



2024 SAN DIEGO STATE TRACK & FIELD

2024 SCHEDULE

2024 SCHEDULE		
January		
20	Dr. MLK Invitational	UNM
26-27	UW Invitational	UW
February		
2-3	NM Collegiate Classic	UNM
9-10	Don Kirby Invitational	UNM
22-24	MW Indoor Championships	UNM
March		
8	AstroAI Distance Classic	CSF
9	NCAA Indoor Championships	UMass
16	Ross & Sharon Irwin Invite	PLNU
21-23	Aztec Invitational	SDSU
29	Arnie Robinson Invitational	SD Mesa
29-30	Stanford Invitational	STAN
April		
5-6	Triton Invitational	UCSD
12	Leopard Distance Carnival	LaVerne
12-13	Bryan Clay Invitational	APU
17-20	Mt. SAC Relays	Mt. SAC
26-27	Steve Scott Invitational	UCI
27	Robison Invitational	BYU
27	Desert Heat Classic	AZ
May		
9-11	MW Outdoor Championships	FS
22-25	NCAA West Preliminaries	ARK
June		
5-8	NCAA Outdoor Championships	ORE

THIS WEEK'S ENTRIES

Name	Event
Sydney Ash	Pole Vault
Keira Bennett	Hammer Throw
Sydney Bentley	400m
Vanessa Cabello	5000m, 10000m
Jenna Fee Feyerabend	High Jump, Long Jump, Heptathlon
Amber Elias	5000m, 10000m
Sameerah Evans	100mH, Triple Jump
Giselle Galles	Long Jump
Isabella Fauria	1500m, 5000m
Shaquena Foote	200m, 400m
Maya Gorman	Long Jump
Lauren Harper	800m
Maddie Heller	5000m, 10000m
Olivia Hicks	100m, 200m
Rhea Hoyte	400mH
Charlize James	100mH
Jessica Kain	1500m, 5000m
Jordan Leveque	Pole Vault
Alex Lomeli	800m
Lidia Maor	400mH
Aji Mbye	100m, 200m
Jada Moore	100m, 200m
Lily Mulligan	Pole Vault
Jada Pierre	100m, 100mH
Kayla Tassara	Pole Vault
Hannah Waller	100m, 200m, Long Jump
Thaila Wilson	Javelin Throw
Samantha Wood	1500m, 5000m
Xiamara Young	Long Jump, Triple Jump
Tatum Zinkin	800m

Meet Week Preview - May 9-11

Mountain West Outdoor Championships
Clovis, Calif.

[Live Results](#) | [Watch on MW Network](#)

SAN DIEGO – San Diego State will compete in the 24th installment of the Mountain West Outdoor Championships in Clovis, Calif. this weekend. The three-day meet will begin on Thursday, May 9 and finish on Saturday, May 11.

The action starts with the first half of the combined events at 9:30 a.m. on Thursday and go well into the night with the final event scheduled to start at 7:30 p.m. on the first day of competition. Friday will start with the conclusion of the heptathlon at 10:20 a.m. and end with the steeplechase at 8:20 p.m. Championship Saturday starts at 1 p.m. with a champion crowned just after 9 p.m.

San Diego State has won two of the last three, four of the last six, and six championships overall since head coach Shelia Burrell took over the program. Since 2013, the Aztecs have finished third or better every year in the outdoor championships with nine of those 10 championships resulting in a top two finish.

The Aztecs finished as the runner-up last year as Colorado State won the title by 15.2 points. Individually, SDSU had six event victories (100m, 400m, 100m hurdles, 400m hurdles, pole vault, heptathlon) along with both the 4x100m and 4x400m relay races. Of those champions, six are set to try to defend their crowns.

Looking at the MW performance list, the Aztecs have 27 marks ranked among the top ten including six conference-leading marks (Hannah Waller - 100m, Shaquena Foote - 400m, Jessica Kain 1500m, 4x100m relay, Jordan Leveque - pole vault, Jenna Fee Feyerabend - heptathlon). Per the USTFCCA, San Diego State is third on their conference rankings list trailing defending champion Colorado State and Fresno State.

The entire championship meet will be streamed live on the Mountain West Network with live results available on [finishedresults.com](#)

MW Championship Entries

Sydney Ash (pole vault), Keira Bennett (hammer), Sydney Bentley (400m), Vanessa Cabello (5,000m, 10,000m), Jenna Fee Feyerabend (high jump, long jump, heptathlon), Amber Elias (5,000m, 10,000m), Sameerah Evans (100m hurdles, triple jump), Giselle Galles (long jump), Isabella Fauria (1,500m, 5,000m), Shaquena Foote (200m, 400m), Maya Gorman (long jump), Lauren Harper (800m), Maddie Heller (5,000m, 10,000m), Olivia Hicks (100m, 200m), Rhea Hoyte (400m hurdles), Charlize James (100m hurdles), Jessica Kain (1,500m, 5,000m), Jordan Leveque (pole vault), Alex Lomeli (800m), Lidia Major (400m hurdles), Aji Mbye (100m, 200m), Jada Moore (100m, 200m), Lily Mulligan (pole vault), Jada Pierre (100m, 100m hurdles), Kayla Tassara (pole vault), Hannah Waller (100m, 200m, long jump), Thaila Wilson (javelin), Samantha Wood (1,500m, 5,000m), Xiamara Young (long jump, triple jump), Tatum Zinkin (800m), 4x100m, 4x400m relay

Aztecs in the MW Championships

• San Diego State has won two of the last three, four of the last six, and six championships overall since Shelia Burrell took over the program. They have won seven overall in the 23 years of Mountain West Championships.

• Since 2013, San Diego State has finished no worse than third (2015) and has totaled over 100 points in each of the last 10 championship meets.

• Last year, the Aztecs finished second with 143.2 total points. The most they have scored in conference history was 217 in the title-winning 2017 season. The most in the Shelia Burrell era is 182 points in her first trophy claim in 2013.

• SDSU won eight event titles last year, their third most in a single championship meet. The most they have won was 10 event crowns during the 2013 championships which led to a team title.

AZTECS IN THE 2024 RANKINGS

100 METERS

Time	Athlete	NCAA	West	MW
11.35w	Hannah Waller	-	29	1
11.42	Aji Mbye	-	38	5
11.57	Jada Moore	-	-	7
11.59	Jada Pierre	-	-	8

200 METERS

Time	Athlete	NCAA	West	MW
23.55	Aji Mbye	-	-	4
23.62	Jada Moore	-	-	5

400 METERS

Time	Athlete	NCAA	West	MW
52.14	Shaquena Foote	24	11	1
55.17	Lidia Major	-	-	9

800 METERS

Time	Athlete	NCAA	West	MW
2:07.52	Jessica Kain	-	-	3
2:07.61	Alex Lomeli	-	-	5

1,500 METERS

Time	Athlete	NCAA	West	MW
4:14.07	Jessica Kain	37	9	1
4:23.83	Alex Lomeli	-	-	9

5,000 METERS

Time	Athlete	NCAA	West	MW
15:57.21	Jessica Kain	-	34	5

100-METER HURDLES

Time	Athlete	NCAA	West	MW
13.49	Charlize James	-	42	3
13.54	Jada Pierre	-	50	4

400-METER HURDLES

Time	Athlete	NCAA	West	MW
59.87	Lidia Major	-	-	8
1:00.95	Rhea Hoyte	-	-	10

4x100-METER RELAY

Time	Athlete	NCAA	West	MW
43.79	Waller, Foote, Moore, Mbye	119	8	1
44.31	Pierre, Mbye, Waller, Moore	148	19	-

4x400-METER RELAY

Time	Athlete	NCAA	West	MW
3:41.76	Hoyte, Major, Foote, Lomeli	-	-	4

HIGH JUMP

Mark	Athlete	NCAA	West	MW
5-07.00	Jenna Fee Feyerabend	-	-	14

POLE VAULT

Mark	Athlete	NCAA	West	MW
13-04.25	Jordan Leveque	-	39	1
12-05.25	Lily Mulligan	-	-	10

LONG JUMP

Mark	Athlete	NCAA	West	MW
21-01.25	Hannah Waller	128	116	2

TRIPLE JUMP

Mark	Athlete	NCAA	West	MW
42-00.00w	Sameerah Evans	-	33	5
41-07.25	Xiamara Young	-	144	16

SHOT PUT

Mark	Athlete	NCAA	West	MW
45-10.50	Jenna Fee Feyerabend	-	-	8

HEPTATHLON

Mark	Athlete	NCAA	West	MW
5,750 pts	Jenna Fee Feyerabend	10	7	1

w indicates mark is wind-aided

Rank listed if Top 50 NCAA, Top 50 West Region and/or Top 10 Mountain West.

Ranks are according to TFRS performance lists.

Season Recap

- Head coach Shelia Burrell is in her 15th year leading the Aztec track and field program. This is her 14th outdoor season with 2020 being cancelled due to COVID. In that time, she has led the team to six Mountain West Outdoor Championships and won six MW Coach of the Year awards.

- The roster consists of 22 returning student-athletes and 17 newcomers. Of the newcomers, nine are freshman with the other eight transferring to The Mesa.

- Entering the season, current Aztecs held 23 marks in the program's all-time records and into the year they have added 10 more to that total.

- SDSU currently has six individual marks that lead the Mountain West this season. Jessica Kain leads the conference in both the 800m and 1,500m while Hannah Waller leads in the 100m, Shaquena Foote leads in the 400m, Jordan Leveque leads in pole vault and Jenna Fee Feyerabend leads in heptathlon. The Aztecs also have the fastest 4x100m relay time of the season.

- Regionally, the Aztecs have the seventh best heptathlon (Feyerabend) and 4x100m relay time, eighth best 1,500m (Kain), 11th best 400m (Foote) and 13th best long jump (Waller). Overall, they have 14 marks that are in the Top 48 of the West Region.

- In the national rankings, Feyerabend's heptathlon score is 10th in NCAA while the relay team of Waller, Foote, Moore and Mbye rank 15th in the NCAA for the 4x100m. Foote (400m) and Waller (long jump) each rank 23rd.

- In addition to their weekly team rankings, the USTFCCA ranks schools based on each event as well. This week's #EventSquad rankings has the Aztecs ranked 8th in the 100m and 17th in the long jump among the top 25.

- Jenna Fee Feyerabend quite possibly became the first Aztec to qualify for the NCAA Championships this season. In the elite invitational heptathlon at the Mt. SAC Relays, she recorded a PR and three season bests on her way to 5,750 points. The total currently ranks seventh in the West Region and 10th overall in the NCAA.

- Hannah Waller is in her second year in the Scarlet and Black but first outdoor season, missing the 2023 campaign due to injury. She is carrying over the success she had in indoor into outdoor etching four marks into the record books. She owns the third fastest 100m time, the second best long jump mark, and ran as part of the fourth and tenth fastest 4x100m relay times.

- Jessica Kain has had a terrific start to her final season on The Mesa leading the Mountain West in both the 800m and 1500m through the first month of the outdoor season. She battled the rain at the Aztec Invitational to win the 800m race with a time of 2:07.52, the ninth fastest time in program history. The following weekend at the Stanford Invitational, she ran in the fastest section of the 1500m posting a time of 4:15.99 to break the SDSU senior class record set back in 1982. She quickly followed that up with a 4:14.07 in the 1500m to best her own senior class record and number two ranking on the all-time list.

- The Aztecs as a whole have enjoyed a successful season in the 1500m run. Along with Kain's win at the Aztec Invitational, Alex Lomeli ran a 4:23.83, Samantha Wood ran a 4:29.20, and Isabella Fauria ran a 4:30.29. Those three times rank fifth, eighth and 11th fastest in SDSU history.

- The 4x100m relay has been another strength for SDSU. The team of Jada Pierre, Aji Mbye, Hannah Waller and Jada Moore have had three races thus far taking second place at the Aztec Invitational, dominating the Arnie Robinson Invitational, and winning the Triton Invitational. Their season best time of 44.31 at the Arnie Robinson meet ranks the ninth fastest in program history and set a meet and stadium record at San Diego Mesa. Last weekend at the Mt. SAC Relays, Shaquena Foote joined the team with Waller, Moore and Mbye en route to a 43.79 which leads the conference and ranks fourth in SDSU history.

- Jordan Leveque became the 21st Aztec to clear 3.82m in her collegiate debut during indoor season and began her outdoor career in a similar fashion. In the first outdoor meet of her career, she cleared 4.07m (13-04.25) to finish tied for fourth at the Aztec Invitational. She ranks tied for 13th in program history and she is just the 20th different SDSU pole vaulter to clear 3.97m.

- Vanessa Cabello entered the Bryan Clay Invitational with the fifth fastest 5,000m time and the sophomore class record in the event. On Friday night, she improved that number five ranking with a 16:38.76 to finish 13th overall in the event.

- Maddie Heller is running in her first outdoor season as an Aztec and put her name into the outdoor record book at the Bryan Clay Invitational. Crossing the finish in 36:46.06, she now ranks tenth all-time in SDSU history and currently ranks ninth in the conference performance list.

- NCAA Indoor All-American, Xiamara Young, competed in her first outdoor triple jump as an Aztec this past weekend. Competing in the elite invitational portion of the meet, she jumped 12.68m (41-7.25) finishing eighth in the event and moving into eighth all-time on San Diego State's all-time top ten.

2024 WOMEN'S TRACK AND FIELD ROSTER

ROSTER BREAKDOWN

By Class

Seniors (10): Sydney Bentley*, Amber Elias, Sameerah Evans, Isabella Fauria, Jessica Kain*, Lauren Harper*, Alex Lomeli*, Jada Moore*, Hannah Waller, Bailey Watts*

Juniors (14): Zoe Brosch, Vanessa Cabello, Ashley Callahan, Jenna Fee Feyerabend, Shaquena Foote, Maya Gorman*, Maddie Heller, Rhea Hoyte, Anna Mager, Jada Pierre, Eva Rethmeier, Thaila Wilson, Samantha Wood, Xiamara Young

Sophomore (6): Melanie Falkowski, Charlize James, Maddy Parrone, Bella Perretti, Kayla Tassara, Tatum Zinkin

Freshmen (9): Sydney Ash, Keira Bennett, Giselle Galles, Olivia Hicks, Jordan Leveque, Lidia Major, Aji Mbye, Lily Mulligan, Sophia Nevin

By Home State/Country

California (23): Sydney Bentley, Zoe Brosch, Vanessa Cabello, Ashley Callahan, Amber Elias, Sameerah Evans, Melanie Falkowski, Isabella Fauria, Maya Gorman, Lauren Harper, Maddie Heller, Charlize James, Jessica Kain, Jordan Leveque, Alex Lomeli, Lidia Major, Lily Mulligan, Maddy Parrone, Bella Perretti, Eva Rethmeier, Kayla Tassara, Bailey Watts, Tatum Zinkin

Colorado (2): Keira Bennett, Sophia Nevin

Virginia (2): Jada Pierre, Hannah Waller

Idaho (1): Samantha Wood

Missouri (1): Jada Moore

Nevada (1): Xiamara Young

New Mexico (1): Giselle Galles

Oregon (1): Olivia Hicks

Washington (1): Sydney Ash

Jamaica (2): Shaquena Foote, Thaila Wilson

Austria (1): Anna Mager

Barbados (1): Rhea Hoyte

Germany (1): Jenna Fee Feyerabend

West Africa (1): Aji Mbye

By Event

Sprints (10): Sydney Bentley, Shaquena Foote, Giselle Galles, Olivia Hicks, Rhea Hoyte, Charlize James, Jordan Leveque, Anna Mager, Aji Mbye, Jada Moore, Jada Pierre, Xiamara Young

Hurdles (5): Sameerah Evans, Shaquena Foote, Rhea Hoyte, Lidia Major, Anna Mager, Jada Pierre

Mid-Distance (9): Shaquena Foote, Lauren Harper, Jessica Kain, Alex Lomeli, Maddy Parrone, Bella Perretti, Bailey Watts, Tatum Zinkin

Distance (9): Vanessa Cabello, Amber Elias, Melanie Falkowski, Isabella Fauria, Maddie Heller, Jessica Kain, Eva Rethmeier, Bailey Watts, Samantha Wood

Jumps (5): Sameerah Evans, Jenna Fee Feyerabend, Giselle Galles, Maya Gorman, Hannah Waller, Xiamara Young

Pole Vault (5): Sydney Ash, Ashley Callahan, Jordan Leveque, Lily Mulligan, Kayla Tassara

Throws (3): Keira Bennett, Zoe Brosch, Thaila Wilson

Multis (2): Jenna Fee Feyerabend, Thaila Wilson

Student-Athlete	Event	Class	Hometown (Previous School)
Sydney Ash	Pole Vault	Fr.	Issaquah, Wash. (Liberty Sr. HS)
Keira Bennett	Throws	Fr.	Parker, Colo. (Chapparral HS)
Sydney Bentley	Sprints	Sr.	Los Angeles, Calif. (San Jose State)
Zoe Brosch	Throws	Jr.	South Lake Tahoe, Calif. (South Tahoe HS)
Vanessa Cabello	Distance	Jr.	Los Altos, Calif. (Saint Francis HS)
Ashley Callahan	Pole Vault	Jr.	Escondido, Calif. (Rancho Bernardo HS)
Amber Elias	Distance	Sr.	Napa, Calif. (Vintage HS)
Sameerah Evans	Jumps	Sr.	Fairfield, Calif. (Vallejo HS)
Melanie Falkowski	Distance	So.	Laguna Beach, Calif. (Laguna Beach HS)
Isabella Fauria	Distance	Sr.	Sacramento, Calif. (New Mexico)
Jenna Fee Feyerabend	Multis/Jumps	Jr.	Groß-Gerau, Germany (Carl-Von-Weinberg Schule)
Shaquena Foote	Sprints	R-So.	Westmoreland, Jamaica (Petersfield HS)
Giselle Galles	Jumps	Fr.	Albuquerque, N.M. (ABQ Academy)
Maya Gorman	Jumps	Jr.	Mountain House, Calif. (Stanislaus State)
Lauren Harper	Mid-Distance	Sr.	Weaverville, Calif. (Trinity HS)
Maddie Heller	Distance	Jr.	San Juan Capistrano, Calif. (Capistrano Valley HS)
Olivia Hicks	Sprints	Fr.	Beaverton, Ore. (Mountainside HS)
Rhea Hoyte	Sprints/Hurdles	Sr.	St. Michael, Barbados (The St. Michael School)
Charlize James	Sprints	So.	Spring Valley, Calif. (San Diego HS)
Jessica Kain	Mid-Distance	Sr.	Scotts Valley, Calif. (Scotts Valley HS)
Jordan Leveque	Pole Vault	Fr.	Clovis, Calif. (Buchanan HS)
Alex Lomeli	Mid-Distance	Sr.	Los Angeles, Calif. (Notre Dame Academy HS)
Anna Mager	Sprints/Hurdles	Jr.	Wolfurt, Austria (Oklahoma)
Lidia Major	Hurdles	Fr.	Irvine, Calif. (Santa Margarita Catholic HS)
Aji Mbye	Sprints	Fr.	Gambia, West Africa (Broadfording Christian Academy)
Jada Moore	Sprints	Sr.	St. Louis, Mo. (Pattonville HS)
Lily Mulligan	Pole Vault	Fr.	Santa Rosa, Calif. (Santa Rosa HS)
Sophia Nevin	Distance	Fr.	Glenwood Springs, Colo. (Glenwood Springs HS)
Maddy Parrone	Mid-Distance	So.	Westlake Village, Calif. (Oak Park HS)
Bella Perretti	Mid-Distance	So.	San Jose, Calif. (Pioneer HS)
Jada Pierre	Sprints/Hurdles	Jr.	Woodbridge, Va. (University of Virginia)
Eva Rethmeier	Distance	Jr.	San Diego, Calif. (Cal State Fullerton)
Kayla Tassara	Pole Vault	So.	Torrance, Calif. (Seattle Pacific University)
Hannah Waller	Jumps	R-Jr.	Reston, Va. (Michigan)
Bailey Watts	Mid-Distance/Distance	Sr.	Foothill Ranch, Calif. (Trabuco Hills HS)
Thaila Wilson	Multis	Sr.	St. Catherine, Jamaica (Hydel HS)
Samantha Wood	Distance	Jr.	Post Falls, Idaho (Boise State)
Xiamara Young	Jumps	So.	Las Vegas, Nev. (Fresno Pacific)
Tatum Zinkin	Mid-Distance	So.	Fresno, Calif. (Clovis North HS)

*redshirt season utilized

Coaching Staff

Head Coach: Shelia Burrell (UCLA, 1995), 15th season

Assistant Coach/Recruiting Coordinator: Alrick Munroe (Wayland Baptist Univ., 1988), 11th season

Assistant Coach (Pole Vault): Richard Fox (San Diego State, 1992), 29th season

Assistant Coach (Head Cross Country/Distance): Robert Lusitana (San Diego State, 1982), 7th season

Assistant Coach (Throws): Tom Prevost, 1st season

Assistant Coach: Brad Johnson

2024 INDIVIDUAL PERFORMANCES

KEY: sr - school record; (number) - top-10 school ranking; qp - qualifying prelims; p - preliminaries; h - heats; 1r - first round; q - quarterfinals; s - semifinals; f - finals; i - invite; ei - elite invite; o - open; b - "b" section; c - "c" section; se - seeded; u - unseeded; co - college; ch - championships; pn - pentathlon; hp - heptathlon; a - altitude; w - wind aided (> 2.0 meters/second); conv - converted from 4x400-yard relay); **Note that all personal records (PR) are collegiate personal records**

Sydney Ash

Freshman | Issaquah, Wash. | Liberty Sr. HS

INDOOR SEASON

Pole Vault

Mark (key)	Finish	Meet	Date
NH	-	MLK Invitational	Jan. 20
NH (o)	-	UW Invitational	Jan. 26

OUTDOOR SEASON

Pole Vault (PR: 11-01.00 - Apr. 27, 2024)

Mark (key)	Finish	Meet	Date
10-11.5	18th	Triton Invitational	Apr. 6
11-1	17th	Robison Invitational	Apr. 27

Keira Bennett

Freshman | Parker, Colo. | Chaparral HS

OUTDOOR SEASON

Hammer Throw (PR: 143-01.00 - Mar. 22, 2024)

Mark (key)	Finish	Meet	Date
133-11	4th	Ross & Sharon Irwin Invite	Mar. 16
147-8	9th	Aztec Invitational	Mar. 22
128-8	30th	Triton Invitational	Apr. 5
143-1	27th	Desert Heat Classic	Apr. 27

Javelin Throw (PR: 101-7 - March 16, 2024)

Mark (key)	Finish	Meet	Date
101-7	8th	Ross & Sharon Irwin Invite	Mar. 16
92-3	13th	Aztec Invitational	Mar. 23
95-8	23rd	Triton Invitational	Apr. 5
90-3	19th	Desert Heat Classic	Apr. 27

Sydney Bentley

RS-Senior | Los Angeles, Calif. | San Jose State

OUTDOOR SEASON

200m (PR: 24.12 - May 11, 2022)

Mark (key)	Finish	Meet	Date
25.48	19th	Steve Scott Invitational	Apr. 27

400m (PR: 53.64 - May 11, 2022)

Mark (key)	Finish	Meet	Date
56.67	5th	Steve Scott Invitational	Apr. 27

Vanessa Cabello

Junior | Los Altos, Calif. | Saint Francis HS

INDOOR SEASON

800m (PR: 2:21.71 - Jan. 27, 2024)

Mark (key)	Finish	Meet	Date
2:21.71	43rd	UW Invitational	Jan. 27

Mile (PR: 5:08.14 - Feb. 10, 2024)

Mark (key)	Finish	Meet	Date
5:08.14 (#8,a)	9th	Don Kirby Invitational	Feb. 10

3,000m (PR: 9:51.56 - Jan. 26, 2024)

Mark (key)	Finish	Meet	Date
9:51.56 (#3)	41st	UW Invitational	Jan. 26

OUTDOOR SEASON

1,500m (PR: 4:35.24 - Mar. 22, 2024)

Mark (key)	Finish	Meet	Date
4:35.24	9th	Aztec Invitational	Mar. 22

5,000m (PR: 16:38.76 - Apr. 12, 2024)

Mark (key)	Finish	Meet	Date
16:51.37	13th	AstroAI/Ben Brown Invite	Mar. 8
17:11.33	26th	Mike Fanelli Classic	Mar. 29
16:38.76 (#5)	13th	Bryan Clay Invitational	Apr. 12

Ashley Callahan

Junior | Escondido, Calif. | Rancho Bernardo HS

INDOOR SEASON

Pole Vault (PR: 14-00.00 - Feb. 11, 2022)

Mark (key)	Finish	Meet	Date
13-0.25	5th	MLK Invitational	Jan. 20
13-5.25 (i)	6th	UW Invitational	Jan. 27
13-5	2nd	MW Championships	Feb. 23

Amber Elias

Senior | Napa, Calif. | Vintage HS

INDOOR SEASON

5,000m (PR: 18:21.69 - Jan. 26, 2024)

Mark (key)	Finish	Meet	Date
18:21.69 (#2)	33rd	UW Invitational	Jan. 27

OUTDOOR SEASON

5,000m (PR: 17:56.32 - Apr. 29, 2021)

Mark (key)	Finish	Meet	Date
18:36.04	54th	AstroAI/Ben Brown Invite	Mar. 8
19:00.05	18th	Aztec Invitational	Mar. 22

Sameerah Evans

Senior | Fairfield, Calif. | Vallejo HS

INDOOR SEASON

60m Hurdles (PR: 8.74 - Feb. 24, 2023)

Mark (key)	Finish	Meet	Date
8.97 (p,a)	24th	MLK Invitational	Jan. 20

Triple Jump (PR: 39-10.75 - Feb. 10, 2023)

Mark (key)	Finish	Meet	Date
37-6.5	15th	MLK Invitational	Jan. 20
39-5.75	14th	UNM Collegiate Classic	Feb. 3
38-9	28th	Don Kirby Invitational	Feb. 10
39-4	11th	MW Championships	Feb. 24

OUTDOOR SEASON

Long Jump (PR: 18-01.75 - Apr. 1, 2022)

Mark (key)	Finish	Meet	Date
17-5.5	27th	Aztec Invitational	Mar. 23
16-11.25	21st	Triton Invitational	Apr. 6

Triple Jump (PR: 41-03.25 - Apr. 2, 2021)

Mark (key)	Finish	Meet	Date
42-0 (w)	1st	Arnie Robinson Invite	Mar. 29
40-1.25	8th	Mt. SAC Relays	Apr. 19
40-2.25	10th	Desert Heat Classic	Apr. 27

Melanie Falkowski

Junior | Escondido, Calif. | Rancho Bernardo HS

OUTDOOR SEASON

5,000m (PR: 17:56.58 - Apr. 28, 2023)

Mark (key)	Finish	Meet	Date
18:15.78	45th	AstroAI/Ben Brown Invite	Mar. 8
18:15.46	13th	Aztec Invitational	Mar. 22
18:09.92 (o)	63rd	Bryan Clay Invitational	Apr. 13
18:00.45 (o)	4th	Steve Scott Invitational	Apr. 26

Isabella Fauria

Senior | Sacramento, Calif. | New Mexico

INDOOR SEASON

800m (PR: 2:15.06 - Feb. 23, 2024)

Mark (key)	Finish	Meet	Date
DNF	-	UW Invitational	Jan. 27
2:15.06 (p,a)	15th	MW Championships	Feb. 23

Mile (PR: 4:58.28 - Feb. 19, 2021)

Mark (key)	Finish	Meet	Date
5:17.78 (a)	23rd	Don Kirby Invitational	Feb. 10

OUTDOOR SEASON

800m (PR: 2:14.10 - Apr. 26, 2024)

Mark (key)	Finish	Meet	Date
2:17.88	11th	AstroAI/Ben Brown Invite	Mar. 8
2:14.10 (i)	11th	Steve Scott Invitational	Apr. 26

1,500m (PR: 4:30.29 - Mar. 22, 2024)

Mark (key)	Finish	Meet	Date
4:32.74	9th	AstroAI/Ben Brown Invite	Mar. 8
4:30.29	6th	Aztec Invitational	Mar. 22
4:41.22	66th	Arnie Robinson Invite	Mar. 29
4:31.22 (o)	91st	Bryan Clay Invitational	Apr. 13

Jenna Fee Feyerabend

Junior | Groß-Gerau, Germany | Carl-Von-Weinberg Schule

OUTDOOR SEASON

200m (PR: 25.61 - June 8, 2023)

Mark (key)	Finish	Meet	Date
26.53	6th	Arnie Robinson Invite	Mar. 29
25.65 (hp)	16th	Mt. SAC Relays	Apr. 17

800m (PR: 2:19.36 - Apr. 18, 2024)

Mark (key)	Finish	Meet	Date
2:19.36 (hp)	7th	Mt. SAC Relays	Apr. 18

100m Hurdles (PR: 14.01 - Apr. 14, 2023)

Mark (key)	Finish	Meet	Date
14.50	5th	Arnie Robinson Invite	Mar. 29
14.20 (hp)	16th	Mt. SAC Relays	Apr. 17

Long Jump (PR: 19-09.00 - May 12, 2023)

Mark (key)	Finish	Meet	Date
18-3.75	11th	Triton Invitational	Apr. 6
19-0 (hp)	10th	Mt. SAC Relays	Apr. 18

High Jump (PR: 5-09.25 - Mar. 26, 2022)

Mark (key)	Finish	Meet	Date
5-3.25	8th	Aztec Invitational	Mar. 23
5-5.75	2nd	Triton Invitational	Apr. 6
5-7 (hp)	6th	Mt. SAC Relays	Apr. 17

Shot Put (PR: 45-10.5 - Mar. 29, 2024)

Mark (key)	Finish	Meet	Date
45-10.5	2nd	Arnie Robinson Invite	Mar. 29
44-2.5	14th	Triton Invitational	Apr. 6
44-10.75 (hp)	8th	Mt. SAC Relays	Apr. 17

Javelin (PR: 144-08 - Mar. 23, 2024)

Mark (key)	Finish	Meet	Date
144-8 (#5)	5th	Aztec Invitational	Mar. 23
140-7	6th	Triton Invitational	Apr. 5
141-3 (hp)	6th	Mt. SAC Relays	Apr. 18

Heptathlon (PR: 5,752 points - May 13, 2023)

Mark (key)	Finish	Meet	Date
5,750 points	9th	Mt. SAC Relays	Apr. 18

2024 INDIVIDUAL PERFORMANCES

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Shaquena Foote

RS-Sophomore | Westmoreland, Jamaica | Petersfield HS

INDOOR SEASON

60m (PR: 7.43 - Feb. 3, 2023)

Mark (key)	Finish	Meet	Date
7.49 (i,p,a)	22nd	UNM Collegiate Classic	Feb. 3

200m (PR: 23.44 - Feb. 24, 2024)

Mark (key)	Finish	Meet	Date
23.47 (u,a)	1st	MLK Invitational	Jan. 20
23.50 (p,a)	3rd	MW Championships	Feb. 23
23.44 (#3,f,a)	3rd	MW Championships	Feb. 24

400m (PR: 52.43 - Feb. 24, 2024)

Mark (key)	Finish	Meet	Date
53.30 (a)	2nd	MLK Invitational	Jan. 20
53.26 (i,a)	3rd	UNM Collegiate Classic	Feb. 2
52.60 (i,a)	2nd	Don Kirby Invitational	Feb. 10
54.91 (p,a)	7th	MW Championships	Feb. 23
52.43 (sr,f,a)	1st	MW Championships	Feb. 24

OUTDOOR SEASON

200m (PR: 23.58 - May 13, 2024)

Mark (key)	Finish	Meet	Date
23.95	3rd	Arnie Robinson Invite	Mar. 29

400m (PR: 52.14 - Apr. 20, 2024)

Mark (key)	Finish	Meet	Date
52.14 (#4,ei)	10th	Mt. SAC Relays	Apr. 20
52.46	2nd	Desert Heat Classic	Apr. 27

800m (PR: 2:14.01 - Apr. 6, 2024)

Mark (key)	Finish	Meet	Date
2:14.01	7th	Triton Invitational	Apr. 6

Giselle Galles

Freshman | Albuquerque, N.M. | ABQ Academy

INDOOR SEASON

Long Jump (PR: 16-08.50 - Jan. 20, 2024)

Mark (key)	Finish	Meet	Date
16-8.5	46th	MLK Invitational	Jan. 20
16-2.5	46th	UNM Collegiate Classic	Feb. 2
16-8	90th	Don Kirby Invitational	Feb. 9

OUTDOOR SEASON

Long Jump (PR: 17-07.00 - Apr. 26, 2024)

Mark (key)	Finish	Meet	Date
16-10.75	31st	Aztec Invitational	Mar. 23
17-4.25 (w)	9th	Arnie Robinson Invitational	Mar. 29
16-8	26th	Triton Invitational	Apr. 6
17-7	18th	Steve Scott Invitational	Apr. 26

Maya Gorman

Junior | Mountain House, Calif. | Mountain House HS

INDOOR SEASON

High Jump (PR: 5-01.25 - Feb. 2, 2024)

Mark (key)	Finish	Meet	Date
4-11.75	21st	MLK Invitational	Jan. 20
5-1.25	18th	UNM Collegiate Classic	Feb. 2
5-1.25	42nd	Don Kirby Invitational	Feb. 9

Long Jump (PR: 18-04.25 - Feb. 23, 2024)

Mark (key)	Finish	Meet	Date
17-4.25	24th	MLK Invitational	Jan. 20
18-1.50	29th	UNM Collegiate Classic	Feb. 2
17-10.75	59th	Don Kirby Invitational	Feb. 9
18-4.25	20th	MW Championships	Feb. 23

OUTDOOR SEASON

Long Jump (PR: 19-04.75 - May 14, 2022)

Mark (key)	Finish	Meet	Date
18-3.75	18th	Aztec Invitational	Mar. 23
18-10.5	3rd	Arnie Robinson Invite	Mar. 29
18-4.25	10th	Triton Invitational	Apr. 6
18-9.25	17th	Bryan Clay Invitational	Apr. 13
17-11.5	26th	Mt. SAC Relays	Apr. 19
18-4.25	15th	Steve Scott Invitational	Apr. 26

Lauren Harper

Senior | Weaverville, Calif. | Trinity HS

OUTDOOR SEASON

800m (PR: 2:06.40 - May 14, 2022)

Mark (key)	Finish	Meet	Date
2:24.09	27th	AstroAI/Ben Brown Invite	Mar. 8
2:16.21	12th	Aztec Invitational	Mar. 23
2:16.32	9th	Stanford Invitational	Mar. 30
2:11.66	55th	Bryan Clay Invitational	Apr. 12
2:21.86 (i)	23rd	Steve Scott Invitational	Apr. 26

Maddie Heller

Junior | San Juan Capistrano, Calif. | Capistrano Valley HS

OUTDOOR SEASON

5,000m (PR: 17:36.72 - Apr. 26, 2024)

Mark (key)	Finish	Meet	Date
17:40.83	29th	AstroAI/Ben Brown Invite	Mar. 8
17:45.97	8th	Aztec Invitational	Mar. 22
17:36.72 (o)	1st	Steve Scott Invitational	Apr. 26

10,000m (PR: 36:46.06 - Apr. 12, 2024)

Mark (key)	Finish	Meet	Date
36:46.06 (#10)	28th	Bryan Clay Invitational	Apr. 12

Olivia Hicks

Freshman | Beaverton, Ore. | Mountainside HS

INDOOR SEASON

60m (PR: 7.61 - Feb. 23, 2024)

Mark (key)	Finish	Meet	Date
7.63 (u,a)	11th	MLK Invitational	Jan. 20
7.65 (u,a)	8th	UNM Collegiate Classic	Feb. 3
7.63 (u,a)	5th	Don Kirby Invitational	Feb. 10
7.61 (p,a)	13th	MW Championships	Feb. 23

200m (PR: 24.41 - Feb. 23, 2024)

Mark (key)	Finish	Meet	Date
25.14 (u,a)	19th	MLK Invitational	Jan. 20
24.69 (u,a)	29th	UNM Collegiate Classic	Feb. 2
24.75 (u,a)	28th	Don Kirby Invitational	Feb. 9
24.41 (p,a)	16th	MW Championships	Feb. 23

OUTDOOR SEASON

100m (PR: 11.87 - Apr. 19, 2024)

Mark (key)	Finish	Meet	Date
12.16	25th	Aztec Invitational	Mar. 23
11.81(w)	6th	Triton Invitational	Apr. 6
11.94	18th	Bryan Clay Invitational	Apr. 13
11.87	27th	Mt. SAC Relays	Apr. 19

200m (PR: 24.57 - Apr. 6, 2024)

Mark (key)	Finish	Meet	Date
24.71	4th	Arnie Robinson Invite	Mar. 29
24.57	8th	Triton Invitational	Apr. 6
24.79	49th	Mt. SAC Relays	Apr. 19

Rhea Hoyte

Senior | St. Michael, Barbados | The St. Michael

INDOOR SEASON

200m (PR: 24.53 - Feb. 24, 2023)

Mark (key)	Finish	Meet	Date
25.22 (u,a)	22nd	MLK Invitational	Jan. 20

400m (PR: 55.27 - Feb. 23, 2024)

Mark (key)	Finish	Meet	Date
56.40 (u,a)	11th	UNM Collegiate Classic	Feb. 2
57.11 (u,a)	21st	Don Kirby Invitational	Feb. 9
55.27 (p,a)	9th	MW Championships	Feb. 23

60m Hurdles (PR: 9.11 - Jan. 20, 2024)

Mark (key)	Finish	Meet	Date
9.11 (p,a)	31st	MLK Invitational	Jan. 20

OUTDOOR SEASON

200m (PR: 24.53 - Mar. 29, 2024)

Mark (key)	Finish	Meet	Date
FS	-	Arnie Robinson Invite	Mar. 29

400m Hurdles (PR: 58.80 - May 13, 2023)

Mark (key)	Finish	Meet	Date
1:02.08	21st	Mt. SAC Relays	Apr. 19
1:00.95	20th	Desert Heat Classic	Apr. 27

Charlize James

Sophomore | Spring Valley, Calif. | San Diego HS

INDOOR SEASON

60m (PR: 7.71 - Jan. 20, 2024)

Mark (key)	Finish	Meet	Date
7.71 (u,a)	19th	MLK Invitational	Jan. 20
7.78 (u,a)	19th	UNM Collegiate Classic	Feb. 3

60m Hurdles (PR: 8.23 - Jan. 20, 2024)

Mark (key)	Finish	Meet	Date
8.34 (p,a)	3rd	MLK Invitational	Jan. 20
8.23 (#3,f,a)	2nd	MLK Invitational	Jan. 20
8.41 (p,a)	11th	UNM Collegiate Classic	Feb. 3
8.27 (i,p,a)	6th	Don Kirby Invitational	Feb. 10
8.35 (i,f,a)	5th	Don Kirby Invitational	Feb. 10
8.23 (p,a)	2nd	MW Championships	Feb. 23
8.50 (f,a)	6th	MW Championships	Feb. 24

OUTDOOR SEASON

200m (PR: 24.98 - May 12, 2023)

Mark (key)	Finish	Meet	Date
25.14	5th	Arnie Robinson Invite	Mar. 29

100m Hurdles (PR: 13.23 - May 13, 2023)

Mark (key)	Finish	Meet	Date
13.64	3rd	Arnie Robinson Invite	Mar. 29
13.51	4th	Triton Invitational	Apr. 6
14.00	13th	Bryan Clay Invitational	Apr. 13
13.49 (ei)	12th	Mt. SAC Relays	Apr. 20
13.54	11th	Desert Heat Classic	Apr. 27

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Jessica Kain

Senior | Scotts Valley Calif. | Scotts Valley HS

INDOOR SEASON

800m (PR: 2:10.61 - Jan. 27, 2024)

Mark (key)	Finish	Meet	Date
2:10.61 (#6)	8th	UW Invitational	Jan. 27

Mile (PR: 4:47.55 - Jan. 27, 2023)

Mark (key)	Finish	Meet	Date
4:52.04 (a)	3rd	Don Kirby Invitational	Feb. 10

3,000m (PR: 9:32.77 - Jan. 26, 2024)

Mark (key)	Finish	Meet	Date
9:32.77 (sr)	12th	UW Invitational	Jan. 26

OUTDOOR SEASON

800m (PR: 2:07.52 - Mar. 23, 2024)

Mark (key)	Finish	Meet	Date
2:13.58	4th	AstroAl/Ben Brown Invite	Mar. 8

2:07.52 (#9) 1st | Aztec Invitational | Mar. 23 |

1,500m (PR: 4:14.07 - Apr. 13, 2024)

Mark (key)	Finish	Meet	Date
4:21.05	2nd	AstroAl/Ben Brown Invite	Mar. 8

4:15.99 5th | Stanford Invitational | Mar. 29 |

4:14.07 (#2,i) 26th | Bryan Clay Invitational | Apr. 13 |

5,000m (PR: 15:57.21 - Apr. 26, 2024)

Mark (key)	Finish	Meet	Date
15:57.21 (#3,i)	1st	Steve Scott Invitational	Apr. 26

Jordan Leveque

Freshman | Clovis, Calif. | Buchanan HS

INDOOR SEASON

Pole Vault (PR: 12-06.75 - Feb. 10, 2024)

Mark (key)	Finish	Meet	Date
12-6.25	11th	MLK Invitational	Jan. 20

11-11.75 (i) 21st | UW Invitational | Jan. 27 |

12-6.75 (c) 2nd | Don Kirby Invitational | Feb. 10 |

12-6.75 4th | MW Championships | Feb. 23 |

OUTDOOR SEASON

Pole Vault (PR: 13-04.25 - Mar. 23, 2024)

Mark (key)	Finish	Meet	Date
13-4.25	4th	Aztec Invitational	Mar. 23

12-11.5 (b) 4th | Mt. SAC Relays | Apr. 19 |

12-6.75 5th | Robison Invitational | Apr. 27 |

Alex Lomeli

Senior | Los Angeles, Calif. | Notre Dame Academy HS

INDOOR SEASON

800m (2:11.69 - Jan. 27, 2024)

Mark (key)	Finish	Meet	Date
2:11.69 (#8)	11th	UW Invitational	Jan. 27

2:13.96 (a) 12th | Don Kirby Invitational | Feb. 10 |

2:11.84 (p,a) 9th | MW Championships | Feb. 23 |

OUTDOOR SEASON

800m (PR: 2:05.26 - May 12, 2023)

Mark (key)	Finish	Meet	Date
2:28.22	38th	AstroAl/Ben Brown Invite	Mar. 8

2:08.10 4th | Stanford Invitational | Mar. 30 |

2:07.61 62nd | Bryan Clay Invitational | Apr. 12 |

2:08.43 6th | Desert Heat Classic | Apr. 27 |

1,500m (PR: 4:23.83 - Mar. 22, 2024)

Mark (key)	Finish	Meet	Date
4:28.39	4th	AstroAl/Ben Brown Invite	Mar. 8

4:23.83 (#5) 3rd | Aztec Invitational | Mar. 22 |

4:30.63 (i) 159th | Bryan Clay Invitational | Apr. 13 |

Lidia Major

Freshman | Irvine, Calif. | Santa Margarita Catholic HS

INDOOR SEASON

400m (PR: 55.97 - Feb. 23, 2024)

Mark (key)	Finish	Meet	Date
56.22 (u,a)	8th	UNM Collegiate Classic	Feb. 2

56.37 (u,a) 10th | Don Kirby Invitational | Feb. 9 |

55.97 (p,a) 15th | MW Championships | Feb. 23 |

600m (PR: 1:37.23 - Jan. 20, 2024)

Mark (key)	Finish	Meet	Date
1:37.23 (#8,a)	12th	MLK Invitational	Jan. 20

OUTDOOR SEASON

400m (PR: 55.17 - Apr. 6, 2024)

Mark (key)	Finish	Meet	Date
55.17	5th	Triton Invitational	Apr. 6

400m Hurdles (PR: 1:01.05 - Apr. 19, 2024)

Mark (key)	Finish	Meet	Date
1:03.67	15th	Aztec Invitational	Mar. 23

1:01.30 1st | Arnie Robinson Invite | Mar. 29 |

1:01.05 12th | Mt. SAC Relays | Apr. 19 |

59.87 13th | Desert Heat Classic | Apr. 27 |

Aji Mbye

Freshman | The Gambia | Broadfording Christian Academy

INDOOR SEASON

60m (PR: 7.42 - Feb. 10, 2024)

Mark (key)	Finish	Meet	Date
7.50 (u,a)	3rd	MLK Invitational	Jan. 20

7.42 (#10,i,p,a) 5th | Don Kirby Invitational | Feb. 10 |

7.44 (i,f,a) 7th | Don Kirby Invitational | Feb. 10 |

7.43 (p,a) 6th | MW Championships | Feb. 23 |

7.44 (f,a) 3rd | MW Championships | Feb. 24 |

200m (PR: 23.45 - Feb. 23, 2024)

Mark (key)	Finish	Meet	Date
24.29 (u,a)	3rd	MLK Invitational	Jan. 20

24.39 (u,a) 20th | UNM Collegiate Classic | Feb. 2 |

23.85 (u,a) 1st | Don Kirby Invitational | Feb. 9 |

23.45 (#4,p,a) 2nd | MW Championships | Feb. 23 |

23.55 (f,a) 4th | MW Championships | Feb. 24 |

OUTDOOR SEASON

100m (PR: 11.42 - Apr. 6, 2024)

Mark (key)	Finish	Meet	Date
11.65	8th	Aztec Invitational	Mar. 23

11.56 (w) 2nd | Arnie Robinson Invite | Mar. 29 |

11.42 (#5) 2nd | Triton Invitational | Apr. 6 |

11.83 10th | Bryan Clay Invitational | Apr. 13 |

11.54 8th | Mt. SAC Relays | Apr. 19 |

200m (PR: 23.55 - Apr. 6, 2024)

Mark (key)	Finish	Meet	Date
23.95	2nd	Arnie Robinson Invite	Mar. 29

23.55 1st | Triton Invitational | Apr. 6 |

23.82 11th | Mt. SAC Relays | Apr. 19 |

Jada Moore

Redshirt Senior | St. Louis, Mo. | Pattonville HS

INDOOR SEASON

60m (PR: 7.30 - Feb. 24, 2023)

Mark (key)	Finish	Meet	Date
7.53 (i,p,a)	13th	MLK Invitational	Jan. 20

7.52 (i,p,a) 25th | UNM Collegiate Classic | Feb. 3 |

7.50 (i,p,a) 10th | Don Kirby Invitational | Feb. 10 |

7.47 (p,a) 7th | MW Championships | Feb. 23 |

7.52 (f,a) 6th | MW Championships | Feb. 24 |

200m (PR: 23.52 - Feb. 24, 2023)

Mark (key)	Finish	Meet	Date
24.48 (u,a)	5th	MLK Invitational	Jan. 20

23.96 (i,p,a) 20th | UNM Collegiate Classic | Feb. 2 |

24.06 (i,p,a) 16th | Don Kirby Invitational | Feb. 9 |

24.09 (p,a) 12th | MW Championships | Feb. 23 |

OUTDOOR SEASON

100m (PR: 11.39 - Feb. 24, 2023)

Mark (key)	Finish	Meet	Date
11.67 (w)	10th	Aztec Invitational	Mar. 23

11.57 3rd | Triton Invitational | Apr. 6 |

11.81 6th | Bryan Clay Invitational | Apr. 13 |

11.58 12th | Mt. SAC Relays | Apr. 19 |

200m (PR: 23.11 - May 15, 2021)

Mark (key)	Finish	Meet	Date
23.95	2nd	Arnie Robinson Invite	Mar. 29

24.33 6th | Triton Invitational | Apr. 6 |

23.62 5th | Mt. SAC Relays | Apr. 19 |

Lily Mulligan

Freshman | Santa Rosa, Calif. | Santa Rosa HS

INDOOR SEASON

Pole Vault (PR: 12-00.50 - Jan. 20, 2024)

Mark (key)	Finish	Meet	Date
12-0.5	15th	MLK Invitational	Jan. 20

NH (i) - | UW Invitational | Jan. 27 |

11-7.75 16th | MW Championships | Feb. 23 |

OUTDOOR SEASON

Pole Vault (PR: 12-05.25 - Apr. 6, 2024)

Mark (key)	Finish	Meet	Date
12-2.5	16th	Aztec Invitational	Mar. 23

12-5.25 4th | Triton Invitational | Apr. 6 |

11-11.75 (c) 4th | Mt. SAC Relays | Apr. 19 |

12-6.75 7th | Robison Invitational | Apr. 27 |

Sophia Nevin

Freshman | Glenwood Springs, Colo. | Glenwood Springs HS

INDOOR SEASON

800m (PR: 2:24.57 - Jan. 27, 2024)

Mark (key)	Finish	Meet	Date
2:24.57	49th	UW Invitational	Jan. 27

OUTDOOR SEASON

1,500m (PR: 4:54.50 - Apr. 13, 2024)

Mark (key)	Finish	Meet	Date
4:54.50 (o)	166th	Bryan Clay Invitational	Apr. 13

5,000m (PR: 18:40.55 - Apr. 26, 2024)

Mark (key)	Finish	Meet	Date
18:40.55 (o)	16th	Steve Scott Invitational	Apr. 26

3,000m Steeplechase (PR: 12:05.70 - Mar. 8, 2024)

Mark (key)	Finish	Meet	Date
12:05.70	10th	AstroAl/Ben Brown Invite	Mar. 8

12:19.50 3rd | Aztec Invitational | Mar. 22 |

2024 INDIVIDUAL PERFORMANCES

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Maddy Parrone

Sophomore | Westlake Village, Calif. | Oak Park HS

OUTDOOR SEASON

1,500m (PR: 5:04.16 - Apr. 6, 2024)

Mark (key)	Finish	Meet	Date
5:04.16	44th	Triton Invitational	Apr. 6

5,000m (PR: 18:29.82 - Apr. 12, 2024)

Mark (key)	Finish	Meet	Date
18:39.17	55th	AstroAI/Ben Brown Invite	Mar. 8
18:47.38	17th	Aztec Invitational	Mar. 22
18:29.82	60th	Leopard Distance Carnival	Apr. 12
18:28.10 (o)	13th	Steve Scott Invitational	Apr. 26

Bella Peretti

Sophomore | San Jose, Calif. | Pioneer HS

OUTDOOR SEASON

5,000m (PR: 19:13.57 - Mar. 8, 2024)

Mark (key)	Finish	Meet	Date
19:13.57	65th	AstroAI/Ben Brown Invite	Mar. 8
19:35.01	19th	Aztec Invitational	Mar. 22
19:13.76	77th	Leopard Distance Carnival	Apr. 12

Jada Pierre

Junior | Woodbridge, Va. | Virginia

INDOOR SEASON

60m (PR: 7.52 - Feb. 17, 2023)

Mark (key)	Finish	Meet	Date
7.61 (i,p,a)	18th	MLK Invitational	Jan. 20
7.68 (i,p,a)	33rd	UNM Collegiate Classic	Feb. 3

200m (PR: 24.04 - Feb. 23, 2024)

Mark (key)	Finish	Meet	Date
24.04 (p,a)	10th	MW Championships	Feb. 23

60m Hurdles (PR: 8.42 - Feb. 23, 2024)

Mark (key)	Finish	Meet	Date
8.81 (p,a)	17th	MLK Invitational	Jan. 20
DNF	-	UNM Collegiate Classic	Feb. 3
8.52 (i,p,a)	15th	Don Kirby Invitational	Feb. 10
8.42 (p,a)	4th	MW Championships	Feb. 23
8.42 (f,a)	2nd	MW Championships	Feb. 24

OUTDOOR SEASON

100m (PR: 11.62 - Apr. 21, 2023)

Mark (key)	Finish	Meet	Date
11.59 (w)	5th	Aztec Invitational	Mar. 23
11.71	20th	Desert Heat Classic	Apr. 27

200m (PR: 24.31 - Mar. 24, 2023)

Mark (key)	Finish	Meet	Date
24.33	6th	Triton Invitational	Apr. 6
24.81	50th	Mt. SAC Relays	Apr. 19

100m Hurdles (PR: 13.54 - Apr. 27, 2024)

Mark (key)	Finish	Meet	Date
14.03	4th	Arnie Robinson Invite	Mar. 29
13.63	5th	Triton Invitational	Apr. 6
13.86	9th	Bryan Clay Invitational	Apr. 13
13.80	5th	Mt. SAC Relays	Apr. 19
13.54	10th	Desert Heat Classic	Apr. 27

Eva Rethmeier

Junior | San Diego, Calif. | Cal State Fullerton

INDOOR SEASON

800m (PR: 2:26.64 - Jan. 27, 2024)

Mark (key)	Finish	Meet	Date
2:26.64	54th	UW Invitational	Jan. 27

1 Mile (PR: 5:09.61 (Feb. 4, 2022)

Mark (key)	Finish	Meet	Date
5:11.69 (a)	17th	Don Kirby Invitational	Feb. 10

3,000m (PR: 10:04.03 - Jan. 26, 2024)

Mark (key)	Finish	Meet	Date
10:04.03 (#4)	59th	UW Invitational	Jan. 26
10:30.09 (a)	36th	MW Championships	Feb. 24

OUTDOOR SEASON

1,500m (PR: 4:38.57 - Apr. 29, 2022)

Mark (key)	Finish	Meet	Date
4:41.05	18th	Aztec Invitational	Mar. 22

5,000m (PR: 16:51.99 - Mar. 11, 2022)

Mark (key)	Finish	Meet	Date
17:07.60	18th	AstroAI/Ben Brown Invite	Mar. 8
17:08.76	24th	Mike Fanelli Classic	Mar. 29
17:10.71	26th	Bryan Clay Invitational	Apr. 12

3,000m Steeplechase (PR: 10:39.40 - Apr. 14, 2022)

Mark (key)	Finish	Meet	Date
11:04.95	4th	Steve Scott Invitational	Apr. 26

Kayla Tassara

Sophomore | Torrance, Calif. | Seattle Pacific University

INDOOR SEASON

Pole Vault (PR: 12-06.75 - Feb. 24, 2024)

Mark (key)	Finish	Meet	Date
11-0.75	19th	MLK Invitational	Jan. 20
11-3.75 (o)	25th	UW Invitational	Jan. 27
12-0.75 (c)	4th	Don Kirby Invitational	Feb. 10
12-6.75	7th	MW Championships	Feb. 23

OUTDOOR SEASON

Pole Vault (PR: 11-11.75 - Apr. 19, 2024)

Mark (key)	Finish	Meet	Date
11-8.5	17th	Aztec Invitational	Mar. 23
11-11.25	11th	Triton Invitational	Apr. 6
11-11.75 (c)	4th	Mt. SAC Relays	Apr. 19
11-1	17th	Robison Invitational	Apr. 27

Hannah Waller

Senior | Reston, Va. | Michigan

INDOOR SEASON

60m (PR: 7.22 - Feb. 24, 2024)

Mark (key)	Finish	Meet	Date
7.26 (i,p,a)	1st	MLK Invitational	Jan. 20
15.23 (i,p,a)	8th	MLK Invitational	Jan. 20
7.31 (i,p,a)	8th	UNM Collegiate Classic	Feb. 3
7.26 (i,f,a)	3rd	UNM Collegiate Classic	Feb. 3
7.48 (u,a)	1st	Don Kirby Invitational	Feb. 10
7.24 (p,a)	1st	MW Championships	Feb. 23
7.22 (#2,f,a)	1st	MW Championships	Feb. 24

200m (PR: 23.17 - Feb. 24, 2024)

Mark (key)	Finish	Meet	Date
24.04 (i,p,a)	14th	Don Kirby Invitational	Feb. 9
23.56 (p,a)	4th	MW Championships	Feb. 23
23.17 (#2,f,a)	2nd	MW Championships	Feb. 24

Long Jump (PR: 20-06.50 - Feb. 24, 2024)

Mark (key)	Finish	Meet	Date
20-2.5	6th	MLK Invitational	Jan. 20
19-9.5	14th	Don Kirby Invitational	Feb. 9
20-6.5 (#2)	4th	MW Championships	Feb. 23

OUTDOOR SEASON

100m (PR: 11.38 - Apr. 6, 2024)

Mark (key)	Finish	Meet	Date
11.35 (w)	1st	Arnie Robinson Invite	Mar. 29
11.38 (#3)	1st	Triton Invitational	Apr. 6
11.43(ei)	10th	Mt. SAC Relays	Apr. 20

Long Jump (PR: 21-01.25 - Apr. 19, 2024)

Mark (key)	Finish	Meet	Date
20-3.75 (w)	1st	Aztec Invitational	Mar. 23
20-3 (#7)	1st	Triton Invitational	Apr. 6
20-3	2nd	Bryan Clay Invitational	Apr. 13
21-1.25 (#2)	1st	Mt. SAC Relays	Apr. 19

Bailey Watts

RS-Senior | Foothill Ranch, Calif. | Trabuco Hills HS

OUTDOOR SEASON

1,500m (PR: 4:43.07 - Mar. 25, 2022)

Mark (key)	Finish	Meet	Date
5:06.34	33rd	AstroAI/Ben Brown Invite	Mar. 8

Thaila Wilson

Junior | St. Catherine, Jamaica | Hydel HS

INDOOR SEASON

High Jump (PR: 5-04.50 - May 1, 2021)

Mark (key)	Finish	Meet	Date
NH	-	MLK Invitational	Jan. 20
5-3.25	17th	UNM Collegiate Classic	Feb. 2
5-3	9th	MW Championships	Feb. 23

Long Jump (PR: 17-07.50 - Feb. 24, 2023)

Mark (key)	Finish	Meet	Date
17-1.25	42nd	MLK Invitational	Jan. 20
FOUL	-	UNM Collegiate Classic	Feb. 2

OUTDOOR SEASON

Long Jump (PR: 18-09.50 - Mar. 29, 2024)

Mark (key)	Finish	Meet	Date
17-2	29th	Aztec Invitational	Mar. 23
18-9.5	4th	Arnie Robinson Invite	Mar. 29
17-5.25	17th	Triton Invitational	Apr. 6
17-4.75	41st	Bryan Clay Invitational	Apr. 13

Javelin (PR: 155-06.00 - May 11, 2023)

Mark (key)	Finish	Meet	Date
126-7	1st	Ross & Sharon Irwin Invite	Mar. 16
130-7	7th	Aztec Invitational	Mar. 23
124-9	9th	Triton Invitational	Apr. 5
120-0	14th	Mt. SAC Relays	Apr. 18

2024 INDIVIDUAL PERFORMANCES

KEY: sr - school record; (number) - top-10 school ranking; qp - qualifying prelims; p - preliminaries; h - heats; 1r - first round; q - quarterfinals; s - semifinals; f - finals; i - invite; ei - elite invite; o - open; b - "b" section; se - seeded; u - unseeded; co - college; ch - championships; pn - pentathlon; hp - heptathlon; a - altitude; w - wind aided (> 2.0 meters/second); conv - converted from 4x400-yard relay); **Note that all personal records (PR) are collegiate personal records**

Samantha Wood

Sophomore | Post Falls, Idaho | Boise State

OUTDOOR SEASON

800m (PR: 2:11.52 - Apr. 26, 2024)

Mark (key)	Finish	Meet	Date
2:11.52 (i)	6th	Steve Scott Invitational	Apr. 26

1,500m (PR: 4:29.20 - Mar. 22, 2024)

Mark (key)	Finish	Meet	Date
4:33.25	10th	AstroAI/Ben Brown Invite	Mar. 8
4:29.20 (#8)	5th	Aztec Invitational	Mar. 22
4:38.56	12th	Mike Fanelli Classic	Mar. 29
4:32.43 (o)	116th	Bryan Clay Invitational	Apr. 13

Xiamara Young

Sophomore | Las Vegas, Nev. | Fresno Pacific

INDOOR SEASON

Long Jump (PR: 20-03.50 - Feb. 23, 2024)

Mark (key)	Finish	Meet	Date
18-3.25	12th	MLK Invitational	Jan. 20
19-9.00	13th	UNM Collegiate Classic	Feb. 2
19-6.75	19th	Don Kirby Invitational	Feb. 9
20-3.5 (#4)	5th	MW Championships	Feb. 23

Triple Jump (PR: 44-00.50 - Feb. 24, 2024)

Mark (key)	Finish	Meet	Date
40-11	2nd	MLK Invitational	Jan. 20
42-11.75	4th	UNM Collegiate Classic	Feb. 3
43-5.25	5th	Don Kirby Invitational	Feb. 10
44-0.5 (#4)	2nd	MW Championships	Feb. 24
43-6	9th	NCAA Indoor Championships	Mar. 9

OUTDOOR SEASON

Long Jump (PR: 19-06.75 - Feb. 19, 2022)

Mark (key)	Finish	Meet	Date
19-4.75	7th	Bryan Clay Invitational	Apr. 13
19-5.5	11th	Mt. SAC Relays	Apr. 19
18-4.25	18th	Desert Heat Classic	Apr. 27

Triple Jump (PR: 41-10.50 - Apr. 29, 2022)

Mark (key)	Finish	Meet	Date
41-07.25 (#8,ei)	8th	Mt. SAC Relays	Apr. 20
40-5.5	9th	Desert Heat Classic	Apr. 27

Tatum Zinkin

Sophomore | Fresno, Calif. | Clovis North HS

INDOOR SEASON

800m (PR: 2:16.55 - Jan. 27, 2024)

Mark (key)	Finish	Meet	Date
2:16.55	27th	UW Invitational	Jan. 27
2:20.64 (a)	28th	Don Kirby Invitational	Feb. 10
2:20.55 (p,a)	22nd	MW Championships	Feb. 23

OUTDOOR SEASON

800m (PR: 2:10.83 - Apr. 12, 2024)

Mark (key)	Finish	Meet	Date
2:13.29	3rd	AstroAI/Ben Brown Invite	Mar. 8
2:14.20	9th	Aztec Invitational	Mar. 23
2:13.10	22nd	Mike Fanelli Classic	Mar. 30
2:10.83	32nd	Bryan Clay Invitational	Apr. 12
DNF (i)	-	Steve Scott Invitational	Apr. 27

1,500m (PR: 4:41.44 - Apr. 13, 2024)

Mark (key)	Finish	Meet	Date
4:41.44 (o)	32nd	Bryan Clay Invitational	Apr. 13

2024 OUTDOOR PERFORMANCE LIST

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100 METERS

School Record: 10.96 (Ashley Henderson, 2018)

Time	Athlete	Place	Notes	Meet	Date
11.35w	Hannah Waller	1st	+2.5 wind-aided mark	SD Mesa	3/29
11.38	Hannah Waller	1st	3rd all-time	UCSD	4/6
11.42	Aji Mbye	2nd	tied-5th all-time, freshman record	UCSD	4/6
11.43(ei)	Hannah Waller	10th		Mt. SAC	4/20
11.54 (co)	Aji Mbye	8th		Mt. SAC	4/19
11.56w	Aji Mbye	2nd	+2.5 wind-aided mark	SD Mesa	3/29
11.57	Jada Moore	3rd		UCSD	4/6
11.58 (co)	Jada Moore	12th		MT. SAC	4/19
11.59w	Jada Pierre	5th	+2.3 wind-aided mark, raining	SDSU	3/23
11.65	Aji Mbye	8th	outdoor debut, won heat three, raining	SDSU	3/23
11.67w	Jada Moore	10th	+2.3 wind-aided mark, raining	SDSU	3/23
11.71	Jada Pierre	20th		UofA	4/27
11.81	Jada Moore	6th		BC	4/13
11.81w	Olivia Hicks	6th	+2.2 wind-aided mark	UCSD	4/6
11.83	Aji Mbye	10th		APU	4/13
11.87(co)	Olivia Hicks	27th	PR	Mt. SAC	4/19
11.94	Olivia Hicks	18th		APU	4/13
12.16	Olivia Hicks	25th	outdoor debut, raining	SDSU	3/23

200 METERS

School Record: 22.34 (Tonette Dyer, 2004)

Time	Athlete	Place	Notes	Meet	Date
23.55	Aji Mbye	1st	-2.2 wind	UCSD	4/6
23.62(co)	Jada Moore	5th		Mt. SAC	4/19
23.82(co)	Aji Mbye	11th		Mt. SAC	4/19
23.91	Jada Moore	3rd		UCSD	4/6
23.95	Jada Moore	2nd		SD Mesa	3/29
24.26	Shaquena Foote	3rd		SD Mesa	3/29
24.33	Jada Pierre	6th		UCSD	4/6
24.57	Olivia Hicks	8th	PR	UCSD	4/6
24.71	Olivia Hicks	4th	first outdoor 200m race	SD Mesa	3/29
24.79(co)	Olivia Hicks	49th		Mt. SAC	4/19
24.81(co)	Jada Pierre	50th		Mt. SAC	4/19
25.14	Charlize James	5th		SD Mesa	3/29
25.48	Sydney Bentley	19th	season debut	UCI	4/27
25.65 (ei)	Jenna Fee Feyerabend	16th	elite heptathlon	Mt. SAC	4/17
26.53	Jenna Fee Feyerabend	6th		SD Mesa	3/29

400 METERS

School Record: 51.15 (Tonette Dyer, 2004)

Time	Athlete	Place	Notes	Meet	Date
52.14(ei)	Shaquena Foote	7th	4th all-time, sophomore class record	Mt. SAC	4/20
52.46	Shaquena Foote	2nd	1st among collegiate runners	UofA	4/27
55.17	Lidia Major	5th	first outdoor 400m race	UCSD	4/6
56.67	Sydney Bentley	5th	season debut	UCI	4/27

800 METERS

School Record: 2:02.88 (Renee Chambers-Ross, 1985)

Time	Athlete	Place	Notes	Meet	Date
2:07.52	Jessica Kain	1st	9th all-time, raining	SDSU	3/23
2:07.61(i)	Alex Lomeli	62nd		APU	4/12
2:08.10	Alex Lomeli	4th		STAN	3/30
2:08.43	Alex Lomeli	6th		UofA	4/27
2:10.83 (o)	Tatum Zinkin	32nd	PR	APU	4/12
2:11.52 (i)	Samantha Wood	6th	PR	UCI	4/26
2:11.66 (o)	Lauren Harper	55th		APU	4/12
2:13.10	Tatum Zinkin	22nd		SF State	3/30
2:13.29	Tatum Zinkin	3rd	won heat, 1st among college runners	CSF	3/8
2:13.58	Jessica Kain	4th	2nd among college runners	CSF	3/8
2:14.01	Shaquena Foote	7th	first outdoor 800m race	UCSD	4/6
2:14.20	Tatum Zinkin	9th	raining	SDSU	3/23
2:14.51(i)	Isabella Fauria	11th	PR	UCI	4/26
2:16.21	Lauren Harper	12th	raining	SDSU	3/23
2:16.32	Lauren Harper	9th		STAN	3/30
2:17.88	Isabella Fauria	11th		CSF	3/8
2:19.36 (ei)	Jenna Fee Feyerabend	7th	PR, elite heptathlon	Mt. SAC	4/18
2:21.86(i)	Lauren Harper	23rd		UCI	4/26
2:24.09	Lauren Harper	27th		CSF	3/8
2:28.22	Alex Lomeli	38th		CSF	3/8

1,500 METERS

School Record: 4:06.69 (Monica Joyce, 1982)

Time	Athlete	Place	Notes	Meet	Date
4:14.07(i)	Jessica Kain	26th	2nd all-time, senior class record	APU	4/13
4:15.99	Jessica Kain	5th		STAN	3/29
4:21.05	Jessica Kain	2nd	1st among college runners	CSF	3/8
4:23.83	Alex Lomeli	3rd	5th all-time	SDSU	3/22
4:28.39	Alex Lomeli	4th	2nd among college runners	CSF	3/8
4:29.20	Samantha Wood	5th	8th all-time	SDSU	3/22
4:30.29	Isabella Fauria	6th	just outside SDSU top ten	SDSU	3/22
4:30.63 (i)	Alex Lomeli	159th		APU	4/13
4:31.22 (o)	Isabella Fauria	91st		APU	4/13
4:32.43 (o)	Samantha Wood	116th		APU	4/13
4:32.74	Isabella Fauria	9th		CSF	3/8
4:33.25	Samantha Wood	10th	SDSU debut	CSF	3/8
4:35.24	Vanessa Cabello	9th	PR	SDSU	3/22
4:38.56	Samantha Wood	12th	raining	SF State	3/29
4:41.05	Eva Rethmeier	18th		SDSU	3/22
4:41.22	Isabella Fauria	66th	raining	SF State	3/29
4:41.44 (o)	Tatum Zinkin	30th	PR	APU	4/13
4:54.50 (o)	Sophia Nevin	166th	PR	APU	4/13
5:04.16	Maddy Parrone	44th	first 1500m race	UCSD	4/6
5:06.34	Bailey Watts	33rd		CSF	3/8

2024 OUTDOOR PERFORMANCE LIST

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5,000 METERS

School Record: 15:45.26 (Monica Joyce, 1982)

Time	Athlete	Place	Notes	Meet	Date
15:57.21(i)	Jessica Kain	1st	3rd all-time, senior class record	UCI	4/26
16:38.76 (o)	Vanessa Cabello	13th	6th all-time	APU	4/12
16:51.37	Vanessa Cabello	13th		CSF	3/8
17:07.60	Eva Rethmeier	18th		CSF	3/8
17:08.76	Eva Rethmeier	24th	raining	SF State	3/29
17:10.71 (o)	Eva Rethmeier	26th		APU	4/12
17:11.33	Vanessa Cabello	26th	raining	SF State	3/29
17:36.72(o)	Maddie Heller	1st	PR, won open section	UCI	4/26
17:40.83	Maddie Heller	29th		CSF	3/8
17:45.97	Maddie Heller	8th		SDSU	3/22
18:00.45 (o)	Melanie Falkowski	4th		UCI	4/26
18:09.92 (o)	Melanie Falkowski	63rd		APU	4/13
18:15.46	Melanie Falkowski	13th		SDSU	3/22
18:15.78	Melanie Falkowski	45th		CSF	3/8
18:28.10	Maddy Parrone	13th	PR	UCI	4/26
18:29.82	Maddy Parrone	60th		La Verne	4/12
18:36.04	Amber Elias	54th		CSF	3/8
18:39.17	Maddy Parrone	55th		CSF	3/8
18:40.55(o)	Sophia Nevin	16th		UCI	4/26
18:47.38	Maddy Parrone	17th		SDSU	3/22
19:00.05	Amber Elias	18th		SDSU	3/22
19:13.57	Bella Peretti	65th	PR	CSF	3/8
19:13.76	Bella Peretti	77th		La Verne	4/12
19:35.01	Bella Peretti	19th		SDSU	3/22

10,000 METERS

School Record: 34:22.24 (Lynn Kanuka, 1981)

Time	Athlete	Place	Notes	Meet	Date
36:46.06	Maddie Heller	28th	10th all-time	APU	4/12

100-METER HURDLES

School Record: 12.82 (Miesha McKelvy, 1999)

Time	Athlete	Place	Notes	Meet	Date
13.49(ei)	Charlize James	12th		Mt. SAC	4/20
13.51	Charlize James	4th	first among collegiate runners	UCSD	4/6
13.54	Jada Pierre	10th	PR	UofA	4/27
13.54	Charlize James	11th		UofA	4/27
13.63	Jada Pierre	5th	second among collegiate runners	UCSD	4/6
13.64	Charlize James	3rd		SD Mesa	3/29
13.80(co)	Jada Pierre	5th		Mt. SAC	4/19
13.86	Jada Pierre	9th		APU	4/13
14.00	Charlize James	13th		APU	4/13
14.03	Jada Pierre	4th		SD Mesa	3/29
14.20 (ei)	Jenna Fee Feyerabend	16th	elite heptathlon	Mt. SAC	4/17
14.50	Jenna Fee Feyerabend	5th		SD Mesa	3/29

400-METER HURDLES

School Record: 54.64 (LaTanya Sheffield, 1985)

Time	Athlete	Place	Notes	Meet	Date
59.87	Lidia Major	13th	PR	UofA	4/27
10:00.95	Rhea Hoyte	20th		UofA	4/27
1:01.30	Lidia Major	1st		SD Mesa	3/29
1:03.67	Lidia Major	15th	outdoor debut, raining	SDSU	3/23

3,000 METER STEEPLECHASE

School Record: 10:23.34 (Marie Nilsson, 2004)

Time	Athlete	Place	Notes	Meet	Date
11:04.95	Eva Rethmeier	4th	5th all-time	UCI	4/26
12:05.70	Sophia Nevin	10th	outdoor debut	CSF	3/8
12:19.50	Sophia Nevin	3rd		SDSU	3/22

4x100-METER RELAY

School Record: 42.99 (Auzenne-Glenn-Smith-Henderson, 2017)

Time	Athlete	Place	Notes	Meet	Date
43.79(ei)	Waller-Foote-Moore-Mbye	7th	4th all-time	Mt. SAC	4/20
44.31	Pierre-Mbye-Waller-Moore	1st	10th all-time, meet & stadium record	SD Mesa	3/29
44.81	Waller-Mbye-Pierre-Moore	1st		UCSD	4/6
45.07	Waller-Mbye-Pierre-Moore	3rd		SDSU	3/23

4x400-METER RELAY

School Record: 3:30.57 (Nilson-Ross-Robinson-Sheffield, 1985)

Time	Athlete	Place	Notes	Meet	Date
3:41.76	Hoyte-Major-Foote-Lomeli	8th		UofA	4/27

HIGH JUMP

School Record: 5-11.75 (Lori Clark, 1984)

Mark	Athlete	Place	Notes	Meet	Date
5-07.00 (ei)	Jenna Fee Feyerabend	6th	elite heptathlon	Mt. SAC	4/17
5-05.75	Jenna Fee Feyerabend	2nd		UCSD	4/6
5-03.25	Jenna Fee Feyerabend	8th		SDSU	3/23

POLE VAULT

School Record: 14-09.50 (Bonnie Draxler, 2019)

Mark	Athlete	Place	Notes	Meet	Date
13-04.25	Jordan Leveque	4th	T-13th all-time, 20th Aztec to clear 3.97m	SDSU	3/23
12-11.50(b)	Jordan Leveque	4th		Mt. SAC	4/19
12-06.75	Jordan Leveque	5th		BYU	4/27
12-06.75	Lily Mulligan	7th	PR	BYU	4/27
12-05.25	Lily Mulligan	4th		UCSD	4/6
12-02.50	Lily Mulligan	16th	outdoor debut	SDSU	3/23
11-11.75(c)	Lily Mulligan	4th		Mt. SAC	4/19
11-11.75(c)	Kayla Tassara	4th	PR	Mt. SAC	4/19
11-11.25	Kayla Tassara	11th		UCSD	4/6
11-08.50	Kayla Tassara	17th	outdoor debut	SDSU	3/23
11-01.00	Kayla Tassara	17th		BYU	4/27
11-01.00	Sydney Ash	17th	PR	BYU	4/27
10-11.50	Sydney Ash	18th	outdoor debut, first collegiate clearance	UCSD	4/6

LONG JUMP

School Record: 21-09.50 (Karoline Koehler, 2009)

Mark	Athlete	Place	Notes	Meet	Date
21-01.25(co)	Hannah Waller	1st	2nd all-time	Mt. SAC	4/19
20-03.75w	Hannah Waller	1st	+4.3 wind-aided mark	SDSU	3/23
20-03.00	Hannah Waller	1st		UCSD	4/6
20-03.00	Hannah Waller	2nd	matched PR	APU	4/13
19-05.50(co)	Xiamara Young	11th		Mt. SAC	4/19
19-04.75	Xiamara Young	7th	SDSU outdoor debut	APU	4/13
19-00.00(ei)	Jenna Fee Feyerabend	10th	elite heptathlon	Mt. SAC	4/18
18-10.50	Maya Gorman	3rd	top collegiate finisher	SD Mesa	3/29
18-09.50	Thaila Wilson	4th	PR	SD Mesa	3/29
18-09.25	Maya Gorman	17th		APU	4/13
18-04.25	Maya Gorman	10th		UCSD	4/6
18-04.25	Xiamara Young	18th		UofA	4/27
18-04.25	Maya Gorman	15th		UCI	4/26
18-03.75	Jenna Fee Feyerabend	11th		UCSD	4/6
18-03.75w	Maya Gorman	18th	+2.4 wind-aided mark	SDSU	3/23
17-11.50(co)	Maya Gorman	26th		Mt. SAC	4/19
17-07.00	Giselle Galles	18th	PR	UCI	4/26
17-05.50	Sameerah Evans	27th		SDSU	3/23
17-05.25	Thaila Wilson	17th		UCSD	4/6
17-04.75	Thaila Wilson	41st		APU	4/13
17-04.25w	Giselle Galles	9th	+2.5 wind-aided mark	SD Mesa	3/29
17-02.00	Thaila Wilson	29th		SDSU	3/23
16-11.25	Sameerah Evans	21st		UCSD	4/6
16-10.75	Giselle Galles	31st	outdoor debut	SDSU	3/23
16-08.00	Giselle Galles	26th		UCSD	4/6

2024 OUTDOOR PERFORMANCE LIST

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TRIPLE JUMP

School Record: 46-05.00 (Shanieka Thomas, 2013)

Mark	Athlete	Place	Notes	Meet	Date
42-00.00w	Sameerah Evans	1st	+3.1 wind-aided mark	SD Mesa	3/29
41-07.25(ei)	Xiamara Young	8th	tied 8th all-time	Mt. SAC	4/20
40-05.50	Xiamara Young	9th		UofA	4/27
40-02.50	Sameerah Evans	10th		UofA	4/27
40-01.25(co)	Sameerah Evans	8th		Mt. SAC	4/19

SHOT PUT

School Record: 58-03.50 (Ramona Pagel, 1984)

Mark	Athlete	Place	Notes	Meet	Date
45-10.50	Jenna Fee Feyerabend	2nd	PR	SD Mesa	3/29
44-10.75 (ei)	Jenna Fee Feyerabend	8th	elite heptathlon	Mt. SAC	4/17
44-02.50	Jenna Fee Feyerabend	14th		UCSD	4/6

HAMMER THROW

School Record: 187-5 (Whitney Ashley, 2011)

Mark	Athlete	Place	Notes	Meet	Date
147-08	Keira Bennett	9th	PR	SDSU	3/22
143-01	Keira Bennett	27th		UofA	4/27
133-11	Keira Bennett	4th	won flight 2, SDSU debut	PLNU	3/16
128-08	Keira Bennett	30th		UCSD	4/5

JAVELIN THROW

School Record: 160-5 (Niki Oudenaarden, 2014)

Mark	Athlete	Place	Notes	Meet	Date
144-8	Jenna Fee Feyerabend	5th	5th all-time, first throw of 2024	SDSU	3/23
141-3(ei)	Jenna Fee Feyerabend	6th	elite heptathlon	Mt. SAC	4/18
140-7	Jenna Fee Feyerabend	6th	won flight two	UCSD	4/5
130-7	Thaila Wilson	7th		SDSU	3/23
126-7	Thaila Wilson	1st		PLNU	3/16
124-9	Thaila Wilson	9th		UCSD	4/5
120-0(co)	Thaila Wilson	14th		Mt. SAC	4/18
101-7	Keira Bennett	8th	SDSU debut	PLNU	3/16
15-8	Keira Bennett	23rd		UCSD	4/5
92-3	Keira Bennett	13th		SDSU	3/23
90-03	Keira Bennett	19th		UofA	4/27

HEPTATHLON

School Record: 5,917 points (Allison Reaser, 2014)

Mark	Athlete	Place	Notes	Meet	Date
5,750 (ei)	Jenna Fee Feyerabend	9th	two points shy of PR	Mt. SAC	4/18

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60 METERS

School Record: 7.17 (Ashley Henderson, 2017)

Time	Athlete	Place	Notes	Meet	Date
7.22	Hannah Waller	1st (f)	#2 all-time, won gold	MW	2/24
7.24	Hannah Waller	1st (p)	qualified for final	MW	2/23
7.26	Hannah Waller	1st (p)		MLK Inv	1/20
7.26	Hannah Waller	3rd (f)	matched PR and #2 all-time	UNM Classic	2/3
7.31	Hannah Waller	8th (p)	qualified for finals	UNM Classic	2/3
7.42	Aji Mbye	5th (i,p)	#10, freshman record, qualified for finals	Don Kirby	2/10
7.43	Aji Mbye	6th (p)	qualified for final	MW	2/23
7.44	Aji Mbye	7th (i,f)		Don Kirby	2/10
7.44	Aji Mbye	3rd (f)	won bronze	MW	2/24
7.47	Jada Moore	7th (p)	qualified for final	MW	2/23
7.48	Hannah Waller	1st (u)		Don Kirby	2/10
7.49	Shaquena Foote	22nd (i,p)	first 60m of season	UNM Classic	2/3
7.50	Aji Mbye	3rd (u)	collegiate debut, won heat	MLK Inv	1/20
7.50	Jada Moore	10th (i,p)		Don Kirby	2/10
7.52	Jada Moore	25th (i,p)		UNM Classic	2/3
7.52	Jada Moore	6th (f)	scored 3 points	MW	2/24
7.53	Jada Moore	13th (p)		MLK Inv	1/20
7.61	Jada Pierre	18th (p)	SDSU debut	MLK Inv	1/20
7.61	Olivia Hicks	13th (p)	PR	MW	2/23
7.63	Olivia Hicks	11th (u)	collegiate debut	MLK Inv	1/20
7.63	Olivia Hicks	5th (u)	matched PR	Don Kirby	2/10
7.65	Olivia Hicks	8th (u)	won heat	UNM Classic	2/3
7.68	Jada Pierre	33rd (i,p)		UNM Classic	2/3
7.71	Charlize James	19th (u)	PR	MLK Inv	1/20
7.78	Charlize James	19th (u)		UNM Classic	2/3
15.23	Hannah Waller	8th (f)		MLK Inv	1/20

200 METERS

School Record: 22.41 (Ashley Henderson, 2018)

Time	Athlete	Place	Notes	Meet	Date
23.17	Hannah Waller	23.17 (f)	#2 all-time, won silver	MW	2/24
23.44	Shaquena Foote	23.44 (f)	#3 all-time, won bronze	MW	2/24
23.45	Aji Mbye	2nd (p)	#4 all-time, freshman record, qualified finals	MW	2/23
23.47	Shaquena Foote	1st (u)		MLK Inv	1/20
23.50	Shaquena Foote	3rd (p)	qualified for final	MW	2/23
23.55	Aji Mbye	4th (f)	scored 5 points	MW	2/24
23.56	Hannah Waller	4th (p)	qualified for final	MW	2/23
23.85	Aji Mbye	1st (u)		Don Kirby	2/9
23.96	Jada Moore	20th (i)		UNM Classic	2/2
24.04	Hannah Waller	14th (i)		Don Kirby	2/9
24.04	Jada Pierre	10th (p)	PR	MW	2/23
24.06	Jada Moore	16th (i)		Don Kirby	2/9
24.09	Jada Moore	12th (p)		MW	2/23
24.29	Aji Mbye	3rd (u)	collegiate debut, won heat	MLK Inv	1/20
24.39	Aji Mbye	20th (u)	won heat	UNM Classic	2/2
24.41	Olivia Hicks	16th (p)	PR		
24.48	Jada Moore	5th (u)		MLK Inv	1/20
24.69	Olivia Hicks	29th (u)	won heat	UNM Classic	2/2
24.75	Olivia Hicks	28th (u)		Don Kirby	2/9
25.14	Olivia Hicks	19th (u)	collegiate debut	MLK Inv	1/20
25.22	Rhea Hoyte	22nd (u)		MLK Inv	1/20

400 METERS

School Record: 52.43 (Shaquena Foote, 2024)

Time	Athlete	Place	Notes	Meet	Date
52.43	Shaquena Foote	1st (f)	SDSU record, 3rd all-time in MW, won gold	MW	2/24
52.60	Shaquena Foote	2nd (i)	broke own record set 2/2	Don Kirby	2/10
53.26	Shaquena Foote	3rd (i)	broke own record set 1/20	UNM Classic	2/2
53.30	Shaquena Foote	2nd	top collegiate finisher	MLK Inv	1/20
54.91	Shaquena Foote	7th (p)		MW	2/23
55.27	Rhea Hoyte	9th (p)	PR	MW	2/23
55.97	Lidia Major	15th	PR	MW	2/23
56.22	Lidia Major	8th (u)		UNM Classic	2/2
56.37	Lidia Major	10th (u)		Don Kirby	2/9
56.40	Rhea Hoyte	11th (u)		UNM Classic	2/2
57.11	Rhea Hoyte	57.11 (u)		Don Kirby	2/10

600 METERS

School Record: 1:29.84 (Sakura Roberson, 2020)

Time	Athlete	Place	Notes	Meet	Date
1:37.23	Lidia Major	12th	#8 all-time, collegiate debut	MLK Inv	1/20

800 METERS

School Record: 2:07.31 (Lauren Harper, 2022)

Time	Athlete	Place	Notes	Meet	Date
2:10.61	Jessica Kain	8th	#6 all-time, won heat	UW Inv	1/27
2:11.69	Alex Lomeli	11th	#8 all-time	UW Inv	1/27
2:11.84	Alex Lomeli	9th (p)		MW	2/23
2:13.96	Alex Lomeli	12th		Don Kirby	2/10
2:15.06	Isabella Fauria	15th (p)	PR	MW	2/23
2:16.65	Tatum Zinkin	27th	PR	UW Inv	1/27
2:20.55	Tatum Zinkin	22nd		MW	2/23
2:20.64	Tatum Zinkin	28th		Don Kirby	2/10
2:21.71	Vanessa Cabello	43rd	PR	UW Inv	1/27
2:24.57	Sophia Nevin	49th	PR, indoor debut	UW Inv	1/27
2:26.64	Eva Rethmeier	54th	PR	UW Inv	1/27
DNF	Isabella Fauria	-	SDSU debut	UW Inv	1/27

MILE

School Record: 4:36.4 (Monica Joyce, 1982)

Time	Athlete	Place	Notes	Meet	Date
4:52.04	Jessica Kain	3rd	senior class record, top collegiate finisher	Don Kirby	Feb. 10
5:08.14	Vanessa Cabello	9th	#8 all-time	Don Kirby	Feb. 10
5:11.69	Eva Rethmeier	17th		Don Kirby	Feb. 10
5:17.78	Isabella Fauria	23rd		Don Kirby	Feb. 10

3,000 METERS

School Record: 9:32.77 (Jessica Kain, 2024)

Time	Athlete	Place	Notes	Meet	Date
9:32.77	Jessica Kain	12th	SDSU record, first career indoor 3k	UW Inv	1/26
9:51.56	Vanessa Cabello	41st	#3 all-time, sophomore record	UW Inv	1/26
10:04.03	Eva Rethmeier	59th	#4 all-time	UW Inv	1/26
10:30.09	Eva Rethmeier	36th		MW	2/24

5,000 METERS

School Record: 17:55.31 (Marianne Hogan, 2011)

Time	Athlete	Place	Notes	Meet	Date
18:21.69	Amber Elias	33rd	#2 all-time, senior record	UW Inv	1/26

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60-METER HURDLES

School Record: 8.11 (Micha Auzenne, 2017)

Time	Athlete	Place	Notes	Meet	Date
8.23	Charlize James	2nd (f)	#3 all-time, top collegiate finisher	MLK Inv	1/20
8.23	Charlize James	2nd (p)	won heat, qualified for final	MW	2/23
8.27	Charlize James	6th (i,p)		Don Kirby	2/10
8.34	Charlize James	3rd (p)	Was a PR until running an 8.23 in the final	MLK Inv	1/20
8.35	Charlize James	5th (i,f)		Don Kirby	2/10
8.41	Charlize James	11th (p)		UNM Classic	2/3
8.42	Jada Pierre	4th (p)	PR, qualified for final	MW	2/23
8.42	Jada Pierre	2nd (f)	won silver	MW	2/24
8.50	Charlize James	6th (f)	scored 3 points	MW	2/24
8.81	Jada Pierre	17th (p)	SDSU debut	MLK Inv	1/20
8.97	Sameerah Evans	24th (p)		MLK Inv	1/20
9.11	Rhea Hoyte	31st (p)	PR	MLK Inv	1/20
DNF	Jada Pierre	- (p)		UNM Classic	2/3

4x400-METER RELAY

School Record: 3:33.81 (Harris-Dyer-Roberson-McNeil, 2020)

Time	Athlete	Place	Notes	Meet	Date
3:37.20	Hoyte, Waller, Major, Foote	2nd	#3 all-time, won silver	MW	2/24
3:39.32	Hoyte, Foote, Mbye, Major	4th	#4 all-time	Don Kirby	2/10
4:20.93	Zinkin, Lomeli, Nevin, Ash	11th		UW Inv	1/27

DISTANCE MEDLEY RELAY

School Record: 11:49.06 (Cabello-Major-Lomeli-Kain, 2024)

Time	Athlete	Place	Notes	Meet	Date
11:49.06	Cabello, Major, Lomeli, Kain	5th	SDSU record	MW	2/22

POLE VAULT

School Record: 14-11.50 (Bonnie Draxler, 2019)

Mark	Athlete	Place	Notes	Meet	Date
13-05.25	Ashley Callahan	6th		UW Inv	1/27
13-05.00	Ashley Callahan	2nd	won silver	MW	2/23
13-00.25	Ashley Callahan	5th		MLK Inv	1/20
12-06.75	Jordan Leveque	2nd (c)	PR	Don Kirby	2/10
12-06.75	Jordan Leveque	4th	5 points	MW	2/23
12-06.75	Kayla Tassara	7th	22nd Aztec to clear 3.83m, 2 points	MW	2/23
12-06.25	Jordan Leveque	11th	21st Aztec to clear 3.82m, collegiate debut	MLK Inv	1/20
12-00.75	Kayla Tassara	4th (c)		Don Kirby	2/10
12-00.50	Lily Mulligan	15th	PR, collegiate debut	MLK Inv	1/20
11-11.75	Jordan Leveque	21st	19th in invitational flight	UW Inv	1/27
11-07.75	Lily Mulligan	16th		MW	2/23
11-03.75	Kayla Tassara	25th	7th in open flight	UW Inv	1/27
11-00.75	Kayla Tassara	19th	SDSU debut	MLK Inv	1/20
NH	Sydney Ash	-	collegiate debut	MLK Inv	1/20
NH	Sydney Ash	-		UW Inv	1/27
NH	Lily Mulligan	-		UW Inv	1/27

HIGH JUMP

School Record: 5-09.25 (Jenna Fee Feyerabend, 2023)

Mark	Athlete	Place	Notes	Meet	Date
5-03.25	Thaila Wilson	17th		UNM Classic	2/2
5-03.00	Thaila Wilson	9th		MW	2/23
5-01.25	Maya Gorman	18th	PR	UNM Classic	2/2
5-01.25	Maya Gorman	42nd	matched PR	Don Kirby	2/9
4-11.75	Maya Gorman	21st	first indoor high jump	MLK Inv	1/20
NH	Thaila Wilson	-		MLK Inv	1/20

LONG JUMP

School Record: 21-07.50 (Karoline Koehler, 2010)

Mark	Athlete	Place	Notes	Meet	Date
20-06.50	Hannah Waller	4th	#2 all-time, scored 5 points	MW	2/23
20-03.50	Xiamara Young	5th	#4 all-time, scored 4 points	MW	2/23
20-02.50	Hannah Waller	6th	reached finals	MLK Inv	1/20
19-09.50	Hannah Waller	14th		Don Kirby	2/9
19-09.00	Xiamara Young	13th	won flight, reached finals	UNM Classic	2/2
19-06.75	Xiamara Young	19th		Don Kirby	2/9
18-04.25	Maya Gorman	20th	PR	MW	2/23
18-03.25	Xiamara Young	12th	SDSU debut, won flight	MLK Inv	1/20
18-1.50	Maya Gorman	29th		UNM Classic	2/2
17-10.75	Maya Gorman	59th		Don Kirby	2/9
17-04.25	Maya Gorman	24th	first indoor long jump	MLK Inv	1/20
17-01.25	Thaila Wilson	42nd		MLK Inv	1/20
16-08.50	Giselle Galles	46th	PR, collegiate debut	MLK Inv	1/20
16-08.00	Giselle Galles	90th		Don Kirby	2/9
16-02.50	Giselle Galles	46th		UNM Classic	2/2

TRIPLE JUMP

School Record: 46-02.50 (Shanieka Thomas, 2013)

Mark	Athlete	Place	Notes	Meet	Date
44-00.50	Xiamara Young	2nd	#4 all-time, won silver	MW	2/24
43-06.00	Xiamara Young	9th	Second-Team All-American, reached finals	NCAA	3/9
43-05.25	Xiamara Young	5th	qualified for finals	Don Kirby	2/10
42-11.75	Xiamara Young	4th	qualified for finals	UNM Classic	2/3
40-11.00	Xiamara Young	2nd	SDSU debut, top collegiate finisher	MLK Inv	1/20
39-05.75	Sameerah Evans	14th		UNM Classic	2/3
39-04.00	Sameerah Evans	11th		MW	2/24
37-06.50	Sameerah Evans	15th		MLK Inv	1/20