

2022 Men's & Women's Outdoor Track & Field Championships
Schedule of Events

Veteran's Memorial Stadium – Clovis, CA

Wednesday, May 11

3:30 p.m. Women's Heptathlon (100 Hurdles, High Jump, Shot Put, 200 Meters)
4:00 p.m. Men's Decathlon (100 Meters, Long Jump, Shot Put, High Jump, 400 Meters)

Thursday, May 12

1:00 p.m. Championship Coaches Meeting via Zoom
4:00 p.m. Women's Heptathlon (Long Jump, Javelin, 800 Meters)
4:30 p.m. Men's Decathlon (110 Hurdles, Discus, Pole Vault, Javelin, 1500 Meters)
9:30 p.m. Women's 10,000 Meters Finals
10:10 p.m. Men's 10,000 Meters Finals

Friday, May 13

Field Events

2:00 p.m.	Men's Hammer	Trials & Finals
3:00 p.m.	Women's Long Jump	Trials & Finals
3:00 p.m.	Men's Long Jump	Trials & Finals
4:30 p.m.	Women's Hammer	Trials & Finals
5:00 p.m.	Women's Pole Vault	Finals
6:00 p.m.	Men's High Jump	Finals
6:00 p.m.	Men's Shot Put	Trials & Finals
7:00 p.m.	Women's Shot Put	Trials & Finals

Track Events

5:00 p.m.	Women's 1500 Meters	Qualifying
5:15 p.m.	Men's 1500 Meters	Qualifying
5:30 p.m.	Women's 100 Hurdles	Qualifying
5:45 p.m.	Men's 110 Hurdles	Qualifying
6:00 p.m.	Women's 400 Meters	Qualifying
6:10 p.m.	Men's 400 Meters	Qualifying
6:20 p.m.	Women's 100 Meters	Qualifying
6:30 p.m.	Men's 100 Meters	Qualifying
6:40 p.m.	Women's 800 Meters	Qualifying
6:55 p.m.	Men's 800 Meters	Qualifying
7:10 p.m.	Women's 400 Hurdles	Qualifying
7:25 p.m.	Men's 400 Hurdles	Qualifying
7:40 p.m.	Women's 200 Meters	Qualifying
7:55 p.m.	Men's 200 Meters	Qualifying
8:10 p.m.	Women's Steeplechase	Finals
8:30 p.m.	Men's Steeplechase	Finals

Continued

Saturday, May 14

Field Events

2:00 p.m.	Women's Discus	Trials & Finals
3:00 p.m.	Men's Javelin	Trials & Finals
4:00 p.m.	Men's Triple Jump	Trials & Finals
4:00 p.m.	Women's Triple Jump	Trials & Finals
5:00 p.m.	Men's Pole Vault	Finals
5:00 p.m.	Men's Discus	Trials & Finals
6:00 p.m.	Women's High Jump	Finals
6:00 p.m.	Women's Javelin	Trials & Finals

Track Events

5:15 p.m.	Women's 4x100 Relay	Finals
5:25 p.m.	Men's 4x100 Relay	Finals
5:35 p.m.	Women's 1500 Meters	Finals
5:45 p.m.	Men's 1500 Meters	Finals
5:55 p.m.	Women's 100 Hurdles	Finals
6:05 p.m.	Men's 110 Hurdles	Finals
6:15 p.m.	Women's 400 Meters	Finals
6:25 p.m.	Men's 400 Meters	Finals
6:35 p.m.	Women's 100 Meters	Finals
6:45 p.m.	Men's 100 Meters	Finals
6:55 p.m.	Women's 800 Meters	Finals
7:05 p.m.	Men's 800 Meters	Finals
7:15 p.m.	Women's 400 Hurdles	Finals
7:25 p.m.	Men's 400 Hurdles	Finals
7:35 p.m.	Women's 200 Meters	Finals
7:45 p.m.	Men's 200 Meters	Finals
7:55 p.m.	Women's 5000 Meters	Finals
8:20 p.m.	Men's 5000 Meters	Finals
8:45 p.m.	Women's 4x400 Relay	Finals
8:55 p.m.	Men's 4x400 Relay	Finals