



2022 SAN DIEGO STATE TRACK & FIELD

2022 Schedule

December		
4	Red-Black All-Comers Meet	SDSU
January		
28-29	Texas Tech Open & Multi's	TTU
February		
4-5	NM Collegiate Classic	UNM
11-12	Don Kirby Elite Invitational	UNM
24-26	MW Indoor Champs	UNM
March		
11	Astro Al Distance Classic	CSF
11-12	NCAA Indoor Championships	UAB
12	San Diego Collegiate Challenge	UCSD
19	Ross & Sharon Irwin Invitational	PLNU
24-26	Aztec Invitational	SDSU
April		
7-9	Sun Angel Classic	ASU
8-9	Triton Invitational	UCSD
13-15	Bryan Clay Invitational	APU
15-16	Mt. Sac Relays	Mt. Sac
15-16	Beach Invitational	LBSU
29-30	Steve Scott Invitational	UCI
30	Desert Heat Classic	UofA
May		
7	Oxy Invitational	Oxy
11-14	MW Outdoor Champs	Clovis, Calif.
27-28	NCAA West Prelims	Ark
June		
9 & 11	NCAA Outdoor Champs	Oregon

NCAA Outdoor Championships Start List

4x100m Relay

Dyer, Harris, McDonald, Moore, Watt

4x400m Relay

Dyer, Harris, McNeil, Roberson, Watt

Meet Week Preview

NCAA Outdoor Championships – Eugene, Ore. – June 9 & June 11
Eugene, Oregon – Hayward Field (Hosted by University of Oregon) | ESPN U

EUGENE, Ore. – The Aztecs 4x100m and 4x400m relay teams are off to the NCAA Outdoor Championships this Thursday through Saturday, held at prestigious Hayward Field on the campus of the University of Oregon. All track events will be available to watch on ESPN U on Thursday and on ESPN on Saturday.

The 4x100m relay team earned an auto-qualifier spot by finishing third in their heat two weeks ago at the NCAA West Prelims in Fayetteville, Arkansas. The team of Tai McDonald, Jalyn Harris, Aisha Watt and Jada Moore finished in 44.60, their third fastest time this season. Additionally, the 4x400m team also earned an auto-qualifier spot by finishing third in their heat as well. That team of Harris, Watt, Danae Dyer and Sakura Roberson ran 3:33.42, the second fastest time in school history at NCAA West Prelims, it was also the first time the quartet had run the 4x400m relay together this season.

Dyer, McDonald, Moore, Roberson and Watt will all be competing in their second NCAA Outdoor Championships and Harris will be competing at her third NCAA Outdoor Championships.

Both relays will be competing on Thursday evening in the semifinal round of each respective relay. The 4x100m relay will look to book a spot in the finals at 5:32 p.m. PT, and the 4x400m relay will compete at 8:32 p.m. PT. Both races will be available to watch on ESPN U. The top two times from each of the three heats in addition to the next best three times will advance to Saturday's final.

NCAA Outdoor Championships Notes

- The Aztecs have two relay teams (4x100m, 4x400m) competing this weekend.
- SDSU has had a relay team or individual representative in 24 of the last 25 NCAA Outdoor Championships.
- The Aztecs have had their 4x400m relay team qualify for three of the last four NCAA Outdoor Championships (2018, 2019 & 2022) as well as the 2020 NCAA Indoor Championship.
- Both the 4x100m and the 4x400m relay team qualified for nationals, making it the first time since 2018 that both relay teams qualified.
- SDSU is the only non-power five program to send their 4x100 meter relay to five of the last six NCAA Outdoor Championships (2016, 17, 18, 21 & 22).
- The Aztecs are one of three west coast programs (USC & Oregon) to have their 4x100m relay team qualify for five of the last six NCAA Outdoor Championships.
- The Aztecs are the only non-power five program to send both relay teams to the 2022 NCAA Outdoor Championships.

Mountain West Championship Notes

- SDSU has won four of the last five Mountain West Outdoor Championships & six of the last nine.
- SDSU scored 157 points, narrowly beating Colorado State by 3.5 points for the title.
- Shelia Burrell was named the Mountain West Coach of the Year for the second consecutive season, and the sixth time in her career.
- SDSU won both the 4x100m relay and the 4x400m relay. The Aztecs have now won four of the last five 4x100m relays and the last four 4x400m relays.
- SDSU had seven new entries into the top ten of their outdoor record book and five those were top-five marks: Thaila Wilson (Javelin, 159-09, No. 2), Kaitlin Heri (pole vault, 14-03.50, T-2nd), Jada Moore (100m, 11.39, No. 3), 4x400m relay (3:33.68, No. 3), Lauren Harper (800m, 2:06.40, No. 4), Danae Dyer (100m hurdles, 13.24, No. 6), 4x100m relay team (44.38, No. 8).

Where the Aztecs Rank

Athlete	National Rank	Event	Time/Mark	Date
4x400m Relay	18th	4x400m	3:33.48	May 14
4x100m Relay	24th	4x100m	44.32	Apr. 30

Roster Breakdown

By Class

Seniors (6)

Anaya Alexander, Emily Burd, Delaney Fields, Jalyn Harris, Kaitlin Heri, Sakura Roberson

Juniors (19)

Sara Absten, Alysia Allen, Jade Cany, Carina Clark, Paige Comiso, Felicia Crenshaw, Isabelle Davis, Danae Dyer, Corey Friedenbach, Erica Grotegeer, Taylor Lustyan, Carlene Masar, Tai McDonald, Nyjari McNeil, Natalie Regalado, Naomi Smitham, Vanessa Spizewski, Dejanae Thompson, Destiny Washington

Sophomores (16)

Alexus Alexander, Onyi Anigbogu, Amber Elias, Elizabeth Funk, Ruthie Grant-Williams, Lauren Harper Rhea Hoyte, Jazmin Jackson, Simone Johnson, Jessica Kain, Alex Lomeli, Jada Moore, Sierra Roberson, Aisha Watt, Bailey Watts, Thaila Wilson

Freshmen (8)

Zoe Brosch, Vanessa Cabello, Ashley Callahan, Jenna Fee Feyerabend, Shaquena Foote, Kennedy Jennings, Madison Martin, Nicole Meyer

By Home State/Country

California (36) - Alexis Alexander, Anaya Alexander, Onyi Anigbogu, Zoe Brosch, Vanessa Cabello, Ashley Callahan, Jade Cany, Paige Comiso, Felicia Crenshaw, Isabelle Davis, Danae Dyer, Amber Elias, Corey Friedenbach, Elizabeth Funk, Ruthie Grant-Williams, Erica Grotegeer, Lauren Harper, Jalyn Harris, Kaitlin Heri, Jazmin Jackson, Kennedy Jennings, Simone Johnson, Jessica Kain, Alex Lomeli, Taylor Lustyan, Carlene Masar, Tai McDonald, Nicole Meyer, Natalie Regalado, Sakura Roberson, Sierra Roberson, Naomi Smitham, Vanessa Spizewski, Dejanae Thompson, Destiny Washington, Bailey Watts

Washington (2) - Sara Absten, Aisha Watt

Jamaica (2) - Shaquena Foote, Thaila Wilson

Barbados (1) - Rhea Hoyte

Connecticut (1) - Madison Martin

Germany (1) - Jenna Fee Feyerabend

Florida (1) - Carina Clark

Maryland (1) - Nyjari McNeil

Missouri (1) - Jada Moore

Nevada (1) - Alysia Allen

Oregon (1) - Delaney Fields

Pennsylvania (1) - Emily Burd

By Event Group

Distance (10)

Emily Burd, Vanessa Cabello, Paige Comiso, Isabelle Davis, Amber Elias, Taylor Lustyan, Carlene Masar, Nicole Meyer, Naomi Smitham, Bailey Watts

Hurdles (6)

Carina Clark, Danae Dyer, Rhea Hoyte, Shaquena Foote, Jazmin Jackson, Destiny Washington

Jumps (7)

Jade Cany, Jenna Feyerabend, Jazmin Jackson, Simone Johnson, Vanessa Spizewski, Dejanae Thompson, Thaila Wilson

Mid-Distance (11)

Emily Burd, Shaquena Foote, Lauren Harper, Kennedy Jennings, Jessica Kain, Alex Lomeli, Nyjari McNeil, Natalie Regalado, Sakura Roberson, Sierra Roberson, Bailey Watts

Multi's (4)

Sara Absten, Jenna Fee Feyerabend, Ruthie Grant-Williams, Thaila Wilson

Pole Vault (6)

Alysia Allen, Ashley Callahan, Corey Friedenbach, Elizabeth Funk, Kaitlin Heri, Madison Martin

Sprints (12)

Alexus Alexander, Anaya Alexander, Carina Clark, Danae Dyer, Shaquena Foote, Jalyn Harris, Rhea Hoyte, Simone Johnson, Tai McDonald, Jada Moore, Vanessa Spizewski, Aisha Watt

Throws (4)

Onyi Anigbogu, Zoe Brosch, Felicia Crenshaw, Erica Grotegeer

2022 SDSU Track and Field Roster

Name	Events	Yr.	Hometown (Previous School)
Sara Absten	Multi's	Jr.	Burlington, Wash. (IMG Academy)
Alexus Alexander	Sprints	So.	Compton, Calif. (Lakewood High)
Anaya Alexander	Sprints	Sr.	Walnut Creek, Calif. (Las Lomas High)
Alysia Allen	Pole Vault	Jr.	Reno, Nev. (Reed High)
Onyi Anigbogu	Throws	So.	Corona, Calif. (Santiago HS)
Zoe Brosch	Throws	Fr.	South Lake Tahoe, Calif. (South Tahoe High)
Emily Burd	Mid-Distance/Distance	Sr.	Havertown, Pa. (Pittsburgh)
Vanessa Cabello	Distance	Fr.	Los Altos, Calif. (Saint Francis High)
Ashley Callahan	Pole Vault	Fr.	Escondido, Calif. (Rancho Bernardo High)
Jade Cany	Jumps	Jr.	San Diego, Calif. (Sacramento State)
Carina Clark	Sprints/Hurdles	Jr.	Winter Springs, Fla. (Winter Springs High)
Paige Comiso	Distance	Jr.	San Jose, Calif. (Presentation High)
Felicia Crenshaw	Throws	Jr.	Costa Mesa, Calif. (Costa Mesa High)
Isabelle Davis	Distance	Jr.	San Diego, Calif. (Del Norte High)
Danae Dyer	Sprints/Hurdles	Jr.	Temecula, Calif. (Temecula Valley High)
Amber Elias	Distance	So.	Napa, Calif. (Vintage HS)
Jenna Fee Feyerabend	Multi's/Jumps	Fr.	Gross-Gerau, Germany (Carl-Von-Weinberg Schule)
Delaney Fields	Pole Vault	Sr.	Eugene, Ore. (Lane CC)
Shaquena Foote	Sprints/Hurdles/Mid	Fr.	Westmoreland, Jamaica (Petersfield HS)
Corey Friedenbach	Pole Vault	Jr.	Santa Cruz, Calif. (Air Force)
Elizabeth Funk	Pole Vault	So.	Fresno, Calif. (Clovis West High)
Ruthie Grant-Williams	Multi's	So.	Coronado, Calif. (Coronado High)
Erica Grotegeer	Throws	Jr.	Plumas Lake, Calif. (Wheatland Union High)
Lauren Harper	Mid-Distance	So.	Weaverville, Calif. (Trinity High)
Jalyn Harris	Sprints	Sr.	Rancho Cucamonga, Calif. (Rancho Cucamonga High)
Kaitlin Heri	Pole Vault	Sr.	Redondo Beach, Calif. (Redondo Union High)
Rhea Hoyte	Sprints/Hurdles	So.	St. Michael, Barbados (The St. Michael School)
Jazmin Jackson	Hurdles/Jumps	So.	Thousand Oaks, Calif. (Chaminade College Prep)
Kennedy Jennings	Mid-Distance	Fr.	Fresno, Calif. (Edison High)
Simone Johnson	Sprints/Jumps	So.	Fresno, Calif. (Central High)
Jessica Kain	Mid-Distance	So.	Scotts Valley, Calif. (Scotts Valley High)
Alex Lomeli	Mid-Distance	So.	Los Angeles, Calif. (Notre Dame Academy High)
Taylor Lustyan	Distance	Jr.	Clovis, Calif. (Chico State)
Madison Martin	Pole Vault	Fr.	Waterford, Conn. (Norwich Free Academy)
Carlene Masar	Distance	Jr.	Jamul, Calif. (Steele Canyon High)
Tai McDonald	Sprints	Jr.	Sacramento, Calif. (Sheldon High)
Nyjari McNeil	Mid-Distance	Jr.	Reisterstown, Md. (Franklin High)
Nicole Meyer	Distance	Fr.	Orange, Calif. (Orange Lutheran High)
Jada Moore	Sprints	So.	St. Louis, Mo. (Pattonville High)
Natalie Regalado	Mid-Distance	Jr.	Lake Forest, Calif. (Trabuco Hills High)
Sakura Roberson	Mid-Distance	Sr.	San Diego, Calif. (La Jolla High)
Sierra Roberson	Mid-Distance	So.	San Diego, Calif. (Cal State San Marcos)
Naomi Smitham	Distance	Jr.	San Diego, Calif. (Canyon Crest Academy)
Vanessa Spizewski	Sprints/Jumps	Jr.	San Diego, Calif. (Rancho Buena Vista High)
Dejanae Thompson	Jumps	Jr.	San Diego, Calif. (Morse High)
Aisha Watt	Sprints	So.	Seattle, Wash. (Seattle Prep)
Bailey Watts	Mid-Distance/Distance	So.	Foothill Ranch, Calif. (Trabuco Hills HS)
Thaila Wilson	Multi's/Jumps	So.	St. Catherine, Jamaica (Hydel High)

Coaching Staff

Head Coach: Shelia Burrell (UCLA, 1995), 13th season

Assistant Coach/Recruiting Coordinator: Alrick Munroe (Wayland Baptist Univ., 1988), Ninth season

Assistant Coach (Throws)/Director of Operations: Jesse Chapman (UConn, 2014), Second season

Assistant Coach (Cross Country/Distance): Robert Lusitana (San Diego State, 1982), Fifth season

Assistant Coach (Pole Vault): Richard Fox (San Diego State, 1992), 27th season

Assistant Coach (Jumps): Craig Poole (Utah, 1970), Fifth season

Assistant Coach: Brad Johnson

Assistant Coach (Throws): Jasmine Burrell (San Diego State, 2015), Second season

2022 SDSU TRACK & FIELD PERFORMANCE LIST

18-08.00	6th	Sun Angel Classic	April 9
18-05.75	18th	Beach Invitational	April 16
19-01.25	5th	Desert Heat Classic	April 30
18-05.75	12th	MW Championships	May 13
Triple Jump (PR: 39-03.00 (April 30, 2022))			
37-09.25	3rd	San Diego Challenge	Mar. 11
37-04.00	9th	Sun Angel Classic	April 9
39-03.00	6th	Desert Heat Classic	April 30
39-01.75	11th	MW Championships	May 14

Dejanae Thompson

5-6 | Jr. | San Diego, Calif. | Morse HS

INDOOR SEASON

Long Jump (PR: 20-01.50 (Feb. 25, 2022))

9-01.50	16th	Don Kirby Elite Invitational	Feb. 11
20-01.50	3rd	MW Indoor Championships	Feb. 25

Triple Jump (PR: 37-10.75 (Feb. 5, 2022))

37-10.75	12th	UNM Collegiate Classic	Feb. 5
FOUL	--	Don Kirby Elite Invitational	Feb. 12

OUTDOOR SEASON

High Jump (PR: 4-07.75 (March 11, 2022))

4-07.75	10th	San Diego Challenge	Mar. 11
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Long Jump (PR: 19-09.00 (April 30, 2022))

19-04.25	4th	Aztec Invitational	Mar. 26
18-11.75	4th	Sun Angel Classic	April 9
18-10.00	12th	Beach Invitational	April 16
19-09.00	4th	Desert Heat Classic	April 30
19-06.00	4th	MW Championships	May 13

Triple Jump (PR: 35-03.00 (March 7, 2020))

34-11.25	16th	Aztec Invitational	Mar. 26
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Destiny Washington

Jr. | Riverside, Calif. | Lake Central HS (Riverside CC)

INDOOR SEASON

60 Meter Hurdles (PR: 9.06 (Feb. 11, 2022))

9.06 (q, a)	25th	Don Kirby Elite Invitational	Feb. 12
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OUTDOOR SEASON

100 Meters (PR: 12.51 (March 26, 2022))

12.51	23rd	Aztec Invitational	Mar. 26
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100 Meter Hurdles (PR: 15.03 (March 26, 2022))

15.03	16th	Aztec Invitational	Mar. 26
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Aisha Watt

5-4 | Fr. | Seattle, Wash. | Seattle Prep

INDOOR SEASON

200 Meters (PR: 24.25 (Feb. 25, 2022))

25.62 (a)	48th	Texas Tech Open	Jan. 29
24.61 (a, s)	20th	Don Kirby Elite Invitational	Feb. 11
24.25 (q, a)	6th	MW Indoor Championships	Feb. 25
24.34 (f, a)	7th	MW Indoor Championships	Feb. 26

4x400 Meter Relay

3:49.27 (a)	19th	Texas Tech Open	Jan. 29
3:41.25 (6, a)	2nd	UNM Collegiate Classic	Feb. 5

OUTDOOR SEASON

100 Meters Outdoor (PR: 11.69 (April 30, 2022))

12.04	13th	Aztec Invitational	Mar. 26
12.17 (+1.2)	8th	Sun Angel Classic	April 9
11.89 (+1.0)	16th	Desert Heat Classic	April 30
11.92 (+2.1) (p)	7th	MW Championships	May 13
11.69 (+1.4) (f)	5th	MW Championships	May 14

200 Meters Outdoor (PR: 23.79 (May 14, 2021))

24.12	10th	Aztec Invitational	Mar. 26
24.68 (+0.4)	11th	Sun Angel Classic	April 8
24.09	39th	Mt. Sac Relays	April 15
24.13 (+0.9) (p)	10th	MW Championships	May 13

Bailey Watts

5-4 | So. | Foothill Ranch, Calif. | Trabuco Hills HS

OUTDOOR SEASON

1,500 Meters Outdoor (PR: 4:43.-7 (March 26, 2021))

4:53.39	17th	Astro Al Distance Classic	Mar. 11
4:43.07	18th	Aztec Invitational	Mar. 26

Thaila Wilson

5-3 | So. | St. Catherine, Jamaica | Hydel HS

OUTDOOR SEASON

200 Meter Dash (PR: 26.29 (May 11, 2022))

27.18 (hp)	10th	Aztec Invitational	Mar. 26
26.29 (+1.8) (hp)	8th	MW Championships	May 11

800 Meter Run (PR: 3:02.64 (May 12, 2022))

3:02.64	12th	MW Championships	May 11
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100 Meter Hurdles (PR: 15.52 (April 9, 2022))

15.58 (-0.6) (hp)	10th	Aztec Invitational	Mar. 26
15.52 (+0.6)	16th	Triton Invitational	April 9
14.75 (+1.8) (hp)	6th	MW Championships	May 11

High Jump Outdoor (PR: 5-07.00 (May 1, 2021))

5-01.25 (hp)	7th	Aztec Invitational	Mar. 26
5-03.25	T-22nd	Beach Invitational	April 16
5-05.00 (hp)	T-2nd	MW Championships	May 12

Long Jump Outdoor (PR: 18-01.75 (May 12, 2022))

18-01.75	7th	MW Championships	May 12
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Triple Jump Outdoor (PR: 36-06.75 (Feb. 25, 2021))

Shot Put Outdoor (PR: 38-03.25 (Feb. 25, 2021))

36-08.50	2nd	Aztec Invitational	Mar. 26
36-09.75	21st	Triton Invitational	April 9
36-02.00	7th	MW Championships	May 14

Javelin Throw Outdoor (PR: 146-08 (April 9, 2022))

130-04 (hp)	2nd	Aztec Invitational	Mar. 26
146-08	2nd	Triton Invitational	April 9
152-09 (hp)	1st	MW Championships	May 12
120-00	13th	MW Championships	May 14

Heptathlon (PR: 4,882 (March 26, 2022))

3,423		Aztec Invitational	Mar. 26
4,882	5th	MW Championships	May 12

KEY: sr - school record; (number) - top-10 school ranking; qp - qualifying prelims; p - preliminaries; h - heats; 1r - first round; q - quarterfinals; s - semifinals; f - finals; i - invite; ei - elite invite; o - open; b - "b" section; se - seeded; u - unseeded; co - college; ch - championships; pn - pentathlon; hp - heptathlon; a - altitude; w - wind aided (> 2.0 mph); conv - converted from 4x400-yard relay);
Note that all personal records (PR) are collegiate personal records

OUTDOOR

2022 SDSU TRACK & FIELD PERFORMANCE LIST

100 METERS

School Record: 10.96 (Ashley Henderson, 2018)

Meet	Date				
11.39	Jada Moore	1st	Finals, No. 3 all-time	MW Championships	May 14
11.50	Jada Moore	4th		Desert Heat Classic	April 30
11.56	Jada Moore	2nd	Prelims	MW Championships	May 13
11.57	Jalyn Harris	2nd	Finals	MW Championships	May 14
11.61	Jalyn Harris	9th		Desert Heat Classic	April 30
11.63	Jalyn Harris	3rd	Prelims	MW Championships	May 13
11.65	Jada Moore	23rd		Mt. Sac Relays	April 15
11.68	Jada Moore	34th	First round	NCAA West Prelims	May 26
11.69	Aisha Watt	5th	Finals	MW Championships	May 14
11.70	Jada Moore	4th		Sun Angel Classic	April 9
11.71	Jalyn Harris	6th		Aztec Invitational	Mar. 26
11.82	Jalyn Harris	5th		Sun Angel Classic	April 9
11.89	Aisha Watt	16th		Desert Heat Classic	April 30
11.92	Aisha Watt	7th	Prelims	MW Championships	May 13
12.04	Aisha Watt	13th		Aztec Invitational	Mar. 26
12.10	Tai McDonald	12th	Prelims	MW Championships	May 13
12.16	Alexus Alexander	15th		Aztec Invitational	Mar. 26
12.17	Aisha Watt	8th		Sun Angel Classic	April 9
12.21	Tai McDonald	24th		Desert Heat Classic	April 30
12.29	Alexus Alexander	26th		Desert Heat Classic	April 30
12.33	Rhea Hoyte	2nd		San Diego Challenge	Mar. 11
12.33	Tai McDonald	10th		Sun Angel Classic	April 9
12.36	Tai McDonald	19th		Aztec Invitational	Mar. 26
12.42	Tai McDonald	46th		Beach Invitational	April 16
12.51	Destiny Washington	23rd		Aztec Invitational	Mar. 26

200 METERS

School Record: 22.34 (Tonette Dyer, 2004)

Time	Athlete	Place	Notes	Meet	Date
23.28	Jada Moore	3rd		Desert Heat Classic	April 30
23.39	Jada Moore	4th	Finals	MW Championships	May 14
23.48	Jalyn Harris	4th		Desert Heat Classic	April 30
23.66	Jalyn Harris	26th	First Round	NCAA West Prelims	May 26
23.67	Jada Moore	27th	First Round	NCAA West Prelims	May 26
23.71	Jada Moore	5th	Prelims	MW Championships	May 13
23.71	Jalyn Harris	6th	Finals	MW Championships	May 14
23.74	Jalyn Harris	4th		Aztec Invitational	Mar. 26
23.76	Jada Moore	5th		Aztec Invitational	Mar. 26
23.78	Jalyn Harris	6th	Prelims	MW Championships	May 13
23.90	Jalyn Harris	30th		Mt. Sac Relays	April 15
23.91	Jalyn Harris	2nd		Sun Angel Classic	April 8
23.93	Danae Dyer	7th	Finals	MW Championships	May 14
23.95	Danae Dyer	8th	Prelims	MW Championships	May 13
23.95	Jada Moore	3rd		Sun Angel Classic	April 8
24.01	Danae Dyer	9th		Desert Heat Classic	April 30
24.05	Jada Moore	37th		Mt. Sac Relays	April 15
24.09	Aisha Watt	39th		Mt. Sac Relays	April 15
24.12	Aisha Watt	10th	Prelims	MW Championships	May 13
24.12	Aisha Watt	10th		Aztec Invitational	Mar. 26
24.22	Sara Absten	2nd	heptathlon	MW Championships	May 12
24.44	Sara Absten	17th		Desert Heat Classic	April 30
24.54	Sara Absten	1st	heptathlon	Sun Angel Classic	April 7
24.68	Tai McDonald	15th	Prelims	MW Championships	May 13
24.68	Aisha Watt	11th		Sun Angel Classic	April 8
24.89	Tai McDonald	24th		Desert Heat Classic	April 30
24.90	Sara Absten	1st	heptathlon	Aztec Invitational	Mar. 26
24.93	Rhea Hoyte	3rd		San Diego Challenge	Mar. 11
25.02	Tai McDonald	33rd		Beach Invitational	April 16
25.19	Tai McDonald	22nd		Sun Angel Classic	April 8
25.53	Nyjarl McNeil	5th		San Diego Challenge	Mar. 11
25.59	Alexus Alexander	24th		Sun Angel Classic	April 8
25.95	Jenna Fee Feyerabend	5th	heptathlon	MW Championships	May 12
26.20	Jenna Fee Feyerabend	6th	heptathlon	Aztec Invitational	Mar. 26
26.24	Jenna Fee Feyerabend	6th	heptathlon	Sun Angel Classic	April 7
26.29	Thaila Wilson	8th	heptathlon	MW Championships	May 12
26.34	Jenna Fee Feyerabend	38th		Desert Heat Classic	April 30
26.60	Ruthie Grant-Williams	9th	heptathlon	MW Championships	May 12
26.66	Ruthie Grant-Williams	39th		Desert Heat Classic	April 30
26.69	Ruthie Grant-Williams	7th	heptathlon	Aztec Invitational	Mar. 26
26.73	Ruthie Grant-Williams	10th	heptathlon	Sun Angel Classic	April 7

27.18 Thaila Wilson 10th heptathlon Aztec Invitational Mar. 26

400 METERS

School Record: 51.15 (Tonette Dyer, 2004)

Time	Athlete	Place	Notes	Meet	Date
53.35	Sakura Roberson	13th	No. 9 all-time	Mt. Sac Relays	April 15
53.51	Sakura Roberson	1st	No. 10 all-time	Sun Angel Classic	April 9
53.61	Sakura Roberson	4th	Finals	MW Championships	May 14
53.68	Sakura Roberson	2nd	Prelims	MW Championships	May 13
53.79	Sakura Roberson	26th	First Round	NCAA West Prelims	May 26
53.91	Sakura Roberson	1st		Aztec Invitational	Mar. 26
54.19	Jalyn Harris	16th		Mt. Sac Relays	April 15
56.15	Anaya Alexander	10th	Prelims	MW Championships	May 13
56.22	Anaya Alexander	19th		Desert Heat Classic	April 30
56.98	Anaya Alexander	11th		Sun Angel Classic	April 9
57.08	Anaya Alexander	9th		Aztec Invitational	Mar. 26
57.22	Anaya Alexander	30th		Beach Invitational	April 16

800 METERS

School Record: 2:02.88 (Renee Chambers-Ross, 1985)

Time	Athlete	Place	Notes	Meet	Date
2:06.40	Lauren Harper	3rd	Finals, 4th all-time	MW Championships	May 14
2:07.74	Sakura Roberson	3rd	T-7th all-time	Desert Heat Classic	April 30
2:08.32	Lauren Harper	39th	10th all-time	Bryan Clay Invitational	April 14
2:08.74	Lauren Harper	4th	Prelims	MW Championships	May 13
2:08.83	Lauren Harper	5th		Desert Heat Classic	April 30
2:09.74	Nyjarl McNeil	6th	Finals	MW Championships	May 14
2:09.78	Nyjarl McNeil	11th		Sun Angel Classic	April 9
2:10.02	Nyjarl McNeil	8th	Prelims	MW Championships	May 13
2:10.07	Sakura Roberson	1st		San Diego Challenge	Mar. 11
2:10.55	Nyjarl McNeil	7th		Desert Heat Classic	April 30
2:10.79	Nyjarl McNeil	23rd		Bryan Clay Invitational	April 15
2:11.31	Nyjarl McNeil	5th		Aztec Invitational	Mar. 26
2:11.36	Alex Lomeli	9th	Prelims	MW Championships	May 13
2:11.86	Alex Lomeli	73rd		Bryan Clay Invitational	April 14
2:12.50	Alex Lomeli	6th		Aztec Invitational	Mar. 26
2:12.81	Alex Lomeli	10th		Desert Heat Classic	April 30
2:14.22	Jessica Kain	8th		Aztec Invitational	Mar. 26
2:15.35	Alex Lomeli	4th		Astro Al Distance Classic	Mar. 11
2:15.47	Alex Lomeli	15th	Finals	MW Championships	May 14
2:15.52	Jessica Kain	5th		Astro Al Distance Classic	Mar. 11
2:17.52	Lauren Harper	46th	First Round	NCAA West Prelims	May 26
2:20.04	Sara Absten	2nd	heptathlon	MW Championships	May 12
2:22.54	Sara Absten	2nd	heptathlon	Sun Angel Classic	April 8
2:23.20	Jenna Fee Feyerabend	3rd	heptathlon	Sun Angel Classic	April 8
2:23.29	Jenna Fee Feyerabend	3rd	heptathlon	MW Championships	May 12
2:38.43	Ruthie Grant-Williams	4th	heptathlon	Aztec Invitational	Mar. 26
2:43.54	Ruthie Grant-Williams	7th	heptathlon	Sun Angel Classic	April 8
3:02.64	Thaila Wilson	12th	heptathlon	MW Championships	May 12

1,500 METERS

School Record: 4:06.69 (Monica Joyce, 1982)

Time	Athlete	Place	Notes	Meet	Date
4:28.15	Jessica Kain	2nd	6th all-time	Astro Al Distance Classic	Mar. 11
4:28.17	Lauren Harper	4th	7th all-time	Aztec Invitational	Mar. 26
4:30.04	Jessica Kain	11th	Prelims	MW Championships	May 13
4:30.06	Emily Burd	106th	9th all-time	Bryan Clay Invitational	April 15
4:31.60	Lauren Harper	112th		Bryan Clay Invitational	April 15
4:32.51	Alex Lomeli	28th		Bryan Clay Invitational	April 15
4:33.85	Emily Burd	7th		Aztec Invitational	Mar. 26
4:34.39	Emily Burd	5th		Astro Al Distance Classic	Mar. 11
4:34.72	Jessica Kain	12th	Finals	MW Championships	May 14
4:35.82	Jessica Kain	2nd		Steve Scott Invitational	April 30
4:37.21	Alex Lomeli	9th		Astro Al Distance Classic	Mar. 11
4:37.43	Carlene Masar	13th		Aztec Invitational	Mar. 26
4:41.73	Emily Burd	19th	Prelims	MW Championships	May 13
4:43.07	Bailey Watts	18th		Aztec Invitational	Mar. 26
4:53.39	Bailey Watts	17th		Astro Al Distance Classic	Mar. 11
4:59.99	Taylor Lustyman	133rd		Bryan Clay Invitational	April 15
5:15.12	Taylor Lustyman	64th		Steve Scott Invitational	April 30

OUTDOOR

2022 SDSU TRACK & FIELD PERFORMANCE LIST

3,000 METERS

School Record: 8:53.24 (Monica Joyce, 1982)

Time	Athlete	Place	Notes	Meet	Date
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5,000 METERS

School Record: 15:45.26 (Monica Joyce, 1982)

Time	Athlete	Place	Notes	Meet	Date
17:07.54	Carlene Masar	14th		Astro Al Distance Classic	Mar. 11
17:39.82	Emily Burd	14th		Steve Scott Invitational	April 29
17:44.16	Vanessa Cabello	15th		Steve Scott Invitational	April 29
17:49.35	Vanessa Cabello	39th	Finals	MW Championships	May 14
17:49.65	Emily Burd	41st	Finals	MW Championships	May 14
17:52.98	Vanessa Cabello	22nd		Bryan Clay Invitational	April 14
18:02.91	Amber Elias	21st		Steve Scott Invitational	April 29
18:12.60	Amber Elias	28th		Astro Al Distance Classic	Mar. 11
18:15.18	Naomi Smitham	29th		Astro Al Distance Classic	Mar. 11
18:17.32	Vanessa Cabello	8th		Aztec Invitational	Mar. 26
18:19.53	Vanessa Cabello	32nd		Astro Al Distance Classic	Mar. 11
18:20.92	Naomi Smitham	46th		Bryan Clay Invitational	April 14
18:29.25	Naomi Smitham	10th		Aztec Invitational	Mar. 26
18:30.04	Naomi Smitham	22nd		Steve Scott Invitational	April 29
19:00.11	Taylor Lustyan	13th		Aztec Invitational	Mar. 26
20:11.17	Paige Comiso	41st		Astro Al Distance Classic	Mar. 11
20:22.83	Paige Comiso	14th		Aztec Invitational	Mar. 26

10,000 METERS

School Record: 34:22.24 (Lynn Kanuka, 1981)

Time	Athlete	Place	Notes	Meet	Date
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100-METER HURDLES

School Record: 12.82 (Miesha McKelvy, 1999)

Time	Athlete	Place	Notes	Meet	Date
13.24	Danae Dyer	1st	Finals, 6th all-time	MW Championships	May 14
13.45	Danae Dyer	2nd		Aztec Invitational	Mar. 26
13.49	Danae Dyer	1st	Prelims	MW Championships	May 13
13.52	Danae Dyer	7th		Desert Heat Classic	April 30
13.61	Danae Dyer	8th	Prelims	Sun Angel Classic	April 8
13.62	Danae Dyer	32nd	First Round	NCAA West Prelims	May 26
13.63	Danae Dyer	7th		Sun Angel Classic	April 9
13.80	Danae Dyer	18th		Mt. Sac Relays	April 15
13.88	Sara Absten	3rd	heptathlon	Sun Angle Classic	April 7
13.89	Sara Absten	2nd	heptathlon	MW Championships	May 11
13.95	Sara Absten	4th	Prelims	MW Championships	May 13
14.07	Sara Absten	4th	Finals	MW Championships	May 14
14.14	Sara Absten	16th		Desert Heat Classic	April 30
14.28	Jenna Fee Feyerabend	3rd	heptathlon	MW Championships	May 11
14.33	Sara Absten	2nd	heptathlon	Aztec Invitational	Mar. 26
14.37	Jenna Fee Feyerabend	5th	heptathlon	Sun Angle Classic	April 7
14.46	Sara Absten	9th		Aztec Invitational	Mar. 26
14.51	Jenna Fee Feyerabend	21st		Desert Heat Classic	April 30
14.70	Jenna Fee Feyerabend	4th	heptathlon	Aztec Invitational	Mar. 26
14.75	Thaila Wilson	6th	heptathlon	MW Championships	May 11
14.91	Sara Absten	2nd		San Diego Challenge	Mar. 11
15.03	Destiny Washington	16th		Aztec Invitational	Mar. 26
15.11	Jenna Fee Feyerabend	3rd		San Diego Challenge	Mar. 11
15.20	Ruthie Grant-Williams	10th	heptathlon	Sun Angle Classic	April 7
15.21	Ruthie Grant-Williams	26th		Desert Heat Classic	April 30
15.29	Ruthie Grant-Williams	8th	heptathlon	Aztec Invitational	Mar. 26
15.29	Thaila Wilson	27th		Desert Heat Classic	April 30
15.33	Ruthie Grant-Williams	10th	heptathlon	MW Championships	May 11
15.52	Thaila Wilson	16th		Triton Invitational	April 9
17.16	Ruthie Grant-Williams	16th		San Diego Challenge	Mar. 11

400-METER HURDLES

School Record: 54.64 (LaTanya Sheffield, 1985)

Time	Athlete	Place	Notes	Meet	Date
1:00.79	Rhea Hoyte	10th		Desert Heat Classic	April 30
1:00.81	Rhea Hoyte	4th	Prelims	MW Championships	May 13
1:01.35	Rhea Hoyte	5th		Aztec Invitational	Mar. 26
1:02.26	Rhea Hoyte	46th	First Round	NCAA West Prelims	May 26

1:03.27	Carina Clark	5th		Sun Angel Classic	April 9
1:03.59	Carina Clark	15th	Prelims	MW Championships	May 13
1:03.98	Carina Clark	19th		Desert Heat Classic	April 30
1:04.12	Nyjari McNeil	3rd		San Diego Challenge	Mar. 11
1:04.15	Carina Clark	32nd		Beach Invitational	April 16
1:04.99	Carina Clark	15th		Aztec Invitational	Mar. 26

3,000-METER STEEPLECHASE

School Record: 10:23.34 (Marie Nilsson, 2004)

Time	Athlete	Place	Notes	Meet	Date
11:28.33	Natalie Regalado	6th		Steve Scott Invitational	April 29
11:33.73	Lauren Harper	1st		Astro Al Distance Classic	Mar. 11
11:39.66	Natalie Regalado	57th		Bryan Clay Invitational	April 13
12:01.77	Natalie Regalado	2nd		Aztec Invitational	Mar. 26
12:07.57	Isabelle Davis	61st		Bryan Clay Invitational	April 13
12:10.14	Natalie Regalado	5th		Astro Al Distance Classic	Mar. 11
12:18.46	Isabelle Davis	6th		Astro Al Distance Classic	Mar. 11
12:21.39	Isabelle Davis	3rd		Aztec Invitational	Mar. 26
12:27.52	Isabelle Davis	10th		Steve Scott Invitational	April 29
12:35.00	Taylor Lustyan	8th		Astro Al Distance Classic	Mar. 11

4x100-METER RELAY

School Record: 42.99 (Auzenne, Glenn, Smith, Henderson, 2017)

Time	Team	Place	Notes	Meet	Date
44.32	McDonald, Harris, Watt, Moore	2nd	8th all-time	Desert Heat Classic	April 30
44.38	Dyer, Harris, Watt, Moore	1st	10th all-time	MW Championships	May 14
44.60	McDonald, Harris, Watt, Moore	12th		NCAA West Prelims	May 28

4x200-METER RELAY

School Record: 1:32.99 (Smedley, Dyer, McNair, Ireland, 2003)

Time	Team	Place	Notes	Meet	Date
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4x400-METER RELAY

School Record: 3:30.57 (Nilsson, Ross, Robinson, Sheffield, 1985)

Time	Team	Place	Notes	Meet	Date
3:33.42	Harris, Watt, Dyer, Roberson	10th	2nd all-time	NCAA West Prelims	May 26
3:33.68	McNeil, Harris, Watt, Roberson	1st	3rd all-time	MW Championships	May 14
3:34.57	McNeil, Roberson, Watt, Harris	1st	6th all-time	Sun Angel Classic	Apr. 9
3:36.23	McNeil, Roberson, Watt, Harris	1st		Desert Heat Classic	April 30
3:37.43	McDonald, Dyer, Moore, Hoyte	1st		Aztec Invitational	Mar. 26
3:47.34	Alexander, Hoyte, Lomeli, Harper	7th		Desert Heat Classic	April 30

SHUTTLE HURDLES RELAY

School Record: 54.34 (Braham-Lawrence, Auzenne, Knight, Ellis, 2017)

Mark	Athlete	Place	Notes	Meet	Date
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POLE VAULT

School Record: 14-09.50 (Bonnie Draxler, 2019)

Mark	Athlete	Place	Notes	Meet	Date
14-03.50	Kaitlin Heri	1st	T-2nd all-time	MW Championships	May 13
14-00.50	Kaitlin Heri	1st	No. 4 all-time	Beach Invitational	April 16
13-10.00	Ashley Callahan	2nd	Freshman class rec.	MW Championships	May 13
13-09.75	Kaitlin Heri	1st	No. 7 all-time	Aztec Invitational	Mar. 26
13-09.25	Ashley Callahan	1st	Ties freshman class rec.	Sun Angel Classic	April 8
13-07.75	Ashley Callahan	1st		San Diego Challenge	Mar. 11
13-07.75	Kaitlin Heri	2nd		San Diego Challenge	Mar. 11
13-05.75	Ashley Callahan	1st		Ross and Sharon Irwin Invitational	Mar. 19
13-05.25	Kaitlin Heri	T-2nd		Sun Angel Classic	April 8
13-03.75	Ashley Callahan	T-3rd		Beach Invitational	April 16
13-03.75	Ashley Callahan	T-2nd		Aztec Invitational	Mar. 26
13-03.75	Corey Friedenbach	T-2nd		Aztec Invitational	Mar. 26
13-01.75	Corey Friedenbach	3rd		San Diego Challenge	Mar. 11
13-01.50	Corey Friedenbach	6th		Sun Angel Classic	April 8
13-00.75	Ashley Callahan	1st		Steve Scott Invitational	April 30
12-11.75	Ashley Callahan	T-14th		NCAA West Prelims	May 26
12-11.75	Corey Friedenbach	T-22nd		NCAA West Prelims	May 26
12-11.75	Kaitlin Heri	T-28th		NCAA West Prelims	May 26
12-11.75	Kaitlin Heri	2nd		Ross and Sharon Irwin Invitational	Mar. 19
12-10.25	Elizabeth Funk	6th		MW Championships	May 13
12-10.00	Elizabeth Funk	T-4th		Aztec Invitational	Mar. 26
12-10.00	Corey Friedenbach	T-10th		Beach Invitational	April 16

OUTDOOR

2022 SDSU TRACK & FIELD PERFORMANCE LIST

12-07.50	Elizabeth Funk	9th		Sun Angel Classic	April 8
12-06.00	Elizabeth Funk	3rd		Ross and Sharon Irwin Invitational	Mar. 19
12-06.00	Corey Friedenbach	4th		Ross and Sharon Irwin Invitational	Mar. 19
12-05.50	Elizabeth Funk	T-2nd		Steve Scott Invitational	April 30
12-05.50	Kaitlin Heri	T-4th		Steve Scott Invitational	April 30
12-05.50	Corey Friedenbach	T-4th		Steve Scott Invitational	April 30
12-04.00	Elizabeth Funk	T-15th		Beach Invitational	April 16
12-02.00	Elizabeth Funk	6th		San Diego Challenge	Mar. 11
9-10.00	Madison Martin	17th		Aztec Invitational	Mar. 26
9-08.50	Madison Martin	14th		San Diego Challenge	Mar. 11
NH	Corey Friedenbach	NH		MW Championships	May 13

HIGH JUMP

School Record: 5-11.75 (Lori Clark, 1984)

Mark	Athlete	Place	Notes	Meet	Date
5-09.25	Jenna Fee Feyerabend	1st	No. 6 all-time, Fresh. record	Aztec Invitational	Mar. 26
5-09.25	Jenna Fee Feyerabend	1st	No. 6 all-time, Fresh. record	Sun Angel Classic	April 7
5-08.00	Jenna Fee Feyerabend	4th		MW Championships	May 14
5-07.25	Sara Absten	T-1st	heptathlon	Aztec Invitational	Mar. 26
5-07.00	Sara Absten	2nd	heptathlon	Sun Angel Classic	April 7
5-06.00	Jade Canary	5th		Desert Heat Classic	April 30
5-05.25	Jade Canary	T6th		Aztec Invitational	Mar. 26
5-05.25	Jade Canary	4th		Sun Angel Classic	April 8
5-05.00	Thaila Wilson	T-2nd	heptathlon	MW Championships	May 12
5-05.00	Jenna Fee Feyerabend	T-2nd	heptathlon	MW Championships	May 12
5-05.00	Sara Absten	T-2nd	heptathlon	MW Championships	May 12
5-05.00	Jenna Fee Feyerabend	4th	heptathlon	Aztec Invitational	Mar. 26
5-03.75	Sara Absten	2nd		San Diego Challenge	Mar. 11
5-03.25	Jade Canary	T-22nd		Beach Invitational	April 16
5-03.25	Thaila Wilson	T-22nd		Beach Invitational	April 16
5-02.50	Ruthie Grant-Williams	8th	heptathlon	Aztec Invitational	Mar. 26
5-01.25	Ruthie Grant-Williams	T-7th	heptathlon	MW Championships	May 12
5-01.25	Thaila Wilson	4th	heptathlon	Aztec Invitational	Mar. 26
5-01.00	Ruthie Grant Williams	6th	heptathlon	Sun Angel Classic	April 7
4-11.75	Simeone Johnson	7th		San Diego Challenge	Mar. 11
4-07.75	Dejanae Thompson	10th		San Diego Challenge	Mar. 11

LONG JUMP

School Record: 21-09.50 (Karoline Koehler, 2009)

Mark	Athlete	Place	Notes	Meet	Date
19-11.75	Simone Johnson	1st	No. 9 all-time	Aztec Invitational	Mar. 26
19-09.50	Sara Absten	3rd	heptathlon	MW Championships	May 12
19-09.00	Dejanae Thompson	4th		Desert Heat Classic	April 30
19-06.75	Simone Johnson	3rd		MW Championships	May 14
19-06.00	Dejanae Thompson	4th		MW Championships	May 14
19-04.75	Sara Absten	5th		Desert Heat Classic	April 30
19-04.25	Dejanae Thompson	4th		Aztec Invitational	Mar. 26
19-01.25	Vanessa Spizewski	7th		Desert Heat Classic	April 30
19-01.25	Sara Absten	5th		Aztec Invitational	Mar. 26
19-00.50	Simone Johnson	8th		Desert Heat Classic	April 30
18-11.75	Sara Absten	1st	heptathlon	Sun Angel Classic	April 8
18-11.75	Dejanae Thompson	4th		Sun Angel Classic	April 9
18-10.75	Jenna Fee Feyerabend	10th		Desert Heat Classic	April 30
18-10.00	Dejanae Thompson	12th		Beach Invitational	April 16
18-09.75	Vanessa Spizewski	7th		Aztec Invitational	Mar. 26
18-09.25	Jenna Fee Feyerabend	4th	heptathlon	MW Championships	May 12
18-08.50	Jenna Fee Feyerabend	2nd	heptathlon	Sun Angel Classic	April 8
18-08.00	Vanessa Spizewski	6th		Sun Angel Classic	April 9
18-07.75	Jenna Fee Feyerabend	9th		Aztec Invitational	Mar. 26
18-05.75	Vanessa Spizewski	12th		MW Championships	May 13
18-05.75	Vanessa Spizewski	18th		Beach Invitational	April 16
18-03.25	Sara Absten	15th		MW Championships	May 13
18-01.75	Thaila Wilson	7th	heptathlon	MW Championships	May 12
17-11.00	Thaila Wilson	23rd		Desert Heat Classic	April 30
16-05.75	Ruthie Grant-Williams	26th		Desert Heat Classic	April 30
16-01.50	Ruthie Grant-Williams	13th	heptathlon	MW Championships	May 12
15-11.50	Ruthie Grant-Williams	5th	heptathlon	Aztec Invitational	Mar. 26
15-11.50	Jade Canary	15th		Sun Angel Classic	April 9
15-09.50	Ruthie Grant-Williams	8th		San Diego Challenge	Mar. 11
14-08.75	Ruthie Grant-Williams	9th	heptathlon	Sun Angel Classic	April 8

TRIPLE JUMP

School Record: 46-05.00 (Shanieka Thomas, 2013)

Mark	Athlete	Place	Notes	Meet	Date
42-07.00	Simone Johnson	1st	No. 5 all-time	Sun Angel Classic	April 9
42-04.75	Simone Johnson	1st		MW Championships	May 14
40-01.25	Simone Johnson	2nd		Aztec Invitational	Mar. 26
39-03.00	Vanessa Spizewski	6th		Desert Heat Classic	April 30
39-01.75	Vanessa Spizewski	11th		MW Championships	May 14
38-05.50	Jade Canary	9th		Desert Heat Classic	April 30
37-04.00	Vanessa Spizewski	9th		Sun Angel Classic	April 9
34-11.25	Dejanae Thompson	16th		Aztec Invitational	Mar. 26

SHOT PUT

School Record: 58-03.50 (Ramona Pagel, 1984)

Mark	Athlete	Place	Notes	Meet	Date
43-04	Felicia Crenshaw	44th		Beach Invitational	April 16
43-03	Erica Grotegeer	11th		Aztec Invitational	Mar. 26
43-02.25	Felicia Crenshaw	11th		MW Championships	May 14
42-11.75	Onyi Anigbogu	1st		San Diego Challenge	Mar. 11
42-07.50	Jenna Fee Feyerabend	1st	heptathlon	MW Championships	May 12
42-04.00	Jenna Fee Feyerabend	1st	heptathlon	Aztec Invitational	Mar. 26
42-03.25	Erica Grotegeer	12th		Triton Invitational	April 9
41-10.50	Felicia Crenshaw	3rd		San Diego Challenge	Mar. 11
41-09.25	Erica Grotegeer	4th		San Diego Challenge	Mar. 11
41-05.25	Erica Grotegeer	52nd		Beach Invitational	April 16
41-03.25	Felicia Crenshaw	13th		Triton Invitational	April 9
40-06.00	Felicia Crenshaw	18th		Desert Heat Classic	April 30
40-06.00	Jenna Fee Feyerabend	5th		San Diego Challenge	Mar. 11
40-00.50	Jenna Fee Feyerabend	4th	heptathlon	Sun Angel Classic	April 7
39-07.75	Onyi Anigbogu	15th		Aztec Invitational	Mar. 26
39-03.00	Felicia Crenshaw	16th		Aztec Invitational	Mar. 26
39-02.50	Sara Absten	4th	heptathlon	MW Championships	May 12
37-07.25	Thaila Wilson	21st		Desert Heat Classic	April 30
37-06.75	Sara Absten	7th	heptathlon	Sun Angel Classic	April 7
36-09.75	Thaila Wilson	21st		Triton Invitational	April 9
36-08.50	Thaila Wilson	2nd	heptathlon	Aztec Invitational	Mar. 26
36-02.00	Thaila Wilson	7th	heptathlon	MW Championships	May 12
35-10.75	Sara Absten	3rd	heptathlon	Aztec Invitational	Mar. 26
33-09.50	Ruthie Grant-Williams	6th	heptathlon	Sun Angel Classic	April 7
33-04.00	Ruthie Grant-Williams	9th	heptathlon	MW Championships	May 12
33-00.25	Ruthie Grant-Williams	6th	heptathlon	Aztec Invitational	Mar. 26
31-06.00	Ruthie Grant-Williams	10th		San Diego Challenge	Mar. 11

DISCUS THROW

School Record: 196-10 (Whitney Ashley, 2012)

Mark	Athlete	Place	Notes	Meet	Date
169-06	Erica Grotegeer	9th	No. 9 all-time	Beach Invitational	April 16
162-05	Erica Grotegeer	11th		Aztec Invitational	Mar. 26
159-03	Felicia Crenshaw	6th		MW Championships	May 14
158-09	Erica Grotegeer	1st		San Diego Challenge	Mar. 11
157-01	Erica Grotegeer	7th		MW Championships	May 14
156-06	Felicia Crenshaw	22nd		Beach Invitational	April 16
155-11	Felicia Crenshaw	13th		Desert Heat Classic	April 30
152-10	Felicia Crenshaw	2nd		San Diego Challenge	Mar. 11
152-08	Felicia Crenshaw	12th		Aztec Invitational	Mar. 26
149-11	Felicia Crenshaw	5th		Triton Invitational	April 8
122-10	Onyi Anigbogu	3rd		San Diego Challenge	Mar. 11
113-10	Onyi Anigbogu	23rd		Aztec Invitational	Mar. 26

HAMMER THROW

School Record: 196-10 (Whitney Ashley, 2012)

Mark	Athlete	Place	Notes	Meet	Date
154-11	Zoe Brosch	13th		Triton Invitational	April 8
154-06	Felicia Crenshaw	14th		Triton Invitational	April 8
151-01	Felicia Crenshaw	3rd		San Diego Challenge	Mar. 11
146-05	Zoe Brosch	21st		Desert Heat Classic	April 30
143-00	Felicia Crenshaw	11th		Aztec Invitational	Mar. 26
141-00	Zoe Brosch	5th		San Diego Challenge	Mar. 11

JAVELIN THROW

School Record: 160-05.25 (Niki Oudenaarden, 2014)

OUTDOOR**2022 SDSU TRACK & FIELD PERFORMANCE LIST**

Mark	Athlete	Place	Notes	Meet	Date
152-09	Thaila Wilson	1st	No. 1 all-time, hep.	MW Championships	May 12
146-08	Thaila Wilson	2nd	No. 6 all-time	Triton Invitational	April 9
130-07	Jenna Fee Feyerabend	2nd	heptathlon	Sun Angel Classic	April 8
130-04	Thaila Wilson	2nd	heptathlon	Aztec Invitational	Mar. 26
120-00	Thaila Wilson	13th		MW Championships	May 14
119-11	Jenna Fee Feyerabend	15th		Aztec Invitational	Mar. 26
119-09	Jenna Fee Feyerabend	4th	heptathlon	MW Championships	May 12
115-08	Jenna Fee Feyerabend	4th		San Diego Challenge	Mar. 11
96-07	Ruthie Grant-Williams	7th	heptathlon	MW Championships	May 12
96-07	Ruthie Grant-Williams	7th	heptathlon	Aztec Invitational	Mar. 26
96-07	Ruthie Grant-Williams	8th	heptathlon	Sun Angel Classic	April 8
89-03	Sara Absten	9th	heptathlon	Sun Angel Classic	April 8
87-06	Sara Absten	12th	heptathlon	MW Championships	May 12
83-08	Sara Absten	10th		Aztec Invitational	Mar. 26
80-11	Sara Absten	21st		Aztec Invitational	Mar. 26

HEPTATHLON

School Record: 5,917 (Allison Reaser, 2014)

Points	Athlete	Place	Notes	Meet	Date
5,509	Jenna Fee Feyerabend	1st	No. 6 all-time	Sun Angel Classic	April 7
5,503	Sara Absten	2nd	No. 7 all-time	MW Championships	May 12
5,407	Jenna Fee Feyerabend	3rd		MW Championships	May 12
5,400	Sara Absten	3rd		Sun Angel Classic	April 7
4,882	Thaila Wilson	5th		MW Championships	May 12
4,378	Ruthie Grant-Williams	4th		Aztec Invitational	Mar. 26
4,278	Ruthie Grant-Williams	7th		Sun Angel Classic	April 8
3,774	Ruthie Grant-Williams	12th		MW Championships	May 12
3,423	Thaila Wilson	8th		Aztec Invitational	Mar. 26

INDOOR

2022 SDSU TRACK & FIELD PERFORMANCE LIST

5-05.75	Jenna Feyerabend	14th	T-No. 8 in school history	Texas Tech Open	Jan. 29
5-05.75	Jenna Feyerabend	T-4th	Pent.	MW Indoor Championships	Feb. 24
5-05.75	Jenna Feyerabend	T-4th	Pent.	UNM Collegiate Classic	Feb. 4
5-04.50	Sara Absten	T-7th	Pent.	UNM Collegiate Classic	Feb. 4
5-04.25	Jade Canary	T-21st		Don Kirby Elite Invitational	Feb. 11
5-03.25	Ruthie Grant-Williams	10th	Pent.	UNM Collegiate Classic	Feb. 4
5-03.25	Jenna Feyerabend	T-6th	Pent.	MW Indoor Championships	Feb. 24
5-02.25	Ruthie Grant-Williams	T-9th	Pent.	MW Indoor Championships	Feb. 24
5-01.25	Jade Canary	7th		UNM Collegiate Classic	Feb. 4
NH	Jade Canary	---		Texas Tech Open	Jan. 29
NH	Ruthie Grant-Williams	---		Texas Tech Open	Jan. 29

LONG JUMP

School Record: 21-07.50 (Karoline Koehler, 2010)

Mark	Athlete	Place	Notes	Meet	Date
20-01.50	Dejanae Thompson	3rd		MW Indoor Championships	Feb. 24
19-04.25	Sara Absten	1st	Pent.; No. 10 in SDSU history,	UNM Coll. Classic	Feb. 4
19-01.50	Dejanae Thompson	16th		Don Kirby Elite Invitational	Feb. 11
19-01.25	Sara Absten	3rd	Pent.	MW Indoor Championships	Feb. 24
19-00.00	Vanessa Spizewski	8th		MW Indoor Championships	Feb. 25
18-09.25	Vanessa Spizewski	13th		Texas Tech Open	Jan. 28
18-09.25	Sara Absten	11th		MW Indoor Championships	Feb. 25
18-09.00	Vanessa Spizewski	18th		Don Kirby Elite Invitational	Feb. 11
18-07.25	Jenna Feyerabend	4th	Pent.	MW Indoor Championships	Feb. 24
18-04.50	Sara Absten	23rd		Don Kirby Elite Invitational	Feb. 11
18-03.25	Jenna Feyerabend	26th		Don Kirby Elite Invitational	Feb. 11
17-11.50	Jenna Feyerabend	6th	Pent.	UNM Collegiate Classic	Feb. 4
17-10.25	Vanessa Spizewski	11th		UNM Collegiate Classic	Feb. 4
16-07.25	Ruthie Grant-Williams	9th	Pent.	UNM Collegiate Classic	Feb. 4
16-05.25	Ruthie Grant-Williams	13th	Pent.	MW Indoor Championships	Feb. 24
FOUL	Dejanae Thompson	--		UNM Collegiate Classic	Feb. 4
FOUL	Simone Johnson	--		UNM Collegiate Classic	Feb. 4
FOUL	Simone Johnson	--		Don Kirby Elite Invitational	Feb. 11

TRIPLE JUMP

School Record: 46-02.50 (Shanieka Thomas, 2013)

Mark	Athlete	Place	Notes	Meet	Date
43-03.25	Simone Johnson	2nd	No. 4 in SDSU History,	MW Indoor Championships	Feb. 26
40-07.00	Simone Johnson	7th	No. 6 in SDSU History	Don Kirby Invitational	Feb. 12
40-02.75	Simone Johnson	9th		UNM Collegiate Classic	Feb. 5
37-10.75	Dejanae Thompson	12th		UNM Collegiate Classic	Feb. 5
37-08.00	Jade Canary	13th		MW Indoor Championships	Feb. 26
36-11.50	Jade Canary	31st		Don Kirby Elite Invitational	Feb. 12
36-09.50	Jade Canary	16th		UNM Collegiate Classic	Feb. 5
FOUL	Dejanae Thompson	--		Don Kirby Elite Invitational	Feb. 12

SHOT PUT

School Record: 55-07.50 (Whitney Ashley, 2012)

Mark	Athlete	Place	Notes	Meet	Date
46-08.75	Jordyn Bryant	12th	No. 7 in SDSU History	Don Kirby Invitational	Feb. 12
45-04.75	Jordyn Bryant	2nd		UNM Collegiate Classic	Feb. 5
43-10.75	Onyi Anigbogu	4th		UNM Collegiate Classic	Feb. 5
42-11.00	Onyi Anigbogu	8th	B Section	Texas Tech Open	Jan. 29
42-05.25	Jenna Feyerabend	1st	Pent.	MW Indoor Championships	Feb. 24
42-00.75	Onyi Anigbogu	12th		MW Indoor Championships	Feb. 25
41-09.75	Onyi Anigbogu	27th		Don Kirby Elite Invitational	Feb. 12
40-09.00	Jenna Feyerabend	1st	Pent.	UNM Collegiate Classic	Feb. 4
38-03.50	Jenna Fee Feyerabend	35th		Don Kirby Elite Invitational	Feb. 12
37-06.00	Sara Absten	5th	Pent.	MW Indoor Championships	Feb. 24
35-02.50	Ruthie Grant-Williams	6th	Pent.	UNM Collegiate Classic	Feb. 4
34-06.25	Ruthie Grant-Williams	9th	Pent.	MW Indoor Championships	Feb. 24
33-06.00	Sara Absten	10th	Pent.	UNM Collegiate Classic	Feb. 4

WEIGHT THROW

School Record: 66-01.00 (Jasmine Burrell, 2014)

Mark	Athlete	Place	Notes	Meet	Date
55-02.00	Jordyn Bryant	15th	No. 6 in SDSU History	Don Kirby Invitational	Feb. 11
52-01.00	Jordyn Bryant	6th		UNM Collegiate Classic	Feb. 4
47-10.50	Felicia Crenshaw	10th	B Section	Texas Tech Open	Jan. 28

DISTANCE MEDLEY

School Record:

Time	Team	Place	Notes	Meet	Date
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PENTATHLON

School Record: 4,145 (Allison Reaser, 2014)

Mark	Athlete	Place	Notes	Meet	Date
4,039	Sara Absten	1st	No. 3 in SDSU history,	MW Indoor Championships	Feb. 24
3,882	Jenna Fee Feyerabend	3rd	No. 6 in SDSU history,	MW Indoor Championships	Feb. 24
3,851	Sara Absten	3rd	No. 7 in SDSU history,	UNM Collegiate Classic	Feb. 4
3,740	Jenna Fee Feyerabend	5th	No. 9 in SDSU history,	UNM Collegiate Classic	Feb. 4
3,181	Ruthie Grant-Williams	7th		UNM Collegiate Classic	Feb. 4