

2024 SCHEDULE

Decembe	er	
9	Red-Black All-Comers Meet	SDSU
January		
20	Dr. MLK Invitational	UNM
26-27	UW Invitational	UW
February	Y	
2-3	NM Collegiate Classic	UNM
9-10	Don Kirby Invitational	UNM
22-24	MW Indoor Championships	UNM
March		
8	AstroAI Distance Classic	CSF
9	NCAA Indoor Championships	UMass
16	Ross & Sharon Irwin Invite	PLNU
21-23	Aztec Invitational	SDSU
29-30	Stanford Invitational	STAN
April		
4-5	Triton Invitational	UCSD
11-13	Bryan Clay Invitational	APU
17-20	Mt. SAC Relays	Mt. SAC
26-27	Steve Scott Invitational	UCI
26-27	BYU Invitational	BYU
27	Desert Heat Classic	AZ
May		
9-11	MW Outdoor Championships	FS
22-25	NCAA West Preliminaries	ARK
June		
5-8	NCAA Outdoor Championships	ORE

THIS WEEK'S ENTRIES

Name	Event
Vanessa Cabello	5,000m
Amber Elias	5,000m
Melanie Falkowski	5,000m
Isabella Fauria	800m, 1,500m
Lauren Harper	800m
Maddie Heller	5,000m
Jessica Kain	800m, 1,500m
Alex Lomeli	800m, 1,500m
Sophia Nevin	3,000m Steeple
Maddy Parrone	5,000m
Bella Peretti	5,000m
Eva Rethmeier	5,000m
Bailey Watts	1,500m
Samantha Wood	1,500m
Tatum Zinkin	800m

Meet Week Preview

Ben Brown Invite/AstroAl Distance Classic - Mar. 8, 2024 Titan Track Complex - Fullerton, Calif.

Live Results

SAN DIEGO – Coming off their runner-up finish at the Mountain West Indoor Championships, the San Diego State track and field team begins outdoor season on Friday in Fullerton, Calif.

The distance runners will be the first to see outdoor competition as they run in the AstroAl Distance Classic as part of the Ben Brown Invite hosted by Cal State Fullerton. The events start with the 3,000m steeplechase at 5 p.m. and run into the night with the 10,000m scheduled to start at 9:15 p.m.

Every distance runner on the roster is set to compete on Friday with five running in the 800m, five in the 1,500m, six in the 5,000m and one in the 3,000m steeplechase. The trio of Isabella Fauria, Jessica Kain, and Alex Lomeli will all run in both the 800m and 1,500m races.

Xiamara Young at the NCAA Championships

• While the distance runners kick off the Aztecs' outdoor season, sophomore Xiamara Young officially wraps up the indoor schedule at the NCAA Championships. She will compete in triple jump on Saturday, March 9 at 3:30 p.m. PT (6:30 p.m. ET).

• The Las Vegas native was selected as a qualifier last week, ranking tenth in the country in triple jump. Her mark of 13.42m (44-00.50) won her the silver medal at the MW Indoor Championships and ranks fourth best in San Diego State indoor history.

• This will be the second consecutive year an Aztec will participate in triple jump at the NCAA Indoor Championships and 10th overall in program history. She is just the fifth different Aztec to qualify in the event, joining SDSU Hall of Famers Karoline Koehler (2008-10) and Shanieka Thomas (2011-14), as well as Decontee Kaye (2009) and Simone Johnson (2023).

Recap of the Indoor Season

• San Diego State finished their team indoor season with a second-place finish at the Mountain West Championships. They totaled 103 points, finishing 10 behind champion Colorado State. It is 12th finish in the top three in head coach Shelia Burrell's 14 indoor championships.

 Eight Aztecs earned All-Mountain West honors headlined by three each from Hannah Waller and Shaquena Foote. Waller was also named the Women's Track Performer of the Meet.

• In their five indoor meets, the Aztecs set three school records (400m, 3000m, distance medley relay) along with 18 other top ten marks in the record books. Twenty-two student-athletes that competed at any point during the season set a personal best.

Aztec Tidbits

 Head coach Shelia Burrell is in her 15th year leading the Aztec track and field program. This is her 14th outdoor season with 2020 being cancelled. In that time, she has led the team to six Mountain West Championships and won six MW Coach of the Year awards.

• The roster consists of 22 returning student-athletes and 17 newcomers. Of the newcomers, nine are freshmen. Combined, the returners have 23 marks in the program's all-time records.

• SDSU has won two of the last three Mountain West Outdoor Championships, four of the last six, and six total under head coach Shelia Burrell. They have finished first or second each of the last seven years and finished top three each of the last 10.

• San Diego State returns six Mountain West champions, led by three-time defending 100m and 4x100m winner Jada Moore. In total, she has seven outdoor event titles which ranksfourth most in program history.

• The Aztecs had 14 qualify for the NCAA West Preliminaries for 16 total entries. Two would go on to reach the NCAA Championships including returnee Jenna Fee Feyerabend in the heptathlon.

2024 WOMEN'S TRACK AND FIELD ROSTER

ROSTER BREAKDOWN	Student-Athlete	Event	Class	Hometown (Previous School)
By Class	Sydney Ash	Pole Vault	Fr.	Issaquah, Wash. (Liberty Sr. HS)
Seniors (10): Sydney Bentley*, Amber Elias, Sameerah	Keira Bennett	Throws	Fr.	Parker, Colo. (Chapparal HS)
Evans, Isabella Fauria, Jessica Kain*, Lauren Harper*, Alex Lomeli*, Jada Moore*, Hannah Waller, Bailey Watts*	Sydney Bentley	Sprints	Sr.*	Los Angeles, Calif. (San Jose State)
	Zoe Brosch	Throws	Jr.	South Lake Tahoe, Calif. (South Tahoe HS)
Juniors (14): Zoe Brosch, Vanessa Cabello, Ashley Callahan, Jenna Fee Feyerabend, Shaquena Foote, Maya	Vanessa Cabello	Distance	Jr.	Los Altos, Calif. (Saint Francis HS)
Gorman*, Maddie Heller, Rhea Hoyte, Anna Mager, Jada	Ashley Callahan	Pole Vault	Jr.	Escondido, Calif. (Rancho Bernardo HS)
Pierre, Eva Rethmeier, Thaila Wilson, Samantha Wood, Xiamara Young	Amber Elias	Distance	Sr.	Napa, Calif. (Vintage HS)
-	Sameerah Evans	Jumps/Hurdles	Sr.	Fairfield, Calif. (Vallejo HS)
Sophomore (6): Melanie Falkowski, Charlize James, Maddy Parrone, Bella Perretti, Kayla Tassara, Tatum Zinkin	Melanie Falkowski	Distance	So.	Laguna Beach, Calif. (Laguna Beach HS)
Freshmen (9): Sydney Ash, Keira Bennett, Giselle Galles,	Isabella Fauria	Distance	Sr.	Sacramento, Calif. (New Mexico)
Olivia Hicks, Jordan Leveque, Lidia Major, Aji Mbye, Lily	Jenna Fee Feyerabend	Multis/Jumps	Jr.	Groß-Gerau, Germany (Carl-Von-Weinberg Schule)
Mulligan, Sophia Nevin	Shaquena Foote	Sprints/Hurdles	Jr.	Westmoreland, Jamaica (Petersfield HS)
By Home State/Country	Giselle Galles	Jumps/Sprints	Fr.	Albuquerque, N.M. (ABQ Academy)
California (23): Sydney Bentley, Zoe Brosch, Vanessa	Maya Gorman	Jumps	Jr.*	Mountain House, Calif. (Stanislaus State)
Cabello, Ashley Callahan, Amber Elias, Sameerah Evans,	Lauren Harper	Mid-Distance	Sr.*	Weaverville, Calif. (Trinity HS)
Melanie Falkowski, Isabella Fauria, Maya Gorman, Lauren	Maddie Heller	Distance	Jr.	San Juan Capistrano, Calif. (Capistrano Valley HS)
Harper, Maddie Heller, Charlize James, Jessica Kain, Jordan Leveque, Alex Lomeli, Lidia Major, Lily Mulligan, Maddy	Olivia Hicks	Sprints	Fr.	Beaverton, Ore. (Mountainside HS)
Parrone, Bella Peretti, Eva Rethmeier, Kayla Tassara, Bailey	Rhea Hoyte	Sprints/Hurdles	Jr.	St. Michael, Barbados (The St. Michael School)
Watts, Tatum Zinkin	Charlize James	Sprints	So.	Spring Valley, Calif. (San Diego HS)
Colorado (2): Keira Bennett, Sophia Nevin Virginia (2): Jada Pierre, Hannah Waller	Jessica Kain	Mid-Distance	50. Sr.*	Scotts Valley, Calif. (Scotts Valley HS)
Idaho (1): Samantha Wood		Sprints/Pole Vault	Si. Fr.	Clovis, Calif. (Buchanan HS)
Missouri (1): Jada Moore	Jordan Leveque Alex Lomeli	Mid-Distance	гі. Sr.*	
Nevada (1): Xiamara Young				Los Angeles, Calif. (Notre Dame Academy HS)
New Mexico (1): Giselle Galles Oregon (1): Olivia Hicks	Anna Mager	Sprints/Hurdles	Jr.	Wolfurt, Austria (Oklahoma)
Washington (1): Sydney Ash	Lidia Major	Hurdles	Fr.	Irvine, Calif. (Santa Margarita Catholic HS)
Jamaica (2): Shaquena Foote, Thaila Wilson	Aji Mbye	Sprints	Fr.	Gambia, West Africa (Broadfording Christian Academy)
Austria (1): Anna Mager Barbados (1): Rhea Hoyte	Jada Moore	Sprints	Sr.*	St. Louis, Mo. (Pattonville HS)
Germany (1): Jenna Fee Feyerabend	Lily Mulligan	Pole Vault	Fr.	Santa Rosa, Calif. (Santa Rosa HS)
West Africa (1): Aji Mbye	Sophia Nevin	Distance	Fr.	Glenwood Springs, Colo. (Glenwood Springs HS)
By Event	Maddy Parrone	Mid-Distance	So.	Westlake Village, Calif. (Oak Park HS)
Sprints (10): Sydney Bentley, Shaquena Foote, Giselle	Bella Perretti	Mid-Distance	So.	San Jose, Calif. (Pioneer HS)
Galles, Olivia Hicks, Rhea Hoyte, Charlize James, Jordan	Jada Pierre	Sprints/Hurdles	Jr.	Woodbridge, Va. (University of Virginia)
Leveque, Anna Mager, Aji Mbye, Jada Moore, Jada Pierre, Xiamara Young	Eva Rethmeier	Distance	Jr.	San Diego, Calif. (Cal State Fullerton)
Hurdles (5): Sameerah Evans, Shaquena Foote, Rhea	Kayla Tassara	Pole Vault	So.	Torrance, Calif. (Seattle Pacific University)
Hoyte, Lidia Major, Anna Mager, Jada Pierre	Hannah Waller	Jumps	Sr.	Reston, Va. (Michigan)
Mid-Distance (9): Shaquena Foote, Lauren Harper, Jessica		Mid-Distance/Distance		Foothill Ranch, Calif. (Trabuco Hills HS)
Kain, Alex Lomeli, Maddy Parrone, Bella Perretti, Bailey Watts, Tatum Zinkin	Thaila Wilson	Multis	Jr.	St. Catherine, Jamaica (Hydel HS)
Distance (9): Vanessa Cabello, Amber Elias, Melanie	Samantha Wood	Distance	Jr.	Post Falls, Idaho (Boise State)
Falkowski, Isabella Fauria, Maddie Heller, Jessica Kain, Eva	Xiamara Young	Jumps/Sprints	Jr.	Las Vegas, Nev. (Fresno Pacific)
Rethmeier, Bailey Watts, Samantha Wood	Tatum Zinkin	Mid-Distance	So.	Fresno, Calif. (Clovis North HS)
Jumps (5): Sameerah Evans, Jenna Fee Feyerabend, Giselle Galles, Maya Gorman, Hannah Waller, Xiamara	*redshirt season utilized	I		

Giselle Galles, Maya Gorman, Hannah Waller, Xiamara Young Pole Vault (5): Sydney Ash, Ashley Callahan, Jordan

Leveque, Lily Mulligan, Kayla Tassara Throws (3): Keira Bennett, Zoe Brosch, Thaila Wilson Multis (2): Jenna Fee Feyerabend, Thaila Wilson

Coaching Staff

Head Coach: Shelia Burrell (UCLA, 1995), 15th season

Assistant Coach/Recruiting Coordinator: Alrick Munroe (Wayland Baptist Univ., 1988), 11th season Assistant Coach (Pole Vault): Richard Fox (San Diego State, 1992), 29th season Assistant Coach (Head Cross Country/Distance): Robert Lusitana (San Diego State, 1982), 7th season Assistant Coach (Throws): Tom Prevost, 1st season

Assistant Coach: Brad Johnson

2024 INDIVIDUAL PERFORMANCES

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Sydney Ash

Fréshman | Issaquah, Wash. | Liberty Sr. HS INDOOR SEASON

Pole V	ault
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Mark (key)	Finis	h Meet	Date
NH	-	MLK Invitational	Jan. 20
NH (o)	-	UW Invitational	Jan. 26

Vanessa Cabello

Junior | Los Altos, Calif. | Saint Francis HS **INDOOR SEASON** 800m (PR: 2:21.71 - Jan. 27, 2024) Mark (key) Finish Meet Date 2:21.71 43rd UW Invitational Jan. 27 Mile (PR: 5:08.14 - Feb. 10, 2024) Date Finish Meet Mark (key) 9th Don Kirby Invitational Feb. 10 <u>5:08.14 (#8,a)</u> 3,000m (PR: 9:51.56 - Jan. 26, 2024) Mark (key) Finish Meet Date 9:51.56 (#3) 41st UW Invitational Jan. 26

Ashley Callahan

Junior	Éscondido, Calif. Rancho Bernardo HS				
INDOOR SEASON					
Pole Vo	ult (PR: 14-00.00 - Feb. 11, 2022)				

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Mark (key)	Finish	Meet	Date
13-0.25	5th	MLK Invitational	Jan. 20
13-5.25 (i)	6th	UW Invitational	Jan. 27
13-5	2nd	MW Championships	Feb. 23

Amber Elias

Senior Napa, INDOOR SEAS 5,000m (PR: 1	ON .	Vintage HS 9 - Jan. 26, 2024)	
Mark (key)	Finish	Meet	Date
18:21.69 (#2)	33rd	UW Invitational	Jan. 27

Sameerah Evans

Senior | Fairfield, Calif. | Vallejo HS INDOOR SEASON 60m Hurdles (PR: 8.74 - Feb. 24, 2023)

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Mark (key)	Finish	Meet	Date
8.97 (p,a)	24th	MLK Invitational	Jan. 20
Triple Jump (I	PR: 39-1	0.75 - Feb. 10, 2023)	
Mark (key)	Finish	Meet	Date
37-6.5	15th	MLK Invitational	Jan. 20
39-5.75	14th	UNM Collegiate Classic	Feb. 3
38-9	28th	Don Kirby Invitational	Feb. 10
39-4	11th	MW Championships	Feb. 24

Isabella Fauria

Senior | Sacramento, Calif. | New Mexico

INDUUK SEASUN				
800m (PR: 2:15.06 - Feb. 23, 2024)				
Mark (key)	Finish	Meet	Date	
DNF	-	UW Invitational	Jan. 27	
<u>2:15.06 (p,a)</u>	15th	MW Championships	Feb. 23	
Mile (PR: 4:58.28 - Feb. 19, 2021)				
Mark (key)	Finish	Meet	Date	
5:17.78 (a)	23rd	Don Kirby Invitational	Feb. 10	

Shaquena Foote

RS-Sophomore | Westmoreland, Jamaica | Petersfield HS INDOOR SEASON

60m (PR: 7.43	- Feb.	3, 2023)	
Mark (key)	Finish	Meet	Date
7.49 (i,p,a)	22nd	UNM Collegiate Classic	Feb. 3
200m (PR: 23.4	14 - Fe	eb. 24, 2024)	
Mark (key)	Finish	Meet	Date
23.47 (#3,u,a)	1st	MLK Invitational	Jan. 20
23.50 (p,a)	3rd	MW Championships	Feb.23
23.44 (#3,f,a)	3rd	MW Championships	Feb. 24
400m (PR: 52.4	13 - Fe	eb. 24, 2024)	
Mark (key)	Finish	Meet	Date
53.30 (a)	2nd	MLK Invitational	Jan. 20
53.26 (i,a)	3rd	UNM Collegiate Classic	Feb. 2
52.60 (i,a)	2nd	Don Kirby Invitational	Feb. 10
54.91 (p,a)	7th	MW Championships	Feb. 23
52.43 (sr,f,a)	1st	MW Championships	Feb. 24

Giselle Galles

Freshman | Albuquerque, N.M. | ABQ Academy INDOOR SEASON

Long Jump (PR:	16-08	3.50 - Jan. 20, 2024)	
Mark (key)	Finish	Meet	Date
16-8.5	46th	MLK Invitational	Jan. 20
16-2.5	46th	UNM Collegiate Classic	Feb. 2
16-8	90th	Don Kirby Invitational	Feb. 9
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Maya Gorman

RS-Junior | Mountain House, Calif. | Mountain House HS INDOOR SEASON

High Jump (PR: 5-01.25 - Feb. 2, 2024)						
Mark (key)	Finish	Meet	Date			
4-11.75	21st	MLK Invitational	Jan. 20			
5-1.25	18th	UNM Collegiate Classic	Feb. 2			
5-1.25	42nd	Don Kirby Invitational	Feb. 9			
Long Jump (PR:	18-04	1.25 - Feb. 23, 2024)				
Mark (key)	Finish	Meet	Date			
murk (Koy)	11111211	INICCI	Dule			
17-4.25	24th	MLK Invitational	Jan. 20			
17-4.25	24th	MLK Invitational	Jan. 20			
17-4.25 18-1.50	24th 29th	MLK Invitational UNM Collegiate Classic	Jan. 20 Feb. 2			

Olivia Hicks

Freshman | Beaverton, Ore. | Mountainside HS INDOOR SEASON

60m (PK: 7.6	- Feb.	23, 2024)	
Mark (key)	Finish	Meet	Date
7.63 (u,a)	11th	MLK Invitational	Jan. 20
7.65 (u,a)	8th	UNM Collegiate Classic	Feb. 3
7.63 (u,a)	5th	Don Kirby Invitational	Feb. 10
7.61 (p,a)	13th	MW Championships	Feb. 23
200m (PR: 24	.41 - Fe	eb. 23, 2024)	
Mark (key)	Finish	Meet	Date
25.14 (u,a)	19th	MLK Invitational	Jan. 20
24.69 (u,a)	29th	UNM Collegiate Classic	Feb. 2
24.75 (u,a)	28th	Don Kirby Invitational	Feb. 9
24.41 (p,a)	16th	MW Championships	Feb. 23

Rhea Hoyte

Junior | St. Michael, Barbados | The St. Michael INDOOR SEASON 200m (PR: 24.53 - Feb. 24, 2023) Mark (key) Finish Meet Date 25.22 (u,a) 22nd MLK Invitational Jan. 20 400m (PR: 55.27 - Feb. 23, 2024) Mark (key) Finish Meet Da<u>te</u> 11th UNM Collegiate Classic Feb. 2 56.40 (u,a) 57.11 (u,a) 21st Don Kirby Invitational Feb. 9 9th MW Championships 55.27 (p,a) Feb. 23 60m Hurdles (PR: 9.11 - Jan. 20, 2024) Mark (key) Finish Meet Date 9.11 (p,a) 31st MLK Invitational Jan. 20

Charlize James

Sophomore | Spring Valley, Calif. | San Diego HS INDOOR SEASON

60m (PR: 7.71 - Jan. 20, 2024)					
Mark (key)	Finish	Meet	Date		
7.71 (u,a)	19th	MLK Invitational	Jan. 20		
7.78 (u,a)	19th	UNM Collegiate Classic	Feb. 3		
60m Hurdles (F	R: 8.2	3 - Jan. 20, 2024)			
Mark (key)	Finish	Meet	Date		
8.34 (p,a)	3rd	MLK Invitational	Jan. 20		
8.23 (#3,f,a)	2nd	MLK Invitational	Jan. 20		
8.41 (p,a)	11th	UNM Collegiate Classic	Feb. 3		
8.27 (i,p,a)	6th	Don Kirby Invitational	Feb. 10		
8.35 (i,f,a)	5th	Don Kirby Invitational	Feb. 10		
8.23 (p,a)	2nd	MW Championships	Feb. 23		
8.50 (f,a)	6th	MW Championships	Feb. 24		

Jessica Kain

RS-Senior | Scotts Valley Calif. | Scotts Valley HS INDOOR SEASON

300m	(PR:	2:10.6	1 -	Jan.	27,	2024)	
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Mark (key)	Finish	Meet	Date
<u>2:10.61 (#6)</u>	8th	UW Invitational	Jan. 27
Mile (PR: 4:4	7.55 - Jo	an. 27, 2023)	
Mark (key)	Finish	Meet	Date
4:52.04 (a)	3rd	Don Kirby Invitational	Feb. 10
3,000m (PR:	9:32.77	- Jan. 26, 2024)	
Mark (key)	Finish	Meet	Date
9:32.77 (sr)	12th	UW Invitational	Jan. 26

Jordan Leveque

Freshman | Clovis, Calif. | Buchanan HS INDOOR SEASON

Pole Vault (PR: 12-06.75 - Feb. 10, 2024)

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Mark (key)	Finish	Meet	Date
12-6.25	11th	MLK Invitational	Jan. 20
11-11.75 (i)	21st	UW Invitational	Jan. 27
12-6.75 (c)	2nd	Don Kirby Invitational	Feb. 10
12-6.75	4th	MW Championships	Feb. 23

Alex Lomeli

RS-Senior | Los Angeles, Calif. | Notre Dame Academy HS INDOOR SEASON

800m (2:11.69 - Jan. 27, 2024)

Mark (key)	Finish	Meet	Date
2:11.69 (#8)	11th	UW Invitational	Jan. 27
2:13.96 (a)	12th	Don Kirby Invitational	Feb. 10
2:11.84 (p,a)	9th	MW Championships	Feb. 23

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Lidia Major

Freshman | Irvine, Calif. | Santa Margarita Catholic HS INDOOR SEASON

400m (PR: 5	5.97 - Fe	eb. 23, 2024)	
Mark (key)	Finish	Meet	Date
56.22 (u,a)	8th	UNM Collegiate Classic	Feb. 2
56.37 (u,a)	10th	Don Kirby Invitational	Feb. 9
55.97 (p,a)	15th	MW Championships	Feb. 2
600m (PR: 1	:37.23 -	Jan. 20, 2024)	
14 1 /1 3	P1 + 1		D .

 Mark (key)
 Finish
 Meet
 Date

 1:37.23 (#8,a)
 12th
 MLK Invitational
 Jan. 20

Aji Mbye

Freshman | The Gambia | Broadfording Christian Academy INDOOR SEASON

60m (PR: 7.42	- Feb.	10, 2024)	
Mark (key)	Finish	Meet	Date
7.50 (u,a)	3rd	MLK Invitational	Jan. 20
<u>7.42 (#10,i,p,a)</u>	5th	Don Kirby Invitational	Feb. 10
7.44 (i,f,a)	7th	Don Kirby Invitational	Feb. 10
7.43 (p,a)	6th	MW Championships	Feb. 23
7.44 (f,a)	3rd	MW Championships	Feb. 24
200m (PR: 23.4	45 - Fe	eb. 23, 2024)	
Mark (key)	Finish	Meet	Date
24.29 (u,a)	3rd	MLK Invitational	Jan. 20
24.39 (u,a)	20th	UNM Collegiate Classic	Feb. 2
23.85 (u,a)	1 st	Don Kirby Invitational	Feb. 9
23.45 (#4,p,a)	2nd	MW Championships	Feb. 23
23.55 (f,a)	4th	MW Championships	Feb. 24

Jada Moore

Redshirt Senior | St. Louis, Mo. | Pattonville HS INDOOR SEASON

60m	(7	7.30	-	Feb.	24,	2023)

Mark (key)	Finish	Meet	Date
7.53 (i,p,a)	13th	MLK Invitational	Jan. 20
7.52 (i,p,a)	25th	UNM Collegiate Classic	Feb. 3
<u>7.50 (i,p,a)</u>	10th	Don Kirby Invitational	Feb. 10
7.47 (p,a)	7th	MW Championships	Feb. 23
7.52 (f,a)	6th	MW Championships	Feb. 24
200m (23.52 -	Feb. 2	4, 2023)	
Mark (key)	Finish	Meet	Date
<u>24.48 (u,a)</u>	5th	MLK Invitational	Jan. 20
<u>23.96 (i,p,a)</u>	20th	UNM Collegiate Classic	Feb. 2
24.06 (i,p,a)	16th	Don Kirby Invitational	Feb. 9

Lily Mulligan

Freshman Santa Rosa, Calif. Santa Rosa HS INDOOR SEASON					
Pole Vault (PR:	12-00).50 - Jan. 20, 2024)			
Mark (key)	Finish	Meet	Date		
12-0.5	15th	MLK Invitational	Jan. 20		
NH (i)	-	IIW Invitational	lan 27		

NH (i)	-	UW Invitational	Jan. 27
11-7 75	16th	MW Championships	Feb 23

Sophia Nevin

Freshman | Glenwood Springs, Colo. | Glenwood Springs HS INDOOR SEASON

800m (PR: 2:24.57 - Jan. 27, 2024)

Mark (key)	Finish	Meet	Date
2:24.57	49th	UW Invitational	Jan. 27

Jada Pierre

Junior Woodbridge, Va. Virginia					
INDOOR SEASO					
60m (PR: 7.52	- Feb.	17, 2023)			
Mark (key)	Finish	Meet	Date		
7.61 (i,p,a)	18th	MLK Invitational	Jan. 20		
<u>7.68 (i,p,a)</u>	33rd	UNM Collegiate Classic	Feb. 3		
200m (PR: 24.	04 - Fe	eb. 23, 2024)			
Mark (key)	Finish	Meet	Date		
24.04 (p,a)	10th	MW Championships	Feb. 23		
60m Hurdles (P	R: 8.4	2 - Feb. 23, 2024)			
Mark (key)	Finish	Meet	Date		
8.81 (p,a)	17th	MLK Invitational	Jan. 20		
DNF	-	UNM Collegiate Classic	Feb. 3		
8.52 (i,p,a)	15th	Don Kirby Invitational	Feb. 10		
8.42 (p,a)	4th	MW Championships	Feb. 23		
8.42 (f,a)	2nd	MW Championships	Feb. 24		

Eva Rethmeier

Junior | San Diego, Calif. | Cal State Fullerton INDOOR SEASON

800m (PR: 2:2	26.64 -	Jan. 27, 2024)			
Mark (key)	Finish	Meet	Date		
2:26.64	54th	UW Invitational	Jan. 27		
Mile (PR: 5:09).61 (Fe	b. 4, 2022)			
Mark (key)	Finish	Meet	Date		
5:11.69 (a)	17th	Don Kirby Invitational	Feb. 10		
3,000m (PR: 1	3,000m (PR: 10:04.03 - Jan. 26, 2024)				
Mark (key)	Finish	Meet	Date		
10:04.03 (#4)	59th	UW Invitational	Jan. 26		
10:30.09 (a)	36th	MW Championships	Feb. 24		

Kayla Tassara

Sophomore | Torrance, Calif. | Seattle Pacific University INDOOR SEASON

Pole Vault (PR: 12-06.75 - Feb. 24, 2024)

Mark (key)	Finish	Meet	Date
11-0.75	19th	MLK Invitational	Jan. 20
11-3.75 (o)	25th	UW Invitational	Jan. 27
12-0.75 (c)	4th	Don Kirby Invitational	Feb. 10
12-6.75	7th	MW Championships	Feb. 23

Hannah Waller

Senior | Reston, Va. | Michigan INDOOR SEASON

INDOOK JLAJ	//				
60m (PR: 7.22	- Feb.	24, 2024)			
Mark (key)	Finish	Meet	Date		
<u>7.26 (i,p,a)</u>	1st	MLK Invitational	Jan. 20		
<u>15.23 (i,p,a)</u>	8th	MLK Invitational	Jan. 20		
7.31 (i,p,a)	8th	UNM Collegiate Classic	Feb. 3		
7.26 (i,f,a)	3rd	UNM Collegiate Classic	Feb. 3		
<u>7.48 (u,a)</u>	1 st	Don Kirby Invitational	Feb. 10		
7.24 (#2,p,a)	1 st	MW Championships	Feb. 23		
7.22 #2,f,a)	1 st	MW Championships	Feb. 24		
200m (PR: 23.	17 - Fe	eb. 24, 2024)			
Mark (key)	Finish	Meet	Date		
24.04 (i,p,a)	14th	Don Kirby Invitational	Feb. 9		
<u>23.56 (p,a)</u>	4th	MW Championships	Feb. 23		
23.17 (#2,f,a)	2nd	MW Championships	Feb. 24		
Long Jump (PR:	Long Jump (PR: 20-06.50 - Feb. 24, 2024)				
Mark (key)	Finish	Meet	Date		
20-2.5	6th	MLK Invitational	Jan. 20		
19-9.5	14th	Don Kirby Invitational	Feb. 9		
<u>20-6.5 (#2)</u>	4th	MW Championships	Feb. 23		

Thaila Wilson

Junior | St. Catherine, Jamaica | Hydel HS INDOOR SEASON

High Jump (PR:	5-04.	50 - May 1, 2021)	
Mark (key)	Finish	Meet	Date
NH	-	MLK Invitational	Jan. 20
5-3.25	17th	UNM Collegiate Classic	Feb. 2
5-3	9th	MW Championships	Feb. 23
Long Jump (PR:	17-07	7.50 - Feb. 24, 2023)	
Mark (key)	Finish	Meet	Date
17-1.25	42nd	MLK Invitational	Jan. 20
FOUL	-	UNM Collegiate Classic	Feb. 2

Xiamara Young

Sophomore | Las Vegas, Nev. | Fresno Pacific INDOOR SEASON

Long Jump (PR: 20-03.50 - Feb. 23, 2024)				
Mark (key)	Finish	Meet	Date	
18-3.25	12th	MLK Invitational	Jan. 20	
<u>19-9.00</u>	13th	UNM Collegiate Classic	Feb. 2	
19-6.75	19th	Don Kirby Invitational	Feb. 9	
<u>20-3.5 (#4)</u>	5th	MW Championships	Feb. 23	
Triple Jump (PR	Triple Jump (PR: 44-00.50 - Feb. 24, 2024)			
Mark (key)	Finish	Meet	Date	
40-11	2nd	MLK Invitational	Jan. 20	
42-11.75	4th	UNM Collegiate Classic	Feb. 3	
43-5.25	5th	Don Kirby Invitational	Feb. 10	
44-0.5 (#4)	2nd	MW Championships	Feb. 24	

Tatum Zinkin

Sophomore | Fresno, Calif. | Clovis North HS INDOOR SEASON

800m (PR: 2:1	6.55 -	Jan. 27, 2024)	
Mark (key)	Finish	Meet	Date
2:16.55	27th	UW Invitational	Jan. 27
2:20.64 (a)	28th	Don Kirby Invitational	Feb. 10
<u>2:20.55 (p,a)</u>	22nd	MW Championships	Feb. 23

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60 METERS

School Record: 7.17 (Ashley Henderson, 2017)

Time	Athlete	, Place	Notes	Meet	Date
7.22	Hannah Waller	1st (f)	#2 all-time, won gold	MW	2/24
7.24	Hannah Waller	1st (p)	qualified for final	MW	2/23
7.26	Hannah Waller	1st (p)		MLK Inv	1/20
7.26	Hannah Waller	3rd (f)	matched PR and #2 all-time	UNM Classic	2/3
7.31	Hannah Waller	8th (p)	qualified for finals	UNM Classic	2/3
7.42	Aji Mbye	5th (i,p)	#10, freshman record, qualified for finals	Don Kirby	2/10
7.43	Aji Mbye	6th (p)	qualified for final	MW	2/23
7.44	Aji Mbye	7th (i,f)		Don Kirby	2/10
7.44	Aji Mbye	3rd (f)	won bronze	MW	2/24
7.47	Jada Moore	7th (p)	qualified for final	MW	2/23
7.48	Hannah Waller	1st (u)		Don Kirby	2/10
7.49	Shaquena Foote	22nd (i,p)	first 60m of season	UNM Classic	2/3
7.50	Aji Mbye	3rd (u)	collegiate debut, won heat	MLK Inv	1/20
7.50	Jada Moore	10th (i,p)		Don Kirby	2/10
7.52	Jada Moore	25th (i,p)		UNM Classic	2/3
7.52	Jada Moore	6th (f)	scored 3 points	MW	2/24
7.53	Jada Moore	13th (p)		MLK Inv	1/20
7.61	Jada Pierre	18th (p)	SDSU debut	MLK Inv	1/20
7.61	Olivia Hicks	13th (p)	PR	MW	2/23
7.63	Olivia Hicks	11th (u)	collegiate debut	MLK Inv	1/20
7.63	Olivia Hicks	5th (u)	matched PR	Don Kirby	2/10
7.65	Olivia Hicks	8th (u)	won heat	UNM Classic	2/3
7.68	Jada Pierre	33rd (i,p)		UNM Classic	2/3
7.71	Charlize James	19th (u)	PR	MLK Inv	1/20
7.78	Charlize James	19th (u)		UNM Classic	2/3
15.23	Hannah Waller	8th (f)		MLK Inv	1/20

200 METERS

School Record: 22.41 (Ashley Henderson, 2018)

Time	Athlete	Place	Notes	Meet	Date
23.17	Hannah Waller	23.17 (f)	#2 all-time, won silver	MW	2/24
23.44	Shaquena Foote	23.44 (f)	#3 all-time, won bronze	MW	2/24
23.45	Aji Mbye	2nd (p)	#4 all-time, freshman record, qualified fi	nals MW	2/23
23.47	Shaquena Foote	1 st (u)	-	MLK Inv	1/20
23.50	Shaquena Foote	3rd (p)	qualified for final	MW	2/23
23.55	Aji Mbye	4th (f)	scored 5 points	MW	2/24
23.56	Hannah Waller	4th (p)	qualified for final	MW	2/23
23.85	Aji Mbye	1st (u)		Don Kirby	2/9
23.96	Jada Moore	20th (i)		UNM Classic	2/2
24.04	Hannah Waller	14th (i)		Don Kirby	2/9
24.04	Jada Pierre	10th (p)	PR	MW	2/23
24.06	Jada Moore	16th (i)		Don Kirby	2/9
24.09	Jada Moore	12th (p)		MW	2/23
24.29	Aji Mbye	3rd (u)	collegiate debut, won heat	MLK Inv	1/20
24.39	Aji Mbye	20th (u)	won heat	UNM Classic	2/2
24.41	Olivia Hicks	16th (p)	PR		
24.48	Jada Moore	5th (u)		MLK Inv	1/20
24.69	Olivia Hicks	29th (u)	won heat	UNM Classic	2/2
24.75	Olivia Hicks	28th (u)		Don Kirby	2/9
25.14	Olivia Hicks	19th (u)	collegiate debut	MLK Inv	1/20
25.22	Rhea Hoyte	22nd (u)		MLK Inv	1/20

400 METERS

School Record: 52.43 (Shaquena Foote, 2024)

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Time	Athlete	Place	Notes	Meet	Date
52.43	Shaquena Foote	1st (f)	SDSU record, 3rd all-time in MW, won gold	MW	2/24
52.60	Shaquena Foote	2nd (i)	broke own record set 2/2	Don Kirby	2/10
53.26	Shaquena Foote	3rd (i)	broke own record set 1/20	UNM Classic	2/2
53.30	Shaquena Foote	2nd	top collegiate finisher	MLK Inv	1/20
54.91	Shaquena Foote	7th (p)		MW	2/23
55.27	Rhea Hoyte	9th (p)	PR	MW	2/23
55.97	Lidia Major	15th	PR	MW	2/23
56.22	Lidia Major	8th (u)		UNM Classic	2/2
56.37	Lidia Major	10th (u)		Don Kirby	2/9
56.40	Rhea Hoyte	11th (v)		UNM Classic	2/2
57.11	Rhea Hoyte	57.11 (u)		Don Kirby	2/10

600 METERS

School Record: 1:29.84 (Sakura Roberson, 2020)

Time	Athlete	Place	Notes	Meet	Date
1:37.23	Lidia Major	12th	#8 all-time, collegiate debut	MLK Inv	1/20

800 METERS

School Record: 2:07.31 (Lauren Harper, 2022)

Time	Athlete	Place	Notes	Meet	Date
<u>2:10.61</u>	Jessica Kain	8th	#6 all-time, won heat	UW Inv	1/27
<u>2:11.69</u>	Alex Lomeli	11th	#8 all-time	UW Inv	1/27
2:11.84	Alex Lomeli	9th (p)		MW	2/23
<u>2:13.96</u>	Alex Lomeli	12th		Don Kirby	2/10
<u>2:15.06</u>	Isabella Fauria	15th (p)	PR	MW	2/23
2:16.65	Tatum Zinkin	27th	PR	UW Inv	1/27
2:20.55	Tatum Zinkin	22nd		MW	2/23
<u>2:20.64</u>	Tatum Zinkin	28th		Don Kirby	2/10
2:21.71	Vanessa Cabello	43rd	PR	UW Inv	1/27
2:24.57	Sophia Nevin	49th	PR, indoor debut	UW Inv	1/27
2:26.64	Eva Rethmeier	54th	PR	UW Inv	1/27
DNF	Isabella Fauria	-	SDSU debut	UW Inv	1/27

MILE

School Record: 4:36.4 (Monica Joyce, 1982)

Time	Athlete	Place	Notes	Meet	Date
4:52.04	Jessica Kain	3rd	senior class record, top collegiate finisher	Don Kirby	Feb. 10
5:08.14	Vanessa Cabello	9th	#8 all-time	Don Kirby	Feb. 10
5:11.69	Eva Rethmeier	17th		Don Kirby	Feb. 10
5:17.78	Isabella Fauria	23rd		Don Kirby	Feb. 10

3,000 METERS

School Record: 9:32.77 (Jessica Kain, 2024)

Time	Athlete	Place	Notes	Meet	Date
9:32.77	Jessica Kain	12th	SDSU record, first career indoor 3k	UW Inv	1/26
9:51.56	Vanessa Cabello	41st	#3 all-time, sophomore record	UW Inv	1/26
10:04.03	Eva Rethmeier	59th	#4 all-time	UW Inv	1/26
10:30.09	Eva Rethmeier	36th		MW	2/24

5,000 METERS

School Record: 17:55.31 (Marianne Hogan, 2011)

Time	Athlete	Place	Notes	Meet	Date
18:21.69	Amber Elias	33rd	#2 all-time, senior record	UW Inv	1/26

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60-METER HURDLES

School Record: 8.11 (Micha Auzenne, 2017)

Time	Athlete	Place	Notes	Meet	Date
8.23	Charlize James	2nd (f)	#3 all-time, top collegiate finisher	MLK Inv	1/20
8.23	Charlize James	2nd (p)	won heat, qualified for final	MW	2/23
8.27	Charlize James	6th (i,p)		Don Kirby	2/10
8.34	Charlize James	3rd (p)	Was a PR until running an 8.23 in the final	MLK Inv	1/20
8.35	Charlize James	5th (i,f)	-	Don Kirby	2/10
8.41	Charlize James	11th (p)		UNM Classic	2/3
8.42	Jada Pierre	4th (p)	PR, qualified for final	MW	2/23
8.42	Jada Pierre	2nd (f)	won silver	MW	2/24
8.50	Charlize James	6th (f)	scored 3 points	MW	2/24
8.81	Jada Pierre	17th (p)	SDSU debut	MLK Inv	1/20
8.97	Sameerah Evans	24th (p)		MLK Inv	1/20
9.11	Rhea Hoyte	31st (p)	PR	MLK Inv	1/20
DNF	Jada Pierre	- (p)		UNM Classic	2/3

4x400-METER RELAY

School Record: 3:33.81 (Harris-Dyer-Roberson-McNeil, 2020)

Time	Athlete	Place	Notes	Meet	Date
3:37.20	Hoyte, Waller, Major, Foote	2nd	#3 all-time, won silver	MW	2/24
3:39.32	Hoyte, Foote, Mbye, Major	4th	#4 all-time	Don Kirby	2/10
4:20.93	Zinkin, Lomeli, Nevin, Ash	11th		UW Inv	1/27

DISTANCE MEDLEY RELAY

School R	School Record: 11:49.06 (Cabello-Major-Lomeli-Kain, 2024)									
Time	Athlete	Place	Notes	Meet	Date					
11:49.06	Cabello, Major, Lomeli, Kain	5th	SDSU record	MW	2/22					

POLE VAULT

School Record: 14-11.50 (Bonnie Draxler, 2019)

Mark	Athlete	Place	Notes	Meet	Date
13-05.25	Ashley Callahan	6th		UW Inv	1/27
13-05.00	Ashley Callahan	2nd	won silver	MW	2/23
13-00.25	Ashley Callahan	5th		MLK Inv	1/20
12-06.75	Jordan Leveque	2nd (c)	PR	Don Kirby	2/10
12-06.75	Jordan Leveque	4th	5 points	MW	2/23
12-06.75	Kayla Tassara	7th	22nd Aztec to clear 3.83m, 2 points	MW	2/23
12-06.25	Jordan Leveque	11th	21st Aztec to clear 3.82m, collegiate debut	MLK Inv	1/20
12-00.75	Kayla Tassara	4th (c)		Don Kirby	2/10
12-00.50	Lily Mulligan	15th	PR, collegiate debut	MLK Inv	1/20
11-11.75	Jordan Leveque	21st	19th in invitational flight	UW Inv	1/27
11-07.75	Lily Mulligan	16th		MW	2/23
11-03.75	Kayla Tassara	25th	7th in open flight	UW Inv	1/27
<u>11-00.75</u>	Kayla Tassara	19th	SDSU debut	MLK Inv	1/20
NH	Sydney Ash	-	collegiate debut	MLK Inv	1/20
NH	Sydney Ash	-		UW Inv	1/27
NH	Lily Mulligan	-		UW Inv	1/27

HIGH JUMP

School Record: 5-09.25 (Jenna Fee Feyerabend, 2023)

Mark	Athlete	Place	Notes	Meet	Date
5-03.25	Thaila Wilson	17th		UNM Classic	2/2
5-03.00	Thaila Wilson	9th		MW	2/23
5-01.25	Maya Gorman	18th	PR	UNM Classic	2/2
5-01.25	Maya Gorman	42nd	matched PR	Don Kirby	2/9
4-11.75	Maya Gorman	21st	first indoor high jump	MLK Inv	1/20
NH	Thaila Wilson	-		MLK Inv	1/20

LONG JUMP

School Record: 21-07.50 (Karoline Koehler, 2010)

Mark	Athlete	Place	Notes	Meet	Date	
20-06.50	Hannah Waller	4th	#2 all-time, scored 5 points	MW	2/23	
<u>20-03.50</u>	Xiamara Young	5th	#4 all-time, scored 4 points	MW	2/23	
20-02.50	Hannah Waller	6th	reached finals	MLK Inv	1/20	
19-09.50	Hannah Waller	14th		Don Kirby	2/9	
<u>19-09.00</u>	Xiamara Young	13th	won flight, reached finals	UNM Classic	2/2	
<u>19-06.75</u>	Xiamara Young	19th		Don Kirby	2/9	
18-04.25	Maya Gorman	20th	PR	MW	2/23	
<u>18-03.25</u>	Xiamara Young	12th	SDSU debut, won flight	MLK Inv	1/20	
18-1.50	Maya Gorman	29th	-	UNM Classic	2/2	
17-10.75	Maya Gorman	59th		Don Kirby	2/9	
17-04.25	Maya Gorman	24th	first indoor long jump	MLK Inv	1/20	
17-01.25	Thaila Wilson	42nd		MLK Inv	1/20	
16-08.50	Giselle Galles	46th	PR, collegiate debut	MLK Inv	1/20	
16-08.00	Giselle Galles	90th	-	Don Kirby	2/9	
16-02.50	Giselle Galles	46th		UNM Classic	2/2	

TRIPLE JUMP

School Record: 46-02.50 (Shanieka Thomas, 2013)

Mark	Athlete	Place	Notes	Meet	Date
44-00.50	Xiamara Young	2nd	#4 all-time, won silver	MW	2/24
43-05.25	Xiamara Young	5th	qualified for finals	Don Kirby	2/10
42-11.75	Xiamara Young	4th	qualified for finals	UNM Classic	2/3
40-11.00	Xiamara Young	2nd	SDSU debut, top collegiate finisher	MLK Inv	1/20
<u>39-05.75</u>	Sameerah Evans	14th		UNM Classic	2/3
<u>39-04.00</u>	Sameerah Evans	11th		MW	2/24
37-06.50	Sameerah Evans	15th		MLK Inv	1/20

SHOT PUT

School Record: 55-07.50 (Whitney Ashley, 2012)						
Time	Athlete	Place	Notes	Meet	Date	

WEIGHT THROW

School Record: 68-01.00 (Jasmine Burrell, 2014)						
Time	Athlete	Place	Notes	Meet	Date	

PENTATHLON

School Record: 4,263 points (Jenna Fee Feyerabend, 2023)							
Time	Athlete	Place	Notes	Meet	Date		