



# 2022 SAN DIEGO STATE TRACK & FIELD

## 2022 Schedule

### December

4 Red-Black All-Comers Meet SDSU

### January

28-29 Texas Tech Open & Multi's TTU

### February

4-5 **NM Collegiate Classic** UNM

11-12 Don Kirby Elite Invitational UNM

24-26 MW Indoor Champs UNM

### March

11 Astro Al Distance Classic CSF

11-12 NCAA Indoor Championships UAB

12 San Diego Collegiate Challenge UCSD

19 Ross & Sharon Irwin Invitational PLNU

19 Franson Classic APU

24-26 Aztec Invitational SDSU

### April

7-9 Jim Click Shootout & Multi's UofA

8-9 Triton Invitational UCSD

13-15 Brian Clay Invitational APU

14 Pacific Coast Intercollegiate LBSU

13-16 Mt. Sac Invitational Mt. Sac

14-16 Beach Invitational LBSU

29-30 Steve Scott Invitational UCI

30 Desert Heat Classic UofA

### May

7 Oxy Invitational Oxy

11-14 MW Outdoor Champs Clovis, Calif.

27-28 NCAA West Prelims Ark

### June

9 & 11 NCAA Outdoor Champs Oregon

### This Week's Entries

Roberson (A)

#### 60m Dash

Alexus Alexander  
Jalyn Harris  
Rhea Hoyte  
Tai McDonald  
Jada Moore  
Vanessa Spizewski

#### Pole Vault

Ashley Callahan  
Corey Friedenbach  
Elizabeth Funk  
Kaitlin Heri

#### High Jump

Jade Cany

#### 200m Dash

Alexus Alexander  
Jalyn Harris  
Rhea Hoyte  
Tai McDonald  
Nyjari McNeil  
Jada Moore  
Sakura Roberson  
Aisha Watt

#### Long Jump

Simone Johnson  
Vanessa Spizewski  
Dejanae Thompson

#### Triple Jump

Jade Cany  
Simone Johnson  
Dejanae Thompson

#### 400m Dash

Rhea Hoyte  
Nyjari McNeil  
Sakura Roberson

#### Shot Put

Onyi Anigbogu  
Jordyn Bryant  
Erica Grotegeer

#### 600m Run

Nyjari McNeil  
Sakura Roberson

#### Weight Throw

Jordyn Bryant

#### 60m Hurdles

Danae Dyer

#### Pentathlon

Sara Absten  
Jenna Fee Feyerabend  
Ruthie Grant-Williams

#### 4x400m Relay

Hoyte, Harris, McNeil

## Meet Week Preview

New Mexico Collegiate Classic – February 4-5

Albuquerque, N.M. – Albuquerque Convention Center  
Streaming on FloTrack (subscription required)

**SAN DIEGO** – The Aztec track and field team competes at the New Mexico Collegiate Classic this weekend, the first of three consecutive meets at the Albuquerque Convention Center. The meet will be streamed on FloTrack, which requires a \$30 monthly subscription. SDSU's meet the following weekend, the Don Kirby Elite Invitational, will also be on FloTrack.

SDSU is one of 20 schools competing, six of which are power-five schools (Arizona State, LSU, Miami, TCU, Texas, and Texas Tech). The Aztecs will have 23 athletes competing across 13 events.

The meet gets started with the pentathlon where SDSU will have Sara Absten, Jenna Fee Feyerabend and Ruthie Grant-Williams competing. The pentathlon begins at 10 a.m. PT Friday with the 60m hurdles and ends with the 800m run at 2:50 p.m. PT.

Friday's field events include the long jump (3 p.m. PT), the weight throw (3:30 p.m. PT) and the high jump (4 p.m. PT). The first running event is the unseeded 200m at 3:30 p.m. PT with the seeded 200m being run at 5:35 p.m. PT. The 600m will be at 5 p.m. PT and will feature Sakura Roberson and Nyjari McNeil, who have the top two times in school history.

On Saturday, the first SDSU event is the 60m dash qualifying round at 9:40 a.m. PT where the top eight times will advance to the first round which is run at 10:50 a.m. PT. The 60m hurdle prelims are at 10:25 a.m. PT with the finals being run at 11:30 a.m. PT. The remaining track schedule is the 400m at 12:15 p.m. PT, the 800m at 1:08 p.m. PT and the 4x400m relay at 1:45 p.m., where the Aztecs ran the second fastest time in school history last week. Saturday's field events are the pole vault (12 p.m. PT), the shot put (9:30 a.m. PT) and the triple jump (10:30 a.m. PT).

## Aztec Tidbits

- The 4x400m relay team of Rhea Hoyte, Jalyn Harris, Sakura Roberson and Nyjari McNeil finished in 3:39.44 at last week's Texas Tech Open, the second fastest time in SDSU's indoor history. The group of Harris, Roberson and McNeil, along with Danae Dyer, who will return this weekend, ran a 3:33.81 at this event in 2020 and qualified for the NCAA Indoor Championships.

- Jada Moore ran the 60m dash in 7.442 seconds last week, the eighth fastest time in program history. She also set a new PR in the 200m dash (24.08).

- Sakura Roberson (1:29.84) and Nyjari McNeil (1:29.93) will be competing in the 600m Friday and they have the top two times in school history.

- The Aztecs will be competing in their first pentathlon in nearly two years. Sara Absten finished with 3,694 points at the 2020 Mountain West Indoor Championships, the eighth highest score in program history. She will be joined by Ruthie Grant-Williams and Jenna Fee Feyerabend, the heralded freshman from Germany. Feyerabend had a high jump of 5-05.75 last week, tied for the eighth highest jump in school history.

- Freshman pole vaulter Ashley Callahan made her Aztec debut last week and cleared 13-00.25 (3.97m) to become the 15th Aztec ever to clear that mark. Three current Aztecs have also cleared 3.97m (Kaitlin Heri, Elizabeth Funk and Alysia Allen).

- Five Aztecs will be making their 2022 debut this weekend: Jordyn Bryant (shot put and weight throw), Danae Dyer (60m hurdles), Erica Grotegeer (shot put), Simone Johnson (long and triple jump) and Dejanae Thompson (long and triple jump).

## Season Preview Notes

- The Aztecs won the Mountain West Outdoor Championship last year with 161 points, their most in the Outdoor Championships since 2013.

- SDSU has won three of the last four and five of the last eight MW Outdoor Championships.

- Head Coach Shelia Burrell won her fifth Mountain West Coach of the Year award last season.

- SDSU won seven gold medals at the Mountain West Outdoor Championships last year. Jada Moore won three golds (100m, 200m and 4x100m relay).

- The Aztecs had 14 All-Mountain West honorees last season and return 13 of them, losing only Maya Brosch (400m hurdles & 4x400m relay) to graduation.

- The SDSU 4x100m relay team qualified for the NCAA Outdoor Championships last year and all four runners return (Danae Dyer, Tai McDonald, Jada Moore and Aisha Watt). The Aztecs have had a representative in 23 of the last 24 NCAA Outdoor Championships.

## Roster Breakdown

### By Class

#### Seniors (6)

Anaya Alexander, Emily Burd, Delaney Fields, Jalyn Harris, Kaitlin Heri, Sakura Roberson

#### Juniors (20)

Sara Absten, Alysia Allen, Jordyn Bryant, Jade Cany, Carina Clark, Paige Comiso, Felicia Crenshaw, Isabelle Davis, Danae Dyer, Corey Friedenbach, Erica Grotegeer, Taylor Lustyan, Carlene Masar, Tai McDonald, Nyjari McNeil, Natalie Regalado, Naomi Smitham, Vanessa Spizewski, Dejanae Thompson, Destiny Washington

#### Sophomores (16)

Alexus Alexander, Onyi Anigbogu, Amber Elias, Elizabeth Funk, Ruthie Grant-Williams, Lauren Harper Rhea Hoyte, Jazmin Jackson, Simone Johnson, Jessica Kain, Alex Lomeli, Jada Moore, Sierra Roberson, Aisha Watt, Bailey Watts, Thaila Wilson

#### Freshmen (8)

Zoe Brosch, Vanessa Cabello, Ashley Callahan, Jenna Fee Feyerabend, Shaquena Foote, Kennedy Jennings, Madison Martin, Nicole Meyer

### By Home State/Country

**California (37)** - Alexis Alexander, Anaya Alexander, Onyi Anigbogu, Zoe Brosch, Jordyn Bryant, Vanessa Cabello, Ashley Callahan, Jade Cany, Paige Comiso, Felicia Crenshaw, Isabelle Davis, Danae Dyer, Amber Elias, Corey Friedenbach, Elizabeth Funk, Ruthie Grant-Williams, Erica Grotegeer, Lauren Harper, Jalyn Harris, Kaitlin Heri, Jazmin Jackson, Kennedy Jennings, Simone Johnson, Jessica Kain, Alex Lomeli, Taylor Lustyan, Carlene Masar, Tai McDonald, Nicole Meyer, Natalie Regalado, Sakura Roberson, Sierra Roberson, Naomi Smitham, Vanessa Spizewski, Dejanae Thompson, Destiny Washington, Bailey Watts

**Washington (2)** - Sara Absten, Aisha Watt

**Jamaica (2)** - Shaquena Foote, Thaila Wilson

**Barbados (1)** - Rhea Hoyte

**Connecticut (1)** - Madison Martin

**Germany (1)** - Jenna Fee Feyerabend

**Florida (1)** - Carina Clark

**Maryland (1)** - Nyjari McNeil

**Missouri (1)** - Jada Moore

**Nevada (1)** - Alysia Allen

**Oregon (1)** - Delaney Fields

**Pennsylvania (1)** - Emily Burd

### By Event Group

#### Distance (10)

Emily Burd, Vanessa Cabello, Paige Comiso, Isabelle Davis, Amber Elias, Taylor Lustyan, Carlene Masar, Nicole Meyer, Naomi Smitham, Bailey Watts

#### Hurdles (6)

Carina Clark, Danae Dyer, Rhea Hoyte, Shaquena Foote, Jazmin Jackson, Destiny Washington

#### Jumps (7)

Jade Cany, Jenna Feyerabend, Jazmin Jackson, Simone Johnson, Vanessa Spizewski, Dejanae Thompson, Thaila Wilson

#### Mid-Distance (11)

Emily Burd, Shaquena Foote, Lauren Harper, Kennedy Jennings, Jessica Kain, Alex Lomeli, Nyjari McNeil, Natalie Regalado, Sakura Roberson, Sierra Roberson, Bailey Watts

#### Multi's (4)

Sara Absten, Jenna Fee Feyerabend, Ruthie Grant-Williams, Thaila Wilson

#### Pole Vault (6)

Alysia Allen, Ashley Callahan, Corey Friedenbach, Elizabeth Funk, Kaitlin Heri, Madison Martin

#### Sprints (12)

Alexus Alexander, Anaya Alexander, Carina Clark, Danae Dyer, Shaquena Foote, Jalyn Harris, Rhea Hoyte, Simone Johnson, Tai McDonald, Jada Moore, Vanessa Spizewski, Aisha Watt

#### Throws (5)

Onyi Anigbogu, Zoe Brosch, Jordyn Bryant, Felicia Crenshaw, Erica Grotegeer

## 2022 SDSU Track and Field Roster

Name	Events	Yr.	Hometown (Previous School)
Sara Absten	Multi's	Jr.	Burlington, Wash. (IMG Academy)
Alexus Alexander	Sprints	So.	Compton, Calif. (Lakewood High)
Anaya Alexander	Sprints	Sr.	Walnut Creek, Calif. (Las Lomas High)
Alysia Allen	Pole Vault	Jr.	Reno, Nev. (Reed High)
Onyi Anigbogu	Throws	So.	Corona, Calif. (Santiago HS)
Zoe Brosch	Throws	Fr.	South Lake Tahoe, Calif. (South Tahoe High)
Jordyn Bryant	Throws	Jr.	Oakland, Calif. (Miramonte High)
Emily Burd	Mid-Distance/Distance	Sr.	Havertown, Pa. (Pittsburgh)
Vanessa Cabello	Distance	Fr.	Los Altos, Calif. (Saint Francis High)
Ashley Callahan	Pole Vault	Fr.	Escondido, Calif. (Rancho Bernardo High)
Jade Cany	Jumps	Jr.	San Diego, Calif. (Sacramento State)
Carina Clark	Sprints/Hurdles	Jr.	Winter Springs, Fla. (Winter Springs High)
Paige Comiso	Distance	Jr.	San Jose, Calif. (Presentation High)
Felicia Crenshaw	Throws	Jr.	Costa Mesa, Calif. (Costa Mesa High)
Isabelle Davis	Distance	Jr.	San Diego, Calif. (Del Norte High)
Danae Dyer	Sprints/Hurdles	Jr.	Temecula, Calif. (Temecula Valley High)
Amber Elias	Distance	So.	Napa, Calif. (Vintage HS)
Jenna Fee Feyerabend	Multi's/Jumps	Fr.	Gross-Gerau, Germany (Carl-Von-Weinberg Schule)
Delaney Fields	Pole Vault	Sr.	Eugene, Ore. (Lane CC)
Shaquena Foote	Sprints/Hurdles/Mid	Fr.	Westmoreland, Jamaica (Petersfield HS)
Corey Friedenbach	Pole Vault	Jr.	Santa Cruz, Calif. (Air Force)
Elizabeth Funk	Pole Vault	So.	Fresno, Calif. (Clovis West High)
Ruthie Grant-Williams	Multi's	So.	Coronado, Calif. (Coronado High)
Erica Grotegeer	Throws	Jr.	Plumas Lake, Calif. (Wheatland Union High)
Lauren Harper	Mid-Distance	So.	Weaverville, Calif. (Trinity High)
Jalyn Harris	Sprints	Sr.	Rancho Cucamonga, Calif. (Rancho Cucamonga High)
Kaitlin Heri	Pole Vault	Sr.	Redondo Beach, Calif. (Redondo Union High)
Rhea Hoyte	Sprints/Hurdles	So.	St. Michael, Barbados (The St. Michael School)
Jazmin Jackson	Hurdles/Jumps	So.	Thousand Oaks, Calif. (Chaminade College Prep)
Kennedy Jennings	Mid-Distance	Fr.	Fresno, Calif. (Edison High)
Simone Johnson	Sprints/Jumps	So.	Fresno, Calif. (Central High)
Jessica Kain	Mid-Distance	So.	Scotts Valley, Calif. (Scotts Valley High)
Alex Lomeli	Mid-Distance	So.	Los Angeles, Calif. (Notre Dame Academy High)
Taylor Lustyan	Distance	Jr.	Clovis, Calif. (Chico State)
Madison Martin	Pole Vault	Fr.	Waterford, Conn. (Norwich Free Academy)
Carlene Masar	Distance	Jr.	Jamul, Calif. (Steele Canyon High)
Tai McDonald	Sprints	Jr.	Sacramento, Calif. (Sheldon High)
Nyjari McNeil	Mid-Distance	Jr.	Reisterstown, Md. (Franklin High)
Nicole Meyer	Distance	Fr.	Orange, Calif. (Orange Lutheran High)
Jada Moore	Sprints	So.	St. Louis, Mo. (Pattonville High)
Natalie Regalado	Mid-Distance	Jr.	Lake Forest, Calif. (Trabuco Hills High)
Sakura Roberson	Mid-Distance	Sr.	San Diego, Calif. (La Jolla High)
Sierra Roberson	Mid-Distance	So.	San Diego, Calif. (Cal State San Marcos)
Naomi Smitham	Distance	Jr.	San Diego, Calif. (Canyon Crest Academy)
Vanessa Spizewski	Sprints/Jumps	Jr.	San Diego, Calif. (Rancho Buena Vista High)
Dejanae Thompson	Jumps	Jr.	San Diego, Calif. (Morse High)
Aisha Watt	Sprints	So.	Seattle, Wash. (Seattle Prep)
Bailey Watts	Mid-Distance/Distance	So.	Foothill Ranch, Calif. (Trabuco Hills HS)
Thaila Wilson	Multi's/Jumps	So.	St. Catherine, Jamaica (Hydel High)

### Coaching Staff

Head Coach: Shelia Burrell (UCLA, 1995), 13th season

Assistant Coach/Recruiting Coordinator: Alrick Munroe (Wayland Baptist Univ., 1988), Ninth season

Assistant Coach (Throws)/Director of Operations: Jesse Chapman (UConn, 2014), Second season

Assistant Coach (Cross Country/Distance): Robert Lusitana (San Diego State, 1982), Fifth season

Assistant Coach (Pole Vault): Richard Fox (San Diego State, 1992), 27th season

Assistant Coach (Jumps): Craig Poole (Utah, 1970), Fifth season

Assistant Coach: Brad Johnson

Assistant Coach (Throws): Jasmine Burrell (San Diego State, 2015), Second season

## 2022 SDSU TRACK & FIELD PERFORMANCE LIST

KEY: sr - school record; (number) - top-10 school ranking; qp - qualifying prelims; p - preliminaries; h - heats; 1r - first round; q - quarterfinals; s - semifinals; f - finals; i - invite; ei - elite invite; o - open; b - "b" section; se - seeded; u - unseeded; co - college; ch - championships; pn - pentathlon; hp - heptathlon; a - altitude; w - wind aided (> 2.0 meters/second); conv - converted from 4x400-yard relay; **Note that all personal records (PR) are collegiate personal records**

### Sara Absten

5-7 | Jr. | Burlington, Wash. | IMG Academy

#### INDOOR SEASON

800 Meter (PR: 2:23.67 (Jan. 31, 2020))

60-Meter Hurdles (PR: 8.78 (Jan. 28, 2022))

8.78 (q, a) 13th Texas Tech Open Jan. 28

8.804 (2, a) 18th Texas Tech Open Jan. 28

High Jump (PR: 5-05.75 (Jan. 31, 2020))

Long Jump (PR: 17-10.75 (Feb. 27, 2020))

800 Meter Outdoor (PR: 2:23.67 (Jan. 31, 2020))

Pentathlon (PR: 3,694 (Feb. 27, 2020))

Shot Put (PR: 34-01.50 (Feb. 27, 2020))

4x400 Meter Relay

4:00.39 (a) 18th Texas Tech Open Jan. 29

#### OUTDOOR SEASON

100-Meter Hurdles (PR: 14.50 (Feb. 25, 2021))

High Jump (PR: 5-05.75 (March 25, 2021))

Long Jump (PR: 18-10.50 (April 27, 2019))

Shot Put Outdoor (PR: 36-07.50 (May 13, 2021))

Javelin Throw (PR: 80-1 (May 14, 2021))

Heptathlon: (PR: 4,947 (May 14, 2021))

### Alexus Alexander

5-7 | So. | Compton, Calif. | Lakewood HS

#### INDOOR SEASON

60 Meters (PR: 7.54 (Feb. 28, 2020))

7.642 (q, a) 18th Texas Tech Open Jan. 28

7.62 (s, a) 17th Texas Tech Open Jan. 28

200 Meter (PR: 24.97 (Feb. 8, 2020))

4x400 Meter Relay

3:49.27 (a) 9th Texas Tech Open Jan. 29

#### OUTDOOR SEASON

100 Meter Dash (PR: 12.00 (March 27, 2021))

200 Meter Dash (PR: 25.04 (April 30, 2021))

### Anaya Alexander

Sr. | Long Beach, Calif. | Las Lomas HS (Iowa)

#### INDOOR SEASON

60 Meter (PR: 7.62 (Jan. 28, 2022))

7.642 (q, a) 18th Texas Tech Open Jan. 28

7.62 (s, a) 17th Texas Tech Open Jan. 28

200 Meter (PR: 25.22 (Feb. 15, 2020))

26.07 (a) 59th Texas Tech Open Jan. 29

400 Meter (PR: 55.10 (Feb. 29, 2020))

58.72 (a) 25th Texas Tech Open Jan. 29

4x400 Meter Relay

4:00.39 (a) 18th Texas Tech Open Jan. 29

#### OUTDOOR SEASON

200 Meter (PR: 24.82 (March 7, 2017))

400 Meter (PR: 53.79 (May 12, 2018))

800 Meter (PR: 2:14.88 (April 13, 2017))

### Alysia Allen

5-7 | Jr. | Reno, Nev. | Reed HS

#### INDOOR SEASON

Pole Vault (PR: 13-00.75 (Feb. 22, 2019))

#### OUTDOOR SEASON

Pole Vault (PR: 13-04.25 (May 24, 2019))

### Onyi Anigbogu

6-2 | So. | Corona, Calif. | Santiago HS

#### INDOOR SEASON

Shot Put (PR: 42-11.00 (Jan. 29, 2022))

42-11.00 (b) 10th Texas Tech Open Jan. 29

#### OUTDOOR SEASON

Shot Put (PR: 43-05.25 (April 30, 2021))

Discus Throw (PR: 131-8 (April 30, 2021))

### Zoe Brosch

Fr. | South Lake Tahoe, Calif. | South Tahoe HS

### Jordyn Bryant

5-10 | Jr. | Oakland, Calif. | Miramonte HS

#### INDOOR SEASON

Shot Put (PR: 45-01.00 (Jan. 19, 2019))

#### OUTDOOR SEASON

Shot Put (PR: 51-03.50 (April 30, 2021))

Discus Throw (PR: 172-5 (March 27, 2021))

Javelin Throw (PR: 129-5 (March 23, 2019))

### Emily Burd

5-6 | Sr. | Havertown, Pa. | Friends' Central School (Pittsburgh)

#### INDOOR SEASON

One Mile (PR: 5:14.76 (Feb. 28, 2020))

#### OUTDOOR SEASON

800 Meter (PR: 2:18.15 (April 13, 2019))

1,500 Meters (PR: 4:33.86 (May 14, 2021))

5,000 Meters (PR: 17:53.71 (April 29, 2021))

### Vanessa Cabello

5-3 | Fr. | Los Altos, Calif. | Saint Francis HS

### Ashley Callahan

5-7 | Fr. | Escondido, Calif. | Rancho Bernardo HS

#### INDOOR SEASON

Pole Vault (PR: 13.00.25 (Jan. 28, 2022))

13-00.25 T-4th Texas Tech Open Jan. 28

### Jade Cany

5-11 | Jr. | San Diego, Calif. | Torrey Pines HS

(Sacramento St.)

#### INDOOR SEASON

High Jump (PR: 5-06.50 (Feb. 29, 2020))

NH --- Texas Tech Open Jan. 29

#### OUTDOOR SEASON

High Jump (PR: 5-09.75 (April 7, 2021))

Triple Jump (PR: 39-02.25 (May 1, 2021))

### Carina Clark

5-6 | Jr. | Winter Springs, Fla. | Winter Springs HS

#### INDOOR SEASON

4x400 Meter Relay

4:00.39 (a) 18th Texas Tech Open Jan. 29

#### OUTDOOR SEASON

400m Hurdles (PR: 1:03.27 (April 10, 2021))

### Paige Comiso

5-4 | Jr. | San Jose, Calif. | Presentation HS

#### OUTDOOR SEASON

3,000 Meters (PR: 10:58.32 (March 7, 2020))

5,000 Meters (PR: 18:19.17 (April 27, 2019))

10,000 Meters (PR: 40:14.38 (April 17, 2021))

### Felicia Crenshaw

5-7 | Jr. | Costa Mesa, Calif. | Costa Mesa HS

#### INDOOR SEASON

Shot Put (PR: 44-04.75 (Feb. 29, 2020))

Weight Throw (PR: 52-01.25 (Feb. 13, 2020))

47-10.50 (b) 10th Texas Tech Open Jan. 28

#### OUTDOOR SEASON

Shot Put (PR: 43-10.50 (April 30, 2021))

Hammer Throw (PR: 165-4 (April 16, 2021))

Discus Throw (PR: 164-4 (May 15, 2021))

### Isabelle Davis

5-2 | Jr. | San Diego, Calif. | Del Norte HS

#### OUTDOOR SEASON

3,000 Meters (PR: 11:20.87 (April 5, 2019))

5,000 Meters (PR: 19:09.85 (March 9, 2019))

3,000m Steeplechase (PR: 11:39.29 (March 27, 2021))

### Danae Dyer

5-9 | Jr. | Temecula, Calif. | Temecula Valley HS

#### INDOOR SEASON

60 Meters (PR: 7.66 (Feb. 1, 2020))

200 Meters (PR: 23.55 (Feb. 29, 2020))

60-Meter Hurdles (PR: 8.21 (Feb. 29, 2020))

#### OUTDOOR SEASON

100 Meters (PR: 12.02 (March 30, 2019))

200 Meters (PR: 23.53 (May 15, 2021))

100-Meter Hurdles (PR: 13.35 (April 17, 2021))

### Amber Elias

5-4 | So. | Napa, Calif. | Napa HS

#### OUTDOOR SEASON

3,000 Meters (PR: 10:33.67 (April 7, 2021))

5,000 Meters (PR: 17:56.32 (April 29, 2021))

10,000 Meters (PR: 38:39.92 (April 17, 2021))

### Jenna Fee Feyerabend

Fr. | Groß-Gerau, Germany | Carl-Von-Weinberg Schule

#### INDOOR SEASON

High Jump (PR: 5-05.75 (Jan. 29, 2022))

5-05.75 (T-8) 14th Texas Tech Open Jan. 29

### Delaney Fields

5-11 | Sr. | Eugene, Ore. | Churchill HS (Lane CC)

#### OUTDOOR SEASON

Pole Vault (PR: 12-02.00 (April 10, 2021))

### Shaquena Foote

5-5 | Fr. | Westmoreland, Jamaica | Petersfield HS

### Corey Freidenbach

5-10 | Jr. | Santa Cruz Calif. | Pacific Collegiate School

(Air Force)

#### INDOOR SEASON

Pole Vault (PR: 12-06.25 (Feb. 9, 2019))

12-00.50 (b) T-8th Texas Tech Open Jan. 28

#### OUTDOOR SEASON

Pole Vault (PR: 11-11.25 (May 11, 2019))

### Elizabeth Funk

5-7 | So. | Fresno, Calif. | Clovis West HS

#### INDOOR SEASON

Pole Vault (PR: 13-02.50 (Feb. 29, 2020))

NH T-4th Texas Tech Open Jan. 28

#### OUTDOOR SEASON

Pole Vault (PR: 13-02.25 (May 14, 2021))

### Ruthie Grant-Williams

5-9 | So. | Coronado, Calif. | Coronado HS

#### INDOOR SEASON

60-Meter Hurdles (PR: 9.25 (Jan. 31, 2020))

High Jump (PR: 5-04.50 (Jan. 31, 2020))

NH --- Texas Tech Open Jan. 29

Shot Put (PR: 33-06.00 (Jan. 31, 2020))

Long Jump (PR: 16-08.75 (Jan. 31, 2020))

Pentathlon (PR: 2,771 (Jan. 31, 2020))

4x400 Meter Relay

4:00.39 (a) 18th Texas Tech Open Jan. 29

#### OUTDOOR SEASON

200 Meter Dash (PR: 26.48 (May 13, 2021))

100-Meter Hurdles (PR: 14.95 (April 9, 2021))

Long Jump (PR: 17-07.00 (March 25, 2021))

High Jump (PR: 5-07.25 (Feb. 25, 2021))

Shot Put (PR: 35-03.00 (April 7, 2021))



## 2022 SDSU TRACK & FIELD PERFORMANCE LIST

Javelin Throw (PR: 97-9 (April 10, 2021))  
 Heptathlon (PR: 4,687 points (April 10, 2021))

### Erica Grotegeer

5-7 | Jr. | Plumas Lake, Calif. | Wheatland Union HS

#### INDOOR SEASON

Shot Put (PR: 44-10.75 (Jan. 25, 2020))

#### OUTDOOR SEASON

Shot Put (PR: 44-09.00 (Feb. 25, 2021))

Discus Throw (PR: 182-5 (May 15, 2021))

### Lauren Harper

5-11 | So. | Weaverville, Calif. | Trinity HS

#### INDOOR SEASON

800 Meters (PR: 2:15.39 (Feb. 1, 2020))

#### OUTDOOR SEASON

800 Meters (PR: 2:08.86 (May 14, 2021))

1,500 Meters (PR: 4:36.64 (Feb. 25, 2021))

### Jalyn Harris

5-10 | Sr. | Rancho Cucamonga, Calif. | Rancho Cucamonga HS

#### INDOOR SEASON

60 Meters (PR: 7.54 (Feb. 1, 2020))

7.668 (a, a) 22nd Texas Tech Open Jan. 28

7.60 (s, a) 16th Texas Tech Open Jan. 28

200 Meters (PR: 23.93 (Feb. 22, 2019))

24.25 (a) 9th Texas Tech Open Jan. 29

400 Meters (PR: 54.20 (Feb. 9, 2019))

#### 4x400 Meter Relay

3:39.44 (2, a) 4th Texas Tech Open Jan. 29

#### OUTDOOR SEASON

100 Meters (PR: 11.97 (April 10, 2021))

200 Meters (PR: 23.58 (May 14, 2021))

400 Meters (PR: 53.59 (May 12, 2018))

### Kaitlin Heri

5-6 | Sr. | Redondo Beach, Calif. | Redondo Union

#### INDOOR SEASON

Pole Vault (PR: 13.09.75 (Feb. 29, 2020))

13-00.25 T-4th Texas Tech Open Jan. 28

#### OUTDOOR SEASON

Pole Vault (PR: 14-00.00 (April 7, 2021))

### Rhea Hoyte

5-7 | So. | St. Michael, Barbados | The St. Michael School

#### INDOOR SEASON

200 Meters (PR: 25.22 (Jan. 29, 2022))

25.22 (a) 34th Texas Tech Open Jan. 28

400 Meters (PR: 56.94 (Jan. 29, 2022))

56.94 (a) 19th Texas Tech Open Jan. 29

#### OUTDOOR SEASON

200 Meter Dash (PR: 24.87 (March 27, 2021))

400 Meters (PR: 56.96 (Feb. 25, 2021))

400 Meter Hurdles (59.02 (April 30, 2021))

#### 4x400 Meter Relay

3:39.44 (2, a) 4th Texas Tech Open Jan. 29

### Jazmin Jackson

5-7 | So. | Thousand Oaks, Calif. | Chaminade College Prep

### Kennedy Jennings

5-5 | Fr. | Fresno, Calif. | Edison HS

### Simone Johnson

5-7 | So. | Fresno, Calif. | Central HS

#### OUTDOOR SEASON

Long Jump (PR: 17-00.00 (Feb. 25, 2021))

Triple Jump (PR: 42-03.50 (April 17, 2021))

### Jessica Kain

5-7 | So. | Scotts Valley, Calif. | Scotts Valley HS

#### INDOOR SEASON

One Mile (PR: 5:30.52 (Feb. 14, 2020))

#### OUTDOOR SEASON

800 Meter (PR: 2:20.17 (Feb. 25, 2021))

1,500 Meters (PR: 4:21.87 (May 15, 2021))

3,000 Meters (PR: 10:01.50 (April 7, 2021))

### Alex Lomeli

5-3 | Fr. | Los Angeles, Calif. | Notre Dame Academy HS

#### OUTDOOR SEASON

800 Meters (PR: 2:14.71 (April 16, 2021))

1,500 Meters (PR: 4:41.77 (April 7, 2021))

### Taylor Lustyan

Jr. | Clovis, Calif. | Clovis North HS (Chico State)

### Madison Martin

5-10 | Fr. | Waterford, Conn. | Waterford HS

### Carlene Masar

5-7 | Jr. | Jamul, Calif. | Steele Canyon HS

#### OUTDOOR SEASON

1,500 Meters (PR: 4:37.98 (April 7, 2021))

3,000 Meters (PR: 10:15.02 (Feb. 25, 2021))

5,000 Meters (PR: 17:34.01 (March 27, 2021))

10,000 Meters (PR: 35:27.53 (April 17, 2021))

### Tai McDonald

5-4 | So. | Sacramento, Calif. | Sheldon HS

#### INDOOR SEASON

60 Meters (PR: 7.62 (Feb. 1, 2020))

7.964 (a, a) 51st Texas Tech Open Jan. 28

200 Meters (PR: 24.82 (Jan. 31, 2020))

26.242 (a) 66th Texas Tech Open Jan. 29

#### 4x400 Meter Relay

3:49.27 (a) 19th Texas Tech Open Jan. 29

#### OUTDOOR SEASON

100 Meters (PR: 12.09 (March 27, 2021))

200 Meters (PR: 24.63 (May 14, 2021))

### Nyjari McNeil

5-8 | Jr. | Reisterstown, Md. | Franklin HS

#### INDOOR SEASON

400 Meters (PR: 54.02 (Feb. 1, 2019))

55.96 (a) 13th Texas Tech Open Jan. 29

800 Meters (PR: 2:08.30 (Feb. 1, 2020))

#### 4x400 Meter Relay

3:39.44 (2, a) 4th Texas Tech Open Jan. 29

#### OUTDOOR SEASON

200 Meters (PR: 25.53 (April 7, 2021))

400 Meters (PR: 53.52 (May 11, 2019))

800 Meters (PR: 2:05.27 (May 11, 2019))

1,500 Meters (PR: 4:43.35 (Apr. 12, 2019))

### Nicole Meyer

5-4 | Fr. | Orange, Calif. | Orange Lutheran HS

### Jada Moore

5-4 | So. | St. Louis, Mo. | Pattonville HS

#### INDOOR SEASON

60 Meters (PR: 7.442 (Jan. 28, 2022))

7.442 (a, a, 8) 11th Texas Tech Open Jan. 28

7.51 (S, a) 9th Texas Tech Open Jan. 28

200 Meters (PR: 24.08 (Jan. 28, 2022))

24.09 11th Texas Tech Open Jan. 29

#### 4x400 Meter Relay

3:49.27 (a) 19th Texas Tech Open Jan. 29

#### OUTDOOR SEASON

100 Meters (PR: 11.48 (May 27, 2021))

200 Meters (PR: 23.11 (May 15, 2021))

### Natalie Regalado

5-4 | Jr. | Lake Forest, Calif. | Trabuco Hills HS

#### OUTDOOR SEASON

1,500 Meters (PR: 5:01.77 (April 5, 2019))

3,000 Meters (PR: 11:49.05 (Feb. 25, 2021))

5,000 Meters (PR: 18:19.17 (April 27, 2019))

3,000m Steeplechase (PR: 11:56.99 (April 12, 2019))

### Sakura Roberson

5-11 | Sr. | San Diego, Calif. | La Jolla HS

#### INDOOR SEASON

400 Meters (PR: 53.81 (Feb. 29, 2020))

54.79 (a) 5th Texas Tech Open Jan. 29

600 Meters (PR: 1:29.84 (Jan. 24, 2020))

800 Meters (PR: 2:10.35 (Feb. 1, 2020))

#### 4x400 Meter Relay

3:39.44 (2, a) 4th Texas Tech Open Jan. 29

#### OUTDOOR SEASON

400 Meters (PR: 54.86 (April 5, 2019))

800 Meters (PR: 2:08.30 (May 11, 2019))

1,500 Meters (PR: 5:00.28 (March 9, 2019))

### Sierra Roberson

5-11 | So. | San Diego, Calif. | La Jolla HS

### Naomi Smitham

5-8 | Jr. | San Diego, Calif. | Canyon Crest Academy

#### OUTDOOR SEASON

3000 Meters (PR: 11:01.16 (March 7, 2020))

5000 Meters (PR: 18:45.32 (March 27, 2021))

10,000 Meters (PR: 39:32.43 (April 17, 2021))

### Vanessa Spizewski

5-9 | Jr. | San Diego, Calif. | Rancho Buena Vista HS

#### INDOOR SEASON

60 Meters (PR: 7.91 (Feb. 1, 2020))

200 Meters (PR: 26.92 (Jan. 29, 2022))

26.92 (a) 48th Texas Tech Open Jan. 29

Long Jump (PR: 18-09.25 (Jan. 22, 2022))

18-09.25 13th Texas Tech Open Jan. 28

#### OUTDOOR SEASON

100 Meters (PR: 12.65 (April 30, 2021))

Long Jump (PR: 18-08.00 (March 27, 2021))

### Dejanae Thompson

5-6 | Jr. | San Diego, Calif. | Morse HS

#### INDOOR SEASON

Long Jump (PR: 17-10.25 (Jan. 24, 2020))

Triple Jump (PR: 33-07.50 (Feb. 1, 2020))

#### OUTDOOR SEASON

Long Jump (PR: 17-06.00 (March 7, 2020))

Triple Jump (PR: 35-03.00 (March 7, 2020))

### Destiny Washington

Jr. | Riverside, Calif. | Lake Central HS (Riverside CC)

### Aisha Watt

5-4 | Fr. | Seattle, Wash. | Seattle Prep

#### INDOOR SEASON

200 Meters (PR: 25.62 (Jan. 29, 2022))

25.62 (a) 48th Texas Tech Open Jan. 29

#### OUTDOOR SEASON

100 Meters Outdoor (PR: 11.91 (May 14, 2021))

200 Meters Outdoor (PR: 23.79 (May 14, 2021))

#### 4x400 Meter Relay

3:49.27 (a) 19th Texas Tech Open Jan. 29

### Bailey Watts

5-4 | So. | Foothill Ranch, Calif. | Trabuco Hills HS

#### OUTDOOR SEASON

1,500 Meters Outdoor (PR: 4:44.28 (April 7, 2021))

### Thaila Wilson

5-3 | So. | St. Catherine, Jamaica | Hydell HS

#### OUTDOOR SEASON

High Jump Outdoor (PR: 5-07.00 (May 1, 2021))

Triple Jump Outdoor (PR: 36-06.75 (Feb. 25, 2021))

## 2022 SDSU TRACK & FIELD PERFORMANCE LIST

**Shot Put Outdoor (PR: 38-03.25 (Feb. 25, 2021))**

**Javelin Throw Outdoor (PR: 141-8 (May 15, 2021))**

*KEY: sr - school record; (number) - top-10 school ranking; qp - qualifying prelims; p - preliminaries; h - heats; 1r - first round; q - quarterfinals; s - semifinals; f - finals; i - invite; ei - elite invite; o - open; b - "b" section; se - seeded; u - unseeded; co - college; ch - championships; pn - pentathlon; hp - heptathlon; a - altitude; w - wind aided (> 2.0 mph); conv - converted from 4x400-yard relay;*  
**Note that all personal records (PR) are collegiate personal records**

## INDOOR

## 2022 SDSU TRACK & FIELD PERFORMANCE LIST

### 60 METERS

School Record: 7.17 (Ashley Henderson, 2017)

Time	Athlete	Place	Notes	Meet	Date
7.422	Jada Moore	11th	8th all-time; prelims; altitude	Texas Tech Open	Jan. 28
7.51	Jada Moore	9th	semis; altitude	Texas Tech Open	Jan. 28
7.60	Jalyn Harris	16nd	semis; altitude	Texas Tech Open	Jan. 28
7.60	Alexus Alexander	17th	semis; altitude	Texas Tech Open	Jan. 28
7.642	Alexus Alexander	18th	prelims; altitude	Texas Tech Open	Jan. 28
7.668	Jalyn Harris	22nd	prelims; altitude	Texas Tech Open	Jan. 28
7.964	Tai McDonald	51st	prelims; altitude	Texas Tech Open	Jan. 28

### 200 METERS

School Record: 22.41 (Ashley Henderson, 2018)

Time	Athlete	Place	Notes	Meet	Date
24.09	Jada Moore	8th	Altitude	Texas Tech Open	Jan. 29
24.25	Jalyn Harris	9th	Altitude	Texas Tech Open	Jan. 29
25.22	Rhea Hoyte	34th	Altitude	Texas Tech Open	Jan. 29
25.62	Aisha Watt	48th	Altitude	Texas Tech Open	Jan. 29
26.07	Anaya Alexander	59th	Altitude	Texas Tech Open	Jan. 29
26.242	Tai McDonald	66th	Altitude	Texas Tech Open	Jan. 29
26.90	Vanessa Spizewski	76th	Altitude	Texas Tech Open	Jan. 29

### 400 METERS

School Record: 53.51 (Tonette Dyer, 2003)

Time	Athlete	Place	Notes	Meet	Date
54.79	Sakura Roberson	5th	Altitude	Texas Tech Open	Jan. 28
55.96	Nyari McNeil	13th	Altitude	Texas Tech Open	Jan. 28
56.94	Rhea Hoyte	19th	Altitude	Texas Tech Open	Jan. 28

### 600 METERS

School Record: 1:29.84 (Sakura Roberson, 2020)

Time	Athlete	Place	Notes	Meet	Date
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### 800 METERS

School Record: 2:08.30 (Nyari McNeil, 2020)

Time	Athlete	Place	Notes	Meet	Date
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### 1,000 METERS

School Record: 2:52.69 (Ellison Grove, 2017)

Time	Athlete	Place	Notes	Meet	Date
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### MILE

School Record: 4:37.4 (Lynn Kanuka, 1981)

Time	Athlete	Place	Notes	Meet	Date
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### 60-METER HURDLES

School Record: 8.11 (Micha Auzenne, 2017)

Time	Athlete	Place	Notes	Meet	Date
8.78	Sara Absten	13th	Prelims; Altitude	Texas Tech Open	Jan. 28
8.804	Sara Absten	18th	Semis; Altitude	Texas Tech Open	Jan. 28
9.41	Ruthie Grant-Williams	30th	Prelims; Altitude	Texas Tech Open	Jan. 28

### 4x400-METER RELAY

School Record: 3:33.81 (Harris, Dyer, Roberson, McNeil, 2020)

Time	Team	Place	Notes	Meet	Date
3:39.44	Hoyte, Harris, Roberson, McNeil	4th	No. 2 in SDSU history, Altitude	TT Open	Jan. 29
3:49.27	Wait, Moore, Ale. Alexander, McDonald	9th	Altitude	TT Open	Jan. 29
3:49.27	Alexander, Absten, Grant-Williams, Clark	18th	Altitude	TT Open	Jan. 29

### POLE VAULT

School Record: 14-11.50 (Bonnie Draxler, 2019)

Mark	Athlete	Place	Notes	Meet	Date
13-00.25	Kaitlin Heri	T-4th		Texas Tech Open	Jan. 28
13-00.25	Ashley Callahan	T-8th		Texas Tech Open	Jan. 28
12-00.50	Corey Friedenbach	T-8th	B Section	Texas Tech Open	Jan. 28
NH	Elizabeth Funk	--		Texas Tech Open	Jan. 28

### HIGH JUMP

School Record: 5-11.50 (Lori Clark, 1984)

Mark	Athlete	Place	Notes	Meet	Date
5-05.75	Jenna Feyerabend	14th		Texas Tech Open	Jan. 29
NH	Jade Cany	---		Texas Tech Open	Jan. 29
NH	Ruthie Grant-Williams	---		Texas Tech Open	Jan. 29

### LONG JUMP

School Record: 21-07.50 (Karoline Koehler, 2010)

Mark	Athlete	Place	Notes	Meet	Date
18-09.25	Vanessa Spizewski	13th		Texas Tech Open	Jan. 28

### TRIPLE JUMP

School Record: 46-02.50 (Shanieka Thomas, 2013)

Mark	Athlete	Place	Notes	Meet	Date
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### SHOT PUT

School Record: 55-07.50 (Whitney Ashley, 2012)

Mark	Athlete	Place	Notes	Meet	Date
42-11.00	Onyi Anigbogu	8th	B Section	Texas Tech Open	Jan. 29

### WEIGHT THROW

School Record: 66-01.00 (Jasmine Burrell, 2014)

Mark	Athlete	Place	Notes	Meet	Date
47-10.50	Felicia Crenshaw	10th	B Section	Texas Tech Open	Jan. 28

### DISTANCE MEDLEY

School Record:

Time	Team	Place	Notes	Meet	Date
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### PENTATHLON

School Record: 4,145 (Allison Reaser, 2014)

Mark	Athlete	Place	Notes	Meet	Date
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