



















































FRI 10:30 AM

## Women's Gold 5000m









































## Results

PLACE	ATHLETE	5000M	PTS
1	 <b>Alea Hardie</b> Nebraska [FR] - 313	16:44.2 3:19.4 ↔	1
2	 <b>Camila Noe</b> Montana State [JR] - 274	16:57.4 3:25.8   +13.2 ↔	2
3	 <b>Collette Lowengrub</b> UC Riverside [SO] - 462	17:03.4 3:28.8   +19.2 ↔	3
4	 <b>Julia Heckey</b> Cal Poly [SO] - 188	17:06.1 3:26.0   +21.9 ↑1	4
5	 <b>Morgan Cole</b> Youngstown St. [JR] - 533	17:07.6 3:27.6   +23.4 ↓1	5
6	 <b>Jessica Kain</b> San Diego St. [SR] - 395	17:08.4 3:25.2   +24.2 ↑1	6
7	 <b>Adele Magaud</b> South Alabama [JR] - 422	17:10.9 3:23.8   +26.7 ↑2	7
8	 <b>Kayla Schiera</b> Western Michigan [JR] - 517	17:11.5 3:28.7   +27.3 ↓2	8
9	 <b>Mya Dube</b> Montana State [SO] - 271	17:16.8 3:32.2   +32.6 ↓1	9
10	 <b>Brynna McQuillen</b> Nebraska [SO] - 314	17:18.4 3:30.5   +34.2 ↔	10
11	 <b>Emily Brown</b> Pittsburgh [SO] - 372	17:25.2 3:27.4   +41.0 ↔	11
12	 <b>Carissa Buchholz</b> Cal Poly [SO] - 183	17:25.8 3:25.7   +41.6 ↑4	12
13	 <b>Tatiana Cornejo</b> Cal Poly [FR] - 185	17:30.3 3:31.3   +46.1 ↔	13
14	 <b>Hannah Godwin</b> Nebraska [SO] - 311	17:32.6 3:33.6   +48.4 ↔	14
15	 <b>Sadie Carey-Tharp</b> Pittsburgh [SO] - 374	17:33.3 3:29.6   +49.1 ↑5	15
16	 <b>Lindsey Paulson</b> Montana State [FR] - 276	17:34.3 3:35.5   +50.1 ↓4	16
17	 <b>Riley Jones</b> UC Riverside [SR] - 461	17:36.2 3:32.9   +52.0 ↑2	17
18	 <b>Halena Rahmaan</b> Texas Tech [JR] - 441	17:39.0 3:36.7   +54.8 ↔	18
19	 <b>Amanda Olla</b> Cal Poly [JR] - 189	17:40.0 3:33.2   +55.8 ↑3	19
20	 <b>Taya Skelton</b> Nebraska [SO] - 317	17:41.0 3:40.5   +56.8 ↓3	20
21	 <b>Lauren Harper</b> San Diego St. [SR] - 394	17:43.3 3:43.9   +59.1 ↓6	21
22	 <b>Alex Moore</b> Montana State [SO] - 273	17:46.5 3:40.9   +1:02.3 ↓1	22
23	 <b>Sydney Rivas</b> Cal Poly [SR] - 190	17:46.9 3:37.9   +1:02.7 ↔	23
24	 <b>Nina St. John</b> Cal Poly [SO] - 192	17:48.1 3:33.8   +1:03.9 ↑4	24
25	 <b>Deavion Deleon</b> Nebraska [FR] - 310	17:48.8 3:35.0   +1:04.6 ↑2	25
26	 <b>Elena Vandersloot</b> Montana State [SO] - 279	17:49.1 3:36.1   +1:04.9 ↓1	26
27	 <b>Caroline Rusinski</b> Pittsburgh [SO] - 379	17:49.4 3:33.5   +1:05.2 ↑3	27
28	 <b>Vanessa Cabello</b> San Diego St. [FR] - 392	17:49.4 3:25.8   +1:05.2 ↑9	28
29	 <b>Misty Diaz</b> Cal Poly [JR] - 186	17:51.9 3:31.5   +1:07.7 ↑5	29
30	 <b>Ava Weems</b> Montana State [SR] - 280	17:53.0 3:39.6   +1:08.8 ↓4	30
31	 <b>Cami Merickle</b> Nebraska [SO] - 315	17:53.6 3:33.2   +1:09.4 ↑2	31
32	 <b>Carolinh Calvert</b> UC Riverside [SO] - 459	17:55.3 3:37.0   +1:11.1 ↓1	32
33	 <b>Lindsey Blehm</b> Nebraska [SO] - 309	17:55.8 3:35.2   +1:11.6 ↑2	33
34	 <b>Meg Swietlik</b> Milwaukee [SR] - 270	17:58.2 3:45.9   +1:14.0 ↓10	34
35	 <b>Grace Gilbreth</b> Montana State [SO] - 272	18:00.3 3:45.4   +1:16.1	35































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36		<b>Cailin Kinas</b> Milwaukee [SO] - 268	18:02.4 3:38.3   +1:18.2 ↑3	36	56		<b>Brooke Soper</b> Western Michigan [JR] - 519	18:27.6 3:49.3   +1:43.4 ↓4	54
37		<b>Emily Burns</b> Milwaukee [SR] - 262	18:03.0 3:42.4   +1:18.8 ↓1	37	57		<b>Kelsey Radobicky</b> Wis.-Green Bay [SO] - 527	18:28.6 3:32.2   +1:44.4 ↑18	55
38		<b>Ellie Cates</b> IUPUI [SO] - 228	18:05.7 3:40.7   +1:21.5 ↑4	38	58		<b>Norma Alvarez</b> UC Riverside [SO] - 458	18:31.0 3:42.3   +1:46.8 ↑4	56
39		<b>Annalise James</b> Western Michigan [JR] - 512	18:05.8 3:37.5   +1:21.6 ↑4	39	59		<b>Aiamya Dudley</b> Youngstown St. [SO] - 537	18:31.4 3:41.0   +1:47.2 ↑6	57
40		<b>Jade Hallgrimson</b> Nebraska [SR] - 312	18:06.2 3:37.2   +1:22.0 ↑4	40	60		<b>Gianna Cagliola</b> Pittsburgh [FR] - 373	18:31.4 3:47.7   +1:47.2 ↓3	58
41		<b>Madison Fry</b> IUPUI [SO] - 229	18:07.2 3:37.8   +1:23.0 ↑4	40	61		<b>Ellen Baker</b> Pittsburgh [FR] - 370	18:32.8 3:55.8   +1:48.6 ↓12	59
42		<b>Kate Jochims</b> Marquette [JR] - 250	18:07.2 3:43.5   +1:23.0 ↓4	41	62		<b>Amber Elias</b> San Diego St. [JR] - 393	18:35.3 3:48.3   +1:51.1 ↓2	60
43		<b>Winnie Incorvaia</b> Pittsburgh [SO] - 377	18:09.4 3:45.1   +1:25.2 ↓3	42	63		<b>Rebekah Harden</b> Akron [SR] - 101	18:35.6 3:43.3   +1:51.4 ↑5	61
44		<b>Mackenzie Scott</b> Youngstown St. [SR] - 541	18:11.1 3:46.6   +1:26.9 ↓3	43	64		<b>Victoria Ervin</b> UC Riverside [SO] - 460	18:35.9 3:45.8   +1:51.7 ↔	62
45		<b>Danielle Honaker</b> Akron [JR] - 104	18:11.4 3:40.2   +1:27.2 ↑2	44	65		<b>Brittany Helm</b> Milwaukee [SO] - 265	18:36.1 3:41.4   +1:51.9 ↑7	63
46		<b>Jacquelyn Abanses</b> Nebraska [SO] - 308	18:12.4 3:52.8   +1:28.2 ↓14	45	66		<b>Madison Hughes</b> Milwaukee [JR] - 266	18:36.6 3:43.0   +1:52.4 ↑5	64
47		<b>Hannah Spears</b> Texas Tech [FR] - 442	18:18.2 3:42.2   +1:34.0 ↑1	45	67		<b>Taylor Limbaugh</b> Texas Tech [SO] - 438	18:37.5 3:50.4   +1:53.3 ↓6	65
48		<b>Anna Penzkover</b> Marquette [JR] - 258	18:18.4 3:37.4   +1:34.2 ↑5	46	68		<b>Ashlynn Mays</b> Arkansas Tech [SO] - 130	18:37.5 3:46.6   +1:53.3 ↓1	66
49		<b>Carly Hall</b> Youngstown St. [SO] - 538	18:19.7 3:42.3   +1:35.5 ↑1	47	69		<b>Isabella Peretti</b> San Diego St. [FR] - 399	18:39.1 3:48.7   +1:54.9 ↓3	67
50		<b>Hannah Sale</b> IUPUI [SO] - 234	18:23.1 3:52.3   +1:38.9 ↓4	48	70		<b>Emily Noone</b> Marquette [SR] - 257	18:41.4 3:42.6   +1:57.2 ↑9	68
51		<b>Adele Clarke</b> Texas Tech [FR] - 435	18:23.5 3:42.0   +1:39.3 ↑4	49	71		<b>Calli Beshore</b> Arkansas Tech [SO] - 124	18:43.1 3:54.1   +1:58.9 ↓8	69
52		<b>Laurel Moneysmith</b> Marquette [JR] - 256	18:26.1 3:42.3   +1:41.9 ↑6	50	72		<b>Katelyn Spooner</b> Western Michigan [SR] - 520	18:43.3 3:50.7   +1:59.1 ↓3	70
53		<b>Anna Gallagher</b> Milwaukee [FR] - 264	18:26.6 3:45.6   +1:42.4 ↑1	51	73		<b>Cassandra O'Pry</b> Texas Tech [FR] - 440	18:44.8 3:45.5   +2:00.6 ↑7	71
54		<b>Marcie Cudworth</b> Arkansas Tech [SO] - 127	18:26.9 3:48.7   +1:42.7 ↓3	52	74		<b>Libby Booth</b> Arkansas Tech [FR] - 125	18:46.1 3:51.0   +2:01.9 ↓1	72
55		<b>Vassi Klock</b> Buffalo [FR] - 169	18:27.3 3:43.3   +1:43.1 ↑4	53	75		<b>Julie Smith</b> IUPUI [FR] - 235	18:47.6 3:54.7   +2:03.4 ↓5	73

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76		<b>Makenna Heimlich</b> Akron [SO] - 103	18:49.9 3:44.3   +2:05.7 ↑12	74	96		<b>Audrey Grimm</b> Marquette [SO] - 249	19:06.4 3:49.5   +2:22.2 ↑4	91
77		<b>Paris Welker</b> Buffalo [FR] - 171	18:51.4 3:51.9   +2:07.2 ↑4	75	97		<b>Morganne Browning</b> Arkansas Tech [SO] - 126	19:07.4 4:02.2   +2:23.2 ↓10	92
78		<b>Clervie Chagot</b> South Alabama [SO] - 419	18:52.0 3:55.4   +2:07.8 ↓2	76	98		<b>Maddie Zaremski</b> Western Michigan [FR] - 521	19:11.5 3:56.8   +2:27.3 ↓1	93
79		<b>Riley Cash</b> Cal Poly [FR] - 184	18:52.8 4:09.4   +2:08.6 ↓23	77	99		<b>Hannah Kerr</b> Akron [SO] - 105	19:16.0 3:53.5   +2:31.8 ↑5	94
80		<b>Mary Beth Bailey</b> Arkansas Tech [SO] - 123	18:54.5 3:55.8   +2:10.3 ↓2	77	100		<b>Ashley Ventimiglia</b> Youngstown St. [JR] - 542	19:16.4 4:00.1   +2:32.2 ↓1	95
81		<b>Grace Aurand</b> Valparaiso [SO] - 490	18:54.9 3:50.6   +2:10.7 ↑5	78	101		<b>Maddie Heimlich</b> Akron [FR] - 102	19:22.3 4:04.2   +2:38.1 ↔	96
82		<b>Halle Sebest</b> Akron [SO] - 108	18:56.7 3:46.7   +2:12.5 ↑12	79	102		<b>Kyra Flesvig</b> Wis.-Green Bay [FR] - 524	19:23.4 4:04.8   +2:39.2 ↔	97
83		<b>Lexi Bernard</b> Buffalo [FR] - 163	18:56.9 3:55.8   +2:12.7 ↓1	80	103		<b>Brianna Urban</b> Buffalo [FR] - 170	19:23.7 3:59.4   +2:39.5 ↑2	98
84		<b>Madison Parrone</b> San Diego St. [FR] - 398	18:58.9 4:00.6   +2:14.7 ↓7	81	104		<b>Reagan Flannery</b> Pittsburgh [SO] - 376	19:25.9 4:12.4   +2:41.7 ↓9	99
85		<b>Taylor Bailey-Lustyan</b> San Diego St. [SR] - 391	18:59.2 3:53.5   +2:15.0 ↑4	82	105		<b>Emeline Mangham</b> Texas Tech [FR] - 439	19:27.3 3:52.7   +2:43.1 ↑3	100
86		<b>Sydney George</b> Texas Tech [SO] - 436	18:59.4 3:57.8   +2:15.2 ↓3	83	106		<b>Felicity West</b> Arkansas Tech [SO] - 133	19:29.7 4:10.9   +2:45.5 ↓3	101
87		<b>Malena Cybak</b> Youngstown St. [FR] - 535	18:59.8 3:58.1   +2:15.6 ↓3	84	107		<b>Sophia Taylor</b> IUPUI [JR] - 237	19:30.2 3:57.1   +2:46.0 ↔	102
88		<b>Emma Tonesberg</b> South Alabama [SO] - 424	19:00.9 3:51.3   +2:16.7 ↑4	85	108		<b>Mallory Lafever</b> Marquette [JR] - 253	19:31.4 3:56.5   +2:47.2 ↑1	103
89		<b>Abbey Weitenbeck</b> South Alabama [JR] - 425	19:01.1 3:51.2   +2:16.9 ↑4	86	109		<b>Ellie Roeglin</b> Valparaiso [SO] - 494	19:33.4 3:55.0   +2:49.2 ↑2	104
90		<b>Nicole Meyer</b> San Diego St. [SO] - 397	19:01.8 3:54.1   +2:17.6 ↔	87	110		<b>Lyndsay Sass</b> Wis.-Green Bay [FR] - 528	19:34.1 3:52.3   +2:49.9 ↑5	105
91		<b>Bronagh Cassidy</b> Buffalo [FR] - 165	19:02.9 3:48.6   +2:18.7 ↑5	87	111		<b>Meghana Caron</b> Buffalo [JR] - 164	19:35.1 3:55.9   +2:50.9 ↑2	106
92		<b>Laci Provenzano</b> IUPUI [SO] - 233	19:03.4 4:00.1   +2:19.2 ↓7	88	112		<b>Sara Jochims</b> Milwaukee [SO] - 267	19:36.1 3:52.1   +2:51.9 ↑6	107
93		<b>Molly Hopple</b> Youngstown St. [FR] - 539	19:04.3 3:56.0   +2:20.1 ↓2	89	113		<b>Lexi Keppler</b> Marquette [SO] - 251	19:36.3 3:52.7   +2:52.1 ↑4	108
94		<b>Hannah Perrin</b> Montana State [SO] - 277	19:05.2 4:09.8   +2:21.0 ↓20	90	114		<b>Kaitlynn Leaday</b> Valparaiso [SO] - 492	19:38.5 4:02.1   +2:54.3 ↓4	109
95		<b>Alicia Kawa</b> Wis.-Green Bay [SO] - 525	19:06.3 3:50.5   +2:22.1 ↑3	90	115		<b>Grace Beyer</b> Wis.-Green Bay [FR] - 522	19:39.5 3:54.5   +2:55.3 ↑6	110

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116	 <b>Ellie Smith</b> Wis.-Green Bay [SO] - 529	19:44.2 3:59.2   +3:00.0 ↑4	111	131	 <b>Gabrielle Feber</b> Buffalo [JR] - 167	20:06.0 4:03.5   +3:21.8 ↔	120
117	 <b>Mandy Sykora</b> Arkansas Tech [SO] - 132	19:44.7 4:06.3   +3:00.5 ↓5		132	 <b>Chloe Freeland</b> Buffalo [SO] - 168	20:08.3 4:05.0   +3:24.1 ↔	
118	 <b>Claire Mehling</b> IUPUI [JR] - 231	19:44.9 4:05.4   +3:00.7 ↓4	112	133	 <b>Alina Worzella</b> Valparaiso [FR] - 497	20:13.6 4:09.7   +3:29.4 ↔	121
119	 <b>Kara Krol</b> IUPUI [JR] - 230	19:49.8 4:05.0   +3:05.6 ↔		134	 <b>Alexandra Lutz</b> Western Michigan [SO] - 514	20:19.2 4:08.8   +3:35.0 ↑3	122
120	 <b>Avery Stanley</b> Arkansas Tech [FR] - 131	19:49.9 4:03.1   +3:05.7 ↑2		135	 <b>Brianna Splaine</b> Valparaiso [SO] - 495	20:20.0 4:10.1   +3:35.8 ↑1	123
121	 <b>Kiannah Sarver</b> Cleveland St. [JR] - 215	19:51.6 3:59.5   +3:07.4 ↑4	113	136	 <b>Emerson Rainsburg</b> Akron [SO] - 106	20:22.5 4:09.8   +3:38.3 ↑2	124
122	 <b>Marissa Valentini</b> Marquette [JR] - 261	19:53.3 4:01.9   +3:09.1 ↑2		137	 <b>Claire Wood</b> Wis.-Green Bay [FR] - 532	20:26.1 4:09.8   +3:41.9 ↑3	125
123	 <b>Anna Cohen</b> Pittsburgh [FR] - 375	19:54.5 4:07.4   +3:10.3 ↔		138	 <b>Madeline Crissman</b> Cleveland St. [FR] - 210	20:26.1 4:07.5   +3:41.9 ↑3	126
124	 <b>Hannah Korte</b> Cleveland St. [SR] - 211	19:55.7 4:12.6   +3:11.5 ↓8	114	139	 <b>Margaret Raab</b> Western Michigan [JR] - 516	20:33.1 4:24.6   +3:48.9 ↓4	
125	 <b>Samantha Velazquez</b> UC Riverside [JR] - 465	19:56.9 4:04.3   +3:12.7 ↑1	115	140	 <b>Madelynn Madison</b> Cleveland St. [SO] - 212	20:37.1 4:21.1   +3:52.9 ↓1	127
126	 <b>Joely Overstreet</b> Valparaiso [SO] - 493	19:57.6 4:03.3   +3:13.4 ↑1	116	141	 <b>Ana Crangle</b> Cleveland St. [FR] - 209	20:48.1 4:19.7   +4:03.9 ↑1	128
127	 <b>Victoria Valenzuela</b> UC Riverside [FR] - 464	19:58.5 4:04.0   +3:14.3 ↑1	117	142	 <b>Hannah Wilcox-Borg</b> Wis.-Green Bay [SO] - 531	20:57.6 4:18.5   +4:13.4 ↑1	
128	 <b>Ashley Shipps</b> Western Michigan [SR] - 518	19:59.7 4:02.6   +3:15.5 ↑2	118	143	 <b>Emily Nemeth</b> Cleveland St. [SR] - 214	21:18.2 4:26.9   +4:34.0 ↑1	129
129	 <b>Mikaela Sullivan</b> Marquette [JR] - 260	20:00.5 3:55.0   +3:16.3 ↑5		144	 <b>Delaney Knoll</b> Western Michigan [SO] - 513	21:32.7 6:02.5   +4:48.5 ↓38	
130	 <b>Ariana Coats</b> Cleveland St. [SO] - 208	20:04.7 4:08.3   +3:20.5 ↓1	119	145	 <b>Shay Lee</b> South Alabama [SR] - 420	21:56.6 4:38.6   +5:12.4 ↔	130

PLACE	TEAM	5000M	1	2	3	4	5	(6)	(7)
1 ↑1	 Nebraska	70 +1	1	10	14	20	25	(31)	(33)
2 ↑1	 Cal Poly	71 -8	4	12	13	19	23	(24)	(29)
3 ↓2	 Montana State	75 +7	2	9	16	22	26	(30)	(35)
4 ⇔	 Pittsburgh	153 +6	11	15	27	42	58	(59)	(99)
5 ⇔	 UC Riverside	170 -3	3	17	32	56	62	(115)	(117)
6 ⇔	 San Diego St.	182 +4	6	21	28	60	67	(81)	(82)
7 ⇔	 Milwaukee	221 +4	34	36	37	51	63	(64)	(107)
8 ⇔	 Youngstown St.	236 +2	5	43	47	57	84	(89)	(95)
9 ⇔	 Texas Tech	248 -3	18	45	49	65	71	(83)	(100)
10 ⇔	 Western Michigan	264 +8	8	39	54	70	93	(118)	(122)
11 ⇔	 IUPUI	287 +11	38	40	48	73	88	(102)	(112)
12 ⇔	 Marquette	296 -17	41	46	50	68	91	(103)	(108)
13 ⇔	 Arkansas Tech	336 +19	52	66	69	72	77	(92)	(101)
14 ⇔	 Akron	352 -27	44	61	74	79	94	(96)	(124)
15 ⇔	 South Alabama	384 -2	7	76	85	86	130		
16 ⇔	 Buffalo	393 -9	53	75	80	87	98	(106)	(120)
17 ⇔	 Wis.-Green Bay	457 -26	55	90	97	105	110	(111)	(125)
18 ⇔	 Valparaiso	528 -4	78	104	109	116	121	(123)	
19 ⇔	 Cleveland St.	599 +3	113	114	119	126	127	(128)	(129)

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