita	9.650	1/5			
Ava Verdeflor	9.775	1/5	Alissa Bonsall	9.350	1/5			
Kourtney Chinnery	9.750	1/5	Kourtney Chinnery	9.225	1/5			
Erynne Allen	9.675	1/5	Tess McCracken	8.450	1/5			

## TOP TEAM PERFORMANCES

<b>Vault</b> (2015, 49.550)			<b>Balance Beam</b> (2001, 49.650)			<b>Team Score</b> (2001, 197.450)		
Utah	48.625	1/5	Utah	49.000	1/5	Utah	194.450	1/5
<b>Uneven Bars</b> (2001, 49.500)			<b>Floor Exercise</b> (2001, 49.725)					
Utah	48.950	1/5	Utah	47.875	1/5			

## SCHEDULE & RESULTS

Date	Opponent	Time/Result	Record
JAN. 5	AT NO. 5 UTAH	L, 197.175-194.450	0-1, 0-0 B1G
JAN. 12	AT TOWSON, TEMPLE (LITTLE BOSTON INVITATIONAL)	7:30 P.M.	--
<b>JAN. 19</b>	<b>OHIO STATE*</b>	<b>3:30 P.M.</b>	--
<b>JAN. 26</b>	<b>MINNESOTA*</b>	<b>4 P.M.</b>	--
FEB. 2	AT ILLINOIS*	2 P.M.	--
FEB. 9	AT RUTGERS*	7 P.M.	--
<b>FEB. 16</b>	<b>MICHIGAN*</b>	<b>4 P.M.</b>	--
<b>FEB. 22</b>	<b>BIG FIVE MEET*</b>	<b>7 P.M.</b>	--
<b>MAR. 2</b>	<b>ARIZONA STATE, CORNELL, YALE</b>	<b>4 P.M.</b>	--
MAR. 8	AT FLORIDA	6:45 P.M.	--
MAR. 17	AT WEST VIRGINIA, NC STATE, OHIO STATE	2 P.M.	--
<b>MAR. 23</b>	<b>BIG TEN CHAMPIONSHIPS</b>	<b>12 P.M./5 P.M.</b>	--
APR. 6	NCAA REGIONALS	--	--
APR. 19-20	NCAA CHAMPIONSHIPS	--	--

**HOME MEETS IN BOLD CAPS**      All Times Eastern      \* - Big Ten Regular Season Competition





## TEAM MEET BY MEET

Date - Opponent	Event Order	V	UB	BB	FX	TEAM
Jan. 5 - at Utah	UB, V, FX, BB	48.625	48.950	49.000	47.875	194.450
Jan. 12 - at Towson, Temple (Little Boston Invitational)						
Jan. 19 - Ohio State*						
Jan. 26 - Minnesota*						
Feb. 2 - at Illinois*						
Feb. 9 - at Rutgers*						
Feb. 16 - Michigan*						
Feb. 22 - Big Five Meet*						
Mar. 2 - Arizona State, Cornell, Yale						
Mar. 8 - at Florida						
Mar. 17 - at West Virginia, NC State, Ohio State						
Mar. 23 - Big Ten Championships						
Apr. 6 - NCAA Regionals						
Apr. 19-20 - NCAA Championships						

### SEASON HIGH IN BOLD

\* Indicates Big Ten Regular Season Meet

## TOP PERFORMANCES

<b>Vault</b> (Rowland/Personett, 10.0)		<b>Balance Beam</b> (Leopoldus/Rowland/Smith, 10.0)		<b>All-Around</b> (Rowland, 39.775)	
Kourtney Chinnery	9.775 1/5	Mason Hosek	9.850 1/5	Lauren Bridgens	39.125 1/5
Melissa Astarita	9.725 1/5	Jessie Bastardi	9.825 1/5	Sabrina Garcia	38.225 1/5
Gianna LaGuardia	9.725 1/5	Tess McCracken	9.800 1/5		
Alissa Bonsall	9.700 1/5	Kristen Politz	9.775 1/5		
Lauren Bridgens	9.700 1/5	Lauren Bridgens	9.750 1/5		
Sabrina Garcia	9.500 1/5	Sabrina Garcia	9.100 1/5		
<b>Uneven Bars</b> (Bridgens, 10.0)		<b>Floor Exercise</b> (Ellen Casey, 10.0)			
Lauren Bridgens	9.850 1/5	Lauren Bridgens	9.825 1/5		
Sabrina Garcia	9.800 1/5	Sabrina Garcia	9.825 1/5		
Tess McCracken	9.775 1/5	Melissa Astarita	9.650 1/5		
Ava Verdeflor	9.775 1/5	Alissa Bonsall	9.350 1/5		
Kourtney Chinnery	9.750 1/5	Kourtney Chinnery	9.225 1/5		
Erynne Allen	9.675 1/5	Tess McCracken	8.450 1/5		



## GYMNAST MEET-BY-MEET

<b>Erynne Allen</b> <b>Jr.</b>		<b>Sabrina Garcia</b> <b>Sr.</b>		<b>Ava Verdeflor</b> <b>So.</b>	
<b>Uneven Bars</b> (9.675, 1/5/19)	Utah (1/5) 9.675 (12)	<b>All-Around</b> (39.400, 2/4/17)	Utah (1/5) 38.225 (5)	<b>Uneven Bars</b> (9.850, 2/17/18)	Utah (1/5) 9.775 (9)
<b>Floor Exercise</b> (9.650 <sup>^</sup> , 1/5/19)	Utah (1/5) 9.650 <sup>^</sup>	<b>Vault</b> (9.850, 2/4/17)	Utah (1/5) 9.500 (12)	<b>Balance Beam</b> (9.800, 3/9/18)	
<b>Melissa Astarita</b> <b>Fr.</b>		<b>Uneven Bars</b> (9.950, 1/7/17)	Utah (1/5) 9.800 (8)		
<b>Vault</b> (9.725, 1/5/19)	Utah (1/5) 9.725 (8)	<b>Balance Beam</b> (9.925, 2/9/18)	Utah (1/5) 9.100 (12)		
<b>Floor Exercise</b> (9.650, 1/5/19)	Utah (1/5) 9.650 (8)	<b>Floor Exercise</b> (9.900, 3/12/16)	Utah (1/5) 9.825 (5)		
<b>Amber Autry</b> <b>Sr.</b>		<b>Mason Hosek</b> <b>Sr.</b>			
<b>Uneven Bars</b> (9.650 <sup>^</sup> , 2/4/18)		<b>Vault</b> (9.800, 3/4/16)			
<b>Jessie Bastardi</b> <b>R-Fr.</b>		<b>Balance Beam</b> (9.900, 2/13/16)	Utah (1/5) 9.850 (2)		
<b>Vault</b> (9.475 <sup>^</sup> , 1/5/19)	Utah (1/5) 9.475 <sup>^</sup>	<b>Floor Exercise</b> (9.850, 3/12/16)			
<b>Balance Beam</b> (9.825, 1/5/19)	Utah (1/5) 9.825 (5)	<b>Donna Howell</b> <b>Fr.</b>			
<b>Alissa Bonsall</b> <b>So.</b>		<b>Jessica Jones</b> <b>Sr.</b>			
<b>All-Around</b> (38.750, 1/6/18)		<b>All-Around</b> (39.175, 3/4/16)			
<b>Vault</b> (9.825, 3/4/18)	Utah (1/5) 9.700 (10)	<b>Vault</b> (9.825, 3/4/16)			
<b>Uneven Bars</b> (9.900, 1/13/18)	Utah (1/5) 9.800 <sup>^</sup>	<b>Uneven Bars</b> (9.850, 1/29/16)			
<b>Balance Beam</b> (9.675, 1/5/19)	Utah (1/5) 9.675 <sup>^</sup>	<b>Balance Beam</b> (9.875, 3/4/16)			
<b>Floor Exercise</b> (9.850, 3/24/18)	Utah (1/5) 9.350 (10)	<b>Floor Exercise</b> (9.850, 1/9/16) <sub>x</sub>			
<b>Lauren Bridgens</b> <b>So.</b>		<b>Gianna LaGuardia</b> <b>Sr.</b>			
<b>All-Around</b> (39.475, 2/24/18)	Utah (1/5) 39.125 (3)	<b>Vault</b> (9.875, 2/9/18)	Utah (1/5) 9.725 (8)		
<b>Vault</b> (9.925, 3/4/18)	Utah (1/5) 9.700 (10)	<b>Uneven Bars</b> (9.825, 2/11/17)			
<b>Uneven Bars</b> (10.0, 3/9/18)	Utah (1/5) 9.850 (3)	<b>Tess McCracken</b> <b>Jr.</b>			
<b>Balance Beam</b> (9.850, 2/24/18)	Utah (1/5) 9.750 (8)	<b>Uneven Bars</b> (9.825, 3/9/18)	Utah (1/5) 9.775 (9)		
<b>Floor Exercise</b> (9.850, 2/17/18)	Utah (1/5) 9.825 (5)	<b>Balance Beam</b> (9.800, 1/5/19)	Utah (1/5) 9.800 (6)		
<b>Kourtney Chinnery</b> <b>So.</b>		<b>Floor Exercise</b> (9.725, 1/27/18)	Utah (1/5) 8.450 (12)		
<b>Vault</b> (9.850, 1/13/18)	Utah (1/5) 9.775 (7)	<b>Kristen Politz</b> <b>Jr.</b>			
<b>Uneven Bars</b> (9.750, 1/5/19)	Utah (1/5) 9.750 (11)	<b>All-Around</b> (39.050, 1/15/17)			
<b>Floor Exercise</b> (9.450, 1/19/18)	Utah (1/5) 9.225 (11)	<b>Vault</b> (9.850, 2/4/17)			
<b>Dymiana Cox</b> <b>Fr.</b>		<b>Uneven Bars</b> (9.925, 3/9/18)			
		<b>Balance Beam</b> (9.850, 3/4/18)	Utah (1/5) 9.775 (7)		
		<b>Floor Exercise</b> (9.825, 1/21/17)			

<b>KEY</b>	
Event	(Career Best, Date)
Meet (Date)	Score (Place)



## GYMNAST TOP PERFORMANCES

<b>Erynne Allen</b> <b>Jr.</b>		<b>Sabrina Garcia</b> <b>Sr.</b>		<b>Ava Verdeflor</b> <b>So.</b>	
<b>Uneven Bars</b> (9.675, 1/5/19)	Utah (1/5) 9.675 (12)	<b>All-Around</b> (39.400, 2/4/17)	Utah (1/5) 38.225 (5)	<b>Uneven Bars</b> (9.850, 2/17/18)	Utah (1/5) 9.775 (9)
<b>Floor Exercise</b> (9.650^, 1/5/19)	Utah (1/5) 9.650^	<b>Vault</b> (9.850, 2/4/17)	Utah (1/5) 9.500 (12)	<b>Balance Beam</b> (9.800, 3/9/18)	
<b>Melissa Astarita</b> <b>Fr.</b>		<b>Uneven Bars</b> (9.950, 1/7/17)	Utah (1/5) 9.800 (8)		
<b>Vault</b> (9.725, 1/5/19)	Utah (1/5) 9.725 (8)	<b>Balance Beam</b> (9.925, 2/9/18)	Utah (1/5) 9.100 (12)		
<b>Floor Exercise</b> (9.650, 1/5/19)	Utah (1/5) 9.650 (8)	<b>Floor Exercise</b> (9.900, 3/12/16)	Utah (1/5) 9.825 (5)		
<b>Amber Autry</b> <b>Sr.</b>		<b>Mason Hosek</b> <b>Sr.</b>			
<b>Uneven Bars</b> (9.650^, 2/4/18)		<b>Vault</b> (9.800, 3/4/16)			
<b>Jessie Bastardi</b> <b>R-Fr.</b>		<b>Balance Beam</b> (9.900, 2/13/16)	Utah (1/5) 9.850 (2)		
<b>Vault</b> (9.475^, 1/5/19)	Utah (1/5) 9.475^	<b>Floor Exercise</b> (9.850, 3/12/16)			
<b>Balance Beam</b> (9.825, 1/5/19)	Utah (1/5) 9.825 (5)	<b>Donna Howell</b> <b>Fr.</b>			
<b>Alissa Bonsall</b> <b>So.</b>		<b>Jessica Jones</b> <b>Sr.</b>			
<b>All-Around</b> (38.750, 1/6/18)		<b>All-Around</b> (39.175, 3/4/16)			
<b>Vault</b> (9.825, 3/4/18)	Utah (1/5) 9.700 (10)	<b>Vault</b> (9.825, 3/4/16)			
<b>Uneven Bars</b> (9.900, 1/13/18)	Utah (1/5) 9.800^	<b>Uneven Bars</b> (9.850, 1/29/16)			
<b>Balance Beam</b> (9.675, 1/5/19)	Utah (1/5) 9.675^	<b>Balance Beam</b> (9.875, 3/4/16)			
<b>Floor Exercise</b> (9.850, 3/24/18)	Utah (1/5) 9.350 (10)	<b>Floor Exercise</b> (9.850, 1/9/16)x			
<b>Lauren Bridgens</b> <b>So.</b>		<b>Gianna LaGuardia</b> <b>Sr.</b>			
<b>All-Around</b> (39.475, 2/24/18)	Utah (1/5) 39.125 (3)	<b>Vault</b> (9.875, 2/9/18)	Utah (1/5) 9.725 (8)		
<b>Vault</b> (9.925, 3/4/18)	Utah (1/5) 9.700 (10)	<b>Uneven Bars</b> (9.825, 2/11/17)			
<b>Uneven Bars</b> (10.0, 3/9/18)	Utah (1/5) 9.850 (3)	<b>Tess McCracken</b> <b>Jr.</b>			
<b>Balance Beam</b> (9.850, 2/24/18)	Utah (1/5) 9.750 (8)	<b>Uneven Bars</b> (9.825, 3/9/18)	Utah (1/5) 9.775 (9)		
<b>Floor Exercise</b> (9.850, 2/17/18)	Utah (1/5) 9.825 (5)	<b>Balance Beam</b> (9.800, 1/5/19)	Utah (1/5) 9.800 (6)		
<b>Kourtney Chinnery</b> <b>So.</b>		<b>Floor Exercise</b> (9.725, 1/27/18)	Utah (1/5) 8.450 (12)		
<b>Vault</b> (9.850, 1/13/18)	Utah (1/5) 9.775 (7)	<b>Kristen Politz</b> <b>Jr.</b>			
<b>Uneven Bars</b> (9.750, 1/5/19)	Utah (1/5) 9.750 (11)	<b>All-Around</b> (39.050, 1/15/17)			
<b>Floor Exercise</b> (9.450, 1/19/18)	Utah (1/5) 9.225 (11)	<b>Vault</b> (9.850, 2/4/17)			
<b>Dymiana Cox</b> <b>Fr.</b>		<b>Uneven Bars</b> (9.925, 3/9/18)			
		<b>Balance Beam</b> (9.850, 3/4/18)	Utah (1/5) 9.775 (7)		
		<b>Floor Exercise</b> (9.825, 1/21/17)			

**KEY**  
**Event** (Career Best, Date)  
 Meet (Date) Score (Place)



2019 MEET RESULTS

**Utah**

Jan. 5, 2019  
 Jon M. Huntsman Center  
 Attendance: 13,193

No. 5 Utah 197.175  
**No. 27 Penn State 194.450**

**VAULT 48.625**  
 Borsall 9,700  
 Garcia 9,500  
 Astarita 9,725  
 Chinney 9,775  
 LaGuardia 9,725  
 Bridgens 9,700

**UNEVEN BARS 48.950**  
 Verdeflor 9,775  
 McCracken 9,775  
 Chinney 9,750  
 Bridgens 9,850  
 Allen 9,675  
 Garcia 9,800

**BALANCE BEAM 49.000**  
 Garcia 9,100  
 Politz 9,775  
 Bastardi 9,825  
 McCracken 9,800  
 Bridgens 9,750  
 Hosek 9,850

**FLOOR EXERCISE 47.875**  
 McCracken 8,450  
 Borsall 9,350  
 Chinney 9,225  
 Astarita 9,650  
 Bridgens 9,825  
 Garcia 9,825

Rotation order: UB, V, FX, BB

**ALL-AROUND**  
 Bridgens 39,125  
 Garcia 38,225



# TV/MEDIA ROSTER



**Erynne Allen**  
Jr. • 5-3 • All-Around  
*Douglasville, Ga.*



**Melissa Astarita**  
Fr. • 5-2 • All-Around  
*Morganville, N.J.*



**Amber Autry**  
Sr. • 5-7 • All-Around  
*Rochester, Mich.*



**Jessie Bastardi**  
R-Fr. • 5-1 • All-Around  
*State College, Pa.*



**Alissa Bonsall**  
So. • 5-1 • All-Around  
*Higganum, Conn.*



**Lauren Bridgens**  
So. • 5-4 • All-Around  
*Darnestown, Md.*



**Kourtney Chinnery**  
So. • 5-2 • All-Around  
*Suffolk, Va.*



**Dymiana Cox**  
Fr. • 5-1 • All-Around  
*Elmont, N.Y.*



**Sabrina Garcia**  
Sr. • 5-2 • All-Around  
*Etters, Pa.*



**Mason Hosek**  
Sr. • 5-3 • V, BB, FX  
*Pearland, Texas*



**Donna Howell**  
Fr. • 5-5 • All-Around  
*New Milford, Pa.*



**Jessica Jones**  
Sr. • 5-0 • All-Around  
*Canfield, Ohio*



**Gianna LaGuardia**  
Sr. • 5-3 • All-Around  
*Thornton, Colo.*



**Tess McCracken**  
Jr. • 5-4 • UB, BB, FX  
*Plano, Texas*



**Kristen Politz**  
Jr. • 5-5 • All-Around  
*Morganville, N.J.*



**Ava Verdeflor**  
So. • 5-3 • All-Around  
*Allen, Texas*



**Sarah Brown**  
Head Coach  
*Second Season*



**Rob Drass**  
Assistant Coach  
*Second Season*



**Dallas Becerra**  
Assistant Coach  
*Second Season*



**Quest Hayden**  
Volunteer Assistant  
*First Season*

