



2021 SAN DIEGO STATE TRACK & FIELD

2021 Schedule

February		
25	Utah Dual Meet	1st
March		
25-27	Aztec Invitational	2nd
April		
7	Mountain West Challenge	1st
9-10	Franson Classic	Azusa, Calif.
10	Triton Invitational	1st
16-17	Long Beach Invitational	LBSU
29-30	UCR Invitational (Track)	UCR
30-May 1	LBSU Throws/Jumps Fest	LBSU
May		
13-15	MW Outdoor Champs	1st
27&29	NCAA West Prelims	Texas A&M
June		
10-12	NCAA Outdoor Champs	Oregon

This Week's Entries

Pole Vault Kaitlin Heri

100m Dash Jada Moore

High Jump Jade Cany

200m Dash Danae Dyer Jalyn Harris Jada Moore Aisha Watt

Triple Jump Simone Johnson

Discus Throw Jordyn Bryant Erica Grotegeer

400m Dash Jalyn Harris

Shot Put Jordyn Bryant Erica Grotegeer

800m Run Nyjari McNeil

1,500m Run Jessica Kain

100m Hurdles Danae Dyer

400m Hurdles Maya Brosch Rhea Hoyte

4x100m Relay Moore, Harris, McDonald, Dyer, Watt

4x400m Relay Brosch, Hoyte, Harris, McNeil, Watt, Moore

Meet Week Preview

NCAA West Preliminary Championships – May 27 & May 29
College Station, Texas – E.B. Cushing Stadium (Hosted by Texas A&M) | SEC Network Plus

The Aztecs, fresh off winning the Mountain West Outdoor Championships, will have 14 student-athletes competing at the NCAA West Preliminary Championships this Thursday and Saturday at Texas A&M seeking qualification for the NCAA Outdoor Championships (June 10-12, Eugene, Ore.). The meet will follow the same format as the NCAA Championships and will be shown on ESPN's SEC Network Plus. Thursday's broadcast will begin at 4 p.m. PT and Saturday's will start at 3:30 p.m. PT and will primarily focus on the track events.

For the 100, 200, 400, 800, 100m hurdles and 400m hurdles, there are six heats with nine runners in each. The top three from each heat plus the next six fastest times advance to Saturday's finals, where the top three from each of three heats will advance plus the next three fastest times qualify for the NCAA Championships.

In the 1,500m run, where Jessica Kain is competing, the top five from each of the four heats plus the next fastest four times advance to Saturday's prelim finals.

The 4x100m and 4x400m relays will only run on Saturday with the top three from each of the three heats plus the next three fastest times advancing to Eugene.

For the field events where SDSU has competitors in the pole vault (Kaitlin Heri), discus (Jordyn Bryant & Erica Grotegeer), high jump (Jade Cany), triple jump (Simone Johnson) & shot put (Bryant), the top 12 advance.

On Thursday, the Aztecs will be competing in the pole vault (1 p.m. PT) and shot put (4 p.m. PT) and in the first round of all individual track events, beginning with Danae Dyer in the 100m hurdles at 4 p.m. PT. On Saturday, SDSU competes in the high jump (11 a.m. PT), discus (11:30 a.m.) and triple jump (1:15 p.m. PT) in addition the finals for all track events including the relays.

NCAA Prelim Notes

- This will be the first appearance in the NCAA West prelims for nine of the 14 Aztec qualifiers. Maya Brosch, Erica Grotegeer, Jalyn Harris, Kaitlin Heri and Nyjari McNeil all competed in 2019 (the 2020 outdoor season was canceled due to the COVID-19 pandemic). Heri and Harris also qualified in 2018.
- SDSU has had a representative in 22 of the last 23 NCAA Outdoor Championships.
- The Aztecs have had their 4x400m relay team qualify for the last two NCAA Outdoor Championships (2018 & 2019) as well as the 2020 NCAA Indoor Championships.

Mountain West Championship Tidbits

- SDSU has won three of the last four Mountain West Outdoor Championships & five of the last eight.
- SDSU's 161 points were their most at a MW Outdoor Championship since 2013.
- Shelia Burrell was named the Mountain West Coach of the Year for the fifth time.
- SDSU has won three of the last four 4x100m relays and the last four 4x400m relays.
- SDSU had seven new entries into the top ten of their outdoor record book and five those were top-five marks: Jada Moore (200m, 23.11, No. 4), Jessica Kain (1,500m, 4:21.87, No. 4), Jade Cany (high jump, 5-09.75), Erica Grotegeer (discus, 182-5) and the 4x100m relay team (44.15, No. 5).
- Kain's time was the fastest by an Aztec since 1982 and Cany's high jump was the best since 1989.
- Jada Moore took first in the 100, 200 & 4x100m relay & set SDSU records for a freshman in the 100 & 200.
- Nyjari McNeil set an Aztec outdoor record in the 800m (2:05.34) for sophomores. She now has the SDSU record in the 800 for freshman and sophomores in both the indoor and outdoor seasons.

Where the Aztecs Rank

Athlete	Reg. Rank	Event	Time/Mark	Date
Kaitlin Heri	7	Pole vault	14-00.00	Apr. 7
4x100m Relay	9	4x100m	44.15	May 15
Danae Dyer	10	100m hurdles	12.99w	May 15
Nyjari McNeil	13	800m run	2:05.34	May 15
Jada Moore	14	200m dash	23.11	May 15
Jada Moore	15	100m dash	11.36w	May 15
4x400m Relay	17	4x400m	3:38.94	May 15
Erica Grotegeer	19	Discus throw	182-5	May 15
Maya Brosch	22	400m hurdles	58.74	Mar. 25
Rhea Hoyte	27	400m hurdles	59.02	Apr. 30
Jade Cany	28	High jump	5-09.75	May 15
Jordyn Bryant	32	Discus throw	172-5	Mar. 25
Simone Johnson	32	Triple Jump	42-03.50	Apr. 16
Danae Dyer	34	200m dash	23.53	May 15
Jalyn Harris	37	200m dash	23.58	May 14
Jessica Kain	37	1,500m run	4:21.87	May 15
Jalyn Harris	43	400m dash	53.70	May 14
Aisha Watt	48	200m Dash	23.79	May 14
Jordyn Bryant	48	Shot put	51-03.50	Apr. 30

Roster Breakdown

By Class

Seniors (8)

Cari Acosta, Anaya Alexander, Maya Brosch, Kaitlin Heri, Lauryn Moore, Renee Phillips, Molly Scharmann, Asia Smith

Juniors (5)

Emily Burd, Callista Fletcher, Jalyn Harris, Delaney Fields, Sakura Roberson,

Sophomores (21)

Sara Absten, Alysia Allen, Jordyn Bryant, Jade Cany, Carina Clark, Paige Comiso, Felicia Crenshaw, Isabelle Davis, Danae Dyer, Kasey Ebb, Delaney Fields, Corey Freidenbach, Izzy Gartner, Erica Grotegeer, Carlene Masar, Tai McDonald, Nyjari McNeil, Natalie Regalado, Naomi Smitham, Vanessa Spizewski, Alanna Stein, Dejanae Thompson, Quinn Wiley,

Freshmen (18)

Alexus Alexander, Onyi Anigbogu, Amber Elias, Elizabeth Funk, Bella Goode, Ruthie Grant-Williams, Lauren Harper Rhea Hoyte, Jazmin Jackson, Simone Johnson, Jessica Kain, Alex Lomeli, Jada Moore, Kaitlyn Swenson, Aisha Watt, Bailey Watts, Thaila Wilson

By Home State/Country

California (39) - Cari Acosta, Alexis Alexander, Anaya Alexander, Onyi Anigbogu, Maya Brosch, Jordyn Bryant, Jade Cany, Paige Comiso, Felicia Crenshaw, Isabelle Davis, Danae Dyer, Amber Elias, Corey Freidenbach, Elizabeth Funk, Bella Goode, Ruthie Grant-Williams, Erica Grotegeer, Lauren Harper, Jalyn Harris, Kaitlin Heri, Jazmin Jackson, Simone Johnson, Jessica Kain, Alex Lomeli, Carlene Masar, Tai McDonald, Lauryn Moore, Renee Phillips, Natalie Regalado, Sakura Roberson, Molly Scharmann, Asia Smith, Naomi Smitham, Vanessa Spizewski, Alanna Stein, Kaitlyn Swenson, Dejanae Thompson, Bailey Watts

Washington (3) - Sara Absten, Aisha Watt, Quinn Wiley

Maryland (2) - Kasey Ebb, Nyjari McNeil

Florida (1) - Carina Clark

Minnesota (1) - Izzy Gartner

Missouri (1) - Jada Moore

Nevada (1) - Alysia Allen

Oregon (1) - Delaney Fields

Pennsylvania (1) - Emily Burd

Barbados (1) - Rhea Hoyte

Jamaica (1) - Thaila Wilson

By Event Group

Distance (8)

Emily Burd, Paige Comiso, Isabelle Davis, Amber Elias, Carlene Masar, Renee Phillips, Naomi Smitham, Bailey Watts

Hurdles (7)

Maya Brosch, Carina Clark, Danae Dyer, Rhea Hoyte, Jazmin Jackson, Asia Smith, Quinn Wiley

Jumps (10)

Jade Cany, Izzy Gartner, Jazmin Jackson, Simone Johnson, Lauryn Moore, Asia Smith, Vanessa Spizewski, Alanna Stein, Dejanae Thompson, Thaila Wilson

Mid-Distance (10)

Emily Burd, Bella Goode, Lauren Harper, Jessica Kain, Alex Lomeli, Nyjari McNeil, Renee Phillips, Sakura Roberson, Naomi Smitham, Bailey Watts

Multi's (4)

Sara Absten, Ruthie Grant-Williams, Asia Smith, Thaila Wilson

Pole Vault (6)

Alysia Allen, Corey Freidenbach, Elizabeth Funk, Kaitlin Heri, Molly Scharmann, Kaitlyn Swenson

Sprints (13)

Alexus Alexander, Anaya Alexander, Carina Clark, Danae Dyer, Kasey Ebb, Callista Fletcher, Jalyn Harris, Rhea Hoyte, Simone Johnson, Tai McDonald, Jada Moore, Vanessa Spizewski, Quinn Wiley, Aisha Watt

Throws (5)

Cari Acosta, Onyi Anigbogu, Jordyn Bryant, Felicia Crenshaw, Erica Grotegeer

2021 SDSU Track and Field Alphabetical Roster

Name	Events	Yr.	Hometown (Previous School)
Sara Absten	Multi's	So.	Burlington, Wash. (IMG Academy)
Cari Acosta	Throws	Sr.	Clovis, Calif. (Buchanan High)
Alexus Alexander	Sprints	Fr.	Compton, Calif. (Lakewood High)
Anaya Alexander	Sprints	Sr.	Long Beach, Calif. (Iowa)
Alysia Allen	Pole Vault	So.	Reno, Nev. (Reed High)
Onyi Anigbogu	Throws	Fr.	Corona, Calif. (Santiago HS)
Maya Brosch	Hurdles	Sr.	South Lake Tahoe, Calif. (South Tahoe High)
Jordyn Bryant	Throws	So.	Oakland, Calif. (Miramonte High)
Emily Burd	Mid-Distance/Distance	Jr.	Havertown, Pa. (Pittsburgh)
Jade Cany	Jumps	So.	San Diego, Calif. (Sacramento State)
Carina Clark	Sprints/Hurdles	So.	Winter Springs, Fla. (Winter Springs High)
Paige Comiso	Distance	So.	San Jose, Calif. (Presentation High)
Felicia Crenshaw	Throws	So.	Costa Mesa, Calif. (Costa Mesa High)
Isabelle Davis	Distance	So.	San Diego, Calif. (Del Norte High)
Danae Dyer	Sprints/Hurdles	So.	Temecula, Calif. (Temecula Valley High)
Kasey Ebb	Sprints	So.	Accokeek, Md. (Bullis High)
Amber Elias	Distance	Fr.	Napa, Calif. (Vintage HS)
Delaney Fields	Pole Vault	Jr.	Eugene, Ore. (Lane CC)
Callista Fletcher	Sprints	Jr.	San Diego, Calif. (Scripps Ranch HS)
Corey Freidenbach	Pole Vault	So.	Santa Cruz, Calif. (Air Force)
Elizabeth Funk	Pole Vault	Fr.	Fresno, Calif. (Clovis West High)
Izzy Gartner	Jumps	So.	Byron, Minn. (Byron High)
Bella Goode	Mid-Distance	Fr.	Tustin, Calif. (Foothill High)
Ruthie Grant-Williams	Multi's	Fr.	Coronado, Calif. (Coronado High)
Erica Grotegeer	Throws	So.	Plumas Lake, Calif. (Wheatland Union High)
Lauren Harper	Mid-Distance	Fr.	Weaverville, Calif. (Trinity High)
Jalyn Harris	Sprints	Jr.	Rancho Cucamonga, Calif. (Rancho Cucamonga High)
Kaitlin Heri	Pole Vault	Sr.	Redondo Beach, Calif. (Redondo Union High)
Rhea Hoyte	Sprints/Hurdles	Fr.	St. Michael, Barbados (The St. Michael School)
Jazmin Jackson	Hurdles/Jumps	Fr.	Thousand Oaks, Calif. (Chaminade College Prep)
Simone Johnson	Sprints/Jumps	Fr.	Fresno, Calif. (Central High)
Jessica Kain	Mid-Distance	Fr.	Scotts Valley, Calif. (Scotts Valley High)
Alex Lomeli	Mid-Distance	Fr.	Los Angeles, Calif. (Notre Dame Academy High)
Carlene Masar	Distance	So.	Jamul, Calif. (Steele Canyon High)
Tai McDonald	Sprints	So.	Sacramento, Calif. (Sheldon High)
Nyjari McNeil	Mid-Distance	So.	Reistertown, Md. (Franklin High)
Jada Moore	Sprints	Fr.	St. Louis, Mo. (Pattonville High)
Lauryn Moore	Sprints/Jumps	Sr.	Oakland, Calif. (Bishop O'Dowd High)
Renee Phillips	Mid-Distance/Distance	Sr.	San Diego, Calif. (Coronado High)
Natalie Regalado	Mid-Distance	So.	Lake Forest, Calif. (Trabuco Hills High)
Sakura Roberson	Mid-Distance	Jr.	San Diego, Calif. (La Jolla High)
Molly Scharmann	Pole Vault	Sr.	Trabuco Canyon, Calif. (Washington State)
Asia Smith	Multi's	Sr.	Escondido, Calif. (Mission Hills High)
Naomi Smitham	Distance	So.	San Diego, Calif. (Canyon Crest Academy)
Vanessa Spizewski	Sprints/Jumps	So.	San Diego, Calif. (Rancho Buena Vista High)
Alanna Stein	Jumps	So.	Temecula, Calif. (Sacramento State)
Kaitlyn Swenson	Pole Vault	Fr.	Temecula, Calif. (Great Oak High)
Dejanae Thompson	Jumps	So.	San Diego, Calif. (Morse High)
Aisha Watt	Sprints	Fr.	Seattle, Wash. (Seattle Prep)
Bailey Watts	Mid-Distance/Distance	Fr.	Foothill Ranch, Calif. (Trabuco Hills HS)
Quinn Wiley	Sprints/Hurdles	So.	Seattle, Wash. (Chief Sealth High)
Thaila Wilson	Multi's/Jumps	Fr.	St. Catherine, Jamaica (Hydel High)

Coaching Staff

Head Coach: Shelia Burrell (UCLA, 1995), 12th season

Assistant Coach/Recruiting Coordinator: Alrick Munroe (Wayland Baptist Univ., 1988), Eighth season

Assistant Coach (Throws)/Director of Operations: Jesse Chapman (UConn, 2014), First season

Assistant Coach (Cross Country/Distance): Robert Lusitana (San Diego State, 1982), Fourth season

Assistant Coach (Pole Vault): Richard Fox (San Diego State, 1992), 26th season

Assistant Coach (Jumps): Craig Poole (Utah, 1970), Fourth season

Assistant Coach: Brad Johnson

Assistant Coach (Throws): Jasmine Burrell (San Diego State, 2015), First season

2021 SDSU TRACK & FIELD PERFORMANCE LIST

KEY: sr - school record; (number) - top-10 school ranking; qp - qualifying prelims; p - preliminaries; h - heats; 1r - first round; q - quarterfinals; s - semifinals; f - finals; i - invite; ei - elite invite; o - open; b - "b" section; se - seeded; u - unseeded; co - college; ch - championships; pn - pentathlon; hp - heptathlon; a - altitude; w - wind aided (> 2.0 meters/second); conv - converted from 4x400-yard relay; **Note that all personal records (PR) are collegiate personal records**

Sara Absten

5-7 | So. | Burlington, Wash. | IMG Academy

200 Meter (PR: 24.73 (May 13, 2021))

24.96 (hp)	2nd	Franson Classic	April 9
25.97	15th	Long Beach Invitational	April 17
25.37	7th	UCR Sprints Invitational	April 30
24.73 (hp)	2nd	MW Outdoor Championships	May 13

800 Meter (PR: 2:23.67 (Jan. 31, 2020))

2:25.77 (hp)	4th	Franson Classic	April 10
2:23.79 (hp)	1st	MW Outdoor Championships	May 14

100-Meter Hurdles (PR: 14.50 (Feb. 25, 2021))

14.50	4th	Utah Dual Meet	Feb. 25
14.50 (w, hp)	2nd	Aztec Invitational	March 25
16.18	17th	Aztec Invitational	March 27
14.64 (hp)	4th	Franson Classic	April 9
14.70	6th	Long Beach Invitational	April 17
14.51 (hp)	6th	MW Outdoor Championships	May 13
14.72 (p)	11th	MW Outdoor Championships	May 14

High Jump (PR: 5-05.75 (March 25, 2021))

5-05.75 (hp)	T-1st	Aztec Invitational	March 25
5-02.50 (hp)	T-3rd	Franson Classic	April 9
5-02.25 (hp)	T-5th	MW Outdoor Championships	May 13
5-01.25	T-16th	MW Outdoor Championships	May 15

Long Jump (PR: 18-10.50 (April 27, 2019))

17-06.75 (hp)	4th	Aztec Invitational	March 26
18-06.00	3rd	Aztec Invitational	March 27
18-02.25 (hp)	3rd	Franson Classic	April 10
17-10.25	4th	Long Beach Invitational	April 17
17-03.25 (hp)	8th	MW Outdoor Championships	May 14

Shot Put (PR: 36-07.50 (May 13, 2021))

31-02.75 (hp)	T-7th	Aztec Invitational	March 25
35-03.75	11th	Mountain West Challenge	April 7
33-04.00 (hp)	7th	Franson Classic	April 9
34-05.75	10th	Long Beach Invitational	April 16
36-07.50 (hp)	6th	MW Outdoor Championships	May 13

Javelin Throw (PR: 80-1 (May 14, 2021))

70-11 (hp)	9th	Aztec Invitational	March 26
60-11	10th	Mountain West Challenge	April 7
63-6 (hp)	8th	Franson Classic	April 10
80-1 (hp)	10th	MW Outdoor Championships	May 14

Heptathlon: (PR: 4,947 (May 9, 2019))

4,780	5th	Franson Classic	April 10
4,947	5th	MW Outdoor Championships	May 14

Cari Acosta

5-10 | Sr. | Clovis, Calif. | Buchanan HS

Hammer Throw (PR: 156-0 (May 14, 2021))

141-8	9th	Aztec Invitational	March 25
145-6	4th	Triton Invitational	April 10
151-7	7th	Long Beach Invitational	April 16
152-0	7th	LBSU Throws/Jumps Fest	April 30
156-11	16th	MW Outdoor Championships	May 14

Shot Put (PR: 39-09.25 (April 13, 2018))

Discus Throw (PR: 148-7 (April 10, 2021))

142-09	4th	Utah Dual Meet	Feb. 25
144-2	10th	Aztec Invitational	March 27
143-10	6th	Mountain West Challenge	April 7
148-7	4th	Triton Invitational	April 10
147-10	6th	Long Beach Invitational	April 16
137-10	10th	LBSU Throws/Jumps Fest	April 30
145-0	14th	MW Outdoor Championships	May 15

Alexus Alexander

5-7 | Fr. | Compton, Calif. | Lakewood HS

100 Meter Dash (PR: 12.00 (March 27, 2021))

12.232	2nd	Utah Dual Meet	Feb. 25
12.00	12th	Aztec Invitational	March 27
12.12	5th	Mountain West Challenge	April 7
12.19	3rd	Triton Invitational	April 10
12.33	4th	Long Beach Invitational	April 17
12.26	9th	UCR Sprints Invitational	April 30

200 Meter Dash (PR: 25.04 (April 30, 2021))

25.46	28th	Aztec Invitational	March 27
25.45	12th	Long Beach Invitational	April 17
25.04	4th	UCR Sprints Invitational	April 30

4x100-Meter Relay

46.54	1st	Mountain West Challenge	April 7
45.99	1st	Triton Invitational	April 10

Anaya Alexander

Sr. | Long Beach, Calif. | Las Lomas HS (Iowa)

Alysia Allen

5-7 | So. | Reno, Nev. | Reed HS

Pole Vault (PR: 13-04.25 (May 24, 2019))

NH	--	Utah Dual Meet	Feb. 25
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Onyi Anigbogu

6-2 | Fr. | Corona, Calif. | Santiago HS

Shot Put (PR: 43-05.25 (April 30, 2021))

43-00.25	3rd	Utah Dual Meet	Feb. 25
41-03.25	11th	Aztec Invitational	March 27
40-04.75	8th	Mountain West Challenge	April 7
40-10.25	4th	Triton Invitational	April 10
41-05.00	6th	Long Beach Invitational	April 16
43-05.25	5th	LBSU Throws/Jumps Fest	April 30

Discus Throw (PR: 131-8 (April 30, 2021))

125-6	16th	Aztec Invitational	March 27
112-10	8th	Mountain West Challenge	April 7
124-1	7th	Triton Invitational	April 10
124-1	11th	Long Beach Invitational	April 16
131-8	12th	LBSU Throws/Jumps Fest	April 30

Maya Brosch

5-7 | Sr. | South Lake Tahoe, Calif. | South Tahoe HS

200 Meter Dash (PR: 25.39 (April 10, 2021))

25.39	3rd	Triton Invitational	April 10
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400 Meter Hurdles (PR: 58.74 (March 27, 2021))

1:02.05	1st	Utah Dual Meet	Feb. 25
58.74 (9)	1st	Aztec Invitational	March 27
58.99	1st	Mountain West Challenge	April 7
1:00.25	1st	Long Beach Invitational	April 17
1:00.34	2nd	UCR Sprints Invitational	April 30
59.55 (p)	1st	MW Outdoor Championships	May 14
59.54 (f)	1st	MW Outdoor Championships	May 15

4x100-Meter Relay

48.19	2nd	Utah Dual Meet	Feb. 25
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4x400-Meter Relay

3:49.87	3rd	Utah Dual Meet	Feb. 25
3:42.83	4th	Aztec Invitational	March 27
3:41.35	1st	UCR Sprints Invitational	April 30
3:38.94	1st	MW Outdoor Championships	May 15

Jordyn Bryant

5-10 | So. | Oakland, Calif. | Miramonte HS

Shot Put (PR: 51-03.50 (April 30, 2021))

45-07.75	1st	Utah Dual Meet	Feb. 25
49-05.00	3rd	Aztec Invitational	March 27
48-10.25	1st	Mountain West Challenge	April 7
47-07.00	1st	Triton Invitational	April 10
47-11.75	1st	Long Beach Invitational	April 16
51-03.50 (4)	1st	LBSU Throws/Jumps Fest	April 30
48-10.25	6th	MW Outdoor Championships	May 14

Discus Throw (PR: 172-5 (March 27, 2021))

149-05	1st	Utah Dual Meet	Feb. 25
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172-5	2nd	Aztec Invitational	March 27
167-2	2nd	Mountain West Challenge	April 7
160-3	3rd	Triton Invitational	April 10
171-4	1st	Long Beach Invitational	April 16
166-11	1st	LBSU Throws/Jumps Fest	April 30
153-11	10th	MW Outdoor Championships	May 15

Javelin Throw (PR: 129-5 (March 23, 2019))

Emily Burd

5-6 | Jr. | Havertown, Pa. | Friends' Central School

(Pittsburgh)

800 Meter (PR: 2:18.15 (April 13, 2019))

2:20.70	7th	Utah Dual Meet	Feb. 25
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1,500 Meters (PR: 4:33.86 (May 14, 2021))

4:38.07	4th	Utah Dual Meet	Feb. 25
4:39.05	9th	Aztec Invitational	March 27
4:36.58	2nd	Mountain West Challenge	April 7
4:35.79	2nd	Long Beach Invitational	April 16
4:33.86 (p)	11th	MW Outdoor Championships	May 14
4:35.70	11th	MW Outdoor Championships	May 15

5,000 Meters (PR: 17:53.71 (April 29, 2021))

17:53.71	4th	UCR Distance Invitational	April 29
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4x400 Meter Relay

4:07.47	4th	Mountain West Challenge	April 7
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Jade Cany

5-11 | So. | San Diego, Calif. | Torrey Pines HS

(Sacramento St.)

High Jump (PR: 5-07.00 (April 7, 2021))

5-05.00	7th	Aztec Invitational	March 27
5-07.00	2nd	Mountain West Challenge	April 7
5-07.00	T-1st	Triton Invitational	April 10
5-05.00	T-2nd	Long Beach Invitational	April 17
5-05.00	4th	LBSU Throws/Jumps Fest	May 1
5-09.75 (4)	4th	MW Outdoor Championships	May 15

Triple Jump (PR: 39-02.25 (May 1, 2021))

36-04.00	6th	Mountain West Challenge	April 7
37-03.75	7th	Long Beach Invitational	April 17
39-02.25	4th	LBSU Throws/Jumps Fest	May 1
38-04.75 (w)	10th	MW Outdoor Championships	May 15

Carina Clark

5-6 | So. | Winter Springs, Fla. | Winter Springs HS

400-Meter Hurdles (PR: 1:03.27 (April 10, 2021))

1:04.87	3rd	Utah Dual Meet	Feb. 25
1:05.32	10th	Aztec Invitational	March 27
1:04.63	6th	Mountain West Challenge	April 7
1:03.27	3rd	Triton Invitational	April 10
1:07.59	8th	Long Beach Invitational	April 17
1:05.27	10th	UCR Sprints Invitational	April 30
1:03.93 (p)	15th	MW Outdoor Championships	May 14

Paige Comiso

5-4 | So. | San Jose, Calif. | Presentation HS

3,000 Meters (PR: 10:58.32 (March 7, 2020))

11:01.29	6th	Mountain West Challenge	April 7
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5,000 Meters (PR: 18:19.17 (April 27, 2019))

19:26.73	21st	Aztec Invitational	March 27
19:02.89	16th	UCR Distance Invitational	April 29

10,000 Meters (PR: 40:14.38 (April 17, 2021))

40:14.38	23rd	Bryan Clay Invitational	April 17
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Felicia Crenshaw

5-7 | So. | Costa Mesa, Calif. | Costa Mesa HS

Shot Put (PR: 43-10.50 (April 30, 2021))

40-02.00	9th	Mountain West Challenge	April 7
39-06.75	5th	Triton Invitational	April 10
41-11.25	5th	Long Beach Invitational	April 16
43-10.50	4th	LBSU Throws/Jumps Fest	April 30
39-02.25	17th	MW Outdoor Championships	May 14

Hammer Throw (PR: 165-4 (March 7, 2020))

139-2	12th	Aztec Invitational	March 25
151-2	3rd	Triton Invitational	April 10

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165-4 (9)	6th	Long Beach Invitational	April 16
155-5	5th	LBSU Throws/Jumps Fest	April 30
143-10	20th	MW Outdoor Championships	May 14
Discus Throw (PR: 164-4 (May 15, 2021))			
155-04	2nd	Utah Dual Meet	Feb. 25
147-9	7th	Aztec Invitational	March 27
148-4	4th	Mountain West Challenge	April 7
160-7	2nd	Triton Invitational	April 10
158-4	5th	Long Beach Invitational	April 16
164-4 (10)	7th	MW Outdoor Championships	May 15

Isabelle Davis

5-2 So. San Diego, Calif. Del Norte HS			
3,000 Meters (PR: 11:20.87 (April 5, 2019))			
11:26.41	8th	Utah Dual Meet	Feb. 25
11:29.85	10th	Mountain West Challenge	April 7
11:57.09	3rd	Long Beach Invitational	April 16
5,000 Meters (PR: 19:09.85 (March 9, 2019))			
3,000m Steeplechase (PR: 11:39.29 (March 27, 2021))			
11:39.29	4th	Aztec Invitational	March 27
12:15.96	8th	UCR Distance Invitational	April 29

Danae Dyer

5-9 So. Temecula, Calif. Temecula Valley HS			
100 Meters (PR: 12.02 (March 30, 2019))			
200 Meters (PR: 23.53 (May 15, 2021))			
24.11	7th	Long Beach Invitational	April 17
23.77 (p)	8th	MW Outdoor Championships	May 14
23.53	4th	MW Outdoor Championships	May 14
100-Meter Hurdles (PR: 13.35 (April 17, 2021))			
13.87	1st	Utah Dual Meet	Feb. 25
13.68	4th	Aztec Invitational	March 27
13.42	1st	Mountain West Challenge	April 7
13.57	1st	Triton Invitational	April 10
13.35	4th	Long Beach Invitational	April 17
13.38 (p)	1st	MW Outdoor Championships	May 14
12.99 (f, w)	1st	MW Outdoor Championships	May 15
4x100-Meter Relay			
45.36	1st	Utah Dual Meet	Feb. 25
45.20	4th	Aztec Invitational	March 27
45.99	1st	Triton Invitational	April 10
44.15 (f)	1st	MW Outdoor Championships	May 15

Kasey Ebb

5-5 So. Accokeek, Md. Bullis HS			
200 Meters (PR: 25.01 (March 30, 2019))			
400 Meters (PR: 55.77 (March 30, 2019))			

Amber Elias

5-4 Fr. Napa, Calif. Napa HS			
3,000 Meters (PR: 10:33.67 (April 7, 2021))			
10:37.85	5th	Utah Dual Meet	Feb. 25
10:33.67	4th	Mountain West Challenge	April 7
5,000 Meters (PR: 17:56.32 (April 29, 2021))			
18:16.58	12th	Aztec Invitational	March 27
17:56.32	6th	UCR Distance Invitational	April 29
10,000 Meters (PR: 38:39.92 (April 17, 2021))			
38:39.92	16th	Bryan Clay Invitational	April 17

Delaney Fields

5-11 Jr. Eugene, Ore. Churchill HS (Lane CC)			
Pole Vault (PR: 12-02.00 (April 10, 2021))			
11-10.50	10th	Aztec Invitational	March 27
12-00.50	5th	Mountain West Challenge	April 7
12-02.00	T-2nd	Triton Invitational	April 10
11-05.75	T-4th	Long Beach Invitational	April 17
11-05.75	8th	LBSU Throws/Jumps Fest	May 1
11-07.00	11th	MW Outdoor Championships	May 14

Corey Freidenbach

5-10 So. Santa Cruz Calif. Pacific Collegiate School (Air Force)			
Pole Vault (PR: 11-11.25 (May 11, 2019))			

Elizabeth Funk

5-7 Fr. Fresno, Calif. Clovis West HS			
Pole Vault (PR: 13-00.25 (Feb. 25, 2021))			
13-00.25	2nd	Utah Dual Meet	Feb. 25
12-10.25	8th	Aztec Invitational	March 27
13-00.25	2nd	Mountain West Challenge	April 7
12-02.00	T-2nd	Triton Invitational	April 10
12-11.50	2nd	Long Beach Invitational	April 17
12-05.50	4th	LBSU Throws/Jumps Fest	May 1
13-02.25	3rd	MW Outdoor Championships	May 14

Izzy Gartner

6-0 So. Byron, Minn. Byron HS			
High Jump (PR: 5-01.25 (Feb. 25, 2021))			
5-01.25	4th	Utah Dual Meet	Feb. 25

Bella Goode

5-5 So. Tustin, Calif. Foothill HS			
Ruthie Grant-Williams			
5-9 Fr. Coronado, Calif. Coronado HS			
200 Meter Dash (PR: 26.48 (May 13, 2021))			
26.74 (w, hp)	4th	Aztec Invitational	March 25
25.93 (w, hp)	2nd	Franson Classic	April 9
26.48 (hp)	10th	MW Outdoor Championships	May 13
100-Meter Hurdles (PR: 14.95 (April 9, 2021))			
15.18	5th	Utah Dual Meet	Feb. 25
14.86 (w, hp)	3rd	Aztec Invitational	March 25
14.95 (hp)	7th	Franson Classic	April 9
15.14 (hp)	9th	MW Outdoor Championships	May 13
Long Jump (PR: 17-07.00 (March 25, 2021))			
17-07.00 (hp)	3rd	Aztec Invitational	March 26
17-09.00 (w, hp)	6th	Franson Classic	April 10
17-01.50	7th	Long Beach Invitational	April 17
17-03.25	6th	LBSU Throws/Jumps Fest	May 1
14-07.65 (hp)	11th	MW Outdoor Championships	May 14
High Jump (PR: 5-07.25 (Feb. 25, 2021))			
5-07.25	1st	Utah Dual Meet	Feb. 25
5-05.75 (hp)	T-1st	Aztec Invitational	March 25
5-03.00	11th	Aztec Invitational	March 27
5-05.00 (hp)	T-1st	Franson Classic	April 9
5-03.00	6th	Long Beach Invitational	April 17
5-01.00 (hp)	T-8th	MW Outdoor Championships	May 13
Shot Put (PR: 35-03.00 (April 7, 2021))			
32-09.00	6th	Utah Dual Meet	Feb. 25
33-09.25 (hp)	5th	Aztec Invitational	March 25
35-03.00	12th	Mountain West Challenge	April 7
33-04.00 (hp)	7th	Franson Classic	April 9
34-02.00	11th	Long Beach Invitational	April 16
34-03.50 (hp)	MW Outdoor Championships	May 13	
Javelin Throw (PR: 97-9 (April 10, 2021))			
93-6 (hp)	4th	Aztec Invitational	March 25
90-0	9th	Mountain West Challenge	April 7
97-9 (hp)	6th	Franson Classic	April 10
79-5 (hp)	11th	MW Outdoor Championships	May 14
Heptathlon (PR: 4,687 points (April 10, 2021))			
4,687	6th	Franson Classic	April 10
3,602 (DNF)		MW Outdoor Championships	May 14

Ruthie Grant-Williams

Erica Grotegeer

5-7 So. Plumas Lake, Calif. Wheatland Union HS			
Shot Put (PR: 44-09.00 (Feb. 25, 2021))			
44-09.00	2nd	Utah Dual Meet	Feb. 25
40-09.50	6th	Mountain West Challenge	April 7
42-05.50	3rd	Triton Invitational	April 10
39-10.50	9th	Long Beach Invitational	April 16
38-07.50	11th	LBSU Throws/Jumps Fest	April 30
Discus Throw (PR: 175-0 (May 11, 2019))			
165-8	1st	Utah Dual Meet	Feb. 25
171-5	1st	Mountain West Challenge	April 7
165-11	1st	Triton Invitational	April 10
158-8	3rd	Long Beach Invitational	April 16
155-3	2nd	LBSU Throws/Jumps Fest	April 30

Lauren Harper

5-11 Fr. Weaverville, Calif. Trinity HS			
800 Meters (PR: 2:06.86 (May 14, 2021))			
2:19.38	4th	Utah Dual Meet	Feb. 25
2:16.01	6th	Mountain West Challenge	April 7
2:12.87	2nd	Long Beach Invitational	April 16
2:13.42	1st	UCR Distance Invitational	April 29
2:09.65 (p)	8th	MW Outdoor Championships	May 14
2:08.86 (f)	6th	MW Outdoor Championships	May 15
1,500 Meters (PR: 4:36.64 (Feb. 25, 2021))			
4:36.64	3rd	Utah Dual Meet	Feb. 25
5:06.11	10th	Long Beach Invitational	April 16
4x400 Meter Relay			
4:07.47	4th	Mountain West Challenge	April 7

Jalyn Harris

5-10 Jr. Rancho Cucamonga, Calif. Rancho Cucamonga HS			
100 Meters (PR: 11.97 (April 10, 2021))			
11.97	1st	Triton Invitational	April 10
200 Meters (PR: 23.58 (May 14, 2021))			
24.42	1st	Utah Dual Meet	Feb. 25
24.08	2nd	Mountain West Challenge	April 7
24.26	9th	Long Beach Invitational	April 17
23.58 (p)	5th	MW Outdoor Championships	May 14
23.61 (f)	5th	MW Outdoor Championships	May 14
400 Meters (PR: 53.59 (May 12, 2018))			
54.09	3rd	Aztec Invitational	March 27
54.15	1st	Mountain West Challenge	April 7
54.21	8th	Long Beach Invitational	April 17
54.84	1st	UCR Sprints Invitational	April 30
54.44 (p)	3rd	MW Outdoor Championships	May 14
53.70 (f)	4th	MW Outdoor Championships	May 14
4x100 Meter Relay			
45.20	4th	Aztec Invitational	March 27
4x400-Meter Relay			
3:42.44	1st	Utah Dual Meet	Feb. 25
3:41.35	1st	UCR Sprints Invitational	April 30
3:38.94	1st	MW Outdoor Championships	May 15

Kaitlin Heri

5-6 Sr. Redondo Beach, Calif. Redondo Union			
Pole Vault (PR: 14-00.00 (April 7, 2021))			
13-04.25	1st	Utah Dual Meet	Feb. 25
13-06.25	2nd	Aztec Invitational	March 27
14-00.00	1st	Mountain West Challenge	April 7
13-06.25	1st	Triton Invitational	April 10
13-03.50	1st	Long Beach Invitational	April 17
13-01.50	1st	LBSU Throws/Jumps Fest	May 1
13-02.25	2nd	MW Outdoor Championships	May 14

Rhea Hoyte

5-7 Fr. St. Michael, Barbados The St. Michael School			
200 Meter Dash (PR: 24.87 (March 27, 2021))			
24.87	20th	Aztec Invitational	March 27
400 Meters (PR: 56.96 (Feb. 25, 2021))			
56.86	4th	Utah Dual Meet	Feb. 25
400 Meter Hurdles (59.02 (April 30, 2021))			
1:01.85	3rd	Mountain West Challenge	April 7
1:02.04	1st	Triton Invitational	April 10
1:01.84	2nd	Long Beach Invitational	April 17
59.02	1st	UCR Sprints Invitational	April 30
1:00.97 (p)	3rd	MW Outdoor Championships	May 14
59.66 (f)	2nd	MW Outdoor Championships	May 15
4x100-Meter Relay			
48.19	3rd	Utah Dual Meet	Feb. 25
46.54	1st	Mountain West Challenge	April 7
4x400-Meter Relay			
3:42.44	1st	Utah Dual Meet	Feb. 25
3:42.83	4th	Aztec Invitational	March 27
3:38.94	1st	MW Outdoor Championships	May 15

Jazmin Jackson

5-7 Fr. Thousand Oaks, Calif. Chaminade College Prep			
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2021 SDSU TRACK & FIELD PERFORMANCE LIST

Simone Johnson

5-7 | Fr. | Fresno, Calif. | Central HS

Long Jump (PR: 17-00.00 (Feb. 25, 2021))

17-00.00	3rd	Utah Dual Meet	Feb. 25
Triple Jump (PR: 42-03.50 (April 17, 2021))			
38-09.75	3rd	Utah Dual Meet	Feb. 25
37-10.75	7th	Aztec Invitational	March 27
39-02.25	2nd	Triton Invitational	April 10
42-03.50 (5)	2nd	Long Beach Invitational	April 17
FOUL			
41-05.00	3rd	MW Outdoor Championships	May 15

Jessica Kain

5-7 | Fr. | Scotts Valley, Calif. | Scotts Valley HS

800 Meter (PR: 2:20.17 (Feb. 25, 2021))

2:20.17	6th	Utah Dual Meet	Feb. 25
1,500 Meters (PR: 4:21.87 (May 15, 2021))			
4:35.09	1st	Utah Dual Meet	Feb. 25
4:31.18	4th	Aztec Invitational	March 27
4:31.33	1st	Long Beach Invitational	April 16
4:23.83	2nd	UCR Distance Invitational	April 29
4:32.56 (p)	6th	MW Outdoor Championships	May 14
4:21.87 (f, 4)	3rd	MW Outdoor Championships	May 15
3,000 Meters (PR: 10:01.50 (April 7, 2021))			
10:01.50	1st	Mountain West Challenge	April 7

Alex Lomeli

5-3 | Fr. | Los Angeles, Calif. | Notre Dame Academy HS

800 Meters (PR: 2:14.71 (April 16, 2021))

2:19.74	5th	Utah Dual Meet	Feb. 25
2:16.11	6th	Aztec Invitational	March 27
2:14.71	6th	Long Beach Invitational	April 16
2:17.53	5th	UCR Distance Invitational	April 29
1,500 Meters (PR: 4:41.77 (April 7, 2021))			
4:41.77	5th	Mountain West Challenge	April 7
4x400 Meter Relay			
4:07.47	4th	Mountain West Challenge	April 7

Carlene Masar

5-7 | So. | Jamul, Calif. | Steele Canyon HS

1,500 Meters (PR: 4:37.98 (April 7, 2021))

4:37.98	3rd	Mountain West Challenge	April 7
3,000 Meters (PR: 10:15.02 (Feb. 25, 2021))			
10:15.02	3rd	Utah Dual Meet	Feb. 25
5,000 Meters (PR: 17:34.01 (March 27, 2021))			
17:34.01	3rd	Aztec Invitational	March 27
10,000 Meters (PR: 35:27.53 (April 17, 2021))			
35:27.53 (5)	6th	Bryan Clay Invitational	April 17
38:52.28	17th	MW Outdoor Championships	May 13

Tai McDonald

5-4 | Fr. | Sacramento, Calif. | Sheldon HS

100 Meters (PR: 12.09 (March 27, 2021))

12.26	3rd	Utah Dual Meet	Feb. 25
12.09	13th	Aztec Invitational	March 27
12.13	5th	UCR Sprints Invitational	April 30
12.16 (p)	15th	MW Outdoor Championships	May 14
200 Meters (PR: 24.63 (May 14, 2021))			
25.01	21st	Aztec Invitational	March 27
24.63 (p)	15th	MW Outdoor Championships	May 14
4x100-Meter Relay			
45.36	1st	Utah Dual Meet	Feb. 25
45.20	4th	Aztec Invitational	March 27
45.99	1st	Triton Invitational	April 10
44.15 (f)	1st	MW Outdoor Championships	May 15
4x400-Meter Relay			
3:49.87	3rd	Utah Dual Meet	Feb. 25

Nyari McNeil

5-8 | So. | Reisterstown, Md. | Franklin HS

200 Meters (PR: 25.53 (April 7, 2021))

25.53	9th	Mountain West Challenge	April 7
400 Meters (PR: 53.52 (May 11, 2019))			

55.88	1st	Utah Dual Meet	Feb. 25
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55.36	9th	Long Beach Invitational	April 17
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800 Meters (PR: 2:05.27 (May 11, 2019))

2:12.82	5th	Aztec Invitational	March 27
2:10.46	1st	Triton Invitational	April 10
2:10.00	1st	Long Beach Invitational	April 16
2:08.58	1st	UCR Sprints Invitational	April 30
2:09.54 (p)	6th	MW Outdoor Championships	May 14
2:05.34 (f)	1st	MW Outdoor Championships	May 15
1,500 Meters (PR: 4:43.35 (Apr. 12, 2019))			
4:53.83	10th	Mountain West Challenge	April 7

4x400-Meter Relay

3:42.44	1st	Utah Dual Meet	Feb. 25
3:41.35	1st	UCR Sprints Invitational	April 30
3:38.94	1st	MW Outdoor Championships	May 15

Jada Moore

5-4 | Fr. | St. Louis, Mo. | Pattonville HS

100 Meters (PR: 11.61 (May 14, 2021))

11.50 (w)	4th	Aztec Invitational	March 27
11.83	2nd	Mountain West Challenge	April 7
11.85	3rd	Long Beach Invitational	April 17
11.72	1st	UCR Sprints Invitational	April 30
11.61 (p)	4th	MW Outdoor Championships	May 14
11.351 (f, w)	1st	MW Outdoor Championships	May 15

200 Meters (PR: 23.11 (May 15, 2021))

24.54	2nd	Utah Dual Meet	Feb. 25
23.96	11th	Aztec Invitational	March 27
24.00	1st	Mountain West Challenge	April 7
24.63	1st	Triton Invitational	April 10
24.17	8th	Long Beach Invitational	April 17
23.35 (p)	3rd	MW Outdoor Championships	May 14
23.11 (f)	1st	MW Outdoor Championships	May 15

4x100-Meter Relay

45.36	1st	Utah Dual Meet	Feb. 25
45.20	4th	Aztec Invitational	March 27
45.99	1st	Triton Invitational	April 10
44.15 (f)	1st	MW Outdoor Championships	May 15

4x400-Meter Relay

3:49.87	3rd	Utah Dual Meet	Feb. 25
3:42.83	4th	Aztec Invitational	March 27
3:41.35	1st	UCR Sprints Invitational	April 30

Lauryn Moore

5-8 | Sr. | Oakland, Calif. | Bishop O'Dowd HS

Long Jump (PR: 17-02.00 (Feb. 25, 2021))

17-02.00	1st	Utah Dual Meet	Feb. 25
16-03.25	9th	Triton Invitational	April 10
Triple Jump (PR: 37-10.50 (April 17, 2021))			
35-05.00	3rd	Utah Dual Meet	Feb. 25
36-09.00 (wind)	4th	Triton Invitational	April 10
37-10.50	4th	Long Beach Invitational	April 17
FOUL			
36-08.25	14th	MW Outdoor Championships	May 15

Renee Phillips

5-4 | Sr. | San Diego, Calif. | Coronado HS

1,500 Meters (PR: 4:43.18 (April 7, 2021))

4:43.18	6th	Mountain West Challenge	April 7
4:48.98	6th	Long Beach Invitational	April 16
3,000 Meters (PR: 10:43.24 (Feb. 25, 2021))			
10:43.24	6th	Utah Dual Meet	Feb. 25
5,000 Meters (PR: 18:01.68 (April 29, 2021))			
18:05.19	7th	Aztec Invitational	March 27
18:01.68	10th	UCR Distance Invitational	April 29

Natalie Regalado

5-4 | So. | Lake Forest, Calif. | Trabuco Hills HS

1,500 Meters (PR: 5:01.77 (April 5, 2019))

3,000 Meters (PR: 11:49.05 (Feb. 25, 2021))			
11:49.05	9th	Utah Dual Meet	Feb. 25
5,000 Meters (PR: 18:19.17 (April 27, 2019))			
3,000m Steeplechase 11:56.99 (April 12, 2019)			

Sakura Roberson

5-11 | Jr. | San Diego, Calif. | La Jolla HS

400 Meters (PR: 54.86 (April 5 2019))

800 Meters (PR: 2:08.30 (May 11, 2019))			
1,500 Meters (PR: 5:00.28 (March 9, 2019))			

Molly Scharmann

5-9 | R-Sr. | Trabuco Canyon, Calif. | Tesoro HS

(Washington State)

Pole Vault (PR: 13-08.25 (May, 13, 2018))

Asia Smith

5-9 | Sr. | Escondido, Calif. (Mission Hills HS)

200 Meters (PR: 25.26 (May 8, 2019))

26.49 (hp)	7th	Franson Classic	April 9
25.55 (hp)	5th	MW Outdoor Championships	May 13
800 Meters (PR: 2:26.48 (May 14, 2021))			
2:26.48 (hp)	5th	MW Outdoor Championships	May 14
100-Meter Hurdles (PR: 13.99 (May 13, 2021))			
14.40	2nd	Utah Dual Meet	Feb. 25
14.37 (hp)	2nd	Franson Classic	April 9
14.50	2nd	UCR Sprints Invitational	April 30
13.99 (hp)	2nd	MW Outdoor Championships	May 13
14.06 (p)	5th	MW Outdoor Championships	May 14
14.13 (f, w)	5th	MW Outdoor Championships	May 15

High Jump (PR: 5-08.00 (Dec. 8, 2018))

5-05.00	3rd	Utah Dual Meet	Feb. 25
5-05.00 (hp)	T-1st	Franson Classic	April 9
5-05.00	5th	Long Beach Invitational	April 17
5-07.00 (hp)	3rd	MW Outdoor Championships	May 13
5-03.25	12th	MW Outdoor Championships	May 15

Long Jump (PR: 19-03.50 (April 27, 2019))

18-01.75	3rd	Long Beach Invitational	April 17
18-03.00 (w)	3rd	LBSU Throws/Jumps Fest	May 1
18-08.50 (hp)	4th	MW Outdoor Championships	May 14

Shot Put (PR: 43-07.25 (May 8, 2019))

38-11.00	4th	Utah Dual Meet	Feb. 25
37-08.75 (hp)	3rd	Aztec Invitational	March 25
39-08.50	12th	Aztec Invitational	March 27
40-06.25	7th	Mountain West Challenge	April 7
40-01.50 (hp)	1st	Franson Classic	April 9
41-04.50	7th	Long Beach Invitational	April 16
41-10.50 (hp)	1st	MW Outdoor Championships	May 14

Javelin Throw (PR: 108-4 (March 30, 2019))

91-2 (hp)	5th	Aztec Invitational	March 26
91-5	14th	Aztec Invitational	March 27
99-8	7th	Mountain West Challenge	April 7
85-3 (hp)	7th	Franson Classic	April 10
98-1 (hp)	6th	MW Outdoor Championships	May 14

Heptathlon (PR: 5,355 (May 14, 2021))

5,355 (9)	4th	MW Outdoor Championships	May 14
4x400-Meter Relay			
4:02.23	4th	Utah Dual Meet	Feb. 25

Naomi Smitham

5-8 | So. | San Diego, Calif. | Canyon Crest Academy

3000 Meters (PR: 11:01.16 (March 7, 2020))

11:06.33	7th	Utah Dual Meet	Feb. 25
5000 Meters (PR: 18:45.32 (March 27, 2021))			
18:45.32	17th	Aztec Invitational	March 27
18:57.85	15th	UCR Distance Invitational	April 29
10,000 Meters (PR: 39:32.43 (April 17, 2021))			
39:32.43	20th	Bryan Clay Invitational	April 17

Vanessa Spizewski

5-9 | So. | San Diego, Calif. | Rancho Buena Vista HS

100 Meters (PR: 12.65 (April 30, 2021))

12.85	4th	Triton Invitational	April 10
12.65	12th	UCR Sprints Invitational	April 30
Long Jump (PR: 18-08.00 (March 27, 2021))			
18-08.00	2nd	Aztec Invitational	March 27
18-03.00	5th	Mountain West Challenge	April 7
18-02.50	1st	Triton Invitational	April 10

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17-08.75	5th	Long Beach Invitational	April 17
18-03.00	11th	MW Outdoor Championships	May 14
4x100-Meter Relay			
46.54	1st	Mountain West Challenge	April 7

Alanna Stein

5-6 | So. | Temecula, Calif. | Great Oak HS
(Sacramento State)

High Jump (PR: 4-11.00 (April 26, 2019))

Long Jump (PR: 16-03.00 (Feb. 25, 2021))

16-03.00	4th	Utah Dual Meet	Feb. 25
Triple Jump (PR: 35-03.75 (March 7, 2020))			
33-09.50	6th	Utah Dual Meet	Feb. 25

Kaitlyn Swenson

5-7 | Fr. | Temecula, Calif. | Great Oak HS

Polr Vault (PR: 12-10.50 (March 27, 2021))

12-00.50	3rd	Utah Dual Meet	Feb. 25
12-10.25	4th	Aztec Invitational	March 27
12-06.25	4th	Mountain West Challenge	April 7
12-02.00	T-2nd	Triton Invitational	April 10
12-05.50	3rd	Long Beach Invitational	April 17

Dejanae Thompson

5-6 | So. | San Diego, Calif. | Morse HS

Long Jump (PR: 17-06.00 (March 7, 2020))

16-07.25	10th	Mountain West Challenge	April 7
17-05.50	3rd	Triton Invitational	April 10
Triple Jump (PR: 35-03.00 (March 7, 2020))			

Aisha Watt

5-4 | Fr. | Seattle, Wash. | Seattle Prep

100 Meters (PR: 11.91 (May 14, 2021))

12.05	2nd	Triton Invitational	April 10
12.11	4th	UCR Sprints Invitational	April 30
11.91 (p)	10th	MW Outdoor Championships	May 14

200 Meters (PR: 23.79 (May 14, 2021))

25.00	3rd	Utah Dual Meet	Feb. 25
25.12	24th	Aztec Invitational	March 27
24.57	3rd	Mountain West Challenge	April 7
24.71	2nd	Triton Invitational	April 10
24.71	11th	Long Beach Invitational	April 17
24.14	2nd	UCR Sprints Invitational	April 30
23.79 (p)	9th	MW Outdoor Championships	May 14
23.81 (f)	7th	MW Outdoor Championships	May 15

4x100-Meter Relay

48.19	3rd	Utah Dual Meet	Feb. 25
46.54	1st	Mountain West Challenge	April 7
44.15 (f)	1st	MW Outdoor Championships	May 15

4x400-Meter Relay

3:42.83	4th	Aztec Invitational	March 27
4:07.47	4th	Mountain West Challenge	April 7

Bailey Watts

5-4 | Fr. | Foothill Ranch, Calif. | Trabuco Hills HS

1,500 Meters (PR: 4:44.28 (April 7, 2021))

4:48.07	15th	Aztec Invitational	March 27
4:44.28	7th	Mountain West Challenge	April 7
4:53.10	7th	Long Beach Invitational	April 16

Quinn Wiley

5-3 | So. | Seattle, Wash. | Chief Sealth HS

400-Meter Hurdles (PR: 1:03.63 (March 7, 2020))

1:05.09	4th	Utah Dual Meet	Feb. 25
4x100-Meter Relay			
48.19	3rd	Utah Dual Meet	Feb. 25

Thaila Wilson

5-3 | Fr. | St. Catherine, Jamaica | Hydel HS

High Jump (PR: 5-07.00 (May 1, 2021))

5-03.25 (hp)	T-4th	Aztec Invitational	March 25
5-03.00	10th	Aztec Invitational	March 27
5-05.00	T-2nd	Long Beach Invitational	April 17

5-07.00	3rd	LBSU Throws/Jumps Fest	May 1
5-01.25	T-16th	MW Outdoor Championships	May 15
Triple Jump (PR: 36-06.75 (Feb. 25, 2021))			
36-06.75	2nd	Utah Dual Meet	Feb. 25
Shot Put (PR: 38-03.25 (Feb. 25, 2021))			
38-03.25	5th	Utah Dual Meet	Feb. 25
38-00.25 (hp)	2nd	Aztec Invitational	March 25
37-11.50	14th	Aztec Invitational	March 27
37-10.00	10th	Mountain West Challenge	April 7
36-11.75	8th	Triton Invitational	April 10
Javelin Throw (PR: 141-8 (May 15, 2021))			
132-6	1st	Utah Dual Meet	Feb. 25
128-10	6th	Aztec Invitational	March 27
126-9	4th	Mountain West Challenge	April 7
128-1	1st	Triton Invitational	April 10
141-8	2nd	MW Outdoor Championships	May 15

*KEY: sr - school record; (number) - top-10 school ranking; qp - qualifying prelims; p - preliminaries; h - heats; 1r - first round; q - quarterfinals; s - semifinals; f - finals; i - invite; ei - elite invite; o - open; b - "b" section; se - seeded; u - unseeded; co - college; ch - championships; pn - pentathlon; hp - heptathlon; a - altitude; w - wind aided (> 2.0 mph); conv - converted from 4x400-yard relay);
Note that all personal records (PR) are collegiate personal records*

OUTDOOR

2021 SDSU TRACK & FIELD PERFORMANCE LIST

100 METERS

School Record: 10.96 (Ashley Henderson, 2018)

Time	Athlete	Place	Notes	Meet	Date
11.35	Jada Moore	1st	Finals, Wind	MW Championships	May 15
11.50	Jada Moore	4th	Wind	Aztec Invitational	Mar. 27
11.61	Jada Moore	4th	Prelims, Frosh Rec.	MW Championships	May 14
11.72	Jada Moore	1st		UCR Sprints Invitational	Apr. 30
11.83	Jada Moore	2nd		Mountain West Challenge	Apr. 7
11.85	Jada Moore	3rd		Long Beach Invitational	Apr. 17
11.91	Aisha Watt	10th	Prelims	MW Championships	May 14
11.97	Jalyn Harris	1st		Triton Invitational	Apr. 10
12.00	Alexus Alexander	12th		Aztec Invitational	Mar. 27
12.05	Aisha Watt	2nd		Triton Invitational	Apr. 10
12.09	Tai McDonald	13th		Aztec Invitational	Mar. 27
12.11	Aisha Watt	4th		UCR Sprints Invitational	Apr. 30
12.12	Alexus Alexander	5th		Mountain West Challenge	Apr. 7
12.13	Tai McDonald	5th		UCR Sprints Invitational	Apr. 30
12.16	Tai McDonald	15th	Prelims	MW Championships	May 14
12.19	Alexus Alexander	3rd		Triton Invitational	Apr. 10
12.23	Alexus Alexander	2nd		Utah Dual Meet	Feb. 25
12.26	Alexus Alexander	9th		UCR Sprints Invitational	Apr. 30
12.26	Tai McDonald	3rd		Utah Dual Meet	Feb. 25
12.33	Alexus Alexander	4th		Long Beach Invitational	Apr. 17
12.40	Aisha Watt	5th		Long Beach Invitational	Apr. 17
12.65	Vanessa Spizewski	12th		UCR Sprints Invitational	Apr. 30
12.85	Vanessa Spizewski	4th		Triton Invitational	Apr. 10

200 METERS

School Record: 22.34 (Tonette Dyer, 2004)

Time	Athlete	Place	Notes	Meet	Date
23.11	Jada Moore	1st	Finals, Frosh Rec.	MW Championships	May 15
23.35	Jada Moore	3rd	Prelims	MW Championships	May 14
23.53	Danae Dyer	4th	Finals	MW Championships	May 15
23.58	Jalyn Harris	5th	Prelims	MW Championships	May 14
23.61	Jalyn Harris	5th	Finals	MW Championships	May 14
23.77	Danae Dyer	8th	Prelims	MW Championships	May 14
23.79	Aisha Watt	9th	Prelims	MW Championships	May 14
23.81	Aisha Watt	7th	Finals	MW Championships	May 15
23.96	Jada Moore	11th		Aztec Invitational	Mar. 27
24.00	Jada Moore	1st		Mountain West Challenge	Apr. 7
24.08	Jalyn Harris	2nd		Mountain West Challenge	Apr. 7
24.11	Danae Dyer	7th		Long Beach Invitational	Apr. 17
24.14	Aisha Watt	2nd		UCR Sprints Invitational	Apr. 30
24.17	Jada Moore	8th		Long Beach Invitational	Apr. 17
24.26	Jalyn Harris	9th		Long Beach Invitational	Apr. 17
24.42	Jalyn Harris	1st		Utah Dual Meet	Feb. 25
24.54	Jada Moore	2nd		Utah Dual Meet	Feb. 25
24.57	Aisha Watt	3rd		Mountain West Challenge	Apr. 7
24.63	Tai McDonald	15th	Prelims	MW Championships	May 14
24.63	Jada Moore	1st		Triton Invitational	Apr. 10
24.71	Aisha Watt	11th		Long Beach Invitational	Apr. 17
24.71	Aisha Watt	2nd		Triton Invitational	Apr. 10
24.73	Sara Absten	2nd	heptathlon	MW Championships	May 13
24.87	Rhea Hoyte	20th		Aztec Invitational	Mar. 27
24.96	Sara Absten	2nd	heptathlon	Franson Classic	Apr. 9
25.01	Tai McDonald	21st		Aztec Invitational	Mar. 27
25.00	Aisha Watt	3rd		Utah Dual Meet	Feb. 25
25.04	Alexus Alexander	4th		UCR Sprints Invitational	Apr. 30
25.12	Aisha Watt	24th		Aztec Invitational	Mar. 27
25.37	Sara Absten	7th		UCR Sprints Invitational	Apr. 30
25.39	Maya Brosch	3rd		Triton Invitational	Apr. 10
25.45	Alexus Alexander	12th		Long Beach Invitational	Apr. 17
25.46	Alexus Alexander	28th		Aztec Invitational	Mar. 27
25.53	Nyari McNeil	9th		Mountain West Challenge	Apr. 7
25.55	Asia Smith	5th	heptathlon	MW Championships	May 13
25.93	Ruthie Grant-Williams	5th	wind, heptathlon	Franson Classic	Apr. 9
25.97	Sara Absten	15th		Long Beach Invitational	Apr. 17
26.48	Ruthie Grant-Williams	10th	heptathlon	MW Championships	May 14
26.49	Asia Smith	7th	heptathlon	Franson Classic	Apr. 9
26.74	Ruthie Grant-Williams	4th	wind, heptathlon	Aztec Invitational	Mar. 25

400 METERS

School Record: 51.15 (Tonette Dyer, 2004)

Time	Athlete	Place	Notes	Meet	Date
53.70	Jalyn Harris	4th	Finals	MW Championships	May 15
54.09	Jalyn Harris	3rd		Aztec Invitational	Mar. 27
54.15	Jalyn Harris	1st		Mountain West Challenge	Apr. 7
54.21	Jalyn Harris	8th		Long Beach Invitational	Apr. 17
54.44	Jalyn Harris	3rd	Prelims	MW Championships	May 14
54.84	Jalyn Harris	1st		UCR Sprints Invitational	Apr. 30
55.36	Nyari McNeil	9th		Long Beach Invitational	Apr. 17
55.88	Nyari McNeil	1st		Utah Dual Meet	Feb. 25
56.96	Rhea Hoyte	4th		Utah Dual Meet	Feb. 25

800 METERS

School Record: 2:02.88 (Renee Chambers-Ross, 1985)

Time	Athlete	Place	Notes	Meet	Date
2:05.34	Nyari McNeil	1st	Finals, Soph. Rec.	MW Championships	May 15
2:08.58	Nyari McNeil	1st		UCR Sprints Invitational	Apr. 30
2:08.86	Lauren Harper	6th	Finals	MW Championships	May 15
2:09.54	Nyari McNeil	6th	Prelims	MW Championships	May 14
2:09.65	Lauren Harper	8th	Prelims	MW Championships	May 14
2:10.00	Nyari McNeil	1st		Long Beach Invitational	Apr. 16
2:10.46	Nyari McNeil	1st		Triton Invitational	Apr. 10
2:12.82	Nyari McNeil	5th		Aztec Invitational	Mar. 27
2:12.87	Lauren Harper	2nd		Long Beach Invitational	Apr. 16
2:13.42	Lauren Harper	1st		UCR Distance Invitational	Apr. 29
2:14.71	Alex Lomeli	6th		Long Beach Invitational	Apr. 16
2:16.01	Lauren Harper	6th		Mountain West Challenge	Apr. 7
2:16.11	Alex Lomeli	6th		Aztec Invitational	Mar. 27
2:17.53	Alex Lomeli	5th		UCR Distance Invitational	Apr. 29
2:19.39	Lauren Harper	4th		Utah Dual Meet	Feb. 25
2:19.74	Alex Lomeli	5th		Utah Dual Meet	Feb. 25
2:20.17	Jessica Kain	6th		Utah Dual Meet	Feb. 25
2:20.70	Emily Burd	7th		Utah Dual Meet	Feb. 25
2:23.79	Sara Absten	1st	heptathlon	MW Championships	May 14
2:25.77	Sara Absten	4th	heptathlon	Franson Classic	Apr. 10
2:26.48	Asia Smith	5th	heptathlon	MW Championships	May 14
2:41.90	Ruthie Grant-Williams	7th	heptathlon	Franson Classic	Apr. 10

1,500 METERS

School Record: 4:06.69 (Monica Joyce, 1982)

Time	Athlete	Place	Notes	Meet	Date
4:21.87	Jessica Kain	3rd	Finals, No. 4 all-time	MW Championships	May 15
4:23.83	Jessica Kain	2nd		UCR Distance Invitational	Apr. 29
4:31.18	Jessica Kain	4th		Aztec Invitational	Mar. 27
4:31.33	Jessica Kain	1st		Long Beach Invitational	Apr. 16
4:32.56	Jessica Kain	6th	Prelims	MW Championships	May 14
4:33.86	Emily Burd	11th	Prelims	MW Championships	May 14
4:35.09	Jessica Kain	1st		Utah Dual Meet	Feb. 25
4:35.70	Emily Burd	11th	Finals	MW Championships	May 14
4:35.79	Emily Burd	2nd		Long Beach Invitational	Apr. 16
4:36.58	Emily Burd	2nd		Mountain West Challenge	Apr. 7
4:36.64	Lauren Harper	3rd		Utah Dual Meet	Feb. 25
4:37.98	Carlene Masar	3rd		Mountain West Challenge	Apr. 7
4:38.07	Emily Burd	4th		Utah Dual Meet	Feb. 25
4:39.05	Emily Burd	9th		Aztec Invitational	Mar. 27
4:41.77	Alex Lomeli	5th		Mountain West Challenge	Apr. 7
4:43.18	Renee Phillips	6th		Mountain West Challenge	Apr. 7
4:44.28	Bailey Watts	7th		Mountain West Challenge	Apr. 7
4:46.53	Bailey Watts	9th		UCR Distance Invitational	Apr. 29
4:48.07	Bailey Watts	15th		Aztec Invitational	Mar. 27
4:48.98	Renee Phillips	6th		Long Beach Invitational	Apr. 16
4:53.10	Bailey Watts	7th		Long Beach Invitational	Apr. 16
4:53.83	Nyari McNeil	10th		Mountain West Challenge	Apr. 7
5:06.11	Lauren Harper	10th		Long Beach Invitational	Apr. 16

3,000 METERS

School Record: 8:53.24 (Monica Joyce, 1982)

Time	Athlete	Place	Notes	Meet	Date
10:01.50	Jessica Kain	1st		Mountain West Challenge	Apr. 7
10:15.02	Carlene Masar	3rd		Utah Dual Meet	Feb. 25
10:33.67	Amber Elias	4th		Mountain West Challenge	Apr. 7
10:37.85	Amber Elias	5th		Utah Dual Meet	Feb. 25

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10:43.24	Renee Phillips	6th		Utah Dual Meet	Feb. 25
11:01.29	Paige Comiso	6th		Mountain West Challenge	Apr. 7
11:06.33	Naomi Smitham	7th		Utah Dual Meet	Feb. 25
11:10.19	Naomi Smitham	7th		Mountain West Challenge	Apr. 7
11:26.41	Isabelle Davis	8th		Utah Dual Meet	Feb. 25
11:29.85	Isabelle Davis	10th		Mountain West Challenge	Apr. 7
11:49.05	Natalie Regaldo	9th		Utah Dual Meet	Feb. 25

5,000 METERS

School Record: 15:45.26 (Monica Joyce, 1982)

Time	Athlete	Place	Notes	Meet	Date
17:34.01	Carlene Masar	3rd		Aztec Invitational	Mar. 27
17:53.71	Emily Burd	4th		UCR Distance Invitational	Apr. 29
17:56.32	Amber Elias	6th		UCR Distance Invitational	Apr. 29
18:01.68	Renee Phillips	10th		UCR Distance Invitational	Apr. 29
18:05.19	Renee Phillips	7th		Aztec Invitational	Mar. 27
18:16.58	Amber Elias	12th		Aztec Invitational	Mar. 27
18:45.32	Naomi Smitham	17th		Aztec Invitational	Mar. 27
18:57.85	Naomi Smitham	15th		UCR Distance Invitational	Apr. 29
19:02.89	Paige Comiso	16th		UCR Distance Invitational	Apr. 29
19:26.73	Paige Comiso	21st		Aztec Invitational	Mar. 27

10,000 METERS

School Record: 34:22.24 (Lynn Kanuka, 1981)

Time	Athlete	Place	Notes	Meet	Date
35:27.53	Carlene Masar	6th	No. 5 all-time	Bryan Clay Invitational	Apr. 17
38:39.92	Amber Elias	16th		Bryan Clay Invitational	Apr. 17
38:52.28	Carlene Masar	17th		MW Championships	May 13
39:32.43	Naomi Smitham	20th		Bryan Clay Invitational	Apr. 17
40:14.38	Paige Comison	23rd		Bryan Clay Invitational	Apr. 17

100-METER HURDLES

School Record: 12.82 (Miesha McKelvy, 1999)

Time	Athlete	Place	Notes	Meet	Date
12.99	Danae Dyer	1st	Finals, Wind	MW Championships	May 15
13.35	Danae Dyer	4th		Long Beach Invitational	Apr. 17
13.38	Danae Dyer	1st	Prelims	MW Championships	May 14
13.42	Danae Dyer	1st		Mountain West Challenge	Apr. 7
13.57	Danae Dyer	1st		Triton Invitational	Apr. 10
13.68	Danae Dyer	4th		Aztec Invitational	Mar. 27
13.87	Danae Dyer	1st		Utah Dual Meet	Feb. 25
13.99	Asia Smith	2nd	heptathlon	MW Championships	May 13
14.06	Asia Smith	5th	Prelims	MW Championships	May 14
14.13	Asia Smith	5th	Finals, Wind	MW Championships	May 15
14.37	Asia Smith	2nd	heptathlon	Franson Classic	Apr. 9
14.40	Asia Smith	2nd		Utah Dual Meet	Feb. 25
14.50	Asia Smith	2nd		UCR Sprints Invitational	Apr. 30
14.50	Sara Absten	4th		Utah Dual Meet	Feb. 25
14.50	Sara Absten	2nd	wind, heptathlon	Aztec Invitational	Mar. 25
14.51	Sara Absten	6th	heptathlon	MW Championships	May 13
14.64	Sara Absten	4th	heptathlon	Franson Classic	Apr. 9
14.70	Sara Absten	6th		Long Beach Invitational	Apr. 17
14.72	Sara Absten	11th	Prelims	MW Championships	May 14
14.86	Ruthie Grant-Williams	3rd	wind, heptathlon	Aztec Invitational	Mar. 25
14.95	Ruthie Grant-Williams	7th	wind, heptathlon	Franson Classic	Apr. 9
15.14	Ruthie Grant-Williams	9th	heptathlon	MW Championships	May 13
15.18	Ruthie Grant-Williams	5th		Utah Dual Meet	Feb. 25
15.37	Ruthie Grant-Williams	9th		Long Beach Invitational	Apr. 17
16.18	Sara Absten	17th		Aztec Invitational	Mar. 27

400-METER HURDLES

School Record: 54.64 (LaTanya Sheffield, 1985)

Time	Athlete	Place	Notes	Meet	Date
58.74	Maya Brosch	1st	No. 9 all-time	Aztec Invitational	Mar. 27
58.99	Maya Brosch	1st		Mountain West Challenge	Apr. 7
59.02	Rhea Hoyte	1st		UCR Sprints Invitational	Apr. 30
59.54	Maya Brosch	1st	Finals	MW Championships	May 15
59.55	Maya Brosch	1st	Prelims	MW Championships	May 14
59.66	Rhea Hoyte	2nd	Finals	MW Championships	May 15
1:00.25	Maya Brosch	1st		Long Beach Invitational	Apr. 17
1:00.34	Maya Brosch	2nd		UCR Sprints Invitational	Apr. 30
1:00.97	Rhea Hoyte	3rd	Prelims	MW Championships	May 14

1:01.84	Rhea Hoyte	2nd		Long Beach Invitational	Apr. 17
1:01.85	Rhea Hoyte	3rd		Mountain West Challenge	Apr. 7
1:02.04	Rhea Hoyte	1st		Triton Invitational	Apr. 10
1:02.05	Maya Brosch	1st		Utah Dual Meet	Feb. 25
1:03.27	Carina Clark	3rd		Triton Invitational	Apr. 10
1:03.93	Carina Clark	15th	Prelims	MW Championships	May 14
1:04.63	Carina Clark	6th		Mountain West Challenge	Apr. 7
1:04.87	Carina Clark	3rd		Utah Dual Meet	Feb. 25
1:05.09	Quinn Wiley	4th		Utah Dual Meet	Feb. 25
1:05.27	Carina Clark	10th		UCR Sprints Invitational	Apr. 30
1:05.32	Carina Clark	10th		Aztec Invitational	Mar. 27
1:07.59	Carina Clark	8th		Long Beach Invitational	Apr. 17

3,000-METER STEEPLECHASE

School Record: 10:23.34 (Marie Nilsson, 2004)

Time	Athlete	Place	Notes	Meet	Date
11:39.3	Isabelle Davis	4th		Aztec Invitational	Mar. 27
11:57.09	Isabelle Davis	3rd		Long Beach Invitational	Apr. 16

4x100-METER RELAY

School Record: 42.99 (Auzenne, Glenn, Smith, Henderson, 2017)

Time	Team	Place	Notes	Meet	Date
44.15	McDonald, Dyer, Watt, Moore	1st		MW Championships	May 15
45.20	Moore, Harris, McDonald, Dyer	4th		Aztec Invitational	Mar. 27
45.36	Alexander, McDonald, Moore, Dyer	1st		Utah Dual Meet	Feb. 25
45.99	Alexander, McDonald, Moore, Dyer	1st		Triton Invitational	Apr. 10
46.54	Alexander, Watt, Hoyte, Spizewski	1st		Mountain West Challenge	Apr. 7
48.19	Watt, Hoyte, Brosch, Wiley	3rd		Utah Dual Meet	Feb. 25

4x200-METER RELAY

School Record: 1:32.99 (Smedley, Dyer, McNair, Ireland, 2003)

Time	Team	Place	Notes	Meet	Date
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4x400-METER RELAY

School Record: 3:30.57 (Nilsson, Ross, Robinson, Sheffield, 1985)

Time	Team	Place	Notes	Meet	Date
3:38.94	Brosch, Harris, Hoyte, McNeil	1st		MW Championships	May 15
3:41.35	Brosch, Harris, Moore, McNeil	1st		UCR Sprints Invitational	Apr. 30
3:42.44	Hoyte, Dyer, McNeil, Harris	1st		Utah Dual Meet	Feb. 25
3:42.83	Brosch, Hoyte, Watt, McNeil	4th		Aztec Invitational	Mar. 27
3:49.87	Brosch, Moore, McDonald, Alexander	3rd		Utah Dual Meet	Feb. 25
4:02.23	Absten, Grant-Williams, Smith, Clark	4th		Utah Dual Meet	Feb. 25
4:07.47	Harper, Burd, Watts, Lomeli	4th		Mountain West Challenge	Apr. 7

SHUTTLE HURDLES RELAY

School Record: 54.34 (Brabham-Lawrence, Auzenne, Knight, Ellis, 2017)

Mark	Athlete	Place	Notes	Meet	Date
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POLE VAULT

School Record: 14-09.50 (Bonnie Draxler, 2019)

Mark	Athlete	Place	Notes	Meet	Date
14-00.00	Kaitlin Heri	1st	No. 5 all-time	Mountain West Challenge	Apr. 7
13-06.25	Kaitlin Heri	1st		Triton Invitational	Apr. 10
13-06.25	Kaitlin Heri	2nd		Aztec Invitational	Mar. 27
13-04.25	Kaitlin Heri	1st		Utah Dual Meet	Feb. 25
13-03.50	Kaitlin Heri	1st		Long Beach Invitational	Apr. 17
13-02.25	Kaitlin Heri	2nd		MW Championships	May 14
13-02.25	Elizabeth Funk	3rd		MW Championships	May 14
13-01.50	Kaitlin Heri	1st		LBSU Jumps/Throws Fest	May 1
13-00.25	Elizabeth Funk	2nd		Mountain West Challenge	Apr. 7
13-00.25	Elizabeth Funk	2nd		Utah Dual Meet	Feb. 25
12-11.50	Elizabeth Funk	2nd		Long Beach Invitational	Apr. 17
12-10.25	Kaitlyn Swenson	4th		Aztec Invitational	Mar. 27
12-10.25	Elizabeth Funk	8th		Aztec Invitational	Mar. 27
12-06.25	Kaitlyn Swenson	4th		Mountain West Challenge	Apr. 7
12-05.50	Elizabeth Funk	4th		LBSU Jumps/Throws Fest	May 1
12-05.50	Kaitlyn Swenson	3rd		Long Beach Invitational	Apr. 17
12-02.00	Kaitlyn Swenson	T-2nd		Triton Invitational	Apr. 10
12-02.00	Elizabeth Funk	T-2nd		Triton Invitational	Apr. 10
12-02.00	Delaney Fields	T-2nd		Triton Invitational	Apr. 10
12-00.50	Kaitlyn Swenson	3rd		Utah Dual Meet	Feb. 25

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12-00.50	Delaney Fields	5th		Mountain West Challenge	Apr. 7
11-10.50	Delaney Fields	10th		Aztec Invitational	Mar. 27
11-07.00	Delaney Fields	11th		MW Championships	May 14
11-05.75	Delaney Fields	8th		LBSU Jumps/Throws Fest	May 1
11-05.75	Delaney Fields	T-4th		Long Beach Invitational	Apr. 17
NH	Alysia Allen	--		Utah Dual Meet	Feb. 25

HIGH JUMP

School Record: 5-11.75 (Lori Clark, 1984)

Mark	Athlete	Place	Notes	Meet	Date
5-09.75	Jade Canary	4th	No. 4 all time	MW Championships	May 15
5-07.25	Ruthie Grant-Williams	1st		Utah Dual Meet	Feb. 25
5-07.00	Asia Smith	3rd	heptathlon	MW Championships	May 15
5-07.00	Thaila Wilson	3rd		LBSU Jumps/Throws Fest	May 1
5-07.00	Jade Canary	T-1st		Triton Invitational	Apr. 10
5-07.00	Jade Canary	2nd		Mountain West Challenge	Apr. 7
5-05.75	Sara Absten	T-1st	heptathlon	Aztec Invitational	Mar. 25
5-05.75	Ruthie Grant-Williams	T-1st	heptathlon	Aztec Invitational	Mar. 25
5-05.00	Jade Canary	4th		LBSU Jumps/Throws Fest	May 1
5-05.00	Asia Smith	T-1st	heptathlon	Franson Classic	Apr. 9
5-05.00	Jade Canary	T-2nd		Long Beach Invitational	Apr. 17
5-05.00	Thaila Wilson	T-2nd		Long Beach Invitational	Apr. 17
5-05.00	Asia Smith	5th		Long Beach Invitational	Apr. 17
5-05.00	Ruthie Grant-Williams	T-1st	heptathlon	Franson Classic	Apr. 9
5-05.00	Jade Canary	7th		Aztec Invitational	Mar. 27
5-05.00	Sara Absten	2nd		Utah Dual Meet	Feb. 25
5-05.00	Asia Smith	3rd		Utah Dual Meet	Feb. 25
5-03.25	Asia Smith	12th		MW Championships	May 15
5-03.25	Thaila Wilson	T-4th	heptathlon	Aztec Invitational	Mar. 25
5-03.00	Ruthie Grant-Williams	6th		Long Beach Invitational	Apr. 17
5-03.00	Thaila Wilson	10th		Aztec Invitational	Mar. 27
5-03.00	Ruthie Grant-Williams	11th		Aztec Invitational	Mar. 27
5-02.50	Sara Absten	T-3rd	heptathlon	Franson Classic	Apr. 9
5-02.25	Sara Absten	T-5th	heptathlon	MW Championships	May 15
5-01.25	Thaila Wilson	T-16th		MW Championships	May 15
5-01.25	Sara Absten	T-16th		MW Championships	May 15
5-01.25	Isabelle Gartner	4th		Utah Dual Meet	Feb. 25
5-01.00	Ruthie Grant-Williams	7th	heptathlon	MW Championships	May 15

LONG JUMP

School Record: 21-09.50 (Karoline Koehler, 2009)

Mark	Athlete	Place	Notes	Meet	Date
18-08.50	Asia Smith	4th	Heptathlon	MW Championships	May 13
18-08.00	Vanessa Spizewski	2nd		Aztec Invitational	Mar. 27
18-06.00	Sara Absten	3rd		Aztec Invitational	Mar. 27
18-03.00	Vanessa Spizewski	11th		MW Championships	May 14
18-03.00	Asia Smith	3rd	wind	LBSU Jumps/Throws Fest	May 1
18-03.00	Vanessa Spizewski	5th		Mountain West Challenge	Apr. 7
18-02.50	Vanessa Spizewski	1st		Triton Invitational	Apr. 10
18-02.25	Sara Absten	3rd	heptathlon	Franson Classic	Apr. 10
18-01.75	Asia Smith	3rd		Long Beach Invitational	Apr. 17
17-10.25	Sara Absten	4th		Long Beach Invitational	Apr. 17
17-09.00	Ruthie Grant-Williams	6th	heptathlon, wind	Franson Classic	Apr. 10
17-08.75	Vanessa Spizewski	5th		Long Beach Invitational	Apr. 17
17-07.00	Ruthie Grant-Williams	3rd	heptathlon	Aztec Invitational	Mar. 26
17-06.75	Sara Absten	4th	heptathlon	Aztec Invitational	Mar. 26
17-05.50	Dejanae Thompson	3rd		Triton Invitational	Apr. 10
17-03.25	Sara Absten	8th	heptathlon	MW Championships	May 14
17-03.25	Ruthie Grant-Williams	3rd		LBSU Jumps/Throws Fest	May 1
17-02.00	Lauryn Moore	1st		Utah Dual Meet	Feb. 25
17-01.50	Ruthie Grant-Williams	7th		Long Beach Invitational	Apr. 17
17-00.00	Simone Johnson	3rd		Utah Dual Meet	Feb. 25
16-07.25	Dejanae Thompson	10th		Mountain West Challenge	Apr. 7
16-03.25	Lauryn Moore	9th		Triton Invitational	Apr. 10
16-03.00	Alanna Stein	4th		Utah Dual Meet	Feb. 25
14-07.75	Ruthie Grant-Williams	11th	heptathlon	MW Championships	May 14

TRIPLE JUMP

School Record: 46-05.00 (Shanika Thomas, 2013)

Mark	Athlete	Place	Notes	Meet	Date
42-03.50	Simone Johnson	2nd	No. 5 all-time	Long Beach Invitational	Apr. 17
41-05.00	Simone Johnson	3rd		MW Championships	May 15

39-09.25	Jade Canary	4th		LBSU Jumps/Throws Fest	May 1
39-09.25	Simone Johnson	2nd		Triton Invitational	Apr. 10
38-09.75	Simone Johnson	1st		Utah Dual Meet	Feb. 25
38-04.75	Jade Canary	10th	Wind	MW Championships	May 15
37-10.75	Simone Johnson	7th		Aztec Invitational	Mar. 27
37-10.50	Lauryn Moore	4th		Long Beach Invitational	Apr. 17
37-03.75	Jade Canary	7th		Long Beach Invitational	Apr. 17
36-09.00	Lauryn Moore	4th	wind	Triton Invitational	Apr. 10
36-08.25	Lauryn Moore	14th		MW Championships	May 15
36-06.75	Thaila Wilson	2nd		Utah Dual Meet	Feb. 25
36-04.00	Jade Canary	6th		Mountain West Challenge	Apr. 7
35-05.00	Lauryn Moore	3rd		Utah Dual Meet	Feb. 25
34-11.75	Jade Canary	4th		Utah Dual Meet	Feb. 25
33-09.50	Alanna Stein	6th		Utah Dual Meet	Feb. 25

SHOT PUT

School Record: 58-03.50 (Ramona Pagel, 1984)

Mark	Athlete	Place	Notes	Meet	Date
51-03.50	Jordyn Bryant	1st	No. 4 all-time, Soph. record	LBSU Fest	Apr. 30
49-05.00	Jordyn Bryant	3rd		Aztec Invitational	Mar. 27
48-10.25	Jordyn Bryant	6th		MW Championships	May 14
48-10.25	Jordyn Bryant	1st		Mountain West Challenge	Apr. 7
47-11.75	Jordyn Bryant	1st		Long Beach Invitational	Apr. 16
47-07.00	Jordyn Bryant	1st		Triton Invitational	Apr. 10
45-07.75	Jordyn Bryant	1st		Utah Dual Meet	Feb. 25
44-09.00	Erica Grotegeer	2nd		Utah Dual Meet	Feb. 25
43-10.50	Felicia Crenshaw	4th		LBSU Throws/Jumps Fest	Apr. 30
43-05.25	Onyi Anigbogu	5th		LBSU Throws/Jumps Fest	Apr. 30
43-00.25	Onyi Anigbogu	3rd		Utah Dual Meet	Feb. 25
42-05.50	Erica Grotegeer	3rd		Triton Invitational	Apr. 10
41-11.25	Felicia Crenshaw	5th		Long Beach Invitational	Apr. 16
41-10.50	Asia Smith	1st	heptathlon	MW Championships	May 13
41-05.00	Onyi Anigbogu	6th		Long Beach Invitational	Apr. 16
41-04.50	Asia Smith	7th		Long Beach Invitational	Apr. 16
41-03.25	Onyi Anigbogu	11th		Aztec Invitational	Mar. 27
40-10.25	Onyi Anigbogu	4th		Triton Invitational	Apr. 10
40-09.50	Erica Grotegeer	6th		Mountain West Challenge	Apr. 7
40-06.25	Asia Smith	7th		Mountain West Challenge	Apr. 7
40-04.75	Onyi Anigbogu	8th		Mountain West Challenge	Apr. 7
40-04.00	Erica Grotegeer	15th		MW Championships	May 14
40-02.00	Felicia Crenshaw	9th		Mountain West Challenge	Apr. 7
40-01.50	Asia Smith	1st	heptathlon	Franson Classic	Apr. 9
39-10.50	Erica Grotegeer	9th		Long Beach Invitational	Apr. 16
39-08.50	Asia Smith	12th		Aztec Invitational	Mar. 27
39-06.75	Felicia Crenshaw	5th		Triton Invitational	Apr. 10
39-02.25	Felicia Crenshaw	17th		MW Championships	May 14
38-11.00	Asia Smith	4th		Utah Dual Meet	Feb. 25
38-07.50	Erica Grotegeer	11th		LBSU Throws/Jumps Fest	Apr. 30
38-03.25	Thaila Wilson	5th		Utah Dual Meet	Feb. 25
38-00.25	Thaila Wilson	2nd	heptathlon	Aztec Invitational	Mar. 25
37-10.00	Thaila Wilson	10th		Mountain West Challenge	Apr. 7
37-08.75	Asia Smith	3rd	heptathlon	Aztec Invitational	Mar. 25
37-11.50	Thaila Wilson	14th		Aztec Invitational	Mar. 27
36-11.75	Thaila Wilson	8th		Triton Invitational	Apr. 10
36-07.50	Sara Absten	6th		MW Championships	May 13
35-03.75	Sara Absten	11th		Mountain West Challenge	Apr. 7
35-03.00	Ruthie Grant-Williams	12th		Mountain West Challenge	Apr. 7
34-05.75	Sara Absten	10th		Long Beach Invitational	Apr. 16
34-03.50	Ruthie Grant-Williams	7th		MW Championships	May 13
34-02.00	Ruthie Grant-Williams	11th		Long Beach Invitational	Apr. 16
33-09.25	Ruthie Grant-Williams	5th	heptathlon	Aztec Invitational	Mar. 25
33-06.00	Ruthie Grant-Williams	6th	heptathlon	Franson Classic	Apr. 9
33-04.00	Sara Absten	7th	heptathlon	Franson Classic	Apr. 9
32-09.00	Ruthie Grant-Williams	6th		Utah Dual Meet	Feb. 25
31-04.50	Sara Absten	7th		Utah Dual Meet	Feb. 25
31-02.75	Sara Absten	T-7th	heptathlon	Aztec Invitational	Mar. 25

DISCUS THROW

School Record: 196-10 (Whitney Ashley, 2012)

Mark	Athlete	Place	Notes	Meet	Date
182-5	Erica Grotegeer	2nd		MW Championships	May 15
172-5	Jordyn Bryant	2nd	No. 8 all-time	Aztec Invitational	Mar. 27

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171-5	Erica Grotegeer	1st		Mountain West Challenge	Apr. 7
171-4	Jordyn Bryant	1st		Long Beach Invitational	Apr. 16
167-2	Jordyn Bryant	2nd		Mountain West Challenge	Apr. 7
166-11	Jordyn Bryant	1st		LBSU Throws/Jumps Fest	Apr. 30
165-11	Erica Grotegger	1st		Triton Invitational	Apr. 10
165-8	Erica Grotegeer	1st		Utah Dual Meet	Feb. 25
164-4	Felicia Crenshaw	7th	No. 10 all-time	MW Championships	May 15
160-7	Felicia Crenshaw	2nd		Triton Invitational	Apr. 10
160-3	Jordyn Bryant	3rd		Triton Invitational	Apr. 10
158-8	Erica Grotegeer	3rd		Long Beach Invitational	Apr. 16
158-4	Felicia Crenshaw	5th		Long Beach Invitational	Apr. 16
155-4	Felicia Crenshaw	2nd		Utah Dual Meet	Feb. 25
155-3	Erica Grotegeer	2nd		LBSU Throws/Jumps Fest	Apr. 30
153-11	Jordyn Bryant	10th		MW Championships	May 15
152-10	Felicia Crenshaw	3rd		LBSU Throws/Jumps Fest	Apr. 30
149-5	Jordyn Bryant	3rd		Utah Dual Meet	Feb. 25
148-7	Cari Acosta	4th		Triton Invitational	Apr. 10
148-4	Felicia Crenshaw	4th		Mountain West Challenge	Apr. 7
147-10	Cari Acosta	6th		Long Beach Invitational	Apr. 16
147-9	Felicia Crenshaw	7th		Aztec Invitational	Mar. 27
145-0	Cari Acosta	14th		MW Championships	May 15
144-2	Cari Acosta	10th		Aztec Invitational	Mar. 27
143-10	Cari Acosta	6th		Mountain West Challenge	Apr. 7
142-09	Cari Acosta	4th		Utah Dual Meet	Feb. 25
137-10	Cari Acosta	10th		LBSU Throws/Jumps Fest	Apr. 30
131-8	Onyi Anigbogu	12th		LBSU Throws/Jumps Fest	Apr. 30
125-6	Onyi Anigbogu	16th		Aztec Invitational	Mar. 27
124-1	Onyi Anigbogu	11th		Long Beach Invitational	Apr. 16
124-1	Onyi Anigbogu	7th		Triton Invitational	Apr. 10
113-7	Onyi Anigbogu	5th		Utah Dual Meet	Feb. 25
112-10	Onyi Anigbogu	8th		Mountain West Challenge	Apr. 7

HAMMER THROW

School Record: 196-10 (Whitney Ashley, 2012)

Mark	Athlete	Place	Notes	Meet	Date
165-4	Felicia Crenshaw	6th	No. 9 all-time	Long Beach Invitational	Apr. 16
156-11	Cari Acosta	16th		MW Championships	May 14
155-5	Felicia Crenshaw	5th		LBSU Throws/Jumps Fest	Apr. 30
152-0	Cari Acosta	7th		LBSU Throws/Jumps Fest	Apr. 30
151-7	Cari Acosta	7th		Long Beach Invitational	Apr. 16
143-10	Felicia Crenshaw	20th		MW Championships	May 14
141-8	Cari Acosta	9th		Aztec Invitational	Mar. 26
139-2	Felicia Crenshaw	12th		Aztec Invitational	Mar. 25

JAVELIN THROW

School Record: 160-05.25 (Niki Oudenaarden, 2014)

Mark	Athlete	Place	Notes	Meet	Date
141-8	Thaila Wilson	2nd	No. 8 all-time	MW Championships	May 15
132-06	Thaila Wilson	1st		Utah Dual Meet	Feb. 25
128-10	Thaila Wilson	6th		Aztec Invitational	Mar. 27
128-1	Thaila Wilson	1st		Triton Invitational	Apr. 10
126-9	Thaila Wilson	4th		Mountain West Challenge	Apr. 7
98-1	Asia Smith	6th	heptathlon	MW Championships	May 14
97-9	Ruthie Grant-Williams	6th	heptathlon	Franson Classic	Apr. 10
93-6	Ruthie Grant-Williams	4th	heptathlon	Aztec Invitational	Mar. 26
91-5	Asia Smith	14th		Aztec Invitational	Mar. 27
91-2	Asia Smith	5th	heptathlon	Aztec Invitational	Mar. 26
85-3	Asia Smith	7th	heptathlon	Franson Classic	Apr. 10
80-1	Sara Absten	10th	heptathlon	MW Championships	May 15
79-5	Ruthie Grant-Williams	11th	heptathlon	MW Championships	May 15
70-11	Sara Absten	9th	heptathlon	Aztec Invitational	Mar. 25
63-6	Sara Absten	8th	heptathlon	Franson Classic	Apr. 10

HEPTATHLON

School Record: 5,917 (Allison Reaser, 2014)

Points	Athlete	Place	Notes	Meet	Date
4,780	Sara Absten	5th		Franson Classic	Apr. 10
4,687	Ruthie Grant-Williams	6th		Franson Classic	Apr. 10
3,554	Asia Smith	DNF	Competed in 5 events	Franson Classic	Apr. 10