



2022 SAN DIEGO STATE TRACK & FIELD

2022 Schedule

December

4 Red-Black All-Comers Meet SDSU

January

28-29 Texas Tech Open & Multi's TTU

February

4-5 NM Collegiate Classic UNM

11-12 Don Kirby Elite Invitational UNM

24-26 MW Indoor Champs UNM

March

11 Astro Al Distance Classic CSF

11-12 NCAA Indoor Championships UAB

12 San Diego Collegiate Challenge UCSD

19 Ross & Sharon Irwin Invitational PLNU

19 Franson Classic APU

24-26 Aztec Invitational SDSU

April

7-9 Jim Click Shootout & Multi's UofA

8-9 Triton Invitational UCSD

13-15 Brian Clay Invitational APU

14 Pacific Coast Intercollegiate LBSU

13-16 Mt. Sac Invitational Mt. Sac

14-16 Beach Invitational LBSU

29-30 Steve Scott Invitational UCI

30 Desert Heat Classic UofA

May

7 Oxy Invitational Oxy

11-14 MW Outdoor Champs Clovis, Calif.

27-28 NCAA West Prelims Ark

June

9 & 11 NCAA Outdoor Champs Oregon

This Week's Entries

60m Dash

Alexus Alexander
Jalyn Harris
Vanessa Spizewski

200m Dash

Alexus Alexander
Jalyn Harris
Rhea Hoyte
Sakura Roberson
Aisha Watt

400m Dash

Rhea Hoyte
Sakura Roberson

800m Run

Lauren Harper
Alex Lomeli

One Mile Run

Emily Burd
Carlene Masar

60m Hurdles

Sara Absten
Danae Dyer
Jenna Fee Feyerabend
Destiny Washington

4x400m Relay

Harris, Roberson,
Watt, Hoyte (A)

Pole Vault

Ashley Callahan
Corey Friedenbach
Elizabeth Funk
Kaitlin Heri

High Jump

Jade Cany

Long Jump

Sara Absten
Jenna Fee Feyerabend
Simone Johnson
Vanessa Spizewski
Dejanae Thompson

Triple Jump

Jade Cany
Simone Johnson
Dejanae Thompson

Shot Put

Onyi Anigbogu
Jordyn Bryant
Jenna Fee Feyerabend

Weight Throw

Jordyn Bryant

Meet Week Preview

Don Kirby Elite Invitational – February 11-12

Albuquerque, N.M. – Albuquerque Convention Center

Streaming on FloTrack (subscription required)

SAN DIEGO – The Aztec track and field team competes at the Don Kirby Elite Invitational this weekend, their second of three consecutive meets at the Albuquerque Convention Center. The meet will be streamed on FloTrack, which requires a \$30 monthly subscription.

The meet gets started Friday with the long jump at 2 p.m. PT and the other field events will be the weight throw (3 p.m. PT) and the high jump with the seeded portion at 3 p.m. PT and unseeded at 6 p.m. PT. The first running event is the unseeded 200m at 4:20 p.m. PT with the seeded 200m being run at 6:10 p.m. PT.

On Saturday, the first SDSU event is the 60m hurdles qualifying round at 9 a.m. PT where the top eight times will advance to the semifinals which is run at 10:55 a.m. PT and the finals are at 12:20 p.m. PT. The 60m dash qualifying round is at 9:40 a.m. PT and the semifinals are at 11:15 a.m. PT and the finals are at 1:10 p.m. PT. The remaining track schedule is the mile at 11:45 a.m. PT, the 400m at 12:35 p.m. PT, the 800m at 1:30 p.m. PT and the 4x400m relay at 1:50 p.m.. Saturday's field events are the shot put (9 a.m. PT), pole vault (B section at 9 a.m. PT, A section at 12 p.m. PT), and the triple jump (9:30 a.m. PT).

Aztec Tidbits

- Five Aztecs will be making their 2022 debut this weekend: Emily Burd (one mile), Lauren Harper (800m run), Alex Lomeli (800m run), Carlene Masar (one mile) and Destiny Washington (60m hurdles).

- Through just two meets this season, the Aztecs have already added 12 marks to their indoor record book's top ten. Last week at the UNM Collegiate Classic Jade Cany (4th, 41-08.75) and Simone Johnson (8th, 40-02.75) qualified in the triple jump, Sara Absten had the sixth best pentathlon score (3,851 points) and 10th best long jump (19-04.25) and Jenna Fee Feyerabend had the ninth best pentathlon score (3,740 points) and tied her mark in the high jump of 5-05.75 which is the eighth best. Jordyn Bryant had the ninth best mark in shot put (45-03.75) and weight throw (52-01.00) and Ashley Callahan had the ninth best indoor pole vault mark (13-07.75).

- Callahan's vault of 13-07.75 (4.16m) was less than an inch away from the SDSU freshman record set by Bonnie Draxler.

- For the second straight week, the Aztecs had a 4x400m relay team record a top ten mark. Jalyn Harris, Aisha Watt, Rhea Hoyte and Nyjari McNeil finished in 3:41.25, good for sixth all-time. Hoyte, Harris and McNeil, along with Sakura Roberson finished in 3:39.44, the second best mark, the week prior at the Texas Tech Open.

- In the Texas Tech Open, Jada Moore ran the 60m dash in 7.442 seconds, the eighth fastest time in program history. She also set a new PR in the 200m dash (24.08).

Season Preview Notes

- The Aztecs won the Mountain West Outdoor Championship last year with 161 points, their most in the Outdoor Championships since 2013.

- SDSU has won three of the last four and five of the last eight MW Outdoor Championships.

- Head Coach Shelia Burrell won her fifth Mountain West Coach of the Year award last season.

- SDSU won seven gold medals at the Mountain West Outdoor Championships last year. Jada Moore won three golds (100m, 200m and 4x100m relay).

- The Aztecs had 14 All-Mountain West honorees last season and return 13 of them, losing only Maya Brosch (400m hurdles & 4x400m relay) to graduation.

- The SDSU 4x100m relay team qualified for the NCAA Outdoor Championships last year and all four runners return (Danae Dyer, Tai McDonald, Jada Moore and Aisha Watt). The Aztecs have had a representative in 23 of the last 24 NCAA Outdoor Championships.

Roster Breakdown

By Class

Seniors (6)

Anaya Alexander, Emily Burd, Delaney Fields, Jalyn Harris, Kaitlin Heri, Sakura Roberson

Juniors (20)

Sara Absten, Alysia Allen, Jordyn Bryant, Jade Cany, Carina Clark, Paige Comiso, Felicia Crenshaw, Isabelle Davis, Danae Dyer, Corey Friedenbach, Erica Grotegeer, Taylor Lustyan, Carlene Masar, Tai McDonald, Nyjari McNeil, Natalie Regalado, Naomi Smitham, Vanessa Spizewski, Dejanae Thompson, Destiny Washington

Sophomores (16)

Alexus Alexander, Onyi Anigbogu, Amber Elias, Elizabeth Funk, Ruthie Grant-Williams, Lauren Harper Rhea Hoyte, Jazmin Jackson, Simone Johnson, Jessica Kain, Alex Lomeli, Jada Moore, Sierra Roberson, Aisha Watt, Bailey Watts, Thaila Wilson

Freshmen (8)

Zoe Brosch, Vanessa Cabello, Ashley Callahan, Jenna Fee Feyerabend, Shaquena Foote, Kennedy Jennings, Madison Martin, Nicole Meyer

By Home State/Country

California (37) - Alexis Alexander, Anaya Alexander, Onyi Anigbogu, Zoe Brosch, Jordyn Bryant, Vanessa Cabello, Ashley Callahan, Jade Cany, Paige Comiso, Felicia Crenshaw, Isabelle Davis, Danae Dyer, Amber Elias, Corey Friedenbach, Elizabeth Funk, Ruthie Grant-Williams, Erica Grotegeer, Lauren Harper, Jalyn Harris, Kaitlin Heri, Jazmin Jackson, Kennedy Jennings, Simone Johnson, Jessica Kain, Alex Lomeli, Taylor Lustyan, Carlene Masar, Tai McDonald, Nicole Meyer, Natalie Regalado, Sakura Roberson, Sierra Roberson, Naomi Smitham, Vanessa Spizewski, Dejanae Thompson, Destiny Washington, Bailey Watts

Washington (2) - Sara Absten, Aisha Watt

Jamaica (2) - Shaquena Foote, Thaila Wilson

Barbados (1) - Rhea Hoyte

Connecticut (1) - Madison Martin

Germany (1) - Jenna Fee Feyerabend

Florida (1) - Carina Clark

Maryland (1) - Nyjari McNeil

Missouri (1) - Jada Moore

Nevada (1) - Alysia Allen

Oregon (1) - Delaney Fields

Pennsylvania (1) - Emily Burd

By Event Group

Distance (10)

Emily Burd, Vanessa Cabello, Paige Comiso, Isabelle Davis, Amber Elias, Taylor Lustyan, Carlene Masar, Nicole Meyer, Naomi Smitham, Bailey Watts

Hurdles (6)

Carina Clark, Danae Dyer, Rhea Hoyte, Shaquena Foote, Jazmin Jackson, Destiny Washington

Jumps (7)

Jade Cany, Jenna Feyerabend, Jazmin Jackson, Simone Johnson, Vanessa Spizewski, Dejanae Thompson, Thaila Wilson

Mid-Distance (11)

Emily Burd, Shaquena Foote, Lauren Harper, Kennedy Jennings, Jessica Kain, Alex Lomeli, Nyjari McNeil, Natalie Regalado, Sakura Roberson, Sierra Roberson, Bailey Watts

Multi's (4)

Sara Absten, Jenna Fee Feyerabend, Ruthie Grant-Williams, Thaila Wilson

Pole Vault (6)

Alysia Allen, Ashley Callahan, Corey Friedenbach, Elizabeth Funk, Kaitlin Heri, Madison Martin

Sprints (12)

Alexus Alexander, Anaya Alexander, Carina Clark, Danae Dyer, Shaquena Foote, Jalyn Harris, Rhea Hoyte, Simone Johnson, Tai McDonald, Jada Moore, Vanessa Spizewski, Aisha Watt

Throws (5)

Onyi Anigbogu, Zoe Brosch, Jordyn Bryant, Felicia Crenshaw, Erica Grotegeer

2022 SDSU Track and Field Roster

Name	Events	Yr.	Hometown (Previous School)
Sara Absten	Multi's	Jr.	Burlington, Wash. (IMG Academy)
Alexus Alexander	Sprints	So.	Compton, Calif. (Lakewood High)
Anaya Alexander	Sprints	Sr.	Walnut Creek, Calif. (Las Lomas High)
Alysia Allen	Pole Vault	Jr.	Reno, Nev. (Reed High)
Onyi Anigbogu	Throws	So.	Corona, Calif. (Santiago HS)
Zoe Brosch	Throws	Fr.	South Lake Tahoe, Calif. (South Tahoe High)
Jordyn Bryant	Throws	Jr.	Oakland, Calif. (Miramonte High)
Emily Burd	Mid-Distance/Distance	Sr.	Havertown, Pa. (Pittsburgh)
Vanessa Cabello	Distance	Fr.	Los Altos, Calif. (Saint Francis High)
Ashley Callahan	Pole Vault	Fr.	Escondido, Calif. (Rancho Bernardo High)
Jade Cany	Jumps	Jr.	San Diego, Calif. (Sacramento State)
Carina Clark	Sprints/Hurdles	Jr.	Winter Springs, Fla. (Winter Springs High)
Paige Comiso	Distance	Jr.	San Jose, Calif. (Presentation High)
Felicia Crenshaw	Throws	Jr.	Costa Mesa, Calif. (Costa Mesa High)
Isabelle Davis	Distance	Jr.	San Diego, Calif. (Del Norte High)
Danae Dyer	Sprints/Hurdles	Jr.	Temecula, Calif. (Temecula Valley High)
Amber Elias	Distance	So.	Napa, Calif. (Vintage HS)
Jenna Fee Feyerabend	Multi's/Jumps	Fr.	Gross-Gerau, Germany (Carl-Von-Weinberg Schule)
Delaney Fields	Pole Vault	Sr.	Eugene, Ore. (Lane CC)
Shaquena Foote	Sprints/Hurdles/Mid	Fr.	Westmoreland, Jamaica (Petersfield HS)
Corey Friedenbach	Pole Vault	Jr.	Santa Cruz, Calif. (Air Force)
Elizabeth Funk	Pole Vault	So.	Fresno, Calif. (Clovis West High)
Ruthie Grant-Williams	Multi's	So.	Coronado, Calif. (Coronado High)
Erica Grotegeer	Throws	Jr.	Plumas Lake, Calif. (Wheatland Union High)
Lauren Harper	Mid-Distance	So.	Weaverville, Calif. (Trinity High)
Jalyn Harris	Sprints	Sr.	Rancho Cucamonga, Calif. (Rancho Cucamonga High)
Kaitlin Heri	Pole Vault	Sr.	Redondo Beach, Calif. (Redondo Union High)
Rhea Hoyte	Sprints/Hurdles	So.	St. Michael, Barbados (The St. Michael School)
Jazmin Jackson	Hurdles/Jumps	So.	Thousand Oaks, Calif. (Chaminade College Prep)
Kennedy Jennings	Mid-Distance	Fr.	Fresno, Calif. (Edison High)
Simone Johnson	Sprints/Jumps	So.	Fresno, Calif. (Central High)
Jessica Kain	Mid-Distance	So.	Scotts Valley, Calif. (Scotts Valley High)
Alex Lomeli	Mid-Distance	So.	Los Angeles, Calif. (Notre Dame Academy High)
Taylor Lustyan	Distance	Jr.	Clovis, Calif. (Chico State)
Madison Martin	Pole Vault	Fr.	Waterford, Conn. (Norwich Free Academy)
Carlene Masar	Distance	Jr.	Jamul, Calif. (Steele Canyon High)
Tai McDonald	Sprints	Jr.	Sacramento, Calif. (Sheldon High)
Nyjari McNeil	Mid-Distance	Jr.	Reisterstown, Md. (Franklin High)
Nicole Meyer	Distance	Fr.	Orange, Calif. (Orange Lutheran High)
Jada Moore	Sprints	So.	St. Louis, Mo. (Pattonville High)
Natalie Regalado	Mid-Distance	Jr.	Lake Forest, Calif. (Trabuco Hills High)
Sakura Roberson	Mid-Distance	Sr.	San Diego, Calif. (La Jolla High)
Sierra Roberson	Mid-Distance	So.	San Diego, Calif. (Cal State San Marcos)
Naomi Smitham	Distance	Jr.	San Diego, Calif. (Canyon Crest Academy)
Vanessa Spizewski	Sprints/Jumps	Jr.	San Diego, Calif. (Rancho Buena Vista High)
Dejanae Thompson	Jumps	Jr.	San Diego, Calif. (Morse High)
Aisha Watt	Sprints	So.	Seattle, Wash. (Seattle Prep)
Bailey Watts	Mid-Distance/Distance	So.	Foothill Ranch, Calif. (Trabuco Hills HS)
Thaila Wilson	Multi's/Jumps	So.	St. Catherine, Jamaica (Hydel High)

Coaching Staff

Head Coach: Shelia Burrell (UCLA, 1995), 13th season

Assistant Coach/Recruiting Coordinator: Alrick Munroe (Wayland Baptist Univ., 1988), Ninth season

Assistant Coach (Throws)/Director of Operations: Jesse Chapman (UConn, 2014), Second season

Assistant Coach (Cross Country/Distance): Robert Lusitana (San Diego State, 1982), Fifth season

Assistant Coach (Pole Vault): Richard Fox (San Diego State, 1992), 27th season

Assistant Coach (Jumps): Craig Poole (Utah, 1970), Fifth season

Assistant Coach: Brad Johnson

Assistant Coach (Throws): Jasmine Burrell (San Diego State, 2015), Second season

2022 SDSU TRACK & FIELD PERFORMANCE LIST

KEY: sr - school record; (number) - top-10 school ranking; qp - qualifying prelims; p - preliminaries; h - heats; 1r - first round; q - quarterfinals; s - semifinals; f - finals; i - invite; ei - elite invite; o - open; b - "b" section; se - seeded; u - unseeded; co - college; ch - championships; pn - pentathlon; hp - heptathlon; a - altitude; w - wind aided (> 2.0 meters/second); conv - converted from 4x400-yard relay; **Note that all personal records (PR) are collegiate personal records**

Sara Absten

5-7 | Jr. | Burlington, Wash. | IMG Academy
INDOOR SEASON

800 Meter (PR: 2:23.67 (Jan. 31, 2020))			
2:25.23 (pn, a)	3rd	UNM Collegiate Classic	Feb. 4
60-Meter Hurdles (PR: 8.78 (Jan. 28, 2022))			
8.78 (q, a)	13th	Texas Tech Open	Jan. 28
8.804 (s, a)	18th	Texas Tech Open	Jan. 28
8.80 (pn, a)	5th	UNM Collegiate Classic	Feb. 4
High Jump (PR: 5-05.75 (Jan. 31, 2020))			
5-04.50 (pn)	T-7th	UNM Collegiate Classic	Feb. 4
Long Jump (PR: 19-04.25 (Feb. 4, 2022))			
19-04.25 (10, pn)	1st	UNM Collegiate Classic	Feb. 4
Pentathlon (PR: 3,851 (Feb. 4, 2022))			
3,851 (6, a)	3rd	UNM Collegiate Classic	Feb. 4
Shot Put (PR: 34-01.50 (Feb. 27, 2020))			
33-06.00 (pn)	10th	UNM Collegiate Classic	Feb. 4
4x400 Meter Relay			
4:00.39 (a)	18th	Texas Tech Open	Jan. 29
OUTDOOR SEASON			
800 Meter (PR: 2:21.27 (May 9, 2019))			
100-Meter Hurdles (PR: 14.50 (Feb. 25, 2021))			
High Jump (PR: 5-05.75 (March 25, 2021))			
Long Jump (PR: 18-10.50 (April 27, 2019))			
Shot Put Outdoor (PR: 36-07.50 (May 13, 2021))			
Javelin Throw (PR: 80-1 (May 14, 2021))			
Heptathlon: (PR: 4,947 (May 14, 2021))			

Alexus Alexander

5-7 | So. | Compton, Calif. | Lakewood HS
INDOOR SEASON

60 Meters (PR: 7.54 (Feb. 28, 2020))			
7.642 (q, a)	18th	Texas Tech Open	Jan. 28
7.62 (s, a)	17th	Texas Tech Open	Jan. 28
7.644 (p, a)	9th	UNM Collegiate Classic	Feb. 5
200 Meter (PR: 24.97 (Feb. 8, 2020))			
24.973 (u, a)	5th	UNM Collegiate Classic	Feb. 4
4x400 Meter Relay			
3:49.27 (a)	9th	Texas Tech Open	Jan. 29
OUTDOOR SEASON			
100 Meter Dash (PR: 12.00 (March 27, 2021))			
200 Meter Dash (PR: 25.04 (April 30, 2021))			

Anaya Alexander

Sr. | Long Beach, Calif. | Las Lomas HS (Iowa)
INDOOR SEASON

60 Meter (PR: 7.62 (Jan. 28, 2022))			
7.642 (q, a)	18th	Texas Tech Open	Jan. 28
7.62 (s, a)	17th	Texas Tech Open	Jan. 28
200 Meter (PR: 25.22 (Feb. 15, 2020))			
26.07 (a)	59th	Texas Tech Open	Jan. 29
400 Meter (PR: 55.10 (Feb. 29, 2020))			
58.72 (a)	25th	Texas Tech Open	Jan. 29
4x400 Meter Relay			
4:00.39 (a)	18th	Texas Tech Open	Jan. 29
OUTDOOR SEASON			
200 Meter (PR: 24.82 (March 7, 2017))			
400 Meter (PR: 53.79 (May 12, 2018))			
800 Meter (PR: 2:14.88 (April 13, 2017))			

Alysia Allen

5-7 | Jr. | Reno, Nev. | Reed HS
INDOOR SEASON

Pole Vault (PR: 13-00.75 (Feb. 22, 2019))			
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OUTDOOR SEASON

Pole Vault (PR: 13-04.25 (May 24, 2019))

Onyi Anigbogu

6-2 | So. | Corona, Calif. | Santiago HS
INDOOR SEASON

Shot Put (PR: 43-10.75 (Feb. 5, 2022))			
42-11.00 (b)	10th	Texas Tech Open	Jan. 29
43-10.75	4th	UNM Collegiate Classic	Feb. 5

OUTDOOR SEASON

Shot Put (PR: 43-05.25 (April 30, 2021))
Discus Throw (PR: 131-8 (April 30, 2021))

Zoe Brosch

Fr. | South Lake Tahoe, Calif. | South Tahoe HS

Jordyn Bryant

5-10 | Jr. | Oakland, Calif. | Miramonte HS
INDOOR SEASON

Shot Put (PR: 45-03.75 (Feb. 5, 2022))			
45-03.75 (9)	2nd	UNM Collegiate Classic	Feb. 5
Weight Throw (PR: 52-01.00 (Feb. 4, 2022))			
52-01.00 (9)	6th	UNM Collegiate Classic	Feb. 4
OUTDOOR SEASON			
Shot Put (PR: 51-03.50 (April 30, 2021))			
Discus Throw (PR: 172-5 (March 27, 2021))			
Javelin Throw (PR: 129-5 (March 23, 2019))			

Emily Burd

5-6 | Sr. | Havertown, Pa. | Friends' Central School (Pittsburgh)

INDOOR SEASON

One Mile (PR: 5:14.76 (Feb. 28, 2020))

OUTDOOR SEASON

800 Meter (PR: 2:18.15 (April 13, 2019))			
1,500 Meters (PR: 4:33.86 (May 14, 2021))			
5,000 Meters (PR: 17:53.71 (April 29, 2021))			

Vanessa Cabello

5-3 | Fr. | Los Altos, Calif. | Saint Francis HS

Ashley Callahan

5-7 | Fr. | Escondido, Calif. | Rancho Bernardo HS

INDOOR SEASON

Pole Vault (PR: 13.07.75 (Feb. 5, 2022))			
13-00.25	T-4th	Texas Tech Open	Jan. 28
13-07.75	2nd	UNM Collegiate Classic	Feb. 5

Jade Cany

5-11 | Jr. | San Diego, Calif. | Torrey Pines HS (Sacramento St.)

INDOOR SEASON

High Jump (PR: 5-06.50 (Feb. 29, 2020))			
NH	---	Texas Tech Open	Jan. 29
5-01.25	7th	UNM Collegiate Classic	Feb. 4

Triple Jump (PR: 41-08.75 (Feb. 5, 2022))

41-08.75 (4)	6th	UNM Collegiate Classic	Feb. 5
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OUTDOOR SEASON

High Jump (PR: 5-09.75 (April 7, 2021))
Triple Jump (PR: 39-02.25 (May 1, 2021))

Carina Clark

5-6 | Jr. | Winter Springs, Fla. | Winter Springs HS

INDOOR SEASON

4x400 Meter Relay			
4:00.39 (a)	18th	Texas Tech Open	Jan. 29

OUTDOOR SEASON

400m Hurdles (PR: 1:03.27 (April 10, 2021))

Paige Comiso

5-4 | Jr. | San Jose, Calif. | Presentation HS

OUTDOOR SEASON

3,000 Meters (PR: 10:58.32 (March 7, 2020))

5,000 Meters (PR: 18:19.17 (April 27, 2019))

10,000 Meters (PR: 40:14.38 (April 17, 2021))

Felicia Crenshaw

5-7 | Jr. | Costa Mesa, Calif. | Costa Mesa HS
INDOOR SEASON

Shot Put (PR: 44-04.75 (Feb. 29, 2020))			
Weight Throw (PR: 52-01.25 (Feb. 13, 2020))			
47-10.50 (b)	10th	Texas Tech Open	Jan. 28

OUTDOOR SEASON

Shot Put (PR: 43-10.50 (April 30, 2021))
Hammer Throw (PR: 165-4 (April 16, 2021))
Discus Throw (PR: 164-4 (May 15, 2021))

Isabelle Davis

5-2 | Jr. | San Diego, Calif. | Del Norte HS

OUTDOOR SEASON

3,000 Meters (PR: 11:20.87 (April 5, 2019))
5,000 Meters (PR: 19:09.85 (March 9, 2019))
3,000m Steeplechase (PR: 11:39.29 (March 27, 2021))

Danae Dyer

5-9 | Jr. | Temecula, Calif. | Temecula Valley HS

INDOOR SEASON

60 Meters (PR: 7.66 (Feb. 1, 2020))			
200 Meters (PR: 23.55 (Feb. 29, 2020))			
60-Meter Hurdles (PR: 8.21 (Feb. 29, 2020))			
8.65 (p, a)	4th	UNM Collegiate Classic	Feb. 5
8.48 (f, a)	7th	UNM Collegiate Classic	Feb. 5
OUTDOOR SEASON			
100 Meters (PR: 12.02 (March 30, 2019))			
200 Meters (PR: 23.53 (May 15, 2021))			
100-Meter Hurdles (PR: 13.35 (April 17, 2021))			

Amber Elias

5-4 | So. | Napa, Calif. | Napa HS

OUTDOOR SEASON

3,000 Meters (PR: 10:33.67 (April 7, 2021))
5,000 Meters (PR: 17:56.32 (April 29, 2021))
10,000 Meters (PR: 38:39.92 (April 17, 2021))

Jenna Fee Feyerabend

Fr. | Groß-Gerau, Germany | Carl-Von-Weinberg Schule

INDOOR SEASON

800 Meter (PR: 2:32.07 (Feb. 4, 2022))			
2:32.07 (pn, a)	5th	UNM Collegiate Classic	Feb. 4
60-Meter Hurdles (PR: 9.17 (Feb. 4, 2022))			
9.17 (pn, a)	10th	UNM Collegiate Classic	Feb. 4
High Jump (PR: 5-05.75 (Jan. 29, 2022))			
5-05.75 (T-8)	14th	Texas Tech Open	Jan. 29
5-05.75 (pn)	T-4th	UNM Collegiate Classic	Feb. 4
Long Jump (PR: 17-11.50 (Feb. 4, 2022))			
17-11.50 (pn)	6th	UNM Collegiate Classic	Feb. 4
Pentathlon (PR: 3,740 (Feb. 4, 2022))			
3,740 (a)	5th	UNM Collegiate Classic	Feb. 4
Shot Put (PR: 49-09.00 (Feb. 4, 2022))			
49-09.00 (pn)	1st	UNM Collegiate Classic	Feb. 4

Delaney Fields

5-11 | Sr. | Eugene, Ore. | Churchill HS (Lane CC)

OUTDOOR SEASON

Pole Vault (PR: 12-02.00 (April 10, 2021))

Shaquena Foote

5-5 | Fr. | Westmoreland, Jamaica | Petersfield HS

Corey Freidenbach

5-10 | Jr. | Santa Cruz Calif. | Pacific Collegiate School (Air Force)

INDOOR SEASON

Pole Vault (PR: 12-08.00 (Feb. 4, 2022))			
12-00.50 (b)	T-8th	Texas Tech Open	Jan. 28
12-08.00 (b)	3rd	UNM Collegiate Classic	Feb. 4

2022 SDSU TRACK & FIELD PERFORMANCE LIST

Naomi Smitham

5-8 | Jr. | San Diego, Calif. | Canyon Crest Academy

OUTDOOR SEASON

3000 Meters (PR: 11:01.16 (March 7, 2020))

5000 Meters (PR: 18:45.32 (March 27, 2021))

10,000 Meters (PR: 39:32.43 (April 17, 2021))

Vanessa Spizewski

5-9 | Jr. | San Diego, Calif. | Rancho Buena Vista HS

INDOOR SEASON

60 Meters (PR: 7.91 (Feb. 1, 2020))

8.00 (q, a) 16th UNM Collegiate Classic Feb. 5

200 Meters (PR: 26.92 (Jan. 29, 2022))

26.92 (a) 48th Texas Tech Open Jan. 29

Long Jump (PR: 18-09.25 (Jan. 22, 2022))

18-09.25 13th Texas Tech Open Jan. 28

17-10.25 11th UNM Collegiate Classic Feb. 4

OUTDOOR SEASON

100 Meters (PR: 12.65 (April 30, 2021))

Long Jump (PR: 18-08.00 (March 27, 2021))

Dejanae Thompson

5-6 | Jr. | San Diego, Calif. | Morse HS

INDOOR SEASON

Long Jump (PR: 17-10.25 (Jan. 24, 2020))

FOUL -- UNM Collegiate Classic Feb. 4

Triple Jump (PR: 37-10.75 (Feb. 5, 2022))

37-10.75 13th UNM Collegiate Classic Feb. 5

OUTDOOR SEASON

Long Jump (PR: 17-06.00 (March 7, 2020))

Triple Jump (PR: 35-03.00 (March 7, 2020))

Destiny Washington

Jr. | Riverside, Calif. | Lake Central HS (Riverside CC)

Aisha Watt

5-4 | Fr. | Seattle, Wash. | Seattle Prep

INDOOR SEASON

200 Meters (PR: 25.62 (Jan. 29, 2022))

25.62 (a) 48th Texas Tech Open Jan. 29

3:49.27 (a) 19th Texas Tech Open Jan. 29

3:41.25 (6, a) 2nd UNM Collegiate Classic Feb. 5

OUTDOOR SEASON

100 Meters Outdoor (PR: 11.91 (May 14, 2021))

200 Meters Outdoor (PR: 23.79 (May 14, 2021))

Bailey Watts

5-4 | So. | Foothill Ranch, Calif. | Trabuco Hills HS

OUTDOOR SEASON

1,500 Meters Outdoor (PR: 4:44.28 (April 7, 2021))

Thaila Wilson

5-3 | So. | St. Catherine, Jamaica | Hydel HS

OUTDOOR SEASON

High Jump Outdoor (PR: 5-07.00 (May 1, 2021))

Triple Jump Outdoor (PR: 36-06.75 (Feb. 25, 2021))

Shot Put Outdoor (PR: 38-03.25 (Feb. 25, 2021))

Javelin Throw Outdoor (PR: 141-8 (May 15, 2021))

KEY: sr - school record; (number) - top-10 school ranking; qp - qualifying prelims; p - preliminaries; h - heats; 1r - first round; q - quarterfinals; s - semifinals; f - finals; i - invite; ei - elite invite; o - open; b - "b" section; se - seeded; u - unseeded; co - college; ch - championships; pn - pentathlon; hp - heptathlon; a - altitude; w - wind aided (> 2.0 mph); conv - converted from 4x400-yard relay);

Note that all personal records (PR) are collegiate personal records

INDOOR

2022 SDSU TRACK & FIELD PERFORMANCE LIST

60 METERS

School Record: 7.17 (Ashley Henderson, 2017)

Time	Athlete	Place	Notes	Meet	Date
7.422	Jada Moore	11th	8th all-time; prelims; altitude	Texas Tech Open	Jan. 28
7.51	Jada Moore	9th	semis; altitude	Texas Tech Open	Jan. 28
7.60	Jalyn Harris	16nd	semis; altitude	Texas Tech Open	Jan. 28
7.60	Alexus Alexander	17th	semis; altitude	Texas Tech Open	Jan. 28
7.642	Alexus Alexander	18th	prelims; altitude	Texas Tech Open	Jan. 28
7.644	Alexus Alexander	9th	prelims; altitude	UNM Collegiate Classic	Feb. 5
7.668	Jalyn Harris	22nd	prelims; altitude	Texas Tech Open	Jan. 28
7.964	Tai McDonald	51st	prelims; altitude	Texas Tech Open	Jan. 28
8.00	Vanessa Spizewski	16th	qualifying; altitude	UNM Collegiate Classic	Feb. 5

200 METERS

School Record: 22.41 (Ashley Henderson, 2018)

Time	Athlete	Place	Notes	Meet	Date
24.09	Jada Moore	8th	Altitude	Texas Tech Open	Jan. 29
24.25	Jalyn Harris	9th	Altitude	Texas Tech Open	Jan. 29
24.971	Rhea Hoyte	4th	Altitude; Unseeded	UNM Collegiate Classic	Feb. 4
24.973	Alexus Alexander	5th	Altitude; Unseeded	UNM Collegiate Classic	Feb. 4
25.22	Rhea Hoyte	34th	Altitude	Texas Tech Open	Jan. 29
25.62	Aisha Watt	48th	Altitude	Texas Tech Open	Jan. 29
26.07	Anaya Alexander	59th	Altitude	Texas Tech Open	Jan. 29
26.242	Tai McDonald	66th	Altitude	Texas Tech Open	Jan. 29
26.90	Vanessa Spizewski	76th	Altitude	Texas Tech Open	Jan. 29

400 METERS

School Record: 53.51 (Tonette Dyer, 2003)

Time	Athlete	Place	Notes	Meet	Date
54.79	Sakura Roberson	5th	Altitude	Texas Tech Open	Jan. 28
55.96	Nyari McNeil	13th	Altitude	Texas Tech Open	Jan. 28
56.43	Nyari McNeil	10th	Altitude	UNM Collegiate Classic	Feb. 5
56.85	Rhea Hoyte	13th	Altitude	UNM Collegiate Classic	Feb. 5
56.94	Rhea Hoyte	19th	Altitude	Texas Tech Open	Jan. 28

600 METERS

School Record: 1:29.84 (Sakura Roberson, 2020)

Time	Athlete	Place	Notes	Meet	Date
1:33.215	Nyari McNeil	3rd	Altitude	UNM Collegiate Classic	Feb. 4

800 METERS

School Record: 2:08.30 (Nyari McNeil, 2020)

Time	Athlete	Place	Notes	Meet	Date
2:25.23	Sara Absten	3rd	Pent.; Altitude	UNM Collegiate Classic	Feb. 4
2:32.07	Jenna Feyerabend	5th	Pent.; Altitude	UNM Collegiate Classic	Feb. 4
2:54.19	Ruthie Grant-Williams	10th	Pent.; Altitude	UNM Collegiate Classic	Feb. 4

1,000 METERS

School Record: 2:52.69 (Ellison Grove, 2017)

Time	Athlete	Place	Notes	Meet	Date
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MILE

School Record: 4:37.4 (Lynn Kanuka, 1981)

Time	Athlete	Place	Notes	Meet	Date
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60-METER HURDLES

School Record: 8.11 (Micha Auzenne, 2017)

Time	Athlete	Place	Notes	Meet	Date
8.48	Danae Dyer	7th	finals; altitude	UNM Collegiate Classic	Feb. 5
8.65	Danae Dyer	4th	prelims; altitude	UNM Collegiate Classic	Feb. 5
8.78	Sara Absten	13th	Prelims; Altitude	Texas Tech Open	Jan. 28
8.80	Sara Absten	5th	Altitude; Pent.	UNM Collegiate Classic	Feb. 4
8.804	Sara Absten	18th	Semis; Altitude	Texas Tech Open	Jan. 28
9.17	Jenna Fee Feyerabend	10th	Altitude; Pent.	UNM Collegiate Classic	Feb. 4
9.24	Ruthie Grant-Williams	11th	Pent.; Altitude	UNM Collegiate Classic	Feb. 4
9.41	Ruthie Grant-Williams	30th	Prelims; Altitude	Texas Tech Open	Jan. 28

4x400-METER RELAY

School Record: 3:33.81 (Harris, Dyer, Roberson, McNeil, 2020)

Time	Team	Place	Notes	Meet	Date
3:39.44	Hoyte, Harris, Roberson, McNeil	4th	No. 2 in SDSU history, Altitude	TT Open	Jan. 29
3:41.25	Harris, Watt, Hoyte, McNeil	2nd	No. 6 in SDSU history, Altitude	UNM Coll.	Feb. 5
3:49.27	Watt, Moore, Ale. Alexander, McDonald	9th	Altitude	TT Open	Jan. 29

3:49.27 An. Alexander, Absten, Grant-Williams, Clark 18th Altitude TT Open Jan. 29

POLE VAULT

School Record: 14-11.50 (Bonnie Draxler, 2019)

Mark	Athlete	Place	Notes	Meet	Date
13-07.75	Ashley Callahan	2nd		UNM Collegiate Classic	Feb. 5
13-01.75	Kaitlin Heri	5th		UNM Collegiate Classic	Feb. 5
13-00.25	Kaitlin Heri	T-4th		Texas Tech Open	Jan. 28
13-00.25	Ashley Callahan	T-8th		Texas Tech Open	Jan. 28
12-08.00	Corey Friedenbach	3rd	B Section	UNM Collegiate Classic	Feb. 4
12-02.00	Elizabeth Funk	8th		UNM Collegiate Classic	Feb. 5
12-00.50	Corey Friedenbach	T-8th	B Section	Texas Tech Open	Jan. 28
NH	Elizabeth Funk	--		Texas Tech Open	Jan. 28

HIGH JUMP

School Record: 5-11.50 (Lori Clark, 1984)

Mark	Athlete	Place	Notes	Meet	Date
5-05.75	Jenna Feyerabend	14th	No. 8 in school history	Texas Tech Open	Jan. 29
5-05.75	Jenna Feyerabend	T-4th	Pent.	UNM Collegiate Classic	Feb. 4
5-04.50	Sara Absten	T-7th	Pent.	UNM Collegiate Classic	Feb. 4
5-03.25	Ruthie Grant-Williams	10th	Pent.	UNM Collegiate Classic	Feb. 4
5-01.25	Jade Cany	7th		UNM Collegiate Classic	Feb. 4
NH	Jade Cany	---		Texas Tech Open	Jan. 29
NH	Ruthie Grant-Williams	---		Texas Tech Open	Jan. 29

LONG JUMP

School Record: 21-07.50 (Karoline Koehler, 2010)

Mark	Athlete	Place	Notes	Meet	Date
19-04.25	Sara Absten	1st	Pent.; No. 10 in school history	UNM Coll.	Feb. 4
18-09.25	Vanessa Spizewski	13th		Texas Tech Open	Jan. 28
17-11.50	Jenna Feyerabend	6th	Pent.	UNM Collegiate Classic	Feb. 4
17-10.25	Vanessa Spizewski	11th		UNM Collegiate Classic	Feb. 4
16-07.25	Ruthie Grant-Williams	9th	Pent.	UNM Collegiate Classic	Feb. 4
FOUL	Dejanae Thompson	--		UNM Collegiate Classic	Feb. 4
FOUL	Simone Johnson	--		UNM Collegiate Classic	Feb. 4

TRIPLE JUMP

School Record: 46-02.50 (Shanieka Thomas, 2013)

Mark	Athlete	Place	Notes	Meet	Date
41-08.75	Jade Cany	6th	No. 4 in school history	UNM Collegiate Classic	Feb. 5
40-02.75	Simone Johnson	10th	No. 8 in school history	UNM Collegiate Classic	Feb. 5
37-10.75	Dejanae Thompson	13th		UNM Collegiate Classic	Feb. 5

SHOT PUT

School Record: 55-07.50 (Whitney Ashley, 2012)

Mark	Athlete	Place	Notes	Meet	Date
45-04.75	Jordyn Bryant	2nd	No. 9 in school history	UNM Collegiate Classic	Feb. 5
43-10.75	Onyi Anigbogu	4th		UNM Collegiate Classic	Feb. 5
42-11.00	Onyi Anigbogu	8th	B Section	Texas Tech Open	Jan. 29
40-09.00	Jenna Feyerabend	1st	Pent.	UNM Collegiate Classic	Feb. 4
35-02.50	Ruthie Grant-Williams	6th	Pent.	UNM Collegiate Classic	Feb. 4
33-06.00	Sara Absten	10th	Pent.	UNM Collegiate Classic	Feb. 4

WEIGHT THROW

School Record: 66-01.00 (Jasmine Burrell, 2014)

Mark	Athlete	Place	Notes	Meet	Date
52-01.00	Jordyn Bryant	6th	No. 9 in school history	UNM Collegiate Classic	Feb. 4
47-10.50	Felicia Crenshaw	10th	B Section	Texas Tech Open	Jan. 28

DISTANCE MEDLEY

School Record:

Time	Team	Place	Notes	Meet	Date
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PENTATHLON

School Record: 4,145 (Allison Reaser, 2014)

Mark	Athlete	Place	Notes	Meet	Date
3,851	Sara Absten	3rd	No. 6 in SDSU history	UNM Collegiate Classic	Feb. 4
3,740	Jenna Fee Feyerabend	5th	No. 9 in SDSU history	UNM Collegiate Classic	Feb. 4
3,181	Ruthie Grant-Williams	7th		UNM Collegiate Classic	Feb. 4