



2022 SAN DIEGO STATE TRACK & FIELD

2022 Schedule

December		
4	Red-Black All-Comers Meet	SDSU
January		
28-29	Texas Tech Open & Multi's	TTU
February		
4-5	NM Collegiate Classic	UNM
11-12	Don Kirby Elite Invitational	UNM
24-26	MW Indoor Champs	UNM
March		
11	Astro Al Distance Classic	CSF
11-12	NCAA Indoor Championships	UAB
12	San Diego Collegiate Challenge	UCSD
19	Ross & Sharon Irwin Invitational	PLNU
19	Franson Classic	APU
24-26	Aztec Invitational	SDSU
April		
7-9	Jim Click Shootout & Multi's	UofA
8-9	Triton Invitational	UCSD
13-15	Brian Clay Invitational	APU
14	Pacific Coast Intercollegiate	LBSU
13-16	Mt. Sac Invitational	Mt. Sac
14-16	Beach Invitational	LBSU
29-30	Steve Scott Invitational	UCI
30	Desert Heat Classic	UofA
May		
7	Oxy Invitational	Oxy
11-14	MW Outdoor Champs	Clovis, Calif.
27-28	NCAA West Prelims	Ark
June		
9 & 11	NCAA Outdoor Champs	Oregon

This Week's Entries

60m Dash

Alexus Alexander
Jalyn Harris
Tai McDonald
Jada Moore

200m Dash

Alexus Alexander
Jalyn Harris
Tai McDonald
Jada Moore
Vanessa Spizewski
Aisha Watt

400m Dash

Rhea Hoyte
Nyjari McNeil
Sakura Roberson

800m Run

Nyjari McNeil
Sakura Roberson

60m Hurdles

Sara Absten
Ruthie Grant-Williams

4x400m Relay

Hoyte, Harris, McNeil
Roberson (A)
Alexus Alexander,
Anaya Alexander,
Moore, Watt (B)
Absten, Clark Grant-Williams,
McDonald (C)

High Jump

Jade Cany
Jenna Fee Feyerabend
Ruthie Grant-Williams

Pole Vault

Ashley Callahan
Corey Friedenbach
Elizabeth Funk
Kaitlin Heri

Long Jump

Vanessa Spizewski

Shot Put

Felicia Crenshaw

Weight Throw

Felicia Crenshaw

Meet Week Preview

Texas Tech Open & Multi's – January 28-29
Lubbock, Texas – Sports Performance Center
Streaming on Big 12 Now on ESPN+ (subscription required)

SAN DIEGO – The Aztec track and field team kicks off the 2022 indoor season at the Texas Tech Open in Lubbock, Texas this Friday and Saturday. This will be SDSU's first indoor competition in 700 days after they didn't compete in indoors last year. The meet will be streamed on Big 12 Now, which is available with a subscription to ESPN+.

SDSU is one of 23 schools competing. There will be eight power-five schools there (Arizona, Auburn, Florida State, Kansas State, Oklahoma, TCU, Texas A&M, and the host school Texas Tech) and two Mountain West foes (Air Force and Boise State). The Aztecs will have 17 athletes competing across 11 events.

The competition gets started at 1 p.m. PT (3 p.m. CT) Friday with Felicia Crenshaw competing in the weight throw and four Aztecs competing in the pole vault (Callahan, Friedenbach, Funk and Heri). Vanessa Spizewski will compete in the long jump at 3 p.m. PT (5 p.m. CT).

The first running event SDSU will competing in is the prelims of the 60m dash where Alexis Alexander, Jalyn Harris, Tai McDonald and Jada Moore will be competing at 3:35 p.m. PT (5:35 p.m. CT). The semifinals will be run at 5:25 p.m. PT (7:25 p.m. CT) and the finals are at 6:55 p.m. PT (8:55 p.m. CT).

Friday's other running events are the 60m hurdles where Sara Absten and Ruthie Grant-Williams will be competing and the 400m dash which features Rhea Hoyte, Nyjari McNeil and Sakura Roberson, who will be running for the first time in nearly two years.

The 60m hurdles semis are at 5:05 p.m. PT (7:05 p.m. CT) and the finals are at 6:45 p.m. PT (8:45 p.m. CT). The 400m dash will be at 5:45 p.m. PT (7:45 p.m. CT).

Saturday's field events include: Felicia Crenshaw competing in the shot put and Jade Cany, Jenna Fee Feyerabend and Ruthie Grant-Williams in the high jump, which begins at 11 a.m. PT (1 p.m. CT).

Saturday's running events begin at 9:30 a.m. PT (11:30 a.m. CT) with the 200m dash where the Aztecs will have six athletes running (Alexus Alexander, Jalyn Harris, Tai McDonald, Jada Moore, Vanessa Spizewski and Aisha Watt).

At 10:30 a.m. PT (12:30 p.m. CT), Nyjari McNeil and Sakura Roberson will run in the 800m run. McNeil holds the SDSU indoor record in the 800m (2:08.30) and won the 800m at last year's Mountain West Outdoor championships with a time of 2:05.34, a SDSU outdoor record for sophomores.

The meet will end with the 4x400m relay at 1:35 p.m. PT (3:35 p.m. CT). SDSU won the 4x400m relay at the last two Mountain West Championships (2020 indoor and 2021 outdoor). SDSU will have three squads run and their A team will be Rhea Hoyte, Jalyn Harris, Nyjari McNeil and Sakura Roberson.

Aztec Tidbits

- SDSU didn't compete in the indoor season in 2021 so this weekend's meet will be their first indoor competition in 700 days, since the 2020 Mountain West Indoor Championships.
- The Aztecs won the Mountain West Outdoor Championship last year with 161 points, their most in the Outdoor Championships since 2013.
- SDSU has won three of the last four and five of the last eight Mountain West Outdoor Championships.
- Head Coach Shelia Burrell won her fifth Mountain West Coach of the Year award last season.
- SDSU won seven gold medals at the Mountain West Outdoor Championships last year. Jada Moore won three golds (100m, 200m and 4x100m relay).
- The Aztecs had 14 All-Mountain West honorees last season and return 13 of them, losing only Maya Brosch (400m hurdles & 4x400m relay) to graduation.
- The SDSU 4x100m relay team qualified for the NCAA Outdoor Championships last year and all four runners return (Danae Dyer, Tai McDonald, Jada Moore and Aisha Watt). The Aztecs have had a representative in 23 of the last 24 NCAA Outdoor Championships.
- Four Aztecs will be making their SDSU debut this weekend: Freshmen Ashley Callahan (pole vault) and Jenna Fee Feyerabend and transfers Corey Friedenbach (Air Force, pole vault) and Anaya Alexander (Iowa, 400m).
- This will be SDSU's only indoor competition outside of Albuquerque, N.M. Their next three meets will be in Albuquerque.

Roster Breakdown

By Class

Seniors (6)

Anaya Alexander, Emily Burd, Delaney Fields, Jalyn Harris, Kaitlin Heri, Sakura Roberson

Juniors (20)

Sara Absten, Alysia Allen, Jordyn Bryant, Jade Cany, Carina Clark, Paige Comiso, Felicia Crenshaw, Isabelle Davis, Danae Dyer, Corey Friedenbach, Erica Grotegeer, Taylor Lustyan, Carlene Masar, Tai McDonald, Nyjari McNeil, Natalie Regalado, Naomi Smitham, Vanessa Spizewski, Dejanae Thompson, Destiny Washington

Sophomores (16)

Alexus Alexander, Onyi Anigbogu, Amber Elias, Elizabeth Funk, Ruthie Grant-Williams, Lauren Harper Rhea Hoyte, Jazmin Jackson, Simone Johnson, Jessica Kain, Alex Lomeli, Jada Moore, Sierra Roberson, Aisha Watt, Bailey Watts, Thaila Wilson

Freshmen (8)

Zoe Brosch, Vanessa Cabello, Ashley Callahan, Jenna Fee Feyerabend, Shaquena Foote, Kennedy Jennings, Madison Martin, Nicole Meyer

By Home State/Country

California (37) - Alexis Alexander, Anaya Alexander, Onyi Anigbogu, Zoe Brosch, Jordyn Bryant, Vanessa Cabello, Ashley Callahan, Jade Cany, Paige Comiso, Felicia Crenshaw, Isabelle Davis, Danae Dyer, Amber Elias, Corey Friedenbach, Elizabeth Funk, Ruthie Grant-Williams, Erica Grotegeer, Lauren Harper, Jalyn Harris, Kaitlin Heri, Jazmin Jackson, Kennedy Jennings, Simone Johnson, Jessica Kain, Alex Lomeli, Taylor Lustyan, Carlene Masar, Tai McDonald, Nicole Meyer, Natalie Regalado, Sakura Roberson, Sierra Roberson, Naomi Smitham, Vanessa Spizewski, Dejanae Thompson, Destiny Washington, Bailey Watts

Washington (2) - Sara Absten, Aisha Watt

Jamaica (2) - Shaquena Foote, Thaila Wilson

Barbados (1) - Rhea Hoyte

Connecticut (1) - Madison Martin

Germany (1) - Jenna Fee Feyerabend

Florida (1) - Carina Clark

Maryland (1) - Nyjari McNeil

Missouri (1) - Jada Moore

Nevada (1) - Alysia Allen

Oregon (1) - Delaney Fields

Pennsylvania (1) - Emily Burd

By Event Group

Distance (10)

Emily Burd, Vanessa Cabello, Paige Comiso, Isabelle Davis, Amber Elias, Taylor Lustyan, Carlene Masar, Nicole Meyer, Naomi Smitham, Bailey Watts

Hurdles (6)

Carina Clark, Danae Dyer, Rhea Hoyte, Shaquena Foote, Jazmin Jackson, Destiny Washington

Jumps (7)

Jade Cany, Jenna Fee Feyerabend, Jazmin Jackson, Simone Johnson, Vanessa Spizewski, Dejanae Thompson, Thaila Wilson

Mid-Distance (11)

Emily Burd, Shaquena Foote, Lauren Harper, Kennedy Jennings, Jessica Kain, Alex Lomeli, Nyjari McNeil, Natalie Regalado, Sakura Roberson, Sierra Roberson, Bailey Watts

Multi's (4)

Sara Absten, Jenna Fee Feyerabend, Ruthie Grant-Williams, Thaila Wilson

Pole Vault (6)

Alysia Allen, Ashley Callahan, Corey Friedenbach, Elizabeth Funk, Kaitlin Heri, Madison Martin

Sprints (12)

Alexus Alexander, Anaya Alexander, Carina Clark, Danae Dyer, Shaquena Foote, Jalyn Harris, Rhea Hoyte, Simone Johnson, Tai McDonald, Jada Moore, Vanessa Spizewski, Aisha Watt

Throws (5)

Onyi Anigbogu, Zoe Brosch, Jordyn Bryant, Felicia Crenshaw, Erica Grotegeer

2022 SDSU Track and Field Roster

Name	Events	Yr.	Hometown (Previous School)
Sara Absten	Multi's	Jr.	Burlington, Wash. (IMG Academy)
Alexus Alexander	Sprints	So.	Compton, Calif. (Lakewood High)
Anaya Alexander	Sprints	Sr.	Walnut Creek, Calif. (Las Lomas High)
Alysia Allen	Pole Vault	Jr.	Reno, Nev. (Reed High)
Onyi Anigbogu	Throws	So.	Corona, Calif. (Santiago HS)
Zoe Brosch	Throws	Fr.	South Lake Tahoe, Calif. (South Tahoe High)
Jordyn Bryant	Throws	Jr.	Oakland, Calif. (Miramonte High)
Emily Burd	Mid-Distance/Distance	Sr.	Havertown, Pa. (Pittsburgh)
Vanessa Cabello	Distance	Fr.	Los Altos, Calif. (Saint Francis High)
Ashley Callahan	Pole Vault	Fr.	Escondido, Calif. (Rancho Bernardo High)
Jade Cany	Jumps	Jr.	San Diego, Calif. (Sacramento State)
Carina Clark	Sprints/Hurdles	Jr.	Winter Springs, Fla. (Winter Springs High)
Paige Comiso	Distance	Jr.	San Jose, Calif. (Presentation High)
Felicia Crenshaw	Throws	Jr.	Costa Mesa, Calif. (Costa Mesa High)
Isabelle Davis	Distance	Jr.	San Diego, Calif. (Del Norte High)
Danae Dyer	Sprints/Hurdles	Jr.	Temecula, Calif. (Temecula Valley High)
Amber Elias	Distance	So.	Napa, Calif. (Vintage HS)
Jenna Fee Feyerabend	Multi's/Jumps	Fr.	Gross-Gerau, Germany (Carl-Von-Weinberg Schule)
Delaney Fields	Pole Vault	Sr.	Eugene, Ore. (Lane CC)
Shaquena Foote	Sprints/Hurdles/Mid	Fr.	Petersfield, Jamaica (Petersfield HS)
Corey Friedenbach	Pole Vault	Jr.	Santa Cruz, Calif. (Air Force)
Elizabeth Funk	Pole Vault	So.	Fresno, Calif. (Clovis West High)
Ruthie Grant-Williams	Multi's	So.	Coronado, Calif. (Coronado High)
Erica Grotegeer	Throws	Jr.	Plumas Lake, Calif. (Wheatland Union High)
Lauren Harper	Mid-Distance	So.	Weaverville, Calif. (Trinity High)
Jalyn Harris	Sprints	Sr.	Rancho Cucamonga, Calif. (Rancho Cucamonga High)
Kaitlin Heri	Pole Vault	Sr.	Redondo Beach, Calif. (Redondo Union High)
Rhea Hoyte	Sprints/Hurdles	So.	St. Michael, Barbados (The St. Michael School)
Jazmin Jackson	Hurdles/Jumps	So.	Thousand Oaks, Calif. (Chaminade College Prep)
Kennedy Jennings	Mid-Distance	Fr.	Fresno, Calif. (Edison High)
Simone Johnson	Sprints/Jumps	So.	Fresno, Calif. (Central High)
Jessica Kain	Mid-Distance	So.	Scotts Valley, Calif. (Scotts Valley High)
Alex Lomeli	Mid-Distance	So.	Los Angeles, Calif. (Notre Dame Academy High)
Taylor Lustyan	Distance	Jr.	Clovis, Calif. (Chico State)
Madison Martin	Pole Vault	Fr.	Waterford, Conn. (Norwich Free Academy)
Carlene Masar	Distance	Jr.	Jamul, Calif. (Steele Canyon High)
Tai McDonald	Sprints	Jr.	Sacramento, Calif. (Sheldon High)
Nyjari McNeil	Mid-Distance	Jr.	Reisterstown, Md. (Franklin High)
Nicole Meyer	Distance	Fr.	Orange, Calif. (Orange Lutheran High)
Jada Moore	Sprints	So.	St. Louis, Mo. (Pattonville High)
Natalie Regalado	Mid-Distance	Jr.	Lake Forest, Calif. (Trabuco Hills High)
Sakura Roberson	Mid-Distance	Sr.	San Diego, Calif. (La Jolla High)
Sierra Roberson	Mid-Distance	So.	San Diego, Calif. (Cal State San Marcos)
Naomi Smitham	Distance	Jr.	San Diego, Calif. (Canyon Crest Academy)
Vanessa Spizewski	Sprints/Jumps	Jr.	San Diego, Calif. (Rancho Buena Vista High)
Dejanae Thompson	Jumps	Jr.	San Diego, Calif. (Morse High)
Aisha Watt	Sprints	So.	Seattle, Wash. (Seattle Prep)
Bailey Watts	Mid-Distance/Distance	So.	Foothill Ranch, Calif. (Trabuco Hills HS)
Thaila Wilson	Multi's/Jumps	So.	St. Catherine, Jamaica (Hydel High)

Coaching Staff

Head Coach: Shelia Burrell (UCLA, 1995), 13th season

Assistant Coach/Recruiting Coordinator: Alrick Munroe (Wayland Baptist Univ., 1988), Ninth season

Assistant Coach (Throws)/Director of Operations: Jesse Chapman (UConn, 2014), Second season

Assistant Coach (Cross Country/Distance): Robert Lusitana (San Diego State, 1982), Fifth season

Assistant Coach (Pole Vault): Richard Fox (San Diego State, 1992), 27th season

Assistant Coach (Jumps): Craig Poole (Utah, 1970), Fifth season

Assistant Coach: Brad Johnson

Assistant Coach (Throws): Jasmine Burrell (San Diego State, 2015), Second season