



2023 Stanford Invitational || FINAL Meet Schedule
Cobb Track and Angell Field
March 31-April 1, 2023



FRIDAY || FIELD EVENTS

Time	Event	Notes
9:00 AM	Men's Javelin Collegiate	1 Flight (4 attempt final)
10:00 AM	Men's Hammer Collegiate	2 Flights (4 attempt final)
11:00 AM	Women's Shot Put Invitational (Ring 1)	1 Flight (3+3, 9 to Final)
11:00 AM	Women's Shot Put Collegiate (Ring 2)	1-2 Flights (4 attempt final)
11:00 AM	Women's Javelin Invitational	1 Flight (3+3, 9 to Final)
11:00 AM	Women's Pole Vault Collegiate	1 Flight
11:30 AM	Men's Long Jump Collegiate	2 Flights (4 attempt final)
11:30 AM	Women's Long Jump Collegiate	2 Flights (4 attempt final)
12:30 PM	Women's High Jump	2 Flights (High Pit/Low Pit)
1:30 PM	Men's Javelin Invitational	1 Flight (3+3, 9 to Final)
2:30 PM	Women's Pole Vault Invite	1 Flight
2:45 PM	Men's Long Jump Invitational	1 Flight (3+3, 9 to Final)
2:45 PM	Women's Long Jump Invitational	1 Flight (3+3, 9 to Final)
3:00 PM	Women's Hammer Invitational	1 Flight (3+3, 9 to Final)
3:30 PM	Men's High Jump	2 Flights (High Pit/Low Pit)
4:00 PM	Men's Discus Invitational	1 Flight (3+3, 9 to Final)
5:30 PM	Boys' Pole Vault	1 Flight
5:30 PM	Girls' Long Jump	1-2 Flights (3+3, 9 to Final)
5:30 PM	Boys' Long Jump	1-2 Flights (3+3, 9 to Final)
6:15 PM	Men's Discus Collegiate	2 Flights (4 attempt final)

FRIDAY || TRACK EVENTS

Time	Events	Section/Advancement Procedure
10:30 AM	Men's 5000m	#5
10:48 AM	Men's 5000m	#4
11:06 AM	Women's 5000m	#4
11:29 AM	Women's 100mH Prelims	4 Heats (9 to Final - Winner + Times)
11:46 AM	Men's 110mH Prelims	4 Heats (9 to Final - Winner + Times)
12:04 PM	Women's 100m Prelims	6 Heats (9 to Final - Winner + Times)
12:22 PM	Men's 100m Prelims	6 Heats (9 to Final - Winner + Times)
12:41 PM	Women's 1500m	#7
12:46 PM	Women's 1500m	#6
12:52 PM	Women's 1500m	#5
12:57 PM	Women's 1500m	#4
1:03 PM	Men's 1500m	#6
1:08 PM	Men's 1500m	#5
1:13 PM	Men's 1500m	#4
1:24 PM	Women's 100H	Final (9 Qualifiers)
1:29 PM	Men's 110mH	Final (9 Qualifiers)
1:35 PM	Women's 100m	Final (9 Qualifiers)
1:38 PM	Men's 100m	Final (9 Qualifiers)
1:42 PM	Girls' 3200m	1 Heat
1:56 PM	Boys' 3200m	1 Heat
2:12 PM	Girls' 400mH	3 Heats
2:24 PM	Women's 400mH	4 Heats
2:42 PM	Boys' 400mH	3 Heats
2:54 PM	Men's 400mH	4 Heats
3:14 PM	Girls' Distance Medley Relay	2 Heats
3:44 PM	Boys' Distance Medley Relay	2 Heats
4:13 PM	Women's 400m	5 Heats
4:33 PM	Men's 400m	5 Heats
4:56 PM	Women's 3000m Steeple	#3
5:10 PM	Women's 3000m Steeple	#2
5:24 PM	Women's 3000m Steeple Invitational	#1
5:39 PM	Men's 3000m Steeple	#4
5:52 PM	Men's 3000m Steeple	#3
6:05 PM	Men's 3000m Steeple	#2
6:18 PM	Men's 3000m Steeple Invitational	#1
6:31 PM	Women's 1500m	#3
6:37 PM	Women's 1500m	#2
6:43 PM	Women's 1500m Invitational	#1
6:49 PM	Men's 1500m	#3
6:55 PM	Men's 1500m	#2
7:01 PM	Men's 1500m Invitational	#1
7:12 PM	Women's 5000m	#3
7:32 PM	Women's 5000m	#2
7:52 PM	Men's 5000m	#3
8:10 PM	Men's 5000m	#2
8:28 PM	Women's 5000m Invitational	#1
8:47 PM	Men's 5000m Invitational	#1
9:05 PM	Women's 10000m Invitational	#1
9:44 PM	Men's 10000m Invitational	#1
10:19 PM	Women's 10000m	#2
10:58 PM	Men's 10000m	#2

SATURDAY || FIELD EVENTS

Time	Event	Notes
9:00 AM	Boys' Discus	1-2 Flights (3+3, 9 to Final)
9:30 AM	Girls' Pole Vault	1 Flight
10:00 AM	Boys' Triple Jump	1-2 Flights (3+3, 9 to Final)
10:00 AM	Girls' Triple Jump	1-2 Flights (3+3, 9 to Final)
10:00 AM	Girls' High Jump	1 Flight
10:00 AM	Women's Hammer Collegiate	2 Flights (4 attempt final)
11:00 AM	Girls' Discus	1-2 Flights (3+3, 9 to Final)
1:00 PM	Boys' High Jump	1 Flight
1:00 PM	Men's Triple Jump Collegiate	1 Flight (4 attempt final)
1:00 PM	Women's Triple Jump Collegiate	2 Flights (4 attempt final)
1:00 PM	Boys' Shot Put (Ring 1)	1-2 Flights (3+3, 9 to Final)
1:00 PM	Girls' Shot Put (Ring 2)	1-2 Flights (3+3, 9 to Final)
1:00 PM	Women's Javelin Collegiate	2 Flights (4 attempt final)
1:00 PM	Men's Hammer Invitational	1 Flight (3+3, 9 to Final)
1:00 PM	Men's Pole Vault Invite	1 Flight
3:00 PM	Women's Discus Invitational	1 Flight (3+3, 9 to Final)
3:00 PM	Men's Shot Put Invitational (Ring 1)	1 Flight (3+3, 9 to Final)
3:00 PM	Men's Shot Put Collegiate (Ring 2)	2 Flights (4 attempt final)
3:30 PM	Men's Triple Jump Invitational	1 Flight (3+3, 9 to Final)
3:30 PM	Women's Triple Jump Invitational	1 Flight (3+3, 9 to Final)
4:00 PM	Men's Pole Vault Collegiate	1 Flight
5:00 PM	Women's Discus Collegiate	2 Flights (4 attempt final)

SATURDAY || TRACK EVENTS

Time	Events	Section/Advancement Procedure
11:00 AM	Girls' 4x100m Relay Prelims	3 Heats (Top 9 Times to Final)
11:15 AM	Boys' 4x100m Relay Prelims	3 Heats (Top 9 Times to Final)
11:30 AM	Girls' 1600m	2 Heats
11:46 AM	Boys' 1600m	2 Heats
12:01 PM	Girls' 100mH	3 Heats (Top 9 Times to Final)
12:14 PM	Boys' 110mH	3 Heats (Top 9 Times to Final)
12:29 PM	Girls' 100m	4 Heats (Top 9 Times to Final)
12:43 PM	Boys' 100m	4 Heats (Top 9 Times to Final)
12:57 PM	Lori Maynard Kids Half Lapper	Heats as Necessary
1:22 PM	Women's 4x100 Relay	3 Heats
1:34 PM	Men's 4x100 Relay	2 Heats
1:42 PM	Girls' 4x100 Relay	Final (9 Qualifiers)
1:47 PM	Boys' 4x100 Relay	Final (9 Qualifiers)
1:52 PM	Girls' 800m	2 Heats
2:03 PM	Boys' 800m	2 Heats
2:14 PM	Women's 800m	7 Heats
2:38 PM	Men's 800m	6 Heats
3:03 PM	Women's 200m	9 Heats
3:35 PM	Men's 200m	5 Heats
3:55 PM	Girls' 400m	3 Heats
4:07 PM	Boys' 400m	3 Heats
4:22 PM	Girls' 100H	Final (9 Qualifiers)
4:28 PM	Boys' 110mH	Final (9 Qualifiers)
4:35 PM	Girls' 100m	Final (9 Qualifiers)
4:39 PM	Boys' 100m	Final (9 Qualifiers)
4:45 PM	Women's 4x400m Relay	2 Heats
4:59 PM	Men's 4x400m Relay	2 Heats
5:13 PM	Girls' 4x400m Relay	3 Heats
5:34 PM	Boys' 4x400m Relay	3 Heats